

**OK!**  
PAKISTAN  
FIRST FOR CELEBRITY

ISSUE 19, NOVEMBER 2015

Bapsi Sidhwa  
ON WRITING  
& IDENTITY

Daniel Craig  
ON SPECTRE

Chris Evans  
"ACTING IS A  
HARD BUSINESS"

Adnan Malik  
A DIRECTOR WITH A  
KNACK FOR ACTING

Amna Babar

ON STYLE &  
SUPERPOWERS



**OK! EXCLUSIVE**

# AMIR & FARYAL

TWO-TIME BOXING WORLD CHAMPION AMIR KHAN & HIS WIFE FARYAL MAKHDOOM ON LIFE, PARENTHOOD & FUTURE PLANS







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# Editor's Note



**T**wo-time boxing world champion Amir Khan and his fashion blogger wife, Faryal Makhdoom are our cover stars for the month. In this exclusive interview, they open up about the joys of first time parenthood, and shed light on their upcoming projects: a boxing academy in Dubai is in the pipeline, and Faryal is all set to launch her very own lipstick brand. In the coming years, the couple intend to focus more on their charity concern, the Amir Khan Foundation. "I build orphanages, and the first one is in Gambia," says the world champion. "So what I really want Faryal to do is to get involved in that because I want her to realise how fortunate we are to live a really good life."

We are happy to bring you a conversation with renowned novelist Bapsi Sidhwa, whose works include *The Crow Eaters*, *Water*, and the *Ice-Candy Man*. Bapsi Sidhwa is a legend in her own time and talks at length about writing, identity and growing up in Lahore. "Since I have lived the largest part of my life in Pakistan," she shares, "my Pakistani identity is strong", and adds that if there was an ideal place where she could live, "it would be like Lahore as it was when I lived there, and the hills for the summer".

Most of the Pakistani movies released this year have done well, with a few going on to attain blockbuster status. Our list this time features the country's silver screen stunners; these are the young women who are playing a pivotal role in the resurgence of Pakistani cinema. Mehwish Hayat, Saba Qamar, Armeena Khan, Humaima Malick, Mahirah Khan and several others have talent, good looks and personality, and add tremendously to any project they take on.

## Editor's Picks



*Kavalier Laser Cut  
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full-size pashmina shawl*

*Bath & Body Works  
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*Molton Brown  
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We have an exciting line-up of interviews this time: Grammy award winning singer Alicia Keys elaborates on the inspiration behind her work, her upcoming album and how important family is to her. We also profile Daniel Craig, who talks about his role in the latest James Bond movie, *Spectre*, his 007 legacy, plus what the future holds for him. Don't miss our interview with Chris Evans aka Captain America, who recently made his directorial debut with *Before We Go*. Giving insight into his experience as a director, he says, "I'm absolutely in love with it and the lessons I've learned and the tools I've adopted from this one, I'm very eager to tackle the next one. Who knows how that will evolve and change."

In addition to our regular health, travel and beauty pages, one of the highlights of this edition is a special style round-up based on fashion weeks around the globe.

Enjoy the issue!

*Sara*

Sara Amir Turab Ali  
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Printed by Atlas Printing Press L.L.C, Dubai

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## Sharmeen Obaid Chinoy's film nominated for the 88th Academy Awards 2016

Acclaimed Pakistani filmmaker and Academy Award Winner Sharmeen Obaid Chinoy's latest documentary *A Girl in the River* has been shortlisted for nomination for Best Documentary – Short Subject for the prestigious 88th Academy Awards.

The SOC Films and Home Box Office (HBO) production film, *A Girl in the River: The Price of Forgiveness*, is based on the controversial practice of honour killing in Pakistan. With acclaimed journalist Tina Brown and renowned documentary producer Sheila Nevins as the Executive Producers, the documentary follows the story of an eighteen-year-old girl, a rare survivor of an honour killing attempt, who falls in love and lives to tell the tale. Every year more than a thousand women are killed in the name of honour in Pakistan. The vast majority of victims are women who are attacked by family members.

"*A Girl in the River: The Price of Forgiveness* is a film that resonates with me deeply. It's a film about the kinds of choices we women have in the world and how our lives are impacted by the decisions taken by others," said Sharmeen Obaid Chinoy.

Chinoy has previously won Pakistan's first Academy Award for her documentary *Saving Face* at the 84th Annual Academy Awards in 2012. She also has an Emmy award to her credit along with making various multi award-winning films in over 10 countries.

*A Girl in the River: The Price of Forgiveness* is set to air on America's premier television cable network HBO, in 2016.



### Sharmeen Obaid Chinoy's

*"A Girl in the River: The Price of Forgiveness"*

Short-listed for 'Best Documentary Short' at the  
**88th Academy Awards.**



## Ali Kazmi to do voice over for Angelina Jolie and Brad Pitt's animated Hollywood film

Son of famous veteran Pakistani actor and celebrity Rahat Kazmi and producer Sahira Kazmi, Ali Kazmi has followed his talented parents' footsteps and set out to show his acting capabilities in a different way. Kazmi has signed an animated Hollywood film by the power couple Brad Pitt and Angelina Jolie for which he has been casted as a voice over actor.

It is reported that the movie is based on the war in Afghanistan and includes the voices of glittering Hollywood celebrities. The animated feature film is based on the novel by Deborah Ellis, called *The Breadwinner* and is directed by Oscar nominated director Nora Twomey.

Ali Kazmi recently finished shooting in the US for Director Mehreen Jabbar's movie *Dubara Phir Say*. The actor has been cast in a number of Bollywood movies alongside high profile names of the entertainment industry including acclaimed director Deepa Mehta's movie *Beeba Boys*, Rohit Jugraj Chauhan's *Sardaar Ji* and Ajay Devgan's *Shivaay*. Ali has also starred in international movies such as *Pride of Lions*, also known as *Dependables*.



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# Pakistani women emerge victorious in Canadian general elections

Canada's Liberal Party rose to victory in the general elections defeating Stephen Harper's ruling Conservative Party. Two Canadian women of Pakistani origin Iqra Khalid and Salma Zahid have won in the country's general elections in their respective constituencies.

Iqra Khalid won from her Erin Mills constituency in Mississauga, while Salma Zahid also attained victory from her seat in the Federal Riding of Scarborough Centre constituency. Salma won the riding for almost 20 straight years before it went to Blue Tory in the last election. Iqra appeared to be the youngest candidate for the Liberals participating in the general elections.

The two parties went toe-to-toe all evening but the Conservative Party's perceived anti-Muslim agenda could have cost it the riding populated by the Muslim community.



# French star Abbas Hasan signs deal with the Pan-Asian Film & Music Awards Academy (PAIFMA)

The award-winning artist Abbas Hasan has signed a deal with the Pan-Asian Film and Music Awards Academy (PAIFMA). The awards academy have recognised Abbas Hasan as one of the top Asian artists in the UK and are featuring him as one of the leading young artists to watch out for. He is now an official brand ambassador for the awards academy.

Previously, the Canadian Broadcasting Corporation (CBC) also named Abbas as one of the top Asian artists to watch and he won the Artist of the Year award last year. From number one hit singles to touring with the likes of Shahrukh Khan and Priyanka Chopra, Abbas Hasan even headlined at the Times of India Film Awards.

"It's such an honour to be recognised by the Pan-Asian International Film and Music Awards academy. Of all the honours I've held over the past few years, it feels extra special to have the academy supporting my work and my releases, as my belief is that music and the arts are intended to bring people together and break boundaries. As an Asian artist this message rings true to everything that I do", commented Abbas Hasan on the announcement.

After jetting off to Hong Kong and Australia as part of being one of the new faces of international fashion brand Mastrioni, Abbas is set to return to London to release his highly awaited new single *Sweet Girl*. The international star seems to have no boundaries!



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# HOLLYWOOD CONFIDENTIAL

## A Wedding On The Cards For Leonardo

Since George Clooney walked up the aisle last year, there's no doubt that Leonardo DiCaprio has inherited his eternal bachelor title. But, according to pals, that could all be about to change. Friends of the couple have revealed that the 40-year-old *Inception* star has gone down on one knee, and popped the question to his 25-year-old model girlfriend of four months, Kelly Rohrbach. "It wasn't planned," an insider spilled of the rumoured proposal, which is said to have taken place in an Italian restaurant in New York last month. "It just happened. They were enjoying a bottle of red and engrossed in conversation as usual – it's pretty obvious that they're in love from the way they're always smiling at each other. And then Leo paused and looked at her, and said he wanted to spend the rest of his life with her. Kelly was shocked, but Leo convinced her that he meant it, and she agreed."

But what is different about Kelly? The source went on to add, "[She is] incredibly smart and she really understands Leo – she shares his passion for tackling social issues like global warming and world poverty. They connect on an intellectual level, which is new for him. She's much more than a pretty face." "They've been discussing wedding plans though nothing is set in stone," a second insider spilled of the actor, who is starring in *The Revenant* this autumn, a movie which is expected to land him his sixth Oscar nomination. "Leo is unbelievably happy," they added. "He tells everyone she's hot, she's smart and his mum loves her."



## Kaley Cuoco & Ryan Sweeting Call It A Day

After a whirlwind romance and 21 months of marriage, Kaley Cuoco, 29, and her tennis pro husband Ryan Sweeting, 28, are filing for divorce. "Kaley Cuoco and Ryan Sweeting have mutually decided to end their marriage," *The Big Bang Theory* actress' rep said. "They ask for privacy at this time. No further statement will be issued regarding this matter." It seems that many blame rumours of Ryan's "gold digging" from the actress – who earns a staggering amount per episode for *The Big Bang Theory*. "Ryan has a credit card, which Kaley pays off each month," a source close to the couple, who have not disclosed whether they do or don't have a pre-nup, spilled. "His friends tease him, telling him it's like a tracking device so she can keep tabs on where he's been." "Kaley goes through the bill with a fine-tooth comb because there are certain things she won't let Ryan spend her hard-earned money on," they added. "If he wants to sneak off to the bar with his guy friends, Ryan makes sure to do that on his own dime."



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## Renée Zellweger Back On The *Bridget Jones* Set

After a very long 11 years since the release of *Bridget Jones: The Edge of Reason* (the sequel to *Bridget Jones's Diary*), Renée Zellweger has donned her granny pants once again for the next installment of the beloved chick-lit heroine's story – *Bridget Jones's Baby*. Based on author Helen Fielding's columns, not her most recent book in the series, the third *Bridget Jones* movie is currently being filmed in the UK, and has seen Renée pictured on-set alongside *Grey's Anatomy* star Patrick Dempsey. Said to have replaced Hugh Grant's Daniel Cleaver as love rival, Patrick's character is rumoured to be fighting Colin Firth's Mark Darcy for Bridget's affections. An official snap has been released of Bridget holding a bright red iPad, a replacement for her infamous red diary. And the Texan-born actress has been snapped sporting a sizable baby bump during filming. Due for release next year, we can't wait to see the unlucky-in-love character tackling motherhood with her trademark comic over-confidence!

## Johnny Depp's Fatherly Fears

As his 16-year-old daughter, Lily-Rose's fashion and film career gains momentum, it seems that not even Hollywood megastars like Johnny Depp are immune from the natural concerns of parenthood. In a recent interview, the *Black Mass* star - whose teenage daughter is a fledging movie star with a role in horror-comedy *Yoga Hosers* as well as being a Chanel muse - opened up about his nerves relating to his daughter's career. "To be honest, I'm quite worried," the 52-year-old, who recently married actress Amber Heard, told German magazine, *Gala*. "I wasn't expecting all this to happen to Lily-Rose, especially not at this age. But it's her passion and she's having fun." The protective father, who split from his partner and mother of his two children, Vanessa Paradis in 2011, went on to add, "She knows I'm always there for her."



## Fashion Week Selfies: New York, Milan, London & Paris

From Kris and Kendall Jenner's decadent dinner with Valentino to North West getting snap happy backstage at her dad Kanye's NYFW show, we officially have major fashion week envy. Here, we've gathered the glammest shots from the FROWs of the Spring/Summer 2016 shows throughout the month. With Anna



KARL LAGERFELD & CARA DELEVINGNE



MARIO TESTINO & ANNA DELLO RUSSO

Dello Russo showing off her ultra-cool outfit for her final day in Paris; Gigi flaunting flawless airport style as she hops from Milan to the French capital and Cara cosying up to Karl Lagerfeld at the Chanel Airlines show, this season the style pack were click-click flash fabulous.



LIU WEN, GIGI HADID, KENDALL JENNER & JOAN SMALLS





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**KARACHI**  
*Trick or Treat*  
Renowned beautician Nabila Maqsood hosted a fabulously fun Halloween party at her beauty headquarters in Karachi. The event was attended by the country's big names from the fashion, film and television industry.



SARA HAIDER & ADNAN PARDESY



KIRAN AMAN & NIDA AZWER



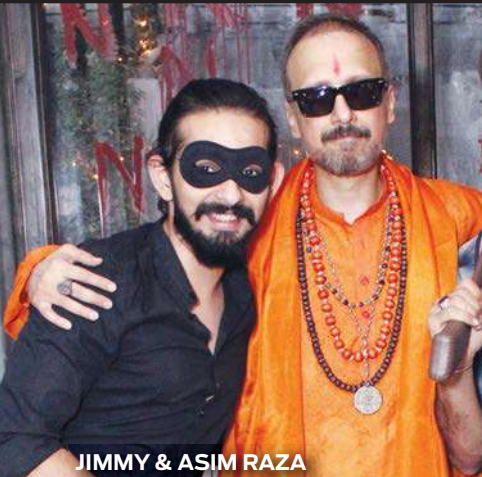
FARAZ & MANTAHA



MAHIRAH KHAN & SHEHERYAR MUNAWAR



KIRAN IKRAM & AFZAL LEGHARI



JIMMY & ASIM RAZA



AMIN GULGEE



FREIHA ALTAF



NASIR, FAHAD & SARWAT GILANI



ATIF KHAN & NADIA HUSSAIN



MUSHARAF HAI



MR & MRS. AMEAN J.



MOHSIN ALI, ATHER HAFEEZ & SANA HAFEEZ





MOHSIN SAEED, SHAMOON SULTAN & ZAHIR RAHIMTOOLA



MAHNAZ, IMAN & NADIR FEROZE



NATASIA KHALID & SAMRA MUSLIM



MR. & MRS. AAMIR RAUF



MAIRA PAGGANWALA, ANUSHKA TALPUR, ALZIEH PASHA & ZAINAB HASHMI



MEER ANSARI & HIRA TAREEN



ANUSHEH SHAHID



FIA KHAN & QASIM



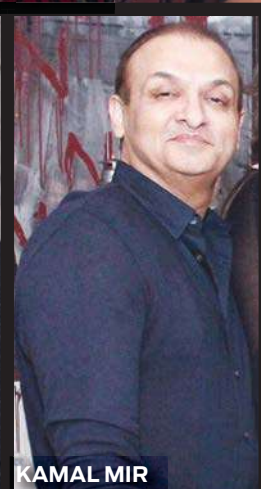
MEHWISH & DANISH HAYAT



HUMA ADNAN, AMIR ADNAN & SHEHNAZ ISMAIL



SEHAR & SAAQ



KAMAL MIR



SANAM & MAHA



ZAHEER ABABS



FOUZIA AMAN



KAMRAN



SANA BUCHA



SEEMA & SHAKEEL



AYESHA, SOMAYA & SADAF KANWAL





NIDA AZWER



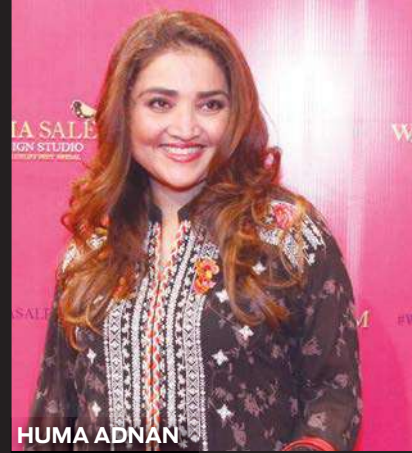
SHARMILA FARUQI



WARDHA SALEEM



SHEHLA CHATOOR



HUMA ADNAN



SANIA MASKATIYA & UMAIR TABANI

## KARACHI

### New Studio on the Block

Wardha Saleem's design studio is the newest addition to Karachi's fashion scene. The designer put forth her prêt, luxury prêt and bridal collections, which were viewed at the launch by the fashion and showbiz fraternity.



SHEHNAZ ISMAIL & ALI ASGHAR



SAFINAZ MUNEER



TEHMINA KHALED, TAPU JAVERI & NIGHAT MISBAH



LAIQA HASAN, ZAINAB CHOTTANI & ATIQA HABIB



TARA UZRA DAWOOD



BUNTO KAZMI



ZAHIR RAHIMTOOLA



FAIZA SAMEE



POMME & ZURAIN IMAM



UMAR SAYEED



AAMNA AQEEL



FARIEHA ALTAF & SADAF MALATERRE



NUBAIN ALI & SHEREEN SALEEM





RUBAB MASOOD



MAHEEN KHAN



MOHSIN SAYEED



SEEMA & SAFIA ARBAB , DR MUMTAZ & RUKHSANA JAM



NAUSHEEN SHAH



AAMIR LAKHANI, MUNEEERA, ZAHEER ABBAS, SABA & KAUKAB ANSARI



MASOOMA ADAMJEE



AREEBA HABIB



MANSHA PASHA



RAANA KHAN & AYAZ ANIS



FAUZIA & ASAD TAREEN



MOHSIN ALI



ABEER RIZVI



MANTAHA MAQSOOD



FATIMA & NADIR TOOSY



RUKAIYA ADAMJEE



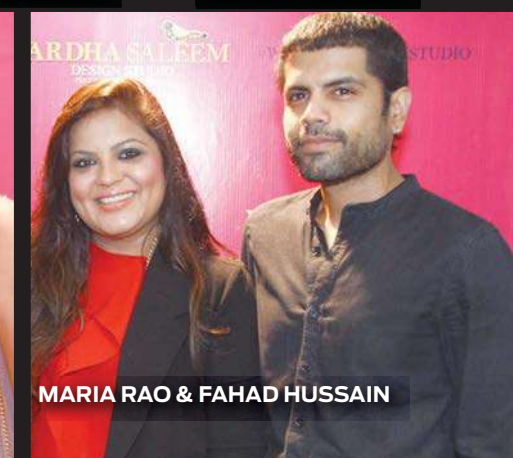
ADNAN PARDESY



SAROSH

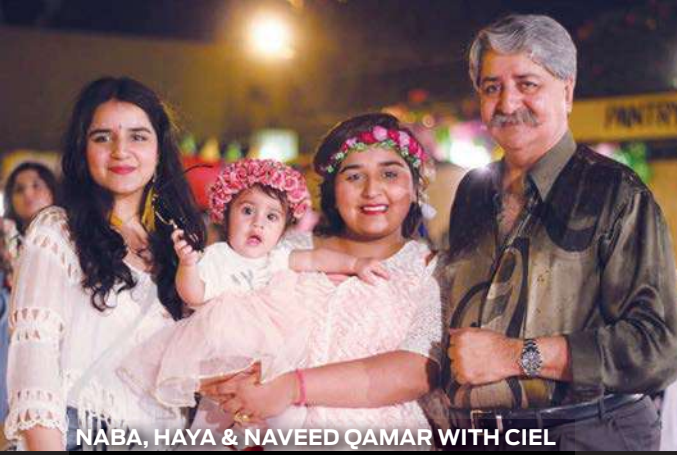


TOOBA & IMRAN KUREISHI, SONYA & MULL



MARIA RAO & FAHAD HUSSAIN





NABA, HAYA & NAVEED QAMAR WITH CIEL



SABA OBAID & HAPPY QAMAR



MISHAYL NAEK & KAHIF CHINOY

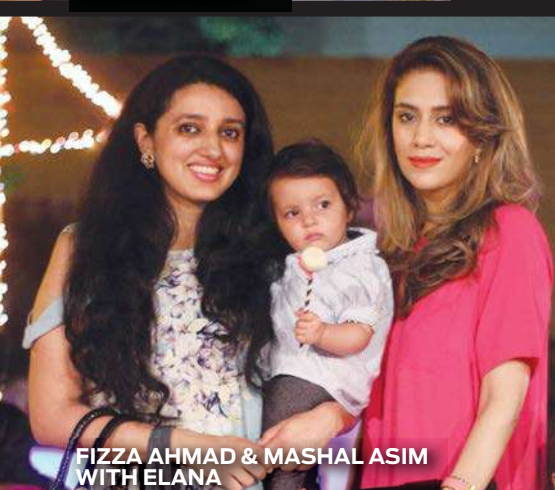
## KARACHI

### Ciel's Coachella

Maira Pagganwala and Qassim Shah recently celebrated their daughter's 1st birthday by hosting a Coachella-themed party.



SEHR PIRZADA & MAHA AHMAD WITH EDEN



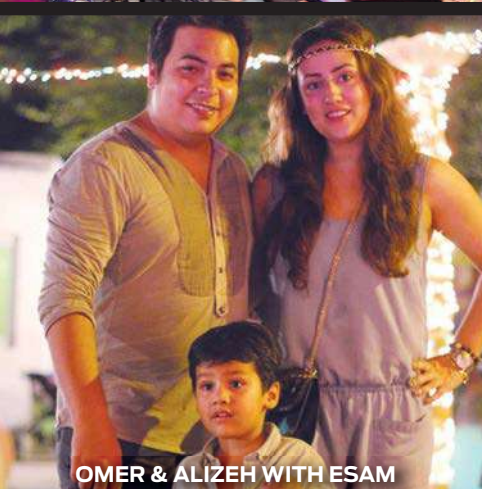
FIZZA AHMAD & MASHAL ASIM WITH ELANA



MAIRA PAGGANWALA, CIEL & QASSIM SHAH



SABEEN LALLJEE & BAKHTAWAR BHUTTO ZARDARI



OMER & ALIZEH WITH ESAM



NADIA MERCHANT



NATALIA PAGGANWALA



MARYAM PAGGANWALA, ASMA & AYESHA MIR



SASHA BARKAT WITH NATALIA



ASMA MALIK & MEHNAZ BABAR



SUNAINA ASIM, AYESHA DAWOOD & MISHA LAKHANI





DUA & RABEEL



MOMINA TELI



MAIRA PAGGANWALA & CIEL



MEHREEN OBAID & SAMIRA REHMAN WITH SOPHIE & REYA



ZAMIN ZAIDI



NADA HASAN TAI & CYRA ALI WITH SCELINA & ZIDANE



SABAH GAILANI WITH ZARA



HADEES & HUSAIN WITH ABDUL



ZARA SAEED



UZMA JAMIL & MARIUM HAMID



MAHEEN ADAMJEE WITH LEAH



RUMEENA ISHTIAQ WITH ESHAL



MALIHA ISMAIL & HUMA DAWOOD WITH QASIM & ALI



SEHAR AHMAD WITH ZAYED, ZAYAAN, LAILA & MISHAL



SANA OBAID WITH NAEL



MAHJABEEN OBAID WITH ELLA, ARIANA & AMELIA



ZAINAB HASHMI



NEHA V. KHALID WITH AYLA







SHEHERYAR MUNAWAR



MAHIRAH KHAN



MEHREEN & FAKHIR



NIMRA BUCHA



ASIM RAZA

## KARACHI

### Ho Mann Jahaan

The much-awaited theatrical trailer of *Ho Mann Jahaan* was recently released at Cinepax in Karachi. Releasing on the 1st of January, the musical portrays an enthralling tale of three friends pursuing their passion and dreams.



HUMAYUN SAEED



MUNAWAR SIDDIQUI & ADEEL HUSSAIN



SAMRA MUSLIM & IRFAN MALIK



FEEHA JAMSHED



YASIR HUSAIN



JERJEES SEJA



FAIZAN & JIMMY



ASFAND, MOHSIN & SAMRA



BILAL ASHRAF





ANOUSHEY ASHRAF & RUP MAGON



MEHNAZ, RUKAIYA ADAMJEE, FRIEHA ALTAF & SADAF MALATERRE



NADIA HUSSAIN & ATIF KHAN



SABEEKA IMAM & ALI ZAFAR

## KARACHI

# LSA After-Party

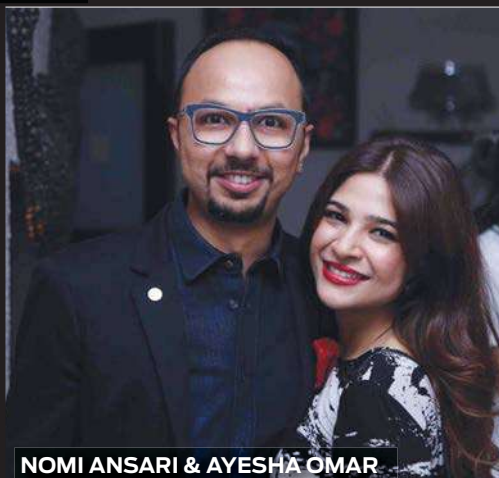
Celebrities from across the country celebrated the success of the 14th annual Lux Style Awards at an after-party organised by Frieha Altaf. The event was attended by performers, nominees and winners who enjoyed the star-studded night out.



BILAL & URWA HOCANE



DEEPAK PERWANI



NOMI ANSARI & AYESHA OMAR



MAHIRAH KHAN & FEEHA JAMSHED



ZARA SHAHJAHAN & AMMARA HIKMAT



ASAD UL HAQ & SIKANDAR RIZVI



TARA MEHMOOD



HUMAYUN SAEED



YOUSAF SALAHUDDIN, HIRA IJAZ & KIRAN BUTT



AYESHA KHAN & FIA KHAN



HAMZA ALI ABBASI



MOAMMAR RANA

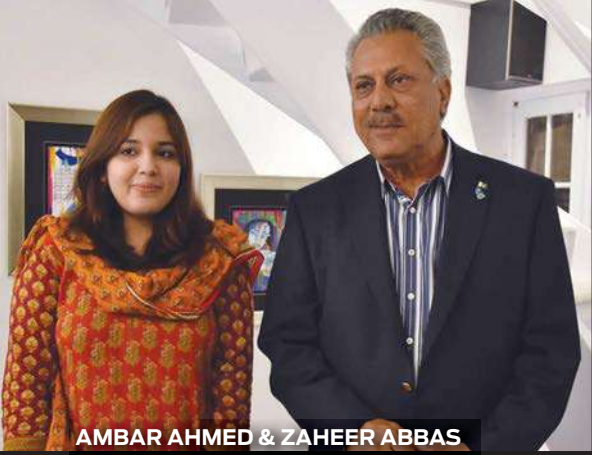


NESHMIA & HAYA SAIGOL



SADAF KANWAL





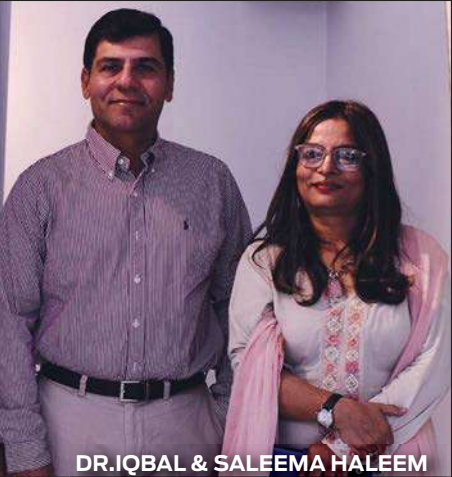
AMBAR AHMED & ZAHEER ABBAS



DR. SARAH & SEEMA HALIM



REHANA LAFONT, RUKHSANA DAVID & DR. AYESHA SIDDIQUI



DR. IQBAL & SALEEMA HALEEM

**LAHORE**

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## Unicorn Gallery

Unicorn Gallery officially launched its Lahore branch with a spectacular debut exhibition *'Reverberations'* featuring international artists including Jean Claude Novaro and Senaka Senanayake.



RAO MUHAMMAD ILAHI & MIAN IJAZ UL HASSAN



DR. HUMAIRA



HASNAIN



MEHAK RIZVI



QUDSIA, SEHR & FATIMA



RABIA & SHAGUFTA HASAN



NASIR



SHAHAB & HAFEEZ



USAMA KHAN & MEHAK SAEED



TANIYA & SOHAIL BUTT



ZARRAR KHURO, ERUM & SHAMYL ALAM



SARKEES & MANSOOR



A modern wardrobe with sliding doors, featuring a red and white color scheme. The wardrobe is open, revealing a well-organized interior with hanging clothes, shelves, and drawers. The brand name 'raumplus' is visible on the top of the wardrobe.

raumplus

# Raumplus Range

Interwood brings you tailored wardrobes with sliding doors and customizable walk-in closets to suit your every need. Providing a barrier free wardrobe structure complemented by elegant soft closing doors, the Raumplus Technology allows optimum space utilization with double the space that any regular wardrobe offers while giving an aesthetically pleasing look to your room.



Sliding Doors | Customizable | Soft closing | Easy Accessibility | Extensive Range of Designs

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NINA KHAN & SANAM CHAUDHRI



SARAH SHARIEF, SARAH TARIQ KHAN & FAIZA MALIK



SHEZRAY HUSAIN & UMAIR TABANI



KASHISH HEMNANI

## DUBAI

### Diwali at Ensemble

Faiza Malik of Ensemble Dubai organised a trunk show at the Dubai outlet for Diwali. Renowned designers from Pakistan attended the event and showcased their latest collections.



ANNIE MANSOOR



FARIYAL MURAD



DANIA, AAMIR & EHTESHAM



MEHREEN NOORANI



SADIQ SALEEM & ZARMINEH



REHAAB & ROHA DAUD



NAZNEEN TARIQ KHAN



SADIA BUTT



SAMIA SHAHNAWAZ, MAHVISH GUL AIKAL & ALEENA SHAH



SABAH ZAMAN & ZAINAB CHOTTANI



ALICIA



MEHWISH USMAN



MALIHA AZIZ



MEHREEN MALIK





SUKESHI PABARI & MR PABARI



MAHAM MALIK & SHAZEE MALIK



HAJIRA AHMAD, NADIA MALIK & HAJRA LALLJEE



SOFIA QAYYUM & ILMAAS

## LONDON

# Pakistani Fashion comes to London

London's 8th Pakistan Fashion Week took place at the prestigious Central Hall Westminster, which is London's 17th century architectural gem. The successful event brought light to some of Pakistan's premier fashion labels.



SHUMAILA MUNIR & TARIQ MOHAMED



SHAHID MALIK



FOUZIA AMAN & RANA NOMAN



SHIVANI AHLUWALIA & RABIA MALIK



SAIRA HAUQE ALI & AMIR MAZHAR



SHAH SHARAHBEEL & NINA AKBAR



UZMA RAMZAN, SAHAR FARID & NADYA FAISAL



CHRIS EAST, ADNAN ANSARI & SAHIBA



FAIKA KAREEM & SHAZIA KIYANI



ERUM KHAN



BABAR & AMIR HASHMI



SARA KHAN





# Amir & FARYAL

**“Fatherhood has given me  
motivation to work harder”**

British boxing legend Amir Khan and wife Faryal Makhdoom let *OK!* in on why Floyd Mayweather is afraid to fight Amir Khan, their Dubai dreams and how they love being parents...









AMIR KHAN DURING A PHOTO CALL TO LAUNCH THE BURTON MENSWEAR COLLECTION AT THE BURTON MENSWEAR STORE IN LONDON



Two-time boxing world champion Amir Khan has truly made his mark on the sporting world, so when we had the chance to catch up with him and his fashion blogger wife, Faryal Makhdoom at Jumeirah Beach Hotel's stylish hotspot, 360°, we simply couldn't resist. We quizzed the 28-year-old boxer on the joys of first-time fatherhood and why he's no closer to getting rival Floyd Mayweather into the boxing ring – and it's not down to him!

Here, the new parents reveal all about their recent trip to the UAE with daughter, Lamaisah, their dream of opening their own boxing academy in Dubai, and why they will encourage their daughter to be big on education, and not follow the same career paths as they have.

**Firstly, how was your holiday in Dubai?**

**Amir Khan:** It's been great! Obviously, it's a bit different when you come away with the little one because you have to do everything she likes to do; so we have just been taking her out to the pool and to Wild Wadi. But I really enjoy it here. I've been coming to Dubai for the last eight years. I know it's a safe country where I can bring my family.



**What do you love most about Dubai?**

**AK:** I think it's the food. You have so many different restaurants here; it caters to everyone. Not just the young or just the old, you can bring your parents here and you know they are going to be fine.

**Faryal Makhdoom:** It's the nightlife, the shopping, the hotels and the weather is great too. However, I do think it's super-hot this time. We usually come

in December when it's much cooler.

**You had a little girl last year. How has parenthood been for you both?**

**AK:** I enjoy it, I mean obviously I'm always busy with training and what not, but the free time I get, I spend with my little one – I make the most of it. It's



THE BOXING STAR RECEIVING HIS HONOURARY DEGREE

been good for me because it's given me that extra motivation to work harder in my sport, because now everything I do is going to be for her. I want ▶





**“If you have ambitions and goals in life, then work towards them. Just never give up.”**  
– Amir Khan

AMIR KHAN & HIS WIFE FARYAL MAKHDOOM  
AT THE BBC SPORTS PERSONALITY OF THE  
YEAR AWARDS IN ENGLAND



**“I actually wouldn't want any of my kids to be boxers because it's such a tough sport – it's not easy. It's a blood sport and you do get hurt.”**  
– Amir Khan

to support her and I want to be a good father. Whatever she needs, I want to be there for her. I mean I never want to spoil my child, but I want to look after her in that sense. I think she is a daddy's girl more than anything, as well.

**FM:** I think girls are a lot more attached to their dads, whereas boys are more attached to their mums. She is quite clingy to us [both] though because she is always with us.

**Are you with her all the time, Faryal?**

**FM:** Yes, all day, every day!

**AK:** My parents said to us, leave her back at home and we will look after her while you go on holiday. And I was like, “No!” I want to take her on holiday; I want to take her with me because these are the times you don't want to forget, where you want to take pictures and make memories. I just wanted to bring her with us for that.

**FM:** And she can really enjoy it now. She used to be so afraid to go in the water, and we would have to always go with her, but recently Amir was taking her to the kids' club, and she was just walking around all by herself. I think it's a learning experience for her as well.

**AK:** It's good, as she's at that age now where it's nice. When she gets a bit older she can see everything and thank mummy and daddy for taking good care of her.

**You're both obviously in the limelight quite a lot. Would you mind if your daughter went into showbiz or followed in either of your footsteps?**

**AK:** I would never want her to be a boxer. I actually wouldn't want any of my kids to be boxers because it's such a tough sport – it's not easy. It's a blood sport and you do get hurt. Obviously, I'm in it, but I could never see my child get punched in the face. I know exactly how my parents feel; my mum doesn't even watch me fight. But it all just depends on the children though, whatever they want to do; I want to be really supportive of their decisions.

**FM:** I want her to do all the things that I couldn't do. I want her to be really educated. I'm really big on education and so is my family; my brother is in medical school, and I did corporate law and politics...well, I actually double majored in journalism and politics. I do really want her to be big on education.

**AK:** I never got a degree myself, but I want her to be educated, and get a nice degree and stuff. I did, however, get an honorary degree recently from Bolton College as a Doctor of Science. It's something different; I got to wear the hat and that funny thing, so yeah that was the closest I ever got to getting a degree. We are going to have to lie to my daughter, Lamaisah, and say it was a degree I got, so it will motivate her more.

**FM:** Yeah, a boxer and a doctor!



AT THE BURBERRY  
WOMENSWEAR SHOW DURING  
LONDON FASHION WEEK





AMIR KHAN VS. DANNY GARCIA WBC/WBA SUPER LIGHTWEIGHT AND VACANT RING MAGAZINE JUNIOR WELTERWEIGHT TITLE FIGHT AT MANDALAY BAY EVENTS CENTER IN LAS VEGAS

**“What I want Faryal to do is something with my foundation, The Amir Khan Foundation. I build orphanages, and the first one is in Gambia. So what I really want her to do is to get involved in that because I want her to realise how fortunate we are to live a really good life.”**  
**– Amir Khan**

**How have you both settled into living in the UK together?**

**AK:** I'm from the UK of course, and all my friends and family are from there too, but I think Faryal likes it now.

**FM:** My life is so different now compared to how it was in New York. I like it because in New York, I'm just like a normal girl, compared to the UK, where I



have such a big fan base. So in New York, I'm always in my sweats, have no make-up on and I just walk around. Whereas in the UK, I'm always dressed up even to go to the corner shop because people know me. It's the best of both worlds I suppose.

**Do you plan on staying in the UK, or do you think you could eventually move abroad somewhere else?**

**AK:** I've always said that one day maybe we'd move somewhere like Dubai, or maybe have holiday homes in a few places, like one in New York or in California. Faryal's mum lives in New York, so whenever we go over there, we just stay with her parents. So probably somewhere like California where I train. I like California, it's different, you don't

get much hassle there; it's like here. Dubai is a nice place to keep coming to visit, especially for the children because it's a safe country, and there isn't any trouble. I mean I meet a lot of fans here, but they always leave me to it and respect me. I do love travelling but England is home for me. I can't forget my roots, so I'll probably always live in England.

