

YASHMA GILL

"I HAVE LEARNED TO OWN MYSELF"

ELIZABETH OLSEN

TALKS DOCTOR STRANGE LILY COLLINS

HOLLYWOOD'S NEW PRINCESS

OP CARE

JAZZ 45
WITH SUPER 45

dunya ko bataa do

JAZZ PRESENTS SUPER FOR CHANGE



Over the last couple of years, Jazz, as a brand, has consciously evolved its communication style into a more human-centric definition of digital enablement. Owing to that idea, this story becomes the next stepping stone in showcasing the actual power of the digital landscape. The campaign highlights the idea of how, through the power of digital, we are no longer a singular voice and have the power to enact actual change. Using this insight, the brand personifies the very idea of "Super" in Super 4G and showcases how, when you have the right tools of digital enablement, you can become "Super For Change"

Aamir Ibrahim CEO Jazz



By ensuring access and engagement through digital connectivity, Jazz is nurturing an inclusive culture without discriminating against religion, caste, color or gender, while bridging the digital divide and aiming for Super change. Jazz remains committed towards creating a digitally inclusive Pakistan; providing innovative digital solutions to the citizens of the country. Digital literacy, improving access to smartphones, and increasing connectivity remain one of the key priority areas for Jazz to empower millions of Pakistanis as well as foster economic growth digitally and financially.

Asif Aziz CCO Jazz



As the leading telecom of Pakistan, Jazz is ensuring digital access to everyone, enabling and empowering citizens of Pakistan. With 75 million subscribers, Jazz is creating a digital Pakistan, encouraging people to become the best version of themselves by utilizing opportunities brought forward through the digital world. Jazz is the torchbearer of Super Soch and the company is ready to change the world for the better. Hence, "Super for Change".

Rizwan FazalHead of Marketing



For the past couple of years, Jazz has been recognized for its unique marketing approach which builds trust and inspires change. We are humanizing the brand to become a digital lifestyle partner, and through our new Super for Change campaign we are bringing awareness to the people of Pakistan, making them realize the power and strength they have through digital connectivity and access, enabling them to create positive change.

Shoaib Ehsan AftabHead of Brands & Communication



The current campaign launched by Jazz manifests the idea of 'Super' in Super 4G. This campaign is very close to our hearts because not only does it represent the inclusivity that we strive for as a brand, but it also unites the masses through a single voice that echoes the sentiments of the entire nation. Super for Change is not just a campaign for us, it is a movement; to create a positive difference, an equal society where everyone is able to seek opportunities through the power of the digital world.





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Printed by Atlas Printing Press L.L.C, Dubai

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Blue ceramic case with integrated bracelet. In-house UNICO chronograph movement.















"EMILY IN PARIS WAS THE RIGHT SERIES AT A MOMENT WHERE PEOPLE HAVE BEEN SO WORRIED ABOUT ALL THE CHANGES IN THEIR LIVES THAT THE PANDEMIC HAS IMPOSED UPON US..."

ILITY COLINS

Lily Collins is enjoying the best time of her life. In September, she married her boyfriend of the last few years, director Charlie McDowell. In December, the second season of her hit Netflix series *Emily in Paris* debuted to massive viewing numbers that led the streamer to renew the show for not one, but two more seasons!



N

ow the 32-year-old Lily Collins has taken her career a step further with the release of *Windfall*, a Hitchcockian psychological thriller about a tech billionaire (Jesse Plemons)

and his wife (Collins) who arrive at their opulent vacation home just as it is being robbed by a mysterious intruder (Jason Segel). This sets in motion a shattering series of events that has profound implications for each of the three main characters.

"The film really exposes all three of us," Collins said. "We're all flawed, and the story showcases and starts to unearth how those flaws come about and that none of us are innocent. And I feel like it is about choice and the choices we make and the choices we don't make and how that does set you off on a very specific path. When one circumstance comes up, it's unexpected how that changes your course and your perspective of yourself and the world."

Another interesting element to the film is that it is directed by Collins's husband, Charlie McDowell, an experience she describes as "amazing and freeing."

Collins has also revealed that the pandemic served to bring them even closer together: "Charlie and I met just before [the first season of] *Emily in Paris* and got engaged in September 2020. It seems to me that the quarantine blew apart several couples, but in our case, our time together only reinforced what we already knew

about each other...

She added: "When there are no outside distractions, we wind up returning to the essence of who we are, without the stratifications of society. When you see someone in their best moments as well as in their worst and you stick with them, that's a wonderful thing."

Collins, the daughter of legendary British rock star Phil Collins and his former wife Jill Tavelman,

"I want to tell stories that are meaningful and empowering to young women."

studied acting at the Youth Academy for Dramatic Arts in Los Angeles. She then toyed with the idea of becoming a journalist until she ultimately decided to pursue a career in Hollywood.

Some of her most important roles have come in Mirror Mirror (2012), The Mortal Instruments: City

of Bones [2013], Rules Don't Apply [2017], which earned her a Golden Globe nomination, and the miniseries adaptation of Les Misérables.

In 2017 she published an autobiography, *Unfiltered*, in which she explored deeply personal issues and her struggles with eating disorders. She would subsequently star in *To the Bone*, playing a woman battling anorexia. Most recently, Collins co-starred in the David Fincher biopic, *Mank*.

Tell us about your Netflix film, Windfall.

LILY COLLINS: It was a very different kind of role for me, and even though Charlie was directing it I was never sure that he was going to hire me. He kept me guessing until the character was further developed and that's when I became involved and in the end wound up with the part.

You shot the film during the lockdown. What was that like?

LC: It was eerie with the way the story unfolds and how these characters are confined. It had so many parallels to the kind of anxiety we've all been feeling during the pandemic and not feeling safe or secure.

Did it ever feel odd or awkward being directed by your boyfriend whom you've since married?

LC: No, not a bit. I worried at first how it would be working together but then it turned out to be so easy and comfortable between us. It always felt like we were simply doing our jobs and collaborating on a very interesting project the way we would if we weren't together. You ►





compartmentalise your relationship and being on the set makes you focus on the work and you don't even think about anything else really until you leave the set.

You then shot the second season of *Emily* in *Paris* also under very tight lockdown restrictions in *Paris*?

LC: Even though Paris definitely felt a bit more familiar this time because I'd been there for about four months shooting the first season, obviously it was much quieter in the streets. Also, my husband and our dog were out with us, and so having a dog in a foreign city is an interesting experience because it allows you to feel more like a local in that now we've got to find places where our dog can go on walks. That made things feel more neighbourhood-y in a sense.

Even in Season 2, Emily still struggles with her French. What was your level of French like when you first began working in Paris on the show?

LC: I used to speak French in school and I started dreaming in it when I was younger. My little brothers were Swiss, so I was speaking French a lot...So it made it much easier for me when I arrived in Paris...And spending all this time in Paris has helped me improve my French and also made me appreciate the culture and the food and everything else about the life there so much more.

Did you know from the beginning that *Emily in Paris* would attract such a large audience and so many devoted fans to you and the series?

LC: I always believed that it was the right series at a moment where people have been so worried about all the changes in their lives that the pandemic has imposed upon us. We all needed an escape of some sort. The show takes a lighter approach to life and we also get to follow a young woman as she enters a completely new world and has to adapt to it and evolve with that experience. It's actually kind of the perfect time to have a series where people can share this sense of optimism and wish fulfilment with one's exploration of one's self and being in a foreign city. We needed that.

I also think that many young people and especially young women can identify with a lot of the situations she faces and the kinds of mistakes and mishaps that you're going to run into when you're still trying to figure out who you are. When you're young you face so many decisions and choices which you can't know in advance what path they're going to take you on and then you have to adjust your expectations and goals accordingly.

Do you relate to Emily on a personal level?

LC: In the past I've had a hard time switching off from work mode sometimes and Emily's a bit like that...She's unapologetically work driven and she also loves love, and she shows that don't have to choose one over the other. And I think that it's a joy and a gift when your work is something...you can also enjoy and allow that to fulfil you on many different levels.

Emily is relentless in her ability to look on the positive side of things. She's so optimistic, passionate, fun even if she's a little bit too obvious in her enthusiasm for the French. Sometimes all those attributes combined, you could say, "Oh! That sounds a little annoying." But overall she's endearing! And all of those qualities — that's who she is. She's not trying to be anything that she's



not...and it's hard to be cynical about a person who is very upfront and sincere and not worried about what anyone else really thinks of her.

You have a lot of young women fans. Do you feel the responsibility that comes with being a role model?

LC: I do feel a responsibility to speak openly and honestly about many issues and especially subjects that are important to women. I don't consciously try to set myself up as a role model, but I do want to be able to tell stories that are meaningful and empowering to young women.

I love acting and I want to be able to use this platform to speak out and continue conversations on a lot of subjects that we need to address in society. I feel very privileged to be in that position and I take that seriously.

Is there any one message that you are trying to

send out to young women?

