

OK!

PAKISTAN
FIRST FOR CELEBRITY NEWS

ISSUE 100, JANUARY 2023

**SELENA
GOMEZ**
"I USED
MYSELF AS A
SACRIFICE"

**MARGOT
ROBBIE**
FROM RAMSAY
STREET TO
HOLLYWOOD
STARDOM

**HUMAIMA
MALICK**

"I'M HERE TO STAY!"

THE ACTRESS EXTRAORDINAIRE
RETURNS TO THE BIG SCREEN WITH
THE LEGEND OF MAULA JATT



Furniture ki
CHAMAK LOTAYE
RONAQ BARHAYE

0336-7755494



4th Floor, Laksan Square, Building No. 3,
Sarwar Shaheed Road, Karachi, Pakistan.



www.peridotproducts.com



Kiwi Pakistan



Kiwi Peridot



FEATURES

4 SOCIETY PAGES**8 HUMAIMA MALICK**

The actress extraordinaire, who is back with her character Daaro Nattni in the *The Legend of Maula Jatt*, talks about her inspiration for the role, her secret to happiness, and lots more...

16 MARGOT ROBBIE

As she reflects on her incredible career so far, A-list actress Margot Robbie celebrates her journey from Ramsay Street to Hollywood stardom

22 SHAHNAWAZ NAWABI

Fly Jinnah commenced its nationwide operations from Oct 31st 2022. Speaking exclusively to *OK!* Pakistan, Shahnawaz Nawabi, Director Fly Jinnah (Services) Private Limited, tells us more about the latest entrant to Pakistan's aviation industry

26 SELENA GOMEZ

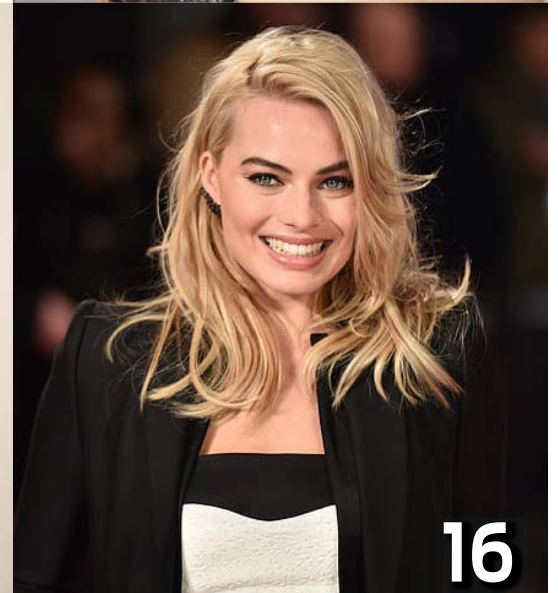
Actress and singer Selena Gomez on sharing her struggles in a documentary, and paving the way for some difficult conversations

32 OK! AWARDS THE BEST OF 2022

FASHIONISTA

50 EDITORIAL: GLITZ & GLAM**56 RED CARPET****58 FASHION EDIT: CREATING A CAPSULE CLOSET****60 STYLE CRUSH: OLIVIA CULPO****61 MENS EDIT: TABESH KHOJA****62 JEWELLERY EDIT: STACK 'EM UP**

LIFESTYLE

63 WHAT'S IN HER BAG?: AMAR KHAN**64 BEAUTY EDIT: GLOW DE TOILETTE****66 BEAUTY ESSENTIALS****68 THE LIFE OF ANMOL BALOCH****69 ENTERTAINMENT****70 OK! SPOTLIGHT: UMER AALAM****74 OK! RECIPES****78 OK! HEALTH: THE BENEFITS OF BEING ALONE****80 TRAVELLERS TALE: ZHALAY SARHADI****82 OK! TRAVEL: MARBELLA MAGIC****84 WORLD IN ACTION****86 HOROSCOPE**



SHAMAELA H PARACHA
CHAIRPERSON

SAHER H PARACHA
CEO, PUBLISHER & CREATIVE DIRECTOR

EDITOR-IN-CHIEF – SARA AMIR TURAB ALI
MANAGING EDITOR – MAIRA PAGGANWALA
CONTRIBUTING FEATURES EDITOR – YUSRA ASKARI
CONTRIBUTING FASHION & BEAUTY EDITOR – ALYZEH RAHIM SHIRAZI
STYLE EDITOR – RAO ALI KHAN
LIFESTYLE EDITOR – FARAH VAYANI
FEATURES WRITER – HAIDER RIFAAT HUSSAIN
FASHION & BEAUTY WRITER – FATIMA DANISH
CREATIVE DESIGNER – ATIF MEHMOOD
DIGITAL MEDIA EXECUTIVE – MEHR KASSIM

OK! INTERNATIONAL

OK! AUSTRALIA – SHARI NEMENTZIK
OK! BULGARIA – NEVENA DYAKOVA
OK! CHINA – FENG CHUXUAN
OK! CYPRUS – PETRA ARGYROU
OK! GEORGIA – NINCHO JIBLADZE
OK! GERMANY – TIM AFFELD
OK! GREECE – NIKOS GEORGIADIS
OK! JAPAN – KANA SUGAMORI
OK! LATVIA – LAILA PASTARE
OK! PAKISTAN – SAHER H PARACHA
OK! ROMANIA – ELENA STOICHITA
OK! RUSSIA – VADIM VERNIK
OK! THAILAND – WEERAWUT UJJUTAMANUS
OK! UNITED KINGDOM – CAROLINE WATERSTON
OK! VENEZUELA – ALEJANDRO GUTIÉRREZ TREMOLA

OK! WORLDWIDE LICENSING

HEAD OF OK! WORLDWIDE – EMMA RADFORD
OK! WORLDWIDE LICENSING MANAGER – JULIA TAYLOR
OK! WORLDWIDE LEGAL CONSULTANT – DR JOHNSON OKPALUBA

OK! Pakistan is published by Juicy Publications (PVT). LTD. Produced under licence from Reach Magazines Worldwide Limited Registered Number (6395556) – One Canada Square, Canary Wharf, London E14 5AP. “OK!” and “OK! FIRST FOR CELEBRITY NEWS” are registered trade marks of Reach Magazines Worldwide Limited. All rights reserved. Reproduction in whole or in part without written permission is strictly prohibited.

Printed by Atlas Printing Press L.L.C, Dubai

HUBLOT



Collectibles
JEWELLERY & WATCHES

KARACHI: G-11 Dolmen Mall Clifton T: +922135297873/4
LAHORE: 24 Pavillion Mall PC Hotel T: +924236306041
FAISALABAD: 6A-GF Lyallpur Galleria T: +92415211151
QUETTA: 6-2F Gold City Shopping Mall T: +92812826636

hublot.com • f • t • i

SQUARE BANG UNICO

18K King Gold and black ceramic case.
In-house UNICO chronograph movement.



ABUBAKAR RANJHA & HAREEM FAROOQ



JUNAID KHAN & HASSAN SHEHERYAR YASIN



NAUSHEEN SHAH & WAQAR BUTT

ARMALA HASAN



MOHSIN NAVEED RANJHA & BAREERA MOHSIN

KARACHI MNR Design Studio

The luxurious new Mohsin Naveed Ranjha studio opened its doors to Karachi just in time for this festive season, showcasing the label's most sought after collections, along with signature heirloom bridals, semi-formals and prêt-à-porter collections.



HIRA TAREEN



MANAHYL SHAFI



JERJEES SEJA



ARSHAD KHAN & EHTESHAM ANSARI



ABDULLAH SULTAN



MAYA ALI



RUBAB FURQAN



ANSAB JAHANGIR



MAHA TAHIRANI, ABUBAKAR RANJHA



AIJAZ ASLAM



NAZISH SAMEER



BILAL SAEED



MEHEK SAEED



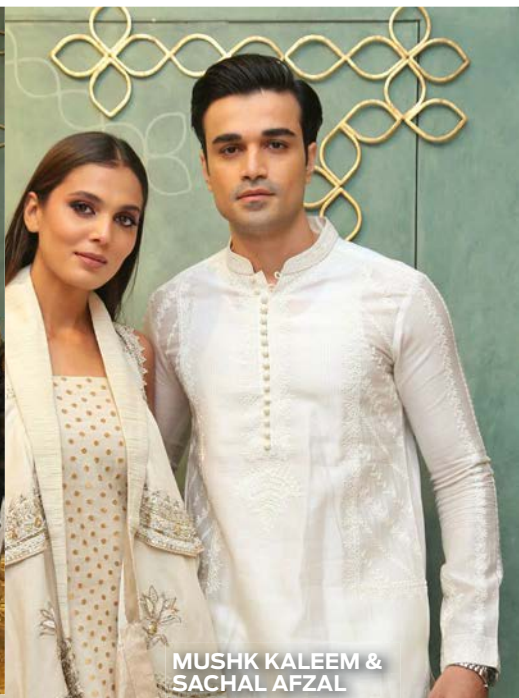
NOOR-E-SEHAR & IBRIZ SHEIKH



OMAYR WAQAR



NUBAIN ALI



MUSHK KALEEM & SACHAL AFZAL



SYRA YOUSUF & UMER ALAM



SARWAT GILANI & FAHAD MIRZA



SANEELA SWALEH



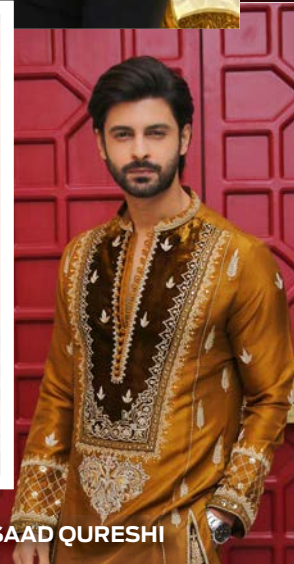
SHAZIA NAZ KHAN



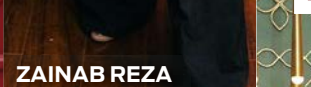
ZAHRA MALIK



RABIA JABBAR



SAAD QURESHI



ZAINAB REZA



ZAHEER ABBAS



SUMBUL TABANI



ZAINAB MALIK



HAMZA AMIN & USHNA SHAH



HAREEM FAROOQ



TARA UZRA
DAWOOD



KHURSHIED HYDER



ANGIE
MARSHALL



SULTANA SIDDIQUI



NADIA HUSSEIN
& KHUSHBAKHT
SHUJAAT

KARACHI
#LFPower32
Dawood Global Foundation held the 7th LADIESFUND Sustainability Luncheon at British Deputy High Commission Karachi.



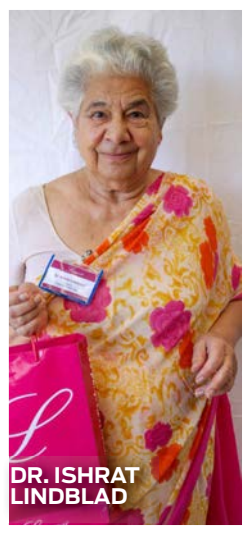
ANJALEEN
MARYAM
AGRAWALLA



MONEEZA BUTT



HUMA
KHALID



DR. ISHRAT
LINDBLAD



AMIN GULGEE



AMEENA SAIYID



MARGARET
FIALHO



IRAM NOOR



NOORJEHAN
BILGRAMI



ZEBBA BAKHTIYAR



MALIKA
JUNAID



NIGHAT MISBAH



PIR MUHAMMAD
SALEH

恭喜發財

Join us to celebrate
Chinese New Year

Enjoy a Special Chinese Set Menu &
Relish the Authentic Szechuan Flavors

22nd to 29th January, 2023



For reservations call:
021 111 AVARIs (282 747), www.avari.com

“What I have become after all that I have experienced in my life has made me Daaro of my own time and space”

**THE RESURGENCE OF
HUMAIMA
MALICK**

The actress extraordinaire, who is back with her character Daaro Nattni in the The Legend of Maula Jatt, talks about her inspiration for the role, her secret to happiness, and lots more...





