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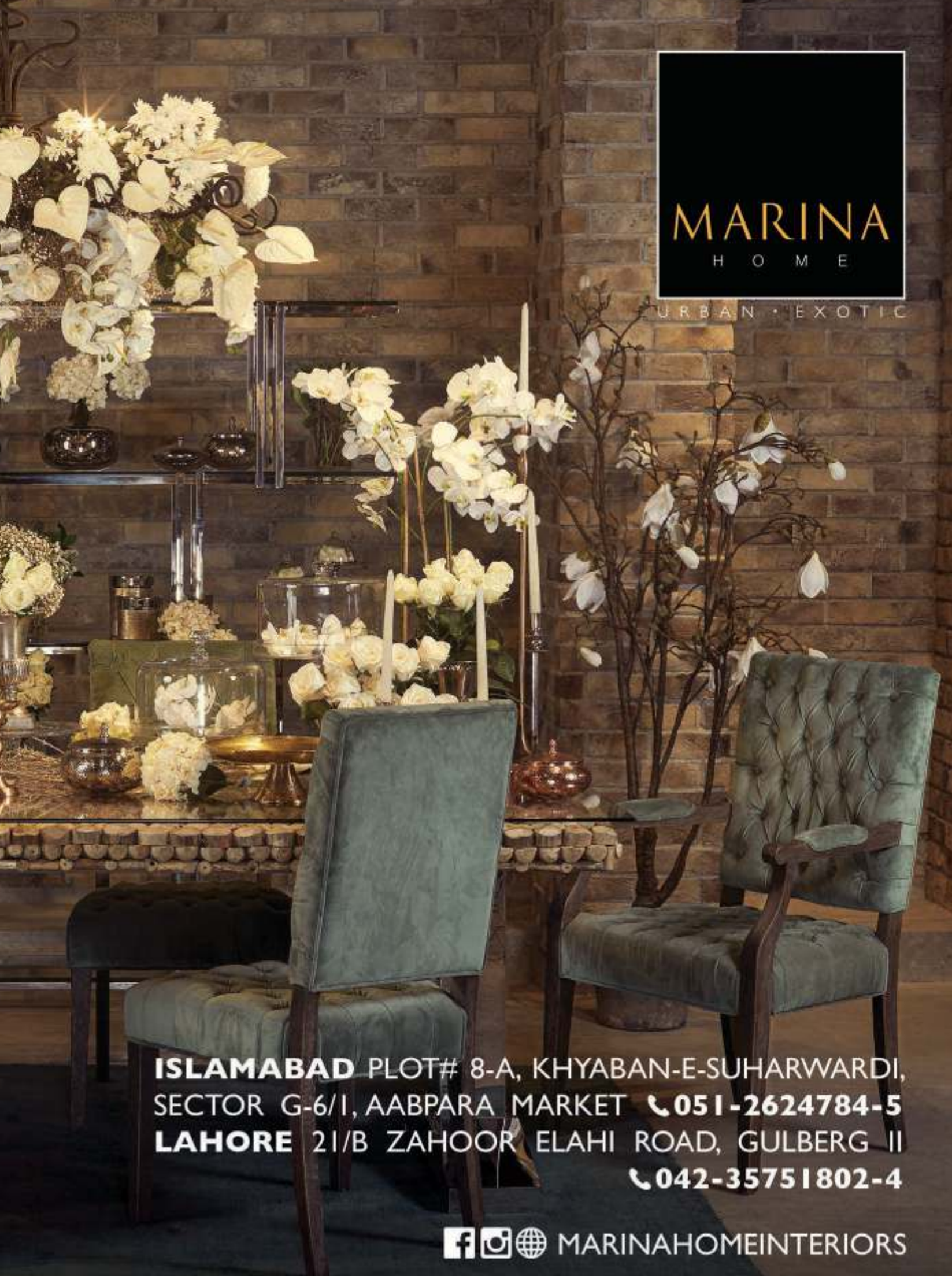
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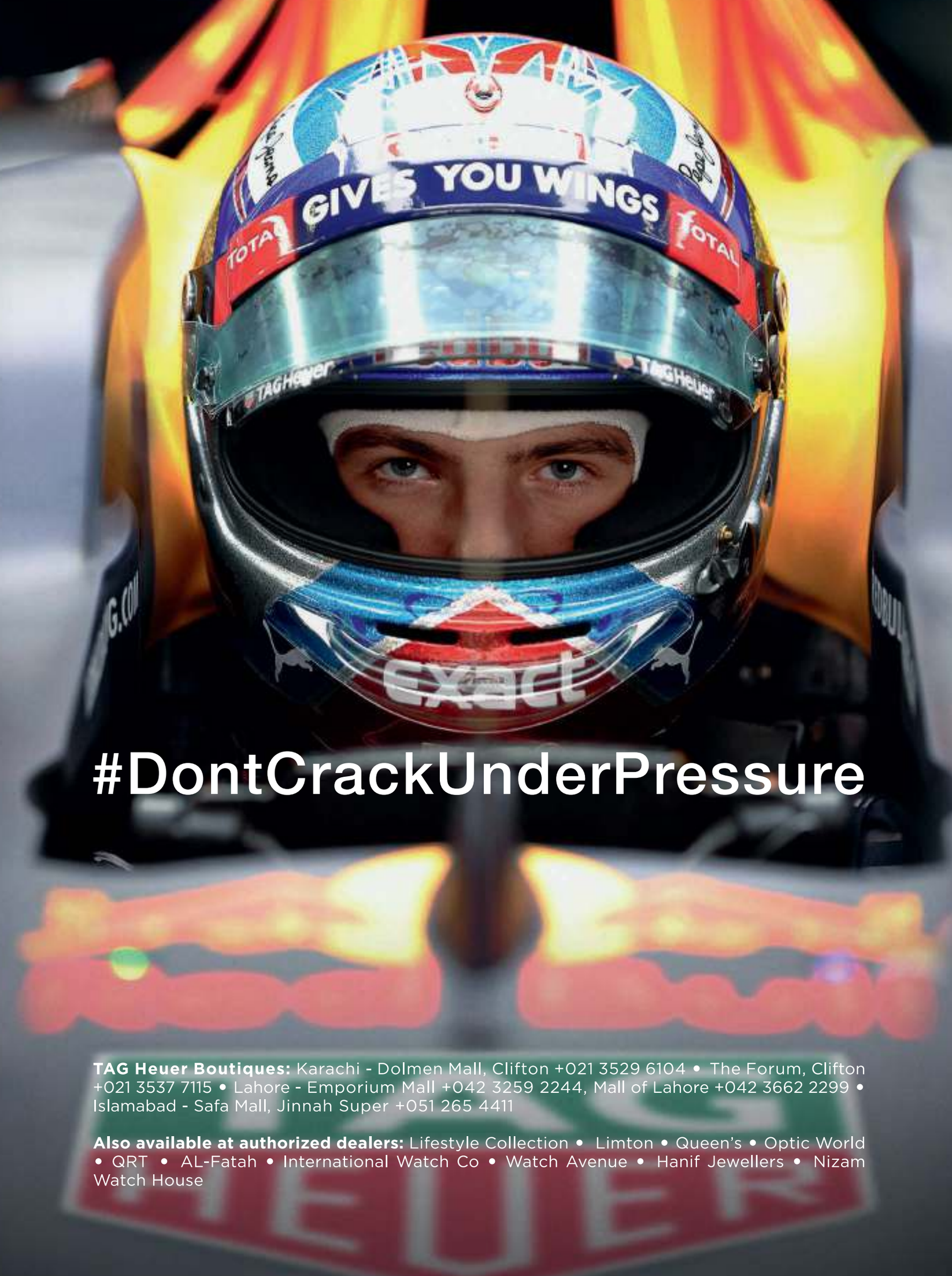
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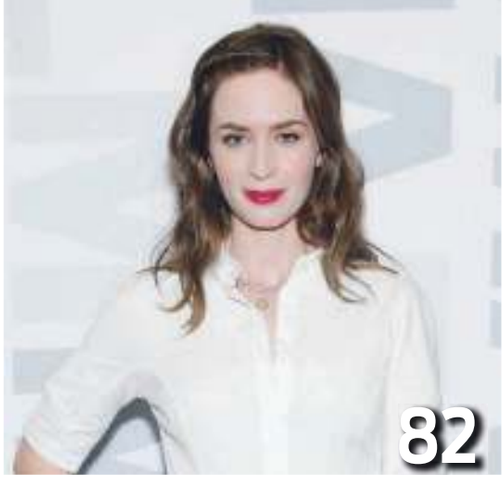
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Editor's Note



Mukhtar Mai is an extraordinary woman. Founder of the Mukhtar Mai Women's Organisation, she has been working steadfastly for the past several years to ameliorate the plight of women at all levels of our society. Her main focus is on eliminating violence against women through awareness raising, education and capacity building, and she is associated with a number of female-focused charities.

Under the aegis of the Mukhtar Mai Women's Organisation, she runs a number of schools specifically for girls as well as a shelter for battered women. Her courage and unwavering commitment to her cause make her an icon for our times, a truly strong and empowered woman. "The most happiness I receive is when I see young women prosper, and oppression regress. I gain happiness when I see people in my shelter and schools regain their life..." she shares in this heartfelt conversation with *OK*! Pakistan.

We bring you a special feature on celebrated artist Mashkoor Raza, who has received numerous awards in recognition of his artistic prowess, including the President's Pride of Performance in 2007.

Renowned singer Atif Aslam talks exclusively to *OK*! Pakistan about his passion for music, how he started out in 2004 and what the journey has been like. He has come a long way indeed in the last decade, garnering international acclaim for his soulful songs and touring the world with headline performances. He has received numerous awards over the years and is the youngest recipient of *Tamgha-e-Imtiaz*, one of Pakistan's highest civilian decorations.

We're sure you've all read *The Girl on the Train* and are excited about the film! Do read the interview with the lovely Emily Blunt, who plays Rachel in the film adaptation, a woman harbouring a disturbing obsession with her former husband and his new wife.

All this in addition to our regular art, beauty and lifestyle features. We hope you enjoy the issue.

May 2017 usher in an era of peace, happiness and prosperity. Prayers and good wishes for everyone!

Sara

Sara Amir Turab Ali
EDITOR-IN-CHIEF

Editor's Picks



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Vintage Car Show 2016 In Lahore

The Vintage & Classic Car Club of Pakistan (VCCCP) recently held the annual Lahore Show as part of the Classic Car Rally at the Lahore Polo Club. More than 50 vintage and classic cars (models from the 1950s-1980s) from all across Pakistan were showcased. Of particular attraction to attendees were 1957 Austin Healey, the oldest car at the event; 1949 MG Y, 1976 Cadillac Eldorado and 1986 Jaguar XJS, 1989 Ferrari, 1971 Rolls Royce, 1967 Mercedes Convertible, 1973 Mercedes Convertible, 1969 Alpha Romeo, 1960 Alpha Romeo Spider, MG TC, MG BGT, BMW 2002, Triumph Spitfire and more. Among the cars showcased was also the Daimler Limo used popularly by the Queen of England. The event was well attended by socialites, media and car enthusiasts.

Speaking about the event, Mushahid Shah, President of the VCCCP Lahore Chapter said, "We, at VCCCP, are avid lovers of vintage and classic cars. We began this organisation with the hope that we would be able to provide a reliable platform for people to showcase their collection of cars and for our patrons to be able to enjoy viewing these cars and learning more about their history and journey. Since the inception we have managed to successfully keep this vision alive by hosting numerous events throughout our journey. This is our 7th consecutive year hosting the VCCCP car rally and we hope to continue this tradition with the same passion in the future."











The Queen Visits A Supermarket

If you spotted an elderly, yet regal lady in a blue suit in the dairy aisle of Waitrose recently, don't worry, it was just Queen Elizabeth II doing a spot of shopping! The reigning monarch visited a Waitrose store in the village of Poundbury in Dorset - a village Prince Charles helped design as part of his passion for classical architecture - and was shown around the produce by the store manager, ahead of her unveiling a statue of the Queen Mother in the main square, which has been named Queen Mother Square.

Armeena Khan To Star In British Film, Archilles Protocol

Canadian-Pakistani actress Armeena Khan stole our hearts with her memorable stints in local productions *Bin Roye* and *Janaan*, and now the beauty is ready to quadruple her fan following across the globe – following *Writhe*, Armeena is set to star in her second British film, *Archilles Protocol*. She made the official announcement on her Facebook page, and is ready to start shooting. "This is the next phase in my career. This is where we try and take Pakistan on to the international scene. I am very excited to be representing my fans and followers. This truly is the start of an exciting journey for us all," she said.

And that's not all. Armeena has lots of projects up her sleeve including TV show, *Rasm-e-Dunya* in which she will share screen space with Javed Sheikh, Samina Peerzada and Sami Khan.





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Selena Gomez In Rehab



Back in August, Selena Gomez cancelled her Dubai gig and Revival Tour, citing her struggle with lupus as the main reason she needed to take a step back from the spotlight. Shortly after cancelling the show, the star spoke out about her struggle, saying she "wasn't in a good place emotionally," adding, "I want to be proactive and focus on maintaining my health and happiness and have decided that the best way forward is to take some time off. Thank you to all my fans for your support." Her family was worried about her and they've been rallying around her, it has been revealed of the 24-year-old. And in the months since retreating from the spotlight, insiders have spilled that she has been recovering at a treatment facility in Tennessee. "Selena is dealing with lupus but this break is to focus on her mental health," a source close to the *Kill Em With Kindness* singer told us. "She can go to a very dark place." Adding that the facility was a "private and quiet place," but "super intense." "It is terrible that she has lupus, but she is using this as an excuse for everything lately," one less-than-sympathetic insider said of Justin Bieber's ex, who also checked into rehab in 2014 citing lupus related exhaustion. "The truth is that she is just a mess right now... She's been feeling completely alone lately." "Everyone close to her is worried because she seems to be back to old behaviour," the source added, claiming that she had been using "a potentially deadly prescription cocktail of 'Lunesta, Ambien, Klonopin and Xanax.'"

Kashf Foundation Becomes First Pakistani Institution To Win European Microfinance Award

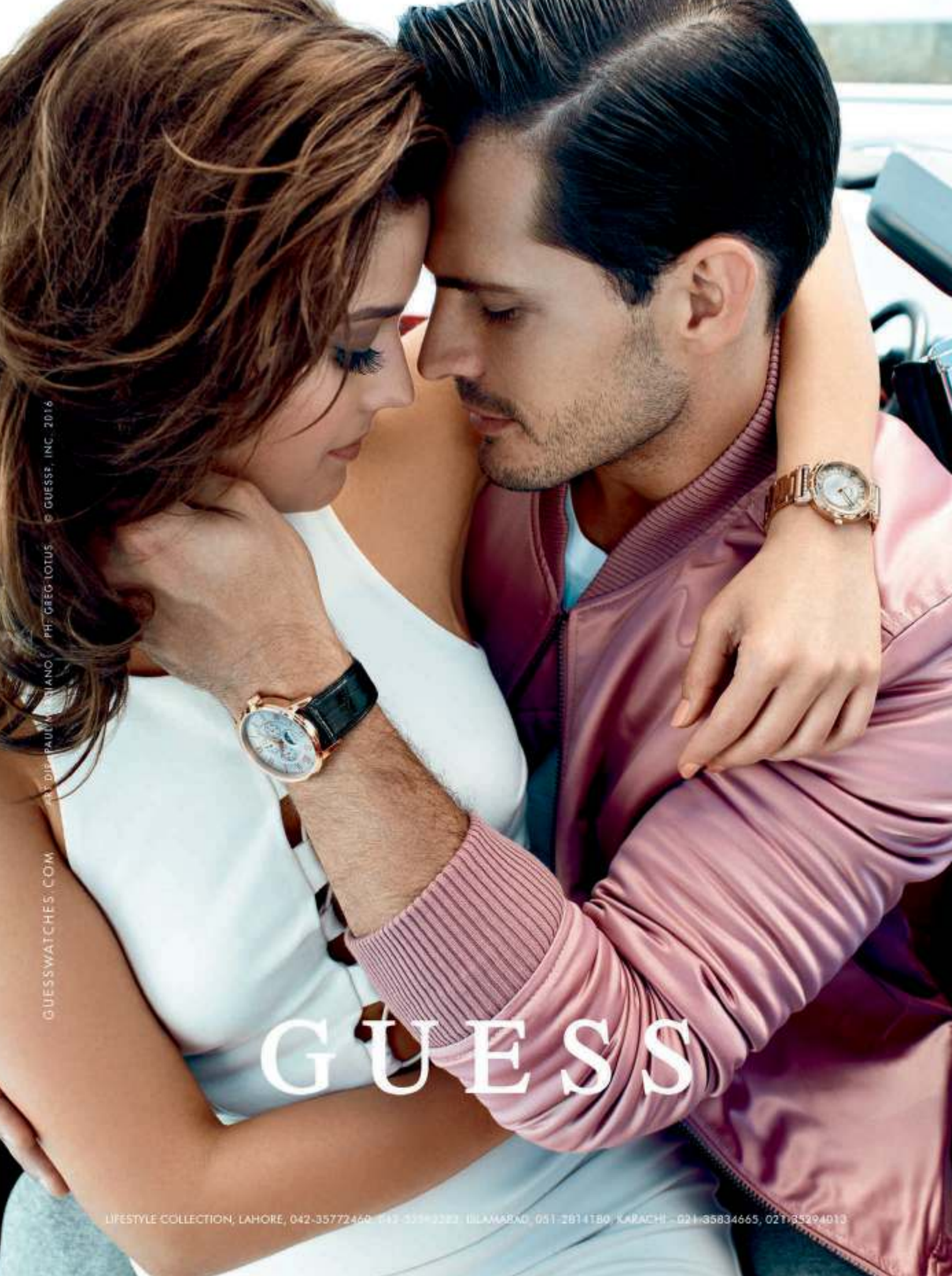


Kashf Foundation, one of Pakistan's leading microfinance institutions, has been awarded the prestigious European Microfinance Award by the Luxembourg Ministry of Foreign and European Affairs. The award is a first-time win for Pakistan and is in recognition of the Foundation's credit and training facilities to low-cost private schools.

Pakistan suffers from a serious dearth of quality education, especially within the public sector. As a result, the country has seen a rise in low-cost private schools which look to fill the gap left by inadequate equipment and facilities in public sector schools. After extensively researching the needs of low-cost private schools, Kashf Foundation tailored an integrated solution that provides access to finance, school development trainings, and general pedagogy trainings for teachers. To date, the Foundation has serviced over 1,100 schools, trained 4,500 teachers, trained over 1,800 school owners, and positively impacted more than 570,000 students in low-cost private schools across Pakistan with a product unmatched anywhere in the world.

The Award, which highlights the importance of having an innovative approach and structural impact, also acknowledges the creative use of both financial and non-financial tools to improve the quality of the social and economic lives of families and communities.

Ms Roshaneh Zafar, Founder and Managing Director of the Kashf Foundation, expressed her pride in how the Award recognises the importance of microfinance in reaching the goal of universal education: "Every child deserves a good education, and education provision needs to be child-centric. The Kashf program provides a new way to address quality issues of low-cost private schools and can also provide means of getting more out of school children into schools."



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Lindsay Lohan's Bankruptcy Shocker



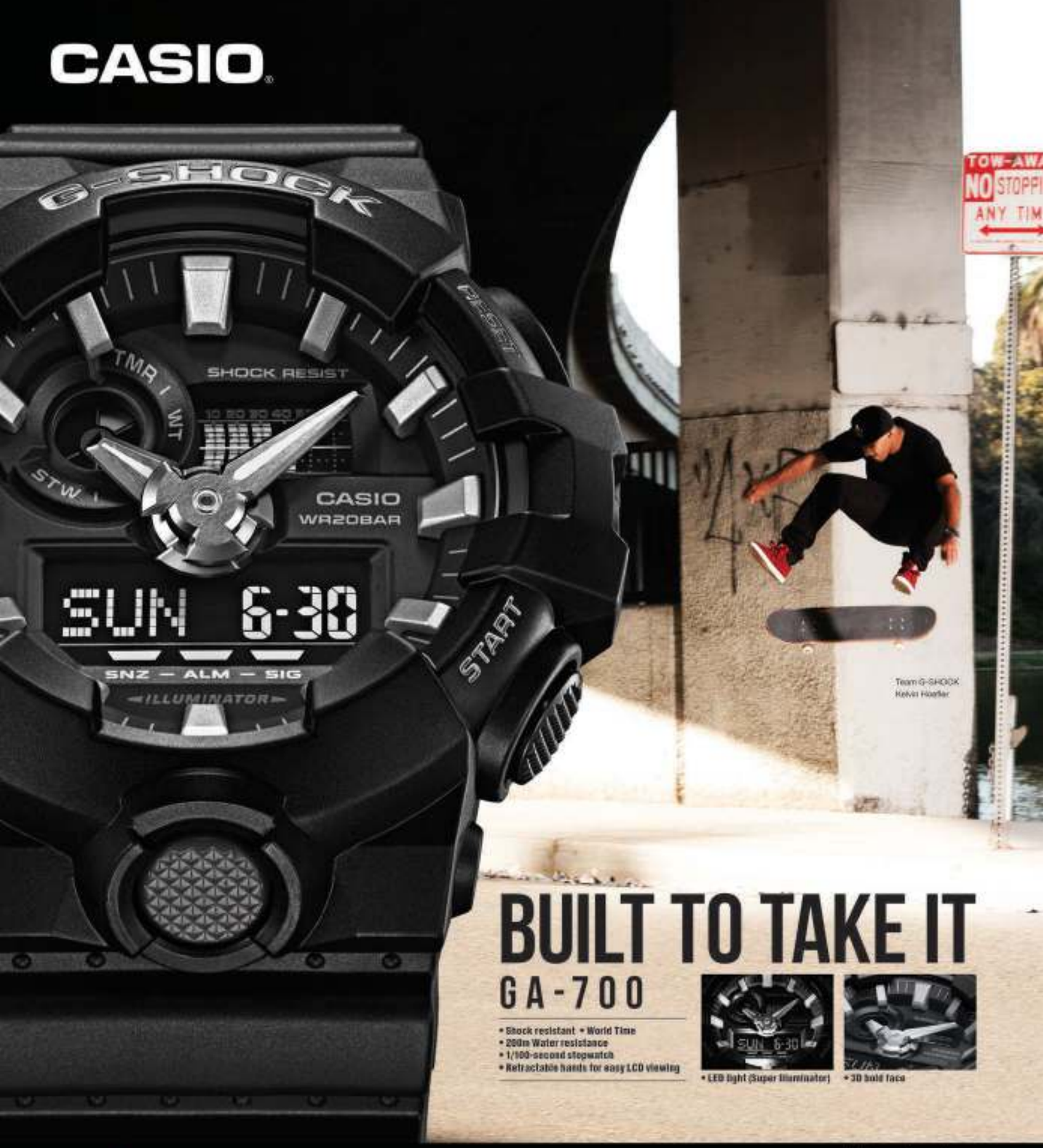
Lindsay Lohan has been slapped with a major bill for her £3.45 million London home, after it was revealed that the *Mean Girls* star had failed to pay £75,500 in six months' worth of unpaid rent. "Lindsay is in an absolute mess. She has blown virtually all her money, and has basically resigned herself to being declared bankrupt," a friend of her ex-fiancé Egor Tarabasov said. "The whole situation is incredibly tragic, and for Lindsay this is an astonishing fall from grace." The Russian billionaire heir was said to be previously paying for the Knightsbridge apartment, something he has seemingly stopped doing since their dramatic split earlier this year, which involved a very public row on the balcony of their home, which the police were called to. As well as her unpaid rent woes, Lindsay is also facing legal trouble with her ex, who is hoping to have her arrested for 'taking £24,000 worth of his belongings'. "Mr Tarabasov sent an inventory to his lawyers of the items he claims went missing from his flat, which featured some extraordinary pieces including a Luc Waring painting, a print of Tracey Emin's *The Kiss*, a diamond-studded ring worth £1,300 and a £5,500 Panerai Luminor Marina watch," the *Daily Mail* reported. "The thing he really wants back and which, ironically, is of very little monetary value, is a small gold cross which was given to him by his dead godfather."



Tobey Mcguire In Shock Marriage Split

He's an original member of Leonardo DiCaprio's infamous Wolf Pack, so it's perhaps no wonder that as Tobey Maguire's marriage ended he was quickly to be found in all his Oscar-winning pal's favourite haunts. His nine-year marriage to jewellery designer and Hollywood industry royalty Jennifer Meyer has ended. A spokesperson for the couple, who have two children together, Ruby, nine, and Otis, seven, said, "After much soul searching and consideration we have made the decision to separate as a couple. As devoted parents, our first priority remains raising our children together with enduring love, respect and friendship." But despite the seeming 'conscious uncoupling' between the pair, insiders have spilled that 41-year-old Tobey has been 'acting like a single guy for months'. With *Page Six* reporting that the break-up between Tobey and 39-year-old Jennifer Meyer - the daughter of CAA co-founder and NBC Universal vice chairman Ron Meyer, who counts Jennifer Aniston and Kate Hudson among her best friends - has been looming for "many months". Insiders have spilled that Tobey has been "seen with and without Leo" hitting L.A's clubs for months. "Tobey was out in L.A at all these hotspots... it looked like he was following in Leo's footsteps...Tobey hasn't been known to date those types of girls in the past. But he has been all over L.A lately. It looks like Leo's rubbed off on him," spilled one Hollywood clubbing source. Adding that the actor has been going out "more often than usual."

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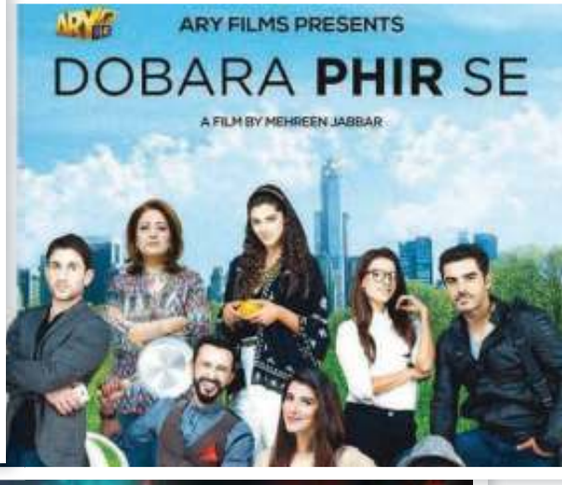
Pakistan Hosts First Ever Film Festival In New York

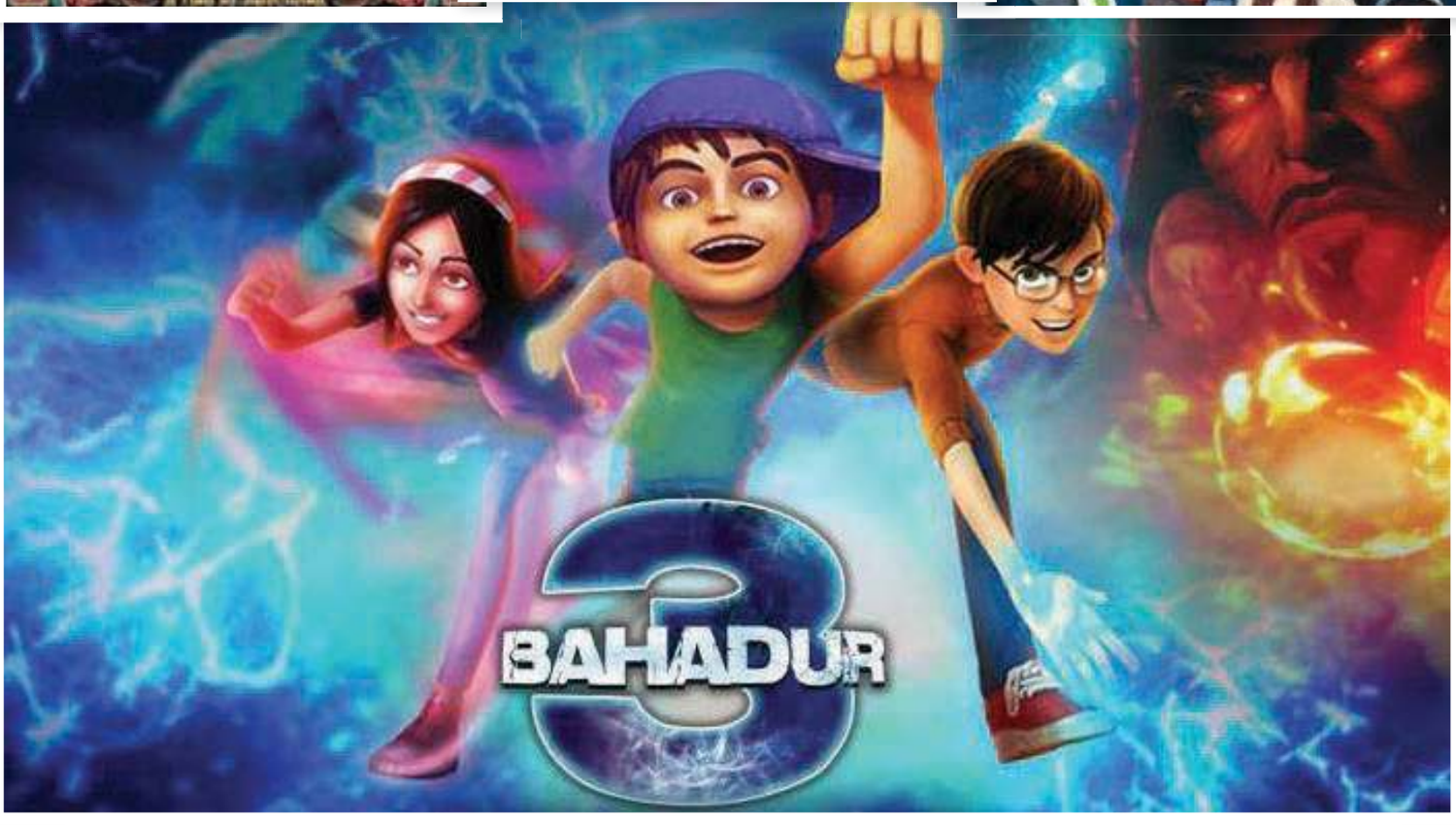
The first ever Pakistani Film Festival was held in New York this December. It was organised by Dr. Maleeha Lodhi – representative of Pakistan to the United Nations. It screened top Pakistani films including *Ho Mann Jahan*, *Dobara Phir Se*, *Lahore Say Agay*, *Actor in Law*, *Mahe e Meer*, *3 Bahadur*, *Dukhtar* and *Dance Kahani*, and many of the actors, directors and producers were present at the event to represent their films.











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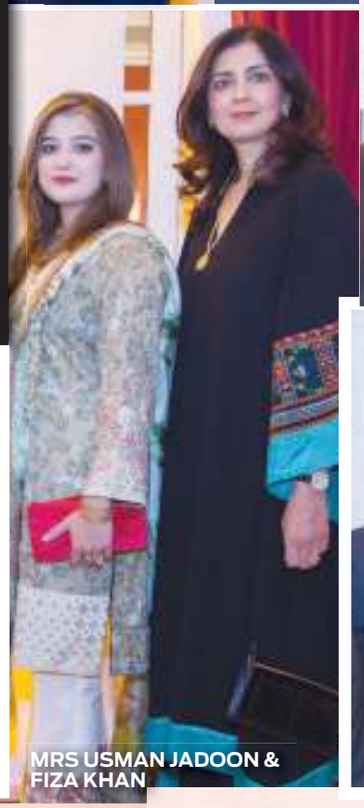

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Ambassador Tehmina Janjua, Permanent Representative of Pakistan to the United Nations, hosted a celebratory dinner at Chateau de Penthes, Chambesy, Gevena on the occasion of the first 20 years of Collectibles, Pakistan.


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Lahore se Aagey Premiere

Directed by Wajahat Rauf, the new romantic comedy is a sequel to his first film Karachi Se Lahore, which was released last year. The film's much talked about star-studded premiers took place in Karachi.


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SARWAT GILANI & FAHAD MIRZA


ADEEL HUSAIN & TOOBA SIDDIQUI




DINO


ADNAN TIPU


NADIA HUSSAIN


FEROZE KHAN


ZHALAY SARHADI & AMIR ANEES


RUBINA ASHRAF


JUNAID KHAN


SARA KHAN


UMAR SULTAN & AGHA ALI


SHEHZAD SHEIKH


ABDULLAH FARHATULLAH & SANAM BALOCH


JERJEES SEJA


TOOBA SIDDIQUI


HUMA ADNAN & AMIR ADNAN

KARACHI & LAHORE

Dobara Phir Se Premiere

ARY Films hosted exclusive movie premieres for the awaited film Dobara Phir Se in Lahore and Karachi. Directed by Mehreen Jabbar, produced by Salman Iqbal, and co-produced by Jerjees Seja and Mehreen Jabbar, the film was mainly shot in New York and Karachi.


WAJAHAT RAUF & SANAM CHAUDHRY


NADIA HUSSAIN


SHAZIA WAJAHAT


SHEHERYAR MUNNAWAR


YASIR HUSSAIN


NAEEM HAQ


SARA HAIDER


SAMINA PEERZADA


ANGELINE MALIK


SANAM SAEED & ZOE VICCAJI


ARJUMAND RAHIM


NINA KASHIF


MEHREEN JABBAR


NIDA YASIR


HIRA & ADNAN HUSSAIN


MARINA KHAN


ASIM RAZA


BABLOO & AYESHA SANA


ADEEL HUSAIN & MAHIRA KHAN


IRFAN MALIK & SAMRA MUSLIM


JUNAID KHAN


WALEED KHALID


AARIJ HASHMI


HAREEM FAOOQ


SHAZ KHAN


SARWAT GILANI & FAHAD MIRZA


GOHAR RASHEED


WAQAR ZAKA


MARIA WASTI


JIBRAN SYED & HIS WIFE


AAMINA SHEIKH


DURAID QURESHI & MOMINA DURAID


ALI ZEESHAN


NILOFER SHAHID


ASIFA & NABEEL

LAHORE

Q Mobile Hum Bridal Couture Week

HUM Network in collaboration with Q Mobile organised the 13th edition of the country's biggest and most sought after three-day bridal fashion extravaganza. This year, the Bridal Couture Week was styled by the renowned cosmetic brand, Sweet Touch.


NICKIE & NINA


MOMAL SHEIKH


HSY


KAMIAR ROKNI


HUMA ADNAN


SARMAD KHOSAT


KHALID SOORTY


SHAMMAL QURESHI


TAPU JAVERI


SHAFAQ HABIB & SULTANA SIDDIQUI


AZHAR VIQAR AZEEM


WARDHA SALEEM


MOMINA MUSTEHSAN


MUNEEB NAWAZ


FARHAN SAEED & URWA HOCANE


MIKAAL ZULFIQAR


SABA QAMAR


ALI AGHA


MOAMAR RANA WITH HIS WIFE, MEHNAZ


JUNAID KHAN


ARSHAD KHAN AKA CHAIWALA


ALI SETHI




FARHAD HUMAYUN


RESHAM


MR & MRS. AHMED ALI BUTT


MIRA SETHI

MAWRA HOCANE


IMAN ALI


SUMBAL IQBAL


USHNA SHAH


VANEEZA AHMED ALI


WALI HAMID KHAN & NOOR WALI


MOHIB MIRZA

LAHORE

Fashion Expo

The Shoe Planet Luxus Fashion Expo was a one-day fashion event organised at Luxus Grand Hotel on Lahore's Egerton Road. The event featured fashion designers, jewellery designers and even salons, proving to be a huge hit with the fashionistas!