LC: It's important that we try to be true to who we are and we need to aspire to be our best versions of ourselves. There will always be people who tell us "no" or don't have our best interests at heart, but you have to get past the negativity and the haters you are going to have to deal with in life. You need to believe in yourself and be very determined in pursuing your ambitions and not

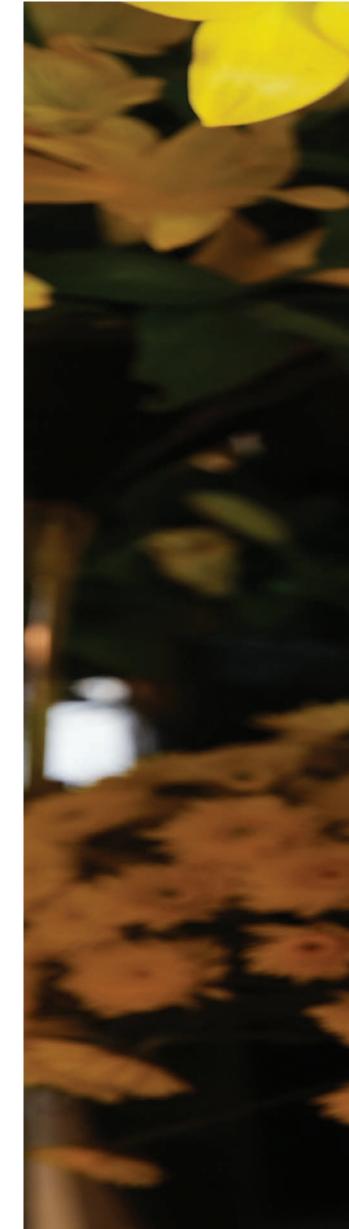
You need to believe in yourself and be very determined in pursuing your ambitions and not allowing yourself to become discouraged in the process. It's not always going to be easy, so you need to stay focused and follow your dreams.

The above comments by Lily Collins were made during the course of a Zoom chat held on Dec. 7th while promoting Season 2 of her hit Netflix series Emily in Paris. With additional comments from her Wednesday, Dec. 15th appearance at the West Hollywood Edition hotel in Los Angeles on the occasion of the advance premiere of Season 2 of Emily in Paris. Her comments have been condensed and edited for length and clarity.

INTERVIEW: JAN JANSSEN (WENN.COM) PHOTOGRAPHS: GETTY, REX/SHUTTERSTOCK "Music has always been a part of my life"

BEING ZEB BANGASH

Having made her debut in 2007, Zebunnisa Bangash is credited with seamlessly merging her training in traditional genres of subcontinental schools of music with new age sounds and techniques to create a distinct repertoire of her own







ranscending clichés and in pursuit of her childhood passion for music, Zeb Bangash is one half Pakistan's first ever female music duo. A mellifluous, authentic voice; over the course of her versatile and diverse career, Zebunnisa has garnered both public recognition and critical acclaim as a vocalist, and has also been recognized for her work as a songwriter and composer. Having recently been formally inducted into the tutelage of the legendary Ustad Naseeruddin Saami, Zeb is now all set to give wings to her craft and take it to the next level.

Tell us about yourself — your family, your friends, your childhood, your years at school and college.

ZEBUNNISA BANGASH: Our family finds its roots in Kohat, but we have long called Lahore home. As far back as I can remember, music has always been a part of my life. From being lullabied to sleep listening to the beautiful 'Dheerey Se Aaja Ri Ankhiyan Mein' in Lata Mangeshkar-ji's sweet melodious voice to singing 'Main ne pairon may payal to baandhi naheen' before the legendary Ghulam Farid Sabri ensconced in the warm comfort of my grandmother Bajo Ami's drawing room just days before my uncle's wedding, my long association with music has imbibed and

"Music is my expression, what makes me thrive as a person and makes me who I am."

embedded in me the desire to train as a singer, for it would otherwise be impossible for me to sing the songs I loved. I don't know when a hobby became a passion, and a passion became a profession but there has since been no looking back.

Your father served in the army and later as a diplomat which made you spend time in various parts of Pakistan as well as across the globe — tell us about the experience and how it shaped you as a person?

ZB: We are a large brood — I have one sister and three brothers. My father served as part of the Pakistan Army's 20 Punjab Regiment till his retirement at the rank of General. He then went on to serve as Pakistan's envoy to Turkey and Macedonia. I firmly believe each individual is the sum of his/her experiences. The kind of opportunities and exposure my father's career, both as an army officer and later as diplomat, has made available to me and my family has shaped each of us into who we are today. We have all absorbed varied nuances of each diverse leg of the journey that we've shared.

You made your musical debut at a time when women artists in Pakistan were far and few - what made you realise that music is what you wanted to pursue as a passion, one that went on to become a profession?

ZB: As long as I can remember, I have always wanted to sing. I made my professional debut at the age of nine with a multi-song recording for PTV Quetta with Jamal Shah as my producer. And a year later, I recorded my first ever album at the EMI Studios in Karachi with music composer Arshad Mahmood. Sadly, my endeavour never saw a release. Music is my expression, what makes me thrive as a person and makes me who I am — a journey that defines my past, moulds my present and shapes my future.

What in your view has and continues to shape your musical sensibilities?

ZB: The glory of classical music and the technique of *Khayal* has and continues to shape my musical sensibilities. My now over decade long learning under the tutelage of the legendary Ustad Naseeruddin Saami has made for my evolution as a musician. As has the world around me, which continues to shape my expression and makes for it to keep evolving.

What, in your view, powers your musical narrative?

ZB: For me as a musician, it is my passion that

powers my narrative – my desire to push the bar, to raise it and to keep giving it my all in a bid to excel.

Your music draws from a myriad of sources and takes a diversity of form — as a musician, how would you define your style?

ZB: At the start of my career I was likened to the great Nazia Hassan, which is such an honour. I am beyond humbled to have been recently selected to be part of a group of artists paying tribute to the legendary Lata *ji*. However as a musician, I am yet to define my body work as a specific style. I forever consider myself a student of music — one who continues to be overwhelmed not just by emotive and ethereal expression of the great masters but also the unmatched rigour of upcoming young talent. For me, each day is a new learning experience.

For you as a musician, is working with different genres similar in terms of sensibilities or is each a different animal with a language of its own?

ZB: Like every situation, each genre of music has its own sensibilities and its own rules of engagement. Obviously, you cannot sing a classical piece like a ballad or vice versa – the distinct nature of each genre commands its own respect. As a musician, I enjoy exploring and working with multiple genres to create an eclectic sound of my own.

You sing in a number of languages — is that something that comes naturally to you? Are musical nuances different in each vernacular or similar?

ZB: Singing in different languages is exactly like speaking in them – the feel, the fabric and the nuances of the vernacular cannot be mimicked. Thus far, I have sung in Urdu, Pushto, Darri, Kashmiri, Punjabi, Seraiki, Turkish and English. To me, each language represents a people and an identity. I feel extremely honoured to be able to lend my voice to their stories and melodies, especially those who don't find a strong narrative, globally.

Since 2008, I've been part of multiple seasons of Coke Studio. Each season has seen me perform in a different language — be it the Farsi classic 'Paimona' in 2009, the Pushto melody 'Dilruba na Razi' in 2016 or the soulful Kashmiri 'Roshe' in 2019, each have their own distinct character, feel and appeal to a different cross-section of listeners.

Thus far, what has been the greatest high and the biggest challenge of your career?

ZB: I first visited India in the fall of 2009 when my cousin Haniya and I landed in Mumbai. Despite no more than a single contact far removed from the industry, no plan and plenty of aspirations, we decided to make a quick trip to the fabled city of dreams. On our first night in Mumbai, we found ourselves in the hip suburban neighbourhood of Bandra. Our crumpled *shalwar kameezes*, heavy backpacks, and tentative steps made us feel completely out of place. But it wasn't long before we realised that people recognized us in this exciting foreign land – our first big embrace from a world we knew little about.

Hours later, we walked out with our phones filled with numbers of people from the industry and numerous invitations from new found friends. And just like that, everything changed; we had made it in Mumbai overnight - all thanks to the phenomenon called Coke Studio.

A year later, we collaborated with Shantanu Moitra and Swanand Kirkire to record an album post the success of our track 'Kya Khayal Hai.' And four years later, during the recording of the song 'Sooha >





Saaha' for the Alia Bhatt starrer Highway, with my childhood hero A. R. Rahman. Both these amazing opportunities came our way because these iconic musicians loved my performance of 'Paimona'.

Music transcends boundaries, the very reason why, despite diplomatic differences, melodies from across the region have continued to somehow find a way to entertain listeners and garner audiences across borders

As an artist you split time between Pakistan and the US — vis-à-vis your work, does this practice enable you to combine the best of both worlds?

ZB: Post the outbreak of Covid, the world as we knew it, has changed forever — everything is virtual. Today, I no longer really need to catch a flight to a different city or a different country to work on a collaboration or perform before an audience — all it takes is the click of a button and a little bit of doing. I recently performed before an audience of South Asia's artist fraternity at Asia Society's 'Asia Arts Game Changer Awards India 2022' from Lahore — no visa required.

Tell us about your recent performance at the Fairbreak Invitational 2022 — how did this project come about and what does it mean for you as an artist and an individual?

ZB: It is an absolute honour to be invited to headline a groundbreaking event that celebrates

"I love performing before an audience, the energy is simply unparalleled."

women's cricket. Aimed at promoting global gender equality, the Fairbreak Invitational is an ICC-approved T20 league that had six teams competing in a fortnight-long tournament with all matches having been given international status.

My passion for women's cricket began pursuing and supporting the journey of our very own girls in green who I chanced upon meeting at a luggage carousel at an airport. Seeing Sana, Bismah, Diana, Aliya and Sana Fatima championing the spirit of the game by joining some of the world's best to bring to us what is nothing short of a celebration of women's cricket, and all that it has achieved today and the immeasurable potential it has to grow into something bigger and better with each passing day, made my heart swell with pride. May there never be any looking back - onward and upward.

Looking ahead, will we see you doing more public performances?

ZB: Certainly - I love performing before an audience, the energy is simply unparalleled. I look forward to soon being back on stage before a large crowd, cultural and linguistic boundaries no bar.



OST's and soundtracks for television and the silver screen have kept you busy over the recent past — anyone in particular your favourite and why?