It had been a while since we had seen Humaima Malick on the big screen. 2022 changed that tremendously. Malick returned to cinema in the highest-grossing Pakistani film of all-time, *The Legend of Maula Jatt*, an adaptation of the 1979 classic. Helmed by Bilal Lashari, the film did wonders at the local and international box office, helping to shape Pakistan's largely unstable film industry. A key highlight of the film was Humaima Malick's character, Daaro Nattni, one of the antagonists in the movie. Not only did Humama deliver an incredible performance, she overshadowed many. *OK!* Pakistan sat down with the star of the film to dig deep.

Humaima, can you please comment on the success of *The Legend of Maula Jatt*, and what this success means to the future of Pakistani cinema?

HUMAIMA MALICK: I'm just grateful that I was chosen to be a part of such a spectacle by Bilal Lashari and was capable of doing justice to the role of Daaro Nattni. The success of *The Legend of Maula Jatt* would really help get the ball rolling for Pakistani cinema. I think that producers would manage to take more risks and I hope there will be a healthy cinematic competition ahead of us now.

How were you approached for the *Maula Jatt* adaptation?

HM: Approached is not the correct word here. Actually, Bilal Lashari and his team were scouting on a large scale – even internationally – for an

actress who could hold the vicious rival character of Daaro, someone who could oppose the protagonist with a subtle touch of vulnerability. I guess I fit the bill and the remake happened.

What inspired you to play the role of Daaro Nattni?

HM: My own journey. What I have become after all that I have experienced throughout my life

“I'm not leaving, I'm here to stay.”

made me Daaro of my own time and space. Inspirations are derived from our surroundings if we are aware enough. My director, Bilal Lashari, helped and taught me a lot about this character. He actually made me realise how to stand out among the male dominated clan, while still being part of that mob. Bilal referenced Eva Green just to give me an idea of what image he had in his mind for the role of Daaro Nattni. I pursued this character to set a precedent for a female antagonist, so instead of taking inspiration from anyone, I led by example.

How did you approach the character? What did you do to prepare for this role?

HM: My mother is the real life Daaro (minus the killing part). She is the reason behind every inch of my posture, my walk and my portrayal. She is the queen; the monarch of my life and she taught

me how to be Humaima on-screen. My mom is my best critic and a natural mentor. Whatever good I was able to interpret on-screen as Daaro Nattni, it was possible because of her on my side as my strongest faculty. Plus, nothing can go wrong when you have Bilal Lashari constructing and capturing every movement and angle every day. I would really like to acknowledge Mr. Shaan Shahid for giving me a few tips that were really helpful for me on set.

Was learning Punjabi a challenge for you?

HM: Actually, I have never spoken Punjabi before but I think I have always been very good at memorising words. I am fluent in over four exotic languages, and among them Punjabi is relatively very blunt and has an appealing dialect. So, it was never laborious for me because I enjoyed the process of learning and understanding new words of Punjabi.

Are you satisfied with your performance as Daaro?

HM: I was content and happy from day one because of the way we were treated on the movie's set. I mean how can you not be happy when you are so pampered and loved by the people who surround you? You naturally give your best performance!

The satisfaction came after I heard the chanting of cinemagoers calling my performance *seeti maaro* (whistle) and *taali bajao* (clap) worthy. How rare of a sight it is that the audience would root for a female antagonist and they laugh when she laughs and cry when she cries. It is ►









“ I am more than just a public figure. ”

beautiful!

Many of the outfits you wore in the film were breathtaking. Who designed them and which outfit stood out to you personally?

HM: Zara Shahjahan was the maestro behind all the looks. She has done a phenomenal job and I was in love with every masterpiece she ever created. Her intricate work with one of the most delicate fabrics to make the cape alone, was hands down one of the best works I have ever worn! One of my favourite memories from the set was wearing *lacha* (a traditional, Punjabi skirt) for my character. I just felt so comfortable, yet stunning.

Now that the *Maula Jatt* adaptation has emerged as the top-grossing film of all-time in Pakistan, what precedent or expectations do filmmakers in Pakistan need to live up to maintain our cinema's success?

HM: The cinema is a world of fantasy. Now it is up to the makers how they create that world for their spectators. The audience is ready to be entertained because escapism is an inherent part of survival for us. The problem arises when we don't have enough work to show on-screen. Not every successful movie needs to be made on a 100-crore budget. It all comes down to a gripping story and enthralling performances, so I wish I could encourage more writers and directors to come forward with unique projects. It isn't even about making movies on a grand scale. Sometimes simplicity can work wonders for people.

Why have you not been taking up as many acting roles as you did before?

HM: I never did excessive work in the past as well just for the fear of being redundant. My strategy has always been to look for quality over quantity of a project that I am doing. Also, I have been involved in some personal commitments, so I was just waiting for the right number of challenges and exposure to get myself back on-screen. I'm excited for my future projects, and hopefully my fans won't have to wait that long again.

What do you make of Pakistan's entertainment industry and its progress?

HM: We are an independent film industry, and have everything in abundance. We have some of the best writers, performers and directors. Our scripts are getting more contemporary and unique but we are not utilising our writers correctly. There is a certain grammar and morphology of movie making which lacks in our industry. In our small screens too, we need to change the trajectory of crying women that get channels more ratings.

What has been the most challenging part about being a public figure in Pakistan?

HM: I am more than just a public figure. There is more than one role and part of me in my real life that I have been playing since the age of fourteen. Every single part is challenging but I embrace all the challenges because I was designed by my



creator to navigate my life through these tests.

Is marriage on the cards for you?

HM: Not unless I have cue cards on this topic.

What is your secret to happiness?

HM: To be around my family and to pray for my

enemies because they need prayers the most.

Anything you would like to add before leaving?

HM: I'm not leaving, I'm here to stay. **OK!**

INTERVIEW: HAIDER RIFAAT
STYLING & DIRECTION: RIDA AURANGZAIB
HAIR & MAKE-UP: TAHIRA FROM HEADLINES SALON
PHOTOGRAPHS: ARSALAN AZAN



**"I LEARNT ON *NEIGHBOURS* – IT WAS
MY UNIVERSITY"**

MARGOT ROBBIE

**As she reflects on her incredible
career so far, A-list actress Margot
Robbie celebrates her journey from
Ramsay Street to Hollywood stardom**





Margot Robbie has come a very long way since her days playing fiery teenager Donna Freedman in *Neighbours*. Since then, the Aussie star, 32, has become one of film's most in-demand leading ladies, starring in movies such as *Bombshell*, *Amsterdam* and *Once Upon A Time In Hollywood*. So it's hard to believe that only 10 years ago she was still finding her feet in Tinseltown. Sitting down to chat at BAFTAs Central London headquarters, she candidly recalls her journey from humble soap actress to global megastar – and what a trip it has been so far. Margot was aged just 17 when she landed the role of Donna in the much-loved soap – and she now feels only pride for her Ramsay Street beginnings. “I attribute so much of who and what I am now to being on *Neighbours*,” she says. “I didn’t go to film school or drama school – I wish that I had – but I learnt on the job. I did three years, some of the greatest years of my life. It was like they were my university years and my last day on *Neighbours* was like graduating.” Margot also famously joined Ramsay Street veterans Kylie Minogue, Jason Donovan and Guy Pearce for *Neighbours*’ final episode. “Everyone on that show I was really close with,

and not just because I spent that amount of time with them, but because I was 17 when I started living in Melbourne,” she says. “To me, that was the Big Smoke. I didn’t know anyone.” As well as helping her develop as an actress, her castmates taught her valuable life lessons off-screen, too. “Toadie [Ryan Moloney] taught me how to do my taxes,” she said. “And Susan Kennedy [Jackie Woodburne] showed me how to roast a chicken.” After 300 episodes, a then 20-year-old Margot felt her time on the soap had run its course and she set her sights on cracking Hollywood. She asked her soap bosses to kill her character off “in a big spectacular death”, but they refused, telling her they would keep the door open in case “it doesn’t work out in America”. That, she reveals, gave her just the incentive she needed to succeed. “I was like, ‘I love you all, but I’m gonna make it in America, I promise you,’” she says. “You don’t need to keep my job free!” Two years after leaving Melbourne, Margot made her feature film debut in Richard Curtis’ romantic comedy *About Time*, alongside Domhnall Gleeson and Rachel McAdams. “We had trailers. I had never seen a trailer before,” she laughs. That same year saw Margot steal the attention of several big-name directors, including Martin Scorsese, who cast her as Naomi Lapaglia in

The Wolf Of Wall Street, alongside Leonardo DiCaprio. “I know this sounds silly now, knowing how big the movie became, but at the time I was like, ‘No one’s gonna notice me in this film. It doesn’t matter what I do in this film because they’re gonna focus on Leo and I’ll just slip under the radar,’” she says. The role meant filming her first-ever nude scene aged just 22. Understandably, it wasn’t the easiest experience and Margot confesses she “had a couple of shots of tequila before shooting because I was very nervous”. But working with the *Taxi Driver* and *Goodfellas* legend was an exceptional learning experience. After *The Wolf Of Wall Street* became a critical and commercial smash, Margot found herself as one of the most sought-after young actresses in Hollywood. In 2014, she started her own production company, LuckyChap Entertainment, alongside her British husband, film producer Tom Ackerley, 32, who she married in Byron Bay, Australia, in December 2016. And while Margot has said that “being in a long-distance relationship can be really hard”, she ensures they never spend longer than three weeks apart. The hit biopic *I, Tonya* was LuckyChap’s first major production and famously focused on the life of controversial US figure skater Tonya Harding and the story surrounding the 1994 attack on



**“Being on a
Quentin Tarantino
set was a bucket-
list thing for me.”**



“I learnt on the job.”

“We’re getting paid to do this. It’s ridiculous and wonderful.”

her rival Nancy Kerrigan. Margot received Oscar and BAFTA nominations for her performance as Tonya, who she first thought was a fictional character.

“I had no idea that Tonya Harding was a real-life person,” Margot admits. “I thought, ‘This screenwriter [Craig Gillespie] is off the charts, nuts – so specific and weird.’ And then I found out it was all true.”

In preparation for the part – and feeling the pressure of playing a real person for the first time – the actress met with Tonya.

“I got to kind of ask all my questions and her answers and her general demeanour was really enlightening and helpful,” she says. “I did feel really responsible.”

Drawing confidence from the positive reviews she received for *I, Tonya*, ambitious Margot wrote a letter to *Pulp Fiction* and *Kill Bill* director Quentin Tarantino, begging him to cast her in one of his upcoming movies.

“I always knew that being on a Quentin Tarantino set was a bucket-list thing for me,” she says. “And I didn’t really feel that I was good enough until I saw my work in *I, Tonya*. It was the first time I thought, ‘OK, I’m good enough to reach out to him.’”

In 2019, Margot’s wish was granted when Tarantino offered her the part of Sharon Tate in his comedy-drama *Once Upon A Time In Hollywood* alongside her old *Wolf Of Wall Street* pal Leonardo DiCaprio.

Pregnant actress Sharon was tragically murdered by members of the Manson Family cult in 1969. Margot says playing yet another real-life figure came with its own set of challenges.

“I spent time with her [Sharon’s] sister,” Margot discloses. “The interesting thing about playing Sharon was I wanted her to be exuding light and goodness, happiness. Playing her was like being on holiday every day. It was delightful.”

Another learning curve came when, that same year, Margot landed a major role in *Bombshell*, a drama on the theme of sexual harassment, alongside fellow Hollywood actresses Charlize Theron and Nicole Kidman.

“I didn’t know the definition of sexual harassment,” Margot confesses. “That shocked me. When I finished that script, it horrified me how that particular crime plays in the grey area. That’s where it really flourishes. When a situation isn’t black and white. That’s when insidious people like [TV executive] Roger Ailes or [film producer] Harvey Weinstein take advantage of the grey area.”

Asked whether she believes movies such as *Bombshell* helped to shed light on sexual harassment in the entertainment industry, she says, “I think it’s a big ship to turn around. But it’s definitely moving in the right direction, I feel. *Bombshell* was an interesting exploration, but it



was definitely something I wanted to tap out of at the end.”

Next year the versatile actress, who’s also enjoyed critical acclaim with the historical drama *Mary Queen Of Scots*, will star in the highly anticipated Barbie movie, in which she plays the iconic doll opposite Ryan Gosling’s Ken. And it’s clear the star still can’t quite believe her own luck.

