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ISSUE 13, MAY 2015



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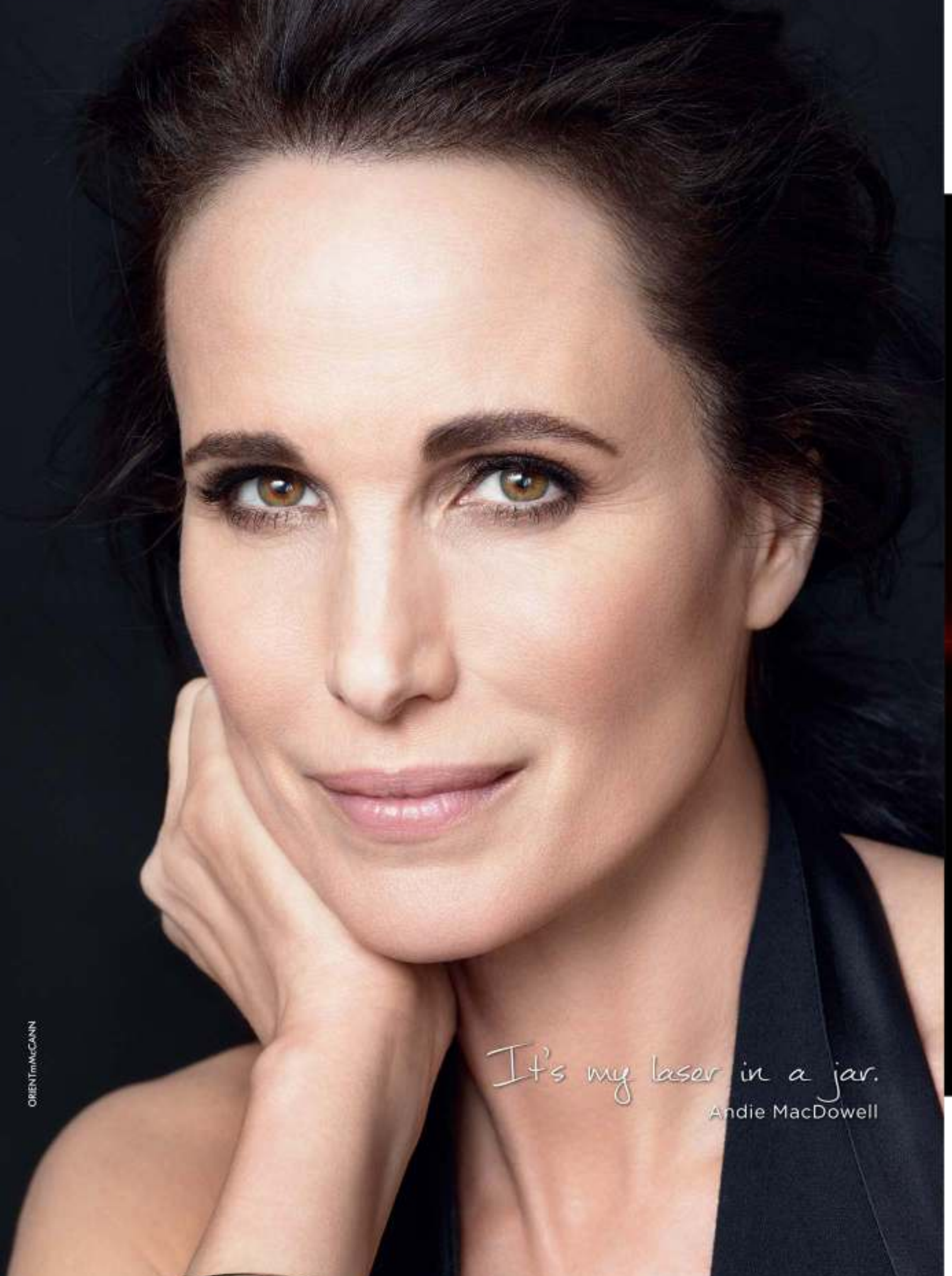
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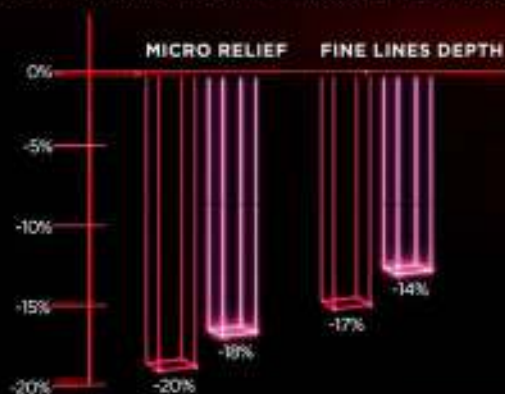
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Being India's most famous actor is a lot of pressure. Making the right choices and staying on top is an everyday fight. Like TAG Heuer, Shah Rukh Khan keeps reinventing himself and never cracks under pressure.





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Picture swarms of mellifluous fairies sweeping across a moonlit sky. Imagine a spring meadow bouncing with blossoms and overrun with pixies. Join a tea party where riddles and silliness are all you'll be served. Once you do, you've arrived at a place called 'Paristan'.

With a colour palette ranging from the softest shades of daybreak to the deepest hues of nightfall, 'Paristan' is a collection of playful, dreamlike pret ensembles. Featuring luxury fabrics like silk, organza, charmeuse, and crepe, the pieces follow SANIA MASKATIYA signature silhouettes, both structured and fluid. Beads and sequins embellish varied hemlines and multiple layering, all set against captivating scenes of mirth and magic. Motifs range from the sublime to nonsensical; friendly mice and naughty elves, clocks and teapots, flowering fields and star-filled skies, princesses and ponies. All in keeping with a delightfully vibrant fairy-like feel.

Sania has long daydreamed of a land where worries fade and frivolity reigns. This Spring-Summer her childhood whimsy finally takes flight.

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PUBLISHER'S LETTER



The entire world celebrates the birth of a princess as Prince William and Kate Middleton introduce HRH Charlotte Elizabeth Diana of Cambridge. We'd like to extend our heartfelt congratulations to the royal family on the arrival of the beautiful little princess!

Our May issue features an exclusive interview with renowned Pakistani actress Atiqah Odho as she celebrates thirty years in the industry and a tête-à-tête with the gorgeous and extremely talented fashion designer Misha Lakhani. Additionally, internationally acclaimed writer and actress Mira Sethi gives us a glimpse into her fascinating world as she exclusively talks to *OK! Pakistan* about leaving the Wall Street Journal to pursue a career in acting and her upcoming novel.

OK! Fashionista brings you a round-up of fashion's biggest night featuring the most glamorous looks from the Met Gala red carpet as well as the best of PFDC Sunsilk Fashion Week. Style icon Ayesha Farook Hashwani showcases her wondrous closet, Nina Lotia reveals her beauty essentials and adventurer Moin Khan takes us on a tour of Northern Pakistan on his motorbike and shares details of his documentary, *A Different Agenda*.

As Pakistan makes international headlines for boasting some of the best looking men in the world, we bring you a list of Pakistan's Hottest Actors to sweep you off your feet. And that's not all, *OK!* also catches up with award-winning model Abbas Jafri, the Backstreet Boys and Canadian heartthrob Ryan Gosling, making this issue hotter than the weather outside!

Saher H Paracha
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DOLCE & GABBANA
Striped Crepe Dress



CHRISTIAN LACROIX
Sol Y Sombra Card Box



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FORNASETTI
Burlesque Thyme, Lavender
& Cedarwood Scented
Candle



“ Intelligence without ambition is a bird without wings. ”
-Salvador Dali

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Athena Leather
Sandals



RALPH LAUREN
Capelle Coasters
Set



MIU MIU
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Sunglasses



CUSHNIE ET OCHS
Striped Stretch-
Neoprene Pencil Skirt



GIVENCHY
Antigona Shopping Bag in
Striped Coated Canvas

NARS
Duo Eyeshadow in Pandora



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Bal d'Afrique Hair
Perfume



AMAL CLOONEY IN DOLCE & GABBANA

PHOTOGRAPHS: WENN

Editor's Note



Britain's Prince William and his wife, Kate, Duchess of Cambridge were blessed with a healthy and beautiful baby girl on May 2, and the team at OK! Pakistan would like to extend our heartiest congratulations to the royal family. The new princess – fourth in line to the throne – has been named HRH Princess Charlotte Elizabeth Diana of Cambridge, and, in announcing the name of their daughter, William and Kate have earned worldwide praise for paying tribute to both sides of the family.

Atiqah Odho became an overnight star when Anwer Maqsood's play, *Sitara aur Mehrunnisa* went on air more than 20 years ago. Although she had appeared in a TV commercial and was already working as a make-up artist prior to her acting debut, it was her portrayal of the vulnerable Sitara that catapulted Atiqah Odho into the limelight. Since then, she has come a long way indeed and has many commendable projects, including the sublime *Zikr Hai Kain Saal Ka* to her credit. She also runs a successful cosmetics line and is involved in several philanthropic projects.

The Backstreet Boys are back! The band ruled the pop music scene in the '90s and sold over 130 million records worldwide, making them one of the world's best selling music artists. They recently came out with their first documentary film, *Backstreet Boys: Show 'Em What You're Made Of!* "We are friends, we are family and we've been through highs and lows together. This journey or this whole film is a real testament to our fans and to one another," shares AJ McLean in an exclusive interview with OK!.

Editor's Picks

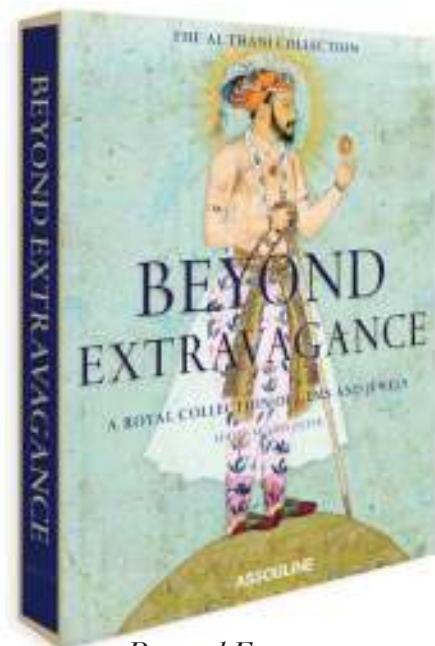


Anne of Green Gables: The Continuing Story

We bring you pictures from one of the year's most prestigious events, the Metropolitan Museum of Art's Costume Institute Gala held in New York City. This year, celebrities attended the gala dressed according to the theme of the Met's new exhibition, 'China: Through the Looking Glass'.

In conversation with the articulate Mira Sethi, we learn that she quit her job as Assistant Books Editor at *The Wall Street Journal* to pursue her love of acting. This talented young woman is proud of her roots and deeply enamoured of Urdu poetry, particularly the works of Faiz Ahmad Faiz, Ghalib, and Parveen Shakir. "I think it's the mix of my Western education and Eastern sensibility that probably surprises people," she says candidly in this exclusive interview.

We are saddened by the demise of Jonathan Crombie, who played the role of Gilbert Blythe in the Canadian television drama film, *Anne of Green Gables* and its two sequels. Who could ever forget "Carrots" and the slate smashing scene from the adaptation of Lucy Maud Montgomery's beloved classic? Jonathan Crombie will continue to live on in the hearts of generations of fans around the world.



Beyond Extravagance: A Royal Collection of Gems and Jewels



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Hamza Akbar wins Asian Snooker Championship



The 17 year wait finally ended when Hamza Akbar led Pakistan to victory in the Asian Snooker Championship, defeating former IBSF World Snooker Champion and Indian maestro Pankaj Advani 7-6 after a strongly contested final in Kuala Lumpur.

Following in Mohammad Yousaf's steps, Hamza became the second Pakistani to win Asia's top tournament after Yousaf's triumph in 1998. The 22-year-old became Pakistan's youngest national champion at the age of 19, moving on to beat compatriots Shahram Changezi and Mohammad Asif en route to the 31st Asian Snooker Championship final.

The newly crowned Asian Snooker Champion is now looking forward to making his mark on the professional circuit in England.



Alia Bilgrami makes it to the top 30 finalists in the Sovereign Asian Art Prize 2015 show

Talented Pakistani artist and curator, Alia Bilgrami was recently selected as one of the 30 finalists for the Sovereign Asian Art Prize 2014-2015, Asia's most prestigious contemporary prize for mid-career artists across the region.

Alia Bilgrami completed her BFA from the Indus Valley School of Art and Architecture in 2007. She later graduated

with an MA in Fine Arts from Central Saint Martins College of Art and Design, London during which she won the Cecil Collins Memorial Award for Drawing. The finalists' artworks were shortlisted from amongst 236 independently nominated artists across 13 countries. The auction and gala dinner took place on May 8, at the Four Seasons in Hong Kong, and another exhibition of the works took place at the Christie's exhibition space in Hong Kong.

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Samar Minallah Khan honoured at the Diane Von Furstenberg Awards

Pashtun filmmaker, anthropologist and human rights activist, Samar Minallah Khan was recently honoured at the sixth annual Diane von Furstenberg (DVF) Awards held at the United Nations Headquarters. The award, created in 2010 by fashion designer Diane von Furstenberg and the Diller-von Furstenberg Family Foundation, acknowledges and supports extraordinary women. Among other honourees were journalist and human rights activist, Melanne Vermeer who is the first-ever ambassador-at-large for women's issues at the US Department of State; former US Representative Gabby Giffords, and founder of 'Women in Business', Adi Tafuna'i. The honourees will each receive \$50,000 from the DVF family foundation.

The event was also attended by US presidential candidate Hillary Clinton, actresses Dakota Fanning, Maggie Gyllenhaal and supermodel Naomi Campbell.



Faran Tahir takes on Supergirl as The Commander

After gaining popularity for his roles in movies such as *Iron Man*, *Star Trek* and *Elysium*, Pakistani-American actor Faran Tahir has been roped in to join the cast of the much-awaited American TV series, *Supergirl*. Tahir will play the role of The Commander, an alien military expert leading the forces against Supergirl.

The series will air on CBS network during the 2015-2016 television season. The show has generated a lot of interest worldwide from fans of DC Comics owing to *Supergirl* being based on the comic book character.

Faran has won accolades worldwide for his work. In a heartfelt interview to renowned international publication, *Huffington Post* he talked about his experience of working in Hollywood being a Muslim actor and expressed the consideration he gives his background before accepting any roles. Speaking about his upcoming show, Faran says, "*Supergirl* is a tremendously fun show. Hopefully, CBS will order a full season. The Commander has the potential to be a deliciously ruthless and mischievous character."



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HOLLYWOOD CONFIDENTIAL



David Beckham Hits The Big 4-0

Like a fine bottle of wine, David Beckham just seems to get better with age – and it's hard to believe the dad of four turned 40 earlier this May. From his footballing success to his work for UNICEF, from his fragrance to his Obe, David has had a glittering career, as well as being a doting dad to Brooklyn, 16, Romeo, 12,

Cruz, 10, and Harper, three, his children with wife of nearly 16 years, Victoria, 40. Although he's spent over half of his life in the public eye, it seems the footballer isn't afraid of getting older. He recently said: "I'm not worried about turning 40. People keep turning around and saying: 'You're turning 40, how do you feel?' And I'm like: 'I feel fine. I'm looking forward to it.'"



Meet Silas Timberlake

Proud first-time father Justin Timberlake has released the first picture of his adorable son, Silas Randall, who's already a fan of his dad's basketball team by the looks of things! The gorgeous tot, pictured in the arms of beaming mum Jessica Biel, 33, is dressed in a Memphis Grizzlies jersey – the NBA team Justin co-owns. Posting the picture on Instagram, he captioned the image: "The Timberlakes are ready!!! Go grizz! #gritngrind #playoffs #babygrizzroar" The couple confirmed the arrival of Silas earlier in April, with a rep adding that Justin was 'ecstatic' and both mum and baby are doing well.



Everything's Saggy After Babies

Drew Barrymore has been refreshingly open about the effects pregnancy had on her body, describing herself as feeling like 'a kangaroo with a giant pouch – everything's saggy and weird'. With a distinctly non-Hollywood turn of phrase, the 40-year-old – who has daughters Olive, two, and Frankie, 11 months, with husband Will Kopelman – told Glamour magazine: "After having two babies, holy cow, does your body do some crazy stuff! It's hard to stay positive and love yourself. But you think about how beautiful it is that you're able to make children. When I lose sight of that, I exercise, read Dr Seuss's *Oh, The Places You'll Go!* And spend time with my kids. Then I start to see things that are bigger than myself." You're looking good to us, Drew!

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Cate Is 'Blessed'

Hollywood star Cate Blanchett has spoken for the first time about life with her newly adopted baby daughter Edith, saying she's mesmerised by the way her three sons look at her. "I find it extraordinary, glimpsing them becoming a unit. And a very welcoming unit," she revealed. The 45-year-old actress, who has Dashiell, 13, Roman, 10, and Ignatius, six, with her husband Andrew Upton also said she had been talking about adoption since Dashiell was born, adding that she and Andrew didn't choose Edith because of her gender. "It's not about designing a family. There's a lot of children out there in need. So it wasn't necessarily about having a girl, but that's what landed in our lap and we feel absolutely blessed."



Are Taylor And Calvin Dating?

Pop stars Taylor Swift and Calvin Harris have done nothing to dispel rumours that they're dating after the pair was spotted walking through a Whole Foods store in Taylor's home town of Nashville wearing matching tops. Signs of the pair's romance first emerged after they spent the majority of the BRIT Awards together, and were also seen chatting at the BRITs Universal after-party. Taylor, 25, then flew to Las Vegas to watch the Scot perform a DJ set with British pal Ellie Goulding, with a source revealing: "Taylor is producing more dance music now and would love to write a track with Calvin." However, during a recent radio interview with Capital Radio, the DJ said that he would reject Taylor if he came across her profile on Tinder, saying: "She's just the opposite of my type. She looks lovely, she's the opposite of my type, so I would just go left," later explaining that he likes brunettes.



Is Nicki Engaged?

They only went public in February, but rappers Nicki Minaj and Meek Mill are apparently already engaged! 32-year-old Nicki tweeted emojis of a ring, heart and a diamond with the words: "I'll post it later." She then uploaded a photo of a huge, heart-shaped diamond ring on her engagement finger. The sparkler has a 15-carat yellow diamond in the centre, surrounded by two layers of pavé diamonds. While some fans were sceptical over the engagement, when a Twitter user told 27-year-old Meek that he was 'lucky', the smitten star responded: "I am."



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PERFORATED RUBBER STRAP.
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SHEHLA
CHATOOR



EMU, NABILA, SARA & ZAIR



KAMAL MIR, MINHAL MALIK & ANUSHA BAWANY



ALIYA OMER & SAJID

KARACHI

Nabila's No Make Up

Renowned beauty guru Nabila has launched an exciting new product, No Make Up. This revolutionary face palette is perfect for women of any skin tone! Launch parties were held in both Lahore and Karachi. Ladies were given a chance to try and test the product for themselves!



MRS. JAFFER & SARA SHAH



TANYA
MASKATIYA



HUMA ADNAN & AYESHA TAMMY



BUNTO KAZMI



ZAINAB HASHMI



TEHMINA KHALED



SANA BUCHA



NAZNEEN TARIQ



MUSHARAF HAI



MAHEEN KARIM



SANIA MASKATIYA



NAUSHABA BROHI



MAHA ALI
KAZMI



MAIRA PAGGANWALA &
SANA HAFEEZ



SAMRA MUSLIM



SONYA BATLA



NOMI ANSARI & SONIA KHAN



NOMI ANSARI



NOMI ANSARI WITH L'OREAL PARIS EXCELLENCE
CREME AMBASSADOR OF FASHION MODELS



ANOUSHEY ASHRAF &
AMNA BABAR



SHANERIA AKRAM &
DEEPAK PERWANI



AREEBA HABIB &
SADAF KANWAL

KARACHI

Nomi Ansari Meets Excellence Crème

L'Oréal Paris Excellence Crème and Nomi Ansari celebrated their ground breaking, first of its kind, Ambassador of Fashion collaboration with a star studded brunch held at Café Verde in Karachi.



ADNAN SIDDIQUI



SABA ANSARI, FRIEHA ALTAF &
NADIA HUSSAIN



SHAZAH AYUB, MOHSIN ALI
& NATASIA KHALID



FAIZA ANSARI &
BISMA ASKARI



MEHREEN SYED



AMAAN, MIRA, WARDHA, NUBAIN & MAIDA AZMAT



TAPU JAVERI



ANUSHEH SHAHID &
FAIZA LAKHANI



ZAHIR & SHEHERZAD
RAHIMTOOLA



MULGHALAR HASSAN, SONYA KHAN & TOOBA



SHAMAIN FARUQUE



ANISA, AMINA & NADIR



HADIQA KIANI



THE NEW MIRACLE MENTORS



NADIA HUSSAIN



MUNIBA MAZARI

KARACHI

The Miracle Journey Begins

Pond's recently announced 10 Miracle Mentors for 2015 at a ceremony held at the PC. These prominent women including Hadiqa Kiani, Shamain Faruque, Shehla Chatoor and various other females who are absolutely amazing at what they do, will serve as role models and, as part of the 2015 Miracle Journey, will go on to select a total of 100 exceptional women who successfully juggle their personal and professional lives.



MOMINA DURAIID



DR MAHNAZ NAVEED SHAH



SIDRA IQBAL



SHEHLA CHATOOR



MALEEHA REHMAN



SABA HAMID



SHAMAIN FARUQUE



SALIMA FEERASTA



TAHERA HASAN & FARESHTEH ASLAM



SADAF JALIL & ANOUSHEY IRFAN



NATASHA KHALID & SANA HAFEEZ SHEIKH



SEVEEN MUNEER



SABA PERVEZ DADA



MEHEK K NADEEM & SAHER TAHER KHAN

KARACHI

Outhouse Jewellery

Official Outhouse Jewellery representative in Pakistan, Sana Hafeez Sheikh hosted an exhibition showcasing the brand's latest collection at her residence. It was a must see event for all jewelry enthusiasts.



MAIRA PAGGANWALA & SEHR PIRZADA



JUMANA VALIKA



BINA HAFEEZ



FAIZA RANGOOWNWALA



AMIRA MUNEER, ANUSHKA TALPUR & NAZIA QADIR



ASMA MAJEED



SOHA HAFEEZ & NATASIA KHALID



SANA RAJA



SABA JAWAD



NEELO PIRZADA



SANA SHIRAZ



ASNA QAMAR & NABA QAMAR



MAHEEN FAROQUI & AYESHA BARI



HAFSA ALAM



SARAH AJMAL & AMTUL HIRA
FAHAD



SEHAR JAFRI, NISSA M BUKHARI
& MANEESHA KASSIM



OZAIR BUKHARI &
ALINA HAMEED

KARACHI

White Party

An all white party kicked off the summer festivities! The theme was inspired by the Club 'White' in Dubai. Guests glistened in their very best whites. The event was organized and hosted by Sarah Ajmal CEO of infusion



NAUSHEEN NATHOO &
SEHRISH AMIN



DEEPAK PERWANI



SYED RIZWANULLAH



MUZNA SULTAN



SARA WASSAN, ALIZEH IMTIAZ &
KHUSH MOMO PASHA



MUHAMMAD ALI
SHAH BUKHARI



ABBAS JAFRI



SULTAN AJMAL, NIMRAH GHUMRO, ALI GHUMRO,
NISHA GHUMRO & ASHER AKHTER



OMER SHEIKH &
RAJA BABER KHAN



ALI RASHID & MIR RAZA



PALWASHA ALI & NASHMIA FARAZ



SANAM AGHA



AKMAL NADIR LEGHARI, SHAKIR ABIDEEN &
AIMAN KHAN



GOHAR



ZOE VICCAJI



BEENISH PERVAIZ
& KOMAL RIZVI



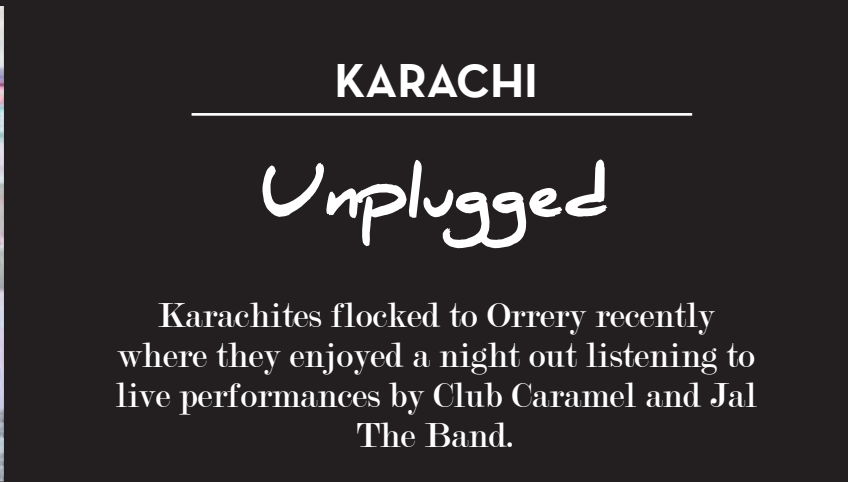
KIRAN CHAUDRY



FAHAD ISHTIAQ &
TOOBA BARI



SARWAT GILLANI &
AAMNA AQUEEL



KARACHI

Unplugged

Karachites flocked to Orrery recently where they enjoyed a night out listening to live performances by Club Caramel and Jal The Band.



ANOUSHEY ASHRAF & AYAZ ANIS



OMAIR BAIG &
IMAN BAIG



JEHANGIR ISHTIAQ &
SAMAN ZUBAIR



AURANGZEB SIDDIQUI &
RUMEENA ISHTIAQ



MR & MRS HASSAN
ZUBAIR



NISHA GHUMRO, MOAZZAM
MALIK & SARAH AJMAL



FAWWAD PERWAIZ &
RAANA KHAN



JEHANZEB NAWAZ, MAHIN NAWAZ, SARA WASSAN & TAHA
BHATTI



SANA JAFRI, AINEE BILWANI, SABA BILWANI, HUSNA AZAD,
HINA RAMZI & HASAN RIZVI



RABYA CHAUDRY



AKMAL LEGHARI, ASHOK CHAWLA, KUMAIL
TAPAL & AFZAL LEGHARI



GHAZALA SHAFI



ALI AHMAD, MR & MRS SENTOSA, COUNSEL GENERAL OF INDONESIA IN KARACHI, SALEHA & YASMEEN HYDER



NADIA RAMEEZ & BARIRAH



MR & MRS ONART, COUNSEL GENERAL OF TURKEY

KARACHI

Saleha's Launch

Saleha Qureshi, the designer behind 'Slate' recently launched her flagship boutique under her new label, 'Saleha' at Zamzama Mall in Karachi. The boutique offers a wide array of ready-to-wear shirts and kurtas that are perfect for the day as well as a night out.



ZAINAB & BUSHRA



KINZA & AYESHA



RABIA AZIZ



FARIDA QURESHI, LULU & NEELO



ISMAT LOTIA



AMINA SULTAN



SEVEEN MUNIR



SALMA AZIZ



RUSHNA SHAHID



RUSHNA SHAHID



SABAH GAILANI



SHFAQ FAHAD



NADIA MERCHANT



SABINA FAISAL



AISHA IRFAN



NADIA YASIR



NADIA HUSSAIN



MATHIRA



JUNAID KHAN



MANSHA PASHA



DR. FAISAL REHMAN &
JYOTI KUMARI



AMEN & MINAL

KARACHI

Uncover Urticaria

An evening of science and art intertwining to spread awareness about a skin condition known as Urticaria was organised by Novartis Pharma Pakistan. The event was held at the Marriott in Karachi and presented beautifully choreographed dance and fashion segments to illustrate the effects of Urticaria on a person's social and professional life.



DR. ASIM & DR. SADAF



DR. ZARKA



ZULFIQAR ALI SHALWANI



NADYA MISTRY



DR. MUZNA



ANGIE MARSHALL



CAMBELINA



AMIR, MOAZZAM & LAMIA



BINA HASAN



ABDUL MANAN



MARZI



UROOSA MUDABBIR



HIRA MIR



UMAIR MIRZA



UMMARA HAIDER



NADIA HUSSAIN



SAHER H. PARACHA



DEEPAK PERWANI
& MAHEEN KHAN



SANAM CHAUDHRI



SARWAT GILANI



SEEMI PASHA &
TEHMINA KHALED

KARACHI & LAHORE

Deepak Perwani's Lawn Launch

Deepak Perwani introduced his latest lawn collection, Zeniya with exhibitions in Lahore and Karachi that were attended by fashionistas and fans.



AYESHA TAMMY HAQ



SARA GILANI



SHARMILA FARUQI



ANUSHA BAWANY



MARIA WASTI



RUKAIYA ADAMJEE



NATASHA



NATASIA KHALID



RONAK LAKHANI



ANOUSHEY ASHRAF



AAMNA AQEEL



UZMA ALKARIM



ZHALEY SARHADI



SANAM AGHA



PINKY DURRANI



MALIHA BHIMJEE



AMNA HASSAN, MARIUM SAQIB & MEHWISH KHAN



ASHI & SHAZIA DEEN



KHADIJA MALIK



EIZA MUSTAFA



KASHMALA TARIQ, RABIA & SADAF



SARA IRFAN



SARA & SUNDUS RIZWAN



SONIA NAZEER



SANA ADIL & AMNA BASHIR



NUSCIE JAMIL & MOMINA SIBTAIN



AMINA



AREEBA MAGSI



MIRA HASHMI



FAUZIA & ZAREEN



HAMDA ASHRAF



SAIRA AGHA



RABIA MOHEES



NEENA MALIK



DR AROOJ



TANYA



NAHZAT ADNAN



FAHAD HUSSAYN & MAIDA AZMAT



HSY



NUSCIE JAMIL



ALI XEESHAN & NATASHA SALEEM



KAMIAR ROKNI & SELINA RASHID KHAN

LAHORE PFDC Sunsilk Fashion Week

The 8th PFDC Sunsilk Fashion Week was held in Lahore recently. Designers, celebrities and fashionistas from across the country flocked to Punjab's capital to view the latest collections that were showcased by some of Pakistan's most talented designers.



HUMA & AMIR ADNAN



NIDA AZWER



NINA & NICKIE



MISHA LAKHANI



KHADIJAH SHAH



AMINA RASHID KHAN



FRIEHA ALTAF



SEHYR SAIGOL



MOEED YOUSAF & FARYAL AFTAB



AAMNA TASEER



MEHER TAREEN FARUKI



MAHEEN KARDAR ALI



SANIA MASKATIA, UMAIR TABANI & SARA TABANI



NABILA MAQSOOD



AYESHA SALMAN & NADIRA OMAR KHALID



ANDLEEB RANA



ALIZAH RAZA & SHAZAY SALAHUDDIN



MAHGUL RASHID



MEESHA SHAFI



AMNA BASHIR



MOMINA
SIBTAIN



ZONIA ANWAR



MAHEEN TASEER & SAHAR ZAFAR



NATASHA HUSSAIN



FARESHTEH ASLAM &
SARA SHAHID



AYESHA OMER



MEHREEN SYED



FAISAL NAQVI &
JUGGAN KAZIM



MARIAM MUSHTAQ



REHAN BASHIR



SHAZIA DEEN



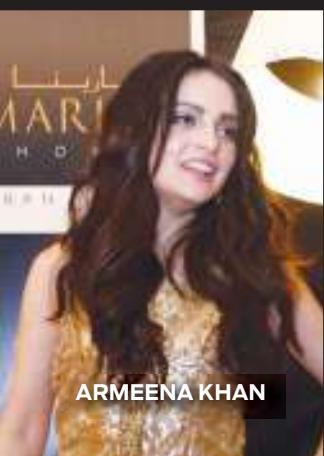
SANA FAROOQ & OMAR
FAROOQ



JEHAN-E-KHALID



ANBER JAVED & MARYA JAVED



ARMEENA KHAN



FOHA RAZA



AMNA BABAR



FARYAL AFTAB



MAHNUM KABIR



SEHYR ANIS



AMNA & SABEEN



NAZISH



SEHAR & HAJRA



AYESHA & RABIA



ZARA & MONA

LAHORE Lalique & Lladro Launch

Exquisite home décor brands, Lalique and Lladro have recently been launched at the Alfatah Mall in Lahore. The French brand Lalique is renowned throughout the world for its exquisite crystal creations that are considered pieces of art. Similarly, Spanish brand Lladro is recognized universally for its handmade one-of-a-kind porcelain figurines. Lahoris can now invest in beautiful pieces by both brands!



MAHVISH & MARIAM



SHAZIA & SADAF



TUBA



FIZA GILLANI



MURAD & MOEEN



RIDA



UZMA, NAHEED, RABIA & AMNA



HINA



SIDRA, ZAHRA, HAIDER & NAVEED



ZAHID, MOEEN & KAMRAN



REMA, RABIA, SABAHAT, FARAZE & SAIMA



NAZIA



SARAH KHAN & FATIMA



JAVIER CARBAJOSA SANCHEZ (THE AMBASSADOR FOR SPAIN), ALI & SOHAIB



AYESHA & NAZIA



SARAH KHAN & FATIMA

ISLAMABAD

MANGO Launches in the Capital

Contemporary fashion brand MANGO has opened its third store in the country. The launch took place in the capital city of Islamabad amidst His Excellency Javier Carbajosa Sanchez, the Ambassador for Spain. MANGO showcased its latest collection which was a range of funky outfits depicting the 70's.



DANISH & HUMAY



NAYAB



BILAL MUKHTAR & AYESHA



TANYA, REZZ & SOHAIB



NEELI HAFEEZ



SANA



KANWAL & AQSA



CYRA & RIZWAN



FATEMA



SAMYA KASHIF



GURIA, BALEENA & UZMA



KANWAL



DANIA



EMILIA SZABO & H.E. ISTVAN SZABO, AMBASSADOR OF HUNGARY



KHURRAM & JENNY KHAN; H.E. AMBASSADOR JAVIER CARBAJOSA OF SPAIN



LAALEEN KHAN



MARIA ROSA



JASMINA MAKAREVIC-WIFE OF THE BOSNIAN AMBASSADOR, AND TINA NUNN-WIFE OF THE GERMAN AMBASSADOR

ISLAMABAD 'Glam'enco captivates the capital

H.E. Ambassador Javier Carbajosa hosted an exceptional flamenco celebration with dramatic dance, vocal & guitar performances by Elena La Machana, Rosa de Algeiras, Javier Macias & El Tino, followed by a lively dinner party. In their dapper suits & glitzy cocktail attire, guests were treated to Serena Hotel's Spanish-inspired delicacies amid a sophisticated setting by Laaleen Khan's team at Flair/Rockville Media Co. Porsche Pakistan acted as Gold Sponsors of the delightful gala.