ZB: I hold each of my songs close to my heart and find it very difficult to pick a favourite. Be the soundtrack for *'Diyar-e-Dil'* or the more recent extremely well-received *'Sinf-e-Ahaan'* that has been internationally acclaimed as the anthem of women empowerment, each OST has found a resonance of its own. For the moment though, I have *'Kaash'* from Sarmad Khoosat's *'Kamli'* playing on loop.

Had you not been a musician, what alternatively might have been your calling?

ZB: If my degree in Economics and Art History from Mount Holyoke is anything to go by, possibly a banker on Wall Street which was my calling for a brief stint. However, being the person I am today, had I not found my footing as a musician, I

anticipate I may have been a traveller — a wanderer, an explorer, often found sipping coffee at a sidewalk cafe in some remote part of the globe, watching the world go by. Or, I may have even pursued my passion for acting, which is something I intend to do looking ahead.

Five years from now, where do you see Zeb Bangash the musician?

ZB: Crossing over to different parts of the world and creating music that will be remembered not just for commercial success but for the ability to make the listeners feel something.

What next for Zeb Bangash?

ZB: Lots of exciting new projects in the pipeline, many new collaborations in the works, both at home and abroad. It promises to be an exciting year ahead - stay tuned.

INTERVIEW & COORDINATION: YUSRA ASKARI HAIR, MAKEUP & STYLING: AANA KHAN PHOTOGRAPHS: MOEEN AHMED "It's a very scary movie. They're trying to create the scariest Marvel movie..."

ELIZABETH OLSEN

Elizabeth Olsen has added to her profile in the Marvel Cinematic Universe by revisiting her Wanda character in Doctor Strange In The Multiverse Of Madness, the highly successful film costarring Benedict Cumberbatch in the title role





eleased on May 6, the new film sees Cumberbatch's Strange join forces with Olsen's Wanda to stabilize the colliding universes. Directed by Sam Raimi of Spider-Man fame, the big budget action adventure fantasy boasts an impressive supporting cast that includes Rachel McAdams, Chiwetel Ejiofor, Patrick Stewart, Benedict Wong, and Xochitl Gomez.

"Sam Raimi is lovely and I got to learn a lot from him," Olsen said. "It was odd going from WandaVision and bringing this character to a different world that felt more based in the Marvel films. (Laughs) I felt like I was putting on old shoes. Added Olsen: "It's a very scary movie. It's like old Sam Raimi. They're trying to create the scariest Marvel movie. So there's that!"

In the trailer for the film, we hear Doctor Strange confessing to the unintended consequences of his actions: "We tampered with the stability of spacetime. The Multiverse is a concept about which we know frighteningly little. I never meant for any of this to happen."

Elizabeth Olsen has endeared herself to audiences with her striking performance as Wanda Maximoff in the Disney+ streaming series, WandaVision. Audiences were drawn to her superhero character whose powers include telepathy and telekinesis, as evidenced by flying dishes and magical transformations that were part of a series that tried to capture the spirit of bygone American sitcoms. Though Olsen was already famous for playing Wanda/aka Scarlett Witch in the Avengers

films, she also earned critical acclaim for her role as an FBI agent in the Oscar-nominated drama, $\it Wind \, River.$

Olsen, who turned 33 on Feb. 16th, is the younger sister of twins Mary-Kate Olsen and Ashley Olsen, who became famous as TV and movie stars at an early age. Elizabeth is a native of Sherman Oaks, Calif. and was an outstanding volleyball player

44 I would rather live as privately and quietly as possible. 55

in high school before studying drama at the Tisch School of Arts in New York City. Olsen is married to singer-songwriter Robbie Arnett whom she first met in 2017.

How did you adapt to Wanda's new adventures with Doctor Strange after your character lives in a very different kind of world in the *WandaVision* series?

ELIZABETH OLSEN: There is that conscious decision to learn a new element of this woman, or even of myself as an actor - something that I want to explore that I can bring to it...

My attitude was, "What can I get from this journey

with this character that maybe I haven't tapped into previously with her?" That's where I keep approaching things from so that I feel like I know that there's going to be growth of some kind, even though it all maybe looks the same to other people.

How does Wanda in this new *Doctor Strange* film relate to *WandaVision*?

EO: It feels totally connected to the series...Without *WandaVision*, *Doctor Strange* wouldn't make sense. I do feel like it fully leads into where we find her...

You've mentioned that the film takes audiences on a dark journey?

EO: It definitely became something darker – there's this horror genre feeling of constant fear and thrill and misleads and playing with the camera, playing with the perspective of the depth of field in order to make the audience feel more anxious.

You're a big fan of the *Indiana Jones* films. Does this film also take audiences on a wild ride?

EO: This is much more than a glossy *Indiana Jones* movie. I love *Indiana Jones*, but this has a darker thing going on.

You first explored your Wanda Maximoff character in several *Avengers* blockbusters. Were you surprised when Marvel honcho Kevin Fiege asked you to star in the *WandaVision* Disney+ series?

EO: I went to Kevin's office after we had finished **>**





that conscious decision to learn a new element of this woman, or even of myself as an actor.

Avengers: Infinity Wars, and he told me that Disney+ was going to be launching a streaming series, and they wanted Marvel to be part of that launch. As it turned out, he had already developed a concept for our show where Wanda's living in the suburbs and where these two people (Olsen and series co-star Paul Bettany) are trying to fit in and not be found out by the other people in town.

But I was completely shocked that we were going to be doing a TV show! Because that was totally not what we have been doing for six years. And it was such an original idea! Very different from what we've seen in all of the big-screen Marvel Universe movies.

What was it like for you to immerse yourself in the atmosphere of this idealized American suburban culture and its nostalgic kind of atmosphere?

EO: It was incredibly interesting on many levels... Paul (Bettany) and I, together with the other cast members, spent time in what I called "sitcom bootcamp."

We watched a lot of '50s and '60s classic sitcoms like *The Dick Van Dyke Show* with Mary Tyler Moore and *Bewitched* with Elizabeth Montgomery and then a lot of other great series from the '70s and '80s. But I mainly related to a much more recent sitcom - *Third Rock From the Sun* - where the family definitely doesn't want anyone to know that they're aliens.

Do you feel that *WandaVision* has been a careeraltering event for you?

EO: It's the kind of series that I really feel like I've managed to make a childhood dream come true. The point was really being able to tell a story with these superheroes already known in decades of American sitcoms, while trying to give a current tone to the narrative and maintain a playful and fun atmosphere.

How did your parents shape your sense of ambition when it came to acting?

EO: I started taking acting classes when I was eight but my parents always told me that I should only pursue acting if I really wanted it. They encouraged us to follow our inspirations and dreams but I never felt pressured in any way.

The thing that my parents insisted on was that if I chose to do something then it was important to work hard at it and dedicate yourself to your goals. I think if you want to succeed at something you need to have that kind of ambition and determination. It won't just fall into your lap.

Was it a big leap for you to go from making smaller pictures early in your career to doing *Godzilla* or *The Avengers*?

EO: It was actually kind of thrilling for me to be



part of those massive films because I grew up watching films like *Indiana Jones and the Temple of Doom* and *Lord of the Rings*. Those are some of my favourite movies of all time and I used to watch them with my brother and father.

I was always hanging out with guys when I was growing up and I was also pretty competitive from playing volleyball. I was never the kind of girl who wanted to dress up and I'm still a bit shy when it comes to going out on the red carpet and wearing fabulous designer outfits. That's really not my style.

You've taken a very different approach to how you present and project yourself as opposed to your older sisters?

EO: I would rather live as privately and quietly as possible. That's why I'm not big on social media because I would rather keep my opinions and thoughts out of the public eye and save

dinner. I like being able to have the kind of career where I'm seen as an actor rather than a celebrity.

My sisters are amazing women and they are incredibly talented fashion designers and great at business. I'm always so impressed by how good they are at what they do. But I wouldn't want to live with all the attention that they've had to endure. My life is much easier.

The above comments by Elizabeth Olsen were made during the course of her August 4th appearance at the New York Film Academy while she was promoting her new series, WandaVision, and her upcoming film, Doctor Strange in the Multiverse of Madness. With additional comments from her July 22nd appearance at the Filming Italy Festival in Santa Margherita di Pula in Italy, during which she was honoured with the Filming Italy Woman Power Award. Her comments have been condensed and edited for length and clarity.

INTERVIEW: JAN JANSSEN (WENN.COM) PHOTOGRAPHS: WENN, SHUTTERSTOCK

"THERE SHOULDN'T BE A CLASS SYSTEM IN ACTING"

YASHIVIA GIII.

On our radar this month is the versatile and talented actress Yashma Gill who first gained recognition as an artist in *Pyar Ke Sadqay*. That drama alone helped her achieve further success in follow up projects such as *Phaans*, *Azmaish* and *Bebaak*. Gill also has a special interest in animal rights and welfare, and regularly uses her platform to advocate kindness towards animals





ashma Gill considers her role in *Bebaak* to be her most recognizable performance yet. After playing a handful of negative roles, Yashma Gill will be experimenting with more positive characters in the future. With three projects already under her helt, the actress is

three projects already under her belt, the actress is taking ownership of her craft.

Flip through our pages to discover the evolution of Yashma Gill in an exclusive feature.

Yashma, how have you grown as an artist over the years?

YASHMA GILL: With each role, I think I have learned to be more versatile in my performances. I have definitely experienced growth and become more adaptive to different roles.

Which character got you the most recognition, and why?

YG: Wafa from *Bebaak*. I had to bring many nuances in that role, and that impressed people and kept them intrigued. They enjoyed the versatility of that

character.

