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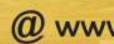
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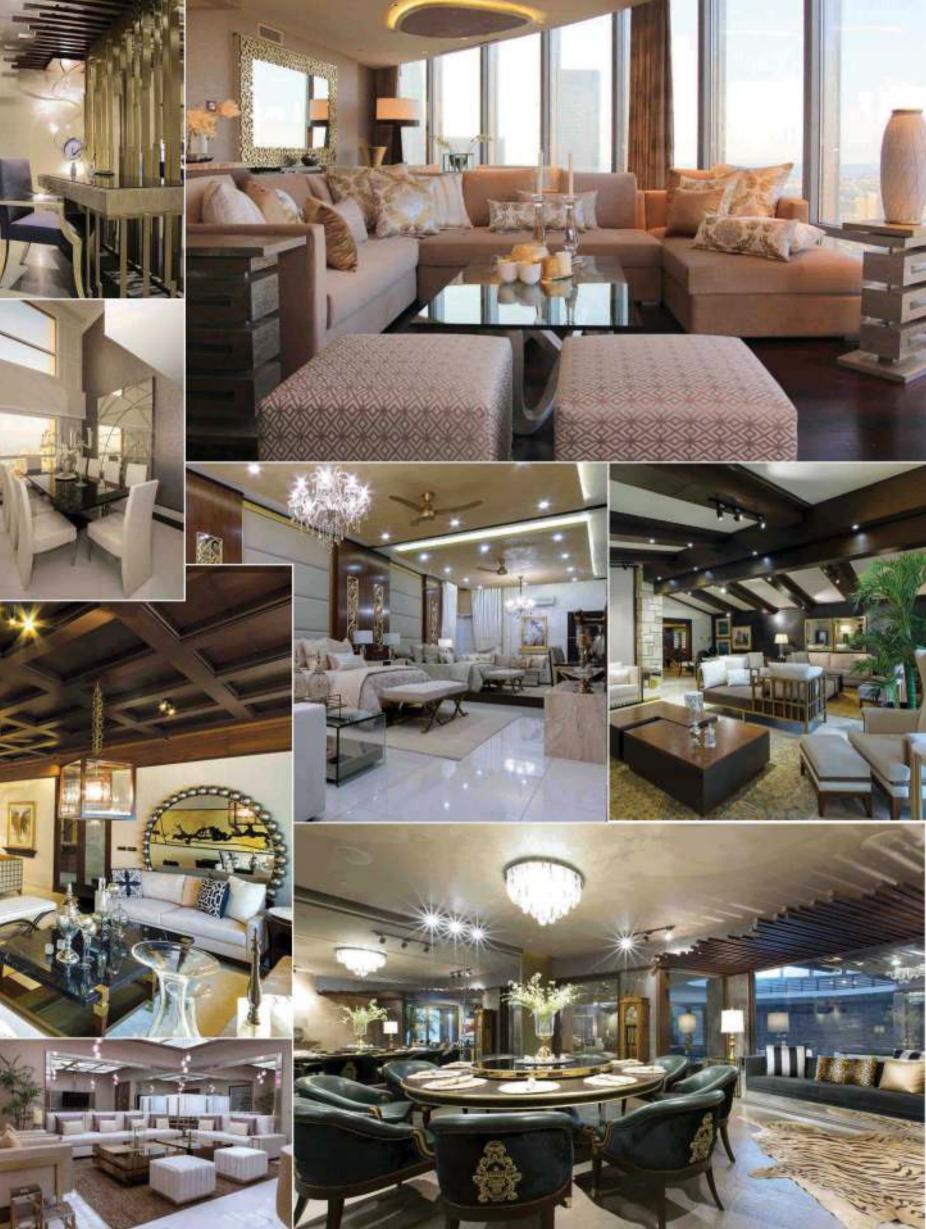
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## CONTENTS

#### **Features**

14 *OK*! NEWS

**22 SOCIETY DIARY** 

#### **48 URWA HOCANE**

The shining star talks about her latest project Rangreza, dealing with paparazzi, being in the same industry as her sister and husband, what drives her and lots more

58 HUM STYLE AWARDS WINNERS OK! Pakistan talks to the winners of the 2nd HUM Style Awards 2017.

#### 70 ISLA FISHER

The actress and writer tells OK! about juggling her acting career with motherhood, why she'd consider a permanent move to the UK, and the musician she'd like to play in a film.

#### 76 ZUNN: THE HOUSE THAT

#### MAKES HOMES

OK! meets with the dynamic duo Seema Sherazee and Uzma Mirza who dared to dream a space that steers away from the business of retail lifestyles, yet grows by leaps and bounds into a multidimensional, award-winning design house.

#### **84** RYAN GOSLING

OK! catches up with the latest addition to the Blade Runner universe, as he shares the experience of the film and working with Harrison Ford.

#### 90 *OK*! ON THE LIST: THE

#### CATWALK AND TALK

OK! Pakistan rolls out a list of Superwomen who were trailblazers for the local fashion industry and set standards for newcomers to follow.

#### Fashionista

109 BEST DRESSED

110 RED CARPET

**114** EDITORIAL: LA SAISON

**GLAMOUR** 

120 ÉLAN: CHAMPS DE PATCHOULI

**124** PFDC L'ORÉAL PARIS BRIDAL

**FASHION WEEK** 

140 Q MOBILE HUM STYLE

**AWARDS** 

142 NEW TO KNOW: SADIA FAWAD

**KHAN** 

144 STYLE FILE

146 FASHION EDIT: MIXED METALS

148 JEWELLERY EDIT: TWINKLING

**TOPAZ** 

150 STREETSTYLE

152 MY WONDEFUL LIFE: SHEHLA

CHATOOR

154 STYLE CRUSH: BELLA HADID

& ALEXANDER SKARSGÅRD

**156** OK! SPOTLIGHT: SADIA TARIO

160 TRENDING

163 MEN'S EDIT: LEATHER

WEATHER

**164** BEAUTY ESSENTIALS

**166 GET THE LOOK: MAHIRA KHAN** 

168 WHAT'S IN HER BAG?:

**HUMAIMA MALICK** 

169 BEAUTY EDIT: MAGIC WAND

**170 BEAUTY EDIT: CONCEAL IT** 

Lifestyle

**172 UPCLOSE: ANOUSHEY ASHRAF** 174 OK! CONFIDENTIAL: FATEMAH **RAWJI** 

**178** THE KARACHI BIENNALE 2017

180 ART: WHAT'S ON?

**181** LITERATI: *THE CONTRACTOR* 

182 DINE DIVINE: COCOCHAN,

KARACHI

184 OK! HEALTH: PANIC ATTACK

186 TRAVELLER'S TALE: HADIQA

188 OK! TRAVEL: PORTUGAL

190 WORLD IN ACTION

192 ASTROLOGY & TAROT







#### **Editor's Note**



#### **Editor's Picks**



Murder On The Orient Express



DRIGANIC LIP BALM

Balm

ur November cover star is the lovely and talented Urwa Hocane. A multi-faceted artist, Urwa has excelled in all the avatars she has donned, from modeling to acting to VJ-ing. Getting her first big break as a VJ on ARY Muzik, she was soon noticed for her spontaneity and ability to connect with viewers, and offers for media projects came pouring in. Urwa has featured in critically acclaimed and ground-breaking projects, including Udaari, Na Maloom Afraad and Mein Punjab Nahin Jaungi. Be it the naïve Meeran in Udaari or the crafty Durdana in Mein Punjab Nahin Jaungi, Urwa has always portrayed her character convincingly, leaving one with the impression that the role was just tailor-made for her. It's not surprising then that her fans are waiting with bated breath for her latest project, Rangreza. The film's music is already topping the charts, particularly the soulful and soothing *Phool* Khil Jaayein, and Urwa's look as Reshmi in the film has also generated considerable interest.

What makes Urwa stand out among many of her contemporaries is not just her prowess as an actor but also her candour and refreshing simplicity in attire. Eschewing the use of tons of makeup in real and reel life, she comes across as very relatable and unassuming.

Award-winning actor Ryan Gosling co-stars with Harrison Ford in the American neo-noir science fiction film, Blade Runner 2049, one of the top grossers of the year. The film is the sequel to 1982's classic Blade Runner, and Ryan Gosling admits that it felt surreal to be a part of the project. "Having watched it as a kid and knowing how influential it was in my decision to be an actor, it is amazing to be a part of it. The movie is a continuation of the story and is a testament to the power of the original."

We catch up with the gorgeous Isla Fisher, whose impressive career includes stellar films such as The Great Gatsby, Confessions of a Shopaholic and Now You See Me. Isla has just released her new book, Marge and the Great Train Rescue, and talks about her love of writing, motherhood and children. "I wish I had the secret to balancing it all as a mum, but I don't have a clue," she tells OK! of juggling her acting career with motherhood.

Our list this time features Pakistan's First Supermodels and is a mustread; from Attiya Khan and Frieha Altaf to Sonia Mehnaz and Aaminah Hag, these are the hugely talented models who were trailblazers for the local fashion industry and paved the path for newcomers to follow!

All this plus our regular art, health and lifestyle features. Happy Reading!



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Butterfly clutch by Amna Eraj



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#### Kate Middleton Reveals Baby bump

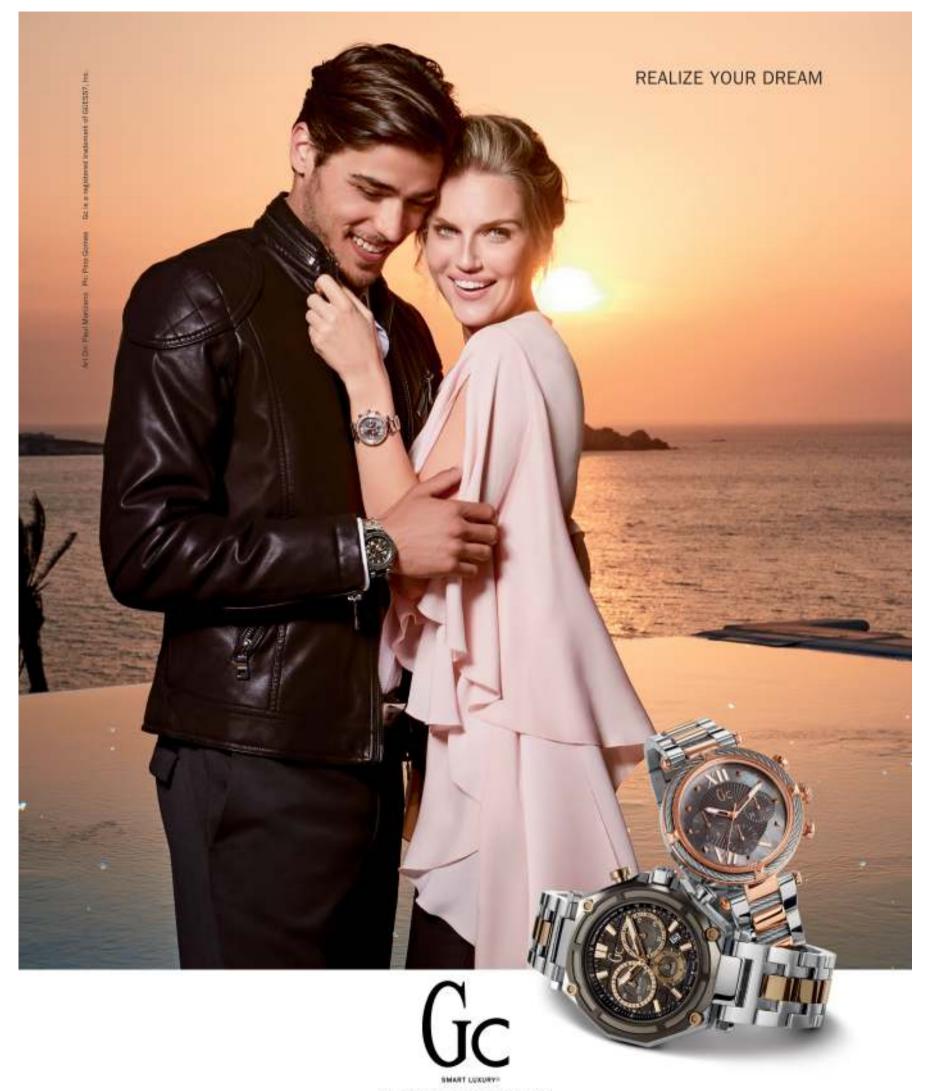
he Duchess of Cambridge reveals a growing baby bump as she begins to settle in her third pregnancy. The glowing royal is expecting her third child, and is sporting a radiant pregnancy glow. She was clad in autumnal tones as she attended the Place2Be School Leaders Forum in London. Kate, who looked elegant in a burgundy dress by Goat, heard from experts at the event and the charity's partner schools in England,

Scotland and Wales. They discussed how to provide practical support for children and how to nurture good mental health in young boys and girls. The forum, entitled *I'm Fine!*, also included presentations from experts in child psychiatry, psychology and research, alongside head teachers of Place2Be partner schools working in some of the most disadvantaged parts of the UK.

#### Karachi Kings Announce Their Captain For PSL

Young blood should lead", Shahid Afridi claimed at the recent event where the captain for Karachi Kings was appointed for the third edition of Pakistan Super League (PSL), set to take place in 2018. Pakistani all-rounder Imad Wasim has been chosen as the captain of Karachi Kings. The announcement was made in a press conference, attended by the PSL franchise owner Salman Iqbal, President Shahid Afridi and the star players. In addition, the star cricketer, Afridi announced that he would be focusing on honing young talent in his Street Kings chapter.

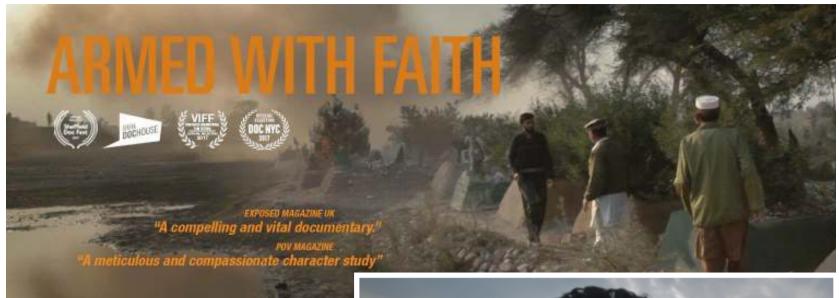




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#### OK! News



#### Armed With Faith Premieres In New York

OC Film's latest venture, *Armed With Faith* premieres in New York. The documentary is Asad Faruqi's directorial debut, co-directed by Geeta Ganbhir and produced by Sharmeen Obaid Chinoy. It focuses on a post 9/11 Pakistan, an American ally in the global War On Terror, plagued by both home-grown and international terrorism. The small yet heroic Pakistani Bomb Disposal Unit is on the frontline of defence, defusing bombs, navigating land mines and grappling with suicide bombers, all while dealing with financial hardship and familial pressure. *Armed With Faith* takes us on the ground with this dedicated squad of men who risk their own lives every day for their country.





#### Met Gala's Theme For 2018 Revealed

eavenly Bodies: Fashion and Catholic Imagination is the Costume Institute's sanctification of fashion, as it reveals its theme for 2018. Designed to create a dialogue between fashion and the masterworks of religious art in the museum's holdings, the show will be presented in a trinity of locations; The Anna Wintour Costume Centre, the medieval galleries at The Met Fifth Avenue and further uptown at the Cloisters. Central to the conversation will be the papal garb on loan from the Sistine Chapel sacristy, many of which have never been seen outside the Vatican. The much adored Amal Clooney and Rihanna will be co-hosts, along with Donatella Versace marking another trinity of fashion. The Gala aims to display extraordinary ecclesiastical pieces, highlighting the enduring influence of religion and liturgical vestments on fashion. The intersection of the sacred and the profane, as it were, is a tongue in cheek shout out from the fashion world in true blue style.



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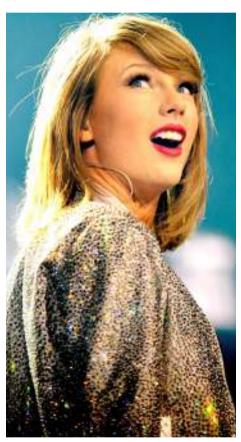
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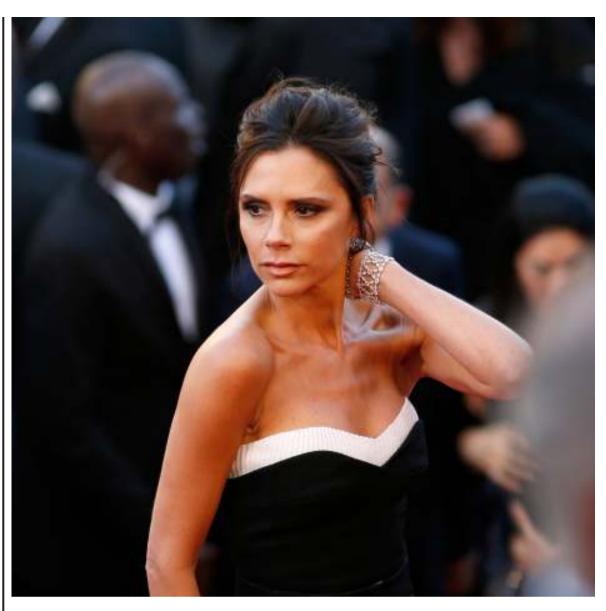




#### **OK!** News Taylor Swift To Perform At The Jingle Bell Ball

aylor Swift will be performing at her only European show of 2017 at the London O2 Arena for the Jingle Bell Ball in December. The Look What You Made Me Do singer will join stars including Sigala, Niall Horan, The Script and Liam Payne for the highly anticipated annual show. The news has left her fans in shock, even if it is her first European performance in two years. She will headline at the London O2 Arena, in the Capital Jingle Bell Ball, as part of the city's Christmas festivities next month. The tickets for the show are already being bought pre-release, as she becomes the star to watch out for during the holiday season.





#### Working Out The Posh Way

rictoria Beckham breaks into 'Athleisure', in a surprising pair off for the fashion world, collaborating with Reebok to work on her collection of sneakers. While it may seem unlikely, especially since the details of the designs are still under wraps, the collection is predicted to be a fashion staple, this time around next year. Also, breaking into athleisure is an exciting prospect for Beckham, who has incorporated fitness wear into her own wardrobe. "To challenge the traditional notions of fitness wear within the fashion context is something I have always wanted to do," Beckham said in an official statement. Victoria will be working with Reebok on directional pieces, making the collection a patent fashion statement. "Victoria is a true visionary who possesses a relentless desire to help women become the best versions of themselves," said Corina Werkle, Senior Vice President of Women's Initiative at Reebok.

#### Verna's Soundtrack Gets Up Close And Personal

┥hoaib Mansoor's *Verna* is all ready to hit the screens. Starring Mahira Khan, Haroon Shahid, Zarrar Khan and Naimal Khawar, the film tells a powerful story through its music too. The film is about violence against women in Pakistan and Mahira's performance is highly anticipated to live up to the film's essence, Haroon Shahid, one of the three new faces cast in Verna, has previously been a part of the musical band Symt and has appeared on Coke Studio as well, keeping Shoaib's tradition of casting musicians in his films intact. Haroon teamed up with the director to create a hard-hitting soundtrack that reflects the powerful message of the film.





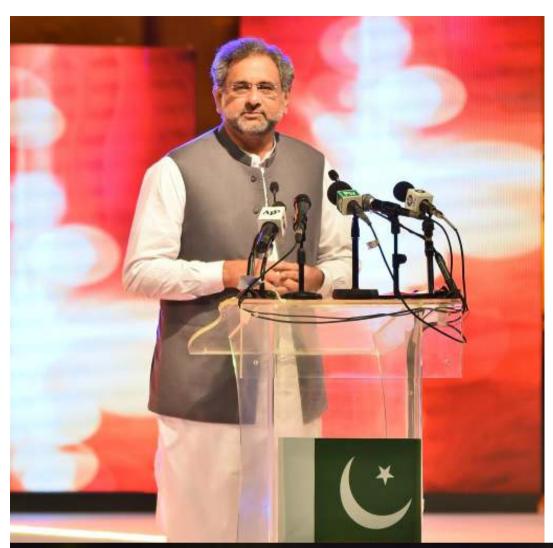
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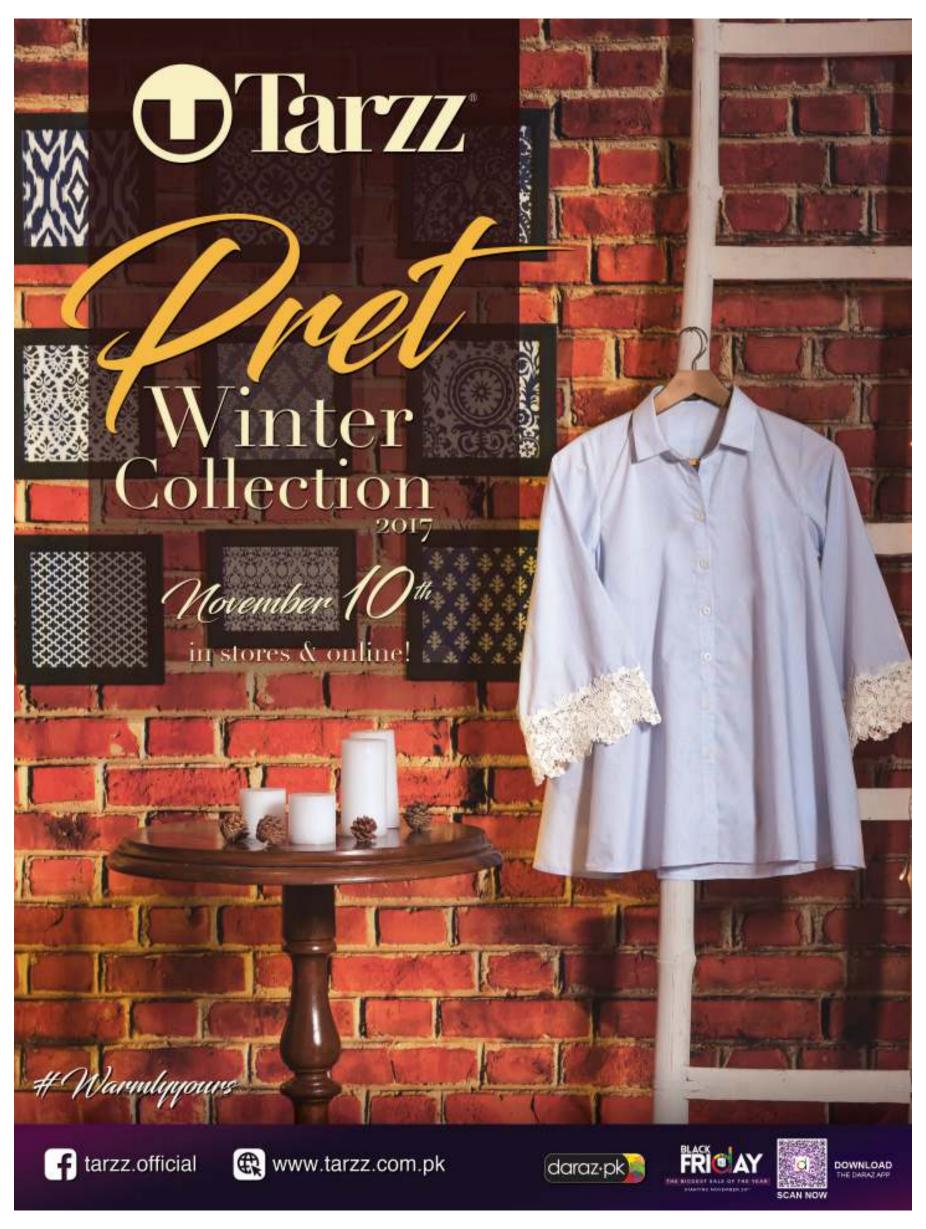


### Emerging Pakistan Initiative Launched

he Mohatta Palace served as the backdrop for the official launch of the Emerging Pakistan Initiative, in a symbolic ceremony that juxtaposed the best of a heritage preserved as the backdrop for a venture that hopes to build upon the best for the country's future. The event was attended by the Prime Minister, Mr. Shahid Khagan Abbasi, who inaugurated the initiative. "It is a moment of immense pride for me to announce Emerging Pakistan," Mr. Abbassi said. "Pakistan is a land of vast potential and countless opportunities, of breathtaking landscapes and hospitable people, of rich traditions and unmatched resilience. We are heading out of our challenges stronger and heading towards a bright future. Very soon we shall be the region's corridor for trade and energy and progress and prosperity. I would like you to join me in sharing this initiative with the rest of the world," he said in his speech, which was followed by Nomi Ansari and Faiza Samee displaying their collections for the event, in addition to musical performances by Strings and Momina Mustehsan.

