OK!
PAKISTAN
FIRST FOR CELEBRITY
ISSUE 57, JANUARY 2019



EMILY BLUNT
"MARY POPPINS HAS BEEN THE GREATEST GIFT"

JAMIE DORNAN
ON REDEFINING HIS SCREEN IMAGE

AIMA BAIG
VOCAL POWERHOUSE

OK! AWARDS
CELEBRATING THE BEST OF PAKISTAN

A STAR IS BORN
MAYA ALI
THE DYNAMIC ACTRESS ON *MANN MAYAL*, *TEEFA IN TROUBLE*, *PARAY HUT LOVE*, AND HER METEORIC RISE TO THE TOP


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WINNERS

CS GO

PORTAL ESPORTS



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ABDUR

ZAKI NASIR
KLNT

SAAD AHMAD
POKEMON

ANAS AYUB
TRANZ

SYED ARSALAN
HARMZ

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STEP 2:
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STEP 3:
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Mountain Dew GAMERS ARENA

WINNERS

DOTA 2

PORTAL ESPORTS



MUHAMMAD IBRAHIM
KSG

MUSAWAR NAWAZ
GHOST KHAN

MOHAMMAD AHMED
7EVEN

HAMZA SADIQ
AEON

HAMMAD AHMED
SANITY

FOLLOW THE INSTRUCTIONS

STEP 1:
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STEP 2:
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STEP 3:
SCAN THE ABOVE IMAGE TO WATCH THE AMAZING VICTORY!



HOW DID IT FEEL TO REACH THE FINALE?
It felt amazing. We put in a lot of effort to reach the finals. We were undefeated in the group stages and remain undefeated as we won the title!

HOW LONG HAVE YOU GUYS BEEN PLAYING DOTA2?
It's been around 7 to 8 years that we have been playing. I play 13-14 hours of Dota2 daily. That's a lot of practice! On top of that, we have played so many LAN tournaments, that whenever we play in a competition, we are quite relaxed, are under no pressure and our nerves are under control.

HOW DID YOU BECOME CAPTAIN?
Ghost Khan: In Pakistan, I was the only player who had achieved the milestone of 7k MMR. So that helped me become captain, amongst other things.

HOW DOES YOUR FAMILY FEEL ABOUT YOUR GAMING CAREER?
At first, they weren't too happy but we stuck with it. Eventually we got an opportunity to play in China where we represented Pakistan so that's when they started to understand that there could be a career in gaming. Dew Gamers Arena was the first time my family saw me play on stage, and this whole experience made them feel even more comfortable that gaming as a career isn't a bad choice for us! It's events like these that will improve the local scene, and we will see more players come in to play not only to pursue their passion but make their career.

WHAT DO YOU THINK IS WINNING STRATEGY?
The team set a goal that we want to achieve something. We left our homes and went on a 2 month bootcamp where we practiced daily. Of course, there were times when we were frustrated, but we hired an international coach who taught us and changed the way we think. TL:DR, hardwork, dedication and a great coach was our winning strategy!

WHAT WILL YOU DO WITH THE PRIZE MONEY?
I want to get a heavy bike, so the money will help! The rest will keep in the bank!

Mountain Dew GAMERS ARENA

CS:GO

WINNERS

PORTAL ESPORTS



HOW LONG HAVE YOU GUYS BEEN PLAYING CS:GO?
As a team, it's been more than a year.

WHY PC GAMING OVER OTHER GAMING?
We started gaming on PCs since day 1. If we talk about the early days, back in 2007 / 2008, PCs were easily accessible. Everyone had one. People had them at home, or in gaming dens, and we would just play on LAN. And we stuck with it. We never played on console neither did we try.

HOW DID YOU BECOME CAPTAIN?
Zaki Nasir (kInt): There isn't a process to become captain. In the current roster, I have been playing the longest along with tranz and I had an understanding with our coach. A captain needs to be a good motivator and encourages others to do their best.

HOW DID IT FEEL TO REACH THE FINALE?
To be honest, it was expected. I won't lie and say that it was unbelievable. But of course, winning the title and the prize was amazing! That's where the real excitement and emotion was. We are officially Pakistan's number one team, and something we are very proud of!

WHAT DO YOU THINK WAS YOUR WINNING STRATEGY?
Just play your game. Don't try something new at the end – be consistent in how you play.

WHAT DO YOU THINK OF MOUNTAIN DEW'S INITIATIVE?
Pakistan has very little opportunity for professional gamers. Dew Gamer's Arena is the first competition of its kind that scoured the entire country for teams and players. Karachi, Lahore, Islamabad and rest of Pakistan online qualifiers made sure that every gamer in the country had an opportunity to participate and play for the prize. It was well-organized and international protocol was followed throughout. The finale was epic and we are proud that we are part of such a grand initiative.

WHAT WILL YOU DO WITH THE PRIZE MONEY?
Will go straight to the bank. Haven't thought about it much but I will be making some purchases.

OK! PAKISTAN

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COVER IMAGE DESIGNER: FAIZA SAQLAIN; PHOTOGRAPHER: ASHNA KHAN





PATRAVI TRAVELTEC II

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Editor's Note



"I am in a really good place right now," shares gorgeous actress Maya Ali, our January cover star. Acclaimed for her roles on television - *Mann Mayal*, *Diyar-e-Dil* - and most recently, in the blockbuster film, *Teefa in Trouble*, Maya is riding the crest of a wave of popularity and has solidified her spot on the A-list. Blessed with beauty and talent, she is regarded as one of the most promising of the new generation of actresses. She has several high profile projects in the offing, and her new film, *Paray Hut Love*, is slated for release later this year. Maya has a knack for choosing the right scripts, and refuses to be typecast, opting to take on diverse roles instead so as to add to her repertoire of work. In this exclusive interview, the actress opens up about her career trajectory, her girl-next-door charm, and what success means to her.

This issue also features an in-depth interview with award-winning actress Emily Blunt, who has critically acclaimed films such as *The Devil Wears Prada*, *A Quiet Place*, and *The Girl on the Train* to her credit, and now stars as the iconic Mary Poppins in the new film directed by Rob Marshall. The innately gifted actress opens up about how she felt stepping into Julie Andrews' shoes, and shares that she worked hard to create her own version of the character. "However incredible the first film is, I hope this one will be allowed to stand on its own," she adds.

We have a conversation with vocal powerhouse Aima Baig, who talks about her passion for singing, her rise to fame and her plans for the future. Aima is blessed with a unique vocal talent, and has many chart-topping film and TV soundtracks to her credit; her live performances and Coke Studio gigs have won her immense praise and she has enjoyed a tremendous run in the past two years. "My priority right now is singing," she says. "I think there is so much for me to learn and explore about music."

We catch up with talented designer Sara Rohale Asghar, as well as actor Jamie Dornan, who talks about his new movies, *Robin Hood* and *A Private War*. In addition, there is a slew of beauty, travel and health features for you to read. Do check out our annual Awards List, and our coverage of the Golden Globes.

Enjoy the issue!

Sara

Sara Amir Turab
EDITOR-IN-CHIEF

Editor's Picks



Anaya by Kiran Chaudhry X The House of Kamiar Rokni Wedding Collection



Zara Silver Sandals



Hand-painted Clutch by Meraki by Momina Imad

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MAESTRO MOON PHASE

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OK! GREECE – NIKOS GEORGIADIS

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OK! LATVIA – LAILA PASTARE

OK! PAKISTAN – SAHER H PARACHA

OK! ROMANIA – ELENA STOICHITA

OK! RUSSIA – VADIM VERNIK

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OK! VENEZUELA – ALEJANDRO GUTIÉRREZ TREMOLA

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OK! WORLDWIDE LICENSING MANAGER – JULIA TAYLOR

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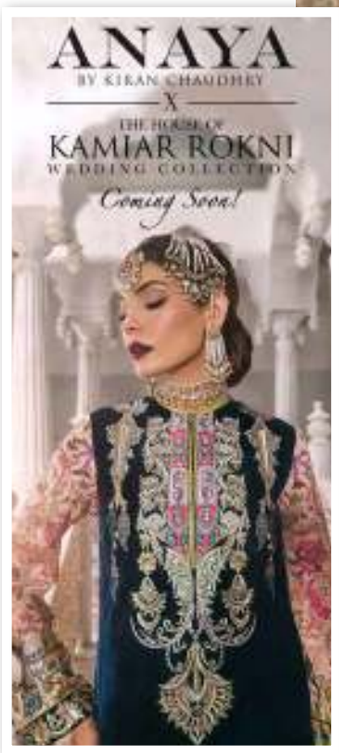
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The House of Kamiar Rokni collaborates with Anaya by Kiran Chaudhry for debut unstitched wedding collection





The House of Kamiar Rokni's unstitched Wedding Collection for Anaya by Kiran Chaudhary is luxurious, opulent and unapologetically eastern in sensibility. The seven piece capsule collection is titled '*Riyasat*' - an ode to the heritage of Kamiar Rokni, who hails from the former Riyasat territory of Bahawalpur. With this exclusive unstitched three-piece outfit collection, creative director of his eponymous label, Kamiar Rokni, introduces his much-coveted signature style at accessible price points in collaboration with fast fashion retail powerhouse Anaya by Kiran Chaudhry. *Riyasat* is classic in its aesthetic; encapsulating design that sets trends and channels timeless style, offering a wardrobe of beautiful wedding and festive wear staples. The collection is based on rich velvets, woven jacquards, chiffons and silk trims with detailed sequined embroideries, introducing multiple textiles within one outfit. The traditional versatility of Kamiar Rokni, amalgamated with the high quality and affordability that Anaya by Kiran Chaudhry has come to be known for, has made this collection a perfect standout accent for both day time and evening festive looks.

Christmas Lunch at the Palace









Her Majesty the Queen's annual pre-Christmas lunch saw members of the royal family come out in force for a festive get-together. The Duke and Duchess of Cambridge were among the first to arrive at Buckingham Palace, with William driving his wife and children from their nearby home at Kensington Palace. Three-year-old Princess Charlotte looked as cute and confident as ever, copying her mum as she waved to the crowds as the family pulled up to the palace, while her brother Prince George, five, sat beside her. The youngest Cambridge sibling, eight-month-old Prince Louis was nowhere to be seen.

The family were joined by their nanny Maria Teresa Turrion Borrallo, who was no doubt tasked with looking after the energetic youngsters while their parents enjoyed mingling with 50 members of the royal family. The Queen throws the event every year, and invitations are extended to some family members who haven't been invited to spend Christmas Day at Sandringham with her.

The Duke and Duchess of Sussex were also present, with Harry taking on driving duties for his pregnant wife. Meghan, who attended the lunch for the first time in 2017, was spotted wearing a floral dress by Erdem. The 37-year-old former actress first wore the dress in 2016 while appearing on US programme *Today* to promote legal drama *Suits*. Kate, 36, also recycled her look on the day, wearing the same pink Stella McCartney dress that she wore to Prince Philip's 90th birthday celebrations in 2011.

Prince Charles, as well as Zara and Mike Tindall – who brought eldest daughter Mia, but didn't appear to be with youngest daughter Lena – were also in attendance. Meanwhile, Princess Beatrice arrived without her sister Princess Eugenie, who didn't appear to be present.


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Aangan







Set in the 1940s, the highly anticipated period drama serial *Aangan* premiered on HUM TV on December 20, 2018, and the very first episode received rave reviews. Produced under the banner of Momina Duraid Productions and written by Mustafa Afridi, the period drama serial is based on a novel written by famed novelist Khadija Mastoor by the same title. The story highlights the epic tale of Muzaffar Ali Khan's family and their journey from riches to rags. Rash and short-sighted decisions, family feuds, changing cultural values and clashing political ideologies divide the family even before the division of the subcontinent. Directed by Mohammed Ehteshamuddin, the play boasts a stellar cast including Abid Ali, Ahsan Khan, Mawra Hocane , Sajal Ali, Ahad Raza Mir, Sonya Hussayn, Hira Salman, Omair Tahir Rana, Hasan Noman Qureshi, Madiha Rizvi, Mahjabeen Beena Masroor, Mustafa Bilal, Nargis Bhatti, Zaib Rehman, Shumaail Khan, Uzma Baig and Ali Rizvi among others.

Pantene Hum Bridal Couture Week 2018









The 16th edition of the country's biggest and most sought-after bridal extravaganza, Pantene Hum Bridal Couture Week (PHBCW) rolled its red carpet here in the Mughal City of Gardens on December 7, 2018. Organized under the banner of Pakistan's numero uno general entertainment network, Hum Network Limited, the three-day show presented the latest Pakistani bridal trends by leading fashion designers and retail brands. Over the years, PHBCW has not only showcased the latest bridal collections and trends by established designers, but it has also encouraged emerging designers to showcase their skills on a mega platform. This year, PHBCW debuted four emerging bridal designers on the runway.

The show director for PHBCW 2018 was Vaneeza Ahmed Ali, while Hamna Amir was the official jewellery partner, and hair and make-up was done by the iconic Nabila. All public relations operations and media liaison were carried out by the in-house PR team of Hum Network Limited, along with show production and execution by the special projects and events team at Hum Network Limited.

Art Dir: Paul Marciano Ph: Tatiana Gerusova Gc is a registered trademark of GUESS?, Inc.



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A treat for Peter Andre



After confirming that Junior and Princess spent Christmas Day with their mum Katie Price, Peter Andre indulged in some quality time with his two eldest children over the festive period. The 45-year-old singer was joined by Junior, 13, and Princess, 11, as he went shopping for a new car. Pete looked in good spirits as he looked around with his brood, with Princess looking pretty in pink as she wrapped up in a pastel coat. The dad of four recently test drove a £90,000 BMW, but has admitted he's still undecided on what motor to choose. Days after his test drive, Pete joined Love Island's Laura Anderson, Zara McDermott and Samira Mighty to film a YouTube series. Sharing a picture of himself with the girls, Pete captioned the snap: "Me and my mysterious girls <3 @samiramighty wrote that by the way."





SHANIERA AKRAM AT THE EVENT

3 Bahadur: Rise of the Warriors

ARY Films, Waadi Animation & Reckitt Benckiser's Dettol hosted the premiere of *3 Bahadur: Rise of the Warriors* in Karachi & Lahore. An animated feature-length movie, the third and final instalment focuses on the fight the three Dettol Warriors and the three Bahadurs put up against the evils in the society that plague it. Jointly hosted, the premiere was attended by Shaniera Akram, Fahad Mustafa, Ali Rehman Khan, Bilal Abbas Khan, Sarwat Gillani and Dettol's Golden Ticket winners, who enjoyed the screening of the movie after attending the star-studded red carpet.



The Annual Kardashian Christmas Eve Party

The Annual Kardashian Christmas Eve party is always an Instagram-worthy affair. Christmas isn't Christmas without a decadent Kardashian party. Following the impromptu release of 2018's Kardashian Christmas card, the family celebrated the festive season with a seriously sparkly party at Kim Kardashian West's house. According to the Daily Mail, the party cost upwards of $500,000, because real snow was brought in, food for 200 people was prepared, and the security presence was major. Celebrities such as John Legend, Paris Hilton, and Jennifer Lopez all attended the shindig.The glitzy party was decorated with so many lights. The venue looked like something out of a fairytale, and was perfect.

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Abdullah & Salsabil's WEDDING FESTIVITIES

Abdullah Saleem and Salsabil Shafi recently tied the knot in Karachi!





THE GROOM ENTERING ON A VESPA WITH HIS DAD



THE BRIDE ENTERING AT THE MEHNDI



HASAN, SHAHMIR, SALSABIL & ABDULLAH



ABDULLAH, SHAHNAZ SALEEM & SALSABIL



SALSABIL, ABDULLAH, FIZZA & ALI SALEEM



LOVING THE DANCES



MAIRA, ASAD, ABDULLAH, ZAINAB & HASSAN



SALSABIL & ABDULLAH



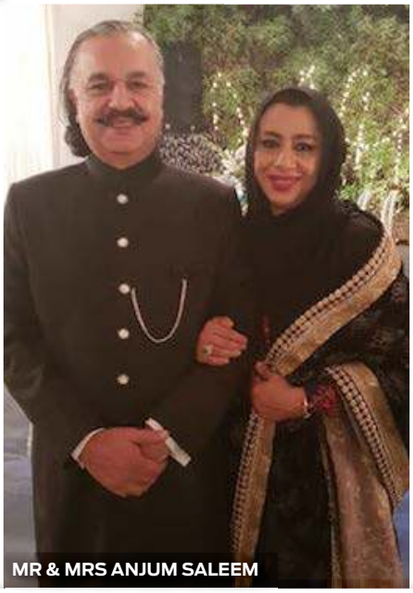
ALTAF SALEEM, AHSAN SALEEM & MUSHTAQ CHHAPPRA



ALIZEH, FARAH, NATALIA, AMMAR, HASSAN, BATOOL, ALIZE, SALSABIL & ABDULLAH



MRS BILQUIS MUHAMMAD SALEEM



MR & MRS ANJUM SALEEM



SARAH, HOOR, SALSABIL, ANUSHE & LYKA



TAYYAB, SHAHNAZ, NILOFER SAEED & HAJERAH



EISHA AMIN SALEEM & SHAHMIR HASAN SALEEM



AMINA & AMIN SALEEM



MOHAMMAD, AHMED, NOOR, HUMAIRA, NAEEM SHAFI, SALSABIL & ABDULLAH



AYLA, RAHEEL PAUL , SALSABIL & ABDULLAH



AZEEM DANISH



HAJERAH & FATIMA



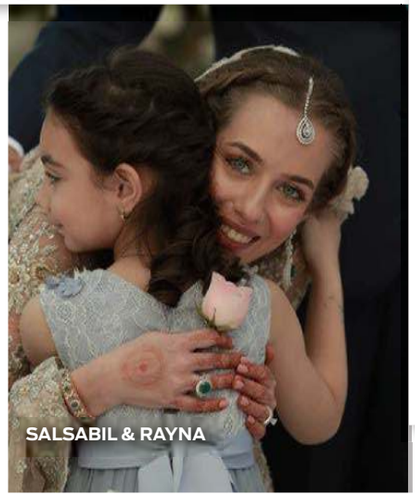
HAJERAH, SAHER & UMNIA



AMNA BASHIR



SALSABIL & AMNA



SALSABIL & RAYNA



ABDULLAH & TAYYAB A. SALEEM



ZAHRA, ABDULLAH, SALSABIL & NADEEM


ASIM RAZA & MAYA ALI


ANGELINE MALIK


PARISHEH JAMES


FARHA HAQ & ASAD UL HAQ

KARACHI

Party with a Bang!