GILLO & LAILA AFRIDI



MARIAM SAIGOL MOMAND



RASHMI & OLIVER HAYES FROM THE BRITISH HIGH COMMISSION



MUNIZAE JEHANGIR



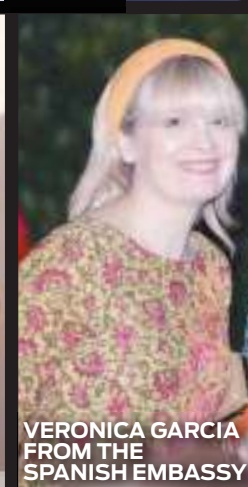
AMNA BASHIR



MATAR AL MANSURI OF THE UAE EMBASSY



SAAD & SEHR AZHAR KHAN



VERONICA GARCIA FROM THE SPANISH EMBASSY



NADEEM SAIGOL & MADYHA FAROOQUI



MABETH & GRIFFITH FROM THE SOUTH AFRICAN HIGH COMMISSION



SYEDA ABIDA HUSSEIN



ELHAM DARRAGH



FAWAD ALI



ABUZAR & NAUREEN BOKHARI OF PORSCHE PAKISTAN



FERNANDO HEREDIA NOGUERA, DEPUTY HEAD OF THE SPANISH MISSION



CRISTINA AFRIDI



SHAZIA BASHIR



UZMA CHAUDHRY & JUJU HAIDER



FERNANDO HEREDIA & ALI SAIGOL



ZAIN KAZMI



NAADIYA MANZUR & ASMA
KHAN SAIGOL



AZIZ BOOLANI



DR SAMEENA
NIAZI-MALICK



OMAR MOMAND



HUMERA MALIK



KALSOOM LAKHANI & NOSHEEN ABBAS



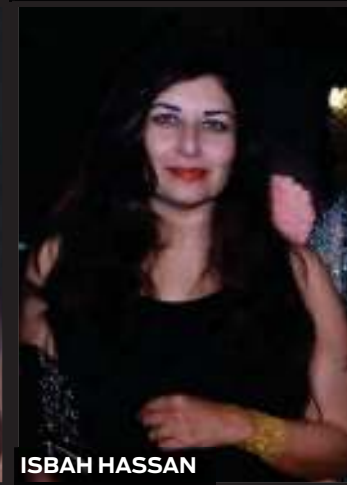
MAHA MUSSADAQ & DURE NAJAF ZAIDI



RISHM NAJM



NOONA ADNAN
OF THE FRENCH
EMBASSY



ISBAH HASSAN



NOREEN JILANI



AYESHA UMER



TARIQ JAWAID



MAHLIA LONE



SONIA & JAIME RAMOS OF THE
SPANISH EMBASSY



FRIEHA ALTAF, ZAINAB MOONOO & ALIA RIZWAN



SAIRA AHSAN

INTRODUCING THEIR PERFECT PRINCESS

KATE AND WILLIAM'S SLEEPING BEAUTY!

THE DUKE AND DUCHESS OF CAMBRIDGE STEP OUT OF THE LINDO WING WITH THE NEWEST ADDITION TO THEIR FAMILY, A BEAUTIFUL BABY GIRL NAMED HRH PRINCESS CHARLOTTE ELIZABETH DIANA OF CAMBRIDGE





ABOVE AND MAIN: THE ADORABLE NEW ROYAL WAS OBLIVIOUS TO ALL THE FUSS SURROUNDING HER, STAYING FAST ASLEEP DURING HER FIRST-EVER PHOTOCALL

THE NEW PRINCESS
WAS WRAPPED UP WARM
AGAINST THE SPRING CHILL.



Their Royal Highnesses the Duke and Duchess of Cambridge announced the arrival of their baby daughter on May 2 - a princess who is now fourth in line to the throne - but it was her big brother Prince George who almost stole the show.

The day was full of surprises - it was dramatic, speedy and well-organised from start to finish. Kate was driven to the hospital in the early stages of labour at 6am, and a mere 12 hours later, she emerged from the Lindo Wing, outside St Mary's Hospital in Paddington, looking immaculate with her overjoyed husband by her side and a baby girl in her arms.

The couple looked absolutely smitten with their precious daughter, who slept soundly through her first global photocall. She's the first princess to be born into the British monarchy since Princess Eugenie in 1990 and is already being talked about as a £60 million boost to the British economy.

Kate, 33, had been practising antenatal yoga in preparation for the birth and it obviously worked wonders. She looked incredibly relaxed in a white Jenny Packham dress decorated with yellow flowers (she wore the same designer the last time she left the Lindo Wing with Prince George) and was positively glowing. Prince William, 32, meanwhile, was unable to contain his pride, smiling and waving to the crowds. Thanks to a visit from her personal hairdresser, Amanda Cook Tucker, earlier in the day, Kate's luscious long brown hair was picture-perfect as she posed on the steps.

However, unlike their appearance on the same steps after Prince George's birth in July 2013, the royal couple decided against doing an interview outside the hospital - possibly because of the brisk spring chill. Doing their best to protect their newborn, the tiny princess was wrapped in a gorgeous ivory wool shawl from GH Hurt & Son Ltd in Nottingham - a company which has a ►



THE PROUD PARENTS ON THE
STEPS OF THE LINDO WING

KATE LOOKED STUNNING IN HER JENNY PACKHAM DRESS, WHILE SHE AND WILLIAM DRAPED A GH HURT & SON LTD SHAWL AROUND THEIR NEW DAUGHTER





FOR A WOMAN WHO'D GIVEN BIRTH JUST
TEN HOURS PREVIOUSLY, KATE LOOKED
ABSOLUTELY STUNNING

THE COUPLE GAZE ADORINGLY AT THEIR
NEW LITTLE GIRL



long-standing connection with the royal family.

A spokesman for the Duke and Duchess said: "Other members of the royal family have been presented with these shawls in the past and Prince George and the Duke of Cambridge had similar shawls when they were babies."

While they decided against talking to the press - despite a microphone being set up in front of the press pack - the young royals issued a short statement via Kensington Palace and the Kensington Palace Twitter feed, which said: "Their Royal Highnesses would like to thank all staff at the hospital for the care and treatment they have all received. They would also like to thank everyone for their warm wishes."

Unlike her first grueling labour with George which lasted 11 hours, this time around, Kate gave birth in less than three hours. The princess was born at 8:34am and weighed 8lb 3oz, three ounces less than George, who was eight days overdue.

Earlier in the day, in an adorable scene that echoed two-year-old Prince William's visit to see his baby brother Harry for the first time in hospital in 1984, Prince George arrived to meet his new sister. William, who last month jokingly referred to his second child as 'the game changer', left his wife's side just before 4pm to pick up George. On the way out of the Lindo Wing, the proud dad was beaming and said: "We're very

happy", when asked about their new arrival, before driving himself back to Kensington Palace in a black Range Rover.

He returned just 21 minutes later with his son, and the cute toddler's unexpected cameo was arguably the unexpected highlight of the day. Little George is a natural in front of the cameras, and at his dad's instruction, was happy to wave for the crowds, causing onlookers to let out an audible sigh of delight.

It was hoped that the toddler would join his parents and baby sister on the steps of the Lindo Wing later in the day, but being just 21 months old and probably hungry and tired, he was spirited away via a back door and driven back to Kensington Palace for bath and bedtime.

The royal couple had made it known that they wanted to cause as little fuss as possible, so while it surprised many that they were choosing not to stay overnight, Kate in particular was no doubt keen to go home and introduce her new arrival to close family.

After standing on the steps for a couple of minutes, the couple briefly stepped back into the hospital to say their goodbyes to the staff, before emerging with the princess sleeping in a car seat, possibly the same £99.99 Britax Baby-Safe carrier that transported baby George from St Mary's to Kensington Palace.

Once more it was the proud father ▶



GEORGE AND WILLIAM GIVE WAITING
FANS AND THE WORLD'S MEDIA A WAVE
AS THEY ENTER THE LINDO WING



who placed his newborn securely into the car – evidently with more confidence than he displayed in 2013 when he appeared self-conscious and slightly flustered by the task!

Immediately, photos of the princess were flashed around the world, and as soon as it was confirmed that the baby was a girl, the bookies began placing odds on what she might be called. In announcing the name of their daughter, HRH Princess Charlotte Elizabeth Diana of Cambridge, William and Kate paid tribute to both sides of the family and earned worldwide praise for their choice.

Her Majesty the Queen, who would no doubt be delighted to have a great-grandchild named after her, was on an official visit to Richmond, North Yorkshire, where she has been guest of honour at a military event to mark the forming of a new North Yorkshire regiment, the Royal Lancers. Whether she'd had advance warning of the baby's sex or simply has amazing instincts for predicting gender is unknown, but the monarch was wearing a bright pink outfit to match the occasion!

The Queen and the rest of the royal family were overjoyed with the arrival of their new princess. Kensington Palace released a statement, saying: "The Queen, the Duke of Edinburgh, the Prince of Wales, the Duchess of Cornwall, Prince Harry and members of both families have been informed and are delighted with the news."

Shortly after 12:30pm, a framed certificate signed by Kate's medical team was placed on an easel outside Buckingham Palace with the words: "Her Royal Highness the Duchess of Cambridge was safely delivered of a daughter at 8:34am." And just after 3pm, Prince Charles – who'd already hinted that he'd relish a granddaughter – released a statement via Clarence House which said: "The Prince of Wales and Duchess of Cornwall say they are absolutely delighted by the arrival of the new princess." Earl Spencer, Prince William's uncle and the brother of Diana, Princess of Wales, said: "It's wonderful news – we are all thrilled for all four of them."

There was no official statement from Carole and Michael Middleton, who are now thought to be house-hunting in Norfolk to be closer to their grandchildren on a permanent basis, but it was thought that they were already at Kensington Palace ready to meet their granddaughter when she arrived home.

Kate's brother and sister, James and Pippa, were also thought to be early visitors and were previously spotted buying eco-nappies – at £4 a pop – in Geneva, and a clutch of chic babygrows from the French children's clothing store, Arsène et les Pipettes.

Out campaigning in advance of the general election, Prime Minister David Cameron tweeted: "Congratulations to the Duke and Duchess of Cambridge



PRINCE WILLIAM GIVES HIS SON AND HEIR A REASSURING KISS



AFTER HEADING BACK INSIDE THE HOSPITAL TO SAY THEIR GOODBYES, WILLIAM AND KATE EMERGED HAND IN HAND, WITH THE BABY IN HER CAR SEAT, READY TO HEAD HOME



HM THE QUEEN WAS OUT AND ABOUT PERFORMING HER OFFICIAL DUTIES – WEARING PINK

on the birth of their baby girl. I'm absolutely delighted for them." Ed Miliband also had some kind words, tweeting: "Congratulations to the Duke and Duchess on the birth of their daughter. Wishing them lots of joy and happiness – and hopefully some sleep!"

Liberal Democrat leader Nick Clegg said: "Congratulations to the Duke & Duchess of Cambridge on the birth of their new baby. Miriam & I wish them all the best as their family grows." UKIP leader Nigel Farage also wished the happy couple all the best, saying: "I would like to extend my warmest congratulations to the Duke and Duchess of Cambridge on the latest addition to their family. The arrival of a royal baby is always an exciting and joyous event for millions of patriotic British people and many places will no doubt be decked out in red, white and blue to mark the occasion."

Kate, who was thought to possibly be as

much as a week overdue, was advised to drink rose hip tea to bring on the labour. The herbal remedy, believed by advocates to strengthen the muscles in the uterus and help trigger contractions, allegedly kick-started the onset of labour when George was born.

Perhaps her shorter labour was partly thanks to Kate's rumoured use of staying as active as possible with the aid of a birthing ball – sources claim she specially requested one on the ward. Guy Thorpe-Beeston, Kate's obstetrician, led the team of medics present at the birth, and it was his signature that was on the traditional banner announcement that is placed on the wooden easel on the forecourt of Buckingham Palace confirming the baby's birth.

Kate had spent the previous week like the rest of the nation – waiting. The photocall on the Lindo Wing steps was the first glimpse we'd had of Kate since she was spotted arriving at

Buckingham Palace in her Land Rover to make use of the Queen's private swimming pool.

On the first occasion, she had Prince George in tow and was accompanied by up to five bodyguards along with her son's nanny, Maria Teresa Turrior Borrallo. She also turned up the following day – her fourth wedding anniversary – when it's thought that husband William joined the Duchess for a dip, prompting speculation she was, again, attempting to kick-start the labour by being active.

After their brief moment in the media spotlight and a short stay at Kensington Palace, Kate and William will next decamp to the peace and privacy of Anmer Hall in Norfolk. The house – a wedding gift from the Queen to the couple – has been extensively renovated and will be the perfect oasis for the family of four.

William will be off from work until June 1, when he'll resume his training before flying missions as a helicopter pilot for the East Anglian Air Ambulance. His first official royal engagement is scheduled for June 15, when he will join the Queen, Prince Philip and Princess Anne at Runnymede, near Windsor, to mark the 800th anniversary of the signing of the Magna Carta.

William wrapped up his training for his upcoming role earlier than previously expected, spending the days leading up to Kate's due date at their London apartment. This was seen as a wise move to prevent any last-minute cross-country dashes to St Mary's, or the need to put their contingency plans into practice, which were said to involve keeping two further hospitals – the Royal Berkshire Hospital in Reading and Addenbrooke's Hospital in Cambridge – on standby, should Kate go into labour early.

Mindful of his duties and despite being on paternity leave, William kept up with his official royal engagements and, on the Friday afternoon before the birth, was photographed signing a book

of condolence in tribute to the victims of the Nepal earthquake. Kensington Palace posted the picture on Twitter with the comment: "The Duke's message: 'With my deepest condolences to the people of Nepal and my thoughts and prayers to all those affected.'"

Kate is expected to spend most of the summer out of the public eye, as she felt she went back to work too soon after George was born. Like every parent, Kate and William are no doubt simply relieved to have a healthy baby and will be enjoying every single moment.

Here at OK!, we'd like to extend our heartfelt congratulations to William, Kate, George and the new princess. We wish both parents all the luck in the world – because, as anybody who has experienced life with two under two will know, things will never be the same again! **OK!**

REPORT: LISA MARKS
PHOTOGRAPHS: GETTY



THE FAMILY HEADED BACK TO KENSINGTON PALACE, BEFORE RETREATING TO ANMER HALL IN NORFOLK TO SETTLE INTO LIFE AS A FAMILY OF FOUR



ATIQA ODHO

“I CAME INTO ACTING BY DEFAULT; THERE WAS A THRILL BUT NO GAME PLAN”

The stunning actress talks to us about 30 years in entertainment, important life lessons, crazy fan encounters and being evergreen



“WHEN YOU’RE AT MY AGE, YOU REALISE YOU CAN’T CHANGE THE WORLD BUT WHEN IT COMES TO YOUR CHILDREN, YOU CONSTANTLY QUESTION IF YOU DID A GOOD JOB RAISING THEM.”

At a time when not many women entered the entertainment industry, Atiqa Odho shone on the big screen with her alluring persona and dazzling looks. This year marks her 30 years in entertainment, and she is just as beautiful today as she was when she first appeared on television. Atiqa Odho is a household name that has long been associated with empowerment and poise. The legendary actress, host, philanthropist and stylist embodies the values she stands for: self-discovery and perseverance. For Atiqa, “being true to yourself” is what matters most.

Atiqa’s fight against breast cancer in Pakistan, participation in Shaukat Khanum Memorial Cancer Hospital fundraisers, and remarkable performances in hit drama serials from *Sitara aur Mehrunissa* and *Mujhe Chand Chahiye to Humsafar*, are only some of the contributions she has made to the entertainment industry. Weathered through the storms, Atiqa is as resilient as they come. Be it family, friends or fans, she consistently drives herself to do better as both an actress and humanitarian to give back to the fans who have made her the dynamic public figure she is today.

The evergreen star welcomes *OK!* into her cosy home and opens up about how she overcame challenges in life, and what makes her an inspiration for women today.

You were and still are a force to be reckoned with on television. Tell us about how you stepped into acting.

Atiqa Odho: Growing up, I always had a liking for Pakistani media be it cinema, television or the performing arts. There was always an interest but I wouldn’t say it was part of my plan. Practicality 60

pushed me in front of the camera because despite being offered to model and act, I never considered it till I realised I could use the extra income; that’s when I started modeling. Then I got approached by Anwar Maqsood *sahab* to act in my first television show. He was a family friend so there was a level of comfort working with him and the cast.

When you first expressed your desire to be an actress, was your family supportive?

AO: Since no one in my family had ever been in the performing arts, there were naturally many apprehensions. However, they eventually supported my urge to venture out on the road to self-discovery.

Most of your projects have done rather well. How do you select scripts...what kind of storylines grasp your attention?

AO: I have always been very involved and interested in every script I have been part of. A challenging script is one that excites me. As an actor, I feel I am very blessed as majority of my projects have received recognition. Also, the extra effort I put into all my projects is what gives them an edge – that is why my work rarely goes unnoticed.

In your 30 iconic years in showbiz, how would you say you have evolved as an actress?

AO: I came into acting by default; there was

a thrill but no game plan. Initially, it was a real adventure because I had no idea if I was even made for this industry. In fact, in my first show *Sitara aur Mehrunissa*, I felt I was terrible! The audience probably loved it because I was a new face but I doubt I’d get away with such a passive performance again. People have expectations from me now.

Do you consider yourself a successful woman today?

AO: I consider myself a proud empowered woman. People often think I am arrogant but my response to them is that if you think I’m snooty, tough or have any such perception of me or any other empowered women, remember that the whole society has worked together to empower us. We have worked really hard to find our voice and understood our relevance in society and we have earned it.

What is your take on the progress of Pakistani media over the course of time?

AO: Like other industries, media in Pakistan is continuously evolving. I am very fortunate to see this country go from one channel to several channels, and the positions in this industry go from being very male-dominated to now very female-dominated. This is a privilege because I feel like I was only a drop in an ocean that contributed to ►



“ I DON'T HAVE TIME FOR REGRETS, GETTING DEPRESSED OR FEELING SORRY FOR MYSELF OR OTHERS. THEY HAVE ALL BEEN LEARNING EXPERIENCES FOR ME. EVEN IF IT HAS BEEN A FAILED MARRIAGE, I HAVE NO REGRETS BECAUSE I'VE LEARNT SOMETHING IT. ”





Atiqa Odho on life, memories and everything in between

Describe yourself in three words.

Strong, caring and complicated.

Three things that top your priority list in life?

Family, productivity and sense of self. Also, I feel sorry for people for whom money is the be all and end all in life because it's not and it's never held any priority in mine.

Fondest memory?

As a woman, the greatest day of my life has been when I gave birth. Nothing tops that memory. When my youngest daughter was born and placed in my arms, she just looked up at me with these huge brown eyes as if she were a person not a child. I will never forget that moment.

Who is the one person you can trust with your life?

My husband.

Who inspires you the most?

Everybody around me inspires me to depict what I do on screen. Every role I have ever played has been inspired by someone.

What is your philosophy in life?

Whether I fail or succeed, I have to try! Also, live for you and not for others or what they expect of you.

What is your take on the idea of aging gracefully?

I never wanted to be twiggy; I'm very comfortable with myself and I think that's important. I think I have certain things that are an advantage and I can put them to work for myself, my family and others but I'm not self-obsessed. I see too many women staring at themselves in the mirror all day and that's unhealthy.

Beauty or brains – which is a greater strength?

I think people have considered the cosmetic side of me to be my strength but I hope it's my brain that's gotten me where I am. I have really invested in the intellectual side of me so I hope the world will remember me for that. Beauty fades, brain sustains.

Favourite holiday spot?

Thailand. It's a great getaway.

that change. It makes me giggle how girls these days want to go into so many different fields like journalism, hosting, photography, etc while back in the day, when there weren't many women on television, I was always told, "What are you doing; girls from your background don't go into television". I never understood that. What was my background? Why couldn't a girl do what she wanted? Every stage of my life, whether it was stepping into television, cinema or retail, I heard this comment about what girls could and couldn't do and I never understood who sets these criteria.

One positive and one negative aspect of this industry...

AO: A positive thing is that it's a very powerful industry that can contribute to the well-being of Pakistan tremendously. The negative part would be that it's very mismanaged and unstable. It needs a proper structure, code of conduct and proper associations and unions, and needs to grow more to be recognised as a vital industry.

Tell us about the funniest fan encounter you've ever had.

AO: I've actually had two. I was traveling from Karachi to New York with my eldest two children - who were very young and extremely naughty at the time - and they decided to get into a fight; they started punching each other. In the midst of all this, while I was trying to scold them and get them to stop, a lady's hand appeared in front of my face out of nowhere asking for an autograph! I was shocked and just said, "Can't you see my kids are trying to kill

“I KNOW THERE WILL BE MORE TESTS IN THE FUTURE BUT I DO PRAY THAT WHATEVER GOD THROWS IN MY DIRECTION IS LESS TAXING BECAUSE I HAVE HAD MY SHARE OF CHALLENGES. I'M AT A STAGE IN LIFE WHERE I JUST WANT TO BE AT PEACE.”

each other, couldn't you wait!" [Laughs] The second encounter I had was not exactly funny but creepy. When I had just started working in television, the only way fans could get in touch with us was through letters. One of the letters I came across was written in blood by a teenage girl who was complaining about how her parents wanted to get her married off to someone and she couldn't stand it because she was in love with me. When I realised this letter was written in the girl's blood, I just got so horrified because I felt this has to be another level of crazy fan behaviour.

How difficult has it been managing your personal and very busy professional life simultaneously?

AO: In a lot of cases, I haven't had a choice. There have been a lot of great challenges as well as changes that I had to face in both my professional and personal lives. Sometimes, I sit and wonder if I went out looking





for those challenges...but I also know that some people have more issues to overcome in life than others. With everything said, I would still say that I've had a blessed life with immeasurable support, love and positive results.

Tell us something about yourself that not many people know?

AO: On Women's Day this year, a lot of publications did features recognising me as an empowered woman. It was very flattering but it was surprising for me as well because yes, I am a very strong woman in many ways but there are certain things in my life that make me very weak. One of them is my children. Not many people know that my façade is stronger than I actually am. Anything that concerns my children makes me vulnerable and stresses me out immensely. I'm a hyperactive woman and frankly speaking, I can be a difficult person to live with. But honesty is key; it's important for people to understand that there are certain things I can change about myself, and certain things I cannot.

Tell us about regrets and important lessons you have learnt in life.

AO: I don't have time for regrets, getting depressed or feeling sorry for myself or others. They have all been learning experiences for me. Even if it has been a failed marriage, I have no regrets because I've learnt something from it, and most of all, beautiful children came out of it. I know there will be more tests in the future but I do pray that whatever God throws in my direction is less taxing because I have had my share of challenges. I'm at a stage in life where I just want to be at peace.

What kind of a relationship do you have with your children?

AO: As a family, we have always been under great stress as our lives have been very complicated;

but regardless, we have always battled everything together. I have always tried to be a friend to my children but like any parent and child, we have our issues too. But the most important thing is that we have weathered through a lot yet come out strong. My greatest source of stress has always been my children. I hope that I have been and still am able to give them what they require from a mother. Two of my eldest children are in media and I'd really like to see them achieve their goals. For me, the greatest achievement would be to see how my kids turn out; I have always supported them and encouraged them to be good humans. I constantly try to be a better parent.

If you could do one thing differently in your life, what would it be and why?

AO: Differently, I don't know. But there are many things that I want to do. When you're at my age, you realise you can't change the world but when it comes to your children, you constantly question if you did a good job raising them. A parent-child relationship is one where expectations are always very high, so you're never really satisfied with yourself.

What is a perfect Sunday to you?

AO: When I'm at home in my pajamas, and I'm able to hold my husband's hand and watch television, listen to music and just detox. If Samar [husband] and I can just get on a plane and get away for some time, that would be ideal.

What is the secret behind your evergreen beauty?

AO: I have always been told I'm on the heavier side! [Laughs] But fitness aside, which I really need to hit the gym for, I strongly believe in living and eating healthy, cleansing your skin, and most importantly, hygiene. Also, don't do things that are toxic to your body; cut out smoking, stay away from pollution and the sun.

You have your own cosmetic line as well; how is that coming along?

AO: The brand caters to women in 14 different cities across Pakistan. This is my eleventh year in retail and I hope my brand gets bigger and better because there is a lot of competition in the market as compared to when I started. Having said that, I am very pleased with the progress my cosmetic line has made. I started my career as a stylist and once I became a household name, I felt the need to give back to the beauty business. That's how I started the business. Plus there were no other good quality, cost-effective make-up brands for Asian skin; I really wanted to custom-make something that women wouldn't have to feel guilty buying. My brand is for the working woman; whether she makes PKR 5,000 or 50,000, every woman has the right to look beautiful! In fact, I myself only use my products; except foundation as it is not part of the line yet.

As a representative of feminism and a role model to many Pakistani women, what advice would you like to give to the female population of the country?

AO: Firstly, I don't consider myself a reflection of or a representative of feminism. I have great men in my life, and I despise women who go into a male-bashing spree because putting all men up against the wall for the acts of one is just generalising. I'm all for women's rights, and I'd like to be known as someone who portrays the modern woman of Pakistan. However, my advice to women would be that don't make anything or anyone, not even your children, a reason to not work. You will be solely responsible for what you don't end up achieving. **OK!**

INTERVIEW, CONCEPT & STYLING: FIZZA FURQAN
MAKE-UP: MONA J.
PHOTOGRAPHS: HASEEB SIDDIQUI



RYAN GOSLING

“I loved movies when I was a kid; my VHS tapes were my pals!”

The Canadian heartthrob talks about his directorial debut, *Lost River*, living the American dream and being self-critical





MATT SMITH, REDA KATEB, CHRISTINA HENDRICKS, GEOFFREY AREND, RYAN GOSLING, IAIN DE CAESTECKER & BEN MENDELSON AT THE *LOST RIVER* PREMIERE AT THE 67TH ANNUAL CANNES FILM FESTIVAL

With a chiseled face (and body), Ryan Gosling is one of the hottest actors the world has seen! And with his acting prowess, he has proven time and time again that there is more to this heartthrob than meets the eye. Following his stint in *The Notebook* (2004), he won an MTV Movie Award, four Teen Choice Awards and was named one of the 50 Hottest Bachelors by *People* magazine. And this was just the beginning of his successful career.

While he is known and loved for his role as a charmer in *Crazy, Stupid, Love* (2011), numerous Ryan Gosling movies have been nominated for prestigious awards. He was nominated for an Academy Award for Best Actor for *Half Nelson* (2006), a Golden Globe for *Lars and the Real Girl* (2007), a Golden Globe for *Blue Valentine* (2010), and received two more Golden Globe nominations for his action-thriller, *Drive* (2011).

Here, he talks to us about his latest project and directorial debut, *Lost River* which released this April in the US.

In *Lost River*, you're the director, producer and writer but you didn't act in the movie. How was it delegating tasks, and not having to prove yourself as an actor?

Ryan Gosling: Doing this movie felt very natural to me. Directing is as natural to me as it is to act, produce or write, and it's because it's all part of the same system. For example, if you are on a basketball team, it's like playing defence or offense or being a point guard; you are just switching positions. At the end of the day, it's the same game.

On screen, it seems like the movie was completely your vision. Did you have to make

changes for anyone or were you allowed to really shoot your script?

RG: I was fortunate enough to be able to work with people I had worked with before – people who knew me. The producers were from *Drive*, and they really protected me. They knew it was a strange movie from the get-go. So I took it to people who had that sensibility to let me stick to my vision.

Is it easier to get the movie financed when you're an Oscar-nominated actor, or is the struggle the same for everyone?

RG: It's definitely hard for any person to get a movie made. But at the same time, I'm sure it does help when people know you.

Where did you get the idea for this movie? How did you end up shooting in Detroit? Is it because the conditions there are so poor?

RG: Well, it wasn't because the conditions were poor. There were two reasons why Detroit was inspiring. The first one was that there is an incredible energy there – a lot of creativity, reinvention and lots of people making a lot of cool stuff. The energy there is just so real and positive, and I really wanted to be there. So that's one part of it. On the other hand, there are just miles and miles of abandoned neighbourhoods in the area. And growing up in Canada, I had a very 'romanticised idea' of Detroit. I didn't get to go there till I was 30 and when I did, I was amazed! It was very different from what I had imagined.

What was the 'romanticised idea' that you had of Detroit?

RG: Just Motown, Motor City – the birthplace of the American dream and the middle-class. It's just been an incredible engine for the country for a long time. It just looms large and is an incredible

place. It's reinventing itself now as well.

Don't you think that when you get so absorbed in this world, you sort of get lost in it, too?

RG: Do I think that? Well, you know, I wanted to create something that tapped into the emotional landscape of this family trying to survive in this environment. And I thought a fairytale format would be the best way to simplify it and make it the most universal movie so that it didn't become too plot-driven. I wanted to share the impression that I had while I was there, and that's my impression.

The impression was dream-like, right?

RG: Yes because this was about a family that was trying to hold onto a dream; one that was about their lives, having a home and ultimately growing up in that home. I wanted the film to have a dream-like quality, but the only way for that to exist is if there's a nightmare on the horizon because dreams wander into nightmares and nightmares wander into dreams. They work with one another, you know. They co-exist. So, there had to be a nightmarish quality to it as well. We were also trying to tap into how surreal the environment could be.

Did your folks dream the American dream even though they're Canadians?

RG: We were lower middle class; my father worked at a paper mill and my mother took temp jobs occasionally. And then my parents got divorced. My mother became a single mom, and she's very beautiful and I have a sister who's beautiful as well. And when I was growing up, I felt that most men were like wolves and there was this threatening atmosphere around us. There's something just very predatory about that. And since I was a kid, I couldn't protect them. As ►



“I’m certainly living my dream. Being able to live in Los Angeles and make movies is definitely my dream.”

RYAN GOSLING AT THE *LOST RIVER* PHOTOCALL AT THE 67TH ANNUAL CANNES FILM FESTIVAL

a result, I had to sort of use my imagination to find ways that could be effective. I would imagine the worst-case scenario and then think of ways of conquering it. So in this film, I focus more on that feeling and try to create a world that represents that, which is specifically the American dream.

What does the American dream mean to you?

RG: I think it's that you have a house, car, family, job, security and an infrastructure in place that protects you and your family. In this movie, those things have disappeared in the neighbourhood and the family is hoping that all those things will come back – they are hanging onto that memory of having everything.

It sounds like you're living the American dream now.

RG: I am; I'm certainly living my dream. I loved movies when I was a kid; my VHS tapes were like my pals! Being able to live in Los Angeles and make movies is definitely my dream.

The film shows a darker dream though...

RG: Honestly, I wasn't inspired by the darkness of it and I wasn't trying to make a dark film. I was trying to focus on the love story of this family trying to come together against all odds. And the love story of these two kids is very interesting – she's the girl next-door as five houses between them have been torn down. I was trying to look at the hope they have; that home isn't necessarily just a physical place. It's a unit that they've formed, and in the end, they realise that they can take that out of there and still hold on to their idea of home. So I didn't make the film to be obscure or dark. I was just trying to acknowledge the darkness that is there and focus on the light within which are these little pockets of life.

What was the biggest challenge in getting this film made?

RG: I don't know what it was. It had a real momentum of its own and it really felt like everything fell into place.

How was it directing everybody else but yourself? How do you see balancing film-making and acting in the future?

RG: Yeah, I will have to find that balance. But the only question is – will I be in the movies I direct? I don't know yet. I'd like to try it but it just seems very hard.

Will fatherhood have an impact on what kind of stuff you do in the future as a director and as an actor?

RG: I'm sure it will have an impact on everything. I can't see how it wouldn't.

Was it clear to you from the beginning that Eva Mendes would play Cat? How was it working together?

RG: I had worked with Eva before as well as my assistant director, production designer, costume designer and other actors in the movie. My assistant director was six months pregnant when we started shooting the film and she'd be throwing up in between takes and scenes – that was really inspiring! I could never complain. She was dealing with morning sickness the entire time. But for me, it was really just about working with people I had already worked with before – people I cared about and trusted. That's when you get your best work done. When I'm working with a stranger, I spend the whole time being polite and doing all the pleasantries. But with people I know, I can just be honest. That's what I want to create in my work environment because that's where I work best.

What's going on with your music?

RG: It's still here. The great thing about making this movie is that it engages every part of you. I get to work with the composer; I get to work with the cinematographer; I get



WITH HIS MOTHER DONNA GOSLING AT THE 2011 TORONTO INTERNATIONAL FILM FESTIVAL

“When I’m working with a stranger, I spend the whole time being polite and doing all the pleasantries. But with people I know, I can just be honest.”

to work with the actors. It’s like you get to exercise all of these muscles.

Are you working on another idea, too?

RG: Yeah, but I’m waiting to finish this part of the process first and then I’ll dedicate myself to something else.

What do you do when you have some free time?

RG: I don’t know. I haven’t had any time off in a while.

Well, there must be something you love doing.

RG: I loved making this film. And for me, it’s a great way to spend time with family, friends and people you like. When I was a kid, my uncle came to live with us for about a year, and he decided he was going to be an Elvis impersonator. Life got really exciting that year because suddenly we were all doing something together, and we were putting on this show; my aunts and uncles became background singers and bodyguards. And when it was all over, life went back to normal and it was very depressing! It felt like we all had this amazing experience and we had something to show for it at the end. We got to know each other in a way that we never did before. So to me, this is a great way to spend your downtime. It’s like creating something with your friends – it’s better than sitting around drinking lattes or talking about the news. You roll up your sleeves and you’re in it together, and you’re problem solving. You want to feel like you’re growing. For example, you start off with just acting, and then later when you have choices, you try and pick roles that are different from what you’ve played before so you can grow. Some actors move into producing, some move into directing and some go into writing. It’s all just a natural progression.

But is that natural, or is it just to get competitive with yourself?