**FM:** I have to live wherever he goes, so I just tag along everywhere.

**If you could both relive a moment together again, what would it be?**

**AK:** Well we've been together about five years in total, so I think it would be something like our wedding. I would just change a few things. ▶





**“ Just do exactly what you like and have a good heart. I feel like God will always help you, so just be nice to others. I think you always need to have a good heart and hope for the best; you do get what you deserve. ”**  
**- Faryal Makhdoom**

FARYAL MAKHDOOM AT THE PEPE JEANS LAUNCH IN LAHORE





all, but we got to know each other ourselves and then when we were ready, we got the parents involved, and asked them to arrange it all for us.

**Amir, you have accomplished a lot in your boxing career; you're a two-time world champion. What's next for you?**

**AK:** I've always wanted to fight Floyd Mayweather. Floyd is probably one of the biggest names out there in boxing, and one of the best fights out there, and I want to fight the best names. I've been trying to get that sorted out now for three years, and he's just avoiding that fight. The reason he's probably avoiding it is because he believes Amir Khan will beat him. That is the reason that the fight isn't happening. Everywhere I go in the world, like America or Dubai, everyone is talking about it and shouting, "When are you beating Mayweather?", "When are you fighting Mayweather?", and it puts me in a really hard position because people think that it's me not making the fight happen, but in a way it's Mayweather. On top of that, now when I go back home, I'm going to sit down with my team and look at plan B because obviously the Mayweather fight has fallen through. I really don't think he wants to fight me. So we need to go and see who else is out there, and hopefully by the end of the year, I'll get a good fight arranged.

**The Floyd Mayweather and Manny Pacquiao fight was billed as 'The Fight of the Century.' Did you both go to Las Vegas to watch the match?**

**AK:** Yeah, I was ringside. I'm a massive boxing fan and there was so much hype for that fight. However, it just wasn't really as exciting as we all expected it to be. But I was there.

**FM:** I wasn't. I'm not really into boxing.

**AK:** I asked her to come with me but she was like, "I never come to your fights so why would I go to that fight?"

**Would you ever arrange for a fight to take place in Dubai?**

**AK:** I'd love to do that, yeah. It's all about getting the right people involved, and obviously I've always said that I would love to fight in Dubai. I know that His Highness Sheikh Hamdan Bin ►

**FM:** I would change the way he proposed to me. It wasn't very exciting. He always said we were going to get married but I never believed him. Then we actually did, and we got the parents involved and it was too much. I kind of regret it in a way because then it was like too much. Once the family was involved, we never got to have any time, just us together.

**AK:** Yeah, once the family got involved, we just sat back and they set everything up for us, like the engagement and all, and then we got married two years after. We got married at The Waldorf Astoria in New York City, and then obviously we did a wedding in Manchester as well. They had all the headache; all we had to do was sit back and smile. But I think people sometimes get mixed up about an arranged marriage; it was kind of arranged in a way because we left it to our parents to arrange it



**AMIR KHAN POSES WITH THE LAUREUS TROPHY DURING THE LAUREUS WORLD SPORTS AWARDS IN PORTUGAL**





AMIR KHAN & ACTOR NICK CANNON WORKOUT AT A SPARRING SESSION AT WILD CARD BOXING CLUB IN CALIFORNIA

Mohammed Bin Rashid Al Maktoum, the Crown Prince of Dubai is doing a lot with sport, and I know he does a lot with the Formula One in Abu Dhabi. You have soccer here, horseracing, cricket, so why not boxing? You need to have boxing because it could be massive here. Boxing is big all over the world, so you would be getting people travelling across the world to come to Dubai to fight, or to see a fight, and at the same time, you'll get to see all of what Dubai is about as well. That's why I want to build a gym here, like one of my academies. I'm in talks with a few people, so hopefully I can see if I get that done. An Amir Khan Academy here will not only help promote boxing, but it will get kids involved in something, and also educate people about what boxing is actually all about. It's not all about punching people in the face – it's about fitness and training.

**If you could pick any other profession apart from boxing, what would it be?**

**AK:** Football, because you're not getting punched in the face. It's less painful and on top of that, it's a team game. When I am in the boxing ring, it's all down to me if something goes wrong, whereas in a football match there are 11 of you, and if something goes wrong, you all take the blame together.

**FM:** Yeah, it's less painful! We went to Wimbledon, and I saw Andy Murray's wife [Kim Sears] watching him play, because obviously, Andy playing tennis wasn't anything that would hurt her. She was clearly anxious and worried, but she was able to sit there and watch. I was like, "I wished my husband did something like that instead."

**AK:** Sorry I picked boxing! I was alright at it so I thought, why not?

**Amir, you once considered taking up acting. Would you still like to do that?**

**AK:** At the moment, I just want to focus on my boxing. Unless it was something like a boxing movie or something like that, then yeah I would. But at the moment I think I'll have a couple more years in boxing and I'll see where it will take me.

**Faryal, you have a double major in Political Science and Journalism,**



AMIR KHAN TRAINS AT A SPARRING SESSION AT WILD CARD BOXING CLUB IN CALIFORNIA



**“I would like to work with Sephora once I launch my lipstick. I want to tell them my background and how big I am in the UK.”**

**- Faryal Makhdoom**

**do you think that is something you will ever go back to?**

**FM:** I was going to get back into it, but then I got pregnant, and I decided I couldn't do it, because it was too hard to juggle a child and school. I was in a six-year law programme, so if I went back, I would only have to complete two more semesters, but I thought I'd just go into other things. I'll be launching my lipstick line soon, and that's something that I really enjoy.

**AK:** What I want Faryal to do is something with my foundation, The Amir Khan Foundation. I build orphanages, and the first one is in Gambia. So what I really want her to do is to get involved in that because I want her to realise how fortunate we are to live a really good life.

**FM:** I'm totally going to get involved!

**AK:** Yeah, because in Gambia and Africa, and places like that, women sometimes find it harder to talk to guys, and I think it's easier, a lot easier, to talk girl-to-girl. After my boxing career that's something that would give me a proper buzz.

**Who is your fashion icon?**

**FM:** I really like Kim Kardashian style-wise. I think she has great fashion sense. She can go from something totally casual to wearing something really dressy, and I like that. And Victoria Beckham, I love her!

**And are there any designers or beauty brands that you would like to work with in the future?**

**FM:** I would like to work with Sephora once I launch my lipstick. I want to tell them my background and how big I am in the UK. I've seen people like beauty blogger Huda Kattan from Huda Beauty do really well in Dubai, and she comes from a similar background as me, and she is actually working with Sephora. It's quite impressive. She's from America just like myself, so I would love to do that and work with them. I did get approached by a few brands but I never really went ahead with them. I do like Sephora though, especially as it's not in the UK; it would bring a lot more attention to me here.

**If you had to choose three of your favourite beauty products, what would they be?**

**FM:** Mascara, contouring kit and lip liner.

**What advice would you give to your fans and followers who want to follow a similar career path?**

**FM:** Just do exactly what you like and have a good heart. I feel like God will always help you, so just be nice to others. I think you always need to have a good heart and hope for the best; you do get what you deserve.

**AK:** If you have ambitions and goals in life then work towards them. Just never give up. **OXE**

INTERVIEW: JESSICA MILFORD/OK! MIDDLE EAST  
PHOTOGRAPHS: GETTY, WENN, CORBIS, INSTAGRAM



**AMIR KHAN & FARYAL MAKHDOOM CELEBRATE FASHION'S NIGHT OUT AT THE CALVIN KLEIN BOUTIQUE IN NEW YORK**





# Daniel CRAIG

“I get such a big kick out of playing James Bond”

The *Bond* star talks about the latest *James Bond* movie, *Spectre*, his *007* legacy, growing old plus lots more









LEA SEYDOUX, DANIEL CRAIG & MONICA BELLUCCI AT THE ROYAL FILM PERFORMANCE OF SPECTRE IN LONDON

**W**hile the last instalment (*Skyfall*) of the James Bond franchise is now the seventh highest grossing movie of all time - making nearly \$1.2 billion at the box office - one can't help but wonder just how an over-the-hill 50-something British spy remains relevant in a world of *Avengers* and *X-Men*. Daniel Craig has a theory: "You simply stick to the old adage that a good story goes a long way. And blow things up every half an hour," he laughs heartily. "That's how it's done." It's a winning formula.

Three years since *Skyfall*, 47-year-old Craig returns for his fourth stint as the super-agent in the hotly-anticipated, *Spectre*. As usual, plot devices are tightly under wraps, but what we do know is that Bond is still mourning from the death of M (Judi Dench) and is determined to further unravel the mystery surrounding his dark past. This includes contending with Christoph Waltz (rumoured to be an updated Blofeld) and jousting with smoking Bond ladies, Lea Seydoux and Monica Bellucci.

Ruggedly clad in a brown leather bomber jacket and slick Aviators, the star - married to actress Rachel Weisz and father to 23-year-old Ella - chats animatedly about his loyalty to the franchise, fears of typecasting, injuries, working out, ageing and the folly of his hard man image.

**How important was it for you to have Sam Mendes back on board?**

**Daniel Craig:** Critical, completely critical. I just thought we had started something on *Skyfall* and I wanted to finish it. They wanted to make another movie immediately after *Skyfall* but he couldn't because he just didn't have time. "I can't do it, I can't do it in that time," is what he said to



WITH SAM MENDES AT THE 'TIMES TALKS PRESENTS: SPECTRE, AN EVENING WITH DANIEL CRAIG AND SAM MENDES' EVENT IN NEW YORK

me, and he was right - the delay was beneficial to us. But I called him relentlessly, four times a day and eventually, he said yes!

**We heard you asked Sam to direct *Skyfall* and you had no memory of it...**

**DC:** I was at a party and Sam was there too. He doesn't drink so he was quite sober but I know I wasn't sober! [Laughs] I was picking his brains because he's a wonderful director; I respect his ideas and the conversation went on and on. We talked about what we love about the *Bond* movies and I offered him the job, which was not my job to do.

**How did you feel when he recently said that he didn't think you were the right Bond?**

**DC:** He apologised and we moved on... [Laughs]

**This is your fourth outing as Bond...how do you maintain interest for yourself?**

**DC:** These movies don't get made very often. It's just the fourth time for me, and in the grand scheme of things, it's a spit in the ocean. And if you can't get excited about making a movie of this size, with this cast, with Sam Mendes and this crew, then go home. ▶





**“I’m not strong and macho. It’s so funny that people have this image of me as the hard man when that’s really not me. I’m just an actor.”**

DANIEL CRAIG SPOTTED IN ROME AS FILMING FOR *SPECTRE* COMMENCES





DANIEL CRAIG WITH HIS WIFE RACHEL WEISZ IN NEW YORK

**“What I admire most about James Bond is his inner conflict. It’s about how he gets back up when he’s been knocked down. He takes a lot of battering and he should – he’s an agent.”**

**You’ve said before: “Nothing can prepare you for the onslaught of a *Bond* film.” Can you elaborate on that for us?**

**DC:** I stand by that because you know most movies, even long movies, take three or four months to shoot. This [movie] is six, seven or I think eight months of shooting. You’re halfway through, when you’re not halfway through. You need a massive energy level, no question. I’d love to have a huge social life when I’m making these movies but there just isn’t time.

**These films are such a huge commitment; why would you want to do more then?**

**DC:** Money! [Laughs] No, I just love playing this character. It’s an honour to play him; I get such a big kick out of doing it. I had an opportunity with *Casino Royale* to wipe the slate clean; this was us beginning again. I’m not saying it was a rebirth of *Bond*; that sounds conceited and I was a huge fan of *Bond* before and I will always want to bring those elements back in. But if I were to just do a movie where I was going to straighten the tie and drink a Martini, then I mean that’s all been done before. It had to happen in the right way. And we’ve done that now. That for me, as an actor, is so important.

**How has the character developed along the way?**

**DC:** I try not to get in the way of the writers; I let them do their work and then we’ll sit down and get the actors involved. They’ve got things to say; it’s a very collaborative process. And largely, it’s all written on the page – the character is written on the page, the story is on the page, so you just act it all out.

**What do you admire about Bond?**

**DC:** His inner conflict. It’s about how he gets back up when he’s been knocked down. He takes a lot of battering and he should – he’s an agent. But it’s how he stands up against adversity because he’s one against many.

**You got badly injured didn’t you?**

**DC:** Terribly! [Laughs] I damaged my knee about a third of the way through shooting and we had to shut down for two weeks as I had to go away for surgery. I’m alright now. But what I was happiest about was that we didn’t shut down [completely]. We could have but we didn’t. We



could have shut down for me to get absolutely fixed but we didn't need to do that. And that was the last thing on earth I wanted to do. Actually, it was the perfect timing because we had arrived at a moment where we had a lot to do, so this gave Sam the perfect opportunity to go away and look at the cut and perfect things. It allowed me to go away, rest a bit, look at the script and become useful again.

**What did you do to get in shape?**

**DC:** Nothing special; just the usual exercising and working myself to death. No secret method involved. Just sheer hard graft that I'm used to. It's getting harder I will admit, but such is life.

**James is getting old now...**

**DC:** He's old now; he's 47! [Laughs]

**How long can he keep going?**

**DC:** As long as he's physically able which probably isn't going to be that long! [Laughs] I'm contracted for one more [film] which seems to be a fair number but I'm not going to make predictions.

**What was it like working with Monica Bellucci?**

**DC:** A gentleman never kisses and tells! [Laughs]

**Will we see more flesh in *Spectre*?**

**DC:** I seem to be bare-chested throughout this film again...[Laughs]

**But there was less skin in *Skyfall* than the iconic images; rising out of the water in *Casino Royale*, for example...**

**DC:** No, I actually took my clothes off more in *Skyfall* than I did in *Casino Royale*! [Laughs]

**There was also comedy in *Skyfall* and I'm assuming you'll follow a similar path in *Spectre*...is that something you'd like to pursue?**

**DC:** Not at all. I always wanted to bring the comedy back in but the team didn't really want it. [Laughs] However, I have always maintained that with really good writing, the jokes will just come naturally. And it brings a lightness of touch, allowing the audience to laugh in between those moments of tension. Those are the funniest laughs I think.

**Have you ever felt trapped by *Bond*?**

**DC:** When *Bond* happened, I remember putting it to bed in my head and saying, "If this is the last thing I do in my career, then that would be OK," because come on – it's not that bad a role to have under your belt. But after *Casino Royale*, I did panic a little about people only seeing me a certain way and I started thinking, "Did I need to play someone totally opposite from Bond?" But as time goes on, I've relaxed out about that attitude.

**Your movie, *The Girl with the Dragon Tattoo*; is there any sequel to that?**

**DC:** I'm not doing that. That is dead in the water. It's not happening.

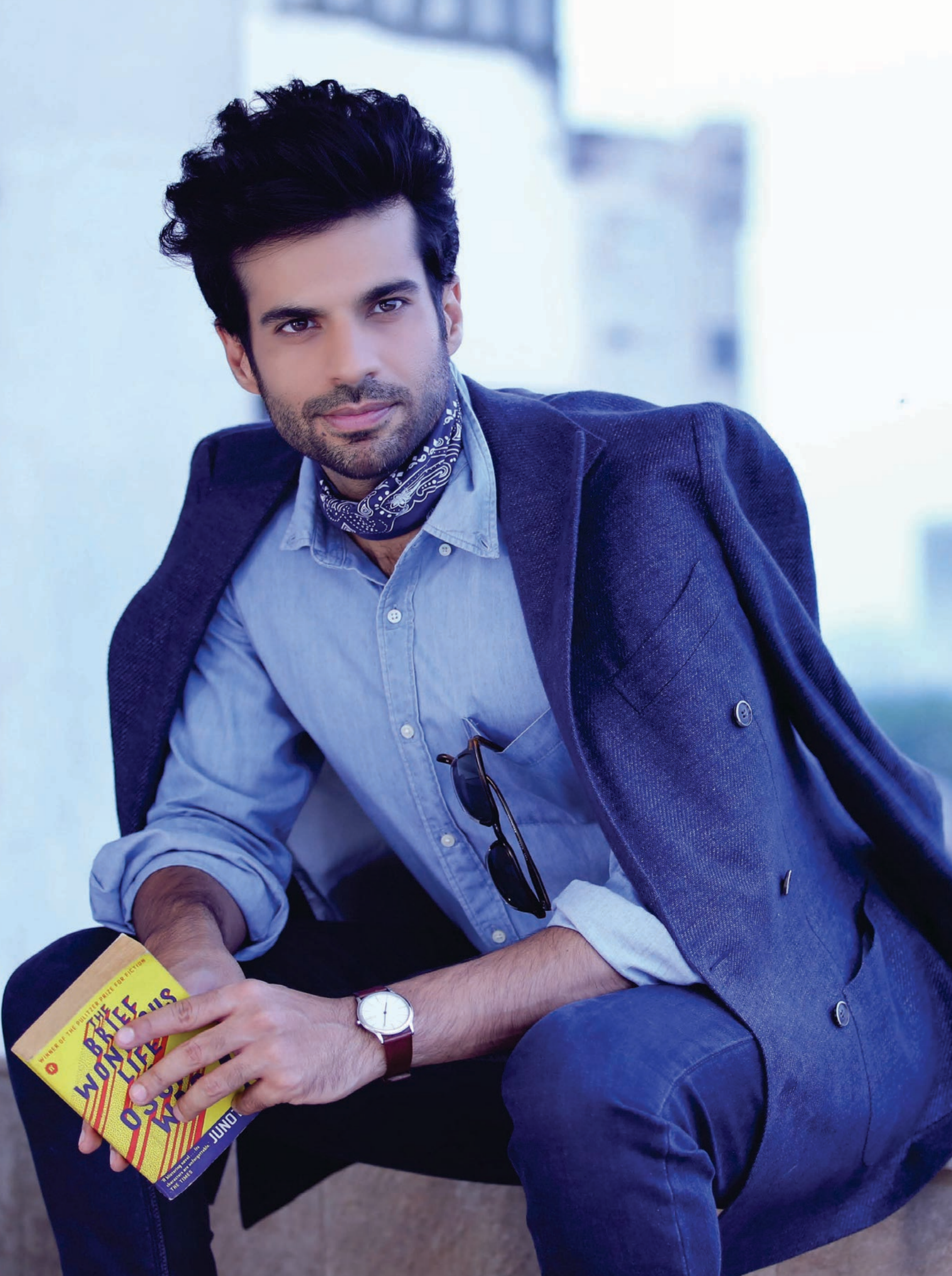
**What's the greatest misconception about you?**

**DC:** I'm not strong and macho. It's so funny that people have this image of me as the hard man when that's really not me. I'm just an actor folks – it's all acting. **OK!**



DANIEL CRAIG AT THE PREMIERE OF *SPECTRE* AT CINESTAR IN GERMANY







# Adnan malik

“ BEING AN ACTOR CAN AFFECT YOU  
PSYCHOLOGICALLY ”

**The director-actor talks to OK! Pakistan exclusively about his first acting project, his love for film-making, what inspires him plus a lot more**





**T**he audience witnessed Adnan Malik's unflinching charm as he emulated the narcissistic yet alluring Khalil in the award-winning show, *Sadqay Tumharay*. He started his career off as a model, moved on to VJ-ing and eventually landed himself his dream job as a video producer for Coke Studio, which lasted about five years. He also owns a titular production company, is now a budding actor, and if the list still seems short, he was once an avid cricketer playing for the under-19 Pakistan cricket team as well!

A pestering urge to explore the liberal arts and his fascination with the mere fact that one could study pop culture in those days however, led him to a film-making course in school. "I didn't really know what I wanted to do so I picked up some art history and film courses, and suddenly life started making more sense," he recalls. That was then. Now, Adnan is more determined than ever and well aware of how to engineer the logical next step.

In conversation, he opens up about his evolution as an individual and a professional, his struggle with acting as a debutant and being a multi-faceted artist.

**Tell us about Adnan Malik's journey so far.**

**Adnan Malik:** I was in the US when 9/11 happened; people started asking me questions about Islam, Pakistan and my identity. So I came back to

Pakistan and did a project called *Deconstruct the Terrorist*. It revolved around visiting madrassas and taking pictures to show people how all of them aren't necessarily 'bad' and do historically have a purpose. In a way, it also became a means of figuring out where I come from. I then had a photo exhibition; it got published in school and got a lot of appreciation too. Then for my last semester, I had to make a film; I met a transgender dancer called Bijlee at a club in New York and one of my friends was like why don't you do a story on her. That's when it struck me that "yes, that's a very interesting idea". I took her number, called her and met her at Central Park the next day where she really opened up to me. We spent the next two months in preparation; the idea was then selected to be turned into a film.

**Was it really that easy to convince Bijlee?**

**AM:** Not at all. So here I am with my whole team ready to shoot and Bijlee backs out at the last minute. She stopped answering my calls! She used to work at a salon during the day so I quickly got there and waited outside till she came out. I asked her why she wouldn't return my calls and she told me that she had spoken to her friends who advised her not to do it; they said her life was already shameful and she didn't need to advertise it further. After quite a dedicated and spirited speech, I managed to convince her. She told me if you believe in me so much, then my life is in

your hands now. At that point, I realised what the responsibility of film-making was especially when it comes to telling real stories. When we released the film, it won at the KARA Film Festival which was a total surprise! It was also a finalist at the Student Academy Awards. But most importantly, when Bijlee saw it, she told me it was the most transparent representation of her life. Those were happy times.

**What made you permanently move back to Pakistan?**

**AM:** The film's win at KARA was a push for me to come back. I tried to make this documentary called *Bhooli Huwi Hoon Daastan* on the history of Pakistani cinema (based on Mushtaq Gazdar's book) but no one really paid attention to it. Then people started throwing in suggestions that I should try modeling. I got some projects and also became a VJ for a while but I was just unhappy. I then realised that it was high time I figured things out for myself and stopped being so aimless. Around the same time, I had seen Coke Studio's first season and felt it was something I could relate to. It was cool, hip, intelligent and visually interesting, and luckily they were looking for a behind-the-scenes video producer too! It took a lot of convincing but Rohail [Hyatt] finally got me on board. The same thing happened with *Sadqay Tumharay*. I had decided to explore the field of acting and two months later, Momina Duraid ►



## Adnan Malik, the multi-faceted star

### Describe yourself in three words.

Curious, thorough, Gemini.

### How do you take criticism?

I am open to criticism as long as it is constructive but I think there is very little constructive criticism around here.

### The people you would like to work with again?

Pretty much all of them. I would, in fact, like to work with anybody who is better than me.

### Local actor/actress who you think has a lot of potential?

Saniya Shamshad and Harris from *Sadqay Tumharay*.

### What do you like to do in your free time?

I am always active so I do yoga to calm myself down. I also enjoy sports, photography and traveling.

### Describe your personal style.

Classic but retro.

### Your favourite travel destination?

I really love second-tier cities that aren't business hubs of a country but smaller, artier cities. So I love Cape Town, Berlin, London (just because I have so many friends there), San Francisco and Istanbul.

### Favourite designer?

Tom Ford, internationally and Ahmed Bham in Pakistan.

### Favourite movie?

I have many but from the recent ones I've seen, *Ex-Machina*. It was just such a tight film.

### Favourite song?

*The Fall* by Rhye.

### Favourite cuisine?

Pan Asian.

### Desserts or savoury?

Savoury, any time.

### Favourite book?

*The Little Prince* by Antoine de Saint-Exupéry. It's a children's book but you can read it at any point in your life.

### Accessories, clothes or gadgets...

I do love clothes.

### A confidante in the industry?

My brother and my mother.

### Your role model?

I've been keeping a close eye on Farhan Akhtar.

### Home is...

A place in your heart.

### Words to live by...


There are always three sides to a story; yours, mine and the truth.











“ I DO WANT TO WORK IN FILMS AND THEN IN A FEW YEARS, I ALSO WANT TO DIRECT AND PRODUCE THEM. I WOULD WANT TO DO ANOTHER *SADQAY TUMHARAY* KIND OF ROLE IN A FILM AS WELL. ”

approached me for a role. They were looking for a fresh actor and Mr. Khalil-ur-Rehman Qamar [whose character I played] had said that I looked just like him when he was young – the show was sort of based on his early life. I just fell in love with the beautifully written script.

**Acting for the first time...how challenging was it?**

**AM:** It was difficult because I had never met Khalil-ur-Rehman. We never really had a chance to run into each other and there was also this theory that I shouldn't meet him because he is such a strong personality and that he might end up intimidating me. So I had to create this character completely out of my own understanding of the script. And with his scripts, you can't change a single word – that's how he works. So it was quite challenging for me to memorise the whole thing; to be physically comfortable and get rid of any consciousness barring me.

**What worried you the most?**

**AM:** This was a massive production and for Momina and Hum TV to have faith in me was a big deal – I did not want to let them down. So I stopped direction for a while to solely focus on my character. I started reading books on acting. There was this particular one that really helped me – *Sanford Meisner on Acting*. Then I lost a lot of weight and went into training. It was actually a really difficult experience because I realised if you are not a trained actor, which most people aren't in Pakistan, you don't know where to make your boundaries and some of the things you do as a character actually start seeping into your own life. For instance, when Khalil gets depressed at the end and feels things are out of his control, I started living that and it was quite daunting. Being an actor can affect you psychologically especially someone like me who takes it so seriously. I would live with the character even after the camera would stop rolling. It had a very profound impact on me and I don't think any other role in the future will affect me that much because I don't know if I'll ever give it as much as I gave to Khalil.

**What excited you the most about the character and the play itself?**

**AM:** I enjoyed every bit of it. It was interesting to play that strong, Punjabi character as I do hail from that background as well. The fact that it was set in rural Punjab was fascinating. I was like “what is this world?”. They set it in an era when there weren't any cell phones and technology, and I thought the love story was just so classic – it really appealed to me. Here was a guy who would get on a bus from Lahore and it would take him three hours from there to get to the village and then he would further take a carriage only to come to see this girl. And it's not like he had a cell phone that would distract him; instead he was probably just thinking about her all the way. There was this purity to love at that time and it just felt to be a beautiful time period. I still romanticise it. Love was simple and uninterrupted at that time.

**Speaking of love, are you planning to settle down any time soon? We are sure the girls really want to know...**

**AM:** No, I am pretty single! There is no one at the moment but yes, I am open to the idea and let's see what happens.

**How was the experience of working on television?**

**AM:** Television is challenging because things ►



aren't as organised as they are in the advertising world where I come from and I like to be in an organised space. I hate waiting; one thing I hate about acting is waiting and that's what you get paid for. I like to be doing something and being involved at all times. It's incredibly hot and actors aren't treated like any kind of real stars. They have to be sitting around waiting in rooms that have no air conditioning and the art direction is not that great either.

**How would you compare television and cinema?**

**AM:** Compared to films, television allows an actor to connect with his audience in a very different way especially in a country like Pakistan where television proliferation is huge. When you have a character who is living in your house with you for weeks, there is a very distinct relationship that you have with him. These are characters so intimately involved in one's daily life. When I see people, I feel like they already know me, and it's stimulating. Cinema is exciting but still very nascent in Pakistan. Television is a medium which is here to stay, and is very relatable too. Only 10 per cent would pay for a cinema ticket but millions are watching TV so it's a different scale altogether.

**But the film industry is in its revival stage currently – why did you opt for a television debut over a film one?**

**AM:** Had I been offered a good film, I probably would've done that. Acting is not something I ever really focused on or necessarily wanted to pursue. For years, Momina regularly asked me to act but it just wasn't something I was interested in. I had told myself that I wasn't going to do any of this acting stuff until I was more settled as a director and it was only a couple of weeks later that I decided that I was ready to get back in front of the camera and that's when I got a call from Momina. She said she wanted me to be the lead in a play written by Khalil-ur-Rehman Qamar and also had Mahirah Khan in it. These were names I knew so it seemed like the ideal project. Plus when I read the script, I was sold. The team was right, the production was right and it all just seemed right. I do have a couple of film offers right now and I am looking into them but I don't want to be doing a lot of stuff as an actor. I want to do chosen work because it's not really my livelihood and I am running my own production company as well.

**Tell us more about these offers...**

**AM:** There is stuff in the pipeline; conversations are happening but nothing is locked yet. I want to do two to three projects a year at the most. I do want to work in films and then in a few years, I also want to direct and produce them. I would want to do another *Sadqay* kind of role in a film as well. It's just that the writing has to be good because the spirit of a project is in its writing. I won't do something that's not well written. The character needs to have some shades and the story needs to make sense because I am not the sort of person who cares about what people would say or perceive. I'll do what I want to do for my own learning. I don't look at myself through others' eyes.

**Moving on to Coke Studio...you left when Rohail left. What difference did you see in the recent season and do you feel the show has reached its saturation point now?**

**AM:** Coke Studio has become more mainstream and personally, I don't like that. But then again, it has connected with a larger audience. From a marketing perspective, it hasn't reached a





“ I AM TRULY INSPIRED BY BEAUTIFUL STORIES AND THE ART OF HOW THEY ARE TOLD. WHETHER IT’S TELLING PEOPLE ON THE STREETS OR ON THE BIG SCREEN OR EVEN ONE’S GRANDMOTHER TELLING A STORY – JUST THE CRAFT OF STORYTELLING IS VERY INSPIRING FOR ME. ”

saturation point. There are new discoveries every time and it keeps bringing more people to the fore. However, people always want something new so it can become difficult to sustain it the way it is. Nonetheless, I feel Coke Studio is a '*lambi race ka ghora*'. 20 years down the line, people are going to look back at the collection of songs that it has gifted us and go like, "That was a great time for Pakistan." They will perhaps look at it just like we now reminisce about Vital Signs and Junoon. Coke Studio has had a fundamental impact on Pakistani pop culture and has truly been a symbol of Pakistan's soft side around the world.

**On a more personal note, who is it that never fails to inspire you?**

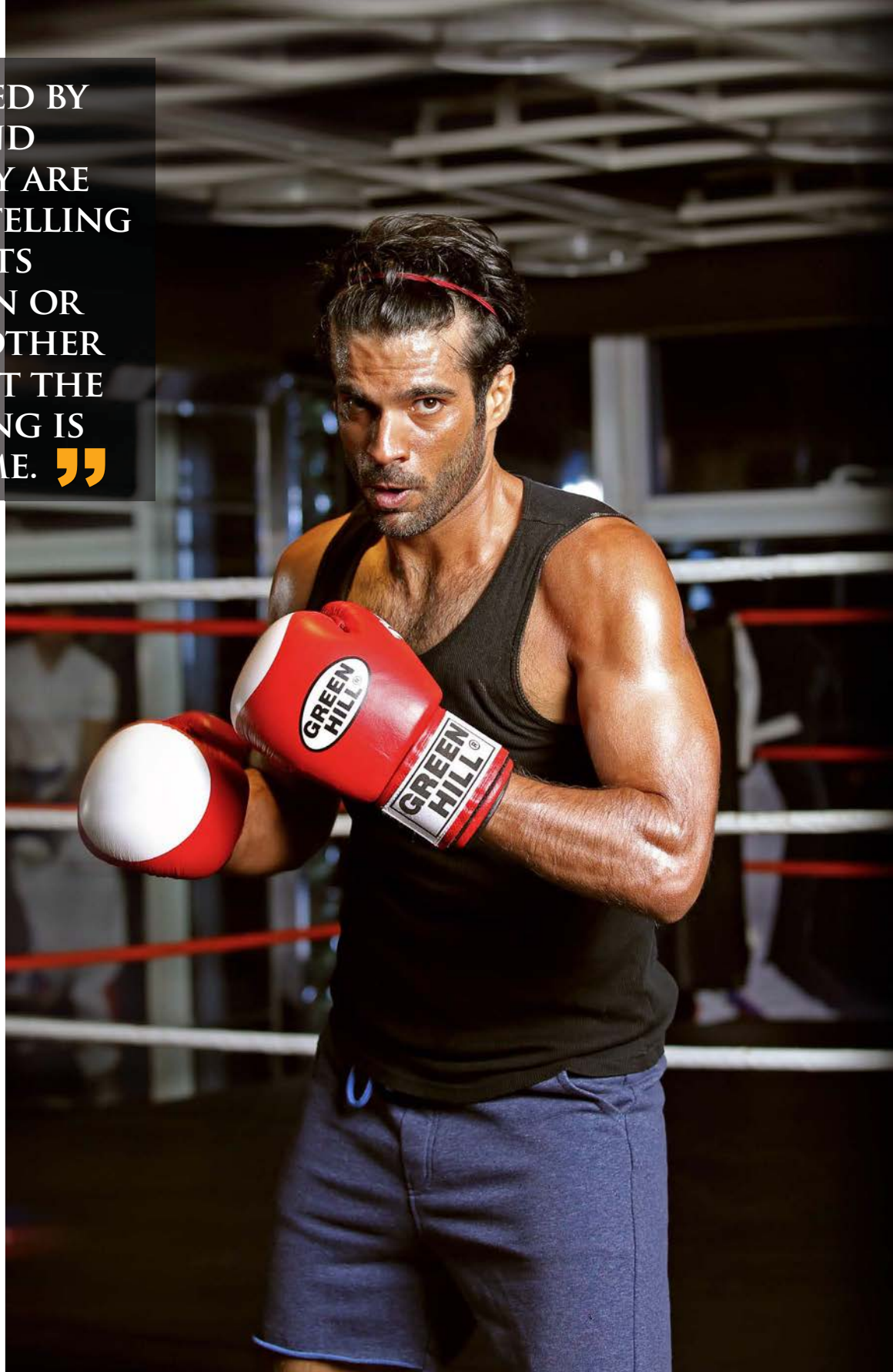
**AM:** Two people in particular have been very inspirational to me. One is Rohail Hyatt; he has a great mix of technical knowledge, business sense and spirituality and it was very compelling for me to work under somebody who has a thorough opinion on all these different aspects. I really admire what he can bring to a project. It always starts with an intention and that's important because it's not always about the tangible things but the intangible ones; once the intention is set into place, everything just falls into place. The second person - who is no longer in the world and whose passing was very painful for me - is Sabeen Mahmud. She was so humble and her whole life's purpose was to connect people. Her goal was to always do things that were much greater than self. She was a fantastic mind and a good spirit. People like her inspire me.

**Other than people...**

**AM:** I am truly inspired by beautiful stories and the art of how they are told. Whether it's telling people on the streets or on the big screen or even one's grandmother telling a story – just the craft of storytelling is very inspiring for me. Humanity and humanism is very inspiring to me as well. When I see people who've faced a number of challenges and still managed to come through, it moves me.

**You mentioned earlier that it's not easy if you aren't a trained actor. Do you feel education or training in this field is necessary?**

**AM:** I find it very difficult to work in chaos, and most of Pakistan works in chaos. For me, doing research is very important. Even before I go on set as a director, I want 80 per cent down on paper and I leave 20 per cent to inspiration. That's generally my formula. I like to be very organised before I go into something and then 20 per cent of the things just happen. It's not necessary for everyone though



– there are a lot of people who haven't, even internationally, studied it and they learnt it through experience. I think you can learn a lot on ground also, it can't be just textbook; it has to be balanced but still, for me, that's how I work.

**Finally, you're a producer, a film-maker, a model and now an actor – would you say you are versatile (some might say you lack direction...)?**

**AM:** [Laughs] My mother had once said that I lack direction but that was many years ago. I feel everything I do is interconnected; it's all part of the same process. It's all about storytelling in one way or the other and I find rejoice in the medium of visual storytelling whether it's photography or it's film-making. One of the things that I learnt

from Rohail was that you should know how to do everything and that's just being a good producer because in a place like Pakistan, or even anywhere else in the world, you may get into a situation where someone on the team backs out at the last minute so it's always good to know everything. I recently went back on the sets as a director [of a Coke project]. It felt so gratifying because my work with actors is so much better now after my acting stint. So everything I do is sort of holistically connected and I enjoy all aspects of visual and narrative storytelling. **OK!**

INTERVIEW: NIDA AMEEN  
 STYLING AND COORDINATION: SOHA HAFEEZ SHEIKH  
 GROOMING: RASHID'S SALON  
 LOCATION: CORE  
 PHOTOGRAPHS: HASEEB SIDDIQUI







# MINDY KALING

“COMEDY STRUCK A CHORD WITH ME AND IT WAS A WAY OUT OF A LOT OF THE SADNESS AND CONFUSION THAT I SUFFERED AS A TEENAGER.”