The initiative by the Ministry of Commerce, Government of Pakistan aims to tap into the country's rich pool of natural resources and promote a younger tier of entrepreneurs from various sectors. In its efforts to promote the progressive side of Pakistan to a wider audience, Emerging Pakistan also aims to extend its reach globally by taking the platform to different countries in the near future.





















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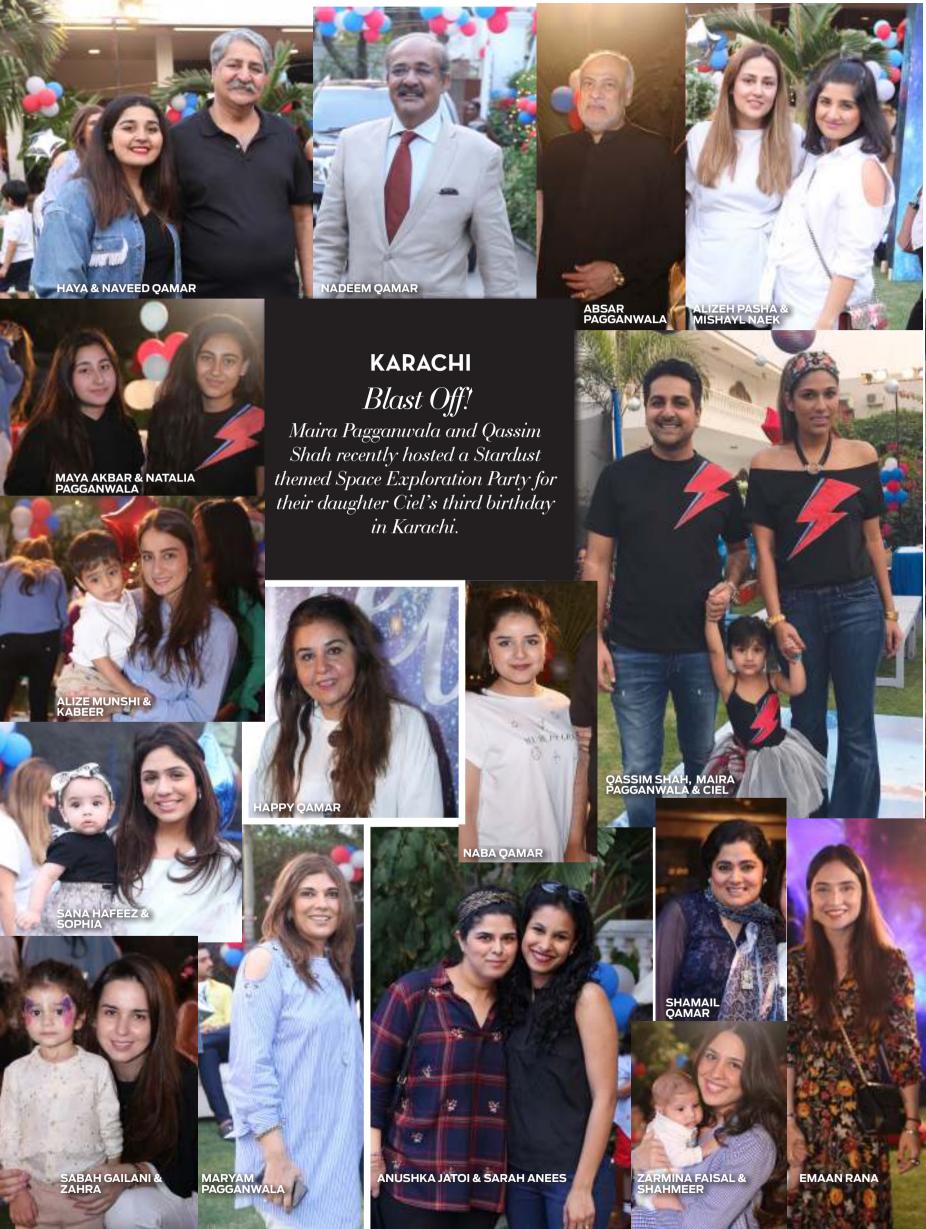
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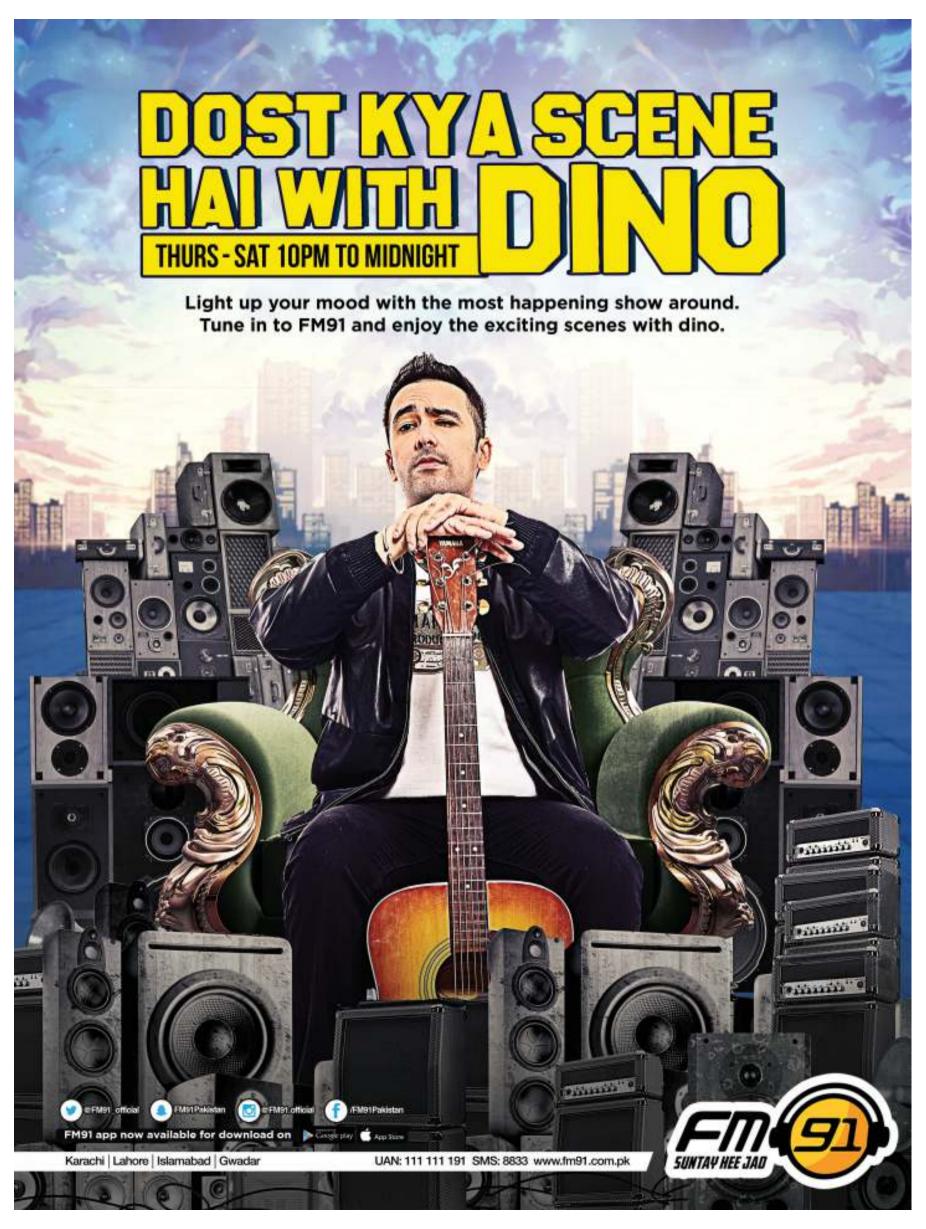




















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# Toruna Maria Maria

THE STAR IN RANGREZA IS STILL THAT GIRL AT HEART WHO FEELS THE SAME LEVEL OF NERVOUSNESS BEFORE EVERY RELEASE AS SHE DID THE FIRST TIME.

The shining star talks about her latest project *Rangreza*, dealing with paparazzi, being in the same industry as her sister and husband, what drives her and lots more...





orn in Karachi and raised in Islamabad, Urwa Hocane has spent much of her life in Pakistan. The talented Pakistani got her big break as a VJ on ARY Muzik, which instantly led the way towards her immense popularity and since then there has been no looking back. There is no doubt that Urwa is highly talented as she has shined in her numerous roles, from modeling, to acting to VJ-ing — it is clear that this individual gives her heart and soul to everything that she has been involved in and continues to do so. Hence, the countless offers for films, TV series, advertisements as

well as appearances; it's safe to say that her professionalism and drive speaks for itself.

As a mere 17-year-old, Urwa was already aware as to what she wanted to do in life, thereby appearing as Zuni in the TV serial *Kountry Luv* which was aired on PTV in 2011. Since then she has made waves and has appeared in some of the country's biggest films, including her film debut in *Na Maloom Afraad* when she was just 22.

It's no surprise that the nation is highly anticipating Urwa's latest project *Rangreza*, which also stars Bilal Ashraf and Gohar Rasheed.

Described as "a film based on music", Rangreza will be Amir Mohiuddin's directorial debut and what a relevant time it is to work on a film that explores the contrast in Pakistani music – from modern pop to classical qawali. With the popularity of Coke Studio and Pepsi Battle of the Bands, it's clear that the country has a throbbing love affair with music, and it's no wonder that this film excites so many!

Rangreza has become one of the most anticipated films of the season. What will the film offer that will justify the hype around it?

**URWA HOCANE:** I would like to think that *Rangreza*'s story is a perfect blend of love, deceit and music, which will keep the audience hooked right from the beginning and hopefully till the end.

The project is Amir Mohiuddin's directorial debut. You are an industry stalwart. What made you decide upon working with him, given that you are an established actor with a range of experienced directors to work with?

**UH:** Although our film industry has revived, it's still in a nascent stage. If every actor decides to only work with experienced directors then we won't be able to progress at all. More than experience, it's the vibe I get from people that plays an important factor in my decision to choose a project. When I signed on to do *Na Maloom Afraad*, Fizza and Nabeel too were debutants back then but I felt a strong connection with them instantly. With Amir as well, I felt a lot of positive energy and sensed a passion in him to make *Rangreza* happen. I couldn't have not worked with him.

#### How do you relate to Reshmi, your character in Rangreza? What was your process of making Reshmi believable?

**UH:** I don't think I can relate to Reshmi on a personal level because we both come from very different backgrounds. The process of making her believable was the same as is with every character I play, which is to give my absolute best and be honest to my work.

# The film is on a much larger scale than your previous ventures. Does that make you nervous about living up to its expectations?

**UH:** Well my previous ventures were *Punjab Nahi Jaungi*, *Na Maloom Afraad* and *Na Maloom Afraad 2* and they were pretty large scale too. I am blessed to have worked with the best in the industry. And yes, *Rangreza* too is as big a film as those and like my previous projects, I am convinced it too will live up to its expectations.

Your film debut marked you as a powerful performer, how do you make sure the performances in each of your following films does not fall short from Na Maloom Afraad?

**UH:** As I said, by giving my absolute best and remaining honest to my work.

# Rangreza breaks the typecast of the characters you have played so far. Was that a conscious choice?

**UH:** I don't think I have ever been typecast. Even Naina in *Na Maloom Afraad 2* was a major shift from Naina in the prequel. And Durdana, as you know, was nothing like Naina from Na Maloon Afraad or *Na Maloom Afraad 2*. Similarly, Reshmi is also a completely different character compared to my previous roles. As for it being a conscious effort, I consider myself lucky that the scripts I have gotten so far have all been different yet equally engaging.





## Rapid fire

#### The last text you sent?

"Red or pink?" – to Mawra asking for her opinion on an outfit (or maybe lip colour or something).

#### Hashtag that describes your life?

#DreamBelieveAchieve.

#### One social media account that we have to follow?

Mine of course, duh! i.e. @urwatistic.

#### Last book you read?

Honestly, I have just been reading scripts this past year.

#### TV show you love right now?

Game of Thrones.

#### Who would play you in the movie of your life?

It's too early to talk about it, I think. There's so much more that I am yet to experience, so many more places to visit, so many more people to meet. So let's wait a few decades before we talk about making a movie on my life.

#### Favourite fictional character?

Wonder Woman.

#### Last movie you saw?

I love watching old movies that come on TV so the last one I watched was *Kaho Naa Pyaar Hai*.

#### Best thing you can cook?

Why are only women asked this question and not men? We can do a lot more than cooking, you know!

#### Fitness regime?

Eat on time, sleep on time and wake up on time.

#### Your biggest fear?

Having to deal with numbers.

#### Word or phrase you say the most?

These days it's "Help me Fawad, meri jutti nahi mil rahi", because wherever I go fans insist on me repeating it.

#### Singing or dancing?

Why not both?

#### Beauty regime?

Drink lots of water and always have a smile on your face. It keeps you fresh and healthy.

## What advise would you give to your 16 year-old-self?

I'd say "good job at not listening to anyone who said you won't be able to do it! Continue to follow your heart and you will turn your dream into a reality."



What is the difference between the break out girl in *Na Maloom Afraad* and the star in *Rangreza*?

**UH:** The star in *Rangreza* is still that girl at heart who feels the same level of nervousness before every release as she did the first time. Although now, I'm very thankful to all the love and support from fans, friends and family that has grown many folds.

The television drama industry is an established, economically viable institution and has a greater range for actors to thrive. What makes you choose film now?

**UH:** I am doing films but that doesn't mean I am opposed to working on television. I have never consciously decided to only do films and no dramas. To me what matters is a good script, be it film or TV.

with a lot of hard work and consistent effort, which holds true for every profession... but life is a mix of successes and failures and it is the failures that often make you resilient and make you come back stronger. 77

Do you plan on doing television again along with films?

**UH:** Of course! As I said, I am not opposed to the idea of working on TV at all.

## As an actor, does the prospect of fame and celebrity drive you at all?

**UH:** What drives me is my passion and love for this job. Fame or stardom are just perks and that too if you're good at it. I value those a lot but as an actor my goal is to concentrate on getting better with every performance and to never stop learning.

Do you feel gender specifications hinder the film making process? Does it disrupt your growth as an actor and the industry standards at large?

**UH:** Well luckily the projects that I have been part of have all been very strong female characters. From *Udaari* to *Punjab Nahi Jaungi* and now *Rangreza*, in all these stories the female characters drive the entire narrative forward so no, I don't feel my growth as an actor in this industry is being disrupted in any way.

We keep hearing about politics in the film industry. Would you like to comment on this? How do you deal with the situation?

**UH:** I firmly believe in minding my own business and I follow this in my personal as well as my professional life.

# Are there any industry veterans who drive you or inspire you? How so?

**UH:** Yes, of course. I feel blessed to have worked with the likes of Saba Hamid, Bushra Ansari and Javed Sheikh. They are not just an inspiration to me but they also have millions of fans. It's always a great privilege to share screen space with them.

# What advise would you give to those wanting to get into the television and film industry?

**UH:** There are no shortcuts in life. Find yourself and find what you are meant to do. Try everything until you're sure about what you want and then pursue your dream relentlessly without bothering too much about the criticism. Work hard, stay



PHOTOGRAPH: ADNAN QAZI; ASSISTED BY NAS DIN; STYLING: IMOGEN LE ROUX; HAIR & MAKE-UP: TANJI S, AAMIR NAVEED



focused and you will achieve even the impossible.

# How does it feel to have your sister and your husband in the same industry?

**UH:** It feels wonderful. There's so much to learn and share from our experiences. We don't have to look far for advice. Mawra has always been my support system and the fact that we are both part of the same industry has kept us closer than we would be if perhaps we had different jobs. I am so lucky to have Farhan in my life; he encourages me, pushes me to aim higher, dream bigger and at the same time keeps me grounded.

# Which role do you relate to more — Durdana in *Punjab Nahi Jaungi* or Reshmi in *Rangreza*?

**UH:** I don't think I relate to any of these two characters on a personal level. That's the beauty of this job. As an actor you are able to get into the skin of a lot of different characters who may or may not share traits similar to you. Durdana and Reshmi both originate from different backgrounds and don't share much in common with each other also except for the basic human emotions.

## Do you see yourself going to Bollywood in the future?

**UH:** Why just Bollywood? An actor or any artist really, can't and shouldn't be restricted by geographical boundaries. I am here to work. If that leads to Bollywood or Hollywood or any other industry in the world for that matter, I'd happily do it.

# If you had the opportunity to work with any actor of your choice, who would it be and why?

**UH:** Lately, I have been told a few times that I resemble Nargis Dutt a lot. She is a Bollywood icon and one of the greatest actors of all time so yeah, if I could travel back in time, I would have liked to work with her. That would have been quite amazing.

## Who is your role model in this profession and why?

**UH:** I worry more about what kind of role model I can be so my energies are mostly directed towards striving to be better at my job, and life in general.

# What are some challenges you have faced in your career that have made you stronger and more determined?

**UH:** Nothing that other actors haven't been through. Success comes with a lot of hard work and consistent effort, which holds true for every profession. I have always been determined but life is a mix of successes and failures and it is the failures that often make you resilient and make you come back stronger.

# What do you think has been your biggest accomplishment?

**UH:** Creating a loyal fan base whose support and love grows with every new project I take up.

## What has been your favourite project to date, and why?

**UH:** I think that would be *Udaari* because of the strong message it sent out. As actors we are often expected to endorse or be part of projects that aim to address the evils of society and help educate the audience in the process. *Udaari* was one such drama serial that not only gave voice to a lot of girls but also showed why women empowerment is essential to the progress of society.

Rangreza is a musical love story. Do you enjoy



## the song and dance routine in films, which TV serials don't have?

**UH:** Yes, I generally am very fond of music so it's a lot of fun to do songs in movies. *Rangreza*'s music in particular is a high point of the film and I am very pleased with the overwhelming feedback I have received for my song *Bagiya*.

# Given the new world of paparazzi where anyone can take pictures of celebs and post them, do you think it's an invasion of privacy?

**UH:** It is sometimes. Certainly. Because like every other human being who is not a celebrity we too have bad days or we may be so tired that we just want to keep to ourselves. In such instances taking selfies or pleasing paparazzi does become a bit of

a daunting task because you know celebrities are expected to always remain poised and perfect.

# Also, do you have to make sure you are always impeccably dressed when stepping out with the fear of being photographed?

**UH:** I wouldn't call it a fear but as a celebrity you do need to get used to unwanted attention that will come whether or not you like it. Having said that, I don't make a conscious effort to prepare before stepping out. That would just be too difficult to keep up with.

INTERVIEW: MAIRA PAGGANWALA PHOTOGRAPHS: HASAN HABIB HASHMI, ADNAN QAZI STYLING & COORDINATION: RAO ALI KHAN HAIR & MAKE-UP: N-PRO SET BY TAHA MEMON-DAWAT PK







#### **AYESHA OMAR**

# Congratulations! You won an IIPA Award in London recently and now the HUM Style Award for being the Most Stylish Actress on TV. How does it feel to win awards, especially related to style?

AO: It does feel kind of unreal, I have to admit. I wasn't expecting it both times. It was overwhelming and it's always amazing to get appreciated for anything in life, whether it's your acting or your sense of style or your music. I also got an award for an album that I made a few years ago. It was the only music album that I made and I put in a lot of hard work. I also received an award for my debut film Karachi se Lahore and I do hope to work very hard and be nominated for my acting again in the future because I'm working on a couple of films right now. So it feels great and I am very thankful to all the people who voted for me and all the jury members who think that I deserved this award. I've come a long way and I still have a long way to go, and this is very humbling. It's a huge honour to just be nominated even and to be recognised for something and then of course getting an award is just the icing on the cake.