“So many times I feel like it’s a ridiculous way to make a living,” she laughs as she reflects on her acting career so far. “We’re getting paid to do this. It’s ridiculous and wonderful.” **OK!**

Margot was speaking at BAFTA: A Life in Pictures with Margot Robbie Supported by TCL

INTERVIEW: RIHANNA BENSON/OK! MAGAZINE
PHOTOGRAPHS: W ENN, SHUTTERSTOCK

**“FLY JINNAH WAS FORMED WITH THE
GOAL OF ENABLING ALL PAKISTANIS TO
ACCESS AIR TRAVEL”**

SHAHNAWAZ NAWABI

Fly Jinnah commenced its nationwide operations from Oct 31st 2022. Speaking exclusively to OK! Pakistan, Shahnawaz Nawabi, Director Fly Jinnah (Services) Private Limited, tells us more about the latest entrant to Pakistan's aviation industry



بندگش، لغرا
Emergency opening



A joint venture between the Lakson Group and Air Arabia, Fly Jinnah commenced nationwide operations on October 31st 2022, with an inaugural flight from Karachi to Islamabad. Operating on various domestic routes, Fly Jinnah is a low-cost carrier that serves frequent flights to and from Karachi, Islamabad, Peshawar, Lahore and Quetta every day at an affordable cost.

When, where and how did the idea of setting up a new airline come about?

SHAHNAWAZ NAWABI: As regular travellers to, from and within Pakistan, we have always believed in the potential of Pakistan's aviation sector. However, we felt that there was a gap in the market for an affordable, safe and reliable airline in the country.

Fly Jinnah was formed with the goal of enabling all Pakistanis to access air travel. We fully intend to achieve this goal.

Is FJ something that you chose to pursue based on the possibilities in the sector?

SN: Yes, we believe that Pakistan's aviation industry has massive potential. In particular, we believe that many of the ideas and business models that are prevalent in other markets, can be applied successfully in Pakistan.

This is particularly true in the Low Cost Carrier (LCC) segment. Fly Jinnah believes that offering customers an affordable travel option, with increased choice of products and services, will benefit the entire aviation sector and the country as a whole.

Run us through your journey of making the idea of Fly Jinnah come to fruition?

SN: Today, only three percent of Pakistanis fly. This is largely because airfares are too high for

the vast majority of Pakistanis. This percentage compares very unfavorably to similar countries in the region.

We wanted to develop an airline that could, one day, enable all Pakistanis to fly and increase the connectivity within Pakistan, as well as the connectivity of Pakistan within the region and around the world.

In order to achieve this, we needed to develop a concept that increased accessibility through low fares, while maintaining the highest safety and reliability standards.

This is why we believe that the Low Cost Carrier (LCC) concept will be a success in Pakistan. It is a proven business model around the world, and enables customers who would previously not have access to air travel, to be able to fly for the

“ We hope to begin our international services as soon as possible. ”

first time.

We are particularly proud of our partnership with Air Arabia. Air Arabia is our minority partner in the venture, and is a highly successful LCC in the Middle East. We hope to leverage Air Arabia's expertise to bring a brand new concept to the Pakistani aviation market.

Through the process and years it has taken for you to convert Fly Jinnah into a reality, what

have been your greatest challenges and what have been your greatest strengths?

SN: We have, of course, faced many challenges throughout our journey to date. However, we tend to focus on the opportunities that lie ahead and the support we have received so far.

We are grateful for the support of regulators and policy makers in Pakistan. We believe that there is a concerted effort from all stakeholders to increase competition and choice in the aviation industry, with the ultimate benefit being given to the customer and wider population.

With regard to Fly Jinnah, what has been your: 1) Greatest motivation, 2) Inspiration, 3) Biggest take-away?

SN: Greatest motivation: to enable ALL Pakistanis to have access to affordable, safe and reliable air travel – within Pakistan and beyond our borders.

Inspiration: Pakistan has been a leader in the aviation industry. We have an incredibly strong history of innovation and success. We hope that through our work at Fly Jinnah, Pakistan can reclaim its position as a global aviation power.

Biggest Takeaway: Pakistan has incredible potential, and not just in the aviation industry. We see that potential every day, represented by the youth of our country.

Looking back, would you say it has all been worth it?

SN: Absolutely! It's still early days for us, but we are excited to be going on this journey.

What prompted the selection of the airline's name? Fly Jinnah is possibly one of the few airlines that bear the name of the founder of a country – who came up with the idea?

SN: As mentioned above, we are proud to have



“Pakistan has incredible potential, and not just in the aviation industry.”

“We are particularly proud of our partnership with Air Arabia.”

Air Arabia UAE as our minority partner in this venture.

We hope this will be a highly successful Pakistan / UAE joint venture, and will lay the groundwork for further collaboration between our two friendly countries.

The name Fly Jinnah, is a reflection of this partnership. Jinnah, in Arabic, means ‘Wings’, which we believe is a very appropriate name for this airline venture.

As a product, how does Fly Jinnah differ from other domestic airlines in Pakistan?

SN: Fly Jinnah follows the highly successful Low Cost Carrier (LCC) model, which is proven worldwide. The model aims to keep costs low, thereby passing on cost savings to customers in the form of low fares.

At the same time, our aim is to provide customers with products and services which are unique in the local market. For example, we are very excited about Sky Time, our free inflight entertainment system which allows our customers to stream hundreds of movies, TV shows, games and music directly onto their smart devices during our flights.

We are also very proud of our very comfortable seats, and our seamless online booking platform, which enables customers to select seats, book meals and baggage allowances pre-flight, and even check in online. We hope to be one of the most tech enabled carriers in the country, to reflect our young population’s increasing familiarity with tech-related advancements.

Where do you see Fly Jinnah five years from now?

SN: Today, Fly Jinnah serves Karachi, Lahore, Islamabad, Peshawar and Quetta. We hope to increase our connectivity in the domestic market to more cities across the country.



We also hope to begin our international services as soon as possible, with a view to increasing connectivity to the GCC markets, as well as South East Asia, Central Asia, Europe and beyond.

What next from Fly Jinnah?

SN: We will continue to roll out new products and services, and serve even more destinations, while keeping fares low. We will also continue to listen to customer feedback and improve our services.

As mentioned earlier, our goal is to ensure that one day, all Pakistanis have access to safe and reliable air travel. **OK!**

INTERVIEW: YUSRA ASKARI
PHOTOGRAPHS: KOHI MARRI





**“IF MY FILM HELPS JUST
ONE PERSON, I’M THE
LUCKIEST GIRL ALIVE”**

SELENA GOMEZ

**Actress and singer Selena
Gomez on sharing her struggles
in a documentary, and paving
the way for some difficult
conversations**



Selena Gomez has been open about her battle with anxiety and depression over the past six years – and she is now hoping her candid new documentary will help other people speak out. Explaining why she made the brave decision to lay bare her struggles and her tumultuous relationship with fame in *Selena Gomez: My Mind & Me*, the singer says she wanted to educate young people about the importance of prioritising their mental health – and used herself as a “sacrifice” to help others “have the hard conversations”.

Selena, 30, said, “I think someone actually asked me if I felt like I did too much. And I’m not going to lie, maybe there were a few moments that were scary to offer up. But at the same time, if you take anything away from this, I hope people understand my purpose here is supposed to be connection.

“I used myself as a sacrifice in order for people to have the hard conversations. But I’m also going to crawl in a hole now for a few months, so nobody sees me for a while. I did too much.”

Selena started her journey to fame aged seven and her TV career took off when she appeared in children’s series *Barney & Friends* aged 10. In 2007, when she was 15, she was given a starring role on the Disney Channel series *Wizards Of Á Waverly Place*. The following year she signed a deal with Hollywood Records.

Working under that record label, Selena released three albums with her former band, Selena Gomez & The Scene, which all reached the Top 10 of the US Billboard 200. In late 2010, when she was 18,

she began dating pop star Justin Bieber, who was 16 at the time. Their on/off romance continued for the next eight years.

In 2013, her fame skyrocketed with the release of her debut solo album, *Stars Dance*, which topped the Billboard 200. Her second studio album, *Revival*, debuted at number one in the US in 2015. But in 2016, fame began to take its toll on Selena’s health. After 55 shows on her *Revival* tour, the star – who was diagnosed with auto-immune disease Lupus in 2014 – cancelled the remainder of the tour to focus on her mental health. In a statement released at the time, she said she was suffering panic attacks and depression.

Explaining her reasons for cancelling the tour, Selena said, “It was what I needed to do for my health. I honestly look forward to sharing with you soon my journey through these past several months, as I have always wanted to do with you.”

In the summer of 2017, complications from Lupus led to her getting a kidney transplant from her good friend, actress Francia Raisa. During the operation, an artery broke and emergency surgery was required to make her a new one using a vein from her leg.

The following year, in May 2018, Selena split with Justin for good, with rumours suggesting the relationship had been “unhealthy” for a while.

Five months later, the singer was admitted to a psychiatric hospital – and she later revealed she had an episode of psychosis during this time.

In 2020, Selena revealed she had been diagnosed with bipolar disorder.

The footage in the new fly-on-the-wall documentary, which was directed by Alek

Keshishian – who also directed Madonna’s infamous 1991 documentary, *Truth Or Dare* – comes from two weeks of filming during Selena’s ill-fated *Revival* tour.

In a recent interview, Alek revealed that when he showed Selena the footage he had shot on the tour – including a backstage meltdown during rehearsals where she cries and says, “It sucks. It looks so bad. I have no idea what I’m doing” – Selena was shocked.

He said, “She was like, ‘Oh my God! I don’t want the world to see me breaking down crying like that.’ But he added that she started to feel like there could be a way her story could help somebody else. He said, “That’s her Achilles heel. She wants to help others.”

Speaking at AFI Fest in Los Angeles, where the film premiered, Selena explained that she hoped the documentary would be the start of people being able to open up to friends and family about how they are truly feeling.

She revealed, “I hope it starts with a conversation where people, maybe family, immediately start asking questions about things they felt. The pandemic was a time of isolation and people were experiencing depression for the first time, anxiety. I feel like this is the right moment to release something like this because a lot of people would ask that question, ‘Well, what do I do? How do I get help? What should I do? How do I do it?’ And I just try my hardest to show them that you don’t have to stop. You can keep going.”

She added that if the documentary helps just one person, she would consider herself “lucky”. “I hope people take away that it’s OK to not feel good ▶





“I used myself as a sacrifice in order for people to have the hard conversations.”

“I try my hardest to do as best as I can.”

enough. It's OK to feel that you're complicated. It's just about having a healthier relationship with how you talk to yourself, how you seek help, how you talk to other people.

“I hope it just starts a chain reaction of people saying, ‘Hey, I want to say something about my mental health. I want to talk about it. I want to seek help.’ And that’s one of the bravest things someone can do. And if just one person is impacted by this film, I would consider myself the luckiest girl if I could help that one person.”

Talking about her decision to work with Alek, Selena revealed she realised she felt comfortable sharing her life with him.

She explained, “I watched Truth Or Dare. Well, prior to that I had met Alek through my manager. He also directed a music video of mine and we decided to maybe attempt to do a tour documentary.

“We soon realised there was much more going on than just the tour, that I eventually ended up cancelling. He came into my life in these moments that were beautiful, complicated and tragic, and I felt comfortable with just sharing what I was walking through with Alek.”

At one point in the documentary, Selena visits Grand Prairie in Texas, the neighbourhood where she grew up. She spends time with a childhood friend who now has young children and who is surprised to see the star back in their hometown. Selena’s friend tells her daughter, “Yeah, she’s real! Mommy went to school with her.”

Selena says she feels “beautiful” when visiting her roots. She explained, “I mean, I’m a Texas girl through and through, and I’m proud of that. And I do feel the most beautiful when I’m home. When I go home, every time I visit the house I’m from, I like to visit the neighbours. I don’t think they see me any differently than who I was when I was younger.” Just before the documentary debuted on November 4, Selena released its soundtrack – a moving piano-driven ballad with the same title. The song starts with the lyrics, “Wanna hear a part to my story? I tried to hide in the glory / and sweep it under the table so you would never know.”

Speaking about penning a song especially for the documentary, Selena said, “It was interesting because it was the first time I allowed anyone to have my journals. From that stemmed conversations, including, ‘Well, maybe we try and do... What’s the song for the movie? How do we do that?’