Socialite and PR mogul Frieha Altaf hosted a fantastic New Year's Eve party on the 31st of December 2018. With an abundance of music and good vibes, the party was a star-studded ending to 2018 and the highlight of the New Year.


SARA GILLANI & FRIEHA ALTAF


NEELO


NINA KASHIF


SHEHERYAR MUNAWER & NATTY


RAMEEZ SATTAR


MONA RAMEEZ


TARA UZRA DAWOOD


KANDEEL JUMANI


TOOBA SIDDIQUI & SOHAIL


SAIMA IQBAL


ATIYA KHAN & DEEPAK PERWANI


NASHMIA & NATTY


AMNA, MIRAAL & ATIYA


ANAM THANVI


ARFA & KINZA

KARACHI
Beauty Brunch

Cosmo Group hosted a spa day at the Amethyst Spa where the beauty bloggers mingled and tried new treatments.


SANA & SADAF


BATOOL


ALIZEY PASHA


HIRA


MAHREEN


SALEEMA


ALISHBA


MAHA, ARFA & BAKHTAWAR


ZENIA


MAHA SHAH

KARACHI
COKE FEST

The Coke Food and Music Festival was recently held in Karachi, and enjoyed a successful, three-day run.


FARHAN SAEED & URWA HOCANE


JUNAID KHAN


RUBAB HASHMI


NOOR KHAN


ZOYA & MARIUM


SOPHIYA


JOSH


JUNAID & KHALID MALIK


FAIZA SALEEM


NADIA HUSSAIN

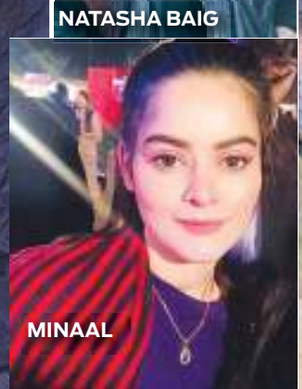

SAHARAUK & ASIM AZHAR


KAMILA


ZARSH KANWAL


SAHIR ALI BAGGA & RASHID ALI


NATASHA BAIG


MINAAL


HANIYA


DANISH & MANSHA


EVA


DINO


BILAL & YASHMA

KARACHI

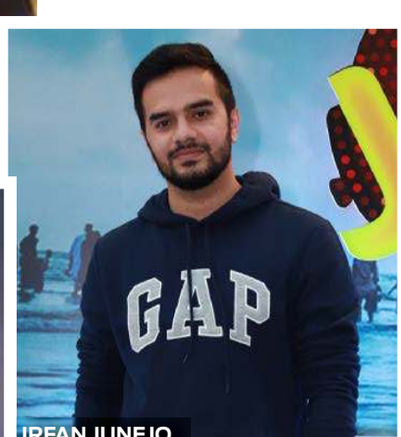
Eva By Jazz

Jazz celebrated travel blogger Eva's journey across Pakistan with a dazzling launch held in Karachi.


GHAZNA & BEENISH


DANISH


MANSHA PASHA


IRFAN JUNEJO


MARIUM


SHAN


MEESHAL


MANTAHA




IFRAH & HIRA


ZAINAB


RIJA ALI

YASMEEN HASHMI


RAYYAN & JAFFER


AYMEN


KAWAL TABANI



SAFFI & AMIR

KARACHI

Spartan Launch

Mohammad Bilal Munir CEO of Spartan fitness just launched a sportswear label in Karachi to inspire people to live a healthier lifestyle and look chic while doing so!



BILAL & MEHDI


MORSCHE


MEERAL

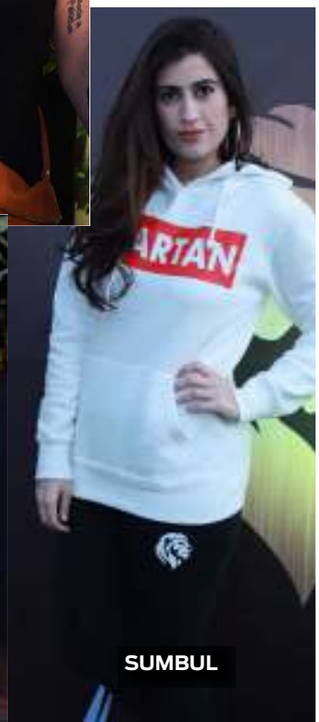

ASAD DALAL


ZAREEN


AROOJ & IBRIS


SAMIYA & ANEELA


SHANOOR



SUMBUL


SURAIYA & SHAHRZAD


ANEELA & RAYYAN

KARACHI

SOP

Special Olympics Pakistan hosted a NYE charity ball with splendor! Celebs, socialites and attendees rejoiced the New Year at the event while the proceeds will go towards sending 135 special athletes to Abu Dhabi to compete internationally.


BILAL ASHRAF & SARWAT GILLANI & FAHAD MIRZA


AADIL & ALISHA


AMNA AQEEL



WALEED & SADAF


ADEEL CHAUDHRI & SADAF & SHAHZAD

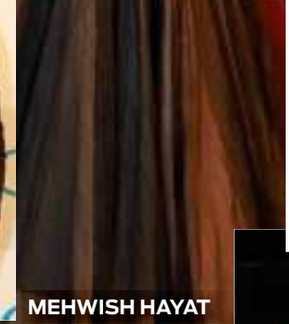



SABOOR ALY


SHAHZAD NOOR



SHAN BAIG


MEHWISH HAYAT


HAMMAD RAO


FOUZIA AMAN & SADAF KANWAL


MR. & MRS. HUMAYOUN ALAMGIR


WAFA & SOORAYA


UZMA BAIG & NOMI ANSARI


HATIM LOTIA & DUA JUNEJO


ARSHIYA & MALIHA


AMNA AQEEL


RABIYA


NADIA ILAHI

KARACHI

Sip Sparkle Smile

Saira Saigal of Zerrita Flowers along with Sarah Fahad Sultan hosted a fabulous tea resplendent with beautiful floral arrangements in Karachi. A-listers and socialites attended the event to sip & sparkle.


MARIUM & AYMEN


SAIRA SAIGAL


MALIHA


SAMAN


SHABANA


MARIA


SHELLA


SUMERA MOHSIN




ZUBAIDA & SARA


SARA


SARA SULTAN

SARWAT GILANI


SHEHZI


NIDA


ANUSHE & MUNEERA


ANUM


FAREEHA


DANISH & MEHMOONA

KARACHI

House of K

Nadia and Mahnoor Khan organized a two-day multi-brand trunk show in Karachi.


MEHEK & SANA


AMBER FAREED


MAHNOOR


NADIA KHAN


HAYA LUTULLAH


RAJSHREE


SEEMI TAPAL


RUBY


SARWAT GILANI


RUBY & MEHMOONA


SOPHIYA


ZARLASHT


ISMAT SAJID


RAHEEL


AAMIR & NISHAT MAZHAR


AMINA SHAH


AMNA BABAR


OJ & RAMINA


TIA NOON & SELINA RASHID

LAHORE

Anaya by Kiran Chaudhry X The House of Kamiar Rokni

Fashion retail powerhouse Anaya by Kiran Chaudhry collaborated with The House of Kamiar Rokni to launch a luxury unstitched wedding collection titled 'Riyasat'. A preview was held over high-tea at Cosa Nostra, and the stunning collection was highly appreciated by all.


AMBER LIAQAT


ALINA SHAHID


SAMAN ABID


SAMEEN & KHADIJA


ALI XEESHAN


SAHAR NOON & NAZISH


SARAH MAHMOOD


JUGGUN KAZIM


FARIDA HASSAN, KIRAN & KAMIAR


SHAHEEN ARSHAD & SOPHIYA

LAHORE

US Polo Assn.

US Polo Assn. launched its first concept store in Packages Mall, Lahore. The event was a big success and was attended by people from all walks of life.


ADEN & REHAN BABAR


AMBER LIAQAT


AMINA SAQIB


AMNA NAEEM


MAHNOOR IQBAL


KHERZAN & MAHA


MALEEHA AKRAM


MONIKA


SABA & FATIMA


MOMINA MUNSHI


MARYAM KHALID


YOUSRA & MUQADAS


VANESSA ALAM


SHIREEN REHMAN


RUBIA MOGHEES


AAZER DURRANI, HADIYYA & SHAHZAIN


HINA & AYESHA

LAHORE

Pantene Hum Bridal Couture Week

Pakistan's biggest bridal extravaganza, Pantene HUM Bridal Couture Week 2018 by HUM Network Limited, concluded its 16th edition on the high notes of glamour, quality fashion and latest bridal trends.


BUSHRA ANSARI & MIRA ANSARI


ANUSHAY SHAHID

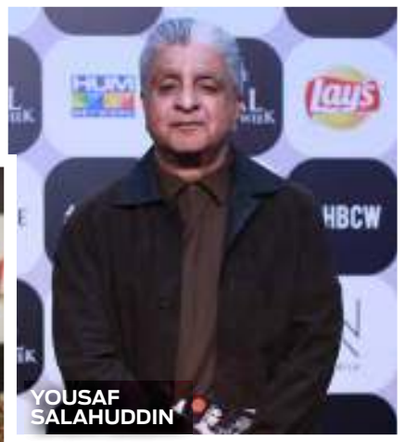

DURAID QURESHI


AHSAN KHAN & SONIA HUSSAYN


FAIZA & SAQLAIN


RIMA FARID


AAMIR MAZHAR


YOUSAF SALAHUDDIN


AIZA KHAN


SULTANA SIDDIQUI


REEMA

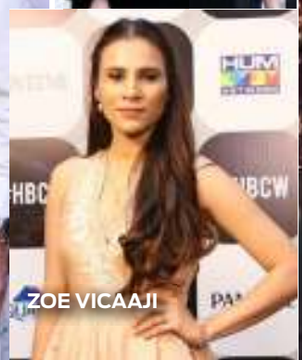

SABA QAMAR


QYT


YUMNA & ZAID ALI T


VANEEZA AHMED


SUMBUL IQBAL


ZOE VICAAJI


SAIM ALI


MOMIN ALI, MAHAM & ABDULLAH


FAISAL QURESHI


ASIM AZHAR


IQRA AZIZ & YASIR HUSSAIN


NICKIE & NINA


AHAD & SADAF ZARAR




GOHER RASHEED


FOHA RAZA


HUMAYUN ALAMGIR

CYBIL


HSY


MUNEEB & AIMAN


URWA HOCANE


SARAH & MARIUM ALTAF


UZMA BABAR


AHSAN QURESHY


ZHALAY SARHADI


MAWRA HOCANE


ARSLAN IHSAN


FARIHA RASHID


HANIA AMIR


MANSHA PASHA


HIRA MANI


EMRAN RAJPUT


AIMAL KHAN


HAREEM FAROOQ


NEELUM MUNIR


HUSSAIN REHAR


HINA BUTT


KINZA RAZZAK


KUBRA KHAN


UMAIR MIRZA


SHAZMA IKRAM


IQRA MEHMOOD


KIRAN MALIK


JAVARIYA YASIR


FARAZ MANAN & KAREENA KAPOOR


KARTIK ARYAN & NABILA


ROSEMIN RATANSHI

DUBAI

Masala! Awards

Celebrating the outstanding achievements of the Asian community in the UAE, Masala Awards were recently held at the Madinat Jumierah, Dubai. It was attended by Bollywood and Pakistani stars including Kareena Kapoor, Kartik Aryan and Ayesha Omar.


AMNA ILYAS & OSMAN KHALID BUTT


LUCKY MORANI & MOHAMMED MORANI


FARHANA BODI


SHEHERYAR MUNAWAR


AYESHA OMER


ANA NICOLAIE


VAROIN MARWAH


MARIA IQBAL & NEEL SHUKLA WITH A FRIEND


FRIEHA ALTAF



"I am in a really good place right now"

MAYA ALI

Maya Ali opens up about her upcoming film *Paray Hut Love*, her girl-next-door charm, what success means to her, and the future of her acting career





From the new girl on the block to taking over the big screen, tall and lithe beauty Maya Ali has certainly come a long way. Starting out as a VJ on a local channel, Maya got her first big break when she appeared in Haissam Hussain's project *Durr-e-Shehwar*, which co-starred Sanam Baloch and Mikaal Zulfiqar in the lead roles. The play was a big hit, and even though Maya was cast in a supporting role as Sanam's younger sister, she did full justice to her part. Her subtle and emotive expressions were appreciated by the movers and shakers of the television industry and landed her roles in several plum projects, including Mehreen Jabbar's *Mera Naam Yousuf Hai* in 2015. That same year she went on to star alongside Osman Khalid Butt in *Diyar-e-Dil*, for which they subsequently won the Hum Award for Best Onscreen Couple.

What really catapulted her into the limelight and made the audience sit up and take notice, however, was her portrayal of Manahil 'Mannu' in *Mann Mayal*, for which she won many accolades, including the coveted Lux Style Award for Best TV Actress. Although some critics opined that it was the typical damsel-in-distress role, Maya Ali shone in the serial and established herself as a serious actress, solidifying her spot on the A-list.

In 2018, she featured in *Teefa in Trouble*, which was, at the time, the most expensive Pakistani film made. It did phenomenal business and is currently ranked as the fifth highest-grossing Pakistani film to date. Although it was Maya's debut film, she gave a brilliant performance and lit up the screen with her authenticity.

Fast forward to 2019 and Maya Ali has just wrapped up shooting for award-winning director Asim Raza's film, *Paray Hut Love*. A lighthearted love story, the film features an ensemble cast including Sheheryar Munawar, Maya Ali, Ahmed Ali Butt, Nadeem Baig, Frieha Altaf as well as several other established actors, and is slated for release later this year.

Clearly, Maya Ali is on a roll – and well she should be, for it has been an amazing three years for her. Today, she is regarded as one of the most promising of the new generation of local actors, and has proved her acting prowess in a series of roles that have firmly planted her in the public's consciousness. Offscreen, she is an empathetic and sensitive person, quick to forgive and help others. Maya has an extensive repertoire of work to her credit and is keen to show the audience her range of what she can do as an actor on the big screen. Her potent combination of beauty, talent, discipline and focus is likely to help her reach new heights of success in films as well.

OK! Pakistan has a rendezvous with Pakistan's sweetheart!

How would you describe yourself?
Maya Ali: I would describe myself as an honest person; I say whatever is in my heart. So in that way, I am a simple person.

How did you foray into acting and modelling? When and how were you discovered?
MA: It was all destined, I guess. I never planned for it. To cut a long story short, after completing my Master's in Mass Communication, I got a chance to host a show. Following that, I received an offer for modelling and acting, and that's where my journey started. So I would give the credit to Haissam Hussain who discovered me as an actor, and now this is where I am.

What are you doing currently? Tell us about some of your upcoming projects.
MA: I'm currently working on several different projects. I just completed my second film, *Paray Hut Love* directed by Asim Raza, and my co-actor is Sheheryar Munawar. It will be a treat for everyone to watch.

Can you share some details about *Paray Hut Love*?
MA: I have a lot of things to share! It's a lighthearted romantic comedy, I'll say it's first and foremost a love story and then a comedy. We have a beautiful and talented cast and a lot of surprises thrown in, and of course when you know it's Asim Raza's film, your expectations ▸



"*Teefa in Trouble* will always be special for me because it was my first film."

BRIGHT AND BEAUTIFUL IN A TRADITIONAL FAIZA SAQLAIN ENSEMBLE



"I feel blessed to be a part of *Paray Hut Love*."



MAYA ALI LOOKS DREAMY IN A FAIZA SAQLAIN NUMBER



“People who have known me for a long time say I’m the same person I was 10 years ago, so I think that’s a good thing.”

and responsibilities from an actor’s perspective increase manifold. I feel blessed to be a part of this project, and I’m glad that I’m working with Sheheryar. He’s great to work with and you will see both of us in very different roles. And of course the writer, Imran Aslam, has penned a beautiful script. I have never read a classical love story like this before.

How do you prepare for a role? It must be a challenging process to immerse yourself in another personality and adopt their mannerisms...
MA: Yes, it is definitely difficult. However, every actor is a sensitive person and is able to emote, so whenever I read a script, I immerse myself in the character I am going to play and then think and feel as she would. Also, when you go on set the director is your godfather and he further helps you to get into character.

Did you anticipate the phenomenal success of *Mann Mayal* and *Diyar-e-Dil*?
MA: No, I didn’t expect so much love and such positive feedback. However, from the very first day I knew that these projects were very different from those that were being aired on TV at the time. Both projects were directed by Haseeb Hassan who is a brilliant director, and he made me live like Farrah and Mannu.

What was it about becoming a part of *Teefa in Trouble* that particularly drew you to it? What was the experience like?
MA: I can’t put my feelings into words for this one, but it was definitely a life-changing experience for me. *Teefa in Trouble* will always be special for me because it was my first film ever. The script, cast and director were the main reasons I wanted to work in *Teefa in Trouble*, especially Ali Zafar and Sir Ahsan Rahim.

Tell us about your personal style aesthetic. Who are your favourite designers and make-up artists?
MA: I wear everything and anything in which I feel comfortable. It doesn’t need to be any particular brand, I just have to feel comfortable in it. Style isn’t what you see someone wearing, style is what you wear yourself and feel good in. Every designer puts so much effort into their work, but my personal favourites are Faiza Saqlain, Nomi Ansari and Umar Sayeed.
My favourite make-up artists would have to be Rajan Khokhar, Shoaib Khan and Adnan Ansari, because they enhance your features and bring out your natural beauty, making you look like a better version of yourself. ►



MAYA ALI IS ELEGANT IN A STUNNING FAIZA SAQLAIN CREATION



“Success has had a very positive impact on me, it has taught me some very important lessons.”