What has acting taught you?

YG: Acting has taught me to be disciplined. It has also taught me confidence as performing in front of a camera crew requires a lot of confidence.

And what gives you confidence?

YG: Confidence comes from a lot of self-reflection.

"I have learned to own myself; my choices, my decisions and my growth as a person." For the longest time, it would come from people and what they think of me, but over time, I have learned to own myself; my choices, my decisions and my growth as a person. That is where my confidence comes from.

What makes performing scenes challenging in your view?

YG: Performing can become a challenge when I am going through a bad day, especially in terms of my mental health.

Over the years, I feel that your acting craft has evolved quite a bit. You have become more confident at playing characters in comparison to your older works as an artist. How true is this assessment?

YG: It is the same way you mature with age. Your skills develop with time the more you work. The only condition is that you should feel the need to improve.

Talk to us about your new projects.

YG: These days, antagonists are mostly driving ▶



UNPLUGGED WITH YASHMA GILL

Your favourite food? I love pizza. I can eat it any day!

A place you want to visit in Pakistan? I have always wanted to trek to Haramosh Peak. It is a beautiful mountainous peak!

Your idea of body positivity is...? Body positivity is accepting your body the way it is. It is having autonomy over your own body.

What is your definition of womanhood? To me, womanhood means courage, resilience and strength.

What do you look for in a partner? Honesty is so important to me. It is the foundation of every relationship.

How has your personal style changed over the years?

I think I have just become more comfortable wearing outfits that are unconventional. These outfits are "out of the box", and I personally wouldn't have been confident enough to wear them before.

What is key to surviving in the showbiz world?

The key is patience and consistency. Even if things may not be working out, keep trying and eventually something will turn up!

What does family mean to you?

My family means everything to me. They are my safe place and constant support. In all the good and the bad days, they are the ones I know I can always go to.



"To me, womanhood means courage, resilience and strength."

the structure of scripts, but I feel that I have played enough negative roles. I am now ready to explore a different side of my craft. I am going to be working on positive roles in the future, and have three projects in the pipeline so far. Super excited!

Are you enjoying the perks of being an actor?

YG: I cannot thank Allah enough for the respect, recognition and voice I have been given since working in the industry.

What more do you wish would improve in your line of work?

YG: There shouldn't be a class system in acting. We have categorised actors and singers according to the class they fall in. For example, people would say, "He/she is an A-list actor! That is an A-list project!" Actors become categorised because of the smart choices they make, not because of how smartly they have performed.

Actors should be recognized for their skills only. Also, if a performer has played a role brilliantly, he/she shouldn't be cast in that particular role only. Producers should realise that, and explore more diversity in roles for actors.

How challenging is it to navigate the world of show business?

YG: As a public figure, you have to be very careful with everything you say and do. You have to make sure that you are a positive influence for people who follow you. With social media, you can easily be criticised and bullied, which can affect your mental health.

Who has been a pillar of strength for you in the world of media and entertainment?

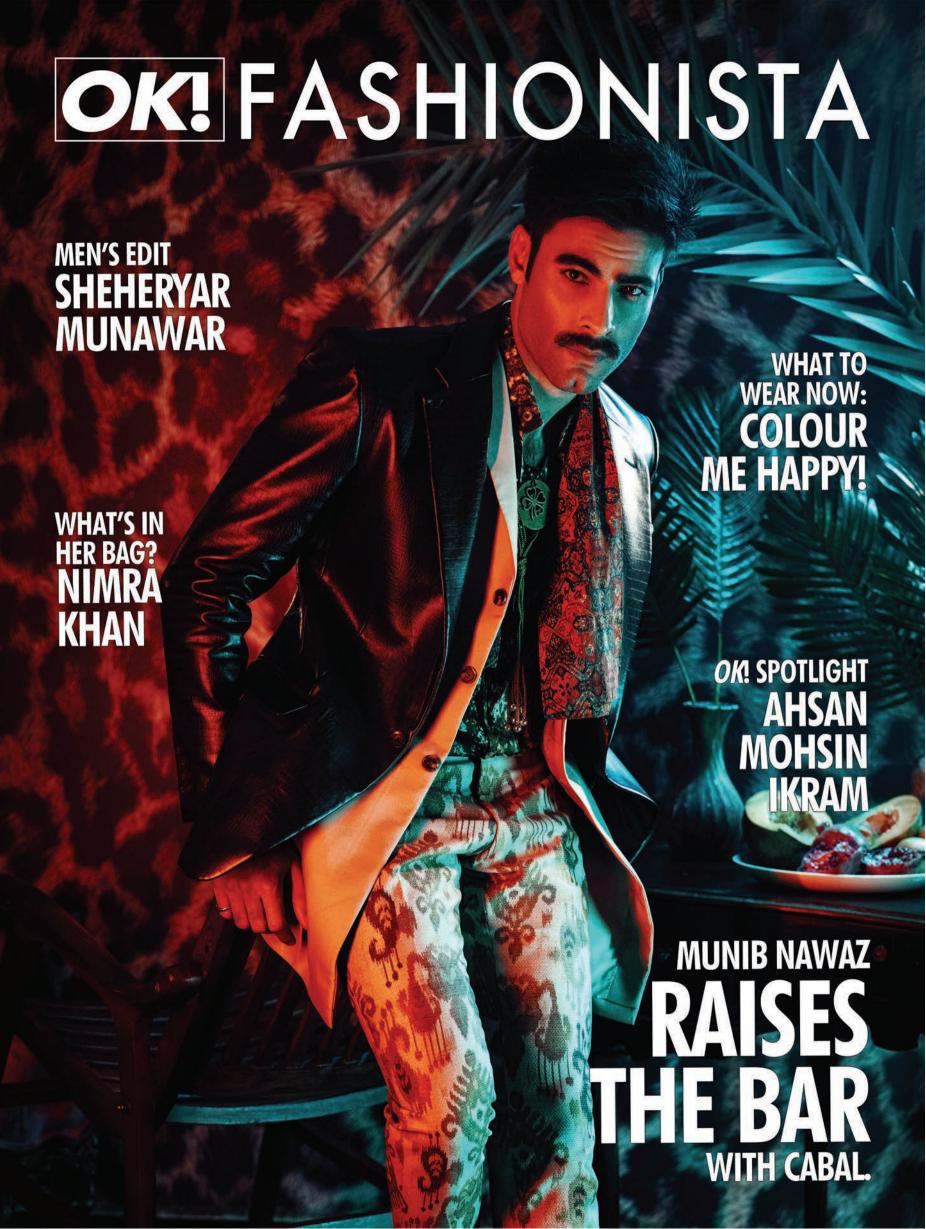
YG: I have a tendency of picking up positive things from people I work with, so there is not a particular person I can give credit to. In fact, I have learned something from every single person I have worked with!

Share your views on the evolution of Pakistani television.

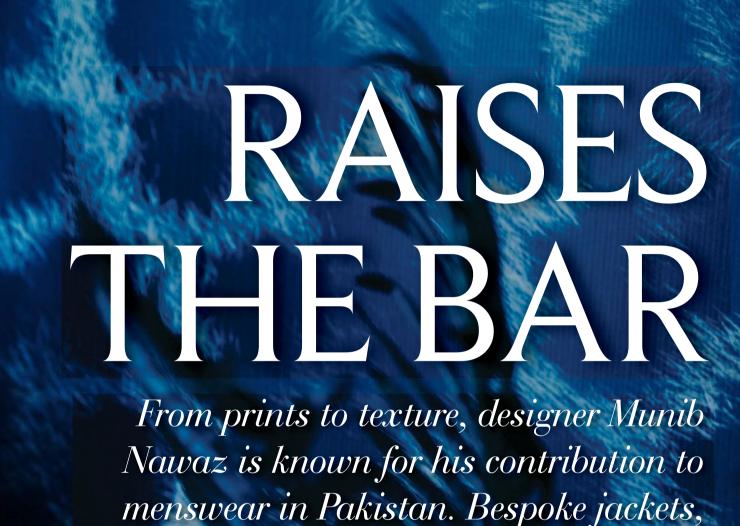
YG: I am really happy to see that there are very interesting storylines being made that are unique and out of the box. Producers are taking bigger risks now, which is good for our industry's growth.

