

# OK!

PAKISTAN  
FIRST FOR CELEBRITY NEWS

ISSUE 104, MAY 2023

**KARL  
LAGERFELD**  
CELEBRATION OF A  
FASHION LEGEND

**KIRAN  
MALIK**  
"LIFE IS A  
JOURNEY"

**TOM  
HANKS**  
BEYOND THE  
SPOTLIGHT

**KAIFI  
KHALIL**

ON HIS METEORIC RISE, AND 'KAHANI  
SUNO' BECOMING A GLOBAL SENSATION







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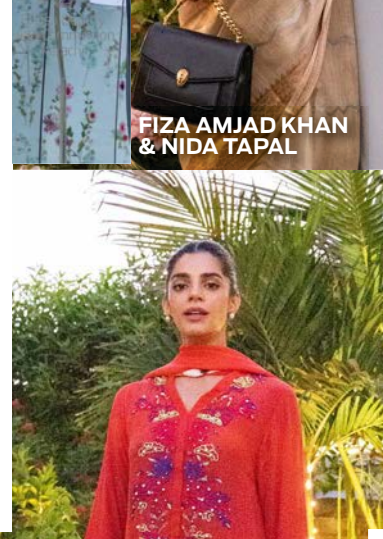
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& NIDA TAPAL



ALI GUL PIR & AZEEMAH  
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## KARACHI King's Coronation Party

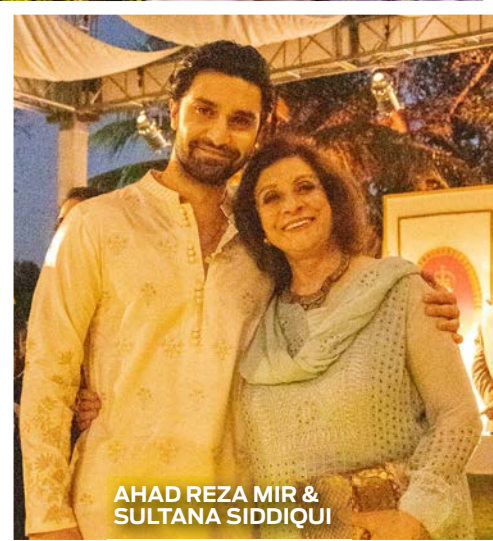
The King's Coronation party  
was held at the British  
Deputy High Commission in  
Karachi.



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ADNAN SIDDIQUI



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ALI REHMAN



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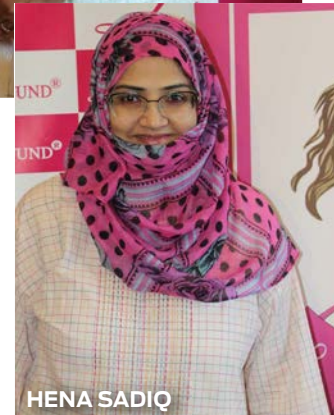


WAJIHA RIZVI

**KARACHI**  
**Eid Milan**  
Ladiesfund Eid Milan was held with 75 diverse, dynamic women across ages and sectors, all in their Eid joras. The purpose of the event was celebration of the festive event, as well as social networking.



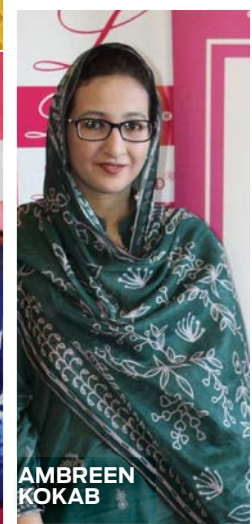
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**COOKING OIL**

# Shafaq's Promise of Food Safety

## FOOD STANDARDS SAVE LIVES

WORLD FOOD SAFETY DAY IS A GLOBAL INITIATIVE AIMED AT PROMOTING FOOD SAFETY AWARENESS AND HIGHLIGHTING THE IMPORTANCE OF SAFE AND NUTRITIOUS FOOD FOR ALL. IN UNDERDEVELOPED COUNTRIES LIKE PAKISTAN, FOOD SAFETY ISSUES POSE SIGNIFICANT CHALLENGES, LEADING TO SEVERE HEALTH PROBLEMS. ACCORDING TO THE PAKISTAN JOURNAL OF AGRICULTURE, COUNTLESS CHILDREN SUFFER FROM FOODBORNE DIARRHEAL DISEASES, RESULTING IN MILLIONS FALLING ILL AND THOUSANDS LOSING THEIR LIVES EACH YEAR. TO ADDRESS THESE ISSUES AND TRANSFORM UNSAFE FOOD INTO SAFE FOOD, IT IS CRUCIAL TO ADOPT PREVENTIVE MEASURES AND PROMOTE ADHERENCE TO FOOD SAFETY GUIDELINES.

**AVOIDING CROSS-CONTAMINATION:** CROSS-CONTAMINATION IS A LEADING CAUSE OF FOODBORNE ILLNESSES. IT OCCURS WHEN HARMFUL BACTERIA FROM ONE FOOD SOURCE SPREAD TO ANOTHER, POTENTIALLY CONTAMINATING THE ENTIRE MEAL. TO MITIGATE THIS RISK, IT IS ESSENTIAL TO MAINTAIN PROPER HYGIENE PRACTICES DURING FOOD PREPARATION.

**APPROPRIATE COOKING TEMPERATURES:** COOKING FOOD AT THE RIGHT TEMPERATURE IS AN EFFECTIVE WAY TO ELIMINATE HARMFUL BACTERIA AND ENSURE FOOD SAFETY. COOKING FOOD AT TEMPERATURES RANGING FROM 70-75°C HELPS DESTROY PATHOGENS, REDUCING THE RISK OF FOODBORNE ILLNESSES.

**SAFE COOKING OILS:** COOKING OILS PLAY A CRUCIAL ROLE IN FOOD PREPARATION, AND THEIR QUALITY AND SAFETY CAN SIGNIFICANTLY IMPACT OUR HEALTH. IT IS IMPORTANT TO SELECT COOKING OILS THAT ARE SAFE AND FREE FROM HARMFUL SUBSTANCES. ADHERING TO WHO GUIDELINES AND USING OILS THAT MEET INTERNATIONAL FOOD SAFETY STANDARDS CAN HELP ENSURE THE QUALITY AND SAFETY OF THE MEALS WE CONSUME.

### IMPLEMENTING FOOD SAFETY MEASURES:

TO ACHIEVE COMPREHENSIVE FOOD SAFETY, IT IS ESSENTIAL TO IMPLEMENT MEASURES THROUGHOUT THE ENTIRE FOOD PRODUCTION PROCESS, FROM MANUFACTURING TO CONSUMPTION. THIS INCLUDES IMPLEMENTING STRINGENT QUALITY CONTROL MEASURES, MAINTAINING PROPER STORAGE CONDITIONS, AND ADHERING TO HYGIENE PRACTICES DURING FOOD HANDLING AND PREPARATION.

### SHAFaq COOKING OIL & BANASPATI:

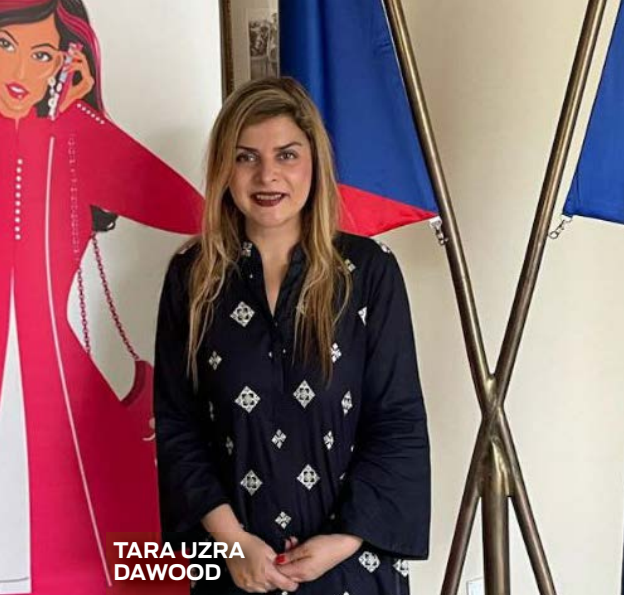
ENSURING FOOD SAFETY FOR A HEALTHIER LIFE: IN THE PURSUIT OF FOOD SAFETY AND PUBLIC HEALTH, SHAFaq EMERGES AS A TRUSTED BRAND THAT PRIORITIZES QUALITY AND ADHERES TO WHO INTERNATIONAL FOOD SAFETY STANDARDS. BY FOLLOWING RIGOROUS PRODUCTION PROCESSES, ENSURING INGREDIENT QUALITY, AND IMPLEMENTING ROBUST FOOD SAFETY MEASURES, SHAFaq PROVIDES CONSUMERS WITH THE ASSURANCE THAT THEIR FOOD IS SAFE, NUTRITIOUS, AND FREE FROM POTENTIAL HAZARDS.

### CONCLUSION:

WORLD FOOD SAFETY DAY SERVES AS A REMINDER OF THE CRITICAL ROLE FOOD SAFETY PLAYS IN PROTECTING OUR HEALTH AND WELL-BEING. IN UNDERDEVELOPED COUNTRIES, SUCH AS PAKISTAN, WHERE FOOD SAFETY CHALLENGES PERSIST, IT IS CRUCIAL TO PROMOTE AWARENESS AND ADOPTION OF PREVENTIVE MEASURES. BY AVOIDING CROSS-CONTAMINATION, COOKING FOOD AT APPROPRIATE TEMPERATURES, USING SAFE COOKING OILS, AND IMPLEMENTING FOOD SAFETY MEASURES THROUGHOUT THE PRODUCTION PROCESS, WE CAN TRANSFORM UNSAFE FOOD INTO SAFE FOOD. SHAFaq, WITH ITS COMMITMENT TO INTERNATIONAL FOOD SAFETY STANDARDS, PLAYS A VITAL ROLE IN ENSURING THE SAFETY OF THE FOOD WE CONSUME, CONTRIBUTING TO A HEALTHIER LIFE.

**SHAFaq'S PROMISE OF FOOD SAFETY.**





TARA UZRA  
DAWOOD



NASREEN IQBAL



H. E. MR.  
TOMAS  
SMETANKA



MADEEHA RAZA



KARISHMA ALI

## ISLAMABAD Ladiesfund Delegation

Ambassador to the Czech Republic in Pakistan, H.E. Mr Thomas Smetanka Ambassador, and his wife, invited a LADIESFUND delegation of dynamic women leaders across fields to his residence for a roundtable discussion and dialogue.



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**“Real love happens only  
once in a lifetime”**

# KAI FI KHALIL

*In an exclusive conversation with OK!  
Pakistan, Kaifi talks about his music  
and his journey*









**B**orn and brought-up in Karachi, this distinct soulful voice hails from a family of Baloch musicians who call Lyari home. On the heels of a difficult childhood, the loss of his father and after years of uploading his music to YouTube, it was in 2022 that the 26-year old singer, song-writer and composer Kaifi Khalil first rose to fame as part of the ensemble behind Coke Studio's super-hit '*Kana Yaari*' – a song he also wrote and composed. There has since been no looking back. With his chart topping '*Kahani Suno 2.0*' that followed, Kaifi went on to become a household sensation with his widely acclaimed single topping the charts not only in Pakistan but also in India and Bangladesh.

**How, in your view, did Kaifi Khalil become the person and the professional he is today?**

**KAIFI KHALIL:** Never in my wildest dreams did I ever imagine I would become so well recognized or I would get the amount of love I am receiving today. I am beyond grateful to the Almighty for

bestowing me with so much success. Whatever I haven't been able to communicate in person, I have been able to convey through my melodies. I had this hunger inside me to verbalise my emotions in my melodies, in my tunes, and I was so focused on creating them that I never thought

“My upcoming single is Kahani's kahani.”

how, when and where this God given gift would take me in future.

**In your view has the super-hit '*Kahani Suno 2.0*' changed your life?**

**KK:** When I penned '*Kahani Suno*', I wasn't entirely sure if audiences would relate to the lyrics. As part of an emotionally detached and

somewhat desensitised society, people poke fun at anyone who openly dares to talk about love and loss, which is not very often. I was therefore initially afraid to verbalise my emotions, to pour out my heart, but something inside me told me to just do it as there are others who can relate to these emotions, to these sentiments. There are countless others who, like me, wanted to pour out their hearts but just couldn't, and that just changed everything.

**Were you expecting the song to become the international rage it did?**

**KK:** For me personally, with regard to music, fame and popularity aren't considerations. However, I do always try to stay positive and even if a few people appreciate my work, I am content and thankful. Audiences have played a huge part in the unprecedented success of '*Kahani Suno*' both at home and abroad.

**In your view, can you only fall in love once?**

**KK:** People can fall in love more than once, but ►











“ I have always been extremely close to both of my parents. ”

real love happens only once in a lifetime.

**What is your next melody about – another ballad or something different?**

**KK:** For me, my upcoming song is a deconstructed narration of what happened in 'Kahani' and who played what character in that story. I feel once the song is released it will be easier to understand. For the moment, it would be safe to say my upcoming single is *Kahani's kahani*.

**For artists, do you believe life's trajectories are responsible for the tunes, melodies and music you create?**

**KK:** Yes! Individuals and artists alike better understand the complexities of life after going through the most strenuous and demanding journeys. Hard times are teaching experiences which enable and equip us to navigate our lives, and as artists tell us how to keep our art alive. It's the work of an artist to be an empath first and tough times make to create such realisations.

**Who is your favourite artist/musician and why?**

**KK:** Every artist in their own capacity and genre of expertise is doing great work. Like each individual, all artists have their own story and their own individual and personalised projection of it. As artists, with regard to our music, we each play the character of our own stories – some of us singing in pain, others in bliss, and some in indifference, all different aspects of different stories.

**What powers and drives your creative sensibilities?**

**KK:** I am still learning, and I don't want this desire to learn to ever end. I want to keep writing songs and composing music that audiences can relate to – this so I can become a part of their life and their journey.

**Who is your support system?**

**KK:** My family. I have always been extremely close to both of my parents. Even after my father's demise I feel close to him – even today, he continues to watch over me and guide my way. I hope that is forever the case.