ATIF ASLAM & SARA


ASAD & ANUSHEH


MINAHIL QASIM


ZARA & FARHEEN SAAED

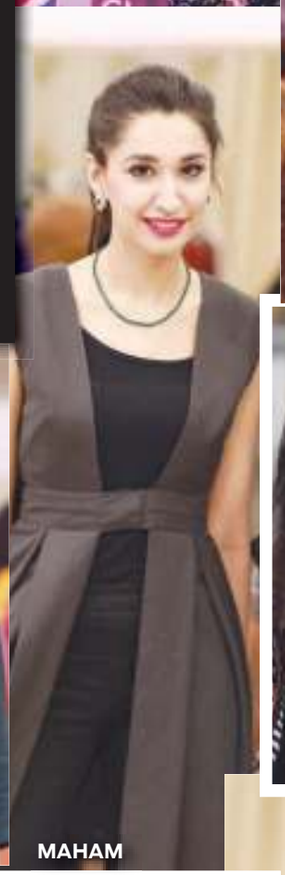

DR SHAHIDA KHAWAJA


MEHREEN ARSHAD


KINZA LATIF


QYT


ZAHRAA NAVEED


MAHAM


AYESHA


SHAZIA & ANUSH AMMAR


RABIA MOGHEES


ZUBAIDA APA


ALYZEH GABOL & ZANOUBIA


MALAIKA & ERUM


ERUM KHAN



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AAMNA TASEER &
AMIN ELLAHI SHAIKH


AMINA SIBTAIN


AMBER LIAQUAT


SAMIA MUNIR &
NOSHEEN SADIQ

LAHORE

The Lahore Social Celebrates

The Lahore Social celebrated their 2nd birthday by introducing an updated menu and a revamped look of their interiors through a dinner held at the restaurant.


KHIZRA MUNIR &
MARYA JAVED


LIBAH CH


MIRA SETHI


ANAUM HAMMAD


NAJAM SETHI


ANUM JAVED
AKRAM


SOHAIL SALAHUDDIN
& NATASHA MONNOO


MADIHA QAISER &
SAAD KURESHI


SAIRA RIZWAN


ZAINAB MALIK


EMILY ASHBRIDGE &
SHER ALI MALIK


MINAHIL QASIM



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ALI SALIMI


ABEER IRFAN


TEHMINA KIRMANI & SHAHNOOR NAQVI

LAHORE

Vintage Car Show 2016

The Vintage & Classic Car Club of Pakistan (VCCCP) held the annual Lahore show as part of the Classic Car Rally at the Lahore Polo Club.


ANAUM HAMMAD & ANTASH


MUSHAHID SHAH


ATTIYA NOON


HISSAM HYDER


AMJAD BHATTI


SHER ALI MALIK


SOFIA KHAN


MAHWISH HAIDER


SHIREEN


STEVE


BABAR YAZDANI & ASAD NAWAZ KHAN


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AMNA BABAR


AMBER LIAQAT


JZA MALIK & MINAHIL QASIM

LAHORE

Saira Shakira - Zohra

An exclusive preview of Saira Shakira's latest bridal collection titled Zohra was held at the brand's flagship store located in Lahore's Gulberg Galleria. The event was well-attended by the city's socialites and media personalities.


SEHYR ANIS


SHAKIRA USMAN


ADEN REHAN


SAMIA MUNIR

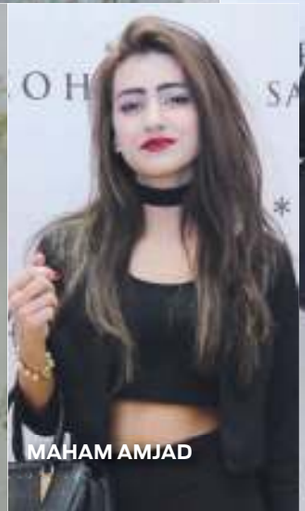

SAIRA RIZWAN


MEHEK RIZVI


ANUM JAVED AKRAM


AAMIR MAZHAR & RIMA FARID


LIBAH CH


MAHAM AMJAD


AMINA FAISAL


MAHAM LASHARI & SHAAN LASHARI


AMMARA HIKMAT



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SAM DADA

LAHORE

Winter Trunk Show

Mehreen Tabani of Allure by MHT and designers Aleena and Fareena showcased their latest winter collection at a trunk show at Cosa Nostra. The event was well-attended by the city's fashion lovers.


RIDA TABANI & HATEM


ANNIE SHOAEB


RIMA FAREED


AMBER SAJID


SAIM


MINAHIL QASIM


AMIRA ZAIDI


DR FARZEEN MALIK


HAMZA TARRAR


ZAINAB MALIK & SARAH


AMINA SHAHAB


MAHEEN KARDAR ALI


HINA IJAZ


DR SHAHIDA KHAWAJA

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FARZANA KHAN & SAADIA OMER


RABIA SAQIB


AMBER GOHAR

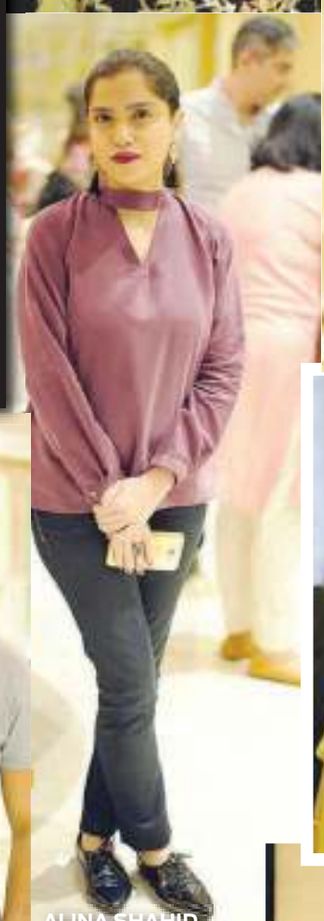

MR & MRS HAMID KHAN

LAHORE

Amrapali's Victorian Collection

Khazana UAE hosted a private viewing of Amrapali Jaipur's latest Victorian collection at their flagship store located in Lahore's Gulberg Galleria mall. The collection features a variety of unique pieces such as exquisitely handcrafted pendants, rings, earrings and haslis, amongst others.


AMIN KHAN & MEHREEN AMIN KHAN




MISHAL ASAD


SARA IRFAN


AMJAD BHATTI


ALINA SHAHID


RUBIA MOGHEES


MAHVISH UMER & NAZISH SAMEER


ZAHRA NAVEED


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SHIZA HASSAN


AIMAL AHMED & ALINA FAIZAN


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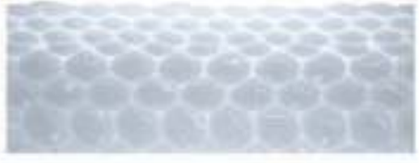
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AYESHA ADEEL


ANNIE SHOAIB


ANAM RANA


ADEN REHAN

LAHORE

Stage Line Reveals New Product

Stage Line Professional, a sister brand of renowned cosmetic brand Keune, recently made a comeback with a new product launch. The latest make-up product was introduced in the market with a high profile launch event for bloggers and media across Lahore.


ZAINAB & ZARA




MOMAL AHMED


SHARYAL KHAN


RUBIA MUGHEES

AAMAL JUNAIDI


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FOUZIA ALVI, NAZO ADAMJEE & FAHEEN HABIB



SIMI AWAAN



SMITH & SHOBANA

LONDON

Think Pink

EBH recently presented its annual "Think Pink" Coffee Morning for cancer research UK in association with Jooal London. The event was held at the Grosvenor House Hotel, situated in London's prestigious Park Lane.



MINAKSHI & DR.RABIA



FIZZA JAFRI



HAJIRA AHMAD



TALAT LALLJEE & PARVEEN



HENA HARRO



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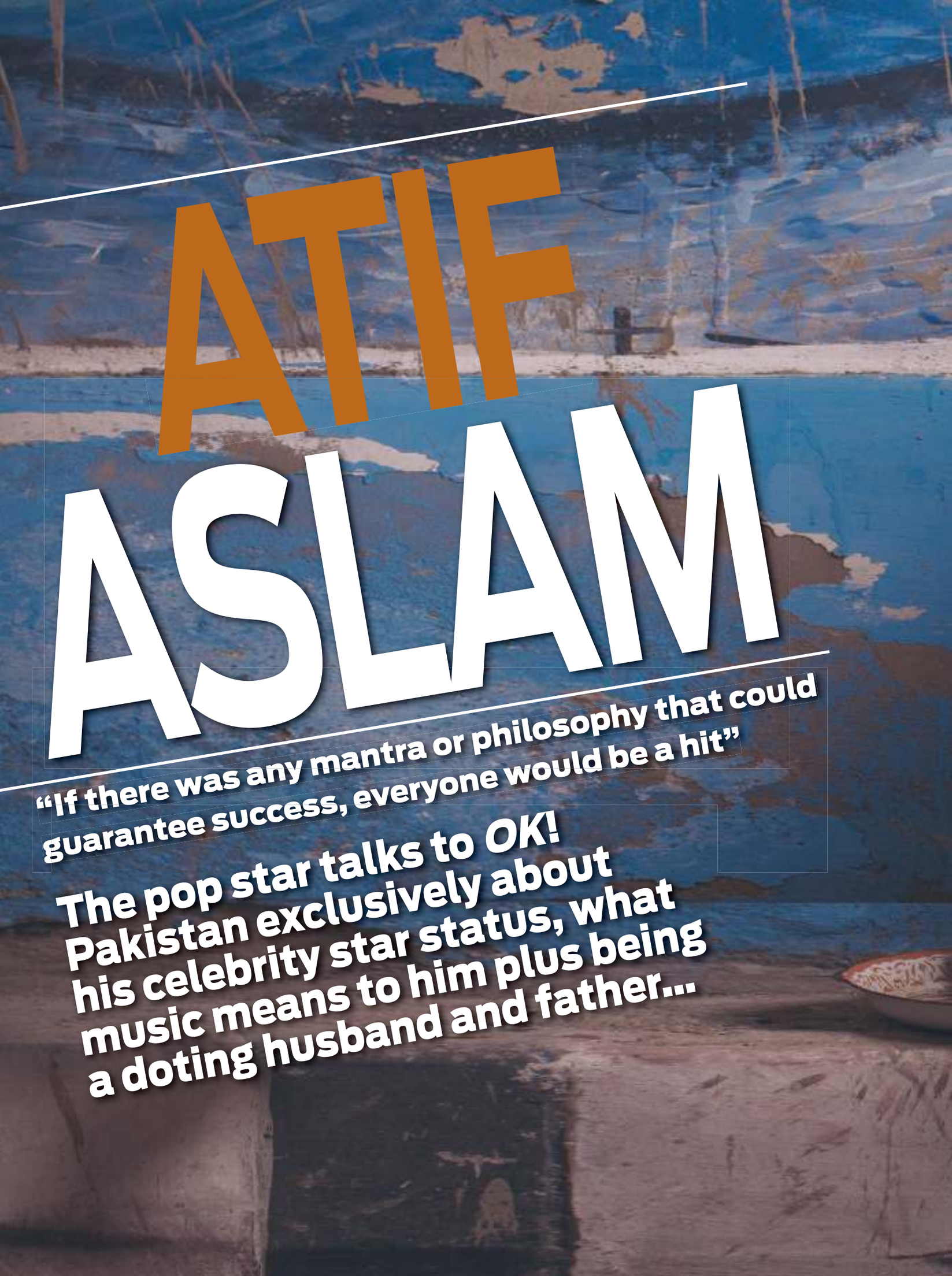
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ATIF ASLAM

"If there was any mantra or philosophy that could guarantee success, everyone would be a hit"

The pop star talks to *OK!* Pakistan exclusively about his celebrity star status, what music means to him plus being a doting husband and father...



THE POP STAR STRIKING A THOUGHTFUL POSE IN A RUGGED LEVIS JACKET AND TIMBERLAND PANTS AND BOAT SHOES



THE HANDSOME HUNK TURNS UP THE HEAT IN THIS ARTISTIC SHOT

A few years ago, a young man with a dream, a guitar in his hand and melodious voice set out to conquer the world, and so he did. Atif Aslam, who has remained a music sensation year after year and the man behind many Bollywood blockbuster film tracks, started his journey to success when he was barely 21 years old. Since his chart-topping track *Aadat*, which made Atif Aslam a household name, there has been no looking back. What began as a hobby (singing in public during his days at PICS, college and various restaurants) ultimately turned into a passion, and before he knew it, he was the lead singer in a band called Jal formed by himself and guitarist Gohar Mumtaz. However, an interesting fact is that Aslam's first love wasn't music – it was cricket; the fast bowler dreamt of representing his national team and was in fact training to participate in the U-19 World Cup.

After performing worldwide, rocking the stage at every concert and winning the hearts of millions, Atif Aslam has set the benchmark for all upcoming singers rather high. Making Pakistan proud through all his heartwarming songs, professional decorum and leaving every music lover a hopeless romantic just waiting to hear his next big hit, the musician has not only proven himself on the singing front but also on the acting front. While he admits that acting isn't his forte, he was seen in Pakistan's first groundbreaking production *Bol* that addressed a very taboo social topic.

His voice has been featured in countless Bollywood films; Aslam's work in *Race* was nominated for a Filmfare Award along with four other songs from his second album *Doorie* (featured in two films). *Yakeen*, *Ehsaas* and *Aadat* from his first album *Jal Pari*, featured in the 2005 film *Man Push Cart* won international awards and was praised by critics. *Doorie* and *Maula* were selected in 2010 for the soundtrack of the *Spanish Beauty*, the Hindi version of the 2005 Mexican film *La Mujer De Mi Hermano* directed by Ricardo de Montreuil. He then sang two songs *Bol Ke Lab Azaad Hain* and *Mori Araj Suno* in Mira Nair's 2012 film, *The Reluctant Fundamentalist*.

Here, the star talks to us about how it all began, his dreams and inspirations plus lots more.

Where did it all begin? Did you always dream of becoming a singer?

Atif Aslam: Actually I wanted to become a cricketer but that passion didn't go too far since my family wasn't in favour of it. However, I used to love participating in family *antaakshari* sessions and college competitions, and win them. So to be honest I didn't even know you could produce your own song; like if I saw Salman Khan in a movie my thoughts were that he is the main singer and he has composed it and done everything. [Laughs] I had no concept of musicians, music directors and the whole process involved in the playback. I didn't even know I would become Atif Aslam one fine day. I had never dreamt of becoming this big and I consider myself truly blessed.

Rumour has it, you were actually training to represent the country in the U-19 World Cup owing to your love for cricket. What ever happened to your passion for the sport?

AA: Yes, I always wanted to be a fast bowler and actually got selected for the under-19 cricket team but my parents didn't let me go ahead with my plans because they wanted me to be a doctor.

Your first single *Aadat* went viral and took the Pakistani audience by storm. What was your reaction to the immense appreciation and fan love you received?

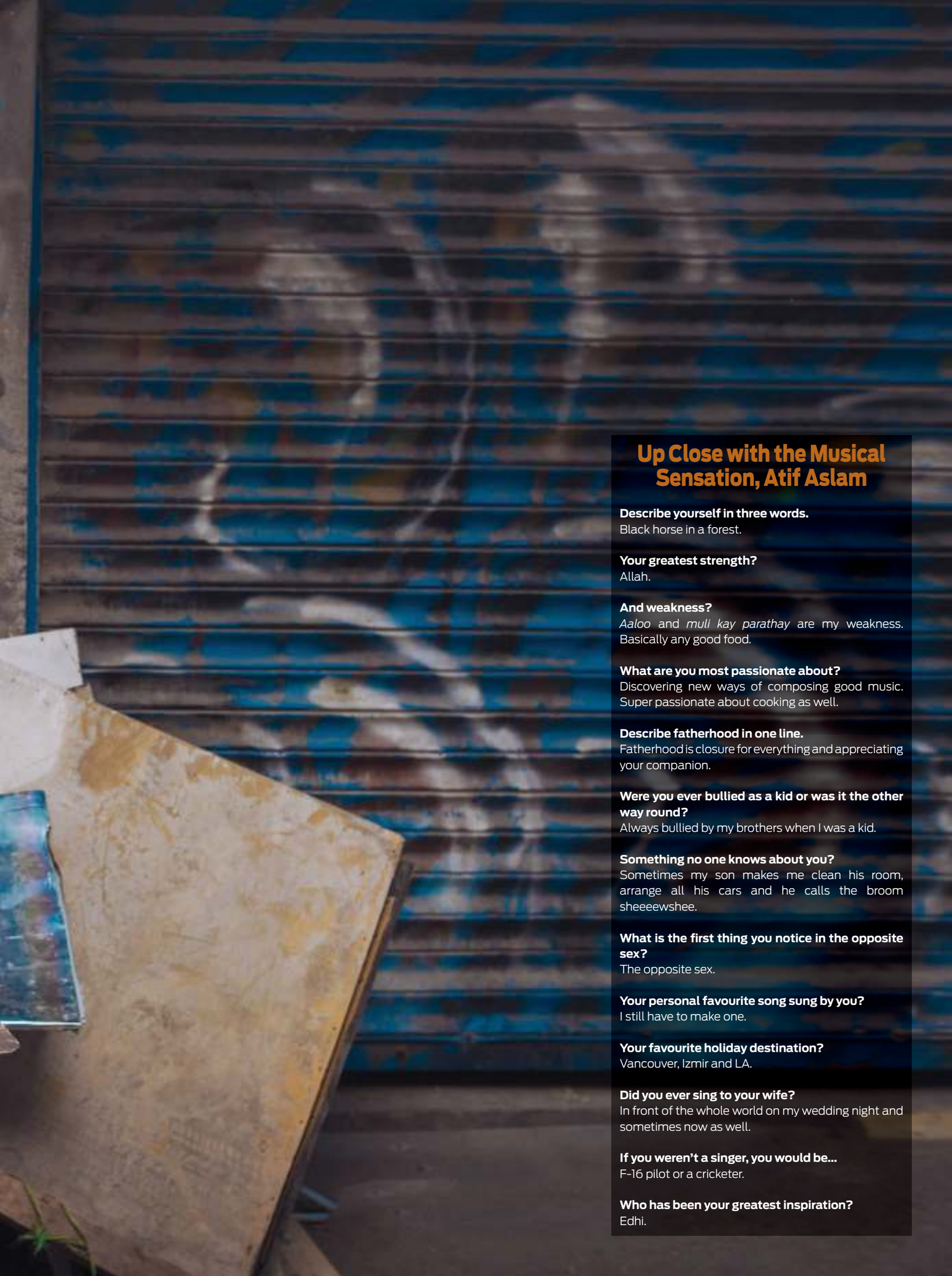
AA: Well I had no idea it was going to do that well. I just thought that *Aadat* would be this one hit wonder and then I recorded my first album and put it on the Internet to which I got a fantastic feedback from the audience. When *Aadat* went viral, I received quotes from people saying that they didn't know who the singer was and they were assuming I was some 56-year-old man and were surprised to know I was quite young – at that time I was just 21 so they were surprised to hear such a heavy voice. Apart from that what I heard a lot was that *Aadat* was a rip-off that I bought from Italy for six hundred thousand rupees. That was hilarious and the most ridiculous rumour I have ever ▶



WE SEE THE PASSION IN THE EYES OF THE ARTIST



THE ROCK STAR STRIKES A FIERCELY POWERFUL POSE
IN A FUNKY ENSEMBLE AND TIMBERLAND BOOTS



Up Close with the Musical Sensation, Atif Aslam

Describe yourself in three words.
Black horse in a forest.

Your greatest strength?
Allah.

And weakness?
Aaloo and *muli kay parathay* are my weakness. Basically any good food.

What are you most passionate about?
Discovering new ways of composing good music. Super passionate about cooking as well.

Describe fatherhood in one line.
Fatherhood is closure for everything and appreciating your companion.

Were you ever bullied as a kid or was it the other way round?
Always bullied by my brothers when I was a kid.

Something no one knows about you?
Sometimes my son makes me clean his room, arrange all his cars and he calls the broom sheeeewshee.

What is the first thing you notice in the opposite sex?
The opposite sex.

Your personal favourite song sung by you?
I still have to make one.

Your favourite holiday destination?
Vancouver, Izmir and LA.

Did you ever sing to your wife?
In front of the whole world on my wedding night and sometimes now as well.

If you weren't a singer, you would be...
F-16 pilot or a cricketer.

Who has been your greatest inspiration?
Edhi.

heard. [Laughs] I didn't think *Aadat* was going to become this cult song because back then I used to listen to Junoon and all of a sudden this guy comes (me) out of nowhere and becomes a rage. It was very overwhelming and at that time I didn't realise the burden that came along with becoming a celebrity. But yes, at that time when people started appreciating me, I was getting fame and attention from all the girls, I said game on!

You started out as being the lead singer of Jal but soon parted ways and launched your solo career. Would you like to elaborate as to why you chose to split with Gohar?

AA: One of the best things that has happened to me was the break-up of my band. Firstly he wanted to become the lead singer. Second, he wanted a greater share out of the financial chunk, which I was alright with up until one day he suggested that his brother would manage the band although my brother Shabaz was already doing that to which I just had to say, "Band may musicians rakhain gein, ya managers? Take it easy!" [Laughs] Also there was one primary reason for the split up. After our little tiff, I received a query and I said to him let's just forget everything and play together. There was a gig coming up; and two days before the show he told me that he had gotten a query for a television show on the same date and it will be more beneficial for the band so why don't we just go there and perform instead. I told him I couldn't do that because I had received all the advances and that would just be unethical to back out last minute. So he said okay sure go ahead and do what you like and I'll be attending the show and will represent Jal there. To everyone's surprise when he went there the host started asking for the singer and obviously he couldn't sing *Aadat* at that point and said he would call me. On the phone he faked a whole conversation with me in front of the team and pretended someone had died at my place due to which I couldn't make it to the show and that he would handle everything on my behalf. The team couldn't believe it and I got a call from Ahmed Ali Butt that very night and he asked me "Are you Atif Aslam?" and I said 'yes' and he asked me to prove it to him by singing to him and I laughed at first but back then, this was 12 years ago, I was happy to do it. Once he heard me sing he was convinced I was the real deal. After that call they took Gohar's tickets back and didn't allow him to perform!

Did you think *Jal Pari* would be so successful after Jal breaking up? What was the inspiration behind such a great album?

AA: Once again I didn't know *Jal Pari* was going to be that big of a hit. It stayed there as the number one album for about three to four years and I recorded my gut; I got inspired by my college friends, this girl that I was going out with at the time, and I wrote that song about her, and whenever I listen to it till today everything feels just as fresh as it was. I have had great memories with it and yeah it's purely love! In terms of inspiration I think whatever I was going through in my life was a bit tough – I was a loner and I was not very expressive which till date I'm not but music was one art form where I was able to express myself and tell people how much I love them. Songs such as *Bheegi Yaadein* and Yaqeen were all about friendship and love whereas Ehsaas was all about self-construction. I have always had this spiritual connection; whenever I sit and write music, it comes to me very naturally.



ATIF STANDS TALL IN A CASUAL RUGGED OUTFIT; SHOES BY TIMBERLAND



RAISE THAT COLLAR HIGH!

Most of your songs (*Bheegi Yaadein*, *Ehsaan, Mahi Ve*, *Ankhon Sey* and *Jal Pari*) have gone on to become major hits across the subcontinent. How does that make you feel?

AA: After the first album I was said to myself, OK fine, we have spent two and a half/three years, we're doing gigs, we're performing everywhere but what's next? One fine day I received a call from Mahesh Bhatt and he wanted my song *Woh Lamhey* for his film *Zeher* and I was like whoa! So I said alright, fine so I guess my album has had an impact. I got invited to Bombay and we recorded the whole song but to my surprise I wasn't really happy with it because I had to change the lyrics and melody of the song which was completely different to my original songs. Changing the whole song and the lyrics wasn't a great experience. However, recording over there and getting introduced to the playback industries was the finest thing to have happened to me. I mean that's how it all started in Bollywood and I have Mahesh Bhatt to thank for that.

Describe the teenage Atif Aslam.

AA: I belong to a middle class family and I used to travel by local vans. Atif Aslam as a teenager was a happy, positive, adventurous, spiritually powerful, naive person who had no fashion sense. His friends were his strength. Some of my fans from Kashmir actually kept a Quran Khani for the success of my second song and the first album, which I had no idea how to respond to back in the day. Now that I think about it, it was out of sheer love!

What is your relationship like with your parents? How happy was your father with your decision to become a singer? Is he a strict father?

> "I WAS A LONER AND I WAS NOT VERY EXPRESSIVE WHICH TILL DATE I'M NOT BUT MUSIC WAS ONE ART FORM WHERE I WAS ABLE TO EXPRESS MYSELF AND TELL PEOPLE HOW MUCH I LOVE THEM."

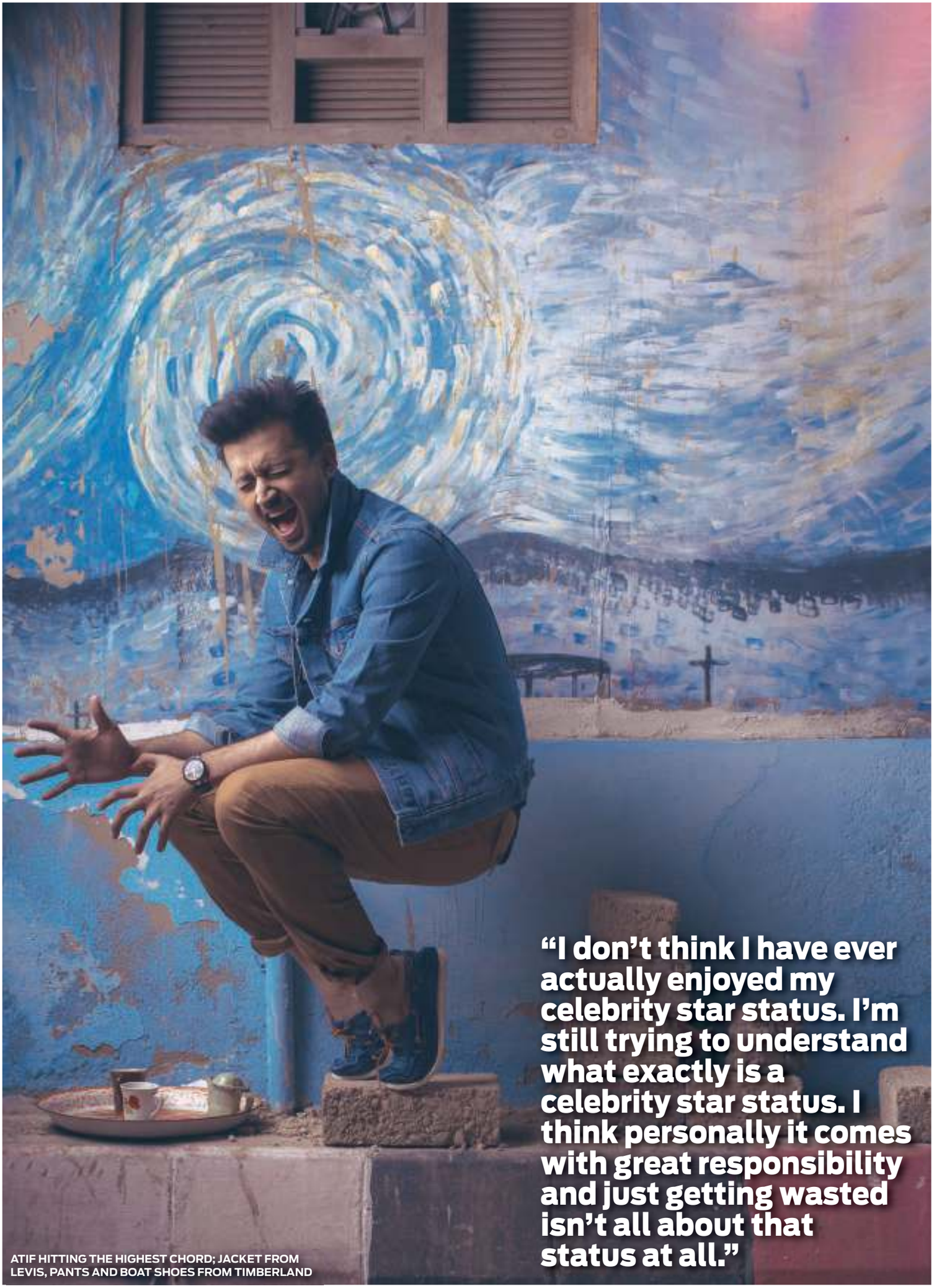
AA: My relationship with my parents is really good actually. Mostly I'm on tours but when I'm back I try to spend time with them and I believe that it's their prayers that are behind my success. You know I have never seen a more dedicated individual in my whole life than my father. He used to be a government officer but now he's retired. He loves to keep himself busy and Alhamdulillah he's a very healthy and happy man, and I have learnt a lot from him. My parents didn't actually get to know about my singing because I literally just recorded the song and put it up on the Internet. They found out through my neighbours one fine day, two years after the release of *Aadat*. They said to my father, "Your son is a singer? He has a great voice." And my father responded "No he isn't, you are mistaken." He then found out it was my voice and initially, he didn't appreciate it much. He just thought it's a hobby and all about my fans and all for me; he had no idea it would become a profession for me. To be honest, neither did I! But thankfully, now it is my profession and they have accepted it. But of course they are my parents so at the end of the day it comes down to 'Ghar ki Murgi Daal Barabar'. [Laughs]

What would you say is your success mantra/philosophy?

AA: I don't think there's any mantra or philosophy behind the success of my Bollywood songs or the music for that matter. I think it's just that I'm purely blessed because there are far more talented singers out there; it's just that I have been very lucky throughout. To be honest if there really was any mantra or philosophy that could guarantee success, everyone would be a hit.

How was your acting experience in *Bol*? Did you enjoy working with Mahirah Khan?

AA: Indeed, the acting experience was challenging. It was interesting because you have to be so absorbed in the character and that's very different from a music video. I remember sitting in the director's office while he was discussing the female lead and in those days Mahirah happened to be a VJ and I had referred her name to Shoaib saab. I felt she would be a better lead so I suggested her name. And yes, it was definitely fun; it was great. Mahirah as a co-star, has really evolved and come a long ▶



“I don’t think I have ever actually enjoyed my celebrity star status. I’m still trying to understand what exactly is a celebrity star status. I think personally it comes with great responsibility and just getting wasted isn’t all about that status at all.”

ATIF HITTING THE HIGHEST CHORD; JACKET FROM LEVIS, PANTS AND BOAT SHOES FROM TIMBERLAND



THE MUSICAL GENIUS LOST DEEP IN THOUGHT LOOKING THROUGH THE GLASS

way now. Not only has she done drama series but also more films at the same time. So, she is a more empowered Mahirah today.

Do you enjoy your celebrity star status?
AA: I don't think I have ever actually enjoyed my celebrity star status. I'm still trying to understand what exactly is a celebrity star status. I think personally it comes with great responsibility and just getting wasted isn't all about that status at all. It's about helping people, entertaining them, and putting a smile on their faces. It's about appreciating the poor more as compared to the rich and there are so many elements involved. I mean I still like to stand in the lines and wait for my turn at the immigration. However, if someone's nice and wants to give me any kind of protocol, I don't say no to them but then again I don't ask or call for it. That isn't exactly called having a celebrity star status. I enjoy being Atif Aslam.

Would acting be something you would consider making your main profession? Have you been offered any interesting projects?
AA: I don't think acting could ever be my main profession because I love music. I live for music and I believe I was born to be a musician.

How does it feel to be recognised as one of Pakistan's most loved pop singers and musical icons and receive so much love from fans all across the world? Does it get overwhelming?
AA: I feel great – the love I receive from fans, the way they respond to me, how they sing my songs plus the adrenaline rush at gigs is amazing. It gives me a lot of life and hope for the music industry as well. It's brilliant how a pop singer sings a Qawalli and that becomes the biggest thing. Once again it's the sheer love of my fans along with the prayers of my parents that have gotten me where I am. Indeed I'm blessed and it's very overwhelming. Especially when you see people from Burma, Bhutan, Surinam, Africa, Nairobi and Trinidad – when people from places like these appreciate your music is when you feel like music has so much power.

Where do you continue to find inspiration for your music?
AA: My inspiration comes from people. When I have a conversation with strangers, when I hear reviews about anything from an old man, when I see a child smiling, the way my fans react to my music, when I think back on the way I have treated my ex-girlfriends and how they have loved me. So the inspiration could be from anything. From the musicians like Jeff Buckley, and Hootie & the Blowfish, from whom I hear all sorts of genres, I seek a lot of inspiration.

What would you say differentiates your music from others?
AA: I don't know what differentiates my music from others but I suppose the subjects that I choose to address in my songs and the melodies but most of all, when I conceive a song, it's that moment when I know whether it's going to make it big or not.

How do you manage your very busy professional life and family simultaneously?
AA: I think I have been very blessed that way. I'm very thankful to my wife Sara for understanding my professional life. It's not easy to be away from your companion but these American tours really take up a lot of energy and time. Most of the time, I try to take her along with me.

Do you consider yourself a Pakistani musical icon/superstar?
AA: I think I'm too small to be called a musical icon or even a superstar. I don't know what the definition of a superstar is and I have never believed in there being something like 'number one'. I used to think about being that at one point in my life and I was rather ambitious to get there but now I don't think there is any such ▶



ASLAM DRIFTS INTO MEMORY LANE

> I think Atif Aslam the person is very ordinary. He believes in the fact that if you give respect, you get respect. He's a rather simple guy but at times when needed, he can be the celebrity Atif Aslam!

benchmark as a number one.

What are your comments on the recent hostility shown towards Pakistani celebrities by certain sects in the Indian community? Is it fair to turn back the rising Pakistani talent and the actors, musicians etc after all their contributions to Bollywood?
AA: In my case, things have been very different. My album became a rage in Pakistan first and then I was approached by India. However in most cases it's the complete opposite. I remember people used to listen to Nusrat Fateh Ali Khan saab; it was when his song was featured in an Indian film that he gained popularity and people started recognising him for his talent, which is sad because he is the biggest legend that we have ever produced.

What is the biggest disadvantage of your celebrity status and why?
AA: I can't walk on the streets freely, I can't have *chai* at the *dhaabas*, I can't feel like a normal person at the airports, I barely have any privacy, I sometimes have to entertain people even when I don't want to, I have to take selfies even when I look horrible – basically I have to deal with a lot of stuff. [Laughs]

A married man, father and super successful; what's next for you Atif Aslam? Anything left to accomplish?
AA: There's one thing I would like to accomplish – I want people to learn how to achieve happiness so I can stay happy myself.

How does your family handle your success?
AA: Well my family enjoys and celebrates my success most of the time. What I love the most is that they are the ones who keep me grounded. My family keeps me down to earth and humble, and I can never thank Sara enough for that.

Tell us something about the person Atif Aslam not the celebrity Atif Aslam.
AA: I think Atif Aslam the person is very ordinary. He believes in the fact that if you give respect, you get respect. He's a rather simple guy but at times when needed, he can be the celebrity Atif Aslam! OK!