“And luckily, I work with these amazing producers. Their producing name is *The Monsters*, and they’re just really wonderful people who know me and have known me.

“And we were able to create *My Mind & Me*. And I feel like it was a perfect example of what I walked through, and it was beautiful. And then, we ended up naming the film that.”

Now, Selena is starring in Hulu’s *Only Murders In The Building* – in which her character Mabel investigates a neighbour’s mysterious death alongside comedy actors Steve Martin and Martin



Short – and she says it has “changed [her] life”. She gushed, “I am so lucky. Working with those two, it’s constant bickering and bits and stuff. Plus, they’re just like my old grandpas.”

So as she continues to navigate the complexities of fame, what would be her advice to anyone planning on being a global superstar?

Selena modestly admitted, “I don’t know who I am to give advice. I’m not saying I have the answers at all. I’m not saying I even have a powerful speech I could say. I would just say that the fans have given

me a responsibility and I carry that so deeply, and I try my hardest to do as best as I can.

“All I would ever want anyone to know is that they’re exactly enough the way they are – that they are worthy, they are seen, they deserve love. That’s what I want people to feel.” **OK!**

Selena Gomez: *My Mind & Me* is available on Apple TV+

INTERVIEW: LISA BLAKE/OK! MAGAZINE
PHOTOGRAPHS: WENN, SHUTTERSTOCK

OK! AWARDS

THE BEST OF 2022



PHILANTHROPIST

IMRAN KHAN

OK!
PAKISTAN

**AWARDS
2022**



THE LEGEND OF

maula jatt

BEST MOVIE

THE LEGEND OF MAULA JATT

OCTOBER 13, 2022

OK!
PAKISTAN

**AWARDS
2022**



BEST ACTOR

FAWAD KHAN

A portrait of actress Humaima Malik. She is wearing a vibrant pink, one-shoulder, low-cut dress with a draped neckline. Her hair is covered by a patterned headscarf in shades of orange, white, and blue. She has a soft, contemplative expression, looking slightly to the side. Her right hand is raised, with fingers gently touching the top of her headscarf. The background is a solid, warm red color, creating a cohesive and dramatic aesthetic.

OK!
PAKISTAN

**AWARDS
2022**

BEST ACTRESS

HUMAIMA MALICK



OK!
PAKISTAN

**AWARDS
2022**

BEST DIRECTOR

BILAL LASHARI

OK!
PAKISTAN

**AWARDS
2022**



BEST PRODUCER

AMMARA HIKMAT

OK!
PAKISTAN

**AWARDS
2022**



BEST ATHLETE

BABAR AZAM

A woman with long dark hair, wearing a blue and red superhero suit with a red cape and a blue mask covering her eyes. She is looking slightly to the left. The background is a colorful, stylized illustration of various people and patterns.

OK!
PAKISTAN

**AWARDS
2022**

BEST TV SERIES

MS. MARVEL

CROWN



AWARDS
2022



BEST TV ACTOR

HUMAYUN SAEED



OK!
PAKISTAN

**AWARDS
2022**

BEST TV ACTRESS

MEHWISH HAYAT

OK!
PAKISTAN

**AWARDS
2022**



BEST FEMALE MODEL

SONA RAFIQ MEMON

OK!
PAKISTAN

**AWARDS
2022**



BEST MALE MODEL

SACHAL AFZAL



OK!
PAKISTAN

**AWARDS
2022**

BEST AUTHOR

SHAHBAZ TASEER



OK!
PAKISTAN

**AWARDS
2022**

BEST SONG

PASOORI



OK!
PAKISTAN

**AWARDS
2022**

BEST DESIGNER

MARIA B

OK!
PAKISTAN

**AWARDS
2022**



BEST ARTIST

RASHID RANA

MORE **INSIGHTS** LESS **CATFIGHTS** MORE **GLAMOUR** LESS **DRAMA**



ON SALE EVERY MONTH

For advertising enquiries please email: ads@okmagazine.com.pk



Follow us @
OK_Pakistan



@OKPakistan



okmagazine.pk

A woman with dark hair, wearing a shimmering blue one-shoulder gown and large earrings, stands in front of a golden sunburst background. The sunburst is composed of many thin, radiating lines that create a bright, starburst effect. The woman is looking directly at the camera with a slight smile.

OK! FASHIONISTA

OK! SPOTLIGHT
UMER
ALAM

ZHALAY
SARHADI
TRAVELS TO
TURKEY

*Glitz &
Glam*

FEATURING MOMINA OWAIS





GLITZ & GLAM

*Dubai based influencer
Momina Owais in
festive looks that you're
sure to dazzle in all
season long!*

PHOTOGRAPHY MHM
STYLING AND COORDINATION RAO ALI KHAN
LOCATION COURTESY: TOURANIS
MAKE UP MASHAL
HAIR BY SAMIR SLAME



GOLD SEQUENCED OUTFIT BY FARAZ MANAN



BLUE ELECTRIC OUTFIT BY SEMSEM



TOP BY REVEL AVENUE AND TULE SKIRT BY AKSHI JOGANI



BLUE SEQUENCED DRESS BY AAVVA

OK! *Red* CARPET



Ana de Armas channels old Hollywood glamour in Louis Vuitton.



Anya-Taylor Joy looks simply chic in this pale yellow Dior ensemble.



Classic in Chanel, Margot Robbie ticks the right boxes.

ROCKSTARS



It's ruffles galore for Michele Williams in Gucci.



Letitia Wright wows in this Prada number.



Sultry in Oscar de la Renta, Jessica Chastain makes a statement at the Golden Globes.

PHOTOGRAPHS: WENN



KENDALL JENNER



ALAÏA
Mina 25 Tote Bag,
PKR 500,000



FENDI
Logo Combat Boots,
PKR 240,000

COS
Wide-Leg Pants,
PKR 32,000



CREATING A CAPSULE CLOSET

In 2022, people finally started going out and whilst they did that they sought out the shiniest and sheerest ensembles. 2023 is now calling for more sustainable sartorial choices – think forever pieces that will last for decades – blazers, strappy sandals, a classic shoulder bag, tailored pants, oversized shirts, minimal sneakers and more.



FRANKIE SHOP
Layton Pants,
PKR 55,000



AMINA MUADDI
Rosie Pumps,
PKR 200,000



GOOD AMERICAN
Good Touch Midi Dress,
PKR 25,000



H&M
Oversized Blouse,
PKR 6,000



BOTTEGA VENETA
Jodie Tote,
PKR 380,000

MANOLO BLAHNIK
Jadifa Mules,
PKR 130,000





JONATHAN SIMKHAI
Alex Maxi Dress, PKR 80,000 neta

LOEWE
Flow Sneakers, PKR 110,000



JOSEPH
Tafira Flared Pants, PKR 80,000 neta



MANGO
Turtleneck Sweater, PKR 11,990



GUCCI
Jackie 1961 Shoulder Bag, PKR 460,000



OUTFITTERS
Faux Leather Vest, PKR 8,990

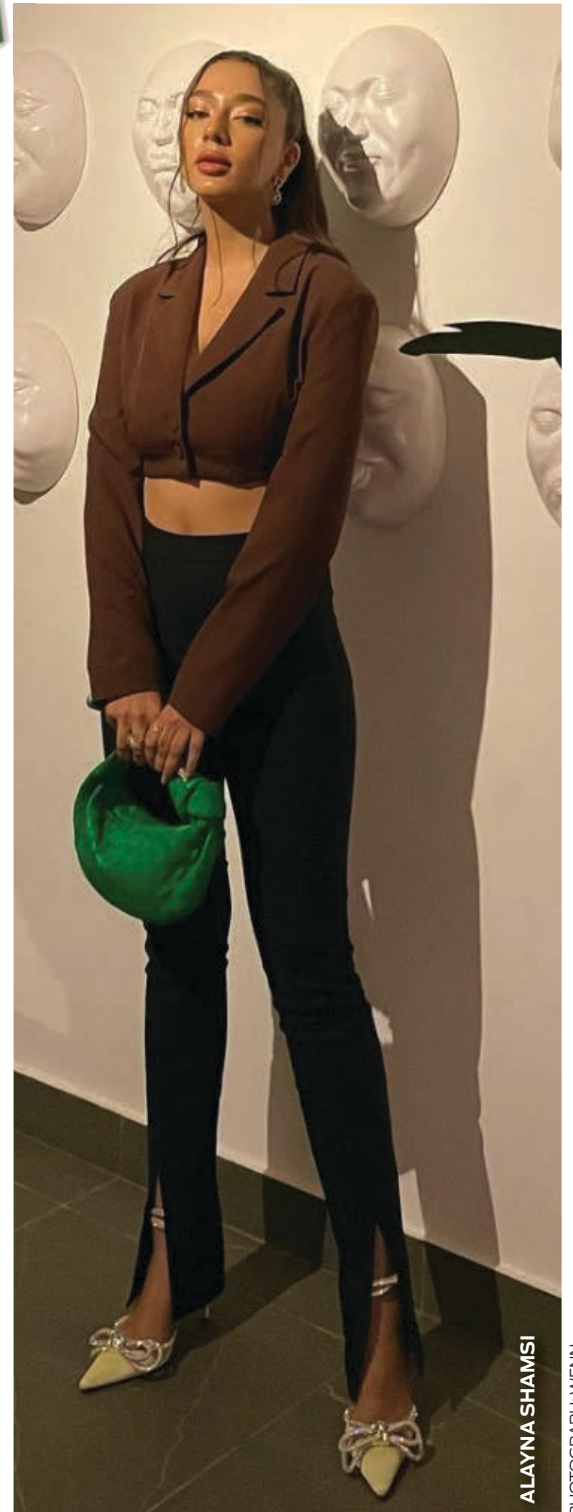


ZARA
Textured Plaid Blazer, PKR 24,000

RIVER ISLAND
Oversized Shirt, PKR 7,500



THEORY
Blazer, PKR 80,000 farfetch



ALAYNA SHAMSI

PHOTOGRAPH: WENN



OLIVIA CULPO

The Princess of Wales has proven she is the queen of style time and time again. In this issue the impeccably-dressed royal is our ultimate style crush. Here's how you can get her look:

GET THE LOOK



OFF-WHITE
Industrial-strap
fabric belt
PKR 58,500



STUART WEITZMAN
Pippa Black
Turin 7.5
PKR 15,500



FRAME
Blazer
PKR 48,500



SAINT LAURENT
Wool double-breasted jacket
PKR 778,400



FENDI
Nappa FF 1974
Embossed Mini
Baguette Black
PKR 58,000

PATTERNED MIX

We love how stylist Tabesh Khoja mixes an ethnic embroidered jacket with a minimal black tee and tracks to own the look.



TABESH KHOJA



A BATHING APE
Camo Embroidered Jacket, PKR 210,000



FEAR OF GOD ESSENTIALS
Jersey Sweatpants, PKR 20,000



NEW BALANCE
Suede & Leather Sneakers, Price upon request



OFF-WHITE
Arrow Sunglasses, PKR 80,000

NIKE
Dunk Hi Sneakers, PKR 28,000



OUTFITTERS
Basic Tee, PKR 1,490



OFF DUTY
Urdu Frayed Coat, PKR 30,000



RASTAH
Abstract Long Coat, PKR 106,200



SAINT LAURENT
Sunglasses, PKR 60,000



REPUBLIC BY OMAR FAROOQ
Emir Waistcoat, PKR 15,500

RASTAH X UJ
Varsity Bomber, PKR 120,000



H&M
Corduroy Pants, PKR 8,000

PLEASURES
Embroidered Jacket, PKR 26,000



OPENING CEREMONY
Wool Coat, PKR 85,000



ZARA
Basic T-Shirt, PKR 5,500

STOCKISTS: A BATHING APE, OFF DUTY, OPENING CEREMONY, PLEASURES www.farfetch.com; FEAR OF GOD ESSENTIALS, ZEGNA www.mrporter.com; H&M www.hm.com; NEW BALANCE www.newbalance.com; NIKE www.nike.com; OFF-WHITE www.offwhite.com; OUTFITTERS www.outfitters.com; RASTAH www.rastah.co; REPUBLIC BY OMAR FAROOQ www.republicbespoke.com; SAINT LAURENT www.ysl.com; ZARA www.zara.com; prices are approximate



ALEX SOLDIER
Crossroad Cuff



ANNA HU
Summer Bamboo Bangle



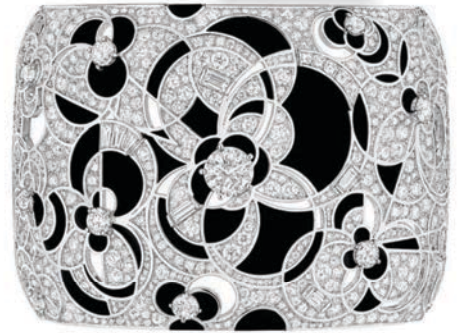
CARTIER
Love Bracelets



DAVID WEBB
Scroll Cuff

STACK 'EM UP

For the ultimate arm candy, stack your bracelets till your arms jingle. Don't be afraid to mix all metals – yellow, white, rose gold all work together now!