# You have been a part of the *Bulbulay* TV series for a long time. What drives you to keep doing it?

AO: Bulbulay has been going on for about eight and a half years now and we started shooting for a brand new season of Bulbulay for another channel, which is going to be on air very soon. We've basically become family - "We" as in the actors and the crew that are involved in Bulbulay. Now it just seems very natural to come together and continue doing this because our chemistry works, we know the flow, we know how to coordinate the whole thing in our lives. So we figured out a way to keep doing it month after month after month. And what drives me to keep doing it is the fact that the nation loves it. There are fans worldwide and wherever we go, we get so much love, appreciation and recognition for it. The biggest fan following includes little kids, and their parents go, "Oh my God, our kids don't go to sleep without watching your show." I guess the kids drive our fan following; at least 80 per cent of it. So we get a lot of love and appreciation the world over. And I think that really drives us. That being said, there have been moments where I've been like "okay. I want to move on from this. I want to stop doing Bulbulay and close this chapter in my life and open a new one and channel my energies into working towards something else", but I'm grateful for it and that gratitude, that love, that appreciation is all a massive motivational and driving factor.

## You hosted the popular *Pepsi Battle of the Bands* show. How was that experience?

**AO:** Battle of the Bands was a very intense shooting experience. The entire crew and all the people involved used to come together for those five, six or seven days for the shooting and then we would disperse, and then we would come together and go through those few days of intense shooting all over again, and be in a bit

of a dream while shooting it. There were some episodes which took about 20 hours to shoot because there would be bands coming in and there would be sound checks and rehearsals and light checks. It was all very time consuming sometimes but the entire team was super professional and so friendly and I had such a great time doing that show because there was a lot involved from our looks to the scripting to the music, and there was a lot at stake for everyone in that show. I'm so glad that we managed to pull off a really good second season for Pepsi Battle of the Bands and I think the entire nation sort of tuned in to watch that show and they started following it. The show was probably one of the biggest things I've done in my acting and media career, and it was a great experience. It really was, from working with all of the judges Atif, Meesha, Fawad, Shahi, the director -Saad Bin Mujeeb, the light people, the agency Saatchi, the make-up artists; you were just mingling with a lot of people all day and then there was the audience - there were a lot of youngsters coming in, and there were so many PR teams and marketing teams involved, so it was of course difficult as well to juggle so much, but it was a real experience and a lot of fun, and I'm totally geared up for the third season as well next year.

# Tell us about your Yalghaar experience and being part of a film consisting of such a huge cast.

**AO:** Yalghaar was quite an experience because the shooting went on for about three years. I mean it was the first film that I signed in my career but it was released after a film that I signed much later, so it became my second film. It was quite an interesting experience the shooting was spread out over months and months in different areas, which made it very tough getting in and out of character after a lapse of months and keeping the continuity for the character and the mood because there was one spell of a year and another after a year and a half. Obviously that was because of the entire story itself, and because it was shot in so many different locations and sometimes there were security issues and the cast was so extensive that it became difficult to match dates so all these were contributing factors to the dates being so spread out and why the shooting took so long. But obviously when the film was done, the feedback was amazing. Of course, there were mixed reviews and there were certain mistakes that were made which we can learn from. There were a lot of things which could have been done differently. It was a real eve opener for me to work with all the different people that I worked with and to get to know them, and how to deal with them so it was quite an interesting learning experience and I am very glad that I was a part of it. Plus I got to travel all over the world for the promotions and I got to promote the softer side of Pakistan. I got to show the world that Pakistan is also playing its part in the War on Terrorism, and we also acknowledge and want to take every step that we can in fighting terrorism and fighting against forces which are out to destroy the country, and show the patriotic spirit the nation has and

how the soldiers and the *jawans* of the army go out and fight against all odds and what their families go through.

## You play the female lead opposite Ahsan Khan in *Rehbara*. How is that shaping up?

AO: I really liked the director and the story of the film, which revolved around a lot of adventure. travel, thrill, and romance - there's almost everything in the film. There's humour and a lot of train traveling, and surprisingly, the other film that I've done, Karachi se Lahore, was also about traveling. It was extremely tough working on the film because most of it was outdoors. We had to shoot all over Pakistan in different areas, in villages, in Kasur, in Karachi, outside Karachi, in Balochistan, and in the outskirts of Lahore. We're supposed to go up north for a portion in the film as well. So it's been a very tough experience and we've shot for it for three months. We've done extensive shooting in tough circumstances and in the extreme cold of Punjab where I had to be wearing summer clothes, and we were shooting in the nights most of the time and I was freezing almost throughout: I couldn't even wear socks! So it was very tough but working with Ahsan was a great experience. He's an amazing coactor and we had great chemistry, off-screen as well. We're friends, we're buddies so it was a lot of fun working with him. So yeah, it's been a great experience working with him and there's still a portion left of the film and my character is really interesting so I hope it turns out well because we worked very hard on the film.

There's another project that I am working on these days in Lahore. I can't talk much about it but it's a very intense period drama based on real historical events. More details will be revealed in the near future.

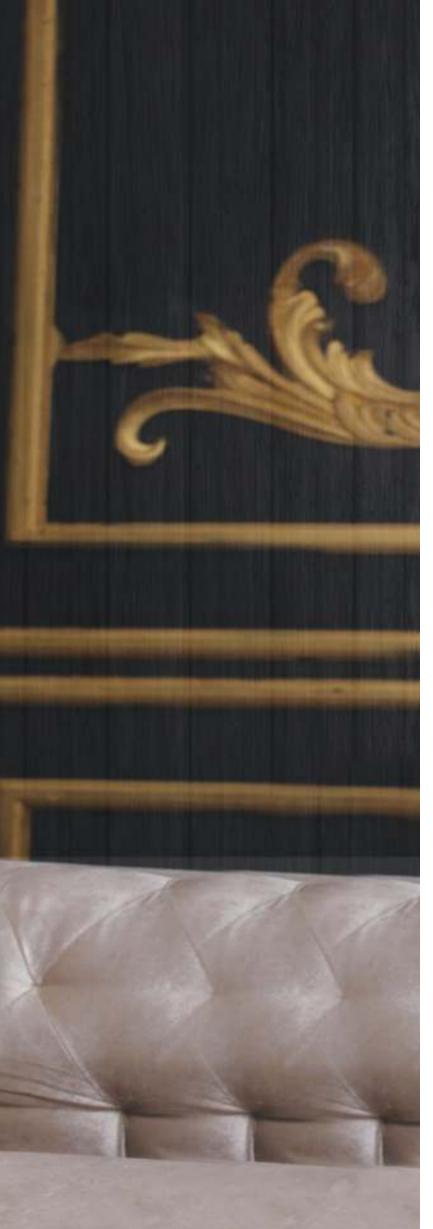
# You recently sang and performed to some old tunes at the HUM Style Awards. How did it feel to perform? Do you want to pursue a career in singing too?

AO: Singing and re-singing some old songs and performing was a first for me at the HUM Style Awards 2017 and this event was special because I was nominated, I was performing, I had to sing as well, and I was trying to pull of this huge dramatic outfit at the red carpet [laughs], which arrived at the last minute and I still managed to pull it all off. So it all worked out quite well and at first I was very nervous because performing for me is tough due to my injuries from the accident. I still have a broken collar bone which needs to be fixed with surgery and I keep delaying the surgery and putting it off because it requires a lot of down time, and I'm involved in so many projects right now. So it was very tough rehearsing for the performance and Lused to be in quite a bit of pain also but you know, I wanted to fight all that and I wanted to prove to myself that "no, I am beyond my pain and I can push my body to that limit". I just hope I didn't push it too far. So yeah, it was very tough and then singing and dancing itself is tough. It was just about 10 days of rehearsal and only two days of rehearsal with my back-up dancers who arrived from abroad. So I was very nervous and stressed but thank God it worked out well.









#### **OSMAN KHALID BUTT**

Congratulations! You won a HUM Style Award for being the most stylish actor in film. How does it feel to win awards, especially those related to style?

**Osman Khalid Butt:** I know it's not 'cool' to give awards that much importance, but I can't deny the rush of hearing my name announced on that podium [Laughs]. As far as this one is concerned, I'm happy my particular brand of quirk went mainstream enough to win a popular vote. I'm blessed to have the likes of Omar Farooq (with whom I did my first fashion shoot), HSY and especially Munib Nawaz to guide me through a style evolution from the snarky-captioned tee and jeans combo to a more sophisticated, red-carpet-ready version of that, I suppose.

Munib's designs for *Balu Mahi* were so sexy I stole Balu's entire wardrobe. Yep, no shame.

Balu Mahi was a big film in terms of budget, treatment, songs etc. What do you think went wrong, even though your performance was highly praised? Do you think the fate of the film is in the hands of its actors?

**OKB:** I heard different narratives, some with more merit than others: the release coinciding with the Pakistan Super League, the running length, the polarising reaction to the second half, where some opined (spoiler alert!) that disguising Mahi as a man marginalised rather than empowered the character. That hasn't taken away from my experience and the tremendous learning curve in the slightest. Look, of course less-than-stellar box office returns hit you – specifically in an industry where the prestige of a project is directly proportional to its 'final figure'. But *Balu Mahi* was a true labor of love – I got to realise so many dreams. And Haissam Hussain is a meticulous director, and his love for cinema shines through in every frame of the film. It is amazing being around such savants.

As for who holds the fate of a film in their hands, I think it's a lot of factors, not just the actors, though of course, they have their role to play.

## How was it working with Ainy Jaffri and Sadaf Kanwal? What was it like on the sets?

**OKB:** I had a great time. I'm inspired by their spirit, their no-nonsense, transparent attitude towards life and work, their humor and the method that drives their madness, as much as I am by their craft.

Ainy and I shared so many scenes together we were like an old married couple by the end of it. We subscribe to the same brand of crazy, so many a backstage shenanigans were had. Ainy is a true force of nature; she's larger than life.

Actually, so is Sadaf. Quick to laugh; quick to let go. I was also really impressed by how easily Sadaf took to her role and the camera, this being her debut. She's a natural.

You scripted, hosted and even performed at the Lux Style Awards this year. Also, this was your first gig ever with Mahira Khan; how was the experience of putting up a great show after endless nights of hard work put in?

**OKB:** It was intense: exhilarating and maddening in equal measure. And I'd do it again in a heartbeat. We had literally three weeks to put up the entire show, and there was a lot of research and scripting to do. I've got to hand it to Hassan Sheheryar Yasin: he was an inspiration as show director. Incredibly driven, patient and bursting with positive, creative energy. He was the perfect person to bounce those crazy 3 a.m. ideas off of, one of which was the rap battle sequence.

We had a great team (shout-out to Rizwan Raees Khan and Meher Bano!) and an all-hands-on-deck approach, and this manic, irreplaceable energy through it all. And despite the hiccups (for example, a comedy segment featuring Yasir Hussain and Atif Aslam had to be scrapped last minute because Yasir fell ill the day of), it all came together beautifully.

Writing Mahira's rap lyrics took me back to my video-blogging days, which is a great headspace to be in. She was such a great sport about it -1 remember being slightly worried it might deviate from her brand but she went all in, and she was incredible. Considering I'm going to work towards reviving my YouTube channel, I see this as the first of many collaborations between us.

# What other projects are you taking up this year? How do you think Pakistani cinema is shaping up over the years?

**OKB:** There's a television project in the pipeline; *Baaghi* aside I've taken quite the hiatus from TV so I'm alternately excited and nervous about that. Sidebar: It's interesting to note that as the years pass, the fearlessness and reckless abandon with which you approach your work kind of dissipates – so many external factors, worries and what-ifs take its place. So that's an internal struggle I didn't see coming. I'm also writing two film scripts and seriously contemplating a return to theatre, especially after having seen both *Equus* and *Mushk* in Karachi.

I think Pakistani cinema is evolving quite well; we're still in search of our voice — in that just-within-reach place between art and commercialism — but we're getting there. How does the saying go? *Rome ne s'est pas faite en un jour*.

# Rapid fire The last text you sent? OKB: "So proud of you." - the first in a series of messages to Natasha Ejaz for the gripping and devastating Equus, directed by Sunil Shankar. Hashtag that describes your life? OKB: #downtherabbithole. One social media account that we have to follow **OKB:** Definitely @aclockworkobi on Instagram and @ TheAVClub – the one-stop shop for the pop culture obsessed. TV shows you love right now? OKB: You're the Worst, Rick and Morty reruns, and currently in a post Stranger Things binge high. Last book you read? **OKB:** The Adventures of Amir Hamza by Ghalib Lakhnavi and Abdullah Bilgrami, as translated by Musharraf Ali Faroogi. Who would play you in the movie of your life? **OKB:** Biörk? Favourite fictional character? **OKB:** Freddy Krueger from A Nightmare on Elm Street, aka the first boogeyman I was introduced to, tied with Selma from Dancer in the Dark. Last movie you saw? **OKB:** Under the Shadow, directed by Babak Anvari. Best thing you can cook? **OKB:** Thai Red Curry. Your biggest fear? **OKB:** Not leaving behind an artistic legacy. Celebrity dream date(s)? **OKB:** Emma Stone and Mila Kunis. Though my spirit human is Jennifer Lawrence. Word or phrase you say the most? OKB: 'Do you get it?', 'Nahi nahi sir aap samaj nahi rahay...', and '... shenanigans!'





#### **FEROZE KHAN**

Congratulations! You won a HUM Style Award for being the Most Stylish Actor on TV. How does it feel to win your first award?

FK: Thanks for wishing me but I'd like to add that this is the second time I've won an award. My first one was last year in 2016 when I won the HUM Award for New Sensation.

Anjum Shahzad is a veteran director who has a great body of work. How was it working with him? What is it about his projects that holds your attention?

**Feroze Khan:** Working with Anjum is definitely a treat. What holds me in his projects is the vision he has for a particular story.

You recently did a TV series with Sana Javed. How was it working with her? What was it like on the sets and what was the chemistry like off screen?

**FK:** We share good chemistry and I enjoy working with her.

You believe in being fit and seem to work hard in the gym. What is your fitness regime? Do you also watch your diet?

FK: Yes, I do believe in being fit and that's just become a lifestyle for me. Now when I don't train or look out for my diet I don't feel as good.

Your sister Humaima Malick is a renowned actress. How does it feel to have a sibling in the same field, one who has made such a name for herself?

FK: Humaima is my spine and that says it all I guess.

### Rapid fire

The last text you sent?

FK: "I am gonna be late."

Hashtag that describes your life?

FK: #FKISFEELINGIT

One social media account that we have to follow?

FK: Okpakistan.

TV show you love right now?

FK: I love Narcos. I'm watching that currently.

Last book you read?

FK: I don't usually have the time to read anything apart from scripts and those are quite a lot.

Who would play you in the movie of your life?

**FK:** I don't know yet. There is so much that is yet to happen in my life. I don't know who the right person to play me would be.

Favourite fictional character?

FK: Superman.

Last movie you saw?

**FK:** Secret Superstar.

Best thing you can cook?

FK: I can make really good omelettes.

Your biggest fear?

FK: There are so many fears. Losing a loved one would be the biggest.

Celebrity dream date?

FK: Has to be Scarlett Johansson.

Word or phrase you say the most

FK: "To be honest..."

TEXT: MAIRA PAGGANWALA, RAO ALI KHAN I EX I: MAIRA PAGGANWALA, RAO ALI KHAN
STYLING & COORDINATION: RAO ALI KHAN
PHOTOGRAPHS: HASAN HABIB HASHMI
AYESHA OMAR'S WARDROBE: VALDRIN SAHITI
OSMAN KHALID BUTT'S WARDROBE: MUNIB NAWAZ
FEROZE KHAN'S WARDROBE: JEHNAZEB QAMAR
SET: TAHA MEMON-DAWAT.PK





As she releases her first book, part of a series for children, Isla Fisher finds balance as a working mother in her writing. The book series is inspired by her experiences as a mother. Isla Fisher tells OK! about juggling her acting career with motherhood, why she'd consider a permanent move to the UK, and the musician she'd like to play in a film.





children weren't reading enough, she took matters into her own hands. The 41-year-old actress created a book series for five to eight year olds, based around Marge, a naughty babysitter with multi-coloured hair. Marge in Charge is being developed as a book series for children. It is, however, also about motherhood, children and juggling a multi-coloured world. Isla's film career has been prolific, from Confessions of a Shopaholic to The Great Gatsby to Wedding Crashers, she is a versatile actor. She has just finished filming Tag

a sense of humour that remains.

Married with three children to Sacha Baron
Cohen, the genre-breaking comedian, Isla
gives a gives a glimpse into how funny the
Cohen-Fisher household must be. It remains
a juggling act, though. "I wish I had the secret
to balancing it all as a mum, but I don't have a
clue!" Isla admits. On having funny bones, Isla
recently said: "I was auditioning for a lot of roles
in Hollywood early on and really not having any
luck. It was my husband who said to me: 'You're
so funny, Isla – you should go for comedies.""

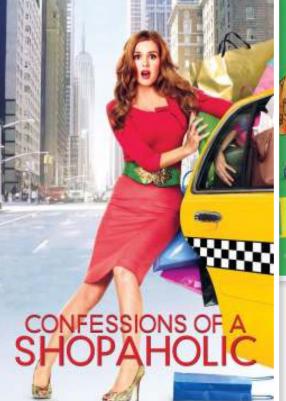
with Jon Hamm and Annabelle Wallis and has

#### What made you write books?

**Isla Fisher:** I was inspired by my own childhood experiences, we moved around a lot when I was a kid. I was born in Oman to Scottish parents, and moved to Australia when I was six. With all the moving around, I hid in books. Also I felt that there weren't many funny books for reluctant

#### Do you ever get writer's block?

**IF:** I don't get writer's block, but I procrastinate. I can make up the most amazing excuses of 'urgent' stuff that needs to be done.



and the Statish of Great Crain Rescue Charming, funny, delightful DAVID RADDIEL

#### How do you juggle your writing with films and motherhood?

**IF:** I wish I had the secret to balancing it all as a mum, but I don't have a clue. "Don't worry about being perfect or you'll miss out on the fun!", that's the message from *Marge In Charge*. ▶







I split my time between LA and London but I'd love to be based in the UK more. My brothers live in Greece and have beautiful families and my parents are growing older. I don't want to miss anything.

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What kind of role would you like to tackle next?

IF: I'd love to play Miss Trunchbull in Matilda. If only height wasn't an issue! I've been angling to play

Prince for years – I am his size.

#### What's the most valuable skill you've learned from a role?

**IF:** The magic I learned on *Now You See Me* was pretty cool. By the end of the show I had a few card tricks up my sleeve.

#### You've obviously worked with massive names. Do you have a favourite co-star?

**IF:** I think my favourite co-star has got to be my husband, but the most surprising star was lan McShane in *Hot Rod*. He was so funny.

#### You kissed Gal Gadot in Keeping Up With The Joneses. How was that?

**IF:** Gal is very tall and beautiful, like a James Bond goddess, and I am small like a hobbit. It was like we were in two separate movies.

#### Who's been the best and worst kisser?

**IF:** My husband is the best kisser and the worst is Scooby-Doo. Yes, I was in that movie.

#### What do you think of the recent debate around the gender pay gap in Hollywood?

**IF:** It's tough to complain about wages when actors can be overpaid but obviously I am in favour of equal pay for equal work.

#### Did you ever expect to do this well when you were starting out on *Home And Away*?

**IF:** I had never imagined I'd be lucky enough to work in America with the kind of directors that I have.

#### Would you consider moving to London?

**IF:** I am fortunate enough to split my time between LA and London but I'd love to be based in the UK more. My brothers live in Greece and have beautiful families in Greece and my parents are growing older. I don't want to miss anything.

#### Are you a fan of any British TV shows?

**IF:** Yes, I am kind of obsessed with *The Great British Bake Off.* It's so addictive.

INTERVIEW: JOSIE COPSON PHOTOGRAPHS: GETTY









lived in home will create spaces for the stories that will emerge. The House of Zunn will tell this story, about the day two friends found the strength through each other to pursue their passion and decided to start sharing their creative process. Starting out as a small workshop, today their studio is a one stop design solution powerhouse, defining residences with luxury and dressing up their clientele to sculpt out the best version of themselves. Uzma Mirza and Seema Sherazee discovered they could make people feel at home by sharing a sincere aesthetic. Their business grew within a couple of years of its start up; they expanded from fashion into lifestyle and an in-house product manufacturing facility, with an outlet expansion into the posh neighborhood of Jumeirah in Dubai and a thriving design studio in Karachi. The internationally acclaimed fashion and lifestyle design brand is an inspirational passion play. Their sensitivity towards detail, luxury and aesthetic has become a signature attribute, apparent across the board, both in their Karachi and Dubai based outlets. It's a whirlwind, with the works in progress, on display, the design and management process. Yet, at the House of Zunn there is always time for a cup of tea and a conversation.

#### How did the House of Zunn start?

**House of Zunn:** The beginning was an extension, really, of the way both of us navigated within and around each other's lives. Both Seema and I were very creative, we remain perfectionists and we believe in beauty. It started with an exhibition



after we designed our own homes, and within a year we were running two parallel businesses, fashion and lifestyle. When we were designing our own spaces, we wanted the best and that led us to the back alleys of Karachi where we discovered the craftsmen or collectors of one off pieces. That really got us started, since we would be looking for antique pieces in some nook and

cranny in the back alleys of Karachi and once we found them, it had to be refurbished and done exactly according to our tastes. Even when there was an art piece commissioned, there were times when I would sit with the artist and work out the process. There was always a vision, an imagination that went into making that piece. We both enjoyed everything we did and we





loved each other's company, we never made a big deal about who did what, it was just doing what we loved.

