OK!
PAKISTAN
FIRST FOR CELEBRITY NEWS
ISSUE 44, DECEMBER 2017

# 50 BEST DRESSED!

## IN THE TIME OF JANE
JANE FONDA ON TURNING 80 & LIVING LIFE TO THE FULLEST

## SHAMAYEL TAREEN
"I NEVER ENVISIONED MYSELF BECOMING AN ACTRESS"

## KATE WINSLET
THE MOUNTAINS SHE MOVES!

## A LOOK AT THE ROYAL ENGAGEMENT



## A TRUE LEADING MAN
# SHAAN
PAKISTAN'S ICONIC SUPERSTAR ON FAMILY, LOVE, LIFE, HIS LIMITLESS PASSION FOR FILM & HIS DIRECTORIAL COMEBACK WITH THE YEAR'S MOST ANTICIPATED RELEASE, *ARTH: THE DESTINATION*



ideas®

GulAhmed

WINTER COLLECTION '17

# MOURA

## WOOLEN SHAWL



**AVAILABLE NOW IN STORES & ONLINE**

LIMITED EDITION

# COUTURE BRIDALS

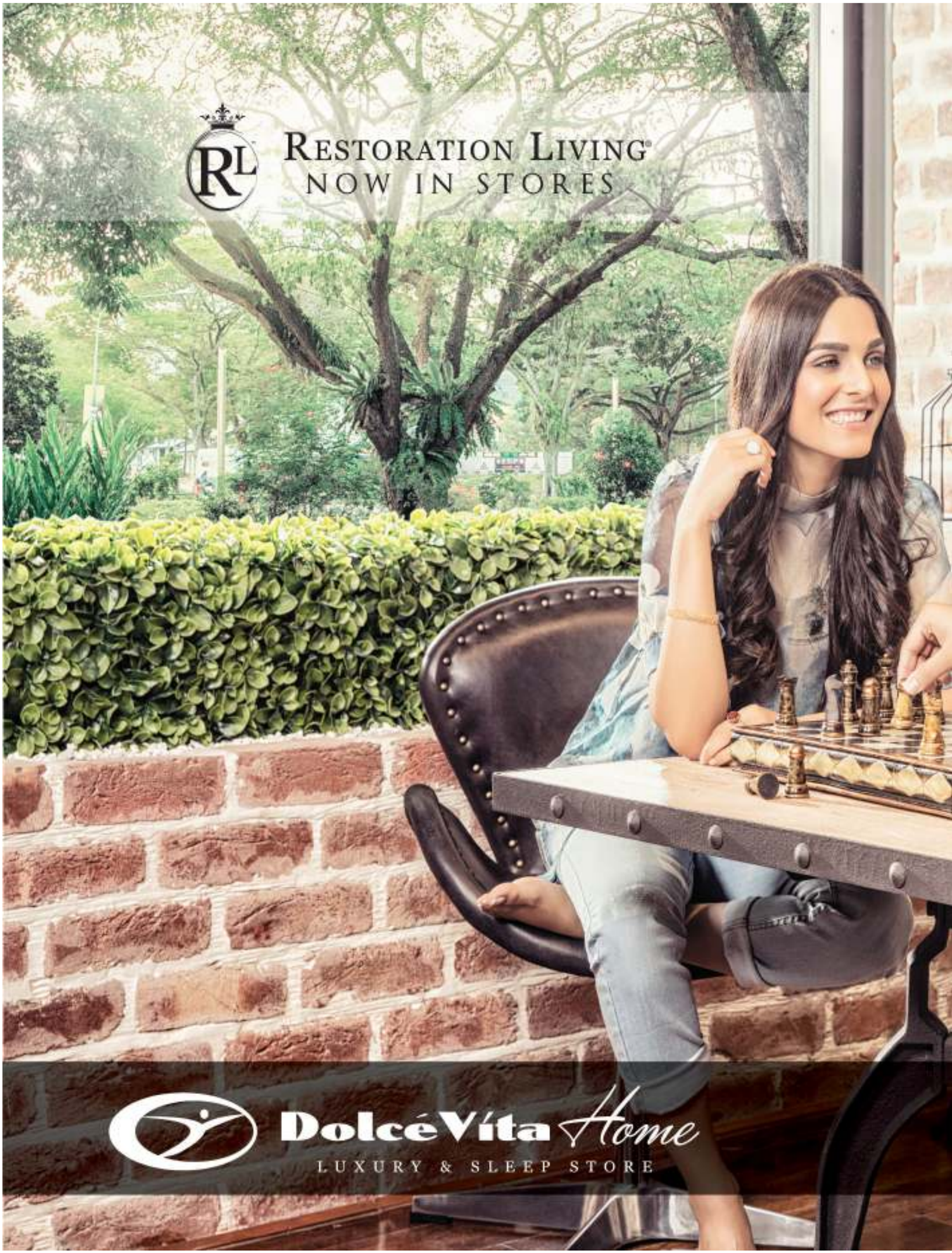
TENA DURRANI

**CONTACT:**
+92 321 232 4600
Building 2C, 6th Bukhari Commercial Lane, Phase 6, DHA, Karachi
info@tenadurrani.com | www.facebook.com/tenadurrani | www.tenadurrani.com




Celeste
HOME
FASHION
celestehomefashion.com


9th
Interiors
Pakistan
Exhibition
p.f.c
PAKISTAN
FURNITURE
COUNCIL
15TH TO 17TH DEC, 2017
EXPO CENTER, LAHORE
11 A.M - 9 P.M
Karachi:
26th Street, DHA
0301 8224275
Lucky One Mall
021 37181043-4
Lahore:
140, Y Block, DHA
0345 4483848
Gulberg II
0345 8226175
Packages Mall
0345 4484049
Islamabad:
Giga Mall, WTC
051-2725560
Hyderabad:
Boulevard Mall
0300 8238680


RESTORATION LIVING®
NOW IN STORES
DolcéVita Home
LUXURY & SLEEP STORE


a global luxury collaborative
from the makers of DIAMOND SupremeFoam
ISLAMABAD
UAN: 111 111 666
dolcevitalifestyle
LAHORE
dolcevitahome
KARACHI
dolcevitahome.com.pk

OK! PAKISTAN

# CONTENTS

ISSUE 44, DECEMBER 2017

## Features

14 *OK*! NEWS
22 SOCIETY DIARY
46 SHAAN
Pakistan's biggest superstar on his upcoming release, *Arth: The Destination*, his passion for cinema, his personal evolution over the years and why he will always be partial to films.
60 A ROYAL ENGAGEMENT
*OK*! gets an exclusive insight into the couple's whirlwind romance as the Prince and his bride-to-be reveal a love story that is real enough to warrant the Royal seal.
74 JANE FONDA
*OK*! catches with the firebrand who's nearing 80 yet refuses to fall behind the times, does not shy away from the harder truths of life and finds reasons to be happy, now more than ever.
80 SHAMAYEL TAREEN
The beautiful actress on work, music videos, being an entrepreneur and her plans for the future.
86 KATE WINSLET
*OK*! catches up with the actress while she promotes her latest hair-raising adventure, *The Mountain Between Us*, as she happily intersperses with snippets about her husband, family and early beginnings.
92 *OK*! ON THE LIST: 50 BEST DRESSED OF 2017
*OK*! Pakistan rounds up some of the best dressed ladies from across Pakistan!

## Fashionista

105 BEST DRESSED
106 RED CARPET
108 EDITORIAL: STRIKE A POSE!
Design duo Aleena & Fareena have risen to fame in a short span of time; designing for the new age Pakistani woman whose style knows no bounds.
114 FASHION EDIT: PLUSH VELVETS
116 NEW TO KNOW: ZURIA DOR
118 JEWELLERY EDIT: BRIDAL JEWELS
122 STYLE CRUSH: MOMINA SIBTAIN & FEROZE KHAN
126 *OK*! CONFIDENTIAL: HUMA ADNAN
130 TRENDING
132 MEN'S EDIT: CHECK IT OUT!
134 UPCLOSE: MOHSIN NAVEED RANJHA
138 WHAT'S IN HER BAG?: AYESHA FAROOK
140 BEAUTY ESSENTIALS
141 BEAUTY EDIT: BERRY NICE
142 GET THE LOOK: NARGIS FAKHRI
143 BEAUTY EDIT: WINTER SAVIOURS
144 BEAUTY EDIT: INTO THE WOODS

## Lifestyle

146 MY WONDEFUL LIFE: SHANIERA AKRAM
148 *OK*! TRAVEL: BRUSSELS
150 TRAVELLER'S TALE: MOMAL SHEIKH
152 ART: WHAT'S ON?
154 *OK*! SPOTLIGHT: FATIMA ZARA MALLICK
158 *OK*! HEALTH: STRANGER THINGS
160 DINE DIVINE: GAI'A, LAHORE
162 LITERATI: *PARTY GIRLS DIE IN PEARLS*
166 WORLD IN ACTION
168 ASTROLOGY & TAROT







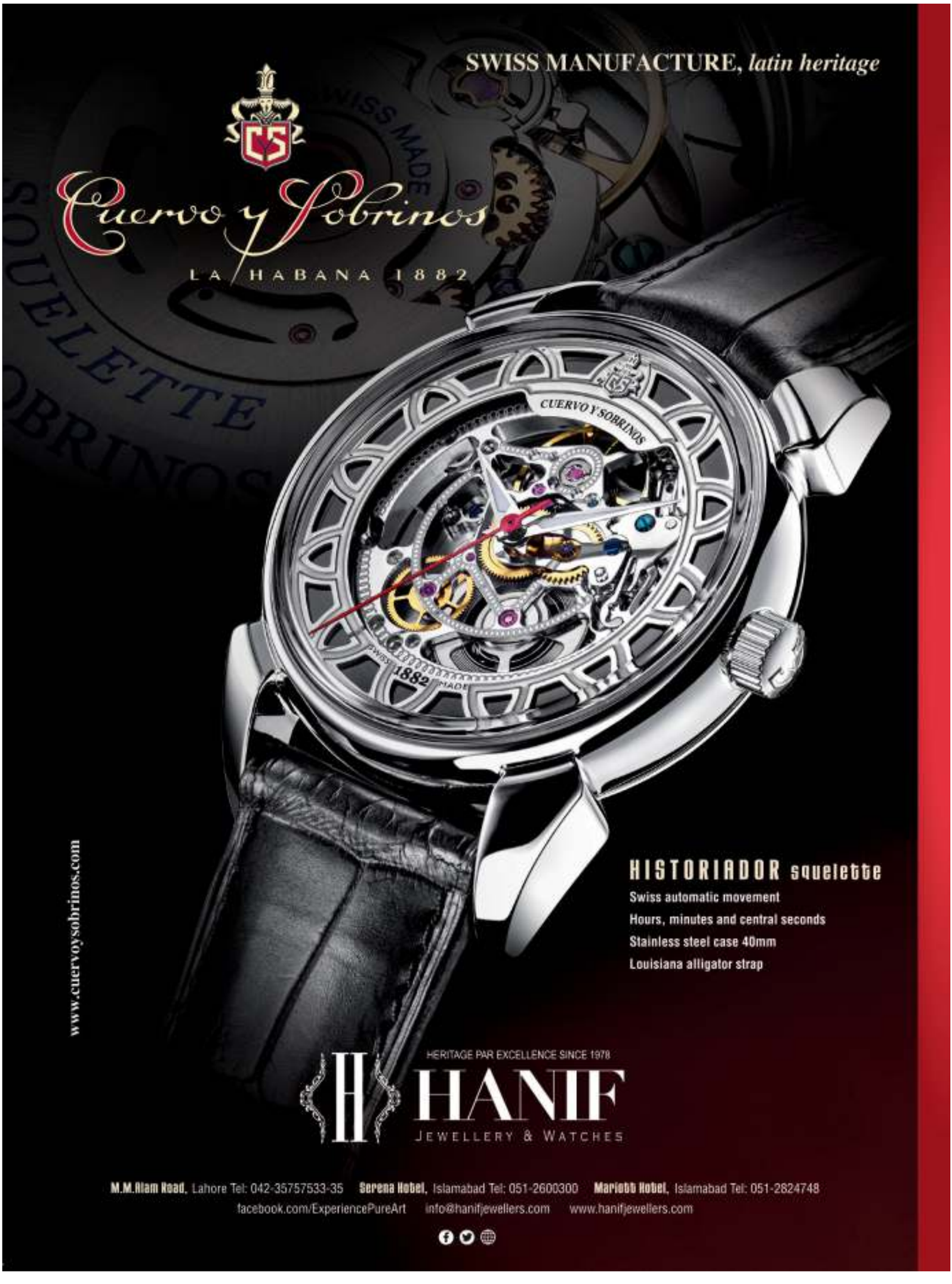









COVER IMAGE: ADNAN QAZI


SWISS MANUFACTURE, latin heritage
Cuervo y Sobrinos
LA HABANA 1882
CUERVO Y SOBRINOS
HISTORIADOR squelette
Swiss automatic movement
Hours, minutes and central seconds
Stainless steel case 40mm
Louisiana alligator strap
www.cuervoysobrinos.com
HERITAGE PAR EXCELLENCE SINCE 1978
HANIF
JEWELLERY & WATCHES
M.M.Alam Road, Lahore Tel: 042-35757533-35
Serena Hotel, Islamabad Tel: 051-2600300
Marriott Hotel, Islamabad Tel: 051-2824748
facebook.com/ExperiencePureArt
info@hanifjewellers.com
www.hanifjewellers.com

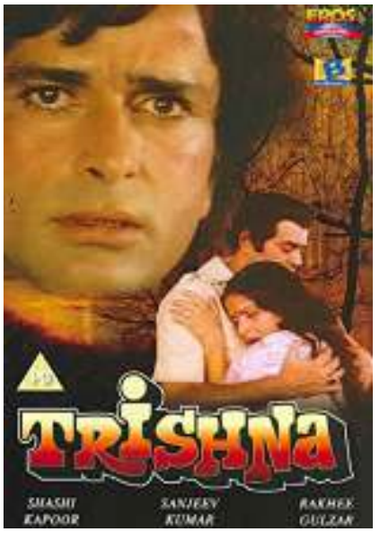
# Editor's Note



Our December cover star is Pakistan's iconic actor, Shaan Shahid, whose career spans 27 years and over 550 films. Born Armaghan Shahid, Shaan is the quintessential success story – he is the scion of one of the country's foremost film families and was catapulted into the limelight overnight with his debut in *Bulandi*. He has come a long way since then and has added screenwriting, direction and production to his repertoire. His latest project, *Arth: The Destination* is one of the most anticipated films of the year, and he has "put his heart and soul" into making it and getting the mise-en-scène just right. Films should always be larger-than-life, and, as per the trailer, Shaan's latest offering certainly seems to encapsulate all the key elements that would strike a chord with the audience and garner acclaim on the international stage: a star-studded cast, mellifluous music and powerful visual language.

We met the superstar at his residence for an exclusive interview just days before the film's release, and he accommodated us at a time of our choice – early afternoon – despite his chock-a-block schedule. In person he is unassuming, polite and articulate, and his answers are based on a profound knowledge of cinema.

## Editor's Picks




*Shashi Kapoor, Sanjeev Kumar & Rakhee starrer, Trishna*

Just like everyone else, we are thrilled about the news of Prince Harry's engagement to Meghan Markle. Read our feature on the couple's fairy-tale romance and their upcoming nuptials, as well as their plans for the future. Prince Harry and Meghan are both humanitarians and their shared passion for philanthropic work helped them connect and develop a strong bond. "The fact that I fell in love with Meghan so incredibly quickly was confirmation to me that all the stars were aligned, everything was suddenly just perfect. This beautiful woman just tripped and fell into my life and I fell into hers," said Prince Harry.

This issue also features an in-depth interview with award-winning movie star, political activist, fitness guru and now television actress, Jane Fonda, who celebrates her 80th birthday on 21st December and continues to live life to the fullest.

Our editorial team has worked hard to compile a feature on the best dressed ladies of the country who carry themselves with panache. We also have a slew of beauty, travel and health features for you to read over the winter holidays.

We hope you'll enjoy reading the feature on Kate Winslet as well as the tête-à-tête with Shamayel Tareen, the gorgeous actress from Quetta who is making a niche for herself.

Enjoy the issue. Happy New Year!




*Riverdale - Season 2*

Sara

**Sara Amir Turab**
EDITOR-IN-CHIEF



*Cartier Bracelet*



*Allure by MHT earrings*


HERITAGE PAR EXCELLENCE SINCE 1978
HANIF
JEWELLERY & WATCHES
OPULENT
WEDDING
COLLECTION
M.M. Alam Road, Lahore -
042-35757533 - 36
Marriott Hotel, Islamabad
Tel: 051-2824748
Serena Hotel, Islamabad
Tel: 051-2600300
facebook.com/ExperiencePureArt
info@hanifjewellers.com - www.hanifjewellers.com

SHAMAELA H PARACHA
CHAIRPERSON

SAHER H PARACHA
CEO, PUBLISHER & EDITORIAL DIRECTOR

EDITOR-IN-CHIEF – SARA AMIR TURAB ALI
MANAGING EDITOR – MAIRA PAGGANWALA
FASHION & BEAUTY EDITOR – ALIZEH PASHA
CONTRIBUTING FASHION & BEAUTY EDITOR – ALYZEH RAHIM SHIRAZI
CREATIVE EDITOR – RAO ALI KHAN
CREATIVE DESIGNER – ATIF MEHMOOD
SALES & MARKETING MANAGER – KAMRAN GILANI
SENIOR MARKETING EXECUTIVE – MEHR KASSIM

OK! INTERNATIONAL
OK! BULGARIA – NEVENA DYAKOVA
OK! CHINA – FENG CHUXUAN
OK! CYPRUS – MARILENA LERODIAKONOU
OK! CZECH REPUBLIC – TEREZA JANDEJSKOVA
OK! GEORGIA – OLIKO BABLUANI
OK! GERMANY – OLIVER OPITZ
OK! GREECE – NIKOS GEORGIADIS
OK! JAPAN – KANA SUGAMORI
OK! LATVIA – LAILA PASTARE
OK! MIDDLE EAST – GEMMA WHITE
OK! PAKISTAN – SAHER H PARACHA
OK! ROMANIA – ELENA STOICHITA
OK! RUSSIA – VADIM VERNIK
OK! SLOVAKIA – PATRÍCIA VITTEK
OK! THAILAND – WEERAWUT UJJUTAMANUS
OK! UNITED KINGDOM – KIRSTY TYLER
OK! VENEZUELA – ALEJANDRO GUTIÉRREZ TREMOLA

OK! MANAGEMENT
CHAIRMAN – RICHARD DESMOND
GROUP JOINT MANAGING DIRECTOR – MARTIN ELLICE
GROUP FINANCE DIRECTOR – ROB SANDERSON
GROUP EDITORIAL DIRECTOR – PAUL ASHFORD

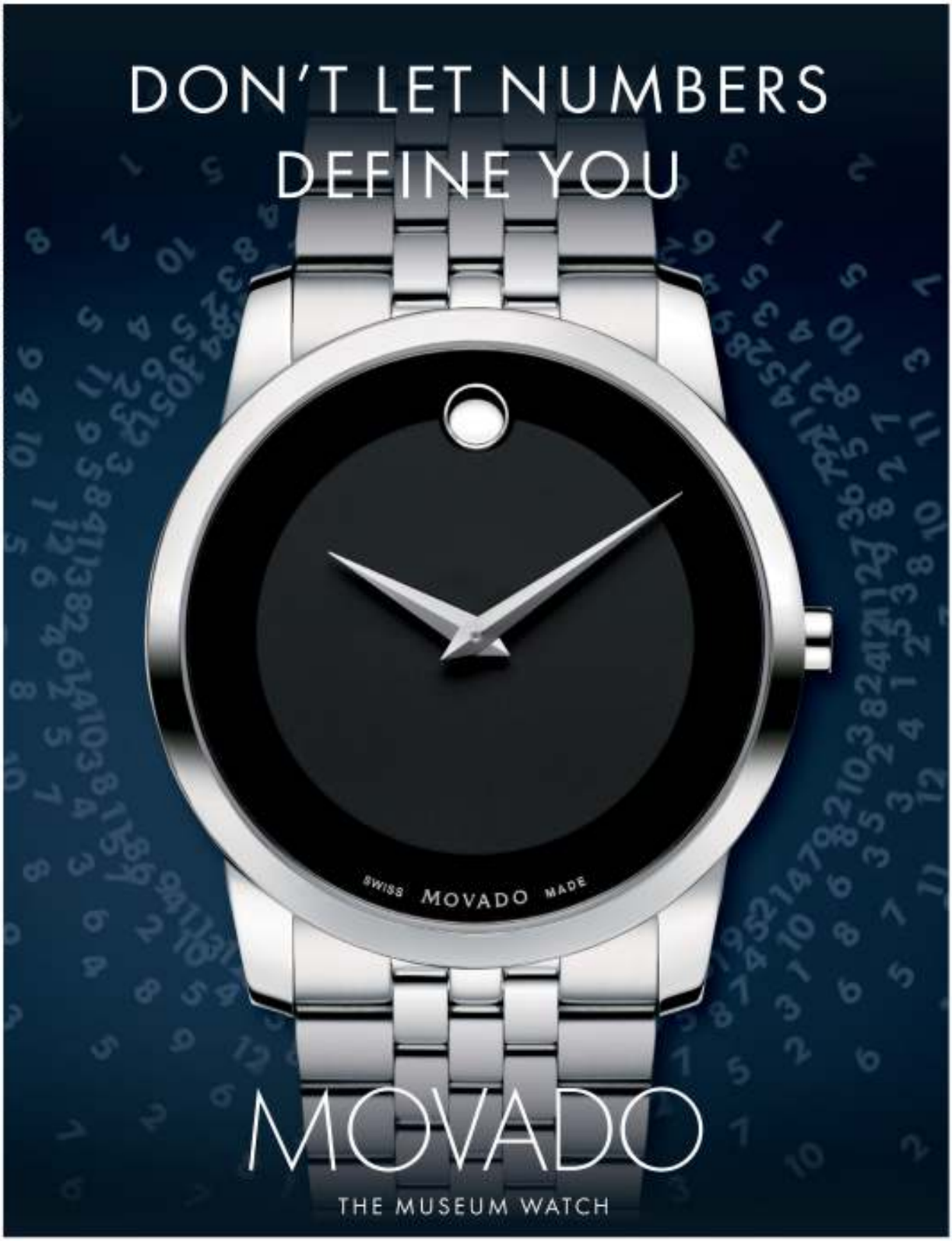
OK! WORLDWIDE LICENSING
HEAD OF OK! WORLDWIDE – EMMA RADFORD
OK! WORLDWIDE LICENSING MANAGER – JULIA TAYLOR
OK! WORLDWIDE LEGAL CONSULTANT – DR JOHNSON OKPALUBA

OK! Pakistan is published by Juicy Publications (PVT). LTD. under Licence from Northern and Shell Worldwide Ltd – London Headquarters, Northern & Shell Building, Number 10 Lower Thames Street, London EC3R 6EN. “OK!” and “OK! FIRST FOR CELEBRITY NEWS” are registered trademarks of Northern & Shell Worldwide. All rights reserved. Reproduction in whole or in part without written permission is strictly prohibited.
Printed by Atlas Printing Press L.L.C, Dubai

All comments and opinions expressed in OK! Pakistan are those of their respective contributors only. The views expressed in this magazine do not necessarily represent or reflect the views of OK! Pakistan, its management or employees. OK! Pakistan is not responsible for, and disclaims any and all liability to the fullest extent permitted by law for, the content of comments written by contributors to this magazine.

©2017 movado group, inc.

**MUSEUM® CLASSIC** AN ICON OF MODERN DESIGN. MOVADO.COM




LifeStyle
COLLECTION

LAHORE: Hussain Chowk, Lahore. Tel: 042-35772460, Packages Mall, Lahore. Tel: 042-38915260
Emporium Mall, Tel: 042-32592382 KARACHI: Uzma Court, Clifton, Tel: 021-35834665
Dolmen Mall, Clifton, Tel: 021-35294013 ISLAMABAD: Beverly Centre, Blue Area, Tel: 051-2814180



## The Wedding Dream Team

Bollywood beauty Anushka Sharma's wedding to her long-time boyfriend Virat Kohli made headlines look prettier as images of a dream-like affair were shared on Twitter and Instagram. The two superstars got married in Tuscany, Italy, with only close family and friends of the couple at the ceremony. Virat beamed at his bride who bloomed through the affair and Anushka, in a Sabyasaachi bridal, was as effervescent as ever making their wedding a fairy tale affair.

## Person Of The Year 2017: The Silence Breakers

After much anticipation, *Time Magazine* announced 2017's Person of the Year: The Silence Breakers – the individuals who are speaking out publicly about sexual harassment and assault. The Silence Breakers featured include celebrities like Ashley Judd and Taylor Swift, both of whom appear on the cover too, as well as Senator Sara Gelser and Tarana Burke, founder of the Me Too movement, along with several other people who remain anonymous or whose identities have been changed in order to protect their families but who have spoken out, highlighting the scope and severity of the problem. The selection of the list of Silence Breakers comes after much speculation and a divisive shortlist of potential honourees, including North Korean Supreme Leader Kim Jong-un, Amazon CEO Jeff Bezos, and the Dreamers, recipients of the now-rescinded DACA.






Gc

SMART LUXURY®

SWISS PRECISION BY GUESS

Gcwatches.com

**Lifestyle Collection,** Lahore, 042-35772460, 042-32592382, 042-38915260
Islamabad, 051-2814180, Karachi, 021-35834665, 021-35294013

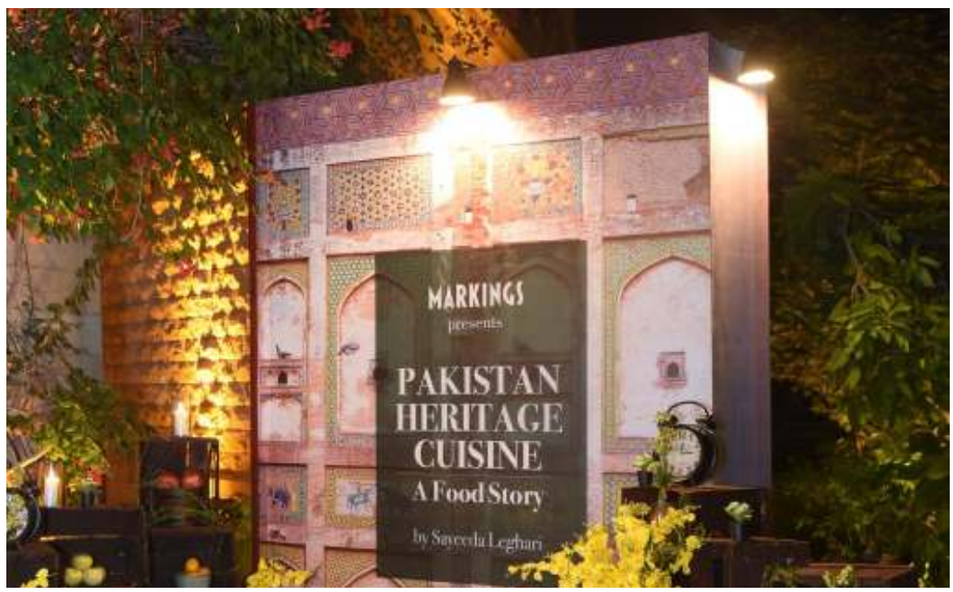


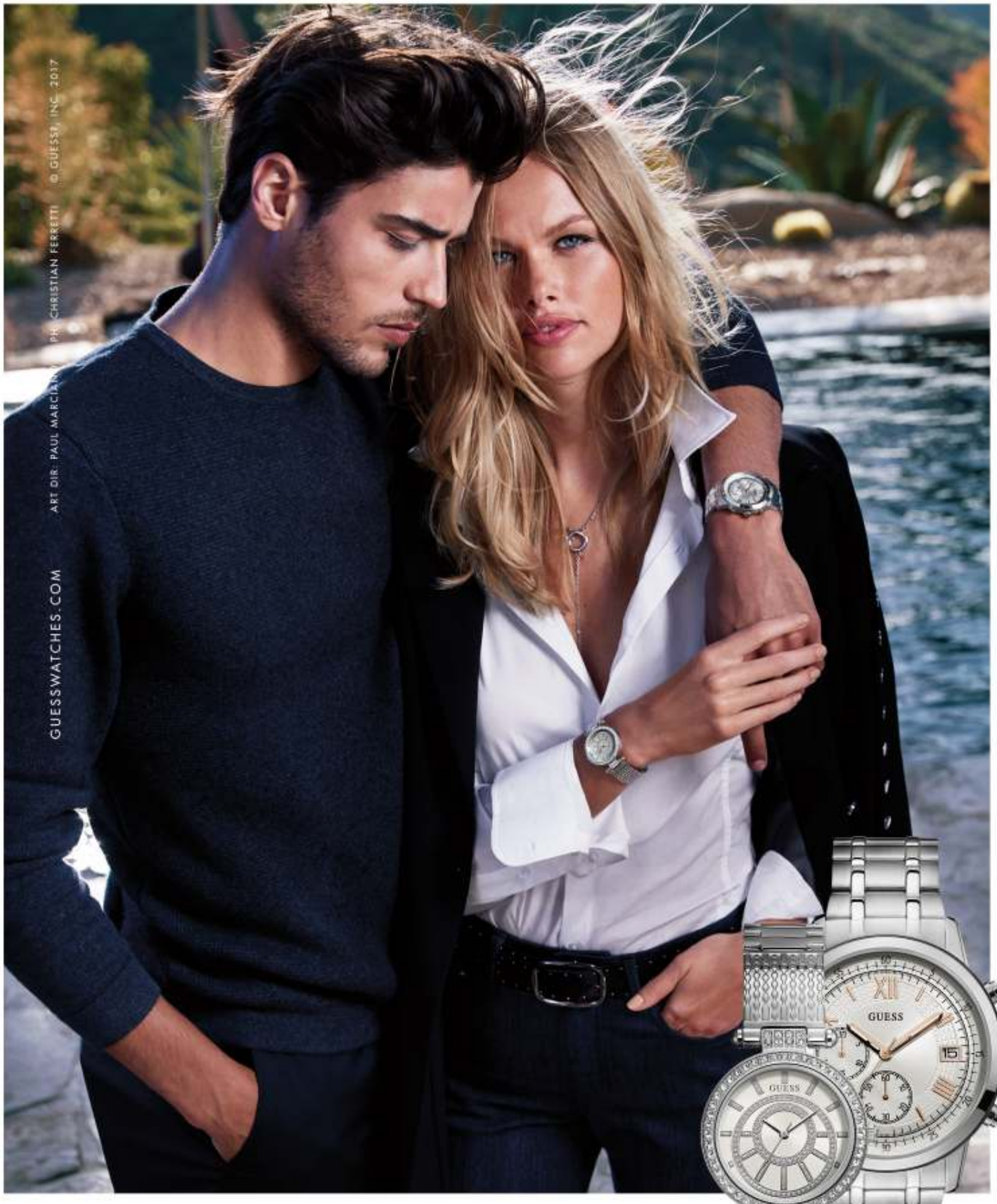
# Russia Banned From 2018 Winter Olympics

In a wholly unprecedented move the governing body of the Olympic Games moved to ban Russia from competing in the 2018 Winter Olympics in Pyeongchang County, South Korea, as a response to evidence of widespread use of narcotics and banned substances. And it's not just the country's Olympic team who is affected by the decision; officials from the Russian government are also banned and there will be no Russian flag in the opening ceremony. While there have certainly been many isolated cases of bans over the years since the Olympics began, there has never been such an extensive ban placed on a country. "This was an unprecedented attack on the integrity of the Olympic Games and sport. This should draw a line under this damaging episode and serve as a catalyst for a more effective anti-doping system," IOC President Thomas Bach said. The ban does not explicitly bar every single Russian athlete from competing, though it does impose strict restrictions on who may be permitted to compete. Individuals would need to have a clean record and no shadow of a doubt on their testing and if deemed eligible, will wear a neutral uniform during the course of the complete Olympic Games. Regardless of whether or not the individual wins a medal, though, that medal will not be attributed as a win for Russia.

# Markings Publishing Launches Pakistan Heritage Cuisine – A Food Story

Two-time Gourmand Award winner, and Pakistan's leading independent publishing house, Markings Publishing launched *Pakistan Heritage Cuisine – A Food Story* by Sayeeda Leghari at the Indus Valley School of Art and Architecture, Karachi. The book explores how the cuisine of a country is intricately woven into its fabric and is shaped by the history and characteristics of the region and its people. Traditions and cultures overlap in the Subcontinent, which is a region of shared history. In this book, Leghari has tried to give readers an insight into the incredible journey of Pakistani cuisine, its grandeur as well as its simplicity, its finesse as well as its ruggedness and the historical influences that have shaped it. "I decided to document Pakistan through a book depicting its rich heritage and culture to highlight the flavours and tastes that keep us in unison. Despite the notion that Pakistanis could differ in opinion on almost all topics, when it comes to our food culture we stand united. Our geographical boundaries may have divided the Subcontinent into separate countries, but we will always remain tied by our heritage, food, and culture." said Sayeeda Leghari.






# GUESS

LIFESTYLE COLLECTIONS, LAHORE, 042-35772460, 042-32592382, 042-38915260, ISLAMABAD, 051-2814180, KARACHI, 021-35834665, 021-35294013




# Pantone Reveals The Colour For 2018: Ultra Violet

Pantone's newly announced Colour of the Year for 2018, Ultra Violet, is already splashed across trending headlines throughout design and style hues. Executive Director of the Pantone Color Institute, Leatrice Eiseman, said the colour "communicates originality, ingenuity and visionary thinking." Eiseman continued, "It's also the most complex of all colours, because it takes two shades that are seemingly diametrically opposed - blue and red - and brings them together to create something new." The colour authority got "fresh and zesty" with their pick for 2017, going with "Greenery" to set the scene for the year. They had described the bright green as "refreshing and revitalising," as well as "symbolic of new beginnings." Ultra Violet calls to mind a similar but sleeker message. To celebrate the announcement, Pantone teamed up with cosmetics brand Butter London to create a custom Ultra Violet beauty collection, making the shade wearable as an eyeshadow, nail colour, and lipgloss, making a bold make-up statement allowing you to wear the colour loudly on your eyes, nails, or lips if you so choose. While swiping on an eyeshadow or lip gloss in solidarity might feel trivial in the wake of everything happening in the world today, the vibrancy of Ultra Violet is a reminder of solidarity and being good to oneself. Butter London's President, says it best: "Ultra Violet conveys a sense of dignity, progress, and possibility. It celebrates non-conformity and equality. This message is symbolic of female empowerment as women continue to express themselves in a multitude of forms — whether it be bold colour, activism, or other artistic expression."




# The Citizens Foundation Honours Its Female Faculty

The Citizens Foundation (TCF), Pakistan's leading non-profit educational organisation held its annual Teachers' Awards ceremony to recognise and encourage the dedication of its teachers and principals. After multiple award ceremonies held in the major cities of Pakistan, the final awards ceremony concluded in Karachi. The event was attended by more than 4,000 teachers and principals along with the head office staff and senior management from institutes both in Karachi and interior Sindh. The awards were presented by TCF's CEO to the teachers based on their performances and lauded the efforts of the hard work they have put in. TCF employs 12,000 female teachers and principals across its network of 1,441 schools in Pakistan. This makes TCF one of the top women employers in the country offering a female-friendly work environment. These teachers and principals are the backbone of TCF's education movement teaching more than 200,000 students every day to help them become true agents of positive change. A fleet of 800 TCF vans embark on the journey of enlightenment every day to transport the female faculty to TCF schools in remote areas, making quality education possible for the children of less privileged areas. "TCF largely owes the success that we have achieved so far to our teachers. A good teacher can build a future of a child and change his life for the better. A good principal can run a school with discipline and empathy for her students, guiding them in the right direction as and when needed. All the principals and teachers associated with TCF that I have come across are resilient and inspiring to say the least. They invest a great deal of time in their students to not just impart knowledge but also contribute to teaching moral values. They take ownership of their students and nurture them as their own children. I am so proud of the hard work put in to help these children so devotedly and selflessly – the teachers are putting the building blocks of an enlightened Pakistan," said Syed Asaad Ayub Ahmad, CEO and President of TCF.