RG: Maybe, but it’s also about wanting to become better which could be a competition within yourself. Some directors take acting classes, and it makes them better directors as they can understand an actor’s perspective that way.

What was it like watching this film with an audience for the first time at Cannes Film Festival?

RG: Well, I saw it in a surreal way because it was



WITH HIS PARTNER EVA MENDES AT THE 2012 TORONTO INTERNATIONAL FILM FESTIVAL

at Cannes and I was wearing a tuxedo. I had only watched it in my basement before, so it was a very strange! I don’t think that’s how you should see your first film the first time, you know. But I am very lucky to have had the opportunity – it certainly added to the excitement.

Coming back to your uncle...was he the initial inspiration for you to become part of show business?

RG: It was certainly my first experience with show business. As a family, we never did anything like that before. That’s not what we were. It wasn’t a part of our environment, and neither did we know anybody who did that. Again, my dad worked at a paper mill and my mom was a stay-at-home mom. So that was my first sort of brush with performing.

If you weren’t in show business, what else do you think you would be good at? Where would you fit in?

RG: Nothing. I don’t know actually.

Did you pick and choose the music of the movie also?

RG: Yeah. When I was shooting by myself with

the camera before I started making the movie, I was listening to Johnny Jewel’s music. And I thought the images and the music became a part of one another, and for a few reasons. One was that he has these very unapologetically romantic melodies and then these menacing synth tones underneath. And so it had that duality that I wanted the movie to have.

There are actors who cannot watch themselves in their movies. Can you actually watch yourself, or do you like to grow deeper from not watching the films you act in?

RG: Yeah. It’s not about wanting to but sometimes having to because people aren’t going to be honest with you. People will tell you it’s great, and it’s not. And you need to see that to know that; otherwise you start to believe them.

Is it healthy to be critical of yourself?

RG: You have to be critical. However, if you’re too critical of yourself as an actor, you can make yourself conscious. But I think in terms of directing, it only makes you better. The more critical you are of yourself, the stronger the film becomes. **OK!**

INTERVIEW: TERRY MALLOY/FAMOUS
PHOTOGRAPHS: GETTY, WENN

Mirza Sethi

“Acting is not anti-intellectual”

The writer and TV actress talks to OK! Pakistan about leaving The Wall Street Journal to pursue a career in acting, her favourite role till date, her current obsession with Urdu poetry plus a lot more





There's an aura of positivity that surrounds Mira Sethi. Just after minutes of being in her presence, it's evident that she's full of life, ambition and goals. While she is well-spoken, well-read and has a knack for writing (she is also on her way to publishing a novel), Mira is also down-to-earth, friendly and possesses a great sense of humour!

When asked which two achievements she is most proud of in life, the former Wall Street Journal's Assistant Books Editor tells us one is Nawaz Sharif's interview which she had done just a month ahead of the 2013 elections and the second is the commencement speech she gave at Wellesley College. "In an American college where the student body is primarily local, I was an international student from Pakistan and was given the opportunity. To be able to speak there, do it well and make everyone laugh was a very proud moment." Hillary Clinton also had the privilege of delivering this speech in the past.

One may think that being the daughter of prominent journalists like Najam Sethi and Jugnu Mohsin may have its perks but Mira is a self-made woman. "I think it's quite tacky to use your parents' names to further yourself in your career," she says. Nonetheless, journalism runs in her blood and she has undoubtedly led the legacy on and continues to do so.

After dedicating around three years to the esteemed publication, Mira decided it was time to come home and follow her dream to become an actress. In collaboration with Labels, OK! Pakistan sits down with Mira as she talks about moving to Karachi to pursue her acting career more seriously, actors she has loved working with, her pet peeves and life in general.

Let's start with The Wall Street Journal; what
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were you essentially doing there?

Mira Sethi: I was there for two and a half years as an Assistant Books Editor. I edited and commissioned book reviews and wrote a lot for their OPED pages. The latter isn't something editors typically do but I was a political junkie from Pakistan so I did! I continue to write for them till date.

What kind of pieces do you write for them?

MS: Mostly political pieces on what's going on in Pakistan and book reviews. I just reviewed a book on Karachi for them – *Karachi: Ordered Disorder and the Struggle for the City* by French author Laurent Gayer. So it's basically between book reviews and OPEDs.

How was your schedule when you were employed there? Was it a typical 9 to 5 job?

MS: It was a 9 to 5 job. But by the second year, I used to trickle in by 10:30 am. [Laughs] Once I walked in at 11:30 am – this was after I had already decided I was quitting – and my boss was like, "You might as well come after lunch, Mira!" But it was all fun.

You own and run Good Times Magazine (GT) in Pakistan – what are the differences you see between The Wall Street Journal (WSJ) and a publication in Pakistan? How different is the work culture?

MS: They are entirely different; The Wall Street Journal is a serious political newspaper which comes out daily and GT is a fashion fortnightly. At WSJ, I was an employee so it was a 9 to 5 job for me, and we had to put out a paper every day. We ran one book review on the OPED page every day and we had a big weekend supplement, too – that's where our energies were concentrated. At GT, a lot of the work is done via email. We have

meetings at the office and decide the content. I have a team of four wonderful women. I hire a lot of young women because I find they have a desire to do well. They have energy, aren't jaded and want to prove themselves.

Why did you leave such an esteemed publication like WSJ? Was it to pursue a career in acting?

MS: I had spent two and a half years there and I wasn't interested in climbing the ladder of editorship; I didn't ultimately want to become the Books Editor at The Wall Street Journal. I thought to myself that I've been writing since I was kid and I'll continue to write. And I always wanted to act so I thought this is the age to do it – one is young and has energy. I also missed home and my parents. So I called up my dad and told him my plan. He just laughed and said, "Are you crazy? You're leaving The Wall Street Journal to come and act in Pakistani dramas?" It took weeks of convincing and my parents finally agreed. I think initially they were quite amused that she wants to act so they were like, "Fine, do it – let's see. *Ek din ka shok hai*." But I've been doing it for two years now, and I recently moved to Karachi to pursue it more seriously as all the big production houses are here.

An article you've written that you feel very strongly about or are proud of?

MS: The profile I wrote on Nawaz Sharif for an Indian magazine called Caravan. It was in May 2013 during the height of Imran Khan mania in which I predicted that Nawaz Sharif would win – a month before elections took place. It's the best thing I've ever written. It has just been nominated for an award in India for feature writing as well. Before meeting him, I read a lot of books on him in English as well as in Urdu. He's been on the political landscape for 30 odd years but ►

On a Personal Note

Top five favourite books?

A House for Mr. Biswas, *The Line of Beauty*, Faiz saab's collected poems, *Lucky Jim* and Nasir Kazmi's poetry.

Favourite authors?

V.S. Naipaul, Alan Hollinghurst and Faiz Ahmad Faiz.

Favourite movie?

I was really moved by an Iranian movie called *A Separation*. When I was a kid I loved *My Best Friend's Wedding*. My favourite Bollywood movie is *Dilwale Dulhania Le Jayenge*. Another movie I really like is a German film called *The Lives of Others*.

You can't live without...

My parents.

Three things we would find on your bedside table?

My glasses, a book - I'm reading more poetry these days than fiction so I have Faiz saab's collected work in a pocket version which I even read on set when I'm not working - and a sterling silver cup for drinking water that my mother gave to me.

Favourite getaway?

New York.

Most prized possession?

There's a bee pendant that I always wear. It used to be an earring that my father gave my mother; it broke so I turned it into a pendant. I absolutely adore it. I've been wearing it for five years now.

Pet peeves?

If someone says they are running ten minutes late and they end up coming an hour or two later; people who aren't punctual. I also get really irritated by people who pretend they are listening to you but their mind is somewhere else. Also, people who have really strong opinions without acquiring enough knowledge.

If there were three things you could change about Pakistan, what would they be?

I would have regular elections which we haven't had in a while - governments completing their full five years in office. I would plant more trees. Pakistan only has three per cent forestation and the minimum for a country is around 25 per cent, I think. If I were prime minister, I would go on a manic tree planting drive. My third concern would be education - I would build schools and clean up the curriculum which is full of toxic propaganda.



MIRA IN A THOMAS PINK TOP AND SKIRT BY SANAM CHAUDHRI

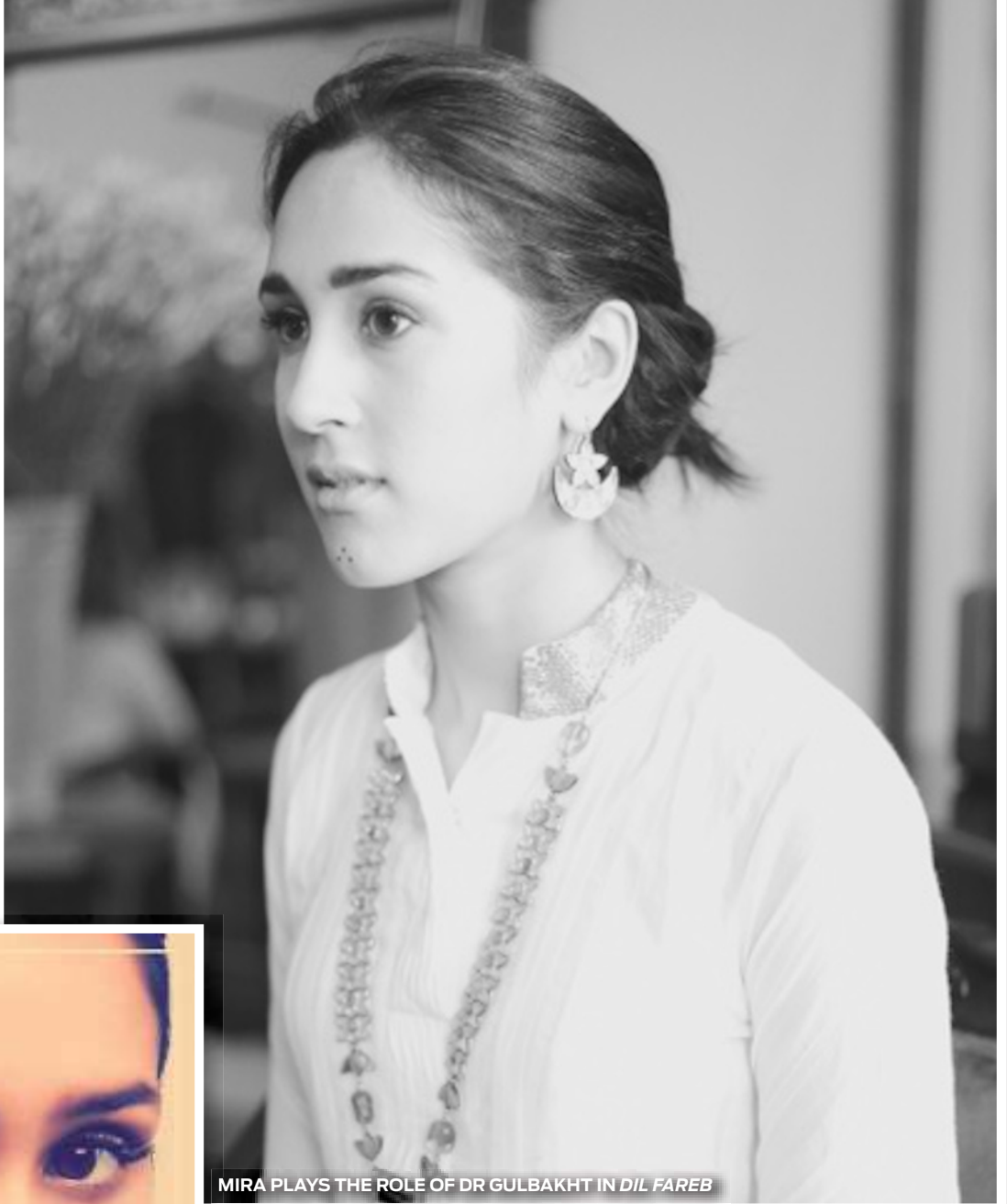
nobody had ever done an indepth profile on him.

Was the experience of meeting Nawaz Sharif overwhelming?

MS: Not at all. In fact, I was more concerned about him being comfortable because I heard that he wasn't well spoken in English. But it turns out that he is totally fine. I sat with him for 45 minutes and just had to quickly run through all the questions I had; he was a contender for the next prime ministership. When he'd be done answering a question, I'd be like, "*Mian saab, ek aur sawaal.*" Then he'd finish answering another and I'd be like, "*Mian saab, ek aur!*" Then he was like, "OK, are we done?" And I'd say, "*Mian saab, 10 more minutes.*" I was writing around 10,000 words on him, I had done my research and I needed quotes from him. I wanted him to talk about certain things like the 1999 coup when Pervez Musharraf overthrew his government. I wanted to know what his life was like in exile. It turns out he learned how to use the internet and read lots of books. The article also covers his political biography as well as his close relationship with his father.

You're currently writing a book – tell us about that.

MS: It's a collection of short stories. I started working on it two years ago just when I was leaving The Wall Street Journal. The stories are about young men and women coming of age in Karachi, Lahore and Manhattan trying to figure out what their lives are all about as well as romance and



MIRA PLAYS THE ROLE OF DR GULBAKHT IN DIL FAREB

“I THINK IT'S THE MIX OF MY WESTERN EDUCATION AND EASTERN SENSIBILITY THAT SURPRISES PEOPLE.”

people – a mix of all sorts. I've met some extremely wise old people like directors for example, who are steeped in Urdu poetry. So we sit for hours and discuss Urdu poetry on set. When there's a break, "*Koi shair sunata hai, phir mein shair sunati hun.*"

And we talk about politics, too.

That's something I'm sure a lot of people don't expect from someone like you – you are so young yet you have so much knowledge in politics, history and Urdu poetry. Are they surprised?

MS: A lot of people say that. I think most people are surprised because I have a Western exterior or Western polish about me. But since I have such a deep interest in Urdu, Pakistani history and politics, it's not superficial and doesn't come off as superficial either. It's something I'm obsessed with. I think it's the mix of my Western education and Eastern sensibility that surprises people.

You lived on your own for nine years abroad –

tell us about your school and college life.

MS: My parents shipped me off to Cheltenham [College] in England for my A'Levels. I took a gap year after that; spent six months in Paris learning French and six months in Washington DC. Then I went to Wellesley [College] where the writing programme was really strong. I had cultivated a desire to write and wrote well at that stage too. In my third year, I went to [University of] Oxford; it was very competitive, Wellesley would select only five to six girls. I had the most fantastic year at Oxford – it was better than my entire time at Wellesley! The British system is immersive. You get to study one subject in depth with one tutor; I studied post colonial literature and read books by all the authors I always wanted to read and in an immersive context; V.S. Naipaul, Henry James, Thomas Hardy, George Eliot, etc. At Wellesley, you study math and science but at Oxford, I got to read English books for a whole year and then write serious papers on them. I remember my eyesight deteriorating by a number that year! I would sit in the library all day reading books. I finished reading *Anna Karenina* by Leo Tolstoy (an 800-900 page book) in just two days! When I look back and compare it to my life now where I'm setting up



love; one story is set in the world of acting, two are set in New York and two-three in Lahore. One is about a Punjab University student who gets radicalised; one is about an actress trying to make it big in Karachi. We'll pitch it to a publisher when the whole manuscript is complete.

Are they based on true stories?

MS: No, but I am an observant person; some characters are inspired by real people. You take something that moves or startles you and you play with it. So if I meet someone who I think walks in a funny manner, I'll notice their walk but then I'll create my own character who walks like that. Ever since I have come to Pakistan, I am constantly stimulated by things around me, especially in the world of showbiz. This is because I meet so many interesting

“FOR ME, IT’S NOT ABOUT ACCUMULATING BRANDS – I’M INTERESTED IN DEVELOPING MYSELF AS A HUMAN BEING.”

my own place and dealing with problems like electricity issues, I’ve realised how indulgent and wonderful studying was. You just worry about schoolwork and nothing else. Life was so different.

After about a decade of your life outside of Pakistan, what brought you back? Do you feel you have evolved as a person since you’ve been back?

MS: I moved back because I love this country. My parents are both journalists and very involved in things here too. I read a lot and I just feel like I used to think my intellectual life took place entirely in English, but, increasingly, Urdu forms the map of my mind. That brought me back to Pakistan. And I feel like I have blossomed since I came back. The Wall Street Journal was great and that was a very important education for me, but this education – drama acting while writing my book – has just opened up so many new horizons and possibilities. It has given my life new meaning. I’m always reading these scripts and narratives in Urdu which has opened up a whole new world of Urdu poetry to me which I didn’t have access to. I grew up hearing about Faiz *saab*, Ghalib, Ahmad Faraz, Nasir Kazmi and Parveen Shakir and I always used to be jealous of people who would talk about these poets with flair and eloquence. Now I actually understand and read them.

You also worked at the Indian Express. Tell us a little about the experience.

MS: I wrote pieces about Pakistan, some humorous and satirical articles like similarities between Indian and Pakistani aunties. I edited articles as well. I was only 18 and it was an internship.

How was it living in India?

MS: My landlady was this wonderful Sikh lady. She wasn’t living there when I was there but she would come and go. It was a lot of fun. I would take my tiffin to work every day with yogurt, *parathay* and *achaar*. We’d be sitting in an ice-cold room eating *biryani* and *parathay*. It was like working in a newsroom in Lahore; Delhi is very similar to Lahore in that sense. The one really nice thing about being a Pakistani in India is that people are exceptionally nice to you. They want you to be comfortable if you’re a young girl. Everyone looked after me.

Did you ever feel there was a lot of pressure on you as both your parents are prominent journalists?

MS: There’s really no pressure – everyone in my family is an independent republic. My brother sings classical music, my father is a political analyst and journalist, and I’m writing a book and acting as well. My mom does a lot of social work on the side – she’s doing more of that now and less hardcore journalism. So everyone does their own thing.

Let’s talk about acting. When did you know you wanted to become an actor?

MS: I had always wanted to be an actor. When ►



MIRA POSES IN A CHIC OUTFIT BY SANAM CHAUDHRI

“I’LL ONLY TAKE UP A ROLE IN A MOVIE IF THE SCRIPT IS SPECTACULAR... I’VE BEEN OFFERED MANY MOVIE ROLES BUT I’VE TURNED THEM ALL DOWN.”

I was 15, my drama teacher at Lahore Grammar School wanted to cast me as the lead actor for our A’Levels play. At that precise moment, my parents were like we are shipping you off to boarding school in England. Obviously I wasn’t thrilled about leaving my friends behind but I was really upset because I would miss the lead role. But now that I’m back in Pakistan, I want to act more. I will continue writing and it’s not something I’m giving up but I want to get into acting properly.

Do you think people question your career move and think Mira is such an intellectual girl, so why switch to acting?

MS: Yes, I understand why people would find it surprising that someone from The Wall Street Journal wants to act but acting is not anti-intellectual. Acting is not an easy job and it’s a developing art form in Pakistan. Maybe if I were working for a fashion magazine like Vogue or Marie Claire and then decided to act, then people wouldn’t have been that surprised. It’s also about the whole brand “WSJ”; at such a young age, she’s leaving a serious publication and choosing to act in dramas. But for me, it’s not about accumulating brands – I’m interested in developing myself as a human being. And acting has done that for me. It’s something that I really enjoy and it has opened up a new dimension in life for me. Also, I’ve done it gradually. I haven’t been manic about it. But now that I’ve moved to Karachi, I’m planning to work back to back and take it more seriously.

What was your first show about?

MS: I did a drama serial called *Silwatein* with Adeel Hussain and Aamina Sheikh who are amazing actors. I played Aamina’s psychotic younger sister. That was my debut. I had a tiny bob like Saadat Hasan Manto. [Laughs] This girl was stupid and evil – a very interesting combination. Negative characters are usually very cunning but this girl was dumb. She’s vicious, insecure and jealous of her older sister. She’s very immature. The show aired on TV around two years ago.

Tell us about the roles you’ve played till now and which has been your favourite?

MS: I’ve worked on seven so far. My favourite has been a character called Gulbakht. She’s a Pashtoon girl living in an urban city; she’s very uptight, slightly conservative but highly educated. She’s all about respect. This is a positive role I’ve played as opposed to some of the negative ones I’ve done. Positive characters are usually oppressed but this girl is positive without being weepy. That’s what I love about her. She’s a strong positive character. The show is called *Dil Fareb* and is currently on air.

You’ve only worked on the small screen. Would you be interested in cinema?

MS: I’ll only take up a role in a movie if the script is spectacular. Yes, production values are becoming



LOOKS ELEGANT IN SANAM CHAUDHRI

increasingly slick but content still needs to be worked on. I’ve been offered many movie roles but I’ve turned them all down. I don’t want to do a romantic comedy just for the sake of doing one. I’d rather do a drama which has some depth.

Which actors/actresses have you absolutely loved working with?

MS: In my very short career, I’ve had the privilege of working with some of the best; Adeel Hussain, Aamina Sheikh, Adnan Siddiqui and Saba Qamar. I feel Saba is a fantastic actress. She’s one of our best and she’s very versatile as well; she can do comedy, serious roles as well as sinister ones.

An actor you would want to work with?

MS: I’d love to work with Noman Ijaz. I think he’s very talented.

An actor who has really inspired you?

MS: Bryan Cranston in *Breaking Bad*. His acting in that show blew my mind – he was fantastic. I also liked Irfaan Khan’s co-star in *The Lunchbox*. Her acting was pretty good.

Is modeling something you’d be interested in?

MS: I’ve actually been getting modeling offers since the age of 14. I was scouted on Oxford Street and Harvard Square but my parents were always like, you’re too young right now and need to focus on your

studies. So I never really took any projects up. Recently, I did a jewellery shoot for my friend Rema and another one for Zahir [Rahimtoola]. When he approached me, I immediately said yes because he’s the most civilised man in Karachi. His wife and him have been so kind to me since I moved to Karachi – they are just the loveliest and most sophisticated couple I’ve met.

Apart from writing and acting, what else do you enjoy doing?

MS: I love going to the gym – I love running. Even if it’s on the treadmill, I love it – it gives me such a high. I wouldn’t call myself a fitness freak because when I don’t have time, I don’t go to the gym and I don’t cry about it. I have intense shooting schedules so I don’t always get the time.

Lahoris are known to love food! Are you a foodie, too?

MS: Oh, I am obsessed with food. I am a huge foodie! I love burgers, specifically. I was in New York last summer for 21 days and I had 19 burgers. But I wish I had taken pictures of all those burgers and catalogued it – it would’ve been amazing. I also love *falooda* and *mix chai*. And I love *daal gosht* with green chilies, lemon and steaming white rice! **OK!**

INTERVIEW: EIMAN MASROOR
CONCEPT, STYLING & PHOTOGRAPHS: MUZI SUFI
WARDROBE: SANAM CHAUDHRI @ LABELS
HAIR & MAKE-UP: SEEMA AT RAVISSANT/PIVOT POINT



EMPORIO  ARMANI

AUTHORISED RETAILERS

KARACHI
DREAMS: MUHAMMAD ALI SOCIETY

LAHORE
AL-FATAH: DHA
LIBERTY MARKET

OPTICA: LIBERTY MARKET
DREAMS: M.MALAM ROAD

FAISALABAD
AL-FATAH: JARANWALA ROAD
RAWALPINDI
NIZAM WATCH: SADDAR

ISLAMABAD
AL-FATAH: THE CENTAURUS MALL
NIZAM WATCH: JINNAH SUPER
CENTAURUS MALL
D.WATSON: F10 MARKAZ





Backstreet's *back, alright!*

THE BOYS TALK ABOUT THEIR DOCUMENTARY, *SHOW 'EM WHAT YOU'RE MADE OF* AND BEING SUPER CLOSE



THE BACKSTREET BOYS PERFORM AT THE MANCHESTER PHONES4U ARENA

The pop music scene in the '90s was irrefutably ruled by the five-member boy band, Backstreet Boys. They were cute, they could sing and everyone just loved them! They gave us catchy hit singles from *Quit Playing Games* to *I Want It That Way* and *As Long As You Love Me*. And when the band went on hiatus in 2001, fans were left shattered. The boys reunited two years later and are still making music, unaffected by critics.

Now, the Backstreet Boys are back once again and with a bang! This time, it's with a documentary titled *Show 'Em What You're Made Of* which covers 20 years of their music-filled lives. Here, we talk to the boys about how it all came together and what we should expect from the production.

What is it about the Backstreet Boys in this documentary that is as relevant today as it would have been 20 years ago?

Brian Littrell: The story wouldn't be there if we had made the documentary 20 years ago. You have to live, learn and grow. Fortunately, we've come from little boys to men now. In the 82



FANS WAIT ANXIOUSLY FOR THE BACKSTREET BOYS TO PERFORM AT HYDE PARK, LONDON

business of the world we live in, everything has changed in just the past ten years. We wouldn't be the people we are today if it wasn't for the crap, the great times and the emotions you see in the rollercoaster we've been on for the past 20 years and I don't think we would change any of it if you asked us. It's part of our history; it's part of our livelihoods; it's part of us as individuals and as a group, so hopefully it keeps getting better.

Nick Carter: It's also a part of our fans' lives as we shared that together. I think that's what's relevant here that we all share a common theme. They've seen our lives on the surface level on TV and music videos or whatever you want to call it and now, they get a chance to really see behind the scenes and all those years sort of packed into one film.

You guys paved the way for boy bands today but they seem to just come and go; they don't last as long as you guys did. So what advice would you give to One Direction?

AJ McLean: They're obviously doing quite well and don't need the advice of their seniors. But I think just staying on your own path is the way to go. We definitely treaded water as much as we possibly could and we stayed true to ourselves. We stayed on our own path; we never swayed left or right. We never really went too far outside of our comfort zone because there was something that worked; there was a true Backstreet Boys sound musically, sonically that worked. If it wasn't this five, it wouldn't have worked. We are friends, we are family and we've been through highs and lows together. This journey or this whole film is a real testament to our fans and to one another. And just again to any groups that come and go or are still here, I would say just stay on your own path, get a good lawyer [Laughs], and most importantly, have fun and make sure it's all about the music. Be really good to your fans, too; stop to take pictures with them even if you're not in a good mood.

NC: I have sort of a warning, I guess. I would like to tell them to make sure that they stick together because if they don't, they won't get to experience what we are experiencing right now, 20 years later. If you don't stick together, be a team and play like a team, it will all go away and you'll be sitting back wishing you were in this position.

Nick, when you were still in elementary school, you talked about how growing up you felt that you and your friends would either end up dead, behind bars or drug addicts. How does it feel knowing that you have these guys as friends guiding you along the way?

NC: It was a miracle that I found these guys because when I had gone back there with them, it brought back a lot of memories and all the things that could have happened. If I hadn't met them, I have no doubt in my mind that I would have gone



NICK CARTER
(ABOVE), AJ
MCLEAN (RIGHT) &
KEVIN RICHARDSON
(BELOW)



“I feel we made this film for ourselves but it was also a way for us to reconnect with those fans who might have moved on or the passive ones because we believe in our music and we love it.” – Nick

down that path; I would've either been in jail or a drug addict or who knows what else. In a lot of ways, music and these guys saved me. It sounds cliché but it is what it is and it's true.

In the documentary, what was the hardest part to watch or the hardest memory you had to revisit?

AJM: I think obviously the Lou stuff is still a bit of a sensitive subject for some of us till now. Some of us have made our peace with it but some of us have not. You know you can always forgive but you can't really forget. It's always going to be a part of us. At the same time, we are very

grateful and thankful for Lou; we wouldn't be here if it weren't for Lou. I think going back home and really digging up some of our old personalities, our old upbringing and really seeing each other for who we are and why we tick the way we tick was very therapeutic. We all knew where we all were born but we never physically went and felt the emotion for each other and that was kind of towards the end of making this documentary. Kevin had made the suggestion to go back home, and we went everywhere in five days. It was a lot of emotion and I think we learned a lot more about each other that we didn't know for the past 22 years. I think it actually made us stronger – it ►



BACKSTREET BOYS HONoured WITH A STAR ON THE HOLLYWOOD WALK OF FAME

made us more of a band.

NC: It was hard for me to live through that five-day period. To experience and sort of live these other guys' experiences in life, seeing each one of them cry over a specific story or circumstance that occurred in their lives just really affected me. It touched me in a lot of ways, and that's sort of the empathetic story of things as well.

Is there anything you guys saw in the movie that you wished wasn't in it?

Kevin Richardson: We wanted to be honest and uncensored at the same time. When we were telling these stories, there were a lot of things that



didn't make the film and that was the hard part. I think the first edit was over three hours long – 20 plus years of stories to tell and five different versions of that story and then weaving it all together without leaving out important moments. Different moments are important to each one of us so Stephen Kijak [director] had quite a job to get it all together in a format you could watch in one sitting, and he still made it compelling and interesting. There are some parts that I was worried about though; I don't ever want to be vulgar but we were telling stories about things we were going through when we were young men, so I don't think you want to cross that line too much. So I don't know if that answered your question or not. Initially when I saw it I was like, "I don't want my son to see this."

Howie Dorough: I had a couple of my family

“We wouldn’t be the people we are today if it wasn’t for the crap, the great times and the emotions you see in the rollercoaster we’ve been on for the past 20 years.”
– Brian

members watch some scenes and I remember one of my cousins saying, “That line about you saying you were at Lou’s house and you saw your first porn. My daughter’s 12, and I don’t know, is your mom going to be cool with that?” Kevin and I were both kind of dealing with this kind of thought of whether or not to put these things out there. But like I said, with direction of the directors and people around us, we felt like we just wanted to be honest and real. These were things we were going through growing up in those early days and we want our fans to take away from this that we are a bunch of normal guys and porn is what we do on the weekends. [Laughs]

BL: For me, I was running from voice issues and I didn’t want it to be known. I thought if I could hold it in, swallow it and protect it then we wouldn’t have to talk about it. But when you’re trying to make a record and you can’t sing on the record, it sucks because that’s my job. And as everybody knows, I’ve had a little bit of weight on my shoulders over the past 22 years, like we’ve all done, but at the same time, I get kind of choked up talking about it. Stephen and I talked about it and he was like, “This is an important part and this is who you are and this is what you’re going through” and you know if you talked to me five months ago, I wouldn’t be able to talk and it was kind of scary. I was thinking about hanging it up, like I put my 20 something years in and thanks guys, appreciate it. I’m going to take my break like Kevin did and come back. [Laughs] But it’s good it became an important part because again, I wanted to stiffen it. I thought if I didn’t tell anybody, no one would ask and then it just kind of came out and I’m glad it did. I feel better about it and I’m getting stronger each and every day. But in the documentary, it’s very hard to watch.

KR: I just want to add one more thing. The idea of the film started off as, let’s film ourselves with our phones and handheld recorders. Then our management sent us to Mia at Pulse Media, then we got Stephen on board too. We all sat down and were like, “We don’t want this be a VH1 behind the music – we’ve already done that. We don’t want this to be a fluffed promotional piece. We’ve lived an extraordinary life and have a lot of stories to tell. The five of us have worked as a team and made our dreams come true. We were honest and just let the cameras roll through the whole process.

We trusted Stephen and Mia, and that’s what you have.

In the film, you can see the bond you guys have is really strong. Through this whole experience of making the documentary, what affects that bond and how did your wives react?

AJM: She’s been around with me for the past six



BRIAN LITRELL (ABOVE) & HOWIE DOROUGH (LEFT)

years – all of our wives have become family for all of us. She was like, “I know you guys now and you’re great men. You’re honest, loyal and treat your family and fans well and to see what you’ve gone through and that you persevered is very emotional. You could’ve easily thrown in the towel and you didn’t.” I’m looking forward to when my little girl is old enough to understand what’s going on and watch the movie. If she wants to see what her daddy went through, pop in the DVD.

KR: It’s been a great experience to reminisce about, to go back in time, dig into that vault and kind of rekindle that flame again. To get excited again, be more passionate and goal oriented, and to know we have 20 or more years in this easily – it’s been amazing. As long we’re having fun, the music’s there, and the fans want us to be around, we are going to do this as long as we can with ►

the support of great wives, families and friends. We have a great support group. We've been here for each other through hell and back.

BL: She'll just watch it with some goggles on! But on a serious note, at the beginning, it was all about working together, being in a team and then with success comes money, comes stuff, comes things. We worked really hard together but at same time, there was also a developing and "interdeveloping" as a person and as an individual because when you're in a group, you kind of become everything that everybody else is around you. So a turning point in our career was to focus on each other as individuals for a moment which sometimes pushes you apart but at the end of the day, you realise that it's all about that team because there is money, wives, kids, cars, places and stuff that can take you away from what's really important and that is what it's ultimately about. It comes down to us five and I think that's one key that we've always had. It doesn't matter - problems, issues, wives or kids - it's always been about the group.



KEVIN WITH HIS WIFE MANDY RICHARDSON

“The most difficult part of this movie is getting it all down so you can watch it in one sitting and understand everything.” – Kevin



HOWIE WITH HIS WIFE LEIGH BONIELLO

Going back to the hometown visits, what was the most moving moment or the most surprising thing you learned about each other?

AJM: I thoroughly enjoyed hearing everyone's stories. How the film starts and how it ends is a really great circle of just our entire life. The film starts in this forest where we are hiking and then we end up at the top of this beautiful mountain. We reach the top by helping one another climb the rocks and that's just a really powerful metaphor.

BL: There are a few things that really pop out to me. How Howie talks about losing his dad and how emotional it was. The relationships

the director's. It can get a little cloudy at times as there are so many edits and parts everyone wants to keep. We just tried to make the best version of our story in such a condensed amount of time. I think it turned out better than we could have ever dreamed.

NC: I actually stopped watching all the edits and stuff. There were a million emails and changes to go through and it got kind of tedious and monotonous after a while. For me, I just let it all out there and I just wanted to let the director and our production team handle it. I mean it's not like we made up stuff. It was what it was – it was our

life. They knew the storyline and just had to paint the picture.

BL: My brother texted me after watching the film and said that it was definitely edited. I was like it really wasn't; the things you see in the film are all true and portrayed with utmost honesty.

KR: I think the overall goal was that if you've never ever heard of the Backstreet Boys and you watched this film, then would it be interesting to you or would you walk out after five minutes? We understand that we have a group of amazing fans all over the world that keep track of us, that follow us, are hardcore and have been with us since day one. Then there's a group of fans that are a little more passive; they'll check on us every few years and come out and see this last tour we did. Then there are fans that have completely moved on and forgotten about us. Then there are people out there that never were fans so we wanted it to just stand on its own and I think the hardest part again was that there was so much material and so much to tell. The most difficult part of this movie is getting it all down so you can watch it in one sitting and understand everything.