INTERVIEW: FIZZA FURQAN
COORDINATION, CONCEPT AND STYLING: FIZZA FURQAN
PHOTOGRAPHS: ABDULLAH HARIS
LOCATION: COMMUNE ARTIST COLONY
HAIR AND GROOMING: SAJID'S



THE SINGER PEERS INTO THE CAMERA LENS FOR A CAPTIVATING SHOT

Sarah JESSICA PARKER

“From the time I was a little girl, I’ve always loved to be someone else”

The actress talks about her new TV series *Divorce*, and her thoughts on crumbling marriages...







SARAH JESSICA PARKER, AARON KAPLAN, JERRY SEINFELD & JESSICA SEINFELD ATTEND THE *DIVORCE* PREMIERE AT SVA THEATER IN NEW YORK

Sarah Jessica Parker's claim to fame was the award-winning series *Sex And The City*, and till date, she is remembered for it. She became a small screen icon deciphering how to find the perfect partner, and now Sarah Jessica Parker is focusing her attention on what happens when marriages crumble. The actress tells us why her new series *Divorce* is such a labour of love. While shooting her new TV series, Sarah Jessica Parker had no qualms about dropping the F bomb.

"It's funny, because on *Sex And The City*, I was so careful about using the F word," reveals the actress, who played dating columnist Carrie Bradshaw in the seminal show about four single friends living in New York, co-starring Kim Cattrall, Kristin Davis and Cynthia Nixon.

"I thought because Carrie's a writer, she's thoughtful about language and would like words to describe what she was seeing or feeling."

Her new character, Frances, however, is not thoughtful about it. "Frances really does use the F word and she means it. It's not inconsequential. I like it very much," notes Parker, laughing.

Divorce marks her first return to HBO since the Golden Globe-winning *Sex And The City* ended after six series' in 2004 (two movies followed in 2008 and 2010). It depicts the frustrating, devastating, complicated and seemingly never-ending process of unwinding a marriage. Conscious uncoupling it ain't...

Parker, who also serves as executive producer on the show, had been looking for something in this vein for a few years. "There had been lots of ideas," she admits, including one that was potentially going to be titled *The Affair*. "I knew of a story of a couple who were having an affair, and this affair was enduring many, many years and they were both happily married people," explains the 51-year-old. "This affair was like an alternate universe, but it wasn't hurting anybody. I was so curious because I didn't think it was unique."

Parker and Alison Benson, her partner at production company Pretty Matches, were forced to change tack though when another show with that very same title, starring Dominic West and Ruth Wilson, was green-lit. But their determination to find a project that examined marriage did not wane.

"I hadn't seen for a long time a portrait of a middle-class marriage, a marriage inhabited by people we all see on the train, in the car next to us or at a school event," continues Parker, who has three children - James, 13 and seven-year-old twins Marion and Tabitha - with her husband of 19 years, Matthew Broderick.

"What does that look like today? How often have you gone back to ▶





SARAH JESSICA PARKER ATTENDS THE ACCESSORIES COUNCIL 20TH ANNIVERSARY CELEBRATION OF THE ACE AWARDS AT CIPRIANI 42ND STREET IN NEW YORK

> "I hadn't seen for a long time a portrait of a middle-class marriage, a marriage inhabited by people we all see on the train, in the car next to us or at a school event."

try and salvage a marriage? How does it look from the outside, and what do your friends think of your spouse? How do you function, who's the breadwinner and how do the partner's disappointments affect you? Not only in terms of sympathies, but how do you see that other person?" muses the actress, without pausing for breath.

Given that so many marriages end in divorce now, it would be easy to suggest it's the norm. But as Parker points out: "For the people it's happening to, it's not ordinary – unless you're a serial divorcee. It is monumental, and if there are children involved, I imagine you feel undone.

"You feel flat-out terrible disappointment to yourself, to your spouse, and most importantly, your children. So it does happen all the time, but to the people it's happening to, for them it's a war, it's combat, it's the trenches. It's just terrible, and it doesn't matter if it happens easily for people or not. For those who loved and cared, it must feel Earth-shattering."

In the opening episode of *Divorce*, a disastrous evening at a friend's 50th birthday party provokes Frances to reassess her marriage to Robert, played by *Sideways* star Thomas Haden Church. Deciding she needs a clean break and a fresh start, Frances tells her husband they need to part ways, prompting Robert to ask: "When did it start going off the tracks in your mind?"

"Well, perhaps when you grew the moustache," Frances confesses, in a moment that perfectly sums up the show's tone.

The subject matter might not scream light relief, but the actress knew that if they wanted to do it in a half-hour format, it had to be funny somehow. For that reason, they were delighted to have Sharon Horgan, co-creator and star of Channel 4's brilliant comedy *Catastrophe* on board as creator and writer. "And also Paul Simms [who wrote for *The Larry Sanders Show*], who I'd admired for so long," adds Parker, who was born in Ohio. "It's been a wonderful challenge to maintain it [the tone] over a season."

The actress readily admits she's always been interested in how other people live their lives. "I think we [all] are, unless I'm completely mad," she reasons. "From the time I was a little girl, my dad used to tell me to stop staring all the time. He used to say, 'You're making a spectacle of yourself', but I was always interested in everybody."

Parker was 11 when she made her Broadway debut in *The Innocents*, tackling the title role in Annie three years later. "From the time I was a little girl, I've always loved to be someone else," notes the actress, whose big-screen credits include *Footloose*, *Honeymoon In Vegas*, *Hocus Pocus* and *Failure To Launch*.

"Not because I'm unhappy being myself, but rather because it's the most wonderful thing in the world to be somebody else; to spend some hours, days, years being someone else [rather] than being yourself. It's this peculiar, wonderful, alternate life and, to me, endlessly fascinating." To that end, she's keen to explore characters "least like me or Carrie".

"That's what's good for me, and makes me sick to my stomach with fear, excitement and worry, but it's what I think is necessary," she adds.

She isn't opposed to returning to *Sex And The City* again, however, to see how Carrie, Mr Big and the girls are getting along. "I don't think any of us have said no. I don't know whether it'd be a series or a movie, that remains an open question and discussion that will continue," says Parker. "I think that's always a possibility, definitely." OK!

INTERVIEW: PA/THE INTERVIEW FEED
PHOTOGRAPHS: GETTY, WENN



SARAH JESSICA PARKER & MATTHEW BRODERICK ATTEND MUSEUM OF THE MOVING IMAGE 30TH ANNUAL SALUTE HONORING WARREN BEATTY AT 583 PARK AVENUE IN NEW YORK

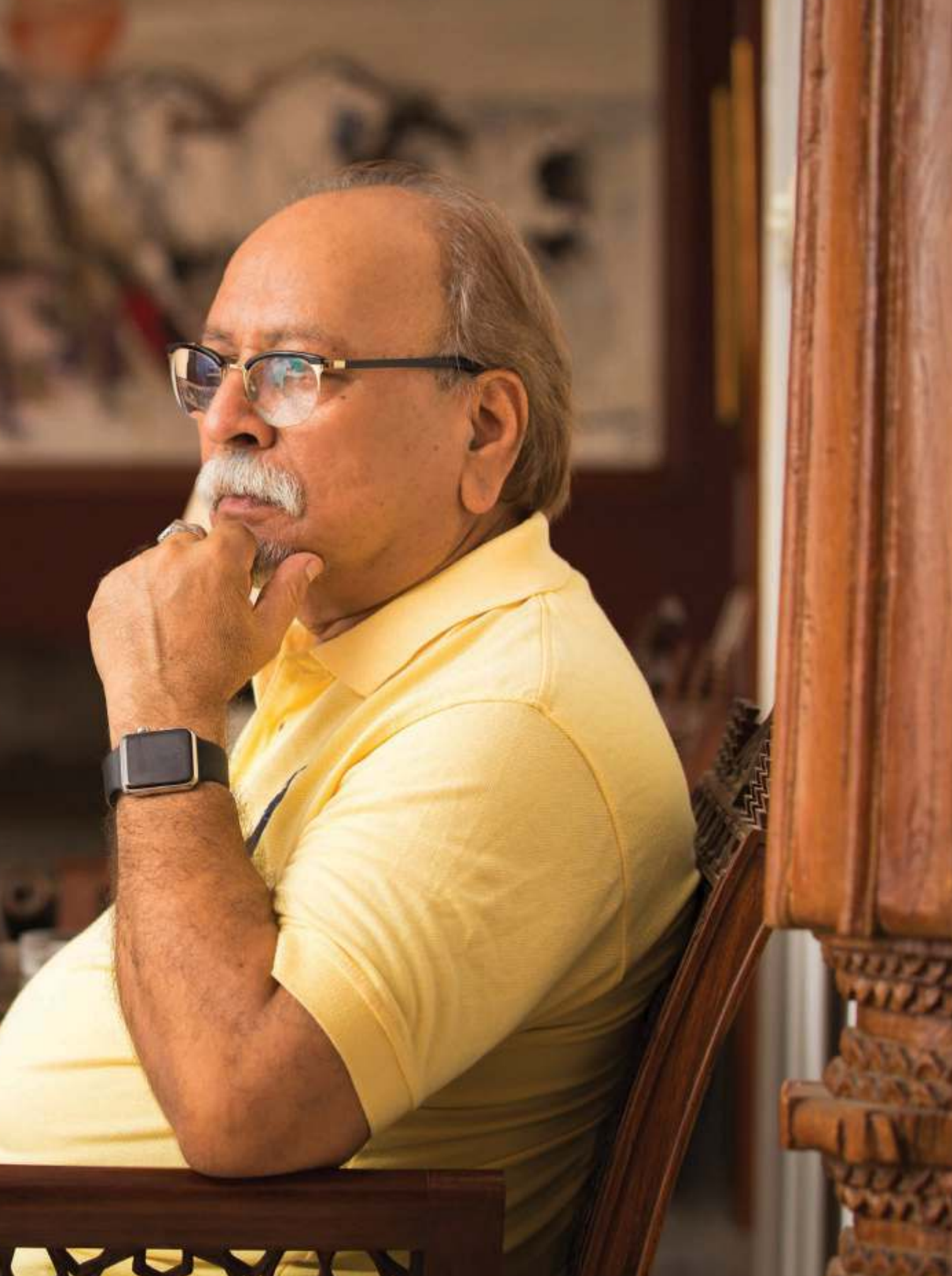


Debenhams - Dolmen Mall, Karachi
Superfeet - Mall Of Lahore, Lahore
Mothercare - Tariq Road, Karachi | DHA & Xinhua Mall, Lahore | Safa Mall, Islamabad
Kings Mall, Gujranwala | Sitara Mall, Faisalabad

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Master OF DISTORTION

Renowned artist Mashkoor Raza talks to *OK*! Pakistan exclusively about his journey as an artist, his preferred style plus his artistic process







Armed with over 30 years of experience, Mashkoor Raza is an artist who has brought much pride to the nation. Dubbed as the 'master of distorted art' and having received numerous awards including the President's Pride of Performance Award in 2007, Mashkoor has proven himself to be a dynamic artist who has a comprehension of design, form and colour. His canvases show a carefully thought out composition through movement and play of light which brings to life, the women and horses he paints. Renowned throughout Pakistan and world over, Mashkoor's identity lies in the form of abstraction and employing the use of basic forms such as squares, circles and triangles to create transparency within his work. His commanding brush strokes are vibrant and ooze with an unconventional energy which captures art lovers. We sat down with the versatile artist to get his take on the Pakistani art scene.

Tell us a little about your journey as an artist.

Mashkoor Raza: I was passionate about art from a very young age. Ever since I can remember, I was intrigued by it. I did Matric in India. Over there, you have a choice to take up another subject in place of Urdu and so I picked Art. That's where it all began. Everything was taught in Hindi and English; I was never too strong in other academic subjects nor did they excite me, but art was different. Painting was my forte and I held it close to my heart. Naturally I used to get the best grades in art as well. We then moved to Pakistan and I got admission in the Karachi School of Art in 1972. I pursued Fine Arts and kept making paintings and exhibiting my work. At that time, senior renowned artists such as Sadequain, Gulgee, Ahmed Pervaiz, Jamil Naqsh and Bashir Mirza barely sold any of their work; there wasn't an appreciation for art. I was just a student and my work never sold either so it was a difficult time for me, financially. Even to paint you need money, and so I would work odd jobs like textile design and teaching so I could earn money and then buy paint and canvases to meet my expenses. At that time there were no galleries either; however, in 1973 Indus Gallery opened up and when it opened, it was the first professional space to promote art and display work. I was doing exhibitions with about 40 to 42 paintings and in 1982/83 some of my paintings started to sell. A couple sold through Indus, but I kept at it and eventually started teaching painting in an art college. I began to exhibit my work every year and thankfully it started to sell. Now I sell all over Pakistan, Dubai, India, Iran, Bangladesh and New York. ►



"I was so fascinated by horses that I began studying them. I focused on their anatomy and I started with drawings and sketches and progressed to paintings..."



“I’m the sort of person who loves to paint – if I don’t, I feel incomplete. Painting is like an escape into a safe haven...To this day, the horse race course inspires me everyday. Any beautiful woman I see in passing inspires me. These are both subjects that are beautiful to my eye.”

You’ve come a long way in your career, how do you feel?

MR: I literally started from nothing – from zero, and today it’s a whole different story. Today, all my expenses are met through my paintings. In between I opened up my own school as well – Mashkoor Art School. I did that for eight or nine years but that took up a lot of my time; I realised I didn’t have the time to paint, but if I had pursued that I would have made it into a school like Indus Valley. I even had it registered from the Sindh Board but life took a different course. I have also launched my coffee table book titled *Mashkoor Raza’s Journey*. So I think I can safely say I have really come a long way and it’s exhilarating. *Shukar Alhamdolillah*, today I am in a position where people come to me and buy from my studio.

Tell us a little about your preferred style.

MR: When I was studying, it was realistic art, landscapes and portraits and it’s important to explore these because that’s how you learn. You can’t jump to abstract or start with it because the skill needed for abstract is higher. You need to develop your skills and have a certain kind of control. If you put a tangible object in front of you like a glass or bottle and are able to make an accurate drawing of it, only then can you distort it. So I started with realistic work, then in 1973, following the work of some senior artists gave me inspiration. I used to think that how is it that they are able to articulate it so well. Initially I didn’t even understand abstract – I used to look at it and think what are all this squiggly lines and we [friends] used to make fun of it but then that was our immaturity. I then tried my hand at it; I started working on abstract, distortion, composition, and incorporated form and colour. I wanted to create my very own identity. I was inspired by Jamil Naqsh’s pigeons and Mansur Aye’s faces. I always loved horses; I used to ride them and visit the racecourse frequently. My house was on University Road, near the race course and every Sunday I would go watch the races. I was so fascinated by horses that I began studying them. I focused on their anatomy and I started with drawings and sketches and progressed to paintings. Initially people made fun of me and then slowly my work started to mature. People started to show interest and it just evolved





into something that would ultimately become my trademark. Later on, I made a series titled Beauty and Power, beauty being the woman and power being the horse and so I incorporated women and horses, and it just stuck. The focus of my work comes from the cubism school of thought. Oil and acrylic are my preferred medium. In fact, just recently, I have been thinking about doing a series of paintings inspired by Picasso.

Tell us about your artistic process – how do you work?

MR: As an artist, I think about the subject matter, content and meaning behind the work if you will; it's not like I just start throwing colour on the canvas. At the moment, I also do pieces as per people's request; commissioned work because that provides a more stable income. Working as per other people's request and doing what you feel like doing are separate things. But when I paint for myself, for the sake of painting, I think about what it is I want to achieve through the piece. I do some rough sketches or think about what it would look like in a sketch, compose the layout, usually students do these kind of sketches but just as a chain of thought to complete my process and planning I do some rough sketches. After completing my sketches, I start on the canvas and it takes a life of its own. But you have to understand that I don't just copy what I have sketched onto a canvas. I have been doing this for so long that it just comes naturally to me.I mean if you were to give me a canvas and put some paint on it, I would be able to make a painting out of it and that's what experience is all about – you have a natural inclination to compose from colour and form. If I didn't have that I'd just be staring at a blank canvas and thinking about where to start. I'm at the stage where I can just think about a subject, plan it in my head and directly make a painting too but I prefer to start with sketches and complete my process. I work all the time. I'm not the sort of person who paints just sometimes; it's incorporated in my daily routine. I wake up in the morning and have my breakfast and start. Not long ago, I used to have my studio downstairs and I would live upstairs. But now I've shifted to the house next door and use this space as my workshop. After breakfast, I'm here till about 3pm or 4pm. I usually put some music on; whatever I'm really in the mood for. I prefer classical music when I'm working, like Jagjit Singh. I listen to the new stuff sometimes but I just find that the music nowadays is very temporary – it's like a fad. It'll be around for a short period of time and then there's something new. Classical music is something you can listen to all day. Music just creates the environment for me to work peacefully. I'm the sort of person who loves to paint – if I don't, I feel incomplete. Painting is like an escape into a safe haven. So no matter what, chances are you will find me painting in the mornings even if it's Eid!

What do you consider to be the most integral part of an artist's life?

MR: I would say working is the most important thing for me. An artist's attitude reflects in his work the most. I tend to prioritise my work such that if someone has asked me to do a specific piece,





I know it's a piece which is already sold, and so I work on that first. The work I do out of passion, I enjoy more, but it takes less priority because everyone has expenses which need to be met. In the evenings or at night if something really inspires me, I sit down and work on it myself. The work I do out of passion is most definitely the work that is appreciated more because like I said, your attitude really comes through on a canvas.

What kind of art do you most identify with?

MR: If you look at all the singers in the music world, everyone is appreciated in their own way and that's the same with art. If you try and mimic a style of art, it might not work for you. That's why it's so important for artists to have their own identity. I really respect Jamil Naqsh, Guljee and Ahmed Pervaiz's work. Every artist has his or her own ▶







> **“In art you can’t compare one person’s work to another’s - every piece is personal and has a different meaning...”**

school of thought, and I appreciate that. There are a lot of artists who have been my students whose work I think is terrific. For example Tariq Javaid, AQ Arif, Attar Jamal and there are other colleagues like Naheed Raza (who is from my group of friends back in the day). There are also some artists whose work I don’t really like; either it’s not colourful or it’s not rich enough for my liking or it’s so distorted in abstract form that I can’t even understand it.

Strongest childhood memory?

MR: There are a lot of things from my childhood that I feel like I’ve forgotten but I remember that a while ago, when I used to make portraits, I made one of Sir Syed Ahmed Khan and my school really appreciated it and put it up. I remember feeling on top of the world because my work was given so much importance. I remember some of the naughty things I used to get up to, like I remember I used to study with a girl and she always had her hair up in a very long braid with a strand of hair coming out so one day I was behind her and I just took a pair of scissors and cut some of it off, and when she moved her head she realised what I had done. I also remember that at that time there used to be a *sikha*, I used to tie a string to it and put it on the floor and whenever anyone I didn’t like would cross that place, I’d pull it back and they would fall. Silly things like that really give you an essence of my childhood.

Can you name a real life situation that inspired you?

MR: To this day, the horse race course inspires me everyday. Any beautiful woman I see in passing inspires me. These are both subjects that are beautiful to my eye.

What would you identify as your professional goal?

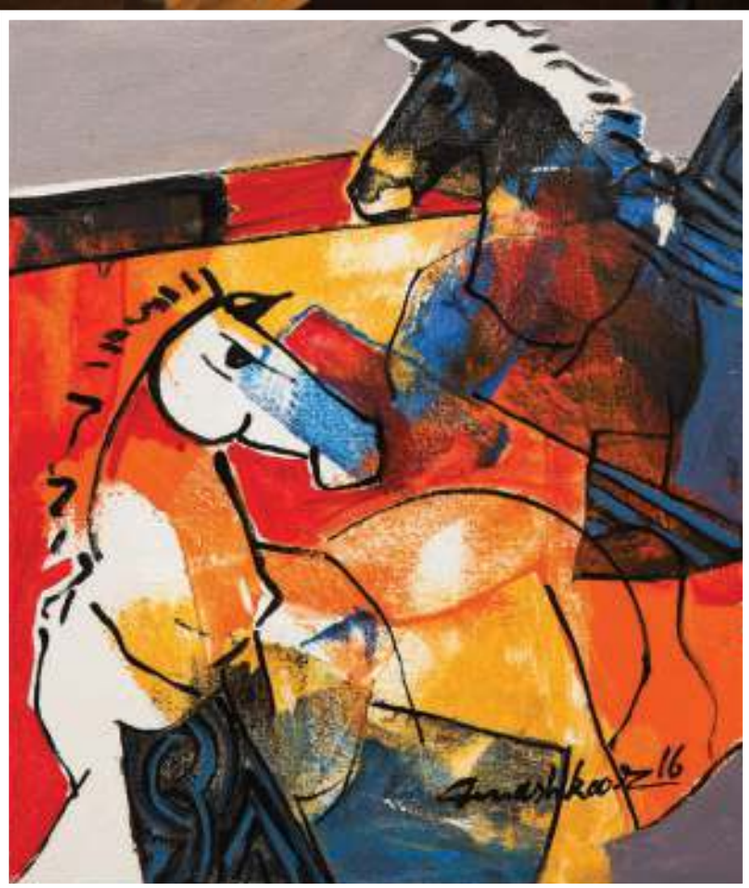
MR: I never think my work is perfect – there’s always room for improvement and so I think if I can one day make my work perfect, I would have achieved something. Other than that, I would say international recognition. I feel like people all over Pakistan know, recognise and appreciate my work, but I would like to extend that out internationally across the borders and gain that appreciation and recognition. I’m always trying to achieve this, but it’s hard – there are hurdles. Some artists travel themselves for extended periods of time and find opportunity, but I can’t do that because I have other responsibilities. For example, Sadequain never married – there are some artists who marry and then are so inclined to achieve recognition that they don’t fulfill their responsibilities and forget about their wife and kids. I don’t feel like I can do that. It is not something where I can just take off in search of opportunity. Who knows, maybe I’ll get opportunities later on in other forms and shapes. For example, MF Hussain used to travel all the time, Jamil Naqsh has left Pakistan and is living in London and those are both names that are well respected in the art community worldwide.

Name a few artists that you would like your work to be compared with?

MR: I’ll tell you something, in art you can’t compare one person’s work to another’s – every piece is personal and has a different meaning. Van Gogh is a renowned artist internationally but during the time he used to paint, people would make fun of him. Now that he passed away, his paintings are sold in millions. Sometimes an artist’s work is ahead of their time and is only appreciated once they have passed away. There are some artists who in their time were considered to be great but after a while, people don’t appreciate their work as much. In art, you cannot say or predict anything. For example, Maqsood Ali was a great artist of his time but now it’s almost as if he is lost. I don’t even know about myself; people appreciate my work now but will they in years to come? Who knows. So that’s why I don’t think it is correct to compare art with one another; you can only aim for recognition.

What kind of advice do you feel you often receive?

MR: People give me advice all the time! Most people tell me that I should focus on exhibiting my work internationally and people come to me saying let’s collaborate for an international exhibition but



it's easier said than done. A friend's wife was one of my students so this is around 8 or 10 years ago; he said to me, give me one of your paintings and I'll take it to New York. At the time, I said OK and I made about 15 or 20 paintings and gave it to him...I haven't heard from him since. It is instances like these that make it harder to trust people. In Houston, there's an art exhibition and some of my work will be exhibited there; the way I've adapted now is that when someone wants to exhibit my work internationally they buy it from me and I give it to them without the 30 percent commission galleries take and that way I have a guarantee. They can then sell it for whatever price they want, but for me to do it on my own is harder and it's too much of headache. I mean I spoke to a gallery in New York and they asked me to send photos of my work so I would have to make 15 paintings and then send them photographs and then whatever they would choose would go and then the time frame for waiting is too long. People who have sources can do it but it's harder for me.

What is your take on art as an investment?

MR: There are different types of art buyers. In Pakistan, the ones that buy for investment are very few. Most people who come to me almost always say something along the lines of we have made a new house, we want a painting in our drawing room so can you make one? I always tell them to have a look at the paintings and decide if they like them or not. Usually they don't understand art in the way it is meant, and so after I say this, they get confused and end up not buying anything. My clientele usually falls into the category of people who say we have blue curtains in our room so can you add some blue to this painting. I do it because that's what they want, but the true meaning of art is lost in that. Then there are some who only come to me because they've seen my work in their friends' lounge and want one too. These are the kind of people who don't fully understand art; they just want to cover the space. There are others who buy because they like my work but the ones who buy after understanding the work as an investment are in the minority. In Pakistan they are close to nonexistent; I always tell buyers that when you buy a painting your money isn't going wasted; it will increase in value and then they understand a little bit. I've seen nowadays that people will spend money on a lot of things, will make a house for crores, they will spend on their furniture but will never buy an expensive painting. They don't budget for paintings. They don't understand furniture will go through wear and tear but a painting will never decrease in value and will always stay with them. For example, Aftab Tapal, he has always been passionate about art and he has 100 paintings of Jamil Naqsh. He bought them a long time ago for peanuts compared to what they are worth now. Today, one Naqsh painting is worth about 15 lakhs which he bought for 1 lakh each. Now that's what an investment looks like. But most people want it matching their interiors. OK!

INTERVIEW: TANIA LONGI
PHOTOGRAPHS: KASHIF RASHID

Emily BLUNT

"We didn't plan it out too much because it is such a raw film and it shouldn't feel choreographed"

The actress talks about her newest film, *The Girl on the Train* in which she plays an alcoholic with a disturbing obsession with her former husband and his new wife







STILLS FROM *THE GIRL ON THE TRAIN*



In *The Girl on the Train*, Emily Blunt plays the role of a girl named Rachel, who imagines the idyllic world of a woman (Megan) she sees on the balcony of a suburban home with her handsome, probably very rich husband; Megan just happens to live a couple of doors down from where Rachel used to live with her husband. That is, until he ditched her for Anna (Rebecca Hall), a beautiful real estate agent, with whom he now has a baby. As the story chugs along, viewers discover more about each of the women and how each of them are dealing with their own issues. Luke Evans, Justin Theroux and Edgar Ramirez also star in the film.

While on the train one day, Rachel sees Megan with a man that she is certain is not her husband engaging in a dalliance on her balcony. She decides to investigate. Later, Rachel turns up at her rented room, bloodied and battered with almost no recollection of what has happened. A murder makes her a prime suspect but uncertainty surrounds the case, as clues are uncovered.

Blunt, who has played more stable characters in films such as The Young Victoria and Sicario, relished the opportunity to play a flawed woman. She spoke about the film during a press tour in New York. The film is directed by Tate Taylor and written for the screen by Erin Cressida Wilson. British author Paula Hawkins wrote the novel, which became a New York Times bestseller in 2015.



You did an excellent job depicting a drunk person on screen...
Emily Blunt: Jesus! Thank you.

We're wondering how you researched that. Tell us how you prepared for this role.

EB: First of all, it's just me on a Friday night, usually. [Laughs] No, here's the thing. I think that there are a lot of pitfalls with playing an alcoholic and portraying an alcoholic. I just wanted it to be as authentic and raw and ugly as possible. It's an ugly disease. Once its claws are in you, the idea of a better life is an impossible one. Her infatuation with alcohol has become the only relationship that is ongoing in her life. How frightening that is. It's an ugly thing when you're around a drunk. It's not funny, and I think the pitfall is that it's a bit comical and a bit lurching around like a drunk uncle, and I was nervous of it seeming funny. I watched a lot of documentaries on it, because rather than see other performances by actors playing alcoholics, I just needed to watch the reality of what it was. *Intervention* was a fantastic source that I watched on a loop and there's a documentary that Louis Theroux did. I don't know if any of you have seen it. It's really fantastic. I read books on depression and drinking and I know some alcoholics and I spoke to some of them, either recovering or not, or on the verge of wanting to recover. So all those sources were everything to me when it came to portraying this part because at the end of the day, this is not just the portrait of an alcoholic, this is a thriller. It's got to move like a thriller, and I felt that the main thrust is that yes, she suffers from this disease, but most of the ▶



“There are a lot of pitfalls with portraying an alcoholic. It’s an ugly disease. Once its claws are in you, the idea of a better life is an impossible one.”

EMILY BLUNT ATTENDS THE PREMIERE OF UNIVERSAL PICTURES’ *THE HUNTSMAN: WINTER’S WAR* AT THE REGENCY VILLAGE THEATRE IN CALIFORNIA

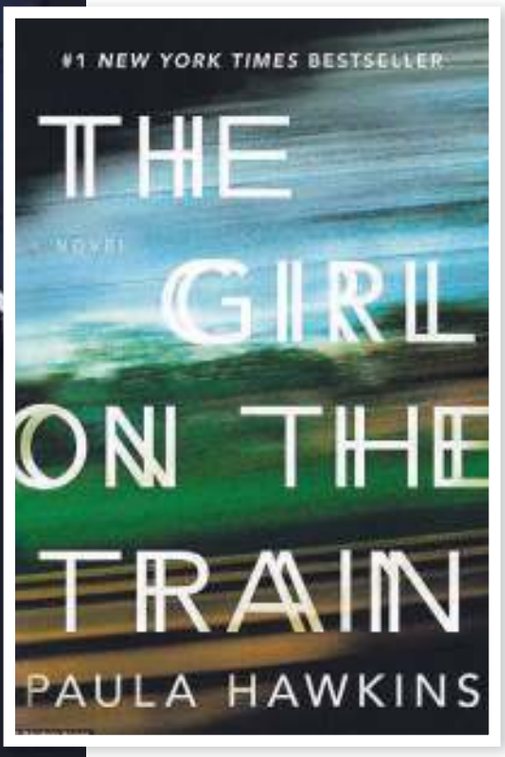


EMILY BLUNT WITH HER HUSBAND JOHN KRASINSKI AT *THE GIRL ON THE TRAIN* PREMIERE AT REGAL E-WALK STADIUM 13 IN NEW YORK

film is less about her being a sort of Nancy Drew character trying to work out who done it, but it's more trying to make sure she didn't do it. I thought, how fantastic for a female lead and your female protagonist, your heroine, to be a blackout drunk?

I was just wondering how much being pregnant and being a mom already informed your ability to portray that character with such yearning to be a mom...

EB: I found such empathy with the character. I know a couple of friends who have tried desperately and all they think about is being a mother and being unable to be a mother and what that does to you. When you become a mother, certainly for me, my heart has been just completely cracked open and anything to do with being a mother or children, I weep instantly. It was a strange thing to be pregnant while playing this part, but I'm someone who tries not to torture myself with any part I'm playing, particularly. I couldn't be in that mindset all the time so I'd just find ways to unwind, like the long car ride home was very helpful. But I also had a toddler at home, who didn't care whether I was really good in the scene, or totally like, "in it". It's an interesting thing, you don't often hear about women being method, or mothers being method. We're not given much of an opportunity, I think.



You have such a huge range of movies behind you and ahead of you. What do you like doing better, the dark things like these, or singing and dancing?

EB: You need both. You can't just do one. I need both. I love the extremes. I love to fluctuate between the extremes of what's out there and what's on offer. I do like to mix it up for my own enjoyment, for my own need for challenge, I guess. I don't have a preference, really, but I have done a couple of dark films recently, so I think I'll go towards the light for a little bit.

This is a very popular book, obviously. Had you read it before you were approached with the material?

EB: I was approached for the film and I'd seen everyone reading it. It was just a title you saw absolutely everywhere. I was being a bit contrary because I thought, "Well I'm not going to read the book everyone's reading. I don't want to be in the book club for *The Girl on the Train*." I was approached for the part and then I thought I'd better read it. It's easy to see why it became this runaway sensation. It grips you in the most jarring way and it is suspenseful and confusing and those interweaving narratives and the unreliable narrator...I think also these domestic thrillers, they really are tantalising audiences because they feel close to home. They feel relatable. Those heightened realities you see in the super hero movies and big sci-fi movies, they sometimes anesthetise you to actually feeling anything because you don't relate. You can't relate to what that is. This is so human and the underbelly of domestic life, which a lot of people experience and striving for perfection, striving for

the grass is greener on the other side, and those voyeuristic tendencies in all of us. There were so many themes that felt so accessible.There were so many themes that felt so accessible.

There is already awards buzz about your performance. What is your reaction when you hear things like that?
EB: Obviously I'm completely honoured that it would be seen in that regard and I love this time of year. I think that you see the best of the industry at this time. The most challenging, interesting, courageous movies come out and the fact that ours is being spoken about in those terms is a big deal.

I noticed that your character's lips are always chapped. Did you let your lips get chapped?
EB: Yeah. It was really cold anyway in New York, so I was given no lip balm. Kyra Panchenko is my make-up artist on this and she was phenomenal. She really studied alcoholics and pulled up various mug shots of people who've been arrested for drunk driving – celebrities as well. She just was very specific about things, the Rosacea. We had a full contact lens that covered my whole eye for the really drunk stuff, to get the bloodshot glassiness. The chapped lips were her idea and she put something on them, all these little products. I don't know who makes them. Where do they get them, all the special effects make-up products that you can get...so yeah, they chapped them up.

There's one scene, you're not quite sure what Rachel is going to do at any given moment; I thought it was the scariest of all. It's when the woman sits down with the baby and you're not really sure what's going to happen. I just wondered how you felt, because it was kind of scary. I was like, "What is she going to do to that baby?"
EB: That's the thing, I found that scene so sad, and the idea that nobody wants to breathe the same air as Rachel...I mean she's just toxic to be around, an ugly, unsettling person and you don't want your pure baby around that kind of energy. That was Tate's idea actually to have the woman on the train with the baby, and it's one of my favourite scenes because it's brought to your attention just how lonely that life must be, that they don't even want your baby to be in the same air space as you. And she knows it. I think some people take life's setbacks a lot harder than others and it's not for us to judge how they take them because this is a disease. It's not something that is, she just likes to drink a bit.

Do you think she recovers eventually? Would better therapy have helped her?
EB: What do you think? She's washed her hair at the end! But hey, I wish she'd found a better therapist. To be honest, she really only went to see that therapist to sort of pry. He's much too handsome to be a therapist.

When I read the book and other friends of mine also, you just feel sympathetic and you're cringing as she goes along the way to spy...
EB: I know. You're like, "Don't do it! Oh my God!"

I was wondering when you took on the role, you were viewing her one way but were able to skew her so that we are kind of champions.
EB: It's not my intention to skew it so that you root for her. I rooted for her because I understood her by the end of it. By the end of really researching and trying to figure out how to play her, I had such empathy for this person. So if that translates, if my love of the character, however much I disagree with what she's doing and however much I was like, "Oh my God. How embarrassing and why would you do that?", much as I questioned it, I just had to understand it as, "But this is what she's doing." She doesn't know why she is but she's doing it, because she's scared and ashamed most of the time. If that translates, then I'm happy.