Emirates Skywards

Standard Chartered




## Introducing the Emirates Standard Chartered Credit Cards.

Earn Skywards Miles when you shop, dine and travel with the most powerful co-branded cards in Pakistan while enjoying amazing benefits:

- Bonus Skywards Miles upon signing up
- Up to 30,000 bonus Skywards Miles annually
- Earn double Skywards Miles on international spend and when spending with Emirates
- Complimentary airport transfer service in Pakistan*
- Complimentary access to up to 750 airport lounges worldwide*
- Priority check-in for you and your family at Pakistan airports

With an Infinite and Platinum Credit Card to choose from, the possibilities are endless.

| |
|---|
| • **5,000 sign-up Skywards Miles on Platinum Credit Card** |
| • **20,000 sign-up Skywards Miles on Infinite Credit Card** |

**Apply online at sc.com/pk or find out more at 111 002 002.**

Detailed terms and conditions available on sc.com/pk

*Service offered by third parties







manhattan

sc.com/pk

Here for good




# Demi-Leigh Nel-Peters Crowned As Miss Universe

The Miss Universe pageant, held in Las Vegas, culminated with Demi-Liegh, a business graduate from South Africa crowned as the most beautiful woman in the universe. The 22-year-old South African beauty is a self-defense trainer and works extensively for women's rights in her native town of Sedgefield. She held the stage with an assured confidence and unleashed a radiant smile as she was crowned this year's winner.




# ISL Artists In Residence Programme Wins Global Art Award In Italy

International Steels Limited received the prestigious Corporate Art Award 2017 by the PPT ART, Ministry of Art and Culture in Rome, Italy. The PPT Art Awards aims to enforce visibility, recognition, and reputation for the best practices in collaboration between the corporate world and the art world globally. ISL's Artists in Residence program was acknowledged as a great step towards promoting contemporary art, and the work was highly appreciated by the Italian Minister of Cultural Heritage and Tourism, the members of the European Parliament and several participating companies. Speaking at the ceremony, Mr. Samir Chinoy, Director Sales and Marketing said, "The Artists in Residence program was envisioned to provide an enabling environment for young and upcoming artists, in order to promote contemporary art in Pakistan. Through the Residency, we have supported and nurtured young artists, created awareness about art and its impact on society, and developed a base to build upon our corporate art collection. We are proud to have brought about a positive cultural impact within our organisation as our employees interact with art on a daily basis in the workplace." ISL is the only Asian company to be selected for the award, alongside 80 leading global companies and 20 institutions from 18 different nations.

TEXT: AMNA IQBAL; PHOTOGRAPHS: GETTY

Jubilee
INSURANCE



# CASHLESS HOSPITALIZATION ACROSS MORE THAN 400 HOSPITALS NATIONWIDE

## We have your family covered

Hospitals are worrying places. At Jubilee Life, we want to reduce your stress, every step of the way. With our Life Insurance Plans, you can get Cashless Hospitalization at more than 400 hospitals across Pakistan along with Family Cover, so that you are assured about what matters most – the health of your loved ones. For commitment to a carefree future, you can rely on Jubilee.

SMS 'DOST' to 8398 to learn more.

www.jubileelife.com | UAN: (021)111-111-554 | /JubileeLifeInsurance


AAMINAH & FAHAD


HASAN & MAHVISH


SHAMAELA H PARACHA &
RIFAT ALI NAWAZ

## KARACHI

# *Aaminah & Fahad Tie the Knot!*

*Aaminah and Fahad got married in Karachi recently. The wedding festivities were the talk of the town and attended by guests from across the country and beyond.*


'like'
ASAD & HURIA


ALIZEH PASHA &
SAHER H PARACHA


WAJAHAT RAUF


MUHAMMAD ZUBAIR


MARYAM & SARWAR


AHSAN & HOOR


ABDULLAH
KADWANI


ALISHAY ADNAN


ZAHIR & HUMMI


TARIQ & BINA


HIRA, MAIRA & ZOBIA


RUBI, ANJUM, HUMMI & BEENA


MR. & MRS. HASAN RIZVI


UZMA JAMIL BAIG &
AYESHA ELLAHI


NIMRA


SASHEEN ABBASI


MR. & MRS
NAUMAN ARFEEN


IBRIZ SHEIKH


HINA & SANA


RABEEA ISHTIAQ


NADIA ELLAHI & SARA SATTAR


ANJUM & TAHIR


MAHVISH, AMINAH, HURIA & MARYAM


FATIMAH & ASIM BADER


SAHER H PARACHA


ISHTIAQ BAIG


NAJMA ZUBAIR &
SAMAN ZUBAIR


FAHAD & TOOBA ISHTIAQ


FAHAD & AAMINAH


MARYAM, MAHVISH, AMINAH & HURIA

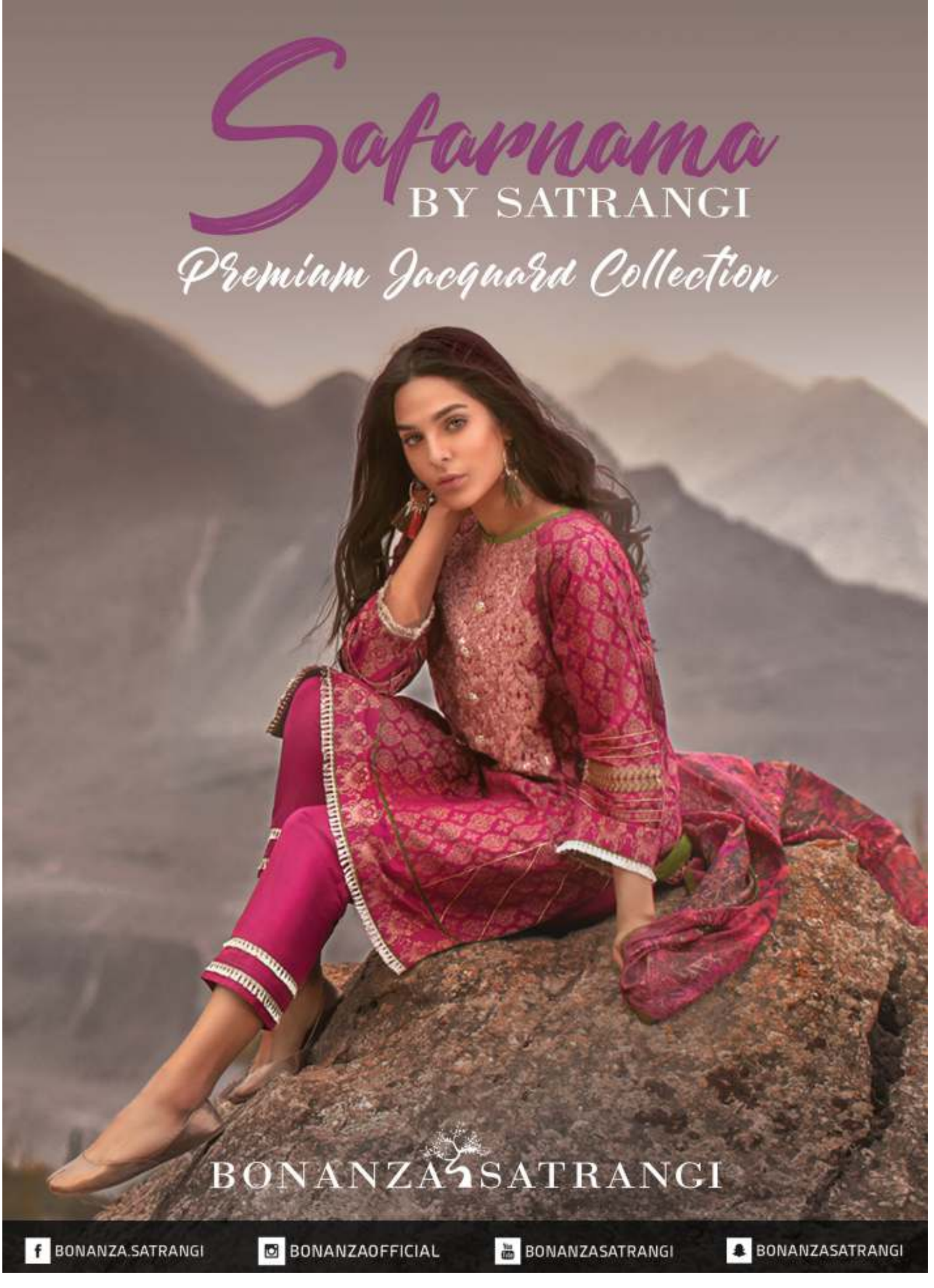

FAHAD & NISHAT KHURSHEED


TARIQ JAMIL & BINA


SAIF, ESHAL, SHAHZAIN & YUSUF


NIDA


HIRA, ZOBIA, ZAHIR, HUMMI, MAIRA & ASHAD


Safarnama
BY SATRANGI
Premium Jacquard Collection
BONANZA SATRANGI
BONANZA.SATRANGI
BONANZAOFFICIAL
BONANZASATRANGI
BONANZASATRANGI


AMIR ADNAN & HUMA ADNAN


DEEPAK PERWANI


AMIN GULGEE


JUNE & JENNY

# KARACHI

## *Bulgari Brunch*

*AMPM hosted an exclusive brunch for the Bulgari team visiting from Singapore. The brunch was hosted at The Deli in Karachi.*


FRIEHA ALTAF & RIZWAN


NADIA HUSSAIN


RAMEEZ SATTAR


SHANIERA AKRAM


FAHAD LAKHANI


FAHAD MIRZA


TOOBA


YASIR HUSSAIN




BEHROZE & SAFEENA SABZWARI


MUNAF


TARA


SARWAT GILANI


WASIM AKRAM


FERRI

# KARACHI

## *Collectibles' Limited Edition 'Anthem'*

*Collectibles unveiled its special time piece appropriately named Quami Tarana Anthem in honour of Pakistan's 70 years. The latest time piece was launched at Karachi's Ambrosia restaurant.*


PATRICK & RAMEEZ


MARK


JAVED SHEIKH


MR. & MRS BEHROZE SUBZWARI


KIRAN MALIK & FRIEHA ALTAF


ISMET


NOOR


ANOUSHEY SHAHID


SHEROZE & SYRA


AYESHA TOOR


NIDA YASIR


UMAIR MIRZA


EHTISHAM ANSARI


ASAD UL HAQ


ZHALAY SARHADI & AMIR ANEES


SANDRA & ZAHRA


HAMMAD BUTT & ZAINAB PASHA


HASSAN QAZI


MR KHALID REHMAN


SOHAYB ANWAR & MIKAIL SOOMRO

## KARACHI

# *L'Oréal Pakistan's New Head Office*

*L'Oréal recently decided to move their Karachi Head Office, creating an engaged, innovative, sustainable and open workspace, keeping in mind their ever-growing millennial team.*


SAMRAH ANIS & FARHAN SYED


EMAN KHAN


MUNIBA TARIQ


FARZANA ABDULLAH, ASIM NAJMI & MARVI SANTOSH


FAROOQ AHMED


SAMI REHMAN


ASAD MOBEEN


HON. MR FRANCOIS DALL'ORSO CONSUL GENERAL OF FRANCE


ARSHA ASIF


IMRAN SYED & MUSHARAF HAI


ANIQ KHALID


FATIMA SAEED


ADNAN SIDDIQUI


KOMAL SAJID


SUMBUL ADIL


HAREEM FAROOQ & SIDRA IQBAL



## KARACHI

# *Miss Veet Pakistan*

*The big reveal of the final Miss Veet Pakistan contestants took place in Karachi recently at an evening soiree hosted at Café Ambrosia.*


ZAINAB RAJA


SAIRA ABID


AAMINA SHEIKH


FAHAD LAKHANI & AB LAKHANI


NIMRA KHAN


RANA ASIF


TAYYABA RIAZ


UMAIR MIRZA


SIDRA IQBAL ANNOUNCING THE FINAL 12 MISS VEET CONTESTANTS



AMIR ANEES & ZHALAY SARHADI



YOUSUF PARACHA & DEEPAK PERWANI



SONYA KHAN



HAREEM FAROOQ & ASIM JOFA

# KARACHI

## *Birthday Fête*

*Mul hosted her annual birthday celebrations in style amongst her family and friends who enjoyed the fabulous night out!*



MULGHALAR HASSAN



WAJAHAT MALIK



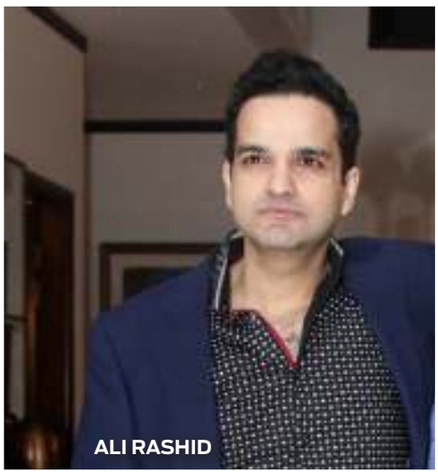
SAHER H PARACHA



KANDEEL ZUBERI, NOMI ANSARI & ALI ZUBERI



MARIA WASTI



ALI RASHID



TARA MAHMOOD



SANAM AGHA



MIKAEEL HABIB & HSY & SANA RAZA



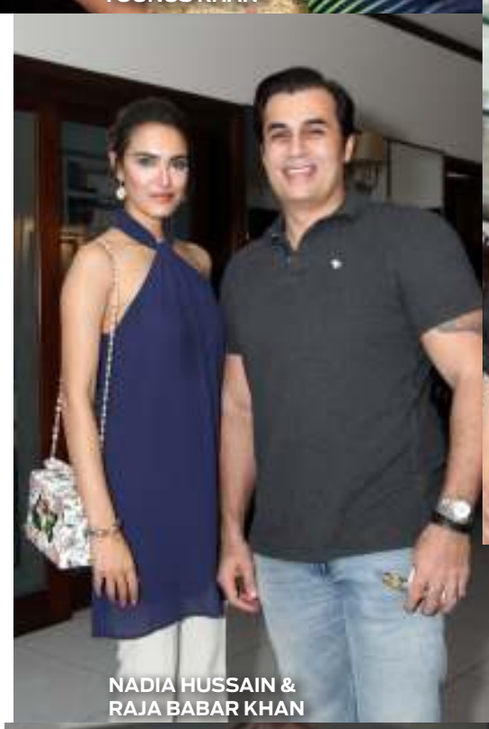
ANOUSHEY ASHRAF


FRIEHA ALTAF & YOUNUS KHAN


TAUSIF SALEEM


MAHYRA ROY


UMAR SAYEED & NAUSHEEN SHAH


NADIA HUSSAIN & RAJA BABAR KHAN


SABA ANSARI & KAUKAB ANSARI




NOOR HASSAN


KINZA RAZZAK


HASAN AHMED


AMNA AQEEL


SAAD A KURESHI


SARA MOHAMMAD & AMNA MALIK


AZEEM TANVEER ELAHI & TOOBA SIDDIQUI


SALAR FAROOKI & NATASHA IQBAL


SYMA IQBAL


SAMIYA ANSARI


DR. SEEMA & DR. UZAIR


MR. & MRS. FAISAL SHEIKH


YASIR HUSAIN


MR. & MRS. ASIM HAQ

# KARACHI

## *CFTS Fundraiser*

*Children First The Society (CFTS) recently hosted a fundraiser in Karachi's Ocean Mall, where Ali Zafar performed. The organisation aims to provide health care and treatment to children in need.*


RAHAT & RIDA


MUZNA EBRAHIM


HASAN BUKHARI


ADMIRAL BAQIR


UZMA BAIG & RONAK LAKHANI


JAMIL BAIG


ALI RAJPAR

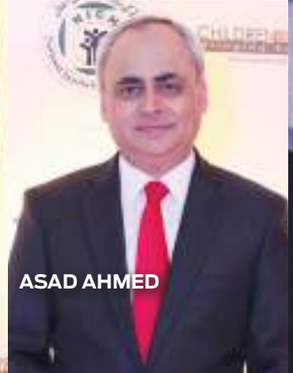

RAO ALI


SAYYAN


AYESHA HASHIM


SALMA & SULEMAN


AFTAB SHAH


ASAD AHMED


FAREEHA ZAEEM




**Karachi:** Dolmen Mall Clifton, Dolmen Mall Tariq Road, Ocean Mall Clifton
**Lahore:** Y-Block DHA, Emporium Mall | **Islamabad:** Centaurus Mall

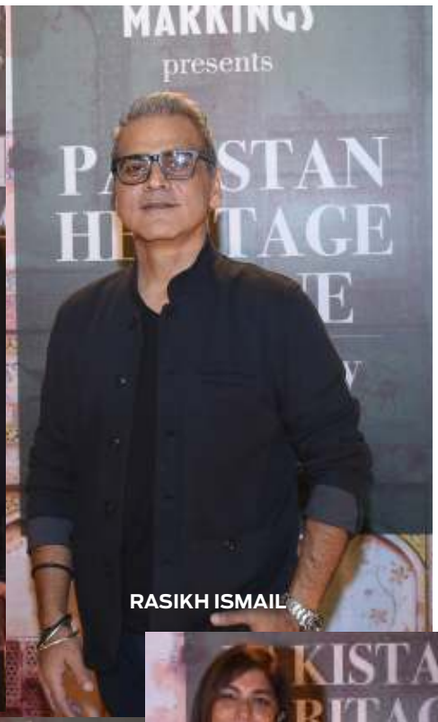
www.akgalleria.com |


LAL MAJID & NAZNEEN TARIQ


MARJORIE HUSSAIN



LT. GEN (R) MOINUDDIN HAIDER



RASIKH ISMAIL

## KARACHI

# *Pakistan Heritage Cuisine*

*Two-time Gourmand Award winner and Pakistan's leading independent publishing house, Markings Publishing, recently launched Pakistan Heritage Cuisine – A Food Story by Sayeeda Leghari at the Indus Valley School of Art and Architecture in Karachi.*


MADEEHA & SAYEEDA LEGHARI



SAMEERA RAJA


FARESHTEH ASLAM



UMAIR TABANI


LUBNA & MEHJABEEN


TUBA ARSHAD


SIMEEN TAPAL


HUSSAIN HAROON


SYRA SHAHROZ


RONAK LAKHANI



MR. & MRS. JAVED JABBAR


MR. & MRS. FARIDOON SETHNA


MARIAM, MAIRA & HAPPY


AKMAL LEGHARI, SHEREZAD RAHIMTOOLA & ALINA LEGHARI


GHAZALA & AFROZ


MR. & MRS. NIZAM-UL-HASSAN


CHEENA, ISHRAT & ZAHID HUSSAIN


JAMAL MIR


MULAIKA SAYEED


SYED NAAD-E-ALI ZAIDI


SHAHROZE SABZWARI


ZAHIR RAHIMTOOLA


IMRAN HABIB & AQEEL MERCHANT


ZARA & SAEEDA MANDVIWALLA


UZMA & NAJEEB


SHEHRNAZ HUSAIN & MOHSIN SAYEED


MRS SAADIA NAVEED


AMIR ADNAN & PARESHE


EHTASHAM ANSARI


ADNAN PARDESY



JIBRAN & AFFIA

# KARACHI

## *Made in Pakistan*

*Fashion Pakistan recently collaborated with TDAP for a Made in Pakistan collection, which showcased some of the country's most talented designers' works. The event was attended by over 700 delegates from all five continents.*


MULL & SONIA


DEEPAK PARWANI


WARDHA SALEEM


AMBER LIAQAT


TAPU JAVERI


TEHMINA KHALED


OBAID SHAIKH


PINKY DURRANI


TOOBA SIDDIQUI


SABEEN & MUNAF


NAZNEEN TARIQ


MOHSIN SAYEED


NAZIA MALIK


HIRA HUSSAIN

Tarzz

# FLAT

# 50% OFF

*Selected Items*

Unstitched I Pret I Tarzz Man

## *Dec 15th - Dec 31st*

**in stores & online now!**

tarzz.official | tarzz.official | www.tarzz.com.pk


MEHREEN AMIN KHAN & AMIN KHAN


AMBER LIAQAT


SANIA ALI

# LAHORE

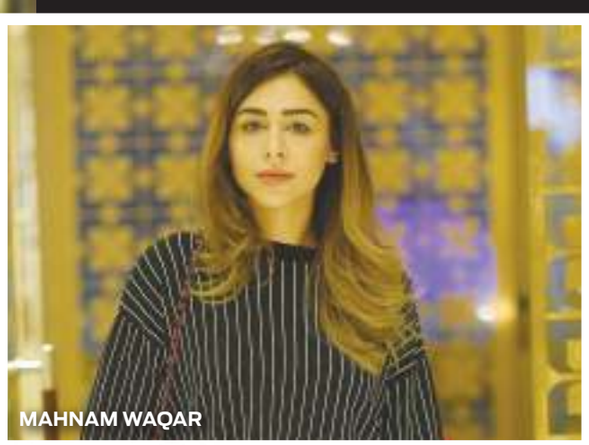
## *Amrapali's Latest Collection*

*Amrapali Jewels launched their latest wedding collection at their flagship store in Lahore's Gulberg Galleria Mall. The brand is represented by Khazana Jewels in Pakistan, which is founded and managed by Mehreen Amin Khan.*


WARDAH EEMAN


ZAINAB SOOFI


ANUM AKRAM


MAHNAM WAQAR


HONEY WAQAR


ALYZEH RAHIM SHIRAZI


AMMARA HIKMAT


ANUM SOOFI & ANAAM CHAUDHRY


ALINA SHAHID


ADEN & REHAN


RYAN HIKMAT


SAIRA RIZWAN


SHAZIA AMMAR

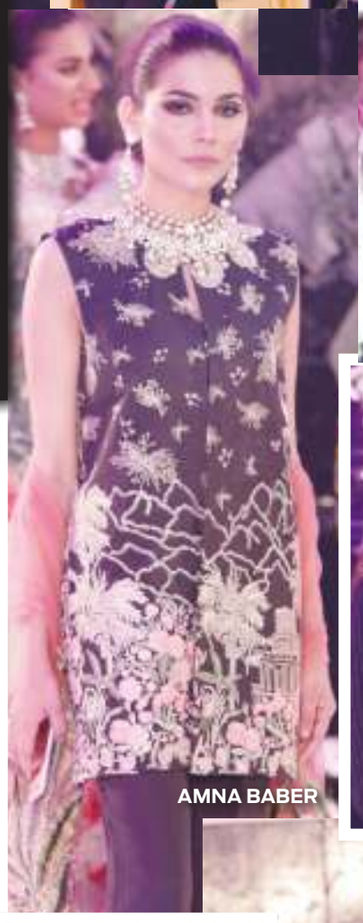

NATASHA KAMAL

# LAHORE

## *Crimson X Republic*

*Crimson and Republic Womenswear launched their beautiful wedding collection at the Republic store in Lahore's Madison Avenue.*


SANA FAROOQ & ANAM AKRAM


AMNA BABER


ERUM KAMAL

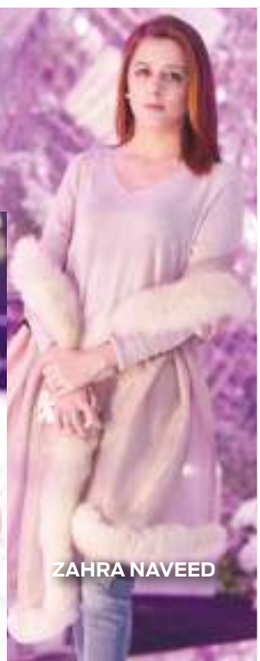

ALINA, ANNA & SHIREEN


RUBIA MOGHEES


YUSRA


ZOYA NASIR


AMNA TASEER


ZAHRA NAVEED


AYMEN & SAAD


ANOUSHEH ASAD

# LAHORE

## *Depilex Reveal*

*Depilex hosted a one-of-a-kind hair and make-up show in Lahore recently. The event celebrated the Depilex Group's achievement of crossing the network of over 60 salons across the country.*


MASARRAT MISBAH & PENG QURESHI


HAFSA & REDAH MISBAH


SHAMMAL QURESHI


AB LAKHANI & SARAH GANDAPUR


MAHVISH & ZAHEER

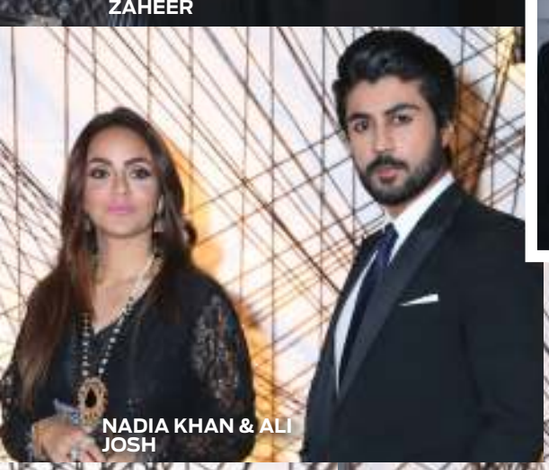

MEERA


FAHIM BURNEY


UMAR SAYEED


SHABNAM


ADNAN SIDDIQUI


NADIA KHAN & ALI JOSH


SAIM ALI & MAIRA KHAN


AMIR LAKHANI, MUNIRA & RUBYA


MALIHA REHMAN


OSMAN REHMAN

# LAHORE

## *Sparty Time*

*CoNatural along with Hifsa Khan Salon hosted a spa party, for the who's who of Lahore. The guests were pampered with exclusive and high-end hair and skin care treatments while enjoying a fantabulous feast.*


AAMNA TASEER & REMA


ADEN REHAN


AMBER LIAQAT


RAAFIA ISLAHI & MARIAM ALTAF


SABAHAT KHAN & SABINA ALI


HAJRA HAYAT


IZA MALIK & HIFSA KHAN


ALIZEH WAQAR


ANAM RAHEEL


SHAZIA AMMAR


SAM DADA


SARA GANDAPUR


AMNA ADEEL MONNOO


WARDAH & ZAINAB


MYRA QURESHI JAHANGIR


ANAUM HAMMAD


DUA & HUMAIMA MALICK


ADNAN SIDDIQUI


UZMA HASSAN


QYT & URWA HOCANE


MEERA & IMRAN ABBAS

# LAHORE

## *Humaima Celebrates her Birthday!*

*The gorgeous Humaima Malick recently celebrated her birthday in Lahore amidst friends and family in a star-studded celebratory night out!*


FAWAD KHAN


AMMARA HIKMAT


BILAL LASHARI


MUBASHAR LUCMAN


ZOYA


IFFAT RAHIM


MAHEEN & ANAM


SAHR


HAMMAD CHAUDHRY


ALI SETHI


SADAF FAWAD


ASIFA & NABEEL


ALI XEESHAN


FAHAD HUSSAYN

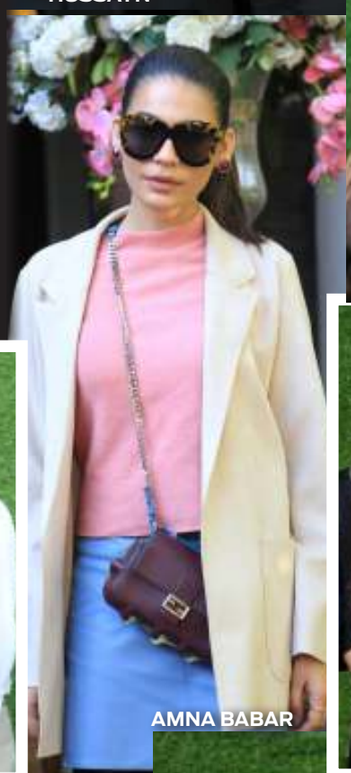

RIMA FARID & ANNY SHOAEB


KAMIAR ROKNI & OMAR JAMIL

## LAHORE

# *Hum Fashion Brunch*

*Sultana Siddiqui of Hum TV hosted a fashion brunch at Veranda Bistro in Gulberg Lahore, which was well attended by the bigwigs of the fashion & entertainment industries of Pakistan.*


AMNA BABAR


AISHA IMRAN


NUSCIE JAMEEL


URAIYA, SAHER SAAD & SABA


HAROON SHAHID


ALEE HASSAN


MAHLIA LONE


SULTANA SIDDIQUI


FAIZA SAQLAIN & SAQLAIN HAIDER


HAMNA AMIR


SAAD


KHADIJAH SHAH


ADNAN ANSARI & CHRIS EAST


KOMAL


HAJRA LALLJEE


HUMAYUN & SAM DADA

# LONDON

## *Pakistan Fashion Week*

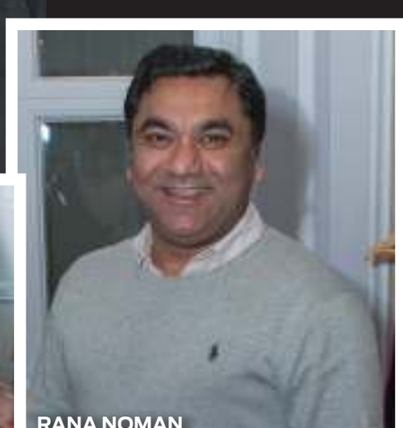
*The 12th Pakistan Fashion Week took place in the capital city of the UK. The event was attended by Pakistanis from across the UK and promoted the country's fashion industry.*


SAKEENA LALLJEE & OMAR MANSOOR


FAHAD HUSSAYN


NAILA NOORANIA


ERUM


RANA NOMAN


MAHEEN KHAN


AAMIR MAZHAR


AISHA IMRAN

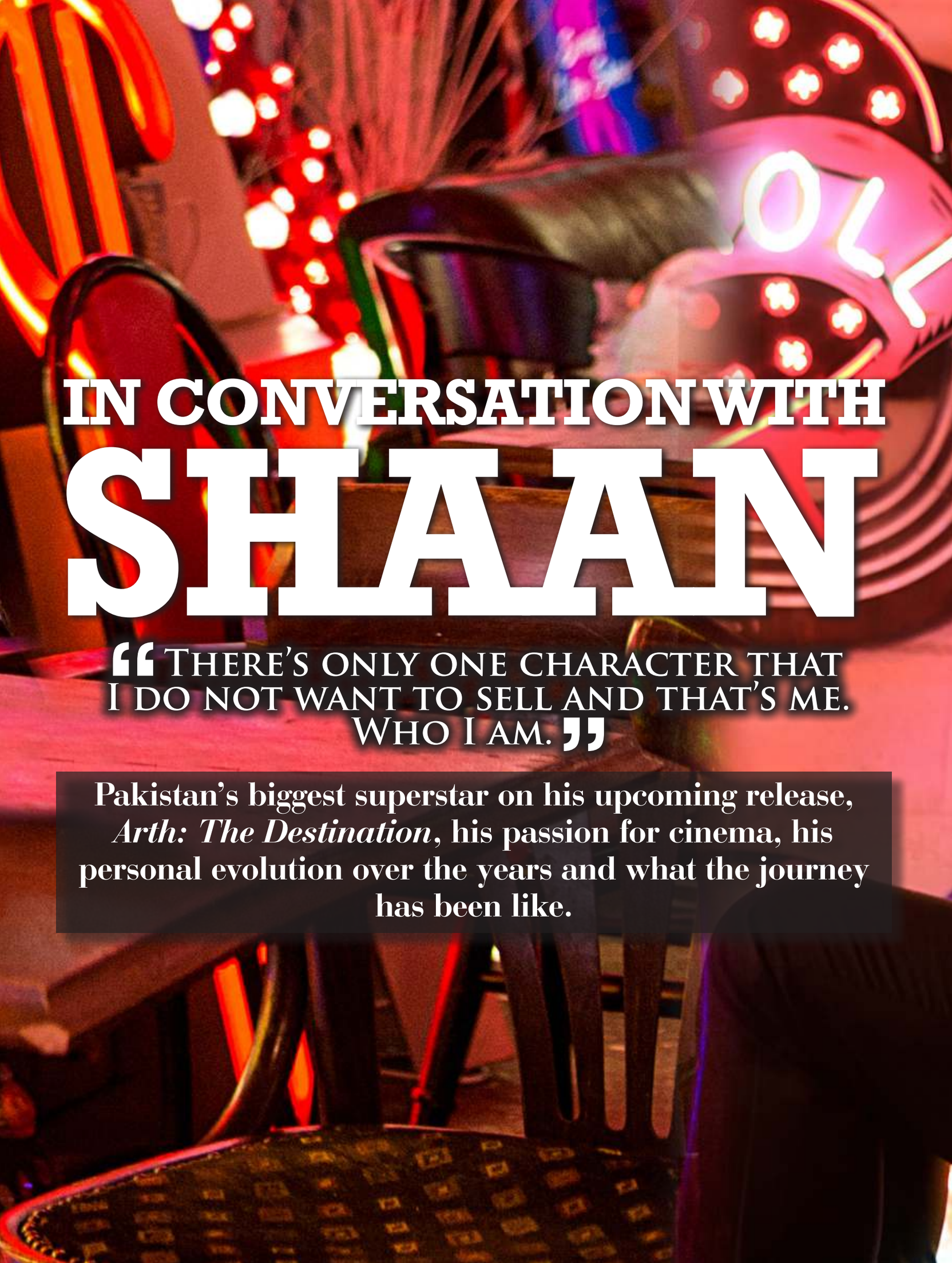

MOAZZAM ABBASI


REEMA AHSAN & HAJIRA AHMAD


MAHEEN SHAH


HAMNA AMIR


IFFCO
A Company of U.A.E.
Savannah®
BEAUTY SOAP WITH
Fine Fragrances!
Savannah
Arabian Bliss
Fine fragrance & vitamin E
Savannah®
Paris Romance
Fine fragrance
Savannah
London Passion
Fine fragrance & vitamin E
Savannah®
Mai Khubsoorat, Har Roz!



# IN CONVERSATION WITH SHAAN

"There's only one character that I do not want to sell and that's me. Who I am."

**Pakistan's biggest superstar on his upcoming release, *Arth: The Destination*, his passion for cinema, his personal evolution over the years and what the journey has been like.**





Starting with his debut in *Bulandi* circa 1990, Shaan has enjoyed a stellar career and has received a number of prestigious awards for his acting prowess. These include a Pride of Performance, fifteen Nigar Awards, four National Film Awards, and five Lux Style Awards. Over the last two decades, many actors have come and gone and most of his contemporaries have fizzled out, yet he remains *au courant* with the film scene and a perennial top contender for the Best Actor slot. He is the quintessential artist and has reinvented himself several times to give his career a new lease of life. When people assumed he would be typecast as a 'chocolate hero', he caught us off guard with his new avatar as a moustache twirling, *gandasa* brandishing *gujjar* in Punjabi movies. And just when he began to be associated with typical action-oriented fare, he surprised his fans pleasantly with *Tere Pyar Mein*, *Khuda Kay Liye*, and the sublime *Khamaj*. But it was his powerhouse performance as Major Mujtaba in Bilal Lashari's *Waar* that truly won over the audiences and established him as one of the finest actors of the subcontinent. This was Shaan in his element, and fans couldn't be happier.

Over the years he has added screenwriting, direction and production to his repertoire; his directorial ventures have generally received positive reviews, particularly the beautifully shot song, *Jaan Bhi De Doon* (a personal favourite) from *Mujhe Chand Chahiye*. For the past three years he has been consumed by two hugely ambitious projects, *Arth: The Destination* and *Zarrar*, and one hopes that they will go a long way towards restoring our film industry to its former glory. "I have put my heart and soul into making this film," he says of *Arth: The Destination*. "I also took this film as an opportunity to strengthen the film trade between countries."

Shaan is deeply patriotic and has turned down many lucrative work opportunities across the border. And although his statements have been misconstrued on occasion, his stance has always been the same: do something constructive for the collective good of the Pakistani film industry, not for your individual careers. "What I write on Facebook or Twitter is my personal opinion and is not directed at anyone. I'm not imposing my values on anyone; if I say something it's not for the world, it's for me. I have no say in anyone's career trajectory, it's their prerogative. But yes, I do have a say in the collective future of the Pakistani film industry because I'm a pivotal part of the industry," he explains. And if he is now doing a remake of Mahesh Bhatt's *Arth*, it is primarily because he thought the film would be allowed to screen in India, thereby benefitting Pakistan's burgeoning film industry by helping it garner a larger audience and market overseas.

Shaan has been known to refuse vulgar films and dialogues on moral grounds, and he avers that for him, values, principles and family take precedence over everything else. And, true to his word, he is a gentleman. It shows in the way he apologizes profusely for being a tad late for the interview; how he does not interrupt the flow of the conversation and refrains from checking his cell phone which is buzzing incessantly; it is evident in the way he speaks with reverence of his mother, and the way his face lights up and he talks animatedly about his wife and daughters. And, when the interview wraps up and he thanks us for "waiting for him and bearing with him", we are genuinely taken aback. This is, after all, a massive superstar who has held sway over Pakistan's film industry for the past 25 years; he has devoted his life to it and has helped the industry emerge from the abyss it had plunged into in the late 90s. He is someone whose innate talent has been appreciated by perfectionists such as Aamir Khan across the border, who described Shaan as "probably the best actor of South Asia". Yet, Shaan remains unassuming and is quick to modestly shrug off his achievements and laurels.