MAYA ALI STRIKES A POSE IN A VIBRANT FAIZA SAQLAIN LEHNGA CHOLI

Your five must-have beauty products?
MA: Mascara, my blush, moisturizer, perfume and lip balm.

What is your take on fashion in Pakistan?
MA: I'm loving the current fashion trends in Pakistan and feel that the fashion industry is doing really well. Our designers can come up with traditional, western and contemporary wear at the same time, so it's fantastic. I'm really glad they are doing so well.

How would you describe the Faiza Saqlain label?
MA: The Faiza Saqlain label is like my home label. I have known Faiza for a long time. I remember seeing her first collection and the very latest one now, and I'm glad to have witnessed her amazing journey and growth as a creative person.

Who are your favourite co-stars and directors to work with?
MA: I always enjoy working with Osman Khalid Butt, because it's a treat to work with a friend who knows you better than you know yourself. I also enjoyed working with Ali Zafar, as he gave me so much space and made me feel comfortable. And then of course Sheheryar Munawar, because I have never seen such a positive and hard-working person. He gave me massive respect, and made the working environment very comfortable. Work didn't really feel like work with him.
When it comes to directors, Haissam Hussain will always be my mentor and my favourite. I also enjoyed working with Haseeb Hassan, Ahsan Rahim, and last but not the least, Asim Raza who is an institution in himself. He was a pleasure to work with and I learned so much from him.

What do you think has been the highlight of your career so far?
MA: I can't choose a particular moment or project. I feel like I've been really blessed with everything, *Alhamdulillah*.

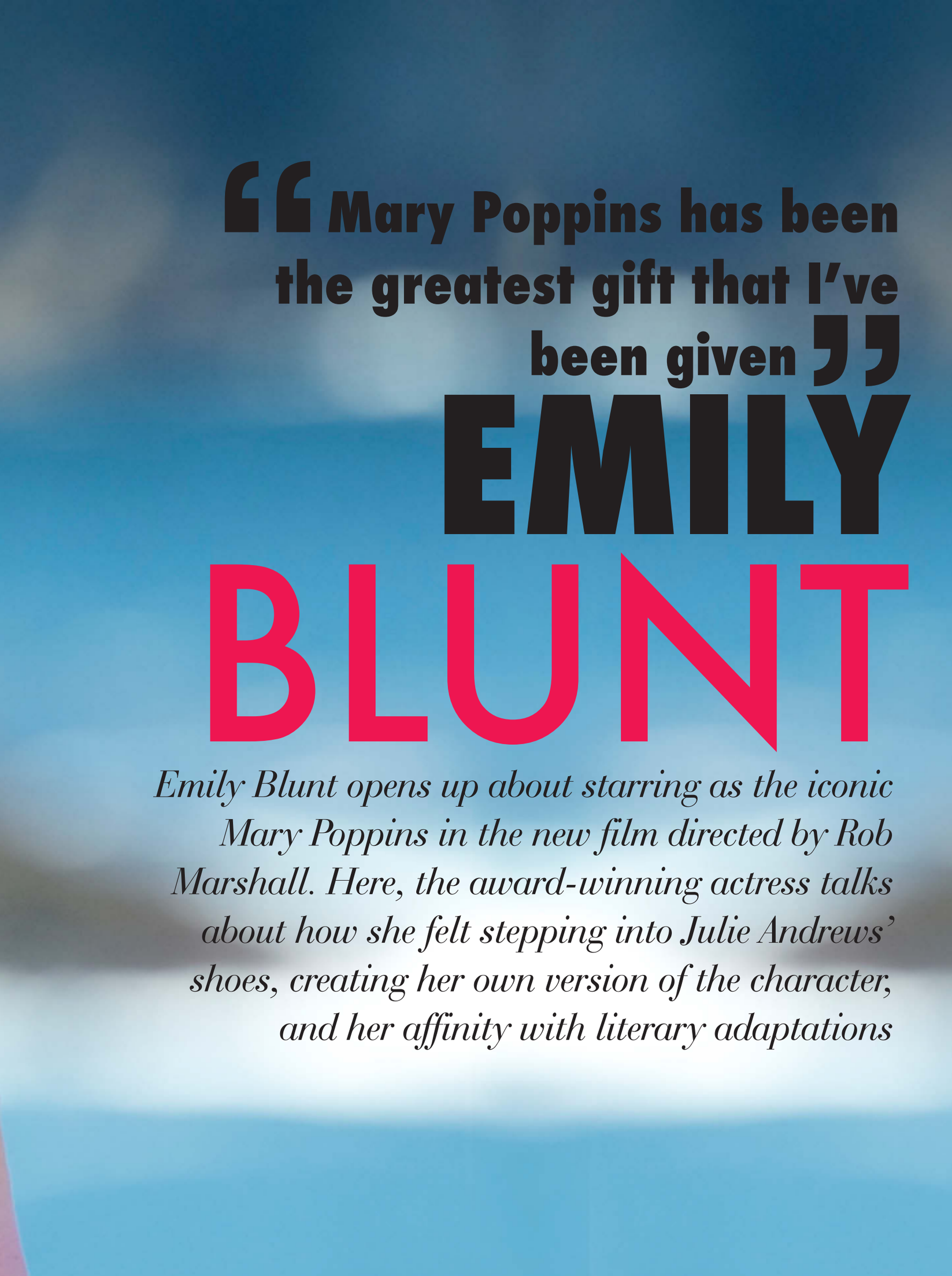
What kind of impact has success had on your life? How do you deal with all the media attention and has it changed your perspective of life?
MA: I feel that success has had a very positive impact on me, it has taught me some very important lessons. I take everything in a positive way. People who have known me for a long time say I'm the same person I was 10 years ago, so I think that's a good thing. My mother taught me one thing - what you have today you might not have tomorrow, so always be grateful to God and stay grounded.
As far as media attention goes, I am a very positive person. I take everything in my stride, whether it is negative or positive. So I would say no, I don't really feel like success has changed my perspective of life.

And finally, how do you see this time in your life? What do you hope to achieve in the next five years?
MA: I feel like I am in a really good place right now, *Alhamdulillah*. I hope to grow and improve further as a person and as an actor in the future. OK!

INTERVIEW: SARA AMIR TURAB ALI
DESIGNER: FAIZA SAQLAIN
PHOTOGRAPHER: ASHNA KHAN
MUA: RAJAN KHOKAR, NABILA'S SALON
JEWELLERY: JAIPUR & CO.







“Mary Poppins has been the greatest gift that I’ve been given”

EMILY BLUNT

Emily Blunt opens up about starring as the iconic Mary Poppins in the new film directed by Rob Marshall. Here, the award-winning actress talks about how she felt stepping into Julie Andrews’ shoes, creating her own version of the character, and her affinity with literary adaptations

KAREN DOTRICE, JOHN DELUCA, EMILY MORTIMER, BEN WHISHAW, MARC PLATT, DICK VAN DYKE, EMILY BLUNT, ROB MARSHALL, LIN-MANUEL MIRANDA, PIXIE DAVIES & JOEL DAWSON AT THE *MARY POPPINS RETURNS*' WORLD PREMIERE IN CALIFORNIA

Emily Blunt must have been born with a wry expression and a mischievous take on the world. The lithe British beauty is a sassy, happy-go-lucky woman whose spirit is infectious to anyone who has the good fortune to make her acquaintance. Now she's about to take her charismatic aura to the next level in the biggest film of her career - *Mary Poppins Returns* - playing the title character that Julie Andrews first made famous in the 1964 Disney classic.

"Mary Poppins has been the greatest gift that I've been given," Blunt says. "Can you imagine my girls being able to say that their mom is Mary Poppins? I'm just so thrilled."

Directed by Rob Marshall (*Nine*, *Chicago*), *Mary Poppins Returns* places an almost impossible burden on Blunt to define the character in her own way and avoid all comparisons with Andrews. That explains why Blunt deliberately avoided watching the original again.

"I had seen *Mary Poppins* as a child and I have such beautiful and strong memories of that film. I didn't watch the film again during my preparations because I didn't want to be swayed by Julie Andrews's portrayal which was so iconic. I knew that once I was given the role that it would be impossible to match what she did. My only choice was to create my own version of the character - this is my interpretation.

A sequel to the 1964 film, *Mary Poppins Returns* is set during the Great Depression, 24 years after the original left off and where a tragedy leaves Michael Banks and his three children without a mother. This serves as an appropriate moment for the Banks' former nanny Mary Poppins (Blunt) to return to the family fold with the help of lamplighter Jack (Lin-Manuel Miranda).

Blunt heads an all-star cast that includes Miranda, Ben Whishaw, Emily Mortimer, Julie Walters, Colin Firth, Meryl Streep and Angela Lansbury. Though Julie Andrews declined to appear in a cameo, her Poppins' co-star Dick van Dyke, who famously played Bert in the original, appears in the role of Mr Dawes Jr., who formerly ran the bank now headed by Firth's character, William Weatherall Wilkins.

Blunt also has nothing to worry about at least in the eyes of Julie Andrews, who ardently endorses Emily as her worthy successor. "I admire her enormously," Andrews says. "It's just wonderful that she's the new Poppins. It's not a remake, it's a brand new one, based on all the other



EMILY BLUNT & ROB MARSHALL AT THE *MARY POPPINS RETURNS* NEW YORK SCREENING HOSTED BY THE CINEMA SOCIETY



EMILY BLUNT ATTENDS THE EUROPEAN PREMIERE OF *MARY POPPINS RETURNS* AT THE ROYAL ALBERT HALL

> “I didn’t watch *Mary Poppins* again during my preparations because I didn’t want to be swayed by Julie Andrews’s portrayal which was so iconic.”

stories. But, I wish her well because I admire her. I have met her, and I think she’s wonderful... Mine was mine, this is a new way. It was 50 years ago, and that boggles my mind!”

Interestingly, Emily’s turn as Mary Poppins comes on the heels of the huge success of her recent film, *A Quiet Place*, which was directed by her husband John Krasinski, with whom she also starred in the critically acclaimed horror film.

The 35-year-old Blunt, also know for her work in *Sicario*, *Edge of Tomorrow*, and *The Devil Wears Prada*, lives a comfortable distance from L.A. in the city of Ojai, where she and her husband prefer to raise their daughters Hazel, 4, and Violet, 2, in a pastoral setting amid sprawling vineyards.

What can you tell us about *Mary Poppins Returns*?
Emily Blunt: Michael Banks still works in the same bank where his father worked and still lives in the same house with his three children Annabel, Georgie, John and their maid, Ellen. And Mary Poppins magically returns to look after the Banks’.

What is your take on Mary Poppins as a character?
EB: From reading the books I discovered that she’s really eccentric and kind of batty and also incredibly rude and vain. She’s a very striking character and I laughed so much at how she conducts herself...I also like how she sweeps in and is able to make everything great.

How apprehensive were you about taking on such an iconic role?
EB: I was very, very nervous but Rob Marshall is an incredible director and he is a wonderful friend as well. He created an incredible, emboldening atmosphere on set... Rob is my dear friend and I love him...He protected me from feeling like I had a boulder to move aside – the iconic character, the iconic Julie Andrews. And he kept it so intimate for me. He was very empowering - he wanted me to completely make her my own.

How has Mary Poppins changed in your hands?
EB: I don’t know how the character has changed really but I kind of want people to discover for themselves...

How intense were the preparations under Rob Marshall’s guidance?
EB: We rehearsed for eight weeks, which is unheard of. That’s how Rob works. When you show up on the day you feel completely at ease, because he runs it like a play to see if the scenes work and sizzle. We rehearsed the big dance numbers and



EMILY BLUNT & JOHN KRASINSKI AT THE PREMIERE OF *MARY POPPINS RETURNS* IN CALIFORNIA

did two and a half weeks of pre-records and then started shooting. The whole thing took about a year.

Were you impressed with the sets for the film?
EB: When I saw Cherry Tree Lane for the first time it was overwhelming. How ever incredible the first film is, I hope this one will be allowed to stand on its own. It's magical, but it's so grounded as well. There's such a beautiful story running through it.

***Mary Poppins Returns* is based on a famous book just as was the case with *The Devil Wears Prada* and *The Girl on the Train*. Do you have an affinity with literary adaptations?**
EB: I'm fortunate in having a sister who is also a literary agent and I try to follow her every piece of advice in that respect. We also have very similar tastes and we're always discussing possible adaptations.
She's also sometimes able to let me read the galleys of new novels before they are printed which might turn out to be an advantage one day if I find some incredible story that I could buy the rights to or speak to a studio about.

You've been together with your husband John Krasinski for almost a decade now. Actor couples often have a poor track record when it comes to longevity. How have you managed to enjoy a successful marriage?
EB: We've always been able to talk to each other and discuss everything together. Being very open and talking and not hiding any worries or concerns is so important, I think. I also think it's an advantage having someone in your life who understands the kind of things you go through in our profession.
We also try to be very supportive of each other and we know that we always have each other to rely on and make each other feel very loved and appreciated. It's a beautiful feeling.

> "When I saw Cherry Tree Lane for the first time it was overwhelming. However incredible the first film is, I hope this one will be allowed to stand on its own."

What kind of father is John?
EB: He's a very good father and that's been a great source of comfort to me because it's not always that easy to pursue a Hollywood career when you're raising young children and have to be working on movie sets for months at a time. He's great at making sure there are always fresh bottles of milk and fresh food in the house. Just those little things make such a big difference.

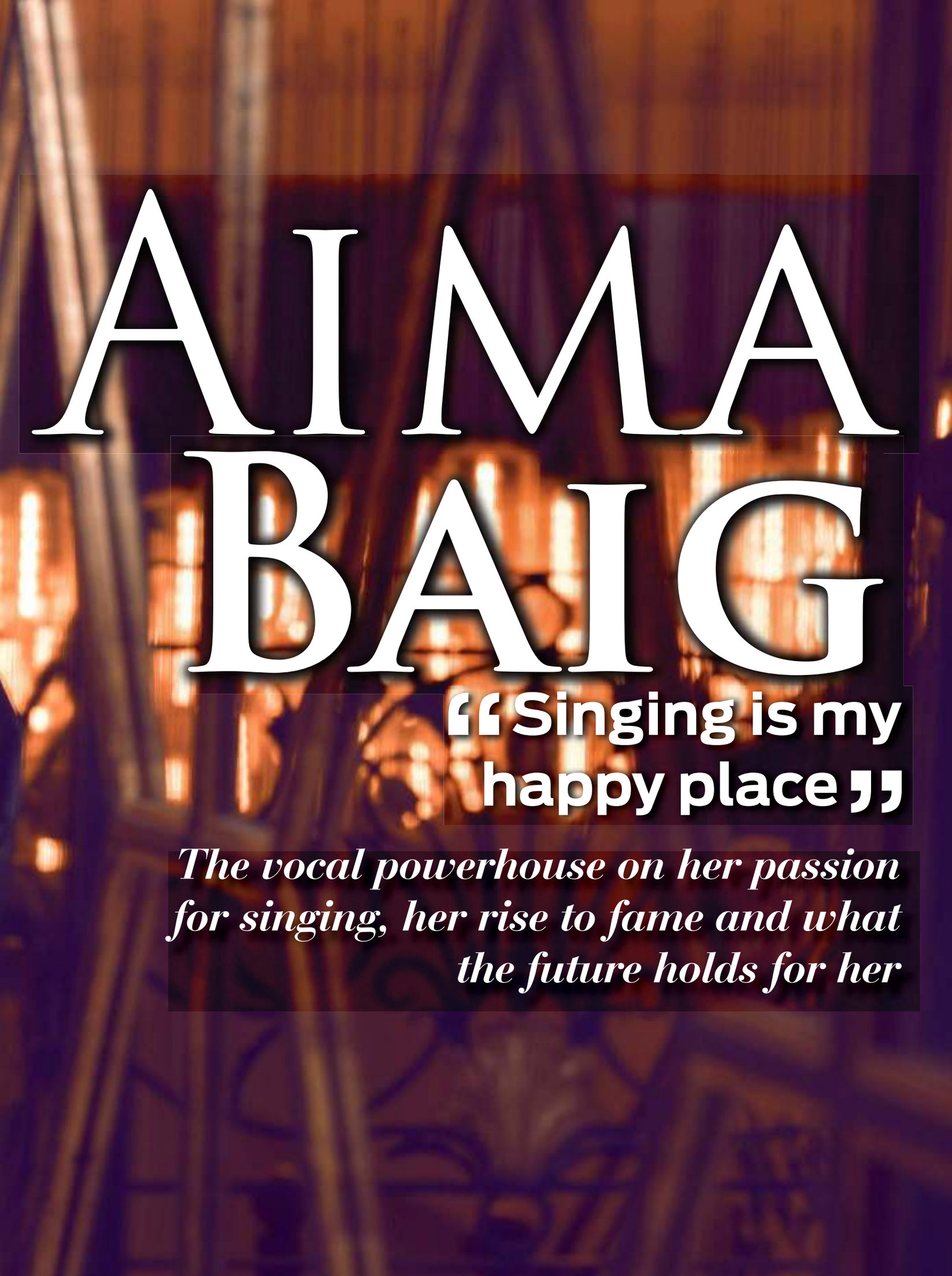
In what ways has becoming a mother affected you?
EB: It changes your world completely. You become a different person because you look at your choices from a very different perspective. Whenever I'm considering a project I always think of how it's going to affect the lives of my daughters. I only choose films now that I definitely want to do and even then I have to really love the story and my character because when your children are so young you have such a strong desire to be with them as much as you possibly can.
That's why I nearly passed on *Sicario* because I was still feeling very vulnerable and so close to my daughter Hazel after her birth that I didn't want to play in a very violent film about Mexican drug cartels. But once I did it I realised that becoming a mother gives you so much more strength than you thought you had. You learn that you're actually much more capable than ever.