INTERVIEW: HAIDER RIFAAT COORDINATION: DANISH MAQSOOD PHOTOGRAPHS COURTESY OF YASHMA GILL PR: MINHAS SAGHIR









tailored prints and Saville Row-esque

Cabal & why we love it!

suits give him a notch above others. Here's

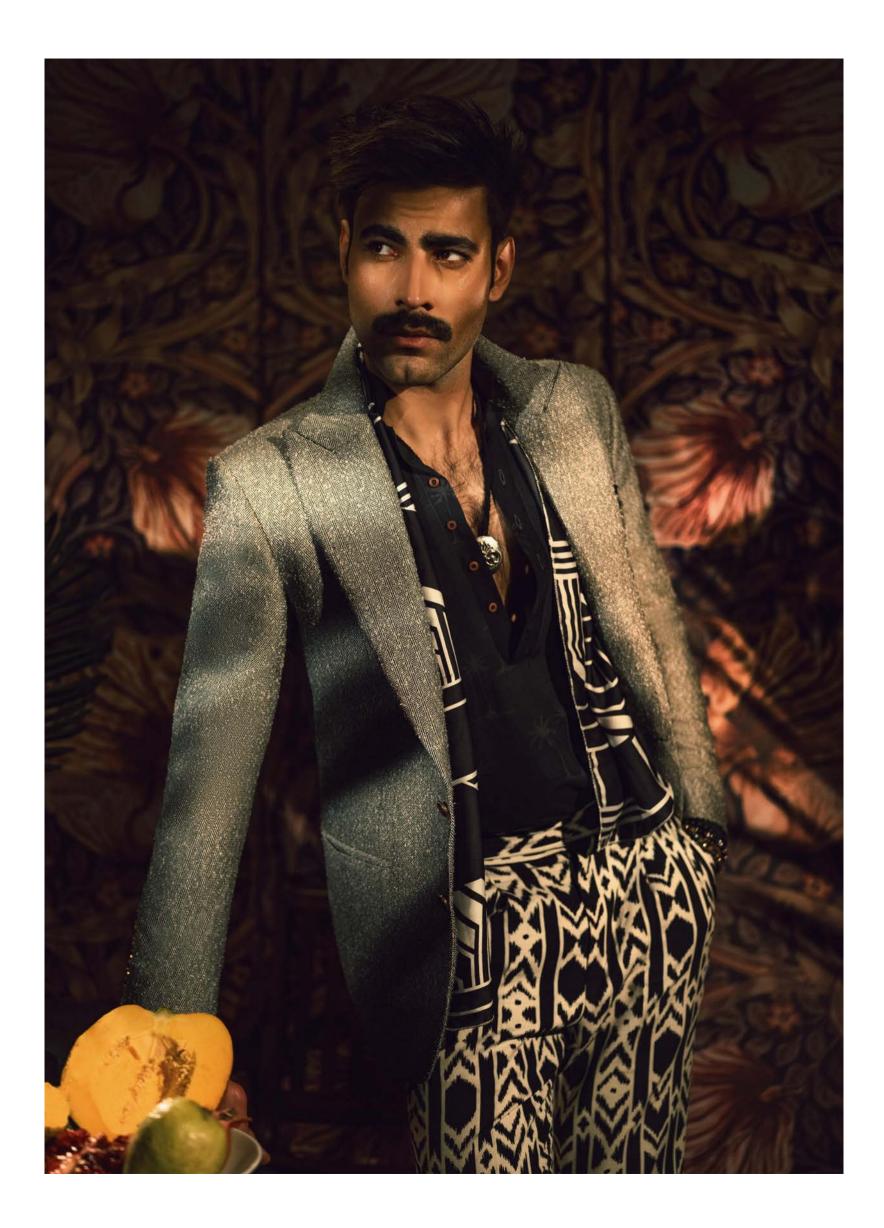
MODEL: ZAHIB MALIK
PHOTOGRAPHER: HAMZA BANDE
STYLE DIRECTOR: TABESH KHOJA
DESIGNER: MUNIB NAWAZ
GROOMING: N-GENTS
ART DIRECTOR: KAZIM HUMAYUN
VIDEOGRAPHER: MUZAMIL GAREWAL

















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OK! Red CARPET







ROCKSTARS







OK! Fashion EDIT



COLOUR ME HAPPY!

Hot summer days call for bursts of bright colours so leave those neutrals at the back of your closets and dream in tangerine, verdant greens and sorbet pinks.





STOCKISTS: ALLURE BY MHT www.allurebymht.com; ANNI LU, CHRISTOPHER ESBER, MACH & MACH, PARIS GEORGIA www.modaoperandi.com; SAINT LAURENT www.ysl.com; AQUAZZURA, AZ FACTORY, GAUGE81, NINETY PERCENT, NORMA KAMALI, ULLA JOHNSON www.netaporter.com; BOTTEGA VENETA www.bottegaveneta.com; CHANEL www.chanel.com; ESFIR www.esfirjewels.com; JACQUEMUS www.jacquemus.com; LOEWE www.loewe.com; GUCCI www.gucci.com; PRADA www.prada.com; H&M www.hm.com; MANGO www.mango.com.pk; OUTFITTERS www.outfitters.com.pk; ZARA www.zara.com; prices are approximately





MILLIE BOBBY BROWN

The MEGA Stranger Things star is no stranger to ANYONE whether you watch the show or not — and she is killing it with her style sense at every event as the new season is inching close!

Here's how to get her look:



STOCKISTS: AREA www.area.nyc.com, ESSIE www.sephora.com, AREA www.mytheresa.com, GUISEPPE ZANOTTI www.guiseppezanotti.com, NATASHA DENONA www.sephora.com; prices are approximate

KENZO

SPORTS LUXE

We love how actor Sheheryar Munawar looks effortlessly cool & sporty in this bright hued polo paired with white kicks.



STOCKISTS: DICKIES CONSTRUCT, ETRO, GOLDEN GOOSE, STONE ISLAND, VEJA www.farfetch.com; KENZO www.kenzo.com; OFF-WHITE www.offwhite.com; GIVENCHY www.givenchy.com; H&M www. hm.com; OUTFITTERS www.outfitters.com;pk; TIMEX www.mrporter.com; TOM FORD www.tomford.com; ZARA www.zara.com; prices are approximate

Straight Fit Jeans, PKR 9,000



STOCKISTS: ALEXANDRE REZA www.alexandrereza.com; AMRAPALI www.amrapalijewels.com; ANNA HU www.annahu.com; BOGHOSSIAN www.boghossian.com; BVLGARI www.bvlgari.com; CARTIER www. cartier.com; CHAUMET www.chaumet.com; FABERGÉ www.faberge.com; HARRY WINSTON www.harrywinston.com; PIAGET www.piaget.com; SUTRA WELO www.sutrajewels.com; VAN CLEEF & ARPELS www. vancleefarpels.com

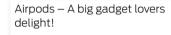


What's IN HER BAG?

Nimra Khan always has us all glued to the screen! Here's what this humble and beautiful actor has in her bag!



Lip gloss: Fenty - another woman of colour brandwv that works best with us!







Deo - because no one

Mobile Phone -Its hard to live without one!

Blush -The body shop is an old school keeper!

Secret.

NET WT. 2.6 0Z (73 g)

we need to remove

makeup

before we get

home just to

free our face!



Nabila's Zero Palette - An all in one easy to travel with palette is every girls dream!

Blush brush – better a brush than your fingers to apply blush!





Girl – an old school but refreshing necessary













Sunblock -If you're still not using sunblock, your skin won't thank you in 10 years!

Oudh Isphahan – THE go to scent all year



SHINING EXAMPLE

Have you heard? Lip glosses are back – but not as you know them. Gone are the sticky slicks of gloop from your tweenage years



Essentials

GAME CHANGER

There are very few beauty treatments I try that will draw my boyfriend's gaze away from the screen while he's plugged into his game console, but perhaps my latest mani will get his attention. OPI has teamed up with Xbox to create a 12-piece collection of polish shades, from PKR 3,500 each. They will upgrade your nails into another dimension, in highdefinition colours and intergalactic shimmers. I even subconsciously

understand the nerdy references in shade names such as You Had Me at Halo and NOOBerry.



GIVE IT A REST

A regular eight hours' sleep? You must be dreaming! Not when you've got an inner voice like mine, which loves nothing better than to pipe up at 2am to outline A: what went wrong today and B: what's likely to go wrong tomorrow. As such, I'm always on the lookout for anything to mute this mental chatter, and it's currently the turn of The Body Shop's Sleep range. It's been endorsed by the European Sleep Centre, and the four-step lavender regime certainly makes a soothing end to a stressful day. I love that it prescribes an evening shower rather than the clichéd deep bath (not happening round mine), and I find the Relaxing Hair & Body Wash, PKR 2,800, Balmy Body Cream, PKR 5,800, Calming Pillow Mist, £18, and Essential Oil Blend, £18, have me spark out in seconds. It's no miracle cure for late-night nuisance calls from Brain Central, but I find I'm less restless when using it.



TAKE A BROW!

One product that has recently divided the OK! beauty team is the new Maybelline Tattoo Brow Lift Stick, PKR 2,400. True, it won't draw on individual strokes like a pencil or stick the hairs skywards like a good brow gel, but if you're blessed with fairly full, dark brows (*smug brag alert*) like me, you might find this double-ended crayon a quick and easy way to add

a little extra definition and a glossy finish. I've chucked it straight into my handbag for eyebrow grooming emergencies.





OK! PAKISTAN · 53 prices are approximate

THE LIFE OF DUA JUNEJO

Dua Junejo is one of the hottest new influencers about town with a heart of gold who gives us a glimpse of her wonderful life!





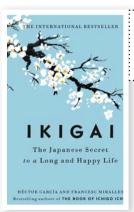


Signature scent? Christian Dior leather oud.

Last show you binge watched? Selling Sunset.



Last thing you splurged on? Aquazurra Gatsby slingback pumps.



Last book you read? Ikigai: The Japanese Secret to a Long and

Happy Life.

What's your instant mood lifter? Good music and

good food.

Guilty pleasure? French fries and Laying on my couch watching



First thing you'll do post the pandemic? Travel, Travel, Travel.





Skincare essentials? Sunscreen, moisturiser and body butter.



Favourite restaurant? Zuma.



Current song on repeat? First class by jack Harlow.

favourite film? The Great Gatsby.



Getting

in shape

or couch potato?

Definitely

getting in

shape.

weekend? A beach getaway.



Three things you can't live without? Phone, perfume and gloss.

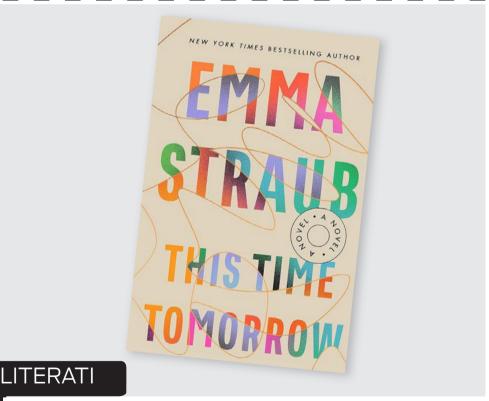
Favourite Loro Piana, Area and Oscar de la Renta.