NC: I feel we made this film for ourselves but it was also a way for us to reconnect with those fans who might have moved on or the passive ones because we believe in our music and we love it. I feel we were great performers but life just takes its course, things happen. The film world is a big outlet; it's a way to really connect with people. So that's one good thing that could come from it.



NICK WITH HIS WIFE LAUREN KITT

“We are friends, we are family and we’ve been through highs and lows together. This journey or this whole film is a real testament to our fans and to one another.” – AJ



AJ WITH HIS WIFE ROCHELLE DEANNA KARIDIS



BRIAN WITH HIS SON LEIGHANNE WALLACE & WIFE BAYLEE

How is it like recording and writing music in London; having Kevin back in the group; Howie wanting to sing more as the lead singer?

AJM: It was the perfect way to reconnect and re-bond. Kevin had just come back, and then Nick made the suggestion of going somewhere outside of our element where there are no distractions, no wives, no kids, no nothing – just us five. Living in a house together, making breakfast for each other, staying up late, talking about music vibes and really just reconnecting.

HD: This was the first time Kevin was back in the studio with us for almost seven years so I think this trip was very crucial in reconnecting all of us. I think that we went out there and we pushed the envelope.

NC: It was great to have Kevin back honestly for seven years. I’m proud of what we had done as well – the four of us. We went out there and did two albums and went on the New Kids tour. We really had to sort of hold the legacy together and just keep the band’s name going. But I always felt incomplete [Laughs]. And so when he came back and we were finally in the studio together, it just felt like we were home again – it felt like we were a team. I knew people out there felt that way as well. I knew there were fans out there that did feel the band was incomplete. So it was great to be back. **OK!**

INTERVIEW: IZUMI HASEGAWA/THE INTERVIEW FEED
PHOTOGRAPHS: GETTY, WENN



MISHA

Lakhanvi

“I DEEPLY RESPECT AND ADMIRE
MY FATHER”

The fashion designer talks to *OK! Pakistan* about running her design house, her fitness and beauty regime and how she balances work and family life



MISHA LAKHANI WITH THE LOVE OF HER LIFE - HER DAUGHTER RAYA

Misha Lakhani launched her eponymous fashion label around three years ago, and in a very short span of time, her exquisite bridals found their way to the top of critics' favourites. The talented and beautiful designer studied Fashion Design at Central Saint Martins and Journalism from Columbia. After interning with the country's leading bridal couturier, Bunto Kazmi, she has proven that her flair for precision and attention-to-detail is innate.

"My love affair with clothes began when I was just a child," Misha tells us, adding that she was never bothered about what people thought of her style. "I just dressed to please myself, much to my mother's horror," she laughs. Being a fashion designer is what she was born to do – it was her destiny. She dabbled in other professions, too (as well as painting every now and then) but her prime focus was always fashion.

The bespoke label epitomises what fusion of tradition and contemporary design is all about. From jumpsuits and jackets to gowns and bridalwear, the pret-a-porter design house offers its clientele a variety of collections to choose from. Misha Lakhani has also been nominated for the prestigious Woolmark Prize. "As a progressive brand that is always looking

to reinterpret the traditions of surface design techniques and woven textiles, it's an exciting opportunity to apply that same curiosity to wool on a platform that is the fashion industry's most respected," she said. "I feel privileged and am grateful to The Woolmark Company for creating

“EVERY TIME I SEE A WOMAN IN MY CLOTHES, I AM DEEPLY HONOURER. IT IS THE GREATEST COMPLIMENT YOU CAN RECEIVE AS A FASHION DESIGNER.”

this fantastic platform to support emerging designers.”

Here, the woman behind the label talks to us about the challenges she faced, how life

has changed after the birth of her daughter, her personal style plus a whole lot more.

You started your career quite recently and have gained a lot of success; what do you think was the most crucial element in achieving the success?

Misha Lakhani: It's just hard work born out of love for what I do.

Tell us about some of the challenges you have faced (and still face) as a designer?

ML: In fashion design, there can be all kinds of production issues that I wish I could totally ignore, but unfortunately I can't.

Describe the Misha Lakhani woman.

ML: A woman who is in complete control of her destiny. She's curious, nostalgic and experimental.

Tell us about the creative process behind the collection you recently showcased at PFDC L'Oreal Paris Bridal Week.

ML: SS 2015 is all about summer time - easy yet striking pieces that can be dressed up or down - in Pakistan and abroad. Geography is no barrier to great style. The shapes for my casual chic and evening wear lines can be easily integrated into your wardrobe. They're for the jet set woman on the go who needs a sophisticated choice for every occasion where classic meets cool irreverence.

“MY WORK REFLECTS MY STYLE – AN ECLECTIC MIX OF OLD-WORLD CHARM AND MODERN IDEAS WITH A GROWN UP BOHEMIAN VIBE.”

How would you describe your personal style?

ML: I guess my work reflects my style – an eclectic mix of old-world charm and modern ideas with a grown up bohemian vibe.

Who is the most influential person in your life?

ML: My father. I can't even begin to describe how, but I deeply respect and admire him.

Tell us about how life has changed since the birth of your daughter.

ML: This tiny babbling baby Raya has captured my heart. I feel blessed.

What is your beauty and fitness regime like?

ML: I'm trying to be regular, but on and off I play a bit of squash, jump rope and kick-box.

How do you manage your time between work and family?

ML: I'm organised. Everyone at work knows when I arrive and when I leave, and the important things are done within those hours. It works. I'm always available to family – obviously they're my priority. Overall, I think it's just good time management that enables you to do everything you want.

In stressful situations, who has been your biggest support?

ML: My husband Mustafa and my father are my biggest supporters.

What brings you happiness?

ML: My favourite people, some of whom I don't see enough because we're in different cities and countries. Pomegranates and mangoes in season, the omakase from Yashin in South Ken, a good play or movie, getting lost in an amazing book, and work – I love my job.

An unexpected and memorable experience...

ML: Skydiving is overrated, but scuba diving is even more incredible than it seems. I went on a family trip with my brother Bilal to the Maldives a few years ago. It's frightening not being able to see below the surface, but the second you're submerged, the visibility goes up to 50 metres and the coral reefs are so varied and colourful that you instantly feel safe and forget all your fears. That was quite an unexpected feeling.

If you could collaborate with a celebrity, local or international, who would it be?

ML: I love Yousaf Shahbaz of Strata – he oozes talent and is so versatile. It'd be fun to do a collaboration with him.

What can we expect from Misha Lakhani in 2015?

ML: Expanding the brand's market. ►



“ I’M
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EVERYONE AT
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AND WHEN I
LEAVE, AND THE
IMPORTANT
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PFDC L'ORÉAL PARIS BRIDAL WEEK 2015

Who are your style icons?

ML: Talitha Getty, Katharine Hepburn, Leandra Medine and Jane Birkin. I love their understated and unconventional elegance.

Which era do you wish you were born in?

ML: I can't think of a better time than now, but I'm a sucker for old films and bygone eras. The past is the opiate of the romantic.

Proudest moment in fashion?

ML: Every time I see a woman in my clothes, I am deeply honoured. It is the greatest compliment you can receive as a fashion designer.

Favourite local designers?

ML: Faiza Samee, Bunto Kazmi, Rohit Bal, Sabyasachi and Abu Sandeep.

Favourite international fashion designer?

ML: Alber Elbaz, Marni, The Row, Elie Saab, Maje, Valentino, Rosie Assoulin.

You would never leave the house

without...

ML: My phone, Smythson notebook, Dior LipGlow, hand sanitiser and a piece of fruit.

What do you collect?

ML: I love updated classics – can't ever have enough white shirts.

Favourite book?

ML: Impossible to choose but a couple I really like are *Norwegian Wood*, the *Harry Potter* series, *The Cairo Trilogy*, *Gone Girl*, *The Little Prince* and Roald Dahl's books.

Fashion faux pas...

ML: Following trends blindly. Even my brand is not a trend-based brand; my customer is not a fashion junkie. She loves timeless style, but wants to be chic and sexy at the same time. For me, being effortless is the coolest thing in the world, so casual elegance is chic. It's about having a nonchalant attitude towards dressing, whether you're wearing something super heavy or something light. **OK!**

INTERVIEW: ANAN KHAN
HAIR & MAKE-UP: BINA KHAN
PHOTOGRAPHS: MUZI SUFI, AMEAN J.,
FAISAL FAROOQUI @DRAGONFLY

Abbas Tatari

**“YOU SHOULD BE A GOOD
TRENDSETTER, NOT A FOLLOWER”**

The award-winning model talks about the criticism he faced in the early days of his modeling career, how he pulled through and the words of wisdom that have remained with him throughout...





A

Abbas has received immense recognition for his work including Pakistan Media Awards' Best Male Model and most recently, the LUX Style Award for Best Male Model.

The rugged heartthrob invited *OK! Pakistan* into one of his two homes in Karachi, where we waited for the award-winning model in a room no less manly than himself. As he walked in, Abbas brought with him an aura of masculinity and mystery. From the moment he spoke, it was clear that he was filled with ambition and perseverance yet extremely down-to-earth as a person. The soft-spoken model had a lot to share when it came to the fashion industry. He tells us about the highs and lows of his career and his experience of working in the industry plus its many faces.

What led you to become a model?

Abbas Jafri: Well, I actually joined the

Abbas Jafri has managed to cement his name in the world of fashion not only in Pakistan but globally. He is one of the select few male models in Pakistan who rival their female counterparts.

fashion industry by accident. I was a cricketer professionally, playing in the US. To be honest, I still don't understand how and when I became a model. I never wanted to be one. I did my Masters in Political Science, and currently, I

“ I'M FROM A FAMILY THAT DOESN'T KNOW ANYTHING ABOUT THE FASHION INDUSTRY. THEY DON'T EVEN KNOW MY POSITION IN THE MODELING WORLD OR THE AWARDS I'VE WON ”

am preparing for my CSS. My parents always said to me that modeling should not be my bread and butter; I should have a back-up career [in mind].

Was your family supportive of modeling?

AJ: Yes, very supportive.

So when you told your parents that you would pursue a career in modeling, what was their instant reaction?

AJ: I'm from a family that doesn't know anything about the fashion industry. They don't even know my position in the modeling world or the awards I've won – HUM and Lux Style Awards. When I go out for dinner with family and random people come up to me asking to take pictures, my family is rather clueless. Receiving an award or gaining recognition as a super model doesn't affect my personality; that's how my upbringing has been. This is what my career is and it should be treated like a profession. If models do photo shoots, then that is their work; they should go back to their normal lives after that.

Was it difficult making a name for yourself as a model?

AJ: Yes, very difficult. I'll be blunt with you, the fashion industries in Lahore and Karachi are very different. It's difficult working here [in Karachi] and as a result, it's hard to make a name. Here, they have lobbies and designers, and every designer has their favourite models. And if you work for them, and they don't like you, then they tell you that you're just a nobody who shouldn't have even bothered to join the industry. It's very ►

“ I ACTUALLY JOINED THE FASHION INDUSTRY BY ACCIDENT. I WAS A CRICKETER PROFESSIONALLY, PLAYING IN THE US...I STILL DON'T UNDERSTAND HOW AND WHEN I BECAME A MODEL.”



difficult. There's no established infrastructure; it may be good for designers and brands as their businesses are flourishing and the industry is promoted via fashion week. But for models, there is no such platform.

How can we solve this problem?

AJ: I went to Amsterdam for Mercedes Benz Fashion Week [earlier this year], and I saw that there were agencies where models were hired from a proper structure. The agencies played their role as they were supposed to, and the models played theirs. We should implement this system too.

Your look has changed though; initially, you had a shorter beard.

AJ: I tried everything – everyone keeps telling me to try another look (minus the beard). Since the past 20 years, all male models in the industry

“MY BEARD HAS FURTHERED ME IN MY CAREER FOR SURE, BUT I THINK WHAT REALLY PUSHED ME FORWARD IS THE QUALITY I BRING TO MY SHOOT.”

were clean-shaven and no one told them to do anything differently. I have only been a part of this industry for two years, and I have had a beard throughout. I did a shoot for Deepak Perwani in which I had only a moustache though – it was a Rajasthani-themed shoot. I did one for Republic in which I was made to look like a total caveman. Then I did Bareeze followed by Ahmed Bham's billionaire collection in Thailand. People always talk. If they don't want someone to go further in their career, they talk and won't accept them for who they are.

Do you think your manly/rugged look has played a pivotal role in your career?

AJ: My beard has furthered me in my career for sure, but I think what really pushed me forward is the quality I bring to my shoots. People were not accepting me in the industry because of my beard at first; so I did not do shoots for these people. I was not thinking of the money I would lose out on but rather, I was thinking of the quality of the shoots. These designers threatened my career. They told me that if I didn't work for them, they would not let me work in this field at all. I have done a few things in my career, but I have given those few things my all.

In your opinion, is there any male model that shows potential?

AJ: Everyone has potential; the photographer just needs to know how to bring it out. It's totally up to the photographer how they portray a model; they can show you in a way that may not be accepted or liked by the public. Over here, the models are very talented. When I go to universities as a guest speaker, I tell the students that anyone who wants to be a model, can be a model. Some of them feel they don't meet the height requirement, but they can always get commercials – the commercial industry is very different from the fashion industry. ►



ABBAS JAFFRI WINS MODEL OF THE YEAR (MALE) AWARD AT THE LUX STYLE AWARDS 2014



One on one with Abbas Jafri...

Favourite travel destination?
Amsterdam.

What would we find on your bedside table?
My cell phone and wallet.

One designer you would love to work with?
Roberto Cavalli.

If you weren't a model, you would be...
A politician.

Your fashion essentials?
My bracelets, rings and my beard!

Three things you cannot leave home without?
My cell phone, wallet and my mom's prayers.

Describe yourself in three words...
Honest, brave and blunt.

What is your definition of love?
It's a two-way street.

“EVERYONE HAS POTENTIAL; THE PHOTOGRAPHER JUST NEEDS TO KNOW HOW TO BRING IT OUT. IT’S TOTALLY UP TO THE PHOTOGRAPHER HOW THEY PORTRAY A MODEL.”

Tell us about some of the international projects you have worked on.

AJ: When I went abroad, I signed a contract with a modeling agency called MIM and I am on the panel for upcoming fashion weeks – New York, Milan, Dubai and I was just in Amsterdam recently. Since there are no agencies here, there is no scope for models to work abroad.

Which designer have you loved working with and why?

AJ: I have loved working with Bareeze as the brand ambassador. Their entire team is very professional. Designers here are scared to go big with shoots since their budgets are very small. Their outfits might start at PKR 40,000 or PKR 50,000, but their budgets for campaigns are extremely small. One designer, however, that I have really enjoyed working with is Ahmed Bham. He flew me out to Thailand and we shot the whole campaign there. It was professional and the shoot itself was very expensive. Designers usually don't



ON THE RAMP AT FASHION PAKISTAN WEEK



I think this was all just good luck; I tell my parents this all the time. There was another experience that I remember till date. It was my first fashion week - Karachi

Fashion Week - and there was a choreographer who insulted me in front of 30 other models. He sent me out and told me that I couldn't be a model and that I looked like a terrorist. The Australian Fashion Council was visiting, and there was a designer called Jahanzeb Qamar; I had come to take part in his show. So, I brushed off what the choreographer said and I walked in that show. The Australian Fashion Council really appreciated my runway walk, and I will always remember that everything changed after that moment. That choreographer is still in the industry and he still can't accept that having a beard is OK in fashion, and I don't understand why. The beard has not only become a symbol



spend that much on their shoots here.

Tell us about an unforgettable or bad experience/memory.

AJ: When I wasn't a model, I went to a lawn fashion show in Karachi. This designer got in touch with me, and told me to come see his show. But when I got there, he didn't answer my call. So, I sat outside and waited. I wasn't able to see the show, but I was still excited to see the ramp. I stayed outside, and when the show ended, I went inside and then I walked the ramp by myself. It's hard to believe that just three years later, these same designers want to work with me.

in fashion in Pakistan, but also internationally.

A piece of advice that has stayed with you all your life...

AJ: People are always giving their advice and opinions! [Laughs] But my father once said something that I deeply follow. He said to me, "This is your profession right now so do it well, but then move on [to something else] later." Every model reaches their peak, and it's important to not let that get to your head. People look at me and think that I am stuck-up and rude, but I'm not like that. I can't talk to everyone, but my experiences with people in this industry have been bad since the people usually turn out to be two-faced. For this reason, I don't go out too much. Obviously, all five fingers of a hand aren't the same; everyone is different, but I feel it is wrong that most people say something on your face and something else behind your back. If you say something good about someone, they think you are their competition, and your intentions are malicious. So to answer your question, the advice that I can never forget is to stay down and stay focused.

What's your advice to new models?

AJ: There should be no competition; you should only compete with yourself. All the models are always concerned with who is going to be the showstopper, but that shouldn't be the case. The job of models is to set a trend. Look at me, I had a beard and now so many models have grown theirs out. You should be a good trendsetter, not a follower. Also, models should not be desperate. You should be patient, and work hard on yourself. They should not do shoots for free because that hurts newcomers. If a well-known model is doing a shoot for free, designers will never pay an unknown face to do the same thing.

What do you do in your free time?

AJ: I just finished my Masters in Political Science and I am now preparing for my CSS. Nothing as such other than that since my family is in Dallas. I am also coming up with this really big project called, "The House of AJ" which I will be launching hopefully next year. It will have everything under

“THE JOB OF MODELS IS TO SET A TREND. LOOK AT ME, I HAD A BEARD AND NOW SO MANY MODELS HAVE GROWN THEIRS OUT.”

one roof – a gym, pool, sauna, accessories and clothes.

What are your future plans?

AJ: I want to do something for models, both female and male, since I know that they have a tough time finding and keeping work here. People from good backgrounds look down on this industry and don't want to join it because we have no legitimate



agencies, and we lack professionalism. I want to bring a good modeling agency here, such as Elite or Ford, so models from Pakistan will get the opportunity to go abroad, and designers abroad will have a platform in Pakistan. But then again, I don't know if that will work here since people have one look that they stick to and don't want to look at anything else. There aren't many dark-skinned models here because people want to stick to

what they know. Being a model isn't about being beautiful in the traditional sense. In the Pakistani industry, if you are willing to do a shoot for free, designers will call you a good model, no matter the details. Sadly, this is reality. **OK!**

INTERVIEW: HAYA QAMAR
PHOTOGRAPHS: ABDULLAH HARIS, TAPU JAVERI, SANA SULTAN
CONCEPT, STYLING & COORDINATION: ANAN KHAN
GROOMING & LOCATION: N-GENTS

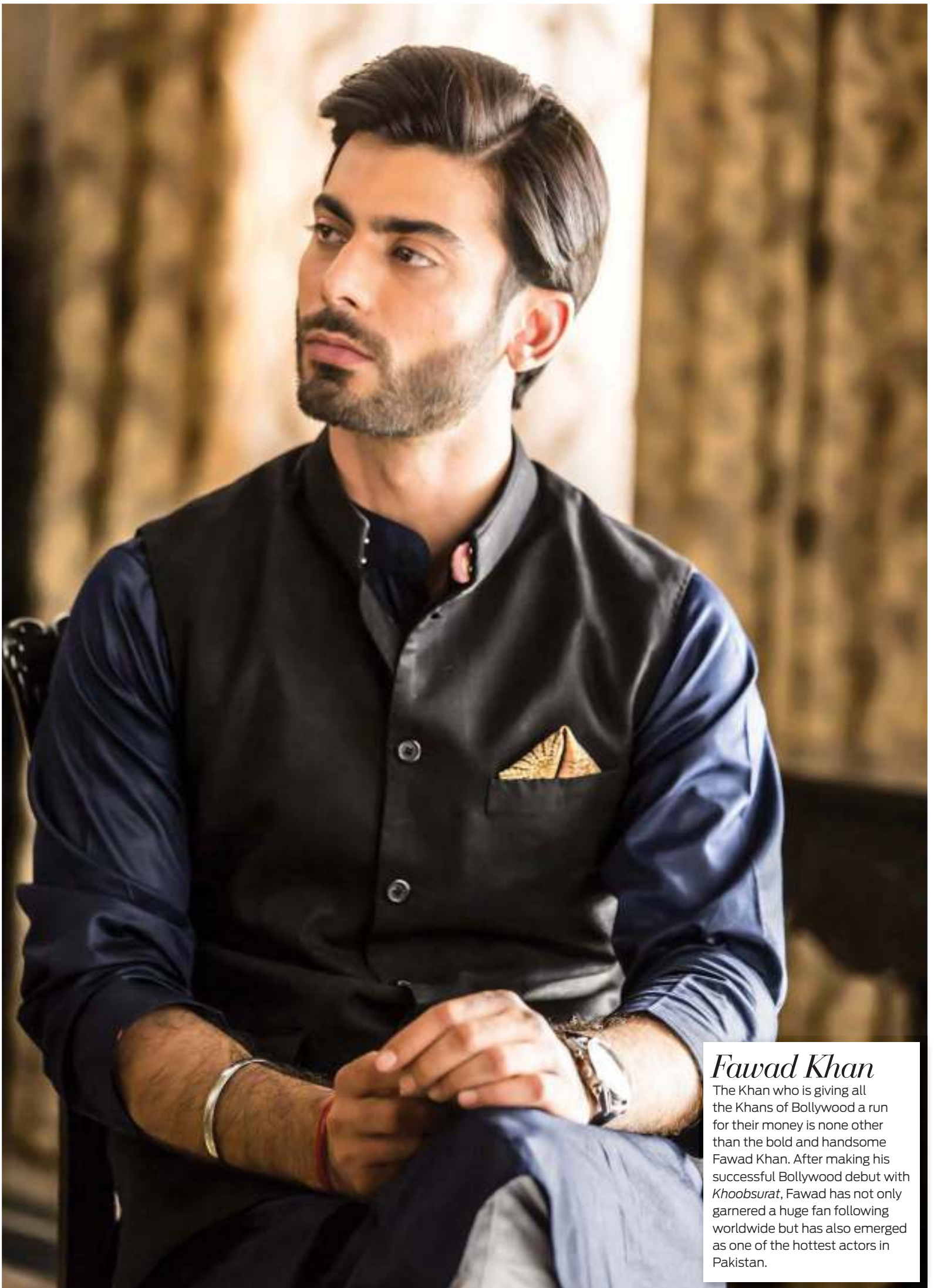
PAKISTAN'S *Hottest Actors*

If you're looking for striking and enigmatic men who will make your heart skip a beat, look no further because the Pakistani entertainment industry has it all. Here is a list of 10 of the hottest actors that will sweep you right off your feet...



Ali Zafar

The stylish singer-actor has more to flaunt than just his successful career in Bollywood. The heartthrob's spellbinding smile and dashing looks have won our hearts and recently also won him the Most Stylish Import Award at Hindustan Times Delhi's Most Stylish 2015. Always representing Pakistan in the best light, Ali Zafar has reached iconic status and makes us proud!



Fawad Khan

The Khan who is giving all the Khans of Bollywood a run for their money is none other than the bold and handsome Fawad Khan. After making his successful Bollywood debut with *Khoobsurat*, Fawad has not only garnered a huge fan following worldwide but has also emerged as one of the hottest actors in Pakistan.

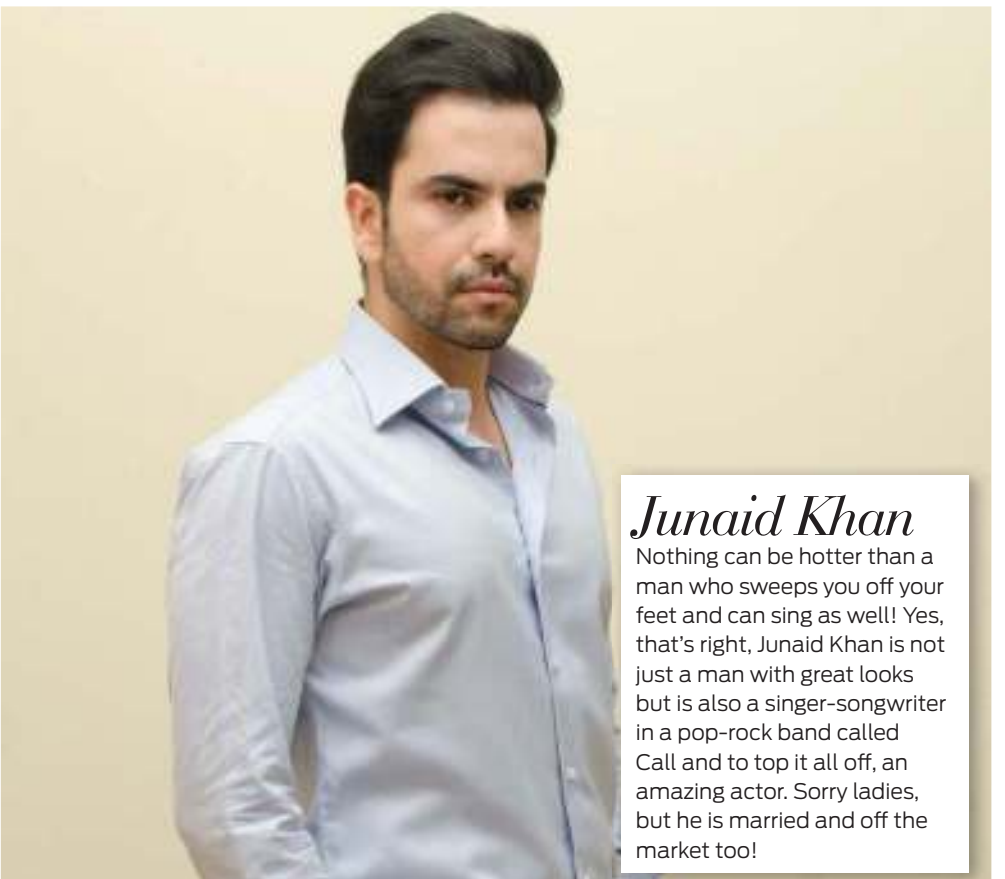


Ahsan Khan

His signature modish look and neat style statement distinguishes him from the crowd. Ahsan Khan has been in the industry for years now but he only seems to be getting hotter by the day – to add to that, his luring coloured-eyes will only leave you hypnotised! Too bad he's a husband and father but girls, on the brighter side, he has an identical twin brother!

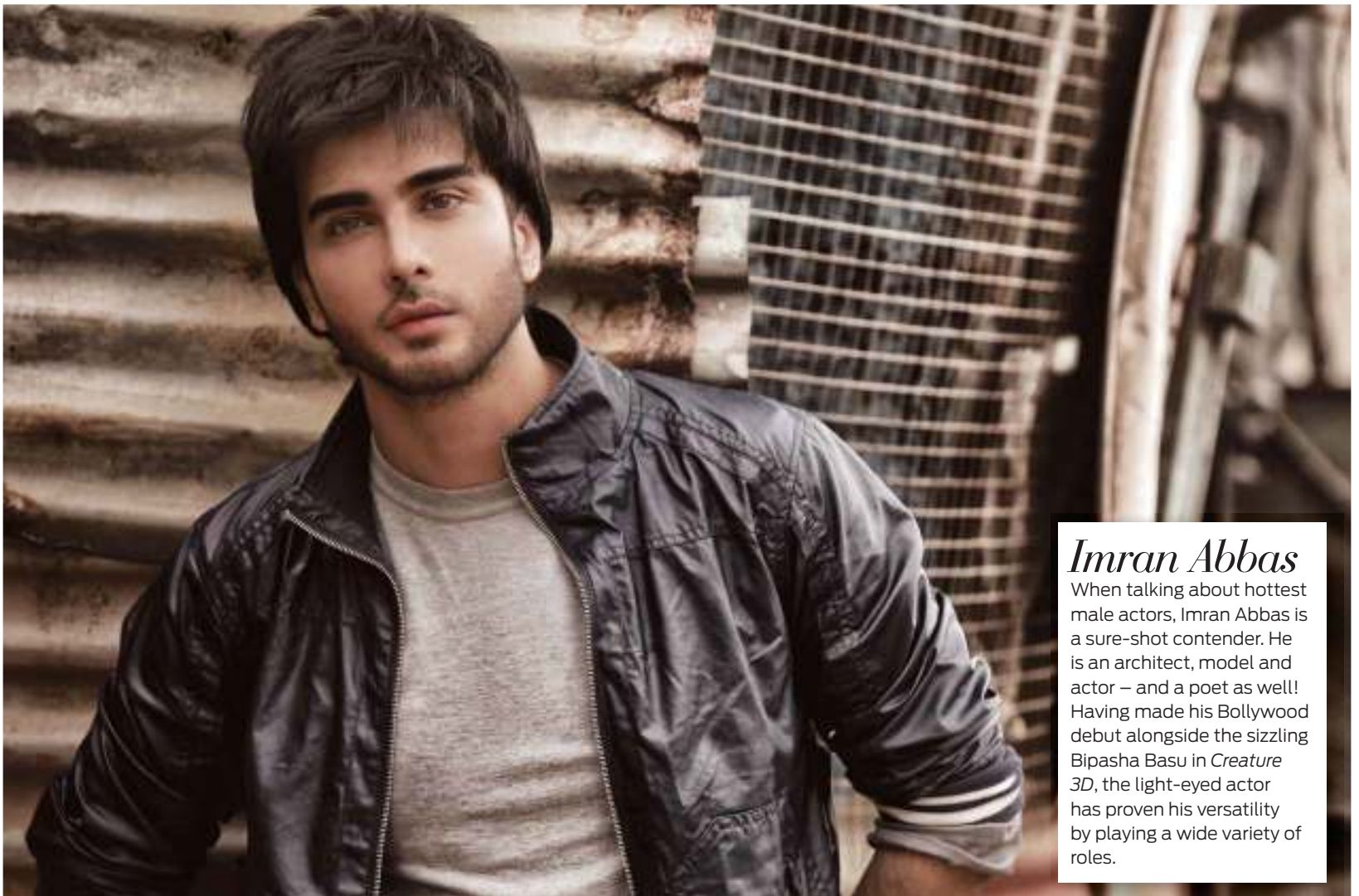
Meekal Zulfiqar

The British born actor-model makes us weak in the knees with his gorgeous eyes, playful smile and boyish charm. His comical appearances in Ufone ads and performances in Bollywood movies have only added to the charismatic actor's list of achievements. Too bad for all his lady fans – he's married with two adorable kids!



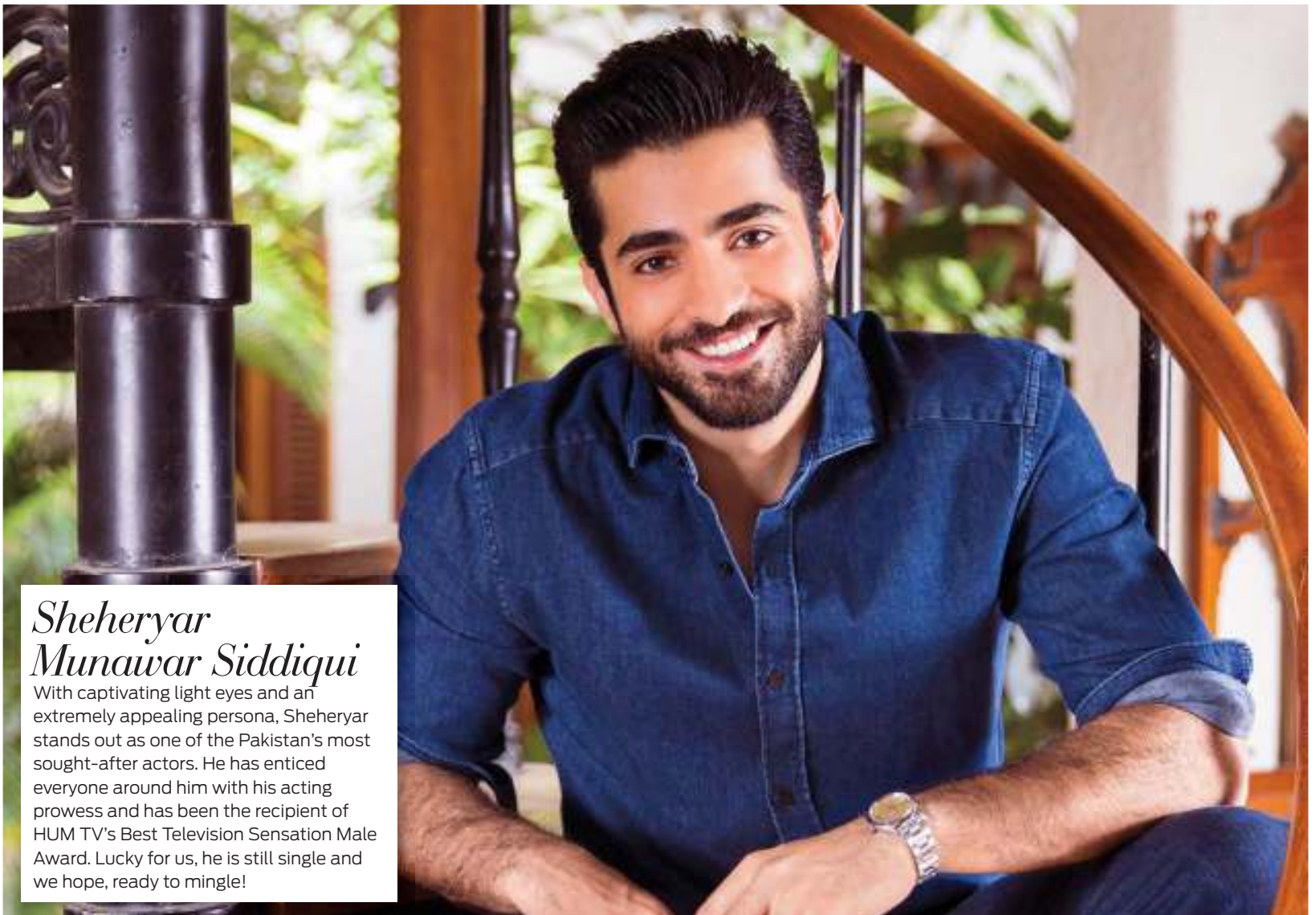
Junaid Khan

Nothing can be hotter than a man who sweeps you off your feet and can sing as well! Yes, that's right, Junaid Khan is not just a man with great looks but is also a singer-songwriter in a pop-rock band called Call and to top it all off, an amazing actor. Sorry ladies, but he is married and off the market too!