**What, in your view, is the key to success in today's world?**

**KK:** In today's world, education is the key. However, I do believe education alone is not enough sans compassion. I am a firm believer that each individual has to make an effort to be a better human by constantly scrutinising one's own behaviour and actions towards others. And it is this self-examining trait with the love for others in one's heart that actually makes someone human. **OK!**

INTERVIEW: YUSRA ASKARI  
MAKE-UP: WAQAR AHMED BUTT @ PARAGON SALON LAHORE  
FIT: OFFICIAL BAROOD  
PRODUCER: HUMAIMA MALICK  
PHOTOGRAPHS: ARSLAN AZAAN











**"I THINK I BRING A SENSE OF QUIET  
HOPEFULNESS TO MOST OF THE  
CHARACTERS I PLAY"**

# **TOM HANKS**

**The actor's first novel, "The  
Making of Another Major Motion  
Picture Masterpiece" offers an  
insider's look at the film industry**





**W**hen you've accomplished as much as Tom Hanks has over the course of an illustrious acting career, you can be forgiven if you want to try your hand in another medium. His new book draws on his own on-set experiences dealing with egotistical directors, eccentric writers, tantrums, and the usual kinds of creative differences that can wreak havoc on a film production, Hanks makes a solid, if cautious, debut as an author.

"I've made enough movies that I've collected so many stories that literally begin with 'How did you get started? What was your first job?' — and out of that comes all of humanity," Hanks says.

"Masterpiece" is technically Hanks' second book. He previously wrote "Uncommon Type," published by Knopf in 2017, a collection of 17 short stories whose common thread is the presence of a manual typewriter. But cranking out a novel proved to be a much more daunting task.

"It's easy to write a novel, you just have to put in the time and the blood. But writing a novel that everyone wants to read, that's another story."

The 66-year-old Hanks was last seen starring in the comedy-drama *A Man Called Otto* earlier this year. He currently has five new projects in the pipeline including *Here*, directed by Robert Zemeckis and co-starring Robin Wright, Kelly Reilly (*Yellowstone*), Paul Bettany, and Michele Dockery. He's also producing *Masters of the Air*, a WWII drama starring Austin Butler as a fighter pilot commanding one of the Flying Fortress aircraft that flew numerous sorties over Germany. In addition, Hanks is co-producing *My Big Fat Greek Wedding 3* together with his wife Rita Wilson.

"The Making of Another Major Motion Picture

Masterpiece" is now available via Amazon and via UK booksellers.

**What do you think is the biggest public misconception about how a movie gets made?**

**TOM HANKS:** Most people think that a movie reels out like a Broadway play does or a performance of an opera. In those cases everybody knows exactly what they are, where they need to be, how they need to do it. But movies are a long series of accidents that you don't expect, as well as, occasionally, something that goes off exactly as you planned. It's all things all at the same time.

**Have you seen a lot of chaos on a film set?**

**TH:** I've been pretty lucky to have worked with a lot of great directors and producers who have run a tight ship and not let things get out of control. But sometimes there are going to be eruptions of what are politely known as "creative differences" — where you get into arguments over particular scenes that are just not working out.

Usually it happens when the script is not really locked before you begin shooting and that leads to problems. But like I said, I've been pretty lucky to work with talented people and I've managed to avoid the kinds of nightmare projects that some people have had to suffer through.

**The protagonist of your novel is a nasty and selfish hero working on a big-budget superhero movie. Have you witnessed a lot of incidents and the kind of bad behaviour that you describe that that character displays in the book?**

**TH:** I've behaved like that myself on occasion, I didn't need to think about other people or invent moments where you're rude and inconsiderate of other people. But you're going to have days like that when, for

whatever reason, there are things weighing on you in your life and you can't live up to the image of being polite and funny all the time. Not that I mind that people expect that from me because that's what I aspire to.

**What's the hardest time you've ever had while making a movie?**

**TH:** The hardest work I've ever done as an actor, or a human being, has been recording Woody (in the *Toy Story* film). When you're working as a voice actor and sitting in a sound booth, you're asked to keep repeating the same line over and over again to create different cadences and different rhythms that give the director as many options as possible.

Sometimes I've had to repeat the same line 80 times which is not that much fun by the time you get to number 67 or so. (Hanks then launches into the voice of Woody and delivers multiple versions of the phrase, "Ah, for crying out loud, Buzz. Get back in the box.")

**You're one of the most beloved actors in the business and you've starred in some of the best movies that have been made in the last 40 years. Do you have any favourites that you like to watch?**

**TH:** No. I have no patience and I keep thinking of things I could have done differently. So that drives me crazy, and you'll find a lot of actors who can't stand watching their own movies. But if someone forced me to watch one of them, I would probably pick *That Thing You Do* because I was able to work with my kids and a lot of my friends on that. Also, I still have vivid memories of my son Truman being born in between two scenes that we shot on that movie.

**What do you think is one of the main qualities about you that has helped endear you to ►**





**“For me, the  
true measure  
of success  
is artistic  
longevity.”**







# “I try to stick to the path that’s taken me this far.”

## audiences?

**TH:** (Laughs) Not that I want to gush over myself, but I think I bring a sense of quiet hopefulness to most of the characters I play. I hate cynicism, which I think is one of the worst things that has begun to take hold of our society.

I’m not an optimist, but I’m definitely not a cynic. Cynicism seems to be the default setting in modern culture...and that just makes everything so much harder and just adds to our malaise.

It doesn’t help in any way to bring that kind of attitude to life because it’s so easy to think the worst, expect the worst, and don’t get out and change things and try to do better.

I believe 73 percent of humans want to do the right thing. The rest screw it up.

## What was your inspiration to take a stab at writing your first novel?

**TH:** It was Nora Ephron. I loved working with her, and she was just so smart and funny and interesting to be with. She was really the inspiration for me and I mention how much I owe to her in the acknowledgements in my book. I still think about her every day. She was a wonderful person and I think everyone who got to know her misses her.

## You grew up in a family that was constantly moving around a lot. Did that ever adversely affect you?

**TH:** You know something, that kind of thing sometimes can have a bad effect on children to keep having to pack up your stuff and settle into a new place. That’s especially true when kids feel anxious and insecure about having to go to new schools and having to make new friends and fit in.

But I never had that experience. I was usually excited about moving to a new apartment and also making new friends.

## What was your home life like?

**TH:** I was on my own a lot. My parents were divorced and my dad was not married for the better part of two and a half years. So me and my older brother and older sister, we were these feral latchkey kids. But we didn’t get into trouble. We were not delinquents or anything like that.

But essentially Dad (who worked as a chef) would say, “There’s some frozen steaks and a can of tomato soup, and that’s your dinner.” Then we wouldn’t see him because he was working at the Castaway restaurant in Jack London Square.

Sometimes that could get a little lonely and that’s why I think I started using humour as a way of connecting to other people. But I have pretty good memories of growing up.

## Do you love your job more when you get to play great real-life figures like Sully or Jim Lovell (in Apollo 13) or characters who are just as uplifting?

**TH:** I’m very lucky because I feel that every film is a new adventure and a new experience. It’s great to be able to keep doing something that you love to do and

have that kind of creative satisfaction. It never gets boring.

For me, the true measure of success is artistic longevity. I don’t like to look back on my past work because there’s nothing I can do to change that and the only thing that really matters is what kinds of work you’re doing now and in the future. I try to stick to the path that’s taken me this far – I hope it keeps working for me.

## You and your wife Rita Wilson have raised two children together. Has it been hard to keep your status as a movie star separate from your home life?

**TH:** We’re not the kind of family where we have posters of our films on the walls of the house. But having said that, my wife knew she was marrying an actor and not a dentist. And my children learned from a young age that their dad had a funny job.

They always knew that I was working on a film because my haircut would be different or I’ve had to grow a moustache. But this is the kind of job that gives us the opportunity to spend free holidays in

Budapest or Morocco. But I think the best way that I’ve been able to have a good and balanced home life is to have eaten breakfast together.

## You seem to have a sense of dignity that you’re able to channel into characters who ultimately embrace the best elements in human nature?

**TH:** I’ve always had the feeling that you have to be respectful and aware that other people have it tough, and maybe much tougher than you, so it keeps you from becoming arrogant with whatever success you have in life. You’re still very aware of how lucky you’ve had it, and that other people have to struggle. I still remain guardedly optimistic about life. **OK!**

*The above comments by Tom Hanks were made during the course of his appearance at the City Arts & Lectures at the Sydney Goldstein Theater in San Francisco on May 16, 2023 where he was promoting his new book, “The Making of Another Motion Picture Masterpiece.” With additional comments that Tom Hanks made during the course of a Dec. 7 Zoom chat while Hanks was promoting his new film A Man Called Otto. His comments have been condensed and edited for length and clarity.*

INTERVIEW: JAN JANSSEN/WENN  
PHOTOGRAPHS: WENN, SHUTTERSTOCK











“ I’m learning life as I go, wanting happiness around me with a gentle ambition. ”

# ZOYA NASIR

*The Pakistani actress discusses getting into character, challenges she’s faced, her toughest role to date, and so much more...*





**Z**oya Nasir is a Pakistani actress who has been exposed to the world of acting since she was a young child. At the age of five she could be seen performing dance moves and acting out scenes on the side while cameras were rolling on set. It really is no surprise that acting is Zoya Nasir's true calling. In an interview with *OK! Pakistan*, the actress shares her favourite role to-date along with the most challenging one, how she gets into character, the kind of scripts she's most attracted to and so much more...

#### **Who would you say Zoya Nasir is?**

**Zoya Nasir:** I'm learning life as I go, wanting happiness around me with a gentle ambition. So basically self-content is Zoya Nasir personified.

#### **Who inspired you to take up acting?**

**ZN:** I grew up on sets. The golden era of Lollywood, if you would, as my dad is a screenwriter. Ever since I've seen the camera roll I knew I wanted to be an actor. I would hold dupattas and sing along the songs or act out scenes from an age as young as five.

#### **What do you feel is your biggest achievement?**

**ZN:** My biggest achievement is yet to be achieved but to this date I think it's our family's combined effort to meet once every year. We are spread around the entire country with my four elder siblings with a total of 11 children. Doesn't make it easy. It's priceless. I've seen siblings drift apart and we haven't. That's an achievement Alhamdulillah.

#### **Which role was your favourite - Annie from *Badzaat* Or Sameen from *Mere Humsafar*? Why?**

**ZN:** Both are very different from each other to be compared. Every role I do is my favourite as I put my heart and soul into it. But I was surprised at the feedback I got as Sameen. It was a tough role to perform. Unlike Annie's loud character, Sameen was monotonous, serious and simple. I hadn't done it in a long time so found it really challenging and when people loved it, I felt exhilarated. However, I'm proud to okay Annie as well. Playing such a high maintenance role isn't a piece of cake either.

#### **What is your greatest strength and weakness?**

**ZN:** Trusting anyone too easily is my greatest weakness. My family is my greatest strength, especially my parents and my eldest brother. I can't imagine a world where I exist without them.

#### **What type of scripts attract you the most?**

**ZN:** Strong substantial roles or comedy. None of that damsel in distress.

#### **What are the steps you take to tap into one of the characters on screen?**

**ZN:** To step into the character, first of all, I read the script two or three times because I really need to understand it. I need to justify the character's actions and what they say because most of the time I'll be reading a line and be like, "this is not how I would respond". So I need to tell myself that it's not me. It's the character that's responding, not me as myself. So basically that character's

personality is different to mine. In order to become the character, you really have to understand the personality tangent of that character and act accordingly to justify all of their moves and all of their actions and thought processes. Some are serious, some are territorial, some are spoiled, some are ambitious, some are territorial and some are kind of negative because they are threatened. So all these characters are different personalities. That's how you become the character. It changes your body languages. It changes your style of talking. That's what it is. The character is a whole living person with a different personality, not yours, but somebody else's.

#### **Did you face any challenges in this field? And how did you overcome them?**

**ZN:** The only challenge I faced was the challenge of becoming the character. I really had to learn the difference between becoming the character and just practicing lines. It made me a better actor.

#### **If you had the opportunity to work with any actor of your choice, who would it be and why?**

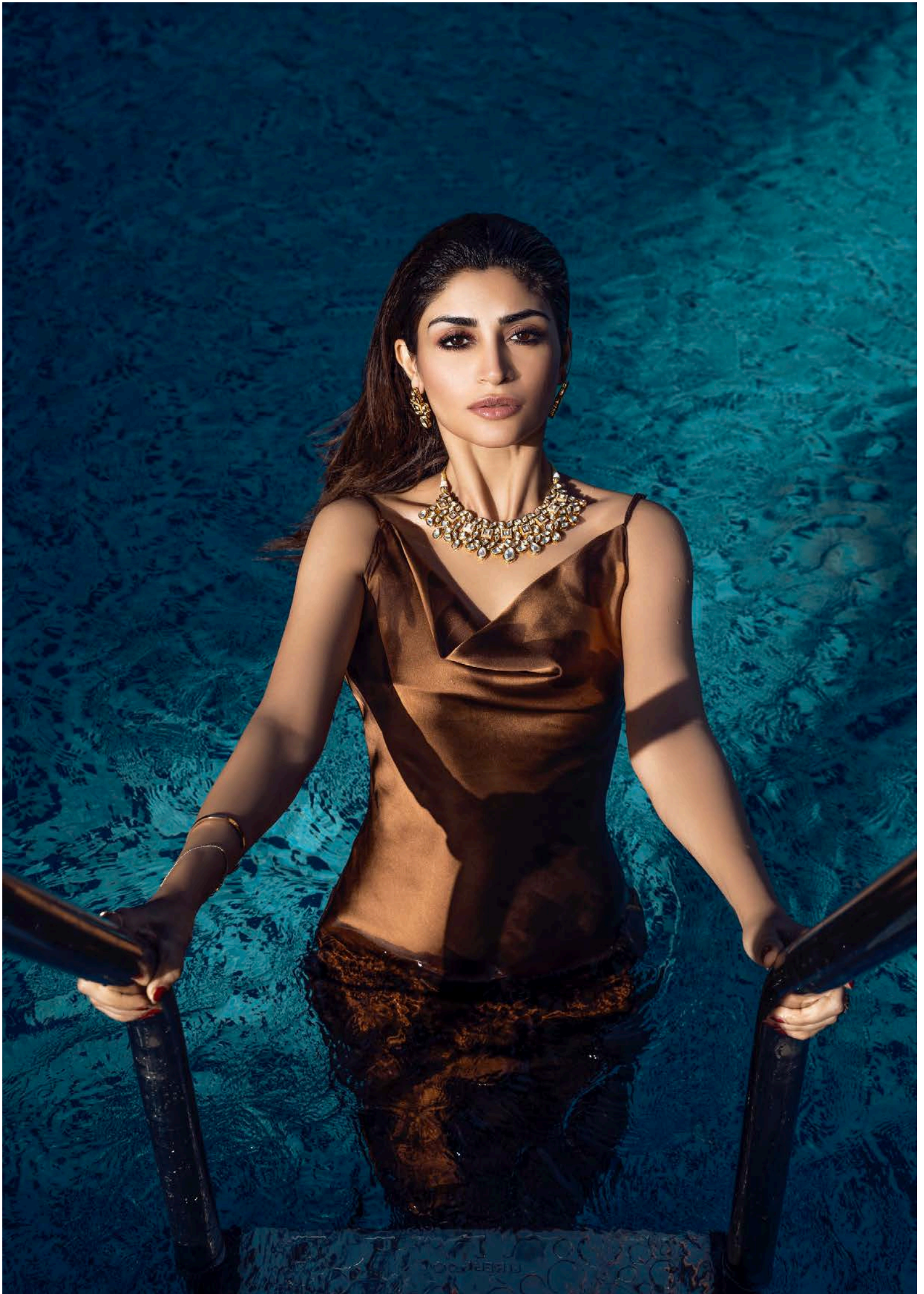
**ZN:** I would love to work with Junaid Khan again. He's so easy going, he doesn't give anyone a tough time, he's funny and he can do any role to perfection.