We met the superstar at his residence for a conversation on cinema, his upcoming projects, and where he hopes to see the film industry in the years to come. His contribution to Pakistan's cinema is immense and he is where he is by dint of sheer hard work, talent and a genuine passion for his craft.

So, this is Shaan – devoted son, husband, father, passionate filmmaker. Shaan, the epitome of star power, the face of Pakistani films. Shaan, the person.

**You are Pakistan's biggest superstar and have devoted more than 25 years of your life to the film industry. From your breakthrough role in *Bulandi* to being recognized as the face of Pakistani films, what has the journey been like?**
**Shaan Shahid:** Well, I wouldn't have it any other ▶




**“I’m passionate about my role in *Arth: The Destination*, because I had to find this character from so many areas, I had to dwell on my friends who are musicians. I learned how to play the guitar, I started jamming and feeling like a musician. I went through my own evolution to portray this character.”**

> “Life is a beautiful journey and I’m still going through it. Whatever good lessons you learn along the way, the values, the vision – it’s imperative to share all that with audiences through films.”

way actually. It’s been a roller coaster ride, it hasn’t been a very smooth ride. But that’s okay. I think that’s the interesting part – where you fall down, you get up; you find your passion and your focus. That growth and personal evolution is possible only when you don’t have a comfort zone to fall back into. It was very important for me to find all the good and all the bad on this journey because even the bad made me better. I wouldn’t have found my passion, I wouldn’t have found my focus if I hadn’t hit the ground. There were times when I did and I think that was the best part of the journey. From ‘catering to the masses’ to now ‘catering to the classes’, I think as long as I’ve covered every area in Pakistan as far as my acting and films are concerned, every corner of Pakistan belongs to me, in a way. That’s how I feel. Everyone who lives in Pakistan has a right to be entertained, whether it’s a Punjabi film, or an Urdu or English film or even a ‘Minglish’ film. So I’ve been lucky, God has been very kind to give me opportunities to serve the people of Pakistan.

**Why do you describe it as a roller coaster ride? Most of your films have done well and you’ve always been popular.**

**SS:** When I say roller coaster ride, it doesn’t just refer to my work. As a person you go through a lot of evolution, you change your principles, you change your values along the way. You learn good stuff and you give up the bad stuff. There were times when I didn’t have any film, or when I had nine flops in a row. And that stage was very important for me, to learn about a lot of interesting things; I wouldn’t have opted for direction or writing otherwise. I remember thinking, ‘There’s more to say, more to do. Cinema is evolving and none of us are’. So that’s really what set the ball rolling.

I did my first film as a director in 1997, called *Guns and Roses*. I wanted to have my own statement, my own space. So I think that’s how I would explain the ‘roller coaster ride’, because it’s been a *very* interesting journey. Thank God it wasn’t stagnant. I was not someone who was just living in his comfort zone, not realising his responsibilities, his passion, or anything else for that matter.

**Do you think your acting career was inevitable, given that you are the son of eminent filmmaker Riaz Shahid and actress Neelo?**

**SS:** Well, I do belong to a film fraternity, a film family. There are very few film families in Pakistan and we are one of them. As far as coming into films is concerned, growing up we were never given any green signal for acting. My siblings and I were raised like normal children. I was at Aitchison ▶









College and then I went to New York for my studies and I had no agenda of joining films till that point. There was no pressure either.

It was only when I came back to Pakistan that my mother asked me to join the film industry. My mother just loved us immensely; she was and is a friend, a mother and a father, and decision maker for me. She's guided me, cared for me, nurtured me all my life. She gave all of us enough space to think, to realise what was going on in the world; she wanted us to be street smart and wise. She was most particular about inculcating good moral values in us, she didn't want us to grow up without principles.

**Your upcoming film, *Arth: The Destination* is one of the most anticipated releases of the year, and the trailer looks quite riveting and intense. What are your own personal expectations from the movie?**

**SS:** The reason I took up this project was that this film should be released in India as well, so that the Pakistani film industry could tap into a larger market. We need to go global and garner

> **"I have no say in anyone's career trajectory but yes, I do have a say in the collective future of the Pakistani film industry because I'm a pivotal part of the industry."**

audiences overseas, in China, UAE, and England for example. It is imperative for us as an industry to make these decisions regarding cross-border trade of films because they will determine whether we have a flourishing future or cater to a small market. A lot of people have commented that I always said I didn't want to go to India, that I didn't want to work in Indian films. And yes, that's true. Individually I don't want to do anything in India, but I want to do something for the Pakistani film industry. So making *Arth* was very important because it's a remake of their own film, after all, and they don't have a right to stop it from screening at their cinemas. Yet they have refused to give permission, so we're not releasing the film in India now.

Banning our products, our films, our actors, our singers – this is not the way to go. And this was the argument that I always had with my colleagues who were travelling across the border to work in Bollywood films. I warned them three years ago that this would happen and they didn't listen to me. Till now they are hush hush about it.

**You are the director, scriptwriter, lead actor and also one of the producers of the movie. Was it difficult to juggle so many responsibilities?**

**SS:** Not really, I've been doing it for 25 years now. It's difficult for a normal person to manage, but not for someone who has been nurtured in this nursery of filmmaking. I have a passion for cinema. I love working more and more and more, way beyond my lines. If you see me on the sets, I'll be doing the lights, I'll be operating the camera, I'm involved in every aspect of the film. It's my passion, really. And I make all my films like that. I write the script, I pen the dialogues myself, and I have a lot of say in the music, how the lights should be, how the final look can be enhanced. It's the director's prerogative to tell his story as he has envisaged it. So I enjoy it, that's how I like my work to be.

Unfortunately over here a lot of people don't understand the difference between a financer and a producer. It's the financer's job to hire a producer, who then gets the team together. So it's a different job and it needs to be created here.

**Your role as a vocalist in the movie, although refreshing, is a complete departure from the action genre you have been doing for a few years now. What drew you to this role, and how did you find it?**

**SS:** In the past I was doing a lot of Punjabi films, I wasn't really offered any Urdu or romantic films. So, I started making my own. Even now, many people come to me with action-based scripts – and there's nothing wrong with that. But ▶


UPS AIRS
THAT'S THE TRUTH
OIL



when you aren't offered a particular role in a long while, then you feel you really want to do it. I'm passionate about this role in *Arth*, because I had to find the character from so many areas, work on his pensive mannerisms, the essence of who he is. I had to dwell on my friends who are musicians. I learned how to play the guitar, I started jamming and feeling like a musician. I went through my own evolution to portray this character.

**The film is a contemporary take on the 1982 classic starring Smita Patel, Shabana Azmi and Raj Kiran. From the trailer it looks well shot and stylized and I think it will be a ground-breaking film. Did you make any significant changes to the script, though? What sets it apart from the original?**

**SS:** Yes, I made a very significant change – the protagonist of the film is me now. It's a person who has returned to Pakistan after 10 years and young musicians are there, other people are there and he's trying to make his comeback. He is trying to find his lost fortune and fame. So, from the original *Arth* I took the character of Raj; he was minimally used there but he is the most prominent character in my film. He's not stagnant anymore. I had a chance to rewrite his whole story.

This film is a remake of *Arth* which was based on the director's life, but it's not about Mahesh Bhatt's story anymore. The essence is from there, you can smell the fragrance but it has a different taste altogether.

**The original movie was a huge critical and commercial success, but it was based on the director's relationship with a leading actress of the time, who was battling loneliness and paranoid schizophrenia. The kiss-and-tell movie is said to have shattered her emotionally. Were you apprehensive about bringing a story seeped in so much pain and history, to life again?**

**SS:** As a human I have a lot of empathy and sympathy for her. The story is not the same in my film, though. The basic structure bears about 40 percent semblance to the original plot. Of course, I can't reveal the story at this point, but once you see the movie you can do a comparison and you'll understand. It's a different film. This is a story about the wife and the musician, the characters played by Shabana Azmi and Raj Kiran in the original. It's about how these two people fall in love, that's the main story. It's about what happens to a woman who's been married for 10 years – the dreams she once had are buried somewhere in the grave of her husband's responsibilities. And she never thought she would have to take them out one day, because divorce is still considered a taboo here. So I think this movie will resonate with the audiences and a lot of women will connect to Uzma's character. There's a message of hope, about getting back on your feet instead of wallowing in depression and thinking your life is over. There's a way out.

I've taken a different approach to the film; instead of a lot of dialogues, I've given small little details about the character in order to convey that she is schizophrenic. And Humaima's done a brilliant job in the film!

**Do you share a good camaraderie with your co-stars in the film, Humaima Malick, Uzma Hassan and Mohib Mirza? What was it like on the set?**

**SS:** Yeah. They're all good, friendly, amiable people. So I think it was a nice journey and we'll miss seeing each other every day now. We were all like a family; there was never any element of 'why have you come late?' I don't control that kind of film set in any case. For me, the most important thing is to retain the mood of the artist and not put a damper on it. You can't rush creativity.

It was a bit difficult for Uzma in the beginning since it was her first time doing films. We had to bring her to that comfort level first, and when the ice was broken and we became friends and she was totally relaxed – that's when I started shooting.




**What kind of working equation do you have with the other producer of the film, Hammad Chaudhry of HKC Entertainment?**

**SS:** Well, we are 50 percent partners in this project. And we go back a long way, his father and my father used to work together back in the day. Hammad went to London for his studies and I went to New York, and then many years later we met again and we bonded and became friends instantly. He's part of the family now, in a way. So we decided to make a film together.

***Arth: The Destination* is also said to be a landmark project in the sense that it's the first Pakistani film to have its post-production done at a British film studio. Is that true?**

**SS:** Yes. All of the films that I'm making are done at the same studio in London.

**Which studio is that?**

**SS:** Kodak. One is Kodak and the other one is Lip Sync. So these are the leading companies, and they're brilliant as far as post production is concerned. I enjoy going there and working with these guys. I learn a lot from them and they learn from me about the kind of cinema that is ►

emerging from Pakistan. It's always nice to learn firsthand, you get to meet the best people in the business. Garry Madison, the colour grader, has three Academy Awards to his credit, and it was great working with him. Totally humble, no ego. Lovely people!

**Your next release is *Zarrar*, a spy thriller, and it's said that a lot of time, money and hard work has gone into its making. Would you like to tell us about the film and your role in it?**
**SS:** *Zarrar* is a very tough film, it took a while for me to write it, the dialogues and everything. And just planning such a big film – I think it's going to be one of the most expensive films made in Pakistan, because we haven't left any stone unturned. The technical and action teams are all from Turkey, and we shot a lot of the film in London. I would say it's the first self-collaborated film between the UK and Pakistan – about 80 percent of the cast is from London. And I think my co-star Kiran Malik is going to bring something new to the table because she's so talented, she's beautiful and she's going to make a mark. So I'm really happy when all these talented people get together; they start creating the industry one by one, chip by chip, person by person. At the end of the day it's good for the industry when people like that come into film – people who know fashion, culture and elegance.

**What was it like working with Nadeem Baig Sahib again? You started your career with him, right?**
**SS:** Yes, my first shot ever was with him. It's always a learning experience to work with him, to be in his company. I feel happy when I'm around him, I just feel so happy. He's such a lovely person, he's so humble and talented, he has such finesse to his art. I keep learning from him every day, and it's great when I can direct him.

**Does that ever feel awkward though, directing him?**
**SS:** Not really. On the film set we give importance to the designation rather than the age bracket. It's very easy for me to say Take 2 or Take 3 or 4, and he's never had a problem with that because true professional actors are supposed to satisfy the director. So he is a techne; he does regard me as his son but not when I'm directing him or telling him what to do. And then I also know how to make him say yes (*Laughs*). So he's a lovely, lovely soul and a true gentleman.

**Many of the movies being made these days simply don't have that larger-than-life appeal, that pull, to entice audiences anymore. They come across as glorified TV dramas. Compare them with classics of the past, such as *Aina*, *Meharbani*, and *Zarqa*, and one feels even more disappointed. What are your thoughts on this?**
**SS:** This is what I kept telling them five years ago but none of them would listen to me. They always thought that I was trying to put them down but I wasn't. I was trying to warn them that this would happen eventually – your audience is going to find out that you're making dramas for the big screen and then it will turn its back on you. But here they think that making a drama and making a film is the same – it's not. It can never be the same. Films don't have rating meters, they're not for free. Unfortunately, a lot of elements of television have trickled into the films being made these days. That's why you see the same pattern of acting, direction and storytelling.
Less egos and more learning is the way to go, I feel.



> “It’s been a roller coaster ride, it hasn’t been a very smooth ride. But that’s okay. I wouldn’t have found my passion and my focus if I hadn’t hit the ground.”

**Even most actors these days don’t seem to radiate star power and appeal...**

**SS:** Because you see them all the time, you watch them on television every single day! Then you see them selling products in commercials. I mean it’s great, but then the actor should realise how much he wants to expose himself.

In these 20 years, I’ve refused so many lucrative offers for commercials and television, and from India and it’s not that the money hurts. But I’m loyal to film, mainly because I think it’s a medium that can do so much for the audiences. It’s a medium that can take you anywhere in the world – you make a good film and you can be recognized around the globe. You can bring Pakistan on the map of the entertainment world.

I think by the end of the day it’s going to change, things will get better. Hopefully soon.

**Over the past few years you have become very selective about the roles you sign on. What would be the role of a lifetime for you?**

**SS:** Being a good father, actually. I think that’s a very good role, that’s a very important role in the film of life. I think I’ve been away for 25, 30 years now. So I want to keep that beautiful balance between my passion, my work, my success and my family. So if I’ve given two years to these two films, I think I’m going to retreat from the spotlight and take some time out, maybe five or six months. I’d like to be home more, spend more time with my family.

As far as films are concerned, I regard every character I play as important. Being on the film set under the lights is pivotal for me, being in front of the camera as well as having an opportunity to create acting in that sphere of a scene or that time and space, is an intrinsic part of who I am. I love creating characters and playing them out because every character has a different set of traits and rules, from his body language to his voice.

**You generally keep a very low profile, avoiding social media and interviews altogether unless it is work-related. Why is this so?**

**SS:** I share so much on screen and I’ve played so many characters in films, well over 500. There’s only one character that I do not want to sell and that’s me. Who I am. You like my film, I’m humbled – thank you so much. But if you want to see me on Facebook you have to be my family or friend. So for me, going to places and posting pictures of my food or what I’m wearing – it’s just not my cup of tea.

I think I’m a very shy person in real life, and I like to keep certain things to myself. There are a lot of personal things that I do not want to share. For me, personal is when I’m going out for dinner or spending time with my wife, or when my daughters are with me. If I’m playing with them and they’re having fun putting makeup on my face, I don’t want to share that as a character. I want to keep it here (*gestures to his heart*), it’s precious, it’s my own thing. I don’t want to give it away.



**You are blessed with a beautiful family. Would you like to talk about the joy your wife and daughters bring to your life? How has life changed since marriage and fatherhood?**

**SS:** Well they’re all very normal, regular individuals. I’m the only man in the house so I have no rights (*Laughs*). My decisions are vetoed every time by my mother, my sister, my wife and my daughters. I think that’s the parliament I know, that’s the democracy I know and these are the ministers ▶



> “I’m the only man in the house so I have no rights (*Laughs*). My decisions are vetoed every time by my mother, my sister, my wife and my daughters. I think that’s the parliament and democracy I know, and these are the ministers that I work with.”

that I work with (*Laughs*). I’m so happy that God has bestowed such a beautiful, intelligent, and caring family on me. It’s just amazing. I learn from my mother, I talk to my wife, and my wife teaches my daughters. So it’s a beautiful circle. But they’re all *patakhas* (*Laughs*) and they know how to make me do whatever they want. They’re beautiful, they all have their own identities, and they just make my life amazing! They don’t stop me from anything, they give me freedom to work from the house. It gives me a reason to wake up every day, it fuels my passion, it fuels my art. It makes me want to come home. This is the only sanity that gets me out of a set or my script or my acting or character development. The point is that they bring me back. And this love, this bond is the only true essence of life.

**And you are particular about letting your daughters experience a normal childhood...**
**SS:** *Haan*, yeah. I think it’s important to let my daughters have a normal childhood. I don’t want them to think that they are privileged enough to take someone’s space, or to snub anybody or look down on them. I think these are the reasons I don’t want them to think that they are the daughters of a star. With due time they’ll realise their responsibilities and values. For me that is more important. And if they want to join the film industry, they’re most welcome to do so, but in due time. They have to go through the grind first, they have to learn, they have to know the system, the science and logistics behind making a film. Business and creativity, everything goes hand in hand, that’s how I feel.

**Do you think you have been successful in upholding your father’s legacy?**
**SS:** Not yet. Because his films were thought-provoking and patriotic, they were based on subjects that people don’t discuss anymore. People don’t want to hear the truth anymore.

**True, *Zarqa* was groundbreaking...**
**SS:** Yes, *Zarqa* was groundbreaking. I would like to make a film based on Zarqa’s character at some point.




**The preamble for *Arth: The Destination* says, “Arth – the destination that we must all find in our lives”. Do you feel you have reached your destination in life?**
**SS:** In films I have. But in real life, I think it’s a beautiful journey and I’m still going through it. Whatever good lessons you learn along the way, the values, the vision, whatever life teaches you – it’s imperative to share all that with audiences through films.

**27 years, 500 plus films, countless awards and a massive fan following. How does it feel?**
**SS:** It feels great! I feel a huge sense of responsibility. I feel humbled and grateful for all the love and respect I get from Pakistanis everywhere. It’s overwhelming for me. They’re just so pure in their love and respect. It seems like yesterday when I gave my first shot, and honestly I don’t even remember all the awards I’ve received. They’re somewhere in the house, but I don’t see them everyday, I don’t polish them everyday. For me the real award is what I’ve learned on this journey, what I keep in my heart, the people I meet and the friends I make. I think the more people hold me in high regard and appreciate my art, the greater the sense of responsibility I feel about building a firm infrastructure for Pakistan’s film industry. We need cross-border trade of films and a clear-cut cultural policy in place.

**So you’re hopeful for the future?**
**SS:** Well, as hopeful as I am for a lot of other areas that need improvement. *In sha Allah* things will get better. OK!

INTERVIEW: SARA AMIR TURAB
PHOTOGRAPHER: ADNAN QAZI
LOCATION: GOD’S OWN JUNK YARD
MAKEUP: SADAF KHAN
HAIR: KEERA AT TONI&GUY LONDON
ASSISTANT PHOTOGRAPHER: NAS DIN
STYLIST: CARLOS MANGUBAT
BTS: YURY SHAROV & KHURRAM
PRODUCTION: SILVER LEMON MEDIA



# REGALED WITH LOVE; A ROYAL ENGAGEMENT

**"The fact that I fell in love with Meghan so incredibly quickly was confirmation to me that all the stars were aligned, everything was suddenly just perfect. This beautiful woman just tripped and fell into my life and I fell into hers."**

**- HRH PRINCE HARRY**

*With the official announcement confirming HRH Prince Harry's engagement to Meghan Markle, a besotted world awaits another fairy tale wedding. OK! gets an exclusive insight into the couple's whirlwind romance as the Prince and his bride-to-be reveal a love story that is real enough to warrant the Royal seal.*




TONY APPLETON DRESSED AS A TOWN CRIER POSES WITH AN ANNOUNCEMENT OF PRINCE HARRY AND MEGHAN MARKLE'S ENGAGEMENT OUTSIDE KENSINGTON PALACE IN KENSINGTON GARDENS ON NOVEMBER 27, 2017 IN LONDON, ENGLAND. PRINCE HARRY AND MEGHAN MARKLE'S ENGAGEMENT WAS ANNOUNCED TODAY AFTER THEY BECAME AN OFFICIAL COUPLE IN NOVEMBER 2016 AND ARE SET TO MARRY IN SPRING 2018



PRINCE HARRY AND MEGHAN MARKLE DURING AN OFFICIAL PHOTOCALL TO ANNOUNCE THE ENGAGEMENT OF PRINCE HARRY AND ACTRESS MEGHAN MARKLE AT THE SUNKEN GARDENS AT KENSINGTON PALACE ON NOVEMBER 27, 2017 IN LONDON, ENGLAND. PRINCE HARRY AND MEGHAN MARKLE HAVE BEEN A COUPLE OFFICIALLY SINCE NOVEMBER 2016 AND ARE DUE TO MARRY IN SPRING 2018

Eighteen months and a night of roasted chicken later, His Royal Highness, The Prince of Wales Henry Charles got down on one knee and asked Meghan Markle, an actor from Toronto, Canada, to be his wife. Harry and Meghan met through a mutual friend and neither of them knew at the time that the meeting would result in a fairy tale romance.

As they gear up for a flurry of wedding preparations, *OK!* gets their first interview as a couple. We go behind the scenes with a timeline of the Royal Affair, and in case you need a reference on true blue romance, we have an A to Z guide to the Royal Wedding, making sure love stays in the air as we gear up for the Spring of 2018.

Theirs is the fairy-tale romance that has gripped our fantasies since love first blossomed in the spring of 2016. Now HRH Prince Harry has officially confirmed that he will marry his actress girlfriend Meghan Markle. Their engagement was announced by Harry's father, HRH Prince Charles in a statement issued by Clarence House: "His Royal Highness, the Prince of Wales is delighted to announce the engagement of Prince Harry to Ms Meghan Markle."

The couple are due to wed in the spring of 2018, with April 20th widely tipped as the date for their nuptials. Opening up about the engagement in their first joint interview, Harry, 33, and Meghan, 36, revealed to the BBC's Mishal Husain how he proposed "a few weeks ago", about 18 months after they first met. The couple were roasting a chicken at his London residence, Nottingham Cottage, during a cosy night in. "It was just an amazing surprise," said Meghan, who revealed it was "an instant yes" from her. "It was so sweet and natural and very romantic. He got on one knee," she added.

Revealing the details of their proposal, Harry said, "She didn't even let me finish, she said: 'Can I say yes? Can I say yes?' and then there were hugs and I had the ring in my hand and I was like: 'Can I – can I give you the ring?' She goes: 'Oh yes, the ring!'"

The ring has been designed by Harry and Meghan described it as "beautiful" and "incredible". A classic yellow gold band, it features three stones. The central diamond is from Botswana, a testament to the time spent there by the couple during their eighteen months together. As a tribute to his mother, the other two outside diamonds are from Princess Diana's personal collection, "to make sure that she's with us on this crazy journey together", explained Harry.

It is crafted by British jewellers Cleave & Company, court jewellers and medallists to Her Majesty the Queen. Adelle Thompson, head of buying at Beaverbrooks, explained: "The three stones are said to represent a couple's past, present and future together; a romantic and meaningful gesture from the prince."

The couple described how they had met on a blind date arranged by a mutual female friend. ▶



*"The ring has been designed by Harry and Meghan described it as "beautiful" and "incredible". A classic yellow gold band, it features three stones."*

PRINCE HARRY AND MEGHAN MARKLE DURING AN OFFICIAL PHOTOCALL TO ANNOUNCE THEIR ENGAGEMENT AT THE SUNKEN GARDENS AT KENSINGTON PALACE IN LONDON



**PRINCE HARRY AND FIANCEE MEGHAN MARKLE ATTEND THE TERRANCE HIGGINS TRUST WORLD AIDS DAY CHARITY FAIR AT NOTTINGHAM CONTEMPORARY ON DECEMBER 1, 2017 IN NOTTINGHAM, ENGLAND. PRINCE HARRY AND MEGHAN MARKLE ANNOUNCED THEIR ENGAGEMENT AND WILL MARRY AT ST GEORGE'S CHAPEL, WINDSOR CASTLE IN MAY 2018**

"I was beautifully surprised when I walked into that room and saw her and I thought, right, I need to up my game," laughed Harry.

Meghan added, "I didn't know much about him and so the only thing I had asked her when she wanted to set us up was if he is nice. This was important for me. If he hadn't been kind, it would not have made any sense. But we met for a drink and very soon we said, 'What are we doing tomorrow?'"

Harry admitted that even though he had never watched Meghan in Suits, he was already planning how they could make it work soon after he met her. "Right, diaries! We need to see how we can make this work," he added. Harry was off to Africa for a month right after they met and she was working. Their initial meeting led to two further dates in London, and the besotted Prince then persuaded Meghan to join him on a holiday in Botswana a few weeks later. "We camped out with each other under the stars. She flew in and joined me for five days out there, which was absolutely fantastic," adding, "It was amazing to get to know her as quickly as I did."

On spending a lot of time at home together while dating instead of being seen in public, Harry said, "We reversed the whole process. Just the two of us by ourselves in our little cottage, cosy nights in in front of the television, cooking dinner rather than going out and being seen in public. It made us a hell of a lot closer in a very short space of time."

Meanwhile, Meghan confirmed she has already met Harry's grandmother, Her Majesty the Queen, "a couple of times", and revealed that "she's an incredible woman". Praising his grandparents, Harry said they had been "wonderful throughout this whole process" and called it "a miracle" that they hadn't told anyone about the secret romance.

The couple giggled as they revealed that the Queen's pet pooches took an instant liking to Meghan, laying on her feet during tea. "The corgis took to you straight away," Harry reminded his fiancée during the interview. "I've spent the last 33 years being barked at but this one walks in, absolutely nothing, just wagging tails!"

Speaking about Meghan's meetings with other members of the royal family, Harry told how both his brother HRH Prince William and Kate had been eager to meet her. He added that once they met Meghan, both of them were absolutely amazing, especially Kate.

Harry also described a handful of teas and meetings with his father Prince Charles, praising the wonderful support his family has shown them as a couple. He was emotional when he spoke about his late mother and how Diana would have loved his future wife. "They'd be thick as thieves, without question," Harry said. "She would have been over the moon, jumping up and down with excitement for me! Her and Meghan would probably have been best friends by now."

"It is days like today when I really miss having her around and miss being able to share the happy news," Harry added.

On a more uplifting note, Harry reflected on his powerful feelings for Meghan. "The fact that I fell in love with Meghan so incredibly quickly was confirmation to me that all the stars were aligned, everything was suddenly just perfect. This beautiful woman just tripped and fell into my life and I fell into her life."

Crediting her with having the qualities to take on the prominent royal role, he said, "I know that she'll be really unbelievably good at it." He admitted that it was a huge relief for him since he believes that his fiancé will be able to deal with everything that comes with being a part of the royal family. "We're a fantastic team, we know we are." Meghan added that their shared passion to strive for change in the world was one of the first things they connected on.

Vowing always to put their relationship first, Harry confirmed: "A couple of months in when I thought, I know that I'm in love with this girl and I hope she's in love with me."

They glossed over the subject of children, merely saying that they're taking it "one step at a time", with Harry saying: "Hopefully we'll start a family in the near future".

Earlier that day, on the dot of 2pm, Harry and Meghan greeted the waiting media at Kensington Palace for the highly-anticipated engagement photo call. Holding hands, the besotted couple walked briskly through the formal sunken gardens, one of Diana's favourite places. Meghan looked beautiful in a dark green dress by Parosh, paired with a white belted coat by Line, The Label and heels from Aquazzura. *Les Plaisirs de Birks'* gold and opal earrings completed her look. She glowed as the couple announced the news. Encouraged by Harry, who was dressed in a dark blue suit and tie, Meghan gave the cameras a flash of her stunning engagement ring.

Asked by a reporter if the proposal was romantic, a grinning Harry remarked: "Of course it was!" Harry also said he was "over the moon" to be engaged, while Meghan said she was "so very happy". When asked when he knew Meghan was the one, Harry replied, "The very first time we met."

As soon as the news was announced, Meghan's parents, Thomas Markle and Doria Ragland,

publicly congratulated their daughter. "We are incredibly happy for Meghan and Harry. Our daughter has always been a kind and loving person. To see her union with Harry, who shares the same qualities, is a source of great joy for us as parents. We wish them a lifetime of happiness and are very excited for their future together."

Harry's brother and sister-in-law, the Duke and Duchess of Cambridge, also revealed their delight at the upcoming royal wedding, commenting, "We are very excited for Harry and Meghan. It has been wonderful getting to know Meghan and to see how happy she and Harry are together."

In accordance with royal protocol, Harry, who is fifth in line to the throne, sought the approval of his grandmother, Her Majesty the Queen before making the news public.

The Queen and the Duke of Edinburgh were also quick to send their best wishes, saying they were delighted for their grandson, adding that they "wish them every happiness".

Also commenting on their engagement, Duncan, who has worked closely with Harry as a royal correspondent, told *OK*!, "Harry has never looked so happy. He's like the cat that got the cream. He's marrying for love. It doesn't matter, all this discussion of whether Meghan is suitable or not, clearly the Queen and Prince Charles have allowed this to happen because they can see how serious and happy he is. He's had a long search for the right person."

While not believed to be on the same scale as William and Kate's big day, royal experts are still convinced the upcoming wedding will be an impressive affair. Duncan says: "I think Prince Harry will have a big wedding. I don't think he would want to disappoint the public. On the wedding day they will do a double reception like William and Kate did, which will involve a formal set-piece reception, followed by a slightly more intimate affair with family and friends". As for the entertainment, Duncan says: "We could have some American razzmatazz! The question is, how much will belong to royal protocol? Will they have Beyoncé there and have fireworks at midnight, or will it be much more traditional?"

> *"She also now has a much bigger platform from which to make change with her charity work."*

It is believed that the Archbishop of Canterbury, Justin Welby, will perform the wedding. The Queen and Prince Philip were also married by the Archbishop of Canterbury, while the religious leader also carried out the christenings of Prince George and Princess Charlotte, proving he has a special relationship with the royals.

It is also assumed that, on the morning of his wedding, the Queen will give Harry the title of the Duke of Sussex, meaning Meghan will become the Duchess of Sussex following their vows. The actress, who recently filmed her last series of US legal drama Suits, will automatically become Her Royal Highness and will become a full-time member of the royal family, who will be expected to carry out duties alongside her husband. "I think what lies ahead is life as a full-time working royal, which comes at a crucial time when the Queen is in her nineties and in need for some of the burden, in particular her foreign overseas travel, to be lifted," says Duncan, adding: "She also now has a much bigger platform from which to make change with her charity work."

The couple's exciting announcement follows months of mounting speculation about their intentions. Rumours of an engagement went into full throttle in mid-October when it was claimed that Meghan had spent an afternoon with the Queen at Buckingham Palace, where they chatted and sipped tea.

The news comes seven years after Harry's brother William announced his engagement to Kate. Their engagement became public on November 16, 2010, with their lavish wedding taking place just five months later.

With a big wedding to plan, Meghan recently finalised a permanent move from her home in Toronto, Canada, to London, where she now lives with Harry at his two-bedroom Kensington Palace residence. So far one of her beloved dogs has been moved over to the UK. OK!



PRINCE HARRY IS SEEN AT THE DANISH VETERAN CENTRE IN DENMARK

FEATURE BY LAURA HILLS, MICHELLE GARNETT, KIRSTY HATCHER AND ANNA POINTER
PHOTOGRAPHS: GETTY

# TIMELINE OF THEIR RELATIONSHIP

# A MODERN LOVE STORY

*OK! Takes a look back at prince harry's romance with meghan markle*



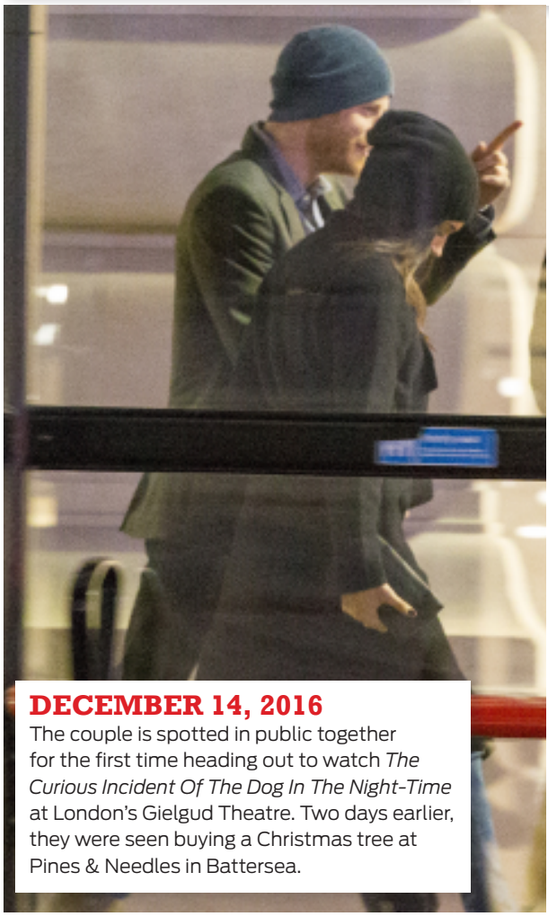
**APRIL 2016**

The pair is set up on a blind date by a mutual friend. They hit it off immediately, but news of their relationship doesn't break until October 2016. Pictures taken over the summer emerge of them wearing matching beaded bracelets – the tell-tale images include a selfie snapped by Meghan, which she posts on her Instagram account. Harry reportedly picked up the jewellery during a trip to Africa.




**NOVEMBER 8, 2016**

After jetting to the UK to spend time with Harry, Meghan is pictured carrying shopping bought at Whole Foods into the grounds of Kensington Palace. The sighting comes two days after Kensington Palace confirms their relationship status. During her visit she is also introduced to Harry's brother William.



**DECEMBER 14, 2016**

The couple is spotted in public together for the first time heading out to watch *The Curious Incident Of The Dog In The Night-Time* at London's Gielgud Theatre. Two days earlier, they were seen buying a Christmas tree at Pines & Needles in Battersea.



**FEBRUARY 1, 2017**

As friends reveal, they've become inseparable and Meghan has moved in to Harry's Nottingham cottage in Kensington Palace. The couple are also spotted holding hands as they head to London's Soho House.

**FEBRUARY 6, 2017**

When the actress is pictured in London carrying two bunches of flowers, it's noted that she's wearing a gold ring featuring an 'H' design on the band. People quickly speculate that it's a 'promise ring' from Harry.





## MARCH 3, 2017

Meghan is introduced to more of Harry's friends when he invites her along as his plus one at the society wedding of his close friend Tom 'Skippy' Inskip and Lara Hughes-Young. The couple is seen together at most society events.



## MAY 6, 2017

In her first outing at an official society function, Meghan watches Harry take part in the Audi Polo Challenge. She's spotted in the royal box cheering on her boyfriend. The couple cause quite a stir when they kiss and hug in the car park during a break from his game.



## JUNE 11, 2017

The subject of wedding bells crops up during a question and answer session with Meghan and the rest of the Suits cast at the ATX Festival in Austin, Texas. When asked if she'd like to marry Harry, she fla shes a smile but declines to comment.



## MAY 20, 2017

Although not invited as a guest at the church wedding of Pippa Middleton and James Matthews due to their alleged 'no bling, no bring' policy, Meghan joins Harry at the afternoon reception. They are spotted driving to the venue together and Meghan makes a cinematic statement with her maroon backless gown.



## AUGUST 4, 2017

Harry and Meghan arrive in Botswana as a romantic getaway for Meghan's 36th birthday. Casually dressed as they step off the plane, the couple strolls across the tarmac with their arms wrapped around each other. Meghan is seen carrying a wrapped birthday gift.

## SEPTEMBER 25, 2017

The couple makes their first official public appearance at the Invictus Games in Meghan's hometown of Toronto. Wearing a white husband shirt, she holds Harry's hand as they enter the arena. They cosy up comfortably, whispering and smiling as they watch the semi-final side by side.





## NOVEMBER 27, 2017

The royal affair finally becomes official as Kensington Palace issues a statement about the engagement. Meghan excitedly shows off her engagement ring during a photo opportunity in the Palace grounds, hours after their news is made official.

REPORT BY MICHELLE GARNETT; PHOTOGRAPHS: GETTY

# THE A-Z OF HARRY AND MEGHAN'S WEDDING

*From bridesmaids and new royal titles to the all-important dress, OK! Has a complete guide to make sure you know everything you need to about the nuptials.*



## A IS FOR APRIL 20

The official announcement states that 'the wedding will take place in Spring 2018', but reports have suggested it could be happening on Friday April 20. Windsor Castle – the perfect reception venue – is to be closed on that day and its state apartments will be shut on the day before and the day after. However, a Betfair spokesperson has also said there has been a flurry of betting for a May date.