***The Mindy Project* star talks about her new book *Why Not Me?*, her role in *Inside Out* and being an introvert growing up**





THE AWARD-WINNING CAST OF *THE OFFICE* AT THE 13TH ANNUAL SCREEN ACTORS GUILD AWARDS IN CALIFORNIA

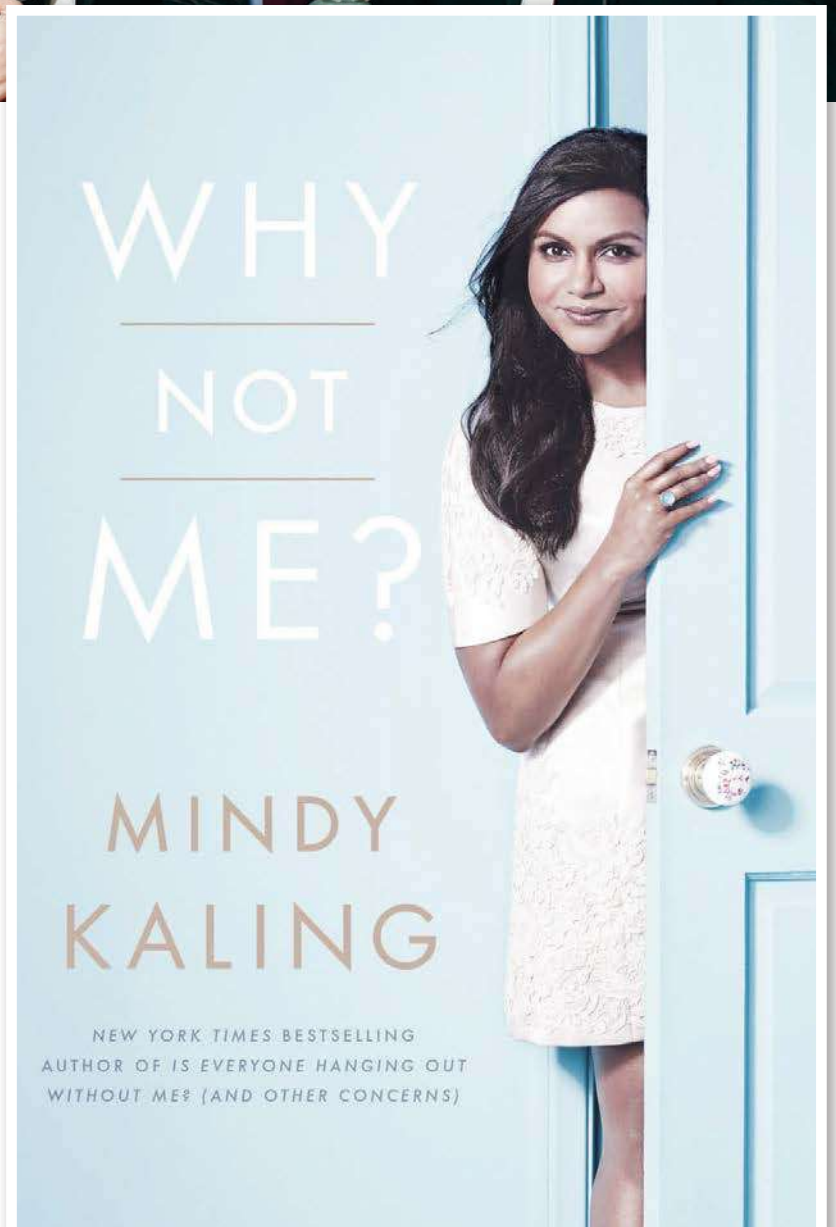
**I**rrepressible, irreverent and independent-minded, Mindy Kaling has established herself as one of TV's funniest and most provocative female personalities. After first soaring to fame a decade ago on *The Office*, she went on to launch her very own show, *The Mindy Project* – the comedy that turned her into a cult sensation. As the star, producer and writer of the show, Mindy has created a distinctive and endearing alter-ego in the form of Mindy Lahiri, the feisty ob-gyn inspired by her strong-willed obstetrician mother, Dr. Swati Chokalingam, who died of cancer in 2012. Mindy still has fond memories of her late mother and eternal role model.

"My mother came back from work and she was in her scrubs; she had spent the night at the hospital," Kaling recalls. "She had brought home Dunkin' Donuts and she had a jelly doughnut, which I'd never seen as a kid. I sat on her lap in the kitchen and we shared it. So it was like everything I ever wanted in the world: undivided attention from my mother and to be exposed to this new delicious sweet filled with another sweet. So that, to me, is such an important core memory...I will always have my mother's strong will and loving sensibility to guide me in life."

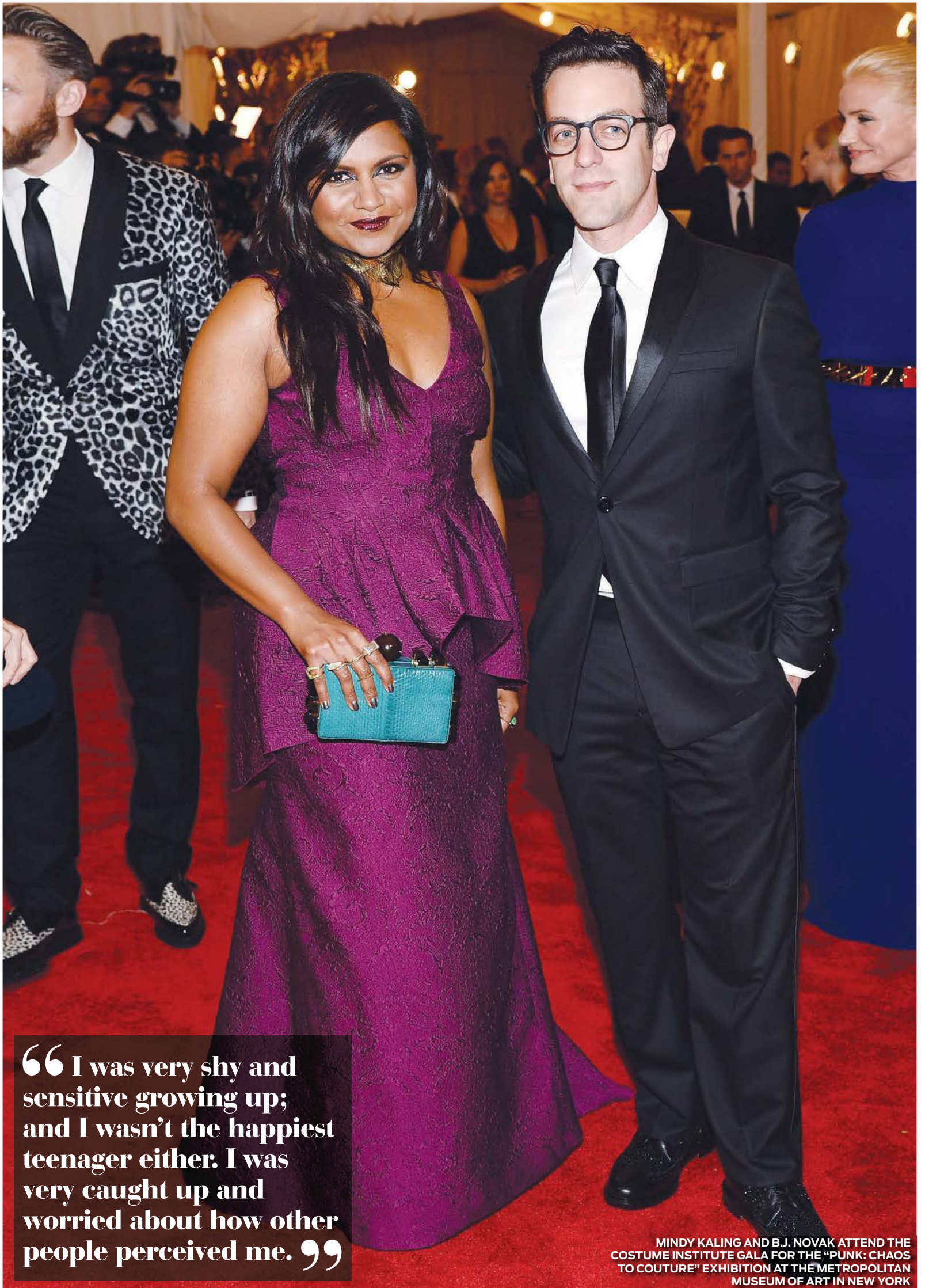
The 35-year-old actress received a reprieve for *The Mindy Project* when the streaming content service Hulu decided to pick up the show for another season of 26 episodes after Fox surprisingly cancelled the series after a three-year run on the network. Her new book *Why Not Me?*, on the other hand, has just hit stands! It's another collection of comedic essays that reflects on her growing fame as well as seeing her friends becoming parents. The publication of the book comes on the heels of Mindy's work on the Pixar animated film, *Inside Out* which saw her voice the character called "Disgust" based on one of various emotional states of a tween girl Riley: "It was so much fun to play her – she's a very impatient, judgmental, adolescent girl. She just says the things I say on a really bad day; the things I really want to say but don't say!"

This fiercely intelligent star was raised in Cambridge, Mass. by Avu and Swati Chokalingam, Indian immigrants who came to the U.S. and instilled a spirit of accomplishment and determination in Mindy (named after the female character on *Mork and Mindy*) and her brother Vijay, now 37, who works as a financial analyst in L.A.

As a teenager, she was turned onto comedy by watching Conan ▶







**“ I was very shy and sensitive growing up; and I wasn’t the happiest teenager either. I was very caught up and worried about how other people perceived me. ”**

**MINDY KALING AND B.J. NOVAK ATTEND THE COSTUME INSTITUTE GALA FOR THE “PUNK: CHAOS TO COUTURE” EXHIBITION AT THE METROPOLITAN MUSEUM OF ART IN NEW YORK**





AT THE 2014 VANITY FAIR  
OSCAR PARTY IN CALIFORNIA

“There are still so many double standards in society when it comes to female versus male behaviour. Women are still expected to be more subdued and less aggressive or confrontational than men.”

O'Brien and knew that her talents as a writer would take her in that direction. Mindy graduated from Dartmouth, the prestigious Ivy League university in 2002 and got her start in show business by co-writing *Matt & Ben* – a satirical off-Broadway play about Matt Damon and Ben Affleck that earned rave reviews. A year later, she was hired as a writer on *The Office* and soon became one of the hit series' best-loved stars.

Mindy is currently in an ambiguous on-again, off-again relationship with ex-boyfriend B.J. Novak, her former co-star from *The Office*. “I guess you could describe our relationship as a ‘romantically charged camaraderie with loud arguments,’ but I don’t think Facebook would accept this as a new status,” she explains.

**Mindy, what is different about this latest book of yours?**

**Mindy Kaling:** I’m probably more vulnerable and open about myself because people have come to know me better through *The Mindy Project*. I felt that this enabled me to talk about things I would never have wanted to reveal or get into if I didn’t feel I had that deeper connection with the public. I also think I’ve had so much happen in my life in the last five years compared to the first 30 that I needed to assess those experiences and try to put them into some kind of perspective.

**What does the title of your book *Why Not Me?* mean?**

**MK:** It has a double meaning. One involves my feeling awkward and left out when I see many of my close friends getting married and having kids while I don’t seem to be getting any close to that situation. The other meaning of the title is: my wondering why I can’t do certain things on TV or find certain roles even though I’m chronically aware that I’m a very unique presence when it comes to this industry and it’s probably remarkable that I’ve even been able to do this much! [Laughs]

**Your parents were both professionals. What led you to choose comedy as opposed to a more usual kind of career?**

**MK:** I was a huge fan of *Saturday Night Live*. I was crazy about Dana Carvey and Adam Sandler; I would watch Conan O’Brien every night and I just loved what he did. Comedy struck a chord with me and it was a way out of a lot of the sadness and confusion that I suffered as a teenager. I also love David Letterman and I think virtually, every comedian today would tell you that they



have been heavily influenced by his work over the years. Late night TV can never be the same without him.

**You've just done voice work for the Pixar film, *Inside Out*. What was it like playing a character who is based on one particular emotion, "Disgust," of a young teenager?**

**MK:** It was such an interesting and daring kind of animated film. I found it quite fascinating that this wasn't a typical animated movie where the female character is often a princess, a fish or a witch. It's about a real girl and all the various emotions that were part of her journey towards finding happiness as she moves to a new city and has a difficult time adapting to her new life. She doesn't have to save the day – she just has to find herself and her happiness. It was an existential quest and not a practical one like rescuing someone or slaying a dragon. I thought it was risky and brilliant to be able to try to delve into a girl's mind and explore the changes she goes through and a lot of it is inspired by [director] Pete Docter's own experiences with his daughter and how she changed as she outgrew her childhood and became a teenager.

**Were you able to relate her experiences to your own early teenage years?**

**MK:** I was very different. I had a melancholy way of looking at the world. In the movie, [my character] Riley is very well adjusted and active; she's good at sports and more extroverted [than I ever was]. I was very shy and sensitive growing up; and I wasn't the happiest teenager either. I was very caught up and worried about how other people perceived me. I had a lot of issues to work out that were very complicated, and maybe I'm still working them out! [Laughs]

**Apart from "Disgust", what other emotion would you have chosen to voice?**

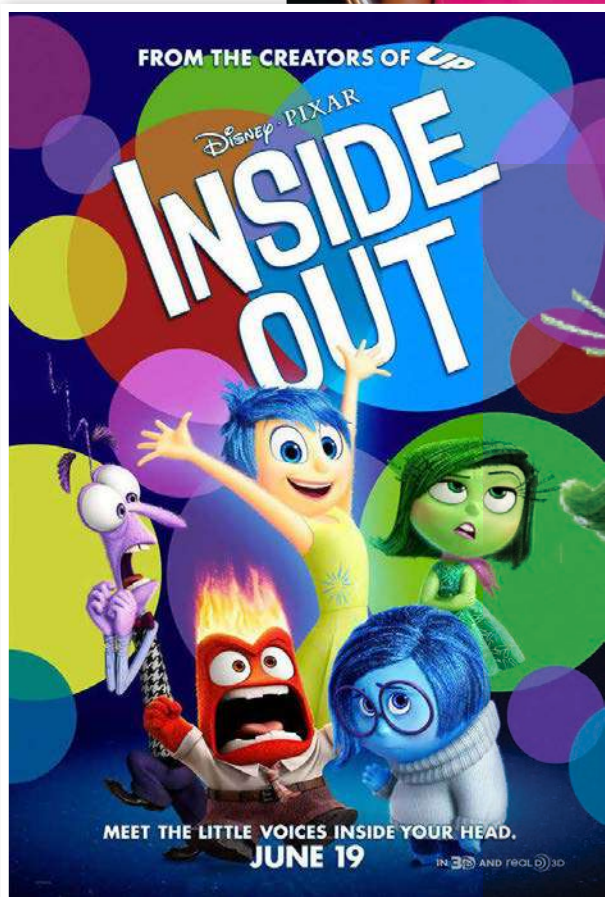
**MK:** Anger. It's not necessarily socially acceptable for women to be angry. So that would have been a fun emotion to be able to do. There are still so many double standards in society when it comes to female versus male behaviour. Women are still expected to be more subdued and less aggressive or confrontational than men. Men can get away with a lot of different kinds of behaviour and not be judged harshly whereas women are punished for being emotional specifically in professional contexts.

**Perhaps your greatest or most important success to date has been *The Mindy Project*. What can we expect from the latest season of the show?**

**MK:** It's about how Mindy and Danny [Chris Messina] are having their first child and how that



**MINDY KALING & CHRIS MESSINA, WINNERS OF "ONSCREEN TV COUPLE OF THE YEAR", AT THE PEOPLE MAGAZINE AWARDS IN CALIFORNIA**



and resolve that allows her to move forward in life and not be held back by a lot of self-created obstacles. A lot of her character comes from observing and admiring my mother and what a strong character she had.

**What was your relationship with your mother like?**

**MK:** My mom and I were very close. We were soul mates. I admired her very straightforward approach to life and I miss her so much. She didn't waste time agonising over matters. She would come right to the point and didn't suffer fools gladly. My mom had this amazing self-assurance and knew exactly how she wanted to live.

Very few people have that kind of natural confidence and I really miss her presence in my life. What's incredibly ironic and sad is that *The Mindy Project* was picked up [given the go-ahead] by Fox on the same day she died. I like to think my mom had something to do with that!

**Do you still see your father a lot?**

**MK:** My father and I are the greatest of friends and I can talk to him about everything. He's the kind of person you can always rely on and we kind of carry on knowing that my mom would have wanted us to go on in our lives and take care of each other. That's really what families are all about. **OK!**

changes the dynamic between them. I wanted to be able to explore that because I'm at a point in my life where so many of my friends are starting to have children; it affects so many things within the couple and also their relationships with other people. There are a lot of interesting stories we're going to be able to tell now that everyone can relate to.

**What do you think Mindy has meant to women?**

**MK:** I think women can admire and appreciate Mindy's fearlessness. She has an inner confidence





AMNA BABAR IN ALL WHITE PAIRED WITH A  
BABY PINK KIMONO CAPE BY ALI XEESHAN



# Amna Babbar

*“If I could have a superpower, I’d want it to be invisibility”*

**The breathtakingly beautiful model talks about her first runway walk, her effortlessly chic style and a fashion fad she wishes never existed...**





**AMNA SHOWS OFF HER FEMININE SIDE IN A FLORAL CROP TOP AND PANTS BY ZARA SHAHJAHAN**

**A**mna Babar's exquisite beauty, spot-on style and bubbly personality is far from unfamiliar in Pakistan's fashion industry today. Being on the cover for multiple magazines and being the face for brands like Sana Safinaz and Élan, this stunner has proved herself as a force to be reckoned with. Always commended for her passion, professionalism and humility, there's really no surprise why Amo B (her spunky industry nickname) has become a huge favourite with designers!

Her Dubsplash videos have also taken over social media by storm, and it makes us wonder if acting is next on this beauty's itinerary. (Hint: it just might be!) And we are sure she will shine be it the small screen or the big screen!

Albeit born and brought up in Lahore, Amna considers Karachi her second home, where she sat with OK! Pakistan for a fun chat about her life as a young girl, a model and a potential wife.

**Amna, did you always want to become a model?**

**Amna Babar:** Honestly, yes. When I was young, I would watch lots of Bollywood and Lollywood movies and then stand in front of the mirror - after putting some lipstick on - and act and dance. I never thought about becoming a model at the time but when I turned 14, I ended up going to Athar Shahzad's make-up studio because of my aunt. She had a make-up brand and wanted me to model for her; and I was always very interested

in make-up. So she took me there and everyone was like, "You should become a model." That just stayed with me and gave me that little push to pursue this career. I then decided that I have to become a model. So after completing my studies, I told my mom that this was what I was going to do.

**Tell us about your first runway walk. Who was it for?**

**AB:** Back in 2010, I showed Khawar Riaz my walk and he told me I was a bit on the chubby side! I assumed he said that so I didn't get too smug or arrogant. Either way, he liked my walk and sent me to PFDC Fashion Week which was taking place in Karachi. That was my very first fashion show. I walked for Asifa & Nabeel, Kamiar Rokni, Sublime by Sara and other graduate entries - it was my big break. Being able to walk on the ramp is one of the main reasons I became a model; the feeling of being in the spotlight is wonderful! During my first walk, I was really nervous though because everyone was looking at me. But I thought to myself: "Wait Amna. Everyone is watching you - you're the one." I got that high then and knew that I had to make that walk count no matter how nervous I was. It was just great!

**We always see the picture-perfect shiny side of runway shows. Any crazy backstage stories you'd like to share with us?**

**AB:** Oh my God, yes! People don't see any chaos on the ramp yet there's so much madness backstage.

I remember this one time I was walking for Sana Safinaz and faced a major wardrobe malfunction. I was wearing a halter neck with only a string tied at the back but due to all the chaos - running around, pushing, etc - the knot opened up when I was on the ramp! A person in the audience started clapping in a strange way and that's when I realised the string was open. Even though I was wearing a light jacket over it, people still noticed. I could feel my eyes watering up as all I could think about was bad publicity. But I maintained my composure and pretended nothing was wrong. Most people didn't even realise there was a malfunction - my expressions didn't give it away. That was crucial.

**What do you think is the hardest part about being in the Pakistani fashion industry?**

**AB:** The nature of the industry is unkind. They don't care who you are; they can pass a rude comment at any time, even if it's a good friend or an admirer. Apart from that, they say one thing to your face and say the opposite to someone else. There are too many two-faced people. I really hate that. Lucky for me, I can read lips and I know what people are saying from just a few feet away! [Laughs]

**In the past, models didn't have an avenue to share their lives with the public. Today, social media allows for so much - good and bad, both. What role does social media play for you and your followers?**

**AB:** Whenever I think of social media, I think ▶





“ Although I groomed myself in college quite a bit, 12-year-old Amna Babar was very different. I was one of those lonely girls in school who wanted to be part of the cool group of girls. ”

AMNA STRIKES A POSE IN A SANA SAFINAZ DRESS



of bloggers. At any event that takes place in the country, you will notice that bloggers have a few favourites – models they will always feature on their blogs. Only their pictures are taken which makes me feel uncomfortable; a feeling of unnecessary envy arises amongst the models. Apart from that, I feel social media does play an important role these days as it gives us models recognition. If we didn't have that, we would be known as faces on specific magazine covers or just known as a specific brand's face. People wouldn't recognise me as a person or as Amna Babar. So in that way, social media has played a positive role for us giving us our own well-deserved identity. But coming back to bloggers, I do love them all – they're all very sweet. But let's see if I'm still their favourite if my downfall ever comes! [Laughs]

**If Amna Babar were a movie/TV show character, who would she be?**

**AB:** I'm a huge Bollywood fan so I can relate to most Bollywood characters. A young Amna Babar would be Kareena Kapoor as Poo in *Kabhi Khushi Kabhi Gham*, and an older, settled and married Amna Babar would be Kajol as Anjali from the same movie. She is bubbly, childish and emotional which is how I see myself when I settle down. I used to be extremely emotional when I was younger but not anymore. I've developed a thick skin due to [eye-opening] personal experiences.

**What kind of a person were you when you were 12?**

**AB:** Although I groomed myself in college quite a bit, 12-year-old Amna Babar was very different. I was one of those lonely girls in school who wanted to be part of the cool group of girls. Those girls explicitly told me to go away every time I asked them to hang out because I wasn't cool or pretty enough to them. I was interested in sports as well and tried getting into that group but they didn't want me either! I guess I was too naïve, and not fashionable or snooty enough. They didn't want girls like me in their group. But now, times have changed! Now they want to add me on Facebook and somehow be associated with me. Too bad, girls!

**Talk to us about personal style...**

**AB:** My style is effortlessly chic. Even if I spend a lot of time on my outfit, I would like to make it look effortless. I believe that less is more. You'll see a lot of Boho outfits on my Instagram page.

**Who is your style icon?**

**AB:** Victoria Beckham, and I wouldn't mind David Beckham as a side accessory either!

**In your opinion, what are the three necessary staples for the fashionable woman today?**

**AB:** A nice pair of shoes, a well-fitted pair of blue jeans and a white cotton *kurta*. I also think the small shirt and big *shalwar* look is also a timeless piece every girl should own.

**What was the most recent fashion fad that you wished never existed?**

**AB:** I hate platform sneakers. No. Never. Ever...

**Do you have a secret talent that we don't know about?**

**AB:** I can dance well. Bollywood dances, to be specific! I want to learn salsa one day as well; I'm a big fan. I can also read lips.

**A superpower you've always wanted?**

**AB:** If I could have a superpower, I'd want it to ►

*Up Close with  
Amna Babar*

**What would we find in your bag?**

Blush, mobile, mobile charger and money lying around in every other pocket!

**What was your last search on Google?**

I was actually searching for an anti-allergy pill.

**The most recent purchase you made?**

I just bought Louboutins.

**Next travel destination?**

Dubai.

**Pet peeve?**

When people shake their leg. I can't stand it. Whenever my brother does it, I say: "Please Babloo, stop." Yes, I call my brother Babloo. Don't kill me! [Laughs]

**Guilty pleasures?**

I eat way too many *gol gappays*!

**The last song stuck in your head?**

*Cheerleader* by OMI.

**The first thing you do in the morning?**

Brush my teeth, obviously!

**The last thing you do before you sleep?**

Remove my make-up.





AMNA LOOKS CASUAL CHIC IN A PAIR OF FLARED JEANS PAIRED WITH A ZARA SHAHJAHAN BLOUSE





AMNA LOOKS BOLD AND BEAUTIFUL IN A MID-LENGTH DRESS BY SANA SAFINAZ

“ My style is effortlessly chic. Even if I spend a lot of time on my outfit, I would like to make it look effortless. ”



“ You have to be very hardworking and down to earth. The minute you show arrogance or attitude, you will go down. ”

be invisibility. I would go and listen to people who would backbite about me. [Laughs]

**Something no one knows about Amna Babar?**

**AB:** When I get married, I just want to be a housewife and have kids early. That usually shocks everyone.

**In your group of friends, are you the crazy one, the spontaneous one, the organised one or the quiet one?**

**AB:** Sometimes I'm the quiet one but most of the time I'm overtly spontaneous. I usually spoil my friend's plans! [Laughs] Everyone will want to go right and Amna Babar will say left.

**Describe your ideal day/night.**

**AB:** I can spend 24 hours in bed, sleeping. I can sleep anytime, anywhere. I can sleep on this chair right now! [Laughs]

**What physical trait do you most admire in a man or woman?**

**AB:** I like soft, pretty hands and feet. Nothing too muscular; I prefer lean.

**Tell us about your beauty and fitness regime.**

**AB:** I do a protein diet from time to time – only protein, no carbs and lots of green tea.

**What are some beauty products you swear by?**

**AB:** I was once doing a shoot for Natasha where I was supposed to be Dracula; I told her I felt incomplete as there was no pink blush! So yes, if there's one thing I need, it's my blush otherwise I'm pretty carefree with beauty products. Blush is my oxygen! Oh and I also use Garnier's eye roller which reduces eye bags and puffiness; I need that as I'm always on the go.

**The best advice someone has given you...**

**AB:** A lot of people told me it's very easy to get fame, but it's very hard to keep that fame. So you have to be very hardworking and down to earth. The minute you show arrogance or attitude, you will go down. I've seen models not get work just because of their [bad] attitude.

**One last thing, we couldn't help but notice your entertaining Dubsplash videos. Any plans to utilise that talent as an actress?**

**AB:** [Laughs] I am absolutely addicted to Dubsplash! I haven't ever thought about becoming an actress but if a project is pitched to me and it seems worthwhile, I would consider it. **OK!**



AMNA LOOKS EDGY AND FIERCE IN THIS MESH TOP AND PRINTED ALI XEESHAN PANTS

INTERVIEW: ARSHA ASIF  
COORDINATION AND STYLING: SOHA HAFEEZ SHEIKH  
PHOTOGRAPHS: NFK PHOTOGRAPHY  
HAIR AND MAKE-UP: OMAYR WAQAR  
JEWELLERY: OUTHOUSE





# CHRIS EVANS

“I’m a bit of a control freak”

**The heartthrob talks about making his directorial debut with *Before We Go*, the movie’s script and working with British beauty Alice Eve**









MARK KASSEN, MARY VIOLA, ALICE EVE, CHRIS EVANS & MCG AT THE *BEFORE WE GO* PREMIERE AT THE TORONTO INTERNATIONAL FILM FESTIVAL

In recent years, Chris Evans has captured the hearts of superhero enthusiasts with his depiction of Marvel's all-American soldier Steve Rogers a.k.a. Captain America in the *Avengers* and solo *Captain America* movies. The hottie previously played Marvel's Johnny Storm a.k.a. Human Torch in 2007's *Fantastic Four* as well.

And now, the 34-year-old Boston native plays a character decidedly more earthly, although still sort of heroic in the romantic drama-comedy, *Before We Go*. The blonde, blue-eyed Evans not only appears in the film opposite British beauty Alice Eve, he also makes his directorial debut.

Evans plays a busker in New York's Grand Central Station who helps out a young traveler who has lost her purse. Over the course of the night, the two strangers become friends and embark on a series of low-key adventures around the Big Apple while getting to know one another. The "romance" between Nick (Evans) and Brooke (Eve) doesn't go in the typical direction of most meet-cute dramedies (aka drama-comedies) though, which is partly what attracted the actor to the project.

Dressed casually in black jeans and a wine-colour V-neck sweater that accentuates his still buff body, Evans speaks about why he wanted to put on the director's hat, learning to play the trumpet, working alongside Eve and taking advantage of the breaks that playing a superhero can create.

**This is your directorial debut. Did actor Chris Evans get along with director Chris Evans?**

**Chris Evans:** Chris Evans is a pain in the a\*\*. He's difficult but I made it work! [Laughs] No, actually,



A MOVIE STILL FROM *BEFORE WE GO*

it was great. I liked wearing both hats. I'm a bit of a control freak so I enjoyed the responsibility.

**After playing Captain America and making Marvel movies, do you feel the experience has made you a stronger actor and film-maker? Would you have been able to take on directing and acting in this movie without everything you learned in the last few years?**

**CE:** On a technical front, without the Marvel films I would never have had this opportunity. The notoriety that Marvel provides is what allows me to put myself in a movie and get it on its feet. That's the nature of the business. But, just as an actor, the nature of life experience, what Marvel brings in terms of making a movie of that magnitude and the ripple effect it has on you personally, emotionally, mentally, that can only

age you in any creative endeavour whether you are a director, actor, musician, anything so it's certainly colouring my experience.

**Was it a little tricky because you are in every scene and there's a lot of dialogue? You're not doing special effects and things like that...**

**CE:** The reason I liked the script was that some scenes are five, six or even seven pages long so if you're doing one full take or you're covering all this dialogue, it's not necessarily easy to run back and watch the scene on the monitor. You've doubled your workload. So, you kind of go on a gut [feeling] or trust your producer and say, "Do we have that?" It's nice to have a flow going as an actor but as a director, in the editing room, you kind of wish you had spent more time in the director's chair to be able to watch the scene manufactured. ▶





“ I will always love acting but it comes with a lot of strings attached. It’s not like you can just sit in your room and act. You’re not a painter or a writer so there’s a much broader dance you have to subscribe to. ”

CHRIS EVANS AT THE CAPTAIN AMERICA: THE WINTER SOLDIER PREMIERE AT LE GRAND REX IN PARIS





LISA EVANS, CHRIS EVANS, CARLY EVANS & SCOTT EVANS ATTEND THE *BEFORE WE GO* COCKTAIL RECEPTION AT WEST BAR IN CANADA

**This is the kind of script we don't see anymore so often; just two people on the streets of New York getting to know each other. What about the story spoke to you and made you want to make it your directorial debut?**

**CE:** Honestly, it's a matter of trying to find something that you are passionate about and connect to but also it's something that the producers are willing to let you direct. It's not like being a first-time director; they're throwing Aaron Sorkin scripts at you. I can't tell you how many scripts I read that were just crap. And you realise they're that way because no one is touching them. That's why they're coming to me. So, it's tough trying to find something that's available; something they're willing to let you direct that you still are connected to and passionate about. So, this script was the closest thing to that and it felt manageable. The script went through a lot of incarnations and was massaged quite a bit but it still felt like something that I enjoy. I like movies that take place in a finite amount of time with limited characters. I like things that read like theatre.

**It seemed like New York was almost a character in itself...what was it like working there?**

**CE:** It certainly is a character and that's one of the things we wanted to accomplish but December night shoots were definitely a challenge!

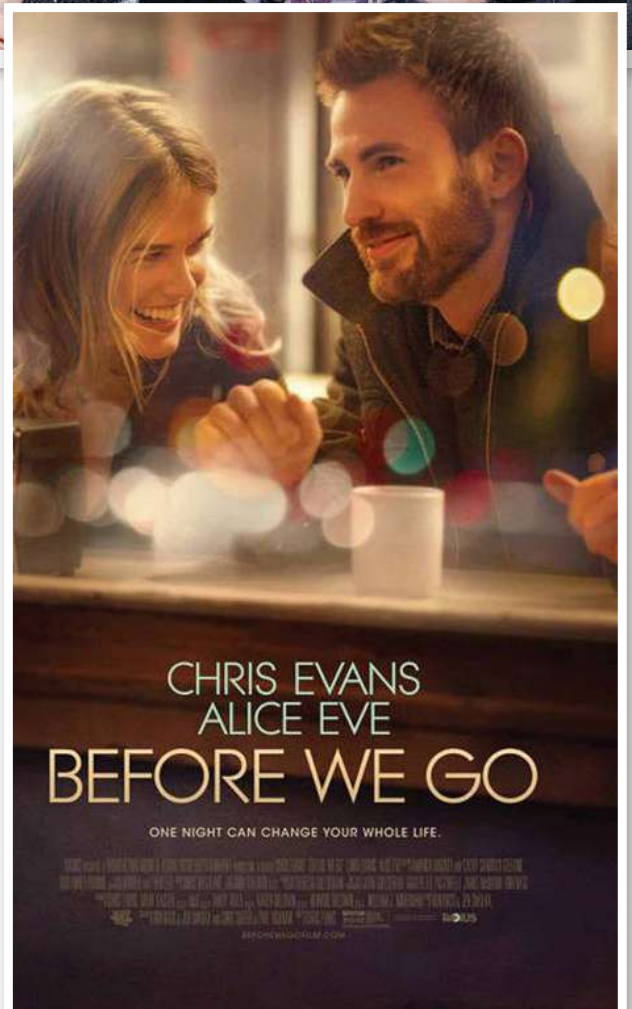
**What did you discover or learn being the director and lead actor on the same project?**

**CE:** Of course, it's tough watching yourself in the editing room. You really learn all your little crutches, tricks and moves, and you realise that

editors know where all the bodies are buried. I wanted to call every editor I've worked with. It's like, "I'm so sorry. Don't you tell anybody what I do." It's eye-opening. It's tough to articulate what you learn but you do learn from the takes that you watch of yourself; the ones you like versus the ones that are unusable. You remember the process you were going through from take to take; it's very educational and eye-opening.

**What was your relationship with your cinematographer on this film? Did you go location scouting, storyboarding and picking out lenses? How involved were you?**

**CE:** Yes, we did all of that stuff. Our DP John Guleserian – I just love him. Like *Crazy* is one of the movies that I use as a steady template so we ended up getting the same DP. He's just so fantastic and wonderful; him and [producer] Mark Kassen both. Being a first-time director, you don't necessarily have the lingo to express the look you want. It's like you know what flavour you want to taste but you just don't know what ingredients go into [producing] it. The beautiful thing about movie-making is that we all know cinema so you can reference other films; so you can say, "How do you do that?" Luckily, I had a lot of people who were willing to be patient with me and walk me through, but he [John] was there every step of the way, through storyboards and scouting and all.



**Your character Nick is a trumpet player who has an audition for a jazz band. Do you have any bad audition experiences you can share?**

**CE:** Trust me, bad auditions are not hard to come by! Finding a good audition is the real diamond in



**“Bad auditions are not hard to come by! Finding a good audition is the real diamond in the rough. That’s what acting is about.”**

the rough. That’s what acting is about. They’re all bad auditions. It’s a hard business. You have to be like a sadist.

**How do you overcome that?**

**CE:** I don’t know if I have. I’m under a crushing wave of insecurity right now.

**Do you play the trumpet?**

**CE:** I finger the trumpet. I wanted to play and took some lessons and learned that after the first lesson, this is not going to get where I needed it to get in a month! The guy’s supposed to be a wildly accomplished musician so we hired a musician and we filmed him playing all the melodies then I would just watch his fingering. All my fingering in the movie is accurate. It’s just not my sound.

**You’ve worked with some great directors...did you seek out any advice from them?**

**CE:** I did talk to some guys who knew I was making a movie. The Russos, Edgar Wright and Mark Kassen. The general consensus, given the fact that they knew I was new at it, was, “Don’t be afraid to lean on people. You are surrounded by very talented people in their respective professions. Don’t pretend to know what you don’t. Ask for help if you need it and trust the talent of the different departments.” You’ve got to check your ego at the door and be willing to look foolish.

**Down the road, do you ever see yourself being solely a director?**

**CE:** Listen, I love acting. I’ll always love acting. I think most creative people are relatively fickle. I feel the search for an outlet evolves and that’s the beauty of being creative. It changes from day to day. I will always love acting but it comes with a lot of strings attached. It’s not like you can just sit in your room and act. You’re not a painter or a writer so there’s a much broader dance you have to subscribe to. But given this experience as a director, I’m absolutely in love with it and the lessons I’ve learned and the tools I’ve adopted from this one, I’m very eager to tackle the next one. Who knows how that will evolve and change. I can’t say it will only be this or that but I certainly have the bug.