EMILY BLUNT & LUKE EVANS AT THE WORLD PREMIERE OF *THE GIRL ON THE TRAIN* AT ODEON, LEICESTER SQUARE IN LONDON

What was the hardest thing, the hardest part of the movie? The most challenging?
EB: There were various ones that were those big ones in the movie that you're like, "Ooh, let's hope it goes well." There's a scene in Grand Central bathroom that was the pinnacle of her with the lipstick. I know she needed to seem frightening in that scene. You've got the buzzed drunk and then you've got the raging drunk and how scary that is. That was a big scene and I don't tend to prepare for big emotional scenes. I don't tend to plan it out and I don't rehearse it. I just said to Tate, "I don't know what I'm going to do and you just should roll and he was like, "Okay." We had a lot of those scenes in this film where we didn't plan it out too much because it is such a raw film and it shouldn't feel choreographed and it shouldn't feel planned. It was doing this wonderful, spontaneous dance with the cinematographer the whole time. It had that freewheeling feeling to it. I love to work like that. It's the only way I like to work now really. The tunnel sequence was really challenging as well, for everybody. It was really cold, number one. We were shooting in January at night and it was brutal. Also we had to shoot it tons of different ways, like what you think you see but don't see and the misdirections, and then the reality of what happened and how much do you show of that different perspective? It was just such a complicated sequence to shoot for everybody. OK!

INTERVIEW: SUZY MALOY/THE INTERVIEW FEED
PHOTOGRAPHS: GETTY, WENN

MUKHTAR Mai

“Education is the best revenge for a woman”

***OK*! Pakistan talks to the women’s rights activist about women, Pakistan and human nature**





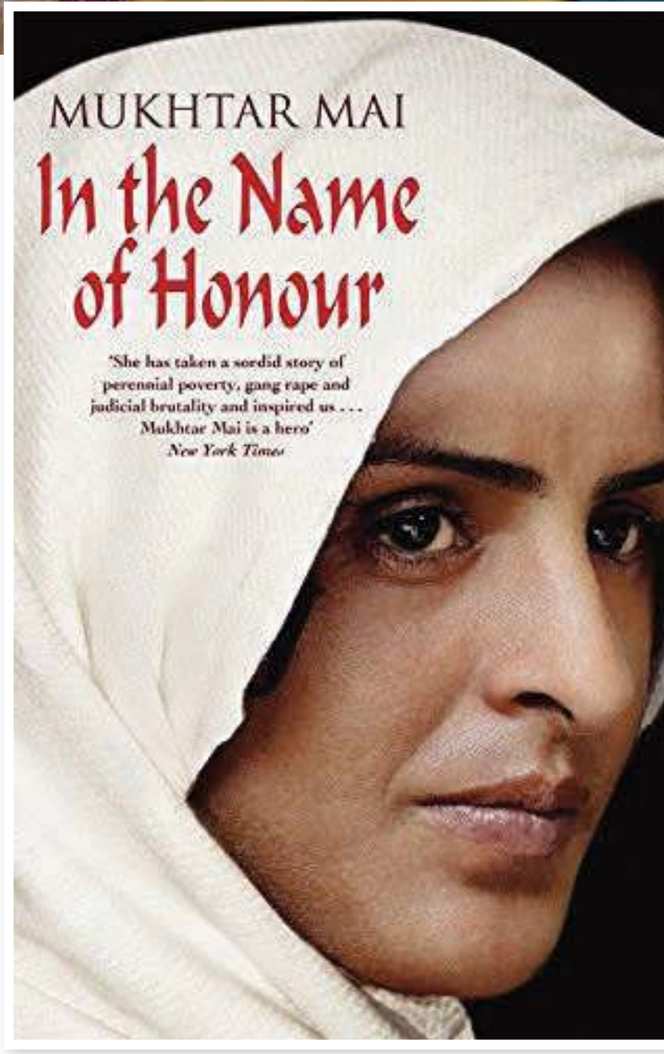


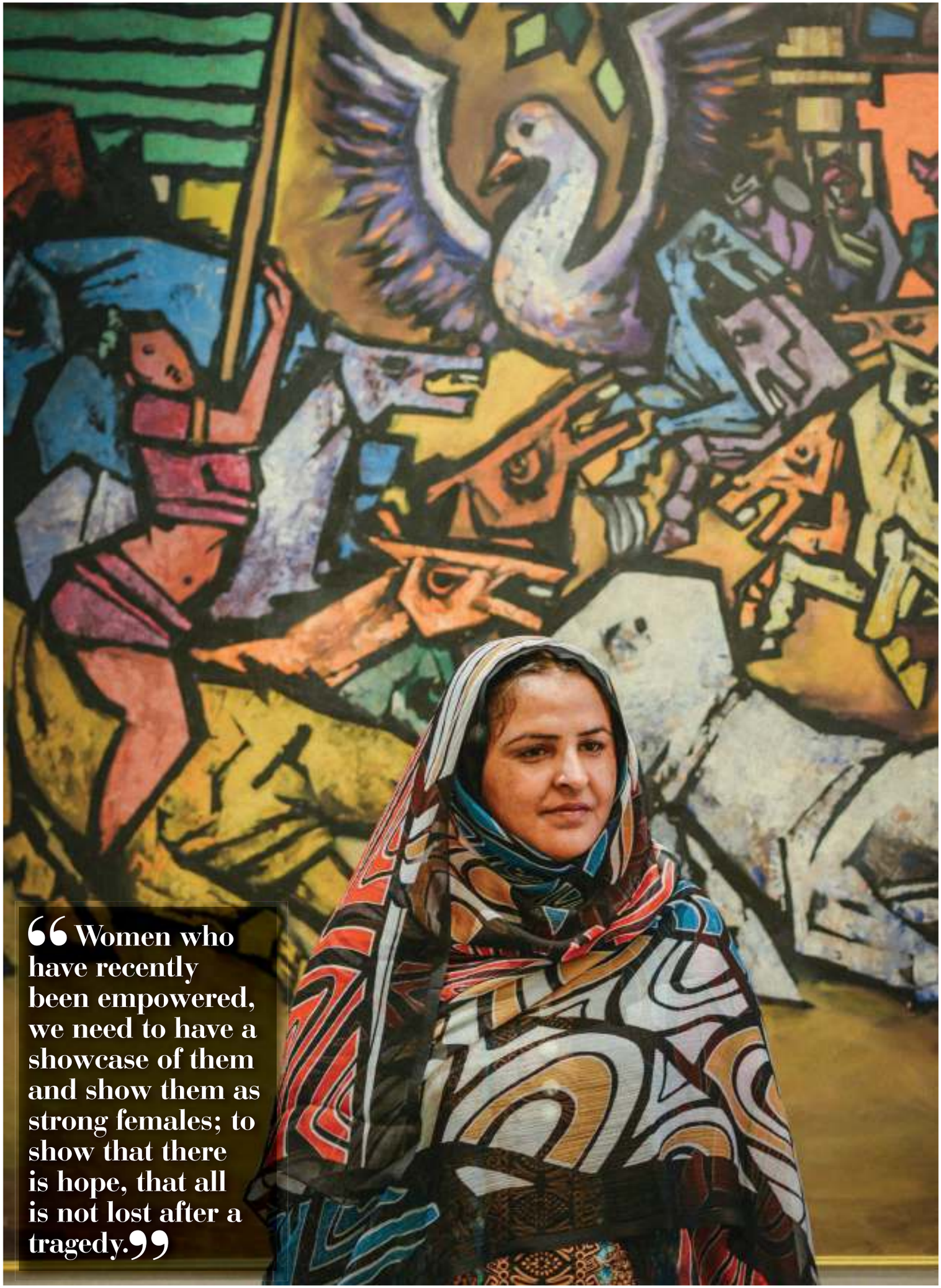
MUKHTAR MAI HOLDS A LIGHTED TORCH AS SHE LEADS AN INTERNATIONAL WOMEN'S DAY RALLY IN KARACHI

Mukhtar Mai is a sexual assault survivor who has gained public attention for her outspoken advocacy of women's rights issues and for her perseverance through continuous hardships. She was born in 1972 in the village of Meerwala in Southern Punjab to the Tatla clan. In June 2002, she was violently assaulted and gang-raped by members of the influential Mastoi clan. The assault was carried out as punishment for the actions of Mukhtara's 12-year-old brother Shakoor, who the Mastoi's accuse of raping a 20-year-old woman of the Mastoi clan. Evidence suggests that such allegations were fabricated to prevent Shakoor from testifying against members of the Mastoi clan who sodomised and assaulted him. Mukhtar Mai was brutally assaulted and dragged across her village. Following media attention on the matter, six men were arrested and charged. All six were initially sentenced to death by a local anti-terrorism court, but over a lengthy appeal process lasting almost 12 years, five of the six men were acquitted by the Supreme Court and one had his sentence commuted to life.
Mukhtar Mai has been involved with a large number of charity programmes revolving around women's rights and education since. She established the Mukhtar Mai Women's Organization which runs a shelter for battered women as well as maintains multiple schools specifically for girls including the Mukhtar Mai Girls Model School. Her commitment to her cause in the face of overwhelming odds and her refusal to stand down even under constant threats and oppression makes her a truly remarkable icon – one to be admired and supported.

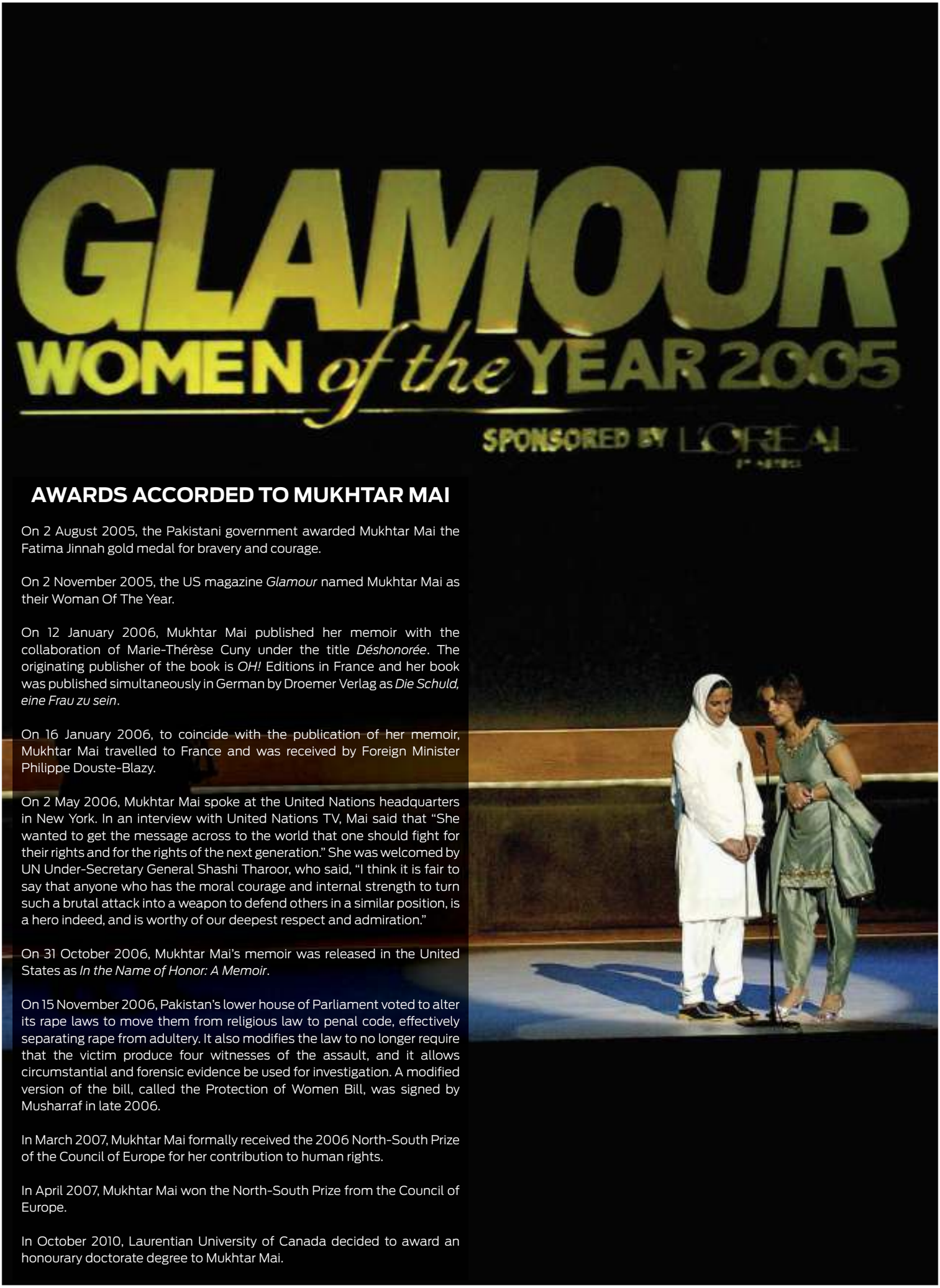
What is the importance of a girl's education?
Mukhtar Mai: It is very important for all women to receive an education. It is particularly important for young women to be educated. A woman is responsible for looking after her family. She will need to be educated to take care of them properly. She needs to know about the world in order to be a proper guiding source for her children. A woman who may or may not have children also needs to look after her house; she needs to build a family. A woman needs to grow and assist the family as a unit. It is extremely important for her to be educated in order for this to happen. Without education, she will be living in a vacuum and will not be able to have the impact she wants to have or help others have the impact they want to have in life.

Why did you walk the ramp at Pakistan Fashion Week?
MM: Walking during Pakistan Fashion Week was a great honour for me. Frieha Altaf approached me and told me that she wanted to showcase strong women who have a story – I was all ears. When she went further into how she wanted to have this showcase as a symbol for female empowerment, I knew that this was something I wanted to be on board with. When Frieha further explained that I ▶





“Women who have recently been empowered, we need to have a showcase of them and show them as strong females; to show that there is hope, that all is not lost after a tragedy.”



AWARDS ACCORDED TO MUKHTAR MAI

On 2 August 2005, the Pakistani government awarded Mukhtar Mai the Fatima Jinnah gold medal for bravery and courage.

On 2 November 2005, the US magazine *Glamour* named Mukhtar Mai as their Woman Of The Year.

On 12 January 2006, Mukhtar Mai published her memoir with the collaboration of Marie-Thérèse Cuny under the title *Déshonorée*. The originating publisher of the book is *OH!* Editions in France and her book was published simultaneously in German by Droemer Verlag as *Die Schuld, eine Frau zu sein*.

On 16 January 2006, to coincide with the publication of her memoir, Mukhtar Mai travelled to France and was received by Foreign Minister Philippe Douste-Blazy.

On 2 May 2006, Mukhtar Mai spoke at the United Nations headquarters in New York. In an interview with United Nations TV, Mai said that "She wanted to get the message across to the world that one should fight for their rights and for the rights of the next generation." She was welcomed by UN Under-Secretary General Shashi Tharoor, who said, "I think it is fair to say that anyone who has the moral courage and internal strength to turn such a brutal attack into a weapon to defend others in a similar position, is a hero indeed, and is worthy of our deepest respect and admiration."

On 31 October 2006, Mukhtar Mai's memoir was released in the United States as *In the Name of Honor: A Memoir*.

On 15 November 2006, Pakistan's lower house of Parliament voted to alter its rape laws to move them from religious law to penal code, effectively separating rape from adultery. It also modifies the law to no longer require that the victim produce four witnesses of the assault, and it allows circumstantial and forensic evidence be used for investigation. A modified version of the bill, called the Protection of Women Bill, was signed by Musharraf in late 2006.

In March 2007, Mukhtar Mai formally received the 2006 North-South Prize of the Council of Europe for her contribution to human rights.

In April 2007, Mukhtar Mai won the North-South Prize from the Council of Europe.

In October 2010, Laurentian University of Canada decided to award an honourary doctorate degree to Mukhtar Mai.



MUKHTAR MAI SPEAKS AT HER WORKSHOP



> **“The reception has been very positive. I am grateful and honoured to have received the reception I have and I am also grateful for the fact that people are willing and open to receive the message with open arms.”**

was helping women see that there is hope after a tragedy and that lives are not completely lost, I felt proud that I could be a part of such a cause and that I could help in any way. Women who have recently been empowered, we need to have a showcase of them and show them as strong females; to show that there is hope, that all is not lost after a tragedy. I think that it is important to show that the colours of life have not ended, that there can be some happiness. That joy can be found. If one step I take, if that helps even one woman, I would be very happy to do that. And so I did.

What are the joys of your life?

MM: There are various colourful aspects of life that bring you happiness in small doses. But currently the most happiness I receive is when I see young women prosper, and oppression regress. I especially gain happiness when I see people in my shelter and schools regain their life through the hard work and for me, it’s the people volunteering for my life and my educational plus other institutes.

How do you feel when you visit your shelters?

MM: I feel really sad. It saddens me to see that these shelters are even needed. So many people should not need to rebuild their lives. But I’m also very happy that the volunteers make the shelter and the schools possible and there are good people who want to help people to rebuild their lives. It is a very mixed feeling but I am mostly grateful and glad that the volunteers exist.

What has your reception been abroad and locally when you have traveled to spread awareness?

MM: The reception has been very positive. I am grateful and honoured to have received the reception I have and I am also grateful to the fact that people are willing and open to receive the message with open arms. It isn’t an easy message to digest and get on board with, and to actually help with after you learn about it but Pakistanis abroad and even people who are not Pakistanis have had a very positive impact. I am grateful to God that there are so many kind hearted people out there. I am also grateful to God that so many young women and students especially have helped and want to help and spread awareness on the issue.

Do you think people will champion the cause after you?

MM: Yes, I believe so. I think that there is nothing unique about what I am doing except that I have raised my voice when I wasn’t supposed to or allowed to. Until this cultural practice is broken and women are allowed to be free, we will always have women championing the rights of other women, because if women do not deliver on that, who ▶



HONOUREE MUKHTAR MAI ATTENDS THE 16TH ANNUAL GLAMOUR MAGAZINE 'WOMEN OF THE YEAR' AWARDS AT AVERY FISHER HALL IN NEW YORK

> **“It saddens me to see that these shelters are even needed. So many people should not need to rebuild their lives. But I’m also very happy that the volunteers make the shelter and the schools possible and there are good people who want to help people to rebuild their lives.”**

else will? I think it will still go on after me.

Can you tell us about a memorable incident that you have had whilst volunteering?
MM: There was a workshop we had held for women to raise awareness on issues that are critical to women and their personhood. The workshop wound up having more male attendees than female. This would normally be a cause to celebrate because these men were championing women’s rights however, there was a greater thing – there were more men in number compared to women. We had to ask them if they thought to bring their female family members out to the talk because it seemed that it did not register for them to do so. The workshop after that, they brought their female family members. This is memorable because it’s a reminder that no matter how obvious things are you need to state them and teach them because as humans we are conditioned a certain way due to our culture and when we try to unlearn that, we have to learn things that might even seem obvious or intuitive.

How do you think the law should change?
MM: The law should change. The law should become more female friendly and the law should have a greater acceptance of women and their issues. The government system should change as well. It should become more women friendly – from the courts to the police system. The language, the questions asked when writing a report about complaints that women are facing are degrading. The female officers at police stations also need to be better trained and police officers in general should not be susceptible to the influence of non-government external forces. The law needs to change in a way that we don’t put these officers in that situation to choose between their job and justice. A lot of work has yet to be done but that is not to say that good people do not exist right now, except that they are few and far between and that is the tragedy.

What do you think of the idea of female honour?
MM: *Izzat* is a fundamental part of our being in Pakistan. It is a cultural aspect that holds great importance to our lives. *Izzat* is however, used as an excuse for being a patriarchal tool. The idea that women are the family’s honour is the idea that our honour has to be collective. In doing so it ignores the idea that we have rights as individuals as well; that women are not property, and we are individuals. I wish people would value *izzat* properly



ROZINA MUNIB & MUKHTAR MAI

and not just misuse it.

How can people help you?
MM: We need volunteers now more than ever. We also don't have enough shelters, we don't have enough resources to cope with the demand. We have cases that are brought to us 24 hours a day. We have dedicated volunteers in the form of lawyers and a doctor who is on call all day and works completely free of cost, but we do need more. Any help would be very much appreciated; if people would like to donate they can have a look at the account numbers and help section on our Facebook pages for the shelter and the school.


AMIN HASHWANI, MUKHTAR MAI & RONAK LAKHANI


MUKHTAR MAI & SHERRY REHMAN

Why do you work with children and women? Why have you specifically chosen to champion their cause?
MM: It's all about creating equality and maintaining that in the future. I have always said that education is the best revenge for a woman. To learn and to impart knowledge to other women and children is true power.

Have you been to school?
MM: No, never knew what school was – I was never sent. I was very secluded growing up and was in a town that had no electricity, no TV and no newspapers.

Are there any people you would like to thank?
MM: I would like to thank Frieha Altaf and Rozina Munib for letting me walk the ramp and hosting me during my time in Karachi. I would also like to thank all my volunteers and everyone who has donated. I would also like to thank women who fight for other women. I would also like to thank the Taseer family for the support they have given me. They, especially the late Mr. Salman Taseer, have been very instrumental in helping me attain any progress or awareness.

How should a woman stand up for her rights in the culture we live in?
MM: It's not a one-off process that can be given to anyone to just emulate. It is very complicated and varies from situation to situation. It easy to fight with others but very hard to fight with people who are not your family; but it is much harder and very challenging to fight for your rights with your family too. However, a lot has improved and there is a greater number of women attaining their rights. There is much more that needs to be done though.

What is the motto you live by?
MM: Destroy corruption and evil with education. OK!

INTERVIEW: MASHALL KHATTAK
PHOTOGRAPHS: MAHWISH RIZVI, GETTY, AFP

BRUNO Mars

“That’s what I want to be doing – going on stage and genuinely having the time of my life”

The singer-songwriter talks about his latest record *24k Magic*, being the biggest male star in the world plus lots more...





BRUNO MARS, MARK RONSON & LIONEL RICHIE ATTEND THE 58TH GRAMMY AWARDS AT STAPLES CENTER IN CALIFORNIA

Releasing his third studio album, American singer-songwriter Bruno Mars has managed to grow very quickly in the last seven years since he's been on the charts. He's won a total of four Grammy Awards, three Brit Awards, three MTV Europe Music Awards, and six number-one singles in the Billboard charts. He's known for his retro, funk style and his new record, *24k Magic* is expected to have a similar up-beat vibe. Mars talks about the happy feeling he wanted to pass on to his listeners, the story behind his songs and his inspiration for the album.

Have you been busy?
Bruno Mars: I've been working. I've been approving the album cover. I have to put together the album cover, the back, what the CD looks like, and where the band is rehearsing. The band is all in town and down the street rehearsing, because they're about to go on this train again.

Are you ready?
BM: You're never ready, you kind-of just do it. You have to be thrown in front of the wolves and then figure it out. The first TV performance is never as good as the third. You just got to do it. It's almost like a deadline is a good thing because if there isn't one, then you'll just keep tuning it and putting colours on it that you probably never needed to put on it.

The track sounds really heavy. It puts you in this party mood...
BM: Yeah, well, you have to remember, I've got to perform these songs. If anything works, hopefully, I'll travel the world singing these songs. Like I said, you've got to be thrown out to the wolves, so my first album was me just writing songs and then boom, I'm on TV singing *Just The Way You Are*. When we toured the first album, I realized we should be dancing, we should be moving up here. We need songs like *Treasure* and *Locked Out of Heaven*, and stuff that we can really groove to as a band. After touring the second album, it's the same thing, we need songs that we can be doing this and really dancing at this tempo, and that's why the album sounds the way it sounds.

It definitely sounds like you're having the time of your life.
BM: That's what I want to be doing – going on stage and genuinely having the time of my life. Not faking it or pretending. Saying what I really want to say and hosting the party. I'm looking at these shows that are coming up, I want to turn them into a party so that every night people are getting dressed and getting ready to come see it, they know what they're in for and hopefully I can surpass that.

Are you a party kind of guy? Are you a huge going out, hitting the clubs kind of guy?
BM: I mean, no, you don't see me in clubs and stuff, but when I do have the opportunity.... see, for me, you can hear it in the music. If I'm going to do something, I'm going to do it. If I'm going to drink, I'm going to get drunk. I'm not going to socially drink while we have an interview, no. ►



BRUNO MARS PERFORMS AT THE 2016 AMERICAN MUSIC AWARDS AT MICROSOFT THEATER IN CALIFORNIA



BRUNO MARS AT THE 2013 MTV VIDEO MUSIC AWARDS AT THE BARCLAYS CENTER IN NEW YORK

> “You’re never ready, you kind of just do it. You have to be thrown in front of the wolves and then figure it out. The first TV performance is never as good as the third. You just got to do it.”



BRUNO MARS PERFORMS AT THE PEPSI SUPER BOWL 50 HALFTIME SHOW AT LEVI'S STADIUM IN CALIFORNIA

***Uptown Funk* did it set a tone for the new record?**

BM: We were performing the idea of *Uptown Funk*; Marc [Ronson] called me and said, "I'm working on my album, let's get into the studio." We got into the studio and I played him, I said, "Listen to this. Me and my band have been jamming to this." Don't believe me just watch...I was like, "This is where I want to go. Why don't me and you work on this and let's tighten this up and see if we can make this a full song." And then eight months begin of torture [Laughs] of me and him going back and forth, trying to make that thing right. Why we kept going back to it was because we felt we kept getting closer, closer, and closer. There were a few months where we'd take two steps forward and ten steps back. That song was in the trashcan many times, but the first day we had, "This hit, that ice cold, Michelle Pfeiffer, that white..." which felt so good, I guess felt good enough to keep going and we just kept going until we got there.

So doing one song felt like doing an entire album?

BM: No, well, as far as the attitude goes, it's so much fun to sing that song. The words in that song make people feel a certain way. People, we're a vessel, and it's hopefully the art and the concepts. Watching people say, "Got to kiss myself, I'm so pretty," they're living through these words. Of course it's over the top!

Do you say stuff like that when you get up in the morning?

BM: I do, yeah, you have to. That spirit wouldn't be in the song if I wasn't talking like that all the time.

I can imagine it must be a lot of fun being around you for a while...

BM: I hope so! [Laughs] Also, it sounds to me you capture that spirit and the fun we're having in the studio. That's all you want to do. Whatever emotion that you're having, capture it, and put in the song. So the first day, when we all got together, we were having fun. We were drinking, and just chilling. Who can write the funniest line? We're like rapping to each other, so we caught that joy and so that first verse was enough for us to keep going for eight whole months! [Laughs]

> **"All I want to do is be happy with it and all it takes is a year. So whatever you hear, I'm struggling with, so you don't have to hear the worst version. You just think that it's a classic."**

Aren't you the biggest male star in the world?

BM: Well, I didn't want to say it. I can't say it because I'm a humble man, but if you want to say it and put it in the article, then you know... you should say it! [Laughs]

Do you take great pride in this? Is this something that motivates you?

BM: No, that's not what I'm here for. As far as the word "celebrity" is concerned, that's not the dream, that's not what I wanted as a kid. You don't want that. You're not thinking, or being famous. This is all I know how to do, is music. Growing up in a show business type of family, why I'm addicted to this is because I know what it feels like to hold a microphone and sing for a room full of people, control the party and see people dance and bring joy to people. That's a very empowering feeling. I remember being a kid and feeling like that, "Wow that was great! Did you see when I sang this part and everybody clapped? And I did this dance move and everybody clapped? Oh shit, and the girls were whistling at me?" That was the dream – to be able to do this forever.

Do you go for perfection? Are you hard-working?

BM: Yeah, but nothing is perfect. There's no such thing. I'm sure if you were talking to Prince, he'd think *Purple Rain*, he could have done something different on that song. You just have to know when it's done. If I was a painter and I finished what ever it was I was painting, I'd think: "Let me add just one more

> “That’s what I want to be doing – going on stage and genuinely having the time of my life. Not faking it or pretending. Saying what I really want to say and hosting the party.”

colour. Maybe two more colours.” You can totally change the dynamic of what you like about it in the first place. You have to know for what this is, this is the best it can be, for my capabilities. That’s all I want, because if no one else in the world likes it and no one else likes this album, then I can say, “Sorry, that’s the best I can do.” I’d rather feel like that, than put something out that maybe I didn’t try so hard on or I didn’t give it so much love and affection, didn’t spend time on it. Then, I can go crazy and say, “Crap, maybe I should have put this snare on it or I should have sung it like this or changed this world.” Now, I’m in a situation where it’s like, “This is it.” Every situation I’ve been in with the last album, that was the same mentality I’ve had, even *Uptown Funk*. “Mark, this is the best it’s going to be. Whatever the world thinks of it, at least we know we thought it was good.”

Tell us about *24K Magic*.

BM: It’s a feeling. It can be anything. It can be my new cologne that’s coming out next year... I’m just kidding! [Laughs] We were coming to the studio... and it helped us write these songs, putting these pinky rings on and putting on jewellery to the studio, because it puts a certain vibe in the air, because when you show up to the studio in sweats, you give off this energy. “Na, man, lets look sharp when we come into the studio. Put your finest on and let’s write some songs.” That’s what we did.

It also sounds like a song you hear once and you remember it for the rest of your life. You’ve spent months with it. I don’t know, you’ve listened to it a billion times, do you see the song becoming an instant hit?

BM: Really? I don’t know, like I said. We have versions of that song that don’t sound anything like what you heard today, but like I said, all I want to do is be happy with it and all it takes is a year. So whatever you hear, I’m struggling with, so you don’t have to hear the worst version. You just think that it’s a classic. You have no idea what I’ve been through with that song, to try to make it feel the way it feels. That’s the price. I’ll sacrifice a year in the studio, working on one song.

Well, it’s fun for you, right?

BM: Of course, as a musician, we don’t get promotions. We don’t get raises, we don’t have a certain pat on the back. For me, what I get, “I love this song.” This is something from thin air and we made it into something. That’s the gratification that I get and that’s what makes me feel alive. OK!

INTERVIEW: KEN SUMMIT/THE INTERVIEW FEED
PHOTOGRAPHS: GETTY



BRUNO MARS AND HIS WIFE JESSICA CABAN AT THE 58TH GRAMMY AWARDS AT STAPLES CENTER IN CALIFORNIA

TOP 100 *Trailblazers*

With 2017 round the corner, *OK*! Pakistan pays homage to all those who have shone bright in their respective professions and made the country proud! Here, we list down some of our favourites...