## B IS FOR BRIDESMAIDS

Popular Meghan has her pick of bridesmaids. As both her best friend and stylist, Jessica Mulroney is the main contender for matron of honour. Tennis champion Serena Williams is another possibility. She met the bride-to-be at a charity football game in 2014 and Meghan says they're connected by "our endless ambition". *Star Wars* actress Janina Gavankar recently shared a selfie with Meghan, her friend of 15 years, saying: "Couldn't be prouder of how far we've come." Then there's her gym buddy, fitness guru Heather Dorak, and her old uni friend, TV producer Lindsay Roth, who enlisted 'selfless' Meghan as her maid of honour last August.



## C IS FOR CHARLOTTE

After behaving impeccably during the May wedding of her aunt Pippa Middleton to James Matthews, HRH Princess Charlotte, who turns three on May 2 next year, could reprise her role as a flower girl for Uncle Harry's big day. Her four-year-old brother Prince George received a ticking off from his mother Kate at the Berkshire nuptials, but is likely to join his little sister as a page boy. Harry is very fond of his niece and nephew, referring to them as the "most amazing things ever".



## D IS FOR DIANA

William famously presented Kate with their late mother's blue sapphire engagement ring, and Harry has also paid tribute to the late Diana, Princess of Wales by presenting Meghan with a ring that includes two diamonds from her private collection.



## F IS FOR FACIAL

Despite being blessed with a fresh, glowing complexion, Meghan will go all out to look her best on her big day. A facial courtesy of Sarah Chapman is just the thing – and the beauty guru to the stars gave Meghan a treatment at her Chelsea clinic Skinesis after she flew into the UK just over a week ago. Meghan, whose mum Doria encouraged her to start getting facials when she was just 13, has previously spoken about practising facial massage at home, trying infra-red saunas, drinking two litres of water a day and using a *Clarins* serum and moisturiser.



## E IS FOR ERDEM

When asked about her dream wedding gown, Meghan once said: "I personally prefer dresses that are whimsical or subtly romantic". Step forward Canadian/Turkish fashion designer Erdem Moralioglu, a favourite of Meghan. His penchant for giving antique lace and fancy frills a modern twist make him a likely go-to for the wedding gown. Other choices could include a classic look by English designer Jenny Packham, a floral dress by Elie Saab or a fairy-tale number – much like her character wore in legal drama *Suits* – by Oscar de la Renta.



## G IS FOR GUY

The cute beagle and his canine companion Bogart, a Labrador-shepherd cross, are described as "my loves" by Meghan. She's revealed that one is staying with close friends and the other has been in the UK for a while. They're used to posing for photos, featuring heavily in her past social media posts, but whether they'll play a part in her big day as doggie ring bearers is another matter!



## H IS FOR HER FAMILY

Meghan's mum Doria Ragland is the only known family member to have met Harry. The yoga teacher, who has allegedly been offered a room at Anmer Hall when the royals celebrate Christmas in Sandringham, was by the couple's side at the closing ceremony of October's Invictus Games in Toronto. She is divorced from Meghan's father Thomas Markle, but the two remain friends. It's not known whether Meghan's half-brother Tom Markle Jnr will attend, or her half-sister Samantha Grant. She has previously criticised Meghan for not reaching out when she was diagnosed with MS.



## I IS FOR INVITATIONS

Meghan is a keen calligrapher and may well address the invitations herself! Celebrities hoping to receive one include Victoria Beckham who attended the 2011 royal wedding. She might even design Meghan's gown, as Meghan is a fan of her clothes. Actor Patrick J Adams, who plays Meghan's love interest on *Suits*, describes their relationship as like "brother and sister", so he may be there. Their mutual pal Markus Anderson, a businessman, is a very likely attendee. Former *Made In Chelsea* star Millie Mackintosh, American socialite Olivia Palermo and actresses Gem Pinkney and Priyanka Chopra could attend. The groom's guests may include actor Dominic West, Barack and Michelle Obama, singer Joss Stone and Harry's old friend Guy Pelly.



## J IS FOR JUSTIN WELBY

The Archbishop of Canterbury Justin Welby will officiate their church wedding. Congratulating the couple on Twitter, he wrote: "I'm absolutely delighted to hear the news that Prince Harry and Meghan Markle are now engaged. I wish them many years of love, happiness and fulfilment – and ask that God blesses them throughout their married life together." He previously baptised TRH Prince George and Princess Charlotte.





## K IS FOR KIND WISHES

Among the first to react to the news was the prime minister, Theresa May. She tweeted her "warmest congratulations" to the pair, calling the announcement "a time of huge celebration for two people in love". Her predecessor David Cameron, Jeremy Corbyn, Fearne Cotton and Paula Radcliffe were among other celebrity supporters tweeting their best.





## L IS FOR LONG DISTANCE

During their first joint interview, Harry and Meghan described their long-distance relationship. "We knew we had to invest the time and the energy and whatever it took into making that happen," said Meghan, adding that it was "not the easiest" to juggle her filming commitments in Toronto with travelling to the UK. "We never went longer than two weeks without seeing each other," said Harry. "Two different time zones and five hours apart does have its challenges, but then we made it work – and now we're here."




## M IS FOR MUSIC

While William and Kate invited Ellie Goulding to perform at their big day, Meghan's choice of wedding band could be more obscure. The actress is close friends with Canadian singer Martina Sorbara and earlier this year, Martina's band Dragonette was included on a list of Meghan's favourites compiled on her blog, The Tig. Harry was spotted watching The Killers at Hyde Park this summer, so the Las Vegas band are hotly tipped to take to the stage for his big day. Meanwhile, opera singer Laura Wright has been a regular fixture at Harry's Invictus Games and even wrote the tournament's official song, *Invincible*.



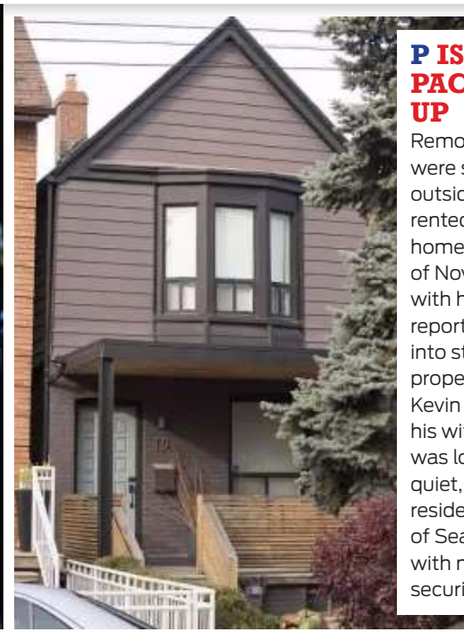
## N IS FOR NOTTINGHAM COTTAGE

The newly engaged couple will set up home in Harry's two-bedroom residence, Nottingham Cottage. Nestled in the grounds of Kensington Palace, it's a stone's throw from William and Kate's official residence, Apartment 1A. It's been Harry's home for the past four years, before which it was William and Kate's first marital abode. Meghan will no doubt put her own stamp on the property, as Kate once did. The smallest dwelling on the 17th century royal estate, it boasts two reception rooms, a small garden and rooms originally designed by Sir Christopher Wren.



## O IS FOR ODDS

At the time of going to print, Westminster Abbey and Windsor Castle were evens for the wedding venue, according to Betway. The odds on the ceremony taking place after Kate gives birth to her third child, due in April, were at 1/3 and Prince William was odds-on to be picked as his brother's best man, at 1/4. The odds on Harry and Meghan, who both want children, announcing they're expecting a baby next year are now at 4/7.



## P IS FOR PACKING UP

Removal vans were spotted outside Meghan's rented Toronto home at the end of November, with her furniture reportedly heading into storage. The property, owned by Kevin O'Neill and his wife Liz Cabral, was located in the quiet, middle class residential area of Seaton Village, with minimal security.



## Q IS FOR QUEEN

It's thought that Harry sought his grandmother's permission to propose back in October. In what is believed to have been Meghan's first meeting with Her Majesty, the couple visited Buckingham Palace for an intimate, hour-long tea party with the Queen. He was obliged to seek permission from the monarch under the Succession Of The Crown Act 2013, which states that the six persons next in line to the crown must obtain the consent of Her Majesty to marry.



## R IS FOR ROYAL DUTIES

Once married, Meghan will be expected to carry out a number of royal engagements each year and has made preparations for her new role. Just as Kate did before her, the actress is set to leave her job, having been written out of Suits during the show's seventh series. In 2016, William, Kate and Harry carried out 485 engagements and it's expected Meghan's royal duties will begin soon after she and Harry tie the knot.

## S IS FOR SUSSEX



Though some have assumed that Meghan will automatically become a princess following her nuptials, that's not the case. That title is only bestowed upon those born into the royal family – instead, she will likely become a duchess. It's thought that the Queen will assign Harry and Meghan the Dukedom of Sussex upon their marriage, just as she made William and Kate the Duke and Duchess of Cambridge after their wedding. The title became extinct after its last holder, Prince Augustus Frederick, son of King George III, died in 1843.



## T IS FOR THRONE

She may be marrying into royalty, but it's unlikely Meghan is getting hitched to a future King. Harry is currently fifth in line to the throne, but following the birth of William and Kate's third child in April 2018, he will drop down to sixth in line.

## V IS FOR *VANITY FAIR*

Meghan gave the biggest hint at her future life as a royal when she opened up about her relationship in a cover story for Vanity Fair magazine. Referring to Harry as her boyfriend, she told the publication: "We're two people who are really happy and in love."



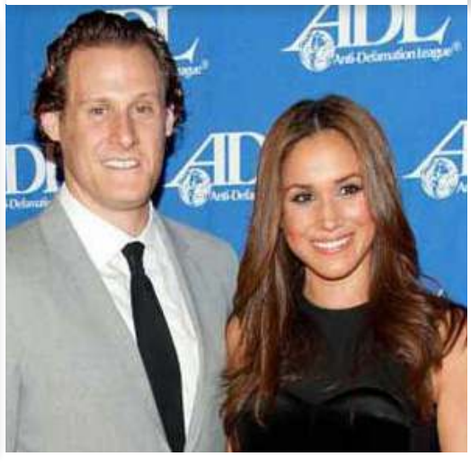
## W IS FOR WESTMINSTER ABBEY

It has been the venue of choice for several royal weddings over the years, including Her Majesty the Queen's 1947 wedding to Prince Philip, and Kate and William's 2011 nuptials, so it's no wonder that many are speculating that Westminster Abbey will be the place that Harry and Meghan will tie the knot. Windsor Castle is another hotly-tipped option, or London's St Paul's Cathedral.




## X IS FOR EXES

Harry might have dated a string of beauties over the years, including Cressida Bonas, Jenna Coleman and Ellie Goulding, but it was once assumed that long-time love Chelsy Davy would one day become his wife. The pair split in 2010, after almost seven years together, and remain close friends to this day, with Chelsy even attending William and Kate's wedding. But don't expect Meghan's former husband, film producer Trevor Engelson, to make an appearance.






## U IS FOR USHERS

Harry acted as an usher for Tom 'Skippy' Inskip when he said 'I do' to Lara Hughes-Young in Jamaica earlier this year, accompanied by Meghan, so it's fair to assume he could return the favour. Harry has also acted as an usher for pals Thomas van Straubenzee, Jamie Murray Wells and Edward van Cutsem over the years. Of course the top role of best man will likely go to Harry's brother William, given that Harry acted as William's best man in 2011.



## Y IS FOR YOGA

Meghan is a big fan of hot yoga, and will no doubt be practising it more regularly in a bid to look her best ahead of her big day. "My mom is a yoga instructor, and I started doing mommy-and-me yoga with her when I was seven," she explained. "In college, I started doing it more regularly."

## Z IS FOR ZAMBIA

As well as neighbouring nation Botswana, where the centre diamond on Meghan's ring comes from, the couple have special memories of Zambia having taken a three-week trip there this summer to celebrate Meghan's 36th birthday, so it could be a contender as a honeymoon destination. Harry has previously revealed that the continent holds a special place in his heart, first visiting soon after his mum's death in 1997: "My dad told my brother and me we were going to Africa to get away from it all. This is where I feel more like myself than anywhere in the world. I have this intense sense of complete relaxation and normality here."

REPORT BY MICHELLE GARNETT, KATIE LANGFORD-FOSTER, JOEL COOPER AND JOISE COPSON
PHOTOGRAPHS: GETTY

HOMAGE®

*Tribute to good living*

# HOMAGE
## MICROWAVE OVEN

**Life ko rakhay**
**Garma Garam...**








30 Sec Timer

Auto Menu

Weight Defrost

Clock Kitchen Timer

www.homage.pk (021) 111-764-111 Homage, Pakistan

# JANE FONDA

**“When the hours are long and it’s hard on my feet, I remind myself: You wanted this, you’ve got it. Be grateful. Love every moment!”**

With her 80th birthday around the corner, Jane Fonda, 79, has been there, done it all and has no plans of slowing down. The movie star, political activist, fitness guru and now a television star, Ms Fonda is doing what she does best; living the good life, striving to better herself and doing meaningful work. *OK!* catches up with the firebrand who refuses to fall behind the times, does not shy away from the harder truths of life and finds reasons to be happy, now more than ever.





Jane Fonda is still raising hell. Effervescent, forthright, and fearless as ever, Fonda is enjoying her seventies perhaps more than any other decade of her life. She's also reinvented herself as a successful TV actress with the hugely popular Netflix comedy Grace And Frankie. Fonda will also be returning to the big screen in *Our Souls At Night*, a drama that sees her reteam with Robert Redford who last worked with her on *The Electric Horseman* (1979). Jane has been one of the biggest stars in Hollywood, with her work in *The China Syndrome*, *Coming Home* and *Klute*, the latter two films earning her Oscars for Best Actress. She also achieved fame with her workout videos that earned her millions and set a trend in the fitness industry. Her political activism has been an important part of her work, making her a prominent voice against America's foreign policies, especially during the Vietnam War. 55 years later, she's as committed to speaking out on controversial issues as ever. Nothing, it would seem, can keep Jane from confronting her demons and sharing her tumultuous life story as a way of helping other women deal with similar issues.

With her 80th birthday right around the corner, Fonda still has a lot to say, "I'm much happier now! It's hard to be young, there were so many 'what ifs'." Ask her about the rigors of being in television and she reminds you about the Jane Fonda firebrand: "When the hours are long and it's hard on my feet, I remind myself - You wanted this, you've got it. Be grateful. Love every moment!"

Jane Fonda lives in Los Angeles and recently separated from her boyfriend of the past eight years, music producer Richard Perry.

**What is it about Grace and Frankie that you believe has struck a chord amongst audiences and women in particular?**

**JANE FONDA:** One of the things that has been very gratifying for me is the fact that older women have come up to me and said how much the show means to them because it gives them hope. We all go through such tough times and have to face up to so many struggles in life that it's great to know that you're giving people hope and making some difference in their lives.

Another woman came up to me and told me how the show saved her sister's life after she was left devastated when her husband left her after 45 years of marriage to be with another man. But apparently watching the show enabled her to laugh at the whole thing. We all need support and inspiration wherever we can get it. Life can be very difficult and one of the good things you discover as you get older is that you're stronger than you think and it's good to find out that you can survive those tough moments in life.

**Had you and Lily Tomlin discussed working together on a project before?**

**JF:** No. It just fell into our laps. I had been looking for a TV series for several years but I never spoke to Lily about it or about finding a project that we could both work on together. But when executive producers, Marta Kaufman and Howard Morris pitched the concept to us, we loved the idea. There was no script then but we jumped on board right away. We were ready to play older women who begin to thrive again.

**When did you and Lily Tomlin first become friends?**

**JF:** I got to know her first when I started filming *9 to 5*. I spent a year, then, trying to convince her to do the film. So over the course of many, many conversations we became friends and of course we made the film together. Since then we never worked together on anything except for an appearance I made on one of her TV specials, but we remained friends throughout. So it was a wonderful surprise to be able to do this series. I come from a long line of depressed people and Lily has a true funny bone. So I get to spend time with someone whose take on everything comes from a place of funny.

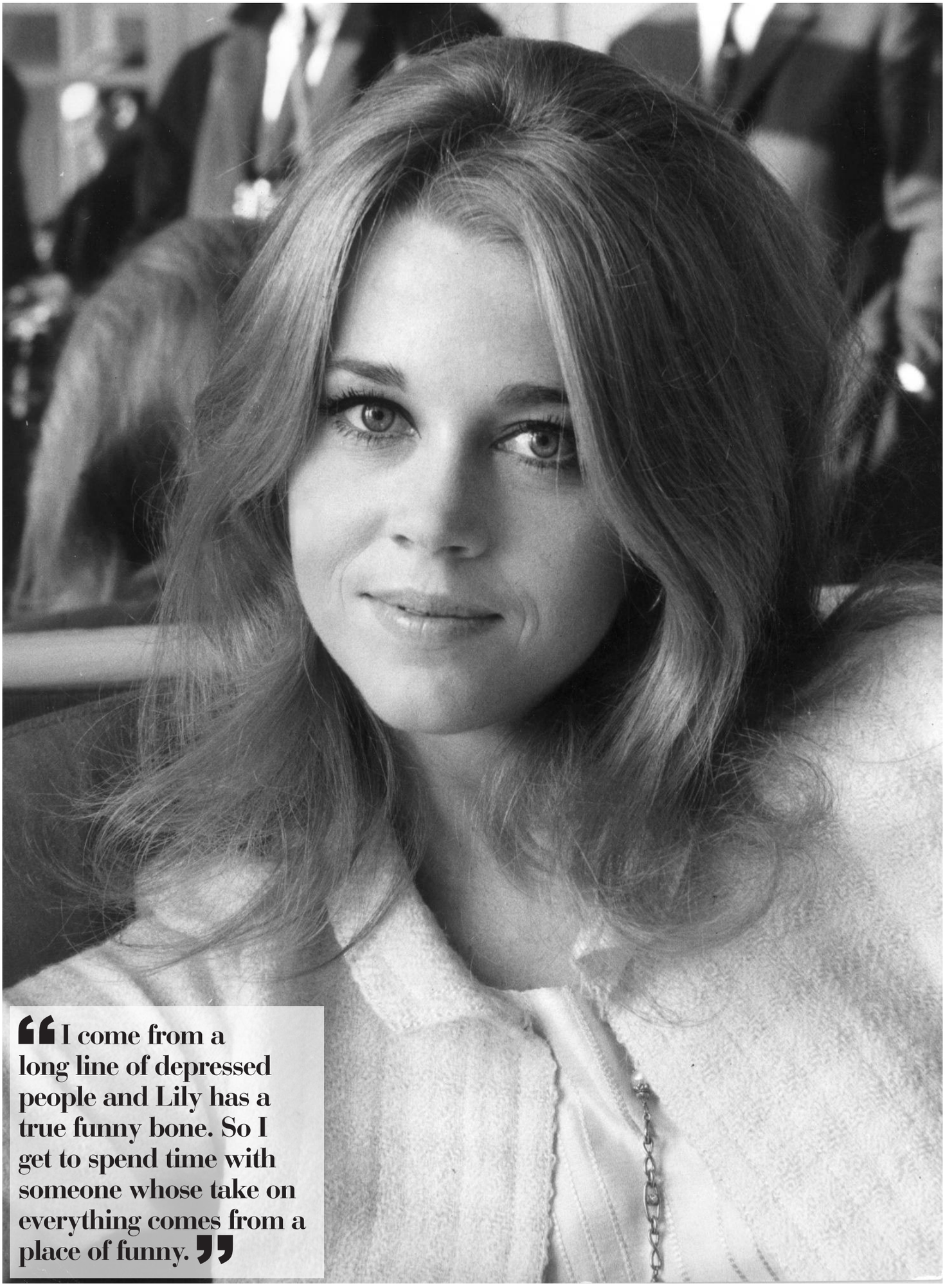
**This series also deals with many issues important to women. Were you interested in exploring those themes personally?**

**JF:** One very critical theme is the issue of friendship between women. I wouldn't know what I would do without my women friends. As I've gotten older I've realised the importance of friendships, especially female friendships. Women also have an advantage over men as we tend to form the kinds of friendships which become almost spiritual. Most often men are not able to form these kind of friendships. People aren't used to seeing women as friends and I believe that is changing with the series. Grace and Frankie fight a lot, but both the women know that they need to support each other and each has the other's back.

**You've previously worked on another high ►**



**"I believe in hard work, I'm my father's daughter. You wouldn't have seen Henry Fonda show up late and not know his lines."**



**“I come from a long line of depressed people and Lily has a true funny bone. So I get to spend time with someone whose take on everything comes from a place of funny.”**













> “Life can be very difficult and one of the good things you discover as you get older is that you’re stronger than you think and it’s good to find out that you can survive those tough moments in life.”

**profile series, *The Newsroom*. Has it been a revelation of sorts to reinvent yourself as a TV star?**

**JF:** The film industry has changed so much since I was making movies like Coming Home and Klute. I can’t imagine such films being made today. There aren’t many movie roles available and I don’t want to do crap projects just to keep busy. Television, however, has given older women a chance to extend their careers and do interesting work. I’m very happy to be working as often as I have been in my seventies and it’s been a very pleasant surprise.

**One of the themes of *Grace & Frankie* is how older women look at their world and how their lives have changed. How do you see things today?**

**JF:** It can be hard to look at things from a chronological point of view. I’m older now than my father was when he died but I feel younger, more spiritually alive and happy than I did in my twenties and thirties. Those weren’t happy times for me, it’s hard to be young and dealing with all the questions and doubts you have. It took me a long time to develop a different way of seeing the world and approaching life differently. I’ve changed so much and I feel so much better about everything. I’m not scared about my age, I truly feel very energised and I am no longer weighed down by life.

**Has it required some preparation or discipline to get into the grind of a series like Grace and Frankie?**

**JF:** I believe in hard work, I’m my father’s daughter. You wouldn’t have seen Henry Fonda show up late and not know his lines. But it does require a lot of hard work to do a series. At end of the day, however, you get so much personal and creative satisfaction from working with talented people.

**You’ve been very outspoken over the years over your issues with anorexia and body image. How do you look back on your days when you were the exercise and fitness guru to millions of people?**

**JF:** You teach what you need to learn. I never have been content with my body image. I grew up being told I was fat and unattractive, exercise has helped me make peace with my body. But if I said I was 100% over it, I’d be lying.

**You look fantastic. It’s an inspiration to anyone your age. What is the secret of aging with grace and gusto?**

**JF:** Thank you. It’s being healthy, exercising and having the right attitude.

**Is there anything on your fitness bucket list that you’d like to try?**

**JF:** No, been there, done that. Now it’s paid off in my being able to keep moving.

**What are you doing now for exercise? Any more DVDs planned?**

**JF:** No, I don’t plan on doing DVDs or videos any more. I exercise for myself, even if I have to do it slower. I walk, I climb mountains, I do the usual but I make sure it’s slower and easier.

**Your wardrobe is incredible. How do you decide on what to wear?**

**JF:** I have a stylist, Tanya Gill, so I am sorted that way. Also, it’s mainly just paying more attention to the way I dress than I used to. Katherine Hepburn once told me I should pay more attention to the way I present myself to the world. This was when we were making the movie, *On Golden Pond*, and that changed my attitude. It’s almost been one of my rules for life.

**Most celebrities have other people handling their social media. You don’t have a social media manager; do you enjoy handling your own social media accounts?**

**JF:** I write everything myself on my social media accounts, then send it to people to put it online. I have a programmer who handles the technical part, which is a mystery to me. So I will write my blog and he will post it for me. This way I really enjoy interacting with people through social media. I get a lot of feedback, which is very helpful and fun.

**What’s the best feedback that you have received?**

**JF:** I can’t really say. I get interesting, sometimes challenging feedback. I make it a point to ask people’s opinions about things. Just the other day one of my social media followers asked me why a two-time academy award winner would want to have an acting coach. That gave me a chance to think and express what is important about success and why I believe in always striving to get better at what I do. This way, my writing is a response to what people ask and my ideas are more interactive because I get to share them with my followers. It’s not just me writing about what I am doing. Sometimes I do that but mostly it’s about what I have been asked and what I think is important to me. I believe people appreciate that.

**With your reputation, do you feel you intimidate younger actors in your projects?**

**JF:** Frankly, I just think I do that automatically! I don’t see myself as some kind of diva. But, I think maybe people are nervous at the beginning. But they get over that. In about two minutes!

**This has been a long journey. Your film *This Is Where I Leave You*, and now Grace and Frankie, are major accomplishments?**

**JF:** It took work. In my life! I mean, I left the business for 15 years. And during that time, I did a lot of work on myself, and healing. It [also] didn’t hurt that I was married to Ted Turner, who taught me how to laugh.

**Do you have any plans to slow down?**

**JF:** Not at all! I would like to write a novel, in addition to movies and TV work. OK!

INTERVIEW: JANE TAYLOR/FAMOUS AND JESSICA YOUNG/FAMOUS
PHOTOGRAPHS: N&S SYNDICATION



# SHAMAYEL TAREEN

**“Growing up, I never envisioned myself becoming an actress one day!”**

The beautiful actress on work, music videos, being an entrepreneur and her plans for the future.



Shamayel Tareen rejuvenates. The evening may get weary, exhaustion dims the glitterati but as the door beckons, the space lights up with a warm presence. That's the Shamayel magic. One of the most beautiful women of our media industry, Shamayel will stun a room into silence as she walks in with her perfect geometry. However, the actor is not just another pretty face. She will dominate the screen with her presence and stand her ground in every camera frame. Her innate talent honed by her sense of professionalism places her at par with the industry veterans as she convincingly portrays her characters on screen. She has delved into dark characters, uninhibited, and emerged within a flash into lighter roles. *OK*! Pakistan catches up with her as she enlightens us on the art of flirting until the camera falls in love, and making the choice of being an actor.

**We last saw you in HUM TV's mega serial *Bus Ek Pal*, starring Aisha Khan and Feroze Khan. How and when did you decide on a career in acting?**
**Shamayel Tareen:** Growing up, I never envisioned myself becoming an actress one day. My acting career began in 2016, upon being approached by Hum Television Network. My interest in their offer was piqued by the idea of defying the stereotypes that usually surround women of my socio-economic class and background. It also allowed me to explore my creative side.

**How was your first day at shoot?**
**ST:** Nerve-wracking and overwhelming! It was extremely daunting to be surrounded by such acclaimed and experienced professional actors. As someone who had only just entered the field, I couldn't help but feel a little shy. But *Alhamdulillah*, it's all worked out for the best.

> "Moving is never easy, but home is where the heart is and Quetta is home. Since I own a hospital here in Quetta, I aspire to open a school one day. Social work is also in the pipeline and politics could be an option as well."

**How did you find the experience of working with Aisha and Feroze?**
**ST:** I see every experience as a learning opportunity and that's exactly what this was. A bonus being that I found and made a good friend in Aisha Khan.

**A few talent agencies and acting schools have recently been set up in Karachi and Lahore. Do you think they provide good platforms for new talent to learn and polish their acting skills?**
**ST:** To a beginner, any exposure is extremely beneficial. I believe these agencies provide much more than platforms to polish acting skills; they are a testament to the change in society's attitude and investment towards Pakistani cinema, a change I welcome and personally believe to be long overdue.

**Did you take any acting classes?**
**ST:** I never planned to go down this path and so I never took acting classes.

**You are great friends with Emmad Irfani. Both of you ventured into acting at the same time. Do you both share notes or help each other improvise on sets? Do you think it's easier to work with actors who started out around the same time?**
**ST:** Definitely, it's a lot easier when you work with someone who started off at the same time because you help each other grow without being intimidated or judgemental. As far as Emmad is concerned, he is a genuine person and has positive vibes. ▶





## *Rapid Fire:*

**The last text you sent?**
**ST:** Last text was to a very annoying person telling them to stop harassing me!

**Hashtag that describes your life?**
**ST:** #alwaysmunching

**One social media account that we have to follow...**
**ST:** Instagram: shamayel_t

One app we should download?
ST: Ludo.

**TV show you love right now?**
**ST:** Narcos.

**Last book you read?**
**ST:** *A Thousand Splendid Suns* by Khaled Hosseini.

**Favourite fictional character?**
**ST:** Sherlock Holmes.

**Last holiday destination?**
**ST:** Dubai and that reminds me, I need another holiday soon!

**Last thing you bought?**
**ST:** Bose speakers.

**Best thing you can cook...**
**ST:** Afghani food.

**Favourite restaurant in Pakistan**
**ST:** Café Flo and Xanders.

**Dream dinner party guest?**
**ST:** Matthew David McConaughey.

**Favourite hotel in the world?**
**ST:** Palazzo Versace Dubai since it's owned by my brother-in-law.

**Favourite designer...**
**ST:** Elan.

**Star style icon...**
**ST:** I love Miranda Kerr and Kate Middleton.

**Your biggest fear...**
**ST:** Fear of darkness. I'm very claustrophobic.

**Celebrity dream date?**
**ST:** Celebrity dream date would be Zayn Malik. How cute is he!

**Personal motto**
**ST:** My motto is: "Do my best so that I can't blame myself for anything!" and "Live and let live".

**Word or phrase you say the most?**
**ST:** It's a Persian word "*Dost darum*" meaning I love you, which is used several times a day expressing how much I love my kids. It's never enough.

> “It was an honour to star in his music video, as I’ve always been a fan of Zoheb and Nazia Hassan’s music. I would definitely love to work in more music videos in the future.”

**We saw you in Zoheb Hassan’s comeback music video. How did you find the experience of shooting for it? Would you like to do more music videos in the future?**
**ST:** It was an honour to star in his music video, as I’ve always been a fan of Zoheb and Nazia Hassan’s music. I would definitely love to work in more music videos in the future.

**There are link up rumors about you and Hamza Ali Abbasi. Would you like to comment on this? Also, will you be starring opposite him in a film?**
**ST:** Rumours fabricate truth but the reality is, Hamza has been a friend of mine even before my acting days and we remain good friends.

**What factors do you consider when choosing roles or songs for music videos? All the celebrities have an opinion about having or not having item songs in the Pakistani movies. Do you think item songs should be acceptable?**
**ST:** I prefer to take on roles which I feel I can do justice to; the roles I take on, however, vary and are based on the script and the general direction of the drama. As for my opinion on item songs, each to their own.

**Which yesteryear actress inspires you? Any particular role that motivated you to take up acting?**
**ST:** Audrey Hepburn and Angelina Jolie. Apart from being great actors they devoted their lives to the United Nations. To me, that’s being an inspiring actress and person.

**You have also been a successful entrepreneur; how was the experience of running a salon and spa in Islamabad? Was it a difficult decision closing it to move cities and pursue acting?**
**ST:** No business is easy to run, every business has its own share of problems. Moreover, the experience was great and I am planning on opening a salon here in my city Quetta. Moving is never easy, but home is where the heart is and Quetta is home. Since I own a hospital here in Quetta, I aspire to open a school one day. Social work is also in the pipeline and politics could be an option as well.

**You are related to actress Syra Shahroz who is doing quite well. Do you take advice from her before signing roles?**
**ST:** Yes, Syra and I are related and I’m super proud of her! To be honest, I have never taken advice from anyone because I usually go with my instinct. OK!

INTERVIEW: RAO ALI KHAN
PHOTOGRAPHS:



# THE MOUNTAINS SHE MOVES KATE WINSLET

**"If you want something, you have to work hard for it, you have to dedicate yourself, nobody is going to get you there but you."**

Twenty years since they declared their undying love for each other, so many of us are still wishing *Titanic*'s Rose held on a little longer to poor Jack. *OK!* catches up with Kate Winslet while she promotes her latest hair-raising adventure, *The Mountain Between Us*. She happily intersperses the conversation with snippets about her husband, family and early beginnings while explaining the dangers and challenges involved with shooting in the Canadian Rockies.






DIRECTOR HANY ABU-ASSAD & KATE WINSLET ATTEND THE SPECIAL SCREENING OF *THE MOUNTAIN BETWEEN US* IN NEW YORK






It's like chatting with an old friend. Despite being a star consistently after James Cameron's billion-dollar epic turned her into a household name, Kate Winslet remains humble and enthusiastic and always grateful. She knows just how important a film like *Titanic* is to fans and how she has to continue to live up to the legacy. Winslet is present and charming and responsive. Starring alongside Idris Elba, the handsome pair play a surgeon and journalist respectively in their upcoming venture, *The Mountain Between Us*. The film is a story about finding hope and survival in the middle of nowhere, which for Winslet also meant dunking herself in sub-zero waters and enduring freezing temperatures. Which, as we're well aware, isn't her first time. Chatty and perennially warm, the star explains why her close friend, Leonardo Di Caprio and her husband were both very against her latest job. The actress, based in West Sussex with husband, Ned Rocknroll and her three children, also talks about misconceptions, glamour and grinding coffee.

**That scene with you plunging into freezing cold water, looked far too real for my liking. Were you petrified, terrified by the prospect?**
**KATE WINSLET:** Petrified and terrified and all of the above (Laughs). But as soon as I read that scene, it was a beacon of opportunity. I started working towards it, psyching myself up for the scene and it almost didn't happen. I was waiting to be measured for my dry suit, I wasn't doing the scene! It was outrageous! Me, not doing a scene with ice and water, ice and water!! (Laughs)

**You're the Queen of Water and Ice, aren't you?**
**KW:** I am the Queen of Ice and Water so I marched up to Hany in this very British manner, and I asked him when the shot was scheduled. He told me it would be a regulated shot in the studio because it wasn't safe enough. We argued about how it would look fake, the entire movie would be utterly compromised, the integrity would be blown to pieces, the audiences are too sophisticated and so on and so forth. Eventually he said the studio won't allow it and that did it for me. This isn't my first time (Laughs). I said, out of my way and I just did it. Straight in. Done.
Took about seven takes but we did it (Laughs).

**This isn't your first time in similar conditions, how did it compare to those scenes in *Titanic*?**
**KW:** Oh this was much harder. We were in a huge tank in Mexico for *Titanic*. This was up a mountain in the Canadian Rockies in minus 38 temperatures. I've never experienced anything quite so cold in my life.

**Are you braver to do such things because of *Titanic*?**
**KW:** No, far from it. I'm much more of a wimp now. I was much braver then. Maybe it was ignorance. ►




> “I had to scrimp and dig around for every penny I could make to get me on that train to London for an audition. I was working at deli counters, slicing up meat, I was working at sweet shops, counting out the penny drops, I did everything I could.”

KATE WINSLET ATTENDS THE “WONDER WHEEL” SCREENING AT MUSEUM OF MODERN ART IN NEW YORK

> “Leonardo DiCaprio said: ‘You are bloody out of your mind to do this. Do you know how hard it’s going to be? In these conditions, you’ll probably lose a limb.”

With *Titanic*, I really had no clue what was to come. But probably from that experience, I anticipated how tough this was going to be. I know too much, that’s why I’m a wimp.

**You are so far from a wimp. Why would you think so?**
**KW:** No, I am. But I’m also the perfect contradiction because I love adventure, and I think I’ve probably proven that I don’t shy away from a challenge, certainly not a physical challenge.

**Does your family worry when you say, ‘I’m heading up the top of a mountain for work’?**
**KW:** My husband was concerned for me on this one, just because safety is an ongoing concern for him and I was ten thousand feet on top of a snowy mountain with the ever present danger of freezing to death and avalanches to contend with. So probably because of him, I was constantly asking myself: does that mountain look safe, is the snow on it set to go. I would tell myself, it’s all fine, we were up there yesterday it’s perfectly safe, but it did little to quell my fears. However the crew of the film were the same people who worked on *The Revenant*, so they truly know and understand harsh, dangerous conditions. I was able to comfort myself in that knowledge.

**Did you talk to Leo about it?**
**KW:** He said to me, ‘You are bloody out of your mind to do this. Do you know how hard it’s going to be? In those conditions, you’ll probably lose a limb’. (Laughs) And he was right, I nearly did. I nearly lost a hand by simply taking off my glove for a second and it just completely froze up. It would take ten, fifteen minutes again for the circulation to restore. Because he did *The Revenant*, he had slightly more insight into what I was facing.

**So who had it harder, him on *The Revenant* or you on this?**
**KW:** He climbed into the carcass of a dead animal, naked. I think he’s got me well and truly beaten.

**The two of you are close, will you work together again?**
**KW:** That would be lovely. We don’t have any projects planned together but he’s one of my best friends, so I do hope we make it happen.

**How was it working with the very handsome Idris Elba? Was it distracting?**
**KW:** Yes! He is as utterly yummy and fabulous as he is handsome. All my friends want to know what it was like kissing him! Especially after this film, they want to know all the details, insisting upon living vicariously through me.