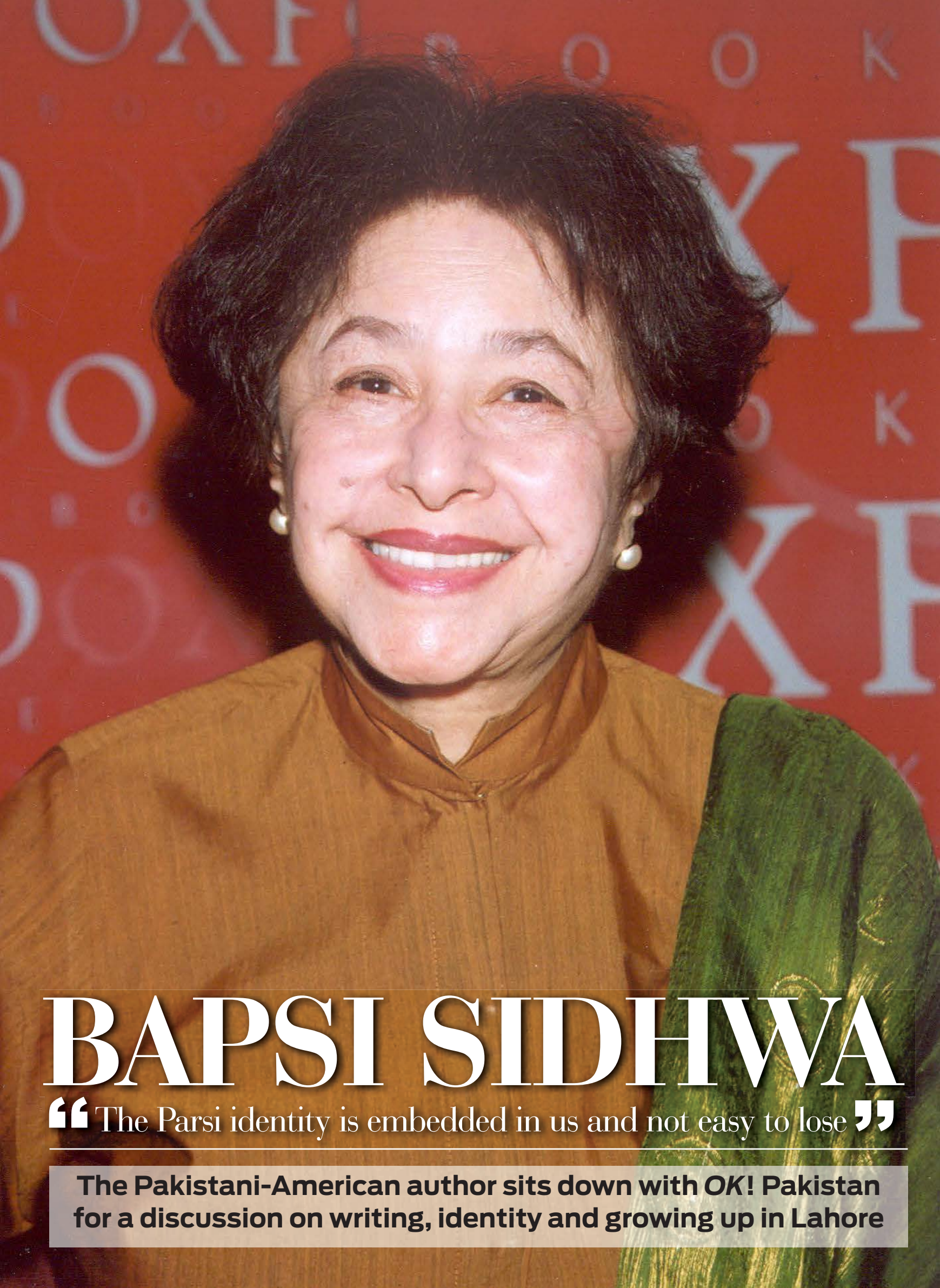
**At one point Nick and Brooke pretend a public phone is a time machine and make some revelations about themselves to each other in the process. If you could go back to any time in your life, what would it be?**

**CE:** 2004 was a good year. I’d make a bad year worse if I went back to it though. I’m just going to sit back during a good one and soak in it. **OK!**



**ALICE EVE & CHRIS EVANS AT THE BEFORE WE GO PREMIERE AT THE TORONTO INTERNATIONAL FILM FESTIVAL**



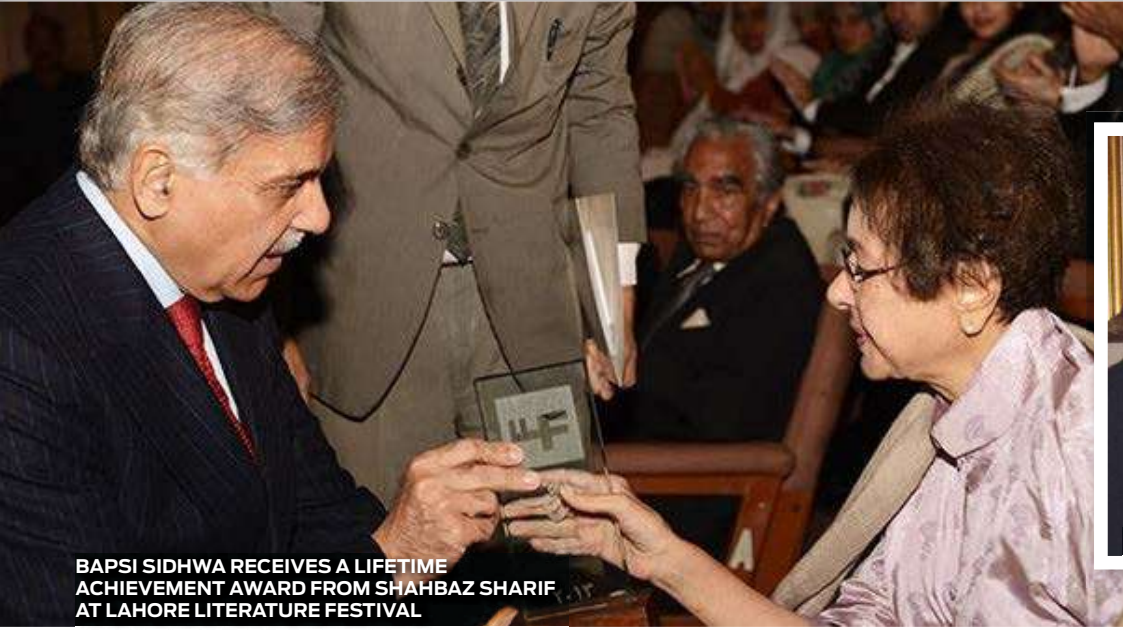


# BAPSI SIDHWA

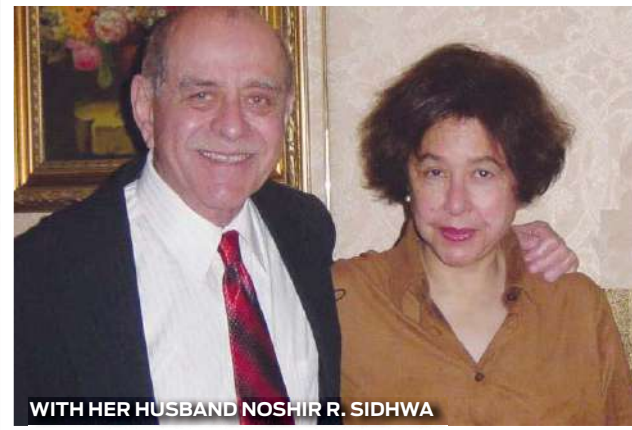
“The Parsi identity is embedded in us and not easy to lose”

The Pakistani-American author sits down with *OK! Pakistan* for a discussion on writing, identity and growing up in Lahore





**BAPSI SIDHWA RECEIVES A LIFETIME ACHIEVEMENT AWARD FROM SHAHBAZ SHARIF AT LAHORE LITERATURE FESTIVAL**



**WITH HER HUSBAND NOSHIR R. SIDHWA**

**A** pioneer in English-language Pakistani literature, Bapsi Sidhwa now calls a suburb of Houston, Texas her home. Stricken with polio as a child, Bapsi's parents kept her at home for schooling, which she remembers as a lonely time but crucial to her development into a writer. Bapsi often says that during her out-of-the-ordinary childhood, her imagination blossomed from reading numerous books while staying at home and studying with a private tutor. Remarkably, she passed a private Matriculation examination at the age of 13, and later received her degree from Kinnaird College for Women in Lahore.

Today, Bapsi has published five novels and a collection of short writings on Lahore, her first home. Her writing has carved a niche into a wider genre of South Asian women's writing, focusing on issues which women face in the subcontinent. Although she has lived in the United States for over two decades, she remains steadfastly close to her friends and relatives back home in Pakistan.

Earlier this year, her novel *The Crow Eaters* was re-issued by Daunt Books with a new foreword by eminent writer Fatima Bhutto. Known as *Junglewalla Sahib* in Urdu, *The Crow Eaters* tells the story of a Parsi family who has relocated from their ancestral forest home to the bustling metropolis of Lahore at the turn of the 20th century.

**Fatima Bhutto has written the foreword to the new edition of your novel, *The Crow Eaters*; tell us more about that. Do you know the Bhutto family personally?**

**Bapsi Sidhwa:** I received an email from my editor at Daunt Books in the UK - they are the ones republishing *The Crow Eaters* - informing me that Fatima Bhutto was interested in writing the foreword and if I would be okay with that. I promptly replied that I would be delighted and honoured if she did. Although I had not met Fatima, I knew she was an intelligent and good writer. I knew Nusrat Bhutto; we worked together on several women's committees. I also knew Zulfiqar



**WITH INDIAN AUTHORS SHASHI THAROOR AND CHITRA DIVAKARUNI**



**WITH RENOWNED AUTHOR SARA SULERI GOODYEAR**

Ali Bhutto's sister Munira and her husband. I met Benazir Bhutto quite a few times as well. Fatima's mother, Ghinwa also graciously invited me for tea at the Bhutto residence in Karachi.

**How has your Parsi identity grown or perhaps lessened since you moved to the US in 1983?**

**BS:** I used to visit the US often, but I did not move here till around 1991. This has had absolutely no effect on my Parsi identity. We have an active Zoroastrian Center in Houston with about 600 members and we attend many of the events that take place there. The Parsi identity is embedded in us and not easy to lose.

**“ Since I have lived the largest part of my life in Pakistan, my Pakistani identity is strong. ”**

**Growing up in Lahore, did you feel excluded because you came from a Parsi family?**

**BS:** I did not feel excluded because I had friends among the Muslim and Christian communities. I did feel excluded and lonely at times however, but that was because I could not attend school on account of childhood polio.

**How long have you lived in Houston, and what do you enjoy most about living there?**

**BS:** I have lived in Houston for about 20 years now and we just moved to Sugar Land, a suburb of Houston. I enjoy driving around and the feeling of independence it gives me. I am thankful for things like electricity, gas, water, and other amenities that are plentifully available and work consistently.

**You lived in Mumbai for about five years as ►**



**“ There are too many women’s issues in South Asia that I would love to see bettered, particularly the attitude of *purdah*, child marriage and domestic violence...Every short while, there is a new burning issue of injustice towards women that absorbs me afresh. ”**

**well. How did you find living in India compared to Pakistan during the late ‘70s and early ‘80s?**

**BS:** I moved to India after getting married in Bombay. Bombay had a festive, freewheeling energy that was quite enchanting and allowed me to develop in ways I could never have if I was living exclusively in Pakistan.

**How often do you visit Pakistan and who do you visit?**

**BS:** I try to visit Pakistan every two to three years. I last visited the country about four years ago and I haven’t visited since as my health has been very poor. The people I visit in Lahore include Nasira Iqbal, Perin Boga, Rati Cooper, Nergis Sobani, and the Challa family among the Parsi community. Other friends include Fakhar, Nilofer Majid, Henna Babar Ali, Nusrat Jamil, Bano Qudsia, Imran Qureshi, Dr. Imtiaz Rasul, Shahnaz Rasul, Khawar Kazi, Anwar Nasir, and of course several others.

**If there was an ideal place where you could live, where would it be?**

**BS:** It would be like Lahore as it was when I lived there, and the hills for the summer.

**Were all three of your children born in the US? What challenges did you face while raising your family? Did you find it difficult to teach them your native tongue?**

**BS:** Two of my children, Mohur and Khodadad, were born in Bombay and my youngest, Parizad, was born in Lahore. It was no problem teaching them our language.

**Do you have grandchildren? Does your family live in the US, too?**

**BS:** I have three grandsons. My immediate family all live in the US, including my brother Feroze Bhandara.

**What languages did your family speak when you were growing up in Karachi and Lahore?**

**BS:** The Parsis in India and Pakistan speak Gujrati; we spoke that at home along with English. Among our friends, we often spoke in Urdu and English.

**Since you have lived in the US for over two decades, do you feel you identify more as an American than a Pakistani? How does your national identity inform your writing today?** **BS:** Since I have lived the largest part of my life in Pakistan, my Pakistani identity is strong. But with the change of my





geographical location to the US and my interest in politics and events that occur here, I do identify myself as an American as well.

**What South Asian women's issues are you most interested in exploring these days? And how have your current interests changed over the years?**

**BS:** There are too many women's issues in South Asia that I would love to see bettered, particularly the attitude of *purdah*, child marriage and domestic violence. In India, it would be the dowry system, bride burning, the treatment of widows and of course, the prevalent problem of child prostitution, where girls are sold by their parents because of poverty. The issues I have named above have always interested me. I came across some of them, like the issues of widows in India, when I worked on writing my novel, *Water*, which was based on Deepa Mehta's film. Every short while, there is a new burning issue of injustice towards women that absorbs me afresh.

**What advice would you give to young women growing up in Pakistan today? Would you give different advice to women in the US?**

**BS:** Women in Pakistan do not belong to a homogenous group. Women in the northern areas of Pakistan are treated much more conservatively and I wish they were allowed more freedom. And not just there, but also in the villages of Punjab and Sindh. Then, there is the big difference of the way women are treated in wealthier homes. I can only advise them to wrest more power for themselves from the men who govern their lives, such as their husbands, fathers, brothers, etc. I feel that women in the US tend to lose their sense of self-worth easily and they could keep their worth and self-respect in mind.

**What writers are you most excited about these days?**

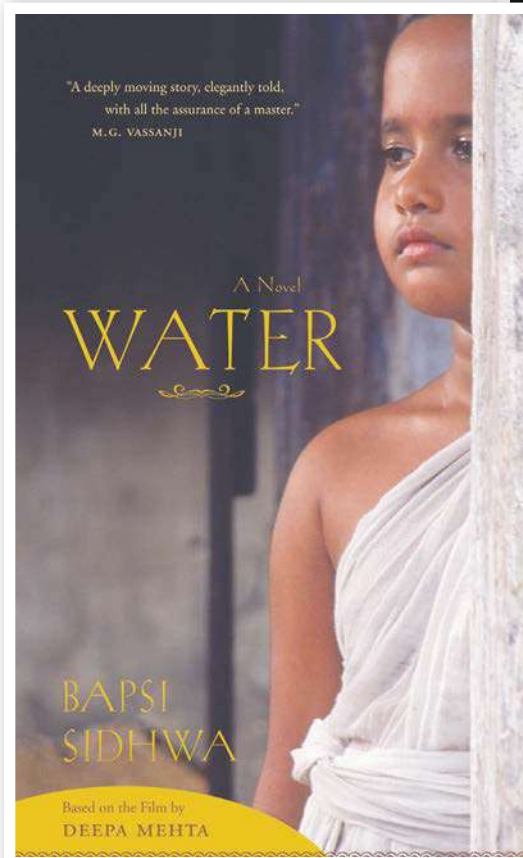
**BS:** I am interested in Pakistani writers, particularly Mohsin Hamid, Hanif Kureishi, Kamila Shamsie, Bina Shah, Aamer Hussein, and of course, Sara Suleri Goodyear. Among the Indian writers, my favourites are Khushwant Singh, Amitav Ghosh, Vikram Seth, Anita Desai and Kiran Desai. I have read and loved many books by other Indian writers too. Now, I'm

**“I can only advise women to wrest more power for themselves from the men who govern their lives, such as their husbands, fathers, brothers, etc.”**

binging on American murder mysteries, such as John Grisham and many other American writers including Roselyn Brown and Gish Jen. Among UK writers, I keep rereading PG Wodehouse. I have read too many British writers to enumerate all of them.

**What are your hobbies besides writing?**

**BS:** My hobbies include reading, watching TV, climbing

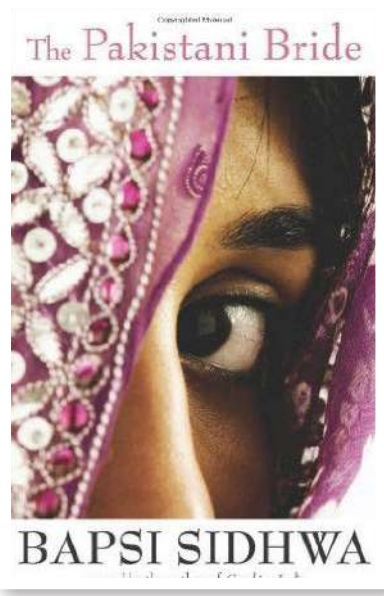
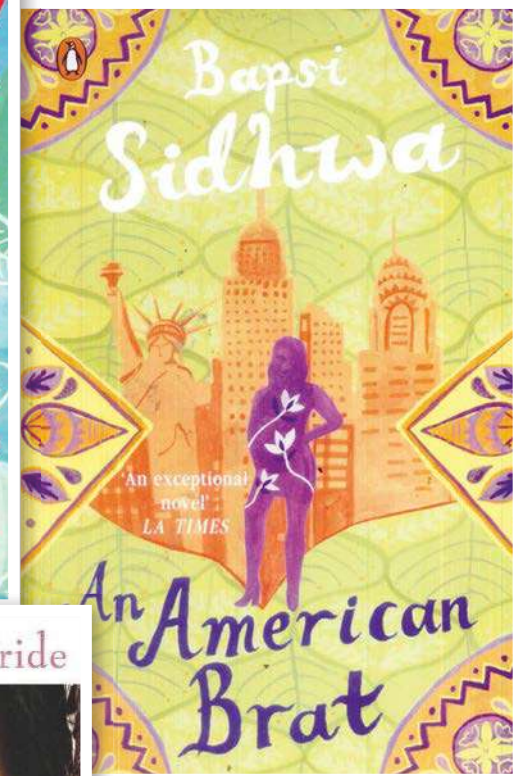
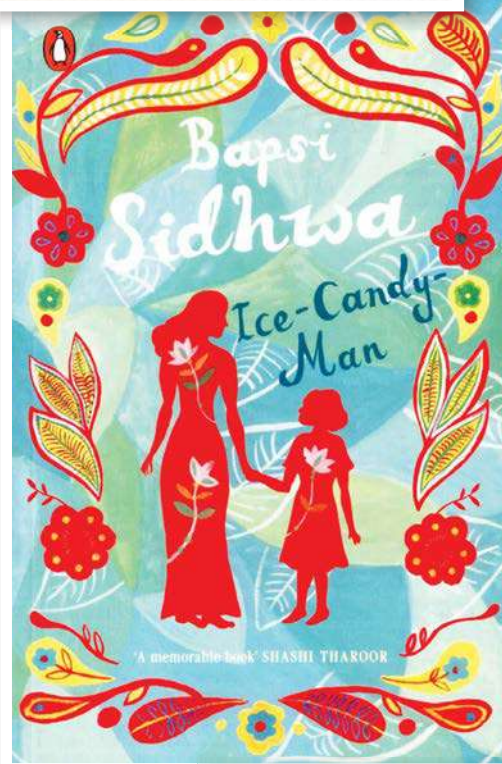


# THE Crow Eaters



Bapsi Sidhwa

...my, exotic, bawdy, ingenious, always entertaining....a rollicking novel! —People



mountains in Northern Pakistan, and traveling to countries like England, Italy and India.

**Are you working on a writing project at the moment? Can you tell us about it?**

**BS:** I am not currently working on anything new, but ideas keep crowding my mind, especially about my years in Bombay. I would like to write about that. **OK!**

INTERVIEW: CAROL KHAN  
PHOTOGRAPHS: COURTESY BAPSI SIDHWA



*Alicia*

# KEYS

*“Music helps us communicate”*

**The Grammy-winning singer talks about raising a family, working on her new album and what inspires her**









ALICIA KEYS PERFORMS AT THE ANGEL BALL IN NEW YORK

Alicia Keys is ready to storm back to the music scene. Following the birth of her second child Genesis Ali, the pop star has been working hard on her new album - set for release this autumn. It's been over three years since her previous record (*Girl on Fire*) became a global sensation but Alicia still feels that she's at the top of her game. She says her new CD will be a reflection of how much music still means to her after selling over 50 million albums over the past 14 years and winning 16 Grammys.

"Music is more important to me now than ever before; I've never loved making music more as much as I do now," Alicia says. "It is a part of everything we do. You always remember your first kiss and the song that was playing in the background. You remember the outfit you had on when you first heard your favourite song. Music creates memories that last a lifetime. It's beautiful..."

Having devoted much of her time over the last several years raising her first child, Egypt (who is now four), the 34-year-old singer has been spending most of her summer in the studio with her hip-hop producer/husband Swizz Beatz and legendary producer/singer Pharrell Williams working on her sixth album. Alicia is in top form and anxious to deliver an uplifting message to her listeners. Her latest single, *28 Thousand Days*, which will be released via the album, is a reference to the number of days in an average human life span of 76 years; here are some of the lyrics: "There's only 28,000 days; who would you love, where would you go, what would you celebrate? I'm tellin' you that life's too short to just throw away...so have the time of your life."

In addition to her music, Alicia is also the ►



ALICIA KEYS POSTS PICTURES OF HER DAUGHTER EGYPT ON INSTAGRAM





**“Motherhood has opened me up as a more sensitive, concerned and creative woman. I feel an even greater sense of responsibility of being a caring and concerned member of society and I think I’ve evolved as an individual.”**

**ALICIA KEYS AT THE 27TH ANNUAL ARIA AWARDS IN AUSTRALIA**





ALICIA KEYS, PHARRELL WILLIAMS & SWIZZ BEATZ AT PHARRELL'S 41ST BIRTHDAY PARTY IN NEW YORK

campaign spokesperson for Parfums Givenchy and its latest fragrance, Dahlia Divin as well as the brand ambassador for Levi's jeans. Earlier this year she was honoured for her philanthropic work - she's raised over \$30 million for charities. She was also presented with the Recording Artists' Coalition Award; an award named for the artists' rights programme founded by Don Henley and Sheryl Crow.

The singer lives with her husband Swizz Beatz and their two children in Englewood, N.J. and are currently building a new mansion. Their desire for a new home comes a mere three years after purchasing Eddie Murphy's 25,000-square-foot Englewood mansion in 2012 which features a movie theatre, indoor pool, recording studio and bowling alley. They had previously lived in Lenny Kravitz's former NYC Soho penthouse.

**Alicia, you're currently working on your sixth solo album. What inspires your writing?**

**Alicia Keys:** In most cases, I write on the basis of a link with what I've experienced, and I try to explore the emotions, circumstances and events that have impacted my life. A song can be inspired by one particular emotional moment or a feeling I had at a given time that made me sad, angry or very happy because those emotions don't escape you. In any case, the inspiration has always come from something true or real, and I'm usually trying to describe those feelings and experiences. At 94

times, the writing will be very elaborate and precise, and other times, it's going to be more instinctive and impulsive. I like to be able to work along both approaches.

**Your music has influenced a generation of listeners and young performers, particularly black artists. Are you proud of that?**

**AK:** Yes. I grew up in Hell's Kitchen in New York and it was a pretty difficult place for any young person to live. I've never forgotten my roots and

**“I don't know why but I find the smell of newborns so incredibly special; it puts me in a euphoric state and just overwhelms me with joy.”**

I still have a powerful connection with New York, and Harlem, where I also spent a lot of time. Although I'm proud of having been able to make my mark as an artist, I'm simply part of a long

tradition of black musicians, songwriters and performers. I've been influenced by many great artists who have come before me and I've tried to interpret those sounds and rhythms in my own way. I grew up listening to hip-hop but I've also been heavily inspired by classical and soul music. That's the beauty of music; you can draw so much inspiration and energy from so many different styles and sounds.

**Unlike a lot of recording artists and musicians, you prefer to live on the East Coast and close to your hometown New York as opposed to Los Angeles...**

**AK:** I feel at home here [after living in Soho, Alicia has been living in the adjacent state of New Jersey] and I feel that New York is part of my identity. I feed off the sounds and smells of the city and it's where I feel truly comfortable and rooted. I think anyone who grows up in New York has a hard time adjusting to life in L.A. - it's such a different world out there. Maybe some people will love the sun and beaches but I would miss the culture and vibe of New York. I understand the way the city lives and breathes, and I also feel such a strong connection to the people. I have so many friends and family over here.

**Is it a little bit harder to manage your time in the studio and next year's tour now that you have two children to raise?**

**AK:** [Laughs] It's a lot busier with two kids, but



“I’ve been influenced by many great artists who have come before me and I’ve tried to interpret those sounds and rhythms in my own way.”

Egypt loves having a baby brother and even during my pregnancy, she would come over and rub my tummy and listen to the baby kicking. So I have support from my daughter as well as from my husband, so I’m learning to adjust. What’s different now is that having already raised one child, I’m a lot calmer about everything and I know how to manage my time better and not feel as stressed. But women have always been taking responsibility for taking care of their families and I think I have that power in me, too! [Laughs]

**Has Egypt reacted well to having a little brother in the house and the fact that her mother has less time for her as compared to before Genesis was born?**

**AK:** Oh, she’s adjusted really beautifully. She’s fascinated by her little brother and she also understands that she can’t have as much time with me as before although sometimes she gets a little frustrated! [Laughs] But that’s normal. And Egypt likes to bring me things if I ask her for something and that way she feels that she’s also helping look after her brother.

**Every woman faces these questions, but in what ways has raising a family changed you?**

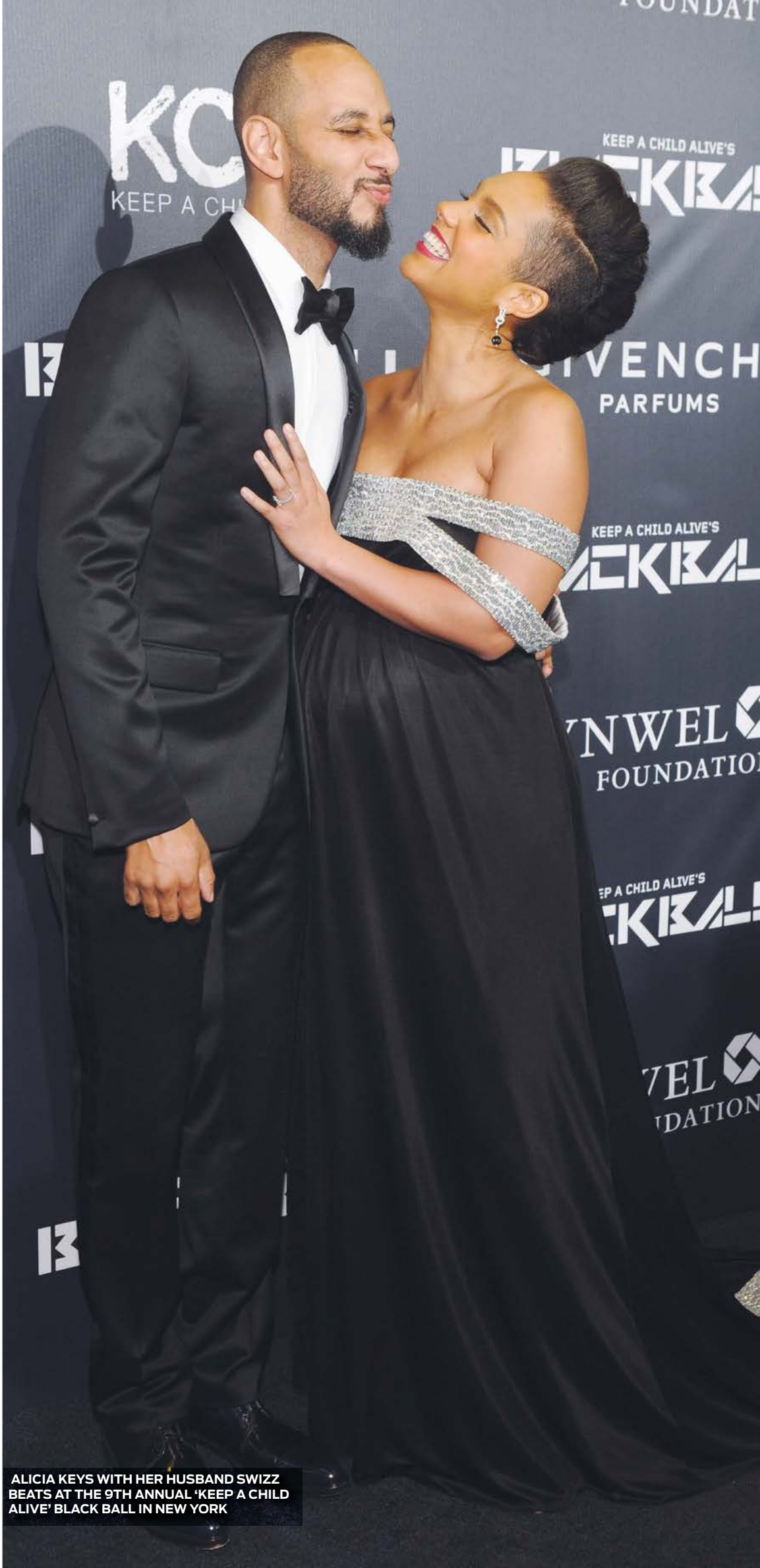
**AK:** Motherhood has opened me up as a more sensitive, concerned and more creative woman. I feel an even greater sense of responsibility of being a caring and concerned member of society and I think I’ve evolved as an individual. Looking after children makes you feel protective not only of your family but it also makes you look out deeper into the world around you.

**Is there any one particular joy or aspect about looking after a newborn baby?**

**AK:** I don’t know why but I find the smell of newborns so incredibly special; it puts me in a euphoric state and just overwhelms me with joy. Being with Genesis reminds me of the exact same feeling I had when I was looking after Egypt for the first several months and you almost never want to let your baby out of your arms.

**Do you feel excited about the release of your new album?**

**AK:** I’m extremely passionate about the work we’ve been doing and I believe that music is a powerful force in our lives. Music is something that engages people in a very unique way and I truly believe that it helps us communicate. Apart from the pure joy and kick that I get from performing, it’s the way of connecting with people that makes it all the more meaningful for me. **OK!**



ALICIA KEYS WITH HER HUSBAND SWIZZ BEATS AT THE 9TH ANNUAL 'KEEP A CHILD ALIVE' BLACK BALL IN NEW YORK



# SILVER SCREEN *Stunners*

With a plethora of movie releases, 2015 will be marked in history for witnessing the resurgence of Pakistani cinema. It's definitely been a promising year as every movie did rather well with some becoming outright blockbusters. Here, we list down the gorgeous girls who literally lit the screen on fire and made it all possible by adding that extra tinge of much-needed pizzazz!

## *Humaima Malick*

She started her career at the mere age of 14 but it wasn't till her breakthrough performance in Shoaib Mansoor's blockbuster, *Bol* that really brought her to the fore. She won numerous awards for her extraordinary and very deserving performance – not just locally, but globally. However, her success story did not end there; following *Bol*, she was seen working in Bollywood alongside renowned actors. And this year, the starlet decided to give local cinema another entertaining performance with *Dekh Magar Pyaar Sey*. She was seen alongside Noor Jehan's grandson Sikander Rizvi, who made his smashing debut with the project. Rumour has it that Humaima will next be seen on the big screen with Bollywood actor Amir Khan, and we can't wait to see her dazzle on the silver screen one more time!







## *Mahirah Khan*

With time, Mahirah Khan has proven that she isn't just a pretty face – she's got some massive acting chops too! She made her debut in local cinema with *Bol* and was nominated for Best Film Actress at the Lux Style Awards the same year. Recently, she starred alongside seasoned actor Humayun Saeed and Armeena Khan in rom-com *Bin Roye*; the song *Balle Balle* was the highlight of the movie where Mahirah was seen showing off her unrivaled dance moves. This year has proven to be exceptionally lucky for the beauty as she also signed a film (*Raees*) with Shahrukh Khan, made a special appearance in Sarmad Khoosat's *Manto* and will also be seen in Asim Raza's *Ho Mann Jahaan* early next year! We simply cannot wait...





## *Armeena Khan*

When it comes to entertainment, Armeena Khan has not only made a mark in the local scene but has also made her presence known internationally. In 2013, she was seen in Bollywood film, *Huff! It's Too Much* and this year, she was seen on the local silver screen in *Bin Roye* alongside Mahirah Khan and Humayun Saeed. Apart from that, she has a few other local projects lined up which seem very promising; the much-awaited movie *Yalghaar* and Reham Khan's production, *Janaan*. We can't wait to see what other tricks this girl is set to pull out of her hat!





## *Ayesha Khan*

Ayesha Khan gained colossal fame through her varied roles on the small screen but is now switching it up and seems to be more intrigued by the big screen. Her debut film *Waar* (2013) was one of the highest grossing films of the year and won numerous awards. Ayesha played the role of an intelligence officer who helps foil a terrorist attack and now, with her new film *Jawani Phir Nahi Ani*, Ayesha plays a completely different role which only proves her versatility. The comedic script allows every actor to reveal his or her lighter side, and that's just what Ayesha's been able to showcase. The film was able to hit the PKR 350 million mark at the box office in just three weeks of its release, and continues to break records!



## *Mehwish Hayat*

Mehwish Hayat has remained an underdog for too long. Not only has she been modeling and acting, but has also been singing on the side! When she's on screen, she makes sure she leaves her mark, and that's why we absolutely adore her. She started her career in 2009 on the small screen and worked alongside numerous renowned actors of our entertainment industry. Last year, she dazzled on the silver screen as an item girl in *Na Maloom Afraad's* catchy tune, *Billi*. And this year, she was seen in one of 2015's most anticipated films, *Jawani Phir Nahi Ani* and stole everyone's breath away once again! We can't wait to see what this starlet's getting into next!





## *Saba Qamar*

With her acting prowess, Saba Qamar has proven to be one of her generation's most promising stars. She made it big on the small screen early on in her career and is now on her way to making it big on the silver screen too – she was recently seen in Sarmad Khoosat's *Manto* (which has done exceptionally well at the box office) where she played the role of legendary singer Madam Noor Jehan. If any actress in today's time could do justice to such a massive role, it could only be Saba Qamar. She has the poise, charm and sophistication required to pull it off. Next year, this talented actress will be seen in two more big screen projects!



## *Sarwat Gilani*

Sarwat Gilani has been seen in numerous TV shows and has done justice to all her roles. She can play serious and intense roles as well as comedic ones. In 2013, she made her film debut with Anjum Shahzad's *Dil Mera Dharkan Teri* and last year, she was seen in a short film called *Baat Cheet* which was screened at the Cannes Film Festival; the latter won three awards at the Documentary and Short International Movie Awards 2015. Her most recent stint however, has been in *Jawani Phir Nahi Ani* where she is seen trying her luck at comedy – and we think she's done a fantastic job!





### *Sohaili Ali Abro*

Sohaili isn't your typical pretty actress – she's attractive for sure but she's also got that extra 'edgy factor' going for her! Although the young actress made her on screen debut in 2013 with *Arjuman* - a remake of a 1970's movie - and was even nominated for best supporting actress, it wasn't till very recently that she shone in the limelight. And she shone bright! This year, she was seen in two comedy hits, *Wrong No.* and *Jawani Phir Nahi Ani* and looked absolutely fabulous. In the prior, she plays the role of an ambitious, career-oriented girl while in the latter, she plays the role of a typical socialite from Lahore; her quips here and there are absolutely hilarious! And her spot-on dance moves have definitely given the audience something to talk about!





## *Ayesha Omar*

Ayesha Omar embodies the definition of versatile. She can sing, dance, act, VJ and host – and we're sure the list doesn't end here. This year, the gorgeous actress made her debut on the silver screen with *Karachi Se Lahore* which takes the audience on a fun-filled road trip! The movie's premieres took place in different cities across the globe and Ayesha managed to look stunning each time. Her 'item song' *Tutti Frutti* proved her dancing prowess too! And now, she's got two more projects in the pipeline; the much-awaited film *Yalgaar* where Ayesha plays a very different role from what she's ever played before and Mehreen Jabbar's *Dubaara Phir Sey*. We wish her the best of luck in all her endeavours!





## *Sabeeka Imam*

Sabeeka Imam is edgy, fierce and a go-getter. In a very short span of time, this talented actress and model has managed to bag projects not only in Pakistan but in India as well. She was seen in Bollywood movie *Queen* where she played a very interesting role (which some would call controversial), and this year, she shone on the local silver screen in *Jalabee* where she was seen alongside actors like Wiqar Ali Khan, Zhalay Sarhadi and Sajid Hasan. We are sure the audience is waiting for her next glittering performance, and have got their fingers crossed!





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Sefam Standards



# OK! BEST DRESSED



Model of the moment, Kendall Jenner looks haute as ever in a Balmain x H&M ensemble at the #HMBalmination launch party.



Kate Hudson looks ravishing in a floor-length Giles Deacon gown, Brian Atwood shoes and Jennifer Meyer jewellery at the InStyle Awards in Los Angeles.