PHILANTHROPY



Mariana Karim



Ronak Lakhani



Arif Naqvi



Wasim Akram



Bilquis Edhi



Shehzad Roy



Laila Sarfaraz



Imran Khan



Amir Khan



Ayesha Chundrigar



Atif Aslam



Rahat Fateh Ali Khan



Zebunnisa Bangash



Junaid Khan



Meesha Shafi



Abida Parveen



Qurat-ul-Ain Balouch



Farhad Humayun



Noori



Ali Zafar



Saba Qamar



Mahirah Khan



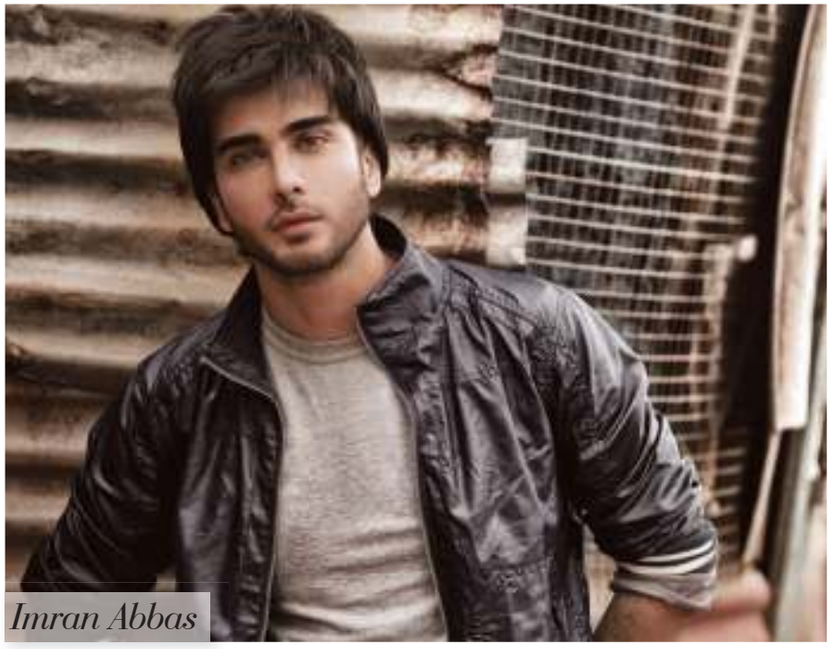
Ayesha Omer



Iman Ali



Humaima Malick



Imran Abbas



Fawad Khan



Armeena Khan



Bilal Ashraf

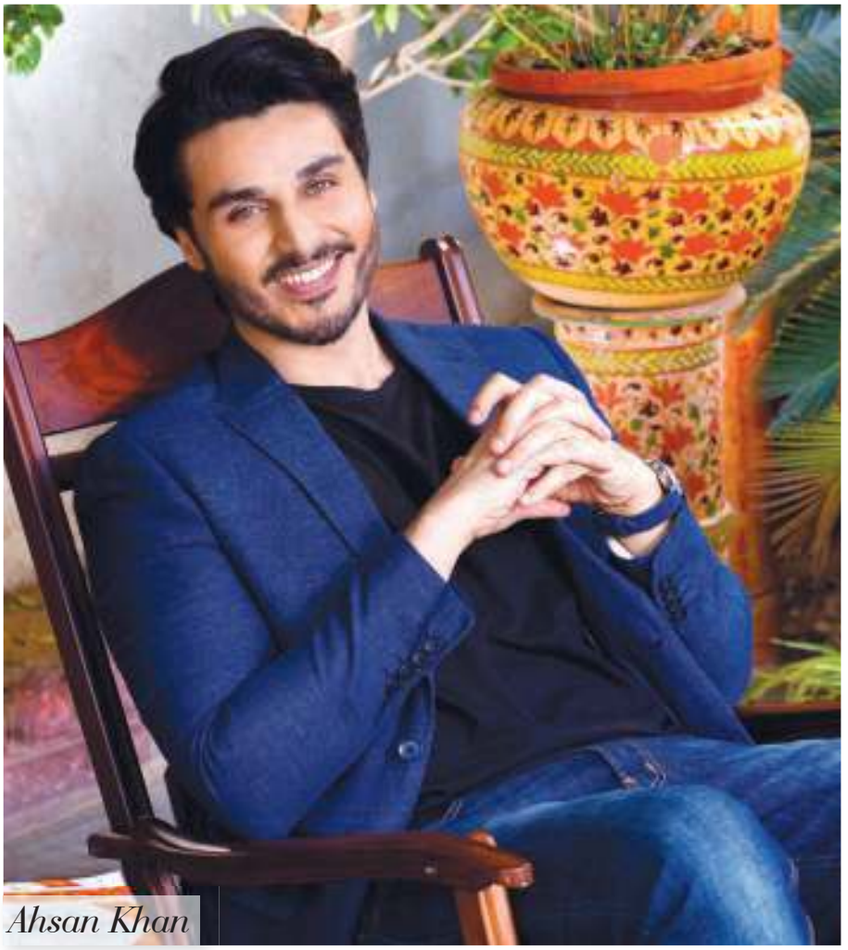


Ali Rehman Khan

TELEVISION



Urwa Hocane



Ahsan Khan



Mawra Hocane



Sajjal Ali



Sanam Baloch



Sanam Saeed



Farhan Saeed



Hamza Abbasi



Maya Ali



Mehwish Hayat



Mashkoor Raza



Rashid Rana



Amin Gulgee



Imran Qureshi



Shahzia Sikander



Ghulam Mohammad



Nusra Latif Qureshi



Warda Shabbir



Naiza Khan



Huma Mulji



Shahid Afridi



Misbah ul Haq



Ahmed Shahzad



Aisam ul Haq



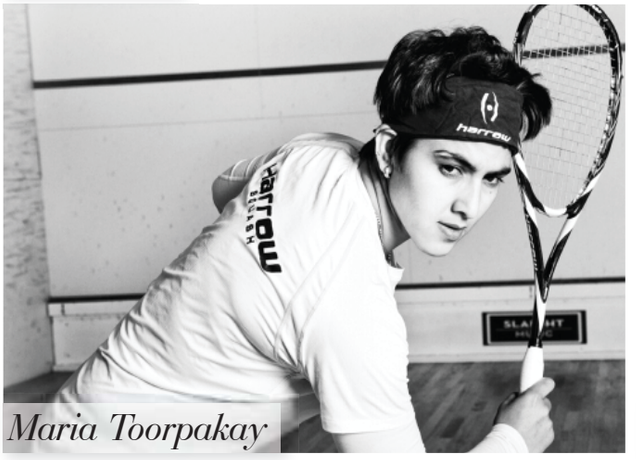
Shoaib Malick



Sohail Abbas



Sana Meer



Maria Toorpakay



Carla Khan



Amir Khan

DESIGNERS



Shehla Chatoor



Ali Xeeshan



Bunto Kazmi



Faraz Manan



Faiza Samee



Sania Maskatiya



Khadijah Shah



Kamiar Rokni



HSY



Nomi Ansari

MODELS



Amna Babar



Fouzia Aman



Rabia Butt



Sadaf Kanwal



Cybil Chowdhry



Alyzeh Gabol



Abbas Jafri



Hasnain Lehri



Shehzad Noor



Waleed Khalid

AUTHORS



Mohammad Hanif



Moni Mohsin



Bina Shah



Fatima Bhutto



Kamila Shamsie



Mohsin Hamid



Daniyal Mueenuddin



Tehmina Durrani



Nadeem Aslam



Bapsi Sidhwa

PHOTOGRAPHY



Rizwan ul Haq



Muzi Sufi



Abdullah Haris



Nadir Firoz Khan



Kashif Rashid



Irfan Ahson



Maram and Abroo



Faisal Farooqui

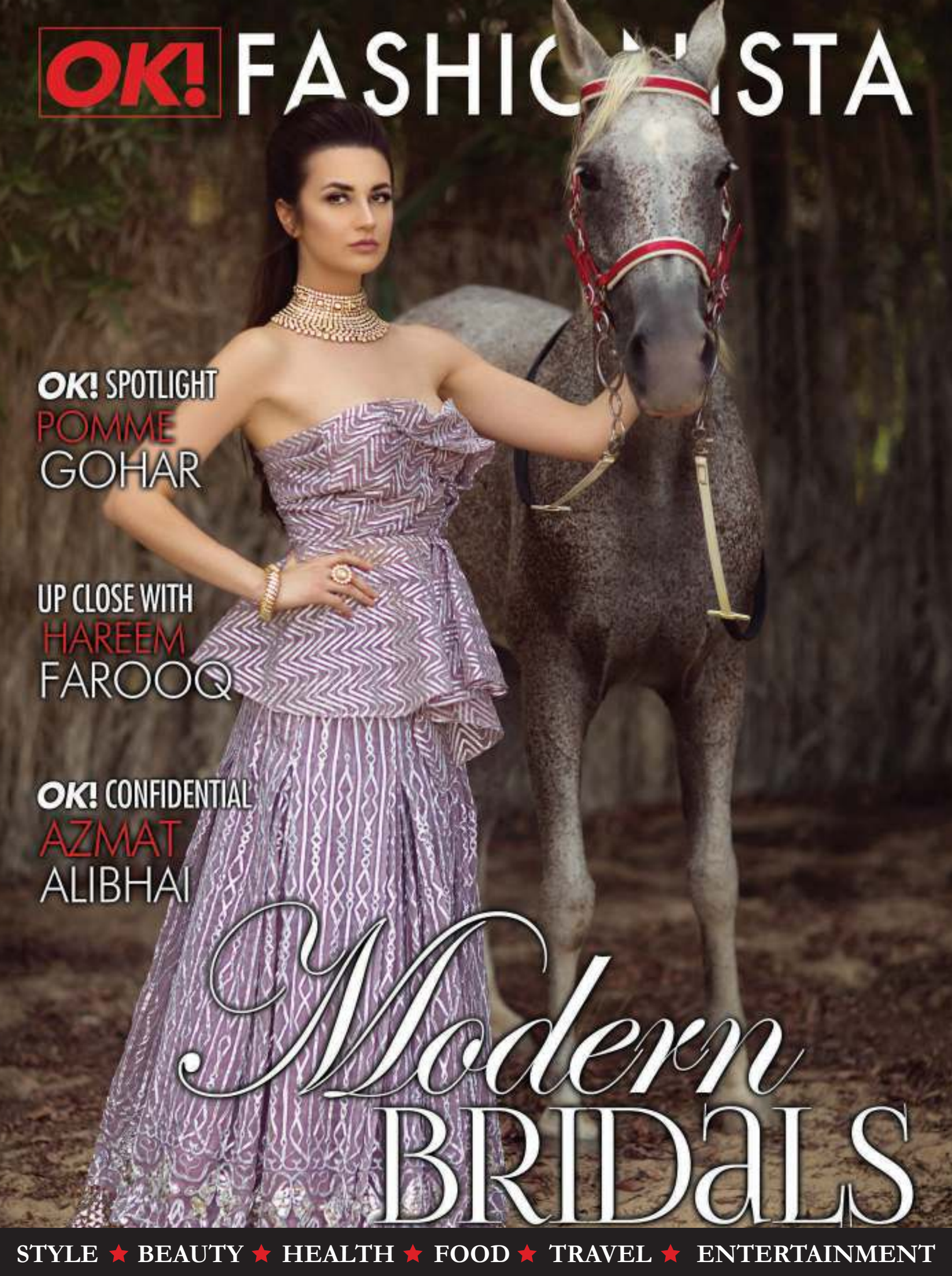


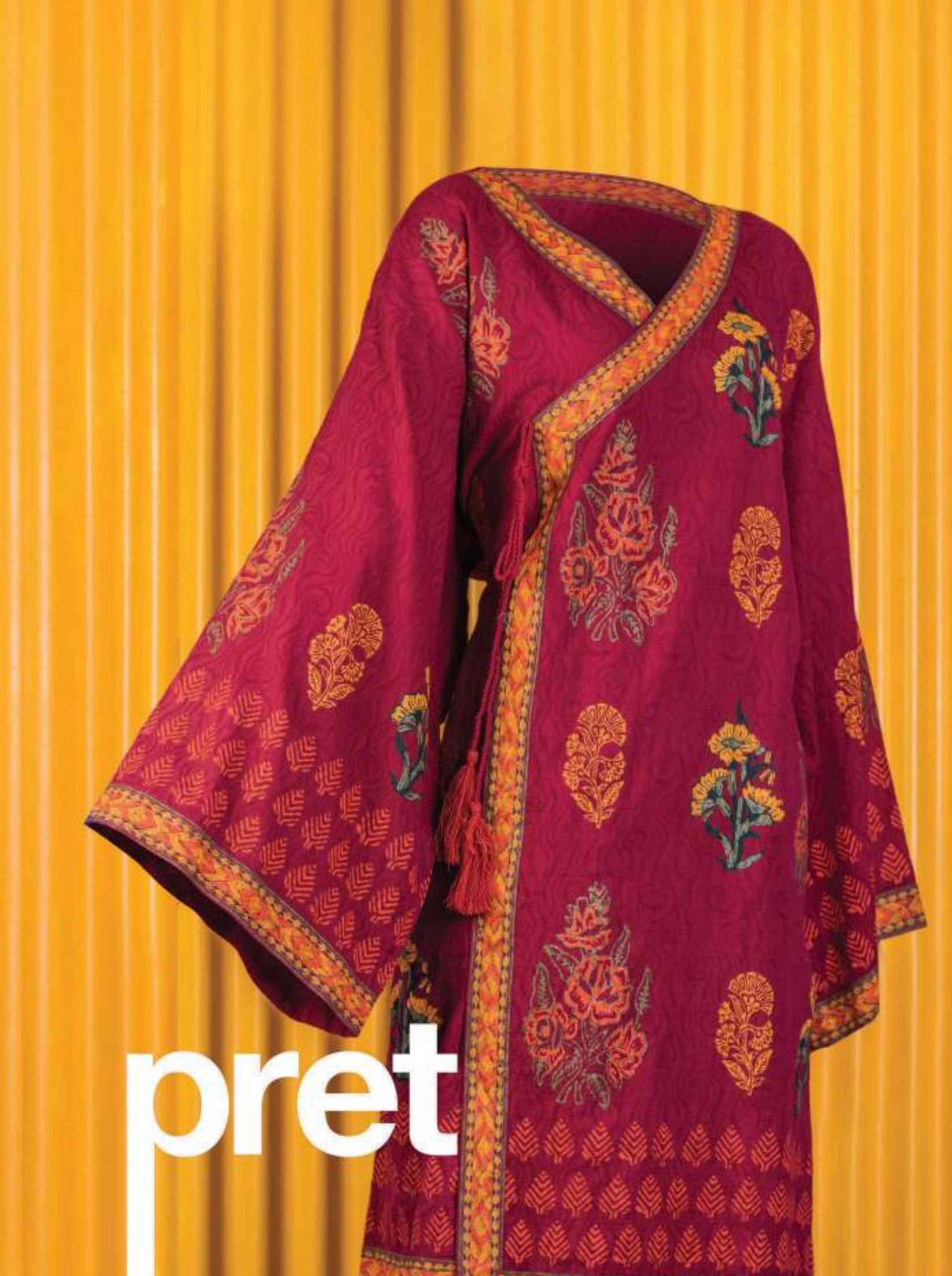
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Irfan Younas


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Hyderabad
Garrison Complex, Cantt.

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OK! *Best* DRESSED



Radiant as ever, Rosie Huntington-Whiteley dons a pink Gucci dress at the LACMA Art + Film Festival in Los Angeles.



Deepika Padukone looks fierce in a Monisha Jaising and Shaleena Nathani military green dress at the MTV European Music Awards.



Gigi Hadid stuns in an all white Roberto Cavalli sheer lace gown at the American Music Awards.

OK! Red CARPET



Cara Delevingne captivates the audience in a lace Elie Saab gown at the Glamour Women of the Year Awards.



Dressed in an edgy Gucci number, Gwyneth Paltrow shows off her super toned legs at the LACMA Art + Film Festival in Los Angeles.



Saba Qamar looks très chic in a gorgeous monochrome Zainab Chottani saree at the premiere of her film *Lahore Se Agay*.

ROCKSTARS



Hareem Farooq looks riveting in a gorgeous Èlan number at the premiere of her film *Dobara Phir Se*.



Tooba Siddiqui makes a statement and a half in a bespoke Saira Shakira ensemble at the premiere of her film *Dobara Phir Se*.



Sanam Saeed wears a striking blue Natasha Kamal dress with a Farah Talib Aziz Designs clutch and Prerto earrings to the premiere of her film *Dobara Phir Se*.

PHOTOGRAPHS: GETTY, WENN



PHOTOGRAPHY: UTHMAN STUDIO
MAKE-UP: AYESHA FAROOQ
HAIR: KOSHAA VORA
MODEL: SHOCK TALENT MANAGEMENT – MIRIAM
STYLIST: SANIYA AHUJA
ALL JEWELLERY BY: GEHNA JEWELERY BOUTIQUE DUBAI

Modern BRIDALS

If you dread red, why must you adorn it on your big day? Lighter fabrics, subtler hues mixed well with intricate embroideries definitely have a fresher, more modern feel to them. Discard the colours brides wore in the yesteryears and wear what makes you happy on your big day. Choose lavender if you must or go with a classic white! Take cues from our editorial and pair with gorgeous jewellery for maximum impact.

OUTFIT: NIDA AZWER
JEWELLERY: GEHNA JEWELERY BOUTIQUE DUBAI



OUTFIT: FARAZ MANAN
JEWELLERY: GEHNA JEWELERY BOUTIQUE DUBAI


OUTFIT: TEENA DURRANI
JEWELLERY: GEHNA JEWELERY BOUTIQUE DUBAI



OUTFIT: SANIA MASKATIYA
JEWELLERY: GEHNA JEWELERY BOUTIQUE DUBAI



OUTFIT: FARAZ MANAN
JEWELLERY: GEHNA JEWELERY BOUTIQUE DUBAI



GWYNETH PALTROW IN GUCCI

EN VOGUE IN VELVET



H&M
Velvet Skirt,
PKR 5,900



Alessandra Rich
Velvet Mini Dress,
PKR 250,000



Accessorize
Kim Velvet Jewelled
Choker,
PKR 1,400



3.1 Phillip Lim
Velvet and Metallic Chiffon
Mini Skirt,
PKR 75,000



Accessorize
Bellatrix Flower
Corsage,
PKR 2,600



Paul Andrew
Nehir
Embellished
Velvet Sandals,
PKR 149,000



AERIN
Ballet Flats,
PKR 49,000



Alexander McQueen
Embellished Velvet Pumps,
PKR 165,000



Dannijo
Coraline Velvet
and Swarovski
Crystal Choker,
PKR 32,000

Anna Sui
Printed Velvet
Mini Dress,
PKR 55,000



Isa Arfen
Crushed-Velvet
Coat,
PKR 170,000





Philosophy Di Lorenzo Serafini
Velvet Tapered
Pants,
PKR 87,000



MSGM
Floral Bootie,
PKR 64,000



Prada
Embellished Belt,
PKR 36,000



Jimmy Choo
Lockett Petite
Shoulder Bag,
PKR 190,000



Prada
Pionnière Velvet
Shoulder Bag,
PKR 170,000



Roberto Cavalli
Cropped
Embellished Jacket,
PKR 230,000



Topshop
Bow Brooch,
PKR 1,500

Aquazzura
Velvet Sandals,
PKR 69,000





Pierre Balmain
Double-Breasted Blazer,
PKR 100,000



Ellery
Desmond Velvet Boots,
PKR 113,000



Vanessa Seward
Double-Breasted Velvet Blazer,
PKR 72,000



Mango
Cropped Pants,
PKR 15,990

Miu Miu
Crytal-Embellished Velvet Pumps,
PKR 95,000







H&M
One-Shoulder Dress,
PKR 4,900



Fallon
Toria Buckle Velvet Choker,
PKR 30,000

Eddie Borgo
Boyd Shoulder Bag,
PKR 99,000

The quintessential 90's trend, velvet is back with a bang! Blame in on the weather or the plethora of designers, that have brought velvet back en vogue by churning out innumerable must-haves, both clothing and accessories, in this luxe fabric.



Topshop
Velvet Crinkled Jumpsuit,
PKR 7,500



Saint Laurent
Monogram Shoulder Bag,
PKR 140,000



Marco De Vincenzo
Braided Velvet Sandals,
PKR 100,000





Sam Edelman
Arlene Platform Sandals,
PKR 16,000





River Island
Dark Velvet Chiffon Hem Top,
PKR 5,000

Rema Luxe
Aerial Dream,
PKR 13,600







Chloé
Velvet Pumps,
PKR 65,000

Zara
Velvet Dress,
PKR 2,900

Mango
Velvet Blazer,
PKR 17,990



Rochas
Ruffle Blouse,
PKR 85,000

Victoria, Victoria Beckham
Flared Pants,
PKR 67,000



Topshop
Wide Leg Trousers,
PKR 10,000

Tibi
Slim Turtle Neck,
PKR 26,000





Mr By Man Repeller
Lol If You Think I'm Walking Sandals,
PKR 52,000



FAYEZAH ANSARI IN ÉLAN
PHOTOGRAPH: WENN

STOCKISTS: 3.1 PHILLIP LIM, AERIN, ALESSANDRA RICH, ALEXANDER MCQUEEN, ANNA SUI, CHLOÉ, DANNIJO, EDDIE BORGO, ISA ARFEN, JIMMY CHOO, MARCO DE VINCENZO, MIU MIU, MR BY MAN REPELLER, PAUL ANDREW, PHILOSOPHY DI LORENZO SERAFINI, PIERRE BALMAIN, PRADA, ROBERTO CAVALLI, SAM EDELMAN, VANESSA SEWARD, VICTORIA, VICTORIA BECKHAM www.netaporter.com; ACCESSORIZE www.accessorize.com; AQUAZURRA, SAINT LAURENT www.farfetch.com; ELLERY, FALLON, MSGM, ROCHAS, TIBI www.modaoperandi.com; REMA LUXE www.remaluxe.com; RIVER ISLAND www.riverisland.com; H&M www.hm.com; MANGO www.mango.com; TOPSHOP www.topshop.com; ZARA www.zara.com.; *prices are approximate*



FRED PERRY
Quilted Bomber Jacket, PKR 20,000



JOHN LEWIS
Organic Cotton T-Shirt, PKR 1,300



URBAN OUTFITTERS
Lil Uzi Vert Tee, PKR 3,000



NEW LOOK
Black Contrast Stripe Sleeve Jacket, PKR 6,400



DUNE
Snoop High Top Trainers, PKR 11,500



TISSOT
Limited Edition PRC Tour De France 2016 Watch, PKR 42,000



POLO RALPH LAUREN
Churston Trainers, PKR 9,000



MONOCHROME VIBES

Joe Jonas had hearts racing while attending an event in West Hollywood last month. Dressed from head to toe in black and white, this Jonas brother definitely knows how to look good and rock those Winter vibes! Read on to find out how you can recreate this look and seem effortlessly cool while doing it.



HUGO BOSS
Bracelet Strap Watch and Cufflink Set, PKR 26,000



SELECTED HOMME
Stripe Structured T-Shirt, PKR 2,500



NEW LOOK
Embroidered Bomber Jacket, PKR 4, 500



URBAN OUTFITTERS
Metallica Pushead Tie-Dye Tee, PKR 3,500



GUCCI
Date Bracelet Strap Watch, PKR 76,500



PUMA
Match 74 Men's Trainers, PKR 7,500



BOSS
Elliot Leather Belt, PKR 6,000



REISS
Bruno Funnel Neck Leather Bomber Jacket, PKR 50,000

STOCKISTS: NEW LOOK www.newlook.com; BOSS, DUNE, FRED PERRY, GUCCI, HUGO BOSS, JOHN LEWIS, POLO RALPH LAUREN, PUMA, REISS, SELECTED HOMME, TISSOT www.johnlewis.com; URBAN OUTFITTERS www.urbanoutfitters.com; *prices are approximate*

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COLETTE
Emerald & Pearl Wrap Around Hoops

CHAUMET
Lumières D'Eau Earrings

SIMON TEAKLE
Emerald & Diamond Earrings

JACOB & CO
Fancy Diamond Earrings

DE GRISOGONO
Amethyst Cabochon Earrings

LYDIA COURTEILLE
Topkapi Earrings

CHOPARD
Rubies & Diamonds Earrings

MICHAEL JOHN JEWELLERY
Sottosopra Opal, Diamond & Sapphire Earrings

CARTIER
Pushkar Earrings

BOGHOSSIAN
Diamond & Emerald Earrings

BUCCELLATI
Pendant Amethyst Earrings

H.STERN
Morganite Earrings

CARTIER
Cactus De Cartier Drop Earrings

DIOR
Granville Aquamarine & Coloured Gemstone Earrings

CHOPARD
Amethyst & Tourmaline Earrings

BVLGARI
Spinels, Emeralds & Diamond Earrings

CHAUMET
Hortensia Drop Earrings

HEMMERLE
Earrings with Sapphires & Aquamarine

STOCKISTS: BOGHOSSIAN www.boghossianjewels.com; BUCCELLATI www.buccellati.com; BVLGARI www.bvlgari.com; CARTIER www.cartier.com; CHAUMET www.chaumet.com; CHOPARD www.chopard.com; COLETTE www.colettejewelry.com; DE GRISOGONO www.degrisogono.com; DIOR www.dior.com; H.STERN www.hstern.net; HEMMERLE www.hemmerle.com; JACOB & CO www.jacobandco.com; LYDIA COURTEILLE www.lydiacourteille.com; MANISH ARORA x AMRAPALI www.amrapalijewels.com; MICHAEL JOHN JEWELLERY www.michaeljohnjewellery.com; SIMON TEAKLE www.simonteakle.com

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Missguided X Galore Magazine

Be ready to experience 90's nostalgia as Missguided joins hands with Galore Magazine for a *GRL PWR* collection inspired by the early nineties. The collection is bringing back everything pink with impactful styles of the 90's including snakeskin, satin dresses, velour sweatshirts, patent, pastels and so much more. This collection is also giving a comeback to everyone's once favourite Paris Hilton style mini dresses and Lil Kim inspired oriental satin dresses. So if you've got the 90's fever as bad as we do, head on over to www.missguided.co.uk.

Statement Bomber Jackets

Stay cozy yet on trend with the coolest trend this season. Bomber jackets have been here all year-round, but they're currently taking the fashion world by storm on a whole new level with new editions of statement styles. Be it embellished, embroidered, simple or oversized, this season is all about the details. Our top styles are by Gucci, Topshop, Neadle & Thread and Zara. Get some inspiration from A-List fashion personalities like Kendall Jenner, Gigi Hadid, Olivia Palermo and Kate Moss, and recreate some of your top looks for a perfect street style ensemble of your own.







The Simpsons Undressed

All fellow Simpsons fans, wait right there! Fashion accessory brand, Skinnydip has joined forces with Fox Consumer Products for a Simpsons collaboration titled *The Simpsons Undressed*. We all love Skinnydip for its unique and statement accessories, but this collaboration is rather more special because it reminds us of what we grew up watching! This amazing collection features coin purses, iPhone cases, backpacks, clutch bags, pouches, make-up bags and phone cables all based on Krusty the Clown. Visit your nearby Skinnydip store or order online at ASOS or Selfridges today!



The Trendiest Knits

ADEAM's knits are on every fashionista's lust list this season. Keeping in mind coats and cashmere are all the rage, we cannot help but drool over this whole collection, which consists of basic Fall wear with one of the season's biggest trends: cut outs! We will take one of each please!





Kate Spade X Miss Piggy

It's all about characters this season! We all love Miss Piggy for her impeccable style sense and whimsical vibes. Kate Spade have chosen her as the new face of the brand and we couldn't have been more excited. The Holiday 2016 Collection has already hit the markets and we love everything that it has to offer. The collection is all about sparkles and fuchsia pink. It consists of sweaters, necklaces, wallets, clutches, totes, stud earrings and much more. The best part of the collection is that it allows customers to customise the products according to their liking and add on exciting and fun stickers, patches and tassels. Super cool, right? Get your dose of Miss Piggy madness and order at www.katespade.com or Nordstrom.

Cozy in Cashmere

Spend your Winter feeling warm, cozy and trendy with luxurious cashmere sweaters. Yes, this is the new 'IT' trend that you need to know of and ultimately wear this Winter. This classic staple item has become our wardrobe's absolute must-have and we cannot get over the wide range of options that are available. We adore the effortless chic look by Jessica Alba and Miranda Kerr - they offer the perfect inspiration on how to wear your sweaters. Some of our high-street favourites are by Topshop and Mango; these go-to basic staple items will make your five minutes outfit look trendy and Winter perfect!

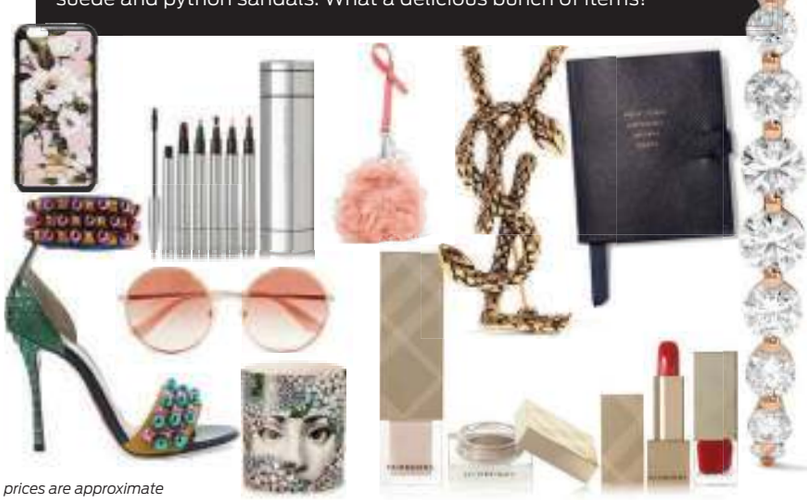


Shine Bright

Make your festive season feel like a never-ending affair with these glitter finished ankle boots by Saint Laurent. These all-glitter statement ankle boots come in different colours that are perfect for the parties to follow. We cannot get enough of runway queen Gigi Hadid rocking the booties with a simple pair of jeans! You too can add this oomph to your wardrobe and even carry this trend through to Spring. Sounds like a win-win situation to us.

OK! Pakistan's Christmas Gift Guide

Get your stocking fillers out because it's that time of the year, again! Have you been worrying a little too much about what to gift to your loved ones? Look no further! *OK*! Pakistan has a complete list of drool-worthy gift ideas that can never go wrong. Make your mother feel like a luxury queen with a gorgeous Saint Laurent gold-tone brooch or Anita Ko's gold, diamond earrings. Ellis Faas' make-up set or Burberry's Beauty Box will definitely set the mood high for any make-up fanatic. Our other faves include; Smythson's leather notebook, Miu Miu's faux pearl keychain, Fornasetti's scented candle, Dolce & Gabbana's round-frame sunglasses and iPhone 6 case. Oh and Christian Louboutin's suede and python sandals. What a delicious bunch of items!



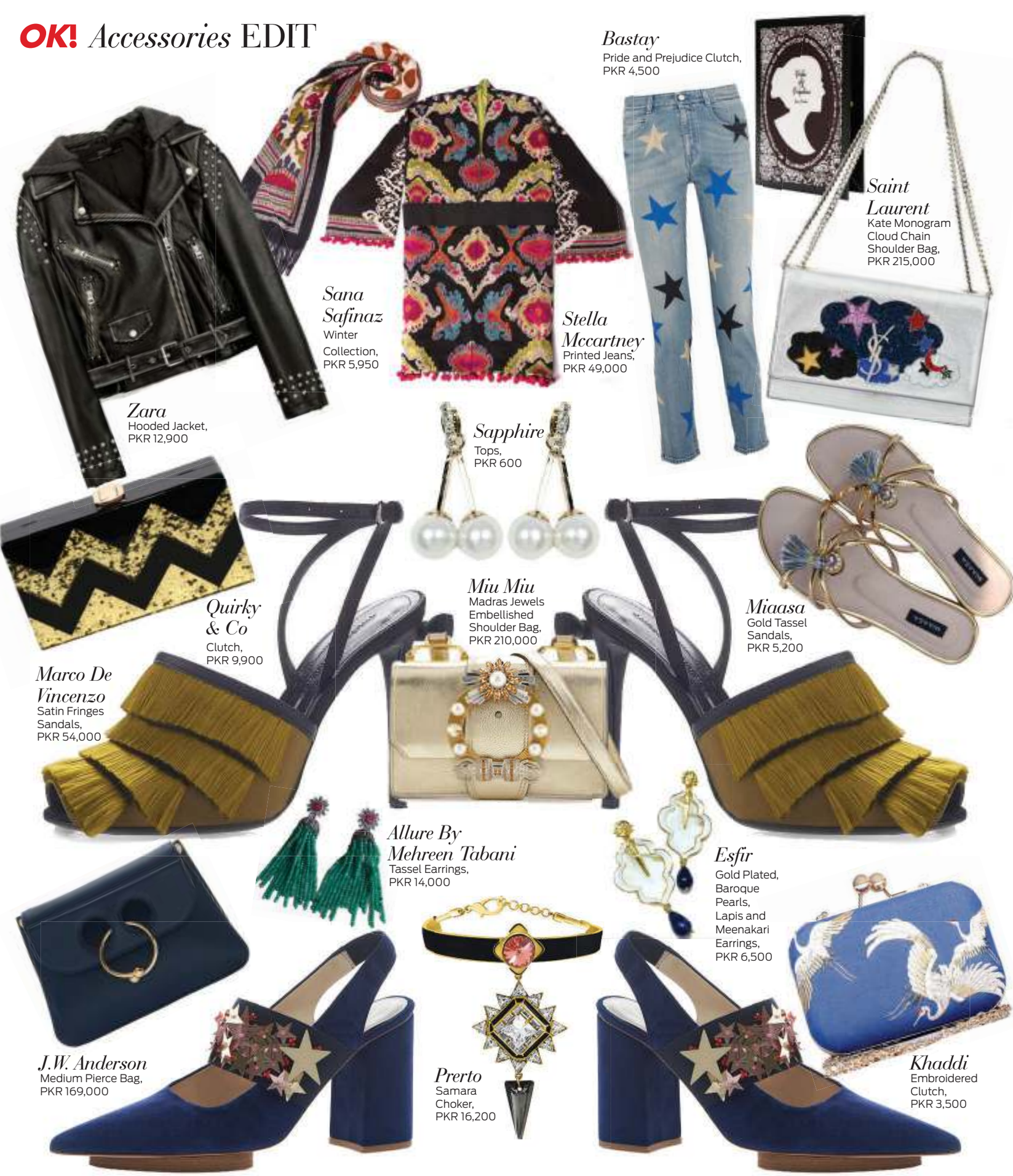
Luxurious Treasures

The wedding season is finally here and so is our hunt for gorgeous jewellery pieces. Our search ended the moment we laid our eyes on these absolutely beautiful and intricate pieces by Amrapali Jaipur. This Indian jewellery brand is all about statement pieces that are timeless and luxurious. Their collection includes an impressive set of designs with inspiration coming from the Mughal era and combined with different kinds of jewels and gemstones. You can now get your hands on these exquisite pieces by visiting their flagship store in Galleria Gulberg, Lahore.



TEXT: ALYZEH RAHIM SHIRAZI & ZAINAB MANSOOR

prices are approximate



Bastay
Pride and Prejudice Clutch,
PKR 4,500

Saint Laurent
Kate Monogram Cloud Chain Shoulder Bag,
PKR 215,000

Sana Safinaz
Winter Collection,
PKR 5,950

Stella Mccartney
Printed Jeans,
PKR 49,000

Zara
Hooded Jacket,
PKR 12,900

Sapphire
Tops,
PKR 600

Quirky & Co
Clutch,
PKR 9,900

Miu Miu
Madras Jewels Embellished Shoulder Bag,
PKR 210,000

Miaasa
Gold Tassel Sandals,
PKR 5,200

Marco De Vincenzo
Satin Fringes Sandals,
PKR 54,000

Allure By Mehreen Tabani
Tassel Earrings,
PKR 14,000

Esfir
Gold Plated, Baroque Pearls, Lapis and Meenakari Earrings,
PKR 6,500

J.W. Anderson
Medium Pierce Bag,
PKR 169,000

Prerto
Samara Choker,
PKR 16,200

Khaddi
Embroidered Clutch,
PKR 3,500

Delpozo
Stars Slingback Sandal,
PKR 90,000

The Fashion Charts

Key pieces every fashionista needs in their arsenal, right now!

STOCKISTS: DELPOZO, J.W. ANDERSON, MARCO DE VINCENZO www.modaoperandi.com; STELLA MCCARTNEY www.netaporter.com; ALLURE BY MEHREEN TABANI 0332-8251939; BASTAY www.pollyandotherstories.com; ESFIR 0331- 2444148; KHADDI www.khaddionline.com; MIAASA 0300-2275839; PRERTO fatimaahmed@gmail.com; QUIRKY & CO coquirky@gmail.com; SANA SAFINAZ www.sanasafinaz.com; SAPPHIRE www.sapphireonline.pk; MIU MIU, SAINT LAURENT www.bergdorfgoodman.com; ZARA www.zara.com.; *prices are approximate*


Real Jewellers
DIAMONDS | WATCHES
PHOTOGRAPHER: THE ROHAIL
CLIFTON:
G-4/1, Block 9, Clifton (Next to Ocean Mall),
Karachi-Pakistan Tel: 021-35308706-7
realjewellers@hotmail.com
TARIQ ROAD:
Plot # 63/64, Main Tariq Road, Karachi-Pakistan.
Tel: 021-34522532, 34545958, 34391411-2
www.realjewellers.pk

#OKStreetstyle

'Tis the season to be jolly and bundled up! Winter is undoubtedly our favourite time of the year as we love the spectacular looks these Instagram beauties put together!



@CYNTHIAABOUNASSAR LOOKS THE EPITOME OF CHIC IN FRAYED JEANS AND A LEATHER BIKER JACKET! WE ARE REALLY EYEING THOSE SHOES TOO!



BLOGGER, @FOZAZA STANDING OUT IN A STATEMENT SWEATER AND KILLER LOCKS.



BEAUTIFUL @MAHNUMWAQAR IS A VISION IN #MISSONI, THAT TURBAN THOUGH... #ADORE!



WE LOVE @MEHRYNTIWANA IN HER CASUAL GET UP, SO SIMPLE YET SO HAUTE.



@SANABASHIR ROCKING THE TREND OF THE SEASON IN A LOVELY FUR TRIMMED WRAP.



SANIA ALI OF #BOHO AND @MEHREENAMIN LOOK FABULOUS AND TOTALLY WINTER READY!



@ZAHRASANDBERG'S BOOTS AND OVERALL MATERNITY FALL STYLE IS TO DIE FOR!



STYLE MAVEN @SHAZAH7 IS ALWAYS ON POINT.



LOVING @ISHTIAOM'S LONG LOCKS AND HIGH WAISTED PANTS.

TEXT: ALYZEH RAHIM

HOBO by HUB

HOBO & HUB LOCATIONS

KARACHI

Dolmen Mall Clifton
Ocean Mall
The Forum

LAHORE

Emporium Mall
Xinhua Mall
Fortress Square Mall
Mall of Lahore
DHA Y - Block
Packages Mall (Opening Soon)

ISLAMABAD

Centaurus Mall

www.facebook.com/HOBObyHUB

www.twitter.com/HoboByHub

@HoboByHub





Adeela Salehjee

The talented designer talks to OK! Pakistan about working with Burberry, her new label, design aesthetic and a lot more!

Having worked with some of the top design houses in the world, Adeela Salehjee is no stranger to high fashion. Having recently launched her eponymous fashion label, the fashionista seems to have a lot to offer. We spoke to the extremely talented designer about her creative processes and her future plans. Read on to find out everything she had to say!

Where did you get your design education?
Adeela Salehjee: My extensive design training includes a BA degree in Textile Design from Central Saint Martins College of Art & Design.

What made you get into the world of fashion and design?
AS: My mom and I would have conflicting opinions regarding my attire as far back as preschool. I think that pretty much explains it. I've always had an opinion on products and tend to look at things in the shops quite critically and how something can be executed differently.

What does your creative process look like?
AS: I don't think there is a set process, some people are just tuned that way – to think outside of the box, to challenge norms. A creative process (if that's what you want to call it) is constantly evolving. It's quite hard to come up with a concept and follow it through till the end. It begins with focused excitement which has moments of doubt leading to another brain wave, settling into a calm once the first prototype is received. The best way to explain it would be to look at a heart rate monitor with several highs and lows which majority of the time ends in a high.