**And what do you tell them?**
**KW:** I say everything and more (Laughs). Everything and more. I adored every moment



LEONARDO DICAPRIO & KATE WINSLET ATTEND THE 88TH ANNUAL ACADEMY AWARDS AT HOLLYWOOD & HIGHLAND CENTER IN CALIFORNIA




KATE WINSLET & KATHY BATES ATTEND THE SAG-AFTRA FOUNDATION PATRON OF THE ARTISTS AWARDS 2017 AT THE WALLIS ANNENBERG CENTER FOR THE PERFORMING ARTS IN CALIFORNIA

working together, largely because we have very different styles of acting, that contrasted yet sort of complimented each other and in the extreme filming conditions, we each needed that motivation. I'm very dialogue centric, I want to get the words done, I want to have that precision whereas he is much more spontaneous. He's in the moment and allows the energy to flow which was something new for me to experience, and he was right. In those conditions, which were completely out of our control, an ebb and flow was imperative. We needed that flexibility but then we needed a certain level of organization and structure because everything could suddenly spin out. So both were extremely relevant and necessary and that's why it worked so great between us.

**You say you're a supposed wimp, but few would believe it. What do you think is the greatest misconception about you in general?**
**KW:** Well, that's a big question (Laughs). I might have to think about that. I think what is still out there is the assumption that just because I have this posh intonation, I grew up with a silver spoon squarely in my mouth, glided through my career and that couldn't be further from the truth.

**You had to pull yourself up, didn't you?**
**KW:** Yes. We never had any money growing up. My parents were raising a big family and it was a struggle but it gave us a sense of reality, we weren't shielded from financial struggles, we all learned from early on if you want something, you have to work hard for it, you have to dedicate yourself, nobody is going to get you there but you.
I had to scrimp and dig around for every penny I could make to get me on that train to London for an audition. I was working at deli counters, slicing up meat, I was working at sweet shops, counting out the penny drops, I did everything I could. I like to think it is because of that drive to do what I had to, that fire within is fueled and douses complacency. I've never felt any complacency nor will I ever because I grafted to get here. A lot of actors share that mentality.

**I love the idea of you working behind a deli counter. What did you learn?**
**KW:** How to treat food, how to examine it, the different flavour combinations, the different marrying combinations. I learned how to make good coffee, with real beans, I loved grinding the beans (Laughs).

> "There's very little glamour with this job. I know everyone will say what absolute bollix but it's true."

**Has that same drive passed on to your kids?**
**KW:** One hundred percent. I want my kids to be able to survive in the world without luxury comforts and learn to exist beyond a cozy bubble. They're not chauffeured around, if they need to get somewhere, they take the bus, they take the train, if they want something, they have to work for it. These are hugely important lessons, which I want them to learn while they're growing up. I abhor laziness and I would be very disappointed if they took advantage of the fortunate situation they find themselves born into. It's something I won't accept but they make me proud. They are extremely responsible and self-reliant.

**You always seem to make the process of movie-making very relatable. Do you find yourself sometimes playing down the glamour intentionally?**
**KW:** (Laughs) There's very little glamour with this job. I know everyone will say what absolute bollix but it's true. When you're on set, shooting at minus 38 degrees, ten thousand feet where every movement is a massive effort and it's gritty, dirty and you're sitting perched on a camera equipment box waiting for your next scene and struggling to breathe properly because the air is so thin, it is not a glamorous prospect. Although I did enjoy being able to eat absolutely anything I liked because once you're up that mountain, the energy you burn is intense, it goes right through because you're trying to soak up as much sustenance and nutrients to survive.

**So there's no glamour in the job at all?**
**KW:** Probably the only moment that is glamorous is getting ready for the red carpet. That's when it feels fabulous. But as soon as you step on to it, it's stressful and hectic and you're getting pulled every which way and yelled at and having to answer five hundred questions as eloquently as possible. Does that sound glamorous to you? OK!

INTERVIEW: LILY LAWSON/FAMOUS
PHOTOGRAPHS: GETTY

# 50 BEST Dressed 2017

*It's that time of the year again - OK! Pakistan has rounded up some of the best dressed ladies from across Pakistan! From laid back luxe to all-over glamour, we have covered them all so make sure to get your fashion cues from these fabulous fashionistas!*




HUMAIMA MALIK
SANAM SAEED
ALYZEH GABOL
MAHIRA KHAN
HAREEM FAROOQ


PFDC
sunsilk
FASHION WEEK
L'ORÉAL
PARIS
BRIDAL WEEK
ZARA ABID
ANOUSHEH SHAHID
MOMINA SIBTAIN
KIRAN MALIK
AYESHA OMAR


FRIEHA
ALTAF


MINHAL
MALIK


TOOBA
SIDDIQUI


ZARA
PEERZADA


URWA HOCANE



MAWRA HOCANE



SANA HASHWANI



SHEHLA CHATOOR



SANIA MASKATIYA



AREEBA HABIB



HIRA HASHMI SHEIKH



SHANIERA AKRAM




NATASIA KHALID



SABA QAMAR



SADAF JALIL



SARAH NAJMI BILGRAMI



IQRAA MANSHA



KHADIJAH SHAH



SEHER KAZMI



NABILA



SAMIRA DADA



AYESHA FAROOQ HASHWANI



SAJAL ALI



AYESHA NOON



NATASHA SALEEM


SABENE
SAIGOL


SASHA
BARKAT


MEESHA
SHAFI
SHAZAH
AYUB


SAFINAZ
MUNEER


zero
HANIA
AMIR


SEHR
PIRZADA


MUBASHRA
MALIK


DIOR
MEHER
TAREEN


SHEHRBANO
TASEER

MANGO | Splash | women'secret | MANGO Kids | babyshop

# DISCOVER THE ADDRESS FOR THE WELL-DRESSED.

Introducing the only authorized online store for your favourite premium brands.




DHAMIDI.COM

secure shopping | original products | free shipping | cash on delivery | click & collect | in-store exchange/return

AK GALLERIA

# OK! FASHIONISTA



OK! CONFIDENTIAL
HUMA ADNAN

OK! SPOTLIGHT
FATIMA ZARA MALLICK

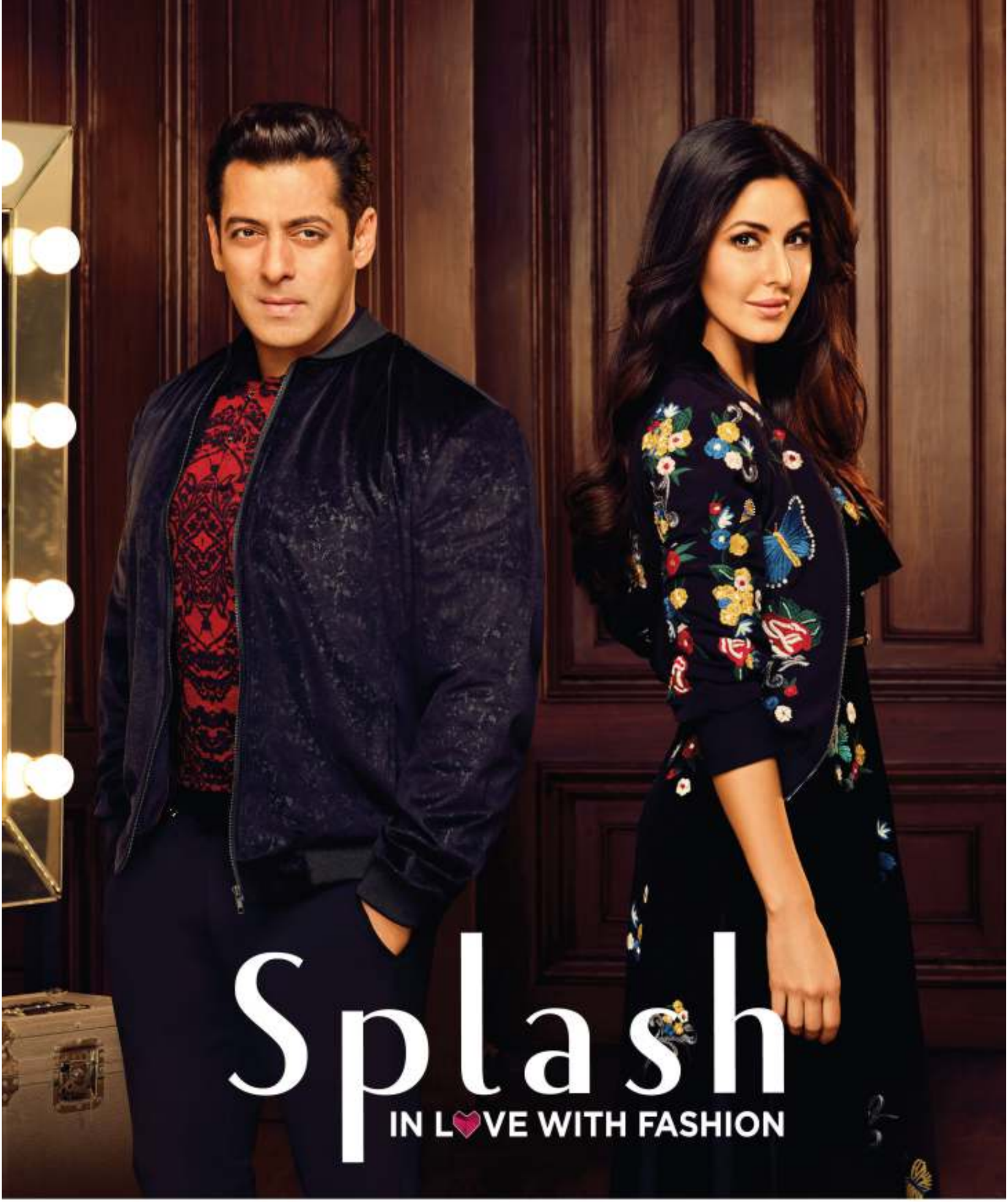
NEW TO KNOW
ZURIA DOR

UP CLOSE WITH
MOHSIN NAVEED RANJHA

## STRIKE A POSE!

BY AIEENA & FAREENA

STYLE ★ BEAUTY ★ HEALTH ★ FOOD ★ TRAVEL ★ ENTERTAINMENT




**KARACHI** - OCEAN MALL CLIFTON, LUCKY ONE MALL | **LAHORE** - Y-BLOCK DHA, EMPORIUM MALL, PACKAGES MALL

www.akgalleria.com |

SAUDI ARABIA • KUWAIT • BAHRAIN • QATAR • OMAN • JORDAN • EGYPT • LEBANON • PAKISTAN • TANZANIA • INDIA • LIBYA • SRI LANKA

# OK! Best DRESSED



Kate Bosworth dazzles in a sequined Alexandre Vauthier at the *InStyle* Awards in California.




Glamorous in gold, Sonam Kapoor stuns in a strapless gown by Atelier Zuhra at the Filmfare Glamour and Style Awards 2017.



Poppy Delevinge wows in a floral Giambattista Valli gown and statement choker at The British Fashion Awards in London.

# OK! Red CARPET



Our girl crush Kaia Gerber looks très chic in a Ralph & Russo ruffled number at The British Fashion Awards in London.




Sridevi never seems to age! We love her feathery embellished gown by Ziad Nakad and sleek hair and make-up at the Filmfare Glamour and Style Awards 2017.



Katrina Kaif dons a risqué cut-out gown by Jean Paul Gaultier and looks hotter than ever at the Filmfare Glamour and Style Awards 2017.

# ROCKSTARS




Rita Ora shimmers in a Zuhair Murad Couture gown at the Bambi Awards in Berlin.




Kareena Kapoor Khan oozes glamour in an all-white 3-D gown by Galia Lahav at the Filmfare Glamour and Style Awards 2017.




Hareem Farooq rocks a Shehla Chatoor number at the *Parchi* trailer launch in Karachi.

PHOTOGRAPHS: GETTY, WENN

# *Strike A* POSE!

*Starting from luxurious fabrics, decadent embroideries and innovative cuts, design duo, Aleena & Fareena have risen to fame in a short span of time. Dexterous in churning out beautifully crafted traditional and modern wear - Aleena & Fareena design for the new age Pakistani woman whose style knows no bounds. Indulge in an embroidered peplum blouse or a fringed funky top to strike a pose wherever you go!*



**PHOTOGRAPHER: RAZA JAFFRI**
**MODEL : JAVERIYA HANIF**
**HAIR N MAKEUP : ARSHAD KHAN**
**COLLECTION IS "GACH KARI" BY ALEENA FAREENA**


&F
ALEENA & FAREENA


ALEENA & FAREENA


&f
ALEENA & FAREENA


&F
ALEENA & FAREENA

Fun activities & entertainment
for the entire family

LUCKY ONE

# WINTER SHOPPING FESTIVAL

DEC 20TH 2017 TO JAN 10TH 2018



Spend

Rs. **10,000**

and get a chance to **win**

## grand prizes

and gifts on a daily basis at LuckyOne Mall.






You can also **win** **Grand Ciaz** through a lucky draw!



spectrumpr.com

LUCKY ONE

THE PLACE TO BE

Main Rashid Minhas Road, Opp. UBL Sports Complex

A Part of YBG

luckyone.com.pk | luckyonepk | luckyonepk | @Luckyonepk

OUR PARTNERS

SUZUKI | Hyperstar | MasterChef | TV ONE | news one | ONE Cricket | Khaadi | habitt | Careem


KIM KARDASHIAN

# PLUSH VELVETS

*Alexander Mcqueen*
Knuckle Embellished Clutch,
PKR 289,000





*Sapphire*
Gold Bracelet,
PKR 1,290

*Saint Laurent*
Choker
PKR 70,000



*J. Brand*
Pace Bomber Jacket,
PKR 40,000

*Accessorize*
Ola Shapes Statement Earrings,
PKR 2,850



*Jiggle*
Kitten Heel
Slingbacks,
PKR 4,200







*Aquazzura*
Ava Plateau
Platform Sandals,
PKR 95,000



*Fendi*
Kan I Shoulder
Bag,
PKR 545,000



*Black Halo*
Draped Velvet Bustier
Dress,
PKR 40,000





*Khaadi*
Rhinestone
Encrusted Earrings,
PKR 600



*Next*
Velvet
T-Shirt,
PKR 1,800

*Roberto Collina*
High-Waisted Velvet
Trousers,
PKR 32,000



*Jimmy Choo*
Lockett Petite
Shoulder Bag,
PKR 145,000





*Mango*
Velvet Crossed
Dress,
PKR 11,990



*Khaadi*
Tassel Pom
Pom Earrings,
PKR 500



*Aquazzura*
Wild Flower
Sandals,
PKR 74,000

*Manu Atelier*
Fernweh
Velvet Clutch,
PKR 36,000





*Zohra Rahman*
Curb Chain Silver
Necklace,
PKR 120,000



*H&M*
Velour Bodysuit,
PKR 3,500

*Mango*
Velvet Blazer,
PKR 15,990



*Esfir Jewels*
Petal Gray Earrings,
PKR 4,700



*Preen By Thornton Bregazzi*
Sophie Midi Skirt,
PKR 48,000





*H&M*
Glittery Velour Dress,
PKR 5,000






*Dolce & Gabbana*
Lucia Shoulder Bag,
PKR 225,000

*Malone Souliers*
Maureen Magenta Velvet Mules,
PKR 52,000

*Lanvin*
Mini Velvet Bag,
PKR 125,000

*Wrap yourself in plush textures to stay warm and most importantly chic this Winter! Capturing hearts and permeating closets of the fash-pack, we suggest you make velvet in bold colours a Winter staple.*



*Push Buttons*
Velvet Halterneck Top,
PKR 45,000






*Prada*
Pattina Velvet Shoulder Bag,
PKR 145,000





*Zara*
Contrasting Velvet Kimono,
PKR 12,900



*Zara*
Pleated Velvet Skirt,
PKR 4,000



*No. 21*
Knot Shoulder Bag,
PKR 56,000

*Monse*
Velvet Top,
PKR 130,000

*Cityshop*
Velvet Slip Dress,
PKR 19,000



*Gucci*
GG Marmont Shoulder Bag,
PKR 244,000




*Mantra*
Earrings.
PKR 950



*Sanayi 313*
Stelle Embroidered Clutch,
PKR 136,000







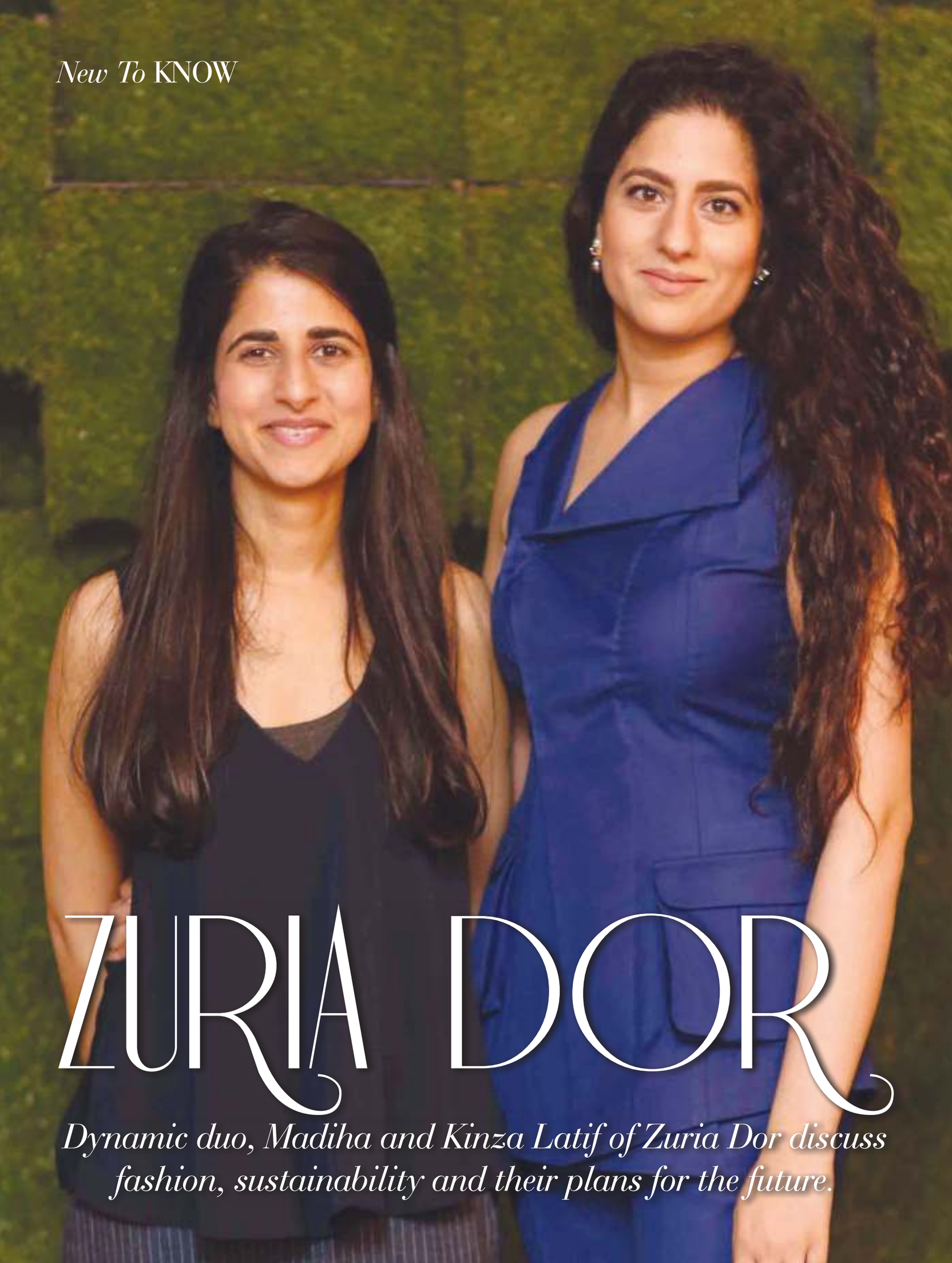
*Aquazzura*
Cosmic Pearl Pumps,
PKR 82,000

*Forte Forte*
Crushed Velvet Tracksuit Bottoms,
PKR 37,000



*Marco De Vincenzo*
Braided Velvet Vincenzo,
PKR 68,000

STOCKISTS: ACCESSORIZE www.accessorize.com; ALEXANDER MCQUEEN, DOLCE & GABBANA, FENDI, GUCCI, J BRAND, JIMMY CHOO, MANU ATELIER, MARCO DE VINCENZO, MONSE, NO. 21, PRADA, SAINT LAURENT, SANAYI 313 www.netaporter.com; AQUAZZURA, LANVIN, MALONE SOULIERS www.modaoperandi.com; BLACK HALO, CITYSHOP, PREEN BY THORNTON BREGAZZI, PUSH BUTTONS, ROBERTO COLLINA, FORTE FORTE www.farfetch.com; ESFIR JEWELS www.btwonline.pk; H&M www.hm.com; JIGGLE www.topshop.com; KHAADI www.khaadi.com; MANGO www.mango.com; MANTRA www.mantra.com.pk; NEXT www.next.com; SAPPHIRE www.sapphireonline.pk; ZARA www.zara.com; ZOHRA RAHMAN www.zohrarahman.com; *prices are approximate*



# ZURIA DOR

*Dynamic duo, Madiha and Kinza Latif of Zuria Dor discuss fashion, sustainability and their plans for the future.*

Intelligent, independent and inspiring sisters, Madiha and Kinza Latif may have just recently delved into the world of fashion but have made a considerable amount of noise. From displaying at local fashion weeks such as PFDC L'Oréal Bridal Fashion Week to showing their stuff at London Fashion Week and Milan Fashion Week – the brand's presence is global. *OK*! Pakistan speaks to the dynamic duo to find out what makes them tick.

**Tell us about yourself and what made you enter into the world of fashion design?**
**Zuria Dor:** A little back-story is imperative to understand the brand and us; academically we are both engineers and entrepreneurs. When we returned to Pakistan, there weren't any jobs for us in the advanced sectors we had received training in. We figured we needed to start with a sector that has the required human resource, and then start building on that knowledge base that can compete with international practices, including the introduction of AI and machine learning that is becoming an imperative part in designing and manufacturing. The fashion sector internationally is going through a shift, and we want to create a brand that rides the new wave, so Pakistan does not miss this bus too. We want to see "designed and made in Pakistan" to become bullish globally. The plus point of fashion, it's a soft tool, and can project a progressive image of the country abroad.

**Where did you study?**
**ZD:** We've both received six years of extensive education in the UK, between the two of us we have degrees in engineering product design, aerospace engineering, and entrepreneurship from University College London, Warwick University, Nottingham University, Surrey University as well as education from London Business School and Stanford University.

**How would you describe your design aesthetic?**
**ZD:** Our focus is the millennial generation, the independent women; a Zuria Dor design has to be on point, relevant, trans-seasonal and functional, in addition, it has to be designed ethically and sustainably.

**What is your creative process like?**
**ZD:** As millennial cofounders, the process starts with what we would appreciate wearing ourselves. But with all things, to avoid being caught in the net of perception bias, one must keep trends in mind too and evolve the product accordingly. A product's wearability is tested constantly to make sure we are satisfied with the development, if the design is not satisfactory, the cycle starts again.

**What drives you to keep designing?**
**ZD:** The vision that we need to take this brand to the international level and make it successful, and using its platform to launch philanthropic activities within Pakistan to uplift those who are eager to excel but aren't given the opportunity.

**What is your favourite piece from your collection so far?**
**ZD:** We are very proud of the products that are being designed and made by Zuria Dor. As a rule we don't differentiate between most favourite and considerably less favourite.

**Who is your style icon?**
**ZD:** Blake Lively. That woman has her game on fire!

**What celebrities would you like to dress – locally and internationally?**
**ZD:** Mahira Khan and Blake Lively, heck even Michelle Obama!

**Who would you love to see wearing your designs?**
**ZD:** Any independent woman who is proud of who she is and carries it on her sleeves.









**What are your plans for the future?**
**ZD:** We're heading to London in February for a showcasing for A/W 2018 of our Western product line; we're looking forward to interacting with the players in international markets. OK!

INTERVIEW: ALIZEH PASHA; PHOTOGRAPHS COURTESY ZURIA DOR

# Bridal Jewels

*Swoon-worthy jewels to get you through wedding season!*

**FARAH KHAN FINE JEWELLERY**
Diamond Earrings

**HAZOORILAL JEWELLERS**
Gold & Diamond Necklace

**AURELLE**
Diamond & Emerald Earrings

**FARAH KHAN FINE JEWELLERY**
Diamond, Tanzanites, Sapphires & South Sea Pearl Earrings

**HOUSE OF ROSE**
Collar Necklace

**AMRAPALI**
Sadabahar Necklace

**BINA GOENKA**
Peridot, Diamond & Tourmaline Earrings

**MIRARI**
Rubellite Briolettes & Diamond Earrings

**GANJAM**
Violet & Diamond Earrings

**VAN CLEEF & ARPELS**
White Gold Irene Earrings

**HUMA JEWELLERS**
Diamond & Ruby Earrings

**HUMA JEWELLERS**
Diamond Bracelet

**RK JEWELLERS**
Mughal Polki Bridal Necklace

**HOUSE OF ROSE**
Tanzanite, Emerald & Diamond Earrings

**ZOYA**
Polki Diamond & Enamel Earrings

**HOUSE OF ROSE**
South Sea Pearl & Columbian Emerald Earrings

**ANMOL JEWELLERS**
Diamond & Emerald Necklace

**ALIEL**
Rose Cut Diamond Earrings

STOCKISTS: ALIEL www.aliel.com; AMRAPALI www.amrapalijewels.us; ANMOL JEWELLERS www.anmoljewellers.in; AURELLE www.aurelle.in; BINA GOENKA www.binagoenka.com; FARAH KHAN FINE JEWELLERY www.farahkhanfinejewellery.com; GANJAM www.ganjam.com; HAZOORILAL JEWELLERS www.hazoorilaljewellers.com; HOUSE OF ROSE www.therose.in; HUMA JEWELLERS www.humajewel.com; MIRARI www.mirari.com; RK JEWELLERS www.rkjewellers.com; VAN CLEEF & ARPELS www.vancleefarpels.com; ZOYA www.zoya.in

# Superstitions & *Sapphires II*



chhotanis

timeless jewellery traditions

Shops 9-11, The Forum, G-20, Block 9, Khy-e-Jami, Clifton, Karachi, Pakistan
Tel: +92-21-35376826-7-9, 111-09-10-11, Fax: +92-21-35376828.
Email: info@chhotani.com facebook.com/chhotanis

# #OKStreetstyle

**Catch your favourite celebs off screen sporting their signature Pakistani style! Here's some inspiration for the season that's full of dinners, lunches and teas!**



@AMNABABER IS A POPULAR ON OUR STREET STYLE FEATURE - SHE LOOKS GOOD IN JUST ABOUT ANYTHING!



@AYESHA.M.OMAR LOOKS FAB IN A SUPER TRADITIONAL THREE-PIECE LOOK!



@IMEHREENSYED IS #MOTHERDAUGHTER #GOALS; TWINNING WITH HER LITTLE ONE IN SPARKLY ENSEMBLES.



SUPERSTAR @MAHIRAHKHAN ALWAYS PROVES THAT SIMPLE IS THE BEST KIND OF LOOK!



TRUST @MAWRELICIOUS TO STEP IT UP - SHE LOOKS GLAM IN A VERY DIFFERENT SILHOUETTE BY MUSE LUXE.



MULTITALENTED @MOMINAMUSTEHSAN LOOKS GOOD IN SILK BY FAWAD KHAN.



MODEL @SADAFKANWAL IS PRETTY IN THIS ANSAB JAHANGIR KURTA.

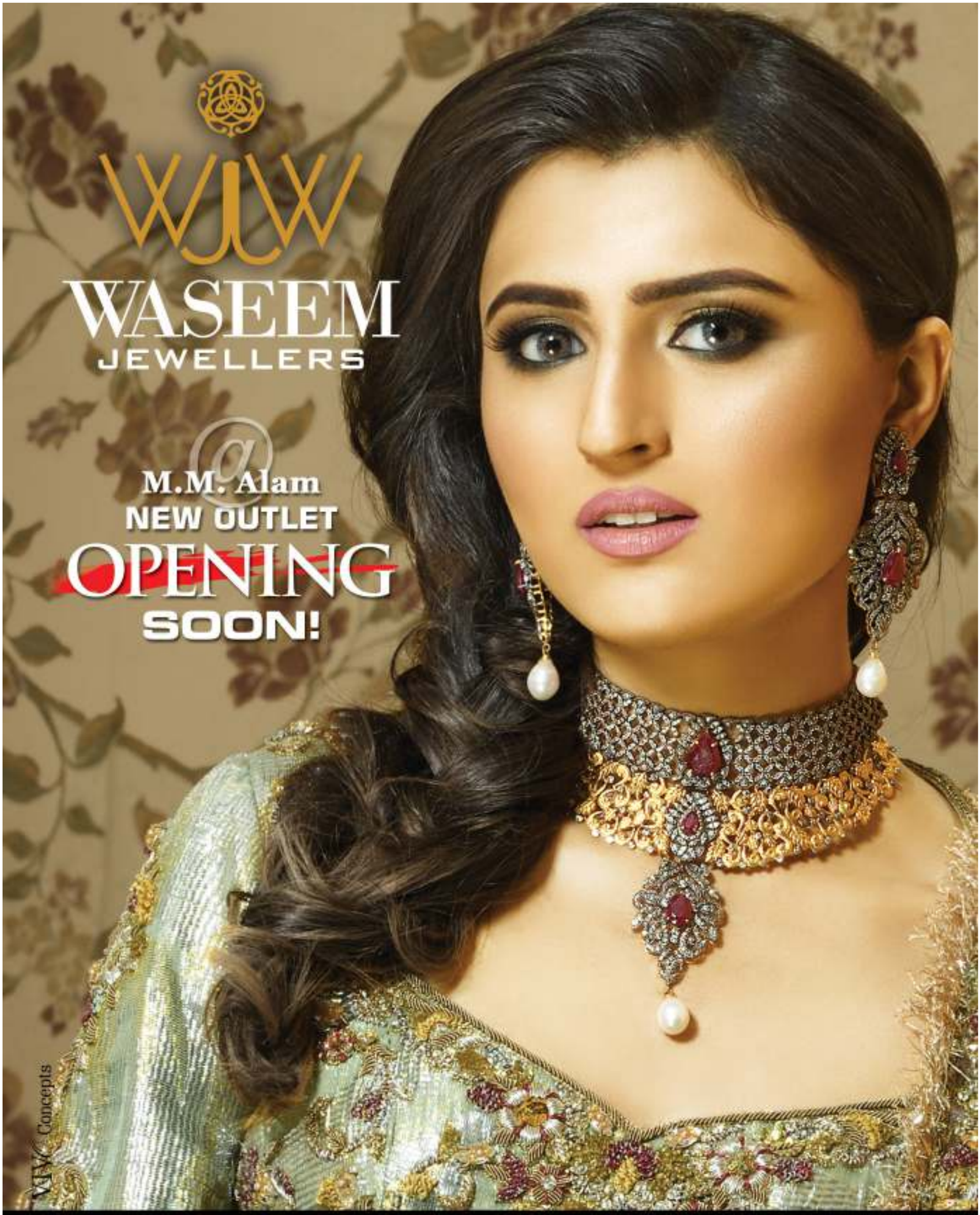


@SAJALALY MIXES WESTERN WITH EASTERN IN THIS FUSION PIECE BY RANG JA.



ACTRESS @URWATASTIC IS STRIKING IN SANA SAFINAZ!

TEXT: ALYZEH RAHIM SHIRAZI; PHOTOS: INSTAGRAM




22-COMMERCIAL ZONE, LIBERTY MARKET, GULBERG III, LAHORE | Tel: +92 42 35876692 – 4
www.waseemjewellers.com | waseem.jewellers@yahoo.com | waseemjewellerspk | @waseemjewellers






# MOMINA SIBTAIN

Creative, outspoken and spunky, fashion and lifestyle journalist Momina Sibtain makes a statement wherever she goes! Spotted in bold red carpet looks and effortlessly cool off-duty style, take cues from Momina this month to amp up your style.

## GET THE LOOK

**TOPSHOP**
Printed Top,
PKR 1,900





**ZARA**
Long Fringe Earrings,
PKR 1,500



**HEARTY TRENDY**
100 Emoji Clutch,
PKR 3,000



**ZARA**
Ribbed Skirt,
PKR 2,900



**GIVENCHY**
Ruffled Two-Tone Dress,
PKR 180,000



**SAINT LAURENT**
Tribute 105 Sandals,
PKR 94,000



**SAINT LAURENT**
Pump,
PKR 63,000



**SAINT LAURENT**
Smoking Logo Clutch,
PKR 95,000

STOCKISTS: GIVENCHY www.netaporter.com; HEARTY TRENDY www.amazon.com; SAINT LAURENT www.farfetch.com; TOPSHOP www.topshop.com; ZARA www.zara.com; *prices are approximate*

Presenting

# FALL-WINTER

COLLECTION-2017/18

# MORE THAN A STAR & COMFORTABLE WITH IT






Bata

Bata Home

Buy online: bata.pk





# FEROZE KHAN

Actor, model and over all hunk, Feroze Khan is one Pakistani celeb that's got swag! Always spotted sporting the latest styles, we love a man who can rock a pair of skinnies and look svelte in a suit.