CHANEL
Midnight Cuff Bracelet



VAN CLEEF & ARPELS
Perlée Clover Bracelets



DE GRISOGONO
Cuff Gold & Diamond Bracelets



GRAFF
Rhythm Collection Diamond Bracelet



NEIL LANE
Diamond & Platinum Bracelets



TIFFANY
T Bracelets



TIFFANY
Infinity Stacking Bracelets

SUZANNE KALAN
Diamond Baguette Bangles



VERDURA
Dogwood, Moonstone & Sapphire Cuff





What's IN HER BAG?

*Actress, director and writer,
Amar Khan, shares the
contents of her bag with
OK! Pakistan*



AirPods - small, compact and convenient especially for those fun voice notes I want to hear in privacy



Customised Jild wallet - it makes it easy to carry my cards and cash



Tom Ford shades - these days they are the only thing I wear

Dettol hand sanitiser - stay safe, stay protected is the slogan I follow



Pen - always comes in handy for me or anyone I am with



Classic Long Wallet - Brown



Benefit balm - the name says it all, it benefits your lips indeed

Chance by Chanel - beautiful scent, beautiful you



Phone charger - Instagram and WhatsApp drains my battery so I make sure I carry a charger

GLOW DE

**Paco Rabanne Olympéa Solar
EDP, from PKR 25,200**

Like golden rays of evening sunshine lingering on the skin, this intense new fragrance is a warm and sensual combination of mandarin, white blossoms and ylang ylang.

**Coach Wild Rose
EDP, from 12,200**

A free-spirited ramble through a meadow of jasmine and rose, shadows lengthening until you emerge into a warm dusk of woody ambroxan and earthy moss.



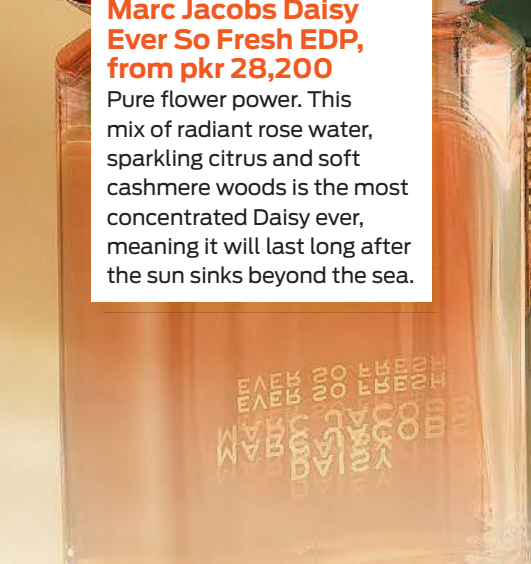
**Marc Jacobs Daisy
Ever So Fresh EDP,
from pkr 28,200**

Pure flower power. This mix of radiant rose water, sparkling citrus and soft cashmere woods is the most concentrated Daisy ever, meaning it will last long after the sun sinks beyond the sea.



**Gucci Flora Gorgeous Jasmine
EDP, PKR 36,800**

Celebrating the sweet yet sultry scent of jasmine, a flower with a fragrance that truly comes after hours, while base notes of sandalwood and benzoin give this a sensual, skin-like finish.



TOILETTE

HERE ARE OUR FAVOURITE
NEW GOLDEN HOUR SCENTS,
MADE FOR WARM SUMMER
NIGHTS AND SUNSET
COCKTAILS

**Granado Farmácias
Bossa EDT, PKR 19,200**

Picture yourself watching the sun go down on a beach in Rio as you mist on the cocktail creaminess of coconut plus notes of sea, sun-drenched flowers and citrus.

**Kenzo Flower
By Kenzo
L'Absolue
EDP, from pkr
18,500**

Here, a floral bouquet of poppy, Damask rose and orange blossom is given added depth by the addition of spicy saffron. The result is an easy-going fragrance that is reminiscent of a warm breeze at the end of the day (no cardigan required).

Michael Kors Wonderlust Eau de Voyage EDP, from PKR 16,200

This playful perfume shares the floral heart of the original Wonderlust and adds in a sea salt accord. Think carefree adventure and impulsive sunset cruises. Why not?

**Furla Autentica EDT, from
PKR 35,600**

You've got the dress, heels and bag, so what better final accessory for a summer night than Autentica? It's a chic blend of mandarin, cherry blossom and musk, in a bottle inspired by Furla's handbags.



SUITS YOU

Now obviously Priyanka Chopra is going to look stunning whatever she wears, but bless her, she's doing her utmost to share that gift with us normals. The actress has helped to develop Max Factor's new "universal colour" range, a capsule collection designed to be flattering on everyone.

There are nine Colour Elixir lipsticks, P KR 3,000, and eight Miracle Pure nail polishes, PKR 2,400, in shades specially picked to work on cool, warm and neutral complexions alike. Then there's the pièce de résistance, the Max Factor X Priyanka Masterpiece Eye Palette, PKR 5,000, which definitely has something for everyone. Colour science has spoken!



PURPLE REIGN

With Sadie Frost and Jude Law as parents, Iris Law was always going to be front of the cheekbone queue, and she's now lending that exquisite bone structure to Versace fragrances.

The Brit model is the face of Dylan Purple, PKR 25,200 for 50ml, an impeccably bred addition to the brand's stable of colour-themed perfumes. This fashionable floral blend stands on its own merits, just like Iris herself – so if you even thought of nicknaming it Eau De Nepo, then shame on you.

BEAUTY *Essentials*



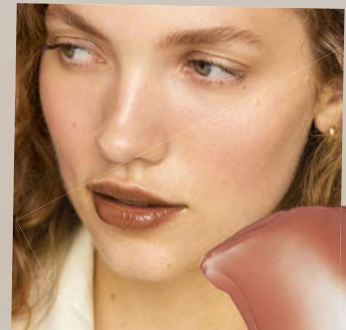
THE SKY'S THE LIMIT

Sky High Cosmic Black was my standout mascara of 2022 – and now it's got a supportive new sidekick. Lash Sensational Sky High Tinted Primer, PKR 4,000, combines conditioning ingredients with a hint of black. Worn on its own it gives lashes a natural-looking tint, but when followed with Sky High mascara the result is 1.5 times the gravity-defying lift and volume you get using the mascara alone. Like all the best supporting roles, it assists the main character without stealing the show, yet can still hold its own. (Spin-off highly likely.)

MERIT MARKS

The beauty world is a crowded place, so how do you manage to sell 17 products a second online within weeks of launch? Well, by being Merit, a brand created by Who What Wear co-founder Katherine Power, adored Stateside by everyone from Bella Hadid to Cameron Diaz, and now arriving here, too.

All the make-up has built-in skincare bonuses, and thanks to cult faves such as Flush Balm and Minimalist Stick (launched with a wait list of 10,000 in the US!) it's the brand to casually whip out of your handbag. And can we take a moment to admire those adorable chubby yet dinky designs? I didn't realise that you could get broody over beauty but I want to cuddle everything.





Get registered and
Become Master Chef!

JAPANESE COOKING CLASS

28th January, 2023

03:30 pm - 06:30 pm

Register Now:

021 111 AVARIs (111 282 747)

www.avari.com



THE LIFE OF ANMOL BALOCH

The actress and model shares some of her favourites with OK! Pakistan

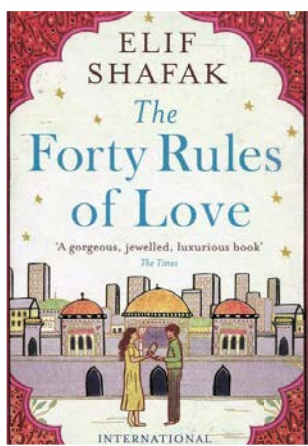


Favourite travel destination?
Maldives.



Signature scent?
Oud Ispahan.

Last book you read?
Forty Rules of Love.



Ideal weekend?
Relaxing with home food.



Favourite restaurant?
Okra.



Skin care essentials?
Sunblock, face oil and lip oil.

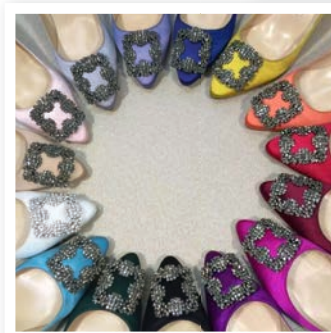
Three things you can't live without?
Phone, family and cats.



Favourite designer?
Sadaf Kanwal.



Getting in shape or couch potato?
Getting in shape.



Last thing you splurged on?
Shoes.

Instant mood lifter?
Food.

All time favourite film?
Devdas.



Current song on repeat?
Lover by Dilgit.



Guilty pleasure?
Desserts.

Last show you binge watched?
The School for Good and Evil.



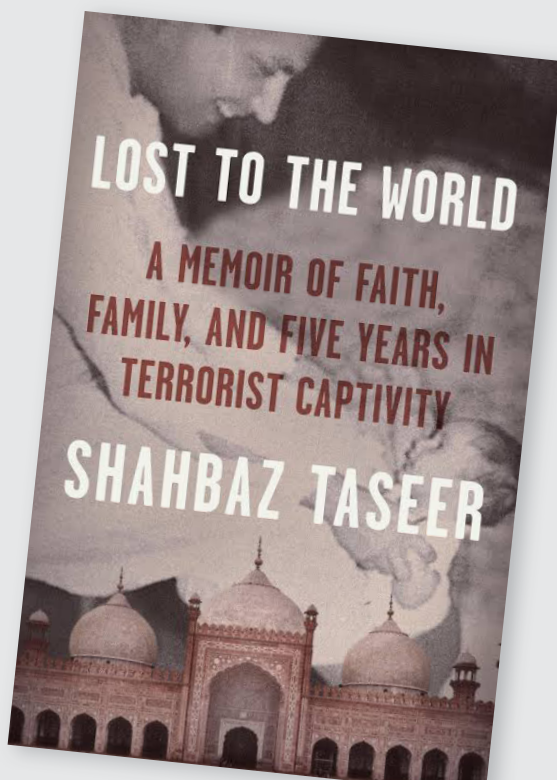
ENTERTAINMENT



MOVIE

AVATAR: THE WAY OF WATER

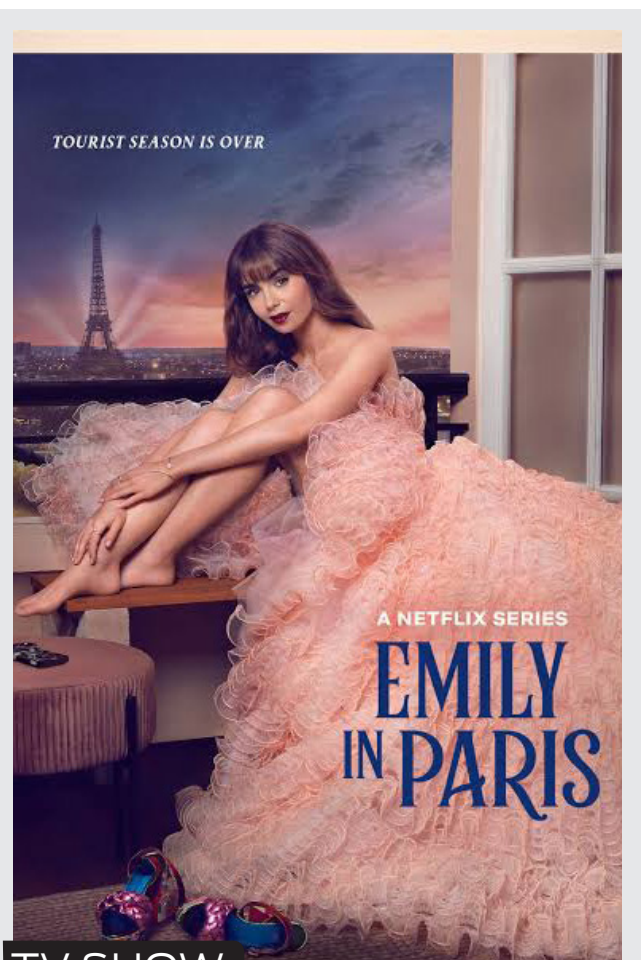
James Cameron's turn of the decade sequel has grossed over \$2 billion in box office sales. Jake Sully and Ney'tiri have formed a family and are doing everything to stay together. However, they must leave their home and explore the regions of Pandora. When an ancient threat resurfaces, Jake must fight a difficult war against the humans.