ENTERTAINMENT



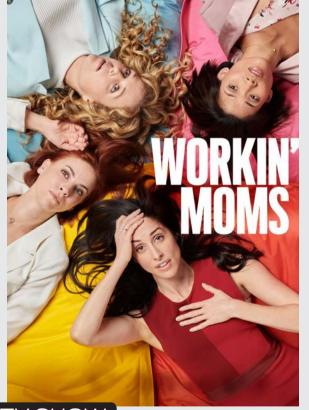
DOCTOR STRANGE IN THE MULTIVERSE OF MADNESS

ased on the Marvel Comics character, this 2022 American superhero film is a highly awaited sequel to the 2016 film, *Doctor Strange*. Starring Benedict Cumberbatch, the film is the second highest grossing film of 2022 and has received ample praise from critics with an IMDb rating of 7.4/10 and 74% on Rotten Tomatoes. Catch it in cinemas now!



THIS TIME TOMORROW BY EMMA STRAUB

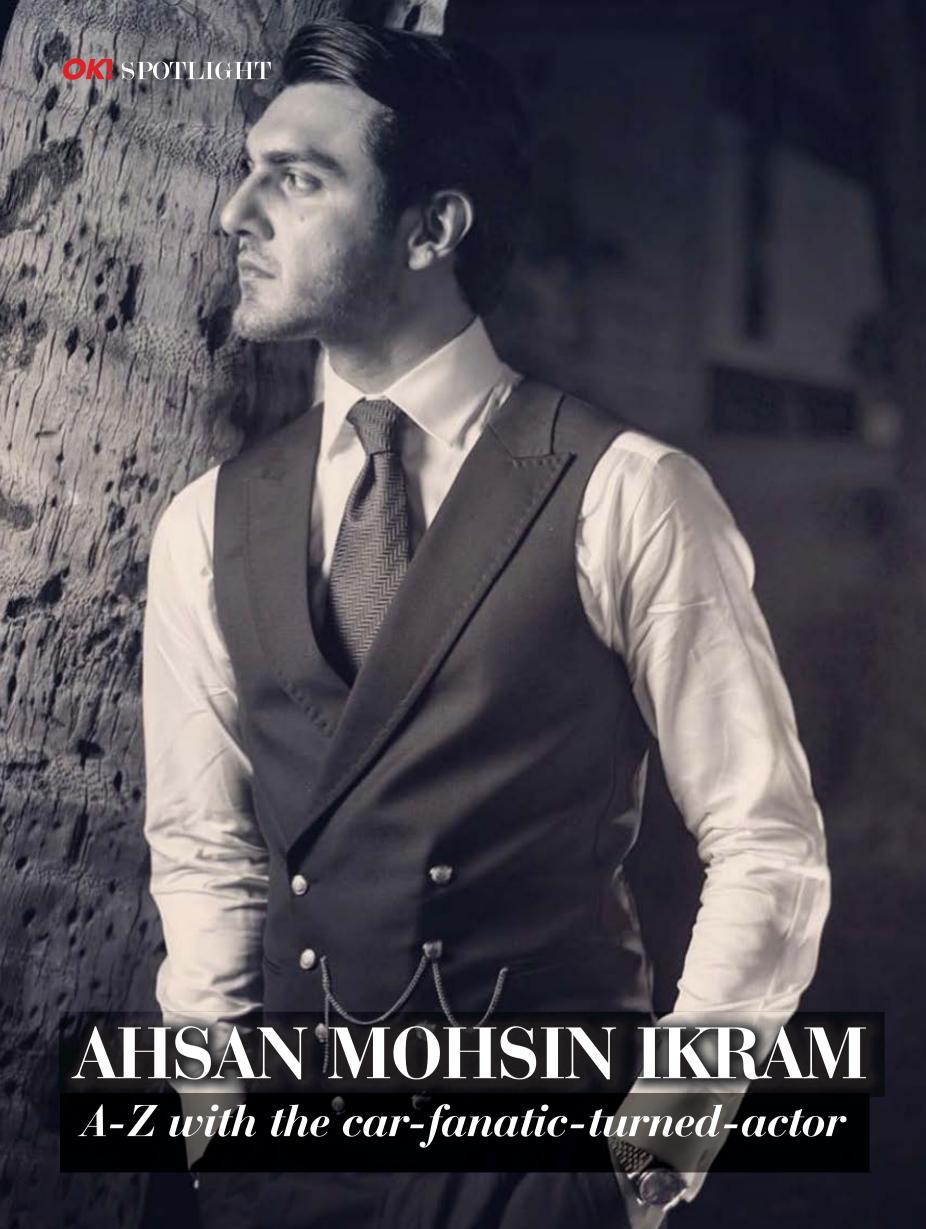
eferred to as the Most Anticipated Book of 2022 by Oprah Daily, Vogue, Harper's Bazaar, Entertainment Weekly, Lit Hub, Marie Claire and more, *This Time Tomorrow* should be on everyone's reading list and a part of everyone's book club. The book describes Alice's journey as the newly turned 40-year-old (with an ailing father) time travels to her 16-year-old self and witnesses, amongst other things, her father armed with better health. New perspectives and a fresh take on life is the theme of this book, which has an impressive Goodreads rating of 4.2/5 and a Barnes & Noble rating of 5/5.



TV SHOW

WORKIN' MOMS

he highly popular Canadian TV show is back on Netflix with season six and we want more. The new season follows the same theme as the previous seasons of a group of friends who are dealing with the challenges of being working mothers. Addictive, light, and laugh out loud hilarous, this is one show you will enjoy watching.





hsan Mohsin Ikram is an actor and entrepreneur. His journey in the Pakistani acting industry started from his early days as a model, after which he appeared in numerous television commercials, debuted in the film *Thora Jee Le* and eventually appeared in drama serials including *Parchayee*, *Mera Rab Waris* and *Pyar Ke Sadqay*. Married to the talented actress Manal Khan and well know for his passion for cars, we can't wait to see what the car junky turned actor has in store for the future.

Who is Ahsan Mohsin Ikram?

Ahsan Mohsin Ikram: Ahsan Ikram is your average Pakistani guy who's just trying to fulfill all his dreams.

How did you get into acting?

AMI: I used to do a lot of commercials as I was modelling in my teens and I got offered a movie in between so that's sort of how it all started.

Any upcoming projects in the pipeline?

AMI: Yes, I will be shooting for a web series with Minal in the summer. I'm looking forward to that in addition to a few other things that are in the pipeline.

We hear you're working on a project with your wife Minal Khan - how is your experience working with her?

AMI: I will be working with Minal Ahsan now and as for my experience working with Minal Khan in *Parchayee*, it was great. She's a wonderful actress and a sweetheart.

Thora Jee Le was your big screen debut alongside

been instilled in me by my father as he too has been into vintage and classic cars since his childhood. 77

Ramsha Khan and Bilal Abbas Khan - can you tell us about that?

AMI: Yes, it was everyone's first big step towards the big screen as we were all new comers initially and it was our first movie. The cinema industry wasn't so big at that time; it was just developing into what

it is today but nonetheless it was fun working with them and it was a really nice experience to not just work with them but also the entire team behind the production of the film.

We hear you're into vintage cars - how did that start?

AMI: Yes I am - you could call me a car junkie or a total gas monkey. My love for cars began during my childhood and I've been into cars ever since I can remember. This hobby has been instilled in me by my father as he too has been into vintage and classic cars since his childhood.

What was your first vintage classic that you restored?

AMI: The first car that I restored was a 1965 Ford Mustang convertible for myself that I got as a gift on my 18th birthday from my father.

If you were to choose between acting verses cars, which would you choose and why?

AMI: It's difficult to choose, hence I do both.

What is the fondest memory about your business?

AMI: When I opened its doors for the first time.

If you could drive one car for the rest of your life, which would it be? Why?

AMI: My favourite car is a 1966 Lamborghini Miura ▶





44 Car magazines, car magazines and only car magazines. 77

Spyder. Sadly there's only one in the world and it's parked in a museum.

What's the most unique car you have ever driven/sold?

AMI: I recently purchased and sold a vehicle, which is probably the smallest classic car in Pakistan. It was a 1955 Messerschmitt KR 200 (also known as the Bubble Car).

Favourite destination?

AMI: I feel every destination is beautiful and fun in its own way; you just have to be at the right place at the right time with the right people.

Last book you read?

AMI: Car magazines, car magazines and only car magazines.

Sweet or savoury?

AMI: Sweet.

Who is your inspiration?

AMI: All the good things happening around me and all around the world give me a lot of inspiration to be a better person.