## GET THE LOOK

**LEVI'S**
501 Slim-Fit Jeans,
PKR 9,500



**NIKE**
Match Classic
Leather Sneakers,
PKR 9,000



**OFFICINE PANERAI**
Luminor Marina Steel
and Leather Watch,
PKR 480,000





**ZARA**
Leather
Jacket,
PKR 29,900

**SANDRO**
Distressed Jeans,
PKR 18,000



**NEIL BARRETT**
Printed T-Shirt,
PKR 17,500



**PEYOTE BIRD**
Sterling Silver,
Tiger's Eye
Bracelet,
PKR 13,000



**TOPMAN**
Blue Borg Denim
Jacket,
PKR 6,800



STOCKISTS: LEVI'S, NEIL BARRETT, NIKE, OFFICINE PANERAI, PEYOTE BIRD, SANDRO www.mrporter.com; TOPMAN www.topman.com; ZARA www.zara.com; *prices are approximate*

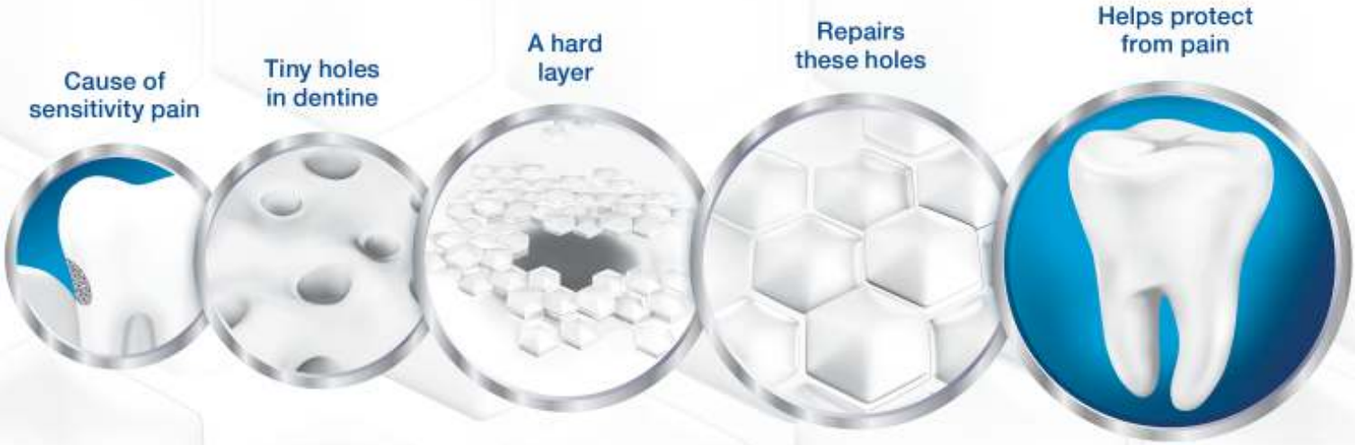
new

SENSODYNE

gsk

# REPAIR & PROTECT

# ACTUALLY HELPS REPAIR SENSITIVE TEETH*



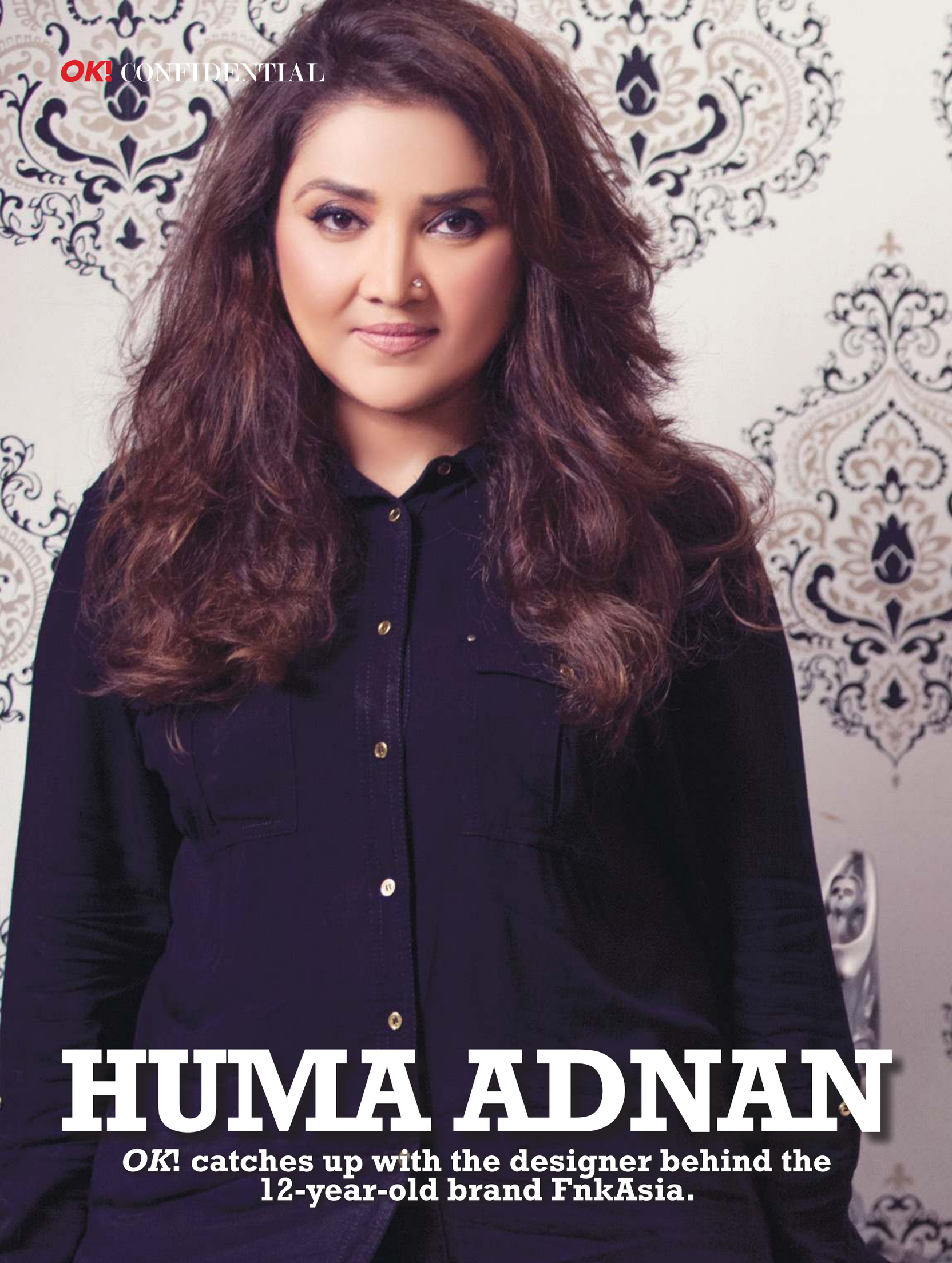




## No.1 DENTIST RECOMMENDED BRAND FOR SENSITIVE TEETH

*Forms a protective layer over the sensitive areas of the teeth. Brush twice a day for lasting sensitivity protection.

CHPAKCHSENO001917



# HUMA ADNAN

**OK! catches up with the designer behind the 12-year-old brand FnkAsia.**




Huma Adnan, the woman behind FnkAsia has a tête à tête with *OK*! Pakistan. Here she discusses what inspired her to start her brand, her 12 year journey with FnkAsia, what fashion means to her, what makes her brand stand out and lots more.

**How did FnkAsia start ?**
**Huma Adnan:** Almost 12 years ago, Adnan and I took a trip to Italy, where we attended a couple of trade fairs and workshops. It was the year when embroideries and traditional accents were getting recognised as a fashion statement in the West. When I saw the age-old dying, printing techniques, block prints and traditional embroidery, I realised this is very much in synch with our traditional craft which we need to set out to do in order to aspire others. There and then I decided that it was time to establish a brand that would give credit to our age-old craft and artwork. My creations then became a mix of my Pakistani sensibilities and aesthetics and my global outlook and exposure to fashion. The name "Fnkasia" in essence came about from the roads of Florence, Italy.

**Describe your journey.**
**HA:** FnkAsia was created in 2005 to give women of the sub-continent a bohemian identity that could be interpreted anywhere in the world. It proudly stands for the ethnic in its ethos. FnkAsia as a brand, rapidly became a fashionable identity, earmarked by its signature vivid palette, beaded embroidery and love for hand-worked craft. With countless international showings and a burgeoning business model, the brand embraced a free spirited lifestyle that spoke to a global vision. FnkAsia is today 12 years old and is proudly one of the pioneer brands to introduce fusion wear inspired by colours, tradition and embroidery of Pakistan. Its philosophy is eternal. FnkAsia is a depiction of my love for the traditional handwork and ethnic flavours. The brand matured overtime and now caters to an audience that understands my philosophy and is proud of its origin.

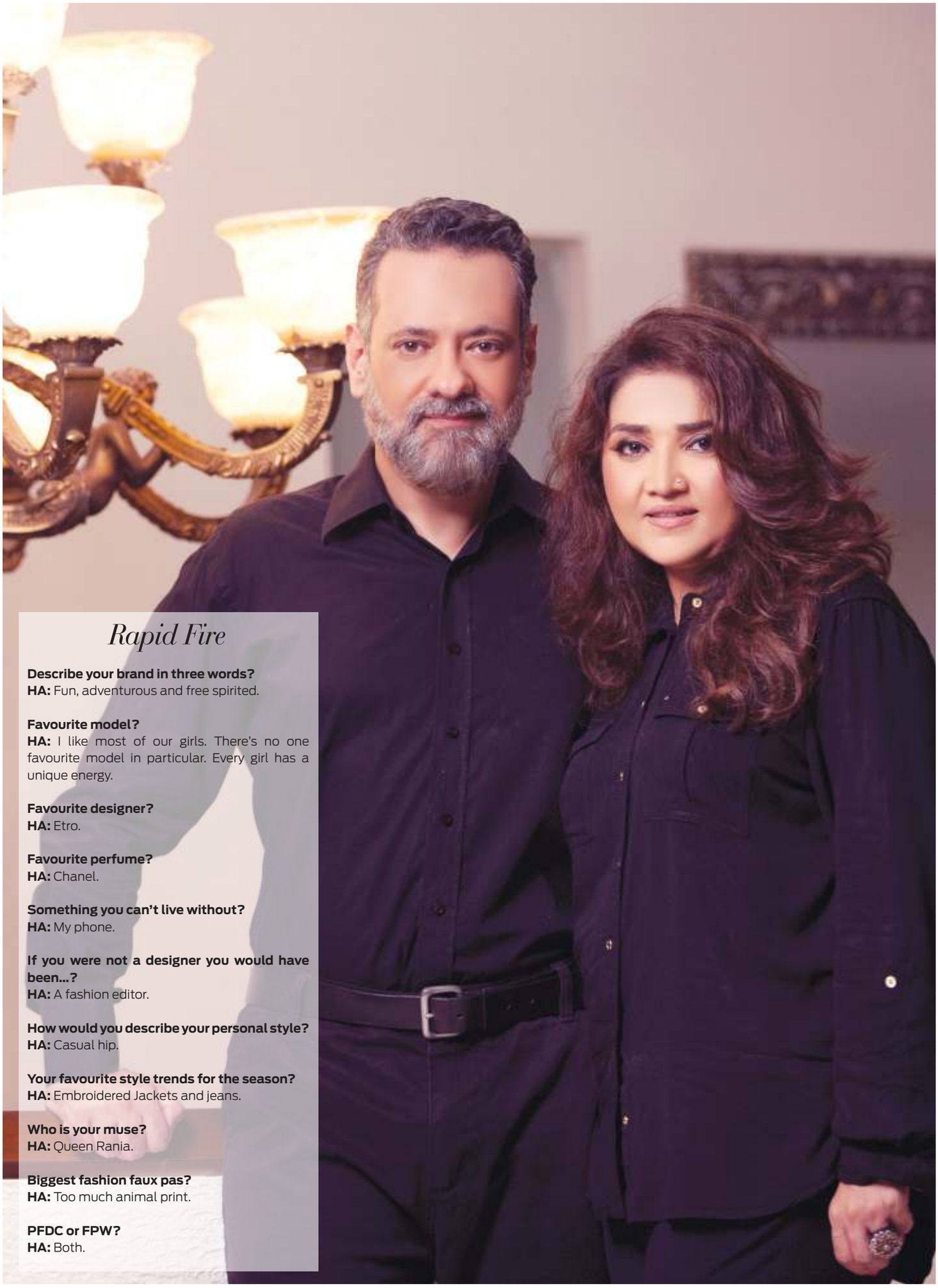
**Where do you get inspiration for your designs?**
**HA:** Being an avid traveler has its perks, since I take inspiration from my world travels and world cultures that I witness and experience. Fnkasia has clothes and accessories that embrace a free spirited lifestyle but speak to a global vision, which feels luxurious, yet is ready to be packed into a suitcase for a last minute trip.

**How do you perceive fashion?**
**HA:** Fashion to me is about telling a story about who you are. Every outfit you wear is an opportunity to tell your story, so make sure it's a good read. Choose a statement piece that's unapologetically you and create visual harmony. This is how I perceive fashion.

**How do you stay up to date regarding trends?**
**HA:** I attend trade fairs in France and Italy to keep up to date. This also gives me an insight on the runway trends and what sells.

**What's it like running your own brand? Describe your typical day.**
**HA:** Running of a brand involves a whole science of how the business of fashion really is, keeping in mind the nitty-gritty of craft and design. My typical day begins at 10 am and ends at 6 pm. I work six days a week and I also visit the store on appointments. ►





## *Rapid Fire*

**Describe your brand in three words?**
**HA:** Fun, adventurous and free spirited.

**Favourite model?**
**HA:** I like most of our girls. There's no one favourite model in particular. Every girl has a unique energy.

**Favourite designer?**
**HA:** Etro.

**Favourite perfume?**
**HA:** Chanel.

**Something you can't live without?**
**HA:** My phone.

**If you were not a designer you would have been...?**
**HA:** A fashion editor.

**How would you describe your personal style?**
**HA:** Casual hip.

**Your favourite style trends for the season?**
**HA:** Embroidered Jackets and jeans.

**Who is your muse?**
**HA:** Queen Rania.

**Biggest fashion faux pas?**
**HA:** Too much animal print.

**PFDC or FPW?**
**HA:** Both.

**What has been your biggest professional success?**
**HA:** I think for me, my professional success is grounded in the fact that I can proudly claim FnkAsia as the first fashion brand that introduced a high street business model in Pakistan. 12 years later, it's still a red carpet favourite, owing to its success and popularity.

**Share something about your upcoming collection.**
**HA:** I am working on my festive collection at the moment. I'm focusing on detailing, embroidery, fabrics, and patterns in order to create a signature look that is unmistakably Fnkasia.

**How do you think fashion has changed over the years?**
**HA:** Fashion has evolved over the years and is constantly taking shape. It has no boundaries, however I feel that the colours I use and the silhouettes I create have more of an international appeal. I don't especially design for any market and all my designs have a far reach.

**How do you see the current fashion industry in Pakistan?**
**HA:** Pakistan has a huge market and the design and talent that is emerging from regular fashion weeks is definitely a positive sign. I feel like it's just a matter of time that Pakistan will soon be taking off on the international front.

**What do you think about fashion week?**
**HA:** I have seen many different sides of fashion and how it still evolves every day. The best part of fashion week is that it recognises and promotes fresh talent. It also teaches a designer how to compile a collection and translate it into garments that are relatable. There is a lot happening in Pakistani fashion, which is varied and evolving all the time and at par with anything in the international arena.

**What do you enjoy most about being a fashion designer?**
**HA:** All humans like to liberate themselves and live their dreams. As a designer, I feel fortunate enough to live the process by channeling my creativity and craft. Turning my passion into my everyday work is what I enjoy the most.

**What makes your brand stand out?**
**HA:** My brand has Pakistan as its heart and soul and its designs are inspired by its culture and colours. The trends and thoughts behind it are very global. People appreciate it for what it is. The unique selling preposition of my brand is that it translates the designer ethos into the right product, price, place and promotion.

**What is your design process like?**
**HA:** It all starts with a mood board and the season you are working for. Then come the sketching, colours and fabrics. The most important part is to put things together and style it.





**Any challenges you faced in starting this business?**
**HA:** It was a totally new concept when I started Fnkasia so there was a lot of risk involved, but the brand was welcomed by everyone. I feel like the key to success is that it has to be original.



**Describe the FnkAsia woman?**
**HA:** A Fnkasia woman is one who is adventurous and wants to explore the world.

**What do you believe is the role (or even the responsibility) of the contemporary fashion designer in society today?**
**HA:** The most important responsibility of a contemporary designer is to translate craft into trends and make them accessible and wearable.

**You've been doing so much - prêt, couture, styling celebrities - how do you juggle?**
**HA:** All my work is relevant and related to each other. So I thoroughly enjoy every creative exercise.

**Describe yourself.**
**HA:** Unchained energy.

**How does it feel to have your spouse in the same industry as yours?**
**HA:** It is irritating but at the same time, it is supportive. OK!

INTERVIEW: MEHR KASSIM
PHOTOGRAPHS: COURTESY HUMA ADNAN





# Primark X Alice Liveing

Looking for your new trendy workout outfits? Look no further! Our go-to fashion hub Primark has teamed up with Instagram Queen Alice Liveing for a fabulous workout collection. The collection includes up to 42 pieces with all sorts of different styles in leggings and crop tops. Also, the collection is designed in such a way that it is wearable for anyone and everyone! The price range is only between the range of PKR 500 to PKR 2,270 and will be available at all leading Primark stores from 26th December.

# Sweatshirt Weather

Keeping in tune with our last piece on festive sweaters, global retailer Boohoo launches a range of Christmas sweatshirts, in collaboration with Teenage Cancer Trust. Join the cause and celebrate the festive season in true spirit this year. The sweatshirts come in different colours and styles and are priced from just PKR 2,130. Make sure you pick your favourite today! 'Tis the season to be jolly!




# Layer Up!

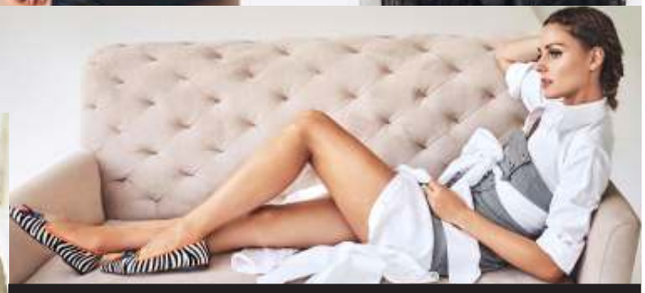
Layer up in style and turn your winter season extra fashionable with this super chic but comfy fashion trend. Turtlenecks under dresses are all the rage this season and we couldn't be happier. Opt for this new trend to put together a quick '5 min look' for yourself, just pair up your staple turtleneck shirt or sweater with a dress and you're all set to go. You can complete the look with some über cool accessories and jewellery pieces to add some fun. As seen on Chloe Moretz and Vanessa Jackman!











# Walk in Style

Who doesn't love a new pair of flats? We surely do! Our day has just gotten a little brighter with this hot news in town. Pretty Ballerinas (the luxury shoe brand) has collaborated with Fashion Diva and our absolute favourite Olivia Palermo for their SS18 collection. The brand turned out to be a huge success when it newly launched in 2005 and we cannot stop thinking about everything amazing it would have in-store with their upcoming collection. It features eight beautiful styles and they're available online at www.prettyballerina.co.uk.













## Let the Stoles Shine

Want to add some statement vibes to your everyday look? This new runway fashion trend will surely do so! Faux fur stoles are back this season and it's time to channel your inner street-style queen. We love the beautiful runway piece by Monse. Add a similar touch of luxe with a faux fur stole, pair it with your basic Winter look and you're ready to rule the game.





## Cheezain etc.

Find the most funky and on trend home accents on www.cheezainetc.com and order locally within Pakistan! Whether you want to spruce up your personal space or give a gift, you can find quirky frames with quotes, lamps, napkin holders, mirrors, tiered platters and what not! Makes sure you favourite this page because we love what they are doing and cannot wait to see what's coming up next.



## The Nile

The 'IT' bag this season has to be the Chloé Nile, seen on the most popular fashion influencers, including Negin Mirsalehi. We are obsessed with the craftsmanship of this bag and with the bracelet-like appeal, it almost looks like a piece of jewellery. The wearability is a mega plus as you can take it from day to night!





## Boots for Days!

3.1 Phillip Lim ankle boots are THE boots to invest in this season. Made from the finest leather, they're set on the label's signature style and have a major oomph factor. These boots pieces can be dressed up or down depending on the occasion!





*prices are approximate*

TEXT: ALYZEH RAHIM SHIRAZI




# CHECK IT OUT!

*Don checks like superstar Osman Khalid Butt to up your style quotient this month!*

**BEAMS PLUS**
Checked Blazer,
PKR 35,000



**CHURCH'S**
Shanghai 5
Monk Shoes,
PKR 68,000





**FREEMANS SPORTING CLUB**
Shacket
Woven Blazer,
PKR 50,000



**ZARA**
Checked
Pants,
PKR 5,000





**GEORGE CLEVERLY**
Adrian Loafers,
PKR 54,000



**GIVENCHY**
Cotton Shirt,
PKR 50,000





**N. HOOLYWOOD**
Checked Tie,
PKR 9,500



**LARDINI**
Checked Tie,
PKR 10,000

**CANALI**
Woven
Check Tie,
PKR 12,400

**MR P.**
Checked Cotton
Shirt,
PKR 17,500



**LORO PIANA**
Wool Scarf,
PKR 38,000



**VERSACE**
Brogues with
Greek Side
Panels,
PKR 71,000







**MICHAEL KORS**
Slim-Fit
Shirt,
PKR 11,000

**JUNYA WATANABE**
Patchwork Shirt,
PKR 46,000







**ZARA**
Checked Trousers,
PKR 7,900



**GUCCI**
Leather Kiltie
Loafers,
PKR 68,000



**CAMOSHITA**
Checked Shirt,
PKR 28,000

**GUCCI**
Prince Of Wales Wool Suit,
PKR 200,000

**SAINT LAURENT**
Distressed
Checked Shirt,
PKR 42,000

STOCKISTS: BEAMS PLUS, CAMOSHITA, FREEMANS SPORTING CLUB, GEORGE CLEVERLY, GIVENCHY, GUCCI, JUNYA WATANABE, LORO PIANA, MICHAEL KORS, MR P, SAINT LAURENT www.mrporter.com; CANALI, CHURCH'S, LARDINI, N. HOOLYWOOD, VERSACE www.farfetch.com; ZARA www.zara.com; *prices are approximate*

MASTER
SINCE 1963

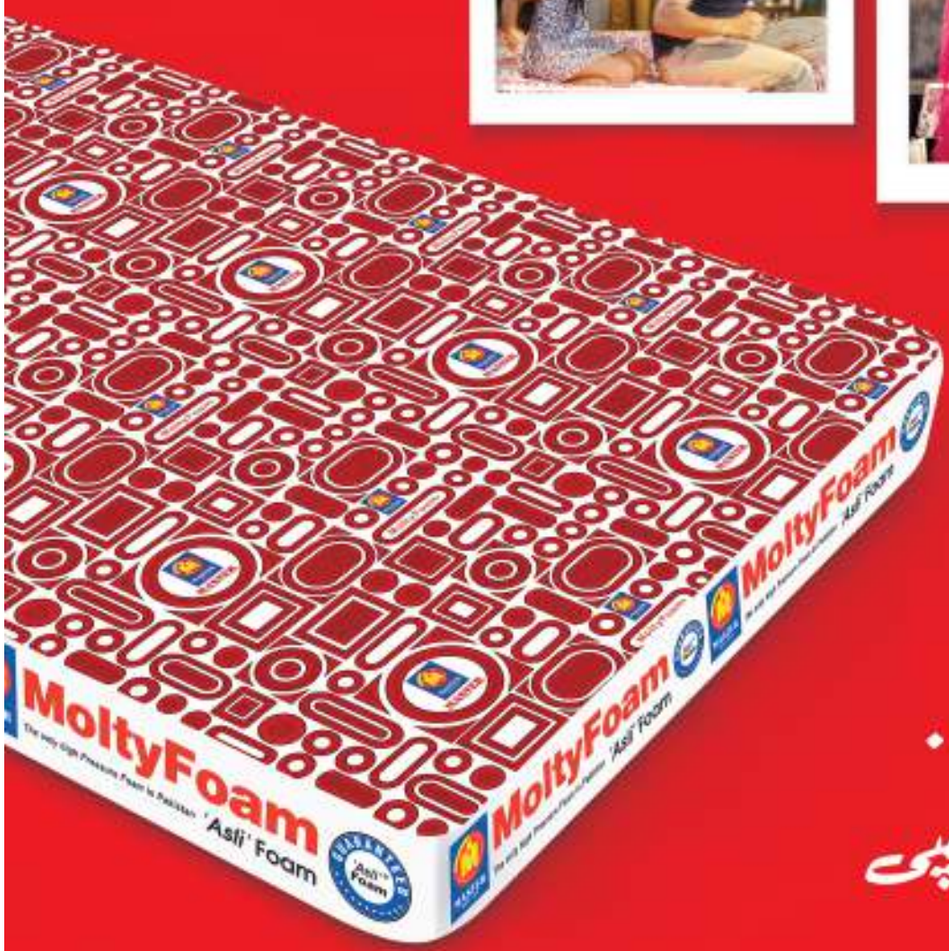
# MoltyFoam

## 'Asli' Foam







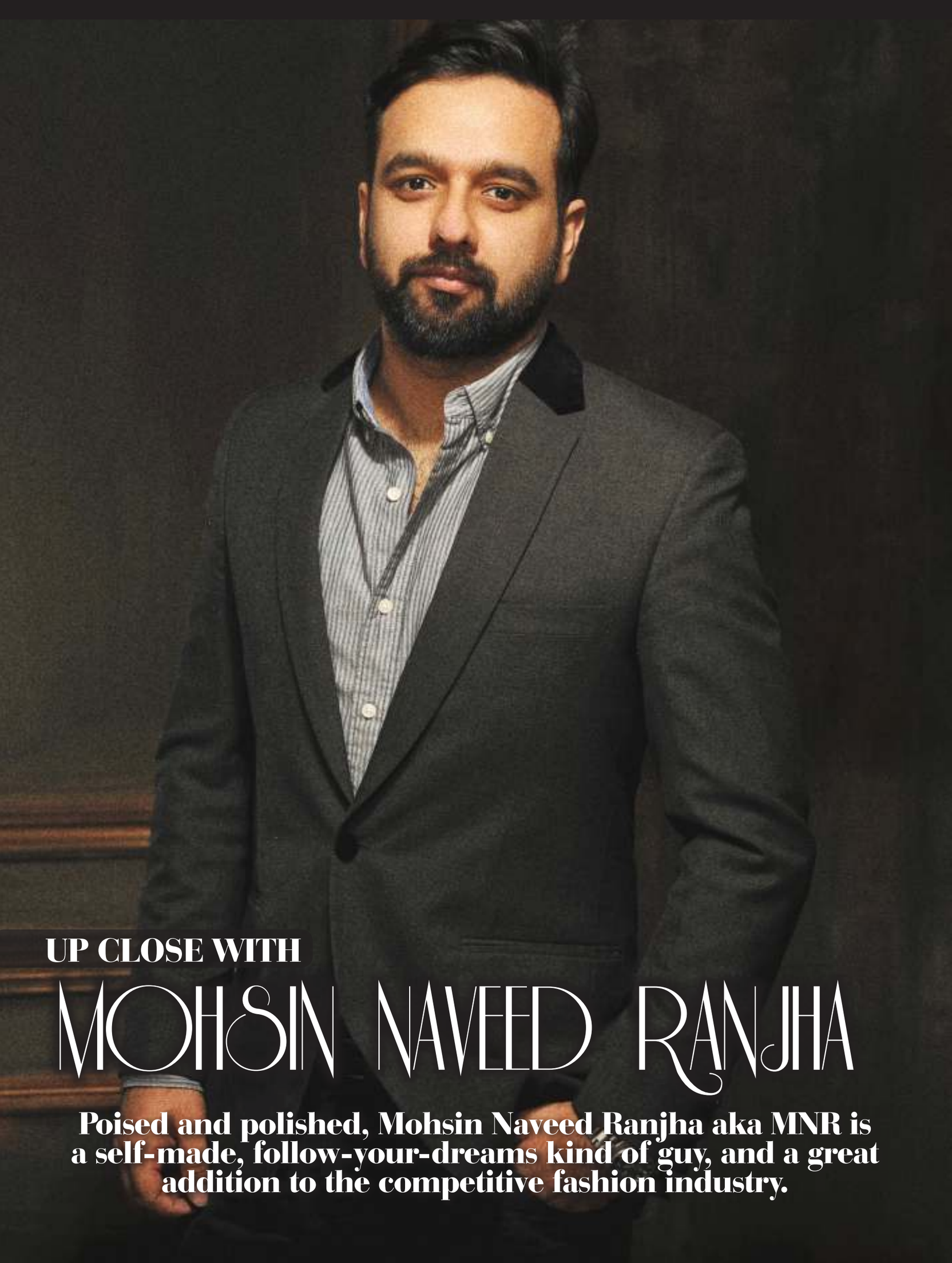



تم میں ہے . . .

اِک طاقت چُھپی

BUY ONLINE : www.moltyfoam.com.pk

UAN : 111 666 555



## UP CLOSE WITH

# MOHSIN NAVEED RANJHA

**Poised and polished, Mohsin Naveed Ranjha aka MNR is a self-made, follow-your-dreams kind of guy, and a great addition to the competitive fashion industry.**




Mohsin Naveed Ranjha hails from Gujranwala where his factory is based, and spends more time there, because he believes "what am I going to do at my M.M. Alam Road outlet in Lahore if I am not going to produce the best possible product where it's being made". Attention to detail, quality and a gorgeous colour palette are his specialties. Remember the social media buzz with Maya Ali walking down cobbled aisles of the old city, draped in a beautiful and traditional ice-blue embellished dupatta with *gotah* edgings over a long white shirt? Read on about MNR; his past's diversity (from studying pre-medical, to technology, to painting, fashion and textiles), and now his focus on creating utmost quality pieces of clothing, as well as his plans of expansion towards Dubai. He is also excited to talk about his designs for the upcoming film Parchi, starring Hareem Farooq and Ali Rehman Khan.

**Where did you study from?**

**MNR:** I come from a strong textile background as my father owns Ranjha Silk Industry and my family are constantly engaged in the textile sector. I went in a slightly different direction and decided to study fashion and textile during my BA from GIFT University. In fact, even before that, I had done my pre-medical, but always found inspiration in painting and then fashion. I had always been actively involved with fashion and design, which inevitably led me to go to fashion school. This, in turn, opened the door for me to become a designer.

Your clothes are both traditional and modern. Who inspires you, historically, to make your traditional line?

MNR: One designer that I greatly admire is Bunto Kazmi. Her work is astounding, with its classic charm and manifestation of culture and heritage. She gives a whole new meaning to conventionalism and that is what essentially inspires me to incorporate these elements in my own designs.

**What is your favourite fabric and kind of work?**

**MNR:** I feel that raw silk and banarsi, with their radiance and luster, are timeless in their appeal. Organza, however, is my new favourite as it augments the beauty of intricate and exquisite needlecraft.

Like every designer carves his niche, what kind of work do you feel you have built on and that clients expect from you most?

MNR: I am a lover of nature and I try to celebrate its beauty and splendor through my designs. I also focus on sensuous and ultra-feminine silhouettes; I like to work with different and brighter colours and handmade embellishments. I like vintage work, and *vasli* is my favourite technique. I like working with *gota* too.

**How do you divide your days, between your head office in Gujranwala and your stores in Lahore?**

**MNR:** I start off the day by overseeing the operations in Gujranwala and then travel to Lahore three or four times a week, to manage operations there. I think if the time is managed well, the day rolls itself out pretty smoothly.

**Which city do you feel is the fashion capital?**

**MNR:** I think Karachi. They have so many designers, and their drama and film industry really gives them an edge too. But the rate at which Lahore is going, it'll soon be the fashion capital in a few years.

**Do you feel that you've developed a monopoly**



> “I have designed the main outfits for the song “*Billo hai*” in the film *Parchi*. This includes Hareem’s *lehnga* as well as the four main actors’ outfits.”

**in your hometown? Or do clients still insist on flocking to Lahore for their wedding season shopping?**
**MNR:** I have received a lot of recognition in my hometown which I am extremely grateful for. People really appreciate my work. But wedding season shopping entails a variety of things for which Lahore is the place to go.

**How big is your set up in Gujranwala?**
**MNR:** We have this huge team in Gujranwala which is more like a family. We have our pattern makers and craftsmen and we share a very close bond. I have to say, it’s one big united team that I am very proud of! The backbone of our company is our MD, Abu Bakar Naveed Ranjha, my younger brother. He looks after all the accounts, orders and the whole business side, whereas I handle the design department, clients, PR and marketing. We have about 10 designers working for us, out of which three are from Lahore. Some are also PIFD graduates. They work on upcoming collections as well as customized orders.

**What is your opinion on the general fashion trends when it comes to wedding wear?**
**MNR:** Well, I think heavy embellishments and embossed fabrics are the way to go this season!

**What’s your fashion ideology: do you prefer minimalistic work, allowing the fabric to speak for itself, or a specific type of work?**
**MNR:** The way the right fabric and the handcraft meld together to be draped in an exquisite silhouette and cut is what beautifies the entire attire. These three elements have to be used in right proportions to make the amalgamation truly wonderful!

**What price range do your bridals begin from? Do people think you’re expensive?**
**MNR:** Bridals start from 400k. I think that the quality we offer justifies the price and our constant efforts are directed towards providing the best for your special day. I am very particular about the quality control because I’ve seen renowned designers’ clothes being showcased on the ramp with beads falling off. Even when we prepare bridal samples, we shake the mannequin to test that no beads or tassels fall off. So at the end of the day it comes down to the quality and I’m proud of what we offer in terms of that.

**Are you particularly conscious of the clientele carrying your image? Or do you believe in diversity?**
**MNR:** I think diversity is the way for me. Every client is different and my job is to offer something which is in tune with the likes of each one of them.













**Who designed your Lahore outlet? What did you have in mind and what kind of image did you want to portray?**
**MNR:** Maria Niazi was the one who designed my studio. I had always envisioned a place where my creativity could thrive, where ideas collide and that collision results in something magnificent. Hence, the ambience in my studio is one that stimulates the creative process. I think the store gives a very regal image which has been deliberately kept this way to radiate an aura of traditionalism.

**How heavily do you market your work? What works for you best, considering it's such a competitive market?**
**MNR:** We are quite active on these modern marketing mediums now since most of our clientele has a presence on social media, but my own rule is that the customer is your biggest marketing machine. A happy customer is a lifelong customer. Hence, all our efforts are directed towards providing the best service to our clients.

**Which photographer and makeup team do you like working with best?**
**MNR:** I enjoy working with people who share the same understanding of the concept as it becomes easy to execute ideas smoothly and flawlessly. I have worked with Paragon Studios and it has been a great pleasure to have them on board. For my future projects, I have Abdullah Haris and Ather Shahzad in mind.

**Do you have any upcoming projects displaying your work?**
**MNR:** I have designed the main outfits for the song "*Billo hai*" in the film *Parchi*. This includes Hareem's *lehnga* as well as the four main actors' outfits.

**How do you like to dress up personally?**
**MNR:** I am quite partial towards blues and blacks. In a casual setting, you will find me in jeans and a polo, and at a formal event, I will be in a crisp suit.

**Tell us about your family.**
**MNR:** I am a true definition of a family man! We are a very close knit family and have a very strong relationship. My wife is a doctor and I have one daughter who I am extremely close to. I think family is one of the most important pillars of life and I cherish each and every moment I spend with mine. OK!

INTERVIEW: AMIRA ZAIDI
PHOTOGRAPHS COURTESY OF MOHSIN NAVEED RANJHA





# WHAT'S IN HER BAG?

*The immaculately dressed, chic from head-to-toe and über talented designer Ayesha Farook reveals what she totes around in her Hermès Kelly.*





The Urban Decay Wildfire is my go to lipstick! I wear it in the day as well as at night. It's a lovely orange and gives the face a very fresh tanned look. I'm so scared it'll be discontinued so I've stocked enough for a year.




Chewing gum – I love it and always have it. It keeps you fresh.



I love this Hermès Kelly wallet as it holds all sizes of currency. You will find less rupees and more random left over foreign currency as I'm always travelling. I also end up using it as a mini clutch when I'm not in a mood to carry my bag.



I think I need a new pair of hoops! I have been wearing my gold Bvlgari earrings on a daily basis for the last three years! Absolutely love them.



I always keep bracelets handy in case I have to step out for lunch. I end up wearing them in the morning to work but by mid-day they're tossed in the bag.





Bought these Fendi glasses earlier this year and I'm loving the shape. Of course this is something we can't step out without!



You'll always find swatches, buttons, and pins in my bag as I'm shuttling for workshops.

I'm currently carrying my Kelly. The colour being so neutral, it ends up going with everything I wear. It takes me a month before I change my day bag as it's got so much hoarded in it.



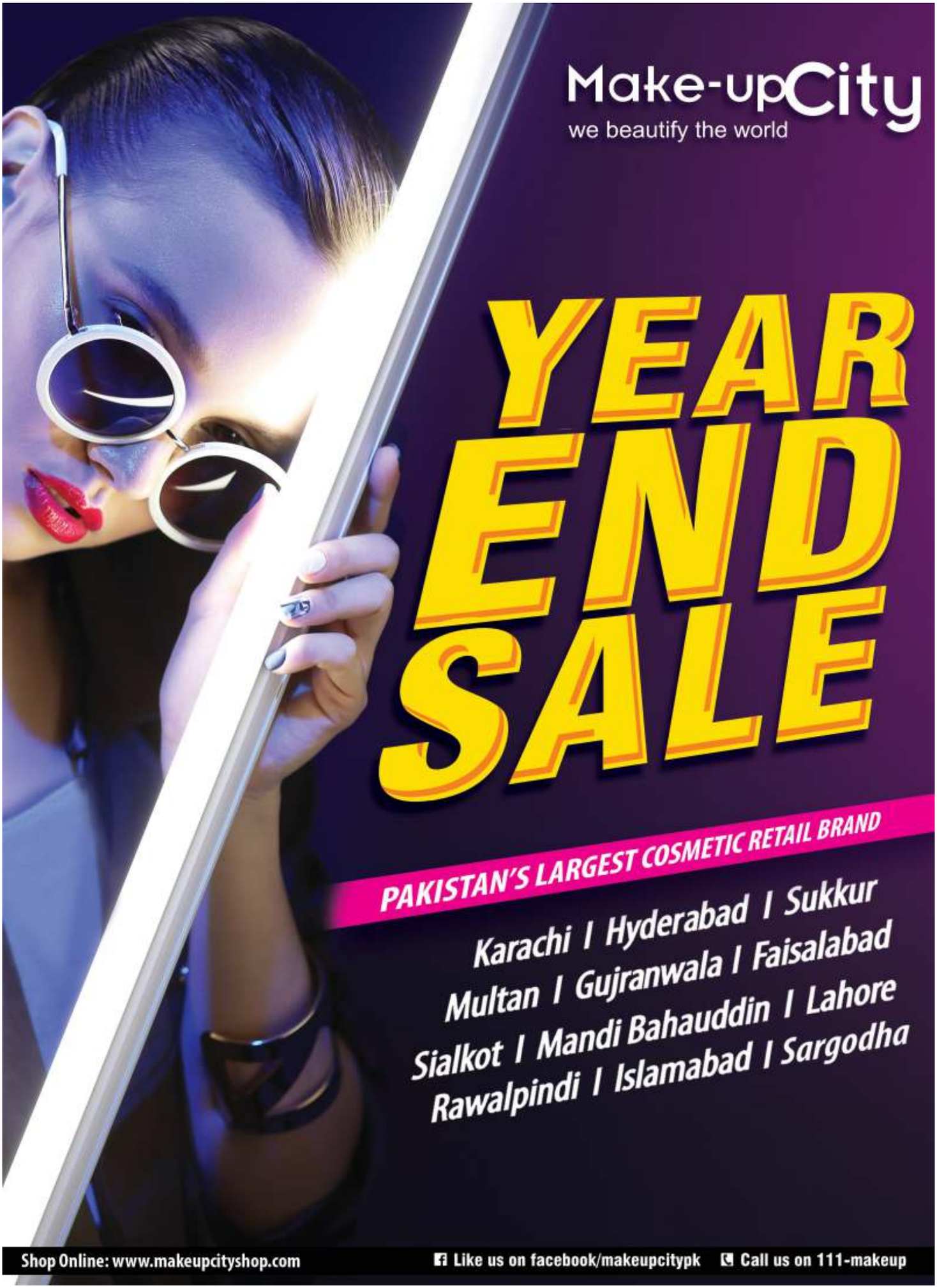

I have a huge collection of ouds but this one is my ultimate favourite. Even if I have sprayed on something else, I'll end up spraying the Armani Privé Myrrhe Impériale! It's divine!