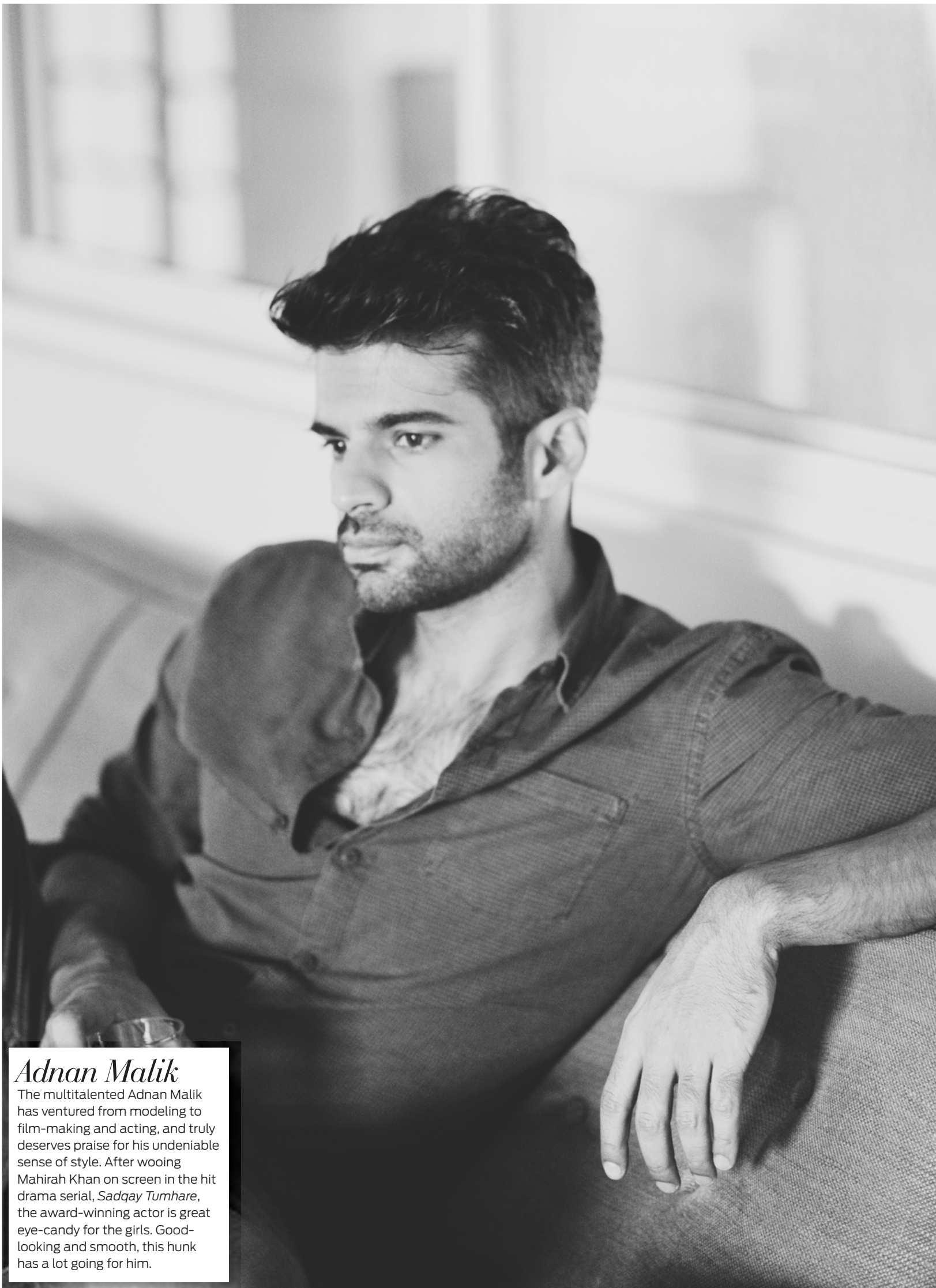
Imran Abbas

When talking about hottest male actors, Imran Abbas is a sure-shot contender. He is an architect, model and actor – and a poet as well! Having made his Bollywood debut alongside the sizzling Bipasha Basu in *Creature 3D*, the light-eyed actor has proven his versatility by playing a wide variety of roles.



Shehryar Munawar Siddiqui

With captivating light eyes and an extremely appealing persona, Shehryar stands out as one of the Pakistan's most sought-after actors. He has enticed everyone around him with his acting prowess and has been the recipient of HUM TV's Best Television Sensation Male Award. Lucky for us, he is still single and we hope, ready to mingle!



Adnan Malik

The multit talented Adnan Malik has ventured from modeling to film-making and acting, and truly deserves praise for his undeniable sense of style. After wooing Mahirah Khan on screen in the hit drama serial, *Sadqay Tumhare*, the award-winning actor is great eye-candy for the girls. Good-looking and smooth, this hunk has a lot going for him.



Hamza Ali Abbasi

Famous for his charismatic good looks, Hamza Ali Abbasi is a true heartthrob. But it isn't just his irresistible charm that's going for him – he is a true star; he received an ARY Film Award for Best Star Debut Male for his appearance in *Waar*.



Adeel Hussain

With a perfectly chiseled face, sturdy physique and edgy style, Adeel Hussain stands out as a complete package in our list of hottest actors. The multitalented actor, photographer and film-maker is all set to make his film debut in Asim Raza's upcoming project, *Ho Mann Jahaan* opposite Mahirah Khan. Well ladies, this hunk is single for now, so call your dibs! **OK!**

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HASHWANI**

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NINA LOTIA

OK! Spotlight
MOIN KHAN

Get The Look
MEHREEN SYED

Catwalk Report

**PFDC SUNSILK
FASHION WEEK**

STYLE ★ BEAUTY ★ HEALTH ★ FOOD ★ TRAVEL ★ ENTERTAINMENT

OK! BEST DRESSED



Gorgeous and exuberant, Mehreen Syed sparkles in a Nasreen Shaikh Official outfit at PFDC Sunsilk Fashion Week.



Mastering the art of red carpet glamour, Sadaf Muneer Jalil adds a pop of green to her monochrome body-con dress at PFDC Sunsilk Fashion Week.



Young and yet so graceful, Meezan Fahd shines in a monochrome Sana Safinaz blouse and ball skirt at PFDC Sunsilk Fashion Week.

OK! BEST DRESSED



Making a statement in sheer, Jennifer Lopez wears an Atelier Versace dress with a Swarovski clutch and Sutra earrings at The Metropolitan Museum of Art's Costume Institute Gala.



Rosie Huntington-Whiteley is super sultry in an Atelier Versace dress at The Metropolitan Museum of Art's Costume Institute Gala.



Amal Clooney stuns in a Maison Margiela Couture gown at The Metropolitan Museum of Art's Costume Institute Gala.



Radiant as ever, Amna Bashir looks picture perfect in a Nida Azwer kaftan paired with an Hermès clutch at PFDC Sunsilk Fashion Week in Lahore.



Amna Baber looks breathtakingly beautiful in a monochrome Sana Safinaz ensemble at PFDC Sunsilk Fashion Week in Lahore.



Ayesha Omer shows off her toned shoulders in this voluminous Elan gown at PFDC Sunsilk Fashion Week in Lahore.



Meesha Shafi is rockstar chic in an all black Elan number. We love how her quirky clutch perks up her outfit at PFDC Sunsilk Fashion Week.



Maheen Ghani Taseer looks très chic in a printed Elan dress paired with a snakeskin Bottega Venetta knot clutch at PFDC Sunsilk Fashion Week.



Amina Rashid Khan dons a Nida Azwer Atelier ball skirt and cropped top at PFDC Sunsilk Fashion Week in Lahore.



Uma Thurman looks ethereal in an Atelier Versace white gown paired with Anna Hu earrings at The Metropolitan Museum of Art's Costume Institute Gala.



Sienna Miller looks effortlessly cool in a trouser suit by Thakoon and a Rauwolf clutch at The Metropolitan Museum of Art's Costume Institute Gala.



Pop icon, Madonna wears a Moschino by Jeremy Scott gown that reads Rebel Heart (the name for her new album) to The Metropolitan Museum of Art's Costume Institute Gala.



Kim Kardashian is definitely enjoying a sheer moment in a Roberto Cavalli by Peter Dundas dress at The Metropolitan Museum of Art's Costume Institute Gala.



Blake Lively dazzles in a Monique Lhuillier lace and leather gown, Lorraine Schwartz jewellery and a Judith Leiber clutch at *The Age of Adaline* premiere in New York City.



Anna Dello Russo looks haute in Armani Privé at the Giorgio Armani 40th Anniversary Silos Opening And Cocktail Reception in Milan.

PHOTOGRAPHS: FAISAL FAROOQUI, GETTY

A woman with long dark hair and red lipstick is sitting on a bed, looking towards the camera. She is wearing a blue sleeveless dress with a green and white pattern. The bed is covered with various colorful fabrics, including a pink and white patterned one, a blue and green patterned one, and a blue and white patterned one. A black handbag is on the bed next to her. In the background, there is a vase of pink flowers and a red-framed mirror. To the left, a black clothing rack holds several items of clothing, including a white shirt and a blue and white patterned one. The overall scene is a bedroom or a dressing room.

Lawn Addiction

Summer is upon us, the time of the year when the lovely ladies are loving their newest designer lawn pieces and stitching them in truly the most innovative styles! *OK!* Pakistan presents some of the prettiest collections this season by some of our favourite designers.



COORDINATION & STYLING: ALYZEH RAHIM SHIRAZI
HAIR & MAKE-UP: NABILAS
PHOTOGRAPHS: JAFFER HASAN
MODELS: JAVERIYA HANIF & ANAM MALIK

NO MORE WARDROBE WOES!
Outfits: Sapphire & Sana Safinaz



SHOP TILL YOU DROP!
Outfits: Sapphire & Sana Safinaz



MINI SHOPPING BREAK
Outfit: Farah Talib Aziz & Sapphire



HONEY, I'M HOME!
Outfit: Ayesha Hashwani



QUICK TOUCH UP
Outfit: Elan

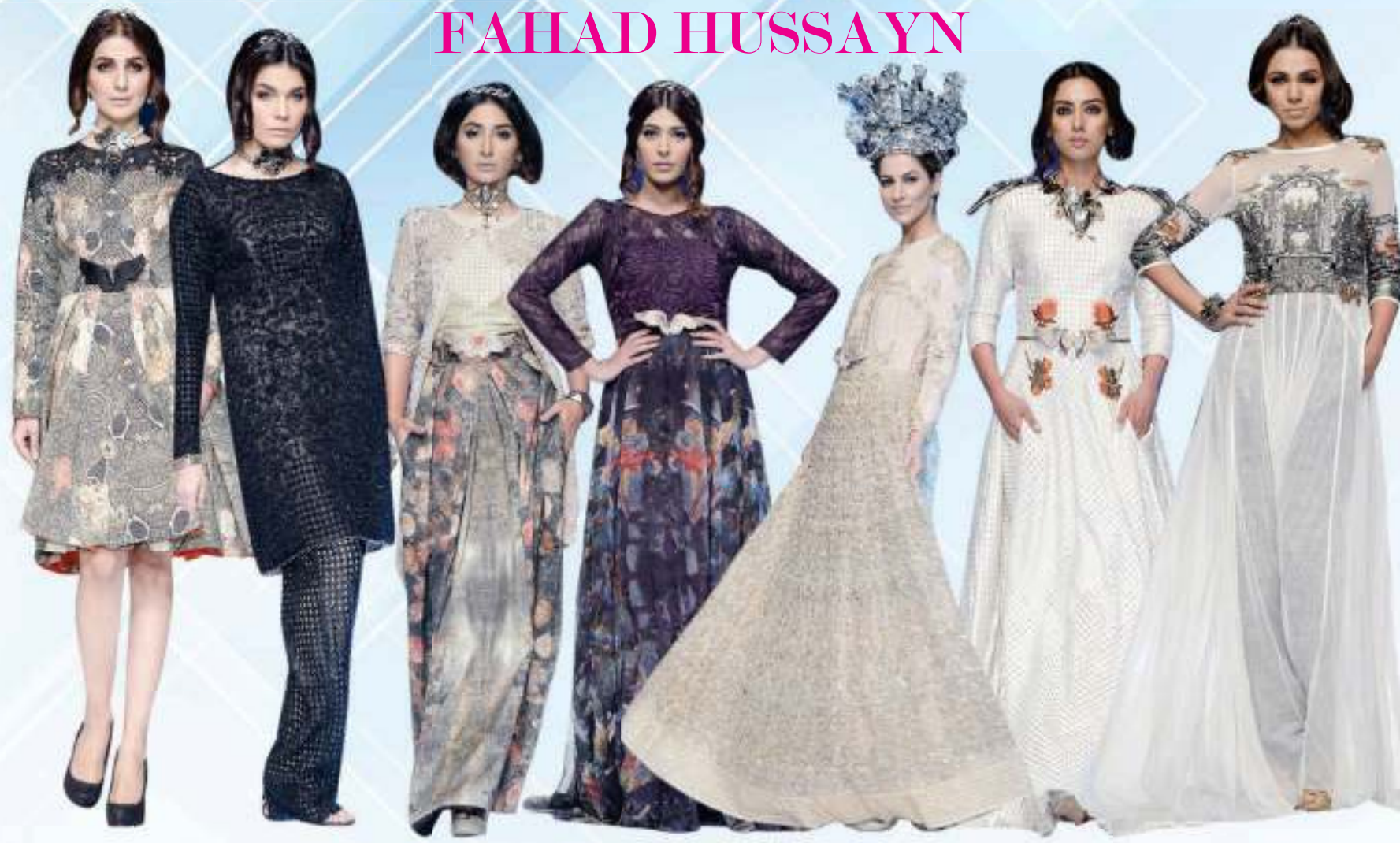
PFDC SUNSILK FASHION WEEK

The eighth PFDC Sunsilk Fashion Week brought some of the country's finest talent together on the ramp. Take cues from these brilliant designers and their collections to stay on-trend and ahead of the fashion pack for the next few seasons to come.

SANA SAFINAZ



FAHAD HUSSAYN



SANIA MASKATIYA



NATASHA KAMAL



MISHA LAKHANI



MUSE



HSY



HASSAN RIAZ



ZONIA ANWER



RAYYA GILANI



SAIRA SHAKIRA



NIDA AZWER



NICKIE NINA



ERUM KHAN



HUMA & AMIR ADNAN



CHINYERE



ZARA SHAHJAHAN



SHIRIN HASSAN



SHUBINAK



TEENA BY HINA BUTT



REPUBLIC BY OMAR FAROOQ



BANK ALFALAH



BEECH TREE



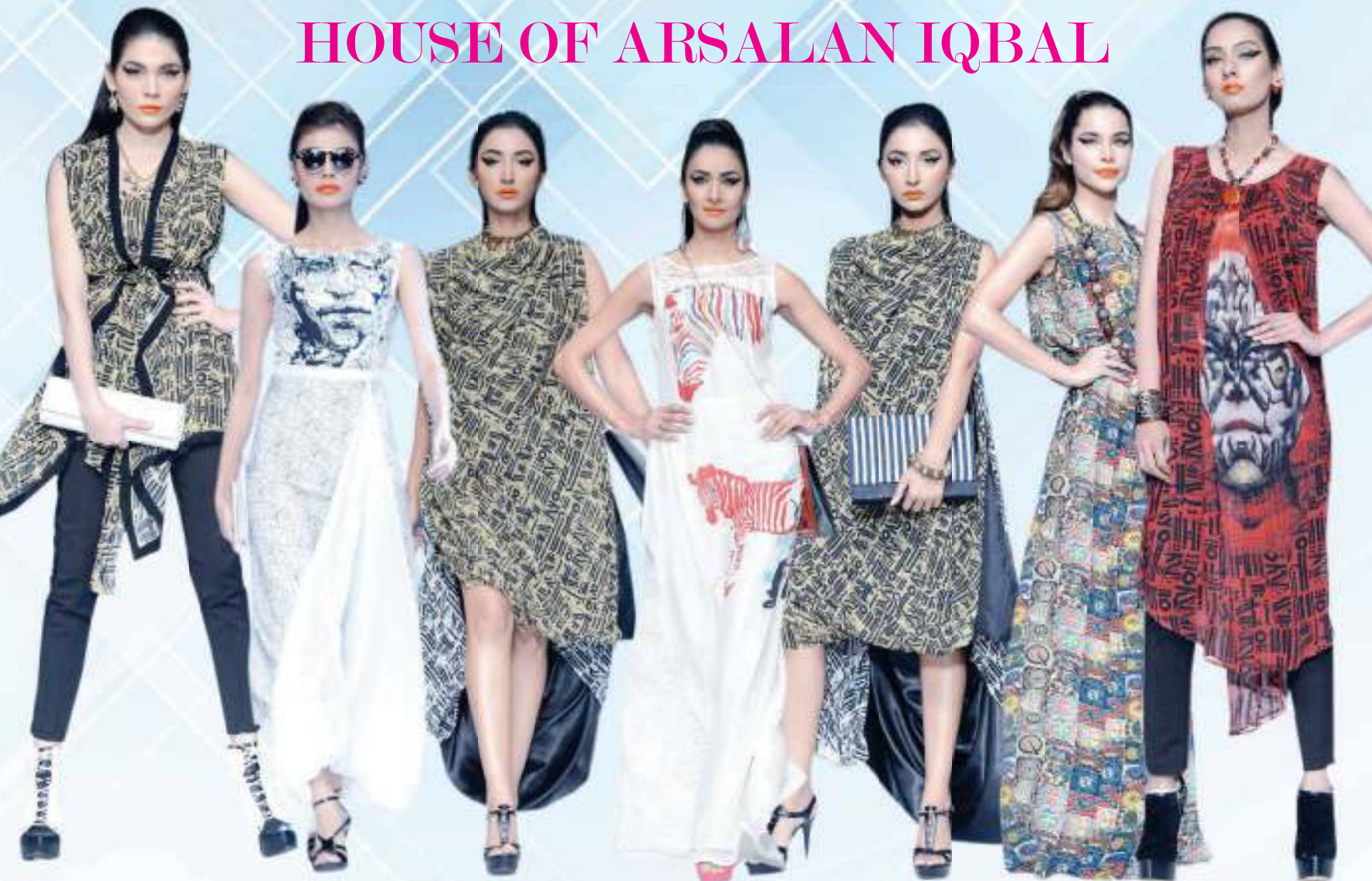
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GUL AHMED



WARDA



HOUSE OF IMTEHAD



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KATE HUDSON

MADONNA

JAY Z & BEYONCE

AMANDA SEYFRIED

AMAL CLOONEY & GEORGE CLOONEY

SARAH JESSICA PARKER

ROSIE HUNTINGTON-WHITELEY

NAOMI CAMPBELL

THE MET GALA

One of the year's most talked about and fashion forward events is undoubtedly the Metropolitan Museum of Art's Costume Institute Gala held in New York City. This year, stars and A-listers attending the gala dressed according to the theme of the Met's new exhibition, 'China: Through the Looking Glass'. While some paid tribute to the theme by dressing in gowns by renowned Chinese designers, others wore daring sheer gowns, floral dresses and jumpsuits with exaggerated accessories.

RIHANNA

UMA THURMAN

KENDALL JENNER

REESE WITHERSPOON

JULIANNE MOORE

MILEY CYRUS



KATY PERRY

MAGGIE GYLLENHAAL

FKA TWIGS & ROBERT PATTINSON

DIANE KRUGER

JUSTIN BIEBER

KATIE HOLMES

POPPY DELEVINGNE

ASHLEY OLSEN & MARY-KATE OLSEN

SIENNA MILLER

CHRISSY TEIGEN & JOHN LEGEND

KARLIE KLOSS

MIRANDA KERR

KIM KARDASHIAN WEST & KANYE WEST



ALICIA KEYS
& JEAN PAUL
GAULTIER

JENNIFER
LAWRENCE

LILY
ALDRIDGE

EMMA
ROBERTS

ALLISON
WILLIAMS

ERDEM
MORALIOGLU
& ALEXA
CHUNG

CARA
DELEVINGNE

ROSE BYRNE

CAREY
MULLIGAN

JESSICA
CHASTAIN

KEREN CRAIG, ELLIE GOULDING &
GEORGINA CHAPMAN

CANDICE
SWANEPOEL



LISA BONET & LENNY KRAVITZ

EMILY BLUNT

CHER

LADY GAGA

CLAIRE DANES

SOFIA VERGARA

GIGI HADID

ADRIANA LIMA

SOLANGE KNOWLES

ELIZABETH BANKS

GEORGIA MAY JAGGER

OLIVIA MUNN





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ERMANNO SCERVINO S/515



CUTLER AND GROSS
Octagon-frame Metal
Mirrored Sunglasses,
PKR 83,500



SOPHIE ANDERSON
Lila Crochet Cotton
Shoulder Bag,
PKR 40,500



TOPSHOP
Twist Front
Maxi Kaftan,
PKR 4,850



ETRO
Tassled Printed
Voile Pareo,
PKR 50,000



AQUAZURRA
Amazon Leather
Sandals,
PKR 76,000

AGENT PROVOCATEUR
Mazzy Cutout Swimsuit,
PKR 46,000



T BY ALEXANDER WANG
Jersey Maxi Dress,
PKR 14,000



Beach Babies

For all you gorgeous beach bums planning your seaside getaways from now and looking forward to summer sun and wardrobe, we bring to you some exquisite must haves for the beach to compliment your soon-to-be sun kissed glow!

SENSI STUDIO
Toquilla Straw Sun Hat,
PKR 13,750



ZIMMERMANN
Embroidered Silk-
Gauze Playsuit,
PKR 39,500



BECKSONDERGAARD
Oversized Cotton Beach Bag,
PKR 7,380



ERES
Alliages Tungstene
Bandeau Bikini
PKR 50,000



EMILIO PUCCI
Printed Halterneck
Bikini,
PKR 59,550



LOEWE
Knitted Silk and
Gauze Maxi Dress,
PKR 229,400



NORMA KAMALI
Ernie Stretch-
jersey Pareo,
PKR 20,500



SALONI
Printed Kaftan,
PKR 45,500



HAVAIANAS
Slim Gold Rubber Flip Flops,
PKR 2,700



MISSONI
Crochet-knit Shorts,
PKR 74,000



HOUSE OF HOLLAND
Ice Cream Metallic
Brass Clutch,
PKR 78,000



SEAFOLLY
Zizzy Beach Towel,
PKR 5,280



KIM KARDASHIAN

MICHAEL KORS



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BETSEY JOHNSON
Toucan Fruit Necklace,
PKR 11,750



SOPHIA WEBSTER
Ziggy Watermelon
Leather Backpack,
PKR 60,000



PAUL & JOE
Strawberry Printed
Silk-Crepe Pants,
PKR 44,000



ASOS
Banana Watch,
PKR 3,010



MSGM
Pineapple Printed
Cotton Dress,
PKR 62,000



ASOS
Fruit Print
iPhone Case,
PKR 1,250



AU JE JOUR
Sequinned Patches
on Jeans,
PKR 85,200



SOPHIA WEBSTER
Rosa Vinyl and Pineapple
Printed Sandals,
PKR 30,000



AU LE JOUR
Apple Printed Skirt,
PKR 49,500



Tutti Frutti Flavours

These fun, fruity prints are so refreshing for spring and the upcoming tea parties, so if you're loving these tutti frutti designs as much as we are, then make sure you update your wardrobe with these drool worthy garments and accessories!



MARKUS LUPFER
Bananas Frankie Printed
Satin Mini-Dress,
PKR 30,000



NEW LOOK
Strawberry Clutch,
PKR 1, 95

MARKUS LUPFER
Sequined Pineapple
Sweater,
PKR 56,000



SONIA BY SONIA RYKIEL
Banana T-Shirt,
PKR 10,550



CHINTI AND PARKER
Printed Cotton
Pineapple Shorts,
PKR 20,000



CHINTI AND PARKER
Watermelon Sweater,
PKR 54,500



DOLCE & GABBANA
Sicilian Fruit Lapin
Bag Charms,
PKR 47,450



AU LE JOUR
Fruits Box Perspex Clutch,
PKR 44,550

TOPSHOP
Pineapple Printed
Socks,
PKR 1,055



DOLCE & GABBANA
Printed Brocade Wedge
Sandals,
PKR 95, 500



CHARLOTTE OLYMPIA
Watermelon Basket
Straw Tote,
PKR 203,390



ROSE BYRNE



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TIME ZONE:
MUHAMMAD ALI SOCIETY
DOLMEN MALL &
OCEAN MALL

LAHORE
AL-FATAH:
DHA
LIBERTY MARKET

OPTICA:
DREAMS:
RAFIQ WATCH:
PUNJAB OPTICS:

FAISALABAD
AL-FATAH:
7-STAR:

LIBERTY MARKET
M.M.ALAM ROAD
LIBERTY MARKET
WAPDA TOWN

JARANWALA ROAD
D GROUND

ISLAMABAD
AL-FATAH:
NIZAM WATCH:

D.WATSON:
TIME VISION:

RAWALPINDI
NIZAM WATCH

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CENTAURUS MALL
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F-6 MARKAZ

SADDAR

ALEXANDER MCQUEEN
Skull-Print Cotton T-Shirt, PKR 28,150

H&M
Necklace with rings, PKR 1,065

RIVER ISLAND
Black Floral Harlem Bronx Print Vest, PKR 2,740



CLUB MONACO
Olden Bear Leather Biker Jacket, PKR 114,150



LEVI'S
501 Cone Selvedge Jeans, PKR 29,680

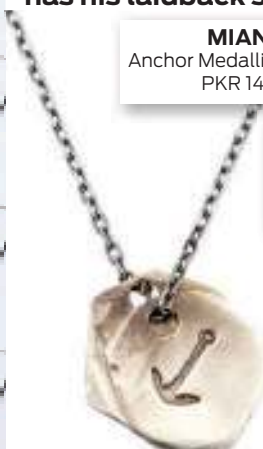
CONVERSE
Chuck Taylor Canvas Sneakers, PKR 9,900



UPTOWN FUNK

We would catch a grenade for Bruno Mars any day – he looks ultra cool in this leather jacket ensemble. From the fedora to the Converse sneakers, the singer has his laidback style down. Bruno, we like you just the way you are!

MIANSA
Anchor Medallion Necklace, PKR 14,460



GUCCI
Woven-Straw Panama Hat, PKR 43,400



RIVER ISLAND
Grey Floral Texture T-Shirt, PKR 3,050



GIVENCHY
Zip-Off Sleeves Leather Biker Jacket, PKR 445,280

H&M
Skull ring, PKR 920



GUCCI
Crocodile-Trimmed Leather Sneakers, PKR 62,400



NUDIE JEANS
Tight Long John Denim Jeans, PKR 16,750



GIVENCHY
Photographic-Print Cotton-Jersey T-Shirt, PKR 62,400



PHOTOGRAPH: WIENN

STOCKISTS: ALEXANDER MCQUEEN www.alexandermcqueen.com; CLUB MONACO www.clubmonaco.com; CONVERSE www.converse.com; GIVENCHY www.givenchy.com; GUCCI www.gucci.com; H&M www.hm.com; RIVER ISLAND www.riverisland.com; LEVI'S www.levi.com; NUDIE JEANS www.mrporter.com; MIANSA www.bergdorfgoodman.com; prices are approximate

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Mediterranean Breeze

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OSCAR HEYMAN BROTHERS
Aquamarine & Diamond Bracelet

TIFFANY & CO.
Blue Book Collection Tourmaline & Diamond Earrings

PIAGET
Mediterranean Garden Paraiba Tourmaline Earrings

RAYMOND YARD
Aquamarine Diamond Bracelet

CHOPARD
Red Carpet Collection Chandelier Earrings

VERDURA
Plume Earclips

PIAGET
Mediterranean Garden Necklace

FABERGÉ
Summer in Provence High Jewellery Egg Necklace

FABERGÉ
Summer in Provence Earrings

TIFFANY & CO.
Blue Book Collection Fancy Coloured Diamond Rings

TIFFANY & CO.
Blue Book Collection Ring

PIAGET
Extremely Piaget Earrings

VAN CLEEF & ARPELS
Peau d'Ane Childhood Castle Collection Love Ring

GIAMPIERO BODINO
Barocco Necklace

DE GRISOGONO
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NEW TO KNOW



NASIR MAZHAR

WHO: British fashion designer, Nasir Mazhar is best recognized for his inventive approaches to sports caps and headwear. Having acquired skills from an apprenticeship at Vidal Sassoon and creating hats for the 2012 Summer Olympics opening ceremony, the Cypriot rooted designer launched his full clothing line for men and women which he showcased at London Fashion Week in 2013. Celebrities such as Lady Gaga have been seen sporting the brand.

STYLE: Creative use of fabric with a sporty theme – where luxury meets sports.

WHERE TO BUY: Selfridges (London) and Opening Ceremony (New York)



RIMSHA SHAKIR

WHO: Textile student from the Indus Valley School of Art and Architecture, Rimsha Shakir is a Karachi based self-driven fashion designer whose innovative talent surfaced when she showcased her collection at the Telenor Fashion Weekend 2015 as a Rising Talent. Her selection of fabrics, designs and draping of leather exhibited her creative design sense of merging art with fashion.

STYLE: 2D and 3D textures using a black and white colour palette along with different fabrics, striking the perfect balance between artistic sense and fashion.

WHERE TO BUY: Order online



HASSAN RIAZ

WHO: Lahore based Hassan Riaz who recently graduated from the Pakistan Institute of Fashion Design and holds a diploma in interior design from NCA, is the newest addition to the world of Pakistani fashion. He proved the grandeur of his creative imagination when he showcased his debut collection at Telenor Fashion Weekend 2015 and TDAP 2015. Not only is he the winner of the LUX Style scholarship award in 2012, but is also the only Pakistani designer who is under the training of ACLATE for the famous world brand, FENDI, and trained as an 'Associate Fashion Designer' in Dubai and Europe.

STYLE: Distinctive, modern and dark designs and fabrics – such as denim and suede along with metals and zippers – with a hint of glamorous and sensual aesthetics.

WHERE TO BUY: Order online

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VA VA VIRENTI

We can't help but drool over the gorgeous jewellery pieces VIRENTI has to offer, from stunning semi precious stones, to embellishments on leather finishing, we are loving everything this brand stands for with its exquisite take on contemporary pieces with a fusion element. Founder and designer, Ayesha Syal definitely has an eye for the good stuff!

BIKER JACKETS GALORE

This trend ain't about to die down anytime soon, despite the temperature warming up slowly, we have picked out a few of our favourites, including the pale yellow Balenciaga, hot pink Moschino Cheap and Chic (love the gold hardware detailing on this one), the McQ Alexander McQueen pastel green, the structured cream Balmain and the tan Givenchy with the ribbed shoulders! Would like them all please!



ANCIENT GREEK SANDALS

With spring in the air, and summer around the corner, these self titled 'Ancient Greek Kori Lace Up Sandals' exclusive to Net-a-porter are the coolest pair of gladiator sandals for the season! We want them in both colours please!



REMA LUXE

Speaking about fabulous local jewellery designers and their amazing aesthetic, we are obsessed with Rema's sense of design; these pieces are super modern and extremely divine! The ear cuffs have become a wardrobe staple for every fashionista in town, and this has been done in an extremely short period of time since Rema launched! Her fab pieces, personalised totes and distinctive logo had us in love at first sight!

THE 'T' BAG: VERSACE VERSION

Versace is back with a bang in the accessories department as the medusa is the sexiest logo to rock this year! From the patent pastel tones, to embossed monochrome sling bags with glorious gold hardware, and the metallic party bag which can dress up a day look and lead you into being the best dressed of the night – as you can tell, we're really diggin' these beauties and their somewhat reasonable price tags!



LE SPECS

The dream of any fashion enthusiast who enjoys playing around with their sunnies is for them to be affordable and incredibly funky! Le Specs has certainly created a big spectacular buzz around town with their one of a kind shades, the cat eye definitely tickles our fancy, et toi?

FEELIN' BEACHY?

For all you beach bums out there, we have officially found you the perfect beach bag; Koku's style and versatility makes it the most sought after piece for those of you who love to lay by the waves stylishly! Each piece is handmade with love, from the beaches of Greece embellished with signature pexiglass motifs and fun neon colours!



FASHIONABLE TEETH!

We are totally amazed by the fashionable technology that keeps popping up, the revolutionary Issa by Foreo is the worlds first electronic toothbrush design which is made completely from silicone, it's durable and quick drying bristles are super soft on the teeth and gums, yet very effective in the sense they remove stains and plaque in a non-intrusive manner for a whiter, healthier smile! Silicon is known to resist bacteria build up and each brush is battery based and lasts up to 365 uses – that's half a year for those who are a dentist's dream and hygienic enough to use it twice a day, and a full year for those who don't!



JEREMY SCOTT FOR ADIDAS ORIGINALS

Always making headlines; Jeremy Scott has now collaborated with Adidas to launch his first unisex fragrance, reflecting on a masculine and feminine juxtaposition which takes you from a palette consisting dusky incense, white pepper and cashmere wood, mixed with a soft, feminine scent of rose! We especially love the play on Jeremy Scott's wings balancing on a high-top Adidas originals trainer, packaged in a shoe box!! We tell you, packaging is everything.





ZARA PEERZADA

This emerging beauty and rising model is proving to be a solid fashion jetsetter. Zara's looks are always on point and that's the reason we enjoy stalking her style.

GET THE LOOK



RAG & BONE
Francois Wool-Blend
Piqué Vest,
PKR 57,300

MICHAEL MICHAEL KORS
Off-The-Shoulder Crochet-
Trimmed Cotton-Voile Top,
PKR 18,000



OSCAR DE LA RENTA
Hammered Gold-Plated
Necklace,
PKR 61,000



DELPOZO
Organza Top,
PKR 216,850

DURO OLOWU
Printed cotton-poplin and silk-
jacquard maxi skirt,
PKR 420,000



CHRISTIAN LOUBOUTIN
Salopatina 100 Patent Leather-
Trimmed Embellished Mesh
Pumps,
PKR 123,000



PHOTOGRAPHS: FAISAL FAROOQUI @DRAGONFLY

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Faisalabad: Azeem Beauty Centre • Al-Fatah Lahore: HKB DHA • Al-Fatah • Raja Sahib • Victoria • Roop Singh
Islamabad: Intimate Fashions • Al-Fatah Peshawar: Wadud Homes • Day2Day



GERARD BUTLER

The Scottish hunk has charmed all of Hollywood and his fans with his rugged features and awe-inspiring smile, but the real magic happens when Butler slips into his sleek suits – that's what has us swooning over him this month!