You've continued to maintain a fairly good workload even while raising your children. Did you find it at all hard to get back in shape after your pregnancies?
EB: I'm lucky that I come from a family where we don't really put on a lot of weight. I've also learnt how to train properly from working with Tom Cruise on The *Edge of Tomorrow* and then doing *Sicario*. You learn to enjoy the discipline of that although if I don't have to prepare for a very physical role I'm usually riding bicycles or going on hikes with my husband. OK!


EMILY BLUNT AT THE *MARY POPPINS RETURNS* PARIS GALA SCREENING

INTERVIEW BY WENN
PHOTOGRAPHS: GETTY





AIMA BAIG

“Singing is my happy place”

The vocal powerhouse on her passion for singing, her rise to fame and what the future holds for her



AIMA WEARS A METALLIC TOP PAIRED WITH A RUFFLED SKIRT BY MARINA QURESHI

"*Where words fail, music speaks.*" An artist is someone who has the power to influence masses through the performing arts and music. With countless tracks and singers out there in our industry, only a handful have stood out. The fierce and fabulous Aima Baig is one of them. A vocal powerhouse, she is no stranger to us. Her singing style is unlike any other in Pakistan's music realm today.

A Lahori by heart, she graduated with a Bachelor's degree in Film and Television from the University of Lahore. Aima is a music enthusiast who has had a knack for singing since her childhood years. Lucky for her, she ventured into the field and dominated it with vigor.

Her live performances and Coke Studio gigs are a wonderment. Whether it was singing *Baazi* and *Malang* with Sahir Ali Bagga, *Teriyaan* with Asim Azhar, *Aatish* with Shuja Haider or *Ballay Ballay* with Abrar ul Haq, she can own any show, any day, with her singing prowess! This year, she won our hearts with a stellar collaboration with Ali Zafar in the blockbuster *Teefa in Trouble* titled *Item Number*. Her voice echoes beyond borders and dominates the music scene. A western inspired singer, Aima is Pakistan's adored star.

> "I know what I am capable of and I have my own vocal boundaries, which I am aware of. There is no question of pressure."

The recipient of last year's Lux Style Award for Best Singer, she is keen to experiment with medleys and diverse music genres. Give her a mic, and she will sing her heart out, be it *qawwalis*, Sufi or pop music. However, Aima has impressed us the most with her western influenced songs and covers. She has introduced the era of modern music in Pakistan and we are all for it!

Music feats aside, she had hands-on experience co-hosting the comedy talk show *Mazaak Raat* until her future took a complete U-turn for a full-blown career! Almost every film has her as the lead vocalist in one (or more) tracks. *Arth 2*, *Na Baaja Na Baraati*, *Balu Mahi*, *Na Maloom Afraad 2* and *Lahore Se Aagey* are a few mainstream Pakistani films ▶



"I am definitely working on a few singles that I am about to release internationally."

WEARING A CHEQUERED OUTFIT BY AAVVA

> “I am a very private person but I am an open book as well, if you get to know me.”

to feature the young starlet. A force to reckon with, trendsetter Aima Baig has achieved recognition in just a few years, but what is next for her? Maybe a new collaboration or a solo track list? Let’s find out!

Walk us through your early life and childhood.
AIMA BAIG: It was truly amazing! I had the best time with my parents and siblings. Those are some memories I will always cherish! They are safe and secure in my mind, as they should be. As a child, I was mysterious. My mother thought of me as the weird kid in the family. I was somebody who was quiet and had no tantrums.

What is your tale? How did you venture into singing?
AB: Singing came very naturally to me. I just knew I could sing and somehow I felt that this is what I wanted to do my whole life. Singing is my happy place!

You are widely known for your unconventional vocals. How did you learn the art of singing so well?
AB: I never learned it professionally from anyone or anywhere. Maybe through karaoke’s, years and years of practice and singing alone in my room made me realize the importance of singing. I suppose that helped me learn a bit about it.

Who do you cite as your music influences?
AB: They are mainly from Hollywood because I have always been so fond of English songs. All I ever did were karaoke’s and covers of English songs. So, I would say pretty much all the Hollywood singers there are but nobody particularly from Pakistan, India or any other country.

Are people inherently good singers or is it a craft you learn with time and experience?
AB: No – I know for a fact that you can learn about music but you can never create, produce or sing like someone who has innate talent. One needs to be blessed with a similar gift if he or she really wants to pursue singing as a career.

How was it like working on the song *Item Number* opposite Ali Zafar?
AB: Ali Zafar is one of our senior most artists in the industry. It was pretty much a learning experience for me in every aspect. It was great working with him.

Are you planning a studio album anytime soon?
AB: I wouldn’t say an album but I am definitely working on a few singles that I am about to release internationally. I am very excited and nervous at the same time! ►



AIMA IN A CLASSIC OFF SHOULDER SILK GOWN BY MALIHA LONDON



AIMA IN A SPORTY ATTIRE
BY TUHURA ATHLETICS

"My priority right now is singing."



> “I want to establish myself as a singer and then I will think about something else, if my mind gives me permission to think about something apart from singing (Laughs).”

I believe Aima Baig is the best thing Pakistan has ever produced. However, with fame comes the pressure to be perfect. Is it a battle you struggle with?

AB: That is a very good question! First off, thank you for the compliment. It definitely causes pressure for those who actually consider it as a profession or competition. For someone like me who is a natural, I don't find myself under any pressure. I don't care what people think about how I sing.

I always sing my heart out while composing or jamming. That is what I really do! Honestly, I don't feel any pressure. I know what I am capable of and I have my own vocal boundaries, which I am aware of. There is no question of pressure. If you are blessed with something, you should rejoice over what you have been given.

In view of media scrutiny, where do you draw the line as a public figure?

AB: There are so many things where I draw the line, especially when it comes to the media. I am a very private person but I am an open book as well, if you get to know me. I don't have anything to hide but I don't like to be exposed for something I am not responsible for. I feel pretty nervous and anxious when people overly admire or overly criticize me. Sometimes I get overwhelmed. There are moments when I feel super nervous! That is just who I am.

Who is your fashion icon?

AB: I don't know, honestly. Different people inspire me in life, on social media and in the field of fashion. I don't have anyone particular in mind who I can cite as my fashion icon. I am, however, inspired by many people through their fashion sense.

Is acting on the horizon for you?

AB: My priority is singing right now. Although I have been offered many films and dramas, I am into singing only. I think there is so much for me to learn and explore about music. First, I want to establish myself as a singer and then I will think about something else, if my mind gives permission to think about something apart from singing (Laughs). OK!

INTERVIEW: HAIDER RIFAAT
STYLING & COORDINATION: RAO ALI KHAN
PHOTOGRAPHS: MHM
MAKE UP & HAIR: FATIMA NASIR
LOCATION: NISHAT HOTEL EMPORIUM MALL





JAMIE DORNAN

"I don't really pay too much attention to how I'm perceived by audiences"

The actor talks about escaping his Christian Gray alter ego, balancing family life with a demanding career, and his new movies, *A Private War* and *Robin Hood*



Jamie Dornan is fast trying to escape his Christian Gray alter ego and show audiences new sides of himself. The handsome 36-year-old actor who hails from Northern Ireland (and still speaks in the fairly thick and charming accent of his native land) is now embarking on two vastly different projects that will go a long way to redefining his screen image.

First up is *Robin Hood*, the latest remake of the venerable Sherwood Forest saga that has previously seen Errol Flynn (glorious), Kevin Costner (horrendous), and Russell Crowe (miserable) take up the title role. Except Dornan isn't playing Robin but rather his half-brother, Will Scarlet, instead while Taron Egerton plays the leader of his rebel troupe and Jamie Foxx is cast as Little John.

Though some might question the casting choices as well as the wisdom of reviving the oft-told tale, Dornan believes that the only way to attract audiences is to infuse some radical innovation into the narrative. Looking cool and relaxed with a fairly lush beard and wearing a grey pullover and black pants, Jamie spoke enthusiastically about *Robin Hood* and how he hopes it will engage people.

"It's exciting and I'm excited for people to see it," Dornan says. "There's no point in making it unless you're going to turn it on its head and do something that hasn't been done before. I think the opportunity to be involved in that was exciting to me. And to be part of an ensemble cast of some really amazing people was very enticing."

In addition, Dornan can also be seen in *A Private War*, a biopic about the life of intrepid war correspondent Marie Colvin (Rosamund Pike) in which he plays her close friend, British photojournalist Paul Conroy.

Finally, Jamie has revealed that he will be

> **"It upsets your expectations. The story goes in different directions from the established paths of the previous *Robin Hood* films."**

voicing one of the principal characters in *Trolls World Tour*, the animated sequel to the massively popular original 2016 Disney cartoon film.

Jamie Dornan is married to former actress Amelia Warner, 34. They have two daughters, Dulcie, 5, and Elva, who turns 3 in February.

Jamie, what's different about this latest reboot of *Robin Hood*?
JAMIE DORNAN: It upsets your expectations. The story goes in different directions from the established paths of the previous *Robin Hood* films and there's this sense that you don't know these characters as much as you think you know them from the previous versions. It's a very physical film which I think is going to make it stand out.

Your character, Will Scarlet, will certainly surprise a lot of people who discover that he may not be a good guy after all as the story unfolds?
JD: I think that that's what's cool about it and that's what I felt when I read it. At the start of the story you think that this guy is an inherently good person and he's trying to do the right thing for the people and there's a lot about him that's very admirable and then things happen in the story and lines are crossed and within that love triangle between Robin and Marion he ends up in a place that's totally unrecognisable from where we first met him.

There's been a lot of talk about the very violent axe fight Will Scarlet takes part in?
JD: It was a very demanding scene to shoot and I had prepared quite intensively for that scene and I did a lot of physical training to be ready for it. Unfortunately, a lot of the axe fight doesn't make it into the final cut although there's plenty there to make you take notice. It was very exhausting to shoot that scene. We did it on a night shoot which made it extra hard but honestly I love doing physical stuff like that.

How did you and your co-star Taron Egerton who plays Robin Hood get along?
JD: We became great friends. We've maintained contact after the filming was over and we still talk regularly. I was a big fan of Taron's before we started working on the film and we hit it off instantly which is always pleasant when you're going to be working together for several months....Taron has a lot of energy and he's annoyingly charismatic! (Laughs)

You've also revealed that you're going to be one of the main voices and characters in the new Trolls film?
JD: I hadn't done too much work so far in my career that the kids could watch and I was quite mindful of that. Now that they've been going through a particularly obsessive period with Trolls I just ▸



DAKOTA JOHNSON & JAMIE DORNAN ATTENDS THE UK PREMIERE OF *FIFTY SHADES DARKER* IN LONDON



> “I’m very fortunate to be in a position where I can spend many months at home with my wife and children which is something not a lot of working fathers can do.”



asked to be involved in the second one and it worked out.

How do you manage to balance family life with a career that often takes you away for months at a time?

JD: I’m very fortunate to be in a position where I can spend many months at home with my wife and children, which is something not a lot of working fathers can do. Of course my family is the most important thing in my life and I want to continue working at a pace that gives me enough time in between projects that doesn’t disrupt things too much.

The last five or six years has been a very fortunate time for me in my career and I’ve enjoyed the work I’ve been doing lately and I hope I can continue that. But no matter how my career evolves my priority will always be to raise my children properly

> “I’ve never been interested in leading a glamorous life - that just doesn’t appeal to me at all.”

and be an important presence in their life.

Did your wife and children visit you on the set of *Robin Hood* while you were filming in Hungary last year?
JD: They visited me once but usually I would fly back for a few days at a time from Budapest back home (to England) rather than making them come to see me. But I know that if I am going to be working on a film for several months then they will come live with me. It would be too hard, at least for me, to be apart for that length of time. So we will always find a way to work it out and not be separated for very long.



MOVIE STILLS





Was it important for you to be able to take part in telling the story of Marie Colvin in *A Private War* and how she tried to report on the reality of war torn regions like Syria?
JD: It was a privilege to be part of this film and being part of a story that is so authentic and real and wanting to capture the truth. I hope the story will leave a lasting impression on people and how little or nothing has been done about the situation in Syria. Some films you do for entertainment but this one was one that had a bit of weight behind it and you feel that they’re important.

How intense was it on the set?
JD: It was a very emotional and cathartic experience for all of us. The director spent weeks interviewing real Syrian and Iraqi refugees and a lot of the stuff you see in the film are shots of real refugees and real tears. So you can imagine what it was like seeing mass graves in Iraq and seeing how when the people would go by those graves there would be this mass wailing.
Even our DP (director of cinematography) who was in their faces with the camera had a hard time shooting those scenes. Even though you want to be able to capture those moments you also worry about crossing a line and exploiting those emotions. But the real refugees and victims of this tragedy thanked us for wanting to tell their story and that made us feel that we needed to be as authentic as possible.

What was it like playing a real-life character in Paul Conroy, the photographer who working with Marie Colvin?
JD: I had a bit of a cheat in that I had the luxury of Paul still being around and he was with us the entire shoot in London and it’s rare to get that luxury as an actor to have the person you’re portraying 20 feet away from you at all times.

Your image is still heavily tied into your Christian Gray alter ego and all the attention status that follows from the 50 Shades films. How do you deal with being considered a sex symbol in the eyes of a lot of the women who have seen you in these movies?
JD: I don’t deal with it at all, frankly. I would rather that people find me attractive as opposed to ugly, but you want the public to appreciate your work as an actor as opposed to your physical appearance.
But I don’t really pay too much attention to how I’m perceived by audiences. That’s why I’m not on social media. The only thing that matters to me is what my family and closest friends think of me. Otherwise you’re in danger of losing your identity to your films and how well one movie does as compared to another which is generally out of your control.

You have been pretty successful at leading a very quiet life with your wife and daughters and staying out of the public eye as much as possible?
JD: When you’re raising two toddlers there isn’t a lot of time to go out on the town, anyway. We enjoy being at home together and living a very normal life. I’ve never been interested in leading a glamourous life - that just doesn’t appeal to me at all.
I had enough wild nights when I was younger and hanging out with my rugby mates and going from one pub to another. But those days are long gone.

You originally wanted to become a professional rugby player, didn’t you?
JD: I was a skinny kid and rugby was my way of trying to become stronger and more physically fit. I loved the sport but I was never good enough to turn professional and also a few broken bones along the way made me think about doing other things with my life. But I’m still a sports fanatic and a frustrated athlete. I love playing golf as a means of relaxation although it can be a very frustrating sport!

As a former model and someone who was very elegantly dressed in your Fifty Shades films, do you pay a lot of attention to fashion and clothes in your private life?
JD: It’s not something I worry about a lot and I hate shopping for clothes. If I go to an event or premiere, then I’ll spend some time thinking about that and I’ll go looking for a brand that I like and buy something. But on a daily basis, no. I have two daughters and they take a lot of time. So, if we’re all going out I’ll choose something very basic, a white T-shirt, jeans, anything that is comfortable and presentable. I think the older I get, the simpler I get when it comes to fashion.

Apart from your acting work, you’re also the face of Hugo Boss fragrance. How does your wife Amelia like the scent?
JD: Amelia loves the Hugo Boss fragrance. I’ve never met anyone like her before who’s very passionate about fragrance and she’s really into it. OK!

INTERVIEW BY WENN
PHOTOGRAPHS: GETTY

NEW YEAR'S RESOLUTIONS 2019

OK! Pakistan chats with Pakistan's biggest movers and shakers about what's in store for them this 2019! Whether it's a healthy lifestyle, a quest towards spirituality, or traveling the world – these top guns share it all!



Zhalay Sarhadi

2019 shall be a year of fulfilling desires, wants and ambitions. I am planning to be adventurous on a personal level as well as professional. I am grateful for this life so shall make the most of it starting New Year's because 'yolo'! I was never meant for conformity, and break boundaries I shall. At least that's the intent!



Juggun Kazim

To take out time, every single day, to be with my children, no matter what else I may be doing.



Farhan Saeed

I have given myself the goal to make a positive difference in the lives of upcoming music artists who are going through a definitive phase of their journey. I have been there myself and where I am now, I feel it is my responsibility to tap into my immensely talented Pakistan!



Zara Noor Abbas

In 2019 I want to do more of what I want rather than what others think I should do. I want to focus and be my own person.



Asad Siddiqui

I think I could be a little more punctual! So my resolution would be to work on time management!



Khadijah Shah

018 was an exciting and jam packed year for Élan. Maison Élan finally opened its doors in Karachi; our first outlet there, it evokes the eclectic style of the city by the sea, while offering the quintessential Élan experience to our customers. On the bridal front, we exhibited my most personal bridal collection yet, 'Nafeesa'. Named after my darling niece, this collection was exceptionally close to my heart. In addition to our sixth consecutive lawn collection - one of my favorites so far - and our festive unstitched Silk collection, we debuted Élan Winter to mass acclaim. Every year, my team and I strive to set the bar higher, to enhance the value we provide to our customers, and ensure that the Élan brand remains synonymous with unparalleled quality and effortless style. I am hopeful that in 2019, with your indispensable support, Élan will rise to even greater heights.

Wishing you all the Happiest of New Years.



Faryal Makhdoom

My New Year's resolution is to avoid negativity, negative people, and always be positive. Learn something new each and everyday. Be thankful for the little things in life.



Azfar Rehman

Vacation every third month and no more stressing and overworking.



Fahad Mirza

- To not care what people think.
- To be emotionally resilient.
- To be present in the moment.
- To be able to see all the blessings Allah has bestowed upon me.



Deepak Perwani

To get rid of useless people around me and have a better karma for next year.



Hira Tareen

This year, rather than making a resolution I'm going to be thankful and count my blessings. This past year has been a lifechanging one for me with my baby coming into my life which has allowed me to see everything in a new light. I feel prepared to spread my wings and take new frontiers and challenges head on. In the coming year I can only hope to become the best version of myself, break barriers and make a difference.



Iqra Aziz

My New Year's resolution is to practice kindness and generosity with strangers, and to be thankful for my blessings.



Ayesha Omar

Everyone has personal battles they fight; I'd like to be more forgiving towards myself in the future. Self-love goes a long way!



Yaser Hussain

This year I will take a break from television and the silver screen and will hopefully try and spend more time with my family and friends. I also want to give more time to reading and writing.