#### What are the dynamics of the partnership? Does it affect your personal interaction?

HoZ: Our friendship has become stronger, it's more of a marriage actual. For better or worse, especially when we are working together. There are a lot of good and bad times but there is a sense of implicit trust that remains beyond our personal egos. The decisions made as partners are collective, as opposed to an independent self serving approach. Also, both of us have our own ways of looking at situations that compliments the process. One of us will look at the finer details and the other will be assessing the holistic aspect, yet we keep each other's perspectives in mind and respect them. There has never been a clash since we have managed to learn from each other. Our personalities are different but our aesthetics are very similar. We can trust each other blindly and we have never let our personal lives be affected by our work.

#### Both of you are business graduates, how does that factor into Zunn being a design house?

**HoZ:** I feel this made me more of an all rounded person. Both of us are very creative, in fact, I wanted to go to design school but in retrospect I am glad I didn't. I feel that my business degree helped me combine my creativity and my business education into one and now it has been 18 years ▶







and House Of Zunn is still going strong. Also, there are misconceptions about working women. Even though we have always given our hundred percent to all facets of our lives, our education has instilled a discipline that we now implement across the board. Even the most talented person needs structure, hardwork, a schedule to be successful. In order to make anything work you have to take on the responsibility of life. There is a time and space for creative thought process and then there is the commitment you have to yourself and to the client when a project has to be delivered. It's respecting the discipline that makes anything productive. You need to structure your schedule, it's a lot of hard work. That is where the business education comes in.

#### What is the original vision that encapsulates House of Zunn?

HoZ: Anything we do, it has to be a hundred percent. Personally we have set our own standards high always and we've never settled for anything but the best. We are perfectionists. This flowed into our professional lives too. We don't compromise on our children, relationships. friends and the fact that we are part of a context where we want to live up to our expectations for the people we love. This holds true for our work as well. And as partners we manage to find that balance with each other since we share a perspective that makes us look at life on a broader scale. The values, the ethics, the way we look at things - we see life on a large spectrum. The small things then stop mattering. We set our own bars.

#### How did the scale of operations grow into the power house Zunn is today?

**HoZ:** People started asking us for "the Zunn way", which later became our slogan. We dedicated ourselves to our craft and we learned every aspect of our work. We never shied away from hard work. House Of Zunn was a dream that became a reality by pure hard work, ingenuity

everything we did and we loved each other's company we never made a big deal though about what we were doing, it was doing what we loved. **11** 

and being perfectionists. We wanted to do it the right way. The clients who came to us saw our passion and dedication to our craft and word spread. Clients came to us from far and wide. Before long we were the go to Design Studio and this was a time when social media didn't exist and PR wasn't really a thing. Things were very

different 18 years ago. We have never had the time to do much PR, publicity or advertisements. We never needed to.

#### What is the Zunn way, then?

**HoZ:** There is a lot of feeling in the Zunn way. It's passion, it's perfection, it's innovation, it's comfort, it's customization, it's customer satisfaction, it's creativity, it's the detail to design. All of this combined and balanced is the Zunn Way.

We make the client feel that they are a part of the entire design process, which results in every project being an interaction rather than a transaction.

# The material used in the products, how do you ensure sustainability given the local climate and usage?

**HoZ:** We got into manufacturing only because we wanted to ensure quality control and meet deadlines. We educated ourselves every step of the way. We learned everything about the materials we were using for our products. A lot of research and expertise went behind it. We have always stood confidently by each and every piece that we have designed and delivered. We also have a very strong after sale service.

#### The design process; is it collaborative or do you oversee each design project?

**HoZ:** The entire team at Zunn comes home to work here. But first they have to be trained in a collaborative environment. I want them to live up to their potential and when I see that they understand the Zunn Philosophy, they are given



the freedom to handle projects independently as well. It is a team effort since we are always overseeing every Zunn project.

#### Who is the House of Zunn woman then?

**HoZ:** The Zunn woman is someone who believes perfection is a habit not an attitude in every facet of her life.

#### Do the clients share their life stories with you?

HoZ: Customization was one of the many reasons clients started opening up to me. We would talk over coffee and they would share their personal stories, never gossip though! This established a bond, an unspoken trust had developed and by hearing their stories I understood what they needed better and this resulted in a connection being struck between us. Most of our clients still keep in touch. I will receive a message here, a call there and they just give me updates on their lives. I have met some wonderful people through my work, some of whom have become friends.

INTERVIEW: AMNA IQBAL PHOTOGRAPHS: COURTESY HOUSE OF ZUNN



# REVEALING PRIVATE RIAN

It was worth the risk. Blade Runner 2049 is an experience to be had, not only by us, but by the audience as well.

Walking the razor's edge with his latest instalment, *Blade Runner 2049*, Ryan Gosling lives up to the original. *OK*! catches up with the latest addition to the *Blade Runner* Universe, as he shares the experience of the film and working with Harrison Ford.





yan Gosling stays humble. The La La Land Oscar after-glow is still in the air, his versatility and prowess as an actor is established yet he knows it's a job. Being an award-winning actor with a cult like fan following is not something he can control. But what he can control is the choices he makes and it seems he's done very well in that department. Gosling joins Harrison Ford and becomes part of science fiction folklore in the sequel to one of the most revered films ever made. Director Ridlev Scott's Blade Runner. returns to the future with Blade Runner 2049, and Gosling plays Officer K, a new blade runner for the Los Angeles Police Department, who unearths a long-buried secret that has the potential to plunge what's left of society into chaos. His discovery leads him on a quest to find Rick Deckard, played by Harrison Ford, a former blade runner and one of the original cast members from the first film.

#### Is it true that you were told by the director of the film to imagine Harrison Ford in every scene?

**Ryan Gosling:** [Laughs] Yes! Before I met him, I was always questioning if he would approve of what I am doing and I was never quite sure what he would think. When he arrived on the set, however, it was such a relief because he just rolled up his sleeves and got right to work. I think we just sat around a table pretty soon after he arrived and just started working. He was such a wonderful partner, and so gracious, that it really felt like the movie finally began.

#### Were you aware of the original film?

**RG:** I watched it ten years after it was released and I remember I was stunned. It was the first film that 86

left me wanting more from it. It wasn't enough that I just saw it once, because I had no idea how to react to the cinematic experience. I kept on wondering what would happen after the ending, something I had never experienced before. My mind was racing for weeks after that. [Laughs]

#### What was the greatest lesson you learned from Blade Runner 2049?

**RG:** The one thing I took away with me after making this film: Be nicer to electronics. Seriously. [Laughs]

#### Is it true that both you and Harrison Ford would wander around town after filming?

**RG:** There were more than a few nights when we'd wander around the Bradbury Building or Union Station, half-pretending we were *Blade Runners*.

#### You were hanging out with Harrison Ford. What's the best thing about hanging with him?

**RG:** The best part of working with Ford is that you hang out with him and you realise that all those iconic moments from his films that you love are real, this is how he is. He is himself in all his memorable scenes from *Star Wars* or *Indiana Jones*. He's just like that all the time. Normally I'd say there are hundreds of ways to play any scene but when you work with Harrison, you realise there's only one great way and he's already figured it out. He is the one who has really walked the razor's edge on this film. He taught me how to be faithful and loyal to the original and at the same time make a separate film. He managed to keep that voice, from the original *Blade Runner*, which he did such an incredible iob with.

How was the experience of acting with this cast? RG: [Laughs] It was like being on a football team with The Avengers, or something.

# So now that you've finished the film and it's releasing soon, what do think the response will be like?

**RG:** It's really amazing to be part of the *Blade Runner* universe, surreal in fact. Having watched it as a kid and knowing how influential it was in my decision to be an actor, it is amazing to be a part of it. It's obviously different after 35, but people will recognize the original in *Blade Runner 2049*. The movie is a continuation of the story and is a testament to the power of the original. The characters created by the original actors still generate an incredibly strong interest.

#### Does it matter if you've seen the original film or

**RG:** I think that when you see this new film it will still feel familiar, whether you've seen the original film or not which just shows how influential it's been in defining the science fiction genre, it was almost prophetic in retrospect. At the same time, it's also a very grounded version of science fiction with a strong story. Even though there's a lot of fantasy involved, it still feels very grounded and emotional. Even the scale of the universe, so much of it is practical. It's a living, breathing universe they created while we shot it. To see it on screen, though, with the scale of it will be awe inspiring.

#### Is there was one piece of advice you could give about working with Harrison Ford?

**RG:** Don't mistakenly go into Harrison's trailer. Huge mistake. His trailer was like the *Star Wars* ▶







#### You're both blade runners in the film. How is a blade runner different now than 35 years ago?

**RG:** The film explains it a lot better than I can. Also the circumstances around that are different and the world is different and so that makes the job different. And one of the main differences is they are, sort of, ostracized from society. They're forced to live in the shadows in a very isolated existence. And my character is struggling with his identity outside of that job. And he's looking for some form of contact and connection in amongst this nightmare of a job and a life.

# Where did you start with creating the character you're playing in the movie, perhaps this very unhappy person?

**RG:** The character is a reflection of the time and the world be is from  $\Delta$  lot of that world is lived in the

Even though there's a lot of fantasy involved, it still feels very grounded and emotional. Even the scale of the universe, so much of it is practical. It's a living, breathing universe they created while we shot it.





Death Star. All the plants died. He even had his own weather. [Laughs]

#### When did it sink in when you were filming that you were actually filming *Blade Runner*?

**RG:** It still hasn't sunk in. I think it will when I go to the premiere.

#### What was it like doing that first scene you did with Harrison Ford?

**RG:** It was a relief since you always know that Harrison understands what he's doing.

# When you take on a big legacy film and the pressure to do so, what are priorities that you establish for yourself to make sure that legacy is protected?

**RG:** Well, first of all, yes, Ridley, Harrison, all of the creative team had decided that this was the time to make the film. This was the story to tell. This is the way the narrative would evolve. So you might

argue with that. But the question I asked myself after that was, when you read the script is there a story to be told here? Does this story stand on its own? Is there something useful in here and worth all this effort? There was no doubt in my mind after reading the script. There were

incredible people working on it, the cast, craftsmen who were building these environments. It just kept evolving. There were just so many great storytellers manning the helm. The story was paramount; the choices came from the story arc as it developed and how the characters and that instilled confidence in the project. I was challenged by the film but I was very excited about the opportunity.

# Harrison Ford is an action hero legend and you've never been an action hero until now. How did that come about? Have people offered you this type of a film before?

**RG:** A *Blade Runner* sequel is unique, anyway [laughs]. Like you say, it has a lot of action in it but it also has a lot of other things, other genres. It's a real melting pot of styles and themes and ideas. I never expected them to make another one. I was surprised that they were and as a fan I was excited to know what that was. And when I got that script, it was a great story.

director's mind, so it was important for me to get to Budapest as soon as possible and spend as much time as possible with him on set and understand the world he was building. Also, I wanted to try and help him to tell that story.

#### Are you really going to be playing Neil Armstrong?

**RG:** Well, I feel it's just an incredible story. And the angle that Damien chose to focus on is the personal story within the bigger adventure. So it's been an incredible opportunity, especially being able to spend time with Neil's family. I'm really looking forward to this experience.

# How do you deal with the pressure of a career where you've got to make choices and you're coming up to bat all the time?

**RG:** You know, it felt like it was worth the risk. There was an experience here to be had, not only by us, but by the audience too, not only entertaining, but useful.

At the Venice Film Festival this year, they had a new promo that screened before every movie. And it was clips from famous movies and I think there was one of [Robert] De Niro in Taxi Driver, and one of Audrey Hepburn. The second to last one was you and Emma doing a scene in *La La Land*. The audience burst into applause then. How do you feel about such acclaim?

**RG:** Wow, thank you! It is very nice to hear that. **OK!** 

INTERVIEW: OREN BUCKLY/FAMOUS PHOTOGRAPHS: GETTY

# The Catualk AND TALK

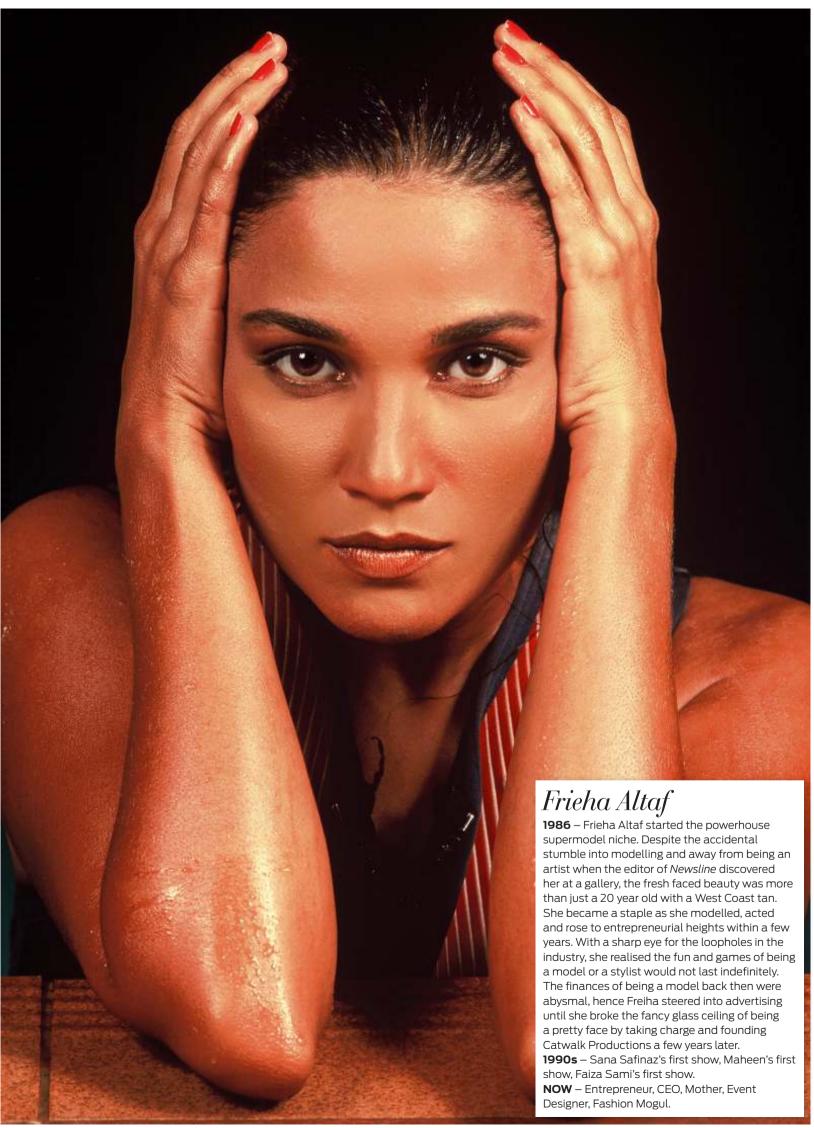
They walked ahead of their times, set the local couture standards on glossies that brought style in print, and lit up the runway for the fashion industry to take off. *OK*! Pakistan features a haute ensemble of the First Supermodels of the country. From runway staples who walked the walk, the rebels who broke the rules and the faces that launched brands, we roll out the red carpet for a list of Superwomen who were trailblazers for the local fashion industry and set standards for newcomers to follow.

#### Atiya Khan

1986 – With a chiselled face angled to capture the best light, Atiya Khan was one of the firsts in an industry that now churns out several fashion weeks per season, and was purely driven by her passion for the art form. Atiya describes the early days of her career as getting together with a bunch of creative friends to have fun. "It was not seen as a career and neither was photography or styling. Those of us who came into the industry at the time were pioneers, like Tariq Amin, Rizwan Beyg, Fifi Haroon, Arif Mehmood and Rooha Ghaznavi." Set against the last two years of Zia's regime, the few pioneers were going against the tide. In a few years time, the idea of being a model did not sit well with Atiya and she took a hiatus from the public eye. However, the woman who was part of the few who pioneered fashion as an art form, remerged as a filmmaker and an activist, and returned to the ramp after nearly a decade.

**2009** – Showstopper for Deepak Perwani's show at the first Pakistan Fashion Week, Karachi. **NOW** – Film maker, Producer, Activist, Actor and Supermodel.





























Sonia Mahnaz

1987 – Sonia Mahnaz exuded a noir sulleness that made for both the blue eyed child of the industry and a feminine mystique that got her exactly what she wanted from a fashion fraternity that was still a tightly knit group when she started her career. She was also one of the very few women who had chosen to be a model and stayed the course without becoming venturing into television or diluting her talents as an endorsement. The dusky model had her traditional good looks working for her, however it was the stubborn streak to make it that placed Sonia amongst the fraternity favourite league. She walked the runway with a sense of entitlement and soon had the best designers, stylists and photographers working with her. She remained in the limelight both on and off the ramp until she decided to venture away from the fashion world. As dedicated she was to her career as a model, she remains just as steadfast in staying away.



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Shop #C, Market #1, Saidpur Model Village, Off Margalla Rd. Tel: 051-3581-7333

#### Lahore

Mezzanine Floor, City Towers Mall, Main Boulevard, Gulberg.

Tel: 042-3577-0201

#### Lahore

Ground Floor, Building No. 187 Block-Y, Phase III, DHA, Cantt. Tel: 042-3615-2705

#### Karachi

136, Level One, Park Towers, Clifton Tel: 021-3537-5098

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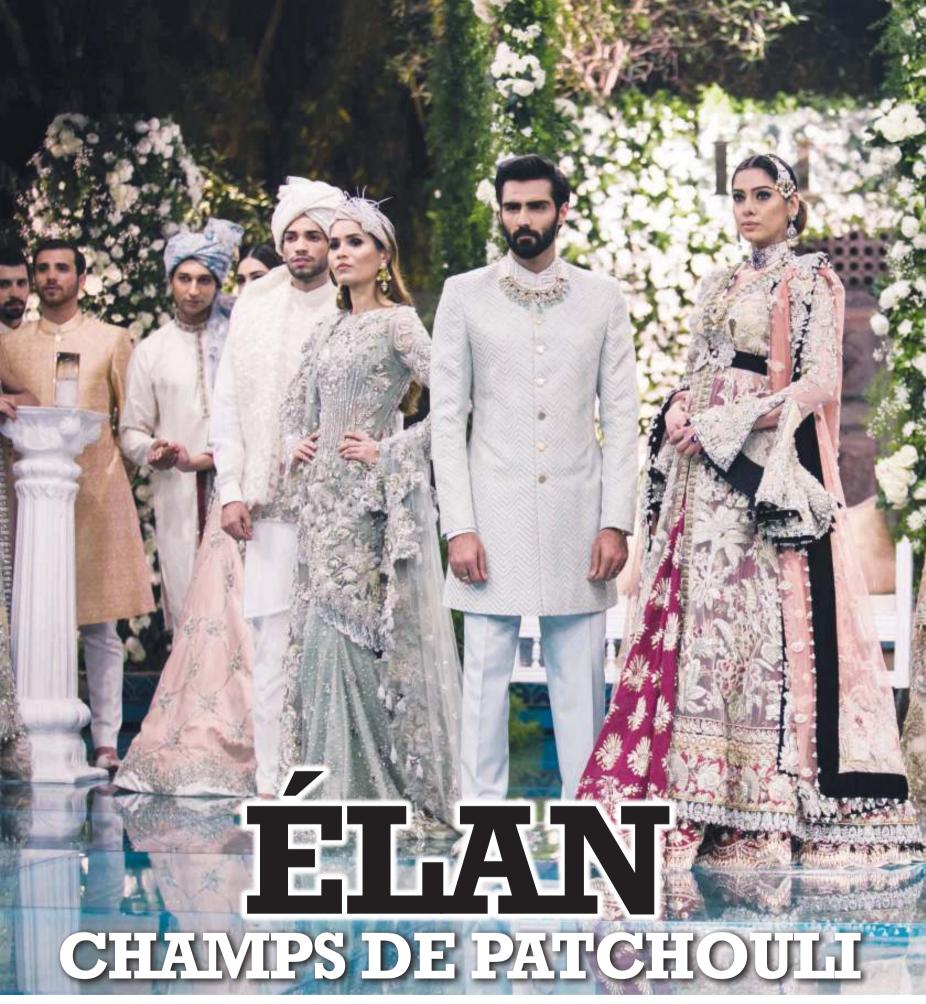












#### Pakistan's finest bridal couturier, Khadijah Shah of Élan strikes again with another solo bridal show!

You know the best has come when you lay eyes on the exquisite craftsmanship, detailing and drapery at Khadija Shah of Élan's solo bridal show. Ending fashion week in Lahore with an uproar, the details at Champs de Patchouli had every fashionista swooning. Here are some of the looks of the night to feast your eyes on!







#### PFDC L'ORÉAL PARIS Bridal Fashion Week

Eld annually in Lahore, the PFDC L'Oréal Paris Bridal Fashion Week displays the biggest names in the fashion industry. This year was no less with labels such as Ali Xeeshan, Fahad Hussayn, Nomi Ansari, Sania Maskatiya, and Sana Safinaz amongst other notable designers displaying their gorgeous creations. Here are some of our favourite designers with their beautiful collections.