LITERATI

LOST TO THE WORLD: A MEMOIR OF FAITH, FAMILY AND FIVE YEARS IN TERRORIST CAPTIVITY

Shahbaz Taseer's memoir of his five-year-long captivity at the hands of the Islamic Movement of Uzbekistan is a story of extraordinary sorrow but also of empathy and faith.



TV SHOW

EMILY IN PARIS

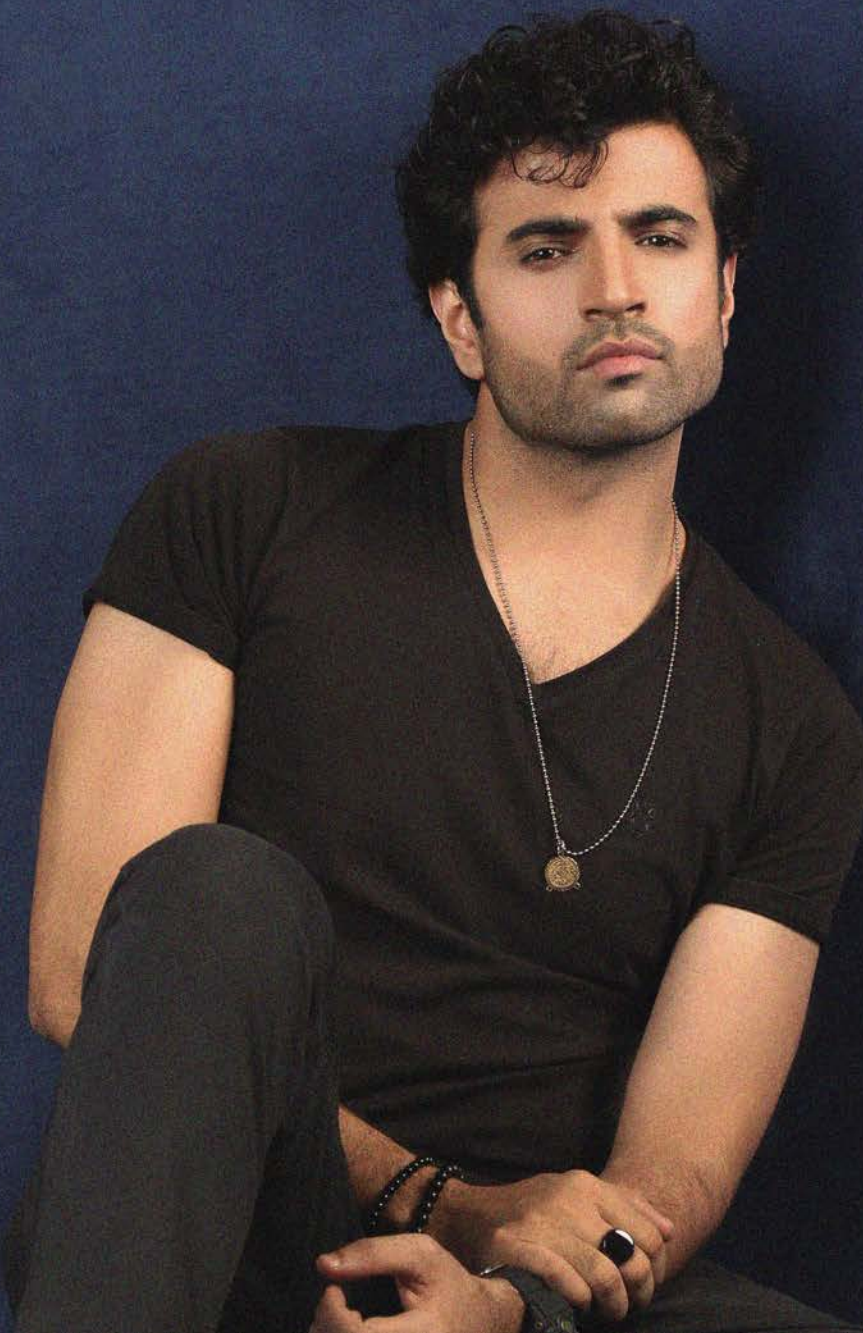
Lily Collins returns to Paris for another season on Netflix as American marketing executive Emily Cooper.

OK! SPOTLIGHT



UMER AALAM

A to Z with the talented actor



With a flair for acting since childhood, Umer Aalam started acting in plays from an early age and got his big break in Anwar Maqsood's *Siachen*. The actor hasn't looked back ever since and has various television shows and even a film under his belt. The actor talks to OK! Pakistan about winning *Tamasha Ghar*, his rapport with co-actors, preferred roles, challenges he has faced, and so much more.

Can you tell us how you started ?

UA: I started off with theatre; I used to perform in school, college and university as well. I even performed in a theatre play called *Siachen* by Anwar Maqsood, and after that, it all took off. Alhamdulillah.

Do you prefer to act in live theatre or films and television shows?

UA: I prefer film and television because I enjoy seeing my performances onscreen and it has always been my dream to perform on the big screen. It is one of the best feelings when I see people enjoying my work in the same way I do.

You recently won *Tamasha Ghar*. How did you feel being the winner ? What was your most memorable experience?

UA: I always wanted to be the winner but mostly ended up coming second or runner-up, so this was the best moment of my life so far. When Adnan

Bhai announced my name and lifted my hand, that was a high I always wanted to feel and I felt it. Alhamdulillah.

***Shehnai* or *Pheli See Muhabbat* which would you choose and why?**

UA: *Shehnai*, because it was a light-hearted story and for the first time I got the chance to work in

“I am not a star yet; if that was the case I would have been on the cover.”

a romantic role on screen and felt like a hero. On the contrary, *Pheli See Muhabbat* was more of a drama full of seriousness plus I had been a friend (character) many times.

If you could relate your personality to any character you've played on screen, which would it be?

UA: I could relate to Ahmed (*Raqs-e-Bismil*) and Ahsan (*Shehnai*); Ahmed because I feel like I am

obedient and respectful to elders and Ahsan because I have a hero inside me.

What are your upcoming plans ?

UA: My plan is to focus on my career and work even harder to win as many hearts as I can with my work.

If you were given a biopic to do, who would you play and why ?

UA: I would like to do a biopic of Fawad Khan because his journey is amazing and girls love him.

Who has been your inspiration all these years ?

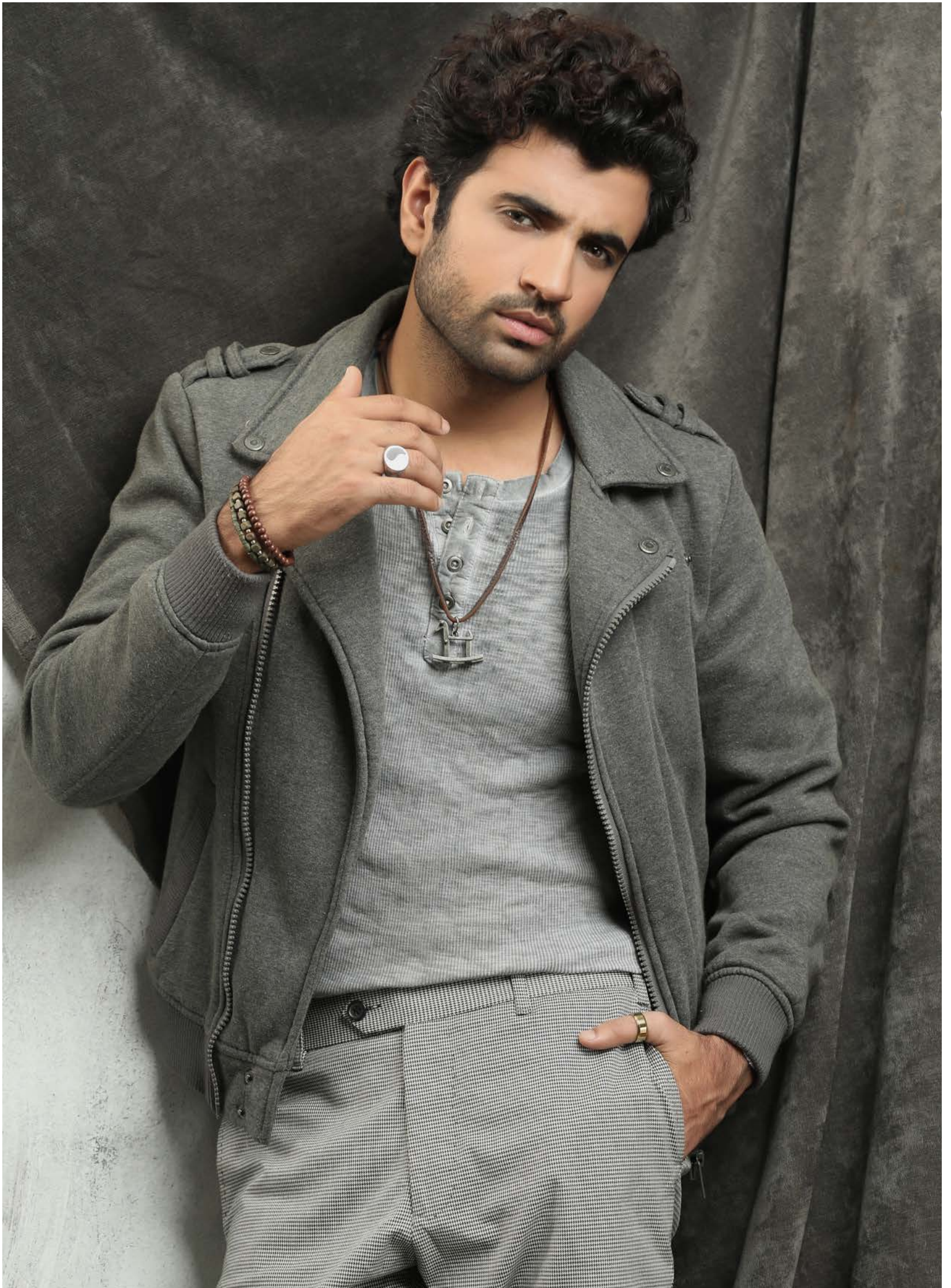
UA: Yasir Hussain has been an inspiration, a mentor, an elder brother, and a good friend all along.

What acting role have you found the most challenging and why?

UA: *Shehnai* was difficult because doing a romantic scene with an actor I barely knew was tough. The role of Arsalan from *Nehar* was challenging too because I had to play the role of a character whose nature was totally opposite to that of Umer Aalam.

How important is it to establish rapport with your co-actors with whom you are performing, to execute a scene successfully?

UA: That is the most crucial part of acting. If there is no chemistry it would look like acting or require too much effort while acting should be effortless. The one thing Sheheryar Munawar made sure of, despite being a star, was that he came and talked ►



to me and broke the ice, making sure that we feel like friends. This translated on screen brilliantly, and the audience felt the connection and friendship.

If you had personality differences with your co-actors, how would you ensure it did not affect the performance?

UA: This is the part where the art of acting comes in handy. I have had this kind of experience and I always try not to pay attention to this so it doesn't come in the way or jeopardise my performance.

Can you describe your acting style?

UA: I am a director's actor, and I will do whatever the director tells me to do or at least try to do it by adding my essence to it, which has been working for me so far. Alhamdulillah.

Tell us about the toughest part of your work?