#### **Any plans of coming on the big screen?**

**ZN:** So far, none. However, if I stumble upon something great then why not?

#### **Do you think it's an artist's responsibility to**









**“ I don’t imitate  
or take inspiration  
from anyone when it  
comes to acting. ”**



**speak about matters that might be of public interest - politics, current affairs, human rights, etc. ? If so, why?**

**ZN:** The artist should speak up because we are the face of the nation in a way. As an artist you tend to have an influence over people including your fans, especially with Instagram, Twitter and Facebook. Those people listen to you blindly. However, before giving your opinion or raising awareness, I think an artist should be well aware of the matter - be it human rights, animal rights, or political views.

**At a very young age you have gained a lot of success. Do you think that has changed you ?**

**ZN:** Thank you so much for acknowledging my success and of course it has changed me. It has humbled me. It has “unspoiled” me because now I know the real world, the good and the bad that comes with it, and how when you really want something it's that much harder to get.

**How do you balance your personal and work life?**

**ZN:** It's really hard but I try. If I end up doing two plays at a time then I literally have no life. The working hours are tiresome and then you have to be prepared for the next day. It sucks all the energy for anything else to do. I've missed major events, like my siblings' birthdays, or my neices' sports day, family reunions and weddings. That being said, sometimes I'll be free at a stretch for upto two months and I always make sure to make up for it so that's my own way of keeping the balance.

**The entertainment industry is said to be full of stress and pressure. What do you do to tackle the pressure that comes with your work?**

**ZN:** I think all professions comes with their own challenges and I'm not the best at working under pressure or in a toxic working environment even though I'm a hard worker. When things get too much for me to handle on my own, I turn to my mother or my brother and they guide me through.

**Describe your most challenging role to date.**

**ZN:** The most challenging role for me was Sameen because she was very well-balanced and it was hard for me because it could have come across like I wasn't acting at all or she could have appeared to be very boring with a lack of personality. I think when you're doing negative characters or playing the role of a damsel in distress, or even comedy, it's a lot easier so Sameen's well-balanced role was very challenging for me compared to all my other roles. It was a very well-written role but one that was hard for me to do.

**Who do you consider to be your role model? Whose career you would like to emulate, and why?**

**ZN:** I don't have just one role model. I have loads of them and it would be a long list. Also, I wouldn't want to emulate anyone else's career. I would want to carve my own path and make a name for my own self.

**What has been your favourite role to date, and why?**

**ZN:** Narmeen in *Dobara*. Even though I had very little screen time, the contrast in the beginning compared to when I re-enter was written and directed to perfection. It was a joy to work with Danish Nawaz, all the actors and the entire crew - everything about it was great.



**Describe your acting style.**

**ZN:** I want to say I can be theatrical, dramatic and organic, and purely Zoya Nasir. I don't imitate or take inspiration from anyone when it comes to acting. I just channel the character that I make up in my head.

**What are you passionate about?**

**ZN:** Acting, my salon, my place, my family and my friends.

**Who is your celebrity crush?**

**ZN:** Fawad Khan.

**What's your biggest pet peeve?**

**ZN:** When people spell my name with an “x”. It's Zoya not Xoya.

**Favourite perfume?**

**ZN:** Trésor Midnight Rose by Lancôme. Sadly it's been discontinued and I'm down to my last bottle.

**Go-to label?**

**ZN:** In Pakistan it's Lama, Outfitters, Limelight, Khaadi or whatever wonderful things my mom gets me to wear because she knows what I like.

**Coffee or tea?**

**ZN:** None. I've lost my tolerance for caffeine. One cup of chai starts giving me palpitations.

**If you weren't in this industry, what would you be doing right now?**

**ZN:** I would be a beautician and a salon owner, which is what I've actually been doing since before I became famous or started my career in acting.

**What's the most interesting thing you've read or seen this week?**

**ZN:** I was sent an article by a friend according to which I have left behind two kids in the United Kingdom. It's definitely not true. Other than that, I'm re-reading my favourite book, *Digital Fortress* by Dan Brown, for the fourth time.

**How would you like to be remembered?**

**ZN:** I'm not sure at the moment. I'm discovering myself as I go. But I would like to be remembered in good light. **OK!**

INTERVIEW: MEHR KASSIM  
STYLING: RIDA AURANGZEB  
PHOTOGRAPHS: ARSLAN AZAAN  
HAIR & MAKE-UP: ZOYA NASIR







# KARL LAGERFELD: A CELEBRATION OF A FASHION LEGEND



*As The Metropolitan Museum Of Art  
honours the late creative director of  
Chanel, OK! looks back at the icon's  
incredible carrer*





**F**ashion's biggest night out, The Met Gala, returned for another year this week and the eagerly anticipated event in New York certainly caused a buzz in the fashion industry. As well as the intense speculation about which A-listers would (or would not) be in attendance, the theme of the night, Karl Lagerfeld: A Line Of Beauty, was also on people's lips. The gala honoured the artistic brilliance of the late German designer who was at the head of some of the world's biggest fashion houses, including Chanel, Fendi and his own namesake label, when he died in 2019, aged 85. He was also rumoured to have left some of his £153 million fortune to his beloved cat Choupette, who was, of course, formally invited to this year's Met Gala as a VIP guest.

Paying further homage to Lagerfeld, The Metropolitan Museum Of Art announced that The Costume Institute's spring exhibition, open to the public from 5 May until 16 July, will highlight the genius behind his complex creative process. The show – also called Karl Lagerfeld: A Line Of Beauty – will display more than 150 original garments accompanied by some of his famous fashion sketches from his early career in the 1950s to his final collection for Chanel back in 2019.

But who exactly was the man with the signature white ponytail, black fan, black sunglasses and fingerless leather gloves, whose most beloved companion was his blue-eyed cat? We take a look at some of his most iconic fashion moments, and

most celebrated career highlights...

## HIS DISTINCTIVE DRESS CODE

This severe monochromatic outfit became the designer's trademark look. He was rarely seen out of his uniform – the black tailoring, stiff white shirt collars buttoned to the neck, fingerless leather gloves and blacked-out sunglasses became iconic in their own right.

Lagerfeld even went on a drastic diet he called "sort of punishment" to fit into his signature style later on in his career. His regime, the Spoonlight Program, was sold to the public with a 2005 book titled The Karl Lagerfeld Diet.

## THE ICONIC FASHION SKETCH

Some of the designer's stunning original fashion sketches will be on display in the Karl Lagerfeld: A Line Of Beauty exhibition in New York's Met Museum. Sketching was said to be both his primary method of creative expression and his primary method of communication.

Throughout his career, the Hamburgborn creative



refined his unique style of sketching and that artistry is explored further in the exhibition. The show explains how the serpentine line (an S-shaped curved line) he used in his drawings demonstrates Lagerfeld's love of history, romance and decoration, while the straight line indicates ▶







his more modernist and minimalist tastes. The designer's sketches are now so sought after that since his passing some have been auctioned at Sotheby's in Paris and sold for almost triple their estimated value.

## HIS EARLY CAREER

In 1954, Lagerfeld embarked on a career in fashion. At an International Wool Association competition in Paris, he won first place in the coat category – this led to his first job working as an assistant to Pierre Balmain. Later, in 1957,



presenting it in fresh new colours and even different fabrics. He also played a key role in transforming Chanel's catwalk shows into must-see spectacles with hugely ambitious and larger-than-life sets.

## THE FAN

The real reason behind why

Jean Patou hired Lagerfeld as his art director – earning him his first major fashion role.

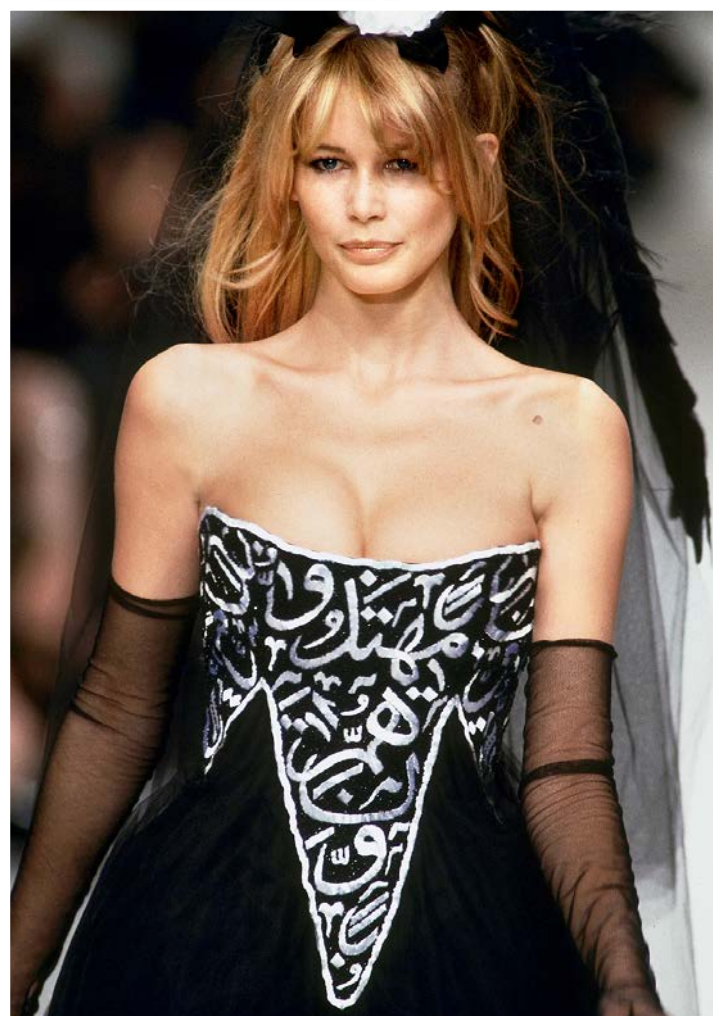
In 1964, following a freelance stint at Valentino, he began working with Chloé, taking a leading role in 1966. It was here that he launched his first perfume.

In 1965, he began a long-standing relationship with Fendi as head ready-to-wear designer. He produced more than 100 collections during a 54-year span.

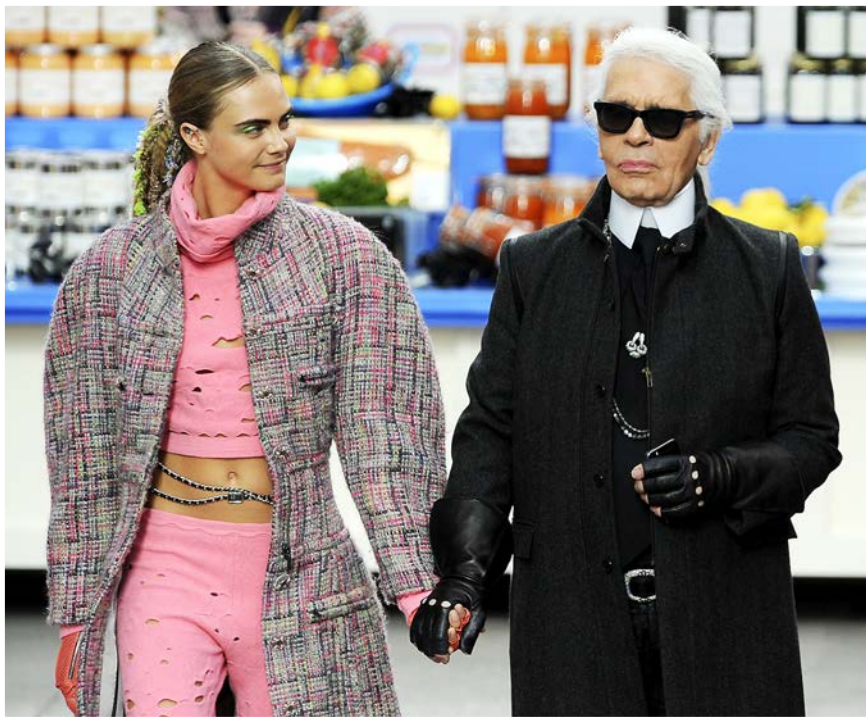
## REVIVING CHANEL

One of the most pivotal points in Lagerfeld's career – and arguably within the history of fashion – was when he became the chief artistic director at Chanel in 1983, a position he held until his death. His singular vision helped to turn the tired French fashion label – once at the cutting edge of Parisian style – into the global powerhouse we know today.

He revived the house's fortunes with his modern reinvention of the iconic Chanel tweed suit,







Karl Lagerfeld carried a fan as an accessory...

In 2010, Welsh fashion designer Julien Macdonald spoke of his time working for Lagerfeld. "He used to carry around a black fan and when you were being difficult he'd hit you with it," revealed Julien. "It was all done in a joking way and never done very hard, but I do remember it quite clearly."

## THE MUSES

Lagerfeld also became known for his array of beautiful muses, which included the hottest models of the moment. He had a strong affinity with his fellow German style icon, supermodel

was 20. He was said to have greatly influenced her as the pair forged a close bond.

## MET GALA STYLE

Lagerfeld's creations have graced many Met Gala red carpets over the years. Here, he is pictured with actress Blake Lively, who channelled her inner Greek goddess in a Chanel haute couture gown at the event back in 2011. This gala was held in honour of the Alexander McQueen: Savage Beauty exhibition.

Claudia Schiffer, and even cast her as his Chanel couture "bride" an unprecedented 11 times.