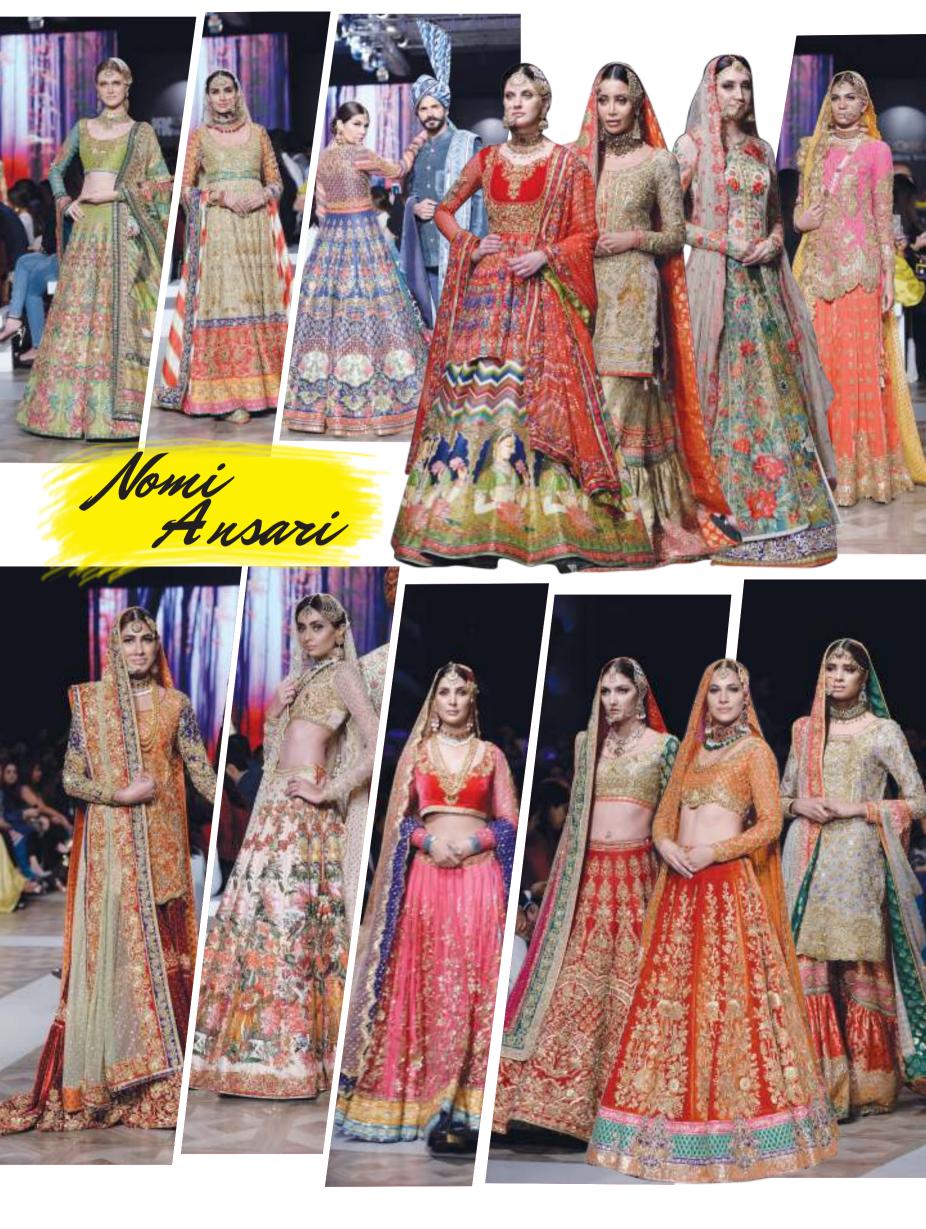




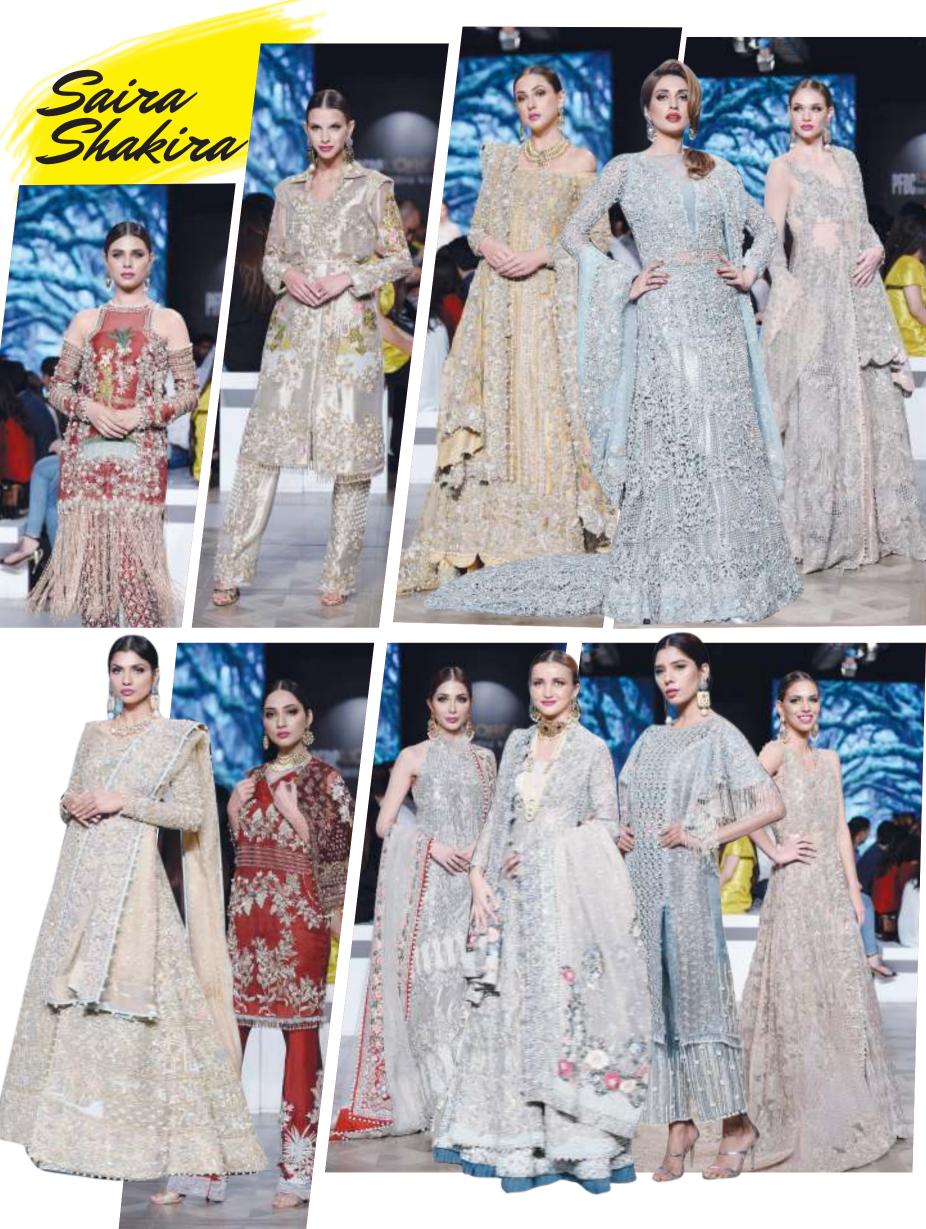




































fter designing under the Silk by Fawad Khan label for a few years, wife of Pakistani superstar Fawad Khan, Sadaf Fawad Khan debuted her bridal wear line, Sadaf Fawad Khan Bridals, in Lahore at PFDC L'Oréal Paris Bridal Week. With gorgeous designs floating around social media and her most recent and stunning bridal shoot — *OK*! Pakistan interviews the designer to find out what inspires, drives and makes her tick!

# Tell us about yourself and what made you enter the world of fashion design?

**Sadaf Fawad Khan:** After a decade of corporate experience when I decided to step out of a nine-to-five routine I was inclined to explore something of interest and flexibility. Design was an area of interest as a curriculum and I regretted

not having taken it up. So with time and energy at my disposal this was an absolute first choice.

#### Where did you study?

**SFK:** I've done my bachelors from LUMS.

# How would you describe your design aesthetic?

**SFK:** My design aesthetics are quite minimalistic and clean.

#### What is your creative process like?

**SFK:** The creative process is quite an ongoing one with me. I'm looking for inspiration at all times. With a very, very small team comprising of mainly just one designer, Aneeka, it's quite a feat for us.

What drives you to keep designing?

SFK: Beautiful results.
Challenges you've faced so far?

**SFK:** The challenge primarily remains being Fawad Khan's wife, I

guess. It's harder for me to prove something given his star power. People scrutinise everything and undermine my potential. That being said, we are treading this path very carefully so in due time I will overcome this challenge.

Apart from having modeled in your latest

shoot, does Fawad Khan help you with your business and how?

SFK: Fawad is the main investor in my business and also great soundboard. l run my ideas by him all the time and the feedback is



invaluable.

What is your favourite piece from your collection so far?

**SFK:** My personal fav is the

pink and silver side trail *lehnga* with a cropped top that we showcased at our debut show this year.

#### What celebrities have you dressed so far?

**SFK:** Maya Ali, Hareem Farooq, Aamina Sheikh, Haroon Shahid, Momina Mustehsan and Mansha Pasha.



Who would you love to see wearing your designs?

SFK: Deepika Padukone.

#### What are your plans for the future?

SFK: I would like to grow organically. So I'll take baby steps to grow the business. I'm in no hurry!

EXT: ALIZEH PASHA, PHOTOGRAPHS: COURTESY OF THE DESIGNER

# Style Iteles OK! Pakistan brings you the best of what's

OK! Pakistan brings you the best of what's in store from the editor's desk!



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PKR 285.000: www.modaoperandi.com **BONANZA SATRANGI** 



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**EMINENCE** Lemon Grass Cleanser, PKR 6,900; Available at Amethyst Spa

Printed Shirt,

www.bonanzasatrangi.com

PKR 2,280;



ALDO Floraly Boots, PKR 13,100; www.fashsoug.com



#### VINTAGE GALLERIA

KOHAR STUDIO Diamond and Sapphire Earrings,

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# Superstitions Superhires II





# #OKStreetstyle

This is the transitional season, where you can still get away with a bit of your Summer wardrobe but probably have to add a jacket or cardigan to the mix. Needless to say it's one of our favourite times of the year at the OK! HQ. Below, we have rounded up some of the best looks for the month...









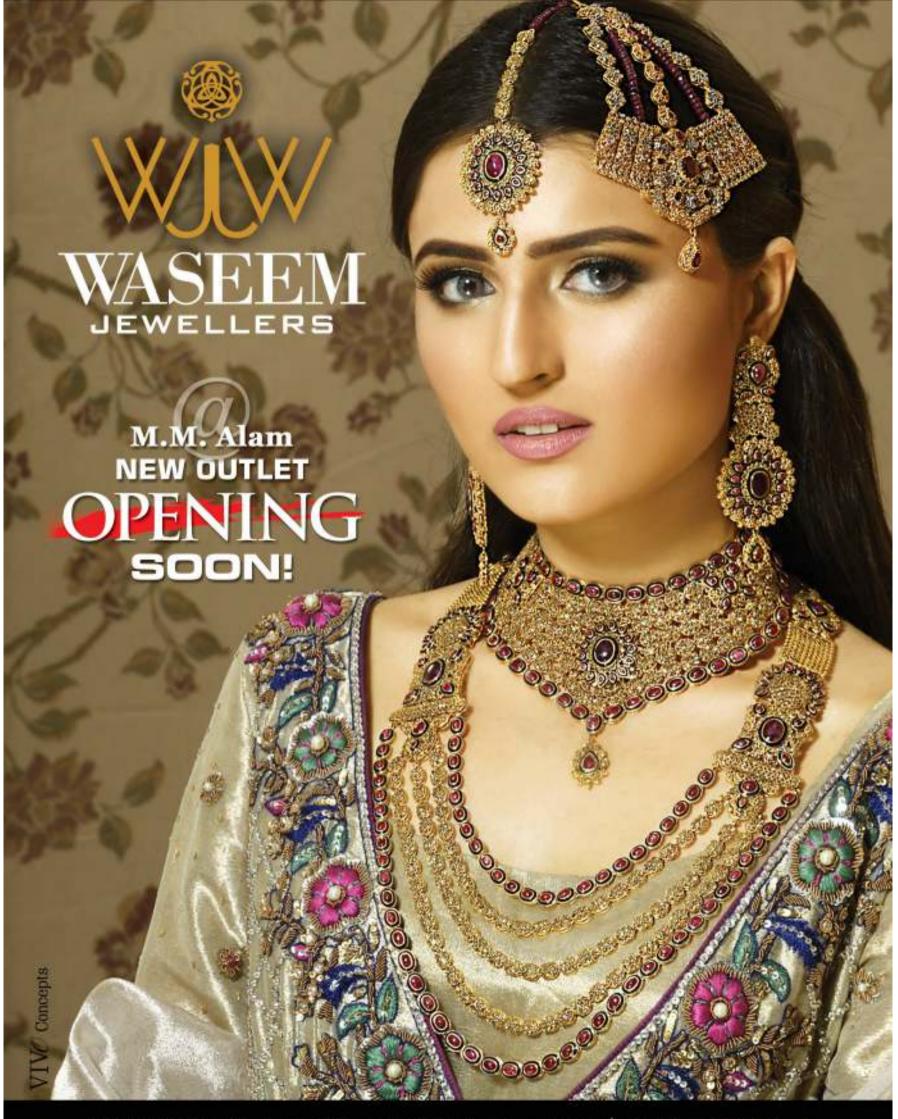












# MY WONDERFUL LIFE

Designer extraordinaire and the latest recipient of the Best Bridal Designer and Best Luxury Prêt awards, Shehla Chatoor gives insights on her glamourous life.





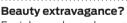
**Favourite Scent?** YSL - Exquisite Musk

#### What is your favourite indulgence?

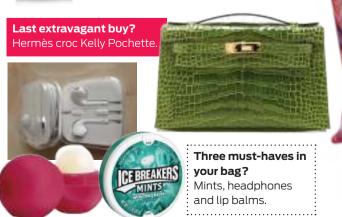
Every once in a while a Mr. Burger and fries; each bite brings back my fondest memories







Facials masks and eye gels - my current favourite is Advanced Night Repair Concentrated Recovery Mask by Estée Lauder and Acyl-Glutathione Eye Lid Serum by Perricone.







Who is your favourite style icon? Victoria Beckham and Olivia

What is your fitness regime? Basic work out, strength training, Pilates and eating healthy (no diet).

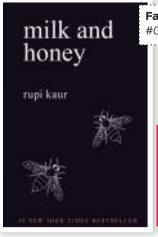


South of France or Northern Italv.

Favourite restaurant? Zuma and Chiltern Firehouse.

Favourite designers? Alessandro Michele – Gucci and Anthony Vaccarello – YSL.





Favourite book? #GIRLBOSS and Milk and Honey.

movie?











# ALEXANDER SKARSGÅRI

From True Blood to Big Little Lies, Alexander Skarsgård is one actor we have the hots for! Tall, svelte, chiselled and talented – we are smitten and can't wait for the new season of the Emmy Award winning show Big Little Lies... till then here are some of the actor's red carpet and street style looks to swoon over!



PHOTOGRAPHS: GETTY, WENN



STOCKISTS: BOGLIOLI, DOLCE & GABBANA www.farfetch.com; GRENSON, HUGO BOSS, RAG & BONE www.mrporter.com; J.CREW www.jcrew.com; prices are approximate





with rmed innate talent and a passion for the arts, Sadia Tariq established her design studio in 2001 and has made a niche for herself in a relatively short span of time. Renowned for her unique cuts and beautiful colour palettes. Sadia creates one of a kind ensembles for an extremely discerning clientele. Her embellished tulip shalwars, gorgeous organza wraps and floral inspired pieces, in particular, have racked up fantastic sales at recent exhibitions. This welltraveled creative designs four product lines: casual, semi-formal, formal and bridal, and the amalgamation of high quality textiles, hand embroidery, semi-precious stones and antique coins makes each garment stand out.

# When and how did you foray into fashion design?

Sadia Tariq: I started off by simply designing for friends and family. After the tremendous appreciation I received, I decided to pursue this as a profession on my own. I never went to any fashion school; you can say it was an inborn talent that I had from a very young age.

#### What is your design philosophy?

**ST:** My design philosophy is to meet

the expectations of my clients. That's my number one priority. I put in all my heart and effort to make something that makes my client stand out in a crowd. I always pay attention to cuts, colours and silhouettes as I feel they play a major role, no matter what body type you are. What you wear reflects your personality. I would never design anything for someone else that I didn't find pleasing to my own eyes.

# Tell us a bit about your work and your label.

**ST:** Sadia Tariq is a brand that offers prêt, luxury prêt, and bridal wear. We believe in variety and customisation. We try our best to cater to clients of all budgets.

# How does your label differ stylistically from other brands?

**ST:** I strongly believe in customisation. I wouldn't just make one signature style and expect it to cater to every single client, body type, personality and age. I believe in variation, whether it's fabric, colour or cuts. Everyone has their own sense of style, demands and comfort level and I cater to all three aspects individually. I think that's what makes my brand different, that's what makes it stand out. I make sure my









# **16** I'm inspired by risks. Starting something new which I have no idea how to finish just pumps up the creativity in me. **77**

clients are comfortable around me and they can easily communicate what they want. I believe in maintaining a trust level between us.

# How experimental are you when it comes to cuts and colours?

**ST:** Extremely! I don't restrict myself to certain colours or cuts. I am very open to experimenting with both colours and cuts.

# How do you feel you have evolved and grown as a fashion designer over the years?

**ST:** To be very honest, I have became more open to experimentation with avant-garde cuts and styles. Even when a particular design has not done so well, I have learned from the experience.

# What are some of the challenges you've experienced working in the industry?

**ST:** The fashion industry is a very concentrated yet challenging one. The two biggest challenges are making sure you sell your piece at a fair price without compromising on quality, and labour management, which can be quite difficult.

## What inspires you when designing a collection?

ST: I'm inspired by risks. Starting

something new which I have no idea how to finish just pumps up the creativity in me.

# How would you describe the Sadia Tariq woman?

**ST:** The Sadia Tariq woman is someone with poise, who makes a bold statement yet carries herself with elegance.

## Tell us about your personal style statement. What are your essentials?

**ST:** My personal style is bold yet elegant. On top of my list of essentials is a statement watch that I cannot leave my house without. And good shoes, of course.

# What future do you envision for your label? Do you have plans to take it global?

**ST:** Yes, I have plans on taking my label to different cities within Pakistan and then global, of course. There is a lot on the bucket list!

## What has been your proudest moment to date?

**ST:** Seeing my daughter achieve so much at such a young age of 23. And the fact that she idolises me, makes me feel complete. Seeing her work with such intensity and passion makes me a proud mother.

INTERVIEW: SARA AMIR TURAB PHOTOGRAPHS COURTESY OF SADIA TARIQ

# **OK!** Trending



# Holiday Fever With Stella

Get some of the chic-est outfits this season without breaking your bank! Stella McCartney has a beautiful range of party ensembles to choose from this jolly season, and we think they are all super haute! From the cut of the jumpsuits to the metallic finishes, we are certainly swooning over Stella.



### Baby Booth

Looking for a baby photographer? Well we searched high and low to find someone who can picture a baby with great ease and we were so happy when we came across Photography by Yous. It's really worth capturing some of the best baby moments, because time flies so quickly you definitely need a couple of good photographs to take you back and remind you of how little your little ones really were once upon a time. Get in touch at: photographybyyous@gmail.com.



## Jewelled Dreams

All the way from Jaipur, these @ShopCollier earrings are the perfect pop of colour and bling to make any outfit stand out. We are really digging the mother of pearl and agate used on a gold plated base. These earrings are the perfect way to make a statement without doing or wearing anything too drastic! We will take a pair of each, thanks!



# **Jumpers**

Who remembers the typical old school Christmas sweater that everyone would be rocking during the chilly season? Well, times have changed and now these very fun jumpers are in; they will spruce up your Christmas wardrobe for sure and add a festive feeling to your

Dyson X Ouai

Get your hands on the most talked about hair-dryer in the world of fashion, and the most famous hair products out there at the moment; the combination of the two is truly lethal. Dyson's new dryer is an ultra-fast hair dryer with high-speed, powerful, brushless digital motor and intelligent heat control to protect natural shine. This fabulous dryer is paired with four must-have Ouai essentials! You can find this set at www.sephora.com.



# Cruise With Cara

Jimmy Choo has stepped it up majorly with their new cruise campaign, featuring the ever so lovely Cara Delevingne! Apart from the shoot being a work of art, every single shoe and bag has a 'wow' factor, especially the delicious black





Birkin Baby

This is just in - Drake has been collecting Birkin bags for his future wife! We cannot help but ponder upon what the collection must look like - probably a rainbow of colours and textures. There have to be some exotics in the mix

too! The thought of that has us in lala land; we wouldn't mind being his future wifey for lifey! Whoever she is, she will be a lucky lucky girl, especially in the closet department.



# Net-A-Porter Ultimate Beauty Kit

The exclusive Utimate Beauty Kit is specially curated by NET-A-PORTER's beauty experts and includes eight full-size skin, hair and make-up products from the best brands in town. While it's a little pricey (Just under PKR 280,000), you can be sure that it will change your life for the better. Products included are Dr. Sebagh's Signature Serum, 3 LAB's Super Cream, 111SKIN's Celestial Black Diamond Cream, Kevyn Aucoin's 14-piece Essential Brush Collection, Kjaer Weis' Lipstick Cinq Set, Tom Dixon's Materialism Oil Candle, Oribe's Gold Lust Repair and Restore Shampoo and Conditioner. This is certainly a treat for whoever can get their hands on it!



# A Serene Journey Throughout Pakistan

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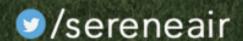


www.sereneair.com
UAN: 111-SERENE 111-737-363



/sereneair

f/sereneair





#### GI GI HADID X MAYBELLINE

Inspired by geographic locations, supermodel Gigi Hadid just recently launched a make-up collaboration with drugstore beauty brand MAYBELLINE. The East Coast Glam collection (three lipsticks, three lipliners, a tinted primer. liquid strobe, liquid eyeliner, mascara, two eye contour palettes and an eye contour brush) inspired by New York City is sophisticated and smoky, while the West Coast Glam range has a more California girl aka luminous and sunkissed vibe to it. Affordable, diverse and celeb endorsed – we think this collection is going to sell out fast. Grab it while it lasts! www.maybelline.com





# **OUR NEW**

Dry, Winter weather is upon us! To combat dull, dehydrated skin we tried umpteen amounts of brands to find the perfect potion to revive, rejuvenate and brighten one's complexion and fight the forces of nature. With all the research, it can be

CLEANSING

ARTOCATION

C.E.O. SUNDAY RILEY

rightly said that the SUNDAY RILEY C.E.O. Protect Repair Moisturiser is your new skin savior! Its creamy texture is blissfully hydrating and created with vitamin C, and not only does it brighten and rejuvenate dull skin – it also smells like oranges and fights the signs of aging. We tried it and gave it our seal of approval. Bag yourself a jar and you shall not regret it!