UA: The shoot timings are so unpredictable that it becomes tough to plan accordingly.

If you could change one thing about your line of work, what would that be?

UA: Lack of professionalism - I think it's a major drawback that our industry or any other industry could have.

How does it feel to be a star?

UA: I am not a star yet; if that was the case I would have been on the cover. [Laughs]

Every industry, including the entertainment industry, is full of competition; what do you do to stand out amidst competition?

UA: I just keep myself motivated and focused to do better than what I did last time or yesterday and then it's all fate.

How do you stay mentally and physically healthy?

UA: I workout and talk to friends and family which keeps me sane.

Favourite co-star you've worked with?

UA: Aadi, Areeba Habib, Affan Waheed, Sheheryar Munawer, Maryam Noor, Osama Tahir, Hassan Ahmed, and a few more.

Pet Peeves?

UA: Many pointing out someone's errors or weaknesses out loud, cutting nails in public, taking phone calls in public, and traffic signals.

Umer AAlam in five words?

UA: Honest, hustler, fun, emphatic, consistent.

Last book you read?

UA: Quran Majeed.

What are you watching on Netflix ?

UA: *Friends*.

IOS or Anroid?

UA: IOS.

Ideal destination?

UA: Italy.

Go-to designer label?

UA: Emraan Rajput.

White or black?

UA: Black all the way. **OK!**

INTERVIEW: MEHR KASSIM
PHOTOGRAPHS: AKIF ILYAS



STIR CRAZY

AWARD-WINNING COOK AND TV PRESENTER **SUZIE LEE** CONJURES UP A CHINESE FEAST TO MAKE AT HOME

Garlic mixed mushrooms



SERVES 4

INGREDIENTS

- 15g dried black fungus
- 15g dried lily flowers or buds
- 2 tbsp vegetable oil
- 3 large garlic cloves, thinly sliced
- 4 tbsp oyster sauce, or vegetarian stir-fry sauce
- 1 tbsp Shaoxing wine
- 50g white mushrooms, halved or quartered
- 50g chestnut mushrooms, halved or quartered
- 1 tin whole straw mushrooms in water
- 125g pak choi, halved lengthways
- Sea salt and freshly ground black pepper
- 2 tsp cornflour paste
- Rice or noodles, to serve

1. In separate bowls rehydrate the dried black fungus and lily flowers or buds in boiling water for at least 15 minutes. They can be left to soak for up to 1 hour. Retain the liquid.
2. Heat the vegetable oil in a wok or frying pan over a high heat.
3. Add the garlic and fry for 2-3 minutes until fragrant, then add the oyster sauce (or vegetarian

equivalent) and Shaoxing wine and cook for a few more minutes. Add the black fungus, lily flowers or buds, white mushrooms, chestnut mushrooms and straw mushrooms, with the water from the tin, then add in about 250ml of the liquid from the rehydrated fungus and lily flower buds.
4. Simmer for 10 minutes, so that the flavours infuse, then add the pak choi and

cook for a further 5 minutes. Taste and season. If you would like extra sauce, add more of the rehydrating liquid. Taste and season as needed.
5. To thicken the sauce, add the cornflour paste and bring to the boil, then let it bubble away for a few minutes before taking off the heat.
6. Serve with a bowl of rice or tossed through noodles.

SERVES 6

INGREDIENTS

- 75g caster sugar
- 1 tbsp (heaped) gelatine powder
- 1 tsp vanilla extract
- 350ml evaporated milk, plus extra to serve
- 350ml tinned mango purée, plus extra to serve
- Freshly cut mango chunks, to serve

1. Pour 150ml of boiling water into a 1-litre measuring jug, add the sugar and gelatine powder, then stir to dissolve.

2. Add the vanilla extract, evaporated milk and mango purée, then pulse with a handheld blender until everything is super smooth.

3. Pour the mixture through a sieve into

a clean bowl or jug to remove any bits, then divide among six glasses or ramekins.

4. Cover with clingfilm and leave in the fridge for at least 4 hours or overnight.

5. Once you are ready to serve, add a layer of evaporated milk and drizzle over some mango purée. Add mango chunks to serve. ▶



Mango pudding

Duck pancakes



SERVES 4

INGREDIENTS

- 4 tsp Chinese five-spice powder
- 4 tsp hoisin sauce
- 4 duck legs (or breasts)
- 40g fresh ginger root, sliced
- 70g spring onions (about 4)
- Vegetable oil, for brushing
- Salt and white pepper

For the pancakes

- 8 shop-bought Chinese pancakes

To serve

- 4 spring onions, thinly sliced lengthways
- Hoisin sauce
- Cucumber, sliced into thin batons (remove the watery seeds if you are not eating them straight away or they will make everything soggy)

1. Preheat the oven to 180°C/160°C fan/gas mark 4.
2. Rub 1 teaspoon of Chinese five-spice powder and 1 teaspoon of hoisin sauce into each duck leg or breast, rubbing them into the exposed flesh. Put the ginger and spring onions into a shallow roasting tin with a grill rack and pour over enough water to cover the bottom (about 250ml).
3. Put the grill rack in the roasting tin. Place the duck on the rack, making sure it isn't touching the water, and brush with a

- little vegetable oil. Sprinkle with salt and pepper, cover the whole roasting tin with foil and bake the duck in the oven for at least 1 hour 30 minutes, until tender.
4. While the duck is in the oven, brush a frying pan with a little oil and place over a medium heat. Add a pancake and fry for 30-60 seconds until it is dotted with brown circles. Turn the pancake over and cook for another 30-60 seconds.
 5. Carefully remove the pancake from the pan. Repeat with the remaining pancakes,

- stacking them on a plate under a slightly damp tea towel to keep soft and warm.
6. Place the spring onions in a bowl of cold water to refresh them. Remove the duck from the oven and shred the meat from the bones. If it seems slightly dry (possibly if you've used breast meat), add some of the liquid from the bottom of the roasting tin and mix it through the meat.
 7. Serve the shredded duck with the pancakes, hoisin sauce, drained spring onions and cucumber.

SERVES 4

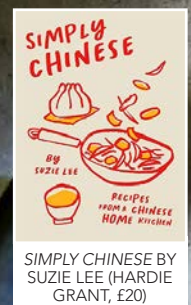
INGREDIENTS

- 1kg fresh mussels
- 1 tbsp vegetable oil
- 1 onion, thinly sliced
- Large bunch of spring onions, white parts thinly sliced and green parts cut into larger chunks
- 40g fresh ginger root, thinly sliced
- 1 tbsp light soy sauce
- 2 tbsp oyster sauce
- ½ tbsp toasted sesame oil
- ¼ tsp white pepper
- 200ml light lager

1. Scrub the mussels clean, removing any barnacles from the shells and pulling off the “beards” with your fingers.
2. Place the mussels in a colander. Rinse thoroughly then submerge them in a bowl of cold fresh water for at least 20 minutes, so the sand inside is cleaned out (the mussels will breathe and “spit” out the sand). Discard any mussels that remain open when tapped or have cracked shells.
3. Heat the vegetable oil in a wok or large saucepan over a high heat. Add the onion, white parts of the spring onions and the ginger and fry for a minute or so until the aromas are released.
4. Add the soy sauce, oyster sauce, sesame oil and white

- pepper and let everything bubble away for a minute or so. Toss in the cleaned mussels and mix well.
5. Add the lager and toss, put the lid on and leave for 3 minutes over a high heat. Lift the lid and check if all the shells have opened.
 6. If they haven’t, shake the wok or pan with the lid on and cook for a further 1-2 minutes until all the shells have opened. Do not overcook as the mussels will get very rubbery. If any mussels remain closed after cooking, do not try to open them to eat – discard them immediately.
 7. Toss in the green parts of the spring onions and cover until you are ready to serve. **OK!**

Ginger and spring onion mussels





THE BENEFITS OF BEING ALONE

CHRONIC LONELINESS CAN BE DETRIMENTAL TO OUR HEALTH. HOWEVER, FLYING SOLO IS DIFFERENT – AND YOUR MIND WILL THANK YOU FOR DOING IT

A quarter of us admit to feeling lonely – and the problem is particularly heighte. But there's a big distinction between feeling lonely and being alone. People commonly describe feeling dreadfully lonely in the middle of a huge crowd. Others say they feel perfectly content by themselves – and the key to this could be that they fully embrace flying solo. It's one of a handful of self-care ideologies shared

by author Isa Kujawski in *The Book Of Korean Self-Care*. Here's how we could all benefit from the "K-Wellbeing" practice of Honjok and eliminate the stigma of spending time alone.

Challenging conventions

Honjok signifies someone "who willingly undertakes typical group or couples-oriented activities alone, such as dining and travelling", explains Isa.

"It embraces the idea that it's normal to enjoy time alone and that being alone or single isn't lonely or pitiful. It relieves people from the social expectation of having to get married, or maintain needless, superficial relationships in an already high-demand life."

how to incorporate Honjok into your life



FEEL FREE TO ENJOY DOING THINGS SOLO

Normalise the act of doing things by yourself

“Try to abandon the perceived awkwardness of being alone in public, says Isa. “Accept that most people are too busy living their own lives to judge you for being by yourself. “Feel liberated knowing you can still do everything you feel like doing by yourself. You don’t have to wait for anyone to experience life on your own terms. If you want to take yourself out on a date, or celebrate a holiday by yourself, that’s OK.”

Use alone-time to reflect

“If you find yourself alone against your own wishes, use it as valuable time to look within and develop a deeper understanding of yourself. “Once you push past the discomfort of loneliness, you may find that your true thoughts and feelings come to the surface and help you pave a path towards beautifying your inner world.”

Let go of the pressure *to fit IN*



CLAIRE LOVES GETTING INTO THE GREAT OUTDOORS ON HER OWN

WITH society’s expectations

“Society has built expectations of how we should conduct our time – get married, have a family, balance a social life and exhibit extroversion. “These may be great goalposts for many, but it’s OK to want to do things on your own terms. Honour your unique self – and if that means spending most of your time alone, then so be it.”

The true health benefits of Honjok

“Spending time alone can recharge your batteries and give you space to get a valuable perspective on life,” explains Robin Hewings, programme director of the Campaign to End Loneliness. “It’s a vital part of self-care and can improve your mental health. Having things to look forward to can help.” But he adds, “We need to talk about loneliness to reduce the stigma. If it’s not a choice, or you don’t have support, it can feel very isolating.” If you’re

unhappy or struggling, he advises seeking help from medical professionals or charities such as Mind and Samaritans.

‘Spending time alone is empowering’

Claire Jenkins, 40, owns a HR and recruitment business. Here, she opens up about how she overcame the crushing loneliness that was triggered by a family tragedy

In my early twenties, my mum died in a car crash and it had an extreme impact on me. I threw myself into crazy activities, like climbing Mount Kilimanjaro. I looked like I was thriving, but I had a deep sense of loneliness within my heart, even in a big group of people. That empty feeling came back during the pandemic, when I was living alone in London. I’d watch TV until late and the lack of sleep led to crazy thoughts like, “Everyone hates me.” Christmas was particularly hard as others seemed to be having fun, despite the circumstances. It made me feel lonelier. I had to change, which meant completely shifting



SHE FEELS NO NEED TO FIT IN WITH SOCIETY

my mindset. I needed to rejoice in being alone, rather than feel lonely. I’d go for long walks. I started to tackle the stack of books I’d planned to read. I did online courses and filled in a daily gratitude journal. In July 2020, I moved back to Gloucestershire to live with my dad. That’s when I started a Google Excel document listing everything I wanted to do, including walking on hot coals and walking 300 miles in two weeks – both of which I’ve done. Now, I see it as an honour to spend time alone. It’s empowering. I can clear my mind and come up with my best ideas. If I want to do something, I don’t wait for anyone to join me, I just do it! If I want to go paddleboarding tomorrow, I will. The world has become my playground, I’m living life to the optimum. You can waste so much time thinking about what you haven’t got and who you should be hanging out with. I’m on my own path. I don’t have to fit in with society. I don’t recall much of my twenties, because the darkness overcame me. Now, I appreciate every minute, whether I’m alone or not. **OK!**

WORDS: MICHELLE GARNETT AND JOSIE COPSON
PHOTOS: GETTY

TALES OF TURKEY

Actress Zhalay Sarhadi shares details of her recent trip with **OK! Pakistan**





Where did you go?