It's hard to find a supermodel who hasn't walked for the designer. Kate Moss, Naomi Campbell and Linda Evangelista were all regulars on the catwalk for him in the 90s. A more recent muse was Cara Delevingne, who met Lagerfeld at her first Chanel show when she

## A LASTING FRIENDSHIP

Fashion's most glamorous BFFs? Dame Anna Wintour and Lagerfeld struck up a well-reported friendship during his career and they were regularly spotted together at glitzy events. The editor-in-chief and artistic director of Condé Nast paid tribute to him in the run-up to this year's Met Gala calling him "my brilliant friend" and the "living soul of fashion".

Tennis fan Anna recalls the time the designer gave her the ultimate gift, going as far building a court on his Biarritz property as a ploy to get her to stay over as a guest. "Karl was trying to give me somewhere I could feel at home, where I could be myself," she said.

## THE SHOW MUST GO ON – LAGERFELD'S FINAL CATWALK

Shortly after Lagerfeld's death, models walked the Chanel A/W 2019 catwalk showcasing an exquisite Alpine-themed collection. The epitome of winter chic, the runway was surrounded by a village of chalets.

Although this was the moment the fashion world bid farewell to the designer, the pictureperfect scene was intended to be celebratory rather than mournful – something Lagerfeld was keen to avoid. He did not want a formal funeral service and instead requested his ashes be placed with his late mother. Famous friends paid tribute to him, and models could be seen in tears on the catwalk. Chanel's message was clear – he may be gone, but his legacy certainly lives on. **OK!**

INTERVIEW: JAN JANSSEN/WENN  
PHOTOGRAPHS: WENN, SHUTTERSTOCK



# RUMANZA

## First Anniversary Celebrations



### PROJECT DIRECTOR'S MESSAGE



#### Brig Muhammad Shoeb Anwar Kayani, SI(M) Project Director DHA Multan

By the grace of Allah Almighty, DHA Multan has embarked upon its grand goal of Livability. With the proclamation of "2021 as Year of Livability", DHA Multan is all set to receive its members and residents start enjoying the ambience of "Paradise of Southern Punjab" which would keep unfolding its always new features with every coming day. If it is going to be luxurious modern living, it would also be foci of sports and gaming spree awaiting you. If it is going to be a fully developed education and medical city, it would also offer the best amenities and entertainments like top quality hoteling, food restaurants, championship golf course, dancing fountains, parks and 360 Zoo. I, as Project Director of DHA Multan, warmly welcome all to join us in this new era of modernity and luxury. I sincerely wish to see DHAM blooming to its zenith.

#### Sir Nick Faldo – Signature Golf Course

DHA Multan inked agreement with Faldo Design to design RUMANZA Golf Course on 11<sup>th</sup> July 2018.

#### A Brief Introduction of Sir Nick Faldo

- Former World No. 1 Player, Six-Time Major Champion
- The record for the most successive weeks (81) at the top of golf's World Rankings
- Awarded a Knighthood by Queen Elizabeth
- Created unique courses on Five Continents and in 20 Different Countries

#### Salient Features

- Rumanza provides a tranquil and serene escape from the hectic pace of work and city life through a grand luxurious combination of modern and traditional design. Perfect management and vigilance provide an exceptional sense of security for the community – where you, your family, and your friends are all welcome.
- Rumanza Golf & Country Club (RG&CC) not only has an 18-hole International standard golf course covering 270 acres, but another 295 acres comprising of 4 Kanal, 2 Kanal, 1 Kanal, and 12 Marla residential plots, as well as a mosque, commercial shops, parks, and a fire station. It is, in other words, a community within a community.

- Rumanza is Asia's largest 18-hole 72-par golf course, with distinctive features. Rumanza offers breath-taking which are treat both for the eyes & soul.

### RUMANZA has been developed with three main thematic zones:-

RUMANZA has been developed with three main thematic zones:-

- Desert Land – Sand dunes with Pure Sand from Chenab Riverbed, ages old Date Trees and nature gifted native plants accompanied with scorching heat of Multan offer perfect contrast from Lush green fairways
- Wet Land - Rumanza has four large lakes that feature a gradually revealing peninsula. A state of Art Aeration system has been installed to improve the water and habitat. Rumanza Lakes are inhabited by Migratory birds and native fishes, which further add to ornamental value and ambience of Golf Course
- Wood Land - Mango, Citrus & lychee orchards enchant visitors and offer shade to ardent golfers and perfect habitat to wildlife. The Woodlands takes golfers through thick trees that guard the fairways

### Rs. 12 Million for RUMANZA Championship Winners

After the completion of 1<sup>st</sup> RUMANZA Open Golf Championship carrying a prize money of twelve million rupees being contested at the fascinating Nick Faldo Designed RUMANZA Golf Course, the most dynamic player of the championship is Ahmed Baig of PAF.

As for the flow of the Championship in the third round, Ahmed Baig, a Brand Ambassador for RUMANZA was a contender beyond compare. His performance again was stylish and high toned and enabled him to maintain his hold on the competitive drift of the golf event.

### Prize Distribution Ceremony

The Prize Distribution Ceremony was held on 5<sup>th</sup> March 2023 at RUMANZA Driving Range, with the biggest Prize Money of Pakistan golfing history, amounting to Rs 12 million. At the conclusion of 1<sup>st</sup> Rumanza Open the winners were awarded Gold, Silver and Bronze Medals and 12 Million cash prizes by Lt Gen Qazi Muhammad Ikram, HI(M), (Retd) - President PGF and Brig Shoeb Anwar Kayani SI(M) - Project Director DHA Multan in the presence of Col Habib ur Rehman, Project Secretary, DHA Multan Brig Fayyaz Ahmed Khan Sial Retd SI (M) and participating golfers at the Rumanza Driving Range. RUMANZA plans to take this tournament to next level by inviting International Teams from Turkey, Saudi Arabia & Malaysia next year to participate as well. Insha-Allah.



DHA Multan 1<sup>st</sup> RUMANZA Open concluded with savoring display of Golfing Skills and Nail-biting competition. Ardent Golfer were loggerheads against the Sir Nick Faldo Designed Course to win the biggest prize money in the history of Pakistan Golf. Out of the aspiring golf professionals, some of the contenders were heralded and rated high.

### RUMANZA Golfing Affiliations

**IMG**  
International Management  
Group Prestige - IMG

**LAGTO**  
International Association  
for Golf Tourism Operation - IAGTO

**PAKISTAN GOLF FEDERATION**  
PGF  
Pakistan Golfing  
Federation - PGF



# RUMANZA

First Anniversary Celebrations

RUMANZA DRIVING RANGE



**OBSESSION OF GOLF  
PASSION FOR GOLFER**



*Sir Nick*  
**FALDO**  
SIGNATURE COURSE



1, Multan Public School Road, Multan, Pakistan, UAN: +92-61-111-111-189



# SUNDAY MUNCH

12:30 pm - 03:30 pm





# **OK!** FASHIONISTA

**OK! SPOTLIGHT**  
**KIRAN**  
**MALIK**

**RABYA**  
**KULSOOM**  
TRAVELS TO  
BAKU

**WHEN STYLE  
& INFLUENCE COLLIDE**  
HERE IS ALSO, FASHION'S LATEST BRAND STARTED BY THE COUNTRY'S  
TOP INFLUENCERS









# WHEN STYLE & INFLUENCE COLLIDE

*Discover a fashion shoot  
where the country's top  
influencers- Sona Memon &  
Alishay Adnan - showcase  
their visionary designs.  
Witness a fashion revolution  
with ALSO curated by  
influential trendsetters.*



























# OK! *Red* CARPET



Kim Kardashian draped in a custom-made pearl adorned Schiaparelli dress at the 2023 Met Gala.



Anne Hathaway opted for a stunning Swarovski crystal-embellished dress by Versace for the Met Gala.



Coco Rocha ups the ante in a Gaurav Gupta creation to the amfAR Gala in Cannes.



# ROCKSTARS



Naomi Campbell in vintage Chanel Couture.



Penelope Cruz was the epitome of elegance in vintage Chanel Couture at the 2023 Met Gala.



Nicole Kidman in vintage Chanel and Harry Winston jewellery.

PHOTOGRAPHS: GETTY

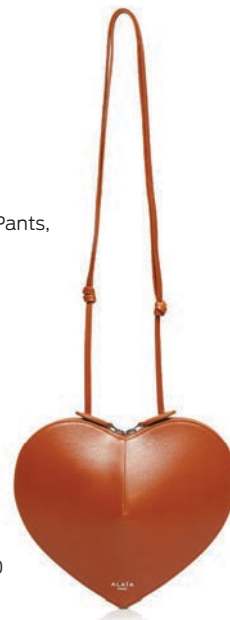




**H&M**  
Cotton Utility Jacket,  
PKR 14,000



**H&M**  
Nylon Cargo Pants,  
PKR 8,500



**ALAÏA Le**  
Coeur Bag,  
PKR 360,000

# UTILITARIAN CHIC!

*The throwback cargo trend is enjoying a revival. Pockets, cargo – be they shirts, loose pants, skirts or jumpsuits should be your key staple this summer.*



**JACQUEMUS**  
Le Panier Bucket Bag,  
PKR 210,000



**BOTTEGA VENETA**  
Cat-Eye Sunglasses,  
PKR 100,000



**LAMA**  
Short Button-Down  
Shirt,  
PKR 5,750



**FRANKIE SHOP**  
Maesa Pants,  
PKR 45,000



**MANGO**  
Parachute Skirt,  
PKR 16,990



**RIVET UTILITY**  
Linen Playsuit,  
PKR 120,000



**PRADA**  
Raffia Sandals,  
PKR 310,000





**ZARA**  
Linen Cargo  
Jumpsuit,  
PKR 15,000



**CELINE**  
Teen  
Triomphe  
Panier,  
PKR 227,000



**ZARA**  
Dress With  
Matching  
Pockets,  
PKR 9,000



**MONCLER**  
Cargo Skirt,  
PKR 110,000



**TOMMY  
JEANS**  
Daisy Cargo  
Jeans,  
PKR 22,000



**TOTE ME**  
Cotton Cargo  
Jacket,  
PKR 110,000



**CELINE**  
Triomphe Sunglasses,  
PKR 156,000



**HERMÉS**  
Extra  
Sandals,  
PKR 210,000



**LOEWE**  
Raffia Tote,  
PKR  
210,000



**TIBI**  
Stella Cargo  
Pants,  
PKR 110,000

**OUTFITTERS**  
Trousers With Flap Pockets,  
PKR 5,490



TIFFANY HSU

PHOTOGRAPH: WENN

STOCKISTS: ALAÏA [www.alaia.com](http://www.alaia.com); BOTTEGA VENETA [www.bottogaveneta.com](http://www.bottogaveneta.com); CELINE [www.celine.com](http://www.celine.com); FRANKIE SHOP [www.frankieshop.com](http://www.frankieshop.com); H&M [www.hm.com](http://www.hm.com); HERMÉS [www.hermes.com](http://www.hermes.com); JACQUEMUS [www.jacquemus.com](http://www.jacquemus.com); LAMA [www.lamaretail.com](http://www.lamaretail.com); LOEWE [www.loewe.com](http://www.loewe.com); MANGO [www.mango.com](http://www.mango.com); MONCLER [www.moncler.com](http://www.moncler.com); OUTFITTERS [www.outfitters.com.pk](http://www.outfitters.com.pk); PRADA [www.prada.com](http://www.prada.com); RIVET UTILITY, TIBI, TOTE ME [www.netaporter.com](http://www.netaporter.com); TOMMY JEANS [www.tommyjeans.com](http://www.tommyjeans.com); ZARA [www.zara.com](http://www.zara.com); prices are approximately





## GAL GADOT

Gal Gadot is well known for her impeccable fashion sense and she isn't afraid to take risks. The stunning Wonder Woman is our Style Crush this month.

### GET THE LOOK

**HARRIS WHARF LONDON**

Single-breasted  
wool blazer  
PKR 161,281



**TAGLIATORE**  
Metallic double-  
breasted blazer  
PKR 236,223



**VERSACE**  
Latex leggings  
Rs 468,800



**DOLCE & GABBANA**  
Patent leather  
pumps  
PKR 161,566



**SAINT LAURENT**  
Monogram square-  
buckle belt  
PKR 149,598





# FLORALS

We love a man who isn't afraid to delve into his feminine side and rapper Stormzy shows us how to carry the look with aplomb.



**ACNE STUDIOS**  
Floral  
Trousers,  
PKR 110,000

**H&M**  
Relaxed Fit  
Resort Shirt,  
PKR 5,000



**ERDEM**  
Floral Shorts,  
PKR 140,000



**MARANT**  
Floral Shirt,  
PKR 60,000



**VALENTINO**  
Bandana  
Flower Shirt,  
PKR 380,000



**PAUL SMITH**  
Floral  
Trousers,  
PKR 90,000



**NANUSHKA**  
Jain Trousers,  
PKR 95,000



**PS PAUL SMITH**  
Flower Shirt,  
PKR 32,000



**OUTFITTERS**  
Floral Shirt,  
PKR 3,290



**JACQUEMUS**  
Simon Shirt,  
PKR 110,000





**AUTORE**  
Vanda Cuff



**CHANEL**  
Signature  
de Chanel  
Collection Cuff



**TIFFANY & CO.**  
Elsa Peretti Bone  
Cuff



**MARGOT  
MCKINNEY**  
Gold, Gemstones  
& Opal Cuff

## CUFF IT!

*Wrists took a back seat for a few years. Spring 2023 jewellery trends say it's time to invest back into something high in shine and extra-large.*



**GEORG JENSEN**  
Gold & Topaz  
Cuff



**TIFFANY & CO.**  
Starfish  
Diamond  
Cuff



**PIAGET**  
Serenissima Cuff



**PIAGET**  
Viva L'arte  
Cuff Watch



**UTE  
DECKER**  
Silk Wings  
Cuff



**SUZANNE  
SYZ**  
Multicoloured  
Sapphire &  
Gold Cuff



# What's IN HER BAG?

*The Pakistani model and content creator, Misbah Mumtaz, shares the contents of her bag with OK! Pakistan*



**Cardholder**  
I need this to literally survive. I use a cardholder wallet for my everyday cards.



**AirPods**  
When I want to listen to some music on my walks or if I'm engrossed in an audiobook, I love having them.



**Balenciaga Sunglasses**  
Timeless - these can easily add a touch of elegance and sophistication to any outfit.



**Extra Peppermint Gum**  
Fresh minty breath - why not?

**Hand Sanitizer**  
This is a must now!



**Kilian Perfume**  
I like to smell good at all times.



**CoNatural Strawberry Lip Balm**  
I use this to keep my lips moisturised.



**Mascara**  
I keep a small tube of mascara with me for touch-ups.



**Stila Lip and Cheek Cream**  
What I love about this compact from Stila is that it's a lip and cheek cream in one. It's just so efficient and practical, which is exactly what I need since I'm always on the go.