I'm prone to migraines so I always have Aleve handy. It works like magic!



Cheque books are something I can't move without!


Make-upCity
we beautify the world
YEAR END SALE
PAKISTAN'S LARGEST COSMETIC RETAIL BRAND
Karachi I Hyderabad I Sukkur
Multan I Gujranwala I Faisalabad
Sialkot I Mandi Bahauddin I Lahore
Rawalpindi I Islamabad I Sargodha
Shop Online: www.makeupcityshop.com
Like us on facebook/makeupcitypk
Call us on 111-makeup

# BEAUTY *Essentials*





## YOUR NEXT BEAUTY INDULGENCE

Glowing skin has been trending for more seasons than we can count. A good primer, foundation and highlighter works wonders but a good base – healthy, radiant complexion is essential. Indulge in the VINTNER'S DAUGHTER Active Botanical Serum to brighten, firm and clear complexion. It's the beauty industry's most buzzed-about serum with celeb devotees like Gwyneth Paltrow and Rachel Weisz smitten by it. Made from the world's most nutrient rich botanicals and essential oils, it is a skincare game changer and a must have product for any beauty devotee out there!
PKR 19,000; www.vintnersdaughter.com

## GARNIER 3-in-1

So GARNIER launched a new product and we're excited! It can be used as a wash, a scrub and one to two times a week can be applied to dry skin as a mask. Enriched with clay, the GARNIER Pure Active 3-in-1 Clay is a lazy girl's ammunition against clogged pores and dull skin. It includes zinc, salicylic acid and eucalyptus and works like a charm for gals with oily skin.
PKR 159; Available at all leading stores




## SPARKLY LIDS

Winter in Pakistan means a chock-a-block calendar of social events. With so many events, we suggest you rethink your basic make-up routine and revamp your look. If you only do one thing, change your basic black eyeliner to a metallic silver one to sparkle the night away. Check out how celeb Yara Shahidi incorporates the look or how make-up guru Nabila styled models Sadaf Kanwal and Zara Abid with silver rhinestones at the TDAP Emerging Pakistan show to get the look.





## NOT SO ORDINARY

Julianne Moore, Tilda Swinton and Cindy Crawford are all celebs and models over the age of 50 with phenomenal skin. Giving us some serious #Goals, we too aspire to age gracefully with flawless, pristine, wrinkle-free skin. Starting early and knowing your ingredients is crucial! One of the most important ingredients in the skincare realm is Hyaluronic Acid. Actively using it will make your skin supple, wrinkle-free and radiant.
Try THE ORDINARY Hyaluronic Acid 2% + B5 to combat aging and boost your skin with nutrients. It gives results and doesn't break the bank.
PKR 800; www.facebook.com/theskinmaskuerade







## COLOUR ME RED

Bright, red lips with glossy skin are all you need for a night about town! At the Emmy's, Claire Foy, Reese Witherspoon and Nicole Kidman were all spotted with vibrant, red pouts. Indulge in the YVES SAINT LAURENT Vinyl Cream Lip Stain in Psychedlic Chilli to turn up the ante this season!
PKR 3,600; www.sephora.com





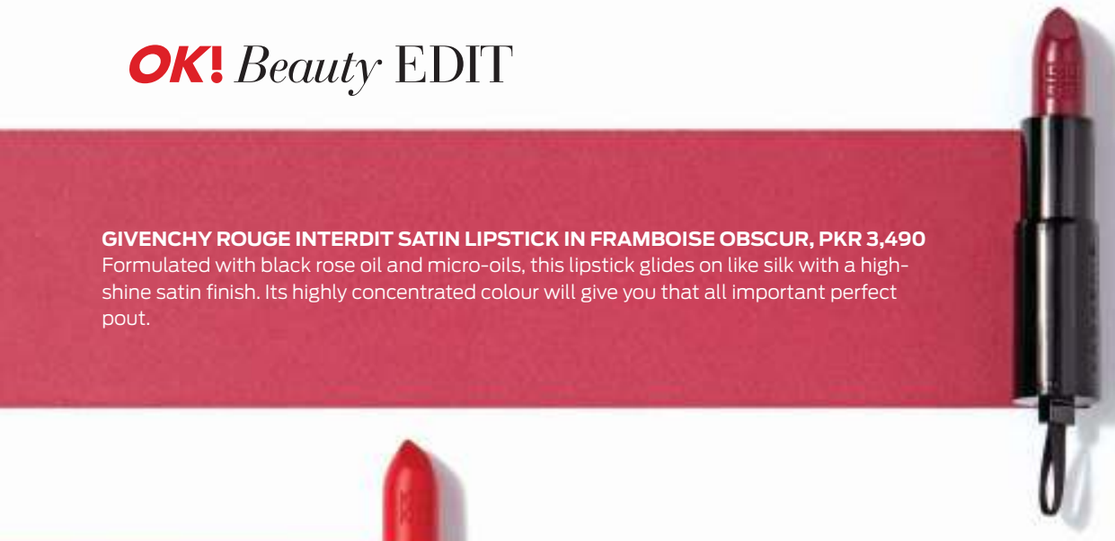


TEXT: ALIZEH PASHA; PHOTOGRAPHS: GETTY

*prices are approximate*

# BERRY NICE

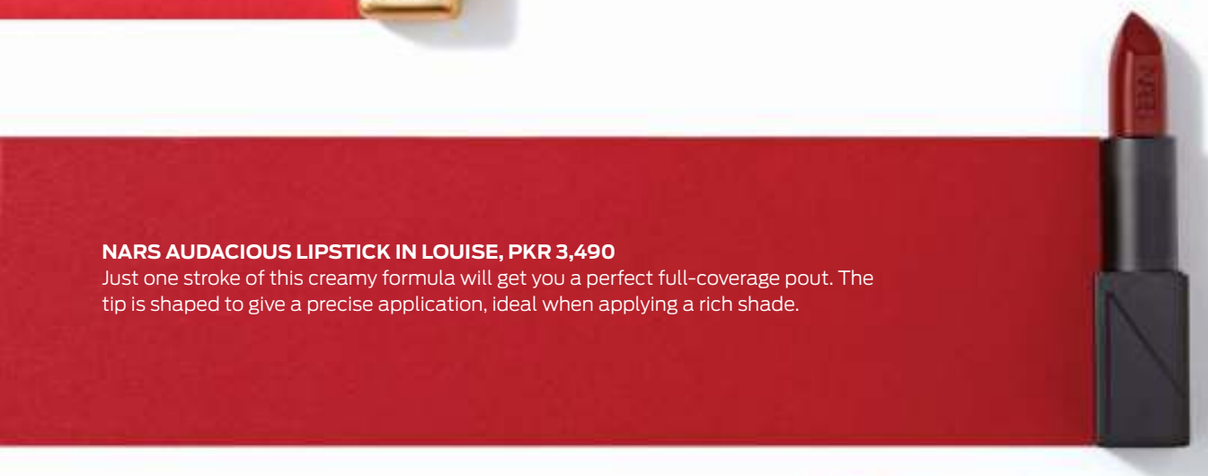
## PUCKER UP FOR THIS SEASON'S MUST-HAVE SHADES



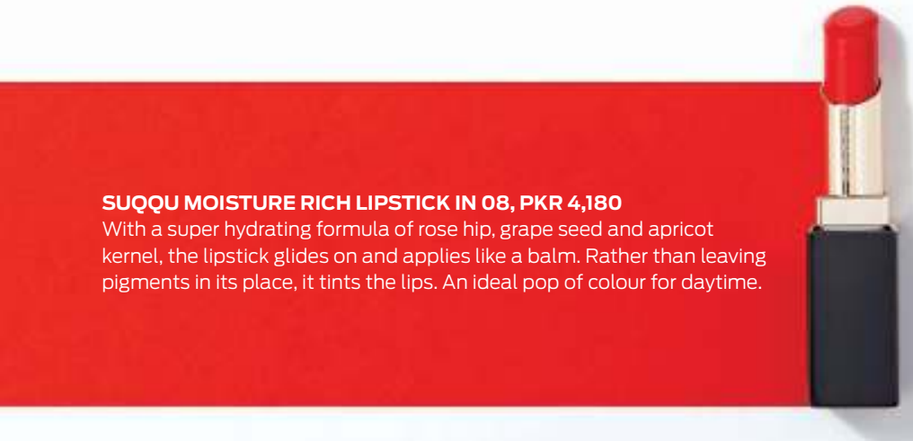
**GIVENCHY ROUGE INTERDIT SATIN LIPSTICK IN FRAMBOISE OBSCUR, PKR 3,490**
Formulated with black rose oil and micro-oils, this lipstick glides on like silk with a high-shine satin finish. Its highly concentrated colour will give you that all important perfect pout.



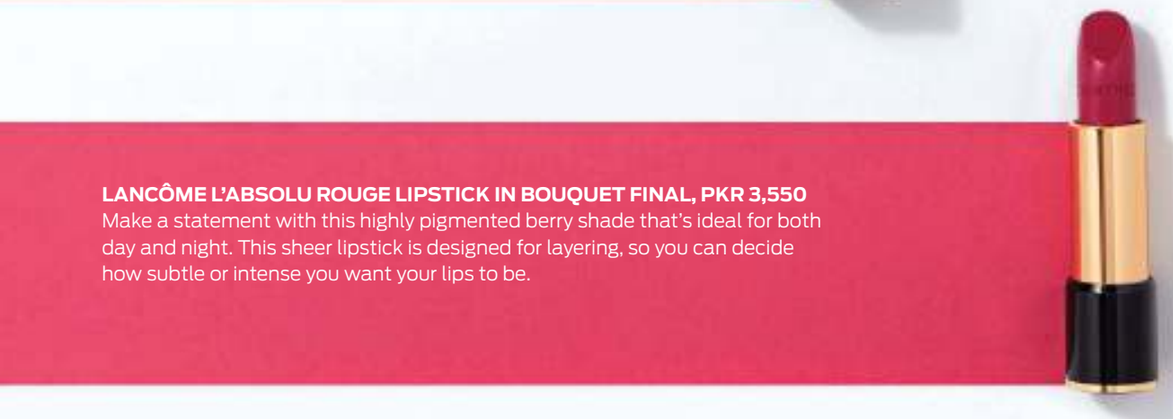
**GUERLAIN KISS KISS MATTE LIPSTICKIN DARING PINK, PKR 3,830**
Enriched with hyaluronic acid and Nigella sativa oil, this lipstick provides a gentle treatment beneath this bold shade to improve the lips' condition and plump them up. A real all-rounder.



**NARS AUDACIOUS LIPSTICK IN LOUISE, PKR 3,490**
Just one stroke of this creamy formula will get you a perfect full-coverage pout. The tip is shaped to give a precise application, ideal when applying a rich shade.



**SUQQU MOISTURE RICH LIPSTICK IN 08, PKR 4,180**
With a super hydrating formula of rose hip, grape seed and apricot kernel, the lipstick glides on and applies like a balm. Rather than leaving pigments in its place, it tints the lips. An ideal pop of colour for daytime.



**LANCÔME L'ABSOLU ROUGE LIPSTICK IN BOUQUET FINAL, PKR 3,550**
Make a statement with this highly pigmented berry shade that's ideal for both day and night. This sheer lipstick is designed for layering, so you can decide how subtle or intense you want your lips to be.

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY MEGAN BRAMLEY; STOCKISTS: GIVENCHY AT WWW.DEBENHAMS.COM; GUERLAIN AT WWW.JOHNLEWIS.COM; LANCÔME WWW.LANCOME.CO.UK; NARS WWW.NARSCOSMETICS.CO.UK; SUQQU AT WWW.SELFRIDGES.COM

# GET THE LOOK

## NARGIS FAKHRI

*Nargis Fakhri's radiant, highlighted and dewy skin knows no bounds! Her glowy, sultry look is inspirational and perfect for this festive season. Here's how you can own the look!*




**1** **CHARLOTTE TILBURY**'s Light Wonder in Fair gives you a radiant and dewy complexion while covering imperfections seamlessly. PKR 4,500

**2** Once you fill in your brows, you'll never stop – it's a definite game-changer. Try **ZHOOSH**'s Brownies in Mocha to wow your brows and you'll be thanking us for years to come. PKR 950







**3** Sweep the **MAYBELLINE NEW YORK** Face Studio Master Blush over the apples of your cheeks and add colour to your face. PKR 899

**4** No other palette will make you glow like **HUDA BEAUTY**'s 3D Highlighter in Pink Sands! Use it generously and glow all night long. PKR 5,700





**5** Glossy plumped up lips like Nargis Fakhri's couldn't look any sexier. Get the look with the **GLAMGLOW** Plumprageous Lip Treatment in Lusty. PKR 1,900




**6** Want radiance all over? **The COVER FX** Custom Enhancer Drops in Celestial will rock your socks. A drop of this elixir will give you a lit from within glow. PKR 4,200



**7** The **INGLOT AMC** Eyeliner Gel is a foolproof way to line your lids. PKR 1,600




**8** Our latest obsession is the **NARS** Soft Matte Complete Concealer! It's revolutionary in terms of coverage and longevity. PKR 3,000




**9** No look is complete without fluttery lashes. Apply the **L'ORÉAL PARIS** Volume Million Lashes Feline Mascara to stand out in a crowd. PKR 2,500




**10** Contouring can be hard if you're a beginner, therefore we suggest anyone - rookie or not - to start with **NYX**'s Wonder Stick. It glides on, is long-lasting and gives you a bang for your buck. PKR 1,200




STOCKISTS: HUDA BEAUTY www.hudabeauty.com; COVER FX, NARS, GLAMGLOW www.sephora.com; ZHOOSH www.zhooshmeup.com; NYX www.nyxcosmetics.com; INGLOT www.inglot.com; CHARLOTTE TILBURY www.charlottetilbury.com; MAYBELLINE NEW YORK, L'ORÉAL PARIS www.daraz.pk; *prices are approximate*

# WINTER SAVIOURS

## IT'S TIME TO PROTECT YOUR SKIN FROM THE ICY CHILL




**1 EAU THERMALE AVÈNE HYDRANCE OPTIMALE HYDRATING SERUM, PKR 2,370**
With its unique complex formula, this replenishes skin with the vital water supplies that it craves during the winter and can keep it hydrated for up to 24 hours after application. It's an everyday essential for all skin types and will leave your complexion looking radiant and smooth.

**2 SHISEIDO WASO CLEAR MEGA-HYDRATING CREAM, PKR 4,460**
This refreshing and lightweight clear cream is enriched with carrots, as they're high in water and nutrients and will help plump, hydrate and nourish your complexion. Skin will feel silky soft and revitalised – what more could you want?

**3 ANNE SEMONIN EXTREME COMFORT BODY CREAM, PKR 6,690**
This nourishing moisturiser will protect and repair skin from the winter chill. It is formulated with beeswax to protect against the elements while macadamia nut oil and sunflower seed oil soothe and hydrate, to get rid of the rough feel of dry skin.

**4 DECLÉOR PROLAGENE LIFT 1 MINUTE FLASH MASK, PKR 6,700**
This mask will transform dull and grey wintery skin to a radiant glow instantly. The gel cream helps to tone, firm and smooth the appearance of fine lines and wrinkles. Apply one to two times a week after cleansing and say hello to a fresh complexion.

**5 ELIZABETH ARDEN EIGHT HOUR SKIN PROTECTANT NIGHTTIME MIRACLE MOISTURISER, PKR 4,600**
This lightweight balm cream restores and renews skin throughout the night, sealing in moisture to keep it hydrated. Plus its lavender-like scent calms and relaxes the senses for the ultimate beauty sleep.

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY MEGAN BRAMLEY; STOCKISTS: EAU THERMALE AVÈNE AT WWW.BOOTS.COM; ELIZABETH ARDEN WWW.ELIZABETHARDEN.CO.UK; ANNE SEMONIN WWW.ANNESEMONIN.COM; DECLÉOR WWW.DECLEOR.CO.UK; SHISEIDO WWW.SHISEIDO.CO.UK

OK! Beauty EDIT

# INTO THE WOODS

## THESE UNIQUE SCENTS HAVE COME OUT OF THE WOODWORK JUST IN TIME FOR WINTER

**Jo Malone English Oak and Redcurrant Cologne 100ml, PKR 12,540**
If a woody scent isn't your usual preference, then this one is for you. With a heart note of rose and a top note of redcurrant, it's a light, crisp fragrance with a fruity twist.

**Acqua Di Parma Ebano Eau de Cologne Concentree 100ml, PKR 23,700**
Citrusy scents of petit grain and bergamot are combined with warm ebony, vetiver and patchouli for a fresh and modern fragrance.

**Valentino Donna Noir Absolu Eau De Parfum 100ml, PKR 16,230**
This digs deep into the floral note of rose, with a drydown – the lingering scent after the top notes have faded – of plum liquor, sandalwood and black leather. It's a perfect combination of soft, spicy and musky.

**Diptyque Vetyverio Eau De Parfum 75ml, PKR 14,630**
Hints of grapefruit, patchouli and rose are blended with intense vetiver to create a sophisticated, yet contemporary, scent that's ideal for both men and women.

**Comme Des Garçons Wonderwood Eau De Parfum 100ml, PKR 12,540**
With a combination of rich woody notes such as oud, cedarwood and sandalwood with spicy pepper and nutmeg, this makes for the perfect crisp musky scent.

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY MEGAN BRAMLEY; STOCKISTS: ACQUA DI PARMA WWW.ACQUADIPARMA.COM; COMME DES GARÇONS AT WWW.SELFRIDGES.COM; DIPTYQUE WWW.DIPTYQUEPARIS.CO.UK; JO MALONE WWW.JOMALONE.CO.UK; VALENTINO AT WWW.HARRODS.COM

JUMP ACTIVATIONS

# CELEBRATE THE *Bride-to-Be*

BEAUTIFUL BRIDAL PLATTERS & PACKAGES BY AZTEC CHOCOLATE



Come in to our store and discover amazing gift giving options for all occasions this wedding season.

Customise your order with a choice of over 45 delicious chocolates, striking boxes and elegant platters so that your gift is truly unique.

Khayaban-e-Badar, between Saba Avenue & 26th Street
+92 21 35062776
www.aztecchocolateshop.com
aztecchocolateshop

A BRAND BY Pie in the Sky

AZTEC

# MY WONDERFUL LIFE

Beauty inside and out, Shaniera Akram talks to *OK*! about kindness, her fitness regime, her favourite celebrity Edhi, and lots more...



**Favourite getaway?**
Hands down – Bali! It's my all time favourite, my soul is there, it never leaves.




**Favourite scent?**
I love classics like Coco Chanel, but my two signature favourites are Elle Saab and Michael Kors.

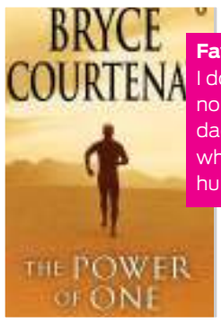
**Favourite style icon?**
My mother and my grandmother. My mother always wore all the latest fashion even just to pick me up from school. And she is so beautiful that she doesn't even have to try; she steals the show wherever she goes. Even when going for exercise she always wears amazing bright orange-pink lipstick with her hair done to perfection. She's a knock out! My grandmother dressed her best from pearls, shirts, French scarves and A-line skirts with belts even when she was 85 just to go to the supermarket. She was the ultimate lady!



**Last extravagant buy?**
You will never see me purchasing anything really expensive; I leave that to my husband. He is very romantic and knows what I like and if I'm lucky I don't have to wish that hard for it.

TheAkramFoundation

**What are you most passionate about?**
Apart from my kids it would have to be our foundation. I'm committed to easing suffering and spreading happiness where I can.




**Favourite book?**
I don't read anymore, I just have no time. But if I had to pick, my dad gave me *The Power of One* when I was young. That book hurt to the core.

**Favourite restaurant?**
In Pakistan I love Okra, Gai'a, Flo and my new favourite EverGeeen. For a desi fix, I love Kolachi. In Australia, anything in Melbourne is good.

**Celebrity crush?**
My husband.



**Ideal weekend?**
Working, haha! I'm not that good at relaxing; my husband thinks I'm completely crazy.



**Can't live without...?**
Kindness – we all need that from time to time. Whether it's a hug, someone asking how you are, some nice words, doing something for someone for no reason or just focusing on someone's good points rather than their bad. The world needs more kindness.

**Guilty pleasure?**
I think it's safe to say that everyone will agree with me when I say halwa puri is my guilty pleasure!




**Favourite TV series?**
*Game of Thrones*, *House of Cards*, *Breaking Bad*, *Sons of Anarchy*, and *Vikings*. I also just completed an Australian series on Netflix called *Offspring* – it's so Aussie I loved it!



**Beauty extravagance?**
My hair! If I'm having a bad hair day nothing feels good. And I always spend on my lip gloss. I'm blessed with some pretty amazing lips and I always need to keep them hydrated; it's like a round-the-clock job!

**Favourite past-time?**
Spending time with my family and friends all in the one place.

**Three must-haves in your bag?**
I never know where I'll be on a daily basis so my handbag "must haves" are Dettol hand wipes or antibacterial sanitizer, mosquito repellant, and tissues at all times! Oh, and my favourite hydrating lip gloss – I can't live without it.


TURKISH AIRLINES
BEST PART OF THE JOURNEY
STOPOVER
IN ISTANBUL
HOTEL
1 NIGHT IN A 4 STAR HOTEL FOR ECONOMY CLASS
FREE HOTEL & EASY VISA
2 NIGHTS IN A 5 STAR HOTEL FOR BUSINESS CLASS
FOR UNITED KINGDOM, IRELAND, USA, CANADA, SCHENGEN AND SAUDI ARABIA (HADJ-UMRAH) PASSENGERS
FREEHOTEL@THY.COM | +92 21 384 02 333 | TURKISHAIRLINES.COM
A STAR ALLIANCE MEMBER
20 YEARS

# A WINTER WONDERLAND

## *OK*! HEADS TO BRUSSELS FOR CHRISTMAS SHOPPING AND CELEBRITY SPOTTING

The Grand Place, Brussels' central cobblestone square that's lined on all sides by opulent historic buildings, has been called Europe's most beautiful square – and it really is a sight to behold. Visit in December and you'll find it has been transformed into a magical winter wonderland, with a nightly light and sound show as part of the city's Winter Wonders festival. Dominated by a giant Christmas tree, visitors can shop at the 200 festively-festooned wooden chalets selling traditional handmade gifts. *OK*!'s Zoë Hill hopped on the Eurostar for a weekend of Christmas cheer...




### WHERE CAN I STAY?

Just a short stroll from the Grand Place is the Hotel Metropole, a historic landmark that's been welcoming royalty and celebrities since 1895. The 262-room luxury hotel appeared in the film *A Royal Night Out* starring Rupert Everett and Emily Watson. It has an enviable central location on Place de Brouckère and is only a short walk from Central Station, Parc de Bruxelles and the chocolate museums. *OK*! felt as though we were entering a lavish palace when we walked into the lobby and







marvelled at the hotel's majestic Belle Epoque interiors with marble, stained glass windows and chandeliers. Order a drink at Le 31 lobby bar or dine at the grand Café Metropole, an upmarket brasserie, and you'll be transported to a glamorous bygone era.

## WHICH STARS WILL I SEE?

The Hotel Metropole has an illustrious visitor's book, with everyone from members of the Belgian royal family and former American presidents to Emma Thompson, Monica Bellucci and Avril Lavigne having stayed. Check out the signed celebrity autographs and postcards in the hotel lobby. Supported by Noel Gallagher's High Flying Birds, U2 played the final date of their Joshua Tree 2017 tour at Brussels' Stade Roi Baudouin recently.

## WHAT CAN I DO?

Follow in *OK!*'s wobbly footsteps by taking a turn around the skating rink at Place de la Monnaie or hop aboard the Ferris wheel at St Catherine's Square and enjoy the magnificent views of the festivities below. Elsewhere, pay a visit to the city's most famous resident, Manneken Pis, a 17th-century bronze statue of a young boy urinating in a fountain – locals take great delight in dressing him up in a range of costumes, so don't be surprised if you see him in a Father Christmas outfit!

Hop on the tram to see the Atomium. The striking building – depicting nine iron atoms magnified 165 billion times – stands at more than 300ft tall with nine stainless steel spheres connected by stairs, escalators and a lift. Take the lift to the top for the most incredible views of the city, while each sphere hosts a fascinating exhibition.

Tintin fans should keep their eyes peeled, with the local comic book hero appearing on 40 murals around the city – join a guided tour or discover them for yourself.

Or head further afield to the picturesque city of Ghent, a 30-minute train ride away. Explore the cobbled streets on foot, hop on a canal boat for beautiful views of the Old Town or shop at the Christmas market.

## WHERE CAN I SHOP?

For Christmas crafts and artisan gifts, your first stop should be the festive stalls on the Grand Place. You can also stock up on presents along the pedestrianised Rue Neuve, where you'll find High Street chains, the City 2 shopping arcade and the Galeria Inno department store. If Father Christmas is feeling particularly generous, you'll find designer labels on Boulevard de Waterloo, high-end boutiques on Avenue Louise and emerging Belgian designers on Rue Antoine Dansaert. If you're planning to give beautiful boxes of handmade Belgian chocolates as gifts, there are plenty of stores all around the city. Our favourites were Le Comptoir De Mathilde and Mary, the famous chocolatier on Rue Royale.

## WHERE CAN I EAT?

You can't leave Brussels without eating one of the city's famous waffles, and *OK!* discovered that our eyes were bigger than our stomach when we ordered one smothered in strawberries, fresh cream and chocolate sauce at Maison Dandoy. Mussels and chips are also a local delicacy, with many restaurants offering these moules frites. We tucked into ours at an outside table at Drug Opera. The heaters kept us warm while enjoying a spot of people watching, but make sure you admire the lavish interiors of the indoor dining room too.

Elsewhere, we loved Ricotta & Parmesan, an Italian trattoria where kitchen implements line the brick walls and hang from the ceiling. After browsing the menu of pasta shapes and sauces (with the menu boasting there are 375 possible combinations), we opted for a divine orecchiette with cream of black truffle and Parmesan. Leave room on your way home for some incredible macarons at Pierre Marcolini.

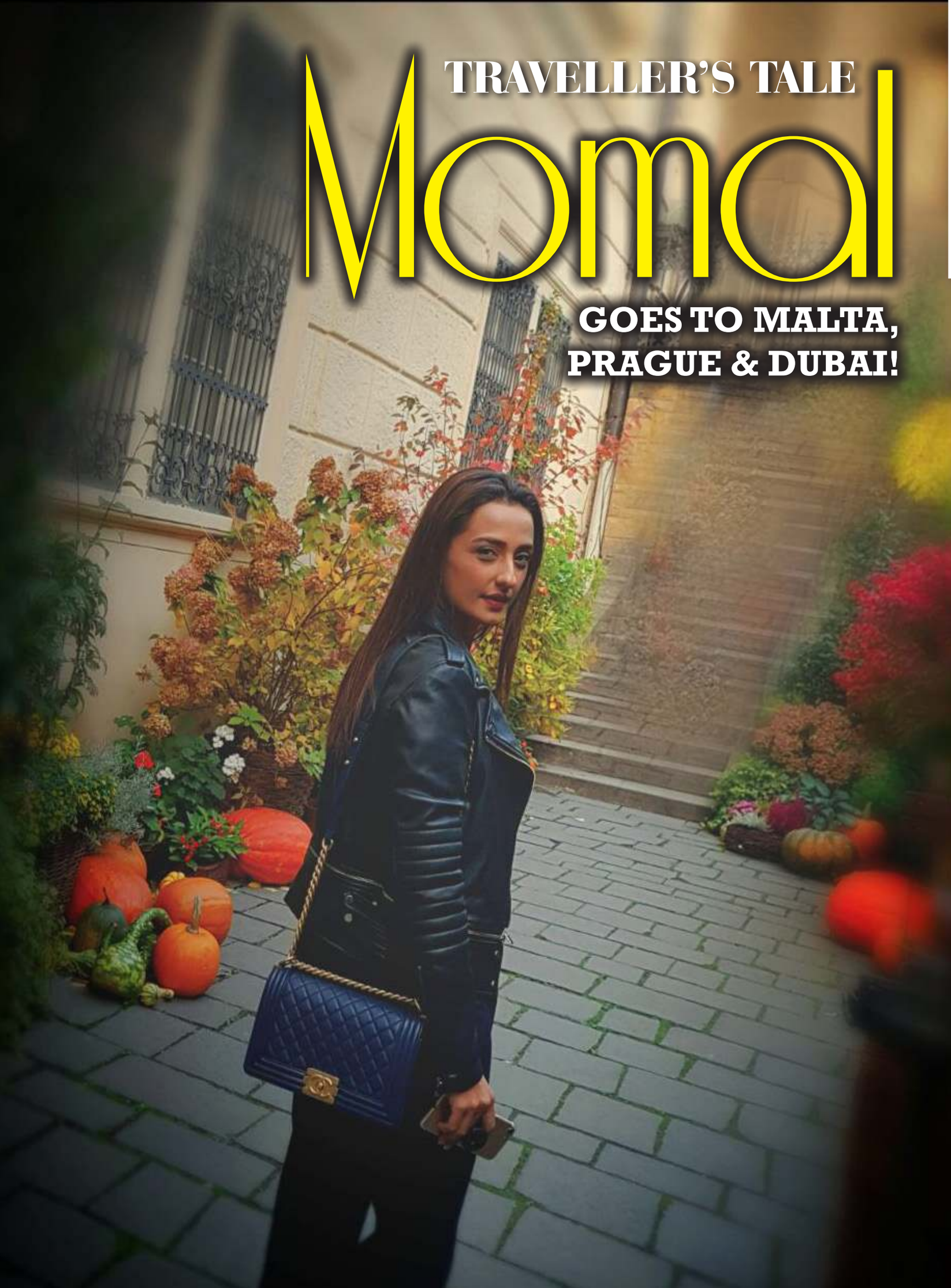
## HOW DO I GET THERE?

Eurostar (www.eurostar.com; 03432 186 186) operates up to 11 daily services from London St Pancras International to Brussels, with fares from £29 one way. Room rates at the Hotel Metropole (www.metropolehotel.com), staying on a room-only basis, start from £92 per night.

THE CHRISTMAS MARKET IN BRUSSELS RUNS FROM NOVEMBER 24 TILL DECEMBER 31 AND THE ONE IN GHENT FROM DECEMBER 8 TILL JANUARY 7. OK!

For tourist information, see www.visitflanders.com; for Christmas markets, see visit.brussels/en/sites/winterwonders; and For more unusual guided tours of the city, see www.visit.brussels/en/article/brussels-unmissable-guided-tours.

REPORT BY ZOE HILL
EDITED BY ANNABEL MACKIE, OK! TRAVEL EDITOR
PHOTOGRAPHS: SHUTTERSTOCK


TRAVELLER'S TALE
Momal
GOES TO MALTA,
PRAGUE & DUBAI!

















**Where did you go?**
**Momal Sheikh:** I visited Malta, Prague and Dubai.

**What made you go here?**
**MS:** I flew to Malta for a friend's wedding and Prague has always been on my bucket list so I went there with a group of friends. And on the way back I stopped over at Dubai for some quality family time.

**What did you pack?**
**MS:** For Malta I packed according to the wedding itinerary and onwards to Prague I knew I'd need some Winter wear. I packed a few essential travel items like an oversized pair of sunglasses, crossbody bag, a good moisturiser, a battery pack, a good fragrance and a comfortable pair of boots or sneakers.

**What was your favourite meal/restaurant?**
**MS:** In Prague I really enjoyed this five-course meal at Buddha Bar – it was a delicious blend of Pacific fusion and Sushi!

**What was your most memorable moment?**
**MS:** My most memorable moment would be in Malta when I got to experience a traditional Indian *baraat*; as per Indian tradition we travelled with the groom to the wedding venue led by Sukhbir who entertained us non-stop. Everyone was dancing and the excitement was amazing. Once we reached the venue we witnessed spectacular fireworks, which were followed by Rahat Fateh Sahib's beautiful songs.

**Favourite shopping destination?**
**MS:** I'm not much of a shopper so shopping is one of the least interesting things for me when I'm travelling but if forced to pick I'd say I prefer London shopping over any other place.

**Some sights worth seeing?**
**MS:** I would recommend everyone to visit Saluting Battery in Malta and if possible witness the cannons firing. In Prague of course the Charles Bridge and the Prague Castle. I strongly recommend the ferry ride, which offers excellent views!

**What are some spots for a night out?**
**MS:** Staré Město is a good area for a fun night out in Prague

**Travel essentials?**
**MS:** I always travel with a scarf, wipes, sanitizer, sleep mask and travel pillow. Also, I use Ziploc bags for all my small items.

**Any travel tips you would like to share?**
**MS:** Drink plenty of water during your travels and wear comfortable shoes! OK!

INTERVIEW: MEHR KASSIM; PHOTOGRAPHS: COURTESY MOMAL SHEIKH

# WHAT'S ON?

## ART EVENTS & EXHIBITIONS AROUND THE WORLD



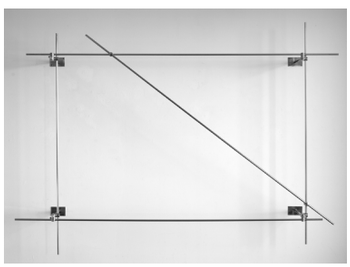
### Designing the V&A

**On going till January 7th, 2018, The Victoria and Albert Museum, LONDON**

Through original drawings and photographs, this display highlights the artists, designers and engineers who created the Victoria and Albert Museum, charting the building's transformation from the 1850s to today, culminating with the opening of the Exhibition Road Quarter. The Exhibition displays a series of detailed maps and plans of the original blueprint, some of them under the direct tutelage of King Albert himself. A series of photographic displays and multi sensory experiences transport viewers back into the history of the Museum.

### Mutter and Genthz: Trusted Surfaces

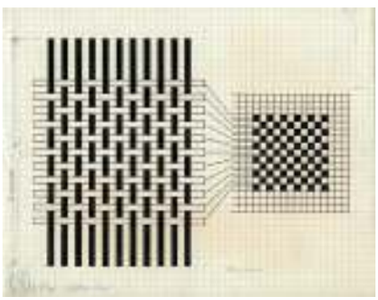
**November 25th, 2017 – February 3rd, 2018, Taubert Contemporary, BERLIN**



Designed as an installation, the exhibition is an exploration into the technical components of the material used by the artists. Heike Mutter and Ulrich Genth are scientists, who engineer and then produce art by creating a material and using that on 'Trusted Surfaces'. The mix media lab-like production results in a material called 'Stoneveneer'. The material is reactive to the movements of the people in the room. It's also able to absorb touch patterns and memories, making it a data collection system. The installation however uses the material in spaces such as kitchens and indoor facades, turning the promise of security and luxury into a threatening scenario. Mutter and Genth have been carrying out site and context specific projects in the public space since 2003, with a focus on participatory elements. The results and experience gained from intensive research for their artistic interventions are reflected at their exhibitions in institutional spaces.