Describe your design aesthetic.
AS: I like versatility in design. Comfort is very important since my pieces are designed to take you through the day into the evening. Quality, functionality and freedom of movement are all aesthetics that are of most importance when creating a collection. I look at passionate travelers and create for the global gypsy so they can travel in style. Consequently, the brand is every bit luxurious as it is bohemian.

Tell us about your previous experience in this field of work.

AS: I have worked for a few fashion houses – Dior, Vivienne Westwood, Calvin Klein to name a few. My experience has ranged from designing and developing collections, directing and managing large creative teams, fashion sourcing, building and nurturing client and production relationships to working on marketing and PR related activities. It has also led me to have an intricate understanding of both foreign and domestic design and retail markets. Most recently I spent eight years at Burberry as a designer and developer across a wide spectrum of creative departments. I was fortunate to have worked with the creative powerhouse of Christopher Bailey and Angela Ahrendts at a particularly exciting and challenging time for the iconic brand as it innovatively forged the way for fashion brands in a new digital age setting new benchmarks for fashion industry standards.











What celebrities would you love to dress in your creations?

AS: Angelina Jolie, Natalie Portman, Jennifer Anniston, Scarlet Johansson and Cameron Diaz.

What are your future plans for the brand?

AS: We are currently working on the website to provide easy access to the product assortment which will further develop into retail presence online. Our long-term goal is to help the barriers of trend evolve and grow the company to serve the community in the form of livelihood. It's important to apply a higher purpose of goodness to everything you do. I would like to base the business on the fundamental value of respect for our people and the environment. Being a responsible brand today is as important as quality, functionality and aesthetic, and working with people who share our core values is important to us.

Who are your fashion icons?

AS: Call me old fashioned but I think there will always remain a charm in referencing back to classic icons such as Audrey Hepburn, Jackie Kennedy and Bianca Jagger who remain effortlessly chic and elegant. Women who are comfortable in their skin, confident, calm and together remain the epitome of understated elegance. OK!

TEXT: RAJAA MOINI; PHOTOGRAGOHS COURTESY: ADEELA SALEHJEE

HUAWEI LIVE FINALE

The future of Pakistani music is crowned



Fraz Malik Khan



Ali Sethi



Adeel Chaudhry, Nabeel Shaukat, Amanat Ali



It is rightly said that good things comes to an end and so woul the Huawei Live campaign. With popular judges like Nabeel Shaukat, Ali Sethi, Amanat Ali and the Adeel Chaudhry on Huawei Live's panel, the spirit of the competition remained sky high throughout. These heartthrobs started off by making exciting live appearances in top universities of Pakistan. The purpose was not just promotion but also to audition students who have the God-gifted talent of singing. The strategy of bringing this exclusive opportunity at almost everyone's doorstep worked really well, first, it was visits by the judges and simultaneously, an eye-catching & creatively designed Float was stationed at all well-known institutions and markets providing an easy access to those who wanted to be a part of this singing competition. Not to forget, the Huawei Live Application also played its due role effectively.

The initiative, Huawei live, itself has been so impactful that it simply took the country by storm with the great hype and excitement it created amongst the youngsters. The cherry on top of everything was the final round that happened in Alhamra Open air on Saturday 26th of November. The larger than life event managed to gather a rousing audience of music lovers from all over the country.In the semi finals that happened earlier in the day three top candidates were picked by the judges. As the night kicked off the musical extravaganza began with amazing performances one after the other with the final punch being the live performances by the talented judges. The audience just coundn't get enough of them.

Just like the whole campaign, the grand Finale was equally exciting and thrilling. It was a memorable moment for the Finalist to sing in front of the whole nation. At the very end "Muneeb" from the university of Gujrat was the crowned winner. The three finalists were not only given nation wide coverage and prizes but also an opportunity to become part of future Huawei activities and campaigns. The winning contestants were handed prizes by team huawei which included the General managerMr Blue king and Deputy General Manger Mr Fraz Khan.

Mr Fraz Khan stated in his final message "Huawei firmly believes that Pakistan is blessed with hardworking and talented youth who can excel in any field, provided they are given a proper platform and guidance to showcase their talents." Huawei has always been a step ahead in CSR activities engaging youth. Hence, this is evident from their initiative Huawei Live, that engaged youth through a singing competition which not only provided entertainment but also encouraged them to opt for singing as their career. Huawei has played its part, and now it is our turn to join them in celebrating the next big voice of Pakistan.

Last but not the least, all latest updates of Huawei Live can be sought through Huawei;sfaceook page as well as UC browser who was the official Digital Partner for the Huawei Live campaign. UC browser is famous for giving its users a much faster and seamless browsing experience.



(L2R)Amanat Ali, Nabeel Shaukat, Salman Javed,Fraz Khan, Blue King, Wiqar Ali Khan,Adeel Chaudhry, Ali Sethi



(L2R)Salman Javed,Fraz Khan,Wiqar Ali,Blue King,Muneeb(winner)



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REMA TASEER

Beauty and brains – Rema Taseer is one savvy entrepreneur who not only has a beauty brand, CoNatural, under her belt but also one of Pakistan's first locally made costume jewellery brands, Rema Luxe, along with a clothing line, Rema and Shehrbano, which she co-owns with her sister-in-law. Her svelte figure, chiseled features and luscious locks have captivated the beauty world by storm while her street style choices give major inspiration to everyone who reads local glossies and has an Instagram account.

GET THE LOOK



SOPHIA WEBSTER
Boss Lady Leather Pumps, PKR 39,000



H&M
Off-The-Shoulder Dress, PKR 2,400



HOUSE OF HOLLAND
Denim Jacket, PKR 18,000



JOE'S JEANS
Distressed Skinny Jeans, PKR 17,000



BOTTEGA VENETA
Knot Clutch, PKR 150,000



REMA LUXE
The World OF Mystere Earrings, PKR 28,500



JIMMY CHOO
Liddie 145 Sandals, PKR 77,000

STOCKISTS: BOTTEGA VENETA www.bottegaveneta.com; H&M www.hm.com; HOUSE OF HOLLAND, JOE'S JEANS, JIMMY CHOO, SOPHIA WEBSTER www.farfetch.com; REMA LUXE www.remaluxe.com; *Prices are approximate*

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MICHAEL FASSBENDER

From *Inglorious Bastards*, *Steve Jobs*, *12 Years A Slave* to *X-Men*, actor Michael Fassbender has proven his bravado on-screen. Talented and gorgeous, his sartorial choices have landed him on our fashion radar this month!

GET THE LOOK



NUDIE JEANS
Long John Stretch-Denim Jeans,
PKR 22,000



RICK OWENS
Panelled Jacket,
PKR 220,000



ZARA
Tailored Blazer,
PKR 11,900



RIVER ISLAND
Crew Neck Sweater,
PKR 4,000



CONVERSE
Chuck Taylor All Star Low Tops,
PKR 5,000



ZARA
Tailored Trousers,
PKR 5,900

PHOTOGRAPHS: GETTY

STOCKISTS: CONVERSE www.store.nike.com; NUDIE JEANS, RICK OWENS www.mrporter.com; RIVER ISLAND www.riverisland.com; ZARA www.zara.com; *prices are approximate*



TIMBERLAND STORE

DOLMEN MALL, KARACHI - SAFA MALL, & CENTAURUS MALL, ISLAMABAD
SUPERFEET - MALL OF LAHORE

TIMBERLAND.PK

BEAUTY *Essentials*

A DARK HALO

The 90's have not only made their way back into the helm of fashion this season, they have infiltrated the beauty industry too! Glitter lips are all the rage now as are rock'n'roll chic smoky eyes paired with nude lips. Spotted on the Elie Saab and Moschino runway, make-up artist Tom Pecheux made halos of black shadow and liner around the eyes to give models that va va voom and we suggest you do too. Use the MAYBELLINE NEW YORK Eye Studio Gel Liner to create the halo around your eyes and follow it up with the NYX COSMETICS Nude Matte Eye Shadow to blend over the lid.

PKR 1,450 for Maybelline; www.daraz.pk

PKR 690 for NYX Cosmetics; www.daraz.pk



LASH FACTOR

Add volume and smudge-free drama to your lashes with the REVITALASH Volumizing Mascara. Its unique brush reaches both your short and long lashes to make your lashes look longer, thicker, fuller and more luscious. Apply it to your lashes and you'll look glam instantaneously and ready for the festive season ahead.

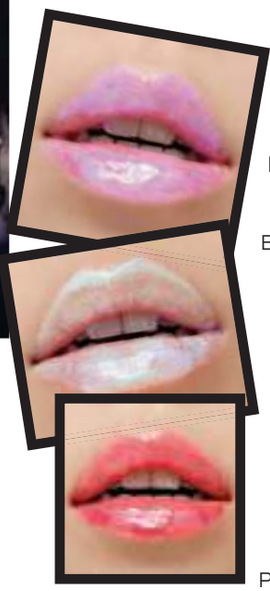
PKR 2,500; Amethyst Spa 0321-35309740, 0322-2050313



LIP TREND THAT'S BREAKING THE INTERNET NOW!

Holographic lips have taken over the Internet and Instagram! It's the newest, most-out-there statement for lips. It's the lip art here to replace nail art. For Spring/Summer 2017 – it's the only beauty trend you need. SIGMA BEAUTY is one of the most famous brands responsible for churning out holographic lip-gloss and is currently massively in demand and available via wait-list. We suggest you add it to your beauty arsenal, now!

PKR 3,400; www.sigmabeauty.com





HOW TO GET THAT GLOW!

Dewy skin is one of the most sought after commodities desired by women. Have you ever met a woman who didn't want a J.Lo glow? Nay, we think not! It's partially because dewy skin denotes youthfulness. A clean diet, tons of water and a good skincare regime are definitely important but they don't guarantee the glow. We suggest you use the FIRST AID BEAUTY Ultra Repair Cream Intense Hydration before your make-up application, mix oil into your foundation, and illuminate skin (cheekbones, chin and forehead) with the LAURA MERCIER Face Illuminator.

PKR 3,000 for First Aid Beauty; www.sephora.com

PKR 4,400 for Laura Mercier; www.lauramercier.com



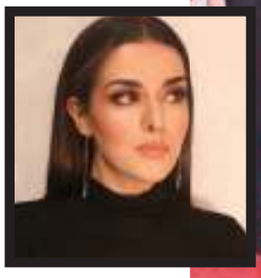




ZHOOSH YOUR LASHES

It's only a little over a month old and Zhoosh lashes are taking over the local beauty scene! Spotted on celebs and make-up artists such as Aisha Khan, Ayesha Omar, Yasmeen Hashmi, Sadaf Kanwal and Natasha Khalid of Natasha's Salon – these cruelty-free, mink lashes are lightweight, comfortable and reusable up to 25 times. To glam up your look a notch, grab a pair now – for maximum effect try Touch The Sky and for a slightly low-key look try the Wingin' It pair.

PKR 1,950 and up; www.zhooshmeup.com





prices are approximate

TEXT: ALIZEH PASHA; PHOTOGRAPHS: GETTY

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Beauty BUZZ

TRIED & TESTED

Balayage and Colour Contouring, TONI & GUY, Karachi

Tingling to get a new look for the new season? Winter is here and it's time we turn those dreaded, worn out auburn/orange locks to something warmer. Ever thought about what a dream it would be for a girl to get the right shade of brown that fuses into the perfect ash shade as it comes down to the ends? The colour contouring technique loved by celebrities, including Jessica Parker, Giesele Bundchen and Jessica Beil, are starting to be seen more and more this season. Contouring and colour blushing is used to enhance or soften features around the face, and we headed to one of Pakistan's most highly reputed salon hair experts to do the job. After the colour consultation process, we proceeded to the colour station where we patiently waited for the magic to begin.

1. First the specialist mixed two shades of colour and one pre lightener. In my case, the colour transformation would be a very noticeable one compared to my original colour. The hair expert used Nanokplex in the colour in order for the hair to remain in a healthy state even after the treatment. NanoKplex is the latest advanced series based on new generation patented M460P biomimetic technology, which integrates fresh milk and enables hair to heal itself during and after chemical processes back to its natural state.



2. Next Nanokplex Bond Builder (step 1) is applied directly to the colour mix and to the hair and left to develop for the required time. The application process was approximately 40 minutes but seemed to be less tedious and a lot more comfortable since the hair stylist used light meshes instead of foils, which let's face it guys, is a pain in the neck – literally.



3. They proceeded to rinse off the colour and used Nanokplex Bond Enhancer (step 2), which was left on the hair for 15 minutes. This is a deep intensive milk protein treatment that repairs the hair.



4. Finally Nanokplex Balancing Shampoo (step 3) is used, which is free of sulphate and sodium, and gently cleanses the hair.



5. The hair specialist blotted the excess water and finally applied Nanokplex Sustainer (step 4), which is a leave-in conditioner that smooths and gives sheen and shine to the hair.

This is the complete process for hair health and protection and is a must when colouring.



The perks of having an experienced hair stylist colour your hair is that they have the potential to literally transform your hair, but needless to say every set of hair differs in terms of the colour it can catch. The problem with Asian hair is that it contains a high level of orange/auburn pigment, which makes it difficult for the ashy and beige blonde colours to come out the way we would like them to. From our experience, we learned that although the whole process was carried out with the best hair products and a considerable amount of time was dedicated to process the colour, it still seemed to have hints of brassy and auburn shades and the exact ash shade we wanted didn't come out until the second try. That being said, don't stress if your shades consists of auburn tints – simply leave the dying agent and the toner on for 15-20 minutes longer.



This process leaves the hair feeling healthy, lustrous, silky and easy to manage.

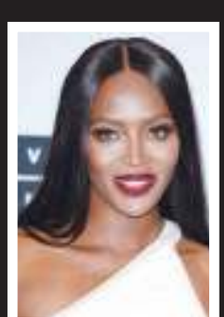
PKR 20,000+ depending on hair length including pre and post hair spa treatment. Call 021-35860903 for an appointment. OK!



DIY How To...

Glitter Lips for the Winter Queen

This Winter why not turn the heat up with a sparkly glitter lip to dazzle everyone. Everyone does the bold lip and while we all love playing it safe, try out the glitter lip to really stand out! Follow these easy steps to achieve the sparkly statement lip many celebrities are confidently flaunting these days...



Step 1: Start by brushing the dead skin off your lips using a soft bristled toothbrush and apply Vaseline to moisturise them.

Step 2: Neatly apply a lip liner to match the shade of glitter you intend to apply.

Step 3: Apply one coat of lipstick to your lips. Tip: If you want a more intense lip then apply more coats to build the base colour of your lipstick for the glitter to sit on.

Step 4: Slightly dampen a small make-up brush or even a cotton swab and twirl it around in the glitter. Make sure to twirl a couple of times to get enough glitter on your lips during application.

Step 5: Dab the cotton swab or brush all over your lips carefully and firmly to make sure all the glitter particles stick and stay in place.

Step 6: Repeat the glitter application process once again to ensure you get that perfect sparkly mouth.

Step 7: Press lips together to tamp the glitter into place. Then stick a finger in your mouth, purse your lips, and slowly pull the finger out. This is to remove any particles waiting on the inside of your lips to hop onto your teeth.

And *voilà* you're ready to dazzle the world, girls!

TEXT: FIZZA FURQAN; PHOTOGRAPHS: GETTY

Your Hair Needs a Breathe Of Fresh Air....NOT AMMONIA

CHI IONIC

SS SHINE SHADES

Ask your Salon For

CHI Shine Shades

Ammonia Free Hair Color





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- Silk
- Chamomile

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Soothing Scalp Massage Treatment



CHIProfessionalPakistan

CHIPakistan

FAROUK
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AMMONIA HAIR COLOR:
The Risk and the Danger!!

The average career of a salon professional is only 8 years and 11 months. Most stylists' careers end because of health issues related to skin irritations or complications with breathing. Salon professionals are three times more likely to be inflicted with obesity, depression, or social anxiety disorder at some point throughout their lifetime. More and more salon professionals are turning to ammonia-free and more natural and organic products to maintain their health and prolong their successful careers. Well informed salon professionals are discovering a revitalization of their health and wellness through the use of organic salon products. Ammonia is a gas with an extremely sharp, pungent, irritating odor. Ammonia fumes come from the substance of Ammonia Hydroxide. It is commonly used in the hair color to open the hair cuticle as it is a corrosive substance that extracts water from the cells causing an inflammatory response which damages surrounding tissues. This is completely counterproductive to nurturing healthy hair as ammonia has many detrimental effects to human hair.



The professional salon industry is generally under the impression that ammonia is safe. However, this caustic toxin which is most commonly used to in commercial cleaning products and to manufacturer explosives is actually considered to cause cancer by the World Health Organization and the United States Environmental Protection Agency.

In addition to being a carcinogen, there is strong evidence that ammonia also causes the following health problems.

- Long term exposure to ammonia fumes can cause obesity, depression, and social anxiety disorder.
- Daily exposure to ammonia will cause high blood pressure, pulmonary edema, and bronchitis.
- Continued contact with ammonia hydroxide will dry the skin and damage skin cells and eventually cause serious skin complications.
- Exposure to ammonia fumes will damage eyes, liver, kidneys, and lungs.
- Even brief exposure to ammonia fumes can be an asthma trigger and irritate or amplify allergies.



By Sofia Owais.

Ammonia has the following destructive effects on hair:

- The corrosive characteristic of ammonia destroys the tyrosine in human hair. Tyrosine is the protein that regulates the production of melanin, hair's natural pigments. Therefore, using ammonia in hair color destroys hair's natural ability to "hold" color.
- Ammonia causes a destructive inflammatory effect on follicles rending them dormant for an indeterminate amount of time and causing hair to thin.
- The corrosive characteristics of ammonia, while an important property in opening the cuticle, irreparably damages the cuticle which sacrifices the hair's structural integrity. Although conditioning the hair will help to temporarily close down the cuticle, it does not restore the hairs structure or repair the cuticle.
- Because ammonia extracts water from the cells, it depletes the hair of moisture. Also, the corrosive characteristics of ammonia will destroy and incapacitate the sebaceous glands which produce sebum, the hair's natural moisturizer. Although moisturizing hair treatment will temporarily restore some of the moisture, it will not replenish the moisture deep in the hair's cells that ammonia has extracted.

There are more effective, safer, and natural ways to open the cuticle, but they are rarely used in hair color because the organic raw ingredients are significantly more expensive than the synthetic ammonia they replace. The environmental and health concerns raised by an ever-increasingly educated and health-conscious clientele have pushed the hair color technology industry to develop alternative color delivery systems.

Previously it has been thought that ammonia-free hair color systems were not able to produce the same lasting and permanent results as those containing ammonia, or the same lasting grey coverage. Developments in ammonia-free technology now mean uniform and lasting color, with perfect coverage of up to 100 percent white hair with vibrant shades and lightening ability.
Using ammonia-free colors may prevent that dry, over-processed feeling that has been a side-effect of using ammonia, and they are gentler on the hair, and with no unpleasant odor or irritation.
Next time when you walk into your salon to have a hair color, ask your Stylist about the benefits of ammonia-free color, and compare the feeling and look of your hair with an ammonia-free color delivery system.



Get the Look

DEEPIKA PADUKONE

If there's one thing we know for sure, it's that Deepika Padukone knows how to look absolutely stunning. Sporting slicked back hair and her signature smoky eyes, the actress looked drop-dead gorgeous at a recent event. Read on to find out how you can recreate the fashionista's look for your next evening out!



Get Deepika's perfect contour with the **KAT VON D** Shade + Light Contour Palette and add some definition to your facial features. With three contour and highlight shades each, this palette is a must-have for anyone who loves to contour. PKR 4,500



Sculpt your brows to perfection with the **ANASTASIA BEVERLY HILLS** Dipbrow Pomade. Smudge-free and waterproof, this product will have your brows looking on 'fleek' all through the night. PKR 2,000



Add volume and lift to your lashes with the **MAYBELLINE** The Falsies Push Up Angel™ Mascara. With an exclusive wand that adds more lift for feathery looking lashes, this mascara will help bring your entire look together. PKR 1,000

Get naturally flawless looking skin like Deepika's with the **TOO FACED** Born This Way Foundation. The oil-free formula will have you looking radiant all night long! PKR 4,000





To achieve a flawless matte finish like Deepika's, use the **LAURA MERCIER** Translucent Loose Setting Powder. With its silky texture, this product is guaranteed to make your skin look absolutely imperfection-free! PKR 5,000



For a perfect pout, try **HUDA BEAUTY** Liquid Matte Lipstick in Bombshell. Infused with antioxidants, this gorgeous lip colour will leave your lips hydrated and looking as good as ever! PKR 2,000

Long-wearing and waterproof, the **MAKE UP FOR EVER** Aqua XL Eye Pencil Waterproof Eyeliner is the perfect product to rim your eyes with. Achieve perfectly-lined eyes like Deepika's with this amazing pencil. PKR 2,000





Add definition to your eyes with the **URBAN DECAY** Naked Smoky Eyeshadow palette to get a fierce smoky eye like Deepika's. With a range of blendable, sultry shades, this gorgeous palette will help you achieve that bold look. PKR 5,500

Add a pop of rosy colour to the apples of your cheeks with the gorgeous **NARS** Blush in Impassioned to achieve a natural-looking flushed look like Deepika. PKR 3,000





Use the **GUERLAIN** Abeille Royale Face Treatment Oil to keep your skin hydrated and fresh under all that make-up. This lightweight and luxurious oil is formulated with specific honeys and will leave your skin feeling radiant, toned and firm. PKR 10,000



Worried about those bags under your eyes? Fear not, the **YVES SAINT LAURENT** Radiant Touch Concealer is here to save the day! Look fresh, luminous and rejuvenated in an instant with this great product. PKR 4,000

STOCKISTS: TOO FACED, KAT VON D, NARS, URBAN DECAY, ANASTASIA BEVERLY HILLS www.sephora.com; YVES SAINT LAURENT, MAYBELLINE, GUERLAIN available at Scentsation; MAKE UP FOREVER www.makeupforever.com; HUDA BEAUTY www.shophudabeauty.com; LAURA MERCIER www.lauramercier.com; *prices are approximate*


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1 PESTLE & MORTAR SUPERSTAR RETINOL NIGHT OIL, PKR 8,060 FORMULATED WITH A BLEND OF COLD-PRESSED OILS, INCLUDING GRAPE SEED, POMEGRANATE AND CARROT, TO KEEP SIGNS OF AGEING AT BAY. THIS NIGHT OIL REDUCES PORE SIZE AND FINE LINES AND REVITALISES A HEALTHY COMPLEXION.

2 ELEMIS SUPERFOOD FACIAL OIL, PKR 5,760 NOTHING'S BETTER FOR YOU THAN SUPERFOOD, AND THIS FACE OIL IS PACKED FULL OF THEM. BROCCOLI SEED OIL DEEPLY NOURISHES, REVEALING A RADIANT GLOW, WHILE FLAX SEED OIL LOCKS IN MOISTURE, IMPROVING SKIN TONE AND HYDRATION.

3 LIZ EARLE SUPERSKIN OVERNIGHT MASK, PKR 5,375 WAKE UP TO VELVETY SOFT, RADIANT SKIN. THIS NIGHT MASK IS INFUSED WITH POMEGRANATE EXTRACT TO BOOST COLLAGEN, SO YOUR COMPLEXION APPEARS FIRMER AND GENERALLY MORE LIFTED.

4 LUSH RO'S ARGAN BODY CONDITIONER, PKR 2,110 ENRICHED WITH GOJI BERRIES, KNOWN FOR THEIR ANTI-AGEING PROPERTIES, SKIN IS LEFT MOISTURISED AND SILKY SOFT. SIMPLY SMOTHER YOURSELF WITH THE BODY CREAM IN THE SHOWER AND RINSE OFF.

5 NOURISH KALE ENZYMATIC EXFOLIATING CLEANSER, PKR 2,110 SUPERCHARGED WITH KALE, WHICH HELPS STOP THE AGEING EFFECTS CAUSED BY POLLUTION, THIS CLEANSER GENTLY EXFOLIATES AND GUARDS AGAINST FURTHER DAMAGE FROM DAILY ENVIRONMENTAL AGGRESSORS.

6 AVEDA DAMAGE REMEDY DAILY HAIR REPAIR, PKR 3,000 THIS ORGANIC LEAVE-IN TREATMENT CONTAINS QUINOA PROTEIN – WHICH HAS MORE PROTEIN THAN ALL OTHER GRAINS AND IS ALSO HIGH IN AMINO ACIDS – TO REPAIR, STRENGTHEN AND CONDITION THE HAIR SHAFT.

7 MELVITA AVOCADO OIL, PKR 2,050 THIS ORGANIC OIL WILL HELP RESTORE NATURAL MOISTURE, CELL RENEWAL AND THE SKIN'S REPAIR FUNCTION. ITS FIRMING AND SMOOTHING PROPERTIES MEAN IT'S PERFECT FOR THE EYE AREA AND WILL SOOTHE ANY DRYNESS.

STOCKISTS: AVEDA www.aveda.co.uk; ELEMIS www.elemis.com; LIZ EARLE uk.lizearle.com; LUSH www.lush.com; MELVITA www.melvita.co.uk; NOURISH www.nourishskinrange.com; PESTLE & MORTAR www.pestleandmortarcosmetics.com; *prices are approximate*

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY CAROLINE LEEMING



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2. CLINIQUE POP MATTE LIP COLOUR + PRIMER IN BOLD POP, PKR 2,050 A NON-DRYING FORMULA AND BUILT-IN PRIMER LOCK IN MOISTURE, HELPING TO PREVENT THE DRYING TENDENCIES OF A MATTE LIPSTICK. YOUR LIPS WILL FEEL COMFORTABLE IN THIS CLASSIC WINE SHADE.

3. LORD & BERRY LIPSTICK IN PURPLE RAIN,PKR 1,900 FORMULATED WITH MACADAMIA OIL AND VITAMIN E, THIS LIPSTICK GLIDES ON LIKE SILK, LEAVING A HIGH-SHINE FINISH. ITS SUPER-CONCENTRATED COLOUR WILL GIVE YOU THAT ALL-IMPORTANT PERFECT POUT.

4. TOPSHOP LIPS IN INHIBITION, PKR 1,020 MAKE A STATEMENT WITH THIS INTENSE BURGUNDY SHADE THAT WILL TAKE YOU FROM DAY TO NIGHT. THE STANDOUT HUE IS PERFECT TEAMED WITH A SIMPLE EYE LOOK, AND THE PRICE MAKES IT A MUST-HAVE!

5. URBAN DECAY COMFORT MATTE VICE LIPSTICK IN BACKTALK, PKR 1,920 IF YOU'RE TIRED OF A NUDE LIP, THIS PALE RASPBERRY SHADE IS JUST RIGHT FOR THE DAYTIME. WHILE IT HAS A VERY WEARABLE SUEDE-LIKE TEXTURE, AND THE COLOUR WILL NOT BUDGE.

6. NARS AUDACIOUS LIPSTICK IN LIV, PKR 3,070 A DEEP BERRY SHADE THAT WILL REALLY MAKE YOUR LIPS POP! IN JUST ONE STROKE, YOU'LL GET FULL COVERAGE THAT'S CREAMY IN TEXTURE. THE TIP IS ALSO SHAPED TO GIVE A PRECISE APPLICATION – PERFECT WHEN APPLYING SUCH A RICH SHADE.

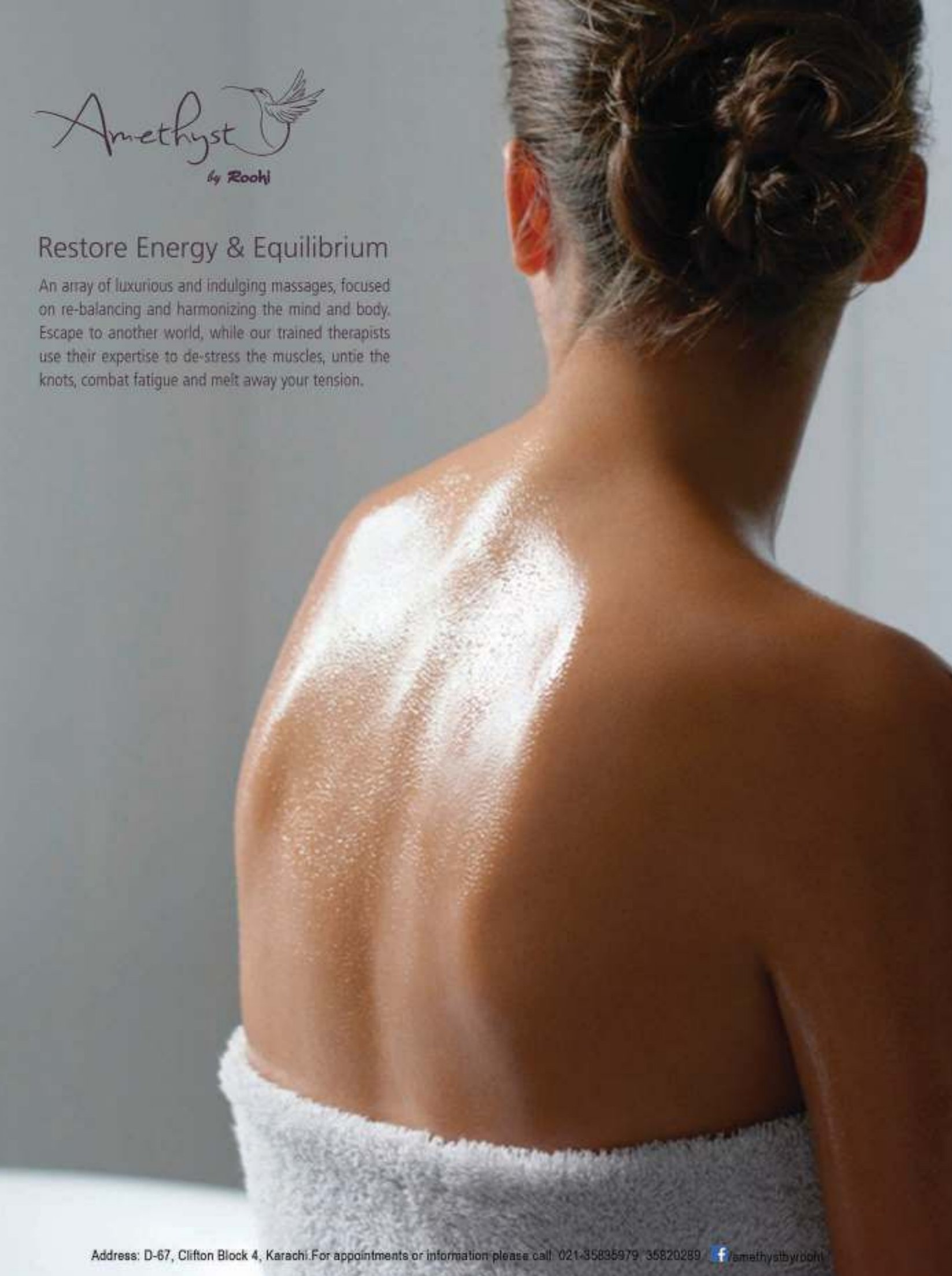
7. SMASHBOX BE LEGENDARY LIPSTICK IN VINYL CREAM, PKR 2,240 THIS LIPSTICK IS FORMULATED WITH SHEA BUTTER AND VITAMINS C AND E TO KEEP LIPS NOURISHED. IT GLIDES ON LIKE A BALM AND SATURATES LIPS WITH A FULL COVERAGE. THE PLUM HUE IS A SHOW-STOPPER.

8. BURBERRY LIP VELVET IN NO 425 DAMSON, PKR 3,330 A CREAMY, SOFT MATTE FORMULA WEARS VERY COMFORTABLY ON THE LIPS. WHAT'S MORE, THE JUICY DEEP SHADE CAN BE BUILT UP OR WORN SHEER.

9. GIVENCHY ROUGE INTERDIT VINYL LIPSTICK IN VIOLINE TROUBLANT, PKR 3,070 THE SECRET TO THIS PLUMPING LIPSTICK LIES IN THE COMBINATION OF BLACK ROSE OIL AND SILICONE RESIN IN THE FORMULATION. THE HIGH-SHINE FINISH BLURS IMPERFECTIONS, WHILE THE PINK HUE FLATTERS.

STOCKISTS: BURBERRY uk.burberry.com; CLINIQUE www.clinique.co.uk; GIVENCHY www.debenhams.com; ILLAMASQUA www.illamasqua.com; LORD & BERRY www.lordandberry.com; NARS www.narscosmetics.co.uk; SMASHBOX www.smashbox.co.uk; TOPSHOP www.topshop.com; URBAN DECAY www.urbandecay.co.uk; *prices are approximate*

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY CAROLINE LEEMING


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TAG HEUER PAYS TRIBUTE TO MUHAMMAD ALI







TAG Heuer pays tribute to Muhammad Ali, hosting a charity event attended by Lonnie Ali, well-known personalities from the world of boxing including those who fought Ali, George Chuvalo, Earnie Shavers, and fighters who were inspired by him, Evander Holyfield, Roberto Durán and Julio César Chávez González

#RememberAli

TAG Heuer family, ambassadors Tom Brady, Henrik Lundqvist, and Iris Apfel, a friend of the brand, were also present at the tribute. The event was co-hosted by Paul "Magic Man" Malignaggi in the famous Gleason's Gym in DUMBO, Brooklyn where Muhammad Ali trained in the presence of its owner and manager, Bruce Silverglade. A speech from Jean-Claude Biver, CEO of TAG Heuer & President of the LVMH Watch Division, and organiser of this charity event, who met Muhammad Ali four years ago. The unique commemorative timepiece from TAG Heuer, was presented by The Muhammad Ali Center with a pair of autographed boxing gloves that were auctioned at the event. All proceeds have gone to The Muhammad Ali Center (Louisville, KY). "Tribute to Muhammad Ali," a collection of special edition steel timepieces, was also unveiled at the event - inspired by the famous TAG Heuer Ring-Master watch currently on display in the TAG Heuer museum.



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MY WONDERFUL LIFE

The brain behind the Luxus Fashion Expo 2016, Maham Daniyal Lashari gives us a glimpse into her fabulous life!



Favourite getaway:
The Phoenix Resort on the Island of Ambergris Caye, Belize in the charming town of San Pedro.



Favourite perfume:
Armani Si by Giorgio Armani and J'adore by Christian Dior



Dream date:
with my husband in Cancun, Mexico. We enjoyed a memorable al fresco dining experience under chic cabanas on the beach at Casitas, while serenaded by the soft sound of waves.

Can't live without:
My phone, good food, my family and especially my two-year-old nephew, Zayyan



Favourite indulgence:
Bags are my newest obsession! I am a strong believer in retail therapy. I can spend hours on the laptop doing online shopping!



Favourite designers:
Internationally, I absolutely love Elie Saab and Ralph & Russo. Their design aesthetic is very much aligned with my personal style. However, I do feel Pakistan has some amazing talent as well. Elan, Asifa & Nabeel, and Zuria Dor are my personal favourites!





Fashion icon:
Anna Wintour – she is a fashion powerhouse!