**Protein Bar**  
When hunger strikes, I need to be ready otherwise I can also get a little hangry. I keep a couple of my favourite bars in my bag - the mix of protein-packed nuts with just a touch of sweetness keeps me going until mealtime.



**Facial Spray**  
I keep a mini facial spray with me to spritz myself when I feel a little dry.



**iPhone Battery Pack**  
The easiest and most convenient way to charge my phone.

**Notebook**  
I always keep a notebook with me. I am super old fashioned and like to write down my to-do lists, grocery lists, and all my ideas.





A full-page photograph of actress Kiran Malik. She is reclining on a plush sofa with large orange and pink pillows. She is wearing a long-sleeved, floor-length dress covered in intricate beading and sequins. Her right hand is raised to her forehead, and she is looking directly at the camera with a slight smile. The background features a green lattice wall and some foliage.

**OK!** SPOTLIGHT

# KIRAN MALIK

In an exclusive conversation with **OK! Pakistan**, Kiran talks about herself, her journey and what lies ahead





**B**orn and raised in Lahore, model turned actor Kiran Malik moved to Dubai where she began her professional career as an HR Consultant before delving into modelling and going on to become the face of many leading brands and designers. Kiran's first film to go on set was the Jehan Films' spy-action thriller *Zarrar*, the delayed release of which in 2022 made for Kiran's her on-screen debut in 2018 essaying the role of Mehr Chughtai in *Pinky Memsaab* directed by Shazia Ali Khan. 2023 saw the release of Kiran's third film, Faisal Qureshi's crime-comedy *Money Back Guarantee* with a large ensemble cast including the likes of Fawad Khan and Wasim Akram. As an actor, for Kiran this is only just the beginning.

**Having begun your career as a model, what made you transition from ramp to screen, and how are you a different person today from when it all began?**

**KIRAN MALIK:** Life is a journey, one that keeps presenting you with different opportunities and challenges. My on-screen career began purely by luck and a chance encounter – a run-in with actor Shaan Shahid at a cafe that got me my first role. This by sheer coincidence, just around the time I was consciously planning on winding down my on-ramp career. Though I still do the occasional still shoots especially for my persuasive designer

friends and well-wishers. At the end of it all, any career should be about unlocking new challenges as this is the best and only way to grow.

**What, for you, defines style?**

**KM:** As Diane Von Furstenberg says, "Confidence. If you have it, you can make anything look good." For me, style is how confidently you express yourself to the world.

## “My on-screen career began purely by luck and a chance encounter.”

**You spend time between Dubai and Pakistan, and travel extensively – do you feel this makes for you to bring the best mix of local sensibilities and international exposure to your work?**

**KM:** Very definitely! Time split at home and abroad coupled with my extensive international travels have made for my exposure to and understanding

of different cultures, varied aesthetics and emerging trends, which in turn have complimented my personal sense of style. At the same time, I'm extremely proud to represent Pakistani fashion and culture to those outside the country – walking down Rue Saint-Honoré in a pair of handwork khussas and getting appreciative nods from passersby was undoubtedly one of my favourite moments.

**What, for you, would be a dream role that you would one day aspire to do and why?**

**KM:** Even though it may sound corny, I would love to do a Wonder Woman type role directed by our very own Sharmeen Obaid-Chinoy.

**What's something we should know about you that might surprise us?**

**KM:** I am often caught by my friends in the kitchen making fresh *rotis* – this because I am a Lahori and a foodie at heart who loves to host loved ones and treat them to home-cooked meals.

**What can fans look forward to from Kiran Malik?**

**KM:** Lots and lots of projects in the pipeline – you should be seeing me very soon on your television sets. **OK!**

INTERVIEW: YUSRA ASKARI  
STYLING & COORDINATION: RAO ALI KHAN  
JEWELLERY: MIRAS BY MISBAH  
PHOTOGRAPHY: AABROO HASHIMI  
MAKEUP: MARAM AZMAT  
HAIR: AIMEN SHAH



OK! Beauty EDIT

# SLEEPING BEAUTY

WAKE UP TO  
GREAT SKIN  
WITH THESE  
NEW NIGHT  
CREAMS



1



3



2



4



5

**1 Too Faced Hangover Pillow Cream**  
PKR 11,350

Made with minerals from actual falling stars, this promises dreamy skin while you snooze.

**2 IT Cosmetics Confidence In Your Beauty Sleep Cream** PKR 15,500

This bouncy moisturiser tackles five of the top signs of ageing.

**3 Shiseido Vital Perfection Overnight Firming Treatment** PKR 40,000

Inspired by neuroscience, this leaves the skin looking brighter and lifted come morning.

**4 Manuka Doctor ApiNourish Overnight Lavender Mask** PKR 9,000

This lightweight, lavender-scented gel is ideal for anyone who dislikes the feel of a heavy cream.

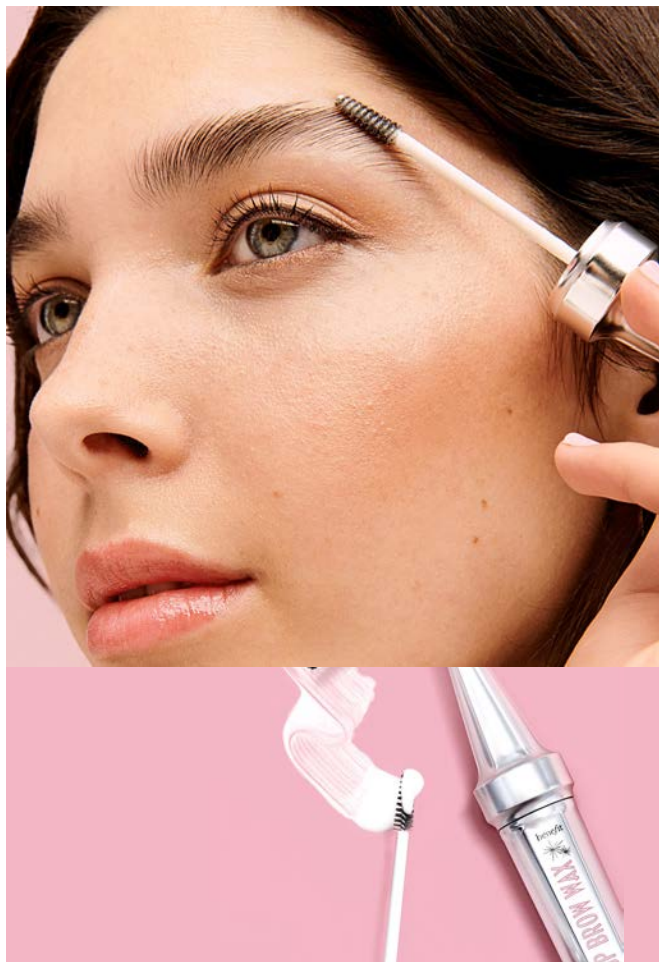
**5 Fresh Lotus Youth Preserve Dream Face Cream Super Lotus Night Recovery** PKR 15,900

A hydrating yet nongreasy cream packed full of antioxidants.



## COMING UP ROSES

Call me unromantic, but I've never been wowed – or wooed – by the idea of receiving red roses on Valentine's Day (quite possibly because I've never actually received any). One rose I would gladly accept, however, is a pick from Jo Malone London's range of limited-edition colognes centred around the iconic bloom, which includes classic Red Roses, delicate Rose Blush and moreish Rose Water & Vanilla, PKR 28,400 each for 50ml. Feel free to copy me and leave this page open as a hint...



## BROWS THAT WOW

As a beauty editor, I'm rarely able to be monogamous with my make-up, but I've been loyal to my eyebrow products for years. Until Benefit Fluff Up Brow Wax, PKR 8,400, landed on my desk, that is – and it was love at first swipe! It puffs eyebrows up to look feathery and lifted, and sets them in place – but softly, meaning that the product can be built up or reapplied without any of the crispiness or flakiness that comes with some brow waxes. I'm smitten.

# BEAUTY *Essentials*



## HAIR HEROES

Here to prove that high-performance shampoo doesn't have to come with a high price tag is Hair Proud, the new sister brand to Skin Proud. Like its skincare-focused sibling, it's all vegan and never uses retouching in any of its model images, plus it comes in packaging using PCR plastic. You'll find products to hydrate, repair, smooth and protect all hair types, with prices starting from PKR 2,400. And they smell amazing, too!



## CRÈME DE LA CRÈME

Just when you'd got to grips with hyaluronic and niacinamide, along comes another skincare buzzword to get your tongue around. Ectoin (no, not the slime that leaks out of ghosts) is found in micro-organisms that grow in extreme environments. It protects them against the elements and has a similar function when used in skincare, binding with water to form a skin-barrierfortifying shield that helps to prevent moisture loss. You'll find it in Dr.Jart+ Ceramidin Ectoin-Infused Cream PKR 17,300. Designed for very dry skin, it offers instant relief and long-lasting moisture.



## PARADISE FOUND

Miller Harris Hydra Figue, from PKR 35,000  
The heady smell of a sun-drenched Greek island – and what could be a more universally appealing holiday destination than that? This is an array of woody, citrus and oceanic notes, spread out like an Aegean picnic with multiple courses to savour as the scent develops. And of course there's a pinch of Greek sea salt and saffron to bring those notes to life.



# SCENT TO SHARE

THE UNISEX TREND IS CREATING THE ULTIMATE IN PLEASE-ALL PERFUMES, SAYS BEAUTY EDITOR LYNNE HYLAND

This won't be a socio-political essay, don't worry, but I think we can all agree that gender identity is blurred like never before. And what's happening in the wider world is very much being echoed in the perfume halls. Unisex fragrance is booming, with the beauty world encouraging us to love what we love, instead of being confined to "male" and "female" scents.

If you stop to think about it, the whole concept of assigning a gender to certain fragrance notes is bizarre. Who decided that berries and flowers were female, while smoky spice and musk were male, for instance? Advertisers, that's who.

"Historically all fragrances were all unisex," explains Lorna McKay from The Perfume Society. "It was marketing at the turn of the 20th century that changed the landscape, when perfumers blended perfumes rather than just using single flower essences. The arrival of synthetics – not a bad word in perfumery – gave rise to the creations we enjoy today."

From a perfumer's point of view, creating a "unisex" scent today means toning down the stereotypes at either end of the spectrum. "Sweet, foodie notes, and tobacco, leathery notes tend to be dialled down," says Lorna.

"Less polarising notes – citrus, classic floral, aquatic and green notes, for instance – come to the fore. Wanting to smell and feel good is more important than wanting to identify a certain way."

Personally, I'm all for it. It's rare to find a unisex fragrance I don't enjoy, perhaps because this category, by its very nature, sets out to be an all-round crowd-pleaser. Even my perfume-phobic husband likes them too, which makes a change from the usual hand wafts, mock-choking and yelps of "what is that?" when I'm testing most "female" scents.

The only downside is, they might not last as long when they're so wearable and shareable.

Here are six I'll need to watch the liquid level on very closely...



## GREAT ESCAPE

Maison Crivelli Neroli Nasimba EDP, PKR 31,400

The call of the wild, turned into a unisex spritz. It's inspired by a luxurious safari retreat, starting with zesty orange as the early morning wake-up call, then moving on to a walk of discovery where orange blossom flourishes in the savannah. All dangerous wildlife is kept at a safe distance – the subtle base leather note is merely a rumbling roar from far away.





2

## SWEET DREAMS

Akro Bake, from PKR 29,500  
Gourmand fragrances are usually restricted to the female section of the fragrance menu, but this unisex option is made to share, like a delicious dessert with two spoons. It's inspired by the legendary lemon cupcakes at Carnaby Street's Crumbs & Doilies, with the vanilla and nutty praline notes balanced with enough tart lemon zing and boozy rum to tempt all perfumery palates. Second helpings all round, please.



3

## NEW WAVE

M&S Discover Ocean Musk EDT, PKR 3,700  
Technically Ocean Musk is listed on the men's pages at M&S online (probably because there's nowhere else for it to live), but the styling is neutral and it's won praise from men and women alike as an easy, breezy delight. The oceanic neroli and musk blend works on anyone's wrist, and definitely isn't overtly "scent of a man in tight white Speedos".



## SEA CHANGE

Bon Parfumeur 803 Sea Spray, Ginger, Patchouli, from PKR 9,200  
This intriguing fragrance veers from hot to cold, like a difference of opinion over the thermostat. It's an oceanic scent but it's less "summer skinny dip" than "invigorating cold plunge". The tingly, icy-fresh opening notes of marine breeze and frosted patchouli then melt away as spicy notes of ginger, pink peppercorn and juniper pop up for air. It's bracing, and beautiful.



4

## MOOD BOOST

CK One Reflections, PKR 18,400  
What unisex fragrance feature could be complete without the OG, CK One? It's back for another summer season with this Reflections edition, a luscious frozen slushie of lemon, ginger and iced green tea. The vibe is healthy and energised rather than cocktail o'clock sleepy slump – because who needs a fragrance that gives you a headache?

5



## TREAT YOURSELF

Perfume Society Discovery Boxes are PKR 8,400 each at [perfumesociety.org](http://perfumesociety.org). Most boxes, including the new Launches To Love box, are unisex.



# THE LIFE OF NAWAL SAEED

## The Pakistani model and actress shares all her favourites with OK! Pakistan



### Favourite travel destination?

I've never visited Italy but as much as I've virtually experienced it, it really comes across as THE destination for me! Their architecture, food, music and sceneries exhilarate me. Otherwise UAE and Turkey count as comfort destinations.



### Signature Scent?

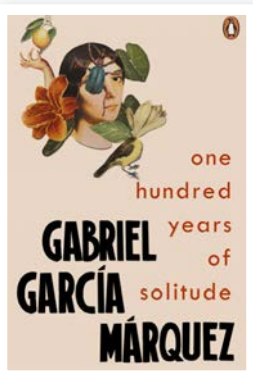
Narciso Rodriguez - Musc Noir.

### Last thing you splurged on?

I travelled in February and came back wondering what I did with all that money. [Laughs]

### Any book you would recommend?

One Hundred Years Of Solitude and The Kite Runner. Absolute favourites!