Shehla Chatoor

2018 was a wonderful year for me personally. It was also a challenging one, what with my solo show and the trials and tribulations of creating collections that can do justice to the standards I hold myself upto with my craft. My resolution for 2019 is to get rid of any negativity around me, and to take my craft further and represent Pakistan like I see and feel it, proud and beautiful!



Strings

Keeping doing what we love: giving our fans some great music!



Sarwat Gilani

My New Year's resolution is to work on my film, *Blue Socks* and make it happen in 2020.



Yashma Gill

That as an inspirational figure, I inspire people in ways that can help them be the best version of themselves.



Hadiqa Kiani

My resolutions are for life, not just for the New Year!

- Spending quality time with family (vacation mandatory).
- More catching up with friends.
- Regular gym.
- Conscious healthy eating.
- Staying away from toxic energies.
- Doing more goodness in terms of social work.
- Focusing on business growth.
- More time management.
- Breaking my mental blockages.
- Exploring new places.



Junaid Khan

To be a better version of myself. Contribute in any way possible towards giving awareness about how important human life is.



Ali Rehman Khan

Instead of making a resolution, I just plan to get into 2019 full throttle and see what the year throws my way!



Shaneira Akram

My News Year's resolution is to be myself, love who I am and not let anyone try to change that! I've always tried to fit in, but no matter where I am, I've realised that I will always be somewhat different. We are all different in our own way. It's boring trying to be the same as everyone else. Our differences define who we are and make us the people we are today. No point wasting life trying to be someone else, just be the best version of yourself, embrace the differences and believe that the person you are is truly enough.



Hareem Farooq

Spend more time with my family.



Sidra Iqbal

To love myself unconditionally and uphold my boundaries unapologetically. It is my absolute resolve to cut off toxic people who don't build but break me. It is essential to creating a life of joy and fulfillment.



Sohai Ali Abroo

I intend to be there for those around me, help out those in need and listen when people need me to. 2018 showed us how much of an issue mental health really is and how important it is to spread the message that it's okay to not be okay.



Ali Sethi

Breathe. Focus. Breathe.



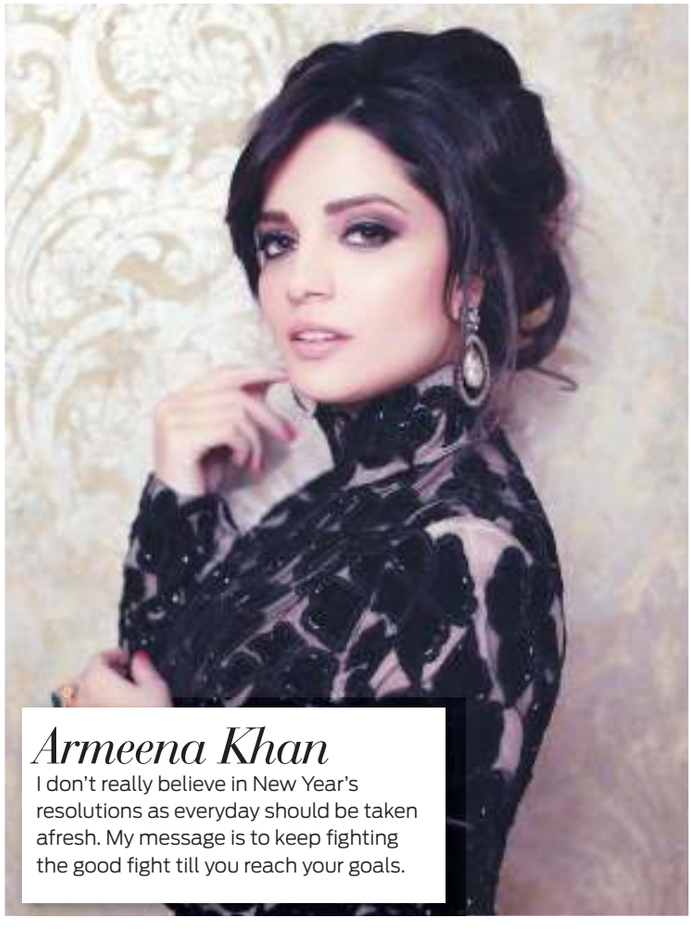
Mawra Hocane

Be kinder work harder & unlike the past many years make time for my own self a lot more.



HSY

To focus on being fit, being healthy, mentoring those in need and giving back as much as I can.



Armeena Khan

I don't really believe in New Year's resolutions as everyday should be taken afresh. My message is to keep fighting the good fight till you reach your goals.



Emraan Rajput

2018 has been a tremendous year for me, both personally and professionally. It has brought new laurels and new challenges my way and my resolution for the coming year is to step away from the rat race most designers in this country are part of and just work on bettering my own craft to better serve my customers.



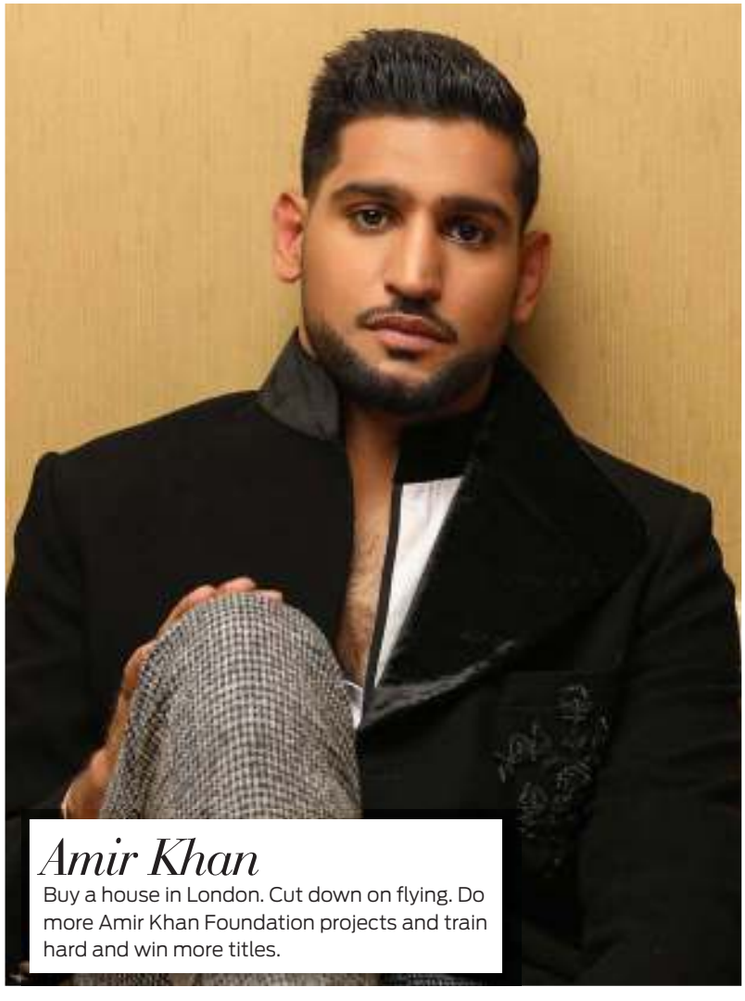
Safinaz Muneer

So bad to sticking to New Year Resolutions. but this year I really want to prioritise health and family and reduce stress and negativity.



Mahvish Hasan

Use less of my phone / gadgets ... get closer to nature definitely going to plant trees and probably adopt a pet ... continue practicing grace of being thankful use lessons learnt this year as a stepping stone for the year ahead And travel to new place like every year.



Amir Khan

Buy a house in London. Cut down on flying. Do more Amir Khan Foundation projects and train hard and win more titles.



Nabila

I don't make resolutions according to the calendar but my aim in life is to simplify life and perform better.

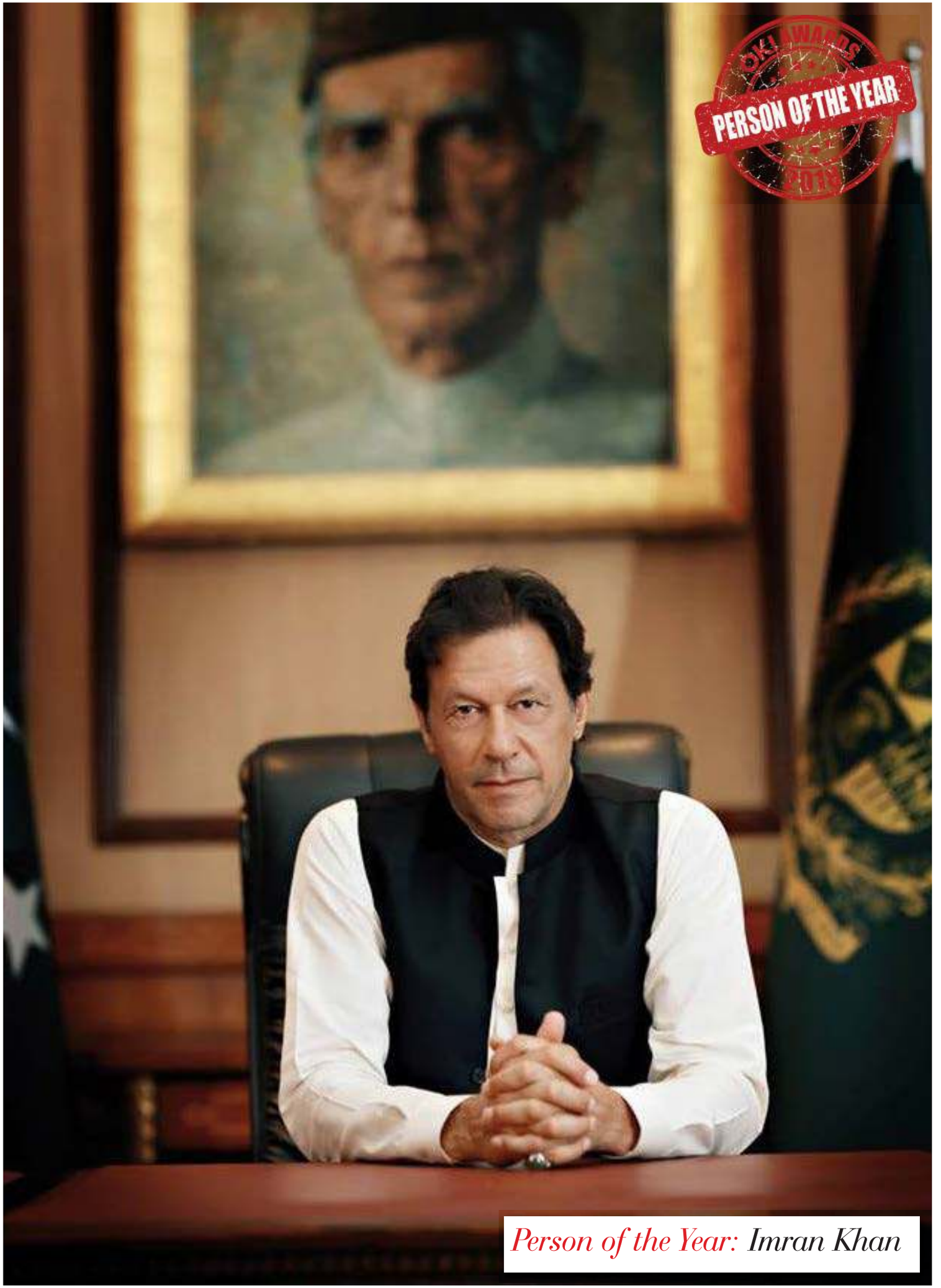
OK! AWARDS

2018's Best of the Best

As the new year begins let's celebrate the country's finest. OK! Pakistan pays tribute to all the extraordinary Pakistanis who have done exceptionally well in 2018!