GET THE LOOK

H&M
Linen tie,
PKR 2,280



ALEXANDER MCQUEEN
Leather Bomber Jacket,
PKR 105,570



H&M
Leather Derby shoes,
PKR 6,075



ACNE STUDIOS
Max Slim-Fit Denim Jeans,
PKR 25,830

PAUL SMITH LONDON
White Byard Pin-Dot
Cotton Shirt,
PKR 22,030



GIEVES & HAWKES
Blue Woven Wool And
Mohair-Blend Blazer,
PKR 105,570

Prices are approximate

STOCKISTS: ACNE STUDIOS, GIEVES & HAWKES www.mrporter.com; H&M www.hm.com; PAUL SMITH LONDON www.paulsmith.co.uk; ALEXANDER MCQUEEN www.alexandermcqueen.com



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#OKStreetstyle

This spring, we round up some of the trendiest #insta
#streetstyle looks!



@DINAZAHRAN IN @DINZCLOTHING IS ALWAYS A FUN AND FEMININE SIGHT!



@FEEHAJAMSHED IS SUPER TRENDY IN A NEON ACCENTED ELEPHANT PRINT SARI! WE LOVE HOW SHE HAS ACCESSORISED HER LOOK WITH ROUND-FRAMED SUNNIES!



@MUBASHRAALIMALIK IS A VISION IN HER WHITE SUIT WITH A PLAYFUL TWIST A LA HER CROP TOP AND CROC BIRKIN.



@ROSEMINMANJI KNOWS HOW TO ROCK PRINTS, HER #PETERPILOTTO PEPLUM TOP IS #TDF!



JEWELLERY DESIGNER OF @NEEMARJEWELS' @SDEEN PULLS OFF HER CASUAL CHIC LOOK EFFORTLESSLY!



BLUE KURTA, WHITE PANTS AND TRADITIONAL SLIPPERS ON @SIDDYSAYS IS A TREAT TO THE EYES!



PAKISTAN'S SWEETHEART @ZARAPEERZADA LOOKS CHARMING IN A JUMPSUIT PAIRED WITH A LONG CARDIGAN!



@SHIREEN23 OF @THETSHIRTSWAG LOOKS FABULOUS IN HER #UMAIMAMUSTAFA LONG VEST!



MENSWEAR ON WOMEN IS DEFINITELY THE HYPE AROUND TOWN AND @UMEROMAAN HAS THIS LOOK DOWN!



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OK! CONFIDENTIAL



AYESHA FAROOK HASHWANI

**Inside the closet of society's favourite contemporary style icon,
Ayesha Farook Hashwani**



It is rare to come across someone like Ayesha Farook Hashwani in today's world. Drop-dead gorgeous, perfectly styled tresses, radiant skin and a totally sculpted body; she's someone who's downright humble and sweet as anyone can ever be! One judgmental look at her and you would dismiss her as someone who might have too many airs about her – her good looks and well-put together ensembles will throw you off to believing she's a diva which she clearly isn't. All it takes is one hello and you're smitten by this remarkable and endearing beauty.

Being modest when you are dressed in designer gear from head to toe is a trait very few Pakistanis have. Perhaps, Ayesha owes this commendable attribute to her parents who from a very young age never discouraged their daughter's love of shopping sprees but made it clear never to get attached to material things. Clothes and accessories are to be 'worn, enjoyed and to feel great in', not to be discussed or shown off. Nonetheless, her warm and inviting closet is a treasure trove for fashionistas.

Feminine but edgy, relaxed but chic is what defines her style. Her mornings start in jeans and a tucked in shirt or cargos and a tee. Nowadays, though, she's spotted in her AFH/So Kamal lawn collection that she's styled into loose, short tunics. For lunch, Ayesha prefers wide-legged trousers paired with a cropped top or a silk camisole, a cuff and earrings; or skinny jeans with an oversized draped blouse. White is her go-to colour for the day so you'll be sure to find her in it out and about town. "I love colour for the night. After an exhausting day, it tends to lift you up." Depending on where she's headed for dinner, "I absolutely love a full-length DVF wrap dress, silk kaftans, structured jumpsuits or dramatically draped blouses with jeans. There's no such thing as overdressing for me. I love it!" She admits she loves dressing up to excess to the extent that her husband has to beg her not to outdo the bride when they have to attend weddings.

Ayesha's overflowing closet has clothes ranging from everywhere including high-street brands like TopShop, H&M and Zara to Emilio Pucci, Etro, Mary



Katrantzou, Peter Pilotto and Dolce & Gabbana for prints. For edgy and feminine looks, her cult favourites are Roland Mouret, Rosie Assoulin and Lanvin. "I collect shoes and jewellery in excess," she admits. "I adore Oscar de la Renta and Chanel for jewellery. I love quaint shops in Paris and Florence where I can pick up one off pieces!" At the moment, she's in love with her Chanel gold knee length gladiator flats and can't wait to wear them again. Always impeccably dressed, Ayesha is definitely one of our style icons. Pairing beautiful clothes with necklaces, bracelets, chandelier earrings and hoops is how she makes her outfit her own. If she could, she would own everything from Rosie Assoulin. "Now that's an envious wardrobe to raid!" On heels or flats? "Heels! They make you feel fabulous. When you feel good, you look ►



Quick Fire

Can't live without:

- Mobile phone
- Laptop
- My daughter (miss you terribly Mahoor... knew I should have gone to college with her)
- Vacation every 6 weeks
- Chatting with my sister every 30 minutes

Current obsession:

- Online shopping (ruined my life!)
- Kit Kat (ruined my body)
- T-25
- TV shows: *Scandal*, *Game of Thrones*, *Mr Selfridge*, *Revenge* and *Vampire Diaries*!
- Candy Crush! (I have my three buddies who give me tickets at any hour of the day... yes they're not happy about that.)

Don't leave home without:

- A fully charged phone
- Glasses (reading and sunglasses)
- Handbag
- Watch
- The feeling that I've forgotten something!

Craziest purchase:

A gold sequined jacket that I bought five years ago that still haunts me

First designer splurge:

A watch my parents bought for me from St. Moritz



“ You have to love what you do. My favourite place is my workplace! I hide away at the back and focus on what I love doing best.”



good. Of course, I love my flats for daywear.” She claims she hates wedge sneakers...that’s a trend she wouldn’t want to try. A look she would want to try however is, cutting her hair up to her shoulders. “Haven’t done that since I was 13!”

Being stylish comes naturally to Ayesha and it plays an important part in her life since her work is linked to it. Her successful label has been around since 2005. She’s participated in multitude fashion weeks, had exhibitions across the globe, stocks in Singapore, London and many other metropolises and when that’s not convenient she makes her brand available worldwide via her e-store, www.afhashwani.com . “You have to love what you do. My favourite place is my workplace! I hide away at the back and focus on what I love doing best. Luckily I have a great team to handle clients, and come in when the need arises!”

“I knew this was the field I wanted to be in as a teenager and am blessed to be able to have pursued my passion and make a profession of it. I love the beginning phase. When the ideas have come together and the sampling begins.” Her designs are sophisticated but not complicated and that message is clear in each collection.

Hard work requires a lot of pampering and Ayesha loves just that. “If I could have a reflexology foot massage and a shoulder and head press everyday, I’d be in heaven!” In karachi, she gets her blow dry and cuts from Mubashir Khan Salon and her colour from Nina Lotia. Her beauty routine is not very extensive, but she takes out time to use a cleanser, a toner and a moisturizer at night. You will almost always see her with kohl rimmed eyes and liquid eyeliner.

Her tips to look the part: For the day, carry a cuff or necklace just in case you need it. In the evenings, wear high heels and add colour to your wardrobe. And of course, chandelier earrings and a cuff to complete any look. **OK!**

INTERVIEW: ALIZEH PASHA
PHOTOGRAPHS: GIBRAN ALI JAMSHED



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U R R A N I

ALL ABOUT THAT BASE

WITH ADVANCED FORMULAS AND NEW VELVET TEXTURES, STEP FORWARD THE PERFECT FOUNDATIONS FOR FAULTLESS SKIN

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1 CLINIQUE BEYOND PERFECTING FOUNDATION AND CONCEALER IN CREAMWHIP, PKR 3,810 WITH RICH PIGMENTS, SHADES MAY SEEM DEEPER WHEN FIRST APPLIED, BUT LEAVE THE FOUNDATION TO SETTLE FOR A FEW MINUTES – THIS IS WHERE THE MAGIC HAPPENS. THE FORMULA ADAPTS TO YOUR SKIN TONE, GIVING YOU THE PERFECT FINISH. **2 NARS ALL DAY LUMINOUS POWDER FOUNDATION SPF25 IN PUNJAB, PKR 5,030** WITH ITS EXCLUSIVE ENHANCING LUMINOUS TECHNOLOGY, THIS WILL SMOOTH THE COMPLEXION, LEAVING YOU WITH COVERAGE THAT LASTS ALL DAY LONG – EVEN THROUGH SWEAT AND HUMIDITY. A TRUE MAKE-UP BAG ESSENTIAL. **3 DOLCE & GABBANA PERFECT REVEAL LIFT FOUNDATION IN NATURAL GLOW, PKR 7,610** THIS HIGH-PERFORMANCE FOUNDATION HAS A SPECIAL SKINCARE FORMULA TO RESTORE NATURAL MOISTURE, SMOOTH THE TEXTURE OF SKIN AND REDUCE FINE LINES AND WRINKLES IN JUST FOUR WEEKS. **4 BOBBI BROWN INTENSIVE SKIN SERUM FOUNDATION SPF 40, PKR 5,940** THIS NEW FOUNDATION GOES BEYOND THE SURFACE. FORMULATED WITH LYCHEE, BAMBOO GRASS AND MUSHROOM EXTRACT TO HELP SKIN LOOK YOUNGER AND FRESHER. **5 CHANEL VITALUMIERE LOOSE POWDER FOUNDATION SPF15, PKR 8,375** THIS NEW LIGHT BOX HOLDS THE SECRET TO A LUMINOUS AND EVEN COMPLEXION. IT HAS A TEXTURE OF A LOOSE POWDER BUT THE SMOOTHING RESULT OF A FLUID FOUNDATION TO GIVE YOU THOROUGH COVERAGE WITHOUT CLOGGING PORES. **6 SISLEY PHYTO-TEINT EXPERT FOUNDATION IN NATURAL, PKR 12,030** WITH AN EASY APPLICATION, THIS MASKS IMPERFECTIONS TO GIVE A NATURAL RADIANT FINISH FOR UP TO 12 HOURS. RICH IN FRANGIPANI BLOSSOM, CUCUMBER AND GINGKO BILOBA, IT SOFTENS AND ENHANCES THE SKIN DAY AFTER DAY.



It's All About The Bob

If anything is having a major fashion moment, it is most definitely the bob. Back with a bang and perfect for hot summer climates, the bob is the coolest way to update your beauty look this summer. Seen on the likes of Sienna Miller, Jessica Alba, Taylor Swift



and more, own this look by creating texture in your hair to avoid the mom-bob/ post-baby bob look. Use KERASTASE Bain Volumifique for volume, THE BODY SHOP Grapeseed Glossing Serum for frizz-free hair and ORIBE Dry Texturizing Spray for extra texture. PKR 3,500 for KERASTASE; Available at Mubashir Khan Salon, Sabs & Nabila PKR 1,690 for THE BODY SHOP; www.just4girls.pk PKR 4,200 for ORIBE; www.oribe.com



Beauty Essentials

Nail The Trend

Sandal weather is upon us and that typically means that your feet cannot go neglected. While a pedicure is a must all year round, it is essential that you keep your toes in top condition while wearing sandals during summer. Whether you opt for something bold and red, like Brooke Shields or delve into nude hues ala Chiara Ferragni at the Calvin Klein booth at Baselworld (in Switzerland), is up to you. Summer nail colours are ranging from nudes and pastels to neons and brights, so indulge in some fun shades like CHANEL Le Vernis Nail Colour in Coquelicot or ESPEE number #3 to keep you tip-top all season long. PKR 2,500 for Chanel; www.chanel.com PKR 130 for ESPEE; Available at Motta's



Coachella Skin Deep

Ever wondered how the babes at Coachella maintain their youthful skin? You could keep wondering or you could try the EMBRYOLISSE Lait-Crème Concentré. This multifunctional cream has been around since the 1950's and is one of the best-kept secrets of legendary beauties. It acts as a moisturiser, primer, makeup remover and complexion-enhancer. Get your hands on the limited-edition gold tube before it runs out. PKR 2,800; www.sephora.com

Christopher Kane + Nars Collaborate

Christopher Kane is a Central Saint Martins College grad whose quirky and bold women's wear collections over the last couple of years have won him numerous accolades. After a successful stint in the fashion industry, the designer has now decided to venture into the realm of beauty by creating a make-up collection with NARS. Set to launch in May at Selfridges and June worldwide, the limited-edition collection consists of neon brights and nudes to complement one another. Expect to see candy-pink, violet and orange lip glosses and compacts with lilac and fuchsia that will easily help you brighten up your look for summer. Prices starting at PKR 3,000



The No Make-Up Palette

Hair and make-up guru, Nabila Maqsood, is the powerhouse of beauty – constantly raising the bar of beauty standards across the nation. After 30 successful years in the hair and make-up industry, Nabila's latest innovation is the No Make-up Face Perfecting Palette. Catering to diverse Pakistani skin tones, the No Make-up palette is available in five different shades; each includes an under-eye concealer, a foundation, a blush, a lip colour and pressed powder. It's perfect for anyone who's constantly on-the-go as it's compact, it can be stashed in your bag easily, and taken out for a touch-up when the need arises ensuring you always look your best. Price 6,500; Available at Nabila's and Scentsation



A Peel At Home That Works!

Want soft, supple skin without discolouration and appearance of fine lines? Scared to go to the doctor's office for something invasive? Try KORRES's Wild Rose Vitamin C Petal Peel. It's a natural, vitamin C brightening system that comes with an aloe-based activating peel gel and an intense brightening and revealing peel mask that does wonders for your skin. PKR 6,400; www.sephora.com



Prices are approximate

TEXT: ALIZEH PASHA; PHOTOGRAPHS: GETTY; MUTAHR OSHOOT

HOT TIPS

GET THE
CATWALK'S LATEST
LUSCIOUS LACQUER
TRENDS ONTO
YOUR FINGERS



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1. **NARS NAIL POLISH IN TROUVILLE, PKR 2,290** A WARM, SEASHELL PINK POLISH WITH AN UNDERSTATED FINISH, THIS LACQUER GIVES GLOSSY RESULTS WITH A SPEEDY DRY TIME. 2. **SALLY HANSEN MIRACLE GEL IN ALL CHALKED UP, PKR 1,520** THIS POLISH-MEETS-GEL FORMULA WON'T BUDGE AGAINST THE ELEMENTS, AND THE HUE IS THE PERFECT ADDITION TO YOUR SPRING PALETTE. JUST ONE COAT CREATES A COMPLETELY OPAQUE FINISH. 3. **O.P.I INFINITE SHINE NAIL LACQUER IN IN PURSUIT OF PURPLE, PKR 2,125** THE NEW INFINITE SHINE RANGE PROMISES TO PRODUCE THE RESULTS OF A GEL FINISH, WITHOUT THE HARMFUL USE OF AN L.E.D LIGHT OR HEFTY PRICE TAG, AND LILAC IS THE NUMBER ONE COLOUR PICK FOR THIS SEASON. 4. **BUTTER LONDON NAIL LACQUER IN KIP, PKR 1,830** IT'S SO SHINY, A TOPCOAT IS PRACTICALLY UNNECESSARY, AND THE SKY BLUE HUE – SPOTTED ON MODELS AT THE MICHAEL VAN DER HAM SHOW AT LONDON FASHION WEEK – IS THE PERFECT ADDITION TO ANY TRANSEASONAL LOOK. 5. **ORLY BEAUTY SUGAR HIGH COLLECTION NAIL COLOR IN CANDY SHOP, PKR 1,600** THE GRIPPER CAP ON THIS LA BRAND'S BOTTLES MAKES THE APPLICATION ONE OF THE SMOOTHEST ON THE MARKET, AND THE VIBRANT PURPLE HUE IS SUPER-STRIKING. 6. **CHANEL LE VERNIS NAIL COLOUR IN 167 BALLERINA, PKR 2,740** FOR AN OPAQUE FINISH WITH AN ELEGANT TOUCH OF BLUSH, THIS STREAK-FREE FORMULA GIVES A ROCK-HARD, CHIP-FREE RESULT. 7. **NAILS INC NAIL POLISH IN ABBEY ROAD, PKR 2,130** COMPLETE WITH ANTIOXIDANT KALE AND KERATIN-BOOSTING PROPERTIES, THIS LACQUER NOT ONLY DELIVERS A HIGH-SHINE, CHIP-RESISTANT FINISH, IT ALSO PROMOTES HEALTHIER NAILS.

DIY How To... Create A Faux Bob

Spotted on Hollywood's A-listers and celebs worldwide, the bob is making waves globally. Everyone seems to be jumping on the bob bandwagon and since it's getting hotter by the day, the idea seems very appealing. However, if you can't seem to part with your long tresses – follow our easy steps to fake a bob and keep your mane.

STEP 1:

Brush your hair, part it to the side you prefer and then gather your hair loosely at the nape of your neck and braid it. Secure the end of the braid with an elastic band that matches your hair colour.

STEP 2:

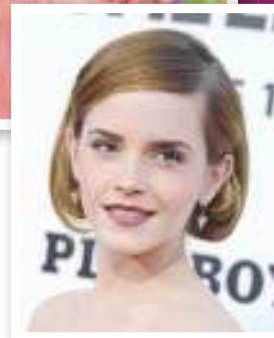
Take your braid, twist and roll it upward and then tuck it under your faux bob

STEP 3:

As soon as your hair is tucked under, using bobby pins secure the braid into place. You will need quite a few if you have thicker hair.

STEP 4:

Loosen some strands from around the front of your face to make it look more natural and voila you have a bob without cutting your hair.



BEAUTY BUZZ

Behind the hustle and bustle of Karachi's most happening streets, rests a quaint and idyllic haven called Amethyst Spa by Roohi. Stocking premier beauty brands from across the globe, the spa is a perfect retreat for anyone looking to pamper mind, body and soul.

Wanting to relieve daily stresses and get a much-needed facial to brighten dull skin and get rid of blackheads, we head to Amethyst for an AHA facial. Entering the spa is a total treat; it smells of mint and lavender, has melodious tunes playing

in the background and is a definitive sight for sore eyes. It's one of the prettiest spas in town. After taking in the sights and sounds, we are led upstairs to a dimly lit, fragrant room where we are prompted to sit in a massaging chair to start the pampering process while a masseuse massages our feet. After about 10 minutes of complete calm, the masseuse wraps up the foot massage and leads us to the facial room.

After changing into a spa gown, the facialist analyses our skin, notes the texture and starts the process with cleansing. With the gentlest hands, the facialist smooths on a cleansing balm

stimulating grainy scrub. The therapist is meticulous without being rough which is great. Simultaneously, a masseuse starts our foot massage, which makes the process all the more relaxing. An exfoliating mask is then applied to our face, we are warned it might tingle but the sensation is minimal, so we are left at ease. Once the cleansing and exfoliation is complete, the facialist whips up a concoction called scaling fluid and applies it to the nose and chin to ease the process of blackhead removal. The process is painful if you have plenty of blackheads on your face. We squirm a bit but are relieved to be rid of grimy and embarrassing blackheads. The bright side is that the treatment ends with a super luxurious facial massage and our skin looks brighter and more radiant than ever.

PRICE: PKR 3,900. Contact 021-3582-0289 for an appointment. **OK!**

TEXT: ALIZEH PASHA
PHOTOGRAPHS: GETTY



in upward circular movements making sure not to miss any areas and then gently wipes it off with exfoliating pads. Another citrusy cleansing balm is applied in circular movements gently massaging, the chin, jawline and brow bone, upward to defy gravity. Once the cleansing process is done, the exfoliation process starts with a vigorous and



Add a little shine to your look with **BOBBI BROWN** ShimmerBrick in Bronze. This can also be used to add some pop to your eyes by brushing it under the browbone! PKR 2,800



Don't want your make-up to melt away this summer? Why not try this **KAT VON D** Lock N' Load Makeup Setting Mist, it will help make-up stay on for up to 16 hours! PKR 1,500



Brighten up your eyes with this sheer, luminous eye shadow by **NARS** Dual Intensity in Dione. Wet your brush to intensify the hue to take your look from day to night. PKR 1,800



Spray on some foundation for flawless complexion! **DIORSKIN** AirFlash is a lightweight foundation perfect for this hot, summer heat! PKR 3,900



Lock down your lip colour with **TOO FACED** Lip Insurance Lip Primer! This will help hydrate your lips and keep your lip colour intact! PKR 1,300



Want heavy-duty curvy lashes? Use **LANCÔME's** Hypnôse Drama Instant Full Body Volume Mascara to enhance your lashes and create a full body high volume look! PKR 1,700

Get luscious lips with **L'OREAL's** Color Riche Exclusive in Pure Red. Sweep this on your lips for a smooth, matte look and get ready for a night out! PKR 1,800



To get a bronzed beach look without all that sun damage, dust on this beautiful **BENEFIT** Bronzer in Hoola. Perfect for those who want to contour their features as well. PKR 1,800



Get the Look

MEHREEN SYED

Supermodel and L'Oréal spokeswoman, MEHREEN SYED is the epitome of elegance and style. Her make-up is subtle yet effective! Read on to discover how you can get her look!



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UP CLOSE WITH

NINA LOTIA

The veteran hair stylist talks to *OK!* about her hair styling career, fashion trends and the little things in life.



Having begun her career in 1988, Nina Lotia is widely recognised as one of the leading hair stylists in the country today.

Earlier this year, she was named as the official brand ambassador for leading hair care brand, Pantene Pakistan. *OK! Pakistan* gets up close and personal with the renowned hair stylist who opens up about her journey to success.

What would we always find on your bedside table?

Nina Lotia: A bottle of water and some night cream.

How do you stay fit? What is your exercise regime?

I'm the first to admit that I'm not the fittest person. I have to be very careful as I have a couple of health issues that keep me from working out. However, running up and down the salon all day keeps me going.

Who is your style icon?

My very stylish and gorgeous friend, Maheen Khan.

What part of your job interests you the most?

I love meeting new people every day and that's definitely one part of my job that I feel truly blessed about. But what really drives me at work is my interest in hair colour. I love playing around with different tones and shades, and seeing what works best with each of my clients.

One thing you can't live without?

Lipstick! The brighter the better!

Proudest moment in your career?

Two years ago I opened my new salon on Khayaban-e-Bukhari. I had been planning it for many years, and had grown up thinking about what my dream salon would look like. The opening of the salon was definitely one of my proudest moments.

What makes your cringe?

Gossip.

What is your all time favourite movie?

Bridget Jones's Diary.

What are some of your hobbies and interests?

I love to travel.

If you weren't a hairdresser, what would you have been and why?

A make-up artist! I love being around hair and beauty and can't imagine a different career.

Favourite travel destination?

London. My sister lives there and it's where I went to school for hairstyling, so I love going there whenever I get the chance.

Favourite restaurant and cuisine?

My favourite cuisine has to be Japanese, I absolutely love sushi! Having said that, Sakura would be my favourite restaurant in Karachi.

What has been your worst dining experience?

Honestly, I'm not a picky eater so I can eat anything in front of me.

Hottest actor?

George Clooney will always hold a soft spot in my heart.

Most overrated model or actor?

Jennifer Aniston - and her hair!

Best read to date?

Still looking for it.

One thing you can't stand?

Smelly people!

Favourite accessory?

My Allah pendant.

The most valuable present you have ever

received?

As cheesy as this sounds, I value all presents.

Words you live by?

Live and let live!

Necessary splurges?

A fancy dinner.

Name one thing that makes you smile?

My kids, obviously.

What tops your priority list in your personal life?

All the kids in my family.

What are your three tips for achieving success?

I think staying true to yourself, working hard and being cautious.

Best advice you have ever received?

To always be cautious.

One fashion trend you can't stand?

Ripped jeans! *OK!*

INTERVIEW: FIZZA FURQAN
PHOTOGRAPHS: GETTY, SHUTTERSTOCK, MUTAHIIR O'SHOOT, VCOURTESY NINA LOTIA

FOR THE FIRST TIME A SOLUTION TO
WATER DAMAGE
TO ACHIEVE GOLD STANDARD HAIR
everyday



THE MIRROR NEVER SEEMS TO REFLECT BACK THE BEAUTIFUL, HEALTHY-LOOKING HAIR THAT YOU CRAVE BECAUSE OF TAP-WATER QUALITY.

NOW THE HAIR YOU DESIRE IS FINALLY AT YOUR FINGERTIPS. AND IT STARTS IN THE SHOWER!

Today, no matter how much effort you put in, you never feel your hair is truly healthy. Many blame poor quality tap water that they believe causes an array of problems—from excessive fall, split ends, dryness and a dull appearance.

YOU AREN'T ALONE! BEAUTY EXPERTS FEEL THE SAME...



Amina Sheikh, Model said:

"Hair brings one's self-image into focus; it is vanity's proving ground. Hair is terribly personal, a tangle of mysterious prejudices. To be able to have a good hair day, every day is impossible due to so many factors; most basic of all, the tap water with which we wash our hair. Then I discovered the new Pantene which fights all the impurities of tap water and leaves my hair feeling shiny, soft and smooth every day. Now I can just wash and style my hair without worrying about using products to protect my hair."



Nina Lotia, Hair Expert said:

"Women come to the salon every day and request their hair be washed with mineral water.

**NOW WE JUST SIMPLY
USE THE NEW PANTENE
WHICH PROTECTS HAIR
AGAINST TAP WATER
DAMAGE.**

Pantene plays an important role in hair protection with a diverse portfolio to cater to different hair needs.

Pantene provides the ultimate confidence for all women by giving them a good hair day, every day. Your inner strength awakens with a head full of healthy hair and helps you shine strong through every endeavor! "

PANTENE'S NEW BREAKTHROUGH SOLUTION

Determined to discover tap water's role in hair health, experts at the Pantene Hair Research Institute conducted a global survey. Research revealed a surprising source of hair damage-excessive mineral impurities, particularly copper, present in tap water.

Tap water deposits excessive minerals, particularly copper, on your hair when you wash, which can cause oxidative damage that erodes hair proteins, leaving your hair weaker, more breakage-prone and dull. And it's a process that repeats itself with every wash.

By adding 'Damage Blockers' to all Pantene Pro-V shampoos, Pantene has become the first global brand with technology specifically designed to prevent damage caused by copper oxidation in hair. With continued use, copper stress is reduced, preserving your hair's vital proteins and thus giving you healthier hair with every wash!

Pantene scientists set out to find a way to stop this damage cycle so women can have beautiful hair that shines with health. These experts discovered 'Damage Blockers' (EDDS), or active molecules that target, capture and neutralize these damage-inducing minerals.

From the first wash, Pantene's new shampoos reduce stress caused by copper, preserving hair's vital proteins, providing a noticeable difference to the health of hair after approximately four washes.

For more details visit [f/pantenepakistan](https://www.facebook.com/pantenepakistan)

HYPE

{CINEMA

Avengers 3D hits the cinemas with a bang!

The much-awaited American movie, *Avengers: Age of Ultron* has been receiving positive reviews worldwide ever since its release. Based on the Marvel Comics superhero team, the Avengers, the film has been produced by Marvel Studios and distributed by Walt Disney Studios Motion Pictures. It has already grossed over \$686 million worldwide.

With a star-studded cast including Robert Downey Jr., Chris Hemsworth, Mark Ruffalo, Chris Evans, Scarlett Johansson, Jeremy Renner, Don Cheadle, Aaron Taylor-Johnson, Elizabeth Olsen, Paul Bettany, Cobie Smulders, Anthony Mackie, Hayley Atwell, Idris Elba, Stellan Skarsgård, James Spader, and Samuel L. Jackson. The plot revolves around the Avengers working together to defeat Ultron, a robotic artificial intelligence bent on human extinction.

Although critics admit that the sequel doesn't compete with 2012's *The Avengers*, it has still opened with \$393 million - which is the fifth-largest film grossing ever at the box office - and also managed to break the record (previously held by the *Dark Knight Rises*) for the fastest movie to make over \$40 million in Imax Theaters within 12 days of its release.

Avengers: Infinity War – Part 1 and *Avengers: Infinity War – Part 2*, are the sequels scheduled to release in May 2018.

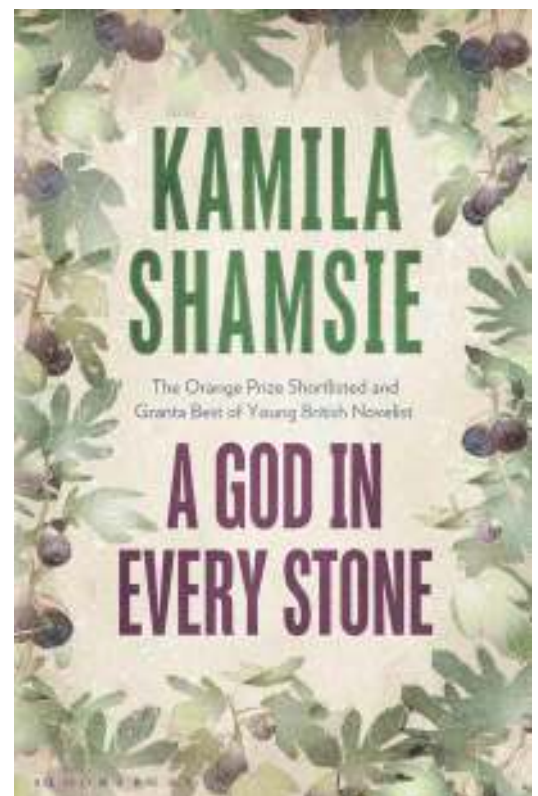


{BOOK

Kamila Shamsie short-Listed For Bailey's Women Prize



A proud moment for Pakistan as famed author Kamila Shamsie has been short-listed for the Bailey's women prize for fiction. Launched in 1996, the prize is awarded annually and celebrates excellence, originality and accessibility in women's writing throughout the world. The winner receives a cheque for £30,000 and a limited edition bronze known as a 'Bessie', created by the artist Grizel Niven. Kamila Shamsie's book, *A God in Every Stone* has been nominated for the prize. The book revolves around the story of a Pashtun soldier who fights in Ypres in 1915. The Liberty director also praised Shamsie's "exquisite research", describing *A God in Every Stone* as "such an enterprise, such ambition". Shamsie's book was also shortlisted for the Walter Scott Prize, and this is truly an honour for the literary community in Pakistan!



{ENTERTAINMENT

CAP launches weekly radio programs *Karachi ki Kahaniyan* under I AM KARACHI

The Citizens Archive of Pakistan (CAP) in collaboration with Radio1 FM91 has launched a radio program under I AM KARACHI. *Karachi ki Kahaniyan* (Stories of Karachi) directed by Zain Ahmed and produced by Radio1 FM91, is a series of radio programmes. Episodes for children will be aired, every Wednesday 4:00 – 4:30 pm, followed by an episode for all ages, from 4:30 – 5:00 pm. I AM KARACHI is a civil society-led campaign that inculcates hope, pride and ownership in the citizens of Karachi to collectively strive for a peaceful city.

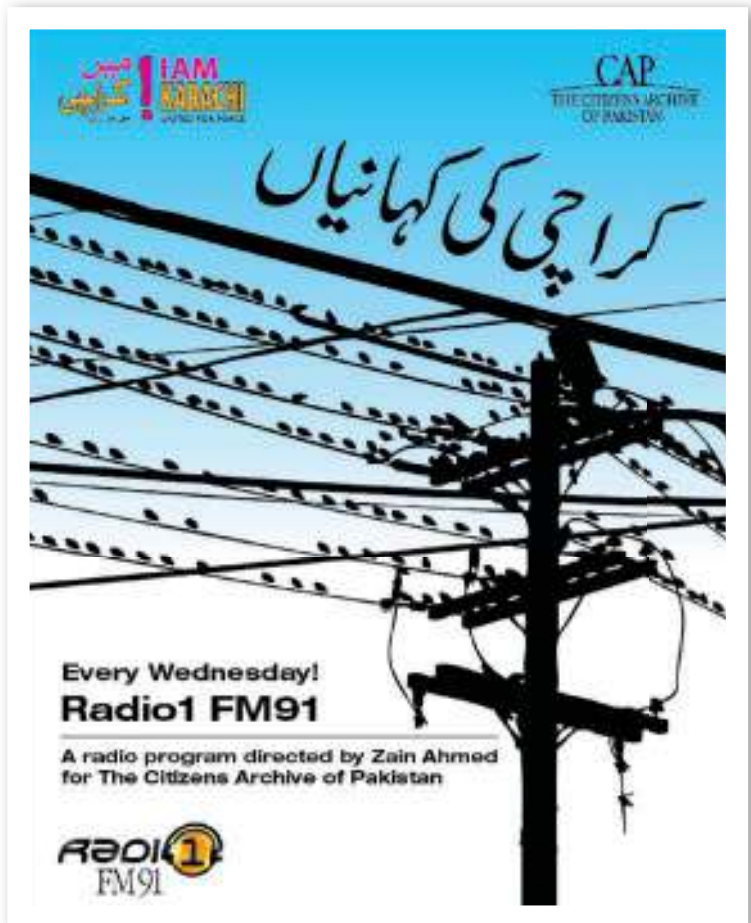
Karachi ki Kahaniyan will draw from various themes such as literary and artistic greats of Karachi, sports in Pakistan, partition, migration and monuments of Karachi. CAP seeks to use radio as a tool to build a counter-narrative to negative notions about Karachi, inspire a sense of ownership in its citizens and inculcate in them a desire to take a proactive approach towards their city.