Dressed impeccably in a floral Preen dress and Christian Louboutin heels, Olivia Palermo tops the ranks at our fashion charts at the Ciaté London make-up launch.





The Duchess of Cambridge dons a floral Erdem gown and an Anya Hindmarch clutch at the 100 Women in Hedge Funds black tie gala at the Victoria and Albert Museum in London.



Amal Khan looks super stylish in a monochrome outfit at the Ammara Khan viewing. We love her white jacket, black and white Sania Maskatiya pants and two-tones shoes.



Iqraa Mansha stays on-trend wearing matching culottes and jacket with a Bottega Veneta clutch at the Inglot launch in Lahore.





Oozing glamour, Sofia Vergara wears Martha Medeiros Maceió to the 29th American Cinematheque Awards honouring Reese Witherspoon in Los Angeles.



Cate Blanchett stuns in an Alexander McQueen gown and Jimmy Choo Shoes while holding her award at the British Fashion Institute London Film Festival Awards in London.



Wardha Saleem looks spectacular in her eponymous label at the launch of her flagship store in Karachi.



# INTO THE DEEP

Up the ante, this season, in structured cocktail dresses, voluminous party gowns and midi skirts with cropped tops. To breeze through the festivities that winter brings, opt for deep hues in rich silk, tulle and velvet with hints of sparkle to add some pizzazz to the dress. Pair with bold jewels and accessories for some added fun.

**PHOTOGRAPHY & ART DIRECTION:** SHAHBAZ SHAZI  
**STYLING:** ALIZEH PASHA  
**FASHION COORDINATION:** SHAZIA RASHID  
**HAIR & MAKE-UP:** KITTY KITTIYA DUANGPOLON  
**POST PRODUCTION:** SHAHZAD RIAZ  
**MODEL:** NEHA





DRESS: SANA SAFINAZ  
JEWELLERY: PRERTO





DRESS: SHEHLA CHATOOR  
JEWELLERY: SHEHLA CHATOOR





DRESS: ADNAN PARDESY  
JEWELLERY: PRERTO  
SHOES: JIMMY CHOO





DRESS: ADNAN PARDESY  
JEWELLERY: PRERTO







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Flared Pants,  
PKR 130,000



**ANNA SUI**  
Lace & Jacquard  
Mini Dress,  
PKR 61,000



**GIAMBATTISTA VALLI**  
Metallic Jacquard  
Flared Pants,  
PKR 150,000



**MIU MIU**  
Crystal-Embellished  
Acetate Sunglasses,  
PKR 46,000



**JIMMY CHOO**  
Notion Leather &  
Wood Sandals,  
PKR 69,000



**TORY BURCH**  
Floral-Appliquéd  
Nubuch Shoulder Bag,  
PKR 69,000

# 70's Revival

Channel your inner flower child this month with platform shoes, skinny scarves and round sunnies. Flared pants, paisley print dresses, fringed accessories & tassel bags are having a major fashion moment. So stock up on 'em because this trend is predicted to be hot through Spring/Summer 2016.



OLIVIA PALERMO

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Le High Flare  
Jeans,  
PKR 23,000



**DURO OLOWU**  
Belted Intarsia Wool Cape,  
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**GUCCI**  
Floral-Print Silk-  
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Floral-Print Shirt,  
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**ZARA**  
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**MANGO**  
Striped Bow  
Blouse,  
PKR 6,490

**SACAI**  
Sacai Luck Printed  
Chiffon Blouse,  
PKR 66,000



**NICHOLAS KIRKWOOD**  
Velvet, Metallic & Patent-  
Leather Sandals,  
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Shoulder Bag,  
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**KAREN WALKER**  
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Knit Cardigan with Pockets,  
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**HERMÈS APPLE**  
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**GIUSEPPE ZANOTTI**  
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Lana Met Monk-Strap  
Brogues,  
PKR 70,000

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Georgia Convertible  
Leather Belt Bag,  
PKR 100,000

**GIVENCHY**  
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Pants,  
PKR 130,000

# Borrowed From The Boys



**MADEWELL**  
Ex-Boyfriend Plaid  
Cotton-Flannel Shirt,  
PKR 8,000

Yves Saint Laurent may be accredited for inventing the Le Smoking Tuxedo Suit in 1966, but celebs around the world have recently been spotted sporting the androgynous look more than ever before. Brogues, man-bags, boyfriend jeans, oversized-shirts and suits are just a few key pieces to make your look effortlessly mannish.



**GUCCI**  
Double-Breasted  
Appliquéd Wool  
Jacket,  
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**SPLENDID**  
Studio Treatment  
Chambray Track  
Pants,  
PKR 22,000

**HERMÈS**  
Collier De Chien,  
PKR 115,000

**THEORY**  
Tetra Tapered Pants,  
PKR 26,000

**SAINT LAURENT**  
Fringed Leather High-  
Top Sneakers,  
PKR 79,000



**GUCCI**  
Dionysus Canvas and  
Suede Belt Bag,  
PKR 150,000



**MARNI**  
Fringed Mirrored-  
Leather Brogues,  
PKR 71,000



**HERMÈS**  
Evlyne III,  
PKR 375,000



ANGELINA JOLIE

PHOTOGRAPHS: GETTY

STOCKISTS: CHLOÉ, CHURCH'S, GIUSEPPE ZANOTTI, GIVENCHY, GUCCI, MARNI, MADEWELL, SAINT LAURENT, SPLENDID, THEORY [www.netaporter.com](http://www.netaporter.com); H&M [www.hm.com](http://www.hm.com); HERMÈS [www.hermes.com](http://www.hermes.com); HERMÈS APPLE [www.apple.com](http://www.apple.com); ZARA [www.zara.com](http://www.zara.com); prices are approximate





## Patrick Dempsey visits TAG Heuer

La Chaux de Fonds – 24th August 2015 – Today, Patrick Dempsey, TAG Heuer Friend of the Brand, was in Switzerland to visit for the first time the TAG Heuer Watch Manufacture.

Patrick Dempsey met with Jack Heuer at the Manufacture today. Jean-Claude Biver, CEO of Tag Heuer and President of LVMH's Watch Division was there to greet Patrick and show him the inner workings of watchmaking.

Patrick spent quite a lot of time with the watchmakers in the 'ateliers', peppering them unusual questions. 'He knows watches,' said one. Patrick Dempsey, who came to Europe to race at Spa-Francorchamps in Belgium and at the Nürburgring in Germany, couldn't resist making a pit stop in the cradle of Swiss watchmaking at La-Chaux-de-Fonds.

Dempsey Motor Racing Team, supported by TAG Heuer, finished second in their category GTAM at this year's edition of the famed 24 Hours of Le Mans in June with 331 laps at an average speed of 205 km/h.

Before Patrick left for Belgium, Jean-Claude Biver presented him with a sizeable chunk of his home-made cheese (which actually has won several awards, incidentally) and, together with the whole team at TAG Heuer, wished him on the race course.





**BOGLIOLI**  
Slim-Fit Herringbone Wool And Cotton Blend Trousers, PKR 45,000



**FLEMING**  
James Bond Spectre Leather Driving Gloves, PKR 16,100



**KINGSMAN**  
Slim-Fit Brushed Cashmere Overcoat, PKR 295,000



**S.T. DUPONT**  
007 James Bond, PKR 56,000



**TURNBULL AND ASSER**  
Casino Royale, PKR 49,500

**OMEGA**  
Seamaster Aqua Terra 150M James Bond Limited Edition, PKR 620,000



**GLOBE-TROTTER**  
Original Brown 28 Suitcase, PKR 129,000



**CROCKETT & JONES**  
Camberley Black Calf, PKR 75,000

# COVERT ACTION

The sharpest double-0 agent Daniel Craig, our favorite Bond, is back and dressed to kill! The world famous secret agent is defined not only by his sense of adventure, but also his role as the ultimate style icon. Here's how we recreate the 007 look for our readers to get inspired!



**BERLUTI**  
Alessandro Capri Venezia Leather One-Cut Shoes, PKR 225,000



**TOM FORD**  
Henry Vintage Wayfarer Sunglasses FT0248, PKR 41,000



**TOM FORD**  
Herringbone Overcoat, PKR 493,000



**CANALI**  
Blue Pin Dot Cotton Shirt, PKR 25,000



**TOM FORD**  
Windsor Suit, PKR 474,000



**JOHN LOBB**  
City II Leather Oxford Shoes, PKR 141,000



**RICHARD JAMES**  
Knitted Cashmere Tie, PKR 20,000



PHOTOGRAPH: GETTY

STOCKISTS: JOHN LOBB, BERLUTI, KINGSMAN, BOGLIOLI, RICHARD JAMES, CANALI [www.mrporter.com](http://www.mrporter.com); TOM FORD [www.harrods.com](http://www.harrods.com); OMEGA [www.omegawatches.com](http://www.omegawatches.com); S.T. DUPONT [www.st-dupont-nyc.com](http://www.st-dupont-nyc.com); GLOBE-TROTTER [www.globe-trotter.com](http://www.globe-trotter.com); TOM FORD [www.johnlewis.com](http://www.johnlewis.com); TURNBULL AND ASSER [www.turnbullandasser.com](http://www.turnbullandasser.com); FLEMING [www.dents.co.uk](http://www.dents.co.uk); CROCKETT & JONES [www.crockettandjones.com](http://www.crockettandjones.com); prices are approximate



**OK! JEWELLERY EDIT**



**VAN CLEEF & ARPELS**  
Peau d'Ane Heavenly Beauty Ring

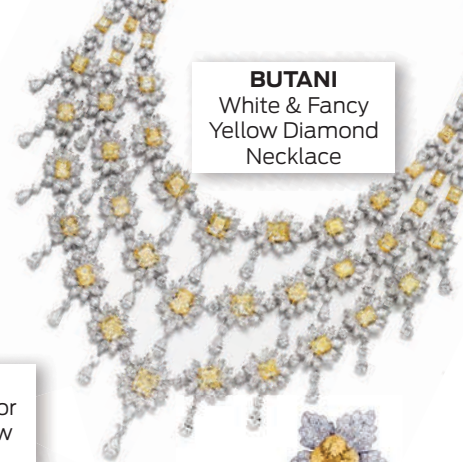
**GRAFF**  
Yellow & White Mixed Diamond Dragonfly Brooch



**BOGH-ART**  
Fancy Vivid Yellow & White Diamond Kissing Diamonds Earrings



**BUTANI**  
White & Fancy Yellow Diamond Necklace



**DIOR**  
La Mini D de Dior Watch In Yellow Diamonds



**VAN CLEEF & ARPELS**  
Irene Earrings



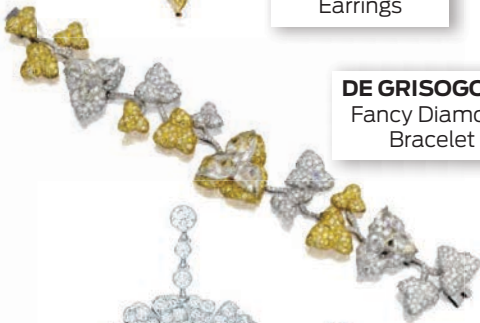
**HIRSH**  
Autumn Leaves Chandelier Earrings

*Ray*  
**OF LIGHT**

Don't let the dreary winter months put a damper on your mood. Set your sights on diamonds as bright and vivid as the sun to keep you warm and away from those cold winter blues.



**DE GRISOGONO**  
Fancy Diamond Bracelet



**GRAFF**  
The Golden Empress Necklace

**VAN CLEEF & ARPELS**  
Fancy Vivid Yellow Diamond & Diamond 'Camellia' Brooch



**GRAFF**  
Yellow Diamond Brooch



**CHANEL**  
Envolée Solaire Bracelet



**TIFFANY & CO.**  
Daisy Drop Earrings



**DE BEERS**  
Drop of Light Earrings



**TIFFANY & CO.**  
Fancy Colored Diamond & Citrine 'Bird on a Rock' Brooch



**HIRSH**  
Yellow Diamond Engagement Ring



**GRAFF**  
Colored Diamond Necklace



**VAN CLEEF & ARPELS**  
Precious Light Earrings



**BVLGARI**  
Fancy Intense Yellow Diamond & Diamond Brooch



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Email: [info@chhotani.com](mailto:info@chhotani.com) [facebook.com/chhotanis](https://www.facebook.com/chhotanis)



# NEW TO KNOW



**ERUM KHAN**



**JEEM BY HAMZA BOKHARI**



**OMAR MANSOOR**

**Who:** The Karachi University graduate believes fashion is the highest form of expression because we live our lives in it. It is art, architecture and movement all in one, so it should be functional and serve a purpose. For her, clothing is an artistic expression – a projection of how people want to be perceived. Nominated Best Fashion Designer 2013 Pakistan, Erum Khan combines exquisite tailoring with avant-garde style. Her label Erum Khan (EK) represents “timeless style and effortless femininity”, which has distinguished the brand in the Pakistani fashion industry. She creates formal, semi-formal, party and bridal wear.

**Style:** Feminine and flowy with delicate embellishments.

**Where:** (051) 5154069 (Islamabad).

**Who:** Hamza Bokhari presents a captivating collection of high-end couture and ready to wear with an ethereal design sensibility for the modern woman. The brainchild responsible for Jeem was recently named one of the most promising new faces of Pakistani fashion. The designer’s current PFDC collection has garnered rave reviews from a plethora of renowned fashion sources including the *Daily Telegraph* (UK). Jeem currently offers couture, luxury pret and casuals.

**Style:** Intricately embellished and beautifully crafted with a hint of regal feminine charm.

**Where:** Fashion Pakistan Lounge (Lahore)

**Who:** The London-based Pakistani fashion designer from London College of Fashion is best known for his fusion couture. Omar Mansoor recently showcased his Spring/Summer 2016 collection, which was well received by critics at London Fashion Week and Paris Fashion Week. His ready-to-wear collection *Imperial Romance* features jumpsuits and evening dresses in hues of white and ivory.

Omar has dressed celebrities at Oscars and Cannes and has been invited to the British Fashion Awards ceremony this month.

**Style:** Elegant and trendy.

**Where:** [www.omarmansoor.com](http://www.omarmansoor.com)



VIVO Concepts



WASEEM  
JEWELLERS





## Balmain X H&M

If you're as much of a fashion fanatic as we are, you must know about the hottest news making rounds in the fashion world. In case you don't – fashion powerhouse Balmain and retail brand H&M have joined hands for the most exciting collaboration of the year. Fashionistas and supermodels including Gigi Hadid, Kendall Jenner and Jourdan Dunn are the faces of the campaign. The collection has already been revealed and it has surpassed all our expectations. The silhouettes will give you the fiercest of looks whilst the embellished details will definitely leave you tempted for more. The collection ranges from jackets, dresses and jumpsuits to accessories. What could get a girl more excited about than having an haute collection at high-street prices? Make sure you take a round at your nearby H&M store as the collection hits the stores from 5th November.



## Fringe & Fabulous

The fringe trend is reaching heights on our trend chart and it is definitely here to stay for another season. Some fashion A-listers sporting the fringe look include Olivia Palermo, Pernille Teisbaek and Joanna Hillman. This hot trend is easy to sport and has diverse options; become a bohemian queen with a maxi dress adorned with beautiful twists or go for something more sleek and edgier with a classic fringe leather jacket. You can also experiment with accessories. Some of our favourite fringe pieces include a fringe zip clutch by Marni, fringe necklace by Isabel Marant and a maxi dress by Nomia.



## A Little Higher

You might have those high-waisted pants buried somewhere in your closet, and now is the time to bring them out. This season 'mom jeans' have made a comeback. The style varies from classic high-waisted jeans paired with a crop top to something more experimental like high-waisted flared pants coupled with a subtle printed top – there are a range of ideas to play around with. We absolutely adore the high-waisted harem pants by ASOS and black leggings by River Island. Some of the big names of the fashion world including Gigi Hadid, Bella Thorne and Victoria Beckham absolutely aced the high-waisted pants trend!



## It's All About Layering

You might want to rethink putting away your summer staples for a while, because layering is the trend *du jour*. You can now layer up your summer essentials to give yourself an effortless look that is perfect for November. We love how cleverly collections by Banana Republic, Tanya Taylor and Jill Stuart have incorporated this trend. You can do it too, by going for a strong monochrome look and mixing black and white or play with colours and prints for a quirkier look. Layering up your final look with a kimono or a shawl might be a good idea for those chilly days and there's always an option of taking it off when the afternoon heat strikes.



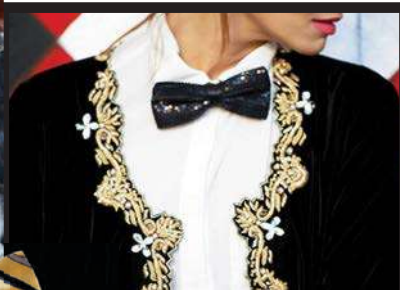
# Flower Power

If you hold a penchant for all things floral, then this trend is for you! This season's hottest accessories trend is inspired by roses, camellias and peonies in bold and bright hues. From Dolce & Gabbana's intricate designs to Chanel's chunky style, from Miu Miu's minimal but bold motifs to Prada's rather subtle jewels, adorn yourself this season with everything floral. We love the high-street versions of flower ear pins at Forever 21 and beaded floral headbands and chunky necklaces at ASOS.



## DIY: Patchwork Perfection!

This year's runway rounds are all about patchwork. From Chloé's bold colour palettes to Etro's subtle use of textures and hues, from Valentino and Tom Ford's clever use of fur to Peter Pilotto's eye catching prints, this season is owned by all types of patchwork. If you're experimental enough, you can even DIY this trend; all you have to do is stitch some of your favourite fabrics together and create an eye-popping scarf. Patchwork has endless options and you can easily incorporate all sorts of fabrics in various tones and textures for a chic street style vibe.



## Arsazi: Handcrafted Luxury

Velvet mixed with fine gold and silver hand-embellishments and jewels gives off a regal touch, which is perfect to dress up just about any outfit! The Autumn/Winter 2015 collection includes a range of embellished velvet jackets, coats, vests, T-shirts and adorned bowties. Each piece is brilliantly handcrafted in Pakistan with lots of love. Give yourself a Fall treat and get your hands on one of these timeless pieces by ordering online via [www.arsazi.com](http://www.arsazi.com).



## Wrap a Missoni

Brace yourself for those chilly days to come with Missoni scarves, ponchos and wraps. The colourful palette can easily brighten up any look and the prints are equally appealing. We are in love with the woven textures and repetitive vertical and horizontal designs, which show that simplicity can also be quirky and fun. Mix and match just about any outfit you like to give yourself a warm laid-back and luxe look.



image consultancy: Guddu Shani Adverto

Collection '15  
*Winter* SHAWL

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SS Fashion Resources

# ARTINAZ





## SHEHRBANO TASEER

The inimitable, fearless and talented Editor of *Sunday Times*, Shehribano Taseer is a force to be reckoned with. Her strength and character charmed us long ago, but it's her sartorial choices over the last couple of years that have put her on our fashion radar this month.

### GET THE LOOK

 <p><b>VAN CLEEF &amp; ARPELS</b> Alhambra Long Neck with 14 Motifs, PKR 18,00,000</p>	 <p><b>AMINAH ABDUL JALLIL</b> Bow Pump, PKR 23,000</p>	 <p><b>PRABAL GURUNG</b> Structured Mixed Floral Midi Dress, PKR 120,000</p>
 <p><b>ELAN</b> Valley of Kings Tunic, PKR 19,000</p>	 <p><b>SACAI</b> Tulle and Satin-Paneled Cotton-Jersey Top, PKR 19,000</p>	 <p><b>FRAME DENIM</b> Le Skinny Mid-Rise Jeans, PKR 20,000</p>

Prices are approximate

STOCKISTS: AMINAH ABDUL JALLIL [www.aminahabduljallil.com](http://www.aminahabduljallil.com); ELAN [www.elan.pk](http://www.elan.pk); FRAME DENIM, SACAI, ALEXANDER WANG [www.netaporter.com](http://www.netaporter.com); PRABAL GURUNG [www.modaoperandi.com](http://www.modaoperandi.com); VAN CLEEF & ARPELS [www.vancleefarpels.com](http://www.vancleefarpels.com)





# HASSAN SHEHERYAR YASIN

Talented, totally self-made and handsome, HSY has swagger. Ever since the start of his label, the designer has been on a steady path to success and there's no looking back! Clothes may be his forté but his talents have led him to foray into the world of fashion event direction and choreography of shows such as PFDC L'Oréal Paris Bridal Week and Fashion Pakistan Week.

## GET THE LOOK

**LUTWYCHE**  
Blue Wool Suit,  
PKR 530,000



**DIESEL**  
Darron Slim Fit Jean,  
PKR 14,000



**LANVIN**  
Striped Bow Tie,  
PKR 8,800

**TOM FORD**  
Slim-Fit Denim  
Western Shirt,  
PKR 49,000



**ZARA**  
Leather Oxford  
Shoes,  
PKR 9,900



**ASHISH N SONI**  
Black Bandhgala Jacket,  
PKR 45,000



**HUGO BOSS**  
3.5cm Carmello  
Leather Belt,  
PKR 15,500

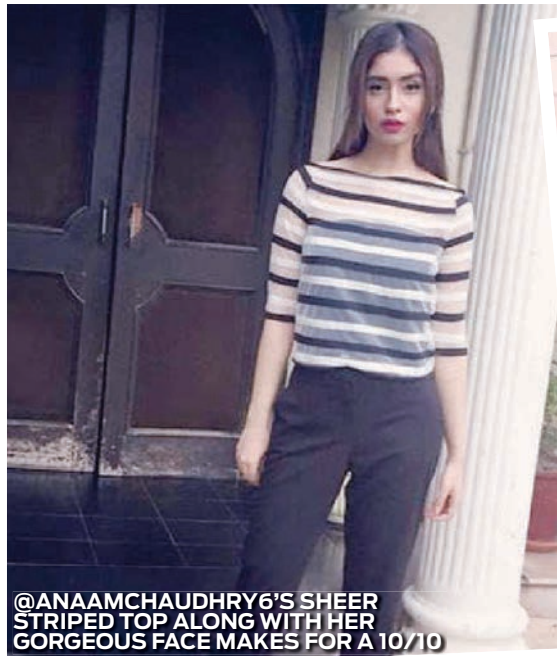
Prices are approximate

STOCKISTS: ASHISH N SONI [www.perniaspopupstore.com](http://www.perniaspopupstore.com); DIESEL, LANVIN, TOM FORD [www.farfetch.com](http://www.farfetch.com); HUGO BOSS, LUTWYCHE [www.mrporter.com](http://www.mrporter.com); ZARA [www.zara.com](http://www.zara.com)



# #OKStreetstyle

With Fall approaching, we can't help but dig these stunning #streetstyle looks, incorporating some gorgeous #coats, layering and lots of #monochrome!



@ANAAMCHAUDHRY6'S SHEER STRIPED TOP ALONG WITH HER GORGEOUS FACE MAKES FOR A 10/10



WHEN SOMEONE'S GOT STYLE IT RADIATES FROM MILES AWAY AND THAT'S CERTAINLY THE CASE WITH @COCOBEAUTEA!



@MARIYAM\_MALIK'S WRAPPED DRESS IS DIVINE, ESPECIALLY FOR THE IN BETWEEN WEATHER!



SO PARISIAN CHIC WITH THE STRIPES, HIGH WAISTED PANTS AND BOLD LIPS - @MISSMULBERRY IS KILLING IT



@NAADIASAADK'S LAYERED LOOK IS BEYOND PERFECTION



@RASEELFATTAL COMBINES HER SPORTY EVERYDAY LOOK WITH A TOUCH OF GLAM - WE ADORE!



NOT ONLY IS @SALLYABOUNASR ROCKING A CONTAGIOUS SMILE BUT IT DOES HELP THAT HER #OOTD IS FLAWLESS, THE MATCHING SEPARATES AND DUSKY PINK ACCESSORIES ARE SO ON POINT.



@MARIAKARI14'S STRIPED PANTS ARE EVERYTHING! OH AND THOSE #PIXIE POINTED SHOES TOO!



@OLIVIA CULPO CAN NEVER DO WRONG, SHE ALWAYS LOOKS SO WELL PUT TOGETHER. HER COAT IS #TDF (TO DIE FOR)!



# MY WONDERFUL LIFE

The personification of elegance, charm and beauty, talented designer Ayesha Farook Hashwani gives us a glimpse into her fabulous life.



**Favourite Getaway**  
London.



**Favourite Scent**  
24 Faubourg Perfume by Hermès.



**Dream Date**  
The divine Bradley Cooper! (Sorry Hussain)

**Most passionate about...**  
My daughter, my parents and my work!



**What is your favourite resort?**  
Banyan Tree and Villa Michaela in Koh Samui and One & Only Reethi Rah in the Maldives.

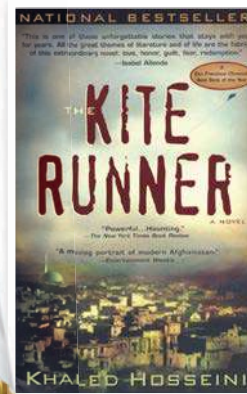


**Who is your fashion icon?**  
So many! From the elegance of Audrey Hepburn to Blake Lively, Victoria Beckham and Rosie Huntington-Whiteley.

**Favourite indulgence**  
Chocolates. These days it's the Cocoa Dusted Almonds from Harrods.



**An outfit you'd wear for a night out in town...**  
A cut-out piece from Versace.



**Favourite Book**  
*The Kite Runner*



**Favourite designers**  
Givenchy, Dolce & Gabbana and Naeem Khan.

**An outfit for a society lunch...**  
Probably an ivory draped jumpsuit paired with a chunky cuff.

**What is your guilty pleasure?**  
Traveling every month.



**Favourite fitness regime**  
Recently started spinning classes and loved it. Otherwise running and T25.



**An ideal weekend**  
By the pool followed by brunch with friends.

**Favourite way to pass time**  
Movies, TV shows and unwinding with my friends.

PHOTOGRAPHS: GIBRAN ALI, JAMSHED, GETTY, SHUTTERSTOCK



# Style Roundup: All Around The World With Fashion Week

Maybe you couldn't be there in person but keep reading in excitement as *OK!* Pakistan takes you on a fashion week whirlwind from all the fashion capitals in the world to bring you an exclusive round-up of what we thought was the best of the best in the haute and happening world of the Spring/Summer 2016 collections.

## Stop One: New York Fashion Week

New York - the city that never sleeps is best known for its urban playground and fast paced life - is now becoming one of the most coveted fashion week destinations, slowly surpassing Paris. Not surprisingly the collections shown at NYFW were nothing less than extravagant this year!

Our four favourite shows will give your style-buds a tangy feeling of edge, femininity and glamour – setting the tone of what's to come in the four following weeks as well!



### Givenchy

Givenchy kick-started NYFW this year, making quite the headlines as Ricardo Tisci made the decision to showcase the collection in New York, rather than Paris, to mark the opening of the brand new store in the city. The monochrome palette and the use of satin and lace, with a slightly grungy yet sensual silhouette sent a nostalgic nineties feel to the crowd.



### Naeem Khan

It was all about pretty chiffons and flowing kaftans in ombre feminine shades of pink, yellows and lilacs. The Indian-American designer, who is best known for his heavily embellished red carpet gowns really managed to show great versatility with this show.





## Oscar De La Renta

This collection was nothing short of classy and feminine. The subtle ruffles and sheers clenched at the waist made for stunning pieces that poured in one after the other on the runway. This was Peter Copping's second collection since the passing of Oscar De La Renta last year and he has shown that he can continue to make the design house's name shine bright.



## Alexander Wang

This collection showed strong inspiration from street style and ranked heavy in the edginess factor. The designs are boasting wearability and a sense of spunk, which was in line with celebrating the designer's 10th anniversary. The show was certainly the talk of NYFW as it had a hot list of celebrity attendees including Bella Hadid, Lady Gaga, Kayne West and a performance by Lil Wayne.



## Stop Two: London Fashion Week

London always has the strongest amalgamation of fashion personalities in the European region and is continuously bustling with bloggers, stylists, buyers and fashion enthusiasts, so the fact that they all come together for fashion week makes LFW the most hip and happening spot on the calendar. This year LFW had a new venue in the Brewer Street Car Park, Soho and boasted a phenomenal list of new British designers. Our four favourites were certainly very British, talented beyond belief and so diverse!

### Christopher Kane

This collection had a strong use of fluorescent colours paired with blacks and lace. The asymmetric silhouettes made a big statement, and are bound to make you glow in the dark. We personally don't think there is anyway you can go wrong with a stand-out look during summer!



### Erdem

This collection was an absolutely breathtaking twist of the old world and the new; the midi lengths, vintage florals, ribbon lace and embroidery was nothing short of creative genius telling a tale of two worlds with clothes. The ruffles and fragility of the fabric gave a sense of modest femininity which is an element we rarely see in collections these days.





## Ashish

Girls just wanna have fun? YES! And the designer showed that boys do too! This collection showcased everything girly, colourful, sparkly and fun. It was all about bringing out your inner-child and keeping her clothed in taffeta and sequins. Ashish definitely knows how to put on a show because the models skateboarding down the runway was one of the coolest things we have seen to date.



## Mary Katrantzou

Mary Katrantzou has proven (and set in stone) that she is one of the best at at pattern making in the whole of the fashion fraternity. This deep-hued collection played around with jewelled tones and hints of florals. It is also safe to say that ruffles are back with a big bang.



## Stop Three: Milan Fashion Week

Milan, known for its post-war boom in the world of fashion has maintained its name as the centre of everything high fashion and arts related. Milan is a major hub to numerous international and local fashion labels operating their shops within the city. Though MFW started off with torrential downpours this year, the mood of the fashion week attendees drove the success of the Spring/Summer 2016 shows.

Our four favourites from MFW certainly did steal the show for us!



### Etro

Always known for its famous printed fabric, Etro's airy, flowy, Spring/Summer collection was nothing short of fabulous. We appreciated the sheer structures, use of lace, clenched waists... oh, and the footwear was to die for also!



### Alberta Ferretti

The show was reminiscent to a sandstorm, with the earthy palette of an Arabian desert in mind, Ferretti captured the sense of the sand dunes and imprinted them on the pieces created. The designer's signature sense of femininity and the gorgeous technique of weaved fabric made for a soft yet fierce collection.



## Versace

The diversity seen at Versace's collection, made the show one of the best at MFW this year. Donatella Versace dedicated this collection to women everywhere by creating a bold look with animal prints and a hint of military structure, enhanced by shades of green, yellow and black. We adore it when a designer can change up her signature look to create an exceptional range of clothing; that is what shows extreme skill and talent.



## Max Mara

This collection was a star-studded blend of playful and nautical chic, with jaw-dropping asymmetric silhouettes that seem to be extremely flattering to every body-type. The pieces boasted long term wearability, and even encompassed a timeless feel.



## Stop Four: Paris Fashion Week

The fourth and final stop on the fashion week calendar is in no other city but Paris. The Parisians are applauded for their haute sense of style worldwide, so what better way to end the glamorous four weeks! Our four favourites from PFW were a strong representation of the trends that we repeatedly saw on the runway and will be seeing everywhere else in the short time to come.



### Chanel

With an airline-theme, the show was certainly one of the most-talked about (as Chanel shows always are). The collection played on the sense of fast-paced lives and endless communications; be it by air or data, through younger or older individuals – this collection had a special place for all! A strong sense of layering was present, alongside 50 shades of blue, flirty a-line skirts and a signature Chanel touch; these pieces are definitely ones we would like to be flying around life in!



### Alexander McQueen

Sarah Burton has done nothing but tremendous good after becoming the creative director for McQueen; this collection is a fine example of everything she is worthy of. The use of old world English-country florals partnered with Victorian silhouettes, delicate frays and ruffles place these pieces high on our lust list and we are sure that they will be spotted on red carpets worldwide in no time at all.





## Haider Ackermann

This collection came from a very deep place, and is all about being stronger when united. This was translated through the edgy, tough frames paired with bright optimistic colours and a sheer hint of romance. The thought process has brought about a strong, cohesive collection indeed.



## Vivienne Westwood

Our final favourite collection from the Spring/Summer 2016 string screamed 'hot summer days!' with loose, wearable silhouettes touched up with sequins, florals and other embellished aspects. We can positively say that Vivienne Westwood's clothes have a seriously sexy appeal, and we don't know how one can pull that look off with the oversized element, but Vivienne seems to be the master of many exquisite techniques!





UP CLOSE WITH

# SANIA Maskatiya

Shares it all with *OK!* Pakistan

**T**he young designer shares her most rewarding moment, what makes her cringe, her beauty regime and a lot more with *OK!* Pakistan.

**Tell us about a proud fashion moment.**  
**Sania Maskatiya:** When we launched our first flagship store in 2010 in Karachi and got an overwhelming response.

**What's the one thing you can't stand?**  
**SM:** Dishonesty.

**Who's your favourite menswear designer?**  
**SM:** Christian Dior.

**You can't live without...**  
**SM:** My family is the most important thing in the world to me.

**You will not be seen wearing...**  
**SM:** I wear clothes that suit my body type so perhaps a lot of things in 'fashion' right now.

**What makes you cringe?**  
**SM:** When people name drop.

**What do you consider a fashion faux pas?**  
**SM:** Wearing too much makeup.

**What's your dream destination?**  
**SM:** Africa.

**Any necessary splurges?**  
**SM:** Traveling.

**Who are your fashion icons?**  
**SM:** Olivia Palermo, Queen Rania and Chiara Ferragni.

**What's your guilty pleasure?**  
**SM:** Eating chocolate – just don't know how much is enough and when to stop!

**What would one always find on your bedside table?**  
**SM:** My bedside table is always cluttered with books.

**Tell us about your beauty regime.**  
**SM:** I try to have a glass of coconut water every day and try to wash and moisturise my face twice a day.

**What's your favourite accessory?**  
**SM:** My watch.

**Who are your favourite international and local clothing designers?**  
**SM:** I personally really love Dolce and Gabbana and Oscar De La Renta. Locally, I







really like the design philosophy of Bunto Kazmi.



**What is an unforgettable present you have received?**

**SM:** When my daughters baked me a birthday cake with the help of my husband.

**Can you give us three tips for achieving success?**

**SM:** Hard work, dedication and consistency, and patience.

**What are your beauty essentials?**

**SM:** A good SPF 50 sun block, Kiehls moisturiser, and mascara.

**What's your favourite scent?**

**SM:** Black by Kenneth Cole.

**If you could dress one person locally, who would it be?**

**SM:** I think Mahirah Khan can carry any style with ease and oomph – however there are so many new fashion forward girls emerging in new age cinema.

**What's your favourite book?**



**SM:** *A Fine Balance* by Rohinton Mistry.

**What are five things that are always in your bag?**

**SM:** Phone, lip balm, sunglasses, wallet, and a pocket diary.

**Shoe or bags?**

**SM:** Shoes.

**What do you do when you aren't working?**

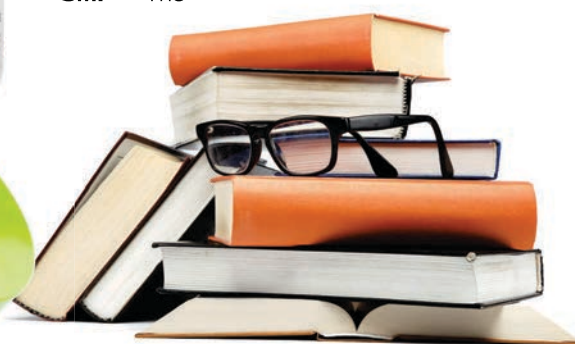
**SM:** Traveling and exploring different cultures, which becomes the base of my inspiration.

**If you were stranded somewhere, what is the one thing you wish you had on you (apart from your phone)?**

**SM:** My glasses – my eyesight is weak.

**What has been your most rewarding moment in life so far?**

**SM:** The



look on my mother's face every time I go visit her.

**Any words to live by?**

**SM:** If you can dream it, you can do it. **OK!**

INTERVIEW: MEHR KASSIM  
PHOTOGRAPHS: COURTESY SANIA MASKATIA, GETTY, SHUTTERSTOCK



**OK!** CONFIDENTIAL

# Wardha Saleem

**The incredibly talented, creative force behind the Wardha Saleem design house and CEO of the Fashion Pakistan Council sits down with *OK!* Pakistan to chat about her brand, her new store and more!**





**I**n a country full of up and coming designers, it is only a few talented individuals who are able to leave their mark in the fickle world of fashion. Wardha Saleem has been working diligently to showcase her talent and fulfill her passion as a designer for several years. She started off with lawn prints and has now grown to include prêt and bridal wear. She recently launched an incredibly eclectic, fun and vibrant store that captures the essence of her brand. We stopped by the store to catch up with the designer!