PKR 6,500; www.sephora.com

# CLEANSING ON A BUDGET

After learning the importance of a good cleanser, beauty junkies across the globe have never looked back, and investing in cult-labels such as EVE LOM, LA MER and ELEMIS has been rewarding! After each wash not only are our pores thoroughly clean but our skin also shows signs of radiance and gives a lit from within glow. The con of using such luxe products however is that it regularly breaks the bank. So we at OK! Pakistan decided to slowly but surely go through multiple reasonably priced, natural cleansers to find one as luxe without the hefty price tag. Our winner is now the BURT'S BEES' Facial Cleansing Oil – it takes out make-up, grime and SPF effortlessly, leaves skin hydrated and doesn't break the bank!

PKR 1,600; www.target.com

# BEAU IY Essentials

#### **OUAI DRY SHAMPOO** FOAM

Pronouned W-A-Y, hair care label OUAI founded by Jen Atkin is currently all the rage! With a fan following such as Chrissy Teigen, Katy Perry, Jessica Alba and the whole

Kardashian-Jenner clan – Jen Atkin is every Hollywood IT Girl's go-to hairstylist. Called "The Most Influential Hairstylist in the World" by The New York Times, Jen has built her company on giving women feel good products that give results. Our current new favourite is the OUAI Dry Shampoo Foam. Unlike typical dry shampoos, the foam never leaves a powdery

residue, leaves hair soft, bouncy and shiny and is worth every rupee. This product is Winter perfect – making your blow-dry last longer and giving your hair a squeaky clean look even without a wash.

PKR 2.800: wwwtheouai.com 164



#### **#STAYBBEAUTIFUL**

away from the sun not only to protect your skin from the sun's harmful rays but also to keep your complexion fair and lovely (no pun intended). Beauty brand, FAIR & LOVELY has targeted the desi market for eons and catered to women wanting to protect their skin from sun damage with their cream. Just recently though the brand, with Mawra Hocane as its brand ambassador, has launched a BB cream, which not only conceals your dark spots and blemishes, but also protects skin from sun damage resulting in a fairer, lighter complexion. Unlike other oily SPF creams and lotions, the FAIR & LOVELY BB Cream gives a matte finish when applied and is affordable to all!





# Ab Makeup walay look kay liye No-Makeup!



**OK!** Beauty

Complete
Mahirah's redcarpet look with
CHARLOTTE
TILBURY'S Live It
Up; a pretty ballet
pink lip shade
with a creamy
finish is the perfect
combo with smoky
eyes. PKR 3,300

HD LOCALE OF LIMITION
The NY

The NYX HD Studio
Translucent
Powder is a 100%
pure mineral silica
finishing powder
that leaves a
fresh matte
finish and
helps blur out
any visible
imperfections.
PKR 1,650



Dior

**DIOR** Airflash Spray Foundation delivers an airbrushed effect with buildable coverage. Mother of pearl pigments leaves the complexion looking smooth and silky with a fine glow. PKR 6,533

Superstar Mahirah Khan dazzles us with radiant, minimal make-up and side swept hair. Her peachypink pout and glistening skin are swoon-worthy!

Check out how you can own the look.



Try the **L'ORÉAL** Paris True Match Blush in cool peachy-pink undertones to get a soft, healthy-looking glow like Mahirah's. PKR 2,049



**TOM FORD**'s Eye shadow Quad in Nude Dip has all the right shades to create perfect subtle smoky eyes with a satin finish. PKR 8,500



Conceal dark circles with the **YSL** Touche Éclat concealer making sure the colour you choose is a shade lighter than your skin tone so that your eyes look brighter.
PKR 4,500

**INGLOT**'s Oil-Free Face and Body Illuminator can either be worn by itself, mixed in your foundation or applied as a base underneath your NGLOT make-up. It contains lightreflecting THE STANSON OF THE ST SCHOOL SECTION pearlescent molecules to illuminate the face.



Add oomph to your eyes with **HUDA BEAUTY** feathery lashes in #7 Samantha. PKR 2,000

MAYBELLINE New York Master Precise Liquid Eyeliner

provides smudgeproof, calligraphyinspired eyeliner that has an ultra defined and supersaturated tip that delivers precision for the most defined line. PKR 1,700

PKR 3,000



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Luxurious manicure & pedicure formulas designed to nourish & protect skin while helping to stop the signs of aging.

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# WHAT'S IN HER BAG?

The talented and sultry star Humaima Malick tells OK! Pakistan what she totes around in her bag!

> The VERSACE Palazzo Empire Stitch Bag is my current go-to. It fits all my beauty essentials and more! It's size and structure is great for both day and night

My ELIZABETH ARDEN Intensive Lip Repair Balm has a special and permanent place in my bag.





Since I travel a lot I need to keep my skin nourished in order to avoid dry patches and for that I use Superdefense Daily Defense Moisturizer by CLINIQUE.

I can vouch for the CHANEL Rouge Allure in 99 Pirate to be the most buttery lip color and hence I keep this too with me at all times.

For a natural, flawless, dewy glow I use the LANCÔME Beauty Balm



cream.

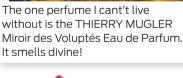


LANCÔME Beauty Balm around I carry the GARNIER BB Cream with me.

I am addicted to my Eccentrico mascara by GIORGIO ARMANI! I keep it with me 24/7.



The one perfume I cant't live without is the THIERRY MUGLER It smells divine!



I don't leave the house without my SISLEY Hand Cream. It keeps my hands soft and fragrant.

CLEAN & **CLEAR Oil** Absorbing Sheets keep any excessive oil at bay and are a must have for me.



The MAC Ruby voo lipstick is my favourite and a staple – I carry it with me at all times. One swoosh and I am all set to go for any

The ELIZABETH ARDEN

Eight Hour Cream Lip

Protectant is also one

of my must-haves for

keeping lips supple and

Eight Hour Cream Intensive Lip Repair Balm



# MAGIC WAND



# **CK!** Beauty EDIT JCEALIT

#### IMPERFECTIONS? WHAT IMPERFECTIONS?

1 NARS Soft Matte Complete Concealer in Honey, PKR 3,210 This lightweight, oil-free cream glides on and blurs, conceals and smooths imperfections. It gives a natural-looking coverage, perfect for those days when you don't want to put on a full face of make-up.

2 Vichy Dermablend SOS Cover Stick in Opal 15, PKR **2,100** A long-lasting concealer that blends easily and gives a high coverage that will cover spots, scars and even tattoos, leaving skin looking flawless!

3 Benefit Boi-ing Hydrating Concealer in No.1, PKR 2,450 Not only does this smooth fine lines and hide dark circles but its hydrating formula of vitamin E and apple seed extract keeps skin hydrated for up to six hours.

4 Yves Saint Laurent All Hours Concealer in 4 Sand, PKR 3.100 With a formula of mineral-purified pigments and a non-oily texture, this gives a perfect matte finish that is also sweat, heat and transferresistant. Plus, it will last up to 16 hours. What more could you want?

5 Bobbi Brown Instant Full **Cover Concealer in Warm** Beige, PKR 3,210 In just one swipe, this concealer gives a full coverage without feeling heavy or cakey. With a non-drying and long-wear formula, it helps balance the skin's natural moisture level for a comfortable feel and lasts all day with no touch-ups needed!

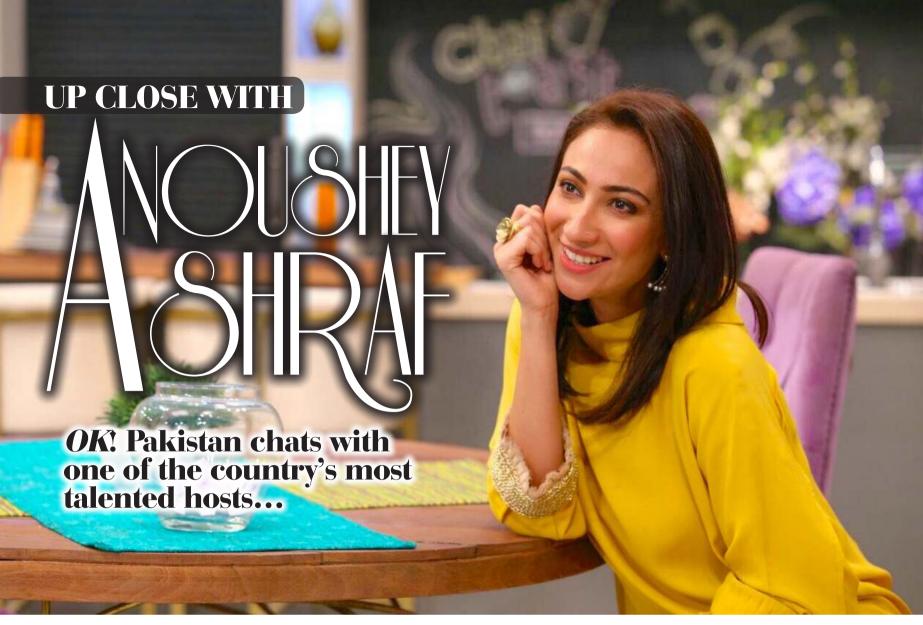
6 IT Cosmetics Bye Bye **Under Eye Concealer in** Light, PKR 3,150 This waterproof concealer works beyond just the surface of the skin. Its anti-ageing formula helps to improve the appearance of fine lines and wrinkles without creasing, while at the same time hiding dark circles, redness and pigmentation.





STOCKISTS: BENEFIT www.benefitcosmetics.com/uk/en-gb; BOBBI BROWN www.bobbibrown.co.uK; IT COSMETICS AT www.selfridges.com/gb/en; NARS DERMABLEND AT www.boots.com; YVES SAINT LAURENT www.yslbeauty.co.uk; prices are approximate





noushey Ashraf started her career with Indus Music in 2002 and since then there has been no stopping for the fabulously talented individual who has worked in numerous projects, each one different from the next, all of which have distinguished her as highly diverse and versatile. Today we get up close and personal with Anoushey about how it all started, challenges she faced, most memorable moments and much more.

#### Tell us what you do?

**Anoushey Ashraf:** I am a television host, an anchor and I occasionally produce shows sometimes so that's what I do mainly.

# What motivated and inspired you to start your career in this industry?

AA: There was no definite motivation actually and I got into this field by chance. One of my friends had a job at a network called 'Indus Vision' and he had asked me to come over and research about some stuff over there. So I initially went there as a researcher and on my first day I met the CEO of that network who asked me to start hosting a show on their newly launched music channel 'Indus Music'. So the transition happened by chance! From researching I started hosting my own show and that is how I was introduced to hosting. Thankfully overtime I also became popular as a prominent

#### What were the first few steps you took?

**AA:** I didn't take any steps consciously but I decided to work with honesty and integrity and give it my 100%. I was lucky; I was at the right place, at the right time and got the right opportunity but my

main aim is always to give my best at everything I do.

# What do you believe differentiated you from all other radio and TV show hosts over the years?

**AA:** I don't really know but I guess I never planned my career and stayed true to myself and my mantra still is that 'You can look up to someone but you can never be any of them'. I've always tried to be natural, say what I feel and do things my way and I think that has made me different from the rest.

#### What was your big breakthrough?

**AA:** My big breakthrough was my show on Indus Music, which used to come five days a week. It was called *IM Requested* and it became Pakistan's biggest request show. All these big bands and musicians like Noorie and Ali Zafar were very popular at that time and I used to play their music a lot on my show. I believe this also helped me in becoming quite noticeable in that process since I was the middle person and was playing their music on public request — so I guess that was my biggest breakthrough.

#### What has been your biggest challenge so far?

AA: I have done all kinds of shows now and nothing has been very challenging except my massive stage fright. Even today, whenever I get on the stage I try to stand at the back and wonder how I am going to perform. So that's what I go through every day – challenge myself, talk to myself, convince myself and do some meditation to calm down [haha]. But Alhamdulillah I have done well I believe.

#### What do you love the most about your job?

AA: The best part is that I get to be me. I am

natural, I am who I am and I get paid for that. Also I choose projects as per my liking and there is no boss directing me with the 'do's and don'ts'. I am very thankful to God for this as not everyone gets the opportunity to choose what they like and be the master of their own work.

# How are the two worlds of radio and television different?

**AA:** Radio is a lot easier as one does not need to dress up or do make-up but then we have to do a lot of research to do the talking. So yes, both are quite different and have their own charm but I am more of a television person as I have worked more on the TV and excelled there.

## From RJ to VJ, to anchoring shows, you have done it all. How has the journey been so far?

**AA:** It has been great! It's been quick and swift as well, it has given me so much that I didn't have the time to look back and reflect. So I think when I retire I'll look back to all the work that I've done, the roles I performed and the shows I hosted. So yeah, the journey has been great and I hope it continues for a long time.

### How do you balance work and your personal life?

**AA:** I believe in having a personal life and that's why I haven't taken on much acting or done anything apart from my hosting. I feel like a person can do one thing and do it well. Although work is my priority, it is not the basis of my existence and I always take time off for my family, my dogs, to read, to meditate and to take my naps on time. I believe we do so much to make our professional lives better and in the end we have no time left for

ourselves so I try and take my Sundays off; I work but I keep my personal life on priority too.

### What are the most memorable moments of vour career?

**AA:** There are a lot of cherished moments but my trip to Afghanistan for work was amazing and I think I wouldn't have gotten a chance to go there if it had not been my work. Also I got to meet Moin Akhtar *Sahib*, Mehdi Hassan Sahib and Noor Jahan *Sahiba* before they passed away. I also met Anwar Maqsood Sahib the other day and I feel lucky to be around such amazing people who I really look upto.

## According to you, what qualities should a good host possess?

AA: A good host should have command over the language they wish to communicate in. They should know and work upon the art of communication; it will help them become a lot more relatable. It might take away some of the star power and charm but as a host you must be someone that people can listen to and relate to. At the end, be yourself! You are not playing a character but you are who you are...

## TV host or events, which do you prefer and why?

**AA:** I like both in their own way. Being an Aries I get bored easily so I do multiple types of hosting: red carpets, TV, events and online shows. It actually keeps me interested and it's fun.

#### Your favourite host?

**AA:** If we talk about international hosts then I would say Oprah Winfrey and Ellen DeGeneres are great. VJ Cyrus from India and VJ Trey from Hong Kong are awesome too. However in Pakistan I really think Fahad Mustafa has the ability to not offend anybody, do the right thing and look good while he is doing it. He entertains Pakistan without being politically incorrect. So well done! He is one of my favourite hosts.

#### What's your favourite color?

**AA:** I like blue and black but I also believe that every colour serves its own purpose so I have never been very particular while picking a colour.

#### Are you a morning person or a night owl?

**AA:** I am a morning person as I also host a morning show so I have to be up anyway. But I like it; I like being up in the morning, having a good breakfast and starting the day early.

#### Favourite word?

**AA:** Not a favourite word but perhaps the word I use the most has to be 'Yeah' or 'Ahan'.

#### Last book you read?

**AA:** The Happiness Project.

#### Biggest pet peeve?

**AA:** When I go out to shop and the customer service or the salesperson doesn't know what's where, I get very irritated! I mean why would you not know about the details that are necessary for you to do your job.

#### Go to designer?

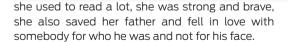
**AA:** I love Pakistani designers but if I had to go to a brand instead it would be H&M as it serves the purpose for me.

#### Who's your favourite Disney Princess?

AA: Bella from Beauty and the Beast because







#### What's your life motto?

AA: Have fun while you can.

#### Twitter or Instagram?

AA: Instagram.

#### Favourite destination?

**AA:** I love to travel – I love every destination so every destination is my favourite.

#### Coffee or tea?

AA: Chai.



#### Favourite hashtag?

**AA:** When I agree with somebody I always write #Word.

#### Your style icon?

**AA:** I like Nabila's style and if I go back in time I think Hadiqa Kiani has always made style statements. Internationally, my favourite style Icon is Jennifer Lopez.

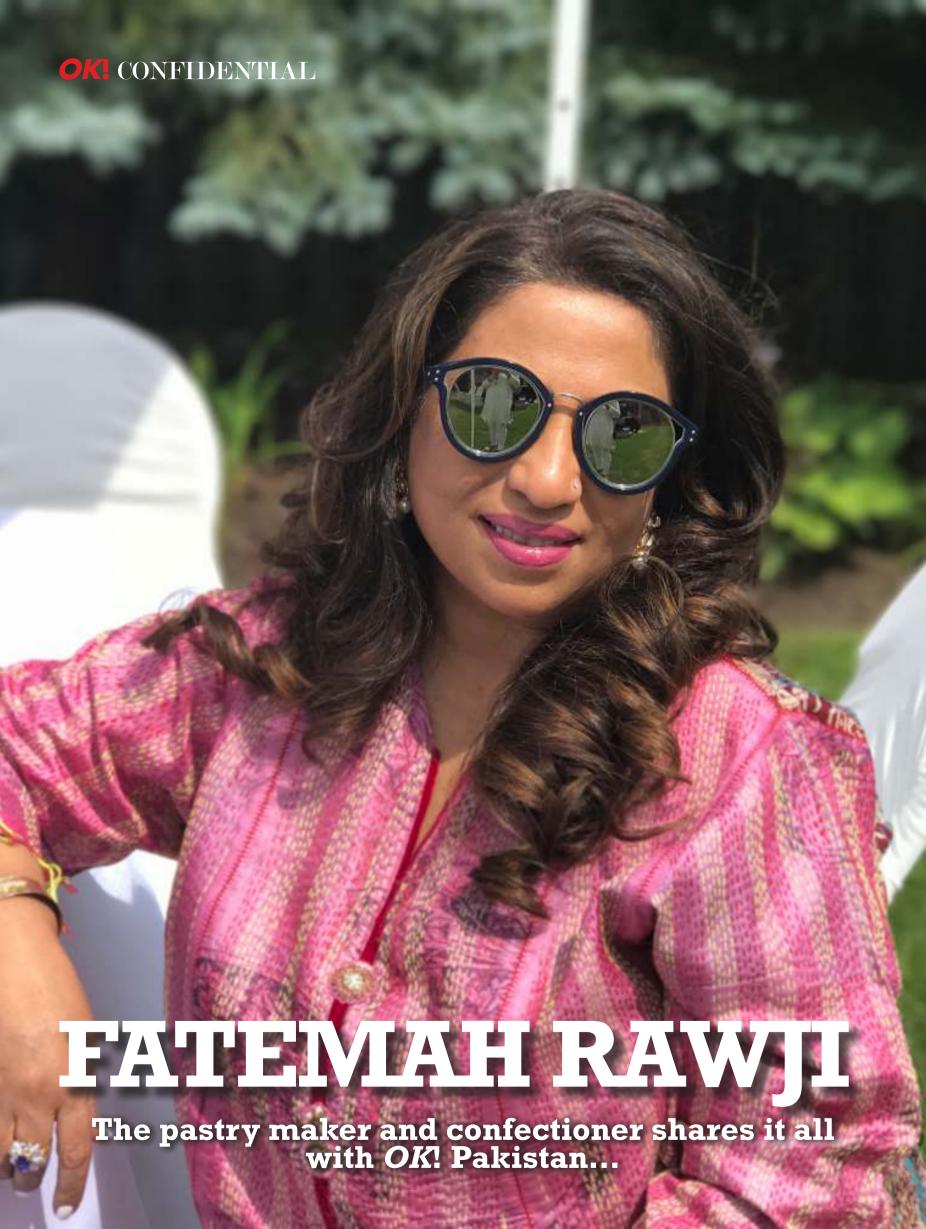
#### Your favourite actor?

**AA:** Again Fahad Mustafa and Sanam Saeed from Pakistan, Ranbir Kapoor and Priyanka Chopra from Bollywood and Ryan Gosling from Hollywood (can't miss this one!).

# What advice would you give to other budding presenters?

**AA:** I think it's easier to make your mark in today's world – there is competition but opportunities are there so go and grab them! Also I feel struggling is okay; it's good and beneficial in the longer run. I would suggest that one should not be scared of struggling and if you believe in what you are offering, you will get there.

INTERVIEW: MEHR KASSIM PHOTOGRAPHS COURTESY OF ANOUSHEY ASHRAF





hen it comes to baked goods, there is one name on the hot list of every Karachite and that is Fatemah Rawji. The pastry maker and jet-setting confectioner has become renowned for her Date & Toffee Carmel Cake, Tiramisu and a constantly innovative pipeline of desserts that gain quick prominence. Today lets find out how she combined her passion for baking and built a business for charity, all while staying fabulous in the kitchen!

# What exactly do pastry chefs do?

**FR:** [Laughing] It's like me asking you what you journalists do. Let's put it this way 'We both cook up a storm'.

# What do you enjoy most about being a pastry chef?

FR: The pleasure of baking and creating new things gives

# When and how did you decide to become a pastry chef?

**Fatemah Rawji:** I have always baked for family and friends but started doing it as a business for charity in 2011.

# What was your baking and pastry training? Did you attend culinary school?

FR: I am not a trained professional and never attended any pastry or culinary school. It's more a personal passion for baking.

# Who were the biggest inspirations for your career?

**FR:** A friend moved to Karachi from The Congo and began a project where she helped under privileged girls to get married on a meagre budget of PKR 5000 per bride. This inspired me to take on this project and start baking to help her with the bridal budget.



me so much satisfaction.

# "From the Kitchen of Fatemah Rawji" is a non-profit bakery? How does that work?

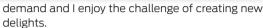
FR: I am not affiliated with any particular charity. I donate where I feel there is a need. My kids call it an "out of profit bakery" — as most days the cakes cost more than what I charge/make on them. I use only the best quality ingredients, many of which I have to import, like the Dark Chocolate from Cote D'or. The decorative pieces I also buy when I travel abroad, and thanks to a supportive family that also keeps me well stocked by courier and when they visit. But I cannot charge much more as I have to keep the local market affordability in mind.

## What is your speciality and why did you choose it?

FR: Desserts are my speciality. It's much in ► OK! PAKISTAN • 175







#### What's your pastry philosophy?

**FR:** My philosophy is always do what makes you happy and gives you a feeling of satisfaction. So I put the same philosophy in my pastry. Baking makes me happy and the added bonus that I am able to make a small difference in the life of someone and make them happy, comes a whole circle in the end!