### Anni Albers: Touching Vision

**October 6th, 2017 – January 14th, 2018, Guggenheim Museoa, BILBAO**



This exhibition offers a focused survey of the work of Anni Albers, a textile artist distinguished by the originality of her practice both pictorial and textile, and by her profound knowledge of the materials and techniques of weaving, a craft that is nearly as old as humanity. Paying special attention to the connections between different periods and series, and emphasising recurrent motifs and ideas in contrast with experimental creations, *Anni Albers: Touching Vision* aims to reflect the strength of an artist whose thinking is humane and essential and had a direct influence on her time as well as on future generations of artists. The present selection of Bauhaus works includes preparatory drawings for textiles as well as numerous examples of her research into simple, functional textiles. In the meantime, the pieces created during the 1940s show the liberating effect of experimentation within the artistic community at Black Mountain, where previous rationalist conceptions welcomed an unexpected, intuitive lyricism. It was during this decade that Albers coined the term "Pictorial Weaving" to refer to the tapestries she hand-wove on the loom. *Anni Albers: Touching Vision* is a tribute to the tactile and emotive gaze of this artist, and to her search for conceptual purity and clarity in the execution.

### Superflex: One, Two, Three, Swing!

**On going till April 2nd, 2018, The Tate Modern, LONDON**



*One, Two, Three, Swing!*, has filled Tate Modern's Turbine Hall with swings. An orange line of swings weaves through the hall, which then crosses the gallery and emerges in the landscape to the south of the building. Each swing has been designed for three people by Danish artists' collective SUPERFLEX. Swinging with two other people has greater potential than swinging alone and *One, Two, Three, Swing!* invites us to realise this potential together. Swinging as three, our collective energy resists gravity and challenges the laws of nature. SUPERFLEX is best known for its playfully subversive installations and films. Founded in 1993 by Danish artists Bjørnstjerne Christiansen, Jakob Fenger and Rasmus Nielsen, SUPERFLEX has gained international recognition for collaborative projects and solo exhibitions around the world.

TEXT: AMNA IQBAL



# Culturally Classic...

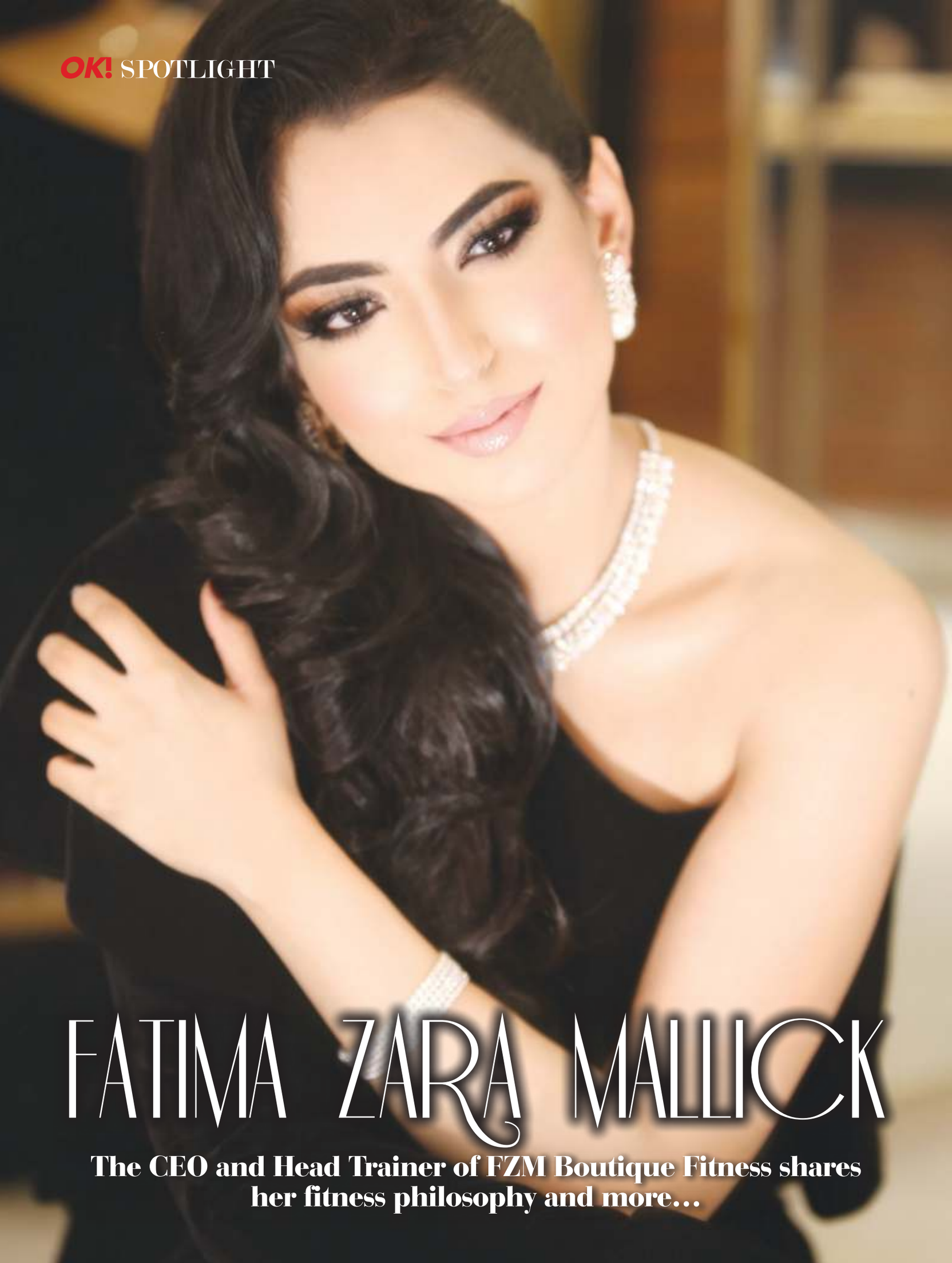
**Luxurious Guestrooms | State of the art Spa & Health Club**
**Diverse Range of Speciality Restaurants | Unrivalled Banquet Facilities**

## SERENA HOTELS

PAKISTAN • AFGHANISTAN • TAJIKISTAN

connect@serena.com.pk | UAN: 111-133-133

serenahotelsofficial serenahotelsofficial serena_hotels



# FATIMA ZARA MALLICK

**The CEO and Head Trainer of FZM Boutique Fitness shares her fitness philosophy and more…**



Fatima Zara Mallick is the CEO and Head Trainer at FZM Boutique Fitness – a concept wellness center providing customised workout and nutrition solutions to a select clientele. Fatima has studied fitness in Italy, Singapore, Thailand and UAE. Today the fitness guru takes us through her day, fitness tips and more.

**Why did you decide to become a fitness trainer?**
**Fatima Zara Mallick:** As a freshman in college I piled on 10 kilos. Ever since then, fitness has become an obsession that led me to my first certification and a part time job as a trainer in Florence, Italy. After moving back to Pakistan, I was appalled by the substandard fitness instruction in the market and started holding private classes for close friends. My approach to fitness was different from the mainstream in that I focused on strength (never weight loss) and eating well (never less). Within a month I had over 50 students and that's when the company FZM Boutique Fitness was born.

**How has your journey been from being a part of the fashion industry and now a trainer?**
**FZM:** I was never a fashion designer. My formal education is in Art History and Fashion Branding and I have worked as a fashion consultant, stylist and model for leading brands in Italy and Pakistan. I continue to work in the fashion industry in addition to running my studio. I'm currently doing a lot of freelance modeling and dipping my toes in the world of acting.

**Are you CPR-certified? What other certifications do you hold?**
**FZM:** I have the following fitness certifications: Crossfit Level 2; Balanced Body Pilates; Real Barre; Piloxing (Pilates and Kickboxing); Bootcamp Instructor (International Bootcamp Alliance, Australia); Zumba; Gymnastics and Street Sport (World Calisthenics Organisation); Kettlebell and Battlerope Specialist Trainer (Functional Training Institute, Asia); Pre and Post Rehabilitation; Pre and Post-Natal Fitness; Aqua Aerobics; and a professional background in dance. As far as CPR is concerned, it is an essential pre-requisite for all fitness professionals, not a certification. Last but not the least, I am an Integrative Nutrition Health Coach (INN).

**How do you keep your fitness training knowledge up to date?**
**FZM:** By regularly travelling for new courses and staying in touch with my international fitness mentors.

**What is your fitness philosophy?**
**FZM:** At FZM Boutique Fitness, we believe in empowering our clients through elite exercise instruction and tailored nutrition. Fitness goes beyond aesthetics and is all about feeling strong in mind, body and spirit.

**What inspired you to become a fitness trainer?**
**FZM:** As a teenager, I struggled with body dysmorphia, anorexia and later bulimia. I always wanted 'perfection' in everything and that led me to a very dark place. That's when weight lifting, dancing and the gym became like therapy. Once I moved back to Pakistan, I felt that no studio was stressing the importance of building strength and feeling fit. It was all about being skinny... people still erroneously assume that you should only exercise to lose weight. That's nonsense. Fitness is about so much more. At FZM Boutique Fitness, we encourage women to become strong: mentally, emotionally and physically. We train them to become Amazons: if you constantly push your limits at the gym you eventually get addicted to the process and that's when the magic happens.

**How did the idea of FZM Boutique Fitness come about?**
**FZM:** As aforementioned, the growth of my brand was completely organic. Every client brought in his or her friends and soon we were running a full-fledged studio.

**What's your typical day like?**
**FZM:** We start early, at around 7 am. The entire day is packed with personal trainings, bootcamp classes, health coaching consultations and photo-shoots for the gym or fashion shoots for other brands. It's crazy and hectic but also exciting and exhilarating. Work is my drug.

**How is your fitness routine different from others in the industry?**
**FZM:** Between myself and Komal Malik (our Senior Trainer), we are easily the most qualified fitness duo in the country with a total of 30 ▶



## *Rapid Fire*

**I would never go a day without including these things in my diet...**
**FZM:** Water and black coffee.

**When I'm stressed...**
**FZM:** I lift heavy weights and indulge in iron therapy.

**When I am not in the mood to work out I...**
**FZM:** Don't workout! You don't have to exercise six days a week to get results. That's a myth.

**Favourite fitness apparel brands?**
**FZM:** None. My style is not sporty. I love dresses, faux fur and high heels! I have yet to find a sports brand that strikes the right balance between chic and functional.

**I could never work out without my...**
**FZM:** Music.

**The one celebrity I'd love to workout with is...**
**FZM:** Nobody. I like working out alone.

**The song that always gets me pumped to work out...**
**FZM:** Keeps changing every week.

**Biggest pet peeve?**
**FZM:** People asking me for free fitness advice all the time at get-togethers, meetings and even funerals! Sign up for a proper consultation!

**Guilty pleasure?**
**FZM:** Going on uncontrolled shopping sprees and never wearing what I buy because I am working all the time!

> “Workout at least three (minimum) times a week for the rest of your life! Throw out all processed foods (anything that comes in a box with labels on it).”

specialisations. Additionally, I am also a health coach. In other words, we are a one-stop shop for all things fitness. Most trainers offer one type of class but we thrive on constant diversity and borrow from an array of fitness disciplines. At FZM Boutique Fitness, no two classes are ever the same. It’s this constant variation that sets us apart in the industry. And then there is our emphasis on form. We teach our clients perfect technique because that is crucial to progress! 90% of clients who come to us after attending classes at the most prominent studios in the city are still doing squats and planks incorrectly.

**Do you have any tips and tricks for living a healthy lifestyle?**
**FZM:** Workout at least three (minimum) times a week for the rest of your life! Throw out all processed foods (anything that comes in a box with labels on it). Finally, don’t beat yourself up if you over indulge occasionally. We can’t eat 100% clean all the time. Set realistic goals and stay true to yourself.

**What is according to you the most effective workout move?**
**FZM:** The burpee because it’s a total body move and can be done anywhere!

**We hear you are a celebrity trainer – which celebrities have you enjoyed training the most and why?**
**FZM:** All my clients are celebrities to me and we don’t distinguish between them.

**What do you recommend for pre-workout and post-workout fuel? What are your five favourite healthy ingredients?**
**FZM:** As a pre-workout I would recommend a handful of mixed nuts and two dates to give you natural sugar along with healthy fats and protein. After your workout you need something to replenish your electrolytes and hydrate your body: coconut water is the best natural post-workout drink. I personally do not indulge in pre or post workout snacks because they are a myth and if you eat balanced meals you don’t really need them (unless you’re trying to bulk up or are training for long hours at a stretch).
My top ingredients are as follows: blueberries; Greek yogurt; sweet potatos; almonds; rocket leaves.

**What are your favourite exercises as a coach, and what exercises do you prefer for yourself?**
**FZM:** I alternate between Crossfit, gymnastics and dance for my personal workouts.



**There are so many exercise plans and food philosophies out there – how do you find the one that works for you?**
**FZM**: The one that you enjoy most! Don’t follow a Ketogenic diet if you love fruit and don’t do Pilates if you love the endorphin rush that comes from HIIT.

**Three essential exercises you suggest for all clients? Why are these in your top three?**
**FZM:** These would depend on the client, their medical history and whether or not they have worked out before. No one solution fits all.

**Any tips for someone who wants to feel better about their body?**
**FZM:** As someone who also works in the fashion industry, I can assure you that all images are heavily photo-shopped. After my first big shoot, I was shocked at how ‘perfect’ I looked... I hardly looked like me. It’s important for women to realise that models and actresses look starkly and shockingly different in real life... they are not role models. Instead of wanting to look like someone else, aspire to be the best version of you! Fitness is a beautiful way to explore the great strengths your body is capable of and to transform it as you prefer. But the decision to alter your body in any way needs to come from a place of self-acceptance and gratitude, not a place of self-loathing. OK!

INTERVIEW: MEHR KASSIM
CLOTHES: MAHEEN KARIM
JEWELLERY: SHEREZAD JEWELLERY
HAIR & MAKE-UP & PHOTOGRAPHS: NATASHA’S SALON

# STRANGER THINGS

## FROM EATING CLAY TO DRINKING VINEGAR, SOME STARS GO TO EXTREME LENGTHS FOR HEALTH – BUT HOW SAFE ARE THESE BIZARRE DIET TRENDS?

Victoria Beckham's slim figure has been the subject of fascination for years, and now the former Spice Girl has revealed one of her go-to dietary tricks – drinking undiluted apple cider vinegar. The svelte star took to Instagram to tell her 17 million followers that she starts every day by consuming two tablespoons of organic vinegar, which is believed to aid weight loss and help detox the body.

Posting a photo of the bottle, Victoria added the caption: 'Be brave! Two tbsp first thing on an empty tummy!' The mum of four also posted a shot of a blender next to several bowls of chopped vegetables, labelling it: 'The green monster for the Beckhams!' She isn't the only celebrity to take cider vinegar, with actress and mum-of-three Megan Fox saying: 'It just cleanses out your system entirely.'

While a morning dose of vinegar might put you off your corn flakes, the stars seem to love hopping on the latest bandwagon in the name of health and weight loss. Here, *OK*! checks out the more unusual showbiz dietary fads – and asks registered dietician Priya Tew, a spokesperson for the British Dietetic Association, and nutritionist Angela Dowden, if they have real health benefits or are a big, fat waste of time...



### *Gwyneth Paltrow*

**MUSHROOM POWDER**

Actress Gwyneth drinks a breakfast smoothie which includes £150 of ingredients – including Moon Juice Brain Dust powder, made from lion's mane mushrooms and herbs. Angela says: 'There does seem to be some evidence that compounds in lion's mane mushrooms, called erinacines, can support cognitive function and maybe help with depression and anxiety – particularly in women over 40 – but the research isn't the best quality. That said, they've been used safely in Japan and China for some time. It could be worth trying a supplement from a reputable source.'





### *Cheryl Tweedy*

**FISH OIL CAPSULES**

Cheryl has long been known for her flawless complexion, and the star claims it's down to fish oil. 'If you're eating right, it will show in your skin,' the former Girls Aloud star says of the capsules, which usually cost less than £10. While there's little evidence fish oil has an effect on the skin, there are other proven benefits. 'Fish oil capsules can be a good supplement to take if you are not able to get enough omega-3 [fatty acids] in your diet,' says Priya. 'There certainly is evidence that they are good for heart health and reducing inflammation in the body.'





## *Victoria Beckham*

**APPLE CIDER VINEGAR**

Posh believes a slug of vinegar in the morning keeps those pesky pounds at bay, but Priya is unconvinced. 'One small trial did find an association between cider vinegar tablet supplements and weight loss, but this didn't involve the vinegar in liquid form.' Priya adds that vinegars can be corrosive. 'They can irritate and damage tissues, such as the pharynx and oesophagus.' However, she adds that Victoria's green smoothie 'looks good – maybe she should stick to that!' The smoothie includes a mix of apples, kiwi, lemon, spinach and broccoli.



## *Shailene Woodley*

**CLAY**

It sounds too bizarre to be true, but *Big Little Lies* star Shailene has admitted she eats clay as a detox aid. 'Clay binds to other materials in your body and helps your body excrete those materials that aren't necessarily the best for you,' she said. But Priya warns: 'Anyone who thinks eating clay is a good thing needs to think again. We don't know about the long-term consequences of consuming clay, but we know it's not meant to be eaten by humans. Instead, let your liver and kidneys detox you.'





## *Jessica Alba*

**SALT WATER**

Jessica – who is currently pregnant with her third child – often adds a pinch of pink Himalayan salt into a glass of water after doing exercise. But while it is recommended for some people with specific medical conditions, a cautious approach is required. 'For someone with low blood pressure, it can be a good idea to increase salt intake, but this should only be done under medical supervision,' advises Priya.





## *Kourtney Kardashian*

**GHEE**

The Kardashians are never far away from a diet fad, and Kourtney advocates taking a daily teaspoon of ghee, a clarified butter hailing from India. 'These types of fatty acids help burn other fats, promoting weight loss,' says the mum of three. But how healthy is it? 'One teaspoon of ghee contains half your saturated fat intake for the day,' says Priya. 'There are no known benefits to eating ghee. We know that too much saturated fat can increase cholesterol levels, which could be a factor in heart disease.'





## *Taylor Swift*

**CHIA SEEDS**

The singer reportedly lost 10lb by putting protein-rich chia seeds in her smoothies to help suppress hunger. And fortunately for Taylor, this is one diet trick that may actually work. 'Chia seeds are highly nutritious and full of fibre, which can help fill you up,' says Priya. 'We don't have specific evidence showing they help with weight loss, but including them as part of a healthy, balanced diet may boost fibre intake and lower the glycaemic index of your diet.'





REPORT BY ANNA POINTER
PHOTOGRAPHS: GETTY, SHUTTERSTOCK

# GAI'A REVISTED

*GAI'A is renowned for its Japanese fusion menu and delivers on its promise of offering a pleasant and memorable dining experience. OK! Pakistan has more.*

GAI'A, located in Lahore's posh DHA Phase 5, ticks all the boxes: lively setup, great ambience, diverse choice on the menu and, above all, incredibly delicious and tantalising food. The space bears a distinctive character with striking lighting and creative wall art on display, adding depth and definition. The brainchild of three partners: Azfer Hassan (the Project Director), Asim Malik (the Executive Chef), and Nadeem Saigol, GAI'A offers a memorable dining experience each time.

My visit to the restaurant is the third in two months, and not just because I have been served with attention and care each time; it's the fusion of flavours that has actually won me over. The eye-catching Japanese fusion menu boasts of salads, starters, rolls, nigri, ceviche, tataki, and mains; in addition, there is a delectable range of desserts provided by Pink Pistachio. It is recommended that you make a reservation instead of arriving unannounced, especially on weekends.

We order the crispy batter fried shrimp tempura, a must-have item. You can actually taste the shrimp without being bogged down by the usually served lumpy overdose of batter coating, this one's fluffy, light and tastes just right. High on the list is the quinoa salad mixed with greens, lime and coriander with a dash of pomegranate. The cooking style is appetising and high on nutrition. Teriyaki glazed tofu is another winner in which soft pieces of tofu are glazed over teriyaki and chili garlic sauce. "We use the finest ingredients flown in from across the globe. The Aji Amarillo chili peppers are flown in all the way from Peru, South America. You'll find them in many of our ceviches," says Asim Malik while I nibble on the maki consisting of a crispy, fried sushi roll with a delicious filling of prawn tempuras rolled over the crunchy crust for an enhanced texture.

While I wait for the star dish to arrive I take in the ambience. The interior deserves a special mention; from the wooden table tops to the polished seating placement to the low-hung bulbs illuminating the area with soft light, the new lounge area in the basement offers a unique and luxurious dining experience ideal for parties and dinners. Their much awaited high tea is already most frequented, with the special addition of Ted Baker porcelain, Alessi Tea serving sets, Jamaican Blue Mountain Coffee, and a vast choice of blended, flavoured, and blooming teas.

"The Tea is composed by Pink Pistachio, and is accompanied by their delightful array of pastries served in unique ceramic products by Clayworks," Malik informed us. While the credit for the 'Chopstick' façade



















"We use the finest ingredients flown in from across the globe. The Aji Amarillo chili peppers are flown in all the way from Peru, South America. You'll find them in many of our ceviches."

is something that is directly borrowed from what the restaurant has to offer as a dining experience and has been designed by the very talented Omer Rauf, Creative Lead at Indie Design.

He explained the concept in a telephonic conversation. "The project to me was a fantastic experience, more like a child trying to figure out a jigsaw puzzle. Anything that I envisage on the design side is a result of influences that I have grown up with. The Japanese Fusion menu was one of the major drivers for me. So, we wanted to remain true to the materials. The tradition and sensibility was always something that has occupied my interest and GAI'A, as an ensemble, is a reflection of all those influences. The proportions, the divisions of the spaces, the various elements are all primal elements rooted in the far eastern tradition. From the design of the perfect chair, to the amount of lighting, to the actual consumer experience are just some of the things that contribute to a much larger process which is creating the right ensemble, the perfect dining experience. It is also essential to understand the product in itself."

GAI'A is a completely customised experience. In the meantime, my main dish of the night, Miso Black Cod arrives in all its glory. A word of caution though, it's addictive. The melt-in-the-mouth comes from fish caught near Alaska, and is commonly known as Sablefish, or Butterfish. They know how to cook fish properly, which can be quite difficult as it's known for its delicate texture and flavour. My partner loves his Wagyu Beef Steak served with black creamy truffle butter sauce, Thai red chillies, and garlic chips. Many flavours come together for a perfectly balanced dish, and Wagyu fat contains more omega 3 fatty acids than salmon, I am told. It is not only the tastiest of all meats, but also the healthiest.

This leads us to the closure of our meal with a dessert section worth talking about. Desserts at GAI'A are known for their decadence, and it's important to save some space in your tummy to savour the Matcha green tea banana cake drizzled with toffee sauce, topped with black sesame seeds and served with a dollop of vanilla bean ice-cream. It's a pure foodie's delight and a must-have indulgence along with the GAI'A Dark Chocolate Torte, delicious, decadent and the perfect conclusion to a great meal.

It's so rare to find a restaurant with such a strong sense of its own identity and a perfect balance of flavours and textures. GAI'A's modern Japanese cuisine delivers authentic flavours blended with a creative twist. OK!

TEXT: RUBIA MOGHEES
PHOTOGRAPHS COURTESY OF GAI'A

# Party Girls Die in Pearls

*by Plum Sykes*

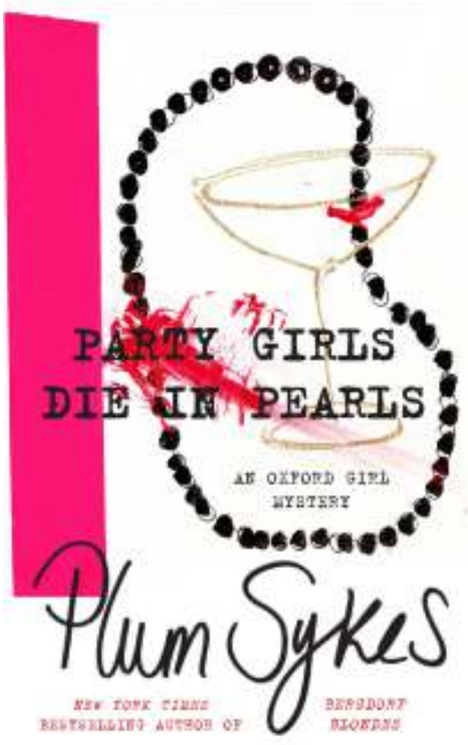
*Party Girls Die in Pearls* is a novel by Plum Sykes, set in Oxford in the 1980s. The cover of the book sums up the entire novel, as explained by the author herself, "Blood, pearls and Champagne."

The novel starts with the freshers' (first year students) first day at the University of Oxford. The main character, Ursula Flowerbutton, is excited to start her journey here, as she hails from a farm country and was raised by her two grannies. Her ambitions at Oxford seem simple: she imagines days being spent in the library pouring over her books and if lucky, an invitation to a ball for which she had brought along one of her vain grannies' old gown.

*Almost immediately, she befriends Nancy Feingold, an American exchange student and a fresher as well.*

Almost immediately, she befriends Nancy Feingold, an American exchange student and a fresher as well. Nancy, unlike Ursula, is an easy going New Yorker, has an abundance of New York party wear and invitations to all the parties that matter.

Nancy's frivolous personality helps her get to know the who's who of the college seniors with an invitation to a party almost every night. Dragging Ursula along, the pair attend their first party almost immediately on their arrival at Oxford.




Soon after, their lives take an unexpected turn when Ursula discovers the body of Lady India Brattenbury, an extremely popular senior at university, with her throat sliced open. Having volunteered her discovery at the school newspaper, *Cherwell's*, Ursula is given the task to unravel the murder mystery herself and prepare an article for the paper.

Between evening gowns, parties, fresher's drinks and other jaunts, Ursula, with the help of her new best friend Nancy, find numerous suspects in their murder investigation. Conveniently, however, the pair manage to squeeze their way into all the right places at the right time. The discovery of Lady India's body does not seem to faze Ursula from playing dress up with Nancy and attending a party the same night. Somewhat of an unrealistic twist however, was a confession by India's father to the pair at the funeral, despte never having met before.

The novel paints a clear picture of the characters and its surroundings as Plum Sykes gives vivid descriptions of the set as well as elaborate accounts of the wardrobes of both the women and men, putting her experience as a fashion journalist to good use. Each set is described in immaculate detail, putting the reader right there in the center of the murder investigation along with Ursula and her frolicking sidekick Nancy.

The author also aids the reader with footnotes to help understand various cultural references. Overall, the book was an entertaining read, taking one through the lives of the young Oxford elite, where there was an abundance of champagne, debauchery and loose morals. OK!

REVIEW: MOHAMMAD ALY KHAN

STOCKISTS: LIBERTY BOOKS www.libertybooks.com




MASTER
Celeste
THE WORLD'S BEST MATTRESS

*Celeste Khareedo...*
*Zindagi Badlo...*

UAN 111-666-555
www.celeste.com.pk | Master.Celeste

MASTER
From the makers of MoltyFoam

OK! PAKISTAN
FIRST FOR CELEBRITY NEWS

# Now Available on iTunes & Google Play




## DOWNLOAD YOUR DIGITAL ISSUE

*Go to the App Store and search for* **OK!** Pakistan

GET IT ON Google play  Available on the App Store

Follow us @OK_Pakistan  @OKPakistan  facebook.com/okmagazine.pk

Ontex

# ہر ماں کو مشورہ

# canbebe

Comfort Dry

Dry Comfortable Economical






Dry

Comfortable

Economical

/canbebe.pk

# OK! WORLD IN ACTION



THIS PHOTOGRAPH SHOWS PAKISTANI TRADITIONAL DRUMMERS PERFORMING AT A TENT-PEGGING COMPETITION DURING AN ANNUAL FESTIVAL AT THE VILLAGE OF KOT FATEH KHAN IN ATTOCK DISTRICT IN PUNJAB PROVINCE. FESTOONED WITH GARLANDS AND COLOURFUL BRIDLES, TURBANED RIDERS MOUNTED ON HORSEBACK IN FULL GALLOP LOWER THEIR LANCES AT TINY WOODEN BLOCKS AS THEY PRACTICE THE CENTURIES-OLD TRADITION OF TENT-PEGGING IN PAKISTAN.



FIREFIGHTERS WALK TO THE FIRE LINE AT THE LILAC FIRE IN BONSALL, CALIFORNIA. LOCAL EMERGENCY OFFICIALS WARNED OF POWERFUL WINDS THAT WILL FEED WILDFIRES RAGING IN LOS ANGELES, THREATENING MULTI-MILLION DOLLAR MANSIONS WITH BLAZES THAT HAVE ALREADY FORCED MORE THAN 200,000 PEOPLE TO FLEE.



AFRICAN PENGUINS CLAD IN CHRISTMAS-THEMED COSTUMES GO FOR A STROLL AT HAKKEIJIMA SEA PARADISE AMUSEMENT PARK IN YOKOHAMA, A SUBURB OF TOKYO. THE CHRISTMAS EVENT WILL RUN TWICE DAILY TILL DECEMBER 25TH.



A GENERAL OVERVIEW OF THE CONCERT HALL OF THE ELBPHILHARMONIE IS PICTURED DURING THE CHANEL METIERS D'ART FASHION SHOW AT THE ELBPHILHARMONIE IN HAMBURG, NOTHERN GERMANY.

PHOTOGRAPHS: AFP

# OK! ASTROLOGY & TAROT

Mariam Aftab puts your cards on the table

## Aries
**Mar 21 – Apr 20**

You will get along well with your colleagues. If you have been thinking of starting a new venture, then take quick decisions, as stars seem favourble. Don't be afraid to do what you want. You will be in a mood to celebrate, but curb your tendency to overspend. New romance is inevitable. You never know what someone else is thinking, so don't waste too much time guessing.

**Aroma Therapy Oil:** Rosemary
**Lucky Numbers:** Odd numbers
**Antidote for Evil Eye:** Hold citrine and recite '*Ya Akhiro*'

## Cancer
**Jun 22 – Jul 23**

Rely on your intuition in order to make the correct decision. Financial limitations will depress you. People will welcome your new ideas. Avoid excessive eating; or you may suffer from stomach problems. Working on your image is important. Chances to form a new love connection will be strong but don't reveal personal information.

**Aroma Therapy Oil:** Pine
**Lucky Numbers:** 2,8
**Antidote for Evil Eye:** Keep a red wallet for financial gain

## Libra
**Sep 24 – Oct 23**

Health issues and a desire for inner peace are highlighted. A crazy crowd will open your vision to new things. Sensuality will be enlightening. Your independence and eccentricity will be valued at work. Avoid over-speeding. Follow your inner voice. Don't worry much as all changes are not bad and there could be some good coming out of it.

**Aroma Therapy Oil:** Garlic
**Lucky Numbers:** 5,7
**Antidote for Evil Eye:** Rotate 7 chillies clockwise over crown *chakra* and burn on stove

## Capricorn
**Dec 22 – Jan 21**

You will understand what companions need, which is wonderful and helpful. Look after your health and soon you will find yourself bouncing back revitalised. You can overspend. Family may need more attention. Avoid long partnerships as they will be demanding and unfair. Start a new routine or join the gym if that's what it takes to make you feel better.

**Aroma Therapy:** Ylang ylang
**Lucky Numbers:** Series of 2
**Antidote for Evil Eye:** Rotate 1 ½ kg red meat over crown *chakra* and throw to birds of prey every Monday

## Taurus
**Apr 21 – May 21**

This month indicates a surprise holiday. Someone you like will give you pleasure. Expenditure will rise. Financial gains from past investments cannot be ruled out till later this month. Family members will be helpful. Outdoor activities will excite you but will be very expensive. You will enjoy interacting with people who belong to another religion, country or culture.

**Aroma Therapy Oil:** Rose eucalyptus
**Lucky Numbers:** 7,9
**Antidote for Evil Eye:** Burn white candles in the office or living area

## Leo
**Jul 24 – Aug 23**

Be attentive towards nutrition. This month will be very hectic. You may welcome guests and cook for them. Money can come from unexpected sources. Shopping for relatives will make you happy. Be careful while driving and stay calm during unhappy moments. Communication is good for your career. Take a long walk for the sake of your health.

**Aroma Therapy Oil:** Tea tree cedar wood
**Lucky Numbers:** 1,9
**Antidote for Evil Eye:** Keep a red wallet for financial gain

## Scorpio
**Oct 24 – Nov 22**

Be a little conservative especially in love where compromise is best. There are big changes on the horizon; gear yourself up for a little acceleration. Your dreams will get you where you want and creative passion is possible. Someone could try to tarnish your image. Completion of tasks is the key to success. Travel opportunities should be explored.

**Aroma Therapy Oil:** Ginger
**Lucky Numbers:** 1,2,3
**Antidote for Evil Eye:** Bathe with sea salt

## Aquarius
**Jan 21 – Feb 19**

Your spread indicates a pleasant surprise. You want to be idealistic and generous about money and your possessions, which can be wonderful, but it can also mean you are out of touch with reality. Outstation travel will be uncomfortable, but will help build important contacts. Friends will be more helpful than expected. Make to-do list and actually do everything on it.

**Aroma Therapy Oil:** Lemongrass
**Lucky Numbers:** Series of 3
**Antidote for Evil Eye:** Burn Sandal wood incense at your home's entrance

## Gemini
**May 22 – Jun 21**

Your kind nature will bring many happy moments. Control your expenses and try not to be too lavish in your spending. Your communication techniques and working skills will be very impressive. You will receive very exciting news from your close relative. Don't worry about small details. You might want to express your feelings of affection for someone.

**Aroma Therapy Oil:** Sweet grass
**Lucky Numbers:** 3,5
**Antidote for Evil Eye:** Keep a money plant in the office area

## Virgo
**Aug 24 – Sep 23**

Change is in the air and it comes at a time when you are ready to accept it. Open up and reach beyond the ordinary especially in your career. Have confidence as this will be a test of courage for you. Health issues will be prominent. Work on finding inner peace. Spiritual activities will continue with more interest. Beware of people who may cause misunderstandings.

**Aroma Therapy Oil:** Vanilla
**Lucky Numbers:** 3,7,9
**Antidote for Evil Eye:** Burn rosemary oil in the bedroom area

## Sagittarius
**Nov 23 – Dec 21**

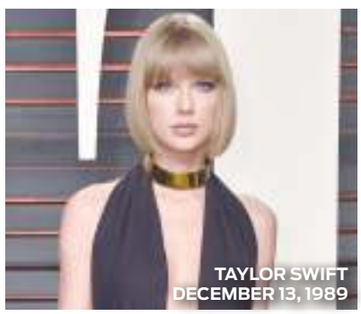
Outdoors is the place for excitement. Your plans will get boosted as you receive a favourable response. Oblige to people whom you feel could prove important in your career. If results are not as good as you expected, than alter the plans. You need to be focused, sharp and swift while working. Focus on creativity above everything. Travel and sports might be profitable for you.

**Aroma Therapy Oil:** Frankincense
**Lucky Numbers:** 1,5,9
**Antidote for Evil Eye:** Burn lemongrass incense in the office area

## Pisces
**Feb 20 – Mar 20**

You will be the center of attraction, and will be recognised. Take advantage of new opportunities. Romance will be in the air and you will attract potential lovers. Do things to improve your skills. You will achieve favourable results if you present your ideas to superiors. Health issues may be on your mind. Think cool and crisp salads, rather than a junk food stupor.

**Aroma Therapy Oil:** Lavender
**Lucky Numbers:** Series of 3
**Antidote for Evil Eye:** Keep blue agate in your bedroom


TAYLOR SWIFT
DECEMBER 13, 1989


MAHIRA KHAN
DECEMBER 21, 1984


BRAD PITT
DECEMBER 18, 1963


AMIR KHAN
DECEMBER 8, 1986

PHOTOGRAPHS: GETTY

# EXPERIENCE THE THRILL OF CharJi

## 4G LTE




Affordable Packages starting from

**Rs. 1,000***

per month only

*Inclusive of all taxes
(for further details please visit our website)

Enjoy High Speed in CharJi enabled cities.



Terms and Conditions Apply

www.ptcl.com.pk

/ptcl.official /ptclofficial /theptclcompany

ptcl hello to the future

Call **1218**





MY CHOICE

SEAMASTER AQUA TERRA
MASTER CHRONOMETER

OMEGA

**AVAILABLE AT:**
AM:PM by Collectibles • G33, Dolmen Mall • Harbor Front, Clifton • Karachi • +92 21 35293948 9