**How did you decide you wanted to become a fashion designer?**

**Wardha Saleem:** It just happened to me! When I was in 12th grade, Nubain (my brother) was actually studying in Karachi and he said I should check out the Indus Valley School of Art and Architecture (IVS), so I went to check it out and I fell in love with it. As a girl, I was always interested in designing clothes for my friends and myself. I didn't want to become a doctor or something run of the mill. I had to do something different, something creative. I always say God laid a carpet for me and He kept unrolling it, and I just kept walking on it knowing that this is next. So, Indus happened and after that I knew what I wanted to do. I wanted to pursue this passion as a business and I've worked hard and struggled but it has been worth it.

**Did Indus influence you a lot?**

**WS:** Yes, it did. When you join university your skills are being polished and you are actually learning. It's a place that refines you; it polishes your skill and your creativity. That is what makes you the person that you are. Indus helped me grow into the person I am.

**How do you think growing up in Hyderabad influences your work?**

**WS:** Back when we lived in Hyderabad we used to come to Karachi once or twice a month, even for the parlour we used to come to Karachi. So there was no disconnect, and the exposure was there. But I would say more than Hyderabad, it's the Sindhi culture that's very rich. Surprisingly,



I used to view it as outdated at the time, and despite being surrounded by it, I never valued it. It was only when I came to Indus that I realised how precious all these crafts are.

**Can you tell us a bit about your creative process?**

**WS:** It's actually quite interesting; for me anything can be inspiration. People may point out to something and say it's 'very Wardha' if it has some sort of Sindhi influence or colours – but the idea can be very simple. It can be a chocolate wrapper lying right here that I find interesting. I remember I was thinking too hard for an idea to hit to me for a collection and nothing was coming to mind. I was doodling throughout the thought process; just random things like a tree or a bird. Then later I was just mindlessly flipping through my sketchpad when I stumbled upon these doodles and my ►





## Getting to know Wardha

### What would you say your design philosophy is?

It's eclectic, chic, minimal and quirky at the same time.

### Who is your style icon?

Elizabeth Hurley.

### What is your signature scent?

Chloé and Eli Saab.

### What do you wear for a night out?

I am more comfortable in western clothes – mostly black, and usually something with a lower and an upper, like pants and shirts. I wear a lot of jumpsuits; they're interesting and you can dress them up or dress them down.

### What do you usually wear to work?

Jeans and a white shirt/white *kurta* or a tunic from my digital line.

### Who is your role model?

My mother, and Shehnaz Ismail (Dean of Indus) – they inspire me and have taught me a lot at the same time.

### What is your favourite travel destination?

I love Europe. I think I would go there a thousand times. I love Rome and Paris.

### Who is your muse?

Mantaha Masood Tarin – she's my trainer.

### What kind of woman do you envision in your clothes?

A Wardha Saleem woman is a free-spirited woman of today who likes to experiment, who likes to make a statement and who loves her life. She is a fearless, fun loving woman.





collection *Doodle-Junction* was conceived. I just worked around it, made sense of it and came up with it.

**How does it go from idea to product?**

**WS:** I know this for sure about myself now – I am more of a hands-on person. I may conceive an idea, I may sketch and draw it but when I start materialising it, my experimentation starts happening on ground. I believe in being spontaneous so when I have an idea and I want to experiment with different materials, I would take the material and get something made with it. For instance, if I make a jacket, I put it on an *adda* and then I sit with my workers and the experimenting begins. I try different materials, stitching and *kaam* until things start falling into place. Obviously the concept is there, that's how we start, but how we execute it is a process. It is a developmental process. You may conceive an idea but as it evolves it reaches a different point and can be something totally different.

**How would you describe the Wardha Saleem brand, what's its unique selling point (USP)? What makes it different from other designers?**

**WS:** Our brand is very modern, it's very eclectic, and it's chic at the same time. My USP is the way I use colour. There are a lot of brands out there that work with colour but the way I use colours - the way I place them and the way I use it in embroidery - makes my brand unique. We create separate and statement pieces; something that has the potential to be worn in many different ways. We create style.

**How would you describe your personal style?**

**WS:** It's very simple to be very honest. I've noticed that my work may be very crazy and experimental but when it comes to my personal style it's very simple and very minimal. I would always add that quirk with an accessory, with a shoe or a clutch, or something else that I am wearing. When you are working with colour and textures all the time, it can get overwhelming. Sometimes I actually shut my brain off, turn my chair around and I stare at a white surface because I need a break! I need something simpler to resolve the complexity in my design.

**Your store is very eclectic and different; it's full**

**“ I've noticed that my work may be very crazy and experimental but when it comes to my personal style it's very simple and very minimal... When you are working with colour and textures all the time, it can get overwhelming. ”**

**of character. How did you come up with the idea?**

**WS:** I had decided that whenever I was going to have a store, it was going to be in a setting for clients to come and experience the essence of the brand. We were successful in achieving that; you see the quirkiness, the colour, and the traditional, and at the same time you see the modern elements as well. So we tried to make the whole shop reflect the brand ideology.

**Who designed this store?**

**WS:** Alvi designs – Ali Asghar who was with me in Indus designed it. We spoke about the brand, the USP, the colours, the motifs, and we talked about getting inspired by the traditions and bringing it into something modern and contemporary. You will see some very traditional pieces mixed with some modern elements. Like the pop of a pink door or a traditional door painted bright yellow. That marriage of traditional and modernity, and that quirkiness is what we were working on – he was successful with it.

**What is it like working with your family?**

**WS:** I think it's amazing and it's such a blessing. As a designer, you are passionate and you need that freedom, you don't want to compromise your designs and have to worry about the bills or selling things. The designer needs to be given that space where the designer is actually thinking about the concepts and creations that are going to be in the store. I have my brother who is the CEO, who looks after the business side and I have my other brother who looks after the legal affairs. Having your family involved in your business ►





“We have made the council more accessible and transparent, and we’ve made it a council that people can look up to and learn from. [About the Fashion Pakistan Council]”

the company and relationship managers. We’ve even gotten new sponsors that are young and nice. We have made the council more accessible and transparent, and we’ve made it a council that people can look up to and learn from.

**What advice would you give to aspiring fashion designers?**

**WS:** Be original and be creative. Don’t get inspired by somebody else’s clothes – that will never make you a designer and your identity will never be your own. I don’t consider copycats designers; they produce replicas, they are like China! In a rat-race like today if you don’t have distinct style and if you aren’t original, you will not be able to make an identity. Be original, believe in yourself and be true to your work.

**What is your fitness regime?**

**WS:** My morning ritual begins with aloe vera and lemon water. After this, I usually go to the gym for an hour and do things like zumba and TRX for strength training. I eat healthy, as I have my nutritionist watching over me! I also drink a lot of water, especially detox water, which helps keep me hydrated and removes toxins from my body. I’ve seen a huge difference in my body since I started this regime; I’m losing weight in inches, my skin has become nicer and I have become so much more conscious of what I eat!

**How do you unwind after a stressful day?**

**WS:** I spend time with my close friends. I would rather have them over at my place or hang out at their place. After a busy day of dealing with so many people, I would rather not go to a social event, see so many friends and party. I would like to spend that free time with family, close friends and my pets! I have four cats and a dog. That’s my stress therapy as well. The moment I look at my dog in the midst of all the stress, my mindset changes – it’s really important!

**Do you give back to your community?**

**WS:** I make a conscious effort to keep creating things that are craft related. I think all designers give back because we are nothing without the workers and rely on craftsmen, *master saab*, and machine *kaarigar*, so in a way we’re giving back to them by providing them with a livelihood and a setup where they can come and work. At the same time, I haven’t forgotten the women of the village, and I send money to them in Tando Muhammad Khan where they create *rallis* for me. I also use the traditional technique of block printing and make sure there is always something in store that is giving back. There is so much talent, and I must admit, the craftswomen are way more spontaneous in design than us! **OXE**

makes it much easier as they understand you and your commitment to your work. They serve as a huge support system.

**Sometimes when you feel tired or exhausted, what motivates you to keep creating?**

**WS:** Travel. With time you learn and you know exactly what to do when this happens. I have realised that every six months I have to go on vacation and I can’t do without it. If it prolongs, then I start feeling that frustration and anxiety where I really need some space. My brain needs that time off. When you are traveling it’s a complete visual

treat; you are looking at things without the stress that you have to execute it into something. During that time, you are unintentionally absorbing a lot of things and you can take it back with you.

**What kind of changes have you brought into the Fashion Pakistan Council as the CEO?**

**WS:** We have changed the look and the perception of the Fashion Pakistan Council. We have brought in a lot of new ideas and new names, we have a lot of different teams working on different things, we have a PR company, and a social media company. We have people who are full time employees in



OK! BEAUTY EDIT

# BEAUTY SLEEP

RELAX, RENEW AND RESTORE YOUR SKIN WITH THESE NIGHT-TIME ESSENTIALS



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6



5



4



7

**1 LANCÔME VISIONNAIRE NUIT BEAUTY SLEEP PERFECTOR, PKR 9,560** THIS IS FORMULATED WITH JASMONATES MOLECULES TO HELP THE SKIN RETAIN WATER, MAKING IT LOOK PLUMPER AND FULL OF RADIANCE WHEN YOU WAKE UP. ITS NEW GEL TEXTURE CONTAINS DROPLETS OF OIL THAT INSTANTLY MELT INTO YOUR SKIN FOR FAST HYDRATION. **2 THIS WORKS LIGHT TIME SKIN PLUMPER, PKR 4,620** A MOISTURISING CREAM THAT HAS HYALURONIC ACID SPHERES TO SMOOTH THE APPEARANCE OF SLEEP LINES AND REDUCE THE SIGNS OF TIREDNESS. MASSAGE ON TO YOUR FACE AND NECK IN THE MORNING AND NIGHT FOR THE PERFECT GLOW. **3 ERBORIAN SLEEPING BB MASK, PKR 5,740** THIS MASK WORKS WHILE YOU SLEEP, ERASING INDICATIONS OF FATIGUE SO YOU WAKE UP LOOKING RADIANT. IN THE MORNING YOUR SKIN WILL FEEL SILKY-SOFT AND FRESH. APPLY TWO OR THREE NIGHTS A WEEK AND RINSE OFF WHEN YOU WAKE – EVEN THOUGH YOU WON'T WANT TO. **4 ELEMIS PRO-COLLAGEN OXYGENATING NIGHT CREAM, PKR 15,140** THIS NIGHT CREAM HELPS BOOST YOUR SKIN'S NATURAL REGENERATION PROCESS, AS WELL AS REPAIRING SIGNS OF PREMATURE AGEING. ENRICHED WITH MEDITERRANEAN ALGAE TO IMPROVE SKIN FIRMNESS AND ELASTICITY, IT'LL LEAVE YOU WITH A LUMINOUS COMPLEXION. **5 VICHY AQUALIA THERMAL AWAKENING EYE BALM, PKR 2,390** WITH A COMBINED FORMULA OF HYDRATION AND STIMULATING CAFFEINE, THIS EYE CREAM TARGETS BAGS AND PUFFY EYES FROM LACK OF SLEEP. THE BALM HAS A VELVET TEXTURE, LEAVING THE EYE AREA SOFT AND FRESH. YOU'LL LOOK AND FEEL AWAKE ALL DAY LONG! **6 NEOM PERFECT NIGHT'S SLEEP PILLOW MIST, 3,190** THIS SLEEP-INDUCING MIST IS FORMULATED WITH PURE ESSENTIAL OILS SUCH AS LAVENDER, BASIL AND JASMINE TO SEND YOU OFF TO DREAMLAND IN A FLASH. THE SCENT IS SO FRESH AND RELAXING THAT YOU'LL FEEL LIKE YOU'RE IN A SPA, PUTTING YOU IN A HAPPY, CALM MOOD. A MUST-HAVE FOR EVERY NIGHT STAND. **7 NEAL'S YARD BEAUTY SLEEP SUPPLEMENT, PKR 4,220** THESE CAPSULES ARE ENRICHED WITH CALMING HERBAL EXTRACTS TO RELAX THE BODY AND MIND BEFORE BEDTIME, AS WELL AS GOJI BERRIES TO GIVE SIGNALS TO THE BRAIN TO SWITCH OFF SO YOU GET THE BEST SLEEP POSSIBLE. TAKE ONE BEFORE YOU HIT THE HAY TO ENSURE HOURS OF DEEP AND RESTFUL BEAUTY SLEEP!

STOCKISTS: ELEMIS [www.elemis.com](http://www.elemis.com); ERBORIAN [www.erborian.com](http://www.erborian.com); LANCÔME [www.Lancôme.co.uk](http://www.Lancôme.co.uk); NEAL'S YARD [www.nealsyardremedies.com](http://www.nealsyardremedies.com); NEOM [www.neomorganics.com](http://www.neomorganics.com); THIS WORKS [www.thisworks.com](http://www.thisworks.com); VICHY [www.vichy.co.uk](http://www.vichy.co.uk); prices are approximate

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY CAROLINE LEEING AND DAVID HOLBROOK



INGLOT

## Inglot Is Here!

Unless you've been living under a rock, you would know that Nishat Group has brought INGLOT to Pakistan. This Polish brand has been spreading internationally like wildfire due to its superb quality products and strong pigments. The range consists of over 1,500 products with more than 400 nail colours, 450 lip shades and 600 eye products – need we say more! Oh yes, local make-up artists such as Bina Khan love the brand's HD Illuminizing Loose Powder. PKR 1,600; Available at Nishat Linen



# Beauty Essentials

## Fall Scent

If you're over your summer fruity/floral scents and are looking for something more woody and decadent – then look no further! The MARC JACOBS Decadence which is a combination of plum, iris and saffron along with amber and vetiver is the scent for you. What we love most about the *eau de parfum* is the beautiful packaging it comes in. PKR 11,000; Available at Scentsation



## Hand Therapy

Dry weather is upon us and now is the time to think beyond your face and neck and start indulging in your hands. Hands wrinkle too and ignoring to moisturise them is a big no-no! Constant texting, typing, washing and scrubbing tends to dehydrate and damage skin. Celebs such as Victoria Beckham and Oprah Winfrey swear by the ROYAL APOTHIC Hand Crème; while that may not be available in Pakistan, we suggest you give the CRABTREE & EVELYN Rosewater Ultra-Moisturising Hand Therapy or THE BODYSHOP Wild Rose Hand Cream a try. PKR 1,500 for 100ml for BODYSHOP; [www.thebodyshop.com](http://www.thebodyshop.com) PKR 1,000 for 50ml for CRABTREE & EVELYN; [www.crabtree-evelyn.com](http://www.crabtree-evelyn.com)



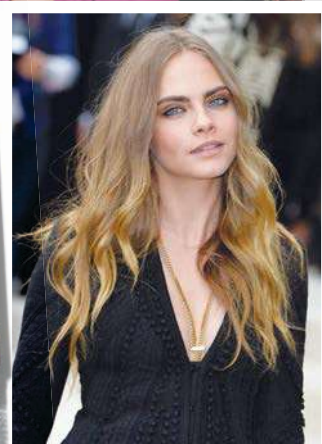
## Lala For L'Oréal

All around the world, people are switching from their night creams to face oils. Oils have made a major comeback and are proving to be much better than a lot of creams out there. Made with essential oils, most facial oils dig deep into your bank account; that's why when L'ORÉAL announced the launch of its Extraordinary Facial Oil we were titillating with joy. After trying the product, it is safe to say that it's as nourishing and hydrating as other fancy face oils. It gives your face a dewy, radiant glow and costs a fraction of what other retail brands are selling their face oils for. Needless to say, we've converted and we suggest you do too! PKR 2,200; Available at all leading stores



## Brows That Wow

Brows have a pivotal part in defining your face. Cara Delevingne also known as the Brow Queen is famous for her thick and beautiful brows. Thicker brows are all the rage these days and why wouldn't they be? They make you look youthful and sexy at the same time – think Sofia Vergara, Miranda Kerr and Megan Fox. To get the look, try TOM FORD's Brow Sculptor or MAC's Veluxe Brow Liner to make sure your brows always wow. PKR 5,600 for TOM FORD Brow Sculptor; [www.selfridges.com](http://www.selfridges.com) PKR 2,500 for MAC Veluxe Brow Liner; [www.maccosmetics.co.uk](http://www.maccosmetics.co.uk)



## Bigger Eyes Under A Minute

When applying mascara it's always important to prep with a curler before applying the wand on the lashes. Using a curler will definitely amplify your lashes but if you want to make your eyes look bigger avoid applying too much mascara at the corners of your eyes; instead stick to applying and lengthening mostly the center lashes and watch your eyes look exponentially bigger. Try LANCÔME Hypnôse Waterproof Custom Volume Mascara for best results. PKR 3,500; Available at Scentsation





# DIY How To... Get Slicked Back Hair

Kim Kardashian, Kendall Jenner, Gigi Hadid and Jennifer Lopez have all been spotted sporting this rock-chic, minimalistic hairstyle. It's super cool and perfect for styling hair in-between seasons when you are treading away from beachy waves and not yet ready for glam, sophisticated-party-season hair.



RITA ORA

**STEP 1:** Dampen clean hair or start with unwashed hair and add mousse to add volume from the roots to the tip.

**STEP 2:** Blow dry hair backwards using a round boar bristle brush to create volume at roots.

**STEP 3:** Use a teasing comb to tease the front of your crown until you get the height you want.

**STEP 4:** Spray the hair with a super strong hairspray to prevent it from falling apart.

**Step 5:** Apply some gel to a medium sized comb and run it through and voilà you are done.



KENDALL JENNER



JENNIFER LOPEZ



KIM KARDASHIAN

# BEAUTY BUZZ

**E**nsemble Salon is located on Karachi's famous E-Street and is not only a short flight of stairs above the Pakistani multi-brand Ensemble boutique but it also shares the same property as everyone's favourite café Xander's.

Upon entering the salon, I am happy to discover the calm despite being surrounded by so much hustle and bustle downstairs and outside. I am also quite pleased with the fact that the salon is minimal in its design philosophy, and very

She confidently told me to leave everything up to her and listed her impressive list of clients (one happened to walk in just then and reassured me that Shama was the best in town). And with that I said a little prayer and left my jet-black hair (that looked particularly nice and particularly black that day and almost tempted me to miss the appointment and be a no-show) in her hands.

The process started with the colourist dividing my hair into - what seemed like multitude - sections, and expertly began with the glossing process, following which she set a timer and told me to

was a nice shade of brown that tempted me to not go ahead with the highlights that Shama had in store for me, but curiosity got the better of me and I became open to the highlights.

Once my hair was dried, the colourist began highlighting strands with the help of foil. A lot of it! Because I had virgin hair, the colour didn't take long and much to my delight we proceeded to wash my hair before the timer went off! I was given a nice blow dry after, during which I asked them to apply a marsala nail colour (so I could be *au courant* with Fall), and when I finally looked in the mirror, *voilà*, I had ash blonde highlights!

Overall, I had a great experience at Ensemble Salon; the staff was friendly, the place wasn't crowded, the colourist was an expert and last but not least, the music was great (won me over with a Beatles track!).

Ensemble Salon 0300-8245607

## TRIED & TESTED

HAIR COLOUR TREATMENT AT ENSEMBLE SALON, KARACHI

importantly, it's clean! The staff greeted me pleasantly, offered me tea and coffee, and even asked if I wanted to order something to eat from Xander's.

The head colourist Shama asked me what I had in mind in terms of colour and the kind of streaks (highlights/lowlights) I preferred. Having never dyed my hair before, I was a nervous wreck and told her honestly that I had no idea what I wanted and that a change would be nice.



sit back and relax. I finally managed to calm my nerves, asked them for the Wi-Fi password, a cup of green tea and started crushing some candy on my phone.

After the timer went off, I was ushered to the sink where my hair was rinsed, it was thorough yet relaxing, and followed by a quick blow dry. It was during this time that I spent an ample amount of time assessing my new hair colour, which



TEXT: ALIZEH PASHA, MAIRA PAGGANWALA; PHOTOGRAPHS: GETTY



# FALL FOR A NEW SCENT

HAVE A SPRITZ OF  
AUTUMN'S BRIGHTEST  
PERFUMES



1



2



3



4



5

**1. DIPTYQUE EAU MAGE EDP 100ML, PKR 20,630** WITH AN INTENSE AMBER ACCENT COMBINED WITH A ZEST OF MANDARIN AND A HINT OF ROSE, SPICES AND MUSK, THIS IS A REFRESHING AND UPLIFTING FRAGRANCE. PACKAGED IN A SPECIAL BOTTLE WITH A CRACKED EFFECT AND A BOLD GREEN LID, THIS WOULD LOOK PERFECT ON ANY DRESSING TABLE.

**2. MARC JACOBS DAISY DREAM FOREVER EDP 50ML, PKR 9,360** DIGGING DEEP INTO THE SIGNATURE KEY-NOTES OF BLACKBERRY, BLUE WISTERIA AND WHITE WOOD TO GIVE A SWEET FLORAL AROMA, THIS WILL HAVE YOU IN A DAZE OF DAISIES!

**3. DSQUARED2 WANT EDP NATURAL SPRAY 50ML, PKR 8,890** WITH A HEART OF ROSE DAMASCENA AND A DRYDOWN OF VANILLA, THIS PERFUME IS FEMININE AND SWEET – PERFECT FOR THE DAYTIME, AND IT'S OUT THIS OCTOBER.

**4. JIMMY CHOO ILLICIT EDP 100ML, PKR 12,380** THE BOTTLE IS REMINISCENT OF AN ART DECO TUMBLER, AND WITH A TOP NOTE OF GINGER AND BITTER ORANGE, COMBINED WITH A HEART OF ROSE AND A BASE OF HONEY AMBER, THIS FRAGRANCE IS AS TIME-LESS AS A GINGER FIZZ!

**5. MIU MIU EDP 50ML, PKR 10,480** NOT ONLY DOES THIS BOTTLE LOOK COOL, BUT WITH A MIXTURE OF FLORAL AND EARTHY SCENTS LIKE LILY OF THE VALLEY, JASMINE AND AKIGALAWOOD, THE AROMA IS VERY CONTEMPORARY, TOO – JUST LIKE THE MIU MIU FASHION LABEL.



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# BERRY NICE!

PICK THE JUICIEST SHADE OF LIPPIE FOR AUTUMN



1

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2



4



3



1 DOLCE & GABBANA CLASSIC CREAM LIPSTICK IN PURPLE PASSION, PKR 4,110 MAKE A STATEMENT WITH THIS HIGHLY PIGMENTED PURPLE SHADE THAT'LL TAKE YOU FROM DAY TO NIGHT. WITH IT'S MOISTURISING PROPERTIES, IT HELPS KEEP LIPS HYDRATED TO STOP FEATHERING.  
2 NARS AUDACIOUS LIPSTICK IN VERA, PKR 3,865 IN JUST ONE STROKE YOU'LL GET FULL COVERAGE THAT'S LONG LASTING. THE TIP IS SHAPED TO GIVE A PRECISE APPLICATION, WHICH IS PERFECT WHEN APPLYING A RICH SHADE. THE COLOUR STAYS INTENSE THROUGHOUT THE DAY, TOO - JUST HOW WE LIKE IT! 3 SHISEIDO PERFECT ROUGE LIPSTICK IN RS320, PKR 3,630 FORMULATED WITH A RED ILLUMINATING PEARL TO ADD RADIANCE TO THE COLOUR, SO YOUR LIPS REALLY POP. BENEATH THE CREAMY LIPSTICK THERE'S A TREATMENT TO IMPROVE THE CONDITION OF THE LIPS - A REAL ALL-ROUNDER! 4 CLINIQUE POP LIP COLOUR AND PRIMER LIPSTICK IN GRAPE POP, PKR 2,580 WITH A BUILT-IN PRIMER, THIS LIPSTICK GLIDES OVER LIKE A BALM AND HAS A SOFT, VELVETY FINISH. YOUR LIPS WILL FEEL COMFORTABLE AND MOISTURISED FOR UP TO EIGHT HOURS, PLUS THE COLOUR WITHSTANDS THE TEST OF TIME. 5 TOPSHOP BEAUTY LIPS IN THE DAMNED, PKR 1,290 A DEEP BERRY SHADE THAT WILL REALLY MAKE YOUR LIPS STAND OUT. IT HAS A MATTE FINISH SO YOU CAN WEAR IT BY ITSELF OR WITH A GLOSS OVER THE TOP FOR SHIMMERING EFFECT.





Apply **NARS** Super Orgasm blush to get a shimmery pink glow. It contains both glitter and colour to give cheeks a fairy-like radiance in just one sweep. PKR 3,130



To draw attention to your eyes, apply the **GUERLAIN** Maxilash Waterproof Mascara on your eyelashes. It gives lashes that extra oomph and makes eyes pop instantly. PKR 3,100



Before applying foundation don't forget to apply the **CERAVE** Moisturizing Facial Lotion. This fragrance free, broad spectrum UV protection moisturiser will not clog pores and has a light silky texture which leaves your skin feeling soft. It contains ceramides essential for your skin. PKR 1,045



The **CHANEL** Perfection Lumière Long Lasting Fluid Foundation applied with a Beauty Blender will make your skin look naturally flawless without looking cakey and its SPF will protect skin from sun damage. PKR 6,000



This **M.A.C** Lip Pencil in Beet works well with the burgundy **M.A.C** lipstick. Use it before applying the lipstick to shape your lips and make sure the colour doesn't bleed. PKR 1,700



The 5 Couleurs Designer by **DIOR** is a definite must have! Apply the base colour first, then the highlighter on the crease, the gold on the inner edge of your eyes and blend the shades of brown on your lids; this palette is sure to give you sultry smoky eyes to complement the burgundy lip color. PKR 6,200

# Get the Look

## Cybil Chowdhry

In a sparkly HSY gown, Pakistani-German model Cybil Chowdhry stole the night at the Lux Style Awards 2015. Her luscious burgundy lips, sultry smoky eyes and side swept hair have us coveting her glamorous look.



This Hang-Up lipstick by **M.A.C** is a deep berry burgundy shade ideal for a night out. It defines, amplifies and gives your lips a high-shine finish. PKR 1,700

If you weren't born with them, the **ESTÉE LAUDER's** Courrèges Super Lashes will give your lashes new heights. Wear these and flutter the night away. PKR 3,370





# HYPE

## {LIFESTYLE

### Get ready for The Fundraisers Bargain Basement Sale 2015!

**T**he Fundraisers are back – bigger and better than before! The Fundraisers are set to host their annual and much anticipated Bargain Basement Sale in Lahore on the 15th of November 2015, from 12 PM – 6 PM at The Nishat Hotel.

This year's annual sale brings together around 100 of the most coveted Pakistani fashion and lifestyle brands, including some international brands, all of whom have generously donated items to be sold at the Bargain Basement Sale at heavily discounted prices. Clothing items range from high-end couture and bridals to semi-formals and prêt, and the sale also features beautiful jewellery pieces, art, furniture and home accessories. The purpose of the sale is to raise funds for various charities and causes which are doing great work and need help in raising funds.

Pakistan's loved morning show host Juggun Kazim and *Jawani Phir Nahi Ani* actor Ahmed Ali Butt are amongst the celebrities who will be supporting the event by picking out the lucky winners of the raffle prizes which include a weekend night stay at The Nishat Hotel, a 27 inches flat screen TV by Powerhouse, a fashion photo shoot

by Shuaib Rana Photography, a make-up makeover by Luscious CEO Meherbano Sethi, cushion covers by White by Mehar, spa vouchers from Arammish, Splitends, Boudoir Lounge, Amina Raja, Blowdry Bar, dinner vouchers from restaurants Tokyo, Jazz Cafe, The Pantry, Polo Lounge, Lahore Social, Café Upstairs, Pancake Lounge, cinema tickets from Imperial Cinemas, cakes by Out of The Box, a 6 week fitness session at The 42 Day Challenge and Daewoo tickets.

This year, Fundraisers Bargain Basement Sale will be donating all the funds raised from the sale to four charities including Pink Ribbon Pakistan for breast cancer, Rising Stars (RS) Foundation for schools in Swat and Uch Sharif, Bali Memorial Trust for earthquake relief and old people's homes, and Chitral Emergency Relief. Guard Filters, The Nishat Hotel, Lotus PR and YS Design are kindly sponsoring the event.



## {TV

### Humayun Saeed and Mahesh Bhatt join hands for *Dushman*

**V**eteran Indian director and producer Mahesh Bhatt and Pakistani superstar Humayun Saeed have teamed up to bring a pro-Pakistan Punjabi film titled *Dushman* to Indian and Pakistani audiences – a film they both claim will bring India and Pakistan closer amid rising tensions.

The movie will be directed by Shagufta Rafique who has written several hit films - such as *Aashiqui 2* - for Bhatt's production company Vishesh Films. The movie will be a romantic thriller and the plot will revolve around two friends; one from Pakistan and one from India. Humayun's character is based in the UK and he'll be playing one of the two leading characters. He says he might also co-produce the film. Shaad Randhawa is playing the other lead character.

*Dushman* will be shot in several locations throughout India, Pakistan and United Kingdom. The date of release has not yet been disclosed.



## {CINEMA

### Hamna Zubair runs for TCF

**P**roud Pakistani, Hamna Zubair, took part in the New York City Marathon in a bid to fund The Citizens Foundation (TCF)-run school for an entire academic year and managed to raise \$10,000.

Zubair has reportedly been training for the grueling 26 mile run for the past six months with the aim of securing funding for a primary school located in the community of Saleh Muhammad Goth in Bin Qasim Town, Karachi.

The former Express Tribune staffer explained that it was her late father's influence that inspired her to both run and work for education. Hamna expressed her excitement on social media in the following words, "I made it! 26.2 miles/ 42 km in one go! Here I am with my medal after I crossed the finish line! I can't believe I just did that – the last 8 miles were incredibly, incredibly hard."





# Mera Passion Pakistan!



**M**era Passion Pakistan (MPP) is conceived to highlight success stories of citizens belonging to humble backgrounds – stories of their courage, integrity, innovation and resolution.

Although comprising of a small team at the moment, MPP ultimately aspires to become a platform where all well-wishers of the country come together and become harbingers of hope, optimism and change. Their exceedingly patriotic and highly passionate team has already travelled through Pakistan once to capture as many inspirational stories as they could. Mera Passion Pakistan aims to reach out to each and every Pakistani whose story deserves to be shared. For this, they need the support of fellow Pakistanis to help them identify and showcase every unsung hero and give a platform to every deserving individual.

Mera Passion Pakistan will be launched by December 2015 with a rigorous social media presence. However, things don't just end there, the energetic team will be seen out and about, questioning you about your hero, motivating you to let go of the negativity and most importantly, rebuilding Pakistan's image.

Regarding Mera Passion Pakistan, the project manager Nimrah Ijaz says, "Mera Passion Pakistan aims to reignite the lost patriotism and rekindle the vanished hope by giving exposures to these inspirational



people. If people from humble backgrounds with limited resources can stay optimistic and take charge of their lives, then why can't we all follow their example and vow to contribute as active citizens? Because big talk is easy, it's the practical implementation that proves your desire and will!"

## {FASHION

### Swarovski sparkling couture exhibition

**S**warovski, the global leader in cut crystal and fashion jewellery, hosted the first ever Sparkling Couture exhibition celebrating the brand's long-standing relationship with regional and international couture designers. Over forty couturiers, jewellery and accessory designers from Middle East and South Asia showcased bespoke pieces in Dubai for an exhibition earlier this month.

The evening event, held at Madinat Arena showcased exquisite collections by 35 couturiers and six jewellery and accessory labels from across the Middle East and South Asia. Designers presented one piece, created exclusively for the event, highlighting their innovative use of Swarovski crystals.

VIP guests, press and brand partners experienced a vast exhibition of intricate couture creations along five themes: bridal wear, ethnic wear, evening wear and modest wear, as well as statement jewellery and accessory, all creatively adorned with Swarovski crystals.

#### The brands participating in the exhibition are:

##### Modest wear:

- Ajooba (KSA)
- Al Shal (KSA)
- Bait Hanayen (Kuwait)
- Bawal (Malaysia)
- Bedoon Essm (KSA)
- Hanayen (UAE)
- Kanzi (UAE)
- Lomar (KSA)
- Rabia Z (UAE)
- Shadow (Kuwait)
- Sharqiaa (KSA)

##### Evening wear:

- Aavva (UAE)
- Fatema Al Fardan (UAE)
- House of Hend (UAE)
- Raghda Taryam (UAE)
- Rizwan (UAE)
- Zohreh Najari (Iran)

##### Bridal wear:

- Georges Hobeika (Lebanon)
- Dar Sara (UAE)
- Sebastian Gunawan (Indonesia)
- Steven Khalil (Australia)
- Arushi (UAE)
- Bella Rêeve (UAE)
- Florentina (UAE)
- Ziad Antoun (Kuwait)
- Finale Wedding Studio (Thailand)
- Iconic (Thailand)
- Vati Itthi (Thailand)
- Amir Hossein Mehdizadeh (Iran)

##### Ethnic wear:

- Elan (Pakistan)
- JJ Valaya (India)
- Maria B (Pakistan)
- Suneet Verma (India)
- Tena Durrani (Pakistan)

##### Jewellery and accessories:

- 77th (Thailand)
- Amrapali Jewelry (India)
- Joy Shoes (India)
- Kanokkorn Lamkert (Thailand)
- Mashizan Shoes (Singapore)
- Sirena (Thailand)



TEXT: FIZZA FURQAN; PHOTOGRAPH: HASEEB SIDDIQUI





# 9 LINES

***OK!*** Pakistan catches up with the innovative team behind the eclectic and funky brand 9Lines as they speak about working together, what inspires them and more!





**H**assan Iqbal Rizvi and Saad Shahid are the dynamic duo behind the eclectic, fun and quirky brand 9lines! Hassan being the creative head and Saad with his entrepreneurial spark make a multi-talented team. They juggle day jobs that include Hassan as creative director of his design consultancy, Narcissit Design, in addition to being the art director at Sapphire while Saad is a professor at Lahore School of Economics, manager of a publishing house and a doctoral student of Business Administration. Both are incredibly passionate and motivated individuals that work hard to make their dreams a reality. As Saad explains “9line is our baby. We take care of it; we love to watch it grow and are excited to see what the future holds.”

#### How did two young boys from Lahore come up with the concept of 9lines?

**Hassan Iqbal Rizvi:** 9Lines was a product of searching for the right partner to collaborate with to create a unique, fun, quirky fashion and lifestyle label that created original art for its merchandise; a label that had popular cultural influences but did not ape trends. As an artist and graphic designer who has dabbled with art, photography and design, I was eager to experiment and push my creative boundaries. Saad being my best friend for quite some time now had his own sets of credibility with marketing, finance, operations and logistics and an iota for entrepreneurship. There was no one better to team up with. We decided on the name since we had 9 separate lines for Fashion & Lifestyle, if this sounds deliberately vague, the reason is that 9Lines has everything: stationary, paintings, bags, jewelry, clothes, and a lot, lot more. It was short and sweet, and just clicked with both of us. It was a mutual decision!



#### What is the creative process of bringing a product to life (from conception to product)?

**HIR:** The creative process and the creative life come with a fair amount of fears, anxieties, worries, doubts, and scary challenges. I always keep a journal to jot down all my inspirations and details that I might find to be useful for any future collections. Visual journaling is one of the most powerful tools I know to gain insight, solve problems, and explore new ideas without the pressure to produce a product... it's an appealing and unique vehicle for entrepreneurial explorations.

#### I primarily create and design artworks for products, digital media management, website

#### and printing aspect.

**Saad Shahid:** Coming from a marketing and entrepreneurial background I am responsible for strategy making, public relations, customer service management, operations, logistics and production. I help Hassan visualising the art direction for advertisements; finalise the talent (models, photographers, etc.) and concepts for the photoshoots that we brain storm together. One must realise that a thriving business requires creativity at every level right from the product idea generation to its timely and quality delivery at the customer's door step. At 9Lines, we practice creativity from strategic to tactical levels because we aren't just producing products here, we are ►





“ So it says a lot about the country if you’ve been there almost three weeks and want to come back again. ”



developing a brand which is eventually aimed at creating and maintaining brand love amongst our target audience.

**Start-ups are never easy. What challenges did you face as young entrepreneurs in Pakistan?**

**HIR:** The greatest challenge is within our own work space rather than outside of it. With two individuals trying to find a sense of perfection in art and fashion, we often reach a deadlock. We do understand that we both always have the best interest of the brand in mind, and always find a mutual ground. You cannot really foretell your obstacles, so we would rather not stress over what we don't know, and face things as they show up. Together we are a potent force!

**SS:** We bring original art to a broad spectrum of audience by changing the medium of canvas to fashion. To be able to alter people's conception of art and design, and make art accessible through affordable price points requires getting several factors of production and design organised to be able to make this a viable concept. Constantly re-inventing, creating original work to stay ahead of the game, along with trying to keep production costs low, without having to hamper the quality of the product, is a constant challenge. The real challenge, however, is finding out the answer to this question "how to be your most fierce competitor?"