Speaking about this initiative, Swaleha Alam Shahzada, Executive Director and Governing Board Member of CAP said: "Pride is a sentiment much needed in our youth – when we lack pride in our history we lack the willingness and ability to strive for and to protect our future. With this project we aim to inspire, motivate and instill values that will set the course for a more peaceful future."

Zain Ahmed, the director of *Karachi ki Kahaniyan*, has been part of theatre for over fifteen years and has directed several critically acclaimed plays. He is currently the Artistic Director and faculty member at the National Academy of Performing Arts (NAPA) Repertory Theatre.

The episode series for all ages looks to Karachi's past for inspiration and encourages listeners to appreciate their city, its history, heritage and resilience. These stories aim to aspire stronger bonds amongst the citizens of Karachi for better and more peaceful solutions for their city. The first episode explored the idea of a culture street, *Koocha-e-Saqafat*, and the efforts of young friends who revive street art in their community.

Karachi ki Kahaniyan is a part of a project launched by CAP under the I AM KARACHI campaign, which collects, preserves and shares stories of



Karachi's dynamic past. CAP aims to encourage city's youth to explore more peaceful and sustainable possibilities for their city. The project also includes Oral History School Tours, Mobile Museums and a festival.

{FASHION

Sania Maskatiya selected for the International Woolmark Prize [IWP] for the second year in a row!

Pakistan's coveted House of Sania Maskatiya has been nominated for the International Woolmark Prize [IWP] within the India and Middle East Nominees category for 2015/16, for the second consecutive year.

First held in 1953 as an initiative of the International Wool Secretariat, the award the following year was won by Karl Lagerfeld and Yves Saint Laurent. Today the International Woolmark Prize continues to recognise outstanding design talent from around the world.

To this end, the India & Middle East regional award will be held on 22nd July in Dubai. Nominees will present sketches of a Merino wool capsule collection comprising six outfits, with one full outfit to be produced. The collections will be judged by a panel of local and international experts soon to be announced.

12 finalists will be selected in total, each receiving AUD\$50,000 financial contribution towards their next collection as well as an invitation to participate in the international final. Six menswear finalists will meet at an event held during PITTI UOMO, Florence in January 2016 and six womenswear finalists will meet in New York in February 2016. The winners of both the menswear and womenswear finals will receive a further AUD\$100,000 to assist with fabric sourcing and marketing of their collection. In addition, both international winners will have their collection commercialised through key international retail partners including Harvey Nichols in the UK, Joyce in China, Saks Fifth Avenue in the USA, 10 Corso Como in Italy, MyTheresa.com, Matchesfashion.com and David Jones in Australia. From Pakistan, Omar Farooq and Misha Lakhani have also been nominated for the International Woolmark prize this year.



TEXT: FIZZA FURQAN, ANUSHKA TALPUR; PHOTOGRAPH: MUTAHIRO'SHOOT

ICONS OF **OK!**

THE QUEEN

OK! LOOKS AT THE LIFE OF THE REIGNING MONARCH AS SHE WELCOMES A NEW GREAT-GRANDCHILD



Her Majesty the Queen has been ranked as the most admired person in the UK, while internationally she has earned the title of the 17th most admired woman in the world.

These accolades have been earned through her dedication to reform as the first monarch to pay tax, adopt a surname, put her children through school and open up her inherited homes to the public to pay for their own maintenance. She has also supported the end of the rule of male primogeniture, which now means the eldest child can succeed to the throne, regardless of gender, and is only two years away from succeeding Queen Victoria as longest reigning monarch.

Princess Elizabeth Alexandra Mary was born on April 21, 1926, the first child of the Duke and Duchess of York (or Prince Albert and the former Lady Elizabeth Bowes-Lyon). Affectionately known as Lilibet, her desire to live as quietly and 'normally' as possible was thwarted by the death of her beloved grandfather George V. With her uncle Edward VII's ascension to the throne, her dreams of attending school came to an abrupt end when the King insisted upon her being educated privately at home. Within a year, her uncle had abdicated, her father had been crowned King George VI and she was named heiress presumptive to the throne.

After the outbreak of war, the princess stepped in to aid her father with royal tours of duty and, when she was old enough, she joined the Auxiliary Territorial Services as an extremely capable driver. Two years after the end of World War Two, while the country struggled through austerity, Elizabeth used her ration stamps to buy herself a wedding dress. The lucky man was the dashing Lieutenant Philip Mountbatten, for whom she had fallen after their first meeting when she was just 13. In 1947, Philip renounced his title of Prince of Greece and Denmark to become a British citizen and the couple were married at Westminster Abbey. 'My husband has quite simply been my strength and stay all these years, and I owe him a debt greater than he would ever claim,' she has said.

The following year, a son and heir was born. Prince Charles was joined two years later by a sister, Princess Anne, but it would be a decade before Andrew and then Edward would be born. The growth of the family was delayed due to Elizabeth's ascension to the throne at the tender age of 25. The young Queen would prove a popular breath of fresh air for a world still scarred from the devastating war a decade earlier, saying: 'In remembering the appalling suffering of war on both sides, we recognise how precious is the peace we have built in Europe since 1945.' Along with the peace came a relaxed and modern attitude to child-rearing – Elizabeth's own dreams of attending school would be afforded to her children, who would be educated alongside members of the public.



QUEEN ELIZABETH, THE FORMER DUCHESS OF YORK (R), THE KING GEORGE VI, AND THEIR DAUGHTERS PRINCESS ELIZABETH (C) AND PRINCESS MARGARET POSE 12 MAY 1937 IN LONDON AFTER THE CORONATION OF DUKE OF YORK. IN 1937



QUEEN ELIZABETH WITH HM HABIBULLAH PARACHA & PRESIDENT AYUB KHAN AT A RECEPTION HELD IN HER HONOUR IN KARACHI



LADY ELIZABETH ANGELA MARGUERITE BOWES-LYON, THE DAUGHTER OF THE 14TH EARL OF STRATHMORE, THE DUCHESS OF YORK (R) HOLDS IN 1926 IN LONDON HER FIRSTBORN, PRINCESS ELIZABETH

In 1960, Prince Andrew was the first to be christened with the de-royalised surname Windsor, as the monarch continued her plight to modernise her family and present her clan as normal. 'Like all the best families, we have our share of eccentricities, of impetuous and wayward youngsters and of family disagreements,' she said. Their popularity soared and in 1981, when Prince Charles married Lady Diana Spencer, an estimated 750 million people tuned in worldwide. The following year, her first grandson, Prince William, was born. On first meeting him, the monarch wryly quipped: 'Thank goodness he hasn't got ears like his father. Rejoice!' But strains were already beginning to show in the marriage of the baby's parents.

In 1983, the Queen angered Prime Minister Margaret Thatcher with her annual Christmas address by opposing the premier's quest for capitalism in the face of mass unemployment by remarking: 'The greatest problem in the world today remains the gap between rich and poor countries, and we shall not close this gap until we hear less about nationalism and more about interdependence.' As the country plunged into recession, the monarch continued her quest for modernity by turning her back on her noble forerunners and their entitled tradition to pay income and capital gains tax on her inherited wealth.

But her reputation would take another battering

in 1997 for her delay in offering up her public grief at the death of Diana, Princess of Wales. It took several days for her to offer up words, but when she did, she did so in a public address, declaring: 'No one who knew Diana will ever forget her. Millions of others who never met her, but felt they knew her, will remember her.' Defying tradition once again, the Queen bowed her head at the passing coffin of her former daughter-in-law.

As she watched Diana's eldest son Prince William marry Kate Middleton in 2011, she witnessed another surge in public support and approval of her family. And her grandson revealed the advice she offered was again in keeping with her desire to progress the stilted traditions of her ancestors. 'I came into the first meeting for the wedding post-engagement, and I was given this official list of 777 names, dignitaries, governors, all sorts of people, and not one person I knew,' said William. 'I rang her [The Queen] up the next day and said: "Do we need to be doing this?" And she said: "No. Start with your friends first and then go from there." And she told me to bin the list.'

With the arrival of another great-granddaughter, the Queen can rejoice in the expansion of her royal brood and relax in the knowledge that her quest for a modern monarchy has most certainly been realised in her legacy. **OK!**

FEATURE: LUCIE BARAT
PHOTOGRAPHS: GETTY, WENN



BRITAIN'S QUEEN ELIZABETH II & HER HUSBAND PRINCE PHILIP



ELIZABETH QUEEN OF SCOTS



THE DUCHESS OF CAMBRIDGE AND THE QUEEN ON A VISIT TO NOTTINGHAM IN 2012



QUEEN ELIZABETH AND DUKE OF EDINBURGH (R) POSING WITH THEIR THREE SONS, CHARLES, EDWARD (L), ANDREW (2NDR) AND THE ROYAL CORGIES FOR THEIR 32ND WEDDING ANNIVERSARY, IN BALMORAL CASTLE, SCOTLAND, 20 NOVEMBER 1979.

FROM A YOUNG PRINCESS THRUST SUDDENLY ON TO THE THRONE TO MODERNISER OF THE MONARCHY

1926 Princess Elizabeth Alexandra Mary is born on April 21. Princess Margaret follows in 1931.

1936 Grandfather King George V dies.

1937 Uncle Edward VIII abdicates. Father is crowned King George VI, Elizabeth is heiress presumptive to the throne.

1939 World War Two breaks out.

1944 Takes on the official duties of the head of state while her father is touring battlefields in Italy.

1945 Joins the war effort with the Auxiliary Territorial Services.

1947 Marries Lieutenant Philip Mountbatten, son of Prince Andrew of Greece and great-great-grandson of Queen Victoria

1948 Son Prince Charles is born.

1950 Daughter Princess Anne is born.

1952 Father King George VI dies.

1953 Crowned Elizabeth II, by the grace of God, of the United Kingdom of Great Britain and Northern Ireland, and in her other realms and territories Queen, head of the Commonwealth, defender of the faith.

Named Time magazine's Man (Person) of the Year.

1960 Son Prince Andrew is born.

1962 Son Prince Edward is born.

1977 Celebrates her Silver Jubilee.

1982 Second heir to the throne and third grandchild Prince William is born.

1992 Fire breaks out in Windsor Castle. The marriages of Prince Charles, Prince Andrew and Princess Anne break down. Offers to start paying

income and capital gains tax and opens Windsor Castle and Buckingham Palace to the public to help pay for their maintenance.

1996 The marriage of Prince Charles and Diana, Princess of Wales is dissolved.

1997 Diana dies in a car crash. The Queen comes under fire for her slow reaction.

2002 Both her mother and sister, Princess Margaret, pass away. The whole country marks her Golden Jubilee.

2013 The country celebrates her Diamond Jubilee. Great grandson Prince George is born.

2015 Prince George's baby sister is born to parents William and Kate, the Duke and Duchess of Cambridge.

The Road Less TRAVELLED

OK! Pakistan chats with the incredibly passionate and enthusiastic adventurer, Moin Khan about his latest documentary, motorcycles and more!



Motorcyclist Moin Khan has been making international and national news as he travels around the globe to promote his latest documentary, *Rediscovering Pakistan: The Untold Tale*. Disheartened by all the negative press Pakistan was receiving abroad, he wanted to help change things, thus setting off on 'A Different Agenda'. Fuelled with the purpose of promoting a positive image of his homeland, he is working tirelessly to fulfill his mission, one bike ride at a time.

What is 'ADifferentAgenda'?

Moin Khan: 'ADifferentAgenda' is a one-man show, where I am the only employee; it doesn't run for profit or donations but it's just me trying to show the world a different side of Pakistan. In 2011, I set off on an epic motorcycle journey from San Francisco to Pakistan. I worked three jobs and ate rice with ketchup for months to save up for it. The journey was around 40,000 km, lasted six months and I crossed 22 countries. The main goal of the journey was to tell the world that Pakistanis are peaceful people just like everybody else. After the initial journey, I started to explore Pakistan on my own and I fell in love with it! That's when I decided I needed to share this unbelievable country with the entire world. And I started inviting foreign motorcyclists to tour Pakistan with me. I also created an instagram and facebook account by the same name for my fans to follow my journeys.

Tell us a bit about *Rediscovering Pakistan: The Untold Tale*.

MK: In 2014 I convinced some foreign motorcyclists, all Americans and one Malaysian - including two female motorcyclists - to tour Northern Pakistan. These areas are considered some of the most dangerous areas of Pakistan but are actually some of the most beautiful and breath-taking places in the world. I decided this journey had to be captured and shared with the world. So armed with only



two DSLR cameras and one tripod, we started our adventure. The journey spanned Islamabad, Chitral, Shandur, Gilgit, Hunza, Skardu, the China border and a whole loop of the northern areas. Recently, I uploaded my documentary on to my website, ADifferentAgenda for viewers to watch.

What was the reaction of the foreign

motorcyclists?

MK: The foreign motorcyclists fell in love with the spectacular sights and warm hospitality of Pakistan. Despite the crashes and broken bones, five out of the nine people are coming back again in 2015. So it says a lot about the country if you've been there almost three weeks and want to come back again.

Travelling to the northern areas of Pakistan, safety must have been a concern, especially with foreigners. How did you handle that?

MK: No security arrangements were made beforehand and no issues have come up so far. A lot of people ask me if I've ever seen the Taliban. I promise them if I ever see a Taliban, I will post a selfie with them. It was very safe all over the northern areas.

How did you decide to screen the film?

MK: I took the film for a tour around North America and Europe. Although the trip was planned for 20 days, I ended up staying for 96 days because so many different people were interested in ►



screening the film. In the US, schools from all over the country got in touch with me to screen the film including Harvard, UPenn and Columbia.

In *Rediscovering Pakistan: The Untold Tale*, we saw the gang briefly stopping at a girls' school located on the outskirts of Lahore. How did the school come about?

MK: The closest school to the village was twenty-five minutes away and the boys of the village could hitchhike their way to school but the girls faced several challenges. So eleven months ago, I opened up a school there with twenty-four little girls. Now I have seventy-two girls studying there, six days a week, grade one to grade five. Education, books and uniforms – everything is free for the girls. The school needs \$340 every month, so I have 340 people from all over the world donating \$1. And this school helps me sleep better at night.



How do you plan your motorcycle journeys?

MK: There are different ways of travelling, some people like to plan every hotel spot, every reservation is ready, they know the next gas station but I hate travelling like that. I have never made a reservation in my life. I tell all my foreign guests, this is Pakistan, and you have to be up for an adventure. We usually ride till we are tired

plan very loosely without

Do you think being a male serves as an advantage for you?

MK: No, absolutely not. I met a girl Emily Chapel, who rode her bicycle solo all over the world, including Pakistan. There is no difference between a Pakistani or American girl. I also taught my sister to ride a motorcycle; she would ride to her



and then we look for a place to sleep. When stuff is unplanned, you are open to the environment, more open to meeting new people and you can stay in a place as long as your heart desires. So I like to

any timelines.

friend's

house in Lahore. Anyone who sets his or her mind to accomplish something can do it. Being a male or female makes no difference.

You've faced your share of challenges, including a near-fatal crash in Romania. How do you overcome such moments of difficulty?

MK: I think everyone faces such moments in life. In Romania, I broke 3 ribs, a shoulder and a finger. It was the closest I've ever been to death so far and all I could think about was how I wouldn't be able to fulfill my dream of telling the world about Pakistan. But I decided in those moments, I would pull myself together and achieve my dream. This was only possible because I was so passionate about everything. My passion is my motivation and it keeps me going.

You are quite the seasoned traveller and have



seen your share of the world. Can you please share some insights or lessons you've picked up along the way?

MK: Firstly, I discovered that there are more good people than bad people in every city, every town and every country. No matter where in the world I went, the kindness of strangers always saw me through my most challenging times. Secondly, I think to be successful in life, one must always follow their passion. The only way to stay motivated is to be passionate about what you are doing. It's important to keep trying different things and only settle when you truly find something you love!

What is your true passion in life?

MK: For the longest time I thought motorcycles were my passion, ever since I could remember I was in love with them. At the age of five, I used to have posters hanging on the walls. When I was 11 years old, I stole my carpenter's motorcycle and took it for a spin around Lahore. At the time I didn't know anything about gears, so I drove it on the first gear and completely destroyed it! But recently, on a trip to Vietnam I discovered that my true passion in life is Pakistan. It was the love for motorcycles that led me to my true passion. Now everything I do is for Pakistan, I only focus on stuff that incorporates Pakistan somehow.

Tell us more about your love for Pakistan.

MK: I was living outside Pakistan for six years and once I returned, I fell in love with my country! I can't fall out of love anymore. Pakistan is an unbelievable country and I need to show the world how awesome it is!

What do you do when you are not on a bike?

MK: I am spending time with girls at the school or I am planning to get back on the bike. Or I am giving back to my country. Last year there was a drought in Tharparker, I raised about \$10,000. I took a huge truck full of food supplies that lasted about a month and gave it to 200 families there.

What do you do for fun?

MK: This is work and fun. I never need time off from

work. If I take time off from work, I would still be working because this isn't work for me, it's fun!

What is a place everyone must see?

MK: I tell everyone they have to visit Shandur, Hunza and Deosai plains. These places are incredible!

In your opinion what is the ideal/right way to live?

MK: I think the right way to live is to explore, chase your dreams, to learn, to teach and to be happy. But I think most people are afraid to get out of their comfort zones, let go and pursue their dreams.

What's your next big adventure?

MK: I've been invited to Mongolia to ride a horse! I am also planning a bicycle ride from the Khunjerab pass to Karachi.

What is your favourite movie?

MK: *Into The Wild* and *Brave Heart*.

What are some of your most essential travel items?

MK: An open heart. I try my best to be positive and eager to learn while I'm on the road. Other than that I love my sleeping bag; I can't ever be away from it for too long.

What is your favourite food?

MK: Afghani, Persian and Thai are three cuisines I could live on. However, *daal mash* and *garam roti* when I'm home.

Who is your role model?

MK: My father. He never told me what to do. Instead, he always told me to explore different things and find out what I loved.

What book would you recommend to your fans?

MK: *These Are The Days That Must Happen To You* by Dan Walsh

What is your favourite spot in the world?

Shandur and Deosai plains.

Please share some words to live by.

MK: Are you Living or Surviving? I ask myself this question everyday and if the answer starts with an S for too many days at a stretch, I know I have to make adjustments. 

INTERVIEW: ANUSHKA TALPUR
PHOTOGRAPHS: USMAN KHAN [AYEN DESIGNS]

MY WONDERFUL LIFE

Karachi's favourite blogger, fashionista and shopaholic, **Shazah Ayub** talks to OK! Pakistan about her glamorous life.



Favourite getaways
London and Toronto.

Secret scent
Kilian Rose Oud.



Most passionate about
Travelling and shopping.



Beauty extravagance

I'm super particular about my skin and hair. For healthy and glowing skin I go for frequent hydra facials, do juice detoxes and use Embryolisse products like their Lait-Creme Concentre, Micellar Lotion and Hydra-Masque. For my hair I've recently starting using Kerastase's Nutritive collection and I swear by it.

Favourite indulgence
Shoes and vacations.



Favourite hotel or resort
Cancun Palace, Cancun and Siam Kempinski, Bangkok.

Favourite place to shop

All major high street stores - Zara, Topshop, H&M, Urban Outfitters, Club Monaco and Aritzia.



Starstruck moment

When I met Shahrukh Khan - major fan girl moment!



Most expensive item you own
My watch.



Guilty pleasure
Carbs.



Dream date

Hot air balloon ride over the Swiss Alps.

Most passionate about
Travelling and shopping.



Fashion icon

Miroslava Duma, Olivia Palermo, Sonam Kapoor and Elena Perminova.



What would you wear on a night about town or to a society luncheon

Luncheon - a white flowy kaftan dress. Night out - shiny baroque print matching separates, poker straight hair, red lips and statement earrings.



Favourite restaurant

Hellenic Republic, Melbourne.

Fashion essentials

Alexander Wang tees in black, grey and white, and denim shirts.

GP GIRARD-PERREGAUX



Collectibles

Karachi: 8C, Lane 6, Zamzama Boulevard, Phase V, DHA Tel: +92 21 3583 1380
G11, Dolmen Mall, Clifton Tel: +92 21 3529 7873-74
Lahore: Pavilion Mall 26, Pearl Continental Hotel Tel: +92 42 3631 1877
Islamabad: Serena Hotel Tel: +92 51 2600 371-72
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CELEBRITY KITCHEN

SAMAR HUSAIN

The chef who discovered cooking by a fluke

Samar Husain, one of Karachi's most popular chef, foodie and culinary genius who has recently launched her catering company Pinch&Co, talks to *OK! Pakistan* about her introduction to shark fin soup at five, setting menus for some of Karachi's renowned restaurants, getting inspiration and finding food exhilarating.

Did you always know cooking was your forté?

Samar Husain: No, I didn't to be honest! I always imagined being a lawyer or working in the UN. I wanted to do something entirely different but having said that cooking came to me very naturally. My family was very food inclined; all the men in my family cook and if they aren't cooking they are deeply involved in the pursuit of good food all over the world. I had the type of childhood where I ate frog legs at 10, had shark fin soup at five and raw oysters at three – so my food brain has been cultivated for a very long time.

How did you get into it?

SH: By pure tragedy – we had a superb family cook whom I fought with during the first *Roza* many Ramzans ago and he left, leaving my father and I food less. Up to this point, I had only eaten and watched food being cooked but never cooked it myself, so you can imagine my surprise when I cooked up a roast beef with stuffed garlic and mash. Once I realised how easy it was I began experimenting – people seemed to like it so I was encouraged – until one day I realised I could make a living from it and so my journey began.

Proudest chef moment?

SH: Thus far – probably the recipes I have done for both Mews and Chatterbox.

Three ingredients we will always find in your fridge?

SH: Siracha sauce, butter and truffle oil.

Three ingredients you always rely on?

SH: Butter, sweet soya sauce and rosemary!

Who is your favourite person to cook for?

SH: My dad.

Favourite dish?

SH: White truffle risotto.

You are always coming up with new recipes and innovating dishes. How do you find inspiration?

SH: I'm an intrepid explorer – I have my nose in cookbooks, I love to travel, and I love to eat. I constantly have food on my mind and sometimes

just going to the fruit *wala* will wrangle weird concoctions in my head. Not all my ideas work but I love the thrill of finding the perfect food combo. I find food exhilarating and so like an adrenalin junkie I'm always looking for inspiration.

What is your dream food destination?

SH: Barcelona and Spain in general right now – it's buzzing with foodie activity. Also Japan – actually maybe Japan a little bit more because it's so out of my foodie comfort zone.

What is your food philosophy?

SH: Food should be robust, honest yet exotic, and it should give you an 'ahh' moment once it's in your mouth so you feel it in your soul.

A dish you would love to master but haven't yet?

SH: Too many to mention but currently I'm obsessed with baking the perfect chocolate cake.

Describe your ideal dinner party.

SH: Ideal would be maybe a small 30 course meal with full French service, crisp linen, beautifully trained waiters, and a menu which might include langoustine, scallops, foie gras, risotto and fresh truffles (oohh and oysters and caviar to start with) in its courses. However, ideal could also be a relaxed evening in tracks, with good friends, cold cokes and really great burgers off a BBQ – it really depends on one's mood.

What's your favourite restaurant?

SH: In Karachi without a doubt Okra and Patio but in the whole world definitely The Ledbury in London.

A dish that always lifts your mood?

SH: Great nachos with all the works!

Who are your favourite chefs?

SH: Heston Blumenthal and Ferran Adrià for being so inventive. Alain Ducasse for his finesse, and I also absolutely love Nigel Slater's take on comfort food.

You have recently set menus for various restaurants in Karachi. Tell us about that experience. Is it something you will continue doing?

SH: Setting menus for restos is something I have been doing for almost three years. My first opportunity was with Lal's and then Naila Naqvi of Chatterbox Café approached me, and my last and final project for this year will be Mews. Setting menus can be grueling because you go through

Sole Fillet with Light Leek Cream served with a Cabbage, Grated Carrot & Spinach Stir Fry

INGREDIENTS:

- 2 Sole fish fillet (deboned, 120g)
- 1 Leek washed cut and sliced into quarters
- 1 tsp Chopped garlic
- 1/2 tsp Chopped parsley
- 1/2 tsp White wine vinegar
- 1/2 tsp Dijon mustard
- 2 tsp Cream (preferably not fresh)
- 4 tbsp Chicken stock
- Salt and pepper to taste
- 1.5 tsp Butter

Cabbage, Grated Carrot and Spinach Stir Fry:

- 1/4 Cup sliced cabbage
- 1/3 Cup grated carrot
- 8-10 Leaves of spinach
- 1/2 tsp Butter
- Salt and pepper to taste

PREPARATION:

Bring a shallow frying pan to medium heat and add 1 tsp of butter, immediately adding both leeks and garlic to the pan. Lower your flame to a gentle heat which allows the leeks and garlic to gently soften but not colour. Once the leeks are soft and releasing a wonderful garlicky aroma (about two-three minutes), add in your mustard and white wine vinegar. Stir for a minute or so. Gently mix your stock and cream together in a separate bowl. Add the stock to the cream gently so that it doesn't split. Once your cream and stock mix is ready add it to the leek mixture and allow it to cook on a slow flame for another 3-4 minutes. Season according to taste and add parsley. Close your flame.

In a separate frying pan add 1/2 tsp butter on a medium flame, toss in your fish fillets and allow to cook until the transparent skin turns a milk white and then turn over. Approximately 2 mins on each side on a medium flame should cook your fish perfectly. Once your fish is cooked add your sauce and allow it to soak in all the flavours.

For your cabbage, carrot and spinach stirfry simply add your butter, cabbage and carrot to a shallow pan and mix until just softened and close the heat. Season but keep in mind the seasoning on your fish as well. Create a balance of flavours.

Put the dish together by placing the stirfry on the bottom and gently perching the fish upon it. Then pour the sauce on top generously, garnish with parsley and serve with crusty bread.

many phases – first is obviously a client brief, then a presentation of menu ideas and then finally development, approval of dishes and training. Once all these things are done one goes through a gauntlet of tastings where customers pick out all the things they don't like about your dishes! It's hard to take sometimes but it's also fun when dishes turn out the way you want them to! Will I be doing it again? I'm not totally sure – I think I am finally ready to do something on my own.

How did you get into the catering business? Tell us about that.

SH: Catering was the result of a lot of experimentation. Once I started cooking I didn't really stop until it turned into a business. I'm extremely lucky to be in a business I love. Catering allows me the luxury of being a stay at home mom yet also spreading my creative wings!

What's in the pipeline? A restaurant?

SH: Being a mother to a small two year old baby means I have to strike a very firm balance between work and her. She is my number one priority right now. Having said that, I have a lot of plans to expand Pinch&Co, my catering company. Me and my partners are in the process of building a big kitchen to take on bigger jobs and to also delve into the world of healthy ready meals. So do look out for Pinch&Co products soon. **OK!**

TEXT: MAIRA PAGGANWALA
PHOTOGRAPHS: GIBRAN ALI JAMSHED



POMPEI

Ciao a tutti. The summer sunshine, brighter than a dollop of freshly harvested honey, is all set to pour over the streets of Lahore. If there was a reason to love the balmy days of early summer, it would be the pleasure of being treated to lunch at a sunlit setting of serenity, exactly what defines the recently established eatery in Lahore, Pompei.

After the *maître d'* swiftly escorted us to the table I had asked for, the one with the view of the sunlit patio, the placement of menus and assorted bread basket followed. We felt spoiled for choice after a glimpse of precisely three different menus. In order to buy some time for entrée selection, we instantly placed our order for the appetizers.

Vera Pizza Neapolitana made the first appearance with a very promising impression. The dough was thin and crispy, perfectly in accordance with the Associazione Verace Pizza Napoletana standards, though the piquant plum tomato sauce overpowered the subtle creamy flavour of the buffalo mozzarella, and failed to impress my palate. Prompt to join the fiesta was the **Seared Peppercorn Crusted Beef**. The tender, thinly sliced tenderloin was cooked to such precision that it literally vanished the moment one chewed it and paired up really well with the balsamic reduction, fresh greens, avocados and bell peppers.

The superstar **Figs with Honey Vinaigrette** was worth undivided attention, I must admit. The fresh figs complimented the scrumptious candied walnuts, fresh rocket and goat cheese served atop a puddle of honey vinaigrette – impeccable to say the least. By this time, one of the most charming duos that pleaded guilty for setting up this beautiful venture in Lahore had joined us at the table. A few serious questions followed by an endless array of laughter and food talk, no better way to share the love for good food and company. It was inspiring to know how Pompei made its first mark in the hospitality sector of Karachi back in 2004, under the umbrella of two childhood friends, Kashif and Imran.



The next course arrived right on time; my selection of entrée was **Chicken with Roasted Pepper Coulis** served over a bed of risotto. The chicken was done to perfection, a very basic cooking norm that majority of the local chefs have failed to master. The roasted pepper coulis had the ideal consistency and was seasoned to perfection. The bed of risotto was actually the best I have had in Pakistan, with an exemplary texture and the flavours derived from the broth, mushrooms and bacon created wonderful harmonies in my mouth. My friends had ordered the good ole **Parmesan Crusted Chicken** and **Grilled Chicken with Tarragon Sauce**. The latter was flawless, however the Parmesan Crusted Chicken had been slightly overcooked and imparted an unwanted bitter after taste.

We left the choice of desserts to Mr. Sattar, and soon enough a parade of toothsome delicacies came flying from the lab of the in-house *pâtissier* to our table. Since chocolate naturally deserves a preferred protocol, I took my first bite off the **Dark Chocolate Ganache Tart**. A spot on bitter-sweet



chocolate ganache sat atop a crispy butter crust drizzled with crème anglaise and chocolate sauce. The blond and beautiful nutty sugar stick partnered up brilliantly with the tart. Next in queue was the classic **Tiramisu** that hit the right notes on the palate, layered with espresso soaked ladyfingers and a blend of mascarpone and fresh cream.

The line-up does not end here, **Crème Brûlée** waited patiently as a backbencher. What sat behind the delicate layer of hard caramel was rich vanilla custard, simple yet divine. As they say, it is never late for a palate cleanser, a **Basil & Lemon Sorbet** was summoned that literally tranquilized my culinary senses for its absolutely amazing acid note, highly recommended.

Pompei is undoubtedly a super addition to the culinary trend of Lahore. The ambience can partner up really well with soulful Italian blues and the waitstaff can be further fine tuned for superior hospitality. I wish to see myself back there again soon with a promise to be more adventurous with my menu selection. *Buon Appetito!* **OK!**

TEXT & PHOTOGRAPHS: RAZA ABBAS



کاشکدے

Director: Badar Mehmood

Writer: Samina Ejaz

Cast: Nauman Ejaz, Waseem Abbas, Saniya Shamshad, Adeel Choudary, Maheen Khalid, Laila Zubairi, Ismat Zaidi, Manzoor Quershii, Ali Abbas and others.

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How To Get Appy And HEALTHY!

THE BEST FITNESS APPS TO GET YOU ON THE MOVE

Hands up who puts off a workout every now and then? Us too. On our off days, often just getting to the gym can seem like a Herculean task. Which is why having useful fitness apps can be a godsend – just fire up your mobile or tablet and you're good to go. With recent research showing we can check our phones up to 150 times a day, surely it's time to put our obsession with smartphones to good use! Here we take a look at the best apps out there which can help with your diet and fitness goals...



IDEAL FOR: THE YOGA BUNNY

WHAT: Pocket Yoga.

WHY WE LOVE: Jennifer Aniston (left) probably has her yoga teacher on speed-dial (how else does she stay in such great shape?), but if you lack the budget of a Hollywood A-listener then the Pocket Yoga app could be the next best thing. It takes you through 27 yoga routines without having to leave the comfort of your home.

COST: PKR 360.



IDEAL FOR: THE KEEN WALKER

WHAT: Walkit.com.

WHY WE LOVE: We're obsessed with this app, which helps you ramp up your fitness levels significantly without even really trying. Just type in the place you'd like to walk to and this nifty app will plan your journey, even allowing you to choose quieter routes or those with less pollution. It also calculates the calories you'll burn according to your walking speed.

COST: Free.



IDEAL FOR: THE ABSOLUTE BEGINNER

WHAT: Change4Life Couch To 5k.

WHY WE LOVE: Think of this app as your knowledgeable running buddy who will teach you to gradually improve your fitness and stamina levels step by step. The app promises to get novices running 5k within just nine weeks.

COST: Free.



IDEAL FOR: THE LYCRA-CLAD CYCLIST

WHAT: Strava Running And Cycling.

WHY WE LOVE: For the competitive among you, we think this will prove to be the app of the summer. Strava covers both running and cycling and it tracks your distance, elevation and speed, as well as providing data on other runners or cyclists who have covered the same route. You can compare your time on leader boards against others in your area, and even some professional athletes.

COST: Free.



IDEAL FOR: THOSE LACKING IN MOTIVATION

WHAT: Runtastic.

WHY WE LOVE:

Sometimes getting in the mood to exercise is nigh on impossible. Even super-fit Jessica Alba (right) has said she hates working out and finds it 'boring'. And that is where this handy little app can help. In the absence of a personal trainer or a running buddy, it has a voice coach that cheers you on with positive feedback. It's a bit like your very own running guardian angel! It tracks your distance, time and calories burned, too.

COST: Free.



IDEAL FOR: THE KEEN RUNNER

WHAT: MapMyRun.

WHY WE LOVE: A classic app loved by runners everywhere – there are also versions for other disciplines like MapMyRide and MapMyHike. Endurance training, such as running or cycling long distances, has a host of benefits including strengthening the heart and maximising blood flow to the brain. This app will log your distance, pace and calories burned, as well as letting you plan complex routes.

COST: Free.



IDEAL FOR: THE EXERCISE GURU

WHAT: Instant

Heart Rate Monitor by Azumio.

WHY WE

LOVE: Back in the day, you'd have to strap an unwieldy band across your chest and wear a bulky wristwatch to attempt to monitor your heart rate. It was a time-consuming and fiddly business and the chest strap would often pop off during workouts. That's why we like this app which measures your heart rate when you place your finger on the camera lens for just a few seconds!

COST: PKR 234.



IDEAL FOR: THOSE WATCHING THEIR WEIGHT

WHAT: NHS BMI Healthy Weight Calculator And Tracker.