#### What's a typical day at work for you?

FR: Most mornings my home is already buzzing by the time I reach the kitchen. My help is instructed in what has to be ready at what time. Most desserts have to be set the night before. I prepare what has to be done in the evening and work accordingly the next morning. Cakes have to be cooled properly before they can be worked on. A cake can take anything from an hour to three hours (wedding cakes) to decorate and finish. Theme cakes can take weeks to plan. But some clients don't get it and want something the same minute; I only make fresh desserts and do not have any pre-made items.

# How do you ensure quality control in your kitchen? Are you a taskmaster or do you allow your assistants to riff?

**FR:** I have to stay on top of things. Quality is most important and key to my success. I am definitely a taskmaster!

# How important is it for you to keep up with what's going on in the pastry world?

FR: The Internet is a world of information and I keep up with the latest trends in desserts. YouTube is my best friend to guide me on desserts I am curious about. And finally it's my kids who keep me on my toes by challenging me to make cakes they eat all around the world.

### What pastry or kitchen tools can't you live without? Why?

FR: My Kenwood, spare beaters/whisks and my cake pans. Without these items I would not know where to start off each day. So I make sure I have a spare set of each.

#### What are your three tips for dessert success?

FR: Quality, quality, quality!

#### Who are your mentors/ pastry heroes?

**FR:** I don't have a mentor or hero; but I was always encouraged by my parents to set goals and achieve them. And they made sure I did my best. They were the driving force behind all five of us siblings.

Tell us an interesting or unknown fact about



your kitchen and/or career.

FR: As you know I have a house full of foodies. Kids have their friends coming and going, and family dropping in so there is a lot of hustle and bustle. I have to label cakes with signs saying: "Do not touch/eat" or else I may wake up to some of it gone. So often I double up on popular cakes, one just for family and friends who drop in to devour.

#### What are your favourite desserts?

**FR:** After working day in and day out preparing cakes and desserts, I have actually gone off desserts, but I do admit I enjoy desi desserts and the occasional ice cream.

# Are there any desserts you would love to make but people wouldn't order?

**FR:** There are some desserts that have to prepared and eaten right away, but do not work if delivered. So it's not that they wouldn't order them but the logistics of transporting and delivering works against those desserts.

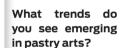
#### What should dessert be like in your opinion?

**FR:** The key to the dessert should be that it should look appetising and taste even better!

#### Which dessert is your favourite to make?

FR: There are a few – Date & Toffee Carmel Cake,





FR: There is one dimension to my talents that I wish I was better at; to be more artistic. I admire cakes being made in Pakistan by so many talented people. I wish I had taken some courses to be more creative in decorating cakes... sigh a bit too late now.

# Do you get requests or special orders to use specific ingredients such as gluten-free or organic?

FR: Yes I do, but in Karachi it's not easy to find those ingredients. But I do a lot of sugar-free and diet cakes.

#### Where do you see yourself in five to 10 years?

**FR:** Hopefully seeing the next generation of kids in the family take over.

## What advice do you have for anyone considering a career as a pastry chef?

**FR:** You have to have the taste, patience and commitment to quality in creating a perfect cake. And when it comes to desserts I have a saying "Never trust a skinny cook"!

INTERVIEW: MEHR KASSIM PHOTOGRAPHS: SAY CHEESE STUDIO BY UROUGE RAZA



We all bear witness to our times and ourselves, both in the present and the past," says Amin Gulgee. His curatorial statement asserted the cityscape as a canvas, placing the work on display in the now. The conceptualisation, the process and the mediums of expression are only functional as the window through which both the artist and the viewer are placed along side each other in the present.

The eye witnesses straight ahead, on a level that makes first impressions, being the most important ones. Bearing witness to what is seen, felt and interpreted is secondary, the weight of time is done away with when the mode of expression becomes the beginning of communication.

Witness as its theme, the Karachi Biennale 2017 included more than 160 artists, from several cities of Pakistan as well as from across the globe. While the entire line-up was an overwhelming combination, the works that stood out were the most honest, humorous at times and stripped off. The curatorial team of Amin Gulgee, who was the chief curator, and Zarmeene Shah, the curator at large, displayed a sharpness that used the context of the city that is devoid of a common language and functions on a pace where witnessing alien concepts would have been useless. The works highlighted demonstrate a commitment to shedding light on the now, with the complexity of narratives, notions of authenticity and









"As you begin to observe the piece, you realise it is made entirely of human hair. Human hair has a fascinating history and as an art medium, it is loaded with meaning."

features a taxidermied donkey saddled with two television screens. The work speaks of a sombre subject: the plight of Pakistan's working poor — workhorses who are burdened with the "broken promises", as Habib calls it, of the ruling elite who keep them slaved with the lure of a better tomorrow. The TV screens

play applause on a tragically endless

Mulji's An Ode to a Lamppost That Got Accidentally Destroyed in the Enthusiastic Widening of Canal Bank Road twists its way through the cramped bookstore, bolted here and there to its walls for support. The bookstore's owner and patron have accused her of damaging the space, however. The artist herself says of the controversy and her work: "This is a complex issue, and not so easy to unpack in one comment. The scale of the lamppost, its unexpected entanglement with the mezzanine floor along with the un-rhythmic flickering neon light intentionally amplify a sense of trepidation and unease. It serves as a representative of a different time, but entwined and implicated

collectively in the present. But the flickering of the light, and the happy survival, that is, the restoration of the bookstore, are both signifiers of a resilience, of the city and its desires, and it is ultimately an optimistic work."

An incredibly sombre setting is re-imagined as a playful space in Mahbub Jokhio's installation, Museum of Wasted Loves at Claremont House, 63 Commissariat Lines. The artist created a graveyard populated by small, child-sized graves painted bright, happy colours; the conflicted visual and emotional impact of the work ultimately resolves itself. OK!

the borders and boundaries that contain the artist and the viewer unfold in time.

As you enter the IVS Gallery. Kazim's art installation enters your peripheral vision on the right: a dark structure that appears to be floating in the air. "As you begin to observe the piece, you realise it is made entirely of human hair. Human hair has a fascinating history and as an art medium, it is loaded with meaning."

Already Eaten by Aamir Habib

TEXT: AMNA IQBAL

# ART EVENTS & EXHIBITIONS AROUND THE WORLD

## Winnie-The-Pooh: Exploring A Classic

December 9, 2017 – April 8, 2018, The Victoria and Albert Museum, LONDON

This multi-sensory and playful exhibition explores the magical world of Winnie-the-Pooh – one of the most adored fictional characters of all time. The story behind the creative partnership of A.A. Milne and E.H. Shepard, brought to life through sketches, letters, photographs, cartoons, ceramics and fashion. "I'm delighted that Winnie-the-Pooh is being celebrated at the V&A, nearly 40



years since he last took centre stage at the museum," Tristram Hunt, director of the V&A said in a statement. "From the world's largest collection of EH Shepard's Winnie-the-Pooh pencil drawings, to homemade honey from our rooftops in South Kensington, the V&A is the perfect home for Pooh, Piglet, Tigger, Eeyore, Christopher Robin and friends." The museum is set to stage the largest exhibition celebrating Winnie-the-Pooh, the Bear of Very Little Brain and childhood favourite from literary history. Winnie-the-Pooh: Exploring A Classic will explore the real people, relationships and inspirations behind A.A. Milne's cuddly character, who came to life through E.H. Shepard's illustrations. Interactive installations from Tom Piper will set the scene for the exhibit. Meanwhile, original illustrations, letters, photographs and manuscripts will go on display alongside highlights such as a Winnie-the-Pooh tea service presented to a young Princess Elizabeth and the museum's own delicate pencil sketches, which are so fragile they have not been exhibited for 40 years.

## Jimmie Durham: At The

**Center Of The World** 

November 3rd 2017 – January 28th 2018, The Whitney Museum of American Art, NEW YORK

Artist and activist Jimmie Durham has worked as a visual artist, performer, essayist, and poet for more than 45 years. Predominantly a sculptor, Durham often combines found objects and natural materials and incorporates text to expose Western-centric views and prejudices hidden in language, objects, and institutions. Calling himself an "interventionist," Durham is oftentimes critical in his analysis of society but with a distinctive wit



that is simultaneously generous and humorous. The first North American retrospective of Durham's work, *At The Center Of The World* traces his remarkable attentiveness to materials and a characteristic approach to assemblage. Durham's expansive practice spans sculpture, drawing, collage, photography, video, and performance, and the exhibition includes approximately 120 objects dating from 1970 to the present. It is accompanied by a catalogue comprising several scholarly essays, an interview with the artist, a chronology, and a selection of Durham's own writings, both old and new.

## Modernism On The Ganges – Raghubir Singh's Photographs

October 11, 2017 - January 2, 2018, The Met Breur, PARIS

Raghubir Singh (1942–1999) was a pioneer of colour street photography who worked and published prolifically in the late 1960s. Born into an aristocratic family in Rajasthan, he lived in Hong Kong, Paris, London, and New York—but his eye was perpetually drawn back to India. This retrospective exhibition situates Singh's photographic work at the intersection of Western modernism and traditional South Asian modes of picturing the world. It features 85 photographs by Singh in counterpoint with works by his contemporaries. The exhibition



traces the full trajectory of Singh's career from his early work as a photojournalist in the late 1960s through his last unpublished projects of the late 1990s. Using a handheld camera and colour slide film, he recorded India's dense milieu in complex frieze-like compositions teeming with incident, fractured by reflections, and pulsating with opulent colour. Singh embraced colour as part of a continuous Indian aesthetic tradition that reaches back to the miniature paintings of the Mughal period. As he travelled along his own artistic path, Singh forged a distinctively Indian style of modernist photography that stands, as he put it, "on the Ganges side of modernism."

#### **Nunes: Phototaxis**

November 7, 2017 - January 20, 2018, Galeria Raquel Arnaud, Brazil

A wide range of techniques were tapped for *Phototaxis* including collage, assemblage and performance art, in all of which energies derived from light, fire, gravitational force and geometric impulsion were shaping Nunes' poetics. Imagination echoes these natural forces in industrial objects for the most part, as the exhibit's curator Ricardo Sardenberg remarks. Flashes or *Lampeios* were



produced by Nunes intervening directly, as in a solitary performance and the exhibition features a video of this action too — in which images of small short circuits were caught on paper. Sardenberg describes flashes caught on paper as "images of the bright light of an instant, or a fleeting idea, just as a system was collapsing." Nunes worked directly on sheets of paper mediated by the performance-act of inducing a short circuit. The exhibition is developed into actions that twist energy or the activity of working, the actual gerund, as the appropriate sculptural medium for Nunes's oeuvre. From the ash left by a burned ball of paper he created a geometric design; sheets of overlapping tracing paper that give rise to a gravitational geometric force field drawing alternately inward then outward from the paper and elastics are suspended and tensioned under the pressure of a glass sandwich on a video screen while steel wool fastened to a ventilator motor traces phosphorescent shapes in the air. "He is a sculptor who at times carves or hues the invisible stone of energy, leaving marks, objects and actions along the way," adds Sardenberg. Phototaxis.



# The Contractor: How I landed in a Pakistani Prison and Ignited a Diplomatic Crisis

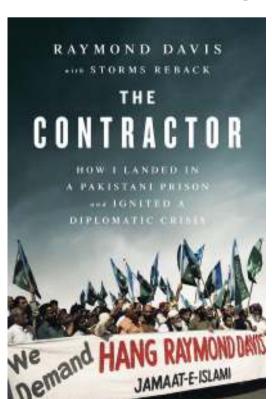
By Raymond Davis with Storms Reback

he Contractor maps one of the biggest controversies in Pakistan narrated by the man behind it all – Raymond Davis. The book is described as "an up-close and personal look at the 2011 incident in Lahore, Pakistan, that led to his [Davis's] imprisonment and the events that took place as diplomats on both sides of the bargaining table scrambled to get him out".

Raymond Davis, an American Contractor and ex-CIA employee, ended up in the middle of a diplomatic crisis when he shot down two men that attempted to rob him in a crowded street in Lahore, Pakistan. To make matters worse, his colleagues that tried to come rescue him from a mob, in turn ended up killing another innocent biker on the street as they tried rushing towards the scene. Raymond ended up in a Pakistani prison with diplomats on both sides negotiating to get him out.

The novel is an interesting read as it touches on a variety of topics such as US-Pakistan relations, the Pakistani judicial system, the CIA and its involvement in the world together with a personal story. All this and more keeps the reader engaged.

Raymond Davis provides insight into his life and where he is coming from to familiarise the reader with him as a person. It comes off as if Raymond is reminding the reader that despite the death of three men, there was another life at stake all along: His! Given that theme in place, he continues to humanise himself and brings in





The story includes a parallel view of what was going on back home. The narrative from Raymond's wife Rebecca speaks of problems she had to face while Raymond was away.

antidotes of his personal life and how he grew up.

Raymond begins his story talking about the series of unfortunate decisions that led up to the actual incident. He explains how choices made initially like taking the white sedan instead of the SUV led to him eventually being the target of an armed robbery at a busy road in Lahore and attempts to clarify multiple times that given the right decisions initially would not have resulted in the death of three men. He then goes back in time to his difficult childhood and how growing up led him to become a contractor. Raymond constantly reminds the reader of his training and past experiences that he claims trained him to be a strong willed man.

The story includes a parallel view of what was going on back home. The narrative from Raymond's wife Rebecca speaks of problems she had to face while Raymond was away. It also reminds us that the family left behind had to go through its own set of pain and uncertainty as

they waited for Raymond to come home.

On a side note I felt that Raymond was culturally inappropriate and came off as slightly racist. In one instance, Raymond talks about two policemen having a conversation in Urdu as "blah blah blah jibber jabber". His tone tends to be self-righteous as well where he tries to portray himself as a victim of circumstance and not taking any responsibility of the deaths of three men.

Overall the novel is an interesting read but does come off as slightly biased with a racial undertone. For those of us that followed the news back in 2011, the novel gives us the other side of the story. Understandably, given the controversial nature of the book, there are a few holes in the story, which look like they have been omitted on purpose. One such instance is the fact that the novel ends with the reader still questioning Raymond's job in Pakistan and what exactly he was doing here.

REVIEW: MOHAMMAD ALY KHAN



oing to Cocochan I had no idea what to expect. Yes, it is a Pan Asian restaurant, yes it serves sushi and yes it has gotten some great reviews on online food groups but Pan Asian food is a tricky business and sushi even trickier, so I can honestly say I was apprehensive. However, from the minute we arrived we were transported to another realm.

The moment you step out of your car outside the restaurant you are surrounded by beautiful tall green plants and you can't help admiring the exterior of the place. But nothing can prepare you for what's about to greet you on the inside. The high arced ceiling, the welcoming staff and the gentle earthy tones of the entire décor will have your neck craning in every direction possible in an attempt to take it all in. The restaurant is divided by seating into 4 sections; the first is the sofa seating followed by your basic table and chair sitting area which moves into the live sushi section. To the right of the restaurant you will find a larger seating area which as per my assumption is for people who come in larger groups to enjoy the culinary journey on which Cocochan's chef will take you on.

Now let's move on to the more fun part; the food! The menu is extensive, beginning from a wide variety of appetisers to soups, salads, dim sum, sushi, teppanyaki, teriyaki, Chop Suey and Chow Mein, and even the drinks and desserts sections has some interesting selections on it.

As my fellow foodies and I wanted to try a bunch of the appetiser options we ordered the Mandarin appetiser platter which held a combination of prawn on toast, dynamite prawns, crispy vegetable spring rolls and Schezwan wontons. I have never seen appetisers served in quite the manner in which Cocochan served this platter. It came on a three 182



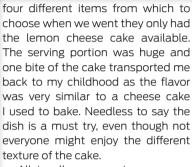
tiered stand with each level holding a combination of the appetizers intricately laid out. I honestly did not know what to expect with the prawn on toast but one bite and I had found a new favourite appetiser. The taste was a perfect balance of toast, prawn and sesame seeds. I would not recommend pairing the chilli sauce with it however as the sauce was too strong for the delicate taste of the prawn on toast. The spring rolls though could easily be had with the sauce and were some of the best rolls we have eaten in the city. Crispy, tasty again with a hint of sesame seeds, need I say more? The dynamite prawns were also some of the best I have ever tasted. The sauce was not as strong as some other places make it which made them much more

enjoyable to eat. The Schezwan wontons which were chicken based and served in chilli infused oil were silky smooth with a nice spicy kick.

Moving on, I am loving the competition that is coming in, in the sushi segment. Sushi is a tricky dish which very few get right and for the longest time I would only hear about Sakura in Karachi after which came Tao and now I am happy that Cocochan is also on that list. I only got a chance to taste the tuna sashimi and red snapper nigiri but the sashimi practically melted in my mouth and the nigiri was definitely at par with Cocochan's competitors in the sushi category. The dish was also beautifully decorated though I still don't understand why they served half a lemon with it.

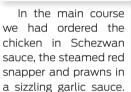






All in all our experience was a good one and we will definitely be

going back. The atmosphere of the restaurant really helped in shutting out the madness of the world and even their Koh Sumai drink was a delicious spin on mint lemonade. And their music! It was a great change to not hear the same playlist that is on repeat everywhere these days. Cocochan's



At this point I will say that all the courses were served in a very timely manner and our mains arrived just as we were getting done with the sushi. All the mains come with an option of either jasmine rice or egg fried rice and the quantity of the dishes is enough to easily feed two people.

The chicken in Schezwan sauce is a wok fried chicken in peppercorn and dry red chilli, and as the name suggests Schezwan sauce. This dish is best paired with the egg fried

rice. While it was too sweet for my liking, my fellow foodies had a hard time putting their forks down and enjoyed the variation in the taste from other Schezwan chicken dishes available in the city.

The second dish was the steamed red snapper in chilli and lemon juice. If you're reading this and thinking it's

anything like the steamed fish at Tao let me stop you right here. The steamed fish at the latter is a dish you will devour even while your mouth is on fire. Unfortunately, we could barely get past two bites of the steamed red snapper at Cocochan's. Even though the presentation of the dish was done in a very <code>MasterChef</code> style, the smell of the fish was extremely strong as was the taste and it left us with a bad smell and taste till we were half way home. However, the manager Arif Gill was very polite and while, periodically, checking in with us to see how we were enjoying ourselves he even

offered to have the dish returned. It is rare to come across such accommodating staff anywhere these days.

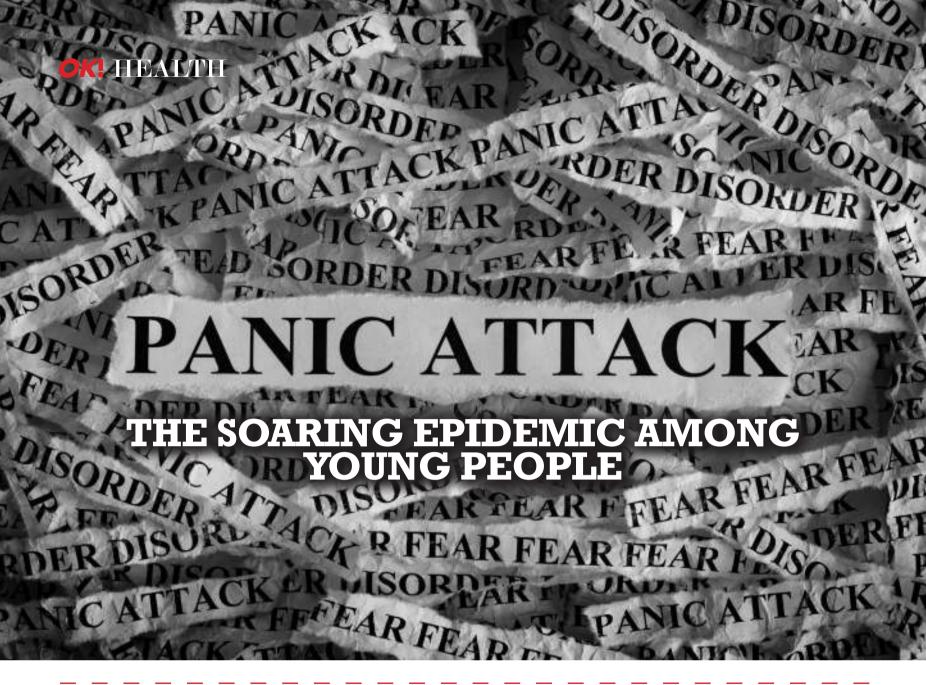
The last main course of the night was the sautéed prawns served in sizzling garlic sauce with scallions. The sauce of this dish was delicious. I personally wish it had been a little spicier as paired with the sticky jasmine rice the true flavour of the sauce got a little lost and began tapering towards bland. But on its own it was definitely one of the better dishes.

We all know no meal is complete without dessert. While Cocochan's dessert menu has

music was a much needed change and also very soothing.

A few things to keep in mind when going to Cocochan's; if you're going from the DHA/Clifton side easily keep a margin of 30 minutes as traffic on the way can be crazy. We went for an early dinner which was the perfect time to go as by 9:00 PM the place was packed, so make sure to get your reservation because if you're in the mood for Pan Asian I doubt any of the neighboring restaurants will be able to satiate your taste buds. The total damage for three people with one appetiser; two piece sashimi; two piece nigiri; three mains; one dessert and one drink was around PKR 5,000.

REVIEW: ZOFEEN IHSAN PHOTOGRAPHS: RIFFAT RASHID (@GIRLGOTTAEAT\_)



# As actress Emma Stone reveals her battle with debilitating anxiety, we take a closer look at the condition

he may be one of the most successful film stars in the world, but Emma Stone has revealed her battle with 'immobilising' panic attacks. The *La La Land* actress opened up about suffering from crippling anxiety since childhood during a recent interview, saying: 'I was a very, very, very anxious child and I had a lot of panic attacks.'

Appearing on *The Late Show*, Emma, 28, shared a picture she had drawn in therapy aged just nine, which she had labelled: 'I'm bigger than my anxiety.' Meanwhile, she also confessed: 'The first time I had a panic attack I was sitting in my friend's house and I thought the house was burning down. I called my mum and she brought me home, and for the next three years it just would not stop.'