Zhalay Sarhadi: I went to Turkey - mainly Istanbul.

What made you go to Turkey?

ZS: I love the diversity of cultures it offers. The Asian side and the European side both have their own charm.

What did you pack?

ZS: Essentials including clothes, supplements, apt foot wear and my keto roti.

What was your favourite meal/restaurant?

ZS: I love their authentic cuisine so I had a lot of kebabs and roasted aubergine.

What was the biggest highlight of your trip/most memorable moment?

ZS: It was when we went to see the old historic monuments including Blue Mosque, Hagia Sophia and the Grand Bazaar.

Favourite shopping destination?

ZS: I did not go to shop there but Istiklal street has all the local and international brands in one place.

Some sights worth seeing?



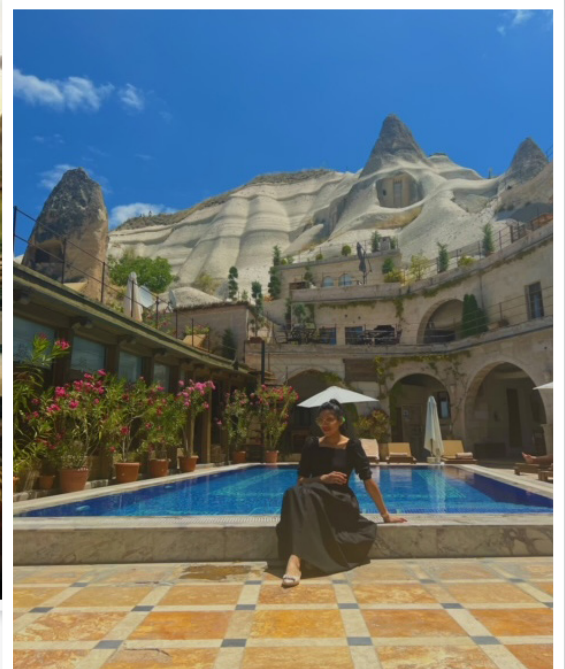
ZS: Every single street in Istanbul, Cappadocia, Antalya and Izmir are a must visit.

What are some spots for a night out?

ZS: We were in a hotel called W in Besiktas and the night life was roaring there.

Travel essentials?

ZS: Everything I packed.



Any travel tips you would like to share?

ZS: Travel light as international flights offer more luggage allowance but local flights don't, so travel with essentials only and keep a hand carry just in case. **OK!**

TEXT: MEHR KASSIM
PHOTOGRAPHS: COURTESY OF ZHALAY SARHADI



MARBELLA MAGIC

TOWIE SUPERFAN JOSIE COPSON TAKES A TRIP TO THE CAST'S FAVE DESTINATION FOR A TASTE OF LUXURY AND GLAMOUR

ALL WHITE ON THE NIGHT

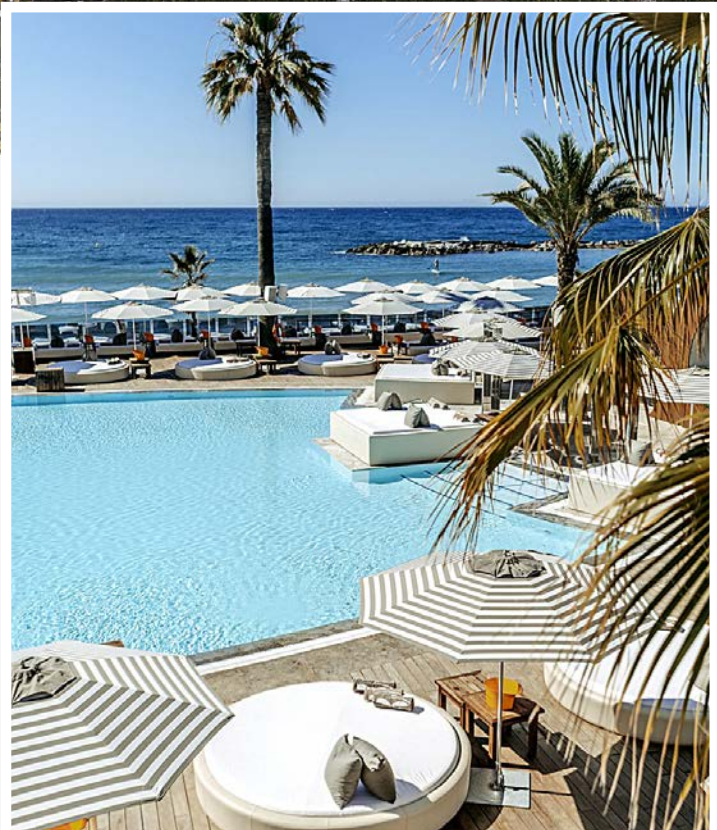
When in Marbella, a day by the pool isn't about dozing off while trying to read a paperback. It's a chance to model your least practical swimwear and drink champagne. And there's no better place to do that than the boujee Ocean Club. The venue hosts special events all summer and I was invited to attend the White and Silver opening party – although unfortunately I wasn't told about the theme and wore a Hawaiian two-piece! Amy Childs would never get it so wrong. But thankfully the circus performers, fireworks and live band distracted me from my error.

I was particularly in awe of the dancers roaming the floor encouraging dance-offs like we were

on the set of Step Up 6. If you tire of drinking fizz, you can try the pre-mixed cocktails made exclusively for the venue by two-time Cocktail World Champion Mario Hofferer.

CELEBRITY SPOT

You can't fly to Marbs and not hunt down a TOWIE star – especially if, like me, you've never missed an episode. I headed to Olivia's La Cala – the restaurant owned by Elliot Wright (former show regular and cousin of Mark Wright). Wearing Gucci loafers and white skinny jeans, Elliot showed us to our table, sandwiched among happy hen parties.





buildings lining the narrow streets, adorned with colourful flowers and palm trees – basically an Instagrammer’s dream backdrop. Head to the main square, Plaza de los Naranjos – which dates back to 1485 – and find a seat on one of the many restaurant terraces for a bowl of paella and a glass of sangria. We recommend Casa del Corregidor – a family-run eatery that’s been around for nearly 100 years. It’s the perfect spot for some people watching. Afterwards, meander round the 400+ stores and pick up some cute souvenirs to help you remember your dreamy Marbella trip forever.

A RESTFUL OASIS

Kempinski Hotel Bahia is located a 20-minute drive from Marbella and feels like a calm oasis. My

The food was tasty, but what we loved most is the way it switches from a restaurant to a nightclub. The only downside was that I didn’t get to see TOWIE alumni James Argent perform. A week later and I’d have seen him serenading Harry Maguire’s future bride Fern Hawkins on her hen do. Instead, we watched Tony Capo and the Masquerade Duo.

OUT AND ABOUT

If you’re looking to immerse yourself in some Spanish culture, take a trip to Marbella’s Old Town. You’ll find white-washed

spacious room had an incredible sea view from the balcony and a giant bathtub. I also appreciate any hotel where the toilet has its own door, separate from the sink and therefore the home of the toothbrush. (I’m not a fan of those so-called fancy accommodations where you’re on view to your holiday roommate!) I hardly spent any time in the room though, as there’s so much more to explore – three pools, a spa facility, a gym and three restaurants. More importantly, the beach bar serves frozen piña coladas and the breakfast buffet includes multiple doughnut flavours. The pools never felt too busy so I was able to practise my butterfly stroke in peace. Sadly, there’s a “no diving” rule, so it’s maybe not the right hotel for you if you’re a Tom Daley wannabe. **OK!**

WORDS: JOSIE COPSON
PHOTOS: GETTY IMAGES, PEDROJAEN.COM, SHUTTERSTOCK, THOMAS KOENIG, ZSOLT BATA

OK! WORLD IN ACTION



THE LAST FULL MOON OF THE YEAR, KNOWN AS THE COLD MOON, RISES BEHIND GALATA TOWER.



R'BONNEY GABRIEL, A FASHION DESIGNER, MODEL AND SEWING INSTRUCTOR FROM TEXAS WHO COMPETITION OFFICIALS SAID IS THE FIRST FILIPINO AMERICAN TO WIN MISS USA, WAS CROWNED MISS UNIVERSE



PENGUINS ARE SEEN ON POSSESSION ISLAND, PART OF THE CROZET ISLANDS IN THE SOUTHERN INDIAN OCEAN.



LONDON'S NEW YEAR'S EVE FIREWORK DISPLAY

PHOTOGRAPHS: MINDY SMALL/GETTY IMAGES, NBC, SHUTTERSTOCK

HOROSCOPE & TAROT

IT'S WRITTEN IN THE STARS!

CAPRICORN

Dec 22 – Jan 20



A strong dream could have a message for you on the 19th. Money

becomes more of an issue for you after the 20th. Don't let frustration make you spend more money that you would like on the 22nd.

TAURUS

Apr 21 – May 21



If you're a Taurus baby, a dream could have a special message for you on the 4th. Money might be coming your way on the 9th. Don't let authority figures boss you around on the 22nd.

VIRGO

Aug 24 – Sep 23



You are especially creative on the 2nd; do something with it. You are wonderfully intuitive on the 8th & 29th. Folks are likely to see things your way on the 11th.

SAGITTARIUS

Nov 23 – Dec 21



Creativity is yours on the 4th; writing is especially favored. Folks want to listen to what you have to say on the 18th. You could have an excellent time with your children on the 24th.

AQUARIUS

Jan 21 – Feb 19



Making a change that comes from within on the 5th will serve you well. Ignore the urge for

the impulse buy on the 14th for best results. You will be feeling particularly electric for a few days after the 22nd.

GEMINI

May 22 – Jun 21



A powerful dream could have a message for you on the 2nd. Your intuition is especially heightened on the 8th & the 29th. Your world gets back to normal after the 18th.

LIBRA

Sep 24 – Oct 23



You could have a great deal of fun on the 9th. Expect the unexpected on the 14th. Don't let the kids try and talk you into something on the 22nd.

PISCES

Feb 20 – Mar 20



Friends have some good ideas for you on the 2nd. You are especially creative on the 13th; try to use it. You sparkle and shine on the 24th.

CANCER

Jun 22 – Jul 23



Things are likely to go your way on the 2nd. Avoid extra caffeine or your sleep could be affected on the 6th. Your energy picks up noticeably after the 21st.

SCORPIO

Oct 24 – Nov 22



Don't listen to any obsessive thinking that you might have on the 1st. Folks are likely to see things your way on the 14th. Spending time with pencil and paper could bring some deep-seated hidden motivations to light on the 18th.

ARIES

Mar 21 – Apr 20



Love is quite possibly on the horizon on the 9th. Your energy is going to be particularly high the 11th through the 13th; just be sure not to run others over. An outing with friends would bring much joy on the 29th.

LEO

Jul 24 – Aug 23



A positive change on the job could be yours on the 5th. Avoid power plays or they could get you into trouble on the 18th. The 29th is a great day to do something fun with your partner.



ZAYN MALIK
JANUARY 12, 1993



AYEZA KHAN
JANUARY 15, 1991

CREDIT: SOPHIE SAINT THOMAS;
PHOTOGRAPHS: SHUTTERSTOCK, WEEN



Now Available on iTunes & Google Play



DOWNLOAD YOUR DIGITAL ISSUE

*Go to the App Store and search for **OK!** Pakistan*



Follow us @OK_Pakistan



@OKPakistan



facebook.com/okmagazine.pk

⌘
EBEL
BEAUTY MARRIES FUNCTION

Featured below is the new
EBEL 1911 in 18k yellow gold/ stainless
steel and ocher mother-of pearl dial.
Inspired by the harmonious beauty
of function and form from the house
of EBEL, designed by Le Corbusier.

EBEL.COM



EBEL 1911

©2021 EBEL - Ref. 1216582

Collectibles
JEWELLERY & WATCHES

Karachi: Dolmen Mall Clifton - Tel +92 21 35297873-4. Islamabad: Serena Hotel - Tel +92 51 2600371-2.
Faisalabad: Lyallpur Galleria Mall - Tel +92 41 5211151. Quetta: Gold City Mall - Tel +92 81 2826636.
Lahore - Pavillion Mall PC Hotel - Tel +92 42 36306041

Visit our website : www.gharyal.com