Lifetime Achievement: *Asma Jahangir*



Person of the Year: Imran Khan



Film: Cake



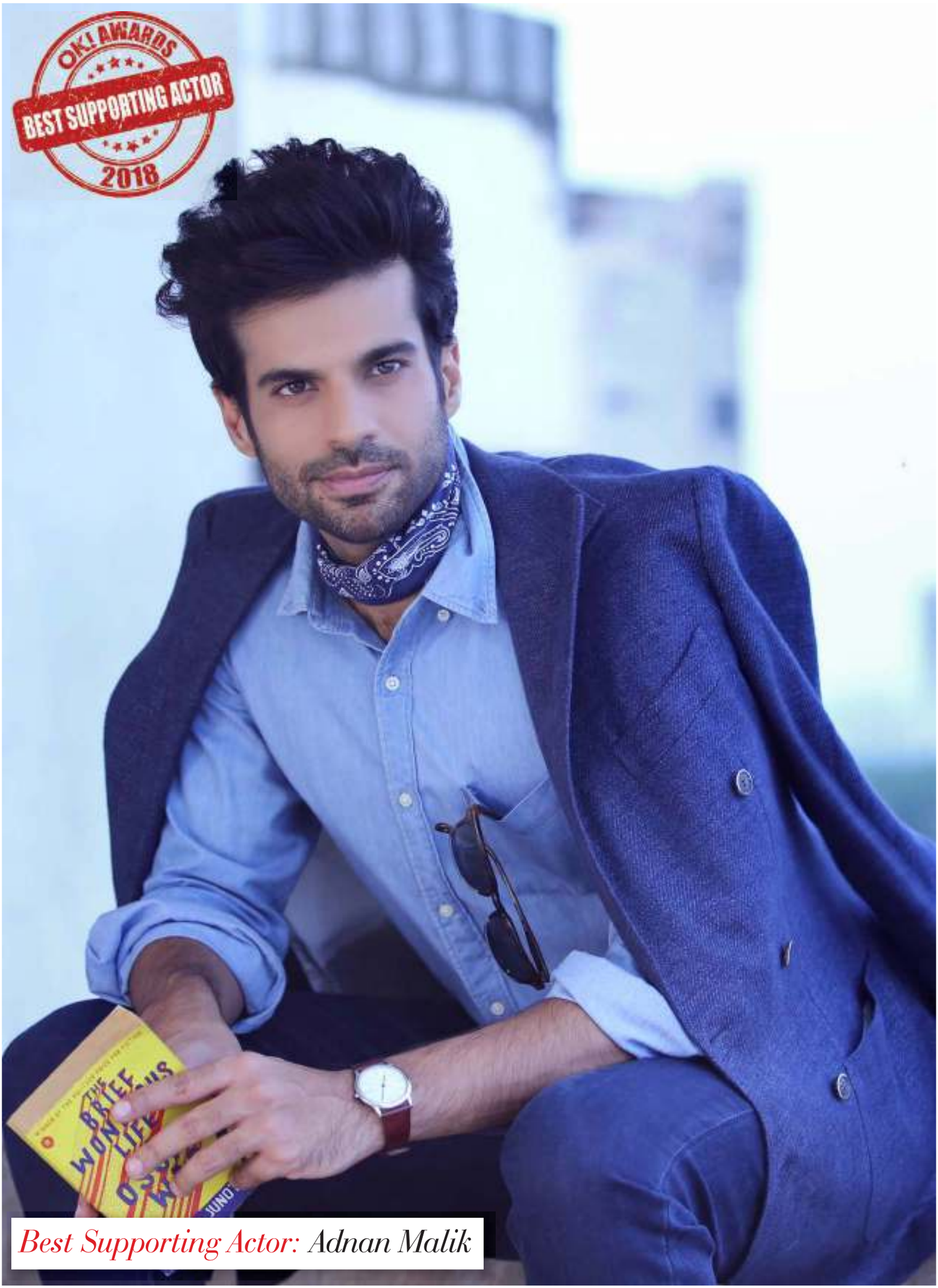
Producer: *Momina Duraid for PHJ*



Film Actor: *Hamza Ali Abbasi*



Film Actress: Aamina Sheikh



Best Supporting Actor: Adnan Malik



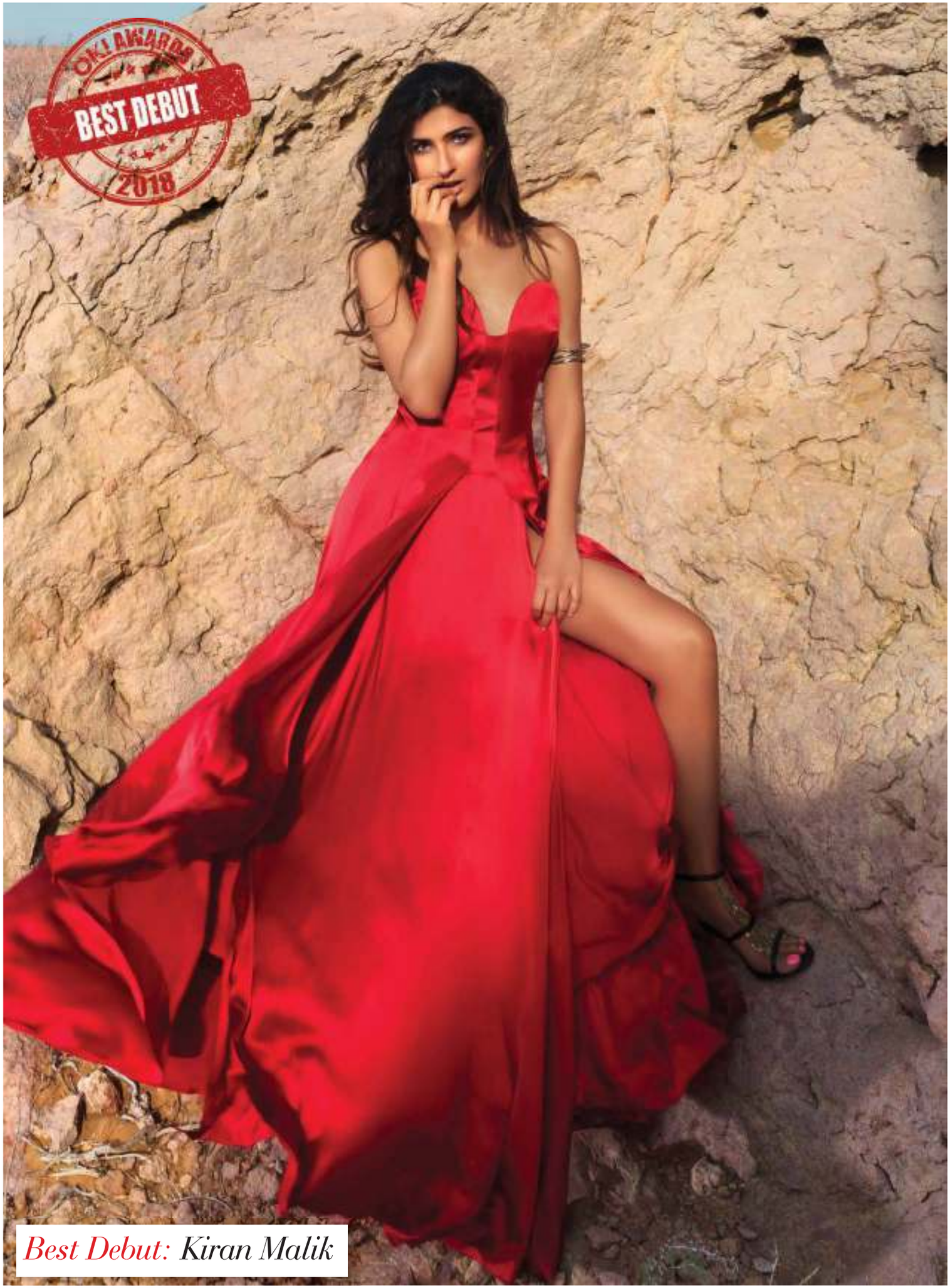
Best Supporting Actress: Mawra Hocane



TV Actor: *Farhan Saeed*



TV Actress: Iqra Aziz



Best Debut: Kiran Malik



Rising Star: Maya Ali



Best TV Drama: Khaani



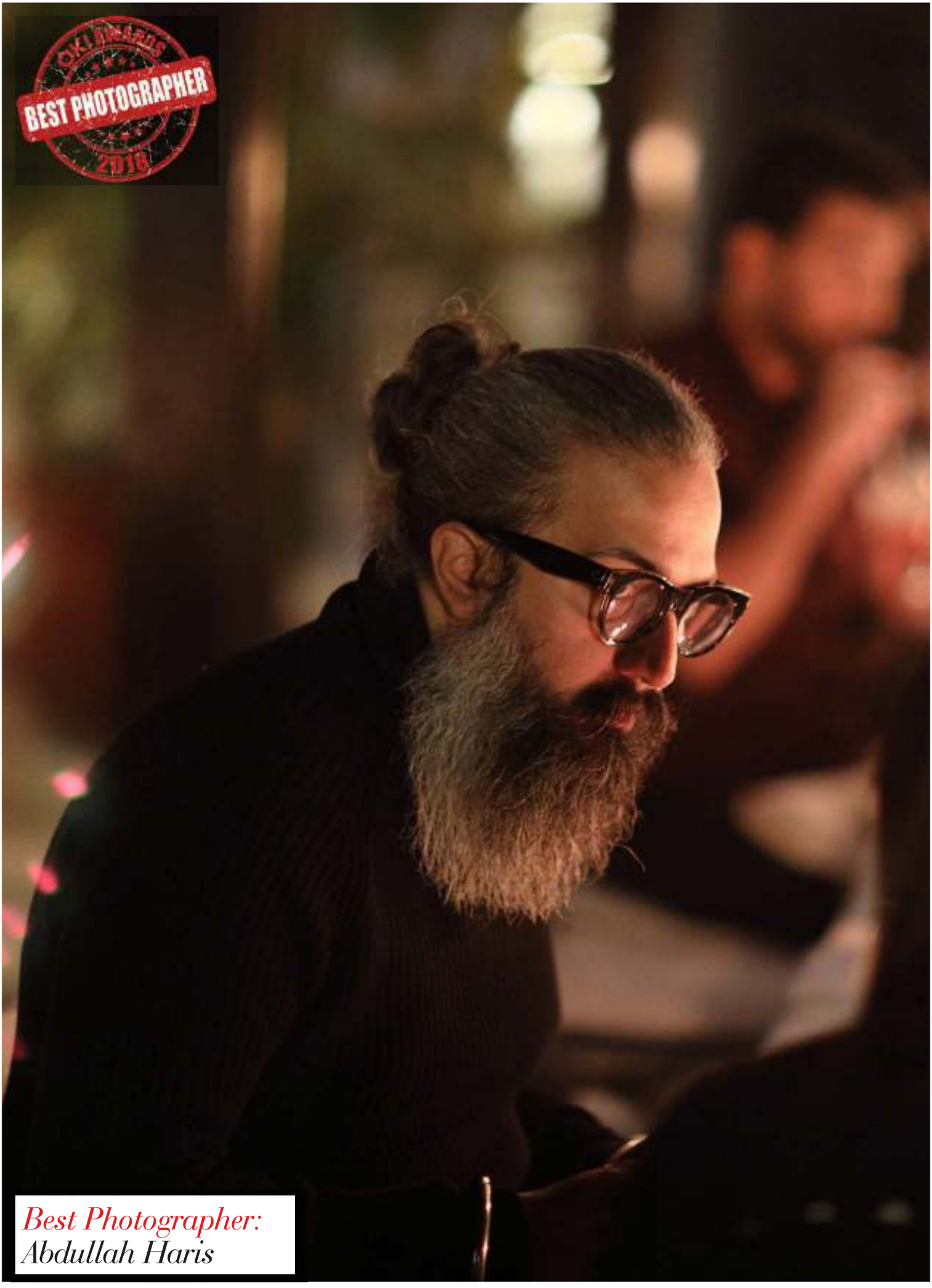
Music Album/ Artist: Strings



Male Model: *Shahzad Noor*



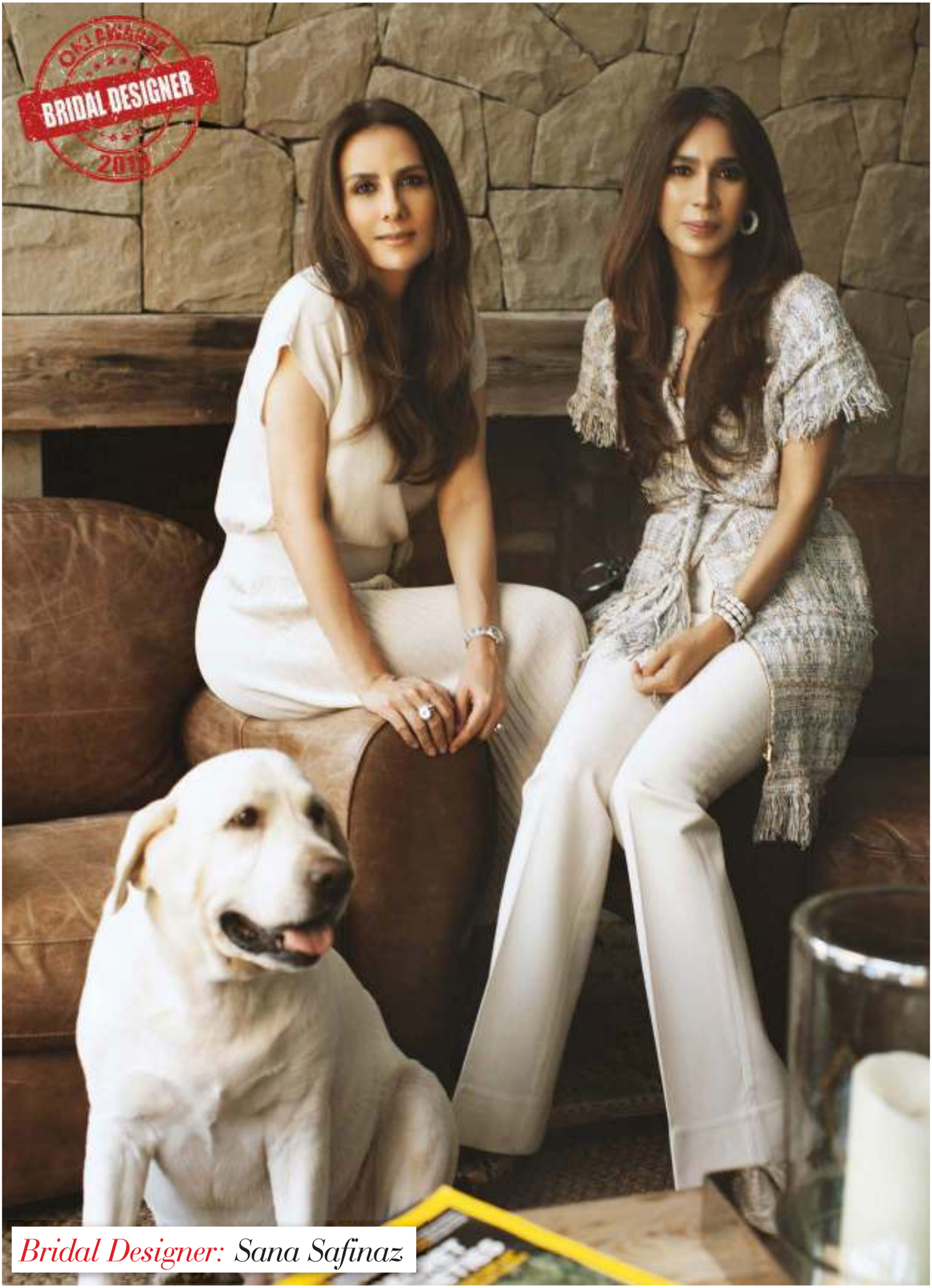
Female Model: *Anam Malik*



Best Photographer:
Abdullah Haris



Best Designer Lawn: Khadijah Shah



Bridal Designer: Sana Safinaz



Bridal Couture: *Shehla Chatoor*



Pret: Misha Lakhani



Makeup & Styling:
Natasha Salon



Jewellery Designer: Allure by MHT



Best Athlete: Amir Khan

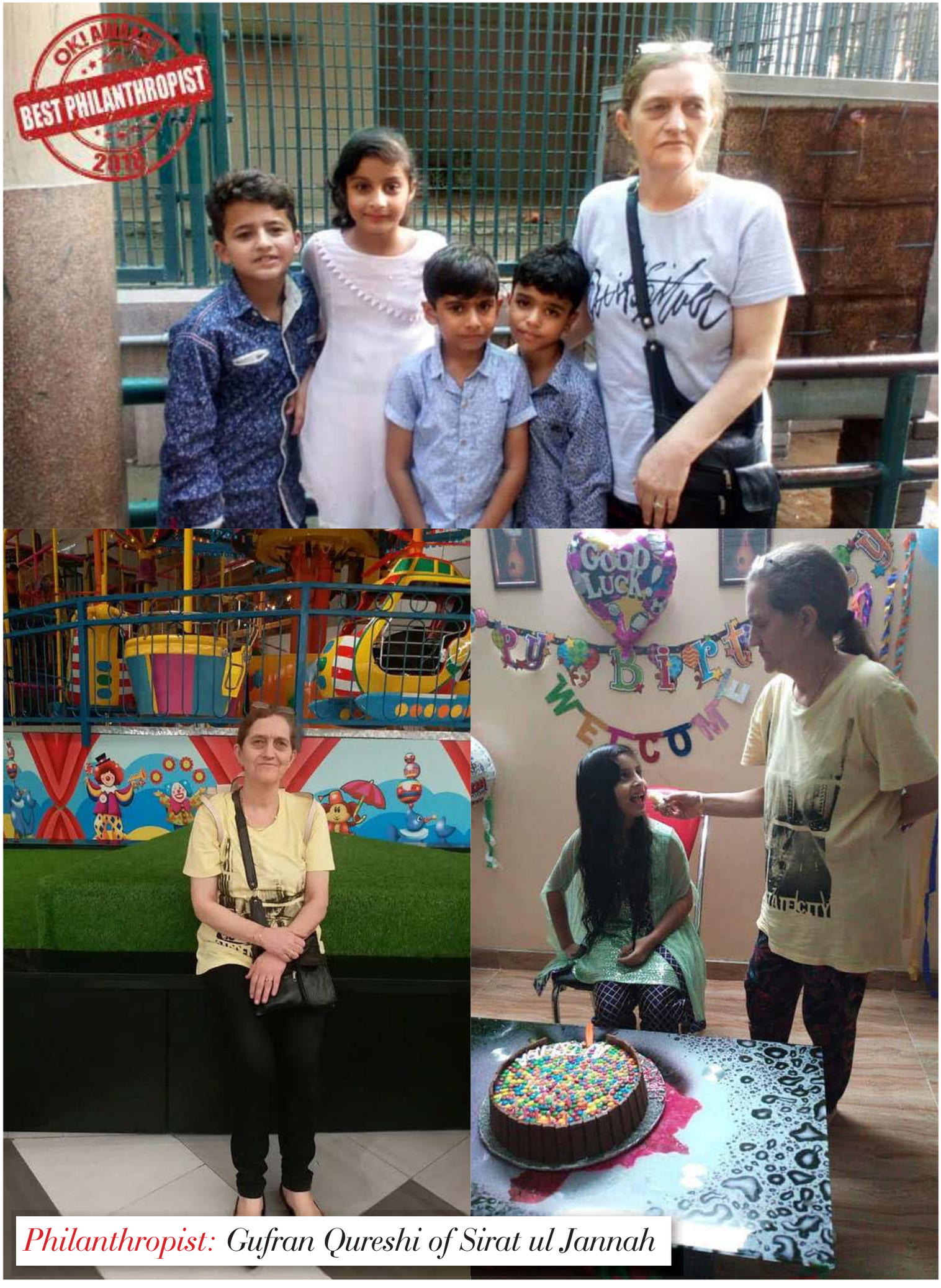


Film Director: Asim Abbasi for Cake

PHOTOGRAPHS: COURTESY ASIM RAFI ABBASI



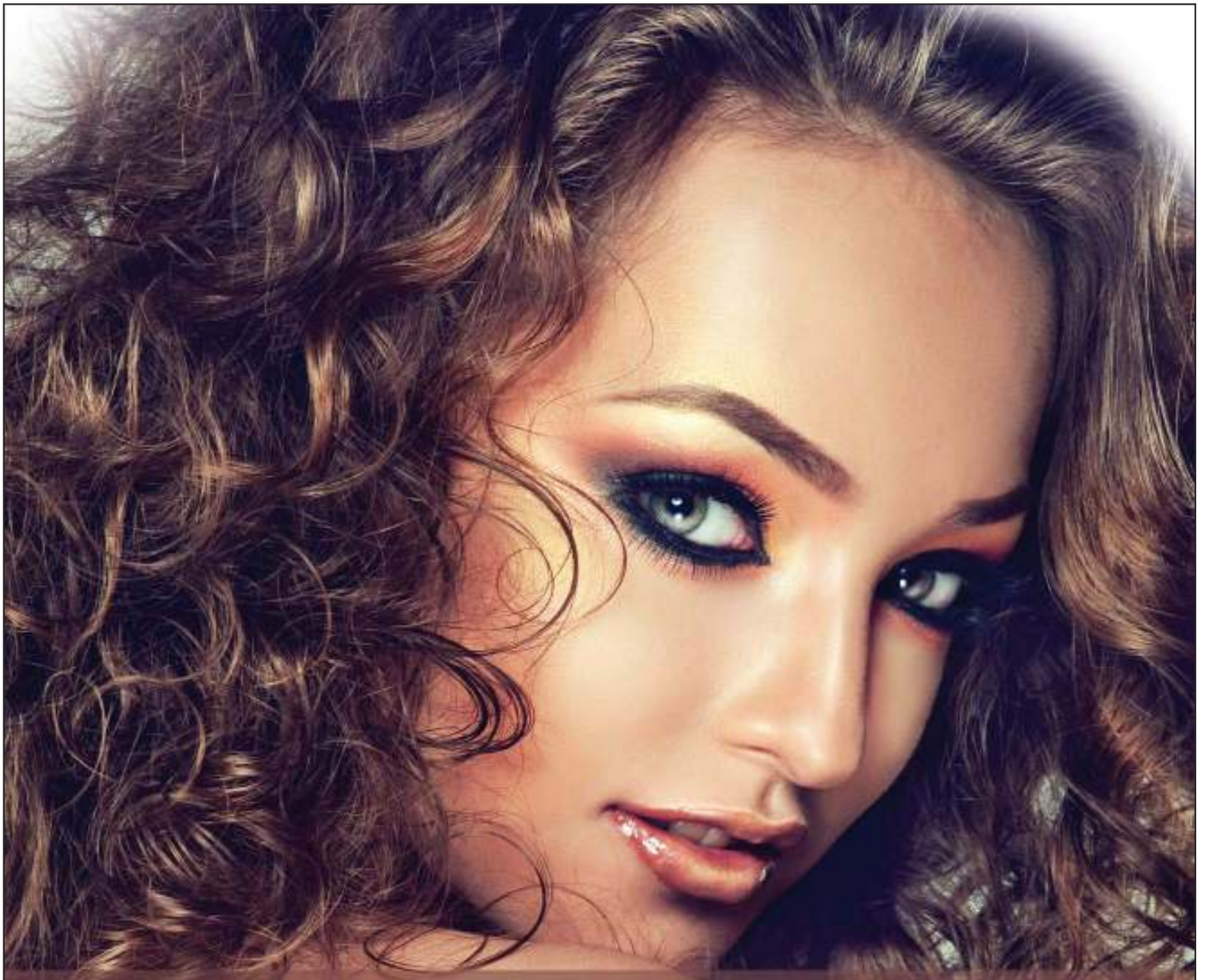
Artist: Adeel uz Zafar



Philanthropist: *Gufran Qureshi of Sirat ul Jannah*



Best Lifestyle Brand: Dolce Vita Home



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OK! *Best* DRESSED



Huda Kattan glimmers in a metallic, gorgeous Naeem Khan gown at *The Business of Fashion* Voices gala dinner.



Jennifer Lopez lights up the room in her poufy, over-the-top, flouncy Giambattista Valli gown at the premiere of the *Second Act* in New York City.