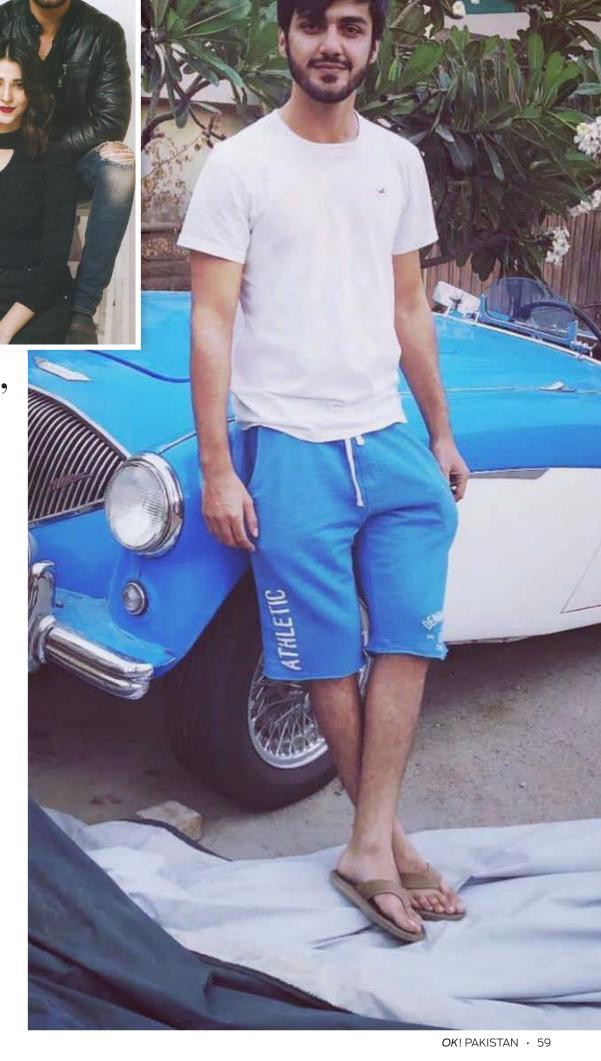
What is one thing you can't live without?

AMI: My family.

Words to live by?

AMI: Spread love not hatred, be positive, hakuna matata (means no worries).

INTERVIEW: MEHR KASSIM PHOTOGRPHS COURTESY AHSAN MOHSIN IKRAM







Granola and berry yoghurt pots



SERVES 4

INGDEDIENTS

- 200g Greek yoghurtFor the granola
- 2 tbsp vegetable oil
- 3 tbsp honey
- 1 tbsp maple syrup
- 1 tsp vanilla extract
- 150g rolled jumbo
- 50g sunflower seeds
- 50g pumpkin seeds
- 50g flaked almonds
- 50g hazelnuts
- 50g coconut flakes
- For the compote
- 200g frozen berries
- 25g caster sugar
- 1 tbsp lemon juice
- **1.** Start by making the granola. Preheat the oven to 170°C/150°C fan/gas mark 3.
- **2.** Combine the oil, honey, maple syrup and vanilla extract in a bowl. Add the remaining ingredients and mix well.
- **3.** Tip the granola onto a baking sheet and spread evenly. Bake for 20-25 minutes. Remove from oven and allow to cool.
- **4.** While the granola is cooling, tip the berries into a small pan and cook on a low heat for 5 minutes, until fruit is thawed and juices released.
- **5.** Stir in the caster sugar and lemon juice and simmer for another 5 minutes, then remove from the heat and allow to cool.
- **6.** Layer a couple of tablespoons of the granola and yoghurt in a tumbler and top with compote.

Salmon and cream cheese bagel

SERVES 4

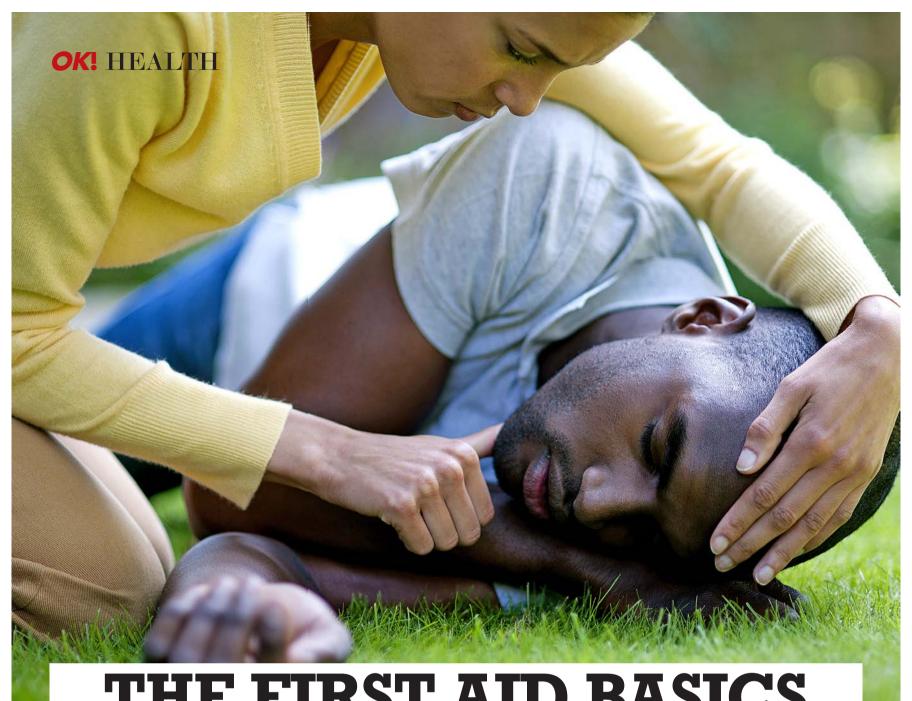
INGREDIENTS

- 125g cream cheese
- Juice of half a lemon
- 4 bagels, halved and
- 100g smoked salmonA few sprigs of fresh
- Sea salt and freshly ground black pepperFresh lemon wedges
- 75g pickled gherkins, thinly sliced (optional)

- 1. Place the cream cheese in a small bowl and add the lemon juice. Mix well to combine.
- 2. Spread each half of the toasted bagels with the cream cheese mixture, then top with a few slices of smoked salmon and a scattering of dill.
- **3.** Season well with salt and freshly ground pepper, garnish with lemon wedges and serve with sliced gherkins if desired.



STYLING: VICTORIA GRAY PHOTOS: CLIVE SHALICE



THE FIRST AID BASICS WE ALL NEED TO KNOW

DO YOU KNOW WHAT TO DO IN AN EMERGENCY? HERE ARE THE LATEST TECHNIQUES

e all hope we'd spring into action in a medical emergency. But with constant changes in advice, many of us fear we might do the wrong thing if we step in to help. Knowing some basics really can save lives.

"In an ideal world, everyone would do a first aid course to deal with an emergency, but not everyone has the time or financial means," says Dr Lynn Thomas from St John's Ambulance (SJA).

"There are good first aid apps to download, such as the SJA one, which offers up-to-date advice. The important thing to know is that if you're up to date with the guidance you really won't do any harm if you try to help."

DO CPR WITH BABY SHARK

Remember doing mouthto-mouth training at school? Now the advice is to go straight to chest compressions if someone has stopped breathing.

Lynn says, "Call 999 and put your phone on speakerphone. They'll tell you how to do compressions, putting your hands together and pressing down on the





centre of the chest.

"What has changed is the speed of the compressions. It used to be in time to Nellie The Elephant but that's too slow. Instead use Staying Alive or Baby Shark to time compressions.

"The ambulance call handler should be able to tell you where the nearest defibrillator is and if a code is needed to unlock it. Don't be scared of defibrillators. Just open it up and it will tell you exactly what to do."

DON'T VOMIT AFTER SWALLOWING POISON

If someone has drunk cleaning fluid or another poison, contrary to old advice, "Don't make them vomit and don't give them anything to drink as this could push the poison further down the gullet," says Lynn. "You should only give a little water if the lips are burnt to soothe the pain. Call 999 if you're worried and be prepared to do CPR if the casualty becomes unresponsive."

NEW CHOKING ADVICE

The old guidance was to check the mouth for obstructions if someone was choking. Don't! "You could push something further down the throat,"

warns Lynn. "Get them to cough first. If that doesn't dislodge the object, give five blows between the shoulder blades with the heel of your hand. "If that

pinch again for up to 30 minutes."

DON'T RESTRAIN SOMEONE HAVING A SEIZURE

Lynn explains, "The advice used to be to pin down someone having a seizure – if their body is twitching, their eyes may be rolled back and there may be urinary incontinence – but this could be dangerous. Instead just keep them safe by making sure there's nothing they can hurt themselves on." "Once the seizure is over, help them up and reassure them. If they're nonresponsive, put them in the recovery position and seek help."

NEW POSITION IF SOMEONE'S FAINTING

Feeling faint? Putting your head between your knees is outdated and you could fall and hit your



doesn't work, put your arms round the casualty and put your fist in the breastbone area as you perform an abdominal thrust. Alternate these methods."

HEAD DOWN FOR A NOSEBLEED

Treating a nosebleed always causes confusion — because your natural instinct is to tilt the head back to stop the blood flowing out, says Lynn. "But this makes the blood run down the back of the throat, people start coughing and feel worse," she explains. "Sit them down, lean them forward and pinch the soft part of the nose for up to 10 minutes. If it's still bleeding,

head. "Instead, if someone's feeling faint," says Lynn. "Get them to first sit, then lie down and raise their legs to push more of the blood back towards the heart." "Fainting happens when — briefly — there's not enough blood pumping around for a person to stay conscious."

DON'T POUR COLD WATER ON A BURN

We used to be told to run a burn under cold water for 10 minutes but, says Lynn, "This really hurts. People can't manage to do it for long enough to get the cooling effects. "Instead, run a burn under cool or lukewarm water for 20 minutes. It'll help to take the sting out of the burn and reduce blistering. If there's no water around, use any cool liquid. But don't use creams and never use butter. Wrap in cling film until you get medical help to keep the burn clean and stop it getting infected."