### Three words that best describe you?

I'm very easily offended, an adamant doer and I'm genuinely a nice person, and I also take a lot of pride in that.



### Favourite luxury brand or item you own?

I've started buying a lot of watches and perfumes that cost me a kidney and I also forget to wear the watches! Happens when a low maintenance person tries to act cool.



### Ideal weekend?

Comfortable, cozy, a mug full of black coffee, good conversations, good music and silly laughs. Primarily around people you can gracefully be yourself with and getting to leave the table knowing more.



### Fitness regime?

I very firmly believe "you are what you eat". Your body is chief and it needs to be fed clean.



### Exciting celebrity encounter?

I remember I was most excited to meet Sir Wasim Akram. When I had started working, I got a chance to travel alone for the first time in my life and guess what? His seat was right next to mine in the flight and I couldn't help but tell him how I've been a big fan of his endless contributions and personality. Man, that day my existence really made sense to me. [Laughs]



### All time fave film?

The Notebook and Lucky. Oh my heart!

### Favourite restaurant or cuisine?

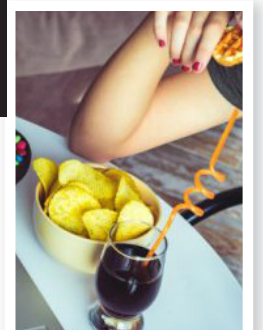
I recently tried Korean food and have religiously been having it ever since. I'm a fan!

### Guilty pleasure?

Midnight eating. I'm sorry!

### Words of wisdom or favourite quote?

Forgiveness is the fragrance the violet sheds to the heel that crushes it - Mark Twain.





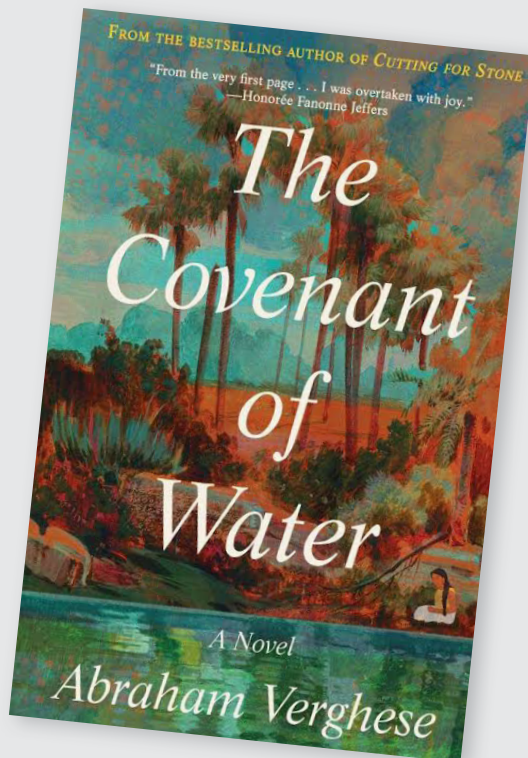
# ENTERTAINMENT



MOVIE

## THE LITTLE MERMAID

**G**et ready for a major blast from the past as you re-watch the adventures of everyone's favourite mermaid - Ariel. The film starring Halle Bailey is out in cinemas now; watch it in 3D and sing along to *Under The Sea*.



LITERATURE

## THE COVENANT OF WATER BY ABRAHAM VERGHESE

“One of the best books I've read in my entire life. It's epic. It's transportive . . . It was unputdownable!” — Oprah Winfrey  
After reading none other than Oprah's review of this book, it is definitely a book that everyone ought to read. Set in Kerala, the story is a tribute to the sacrifices that previous generations make to pave the way for newer generations.

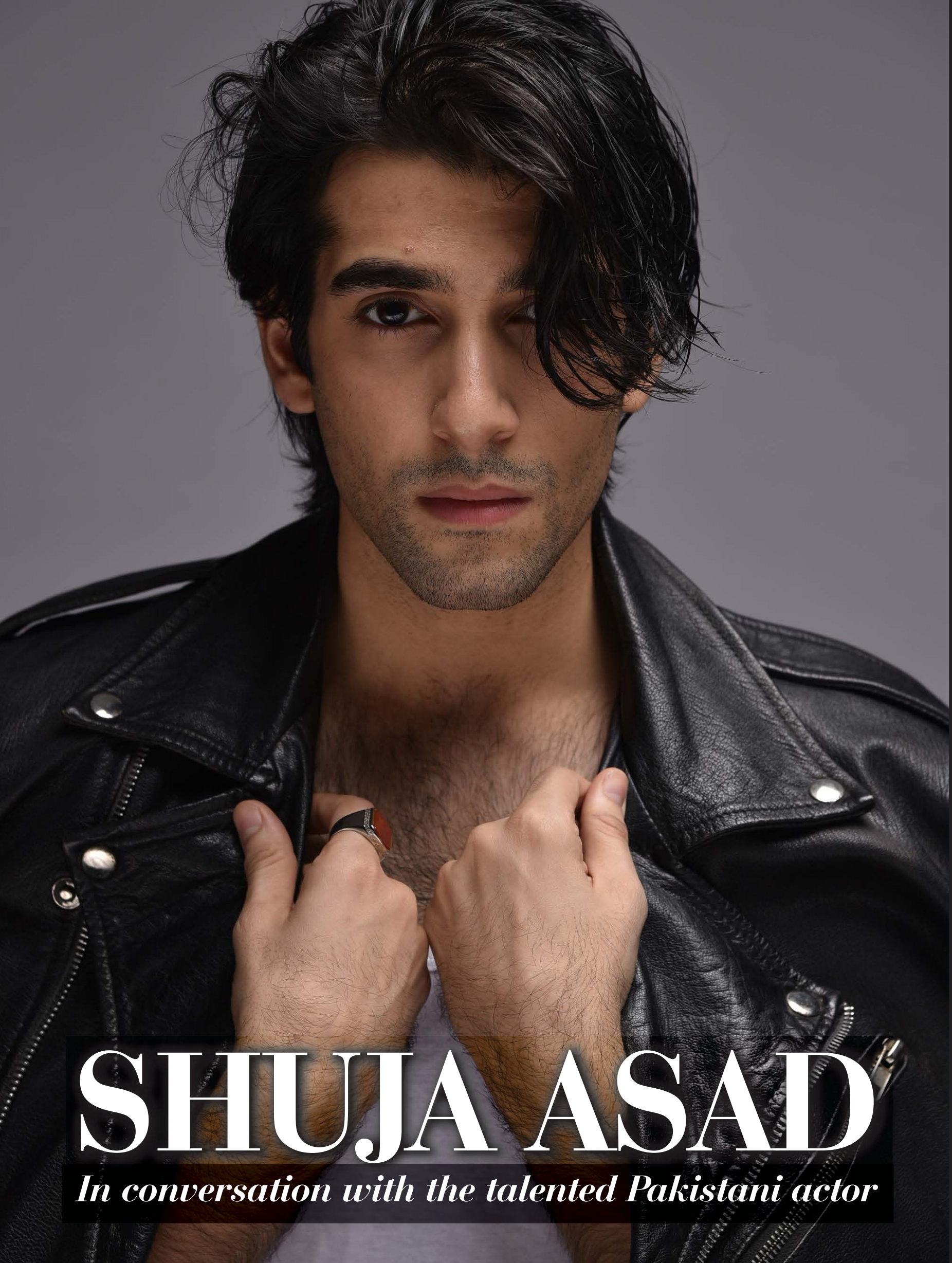


TV SHOW

## SUCCESSION

**T**his is a TV show that everyone, everywhere is talking about! This dark comedy revolves around the Logan family, and the drama that takes place once their father decides to step down from his company, which is known to be the biggest media and entertainment company in the world. Watch and prepare to get hooked!





# SHUJA ASAD

*In conversation with the talented Pakistani actor*





**A**ctor Shuja Asad started his career with commercials and eventually took up acting in dramas as well as modelling. He is well known for his lead role in the Pakistani drama *Pyar Deewangi Hai*, in which he plays Mateen alongside actress Neelam Muneer Khan. In a rendezvous with *OK!* Pakistan, the talented actor talks about competition, his favourite co-actor, his strengths and weaknesses and so much more...

**From modelling to acting how was the transition?**

**Shuja Asad:** My career actually kicked off from commercials, which eventually led to dramas and the occasional modeling gig.

**If you were to choose one which one would it be and why?**

**SA:** Easy choice - acting has always been the dream!

**How was your first day on set? Can you walk us through that?**

**SA:** Commercial and drama sets are very different. The latter was nerve-wracking. I was absolutely starstruck by Javed Sheikh, someone I have been watching on TV since I was a child. I don't think I'll ever stop being excited walking on to a set.

**Who's been your favourite co-star and why?**

**SA:** Gul Aapa! That's *Gul-e-Rana*. She has made my time working on *Pyar Deewangi Hai* an absolute treat. No second with her was boring, she always had me tearing up with laughter.

**Where do you see yourself in the competition?**

**SA:** As the great Shah Rukh Khan said, "I'm not here to compete - I'm here to rule".

**How would you describe yourself in five words?**

**SA:** Blessed (first and foremost), kind, curious, empathetic and funny.

**What makes you smile and what scares you the most?**

**SA:** I'm a sucker for kindness, and absolutely terrified of flights.

**What is your greatest strength and weakness?**

**SA:** My greatest strength is my adaptability. My weakness would be my oversensitivity.

**What type of scripts do you prefer the most?**

**SA:** Ones where I get to redeem myself as a character.

**You've done projects for Green and ARY - which would you say was more you?**

**SA:** The closest would be the character, Ahmer, who I played in *Bandish 2* for ARY.

**What things in your life would you give up in an instant if it got you to an even better place than you are now?**

**SA:** Procrastination.

**What are your plans for the next five years?**

**SA:** I couldn't tell you even if I knew.

**Tell us about your inspirations.**

**SA:** My wife. She's an incredibly

hardworking person.

**What's it like to be a celebrity?**

**SA:** I don't think I'm a celebrity, or even close to being called that.

**What do you like doing in your spare time?**

**SA:** I love gaming and listening to podcasts - especially science related.

**Who is your celebrity crush?**

**SA:** I had a huge crush on Mahira Khan growing up.

**What's your biggest pet peeve?**

**SA:** Rudeness.

**Do you speak any other languages?**

**SA:** Just Urdu and English.

**If you weren't famous, what would you be up to right now?**

**SA:** Probably working at a ranch somewhere out there.

**What's the most interesting thing you've read or seen this week?**

**SA:** I learned that there's a muscle in our forearms called *Palmaris Longus* - and that not everybody has it anymore because it's evolving out of humans.

**What would you like remembered about you?**

**SA:** Just that I was kind and trying my absolute best. **OK!**

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INTERVIEW: MEHR KASSIM  
PHOTOGRAPHS COURTESY OF SHUJA ASAD

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ROYAL BANQUET

# THE MONARCH'S MENU

RECIPES INSPIRED BY KING CHARLES' FAVOURITE INGREDIENTS

## *Wild mushroom risotto with wild garlic*

SERVES 4

### INGREDIENTS

- 100g unsalted plant butter
- 1 small onion, diced
- Sea salt and freshly ground black pepper
- 1.2l vegetable stock
- 150g wild Chanterelle mushrooms, sliced
- 300g risotto rice
- A few sprigs of thyme, plus extra to serve
- 50g wild garlic, finely chopped

- 100g vegan Parmesan, plus a few shavings to decorate
- 3 tbsp olive oil

1. Place a large pan on a low heat and add 50g butter followed by the onions, then season. Sauté for 5 minutes until soft.
2. Place the stock in a separate pan and heat up. Add the mushrooms to the butter and onions and fry until golden. Stir in the rice and cook until translucent.
3. Add about 150ml hot

stock to the rice at a time and continue to cook while constantly stirring the rice.

4. Cook for 20 minutes. Add the rest of the butter, a few thyme sprigs, wild garlic, vegan Parmesan and olive oil and stir for a couple of minutes until fully combined.

5. Remove from the heat and cover with a lid and allow to rest for a minute or two.

6. Divide between 4 bowls and serve with a few shavings of vegan Parmesan and a sprig of thyme.





# Elderflower panna cotta

**SERVES 4**

## INGREDIENTS

- 3 gelatine leaves
- 200ml milk
- 250ml double cream
- 50ml elderflower cordial
- 1 tsp vanilla extract
- Mixed berries, to serve

**1.** Soak the gelatine leaves in cold water until soft.  
**2.** Place the milk, cream, elderflower cordial and

vanilla into a pan and bring to a simmer.

**3.** Squeeze the water out of the gelatine leaves, then add to the pan and remove from the heat. Stir until the gelatine has dissolved.

**4.** Divide the mixture between 4 glasses and leave to cool. Place into the fridge for at least an hour, until set.

**5.** Remove from the fridge 10 minutes before serving.

**6.** Serve with fresh berries.







## Lemon polenta cake with wildflower honey drizzle

**SERVES 10-12**

### INGREDIENTS

#### For the cake

- 200g soft unsalted butter, plus some for greasing the baking tin
- 200g caster sugar
- 200g ground almonds
- 100g fine polenta
- 1½ tsp baking powder
- 3 large free-range eggs
- Zest of 2 lemons (save the juice for the syrup)

#### For the drizzle

- Juice of 2 lemons

- 1 tbsp icing sugar
- 4 tbsp wildflower honey
- Edible flowers, to decorate

1. Line the base of a 23cm springform cake tin with baking parchment and grease its sides lightly with butter.
2. Preheat the oven to 180°C/160°C fan/gas mark 4.
3. Beat the butter and sugar until light and whipped.
4. Mix together the almonds, polenta and baking powder in a separate bowl.

5. Add the almond and polenta mixture to the sugar and butter a few tablespoons at a time, followed by 1 egg, continuously beating. Alternate the dry ingredients and eggs, until it is all fully combined.
6. Add the lemon zest and beat into the mixture.
7. Scrape the mixture into the prepared tin and bake in the oven for about 40 minutes, until the cake is golden and is coming away slightly from the sides of the tin.

8. Remove from the oven and place on a wire cooling rack, but leave it in the tin.

9. To make the syrup, heat the lemon juice, icing sugar and honey in a saucepan.

10. Boil for a minute, until the icing sugar has dissolved, then remove from the heat and allow to cool for a few minutes.