Emily Blunt stuns in a lace Alexander McQueen gown at the Golden Globes.

OK! *Red* CARPET



Sandra Bullock looks ravishing in a red Martin Grant gown at the screening of *Bird Box* in New York City.



Penelope Cruz looks absolutely fabulous in a black, ruffled Toni Maticevski gown at the Bambi Awards in Berlin, Germany.



Radiant in a bold blue Schiaparelli Haute Couture gown, Emily Blunt attends the premiere of *Mary Poppins Returns* at the Royal Albert Hall in London.

ROCKSTARS



Elegant as ever, Catherine Zeta Jones ups the ante in Elie Saab at the Golden Globes.



Mehwish Hayat looks dreamy in a Rebecca Dewan gown at the SOP NYE Gala held in Karachi.



Sonam Kapoor Ahuja stuns in an eclectic Anamika Khanna ensemble at *The Business of Fashion* Voices gala dinner.

PHOTOGRAPHS: GETTY, WENN



PHOTOGRAPHY: HASAN 3H
HAIR & MAKE-UP: NABILAS
SET PROPS: BALLOON & CO.
MODEL: ZUBAB RANA
CONCEPT, ART DIRECTION, STYLING: ALIZEH PASHA
FASHION ASSISTANCE: FATIMA DANISH & MEHR KASSIM

OUTFIT: MAHEEN KARIM
EARRINGS: OUTHOUSE JEWELLERY
CLUTCH: ANYA HINDMARCH

Party Season

To think that the season's festivities would end post New Year's Eve is to be clearly mistaken! The party season doesn't end until spring and for that you need to be geared up to make sure you stand out in a crowd. A pleated dress, prints galore, embellished velvets, an elegant maxi or metallic anything will take you a long way! Take cues from actress Zubab Rana to slay the season away!



OUTFIT: MAHEEN KARIM
EARRINGS: OUTHOUSE JEWELLERY
CLUTCH: ANYA HINDMARCH



DRESS: ÉLAN
EARRINGS: OUTHOUSE JEWELLERY
CLUTCH: SARAH'S BAG



DRESS: SANA SAFINAZ
EARRINGS: OUTHOUSE JEWELLERY



SUIT: ZAINAB CHOTTANI
NECKLACE: OUTHOUSE JEWELLERY



OUTFIT: STUDIO BY SANIA MASKATIYA
JEWELLERY: OUTHOUSE JEWELLERY
CLUTCH: SARAH'S BAG
SHOES: ALDO



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Istanbul	Skywards Miles + Rs 22,000
London	Skywards Miles + Rs 47,000
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Here for good



LUPITA NYONG'O IN CALVIN KLEIN

JULIANNE MOORE IN GIVENCHY HAUTE COUTURE

CLAIRE FOY IN MIU MIU

DAKOTA FANNING IN ARMANI PRIVÉ

NICOLE KIDMAN IN MICHAEL KORS

GOLDEN GLOBES 2019

The Golden Globes kick off the red carpet season each year with fashion fervor and boundless beauty and this year is no less! Check out Lady Gaga, Emily Blunt and other A-listers to see what's in vogue this season!



AMY ADAMS IN CALVIN KLEIN



CATHERINE ZETA JONES IN ELIE SAAB



CHARLIZE THERON IN DIOR

JESSICA CHASTAIN IN BURBERRY

JULIA ROBERTS IN STELLA MCCARTNEY

ISLA FISHER IN MONIQUE LHUILLIER

KATE MARA IN MIU MIU

RACHEL WEISZ IN CELINE BY HEDI SLIMANE





PHOTOGRAPHS: GETTY





MAYA ALI

With over 1.2million Instagram followers, actress Maya Ali is a force to be reckoned with! Stylish, gorgeous and on-point, Maya slayed every red carpet appearance to promote her recent film. Take cues from the actress to up the ante this month!

GETTHELOOK

MARCHESA NOTTE
Metallic Dress,
PKR 85,000



H&M
Rhinestone Earrings,
PKR 1,600



GUCCI
Timeless Stainless Steel Watch,
PKR 85,000





LES GIRLS LES BOYS
Printed T-Shirt,
PKR 6,500

CHRISTOPHER KANE
Pleated Midi Skirt,
PKR 95,000





SAINT LAURENT
Robin Satin Sandals,
PKR 135,000

ROGER VIVIER
Pilgrim Belt,
PKR 130,000



PHOTOGRAPHS: GETTY

STOCKISTS: CHRISTOPHER KANE, LES GIRLS LES BOYS, SAINT LAURENT www.netaporter.com; GUCCI www.matchesfashion.com; H&M www.hm.com; MARCHESA NOTTE www.farfetch.com; ROGER VIVIER www.rogervivier.com; *prices are approximate*





ARMIE HAMMER

American actor Armie Hammer famous for his role in The Social Network has been on our radar since 2010. He's also acted in *The Man from U.N.C.L.E* and *Lone Ranger* and received nominations for the Critics' Choice Award, the Independent Spirit Award and the Golden Globe for Best Supporting Actor. Check out his style for some sartorial inspiration!

GETTHELOOK



RIVER ISLAND
Baker Boy Cap,
PKR 2,580



FAHERTY
Slim-Fit Cardigan Mr Porter,
PKR 51,000





SOREL
Ankeny Boots,
PKR 17,000



ZARA
Turtleneck Sweater,
PKR 6,050



SAINT LAURENT
Denim Distressed Jeans,
PKR 67,290

LLOYD
Lace-Up Shoes,
PKR 22,890



FAVOURBROOK
Tuxedo Shirt,
PKR 30,950

PHOTOGRAPHS: GETTY

STOCKISTS: FAHERTY, FAVOURBROOK, SOREL www.mrporter.com; ZARA www.zara.com; SAINT LAURENT, LLOYD, HUGO BOSS www.farfetch.com; RIVER ISLAND www.riverisland.com; *prices are approximate*



UP CLOSE WITH BALLOON & CO.

OK! Pakistan gets up close & personal with Anum Atiq of Balloon & Co.

Just when Karachiites were getting tired of floral décor, Balloon & Co. popped up and changed the party scene. Trendy, on-point and refreshing, Anum Atiq is the first in Pakistan to incorporate a universal trend of using balloons creatively to decorate events tastefully and with aplomb. To cater to a burgeoning demand, she has teamed up with party planners such as RAKA and does the most gorgeous decorations seen locally.

Wanting to know more about the creative genius behind the brand, *OK*! Pakistan gets up close and personal with Anum Atiq and here's what she has to say.

What inspired you to start?

Anum Atiq: I have always been the type of person who goes above and beyond for every occasion. About a year ago, I decided to do a balloon installation for my best friend's birthday. After that, most of my friends and family pushed me to pursue it professionally and leave my 9-5 job. That's when the seeds of Balloon & Co were planted!

Did college equip you to take up this career path? If not, mention what you studied, experiences you enjoyed that that aids your creativity?

AA: When it came to college, my parents really wanted me to pursue the creative arts, specifically history – which was a subject I was really passionate about. However, after a year in the History program, I switched to a business degree, focusing primarily on Marketing strategies from York University in Toronto.

I always knew I would be in the creative field, it's something that comes very naturally to me. I wanted to do business as I felt like it would really aid me in running a successful company. I feel like I have always had a drive towards business, and in doing my own thing.

I believe my degree helps me everyday in terms of strategy, Marketing and social media as I am extremely hands-on in every project from start to finish!



Do you believe being at the right place at the right time has anything to do with your success?
AA: I think more than anything, when you are doing something unique and you really believe and invest in it, it becomes apparent in your work. Yes, I do believe that we were at the right place at the right time, but consistency and striving to make each installation better than the next is the key in our success.

Why balloon décor?
AA: I have always been fascinated with balloons and how such a small element can change the entire look of your event. Once I started designing installations and experimenting, I was hooked! The constant challenge keeps pushing me to do better.

What was your first project and what did you learn from it?
AA: My first real project was for a friend's mother that I absolutely adore! He had seen my balloons at my best friend's dinner and kept trying to encourage me to start even though I was very reluctant to give it a go. After giving me several pep talks, I decided to just go for it and do my first installation, which is still talked about as one of the best ones I've done to date! That really gave me the confidence to start Balloon & Co and gave me that push to leave my job and pursue it full-time.

Favourite project?
We did a balloon installation for a friend's engagement above a fireplace around a neon sign. Once the amazing team at Grandeur did the entire setup, it looked more like an art installation rather than a cluster of carefully structured balloons! I remember spending a majority of the party in sheer disbelief. I was in awe of what had been created – that too by me! I was grateful and content with myself – I knew then that this is what I am meant to do.

Favourite client?
AA: Honestly, we have been blessed with the best clients, and working with every single one has been a pleasure.

Who inspires you the most?
My parents and my friends.

Name five Instagram pages you follow for inspiration?
AA: Strata spaces
Gray Malin
Poppies for Grace
Oh happy days
Pantone.

Describe yourself in one sentence?
Passion is what fuels my drive for success.

Favourite holiday destination?
Amsterdam

Favourite museum?
MET in New York and The Van Gogh Museum in Amsterdam















Describe your workday?
We have very flexible hours so every day is different. It can start either at 6 AM or 6 PM, it really depends on our schedule for the week. Mostly I try to have office hours from 9 AM till at least 1 PM and then we go on-site for all the installations. I am extremely hands-on and personally go to every installation regardless of the size. No balloon is put without me placing it first!
While our work hours do vary, every morning begins with a huge mug of black coffee and that will always be consistent.

Favourite place to shop?
AA: All of Queen Street West in Toronto.

Most interesting store you've ever been to?
AA: What goes around comes around.

All time favourite movie?
AA: Roman Holiday.

What song are you listening to on repeat?
AA: Can't Take A Joke by Drake Or '80s and '90s R&B all day.

Motto that keeps you going?
No one is you and that is your power.

Message to others who want to pursue a career in balloon decoration?
AA: Stay five steps ahead of everyone, and keep trying to perfect your craft. Come up with new concepts, keep researching. Look out for inspiration, and lastly never: ever compromise on quality or your vision. OK!

TEXT: ALIZEH PASHA


ZOE KRAVITZ

SPARKLE & SHINE

Aldo
Gywet Earrings,
PKR 2,300



Fendi
Studded Mini Bag,
PKR 260,000





16Arlington
Sequined Tulle Top,
PKR 75,000



Aquazzura
Night Fever Ankle Boots,
PKR 170,000



Halpern
Sequined Turtleneck Top,
PKR 140,000







H&M
Rhinestone Earrings,
PKR 1,600

Alice + Olivia
Natalie Dress,
PKR 95,000





Judith Leiber
Crytal Candy Clutch,
PKR 900,000



Calvin Klein
Caramene Metallic Shell and Rubber Sneakers,
PKR 84,000

Safiyaa
Midi Dress,
PKR 200,000



Gucci
Glittered Leather Sneakers,
PKR 78,000



River Island
Pink Sequin Blazer,
PKR 11,100



Miu Miu
Bucket Bag with Crystals,
PKR 230,000



Mango
Crystal Earrings,
PKR 3,490



River Island
Silver Sequin Court Shoes,
PKR 5,000



Topshop
Sequin Jacket,
PKR 15,000



Christian Louboutin
Pigalle Follies Pumps,
PKR 73,000

Ganni
Sonora Camisole, PKR 30,000

Ganni
Sonora Skirt, PKR 32,000





Chanel
Gabrielle Hobo Bag, PKR 700,000



Balenciaga
Talon Slash Sandals, PKR 160,000

Michael Michael Kors
Metallic Lace Dress, PKR 42,000

H&M
Long Rhinestone Earring, PKR 1,600





Standout in high-shine, high-gloss and sequin pieces this party season! Pair bold earrings with sequined suits or matching separates to look va va voom for a night out or don a glitzy sweater with sparkly shoes to elevate your daytime look.

Aldo
Legeama Necklace, PKR 4,400



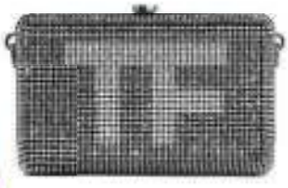




Chanel
Flap Bag, PKR 700,000



Sophia Webster
Rosalind Crystal-Embellished Sandals, PKR 68,200





Tom Ford
Crystal-Embellished Clutch, PKR 300,000

Dundas
Mini Dress, PKR 175,000

Zara
Sequin Jacket, PKR 8,000

Semsem
One-Shoulder Top, PKR 140,000





Rixo London
Mini Dress, PKR 50,000





Saint Laurent
Pierre Boots, PKR 130,000

Topshop
X HALPERN Cheetah Sequin Top, PKR 13,000



H&M
Glittery Jumpsuit, PKR 6,000



STOCKISTS: 16ARLINGTON, ALICE + OLIVIA, AQUAZZURA, BALENCIAGA, CALVIN KLEIN, CHRISTIAN LOUBOUTIN, DUNDAS, GANNI, HALPERN, RIXO LONDON, SAFIYAA, SEMSEM, SOPHIA WEBSTER, SAINT LAURENT, TOM FORD www.netaporter.com; ALDO www.aldoshoes.com; GUCCI www.gucci.com; CHANEL www.chanel.com; FENDI, MICHEAL KORS, MIU MIU www.farfetch.com; H&M www.hm.com; JUDITH LEIBER www.harrods.com; RIVER ISLAND www.riverisland.com; TOPSHOP www.topshop.com; ZARA www.zara.com; *prices are approximate*



VELVET

Don't let the weather dampen your style! Take cues from heartthrob John Legend and don velvet to look utterly stylish this season.



FAVOURBROOK
Slim-Fit Waistcoat,
PKR 51,750



FENDI
Gold-Toned Bracelet,
PKR 65,860

GUCCI
Velvet Formal Jacket,
PKR 326,000





GIVENCHY
Logo Burnished Cufflinks,
PKR 47,000



TOM FORD
Velvet Sneakers,
PKR 119,630



TOM FORD
Bow Tie,
PKR 34,950



SAINT LAURENT
Velvet Western Shirt,
PKR 173,400

RIVER ISLAND
Velvet Button-Down Shirt,
PKR 6,020







ZARA
Mule Loafers,
PKR 8,620



TOPMAN
Bow Tie,
PKR 1,700

HUGO BOSS
Velvet Tuxedo Jacket,
PKR 93,400





RIVER ISLAND
Skinny Suit Trousers,
PKR 6,888



TOD'S
TrouserS,
PKR 66,500



ZARA
Double-Breasted Blazer,
PKR 15,500

TOPMAN
Hi-Top Boots,
PKR 8,400



LANVIN
velvet slippers,
PKR 79,900



ZARA
Blazer with Tuxedo Collar,
PKR 15,500

STOCKISTS: ZARA www.zara.com; GUCCI www.gucci.com; TOPMAN www.topman.com; RIVER ISLAND www.riverisland.com; TOM FORD, SAINT LAURENT, FAVOURBROOK, GIVENCHY, GUCCI, HUGO BOSS, TOD'S, FENDI, LANVIN www.mrporter.com; *prices are approximate*


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Cocktail Hour!

The ultimate party piece – a cocktail ring draws attention and starts a conversation so don a glitzy one now to razzle, dazzle this season!



AMRAPALI
Ruby, Morganite and Diamond Ring



ANDREW GEOGHEGAN
Tourmaline Ring



BOUCHERON
Zebra Ring



CHAUMET
Spider Ring



CARTIER
Panthere Ring



DAVID WEBB
Dome Ring



BOUCHERON
Chinha Blue Ring



DE GRISOGONO
Melody of Colours Ring



DE GRISOGONO
Love On The Rocks Ring



DAVID WEBB
Crossover Tiger Ring



LE VIAN
Tourmaline and Diamond Ring



VAN CLEEF & ARPELS
Believe in Luck Ring



FABERGÉ
Spinel Ring



SOLANGE AZAGURY PARTRIDGE
Poptails Space Station Cocktail Ring



STEPHEN WEBSTER
Magnipheasant Feather Ring



LYDIA COURTEILLE
Procreation Ring



VAN CLEEF & ARPELS
Pierres de Caractère Ring

STOCKISTS: AMRAPALI www.amrapalijewels.com; ANDREW GEOGHEGAN www.andrewgeoghegan.com; BOUCHERON www.boucheron.com; CARTIER www.cartier.com; CHAUMET www.chaumet.com; DAVID WEBB www.davidwebb.com; DE GRISOGONO www.degrisogono.com; FABERGÉ www.faberge.com; LE VIAN www.levian.com; LYDIA COURTEILLE www.lydia courteille.com; SOLANGE AZAGURY PARTRIDGE www.solange.co.uk; STEPHEN WEBSTER www.stephenwebster.com; VAN CLEEF & ARPELS www.vancleefarpels.com



chhotanis

timeless jewellery traditions

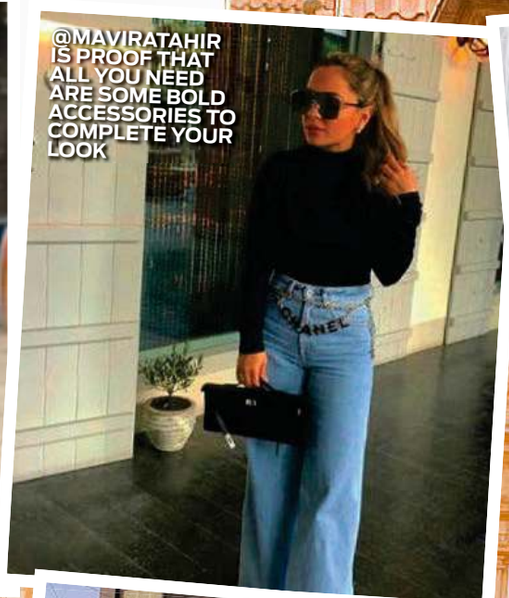
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info@chhotani.com facebook.com/chhotanis @chhotanis

#OKStreetstyle

These super chic influencers are making the most of the last few months of winter packed with style and grace!