WORDS: SANDRA WALSH PHOTOS: GETTY



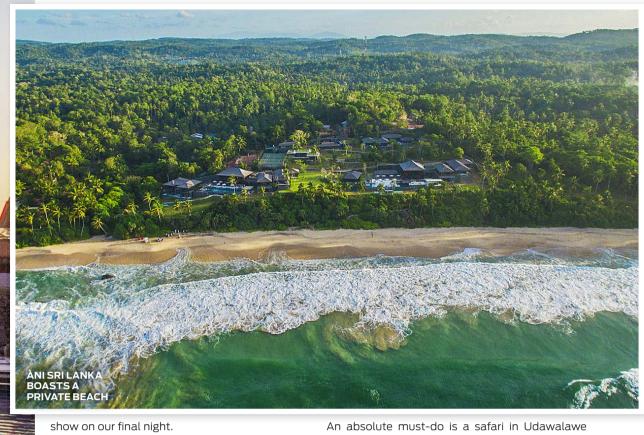


WHY GO THERE?

Picture yourself gazing out at the Indian Ocean, surrounded by palm trees and inviting pools — you could be at ÀNI Sri Lanka, a breathtaking allinclusive luxury resort on the island's south coast. The stunning property has 15 incredible suites (ours with a walk-in wardrobe that Carrie Bradshaw could only dream of) and relaxing daybeds and dining spaces galore.

Evoking a contemporary vibe with a tropical twist, the resort looks perfectly at home in its peaceful surroundings, with interiors boasting antique columns and statues sourced from across Sri Lanka. On site there's a private spa and gym, a tennis court where you can train with a pro, a games room, an outdoor shuffleboard court, dedicated children's pools and two water slides. Guests have the whole resort to themselves – including a private beach – although you might glimpse the majestic peacocks strutting their stuff, or monkeys scampering along the rooftops! The staff ensured our stay was truly memorable, from lighting an oil lamp at a traditional arrival ceremony, to the wonderful Sri Lankan fire dance





UNWIND AND RECHARGE

Spa treatments are included in your stay and if you're anything like us, you'll book yourself in for your next treatment as soon as you leave the Ocean View Spa Room. It's set up for two guests and the traditional Ayurveda massage gave us one of the most zen experiences we've ever had. Our masseuse Manjula is an expert in ancient Ayurveda treatments, which aim to create harmony within the body.

While it's tempting to stay put in the resort with an abundance of activities, such as tennis, surfing, cycling, yoga and cooking classes, there's so much to do in the surrounding area which will allow you to soak up the culture. Take a tour of the historic Galle Fort, which is included in the UNESCO World Heritage list, or visit the nearby Herman Tea Plantation for a tasting session.

National Park, around two hours away, to see wild elephants – we were so lucky to get up close and observe these magnificent animals, while also spotting monkeys, deer and so many colourful

DESIRABLE DINING

Chef Cyril and his team serve up a wonderful bespoke daily menu, catering to all food requirements or requests. For breakfast, you can opt for some Sri Lankan dishes, such as dosai at Monara cafe, or have your coffee at one of the swim-up bars in the infinity pool.

For dinner, our delicious meals included fresh fish caught that day and a traditional curry. Choose to dine under the stars on the beach under a twinkling archway of lights, or even as you dip your feet in the pool! Each day there's a new cocktail menu to sample and you can order whatever you like to quench your thirst from the well-stocked

TRAVEL LIKE A VIP

There's travelling in style, and there's travelling in the Qsuite on Qatar Airways. With closing doors around your seat, you get your own private suite with a bed that fully reclines, mood lighting, pillows and a fluffy blanket, pyjamas from The White Company and luxury skincare products from Castello Monte Vibiano.

Switch on the Do Not Disturb sign for some uninterrupted sleep and arrive at your destination as fresh as can be. And if you're setting off on a romantic trip with a partner, seats beside each other can become a double bed, while families or

After a welcome champagne, order some delicious food, such as duck confit or salmon papillote, and sample the extensive drinks menu - we pre-ordered a coffee to arrive just before landing after a comfy snooze. There's also loads of new movies and shows for you to curl up and

groups can have their own private area thanks to moveable panels. watch in total comfort. 🍱

WORDS: CATRIONA RIGNEY PHOTOS: GETTY







Where did you go? Kiran Malik: Baku.

What made you go here?

KM: We went to celebrate my friend's 40th birthday.

What did you pack?

KM: As it was a birthday with a two-day itinerary, I packed accordingly. I also checked the weather app to see if I need a coat or a cotton jacket that would work.

What was favourite meal/restaurant?

KM: All the red meat dishes at the Qaynana Restaurant in old town were delicious.

What was the biggest highlight of your trip/most memorable moment?

KM: Spending the day in old town and exploring the cobblestone streets with friends.

Favourite shopping destination?

KM: I didn't shop but there were plenty of high-end brands.

Some sights seeing?

KM: The Old City, Baku Boulevard, The Palace of the Shirvanshahs, Carpet Museum, Little Venice, Flame Towers, Bibi-Heybat Mosque, and the Fire Temple.

What are some spots for a night out?

KM: Chinar, Madrid bar, Unbar and chayki.

Travel essentials?

KM: Outerwear (such as a jacket) is a must as the weather changes drastically.

Any travel tips you would like to share?

KM: If you want to properly see Baku then get ready to walk as you won't enjoy the place as much while driving.

Secondly, I would recommend buying a very

generous and

data pack at the airport. Also, you have to build an appetite for meat as it's delicious and don't f o rget to spoil vourself at one of

Turkish

the





hammams - I highly recommend the Four Seasons hotel for that as I had one of the best experiences. OK

TEXT: MEHR KASSIM PHOTOGRAPHS: COURTESY OF KIRAN MALIK

OK! WORLD IN ACTION









PHOTOGRAPHS: MINDY SMALL/GETTY IMAGES, NBC, SHUTTERSTOCK

THE QUEEN IS ALL SMILES DURING HER SURPRISE APPEARANCE, AFTER HER LONG HIATUS DUE TO HEALTH REASONS, AT THE ROYAL WINDSOR HORSE SHOW, WHERE SHE WAS GREETED WITH A LOT OF CHEERING

HOROSCOPE & TAROT

IT'S WRITTEN IN THE STARS!

CAPRICORN



Dec 22 - Jan 20 Healing is a big theme for you. While at first, it might be hard to approach certain subjects.

this month can bring the type of healing that eventually generates growth as well as closeness. On a more practical note, this is the perfect opportunity to fine-tune your daily habits so they work better for you.

TAURUS



Apr 21 – May 21

May is a huge month for you. Right now, universe be pushing you to make big changes assist will that you in the process

of self-actualisation. Be open to synchronicities as well as doing and seeing things from different perspectives. There will be imminent change to some of your closest bonds, which can be so helpful when it comes to reviewing the reasons why you invest your time and energy in certain people.

VIRGO



Aug 24 – Sep 23 This month is set to be quite eventful for vou. You hold high standards, Virgo, so get ready to make

revisions and edits

to your current projects. Reconsider applying for a job or position you did not previously land, this transit could represent a second chance. If you own your own business, reconsider your target audience, the ways you approach it, and begin to make the necessary adjustments.

SAGITTARIUS



you've heen feeling low lately, shift this could certainly feel like an

Nov 23 - Dec 21

injection of energy. It could certainly be good for your love life. Play and have fun, Sagittarius and know that this period is more about exploring than committing to something serious.

AQUARIUS



Jan 21 – Feb 19

Aquarius, this is one of your most important months of the year. You have been learning so much this year

and the universe might quiz you once again! The very good news is that you have the gift of strategy and wisdom. You also have the gift of communication, where it will stay until late October. Nothing can stop you this month!



May 22 - Jun 21 This is a month of huge introspection for you, Gemini. Slow down and recharge. Take a

hard look at how

you carry yourself socially. There will be a moment of clarity and you will receive all the enlightened responses to your burning questions, so definitely spend some time attuning to your intuition during this

GEMINI

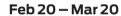


LIBRA Sep 24 - Oct 23

This month month lot relationship energy for you, Libra. You will be required to do some

work on your part, especially when it comes to healing underlying issues within some of your most important bonds. Mercury retrograde will help you go deep and get to the bottom of things.

PISCES





For you, dear Pisces, there has been a lot going on and if you've been loving the expansiveness

of it all, know it will return later in the year. But if the energy has been just too much for you, then get ready to breathe a sigh of relief. You might become aware of the negative thought patterns that are up for renewal.

CANCER





Your career goals receive help from the universe this month as both Venus and Jupiter instigate you to go after your

dreams. What you begin now could have fabulous long-term effects for the rest of the year. For the rest of the year, you might be feeling a rebellious streak building up inside of you. Follow it and live a more mystical and spiritual life.

SCORPIO



This is one of the important most months in your 2022 storvbook. Scorpio. This is one of those

Oct 24 - Nov 22

times in which the universe might request you to step up to the plate, and we all know these moments are what you were made for! Lean into the empowering feeling of liberation, because what the universe desires the most, is to set you free.

LEO



Leo! Karmic forces open close doors and unexpected events

will time-travel you to places you never even imagined. As life moves at such speed, remember that life is more fun when you lose control and allow the universe to surprise you. Stay grounded and attuned to your intuition. All you have to do is free your

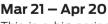
Jul 24 – Aug 23 Get ready for change,



DAVID BECKH



ARIES





success. When making plans and communicating with people, make sure you understand really well what the other person's point of view is before going off the deep



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TRÉSOR COLLECTION

ZOË KRAVITZ'S CHOICE

Actress and model, Zoë Kravitz is a standalone talent, with her own take on style. Zoë is on point, in demand - and one of the family. The shining light of Fantastic Beasts, HBO's Big Little Lies and The Batman measures every multi-talented moment with an appropriately unique OMEGA timepiece. Such as the De Ville Mini Trésor with Toile de Jouy double tour strap in red floral pattern.



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