11. Pour the warm syrup over the cake and allow it to soak in. Leave to completely cool before taking it out of the tin. Decorate with edible flowers, if using. **OK!**



# Shafaq™

COOKING OIL



World Food Safety Day  
2023 #WorldFoodSafetyDay

## Shafaq's promise of food safety

Celebrate World Food Safety Day with Shafaq! Our exceptional cooking oil brand is crafted to meet the international food standards set by the World Health Organization.

Taste the excellence and savor the safety in every culinary creation.



Manufactured as per  
**WORLD HEALTH ORGANIZATION'S**  
Codex Alimentarius International Food Standards



ShafaqCookingOil



A PRODUCT OF





# SPOT-ON!

**STILL BLITZING ZITS LIKE YOU'RE A TEENAGER?  
FORGET WHAT YOU THOUGHT YOU KNEW – IT'S TIME  
FOR GROWN-UP SOLUTIONS**

If you emerged from under a Covid mask with the kind of spots you last saw during your GCSEs, you could be one of the 11.5% of UK adults who suffer from acne.

Online searches for clear skin solutions peaked towards the end of lockdown, but it seems adults can't shake the effects of "maskne". Even if face coverings aren't to blame, research has found more than a third of UK adults have suffered from acne. As skin ages, it needs different care for break-outs, so it's time to ditch the treatments you tried in your teens and swot up on the science.

Put down that tube of toothpaste and let us guide you through the dos and don'ts of dealing with grown-up spots.

## MYTH SUNBLOCK IS THE CULPRIT

Mature skin needs sun protection,

even on dull, wintery days. To prevent damage, wrinkles and darker spots, add this crucial extra step to your skincare, spotty days included. It won't clog pores or irritate skin if you choose a lighter, oil and perfume-free shield such as CellDerma Tinted Mineral SPF 30, PKR 16,300, which also gives a touch of colour.



## MYTH GOING WITHOUT MAKE-UP IS ESSENTIAL ON SPOTTY DAYS

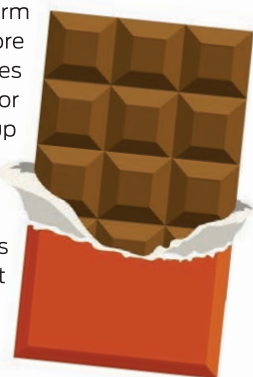
Hiding behind a full face of slap may not be a bad thing when spots surface. The trick is to find products that benefit the skin. Look for foundation and concealers with active anti-acne ingredients, such as Glow Hub's genius Under Cover Zit Zap Concealer Wand, PKR 4,900, which is available in 26 shades.



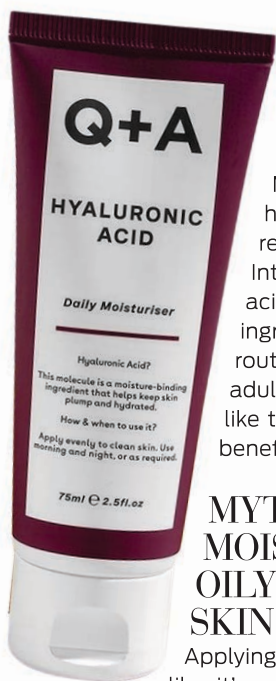
## MYTH YOUR JUNK FOOD HABITS ARE THE CAUSE

You've ditched the chips and chocolate, so why the spots?

"Clinical trials confirm that acne is more down to hormones and genetics, for example the make-up of your microbiome and size/ density of your oil glands, which is hereditary," says consultant dermatologist Dr Anjali Mahto. "Diet can play a role and some people find cutting out dairy can affect their skin positively, but improvement will only happen over time."







## MYTH STICK TO NATURAL SKINCARE ONLY

Move on from the witch hazel or soap-and-water remedies of your youth. Introducing retinol, salicylic acid and antibacterial ingredients to your skincare routine can really help with adult acne and active agents like these also have anti-ageing benefits.

## MYTH DON'T APPLY MOISTURISER TO OILY AND SPOTTY SKIN

Applying cream or gel might feel like it's adding to the problem but moisturiser creates a barrier that could keep bacteria out, as well as stopping dead skin debris from blocking pores. Even the oiliest, spottiest skin needs it, so slather away. We like Q+A Skin's Daily Moisturiser (a bargain at PKR 8,400), which has hyaluronic acid and a lovely, lightweight texture.

## MYTH YOU NEED SPECIAL PRODUCTS FOR BODY ACNE

"If you're prone to chest and back acne, there's no reason why you can't use products that you'd

## GET SCARS IF YOU PICK AT YOUR ACNE

Pick or pop it and the damage could go deeper, but even leaving a spot to rupture on its own can damage the surrounding skin, causing discolouration and pitting. Scarring depends on your skin make-up rather than how much you've picked. The PCA Skin Acne Gel Advanced Treatment, PKR 22,800, treats spots and existing scarring.



## MYTH WIPES WILL CLEAN UP SPOTTY SKIN

"Maybe, but they can also be too much for adult acne-prone complexions. Take your time over make-up removal," advises Dr Al Khubra. "Some brands of make-up wipes have harsh chemicals and they dehydrate your skin and strip away natural oils. I recommend using a cleanser, such as Doctors Dose Skin Clearing Cleansing Balm [PKR 9,300]."

## MYTH TOOTHPASTE WILL BLITZ YOUR ZITS

Scrolling through TikTok spot hacks might have you reaching



for the toothpaste, but dabbing this on spots can only make things worse. It's formulated for teeth, so the basic pH level can cause irritation or even burn sensitive skin, causing acne flare-ups. To see results, slap on these brilliant overnight patches, PKR 2,800 from Absorbzits, instead. **OK**

## GROWN-UP ZIT BUSTERS

Use an antibacterial silk pillowcase infused with silver for a luxurious skin-improving kip. **Anti-Acne Silk Pillowcase, PKR 23,300, This Is Silk**



This high-tech blue and red light therapy mask will banish acne and fade scars from previous breakouts. Ashley Graham, Tom Holland and Miranda Kerr are all fans.



**Omnilux Clear, PKR 106,190**

Pop pills, not pimples. This skincare supplement calms inflammation and helps reduce oil production.

**SkinCapsule CLEAR+, PKR 11,800, Hush & Hush**

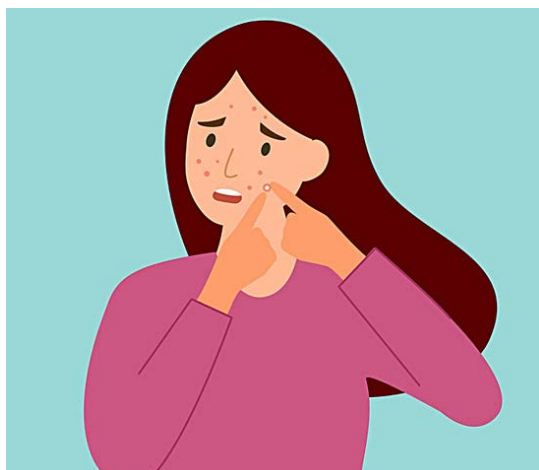


WORDS: LESLEY JONES  
PHOTOS: GETTY



use on your face containing active ingredients like salicylic acid, niacinamide or zinc to wash with," says Dr Hasia Al Khubra, who specialises in dermatology. She recommends changing out of your kit and showering ASAP, post workout.

## MYTH YOU'LL





**OK!** TRAVEL

# SUMMER LOVIN'

**WITH MORE THAN 3,000 ISLANDS, THE BAHAMAS OFFERS EVERY TYPE OF HOLIDAY, WHETHER IT'S A ROMANTIC GETAWAY OR A TRIP FOR THE WHOLE FAMILY**





## FOR ROMANCE: GRAND BAHA

**WHAT TO DO:** At Freeport's Port Lucaya Marketplace, you'll find more than 80 shops, restaurants and entertainment venues, including the Bahamas Maritime Museum, where you can learn about the rich history of the islands. At Bootleg Chocolates, taste cacao treats delicately infused with local flavours such as nutmeg, coffee and rum. Call in at the Bahamian Brewery to sample Grand Bahama's six key beers produced by Jimmy Sands.

**WHERE TO EAT:** Enjoy brunch at Zorba's, one of the oldest restaurants on the island, with a menu packed with Bahamian and Greek food including chicken souse (stew) with buttered grits (cornmeal) or Johnny cake (batter bread) and gyros-style omelettes. The Garden Café at the Garden of the Groves serves grilled seafood, wraps, salads and conch burgers to a stunning backdrop of pretty waterfalls. Book a table for dinner at the suave beachside restaurant, Stoned





Coral seafood haven that also offers top-quality steaks, soups and cocktails.

**WHERE TO STAY:** Laidback Lighthouse Pointe offers all-inclusive stays with beach-facing rooms, an infinity pool looking over the powdery white sand, a beachside bar and terrace restaurant.

**DON'T MISS:** Tour the Earthshot Prize 2021 winner Coral Vita Coral Farm to learn about the threats faced by marine ecosystems globally and the farm's innovative work restoring coral reefs.

## FOR ADVENTURE: ANDROS ISLAND

**WHAT TO DO:** Hire a car and venture to Blue Holes National Park, where deep caves formed by weathered limestone fill with rain and seawater to create stunning underwater ecosystems known as blue holes. Walking trails to these hidden swimming pools are signposted – the most popular being Captain Bill's Blue Hole, which is equipped with an access platform and restroom. Other walks take you deep into the pine forests and wind along beaches.

**WHERE TO EAT:** Over-the-water Brigadier's Restaurant serves fresh, grilled lobster in melted butter and local favourite cracked conch. On Mangrove Cay, Aunt B's dishes out Bahamian-style spicy rice and black beans, seasonal veggies and creamy macaroni and cheese dishes.

**WHERE TO STAY:** Soak in the boutique beachfront views at Dream Villas to the north-east of country's largest island, while Seascape Inn's



off-the-beaten-track location in Mangrove Cay is perfect for a feeling of complete isolation.

**DON'T MISS:** Small Hope Bay Lodge leads bespoke snorkelling safaris among Andros' colourful corals, which are part of the third-largest barrier reef in the world.

## FOR A FAMILY BREAK: NEW PROVIDENCE

**WHAT TO DO:** New Providence is the location of the Bahamas' largest city – and its capital – Nassau. Visit the Pirates of Nassau museum to hear stories on its history as a Republic of Pirates and learn how the Bahamas became such a diverse and vibrant culture at the Pompey Museum of Slavery and Emancipation. Wander the self-guided trails and spot birdlife at The Retreat Gardens before souvenir shopping at the Bahama Art and Handicraft store. In between, indulge in quality time by the sea on the island's pristine beaches.

**WHERE TO EAT:** Opening daily at 11am, the fish fry – a collection of stalls and restaurants – in Arawak Cay serves local delicacies from conch salad, crumbed fried snapper and lobster. Opt for a mouthwatering Sky Juice (coconut rum, coconut water and condensed milk) for a true Bahamian experience.





**WHERE TO STAY:** Margaritaville Beach Resort – an all-in-one hotel, bowling alley, cinema and even a water park that will satisfy families of all sizes.

**DON'T MISS:** The Educulture Junkanoo Museum is an interactive and colourful dedication to the Bahamas' biggest cultural festival. Led by Junkanoo specialist Arlene Nash Ferguson, this extravagant tour ends with a special treat for kids.

## FOR A SLOWER PACE: CAT ISLAND

**WHAT TO DO:** Take the short but steep climb up to Cat Island's highest point, Mount Alvernia, where at 63m, a small medieval monastery overlooks the lush inland forest. Then, enjoy a dip in the Great Lake known as Mermaid Hole, famous for its alleged sightings. Stop off at Gifted Hands for a variety of traditional crafts on the journey back.

**WHERE TO EAT:** Olive's Bakery is where you'll see locals queuing at lunchtime for delicious snacks, including the Cat Island delicacy, Bahamian bites – a rusk-style biscuit with a hint of nutmeg. Roadside shack Duke's Conch Stand is the place for made-to-order conch salads. Enjoy the sunset with a few Bahama Mamas or Sky Juices at Tingum Dem Beach Bar.

**WHERE TO STAY:** Enjoy an authentic stay at Rollezz Villas Beach Resort run by sisters Yvonne Rolle and Margaret Smith – with regular live music, bonfires on the beach and traditional storytelling.



**DON'T MISS:** From homestays and foodie tours to nature trails and fishing excursions, the Bahamas' People-to-People Experience offers visitors the chance to be hosted by community volunteers. It's a great way of understanding local life.

## FOR NATURE: INAGUA ISLANDS

**WHAT TO DO:** On the southernmost of the Bahamian islands, Inagua National Park is home to the Caribbean's greatest conservation story – the largest remaining colony of West Indian flamingos. You can also spot green and hawksbill turtles swimming in the warm waters, and wild donkeys trotting through the mangroves.

**WHERE TO EAT:** The Inagua vibe is all about local, family-run services. During the week, Kiwanis Park dishes out fish, steak and fritters alongside frozen daiquiris. At weekends, it transforms into a fish fry serving traditional Bahamian fodder.