**Funky, eclectic merchandise is on the rise in Pakistan, what do you think makes 9lines stand out in the crowd?**

**HIR:** 9lines was the first brand to introduce pop culture inspired accessories in Pakistan. I am really proud to have paved the way for funky and quirky brands in Pakistan. When we started we thought people would either really love it or hate it, but thankfully we got an amazing response. Our unique selling point is our strong understanding of design, fashion, trends, and our inherent traits of wanting to create something original each time. We are not aping trends, even though our work has a very strong pop art essence, we are neither imitating designs nor finding inspiration from style trends or 'what's popular now', we are constantly striving to create innovative art that spells individuality. I always remind myself that in a country with a population of around 200 million, there are many who'd like what you do and would want to buy your ideas or creations. Hence I always try to think outside of the box and focus on what I would wear myself since I am my own muse. I wouldn't want others to wear things that I won't wear myself.

**SS:** Firstly, we are not just an eclectic pop art label. We have done a whole range of different prints and designs inspired by the world we live in. Secondly, age and sex is no limit, really. Our products are easy to wear, simple to coordinate, and an instant head turner. The label further helps you extend your style to your home and office, and make design more functional with its Lifestyle & Home Décor collection. This makes our brand commercially accessible yet our customer is someone who wants to make a statement and we help build their personal style. This is quite an achievement in itself

and distinguishes us from other brands. 9Lines will thrive on its ability to adapt and excel paradigm. Luckily, Hassan and I both have a forward thinking approach. We live in the present but we never ignore what tomorrow has in store for us. What is noteworthy is our brand personality which aligns with our very own personality.

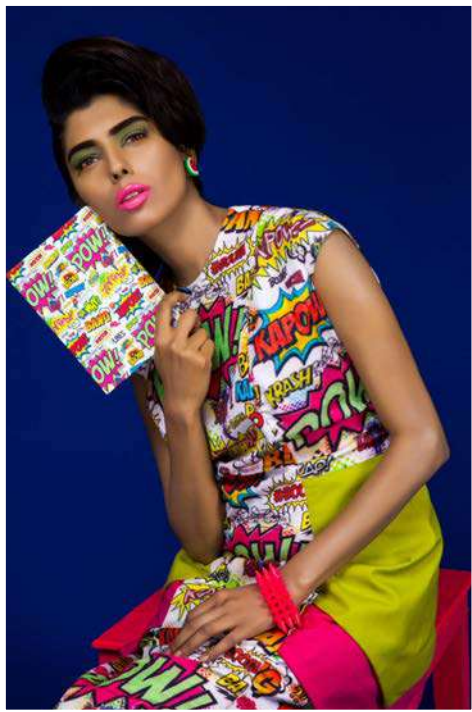
**What inspires you to create?**

**HIR:** We at 9Lines are inspired by our experiences. It is after all our experiences that change every day, and allow us to reflect in our design. We are creating what we enjoy and what we find fun. Having studied and lived in Lahore, South Asian art, artists and pop culture became strong influences in my design education and graphic design. Pop art, Andy Warhol, the 60's era, vintage photographs and Pakistani truck and rickshaw art are my main inspirations for designs.

**SS:** 9Lines is about innovation and originality. We strive on creating concepts which are fresh, fun, have international appeal, original and of course quirky. There is an oddity and sense of innovation that is a virtue of 9Lines. This oddity or 'quirkiness', and an implicit need to be original and fun, is our unique selling point for 9Lines. Everything that we do at 9Lines is completely inspired by real life, places, people, and things in our environment. We take inspiration from everyday life, what we see and feel.

**How do you overcome a creative block?**

**HIR:** I literally have to nag Saad and tell him that ▶







we need to watch a movie and have dinner breaks. I make sure that I reward myself with a movie or a dinner from my favourite restaurant after a crazy exhausting day. Saad and I are very frequent international travelers; we make sure we refuel ourselves every now and then. Having said that, we never jeopardise work!

**SS:** My body has an alarm clock installed; it gets on snooze when it's overflowing with work and that's the time when I realise that a break is a MUST! 'Ring! Ring! Hassan! Let's go somewhere'. We travel outside of Pakistan almost every three months because we realise our threshold. However, work is definitely a priority.

**What is your design philosophy?**

**HIR:** The main notion behind the brand is to push forward the concept of wearable art through fashion as its canvas. The theme for each collection is completely different and inspired by our experiences and everyday lives. Prints, graphic manipulation, colour blocking and so on, are a few of the medium through which 9Lines puts across original and functional art concept to the masses.

**SS:** 9Lines started as a StreetWear & Lifestyle label. We have worked towards creating functional art which is über cool and available to the masses at a reasonable price. With 9Lines we see art reflected through fashion and original prints.

**Who are some designers you admire and have influenced your work?**

**HIR:** I'm rather influenced by very savvy street style brands like ASOS, Nasty Gal, and Acne. I have immense respect for their talent and dynamism to amalgamate creativity at its highest level along with their business model.

**SS:** We truly appreciate the work and fashion sensibilities of designers and brands like Jeremy Scott, Kate Spade, and Manish Arora to name a

few.

**How much has living in Pakistan influenced your brand?**

**HIR:** Pakistan traditionally has a huge database for design, clothing, food, architecture, home décor, transport, festivals and weddings. One always sees a riot of colours, patterns, textures and kitsch elements. We also love Hindi/Urdu movies and Saad is a diehard fan of Bollywood, whereas I'd prefer to focus on Lollywood/Hollywood in my designs. I often find inspiration in yesteryear silver screen icons, retro blockbusters, famous on-screen couples, cheeky dialogues and the extinct art of poster painting.

**SS:** We are creating what we enjoy and what we find fun. Our biggest inspiration is our country. Having travelled all over Pakistan and abroad extensively helped us rediscover it. There's an organised chaos that we love to capture. The very Pakistani-ness is immensely inspiring.

**What does 9lines have in store for the future?**

**SS:** We want to evolve 9Lines into other categories like cutlery, footwear, rugs, bed spreads, curtains, furniture, sarees and even branching out into a restaurant chain! 9Lines is a Pandora's box! With the wide range of ideas we have and the appropriate mix of skills, we would like to be a cross between Paperchase & Moschino with a little cheating on the side with John Lewis (wink!). Having taken names of the three inspirational brands, 9Lines takes pride in originality, our heritage and quirk. Our ambition to be better with each new collection will guide our way forward; the sky is the limit! We are ambitious and we intend to capitalise on this ambition and continue to thrive in future. **OXE**



INTERVIEW: ANUSHKA TALPUR  
 PHOTOGRAPHS: ALEE HASSAN, ABDULLAH HARRIS,  
 HASSAN NADEEM, ARMISH IMTIAZ



Director: Shahid Younus  
Writer: Mubarak Kamalani and Imran Nazeer

# رفعتیہ آپ کی بیروٹیں

Cast: Bushra Ansari, Shehzad Mukhtar, Faizan Sheikh,  
Noman Habib, Ali Ansari, Saman Abid,  
Fariha Hasan, Farah Nadeem, Shehzad Raza,  
Binish Khan, Anum Javed, Sumbul Shahid,  
Shahid Naqvi, Madiha Zaidi, Anita Camphor,  
Tasleem Rana, Naveed Raza and others.

MON TO THU AT 7:00 PM  
SATURDAY AT 8:00 PM

Director: Roomi Insha  
Writer: Seema Shaikh

# میں ادھوری

Cast: Azfar Rehman, Saniya Shamshad,  
Talat Hussain, Saba Hameed,  
Nausheen Shah, Khalid Malik,  
Hasan Niazi, Hira Hussain,  
Ayesha Toor, Shehzad Malik,  
Ismat Iqbal, Kaif Ghaznavi,  
Adnan Shah (Tipu)  
and others.



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# ICONS OF **OK!**

# DURAN DURAN

WITH A TOUR AND NEW ALBUM, POP'S ORIGINAL NEW ROMANTICS ARE PROVING THAT WILD BOYS NEVER LOSE IT...



**C**atapulted to international stardom from a post-punk Britain, Duran Duran utilised the fresh medium of music video to visually define the new wave movement. The band took the early '80s by storm as pretty poster boys for the new romantic circuit with their electronic pop and catchy melodies. Hits such as *Save A Prayer* and *Rio* caused a wave of Duran Duran mania to sweep Europe and America, but by the mid-'80s, the relentless touring had exhausted its members. Duran Duran staggered on as a whittled-down trio and, in various formations, have staged numerous comebacks, releasing successful albums along the way.

Their latest studio effort, *Paper Gods*, released recently, had a real air of anticipation about it as the band performed a host of European shows, culminating in last weekend's Bestival. Co-founder Nick Rhodes says: 'With each album we are always looking to reinvent and reinvigorate the sound. This one took a little longer than usual because we wanted it to develop a personality on its own.'

Back in 1978, Britain was in the grip of punk rock, although the angst had begun to warm and enthusiasm had begun to wane. People were ready for change. In Birmingham, school friends Nick

Rhodes and John Taylor, influenced by the likes of the Sex Pistols and The Clash who they'd watched live in their local club, Barbarellas, had formed a band but with a difference. 'We thought we were an art band. We thought we'd slot in somewhere between [early] Simple Minds and [early] Human League. But it never really went according to plan, we fell into a different bag, and the pop thing kind of happened,' said Nick. The drummer-less line-up used a drum machine, providing an electronic departure from the raw sound of punk, and named themselves after a character from the film *Barbarella* – Dr Durand-Durand.

By 1980, several rotations of members and adverts in *Melody Maker* had finally resulted in a group made up of John, Nick, Andy Taylor (no relation) who came from Newcastle to audition, Roger Taylor (also no relation), who they'd met at a party, and vocalist Simon Le Bon, an aspiring actor from London, who had auditioned to study drama at Birmingham University. The fivesome found themselves managed by the owners of the Rum Runner, a club in which they played, rehearsed, DJ'd and were put to work behind the bar. Roger fondly remembers: 'I went there for the first time when I was 17. I was in with a small group, we were all passionate about our music, and it

wasn't a day too soon when we finally made it past the door staff.'

Alongside fellow new romantics Adam And The Ants and Spandau Ballet, the band worked hard on their image, favouring pirate-inspired sashes alongside foppish ruffles and make-up. Their combined chiselled features meant a week didn't pass without Duran Duran gracing the cover of a teen magazine. John commented that the band were 'like a box of Quality Street; everyone is someone's favourite'.

With MTV now playing bands' music videos on rotation, the handsome quintet soared in popularity across the globe, especially in America where the now-nicknamed Fab Five had echoed the success of The Beatles before them. But that level of attention came with its drawbacks, as Nick remembers: 'Our first gigs in the United States were crazy and culty, but when we came back after *Hungry Like The Wolf* was a hit, it was mayhem. It was Beatlemania. We were doing a signing of the *Girls On Film* video at a store in Times Square. We couldn't get out of the store. The cops sealed off the streets.'

Roger was the first to back out of the band, citing fatigue and exhaustion. 'I was burned out,' he remembers. 'I think I was just exhausted. It was





GELA NASH & JOHN TAYLOR



DURAN DURAN PERFORM ONSTAGE AT FASHION ROCKS 2014



YASMIN & SIMON LE BON



JOHN TAYLOR & SIMON LE BON

a very intense five years. We didn't stop – it was constant touring, constant writing, recording. We broke internationally, as well – instantly, pretty well. It's a non-stop schedule, really. I had lost myself somewhere.'

While the band were going through turbulent times professionally, things were at least settling down in their private lives. In 1985 Simon broke the hearts of women everywhere when he married model Yasmin Parvaneh. The couple – who will celebrate their 30th wedding anniversary this year – have three daughters, model Amber, 25, Saffron, 23 and 20-year-old Talullah.

Nick Rhodes has one daughter, Tatjana Lee Orchid, 28, from his marriage to Julie Anne Friedman who he wed in 1984. The couple filed for divorce in 1992.

John Taylor has a daughter, Atlanta Noo, 23, from his marriage to Amanda De Cadenet. The couple separated in 1995 and divorced two years later. He married his second wife, Gela Nash in Las Vegas in 1999 and they spend most of their time in LA. Roger has three children – James, Elea and Elliot – with his first wife Giovanna, whom he divorced in 2004 after 20 years of marriage. He also has another son, Julian Roger, four, with Gisella Bernales, who he married in 2007.

The band took an official hiatus in 1985, with all five members dabbling in side projects. Simon, Nick, and Roger formed Arcadia and released one album before Simon, Nick and

John reformed Duran Duran in 1986 along with new drummer Warren Cuccurullo. But it wouldn't be until 2003 that the original five would reform to play a handful of gigs to celebrate their 25th anniversary.

The success of their shows prompted a world tour, selling out in minutes, and a spate of prestigious achievement awards. The band set to work on a new album but it wasn't long before they were fragmented once more. Andy cited an 'unworkable gulf', saying 'we can no longer effectively function together.' He later stated the differences existed between himself and the band's management and he was also suffering from depression after the death of his father.

The rest of the group sporadically continued to record and tour, headlining the 2012 London Olympic celebrations at Hyde Park, but for the last three years they have retired to the studio while fans eagerly awaited album number 14, *Paper Gods*. Simon promised a considered sound as the musical chameleons moved in a new direction. 'I am a fan of space, I am a fan of silence in music, when you hear something that has only got three or four things going on at the same time, it gives you this sense of openness,' he says. 'It can be scary but at the same time it can give you a sense of freedom.' Welcome back, boys. **OK!**

FEATURE BY LUCIE BARAT  
PHOTOGRAPHS: GETTY, WENN



MTV MUSIC AWARDS 2013



WITH MARK RONSON AT LOVEBOX FESTIVAL AT VICTORIA PARK

**FROM BIRMINGHAM TO BREAKING AMERICA – AND A COMEBACK OR TWO ALONG THE WAY – THEY'RE STILL HUNGRY FOR MORE**

**1978** Duran Duran are formed by school friends Nick Rhodes and John Taylor in Birmingham.

**1980** Final line-up of the band is complete with Londoner Simon Le Bon replacing Stephen Duffy on lead vocals. After a year of touring the UK supporting Hazel O'Conner, they sign a deal with EMI.

**1981** Debut album *Duran Duran* is released.

**1983** The album *Rio* remains in the US charts for 129 weeks. Andy Taylor is the first member of the band to get married. The band live as tax exiles in France to write their much-anticipated third album. *Seven And The Ragged Tiger* is released.

**1984** Duran Duran feature on the Band Aid benefit single, *Do They Know It's Christmas?*. They embark on a world tour including several stadium dates in America and win two Grammys for their music videos. Roger and Nick both marry.

**1985** Perform in front of 90,000 people and one and

a half billion live TV viewers as part of the Live Aid concert, a follow-up to the hugely successful Band Aid single. Simon marries model Yasmin Parvaneh. After completing the title track to the James Bond film *A View To A Kill*, the band take a break from relentless recording, touring and band promotion. Andy Taylor and John Taylor joined singer Robert Palmer to form The Power Station; Chic's Bernard Edwards was also involved – their biggest hit was *Some Like It Hot*.

**1986** Drummer Roger retires to the countryside suffering fatigue and exhaustion. John follows Roger's departure, leaving Nick, Simon and Andy to release the album *Notorious* with the help of drummer Warren Cuccurullo.

**1988** They release the album *Big Thing*.

**2003** The original five members reunite to play a number of 25th anniversary shows around the

world, which sell out in minutes. Receive a Lifetime Achievement Award at the MTV Music Video Awards. Receive a *Q Magazine* Lifetime Achievement Award.

**2004** Release the album *Astronaut*, packed hit singles. Receive a BRIT Award for Outstanding Contribution To Music.

**2005** Undertake a sell-out world tour. Receive the PRS Outstanding Contribution Award at the Ivor Novellos.

**2006** Andy leaves the band, suffering from depression and citing differences with the management.

**2007** *Red Carpet Massacre* released.

**2011** Release the Mark Ronson-produced *All You Need Is Now*.

**2012** Headline the opening ceremony celebrations for the Summer Olympics in London.

**2015** The band work with Mark Ronson, Nile Rodgers and Ben Hudson and release their 14th studio album, *Paper Gods*, with the first single *Pressure Off*.





# Yoga: The Union Between Mind, Body and Soul

Discover more about the ancient practice to alter your life in the best possible way!



**Y**oga is a discipline that has existed largely unnoticed for centuries but in the recent years this pattern has drastically changed, as it has become one of the most popular forms of exercise. Celebrities like Charlize Theron, Demi Moore and Reese Witherspoon swear by it! It is on the rise here in Pakistan as well. The amount of yoga studios and teachers have sky rocketed. But so have the number of uncertified teachers, as Jeannette Faruque of Studio X warns our readers to make sure the instructor is properly trained or certified otherwise one could end up getting injured.

## What is yoga?

Yoga is a 5000-year-old Indian body of knowledge. The word itself is derived from the Sanskrit word "yuj" which means "to unite or integrate". The essence of yoga lies in creating a balance or harmony between the mind, body and soul through different principles. The most commonly known practice

is "asana" which refers to physical postures that include meditative poses or poses aimed towards attaining strength, balance and steadiness. As Salina Taqi of Studio X summarises the beauty of yoga "it is seizing the fluctuations of the



mind and being present in this moment, in this now, on our mats. It is the awareness that comes from within that leaves individuals enlightened and coming back for more. "

## Men can do yoga too!

The term yoga conventionally has been associated with women and is viewed as a dull form of exercise but in the recent years this trend has changed! Aqil Amin of AQ Power yoga broke this norm by teaching yoga. When he first started women mostly dominated it but now his classes consist of about 50% men! As he shares "it is great for those who play sports and go to the gym as it compliments their workout by improving





flexibility and helping focus”.

### The most popular form of yoga in Pakistan

There are so many different types of yoga including *ashtanga*, *bikram*, *hatha*, *vinyasa* and *kundalini*. Yoga teachers agree that the most common form of yoga in Pakistan is *vinyasa*, which literally means “breath-synchronised movement”. There is a symphony created between poses and breathing, and the movements are smooth and almost-dance like. Jeannette shares it is a more challenging workout and also has a spiritual aspect to it, so this gives people a more



holistic workout as it balances the body and the mind.

### Experts share their insights on yoga

The benefits are countless and it can help everyone out in some way or the other. As Aqil articulates “it not only helps burn calories but it helps you mentally, physically and emotionally. It’s a form of exercise that can turn your world upside down.” Jeannette Faruque of Studio X shares that it brings her inner peace, and helps her deal with every emotion she faces from dealing with being a working woman, a mother and a wife to living in the lovely but at times turbulent city of Karachi! As Salina states “the inherent benefit is coming to a state of enlightenment when you get to know yourself and that surpasses any physical form. It is not for weight loss; there is so much more to it, and that is what is attracting a large population to yoga. It really makes you question who you are, what you are, and helps you get more in control of yourself and your emotions.”

### The psychological benefits of yoga

The physical benefits of yoga are countless and quite well known. They include improved flexibility, building of muscle, decreased heart rate, decreased blood pressure and improvement in the health of the bones. The psychological benefits are lesser known; yoga can do wonders for your brain. It is a great way to deal with everyday stress as it is also found to lower cortisol levels (the stress hormone) and improve the immune system! It allows you to connect with yourself, lifts your mood and increases your self-esteem! It also helps cope with mental illnesses like depression and anxiety as it increases the firing of the neurochemical GABA that slows down the firing of neurons and creates a sense of calmness. Yoga can improve memory, sharpens one’s cognition and increase concentration as it helps to rejuvenate cells and increase blood flow to these brain regions.

### Tips on improving your yoga practice

Yoga can be challenging to break into initially and should be viewed as more of a lifestyle than just a form of exercise.

Jeannette shares the importance of consistency, “the more you practice the better you become. It is very difficult to master, and should be done everyday even if it’s for half an hour!” Yoga is about improving yourself day by day and not competing with anyone. Aqil shares some insight “in yoga it’s important to remember that there is no perfection at a certain pose because everyone’s body is different. The only thing is to commit and once you do that it will change your life.” It is also important to control your mind and be present during the practice as Salina Taqi speaks about the importance of being mindful on your mat, not thinking of the things you have to do, and “having the ability to let go of your mind chatter and bring yourself back to your breathe and your mat.” It is this awareness from within that will help improve the time spent during class. **OK!**



TEXT: ANUSHKA TALPUR  
PHOTOGRAPHS: SHUTTERSTOCK, GETTY



# LOOK SUPER LIKE JAMIE!

Following his two-stone weight loss, Jamie Oliver reveals the super foods to put on your plate

**H**e's carved out a name for himself as a campaigner against unhealthy foods – remember the Turkey Twizzlers tirade? Now Jamie Oliver has applied his philosophy to his own body, revealing a new slimline look that's a result of losing two stone. Jamie's resolve to drop the pounds coincided with the approach of his 40th birthday in May. The dad of four explains: 'When you come to 40, you think you've got a while but it's ticking. You start to realise that you're half-dead, so let's get on with it. I want to get as old as possible, and to do that you've got to live a certain way.'

Jamie admits that he once survived on three or four hours sleep a night but his hectic lifestyle eventually took its toll. The answer? More shut-eye and a switch to 'simple foods that are nutritious and delicious'. He says: 'I didn't do it through not eating. I ate a lot, more than I was used to. I pushed

meat down, pushed veggie up, got more sleep and more movement.' So what does his new diet consist of? Here are Jamie's super food recommendations...

## Eggs

Ideal for: Boosting your brain power. We love: Instagram went wild when Jennifer Aniston posted her delicious-looking brekkie of



poached egg on toast with avocado. Maybe her chef took inspiration from Jamie's new recipe for Magic Poached Egg, Smashed Avo and Seeded Toast? Eggs are packed with B vitamins as well as vitamin D, phosphorus, iodine and selenium. Jamie says: 'Our brains love protein





in the morning and eggs are a fantastic, affordable source that are quick to cook. Just two eggs give us over a day's worth of vitamin B12, which helps our bodies to produce red blood cells, keeping us awake and alert, perfect for the morning.'



### Kale

**Ideal for:** Cell repair. We love: High in calcium and cancer-fighting sulforaphane, kale can help with the regeneration of cells. Fashionista Sadie Frost is partial to a kale

salad, which may explain why she looks so fabulous at 50. Jamie says: 'When nutrient-rich kale is boiled, protective antioxidant "polyphenols" escape into the water, so using it for your soup adds extra goodness.'

### Nuts

**Ideal for:** A healthy immune system. We love: Perfect for snacking on the go, nuts are high in fat (so if you're watching your weight, keep your portion size small) but they are also packed with protein. Walnuts are rich in vitamin E, which helps protect our cells, helps us maintain healthy skin and eyes, and strengthens our immune systems. Jamie says: 'Get yourself a range of nuts and seeds and keep them in well-sealed containers ready for adding a delicious crunch and protein boost to your meals.'



### Black beans

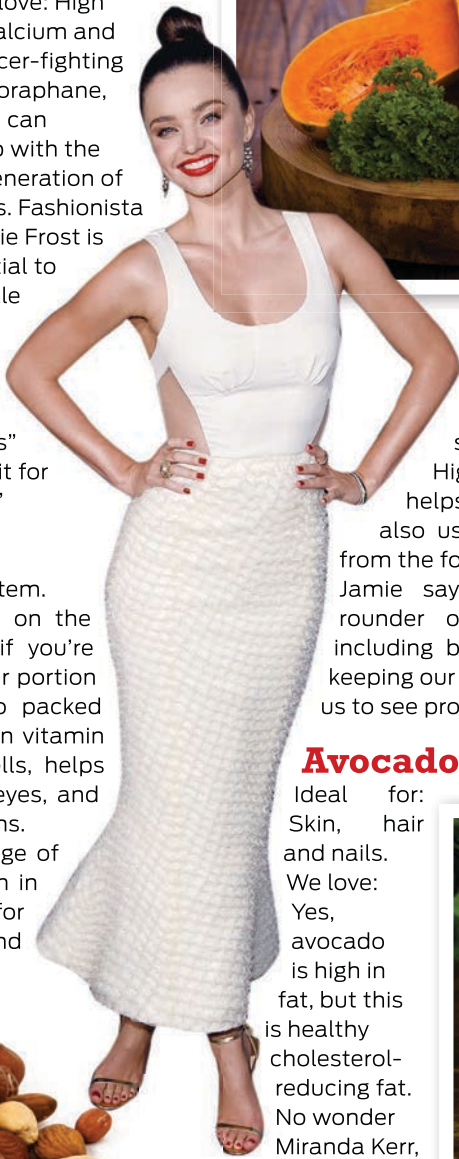
**Ideal for:** Muscle repair. We love: We're obsessed with this low-fat protein source and so is Jamie, who loves to incorporate black beans into his recipes. Jamie says: 'Wonderful little black beans are the highest-protein bean, so are great for brekkie,



especially if we exercise in the morning as protein helps our muscles to repair.'

### Butternut squash

**Ideal for:** Better vision.



We love: Anti-inflammatory and with protective carotenes squash is a real winner. High in vitamin A, which helps us see in the dark, we also use it to metabolise iron from the food we eat.

Jamie says: 'Squash is an all-rounder on the nutrition front, including being high in vitamin A, keeping our skin healthy and helping us to see properly.'

### Avocado

**Ideal for:** Skin, hair and nails. We love: Yes, avocado is high in fat, but this is healthy cholesterol-reducing fat. No wonder Miranda Kerr, Gwyneth



Paltrow and Olivia Wilde are fans. Miley Cyrus loves avocado so much that she's even had a tattoo of one! As Jamie points out, they are super-nutritious, but if you're watching your weight then your portion size should be moderate. Jamie says: 'They're perfect in the morning, smashed on toast with salt and pepper.'

### Carrot

**Ideal for:** High cholesterol. We love: The high levels of beta-carotene and other



antioxidants help ward off cancer, heart disease and high cholesterol. Jamie uses organic carrots in his new recipes for Russian and shred salads. Jamie says: 'Carrots are brilliant, full of vitamins. Plant-based diets are more prevalent in many of the communities around the world with the highest portion of centenarians.'

### Quinoa

**Ideal for:** A healthy energy boost. We love: Natalie Imbruglia is definitely on to something with her healthy lunches of sweet potato and quinoa salad. Quinoa is packed with amino acids and high in iron, potassium and vitamin B2. Jamie says: 'Quinoa is an awesome grain packed with many essential vitamins and minerals, as well as protein and fibre.'



### Mackerel

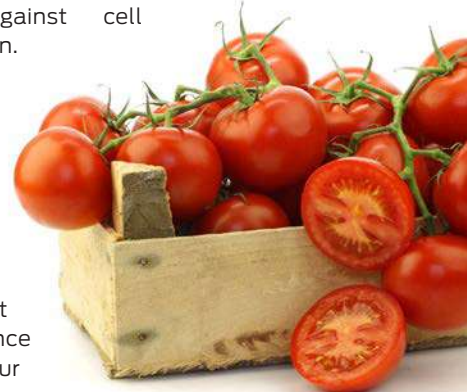
**Ideal for:** Joint pain. We love: Mackerel can have an anti-inflammatory effect, which is why it's recommended to people with joint pain. It's rich in omega-3 fatty acids, which help to protect against heart disease.



Jamie says: 'Mackerel is super-rich in protein and packed with iodine, which, through our thyroid gland, helps our metabolism to function efficiently.'

### Tomatoes

**Ideal for:** Feeling younger. We love: Eating tomatoes regularly will help you to look and feel younger. These little beauties are rich in lycopene, an antioxidant that helps protect against cell deterioration. Jamie says: 'Home-made tomato soup is a classic and you'll be surprised at the difference between your own version and the tinned stuff.' **OK!**





# DINE DIVINE RUTH'S CHRIS STEAK HOUSE, THE ADDRESS DUBAI MARINA

**W**HAT IS IT A fine American steak house situated in the heart of Dubai Marina.

**WHY WE LOVE IT** For starters, we love steak! And if it's a great hunk of meat that you're after, this restaurant is right up your alley, and upon arrival we were greeted by the front of house staff.

We were shown to our table, which had a lovely Marina view, and began our culinary journey with the sizzlin' jumbo scallops. These were lightly blackened and served with parsley pesto and lemon butter and simply melted in the mouth. We also ordered the Voodoo, an amazing, lightly fried shrimp dish, which was suitably delicious, and we loved the sweet and spicy Sriracha sauce the prawns had been tossed in. It left our taste buds tingling with the nice chilli hit.

For mains, we both chose the 8oz petite filet steak, cooked to our liking and with a sauce each – mushroom and pepper were the winners. And then (the best bit!) we picked our sides. The potato au gratin and creamed spinach immediately shot to the top of our 'must order' list. The sliced potatoes coated with a rich cheese topping were divine, and, since the spinach was so creamy and moreish, I went in for seconds! And how could we forget the chunky onion rings? The side dishes at this steak house are seriously good, so order a few to share.

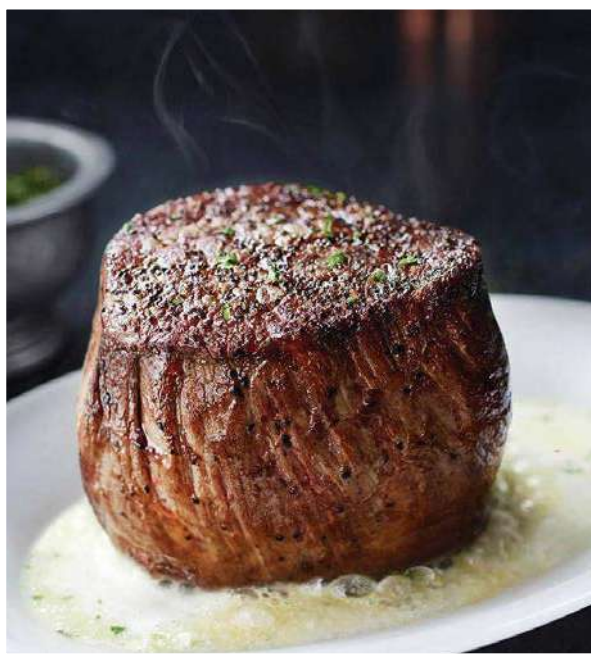
During the meal we were entertained by a wonderful jazz singer, making it feel as though we had Michael Buble personally serenading us. The music really sets the tone for this atmospheric eatery, and we could very well have been in a classy jazz bar in New York. We ended our wonderful dinner experience by sharing the apple crumble tart, which was filled with delicious apple chunks and cinnamon spice, and finished with a buttery crumble topping. More than enough for two people, we couldn't even finish it! Finally retiring to the bar for coffee, we sat back and enjoyed the great jazz entertainment, the perfect way to end a faultless evening.

**WHAT TO WEAR** Go for smart/casual, though it's nice to get dressed up for dinner.

**WHO TO TAKE** This is a restaurant for all occasions – a girls' night out, a hot date or a get-together with a group of friends. They also have a private dining room for special celebrations.

[www.ruthschris.ae](http://www.ruthschris.ae), 04 454 9538 

TEXT: REENA RATAN/OK! MIDDLE EAST  
PHOTOGRAPHS: COURTESY FACEBOOK







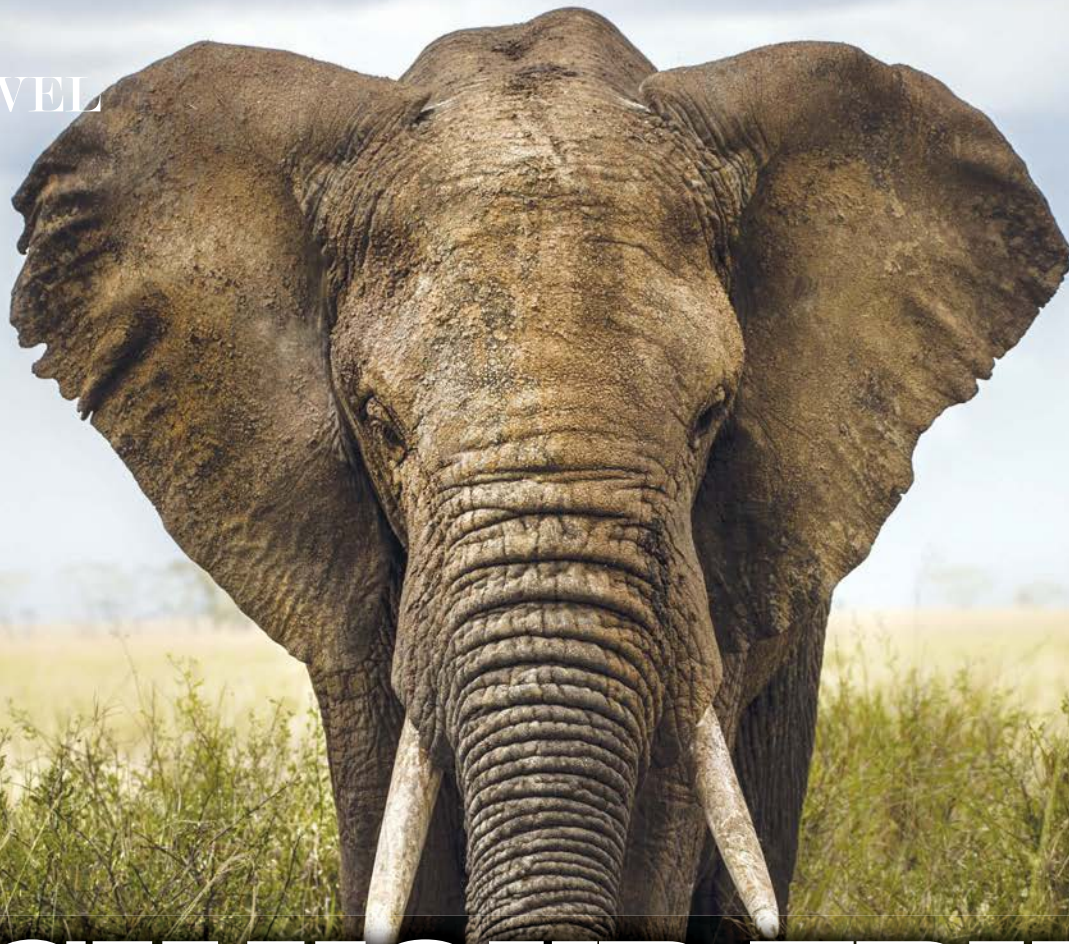
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# PACK YOUR TRUNK!

**OK! HEADS OUT TO AFRICA ON A STAR-STUDED SAFARI BEFORE SOME LUXURIOUS R&R**

**W**ith the world as his oyster, where did HRH Prince William chose to propose to Kate Middleton? Kenya – a country that’s been close to his heart for years and one that he refers to as his ‘second home’.

Waking up next to endangered wildlife just outside our luxury tent, with the majestic Mount Kenya as our backdrop, OK!’s Chloë Reeves soon discovered why this captivating place attracts both royals and celebrities alike.

During an amazing trip, which saw us board seven flights in seven days, we enjoyed a wildlife adventure in the heart of the breathtaking African wilderness, as well as enjoying some downtime on Kenya’s sandy coastline...

## WHO GOES?

It was during a holiday to Kenya in 2010 – when William and Kate were staying at one of the isolated Rutundu Log Cabins at the Lewa Safari Camp – that he proposed to his now wife. You may also spot royalty of the fashion world, as Naomi Campbell has been known to visit – she stayed at former boyfriend Flavio Briatore’s Lion In The Sun resort last year. Back in 2013, Peter Andre and his family checked into Elsa’s Kopje, sister hotel to the Lewa Safari



PRINCE WILLIAM & KATE MIDDLETON

Camp and location for the ‘60s movie *Born Free*. Other safari fans include Ronan and Storm Keating, who’ve been in South Africa enjoying their honeymoon at the Sabi Sands Private Game Reserve, staying at Sir Richard Branson’s Ulusaba Safari Lodge.

## SAFARI – SO GOOD!

OK!’s first stop was Ol Malo in

Northern Laikipia in the north-east of the country. The resort hosts only a handful of guests at a time, ensuring that visitors have an intimate experience. The privately owned lodge and game sanctuary has a commanding position on a rocky escarpment overlooking a river, affording breathtaking views of the untamed landscape. The family-run 5,000-acre ranch is reached via private airstrip, or by taking a 50-minute internal flight from Wilson Airport in south Nairobi, followed by a 60-minute drive. And the safari started as soon as we came in to land as we spotted a herd of giraffe!

On arrival, we were shown to one of four cottages – made from local stone, olive wood and topped





with a thatched roof - in the grounds, which had a lovely veranda offering views over the plains. We soaked up more views over lunch taken next to the infinity pool with the family's baby pet zebra as company!

Set the alarm for a sunrise camel safari in the wildlife sanctuary. Our trek led us to an opening where a pop-up breakfast was laid out, featuring local yellow passion fruit and coffee using milk freshly squeezed in front of us from our camels! When the sun goes down and the temperature drops, Ol Malo House keeps guests warm with a barbecue on the open terrace under the twinkling stars. A lovely way to finish our wildlife-packed day.