WHY WE LOVE: Using the Body Mass Index as an indicator of health isn't always foolproof – muscular George Clooney (above), Matt Damon and Brad Pitt would come into the overweight category, which is clearly nonsense – but in general, BMI gives a pretty accurate idea of what kind of shape you're in. Type in your details to tailor the app to you, and get handy weight loss tips.

COST: Free.

IDEAL FOR: THE HEALTH CONSCIOUS

WHAT: My Fitness Pal.

WHY WE LOVE: Modern Family actress Sofia Vergara (below), who boasts a Jessica Rabbit-esque figure, says: 'When I do indulge, I exercise a bit harder the next day. My workout motto is really simple: No pain, no cake!' And with this outstanding app it's easy to balance your calorie intake and expenditure. Simply enter your food and exercise for the day and MFP will log everything, as well as showing you the nutritional content of your diet.

COST: Free

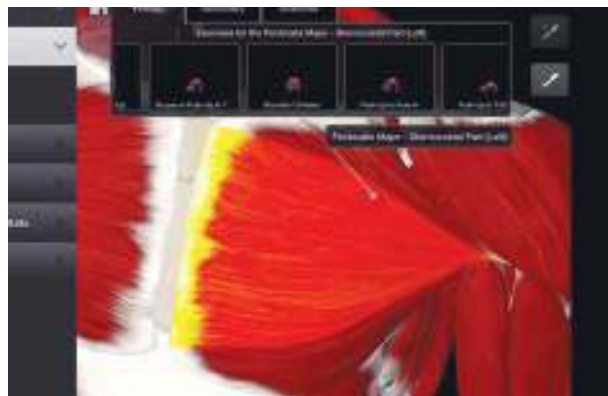


IDEAL FOR: THE WEIGHTS AFICIONADO

WHAT: iMuscle 2.

WHY WE LOVE: Yes, deadlifting can be more than a little tedious – there's a reason why the gym's weights area is heavily used by burly men and no one else – but resistance training really is the best way to tone muscle. This app lets you choose the muscles you want to train from an anatomical map and suggests appropriate exercises.

COST: PKR 630.



FEATURE: YASMINE GRIFFITHS
PHOTOGRAPHS: GETTY, SHUTTERSTOCK

TOTALLY TOKYO

OK! HEADS TO THE FAR EAST TO EXPLORE JAPAN'S OUT OF THIS WORLD CAPITAL

Centuries-old traditions, modern sophistication, quirky style and hi-tech futurism await in Tokyo – one of the world's most dynamic and fascinating capital cities. Visiting this Japanese metropolis is a sensory and visual overload, with vast neon billboards and cherry blossom-filled parks, soaring skyscrapers and ornate shrines, traditional tea ceremonies and sleek Michelin-starred restaurants. OK!'s Lina Darton jetted off to Tokyo, following in the recent footsteps of HRH Prince William, to discover a place unlike anywhere else...

Where should I stay?

Spanning the top nine floors of a gleaming skyscraper, the ultra-luxurious Mandarin Oriental Tokyo is located in the centre of Nihonbashi, once the city's historic heart and now the financial epicentre. Every aspect of the 178-room, five-star hotel has been designed to maximise the view of the city's impressive skyline. So, whether you're having a Kiatsu massage in the spa, eating Michelin-starred cuisine in Signature or luxuriating in your marble bath, you'll be able to admire the city's sights through the floor-to-ceiling windows. And they're pretty cool views, too – from the neon-lit skyscrapers of Shinjuku and the beautiful gardens of the Imperial Palace to the soaring new Tokyo Skytree broadcasting tower (the world's tallest building, which boasts an observatory platform and restaurant) and, on a clear day, across to the snow-capped Mount Fuji. Another hotel highlight is the top-notch food on offer from its three Michelin-starred restaurants. We loved the Heston Blumenthal-style Tapas Molecular Bar, where guests are offered 20 taste sensations and the intimate-eight seater Sushi SORA venue.

Where can I shop?

Tokyo is a sprawling city with shops of every shape and style, so make sure you do your research before you head off on a shopping spree. As a rough rule of thumb, you'll find designer stores in Omotesando and Shinjuku, gadgets and electronics in Akihabara and cool labels in Harajuku and Aoyama. Top fashion brands such as Alexander McQueen, Giorgio Armani and Prada line Omotesando's upmarket tree-lined



GWEN STEFANI LOVES THE HIP HARAJUKU DISTRICT



SOAK UP THE VIEWS FROM THE PLUSH MANDARIN ORIENTAL

avenue, while Gwen Stefani fans should make a beeline for Takeshita Street in the hip Harajuku district, famed for its quirky and whimsical fashions. The No Doubt singer finds 'artistic inspiration' wandering around the area, adding: 'Everyone is so stylish and unique.' OK! checked out the Hello Kitty gifts at the Daiso 100-yen store (think Poundland), admired multicoloured tutus in Vite! Vite! and punky vibrant prints in ACDC.

For seven floors of souvenirs, head to The Loft, a department store in trendy Shibuya, where we

loved the food design iPhone cases and cool stationery. You'll find everything under one roof at Shinjuku Takashimaya – a 16-floor department store. And you may even bump into Australian supermodel Miranda Kerr while out shopping – she's a city regular and recently sashayed down the runway for Samantha Thavasa, the Japanese bag designer for whom she's brand ambassador.

What can I eat?

Japan is famous for its sushi and sashimi, and the best way to see what may end up on your plate is with an early morning visit to the Tsukiji Fish Market in Nihonbashi. It's the world's largest fish market and you'll find a number of food bars – open from 3am till mid-afternoon – encircling the market. Sit alongside fish workers and the odd celebrity – Kristen Stewart and Nicholas Hoult were spied on a bar stool at Daiwa during a break from filming Equals here last year – and tuck into the freshest sushi. Elsewhere, Yasaiya Mei – located within the



ENJOY A RELAXING AFTERNOON AT THE IMPERIAL PALACE EAST GARDENS

Omotesando Hills designer mall – is famous for its creatively presented vegetarian dishes served in stylish surrounds. Pop-up cafes are all the rage too – the current favourite is KuKuRuZa Popcorn, also in Omotesando Hills. Here, you'll find more than 30 flavours of popcorn, from rocky road and rainbow fruit to maple bacon. If savoury is more your scene, pop in to the ever-popular Eggs 'N Things in Harajuku. Sit on the terrace and tuck into omelettes, pancakes or waffles – but be prepared to queue. Tokyo also has some pretty wacky cafes, such as the Moomin Bakery & Café – just one of 50 bars and restaurants in Tokyo Dome City – where you sit beside your favourite character and eat troll-shaped food! The newest kid in town – and we mean this literally – is the Sakuragaoka Café in Shibuya. It has two goats – Sakura and Chocolat – who hang out with the customers. Enjoy pasta or hamburgers (there's luckily no goat on the menu) and peruse the goat-themed souvenirs.

Where can I go for cocktails?

Take in the bright lights of the city at sunset with a Nihonbashi at the cool forest-themed Mandarin Bar. Then head to Le Baron de Paris located in trendy Aoyama. We're told it's a favourite with the fashion pack and that Beyoncé Knowles, Lindsay Lohan, U2 and the Scissor Sisters have all visited. With its atmospheric interiors and blood-red lighting, you can dance the night away to a mix of nostalgic and modern tunes.

Which sights must I see?

Although, at first glance, Tokyo might appear to be a shrine to modernism, scratch beneath the surface and you'll find century-old traditions and sights such as the Meiji Shrine in Shibuya, dedicated to the former Emperor Meiji and surrounded by 10,000 trees donated from all over the world. We were lucky enough to witness a traditional Shinto wedding procession, where the bride – dressed head-to-toe in white and shaded by a red parasol – walked next to her husband while the rest of the wedding party followed behind in twos. You'll still find some centuries-old shops selling traditional wares such as lacquerware, kimonos and fans in Nihonbashi. It's also here that OK! enjoyed a traditional tea ceremony – a time-honoured ritual dating back centuries – at The Koomon Tea House. Elsewhere, once you've had your fill of sightseeing and shopping, take a stroll around the Imperial Palace East Gardens. In springtime, you'll see the beautiful famous cherry blossoms.

HOW DO I GET THERE?

Emirates (www.emirates.com) offers return tickets from Karachi to Tokyo for PKR 96,000 per person. Rates at the Mandarin Oriental Tokyo (www.mandarinoriental.com/tokyo; +81 (3) 3270 8800) start from PKR 34,000 per night on a B&B basis.**OK!**

REPORT: LINA DARTON
EDITED: ANNABEL MACKIE
FIVE OF THE BEST: HAYA QAMAR
PHOTOGRAPHS: GETTY, SHUTTERSTOCK

Celebrities spotted in the Tokyo



JESSICA ALBA



JOHNNY DEPP



MIRANDA KERR

5 OF THE BEST TRAVEL APPS



- 1. ENTRAIN:** Worried about jet-lag? Don't be! This app, developed by researchers at Michigan University, can help you set your internal clock on the flight over, so you'll be fresh and good to go as soon as you touch down! Available for Android and iPhone; Free
- 2. TRIPIT:** If you have trouble keeping track of all your flight details, hotel reservations, and rental car bookings, this is the app for you! It automatically converts all your emails into a single, easy-to-read schedule. No more lost conformation! Available for Android, BlackBerry, iPhone and Windows phone; PKR 100
- 3. XE CURRENCY CONVERTER:** Have you ever been on vacation and wondered if that perfect summer dress is too expensive? Calculating the price difference can be tedious and often too boring! Doing all your conversions can be as easy as clicking 'enter' with this travel must-have app! Available for Android, BlackBerry, iPhone and Windows phone; Free
- 4. LOCALEUR:** More than just a guidebook on your phone, this app helps you get the best experience from the city you're in with the help of locals. Break out of the regular tourist life, and get the most out of your trip by trying the fun and casual lists of things to do recommended by local writers. Available on iPhone; Free
- 5. UBER:** This app has created a lot of buzz and for good reason; the global app allows trusted Uber drivers to pick you up and drop you to your location at a lower cost than local taxis. The app allows you to plug in your pick-up and drop-off destinations and works solely on credit cards – so you're sure not to get hustled! Happy travelling! Available for Android, iPhone and Windows Phone; Free

prices are approximate



Buenos Aires

Traveller's Tale

ALYZEH RAHIM SHIRAZI

Buenos Aires is the second largest city of South America and is best known for polo, the nightlife, fashion and barbequed meat! Fashion and Beauty Editor, Alyzeh Rahim Shirazi and husband Hissam Ali Hyder, recently visited Buenos Aires, Argentina. Here Alyzeh shares the highlights of her trip with OK! Pakistan.

Favourite spot in Buenos Aires

I personally loved the vibe of where we stayed, which was in Palermo Soho, it had a very artsy, chic feel, with gorgeous old buildings, contrasted in a post modern manner with contemporary graffiti. The best part about this place was that it was surrounded by some of the best restaurants and boutiques and was close to other destinations within the city as well.

Where to stay

Buenos Aires is known for its amazing collection of boutique hotels, so if that's

your cup of tea, I would definitely recommend checking out the Palermatino in Palermo, Soho. Otherwise the absolutely stunning Palace du Duhau Park Hyatt or Four Seasons in Recoleta.

Where to watch polo

Most of the polo happens in Pilar which is an hour away from Buenos Aires by car. We went there almost everyday since Hissam was playing chukkers. It is a completely different world to Buenos Aires and everything seems to revolve around polo, they have the most gorgeous polo fields by the dozen.

However, the bigger tournaments (such as the Argentine Open) during peak season - which is from October to December - happen at the 'Campo Argentino de Polo' in Palermo which is in the city and attracts a lot of tourists that are fascinated by the game. Since Argentina is below the equator, the seasons are also the other way around, so these are the summer months there.



HISSAM PLAYING POLO



BEAUTIFUL ARCHITECTURE

Best places to eat

The food in Argentina is absolutely incredible! If meat is your thing then the Argentina Asado (barbeque) is amazing. The Argentine meat cuts are world renowned! There is a good asado place in every nook and corner, and Tinto y Soda was a popular spot for us in Pilar. Peruvian food is also extremely popular, so if you like raw fish, I suggest checking out Sipan, and if you prefer Italian, well



HISSAM AND I AT THE HYATT



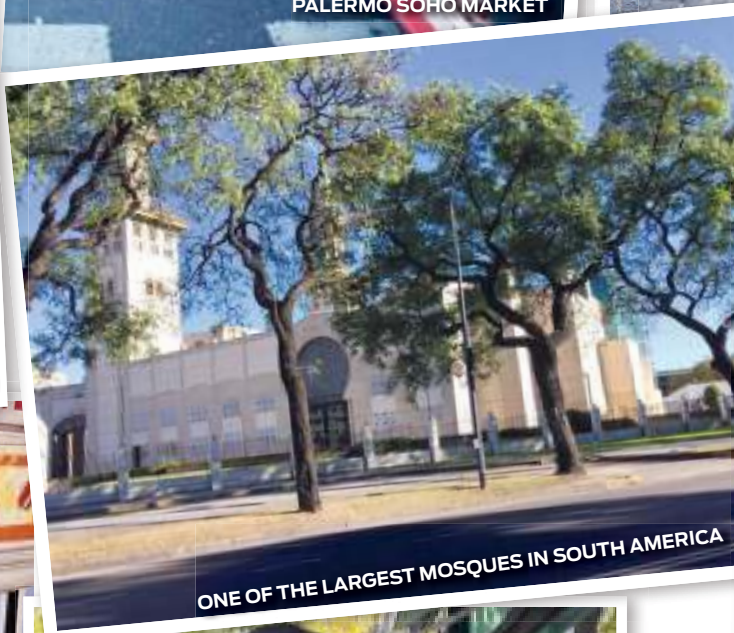
PALERMO SOHO MARKET



WALKING THE STREETS OF SAN TELMO



ARGENTINE ASADO



ONE OF THE LARGEST MOSQUES IN SOUTH AMERICA



MALBA MUSEUM



BREAKFAST AT FELICIDAD

there is a lot of choice there, too, as a lot of Argentines have Italian roots, so there's a lot of Italian influence in the city of Buenos Aires, and the pastas are to die for! A personal favourite of mine was an organic café by the name of Felicidad in Palermo Soho. They had the best breakfast there. Dulce de Leche is a popular dessert there, which is basically caramel that is eaten with everything, kind of like nutella, so Dulce de Leche pancakes are a gorgeous dessert and available at every restaurant!

of a hippy flair, which makes for super fun fashion. The shopping there is totally unique. Popular shops there are Awada, Uma, Jazmin Chebar Vitamina, Cher, Ay Not Dead to name a few, and some amazing boutiques and markets to check out as well within the Palermo area.

Best places to shop

The fashion scene is completely different to anything I have seen in the world. The Argentines seem to be a little stuck in the 70's and have a bit

What to pack

I packed somewhat sensibly, since I'm a terrible packer most of the time. Carried shorts, shirts and flats. I only carried one pair of heels which is a record for me, but as a tourist there I think it is best

to carry a comfortable pair of flats in which you can really explore the city. Since we went during autumn, I carried a couple of jackets for the night but the days were really, really hot!

Destinations to check out

I would definitely suggest checking out the Malba Museum, it features some amazing South American art, including a self portrait of Frida Kahlo which was one of the most fascinating things for me to see since I am a huge fan! I call her the selfie queen of the early-mid 1900's since she loved her self portraits so much! The live installations there were fabulous as well! Buenos Aires is also home to the largest mosque in South America, which is an interesting phenomenon. San Telmo is a popular tourist destination with great markets and cobbled streets, with many antique stores that are really fun to check out! They also showcase live tango there, which is beautiful. There was also an amazing weekend market in Palermo Soho.

The nightlife in Buenos Aires is a little too crazy for me so we didn't partake in that too much, however we enjoyed Isabel's which is a really nice lounge! All in all, just walking the streets of Buenos Aires is an incredible experience because the architecture is fascinating. You can tell that it was one of the world's wealthiest countries at one time based on the architecture itself. **OK!**

ART EVENTS & EXHIBITIONS

AROUND THE WORLD



▲ Jean Paul Gaultier: From the Sidewalk to the Catwalk

April 1st – August 3rd 2015, Grand Palais, **PARIS**

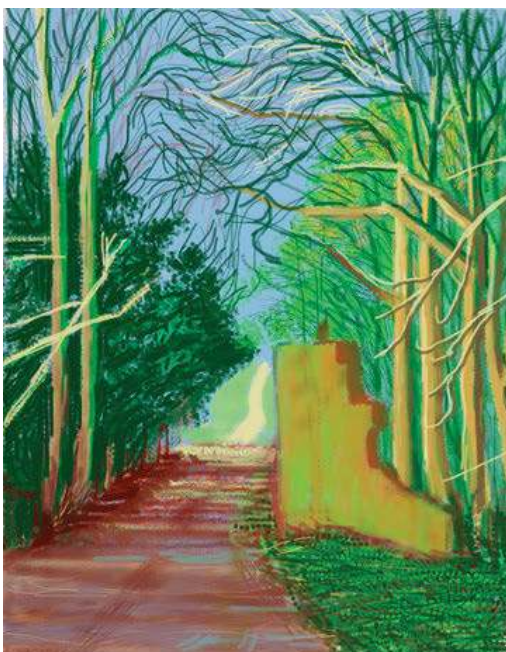
Fashion guru Jean Paul Gaultier brings his work from the runways to the museums of the world. *The Fashion World of Jean Paul Gaultier: From the Sidewalk to the Catwalk* will feature more than 140 superbly crafted garments in addition to photographs, sketches, stage costumes, excerpts from runway shows, film, television, concerts and dance performances. The exhibition will showcase a variety of Gaultier's work from the first dress designed in 1971 to his latest haute couture and ready-to-wear collection, including costumes worn by Kylie Minogue. Paris will be the 10th stop on the list.



▼ David Hockney: The Arrival of Spring

April 18th – June 6th 2015, Pace, **BEIJING**

David Hockney is a contemporary British visual artist. He spent many years in Los Angeles but returned to his British heritage where he continued to be inspired. This exhibition will feature iPad drawings and videos by one of the most important and celebrated living artists in the world. The exhibition will also feature the video installation, *Woldgate, Woods, November 26th* (2010), which was filmed with nine cameras attached to a moving SUV.



◀ Vincent Van Gogh: Irises and Roses

May 12th – August 16th 2015, Met, **NEW YORK**

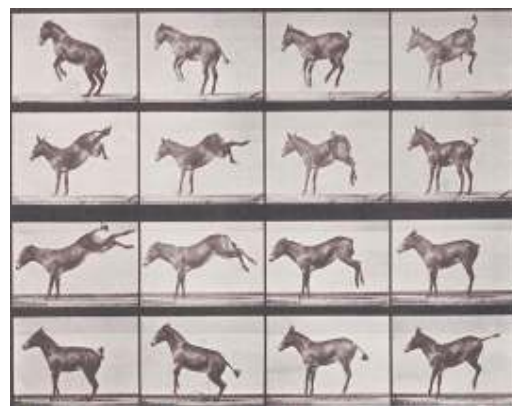
Vincent van Gogh is one of the most well-known post-impressionist artists, and his work has been showcased all over the world. This special exhibition, *Irises and Roses* will reunite four of Vincent van Gogh's iconic flower paintings. The group includes Metropolitan Museum's *Irises and Roses*, the upright *Irises* from Van Gogh Museum, Amsterdam, and the horizontal *Roses* from the National Gallery of Art, Washington, D.C. It will open 125 years to the week that Van Gogh announced to his brother Theo, that he was working on these "large bouquets".



▲ Tracey Emin: Where I want to Go

April 24th – September 14th 2015, Leopold Museum, **VIENNA**

Tracey Emin is a leading figure of the "Young British Artists" movement. Her work is inspired by her own biography; it speaks of unrequited love, suffering, longing and desire. Themes of provocation and sexuality are also common. The exhibition features entirely new works and installations, select drawings and written documents by Egon Schiele.



▲ Eadweard Muybridge: Animal Locomotion

April 23th – October 4th 2015, Pinakothek Der Moderne, **MUNICH**

Eadweard Muybridge has been acknowledged as one of the pioneers of motion photography. He was the first person to capture the motion of a galloping horse in a series of individual photographs. He went on to create a series of motion studies of humans and animals. His work has been considered a milestone in the history of photography and serves as a major reference point in science and art. This exhibition will feature a selection of 22 plates from Eadweard Muybridge's *Animal Locomotion* from the holdings of the Ann Jürgen Wilde Foundation.

Writer: Rukhsana Nigar

Director: Ahmed Bhatti



میرے درد کی تجھے کیا خبر

Cast: Rabab Hashim, Ahsan Khan, Hassan Ahmed, Farah Shah, Rubina Ashraf, Ayesha Khan, Hassan Niazi, Mizna Waqas, Shamim Hilali, Humaira Zahid, Ahmed Zeb, Ikram Abbasi and others.

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A RIVETING MEMOIR

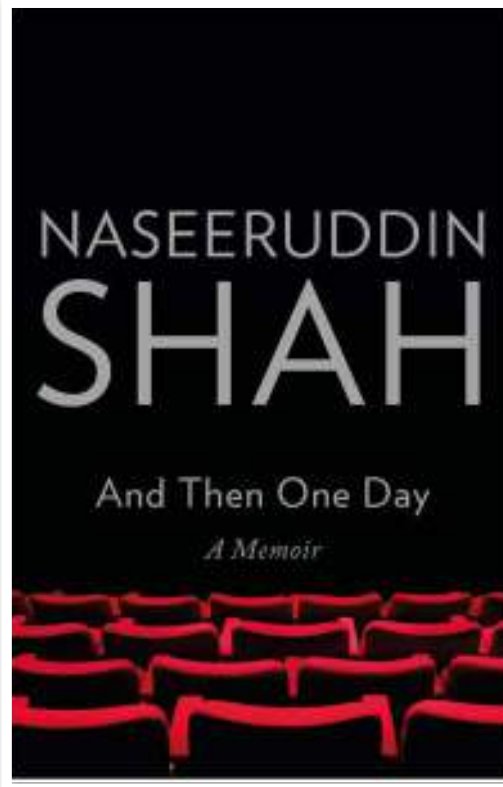
*Naseeruddin Shah's book, **And Then One Day: A Memoir** is written with rare honesty and spans the extraordinary journey of his life.*

Biographies, autobiographies and memoirs constitute a genre of writing which appears to be easy but is actually quite difficult to master. Even the most well known people fail to produce a good piece of writing when it comes to personal accounts of their life. Naseeruddin Shah, though, has done an absolutely great job at putting his memories together in such a way that the reader would not want to put the book down until the last page. *And Then One Day: A Memoir* is refreshing in its honesty and candidness.

Naseeruddin Shah gives a moving account of how he developed a passion for the arts at a very young age. When he writes about his missionary school in Nainital, with a beautiful description of the picturesque hilly area, Shah also describes his innate love for movies. Regularly watching the best of English movies twice a week inculcated in him a deep rooted appreciation for cinema, which he carries in his heart till date. Walking past the school hall, Shah would see his reflection in the sun and in the corridor's windows, and formed a sense of admiration for himself. A trait most actors develop, is to appreciate their own appearance and also their ability to act. Here Shah differs from many actors of mainstream Hindi cinema, where most heroes are larger than life and very handsome. Shah's appearance and talents go hand in hand, as he has always maintained that he looks nothing like the conventional Indian movie hero and also does not believe that commercial Bollywood fare is close to reality.

People who know Naseeruddin Shah are familiar with the style of work he has always undertaken and the difference in his approach. He has many commendable, thought provoking films to his credit, including *Woh Saat Din*, *Mausam*, *Bazaar*,

and *Ijaazat*. A prominent figure in Indian parallel cinema, Shah has won numerous awards in his career, including three National Film Awards, three Filmfare Awards and an award at the Venice Film



Festival. The government of India has honoured him with the Padma Shri and the Padma Bhushan awards for his contributions to Indian cinema. This book is written with frankness and honesty and will leave readers pondering over several thoughts. Shah does not shy away from writing

about his relations with women, drugs, and also his relationship with his father. He mentions his father throughout the course of this book and talks about how the rift between them grew deeper until his father's demise. The part where he talks to the grave of his father is definitely a well-handled emotional account and will move the reader.

Naseeruddin Shah went to India's best institutes for the performing arts, the National School of Drama, and the Film and Television Institute of India. Prior to these, he also attended Aligarh University in which he did well on stage but never bothered with his academics. Throughout his account he mentions his love for theatre and how he developed both as a person and as an actor; he also gives due credit to his friends, colleagues, directors and actors he has worked with, mentioning Ebrahim Alkazi, Shyam Benegal, Girish Karnad, Shabana Azmi and Om Puri. His passion for realistic cinema remains unchallenged and the work he has accomplished is indeed inspiring to people from all walks of life. May that be writing about working day and night for a character, so much so that he would sleep, eat and talk in the manner the character required and carried it on for days after the movie wrapped up. He also writes about his days in Bombay and describes the culture of the city and also of the world of movies.

The book doesn't leave romance behind as Shah describes his love for Ratna Pathak. Shah leaves no stone unturned as he describes his first marriage and the birth of his first daughter, Heeba. The emotions described as a young father, and accepting his cold behaviour and negligence of duties must have been difficult to narrate, which the reader will feel is done with utter honesty.

And Then One Day is a well-packaged book that is truly worth a place on your bookshelf! **OK!**

TEXT: ZAINAB SULEMAN SHARIF

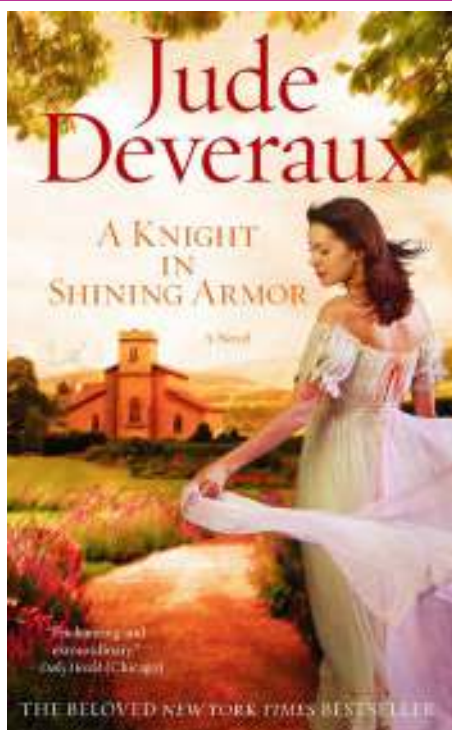


Hillary Clinton, *Hard Choices*

The book is a personal account of Hillary Clinton's four years as America's 67th Secretary of State. The bits where she shares the details of diplomatic conversations is highly informative and educative. The book is inspiring because it has a certain upbeat tone to it which makes you want to do something positive. The book also pitches Hillary as the next candidate for President of the United States of America.

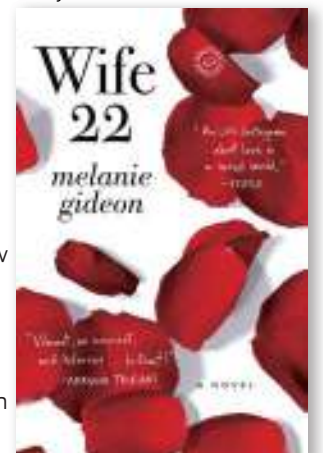
Jude Deveraux, *A Knight in Shining Armor*

A purely romantic novel woven beautifully between two different centuries. Dougless Montgomery, a modern day woman, is abandoned by her boyfriend and finds herself lost when she meets the Earl of Thornwyck, Nicolas Stafford. The story takes off when they are both drawn to each other for unknown reasons but they silently know they don't belong together.



Melanie Gideon, *Wife 22*

A perfect summer read, which is light hearted and entertaining. How a woman loses and subsequently finds herself in a 'mid-life' crisis. How the writer weaves the story around Google searches, Facebook status posts and yahoo forums makes the story believable and interesting. The questions of the 'Researcher 101' and how the story develops keeps the reader engrossed in the book.



NEW SEASON...

NEW PROGRAMS



زندگی سے کرو پیار...



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زندگی سے ملو...

OK! WORLD IN ACTION



A 7.8 MAGNITUDE EARTHQUAKE DEVASTATES NEPAL



JORGE LORENZO WINNER OF FIM MOTORCYCLE WORLD CHAMPIONSHIPS



KANGAROO DUNDEE AKA CHRIS 'BROLGA' BARNES
FOUNDER OF THE KANGAROO SANCTUARY IN AUSTRALIA



VOLCANIC ERUPTION IN CHILE



FLOYD MAYWEATHER DEFEATS MANNY PACQUIAO IN A BOXING MATCHUP



BYRON DILKES WINNER OF U.K NATIONAL AWARD FOR PHOTOGRAPHY

PHOTOGRAPHS: WENN, AFP

OK! ASTROLOGY & TAROT

Mariam Aftab puts your cards on the table

Aries

Mar 21 – Apr 20

This month, try to enrich your life by expanding your emotional range. How many emotions do you consistently feel in an average month? Make a list. Now review it. If you have fewer than a dozen emotions, add those that you'd love to experience on a more consistent basis. Most people experience only a fraction of the thousands of emotions available to them.

Lucky Numbers: 1,5,9

Aromatherapy oil of the month: Frankincense

Antidote for evil eye: Burn lemongrass incense in office area

Cancer

Jun 22 – Jul 23

This month is a month of change. Any time we make a change in our lives, others in our environment will either be a help or a hindrance to our making permanent progress. If they continue to think of us in the same way as they have in the past then their sense of certainty (beliefs) about who we've been can actually serve as a negative anchor, temporarily pulling us back into the old limiting emotions and beliefs that were once a part of our identity.

Lucky Numbers: 3,6,9

Aromatherapy oil of the month: Peppermint

Antidote for evil eye: Bathe with sea salt

Libra

Sep 24 – Oct 23

This is the month of focus. Whatever we focus on determines how we feel. And how we feel – our state of mind – powerfully influences our actions and interactions. Rather than jumping to conclusions, consider all the possibilities and choose to focus on one that will empower you and those you care about.

Lucky Numbers: 5,7

Aromatherapy oil of the month: Garlic
Antidote for evil eye: Rotate 7 chillies clockwise over crown chakra and burn on stove

Capricorn

Dec 22 – Jan 21

This month will facilitate you to travel into the future, clear minded and strong. Be relaxed and take time out for your hobbies and creative activities. You will open up communications with someone who will be important in the future. You must try to get out of town for a relaxing end of the month. It's beginning to get embarrassing.

Lucky Numbers: 3,5

Aromatherapy oil of the month: Sweet grass

Antidote for evil eye: Keep a money plant in office area

Taurus

Apr 21 – May 21

You are not able to disguise your astonishment when you begin receiving romantic signals from an unexpected source, but you will be pleasantly surprised if you decide to follow through. Visiting a sick relative will bring happiness for you both. Don't let a colleague's snide criticism weigh too heavily on your mind – after all, he's not exactly Mr. Personality himself.

Lucky Numbers: Series of 3

Aromatherapy oil of the month: Lemongrass

Antidote for evil eye: Burn Sandalwood incense at the entrance of your home

Leo

Jul 24 – Aug 23

Just when you are at your lowest ebb in the face of an emotional family crisis, a loved one comes through for you like an angel of mercy. Let it be a decision-making month. The more decisions you make, the better you will become at making them. Muscles get stronger with use, and so it is with your decision-making muscles.

Lucky Numbers: 1,2,3

Aromatherapy oil of the month: Ginger

Antidote for evil eye: Bathe with sea salt

Scorpio

Oct 24 – Nov 22

The focus on this month is comparison. Learning is the process of creating a relationship between something you already understand and something new, and one way to do this is to use a story for comparison. Next time you're confused, ask, "What's this like? Can you give me a story?"

Lucky Numbers: 3,5

Aromatherapy oil of the month: Sage

Antidote for evil eye: Keep a money plant in office area

Aquarius

Jan 21 – Feb 19

You must insist that you'd rather develop a simpler and more casual relationship. Your creative juices are flowing generously; so don't be afraid to take on more than one freelance project at a time. You just have to forgive a shamefaced boyfriend who apologises with flowers and a letter that brings tears to your eyes.

Lucky Numbers: Series of 3

Aromatherapy oil of the month: Lavender

Antidote for evil eye: Keep blue agate in your bedroom

Gemini

May 22 – Jun 21

One of your childhood sweethearts shows up this month sending you into nostalgic bliss. This month is a month of meditation on "What's most important to me in life?" Brainstorm your answers, keeping in mind that you want to discover your end values and the emotional states you most desire to feel.

Lucky Numbers: Series of 2

Aromatherapy oil of the month: Ylang ylang.

Antidote for evil eye: Rotate 1 ½ kg red meat over crown chakra and throw to birds of prey every Monday

Virgo

Aug 24 – Sep 23

This month, experience to live each day to its fullest by squeezing all the joy you can out of each moment. Instead of measuring your life's value by your progress towards a single goal, remember that the direction you are headed in is more important than temporary results. What is your current direction? Are you moving towards your goals or away from them? Do you need to make a course correction?

Lucky Numbers: 3,7,9

Aromatherapy oil of the month: Vanilla

Antidote for evil eye: Burn rosemary oil in bedroom area

Sagittarius

Nov 23 – Dec 21

Learn to turn a hypothesis to your advantage and ask yourself, "How is this experience perfecting my skills?" All human progress is preceded by new questions and life's work is the result of asking questions. An older and wiser colleague comes up with the perfect solution to a problem that's been bugging you for months.

Lucky Numbers: 1,9

Aromatherapy oil of the month: Tea tree cedar wood

Antidote for evil eye: Keep a red wallet for financial gain

Pisces

Feb 20 – Mar 20

It's important that you're not late for work this month – big changes are afoot, and you figure prominently in the new plans. Is there an area of your life you'd like to measurably improve – such as your finances or relationships – but something seems to be holding you back? Write your answer on a piece of paper and draw a line down the center of the page. On the left, list all the negative emotions you have about it, and on the right the positive.

Lucky Numbers: Odd numbers

Aromatherapy oil of the month: Rosemary

Antidote for evil eye: Wear pink amethyst



MISBAH-UL-HAQ,
MAY 28, 1974



FATIMA BHUTTO,
MAY 29, 1982



DAVID BECKHAM,
MAY 2, 1975



NIKKI REED,
MAY 17, 1988

PHOTOGRAPHS: GETTY



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