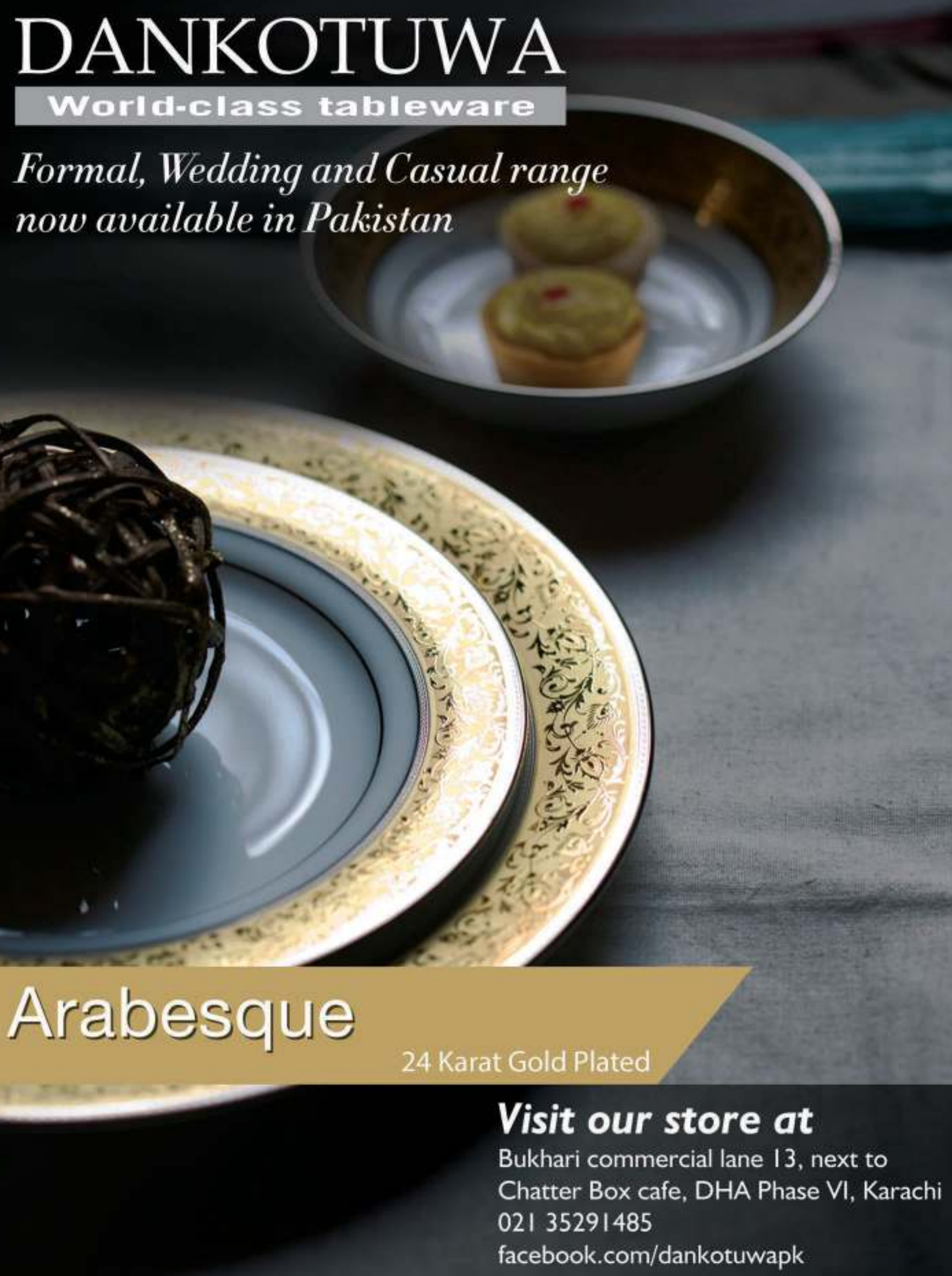
Most passionate about:
Not many people know this, but I am a Public Policy Masters from the University of Warwick. I am currently working at LUMS and pursuing my research interests.



Beauty extravagance:
Skincare products!! I'm a beauty junkie. I hardly ever get the time to follow a proper skincare regime but I like to stock up on all sorts of organic and natural skincare products. I would love to embrace a more natural and organic lifestyle in terms of my diet as well, but junk food is a major weakness that I cannot resist.



MAHAM'S PHOTO: IRFAN AHSON


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UP CLOSE WITH

HAREEM FAROOQ

The inspiring actress shares it all with *OK!* Pakistan











Leading actress of one of 2016's most successful Pakistani films, *Dobara Phir Se*, Hareem Farooq is a force to be reckoned with. Beauty and brains, this talented actress produces films along with acting in them. She began her career in theatre, working in plays such as *Pawnay 14 August* and *Aangan Terha*. Proving her prowess in the realm of acting, she went on to act in multiple films and television serials, namely *Diyar-e-Dil* (television) and now *Dobara Phir Se* (film). Hareem's dynamism doesn't stop there; earlier this year, she co-produced *Janaan* starring Bilal Ashraf and Armeena Khan and what a hit that was!

In such a short span of time, Hareem's career has escalated and she has landed behind the lens, in front of the lens and on the red carpet – so we decided to get up close and personal with this leading lady and see what makes her tick!

What would we always find on your bedside table?
Hareem Farooq: You will always find a lot of mess on my bedside table.

What is your favourite TV show?
HF: I can watch *Friends* on repeat, whenever, wherever and forever!

How do you stay in shape?
HF: I like to work out and eat healthy.

What are you doing when you aren't working?
HF: Spending time with my friends and family.

What do you prefer – television serials or film?
HF: Definitely film in every aspect, even though TV viewership cannot be ignored. But as far as art is concerned or having more fun... it's definitely film.

What was it like being in *Dobara Phir Se*?
HF: Quite an experience! Got to make some really good friends, had a really good time, it was a learning experience and much more.

How was Adeel Husain to work with?
HF: It was a pleasure working with him. You get to learn a lot from him. I think he is a brilliant actor. He is a bit serious at first but once you get to know him you realise he's not that serious but a pleasure to be around.

Did the movie change your mindset in any way?
HF: Yes, working with Mehreen Jabbar teaches you a lot. I learned new perspectives and broadened my horizons a lot.

What new films are you looking to work in?
HF: Got a few productions of my own lined up. The most recent is *Parchi*, which we will be shooting in February. It is a comedy. We have three more films lined up (which I will be producing and acting in) after that.

Name three people who inspire you and tell us why.
HF: My mother, my father and my paternal grandfather – their attitude towards life, patience, hard work, mindset and vision have really inspired me.

Your favourite travel destination?
HF: Turkey definitely. I love Turkey!

Your favourite restaurant?
HF: Go Organic in Islamabad. They serve organic food and I love going there.

Your favourite book?
HF: *Dongri to Dubai: Six Decades of the Mumbai Mafia* by Hussain Zaidi. It's very well written and gripping.

What is the one thing you can't live without?
HF: Black coffee.

Favourite accessory?
HF: Sunglasses.

What is one fashion trend you cannot stand?
HF: Anything peplum!

What is an unforgettable present you have received?
HF: A painting that Anwar Maqsood painted himself and gave to me.

Five things in your fridge?
HF: Fruit, cottage cheese, honey, cooked brown rice and eggs.

What is your dream vacation?
HF: Going anywhere in the world without my phone.

Your ideal date?
HF: A relaxed, isolated environment.

What are your three tips for achieving success?
HF: Honesty, the right intentions and hard work.

One person who can always make you laugh?
HF: My best friend Imran Raza Kazmi.

Prized possession?
HF: My childhood pictures and albums; my memories! OK!

INTERVIEW: ALIZEH PASHA
PHOTOGRAPHS: SHUTTERSTOCK



AZMAT ALIBHAI

OK! Pakistan talks to the remarkable stroke survivor and yoga practitioner about her journey and health



Stroke treatment is something that sends waves of panic and despair; Falij is a website that Pakistan desperately needed. Created by a remarkable stroke survivor and yoga instructor, Azmat Alibhai, it is truly a one of a kind resource in Pakistan. The website was created in the aftermath of Azmat's stroke and had a great impact on the lives of many stroke survivors in Pakistan. In person, Azmat is kind, warm and has an open and inviting personality. It is hard to believe that she has survived a major stroke that left her paralysed. She is a living testament to her methods of recovery and is an inspiration for the medical community, stroke survivors and us all. Her personality and her multicultural background of being a Pakistani who has lived in Greece, London, the UAE and Pakistan allows her to connect with people on a very personal level and has surely enabled her to help people more successfully than anyone otherwise would have been able to do so. Currently she is working with the athletes of the Special Olympics and has also been working with the Karachi Down Syndrome Program.

What was your reaction when you woke up?

Azmat Alibhai: How does a 'young' person have a full-blown stroke as I did? I don't smoke, I exercise, eat a healthy diet – how could this happen to me? But it turned out there were no reasons for my type of stroke. Doctors termed it as a cryptogenic stroke, which basically meant there were no known causes. After the treatment for my condition, I had so many questions – am I going to have another stroke? Prevention, recovery... the list went on and on!

Why did you start your website?

AA: I spent several months researching, conducting trial and error, discussing stroke with specialists all over the world. I also spoke to many stroke survivors and reached out to anyone who was willing to share information. I had so many questions, so few answers. I wanted to speak to other survivors and voice my concerns. I am so grateful to my very patient and meticulous neurologist for answering questions I was asking! However, I found no support. My plan now is to eventually set up a support center but to start with, I wanted to set up the website. Sadly there were no resources readily available. I was very fortunate I had contacts all over the world, and they were ready to help and share information. A lot can be done for recovery and I promised myself, if I ever come back to 'normal', I would share and create awareness for stroke survivors and their families and hence this website – falij.com.

Tell us about your recovery.

AA: Everyday was a new challenge. It is quite a bit to balance and get accustomed to a new lifestyle – from blood thinners, blood levels, foods to avoid to headaches. It took me eight months to normalise but also, it is still something that is in progress even though by the grace of God I have most normal functions.

What future plans do you have?

AA: I am currently working with the Karachi Down Syndrome Program. I am also working with the Special Olympics and creating a guide for the athletes on wellness and mindfulness, and ways to help improve muscle memory. I am also in the works of creating a TV show that is aimed towards spreading mindfulness and other aspects of mental health. I also love writing and have taken the time out to write for a few publications.

Who would you like to thank for your successful journey?

AA: I owe my husband and especially my kids for standing by me and going through the most difficult period of my life. They didn't deserve or expect this at their age. They were my rock and my superstars. Huge thanks to Dr. Mughis for believing in me and for his constant reassurance that I would be okay. My family and friends were a continuous support. This collective positive energy played a massive role in my recovery. Thank you guys for making me back to what I was.

What impact did the stroke have on your family?

AA: This was a massive stroke. I was in a vegetative state for quite some time, with my husband ▶

Testimonials

"Special Olympics is working on the project Building Healthy Communities. One of the initiatives in this project is Fit Families. Basic concepts of this project include education, raising awareness and the importance of staying healthy amongst families of mentally challenged children and adults. Azmat has very kindly consented to help us with the project. She is conducting yoga classes for mentally challenged children and their families at the Karachi Down Syndrome Program. Special Olympics is highly indebted and deeply appreciate it. Azmat is a living miracle woman in the true sense, an inspiration not only for her known circles, but for every existing human being on planet Earth. I am really honoured to have known her. Extremely proud of you Azmat... stay blessed."

- RONAK LAKHANI

"Azmat is an amazing coach – she came to KDSP (Karachi Down Syndrome Program) to conduct a yoga class for the first time, and by the end of the class it seemed as if she had been apart of KDSP for years! We were blown away by how she gelled so well with the participants and their parents, who all left with extremely positive vibes. So positive, in fact, that one class a week just isn't enough for them!"

- KARACHI DOWN SYNDROME PROGRAM

tending to my care and my two young kids who were completely shattered after seeing me like this. They were incredibly supportive throughout and are my rocks.

How important is it to have a good support system for patients who are in recovery?

AA: I was blessed with a support system; thanks to my amazing sister and cousin – they took charge in every way possible to help me gain control of my life again. They were God sent. Recovery would not have been possible without their help. My husband and my little rockstars, aka my kids, were brave souls. Myriads of friends and co-workers all over the world were praying and are still praying for my wellbeing.

What do you think about the label of "survivors" given to stroke patients?

AA: Stroke patients are called "survivors", and rightly so. It takes every ounce of courage to motivate and accept the challenges survivors face on a daily basis. But we must do it, not only for ourselves but for our loved ones.

What advice do you have for people dealing with stroke patients?

AA: Don't ever pity a victim of a stroke, don't even show them pity, these are people who most definitely were independent; make them feel that they can tend to their well-being on their own. If you pity them, it will lead to self-pity, which is a very harmful thing. Make it as normal as possible for them to survive and to rehabilitate to normal life. OK!

INTERVIEW: MASHALL KHATTAK
PHOTOGRAPHS: UZAIR KHAN





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POMME GOHAR

The former supermodel talks to *OK!* Pakistan about her company, Phenomena, and what inspires her





Pomme Gohar is a name that is synonymous with chic glamour and reverberates through social scenes in Pakistan. This comes as no surprise as back in the day, Pomme has walked the ramp for French designers such as Carven and has been captured on film by world famous photographers. She is the private and yet very visible and accessible former supermodel we all wish we could hang out with at a party. Her personality is open, generous and unassuming. Above all, she is a lot of fun. Currently, Pomme is running a glamorous event planning and management company called Phenomena and has dabbled with various events that range from exclusive and private events such as The Sind Club Ball and the Turkish Music Festival in Pakistan. When Pomme is not working, she spends her time with her family and her dogs.

When did you start your business?
Pomme Gohar: I started my business five years ago when I launched my creative design company Phenomena after I retuned to Pakistan after a foreign posting. Phenomena is a design agency which has developed a name synonymous with style and beauty and creates happenings that make moments into memories.

Why did you start your business?
PG: I had an education in Arts, Creative Design and Events so decided to formulate my talent into Phenomena; the brain child of all my creative work. When I returned from abroad I noticed there was a vacuum of high quality events where originality and attention to detail was missing. Having studied and qualified abroad, I had a passion for excellence so I took my dream forward with Phenomena.

How did you choose the name Phenomena?
PG: The word Phenomena means "An occurrence, circumstance, or fact that is perceptible by the senses" – simply stating, something extraordinary and fantastic, and creating a stir. That is what I wanted to create when I conceptualised themes for Phenomena.

What is the most glamorous event you have organised?
PG: At Phenomena we have arranged many kinds of events relating to art, fashion design and style. As most of our events are thematic, glamour plays an important part. Charity galas and balls are generally the most glamorous of events as they have a luxury feel.

You organise a lot of heritage events. What motivates you to do them?
PG: I love vintage, heritage and antique designs. On my travels abroad I go to all the old bazaars and antique markets looking for amazing décor stuff and collectors items to implement in my events. The old world charm is fascinating and objects from the past are very hard to find and re-make in modern times. I strongly feel that we should use things from our heritage and implement them with modern techniques to bring about originality in design. The beauty of history, the work of masters and the craftsmanship of yester years is pure. Materials, dyes, colours and motifs cannot be reproduced due to extra expense and unavailability. My love for museums and ancient ▶



> **“The more challenging the space, the client, the subject matter, the more exciting it is for me to be creative. I love doing musicals and performance art events.”**

cultures also motivates me to do a lot of restoration work, both in objects and buildings.

What does the word “glamorous” mean to you?
PG: The word “glamorous” means beautiful with a “WOW factor”, it means walking into a space and being awestruck by the ambience around. Glamour for me is being captivated by beauty.

What inspires you?
PG: I get inspired by people, travels, visual art and history, and sometimes by simple subjects that are close to my heart. It is then that I try to make them extraordinary.

What has been your favourite event to date that you have organised?
PG: All my events are my favourites as I put my heart and soul in implementing the theme. The more challenging the space, the client, the subject matter, the more exciting it is for me to be creative. I love doing musicals and performance art events.

What are the key characteristics of any event planned by you?
PG: The key characteristic of an event is impeccable planning. From start to finish it is like a race, which starts with the concept and invite of the event to the culmination being the giveaway. What feeling you leave people with at the end of the event is what brings you success. Décor, music, entertainment, lighting, cuisine and presentation play key roles in making the perfect ambience.

What is your favourite part about planning an event?
PG: My favourite part is the concept and implementation of the theme and I have to say I have a little ritual at the end of each event. When all is done I say a little prayer to bless the space and create a floral arrangement at the entrance, which is my idea of signing off and putting my personal signature on the event.

What kind of events to do you organise?
PG: Phenomena is divided into four departments of fashion, arts, design and style. So we can take on a vide variety of events like gala nights for charities, arts direction for musicals, dramas or arts shows, and private dinner nights. We have a fantastic team so we move from project to project and don’t restrict ourselves. Designing spaces can take you from a client’s exclusive private event to a commercial concert or an out of the box art show. There are no boundaries.

What is the best aspect about your business?
PG: The best aspect of my business is that it is

creative and brings a sense of joy and happiness for my clients. Strangely I always get a thank you note, a gift, or flowers from the clients regardless of the budget, and it is then that I know that I have done the job well as these gestures normally only come from the heart.

What is the least favourable aspect about your business?
PG: The least favourable aspect is that while we can control the aesthetics of the events, we cannot control the environment. So security issues, strikes, weather and other unpredictable elements in the city can impact our work tremendously. There is always a plan B, which is a necessary cost when things go wrong. In addition to this, we provide the efficiency of the event and we hope that clients are as efficient in settling bills as they are at "having the best night of the season".

Who are your most memorable clients?
PG: Most of my clients are memorable, as I believe in having a very good working relationship. Positivity brings a lot of energy to the event but my favourites are those who give a complete *carte blanche* (blank sheet) to do what I please with the chosen theme and trust me. Usually the result is amazing as the onus of implementation is on me.









How do you maintain a work-life balance?
PG: I love my work but my family and kids are top priority and I do try to strike a balance. The art of multi tasking works very well for me from creative director to super mom. I keep my sanity with yoga and zumba, and nature walks with my dogs. Of course the best part of the day is family-time.

When you personally attend an event, what do you look forward to?
PG: When I attend an event, I look for ambiance however simple or elaborate it is and I look at how much the people are enjoying the event because that is the single factor that determines the success of the event. I personally look forward to relaxing and enjoying the food, which is something I can't do at my own event.

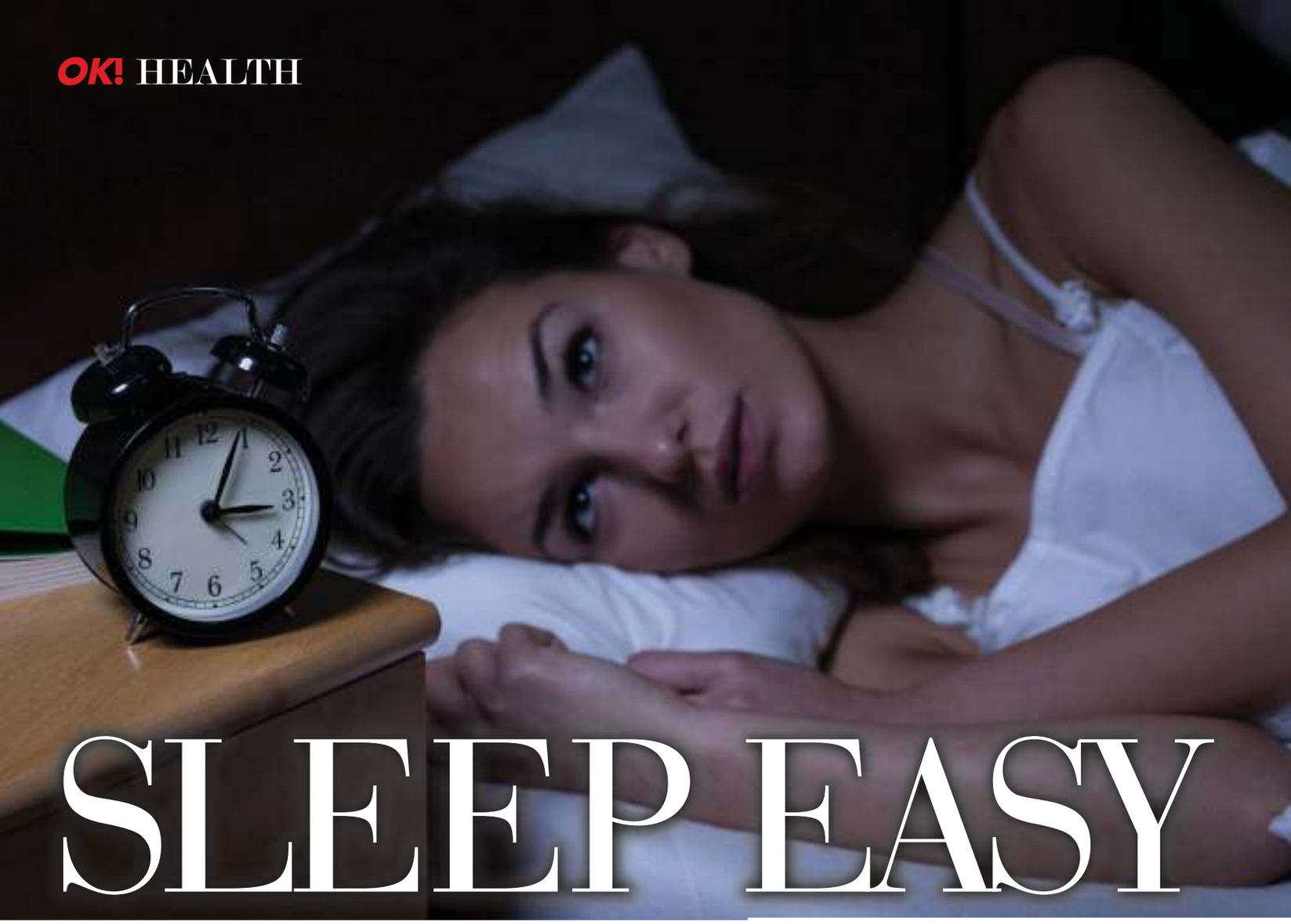
Where do you see yourself in the next five years?
PG: Hopefully Phenomena can grow at an international level and we can host destination weddings and shows all over the world. I do refresher courses with Preston Bailey, the *numero ono* event planner in New York and constantly try to raise the bar of creativity, taking inspiration from our culture and heritage, and bringing it to the international scene. I also want to set up a design school to facilitate our students with training in design, décor and lighting, and create an arts space where Pakistani talent can grow and prosper.

How do you feel about the word "socialite" or the phrase "social butterfly"?
PG: Pakistani society is full of "socialites" and "social butterflies". I think these words suit a certain set of people who move from event to event and don't really have proper jobs or careers. In fact, they have the energy, presence and time to make or break a party. I personally love them as they bring a lot of life to events and events would be boring without them.

Give us three words to describe yourself.
PG: Passionate, creative and sensitive. I am passionate about all my dealings – work and my family. People say I am creative, and little things mean a lot to me.

Give us three words to describe your business.
PG: Phenomena is happening, exciting and everchanging, and hopefully phenomenal... OK!

INTERVIEW: MASHALL KHATTAK
PHOTOGRAPHS: UZAIR KHAN



SLEEP EASY

WITH THE NATION SUFFERING FROM AN 'INSOMNIA EPIDEMIC', HOW CAN WE ENSURE A GOOD NIGHT'S REST?

Irritable, drained and exhausted? Chances are you're not getting enough shut-eye. With experts estimating that one in three Brits suffers from sleep problems and four out of ten women are teetering on the brink of burnout, we are, as *Sex And The City* star Kim Cattrall says, fighting an 'insomnia epidemic'.



The Causes Of Insomnia

Causes of insomnia vary but stress, anxiety and exhaustion can all play a part. When singer Ellie Goulding cancelled several dates of her world tour earlier this summer, she admitted: 'I've done nearly 100 shows this year and my doctor has said if I do perform this weekend my voice might not bounce back from it. They did a bunch of tests on me and I've been diagnosed with exhaustion.' An industry insider blamed insomnia for the singer's issues, saying: 'Ellie's body clock is completely out of sync and she has found herself lying awake



KIM CATRALL



JENNIFER ANISTON

in bed most nights unable to get to sleep. All the travelling through random time zones has messed with her system. She just can't get to sleep at night, and even when she's back in England the insomnia is sapping her energy. Meanwhile, Jennifer Aniston blames insomnia for her inability to switch off and relax: 'Sleep is a tough one for me. My brain, the committee in my head, if I wake up at three in the morning I just start having conversations and they won't shut up and then I can't get back to sleep. I do have three animals and a human being in the bed, so there are all these distractions.'

Getting Help

Kim Cattrall had to survive on just three hours of sleep after her insomnia kicked in ahead of her run at London's Royal Court Theatre last year. She blames a combination of grief over her father's death, work pressure and the menopause. 'It was like entering a cavern with no light. And what I felt in spades was how alone I was,' she recalls. 'The questions that I was having in the small hours were: do I deserve what I have? Why don't I deserve other things? Am I not worthy? Why am I alone?' She eventually pulled out of rehearsals for the play *Linda* and gradually got herself back on track with the help of a course of cognitive behavioural therapy, but she also thinks it's important for women to talk about their worries: 'Women of my generation were told to armour up in a man's world,' she says. 'I'm realising that there's more strength in revealing yourself, in allowing yourself to be vulnerable.'



ELLIE GOULDING

Our Expert Says...

One of the UK's leading sleep therapists Dr Nerina Ramlakhan, who published her guide to getting a good night's rest *Fast Asleep Wide Awake* last month, points out: 'Sleep problems aren't created when you put your head on the pillow – everything you do during the day can impact how you sleep at night.' She adds: 'There's a tendency to lean towards prescribed drugs and medication but there are more natural and simple ways to overcome the all-too-common problems that many of us have sleeping.' OK!

FEATURE BY OK! HEALTH EDITOR YASMINE GRIFFITHS
PHOTOGRAPHS: GETTY, SHUTTERSTOCK

PARAMOUNT

One of the latest and most buzz worthy spots to eat in the city is Paramount – a Lebanese award-winning chain stemming from North America that serves the most authentic Middle-Eastern cuisine in the city.

Located on main Khayaban-e-Shamsheer, near Sea View in Karachi, the newly opened spot is reminiscent of a café in Gemmayzeh, Beirut. As soon as we enter the restaurant, the cheerful and friendly staff welcomes us and puts down our names to be seated. The restaurant in its opening week is packed. Not a table is empty and people are waiting to be seated. On entering, we spot a large open kitchen, pendant lighting and tables enough to seat at least 100 people. The hustle bustle, open kitchen and a dessert bar across the entrance suggest a casual, comfort food destination where families and huge groups can easily be accommodated.

After being seated, we are served hot, freshly baked pita bread along with the menu. For appetizers, we ordered the Labneh Plate, which is strained yogurt, drizzled in olive oil, the Mezza Plate, which includes a trio of Hummus, Moutabbal and Tobbouleh, and the Zaatar and Cheese Mannakeesh.

The first to arrive is the Mezza Plate, which we, a group of five people, devour. The hummus is creamy, fluffy and delicious. The Tabbouleh which consists of a mint salad is good, but it's not the best we've had considering we've lived in the Middle-East and are comparing it to cafés in Beirut, but the Moutabbal is by far one of the best we've ever had – it's a smoky, creamy, tahini and eggplant based dish which is delicious and tastes even better with the freshly baked, fluffy pita bread.











The Zataar and Cheese Mannakeesh and the Labneh Plate arrive next. Mannakeesh is in general one of our favourite dishes and we can't wait to see if this one delivers. And deliver it does! The authentic herbs and texture of the bread used in creating this "Middle-Eastern pizza/ flatbread " couldn't have been fresher and better in taste. After savouring the Mannakeesh, we move on to our last appetizer, which is the Labneh Plate. Creamy, fluffy and decadent – the labneh tastes like a fatty, mellowed down goat cheese, which is in fact just yogurt, strained to perfection in the restaurant itself (Paramount makes its own Labneh – one witnesses this when you head to the dessert counter and see the process happening live). We have it with pita and save the rest to pair with our main course.

Moving on to the mains, we indulged in the Mixed Combo Platter recommended by our server. And what a treat it turned out to be! The Mixed Platter consisted of more than generous servings of Chicken and Beef Shawarma, Kafta Kebabs, Shish Tawouk and Falafel all in one platter along with Fatoush salad and Hummus on the side. The Shish Tawouk was succulent, the Kafta Kebabs juicy and the Falafel surprisingly amazing. I say surprising because I've never been a fan of Falafel but this crunchy on the outside and peppery goodness on the inside has changed my outlook on Falafels in general. Even the Fatoush was tantalisingly good, spiced with sumac and sprinkled with baked pita chips, it was zesty and delectable. The abundant spices used for cooking made the taste and smell of these Middle-Eastern dishes remain true to their origin.

The next and last main course was the Tablieh Saj Chicken Shawarma. By the time we got to this, we were already satiated and full with our meal and contemplated another bite. We're glad we tried this though because the Saj Chicken Shawarma is now our favourite shawarma in the city. The authentic Lebanese thin crust bread common in Levant countries is crispy and delicious; consisting of chicken, lettuce and even potatoes served with garlic sauce and French fries on the side – this dish is the epitome of comfort food done right.

Happily stuffed, we decided to call for the cheque but not before we ordered the dessert. The Baklawa bar had an assortment of Baklawa stuffed with either cashews or pistachios to choose from. We had the diamond Baklawa made with cashews and the Baklawa squares made with pistachios to cleanse our palette of all the savoury dishes we had during the course of the night. It was pleasant to say the least but it did not surpass expectations like the appetizers and main courses.

The service in a fully packed restaurant during its opening week was super fast and the ambiance friendly, the Middle-Eastern music appealing and the quality of products and spices used equivalent to that of a café in Beirut. We couldn't have asked for a more authentic restaurant in town and what's best is that the prices were very affordable. A meal for five with ample leftovers cost a little over PKR 6,000. OK!

TEXT: ALIZEH PASHA

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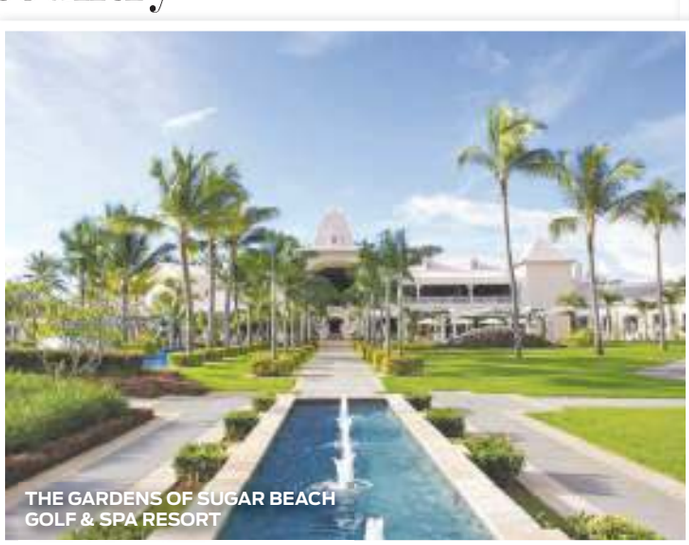
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NILOFER SHAHID CONQUERS MAURITIUS

OK! Pakistan takes a look at the Pakistani Queen of Couture's trip to Mauritius where she showcased her collection & hung out with the President of the country



THE GARDENS OF SUGAR BEACH GOLF & SPA RESORT



NILOFER AT THE PRESIDENT'S HOUSE IN MAURITIUS



THE GROUNDS OF SUGAR BEACH GOLF & SPA RESORT



THE SHOW DIRECTOR, IMRAN KUREISHI AT THE FASHION SHOW



AT THE SUGAR BEACH RESORT



WALKING DOWN THE RAMP WITH THE SHOWSTOPPER



NILOFER SHAHID WITH HER FRIENDS



SUGAR BEACH SPA & RESORT



NILOFER WITH THE PRESIDENT OF MAURITIUS, AMEENAH GURIB



MAURITIUS CITY

Mauritius hosted Pakistan Week recently which was aimed at strengthening economic and trade partnership ties between the two countries. A fashion show was organised with Nilofer Shahid to showcase Pakistani couture at the Sugar Beach Hotel in Mauritius. The queen of Pakistani couture travelled to the island to promote the artistic traditions and craftsmanship of the country as well as fashion. Nilofer Shahid had been picked by the President of Mauritius for the event. Her collection showcased a sartorial depiction, inspired by the mystical journey of man's spiritual ascent through mind and love to "Kemal", deserting his ego, and eventually finding the truth thereby arriving to the "perfect".

The President Dr. Ameenah Gurib-Fakim applauded the fashion show's success and later in meeting with Nilofer Shahid had a very positive talk leading to the possibilities of synergies in the fashion world. The event was attended by The President of Mauritius herself, Chief Executive TDAP S.M. Muneer, FPCCI delegation, government dignitaries, diplomats and the elite of both countries. The show was directed by renowned veteran choreographer Imran Kureishi, and supported by Pakistan High Commission and Greenwich University Mauritius campus.

Aside from business, Nilofer enjoyed some R&R and took in the scenic views of the island's turquoise waters. The trip was not just a prestigious moment for Pakistani fashion but also a memorable event for Team Nilofer Shahid. OK!

PHOTOGRAPHS COURTESY: NILOFER SHAHID

TERRIFIC TUSCANY!

OK! SEES THE SIGHTS IN FLORENCE BEFORE HEADING TO THE ITALIAN COAST

Rolling hills, olive groves, vineyards, hilltop towns and art-filled cities, Tuscany has always been a favourite destination of cultural buffs and gourmet travellers. However, the world's spotlight turned towards the Italian region in spectacular style in 2014, when Kim Kardashian and Kanye West chose it as the venue for their lavish wedding ceremony. The fairy-tale nuptials took place at Forte di Belvedere, an imposing 16th Century fortress overlooking the city of Florence. Only a two-hour flight from the UK, Florence is an easy weekend getaway – and perfectly placed if, like *OK*!, you want to escape to the Italian coast and add on a few days on the beach after you've seen the gorgeous city sights...

A CITY-CENTRE BOLTHOLE

Located in the historic heart of Florence, in the shadow of the city's Duomo cathedral, *OK*! couldn't wait to check into the five-star Relais Santa Croce, part of the family owned Baglioni Hotels group. Recently restored, the former Florentine palace has been tastefully transformed into a luxury 24-room hotel. On entering the palatial hotel, *OK*! is transported to another era – one of wood panelling, frescoed ceilings and a grand



DUOMO CATHEDRAL

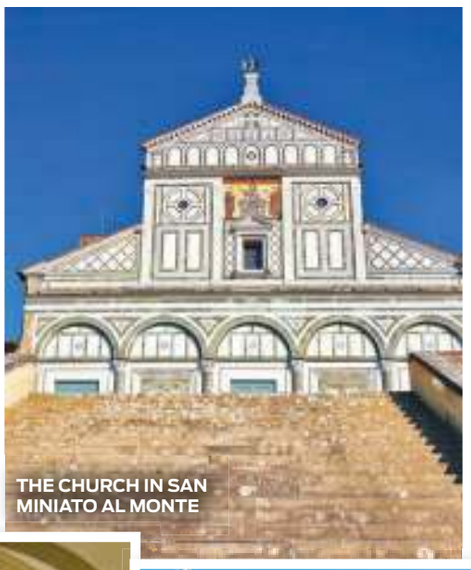


HOTEL CALA DEL PORTO

music room where Mozart once played. We love our elegant suite, where our shuttered windows open out to offer views of some of the city's stunning historical gems. At the end of each day, we enjoyed people watching in the hotel's ornate lobby.