Although she no longer has the attacks, Emma admitted she still struggles with anxiety to this day. And she's not alone, as many other celebrities have spoken out about their own anxiety issues, including Peter Andre, 44, Adele, 29, and Zayn Malik, 24. Former *Great British Bake Off* winner Nadiya Hussein recently revealed

that she too has a panic disorder, which makes almost every day hard to cope with. Nadiya, 32, said: 'My whole life revolves around not falling apart. I describe it as a monster. Some days the monster shouts in my face, no matter where I turn he will keep shouting at me, I can't get him out of my face.'

In addition, Love Island winner Kem Cetinay, 21, has opened up about the 'crippling anxiety' he endured during childhood. 'Anxiety can be a dark path if you don't handle it well,' he said. 'I basically had therapy seven days a week for three years.'

Away from showbiz, there are new claims that young women are facing a 'gathering crisis' in their mental health. NHS statistics show that outpatient appointments for anxiety disorders have rocketed by 500 per cent since 2007. 'There is a growing crisis in children and young people's mental health,' says Dr Bernadka Dubicka, chair of the Child & Adolescent faculty at the Royal College of Psychiatrists. 'Emotional problems in young girls have been significantly, and very worryingly, on the rise over the past few years.'

With girls facing increasing doubts over their body image, as well as the intense pressure of social media, OK! found out more about the unprecedented rise of panic attacks — and how best to deal with them...

#### What Causes An Attack?

Panic attacks occur when a worrying thought triggers a sudden surge of the hormone adrenaline. Gearing itself up for imminent danger, the body goes into 'fight or flight' mode, sparking unpleasant symptoms such as shortness of breath

Renowned psychotherapist Jasmine El-Doori tells *OK*!: 'All of us experience anxiety in certain situations, such as before a big exam or job interview. But with panic attacks, these feelings become uncontainable.' Often, the fear of having an attack is a direct cause. 'If you've had a panic attack on the tube before, even the idea of getting back on it can bring on an attack. In that way, it becomes a self-fulfilling prophecy,' says Jasmine.



Associated feelings of self-doubt can then worsen the problem. 'Sometimes, people dash to A&E with an awful racing heart, only to be told there's nothing wrong with them. This compounds the feeling of failure and a sense they're not coping.'

#### What Are The Symptoms?

They vary in severity, but common complaints include a racing heart, nausea, palpitations, difficulty breathing, hot flushes, dizziness, muscle tension and pins and needles.

In some cases, a sufferer's throat constricts, which produces a choking sensation or even the feel of a cardiac arrest. 'A panic attack can be extremely distressing,' says Stephen Buckley from mental health charity Mind. 'For some people it becomes so severe they feel like they're going to die. For some, anxiety becomes so debilitating they choose not to leave the house.' Jasmine added: 'The attacks can impact on your life to the point where you feel alienated from colleagues, family and friends. They leave people feeling incredibly isolated.'

#### Why Are Panic Attacks On The Increase?

According to a study by the University Of Cambridge last year, more than 8.2 million young people in Britain struggle with anxiety or panic attacks, and females are twice as likely to be affected. With cases among younger generations rising fast, experts believe that mounting social pressures are largely to blame. As Stephen says: 'A lot of people don't realise how stressful their lives

have become. Slowly that stress builds and becomes more of an anxiety problem and more difficult to sort out.'

Jasmine stresses: 'The triggers are often around a big life transition — such as going to university, losing a job or the loss of a loved one. I'm treating far more young people than a decade ago. There's so much pressure to do well at school, as well as a fear of debt in these unstable economic times. There's terrible pressure to look a certain way, to have a huge number of friends on Facebook and to be in a relationship.'

Similarly, trolling on social media is having an impact. 'It's easy for people to make hasty and sometimes ill-advised comments that can negatively affect other people's mental health,' says Stephen.

On the flipside, the surge in recorded cases is also partly due to more of us confronting our problems head-on. 'One positive is that many more young people are seeking help,' Jasmine points out, adding: 'Information and professional support are more accessible, and there thankfully appears to be less shame associated with emotional turbulence.'

# How Are They Best Treated?

Many of those suffering from panic attacks turn to medication, such as antidepressants. 'The younger clients I see often race straight to the GP to get a prescription,' Jasmine says. 'Lots of them would clearly benefit from talking through their problems instead, although medication does come into its own when people's function is seriously impeded.'

Rather than using drugs, psychotherapy involves focusing on the root causes of anxiety. Jasmine insists: 'It's so important, and can stem back many years.' She also advocates yoga, meditation and mindfulness. 'Adolescents in particular rave about all the new apps that are available. Taking ten minutes out of the day to focus on breathing and keeping in the moment really helps.'

Visualisation techniques can be useful too, she says: 'Using the imagination to create reassuring scenes, such as lying on a beach, can be very soothing. My role is about empowering people to manage the situations they find themselves in.'

Other preventative strategies include eating regularly and avoiding dehydration, with Jasmine adding: 'Getting enough sleep is vital too, and it's important to have someone with you in situations that you know you'll struggle with. Feeling alone and helpless is all part of a panic attack so have someone who can ground you and bring you back to reality if you need it.'

visit www.psychotherapy4you.co.uk.

REPORT BY ANNA POINTER
PHOTOGRAPHS: GETTY, SHUTTERSTOCK

#### Celebrities Who Have Battled Panic Attacks

#### **CHRIS HUGHES**

Kem Cetinay isn't the only Love Island star to struggle with anxiety. Chris Hughes, 24, recently wrote on Instagram: 'It was about May 2013 when I finally overcame Anxiety and Panic Attacks, most sickening months of my life where you never know what you're guna do.'



#### **JAMES ARTHUR**



The singer has been open about his daily battle. 'Anxiety is something very close to my heart,' he explained. 'It's something I suffer with daily. The most important thing is being aware of the triggers.'

#### ELLIE GOULDING

After her first panic attack, the singer, 30, thought she was 'dying'. She said: 'My heart was pounding; I thought I was having a heart attack. From that day, I kept having them. It got to the point when I

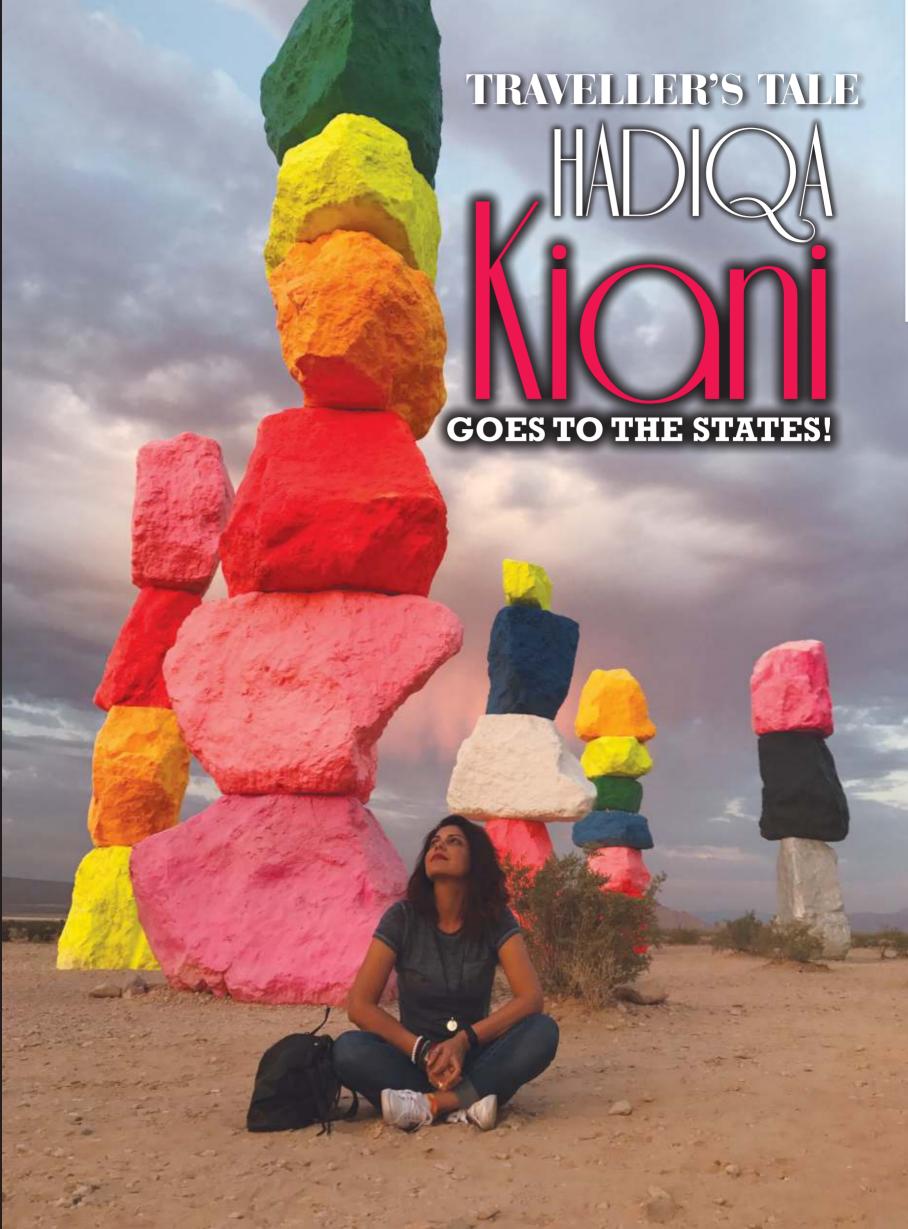


couldn't get in the car to go to the studio.'

# aughi SHAKE SH

#### FRANKIE BRIDGE

TV presenter
Frankie's
anxiety once
got so bad
that she took
six months
off work. 'We
all need to
talk about
it,' she said.
'People
assume it's a
rich person's
illness.'











#### Where did you go?

**Hadiqa Kiani:** I took a bit of a tour around Southern California and Nevada.

#### What made you go here?

**HK:** My sister and her kids live in Las Vegas so I thought I would take my son out on a trip to visit them.

#### What did you pack?

**HK:** I think many Pakistanis who travel, try to travel as light as possible because we usually have the intention to shop while abroad. So, I only brought the essentials.

#### What was favorite meal/restaurant?

**HK:** There were a few really great places. My top three would be Din Tai Fung in Glendale, CA, VegeNation in Las Vegas, NV, and Al Watan in Hawthorne, CA for great Pakistani food.

#### What was the highlight of your trip?

**HK:** Spending time with my family!

#### Favourite shopping destination?

**HK:** I love the little boutiques and shops on Rodeo and also on 3rd in Los Angeles – sometimes you can really find some unique pieces.

#### Some sights worth seeing?

**HK:** The Grand Canyon is definitely an epic sight to see but I was probably most impressed by the

Seven Magic Mountains, which are right outside of Las Vegas. They look quite odd from afar but up close, they were really magical.

#### What are some spots for a night out?

HK: First of all, I suggest going out on weeknights instead of on the weekends because you will free yourself from a lot of traffic and tourists. After that, it depends on what you're into. In Vegas, my family just enjoyed getting donuts or some fun snacks and hanging out by the pool.

#### Travel essentials?

**HK:** Passport, phone, portable charger, and the company of family.

#### Any travel tips you would like to share?

**HK:** The only tip I can give is to have a positive outlook on any experience you are about to take while you are travelling!



he Algarve has long been a favourite holiday destination of the rich and famous, and it's not surprising that they flock there in their droves. With its year-round warm weather, luxury villas, lively resort towns of Vilamoura, Albufeira, Lagos and Portimão, the southernmost coast of Portugal has a lot to offer. This stretch of Mediterranean coastline is also famous for its natural beauty, with the stunning Ria Formosa Natural Park — lagoons, wetlands, salt plains and pretty-pink flamingos — as well as hundreds of miles of beaches. *OK*!'s Rowan Erlam flew out to explore the western Algarve and reveals her favourite beach, spies a famous couple and samples some tasty local dishes...

#### WHERE SHOULD I STAY?

A boutique bolthole set high on the hillside offering Atlantic Ocean views, Quinta Bonita is located 4km from the historic town of Lagos — with its pretty cobbled streets, castle walls and pavement cafés — and 4km to the nearest beach at Praia da Luz. The former private family estate is set in 10,000sqm of lush gardens featuring orange trees, fragrant bougainvillea, water fountains and



cobbled pathways. It has a charming, traditional Portuguese feel, with hand-painted blue and white tiled picture walls, while the eight suites are named after local beaches. *OK*! stayed in the Zavial Master Suite, a pretty white and cornflower blue suite with a four-poster bed, sitting room and a lovely

balcony with ocean views. On our first morning, we enjoyed a private yoga session with Ann de Jongh, who offers classes in a studio overlooking the hotel's rose garden. After yoga, we enjoyed a dip in the swimming pool followed by a hearty buffet breakfast on the sun terrace. The charming hotel

owner, Chantelle, is the perfect host, while her partner Fraser is a great cook, so don't miss the complimentary afternoon teas.

### WHICH STARS WILL I SEE?

OK!'s favourite Some of celebrities were spotted on the Algarve this summer. This Morning hosts Holly Willoughby and Phillip Schofield met up while they were both staying at their holiday homes in Quinta do Lago, while Rochelle and Marvin Humes ietted in for a break with their daughters. English footballers are also Algarye fans. with Wayne and Frankie Bridge, Joe Hart and Kimberly Crew and Jamie and Rebekah Vardy all seen holidaying here with their families this summer.

#### WHAT CAN I DO?

If you're feeling adventurous, admire the famous sea caves of Ponta da Piedade on board a kayak or paddleboard. Alternatively, book one of Bom Dia's two-hour boat trips that sail from the Lagos marina to Ponta da Piedade, where you drop anchor. Here you transfer to a smaller boat that takes you out for a closer look at these fascinating rock formations, hidden grottoes and caves carved out of the golden-hued sandstone cliffs.

One of the highlights of OK!'s trip was a day spent exploring some of the best beaches in the area. Leaving behind the beaches popular Portimão. of we headed 30 minutes west to Carrapateira and discovered Praia da Bordeira -3km of unspoilt sand backed by rugged limestone cliffs. Popular with surfers. the surrounding dunes sand are dotted with camper vans rather than hotels, creating a relaxing,

### WHERE CAN I

bohemian vibe.

There are lots of traditional restaurants in Lagos and *OK!* headed to Cantinho Algarvio and Restaurante Comidinha for its Algarvian dishes such as tuna with fava beans, baked cod, grilled sardines



with its cabanas, fire pits and hot tubs scattered around a central swimming pool. Waiting staff are on hand to serve you drinks and the food menu features sushi, gourmet burgers, pizza and fresh seafood. The club also has the celebrity seal of approval. While OK! was lounging by the pool, we spied former *TOWIE* star Kate Wright and footballer boyfriend Rio Ferdinand as they chilled on the white circular leather lounge beds.

Room rates at Quinta Bonita (www. boutiquehotelalgarve.com) start from £105 for a standard room, including daily breakfast and afternoon tea.

chicken piri piri. For a contemporary dining experience, dine at Tasca Do Kiko, a stylish tapas restaurant in the dockyards in Lagos. Don't let the quirky location put you off - the tapas are delicious and the setting is ultra-cool with grey industrialstyle chairs and grey and white tile mosaics. We enjoyed mussels and spicy fish cakes. After dinner, we danced the night away at popular nightclub Stevie Rav's.

MOOD O

# WHICH BEACH CLUB SHOULD I VISIT?

If you want to soak up the rays in a superstylish setting, listen to top-class DJ acts and rub sun-kissed shoulders with famous folk, then head to the recently opened Blanco Beach Club in Portimão. With its prime beach-front location on Praia da Rocha, it oozes beach chic, FOR MORE INFORMATION, VISIT WWW.VISITPORTUGAL. COM. FOR MORE ON THE BLANCO BEACH CLUB, SEE WWW.FACEBOOK.COM/BLANCOBEACHPORTUGAL. TO BOOK A YOGA SESSION WITH ANN DE JONGH VISIT WWW.FITZLOVELIFE.COM. FOR BOM DIA BOAT TRIPS, VISIT WWW.BOMDIA-BOATTRIPS.COM. FOR CAR HIRE IN LAGOS VISIT WWW.LAGORENT.COM.

REPORT BY ROWAN ERLAM EDITED BY ANNABEL MACKIE, OK! TRAVEL EDITOR PHOTOGRAPHS: SHUTTERSTOCK, GETTY

# OK! WORLD IN ACTION









PHOTOGRAPHS: AFP

# OK! ASTROLOGY & TAROT

Mariam Aftab puts your cards on the table

Your life may be in mild disarray, but the stage is set for happiness. Love could possibly be coming into your world! Don't overanalyse and slow the fun. There is no way you can be completely prepared. Don't

issue ultimatums or make threats.

The person causing you grief has an

unmet goal or desire. **Aroma Therapy Oil:** Garlic **Lucky Numbers:** 5.7

**Antidote for Evil Eye:** Rotate 7 chillies clockwise over crown chakra and burn on stove

Cancer Jun 22 – Jul 23 Your social life enhanced when you respect unspoken boundaries. small kindness restores gesture of someone's faith in you. Check your credit balance before spending money. Plans for the future move forward with renewed optimism. Remember, smiling is key. Try to work out a compromise, because you could lose a best friend or lover.

**Aroma Therapy Oil:** Frankincense **Lucky Numbers:** 1.5.9

Antidote for Evil Eye: Burn lemongrass incense in the office area

Libra
Sep 24 – Oct 23
Your goal

Your goal is within easy reach, but you have no interest

in it. You will get much accomplished if you concentrate on doing your job well. Keep the power struggle within yourself and you'll be fine. People matter in ways that will surprise you. Love is still tense and stormy. Be careful of treating your beloved as a possession or bauble.

**Aroma Therapy oil:** Tea tree cedar wood

Lucky Numbers: 1,9

**Antidote for Evil Eye:** Keep a red wallet for financial gain

Capricorn

Dec 22 – Jan 21

All of your most magnificent qualities are ascending which means that anything will be possible!

You're an easy victim for those who

would prey on your time and energy. Choose your company very carefully. It is a good month for romance and appreciation of the finer things in life. Health should be given priority over social life.

**Aroma Therapy Oil:** Lavender **Lucky Numbers:** Series of 3

**Antidote for Evil Eye:** Keep blue agate in your bedroom

Taurus
Apr 21 - May 21

You have to face some problems due to mistakes, which you have made. You need more rest than usual. Your energy is sapped by too much stress, too much fun, or too many dreams. Your opportunity to try making everything right will come soon enough. Success can be yours with creativity and a little inventiveness. Rash driving is very dangerous, so be careful.

**Aroma Therapy Oil:** Pine **Lucky Numbers:** 2,8

**Antidote for Evil Eye:** Keep a red wallet for financial gain

Jul 24 – Aug 23
Your powers of observation are very keen. You are quick to see exactly how you can benefit from a situation. This helps you stay one step ahead of those

benefit from a situation. This helps you stay one step ahead of those around you. You will shine an inner light. Try meeting others on their level. Giving and sharing is key. You may work out the rules and regulations of your relationship. You feel optimistic, tolerant and secure.

**Aroma Therapy Oil:** Ginger **Lucky Numbers:** 1,2,3

**Antidote for Evil Eye:** Bathe with sea salt

Scorpio
Oct 24 – Nov 22
An old friend or a longforgotten relative
would like to hear from you.
You may get more than your share of
people coming to you for help. Invest
money and time wisely, and trust only
those who have proven themselves to
be trustworthy. Don't expect everyone

Aroma Therapy Oil: Sweet grass Lucky Numbers: 3,5

to love.

**Antidote for Evil Eye:** Keep money plant in office area

to be loyal. Compromise with regards

**A**quarius

You may be feeling older, quieter, and more

serious this month. Find some old friends or meet new ones. Emotions will expand your narrow field of vision. Make yourself a part of the action. Feel free to share a secret with close friends. You will probably be feeling very attached to your family and might be willing to spend a little money to help them out.

**Aroma Therapy Oil:** Ylang ylang **Lucky Numbers:** Series of 2

**Antidote for Evil Eye:** Rotate 1 ½ kg red meat over crown chakra and throw to birds of prey every Monday

### Gemini

May 22 – Jun 21
Your most magnificent
qualities are ascending
which means anything
will be possible! Take advantage of
this. Projects started today will be
beneficial. A relationship is marked by
a contest of wills. Meditation, in any
form, may be the best way to fulfill the
loss. Similarities are more important
than differences. Look around you; a
jealous person may harm you.

Aroma Therapy Oil: Rosemary Lucky Numbers: Odd numbers Antidote for Evil Eye: Hold citrine and recite 'Ya Akhiro' Virgo
Aug 24 – Sep 23
You may find that
a partnership is

bothering you and making you feel overburdened with extra demands. Think wisely before opening your mouth or taking any action. Relax and stop thinking about all the hard work that lies ahead. Your loved ones will appreciate your talent. Be honest and to the point in your approach.

Aroma Therapy Oil: Vanilla Lucky Numbers: 3,7,9

**Antidote for Evil Eye:** Burn rosemary oil in the bedroom area

Sagittarius

Nov 23 – Dec 21

Pay attention to your health.

Try to stay on course despite the

temptation to run around in circles. Focus on your goals without feeling too stressed. Your home life could be problematic at this point, and you may have trouble understanding where you really are right now. Your dreams will get you where you want and creative passion is possible.

**Aroma Therapy Oil:** Rose eucalyptus **Lucky Numbers:** 7,9

**Antidote for Evil Eye:** Burn white candles in the office or living area

Pisces
Feb 20 - Mar 20
You are not as alone in your brilliance as you

may have thought. Strong new friendships are favoured. Listen to your superiors before automatically assuming that he or she is wrong. Be aware of the limits to which a business relationship can be stretched. Stick to the genuine heart of the matter. Work in the office is very important for your career and promotion.

Aroma Therapy Oil: Lemongrass Lucky Numbers: Series of 3

**Antidote for Evil Eye:** Burn Sandal wood incense at your home's entrance











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