## BY ROYAL APPOINTMENT...

It's a short flight from one tiny private bush airstrip to our next one at the Lewa Wildlife Conservancy. From there we're driven to the Lewa Safari Camp, which boasts the most spectacular wildlife viewing across 65,000 acres of protected wilderness. Recently designated as an UNESCO World Heritage Site, Lewa is often referred to as the country's most successful wildlife conservancy, and it's where Princes William and Harry undertook conservation work.

The best way to explore the reserve is on a 4x4 land cruiser with a guide, who'll take you through the constantly changing landscape in search of

wildlife. For the more adventurous, there are guided bush walks so you can get even closer to the wildlife. OK! was happily snapping a white rhino when our guide received a call that a pride of lions, comprising two lionesses and their three cubs, had been spotted half an hour from us. We arrived just in time and parked up beside them, watching in awe as the sun set.

At Lewa, OK! stayed in one of the 11 thatched-roofed tents that come with an en-suite bathroom and veranda. Guests congregate in the lounge area, where they dine in front of a roaring log fire, although some meals take place in the heart of the reserve - one morning, we were driven to a secluded spot for breakfast served in a makeshift kitchen, while monkeys jumped between the trees above! Then, one night, we were driven to one of the highest points of the park to take a seat at the ultimate pop-up bar to witness a stunning sunset!

## TIME TO HIT THE BEACH!

After our action-packed few days on safari, OK! flew to the coast of Malindi for a spot of beach relaxation. We checked into the all-suite, all-inclusive Diamonds Dream Of Africa hotel, located on the sandy shores of the Indian Ocean, about a two and a half hour flight north of Mombasa. Guests stay in spacious contemporary suites with large

balconies that are housed in a series of low-rise buildings linked by stone pathways and gardens. After admiring wildlife on land, we got to explore the marine life below the water's surface on a boat trip with Blue Fin ([www.bluefindiving.com](http://www.bluefindiving.com)) to the Watamu National Marine Park. Here we snorkelled with beautiful fish and even spotted an octopus lurking on the ocean floor, before having lunch on board.

Activities to keep us amused back on dry land included beach yoga, water aerobics and pampering sessions at the hotel's Mvuas spa, which has several thalassotherapy pools. One evening, the hotel set up a candlelit dinner on the beach, where we enjoyed a sublime seafood feast to the backdrop of gently lapping waves. A perfect way to end our truly memorable African adventure.

## HOW DO I GET THERE?

Cheli & Peacock ([www.chelipeacock.com](http://www.chelipeacock.com)) offers a four-night Laikipia safari package, including two nights at Ol Malo ([www.olmalo.com](http://www.olmalo.com)) and two nights at the Lewa Safari Camp ([www.lewasafaricamp.com](http://www.lewasafaricamp.com)) from PKR 92,000pp on a full-board basis. Price based on two sharing and includes three domestic Safarilink ([www.flysafarilink.com](http://www.flysafarilink.com)) flights, safari activities, park fees, all transfers and meals. Diamonds Dream Of Africa ([www.dreamofafrica.diamonds-resorts.com](http://www.dreamofafrica.diamonds-resorts.com)) offers junior suites from PKR 28,300 per night all-inclusive.

Catch an Emirates ([www.emirates.com](http://www.emirates.com)) flight from Karachi to Nairobi via Dubai at a price of PKR 145,000pp for a return ticket.

FOR MORE INFORMATION, CALL THE KENYAN TOURIST BOARD ON 020 7367 0931 OR VISIT [WWW.MAGICALKENYA.COM](http://WWW.MAGICALKENYA.COM). **OK!**



NAOMI CAMPBELL

REPORT BY: CHLOE REEVES  
EDITED BY: ANNABEL MACKIE  
PHOTOGRAPHS: GETTY, SHUTTERSTOCK





# CALIFORNIA DREAMIN'

**OK! HOPS ACROSS FOR A WEST COAST ROAD TRIP...**

**D**espite Hollywood being the world's entertainment epicentre, the A-list – from John Wayne and Frank Sinatra to Gwen Stefani and Leonardo DiCaprio – have long needed to escape Los Angeles for some R&R. Two popular retreats, within an easy drive of LA, are the wealthy coastal resort of Newport Beach (40 miles from LA) and the desert oasis of Palm Springs. *OK!*'s Nancy Brown took off on a Southern Californian road trip, travelling along the Pacific coast before heading inland to admire the rugged beauty of the desert...

## NEWPORT BEACH

Made famous by *The OC* starring Mischa Barton and Rachel Bilson, Newport Beach is a stunning waterfront city in Orange County, famed for its laid-back vibe and stunning beaches. John Wayne owned a mansion overlooking Newport Bay and was often seen sailing his yacht *The Wild Goose* around the waterways.

## WHAT CAN I DO?

Make your first stop breakfast at the Beachcomber Cafe, overlooking the ocean at Crystal Cove. Over waffles with maple syrup, we soaked up the ambiance of the designated Historic District, with its cute rustic cottages that were built in the '20s and '30s, many of which are now holiday rentals. It's a chilled stretch of coastline where the Bette Midler weepy *Beaches* was filmed. And, if you look out to sea, you'll spot Santa Catalina, a rocky island where Robbie Williams married Ayda Field. Next we took the ferry from Newport Peninsula to Balboa Island, a quaint resort that's home to the



Balboa Fun Zone, an old-fashioned amusement park where OC-born singer Gwen Stefani and her sons were spotted in the summer. Expect charming boutiques, a pier and quirky cafés – and don't miss the Ferris wheel where Ryan and Marissa enjoyed a date in *The OC*.

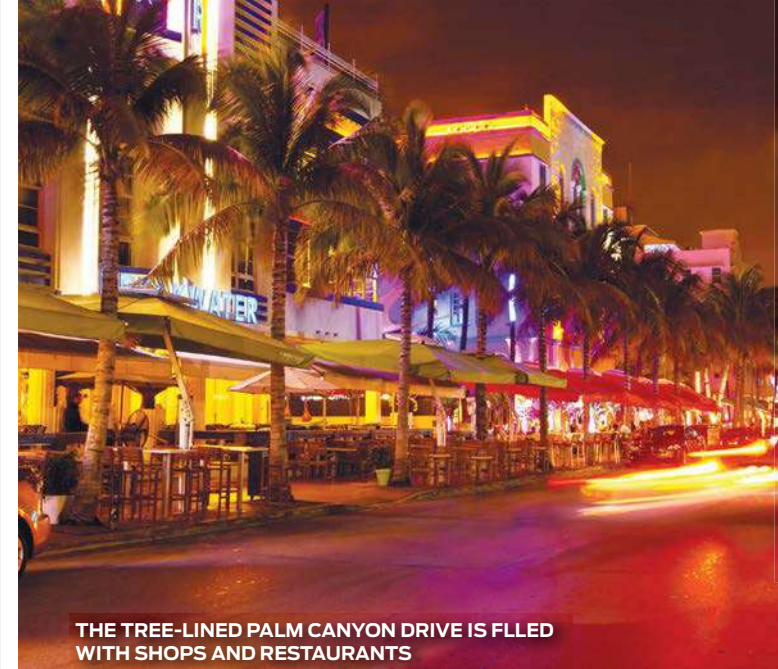
We also hopped aboard a motor yacht with Hornblower Cruises for a sunset cruise around Newport Harbour, touring the sheltered bay filled with sailboats and lavish waterfront homes of the rich and famous. Or see the area from the air. We climbed aboard a chopper at John Wayne Airport – where we bumped into the David Beckham of

basketball, Kobe Bryant – with OC Helicopters.

## WHERE CAN I STAY?

*OK!* checked into a spacious top-floor suite, complete with two balconies and a walk-in wardrobe, at the five-star Island Hotel, in the heart of Newport Beach. Heading out to the pool after a great night's sleep, it's so peaceful that someone's practising meditation at the water's edge! The hotel is just across from Fashion Island, an outdoor mall that's home to more than 150 stores, including Bloomingdale's, Macy's and Seafolly.





THE TREE-LINED PALM CANYON DRIVE IS FILLED WITH SHOPS AND RESTAURANTS

## WHERE CAN I EAT?

For brunch, the Wine Cave at the Newport Beach Vineyard & Winery is hard to beat. We enjoyed fresh fruit, bread and cheese, while lunch in the conservatory at Fig & Olive at Fashion Island proved to be the perfect refuelling stop. *OK!* also enjoyed dinner in the lantern-lit garden of the Island Hotel's Oak Grill, where we ate sautéed shrimp pasta with peas and green garlic and dinky doughnuts with glaze for pudding.

## PALM SPRINGS

Travel 100 miles east of Newport Beach and you'll arrive at the desert playground of the rich and famous, Greater Palm Springs. It's made up of nine desert cities, including Palm Springs, Rancho Mirage and Indio – home of the annual Coachella Music Festival. Past performers have included Kanye West, Jay Z and Madonna, while you're likely to see Vanessa Hudgens, Katy Perry and Kendall

Jenner in the crowd. Palm Springs hasn't lost any of the appeal that captivated the likes of Elizabeth Taylor and Frank Sinatra in its heyday. With its stunning mid-century architecture, year-round sunshine and the dramatic San Jacinto Mountains, it's easy to see why today's stars have fallen in love with the place too...

## WHAT CAN I DO?

Take a look at the stars' homes on the Palm Springs Architecture

Tour. Our trusty guide knew all the top spots as we sidled up to Leonardo DiCaprio's pad, where you can walk right up to his front door! We also saw the house where Elvis and Priscilla Presley honeymooned, before heading to Frank Sinatra's estate, Twin Palms. Inside there's a recording studio, while his piano-shaped pool has a canopy that reflects the keys onto the water. That house, and those once owned by Elizabeth Taylor, Marilyn Monroe and Dean Martin, are all now holiday rentals.

Shopping here is a treat, especially if you like homewear, and there's plenty to choose from along North Palm Canyon Drive. Or visit the Premium Outlets in Desert Hills. Home to labels such as Banana Republic, Armani and Forever 21, we picked up a handbag in Kate Spade for half the retail price.

## WHERE CAN I STAY?

*OK!* stayed at the super-luxurious Ritz-Carlton in Rancho Mirage. With its commanding location at the top of Frank Sinatra Drive, the views across the palm tree-lined pools to the majestic mountains across the valley are stunning. With a neutral colour palette, local stone and



THE RITZ-CARLTON IN RANCHO MIRAGE IS A PEACEFUL RETREAT IN THE MIDDLE OF THE DESERT



OK! CHILLED OUT IN STYLE AT NEWPORT BEACH'S ISLAND HOTEL

abundant cacti, the low-rise hotel blends in well with the scenery. While away the hours at the pool, a tranquil oasis in the middle of the hot desert. Afterwards, head over to the spa with its oversized plunge pool surrounded by boulders. We settled down to the Desert Wildflower Poulitce Massage, where warm herbs are applied to the body to reduce inflammation and increase lymphatic drainage. Come sunset, there's only one place to be – the resort's huge fire pit at the edge

of the canyon, where we watched the fiery sun dip behind the mountains.

## WHERE CAN I EAT?

The Ritz-Carlton's bustling State Fare Kitchen has an elegant private dining room, complete with red tassel curtains and leather chairs. With a menu that features local ingredients, *OK!* enjoyed the tomato gazpacho and the organic chicken with a wheat berry tabbouleh. Make sure you order a drink, with a 'buzz bud' edible flower, that causes a tingling sensation in your mouth.

Outside the hotel, *OK!* drove into Palm Desert for dinner at Mastro's Steakhouse. The sleek restaurant, all black and gold with dimmed lighting, is home to a bustling bar with live singers. Portions are huge but leave room to order sides with your steak – the lobster mash and colossal onion rings are hard to resist!

## HOW DO I GET THERE?

Room rates at The Island Hotel ([www.islandhotel.com](http://www.islandhotel.com)) in Newport Beach start from PKR 21,300 per night. A one-night stay at the Ritz Carlton Rancho Mirage ([www.ritzcarlton.com/ranchomirage](http://www.ritzcarlton.com/ranchomirage)) starts from PKR 21,000.

Catch an Emirates ([www.emirates.com](http://www.emirates.com)) flight from Karachi to Los Angeles from PKR 1,45,000 (economy) pp. **OK!**

REPORT BY: NANCY BROWN  
EDITED BY: ANNABEL MACKIE  
PHOTOGRAPHS: GETTY, SHUTTERSTOCK



KENDALL JENNER AT COACHELLA



# TRAVELLER'S TALE

## Nadia Hussain in Cannes

**T**he model gives OK! Pakistan an inside scoop on her trip to Cannes where she attended the L'Oréal Business Forum 2015.

**Where did you go?**

**Nadia Hussain:** I went to Cannes for the L'Oréal Business Forum (LBF).

**Who did you travel with?**

**NH:** We were a big group, which included the L'Oréal team as well as salon owners like Saba Ansari, Meher Najeeb, Ruby from Splitends, Ayesha from Royli and Faiza from Faiza's.

**What did you pack?**

**NH:** I packed outfits for the three days of red carpet at LBF and other than that, I packed comfortable clothes and shoes for travel purposes.

**Places to stay?**

**NH:** There are lots of beautiful hotels like The Carlton, which are hundreds of years old, and of course expensive. That being said, there are also bargain hotels with comfortable rooms that are good enough for you to stay at.

**Places to shop?**

**NH:** There's a whole road parallel to the beachfront, which is the fashion district. It's full of top-notch designers and bargain stores as well!







**Favourite meal/restaurant?**

**NH:** We ate a couple of times at The New York Café which had an excellent variety of continental and French dishes to choose from.

**Travel Essentials?**

**NH:** All you need is a passport, money and ticket.

**Most memorable/favourite moment?**

**NH:** My most memorable moment was the gala night of the LBF! It was a beautifully grand affair with lots of gorgeously dressed men and women from all around the world, sitting together and enjoying a five course meal on perfectly decorated round tables!

**Beauty Essentials?**

**NH:** Moisturiser, lipstick and mascara

**Your favorite purchase?**

**NH:** This wasn't much of a shopping trip but I got the Estée Lauder Modern Muse perfume.

**What are some must-visit or go-to spots?**

**NH:** Definitely the entire beachfront, and a tram tour ride of Cannes is a must!

**Tell us about the overall experience.**

**NH:** The overall experience of LBF in itself was very exciting and refreshing, but surely the highlight was being in Cannes itself, especially being at the same Palais des Festivals where the annual Cannes Film Festival takes place and where huge stars have graced the red carpet before – it was truly magical and surreal! **OK!**

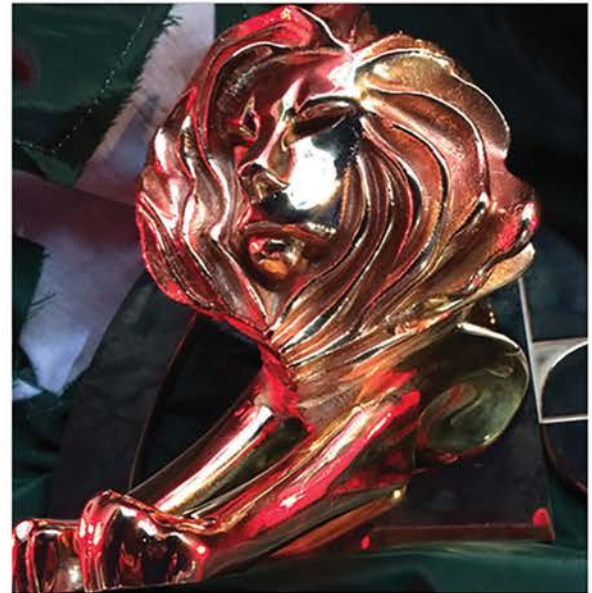


## OK! PROMOTION



# MoltyFoam Wins at Cannes

THE WORLD'S FIRST 'BILLBED':  
HOW A SIMPLE IDEA CHANGED LIVES!



### BY MARIAN SHARAF JOSEPH

An icon of his generation, Mr. Robin Williams, famously said: "No matter what people tell you, words and ideas can change the world."

A statement that rings true of Master MoltyFoam's campaign 'The World's First Billbed,' an idea that impacted and touched many people all over Pakistan. Gaining momentum through the love received on different social channels, it walked straight into the hearts of an international audience by winning the prestigious **Bronze Lion at the Cannes Lions 2015 awards**. These awards are simply given to 'the best idea,' and Billbed is an idea that trumped the world!

Typically, marketing campaigns are created to increase profits, and why not? That is the end objective of any organization. When a campaign such as 'Billbed' comes along, the world stops and takes notice, not only because the idea is revolutionary but because it gives everyone the slight polite reminder, that there is more to life than profits.

**The idea is genius!** Create MoltyFoam billboards that advertised the brand by day and turn into beds at night. The back of every billboard is cushioned with a Master MoltyFoam mattress that will provide someone with a good night's sleep, simply by flipping them over. These innovative billboards are placed in 9 cities

across Pakistan and are advertised at the locations where there are pockets of labourers who would benefit from them.

Master MoltyFoam strongly believes that 'All it takes is a little something to make a big difference!' and with that spirit, we were able to be the first Pakistani brand to win at Cannes 2015.



**MASTER**  
**MoltyFoam**  
'Asli' Foam



## WHAT'S ON?

# ART EVENTS & EXHIBITIONS

## AROUND THE WORLD



### ▲ Mark Manders

29th October 2015 – 19th December 2015, Tanya Bonakdar Gallery, **NEW YORK**

Mark Manders' sculptures and installations represent a surreal existence where contradictions exist such as the past and the future, the temporary and the permanent, the beautiful and the grotesque. This will be the artist's first show in the United States since representing Netherlands in 2013.



### ▲ J.M.W Turner: Painting Set Free

31st October 2015 – 31st January 2016, Art Gallery of Ontario, **TORONTO**

Joseph Mallord William Turner (1775-1851) was a giant of British art who produced most of his important work after the age of sixty. This exhibition will feature 50 paintings and work borrowed from the Tate Britain. The work showcased will give a glimpse of how Turner's later years were a time of great energy.

### ▼ Haegue Yang: Come Shower or Shine, it is Equally Blissful

30th October 2015 – 3rd January 2016, Ullens Center for Contemporary Art, **BEIJING**

This exhibition will include the artist's major work from 1994 to the present. His work illustrates the polarity of unique visual language including a landscape of material hybridity – spices, Venetian blinds, clothing racks and more.



### ▼ Soraya Sikander

25th November 2015, The National Museum, **RAS AL KHAIMAH**

Leading contemporary South Asian artist Soraya Sikander is known for her landscapes and organic forms. She uses oil on canvas and ink on paper as her medium of choice. She has studied fine arts from the London Atelier of Representational Arts and UCL Slade school of Fine Art.



### ▼ Takashi Murakami: The 500 Arhats

31st October 2015 – 6th March 2016, Mori Art Museum, **TOKYO**

The internationally acclaimed contemporary artist will showcase his 100-meter-long painting called *The 500 Arhats*, which is one of the largest paintings ever produced in global art history. This painting was created as a gesture of gratitude to the nation of Qatar, one of the first to offer assistance in 2011 after the East Japan Earthquake and Tsunami.





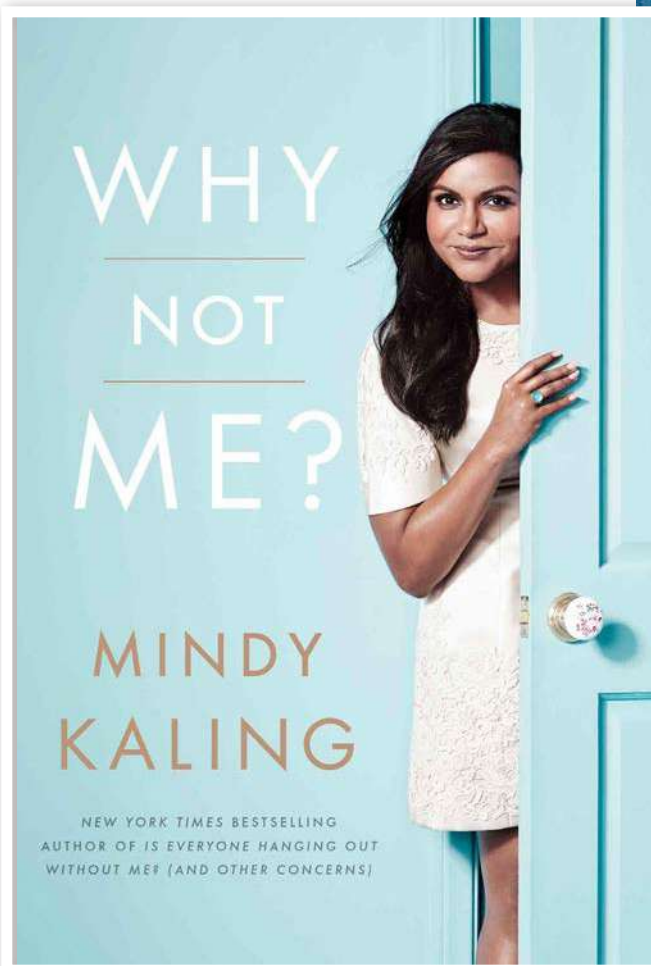
# WHY NOT ME?: FUN, HUMOUR AND LIFE AS WE KNOW IT

*Mindy Kaling's latest book contains important life lessons and relatable experiences, and promises to be engaging*

It's amazing how relatable memoirs can sometimes be. From life lessons and experiences to all the important things in life, the author takes his/her readers on a journey full of memorable tales. It's actually quite funny how people who force their opinion on others are usually frowned upon or mocked but when an author does it in the form of a memoir, we tend to love it! And why not? Everything they share with us is backed up with a justifiable anecdote; they don't just dump opinions on readers but rather explain why they are saying what they are saying. Combine that with a touch of humour and voila – a big book of life lessons to swear by! And this is exactly why (Indian author, director and actress) Mindy Kaling's latest book, *Why Not Me?* has been an instant hit with fans. Like her previous bestseller, *Is Everyone Hanging Out Without Me?*, Mindy continues to share her views adding excerpts from her life to allow readers to feel more connected.

*Why Not Me?* encapsulates what a (South Asian) girl in her late twenties usually tends to feel when all her friends are settling down and starting families. The book is all about Mindy's quest to find happiness and something to look forward to in her (personal) adult life. She takes us back to the time when her TV show, *The Mindy Project* was first premiered and how she wanted the audience to be able to differentiate between her onscreen character and

who she really was as a person. She has always had a need to feel accepted and liked, so the book is primarily about Mindy Kaling, the person (and not Mindy Kaling, the actress/director) and her struggle to maintain balance between work life and personal life, and keeping herself positive



even though all her friends around her are getting hitched and settling down one by one – and she isn't.

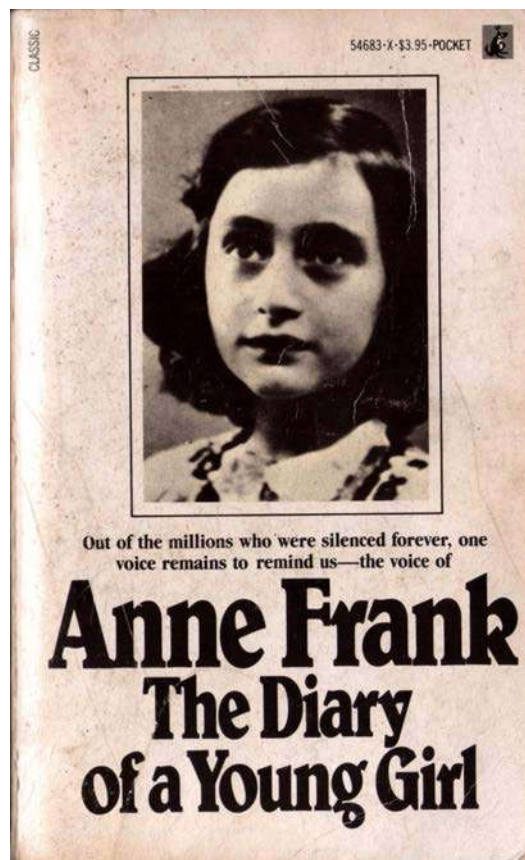
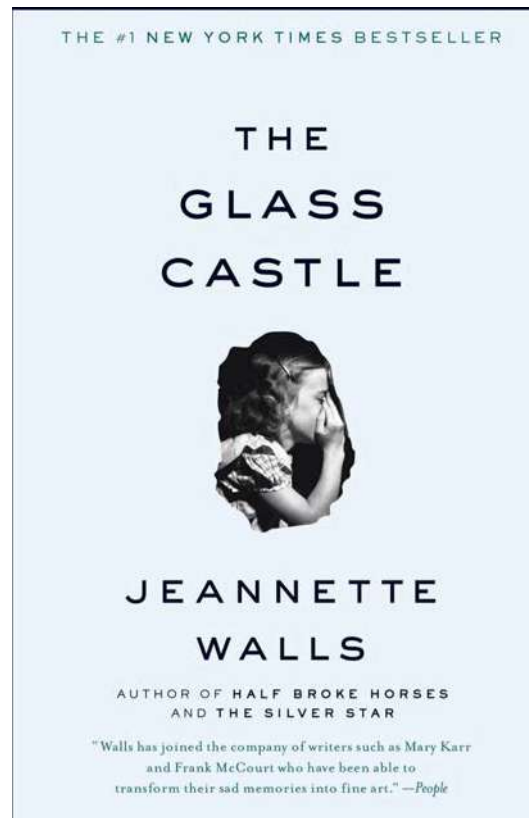
One of Mindy's greatest strengths is being able to keep her personal life private while sharing what she learnt from all those





## The Glass Castle by Jeannette Walls

The author takes us through what it's like growing up with parents whose ideals and values differ from the rest of the world.



## The Diary of a Young Girl by Anne Frank

A tale that reminds the world of the horrors of war thousands of people faced when the Nazis took over Holland.

## Yes Please by Amy Poehler

A collection of stories, poetry, pictures and advice, and a tinge of humour here and there, the memoir promises to keep readers engrossed.



experiences in detail. So if you're hoping to get some Mindy Kaling gossip out of this book, then you're in for some disappointment! But at the same time, the book tugs at the hearts of those struggling to make it on their own. It contains realistic girly essays that cover everything from weddings to sororities while also reaching out to those who want to start their own businesses or ventures; Mindy talks about how she started her own show and the problems that came with it – constant stress and lack of sleep to name a few.

At times, it's hard to admit what we love or what we want from life; we either feel too embarrassed or fear that we will be judged for being weird, too feminist or just too girly. Not everyone can admit they love watching romantic comedies or they're dying to fall in love with someone and just live happily ever after with their prince charming...but Mindy epitomises what a bold woman is all about. She openly discusses her true wishes, dreams and hobbies, and owns them like a boss! Once you're done reading this fantastic memoir, I'm sure you won't feel your dreams and wishes are that farfetched; when a renowned celebrity just puts herself out there and leaves herself vulnerable, it is truly motivational and inspiring. And the fact that she desires and fancies similar things in life – it's relieving!

Mindy uses her satire and humour to keep her readers engaged throughout. There aren't many people, let alone authors, who can manage to teach important life lessons yet make people smile during the process. In one chapter, Mindy

tells her readers that if they want to look gorgeous, they shouldn't sit up straight. Growing up, our parents and teachers have always told us to sit up straight (like we are part of the military!) and not slouch in our seats; but here, Mindy persuades us to do the opposite! It's rather hilarious as she justifies it by saying that sitting up straight implies that you don't have the strength to sit like a normal human being because you probably didn't have enough to eat, and also, that slouching has proven to be "historically adorable in everyone's eyes"! In another chapter, she mentions that it's okay to be selfish at times too. She narrates an incident where McDonalds had sent her gift cards which they probably wanted her to share with her fellow writers and cast members but she didn't because she loves McDonalds too much to give up any extra favours she receives from them!

While reading the memoir, it almost feels like Mindy knows exactly what you're going through in life and knows just what to say. You have loads of friends at the beginning when you're in school and college but only a handful stick around and bear the brunt of time – this is a fact of life and we can all relate to it. Honesty is another dilemma in life. Sometimes, when you try out a new outfit, you aren't sure if you look good or not and only some people will tell you the truth. Most will be indifferent and tell you that you look great whether you actually do or don't. Only your real friends will give you honest feedback. Mindy feels the same way: "Only your real friends will tell you if your clothes are ugly." A close friend of Mindy's

once said to her: "You have so much more to offer than that skirt. Find a skirt that deserves you." Having a friend around who will always tell you the truth is something we're all looking for, aren't we? She also talks about how female friendships seem to be the most vital of them all but with time, you realise there are a few relationships which are more powerful than even that; a deep bond of friendship doesn't necessarily have to be between two women.

Another lesson we learn from Mindy: self pep talks are a must in life. "I pat my forehead with a damp towel, look at myself in the mirror and say: You are a strong, powerful woman with incredible self-discipline." If you're ever caught talking to yourself, you'll probably be labeled crazy or just plain weird. But if a celebrity can do this fearlessly, then so can we!

Mindy turns all the anxieties and troubles she faced in adult life into a collection of hilarious essays that mock any difficulty she faced, while keeping the readers glued to her book. *Why Not Me?* is a book anyone who has had major turning points in life can relate to. One would have thought that the book would be heavy reading considering the fact that it contains so many important life lessons, but it turned out to be a light read notwithstanding the parts where she got real. All in all, Mindy fulfills the purpose of the book. She makes her readers laugh, and they all turned the last page knowing the real Mindy Kaling more than they did before. **OK!**

TEXT: AYESHA REHAN  
PHOTOGRAPH: GETTY



# OK! WORLD IN ACTION



PAKISTANI KALASH CHILDREN ATTEND A CLASS AT A SCHOOL DAMAGED IN AN EARTHQUAKE IN BRUN VILLAGE IN THE BUMBURATE VALLEY



PEOPLE PAY TRIBUTE OUTSIDE PULKOVO INTERNATIONAL AIRPORT IN ST. PETERSBURG IN MEMORY OF THE VICTIMS OF A JETLINER CRASH EN ROUTE FROM SHARM EL-SHEIKH TO SAINT PETERSBURG, KILLING ALL 224 PEOPLE ON BOARD



CANADIAN PHOTOGRAPHER DON GUTOSKI WAS NAMED WILDLIFE PHOTOGRAPHER OF THE YEAR 2015 FOR HIS IMAGE *TALE OF TWO FOXES*, A BEAUTIFUL BUT HAUNTING PORTRAIT OF THE STRUGGLE FOR LIFE IN THE SUBARCTIC CLIMES OF CAPE CHURCHILL, CANADA





GUESTS ATTEND HEIDI KLUM'S 16TH ANNUAL HALLOWEEN PARTY IN NEW YORK



CANADIAN LIBERAL PARTY LEADER JUSTIN TRUDEAU AND HIS WIFE SOPHIE ON STAGE IN MONTREAL AFTER WINNING THE GENERAL ELECTIONS



130-YEAR-OLD GALÁPAGOS TORTOISE CELEBRATES WITH A PUMPKIN FEAST AT THE SAN DIEGO ZOO

PHOTOGRAPHS: AFP, WENN



# OK! ASTROLOGY & TAROT

Mariam Aftab puts your cards on the table

**Aries**  
**Mar 21 – Apr 20**  
 Watch out for arguments. Money matters could include a power struggle of some kind. You may be able to do a bit of 'performing' while you are collecting your wages. A sudden message that will arrive at the end of the month may be a plea for help from a child or a lover who's in a rather tough financial situation. A sudden trip could be on the agenda.  
**Aroma Therapy Oil:** Lavender  
**Lucky Numbers:** Series of 3  
**Antidote for Evil Eye:** Keep a blue agate in your bedroom

**Cancer**  
**Jun 22 – Jul 23**  
 This month is very good, financially. A family member will ask you for a loan. Be sure to talk openly about when you will expect payment. Your financial prospects turn for the better. It will be continued success for you where work is concerned. Control extravagant tendencies. Communication is key. You and a friend are on the same wavelength. Stay on top of current assignments.  
**Aroma Therapy Oil:** Vanilla  
**Lucky Numbers:** 3,7,9  
**Antidote for Evil Eye:** Burn rosemary oil in the bedroom area

**Libra**  
**Sep 24 – Oct 23**  
 Mental work may be stressful during the morning hours. However, you will be entertained with relatives. You may revise a financial plan. You may plan a long drive – be careful and obey traffic signals while driving; over-speeding may be dangerous. Try not to make promises that you won't be able to fulfill.  
**Aroma Therapy Oil:** Pine  
**Lucky Numbers:** 2,8  
**Antidote for evil eye:** Keep a red wallet for financial gain

**Capricorn**  
**Dec 22 – Jan 21**  
 Goodwill and faith in humanity can create powerful forces for progress and inspiration. This Month will bring exciting developments for information exchanges and philosophical changes. Be on the lookout for someone well dressed, polite, and very successful. Stimulate your interest in getting away from the crowd and setting off on a spiritual quest.  
**Aroma Therapy Oil:** Rosemary  
**Lucky Numbers:** Odd numbers  
**Antidote for Evil Eye:** Hold citrine and recite 'Ya Akhiro'

**Taurus**  
**Apr 21 – May 21**  
 This is a wonderful month to travel, but you will want to be sure to carry medications or other health-related items. Keep your eyes open for a financial opportunity. Accept an invitation, if you are interested, and you may quickly end up very happily involved. Someone powerful and quite magnetic could step dramatically into your life. This is a super time to start working out.  
**Aroma Therapy Oil:** Frankincense  
**Lucky Numbers:** 1,5,9  
**Antidote for Evil Eye:** Burn lemongrass incense in the office area

**Leo**  
**Jul 24 – Aug 23**  
 You may be confused with regards to family matter. Important news will come from a distance regarding your relationships. Be patient and avoid quarrels; good times will come soon. A change in social plans may disappoint you. A favourite hobby may temporarily become an all-consuming passion. New opportunities may come your way at the end of this month.  
**Aroma Therapy Oil:** Tea tree cedar wood  
**Lucky Numbers:** 1,9  
**Antidote for Evil Eye:** Keep a red wallet for financial gain

**Scorpio**  
**Oct 24 – Nov 22**  
 You are creative, passionate, temperamental, and capable of finishing what you start. Partnership interests are positive. This is a very good month for entertaining guests. An old problem may be solved. Try not to overspend at home and meet people you're close to. Keep your expectations realistic. A senior will keep an eye over your progress – move ahead slowly. Do not allow frustration to overtake you.  
**Aroma Therapy Oil:** Lemongrass  
**Lucky Numbers:** Series of 3  
**Antidote for Evil Eye:** Burn Sandal wood incense at the entrance of your home

**Aquarius**  
**Jan 21 – Feb 19**  
 You must try to hide your true feelings when one of your best friends starts seeing an old boyfriend or girlfriend you are still carrying a torch for. You cannot ignore a chronic health problem any longer – seek professional opinion right away. Don't be upset when a change of plans means you'll miss a posh social event. You wouldn't have enjoyed yourself, anyway.  
**Aroma Therapy Oil:** Rose eucalyptus  
**Lucky Numbers:** 7,9  
**Antidote for Evil Eye:** Burn white candles in the office or living area

**Gemini**  
**May 22 – Jun 21**  
 Try not to let old resentments or baggage from other relationships interfere with your current partnership. You will have an amazing amount of energy, and you may feel quite settled with your job. Money matters could involve a struggle; stand your ground. Family may need your financial help. Be ready for romance to come back into your life. Good news may come from an advisor.  
**Aroma Therapy Oil:** Garlic  
**Lucky Numbers:** 5,7  
**Antidote for Evil Eye:** Rotate 7 chillies clockwise over crown *chakra* and burn on stove

**Virgo**  
**Aug 24 – Sep 23**  
 You will make decisions regarding investments and the use of joint assets. Business developments will be exciting and challenging. You may make revisions on a project, which you are considering. Being innovative is the key to success. However, don't mix work and entertainment this month. You may be over-tired due to extra work and your health can suffer. Make a diet chart and get rest.  
**Aroma Therapy Oil:** Sage  
**Lucky Numbers:** 3,5  
**Antidote for Evil Eye:** Keep a money plant in the office area

**Sagittarius**  
**Nov 23 – Dec 21**  
 Your instincts are right on target regarding a career matter. You will tie up various loose ends related to business interests. This month is perfect for family talks and studying. Dreams will come true. An anonymous gift or favour could come your way at the end of the month.  
**Aroma Therapy Oil:** Sweet grass  
**Lucky Numbers:** Series of 2  
**Antidote for evil eye:** Rotate 1 ½ kg red meat over crown *chakra* and throw to birds of prey every Monday

**Pisces**  
**Feb 20 – Mar 20**  
 This is the beginning of a period of self-assertion with regard to your primary partnership. Meditating in nature can renew you spiritually and help you appreciate your inner life as a source of peace. Pay attention to dreams that can teach you more about yourself. Be ready to work overtime and think about the financial rewards. You will be in the mood to do some entertaining at home.  
**Aroma Therapy Oil:** Ginger  
**Lucky Numbers:** 1,2,3  
**Antidote for Evil Eye:** Bathe with sea salt



PHOTOGRAPHS: GETTY



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