**WHERE TO STAY:** Red Knot Manor is a humble guesthouse with home-cooked meals available on request.

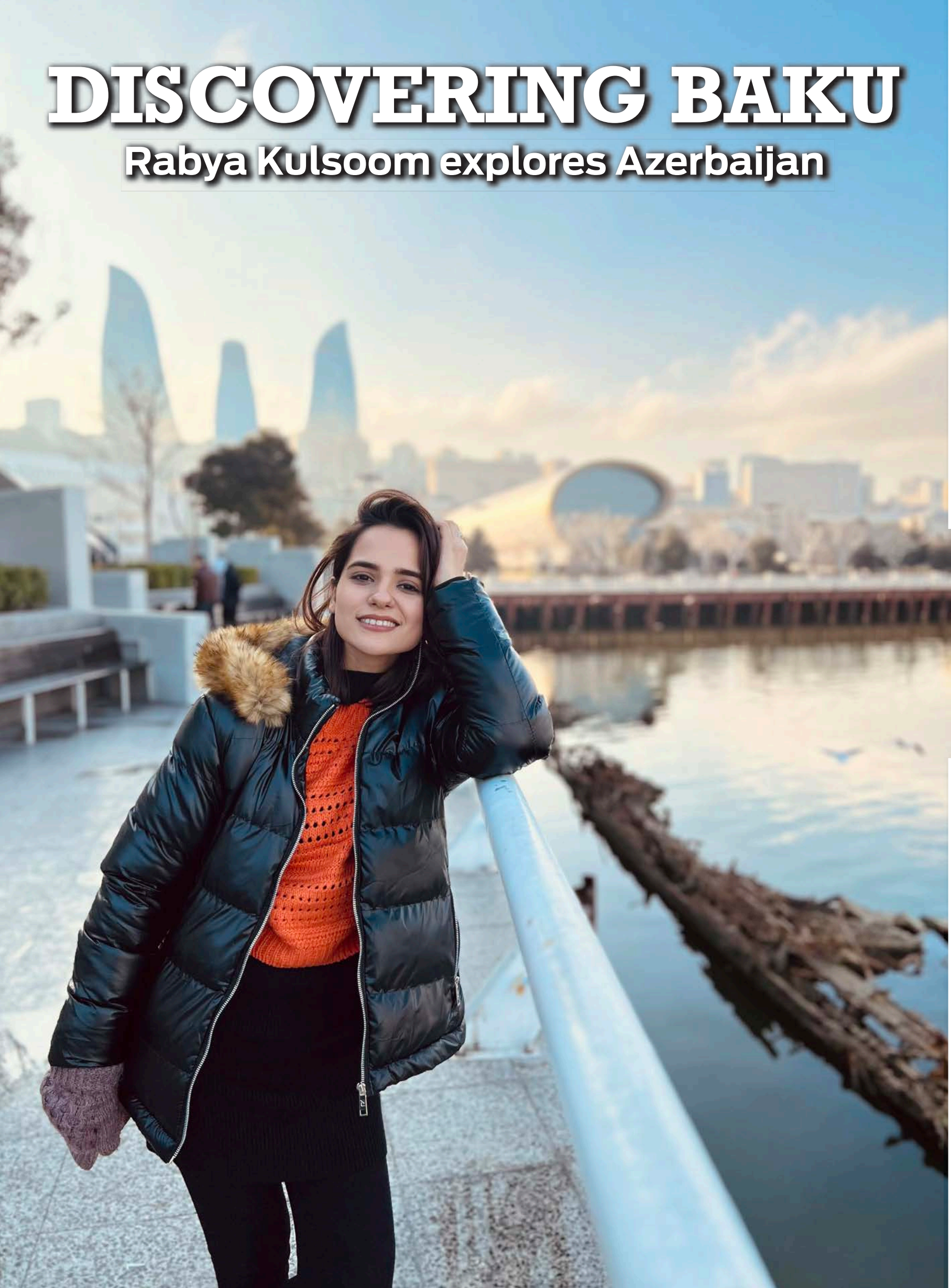
**DON'T MISS:** The After Work Bar – a place where locals gather for a beer over a game of dominoes and a chat is a good spot to taste the Inagua way of life. **OK!**

WORDS: KAREN EDWARDS  
PHOTOS: GETTY

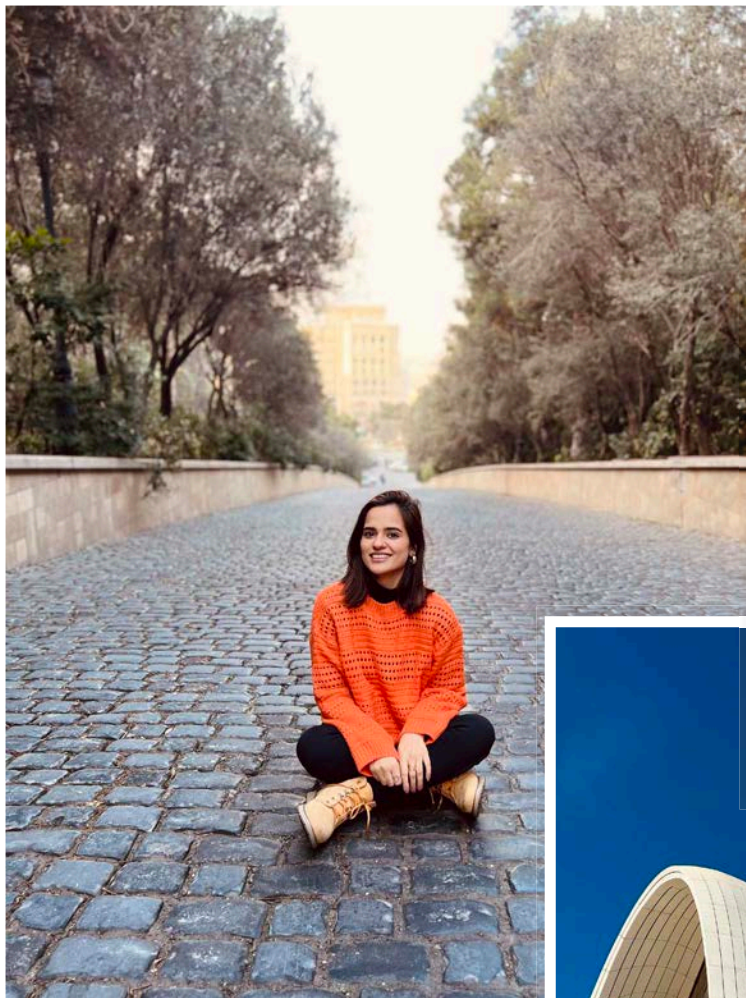


# DISCOVERING BAKU

Rabya Kulsoom explores Azerbaijan







**Where did you go?**

**Rabya Kulsoom:** I went to Baku.

**What made you go here?**

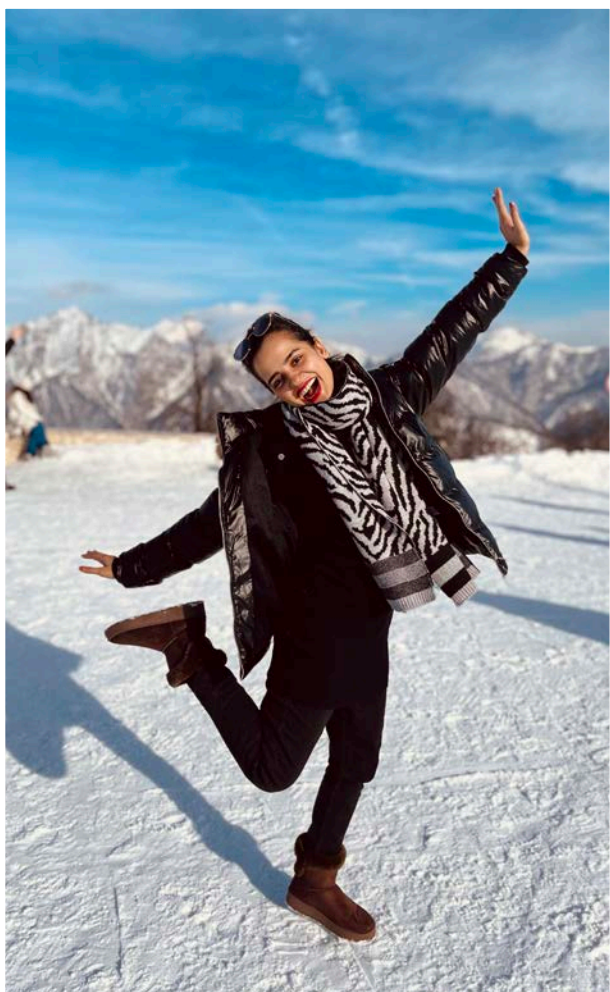
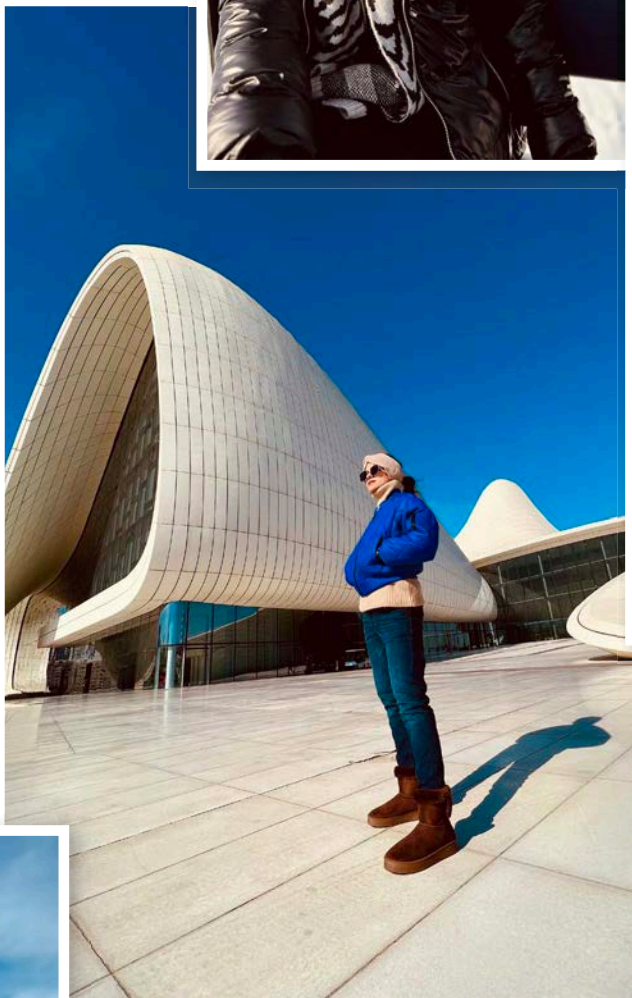
**RK:** I've heard great things about Baku from my friends and family.

**What did you pack?**

**RK:** I overpacked lots of warm clothing because it was crazy cold.

**What was favourite meal?**

**RK:** Doners, shawarmas, iskendar



kababs - I tried out all the local stuff and it was delicious.

**What was the biggest highlight of your trip and your most memorable moment?**

**RK:** When I went to Gabala! I absolutely loved that place and Tufandag Mountain Resort. The chair lift ride was the most memorable of all and also me tripping on the ice and falling face flat [laughs].

**Favourite shopping destination in Baku?**

**RK:** Nizami Street.

**Some sights worth seeing?**

**RK:** Gabala is highly recommended and just three hours from Baku. It's beautiful yet very well developed. They have kept the raw-ness of the place intact yet provide world class/state of the art services.

**What are some spots for a night out?**

**RK:** There are a few spots at Nizami Street.

**Travel essentials?**

**RK:** Passport, Covid vaccination card, phone along with its charger and lots of dollars.

**Any travel tips you would like to share?**

**RK:** Try and take a flight with minimum hours of transit. Research well about the place you go to and especially look into their local apps for commuting and ordering food. That comes very handy! **OK!**

TEXT: MEHR KASSIM  
PHOTOGRAPHS: COURTESY OF RABYA KULSOOM



# OK! WORLD IN ACTION



THOUSANDS LINED THE STREETS AS KING CHARLES RECEIVED THE SCOTTISH CROWN JEWELS AT A SPECIAL SERVICE AT ST GILES' CATHEDRAL IN EDINBURGH



NOVAK DJOKOVIC PUTS HIS HEAD IN HIS TROPHY AFTER WINNING THE FRENCH OPEN ON SUNDAY, JUNE 11





RELATIVITY SPACE'S TERRAN-1 LAUNCHED FOR THE FIRST TIME FROM CAPE CANAVERAL IN FLORIDA ON WEDNESDAY. THE ALMOST FULLY 3D-PRINTED ROCKET POWERED SKYWARD FOR A FEW MINUTES BEFORE FALLING BACK TO EARTH.



PEOPLE IN PAKISTAN'S SUJAWAL DISTRICT WADE THROUGH WATER AS CYCLONE BIPARJOY POUNDED THE COUNTRY'S COASTLINE ON THURSDAY, JUNE 15

PHOTOGRAPHS: MINDY SMALL/GETTY IMAGES, NBC, SHUTTERSTOCK



# HOROSCOPE & TAROT

IT'S WRITTEN IN THE STARS!

## CAPRICORN

**Dec 22 – Jan 20**



Are you fully present in your relationships?

You're encouraged

to ride out with friends by your side, so stock up on the snacks and get ready for some good belly laughs. You are reminded to love one more person: yourself.

## TAURUS

**Apr 21 – May 21**



Use your confidence to tackle anything you've been putting off, whether it's finally catching up

with a friend you haven't seen since lockdown or asking a crush out on a date. You should be able to tap into your bold side and vocalise your needs and wants.

## VIRGO

**Aug 24 – Sep 23**



Be gentle with yourself. Stay on top of your inbox and even check your spam folder to

ensure you didn't miss welcome news related to work or a passion project. Be wary of building walls when you really need love and help from your trusted community.

## SAGITTARIUS

**Nov 23 – Dec 21**



Your relationships flourish this month. However, you need more rest. Don't be

afraid to explore methods of self-care or pampering that are new to you. You're the sign of expansion, always on a quest for knowledge, and even better if it lifts your mood.

## AQUARIUS

**Jan 21 – Feb 19**



You must toughen up, stop procrastinating, and figure out what you want. Whether it's

professional or personal, something is bugging you. It's okay to treat yourself to a bold make-up look or whatever your preferred avenue of self-expression.

## GEMINI

**May 22 – Jun 21**



In early May, you find yourself intrigued by a cause that's new to you, and you're

surprised how fulfilling it is, even if you're modestly helping a friend through a hard time. You will play with bold make-up looks and enjoy elaborate skincare routines.

## LIBRA

**Sep 24 – Oct 23**



Early May asks you to revisit your relationship with sensuality. Mid-May demands that you

spend time with your friends. Your chosen family is your foundation, and your foundation needs watering.

## PISCES

**Feb 20 – Mar 20**



Like too many of us in recent years, you've put some of your passion projects on hold, or

are experiencing a creative block. The stars heighten your poetic, even psychic, powers to help you push through and turn your dreams into reality.

## CANCER

**Jun 22 – Jul 23**



Regardless of what's happening with romance, you won't feel alone this May. Your friends remind

you how awesome they are by providing constant and loyal support. You'll make new connections, which will be fruitful and abundant.

## SCORPIO

**Oct 24 – Nov 22**



You can ice people out, even though deep down, you just want love. Try to

become more aware of your emotions and how they appear to others. Consider spending nights away from social media and with snacks and your favorite TV show.

## ARIES

**Mar 21 – Apr 20**



As we grow up, it's normal for our social circle to shift.

However, later in

the month you will feel like you have more friends than you could have ever dreamed for. Plus, your love life heats up.

## LEO

**Jul 24 – Aug 23**



Appreciate your friendships as long as you aren't losing your signature

individuality in the process. You'll meet new people this month, including those who may prove to be valuable professional connections.



FATIMA BHUTTO  
MAY 29, 1982



ADELE  
MAY 5, 1988

CREDIT: NEERAJ BHANUJ  
PHOTOGRAPHS: SHUTTERSTOCK, WEEN



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