CELEB SPOTTING!

Revealing that daughter North was 'conceived here among the Renaissance masterpieces', rapper Kanye described Florence as 'the most beautiful city in the world' after visiting for Kim's birthday. Brad Pitt and Angelina Jolie were another A-list couple who are fans of the city – they were spotted taking their kids to the Uffizi Gallery and the iconic Ponte Vecchio bridge, which spans the River Arno. Sting and Trudie Styler own Il Palagio, a 900-acre estate outside Florence which is available to rent for those with deep pockets!



THE CHURCH IN SAN MINIATO AL MONTE



THE ENTRANCE TO RELAIS SANTA CROCE



THE SMALL HARBOUR AT PUNTA ALA

SEE THE SIGHTS...

Florence is a great city to see on foot as nothing's more than a 15-minute walk away. Start your sightseeing at the Ponte Vecchio, which is lined with jewellery stores – and definitely one for the window shoppers! On the city side of the bridge is the Uffizi Gallery, home to artwork by Leonardo da Vinci, Botticelli and Michelangelo – pre-book your tickets to avoid the queues. Culture vultures should also head to the Accademia Gallery, home to Michelangelo's epic David statue. And, if you're brave enough, climb the 463 stairs to the top of the Duomo for breathtaking city views. If you prefer to see the sights on four wheels, book a vintage Fiat 500 tour with Walkabout Florence. After a quick lesson on driving the 50-year-old car, we get behind the wheel and head up to the church of San Miniato al Monte, which offers great views out across Florence and Forte di Belvedere. After checking out the local vineyards, we head back into the city, being told via walkie talkie from our guide to 'get aggressive' and 'drive like the Italians' as we head back to the Duomo.

DESIGNER SHOP TILL YOU DROP

Start out at the Piazza della Repubblica, where department store La Rinascente will sort out all your designer needs, before making your way to the nearby streets that form the fashion district – Via de' Tornabuoni, Via Strozzi and Via della Vigna Nuova - for Versace, Prada, Gucci and Armani. We loved Luisa Via Roma on Via Roma, where the samba music blares, celebrity-designed footballs decorate the shelves and we splash some cash on a Moschino handbag. If you want to bag a designer bargain, catch the bus from the city-centre bus station to The Mall, a 40-minute drive from Florence. There are bargains galore to be had – we didn't brave the Gucci queue but did pick up a pair of sunglasses, a purse at Valentino and some Sergio Rossi heels.

FINE DINING

For lunch with views of the Duomo, head to Scudieri on Piazza del Duomo. *OK*! enjoyed a delicious pizza outside in the sun, but you can sit inside under the much-loved eatery's grand chandeliers. You'll also find plenty of atmospheric Tuscan eateries tucked away in the narrow streets that radiate off the main cathedral square. For dinner, head to Caffè dell'Oro at the plush Portrait Firenze hotel. With views of the Ponte Vecchio, *OK*! enjoys a veritable feast of dishes - Caprese salad, gnocchi with Bolognese ragout and baked tomino cheese with summer vegetables - at the sleek, monochrome eatery. For fine dining in a beautiful setting, head to Il Palagio, a Michelin-starred restaurant in the 11-acre garden of the city's Four Seasons Hotel. Amid the sculptures, artwork, fountains and frescoes, *OK*! enjoyed the exquisite tasting menu – the crab timbale with ricotta and cucumber carpaccio, squid ink risotto and the chocolate cherry dessert are delicious stand-out dishes, while the resident pianist only adds to the magical ambiance.

Celebrities Spotted In Tuscany



STING



KANYE WEST & KIM KARDASHIAN

HIT THE BEACH

Wealthy Italians love the elegant traditional seaside hotels that dot the Tuscan coastline so, keen for a few days R&R outside the city, *OK*! heads to the beautiful Hotel Cala del Porto, overlooking the yacht-filled, restaurant-lined marina of Punta Ala. With antiques at every turn and huge framed images of old Hollywood stars, the 40-room hotel oozes old-school glitz and glamour. By day, guests hop on the hotel's shuttle bus to spend the day at the hotel's new La Vela beach club or enjoy lunch at the more family friendly La Spiaggia restaurant next door. By night, *OK*! dines at the hotel's gourmet Belvedere restaurant, where highlights include the truffle fettucini. Bellissima! OK!

REPORT: ANNABEL MACKIE & NANCY BROWN
PHOTOGRAPHS: GETTY, SHUTTERSTOCK

ART TORONTO 2016

Toronto welcomes Fall with a nod towards the arts, coinciding with Frieze London on the global art calendar





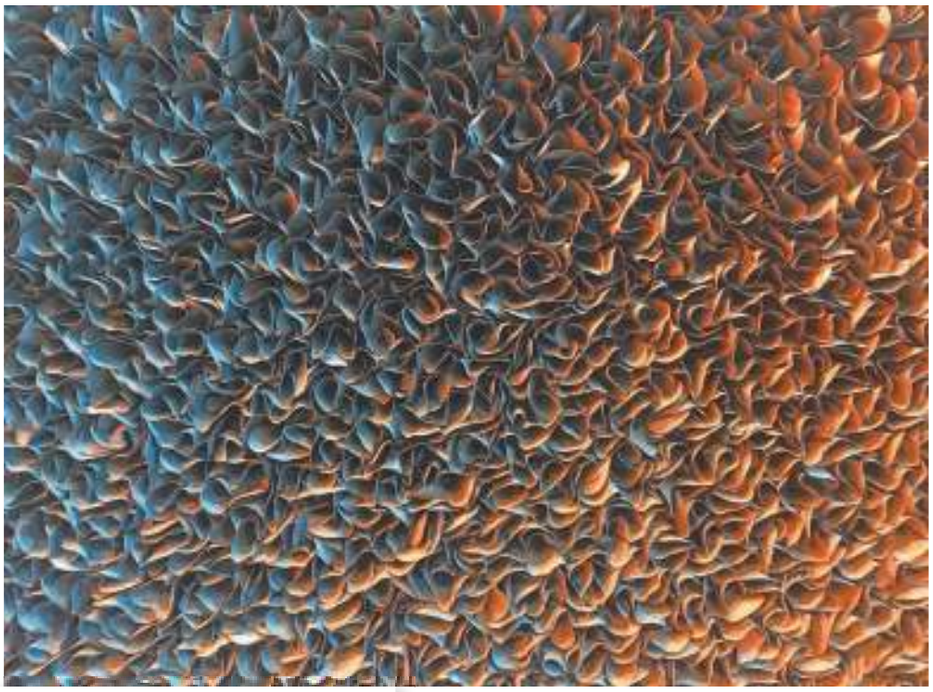


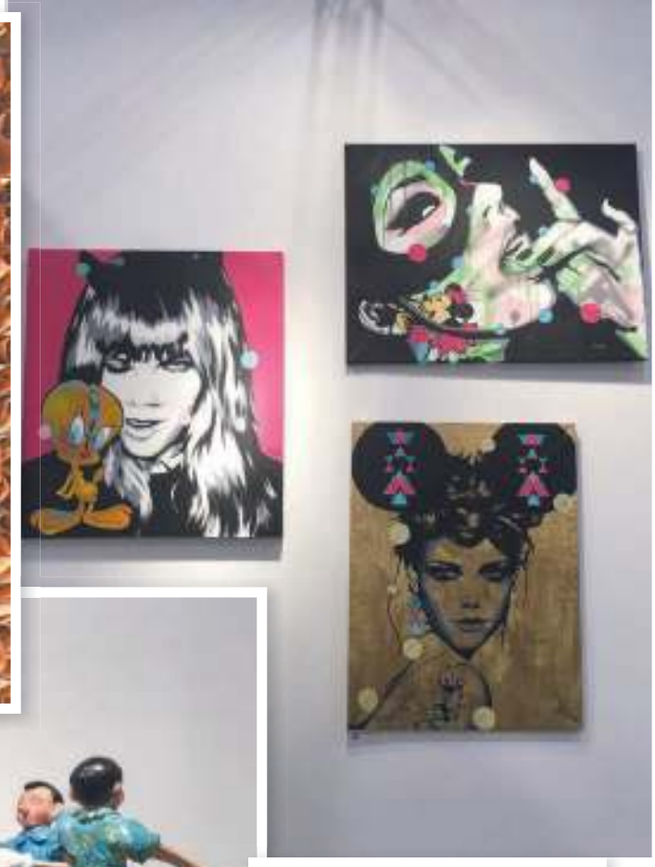
Under a sunlit atrium lined with potted palms, the annual Fall show ushered in the Winter festive season with the 17th edition of Art Toronto, held from October 28-31. Set in urbane downtown Toronto, featuring 106 galleries from 14 countries, the fair also mobilised local museums and art institutions to take note and participate within their host city combining programming, special projects, installations, exhibitions, gallery art crawls and more to engage guests from both within and outside their borders, across all demographic and cultural spectrums.

The spatial layout, designed by architect James Khamsi of FIRM a.d., featured several lounges and restaurants for optimum interaction, mandating guests to mingle and refuel while continuing their walkthrough. A definite improvement from previous years, providing a healthy dose of local and international art. The space was better organised incorporating more social spaces with communal tables.

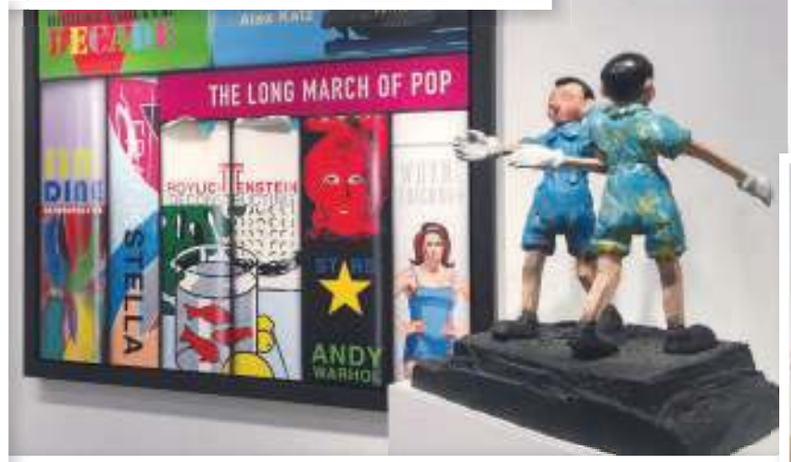
A curated section of the fair highlighted galleries and projects from across Mexico, Central and South America. This year, they focused on a selection of artworks that ponder on architectural, spatial, and urbanistic issues – to that end, the main atrium featured an art installation comprising a maze of aerial hammocks amongst potted palms, encouraging showgoers to participate and contemplate within the space emulating a lush green jungle.

Notable works included Paul Béliveau's take on 60's pop art with video imagery incorporated into his pieces. It was also interesting to note the artistic juxtaposition by mentioning other



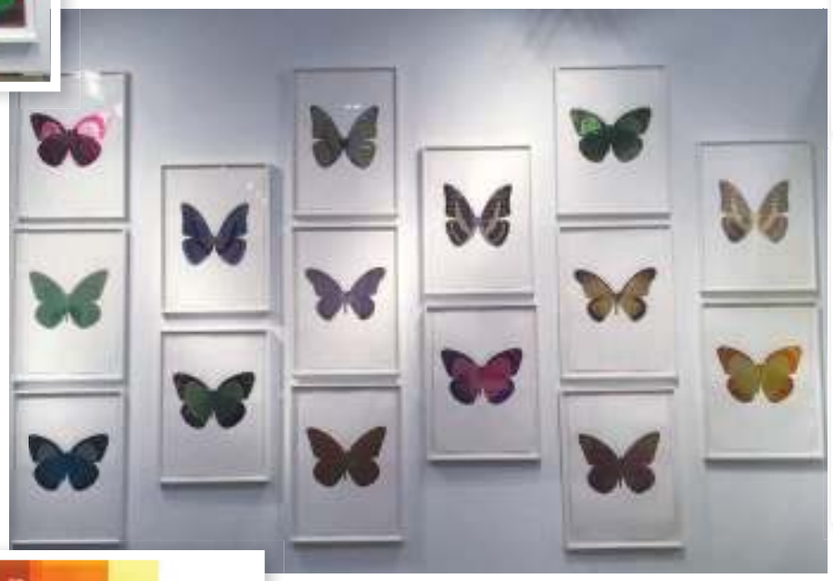
















prominent artists within his pieces such as Andy Warhol, Robert Indiana, Frank Stella, and others.

Toronto and my own personal favorite David Drebin, displayed a stunningly witty and heartwarming sculpture titled *Falling in Love*, made entirely in plexiglass, along with a quirky set of sculpted lips. David Magan, a Spanish artist displayed phenomenal works made entirely in composite colours and neons on plexiglass. Damien Hirst was heavily represented by gallery Other Criteria, based in New York and London. Amongst limited edition Bono+Damien Hirst collaborative pieces (the proceeds going to various charities), the most arresting, however, was an entire gallery wall dedicated to a collage of his beloved butterflies, done in foil print.

Galleries cited an uptick in sales from previous years. Citing heavier crowds and a definite interest in art from those residing within the city. Galleries from Mexico City, London and New York in their inaugural years, were upbeat saying they will be returning the following year. Notable artists included Damien Hirst and Roy Lichtenstein, with many new and lesser-known artists, including David Magda, Erika Harrsch and Carlos Limon, displayed inventive works. OK!

TEXT: FAIZA VIRANI

WHAT'S ON?

ART EVENTS & EXHIBITIONS AROUND THE WORLD



Anselm Kiefer: Walhalla

Ongoing until 12th February, 2017, White Cube Gallery, LONDON

The exhibit showcases Kiefer's work in all its epic and totalitarian glory that has been forged out of industrial materials in art factories. The brazenness of the show is something to be admired and upon viewing it, visitors are captivated by the sheer size of the exhibit as well Kiefer's sense of his own mortality that is apparent through the pieces he has created in this exhibit. This exhibition showcases the best mesh of narcissism and art that London has seen in a while.



The Universe and Art

Ongoing until January 9th, 2017, Mori Art Museum, TOKYO

Humanity's fascination with the cosmos is depicted through an eclectic point of view at the Mori Museum in Tokyo. Highlights of the exhibit range from meteorite pieces, fossils and astronomical writings by Da Vinci and Galileo to *Taketori Monogatari* (*The Tale of the Bamboo Cutter,* Japan's oldest sci-fi novel). The exhibit is also punctuated with contemporary art installations and Hajime Sorayama's sexy robots.

Jeu de Paume: Soulèvement

Ongoing until 15th January, 2017, Galerie nationale du Jeu de Paume, PARIS



Jeu de Paume's *Soulèvements* traces the history of social uprisings through a chronology of works from Goya, Courbet, Man Ray, Vallotton, Manet and Brecht as well as Michael Caron's photographs of the 1968 Parisian riots. This multi-disciplinary exhibition is richly documented and intelligently presented.

Kai Althoff

Ongoing until 22nd January, 2017, Museum of Modern Art (MoMA), NEW YORK



William Faulkner wrote, "The past is never dead. It's not even past", and Kai Althoff's exhibition at MoMA seems to echo that sentiment. The exhibit is billed as a mid-career survey of the German–born artist who has mashed together several works of his art into a single installation, inside a vast white tent. Though the arrangement may appear to be odd, it is anything but, as objects mesh into one another. The experience of viewing this installation is surreal and magnificent.

Kerry James Marshall: Mastry

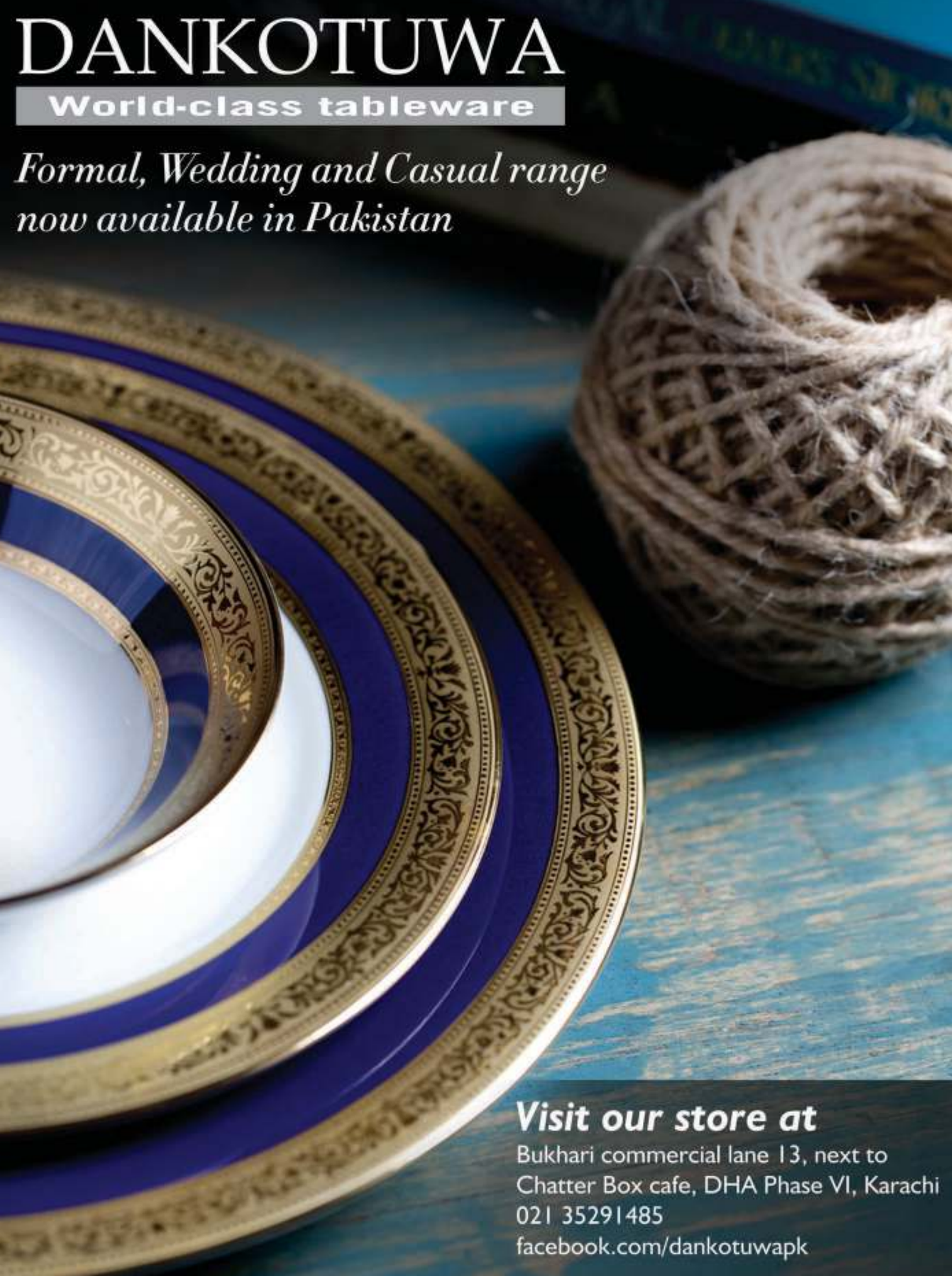
Ongoing until 29th Janurary, 2017, The Met Breuer, NYC

The exhibit is rare, intelligent and depicts a clear understanding of the world's view point. The African-American artist, Kerry James Marshall's work astounds viewers through his vision in challenging the Caucasian character of Western painting. Marshall picks apart the conventions of modernist and old master paintings, repurposing the former for his own aims while adding a folk-art touch to the latter, all whilst



commenting on personal significant moments as well as historical movements such as the Black Panthers, the Black Lives Matter and the Civil Rights movement. A must see if you are in New York.

TEXT: MASHALL KHATTAK


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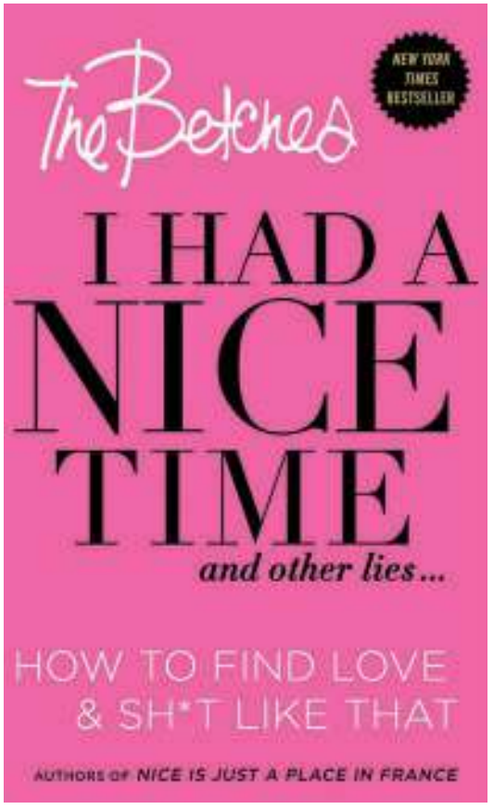
I Had A Nice Time and other lies

Jordana Abraham, Aleen Kuperman, and Samantha Fishbein write collectively as The Betches and have a website aimed at young adult humour called, Betches Love This. *OK*! Pakistan reviews The Betches' honest and latest tell-all book that is taking the chick lit world by storm



An equally scintillating sequel to the much beloved and endearing *Nice Is Just A Place In France*, New York Times bestselling authors, The Betches' latest installment and much awaited follow-up *I Had A Nice Time And Other Lies* brings equal parts hysterics, sarcasm and sincere advice all packed in a how-to manual for getting serious and settling down. The format not very different from the previous one, for those who missed out, it packs case studies, worst-case scenarios, lists, tables, quotes and anecdotes all intended to amuse, delight and chide the non-betch into reformation. While the previous book concentrated on turning one into the most supremely delightful version of herself, the follow-up, at its core, does exactly the same, but this time intends for one to grow up and find her way away from non-stop partying and finding someone to settle down with.

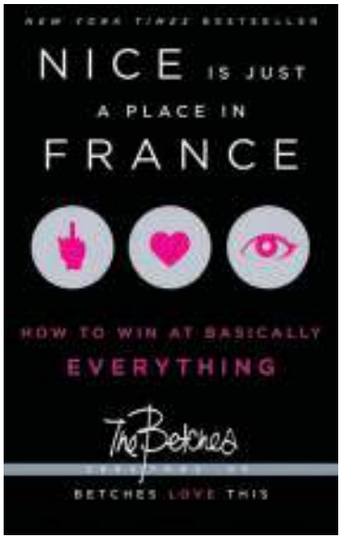
That, if you didn't guess already, comes with its own set of rules and maneuvers. I mean it's not like you can get up and do just about anything, right? Exactly. The Betches provide the most ruthless, foolproof, incident-free guide to finding the man of your dreams and holding on tight. Not to say that won't come with its own set of challenges. But that's what The Betches are here for. This includes wading through and disposing off all non-contenders that don't match up, spending basically zero time moping over a relationship that didn't work out, I mean, really, and finding yourself in the most scot-free, seamless journey in order to ensure the next phase of your life goes exactly as planned.



Taking us through *wingbetches*, screen names, drifters, bad-spellers, deal breakers, *nicegirls* and the ultimate, *What Would Karen Do?*, readers won't be able to look up from the various formats and boundless notes the writers run through. Sprinkled with relevant and useful notes from pros all across the spectrum, Maya Angelou, Oscar Wilde, Elizabeth Taylor and Carmen Electra, the book elegantly explores all the relationship questions every girl wants to ask but doesn't. This one arrives in pretty packaging and spunky voice only your best friend would employ.

A must-read for women everywhere. OK!

TEXT: FAIZA VIRANI

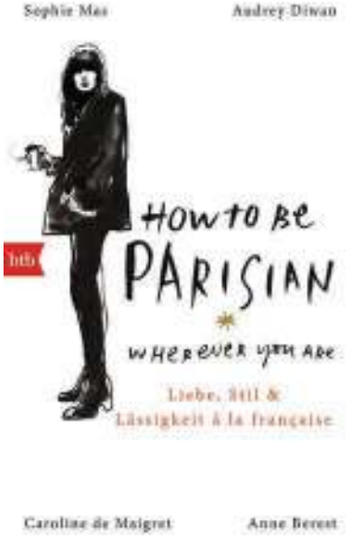


Nice Is Just A Place in France by The Betches

Where it all began, start with the first one if you're unfamiliar with the title.

How To Be Parisian Wherever You Are by Caroline de Maigret et all

The ultimate book in staying Parisian-chic.





Nasty Galaxy by Sophia Amoruso

Nasty Galaxy is Amoruso's newest life bible, approaching style, music, philosophy, and advice in the same way *#GIRLBOSS* approached business.

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OK! WORLD IN ACTION



THE LAST FEW RAYS OF SUNLIGHT AND STREAKING STAR TRAILS AT LA SILLA OBSERVATORY IN CHILE. IT WAS TAKEN BY ROGER WESSON, A PHOTO AMBASSADOR FOR EUROPEAN SOUTHERN OBSERVATORY (ESO)



A COW AND A RESCUED TORTOISE HAVE BECOME UNLIKELY BEST FRIENDS IN THE BANGKOK ZOO



TAKING CENTRE STAGE IN THIS SWEET FEAST IS A 20LB, 25,000 CALORIE GUMMY TURKEY; SIDES INCLUDE A GREEN JELLY-BEAN CASSEROLE, GUMMY CRANBERRY SAUCE, AND A COOKIE AND CARAMEL STUFFING BY VAT19, ST LOUIS



AERIAL VIEW OF SNOW IN HARTSIDE, CUMBRIA



DUTCH COMPANY ORTEGA SUBMERSIBLES HAS CREATED A REVOLUTIONARY WAY OF UNDERWATER TRAVEL BY USING HIGHLY ADVANCED NAVAL TECHNOLOGY. ITS MOST RECENT SUBMERSIBLE VEHICLE IS THE MK. 1C - A THREE-SEATER FULLY-SUBMERSIBLE BOAT THAT CAN CARRY PEOPLE BOTH ABOVE AND UNDER WATER

PHOTOGRAPHS: WENN, AFP

Red Carpet Blowdry

Who doesn't love a good, voluminous blowout? How is it that you never really look as put together as you do when you leave the salon after a professional blow dry? Just the addition of these 5 wonder products can guarantee an envious Red Carpet Blowdry!

Step 1:
Keratin Complex Smoothing Therapy Shampoo.

Keratin Care Shampoo gently cleanses the hair without diminishing essential keratin and moisture. Its smoothing action helps protect the longevity of Keratin Complex® Smoothing Therapy treatments. Formulated with a protective blend of keratin, wheat and soy proteins, this silky, sodium chloride free formula helps to restore the hair's resilience while giving it a smooth, shiny appearance. Ideal for all hair types, including dry, damaged or keratin-treated hair.

Step 2:
Vanilla Bean Deep Conditioner

Vanilla Bean Deep Conditioner is a rich, vanilla-infused conditioning treatment that creates an indulgent aromatherapy experience while providing optimal nourishment for healthier-looking hair. Packed with vanilla bean bionutrients that restore moisture and shine. Ideal for all hair types, especially dry, dull or over processed hair.

Step 3:
Vitalshot

Apply Vitalshot along with Vanilla Bean Deep Conditioner and leave the mixture in for 20 minutes to work its wonders. Vitalshot is a unique one-shot repair treatment that rebuilds and repairs the bonds of the hair to deliver your best hair yet. It straightens the hair's cortex while binding moisture to the cuticle. The one-shot treatment fortifies weak, damaged hair and instantly reduces frizz. Vitalshot works from within to fill in gaps where keratin has been depleted, targeting these weak areas to make hair stronger and more resilient.

Step 4:
Intense RX

Apply a small amount of this leave-in serum after conditioning on towel dry hair.
This rescue remedy improves the hair's tensile strength and restores elasticity-translation: breakage and split ends are reduced-to make compromised hair stronger and more resilient. Intense Rx alleviates the damage left behind by color treatments and heat styling to give her a healthy basis for daily styling.

Step 5:
Blow-dry

Pull up the top sections of hair and clip them. Starting at the back, wind small sections of hair from the ends up to the scalp around a ceramic brush and hit with the heat until dry. Unravel hair from the brush and rotate your wrist so the hair curls on itself, forming a loose ringlet.

Step 6:
Flex Flow

For that extra volume and oomph use Flex Flow; a lightweight aerosol hairspray that improves the strength of the hair fibers while giving brushable hold to all styles. It layers weightlessly without buildup, while it's Keratin-enhanced formula conditions and fights static flyaways. The UV protectants defend the hair from the dulling effects of the sun.



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OK! ASTROLOGY & TAROT

Mariam Aftab puts your cards on the table

Aries
Mar 21 – Apr 20

Your spread indicates that travel plans may get postponed. Please avoid arguments and tiffs this month. You will have to work hard to maintain your position at work. Working women will do exceptionally well during this month. This is a favourable time for legal proceedings, and focusing on property matters. Family problems may solve amicably. Students should avoid controversy.

Aroma Therapy Oil: Lemongrass
Lucky Numbers: Series of 3
Antidote for Evil Eye: Burn sandalwood incense at the entrance of your home

Cancer
Jun 22 – Jul 23

You may get edgy about carelessness displayed by colleagues or those you handle money with. Just don't get too nit-picky. You are taking a rather hard line at the moment, focusing on what is practical and sensible. You are uneasy about lofty discussions, which never seem to lead anywhere. If you stay at your workplace, then everything should run smoothly. Staying out of arguments will lead to pleasurable results.

Aroma Therapy Oil: Garlic
Lucky Numbers: 5,7
Antidote for Evil Eye: Rotate 7 chillies clockwise over the crown *chakra* and burn on stove

Libra
Sep 24 – Oct 23

This is the best period for bringing about changes in your work set-up. Attend to money matters personally. Love life is rather exciting. Sports and other extra-curricular activities will bring you in the limelight. Domestic scene is quite peaceful. Health-wise, you need to take care. News from abroad may dampen your current travel plans or academic objectives. A meeting with a friend will bring favourable results.

Aroma Therapy Oil: Frankincense
Lucky Numbers: 1,5,9
Antidote for Evil Eye: Burn lemongrass incense in the office area

Capricorn
Dec 22 – Jan 21

You should be feeling completely revitalised, and any new ventures that you start at this time should be aided by this fresh, new energy. Romance and relationships are bound to be high on your list of priorities right now, too. It's a great time to share your magnetic appeal with the world, and you shouldn't have to go too far to find a good time. You might feel like getting some rest and relaxation around the house.

Aroma Therapy Oil: Pine
Lucky Numbers: 2,8
Antidote for Evil Eye: Keep a red wallet for financial gain

Taurus
Apr 21 – May 21

You will have a lot of potential, career-wise, but it's very important to work that out with your need to be boundless and free. Too much freedom may cause you to make mistakes. Overconfidence and not asking for help may lead to regret. Try not to be irritated by work-related responsibilities. Just realise that there may still be a few issues that will need to be dealt with.

Aroma Therapy Oil: Ylang ylang
Lucky Numbers: Series of 2
Antidote for Evil Eye: Rotate 1 ½ kg of red meat over the crown *chakra* and throw to birds of prey every Monday

Leo
Jul 24 – Aug 23

Your spread indicates that there will be mixed trends at work; some business tasks will suffer from delays. You will require devoting more time to your job/career. This is a good month for signing new agreements and for legal proceedings. You will cultivate a useful contact. A hectic work schedule is likely to keep you away from home and family. Sportsmen are in the limelight. You may suffer from stomach problems, and cycling, horse-riding and jumping exercises are recommended.

Aroma Therapy Oil: Rosemary
Lucky Numbers: Odd numbers
Antidote for Evil Eye: Hold a citrine and recite *Ya Akhiro*

Scorpio
Oct 24 – Nov 22

You might need to step back and consider the issues buried in your sub-conscious. Others may be tempted to say something arrogant especially in your social circle; refuse to participate in snobbish behavior. Your personal efforts will pay you in the form of rich dividends, making you tough and competitive. If you are a sportsman, you will be able to win a medal in a competition. You can improve your health by sharing your happiness with others.

Aroma Therapy Oil: Vanilla
Lucky Numbers: 3,7,9
Antidote for Evil Eye: Burn rosemary oil in the bedroom area

Aquarius
Jan 21 – Feb 19

The completion of your important task will bring in substantial gains and happiness this month. Business proposals, which you might make this month, will be accepted. Housewives will visit their relatives, perhaps to call on ailing relatives. The unmarried will have a nice time with friends. Those looking for work will get a suitable offer. Correspondence from abroad will bring happy news. You may suffer from digestion problems; be careful with your food intake.

Aroma Therapy Oil: Rose eucalyptus
Lucky Numbers: 7,9
Antidote for Evil Eye: Burn white candles in the office or living area

Gemini
May 22 – Jun 21

You must safeguard your interests by focusing on routine work. A short journey towards the West or South-West could prove fruitful. Do not get provoked into lengthy arguments at work. Deserving government employees can expect to be nominated for an award or honour. Traders/businessmen will receive a boost to their work. Romantic plans come to the fore this month. Home life is quite blissful. You may suffer from a toothache or throat problem. Low-fat food and morning walks are best for your health.

Aroma Therapy Oil: Lavender
Lucky Numbers: Series of 3
Antidote for Evil Eye: Keep blue agate in your bedroom

Virgo
Aug 24 – Sep 23

You should be very effective in expressing yourself in any kind of group meetings, social situations with friends, or even when just discussing some of your hopes and wishes with others. You ought to feel very comfortable sharing your feelings with people, and it should be a good time to let your friends know just how much they mean to you. You will want to spend as much time possible in dealing with various career matters and focusing on your professional life.

Aroma Therapy Oil: Tea tree cedar wood
Lucky Numbers: 1,9
Antidote for Evil Eye: Keep a red wallet for financial gain

Sagittarius
Nov 23 – Dec 21

Communications and meetings will proceed smoothly this month. Exporters or those in international trade will enter into collaborations with foreigners. Financial stability is assured. The emphasis this month is on romance and travel. You may need extra cash for household expenses. This is a good time to purchase property for those seeking a house. Partnerships and relationships are bound to be a little confusing. You may make a few mistakes, but you will learn some important lessons from those mistakes.

Aroma Therapy Oil: Ginger
Lucky Numbers: 1,2,3
Antidote for Evil Eye: Bathe with sea salt

Pisces
Feb 20 – Mar 20

You will have to accomplish quite a lot and organise a few things for your career this month. It's a good time to enjoy yourself, just be careful that you don't overdo it! You should be able to express your emotions more freely than usual. You will be happy to take care of any financial obligations you might have and will probably achieve a certain sense of satisfaction from the things you are able to do for others.

Aroma Therapy Oil: Sweet Grass
Lucky Numbers: 3,5
Antidote for Evil Eye: Keep a money plant in the office area



MAHIRAH KHAN
DECEMBER 21, 1982



AMIR KHAN
DECEMBER 8, 1986



TAYLOR SWIFT
DECEMBER 13, 1989



JAY Z
DECEMBER 4, 1969

PHOTOGRAPHS: AFP, GETTY

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