ALL BLACK DONE BEAUTIFULLY BY @FAFIXO



@MAVIRATAHIR IS PROOF THAT ALL YOU NEED ARE SOME BOLD ACCESSORIES TO COMPLETE YOUR LOOK



THE STUNNING @NAUSHEENSHAH REALLY KNOWS HOW TO MAKE A STATEMENT EFFORTLESSLY



ANAA OF @OURSECONDSKIN IS ALWAYS ON POINT. LOVE HER SHADES (AND POSE!)



@RANDZKILANI'S LEAVING A BIT OF THE RAINBOW WHEREVER SHE GOES, TOTALLY LUSTING OVER HER OVERSIZED CARDIGAN, SHOES AND THAT CULT GAIA BAG!



DENIM ON DENIM AND A POP OF ORANGE HAS NEVER LOOKED SO GOOD @RANIAFAWAZZ



MONOGRAM FINALLY DONE RIGHT! @SDULAIMI LOOKS PERFECTLY WARM WITH THAT CHILLY BACKDROP.

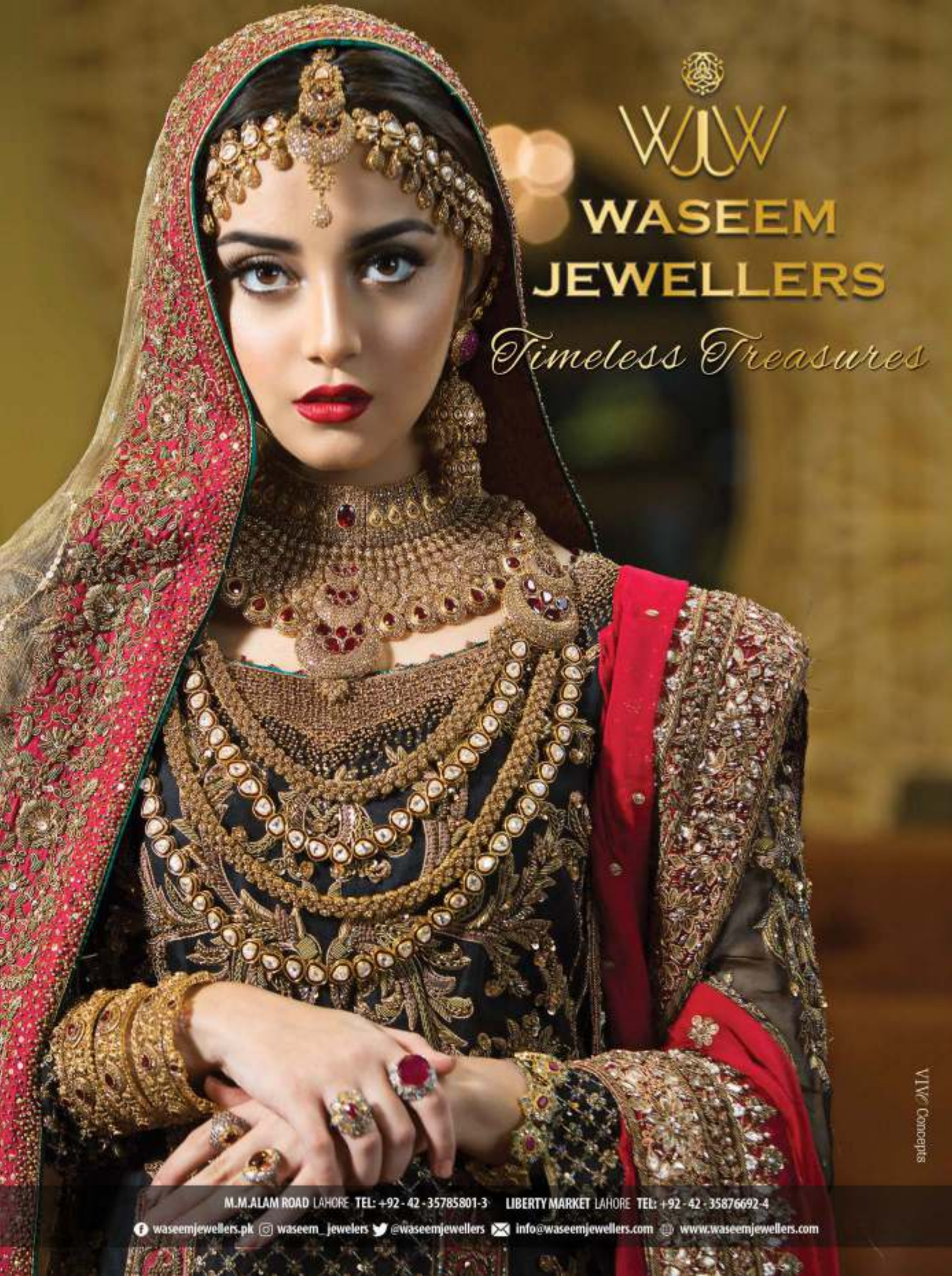


@THEAYOOT IS STYLING IN THAT TEDDY JACKET AND COMBAT BOOTS! ADORE!



NOTHING SHORT OF GORGEOUS @ THEREALFOUZ, THAT PURPLE TRENCH IS EVERYTHING!

TEXT: ALYZEH RAHIM, PHOTOGRAPHS: INSTAGRAM


WJW
WASEEM
JEWELLERS
Timeless Treasures
VIVA Concepts
M.M.ALAM ROAD LAHORE TEL: +92 - 42 - 35785801-3
LIBERTY MARKET LAHORE TEL: +92 - 42 - 35876692-4
waseemjewellers.pk
waseem_jewelers
@waseemjewellers
info@waseemjewellers.com
www.waseemjewellers.com



Co-Co-Combat Boots

Not just for winter, the combat boot trend is going to trickle well into spring... it's the most happening thing since sliced bread they say! Add an edgier look to your wardrobe by adding these androgynous boots; you can pair them with a hint of frilly socks or a cute midi dress or simply wear them with jeans, a t-shirt and throw on a jacket. We have compiled some of our affordable favourites that are currently available on www.asos.com

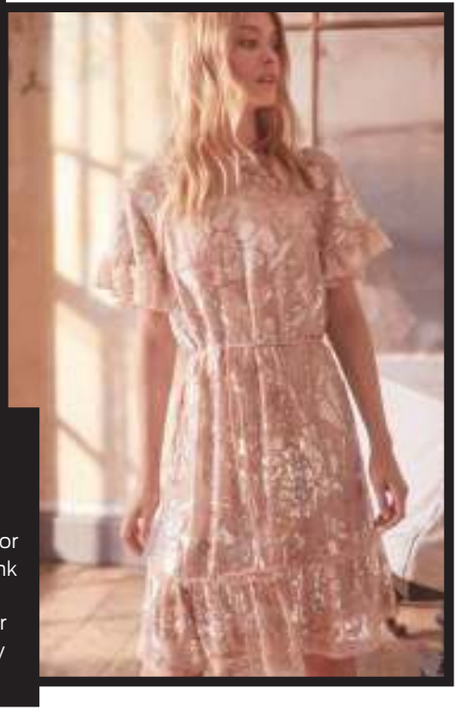


MacKenzie-Childs!

Colorful, handmade ceramics, enamelware, glassware, furniture, and home accessories define the beautiful MacKenzie Childs collection. These beautiful homeware items are seen in the home of every single Kardashian-Jenner, distinct in their black and white checkered aesthetic. We cannot help but lust over these beauties so we have handpicked some of our favourites to give you some home decor inspiration! Available on www.mackenzie-childs.com





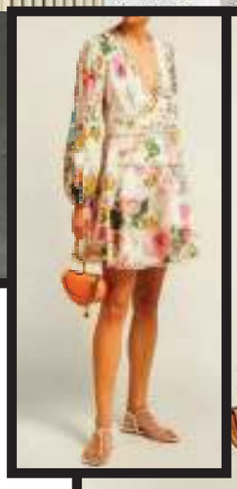


Shimmer, Shine and Floral Vibes

If you're looking for that exquisite party dress or a pretty top to wear to lunch or dinner, we think you will really dig what Needle & Thread has to offer! These standout pieces are perfect for the girl who is into feminine prints and sparkly goodness.







The Celebrity Must-Have

The Australian brand Zimmermann has been around for decades but has only started making its way into Tinsel town over the past couple of years, now we can see almost every royal, celebrity and socialite sporting these fabulous ensembles. So if you've seen it all over magazines and the Internet and wondered what the glorious brand was - wonder no more because Zimmermann is here to stay. We love how Kate Middleton and Nicky Hilton zimmer away and think you ought to invest in a piece or more ASAP!



Fine Jewels by Suzanne Kalan

This fine jewellery collection by Suzanne Kalan has us lusting for more! With phenomenal designs and a combination of different cuts of diamonds, we are in awe of these exceptional pieces and we especially love the turquoise and diamond eye designs. Jewellery making is in Suzanne Kalan's family, after being taught by her father, the designer now works with her husband and daughter to make pieces that can be passed along through the generations!





Pssst!!! Reptile Lovin'

Topshop has the best collection of snake print clothing that has taken this season by storm! We have rounded up some of our favourites at perfectly affordable prices. These statement pieces in a range of colours are definitely going to make everyone stop and take a second look at you. Make sure your wardrobe is always on trend with some of these sssspectacular pieces!





Saks Potts

Not just a funny, quirky name! These gorgeous coats remind us a bit of Cher and Dione from *Clueless*! Catherine Saks and Barbara Potts have created luxury outerwear, believing it's one of the most important pieces in a woman wardrobe. Each has their trademark shearling on it as a specialty and have been spotted on celebrities such as Kendall Jenner and Camille Charriere.

TEXT: ALYZEH RAHIM SHIRAZI

prices are approximate



SARA ROHALE ASGHAR

The prolific designer on her eponymous label, her passion for her craft and her recent showcase at FPW in Karachi





Known for her intricate details and modern silhouettes, it's no surprise that Sara Rohale Asghar has garnered commercial success and an international clientele in a short span of time. Her recent showcase at FPW in Karachi was very well received, and was the most expensive collection by the designer to date. Sara is passionate about her craft and calls herself a workaholic; her creations are exquisite and she is one of the few designers that you may want to keep your eyes on this wedding season.
Here's a tete a tete with the talented designer.

When did you start off?
Sara Rohale Asghar: I started in 2007, armed with a degree in Fashion Design from the Pakistan Institute of Fashion Design (PIFD). I developed my business acumen to be able to take the brand forward; furthermore, my training in design equipped me to bring all my creative ideas to life. My work is elaborate and extensively researched, and I take pride in my commitment towards my clientele.

What is your forte?
SRA: I like to categorize myself as a bridal designer. I like making elaborate clothing and heavy formals featuring pure *dabka*, *naqshi* crystals and threadwork. I like to create designs for people who admire my vision of classic silhouettes, and most importantly people who look for quality of product and design over price tag.

You have continued to evolve over the years; do you plan to step out of luxury couture and bridals to delve into a high street retail market?
SRA: We're not doing lawn yet but we do plan to venture into it eventually; it is very much on the cards. I have not committed to any timeline for it, though. Right now, we have just launched a new bridal collection and are receiving great feedback on it.

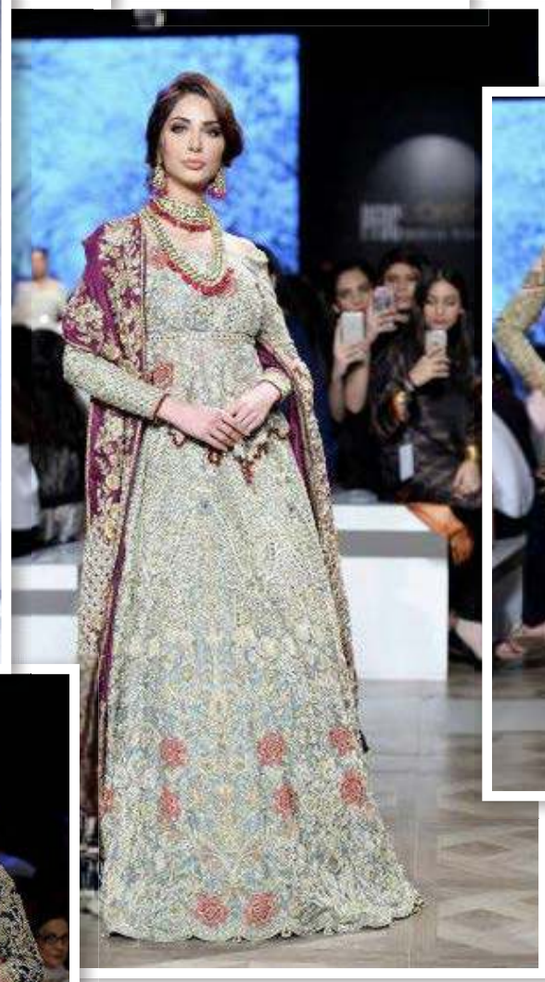
You are known for your beautiful and intricate work, what is your new collection about?
SRA: '*Fleur de Lis*' draws its inspiration from its historic association with French royalty. It was a recurring pattern employed in religious, political and dynastic artistry. Traditionally it stood as a symbol of hope, a new lease of life and faith. These ancient attributes hold particular relevance in the challenging times of today.
My new collection is a modern spin on the ancient aesthetic of *Fleur de Lis*. It is my endeavour to present the larger-than-life ornamentation and silhouettes associated with royal lineage linked with our timeless Asian tradition. My latest couture collection has evolved from the idea of a luxury wedding couture range to including sophisticated formal jackets, cropped silhouettes, peplums, signature couture gowns etc. The colour palette includes nudes, pinks, lilacs, oxblood and aubergines.

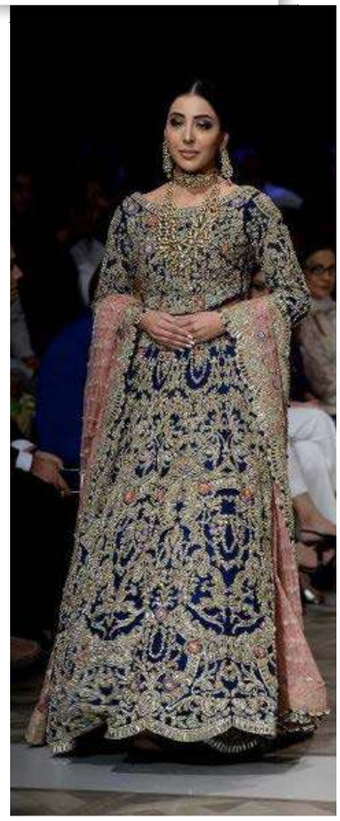
You were not a part of the recent PFDC L'Oreal Bridal Week. What were your reasons for sitting out this time?
SRA: I have always been associated with PFDC ▶









and did my first show with them back in 2011. Unfortunately things didn't work out between the organizers and myself. I have my own set goals and wanted to see what I was capable of and so I decided to showcase at FPW in Karachi.

How did the Karachi market react to your extensive and heavily embellished collection; as we know, the Karachi market is a little understated while Lahore tilts towards bling?

SRA: Honestly, I got an overwhelming response! I was totally floored with the way I was praised by the other designers who came to congratulate me on the success of my showcase. I have to give it to them for bestowing so much love on me. Designers like Maheen Karim, Mohsin Sayeed, and Deepak Perwani congratulated me on the success of the show. The camaraderie there was infectious, really.

Who was your muse for the showcase?

SRA: Without sounding biased I believe that only Ayeza Khan with her dreamy face could carry off my finale *jora* and she did so with aplomb. She is, without a doubt, the perfect face for my collection!

What do you keep in mind when creating an outfit for your client?

SRA: You have to restrain yourself while designing and keep the conservative Pakistani market in mind, as most of the women here would hesitate to wear halter necks, plunging necklines or low-cut backs. I tend to create trendy but relatable, traditional stuff. This time around though, I've stepped out of the box and come up with a very contemporary line.

How would you define your clientele abroad?

SRA: People who understand and value heirlooms and classics approach me. I like to connect with my client, which is why I have a huge overseas market and get online orders from all over the world including UK, Canada and the US. I have also done four shows at the Pakistan Fashion Week in London, which has further cemented my place in the market. I stock at Javeria's in Manchester.

You are known for bonding with your clients; why do you make so much effort?

SRA: I like to dress my brides according to their personality, and offer input on the complete look, from hairstyling to make-up recommendations and what accessories to wear. In this way, we develop a close camaraderie and the client refuses to go to any other designer for any wedding or function in the family. I believe in going the extra mile for my customers.

INTERVIEW: RUBIA MOGHEES
PHOTOGRAPHS: COURTESY OF SARA ROHALE ASGHAR

BEAUTY *Essentials*

PANTONE'S COLOUR OF THE YEAR

It's official!!!! Pantone has announced its 2019 colour of the year and it's a bright, pinky-orange hue called Living Coral. Celebs have already been wearing this flattering hue and we think you should too! Ainy Jaffri and Mandy Moore have been spotted wearing this hue on their lips and we highly approve. You can also add Living Coral to your nails for a pop of colour or to your cheeks to give them a natural, fresh flush. The NARS Liquid Blush in Torrid or the DIOR Vernis in Coral Crush will give you just the right hue to stay on-point.

PKR 2,800 for Dior; www.dior.com

PKR 4,000 for Nars; www.narscosmetics.com







NEEKS !!

A labour of love by Anique Ansari, NEEKS COSMETICS is a local beauty brand selling top quality liquid lipsticks and liners in Pakistan. With jojoba oil and vitamin E, the liquid lipstick is moisturising and has the lasting power that matches HUDA BEAUTY's world famous liquid lipsticks. It doesn't rub off easily, doesn't dry lips and elevates your look with its flattering hues. What's best is that you don't have to re-apply your lipstick when you're out and about! Our current fave is Peachy Pie for when we want to look subtle and Insta-Famous for when we want our pout to do the talking!

PKR 1,800; www.neekscosmetics.com





PRIYANKA'S WEDDING MAKE-UP

Priyanka Chopra's wedding dress was spectacular and her make-up was equally gorgeous too! After stalking her make-up artist on Instagram, we finally found out what she used on Priyanka to get the look. She used only MARC JACOBS BEAUTY products including the brand's best selling Shameless Youthful-Look Foundation and Le Marc Lip Crème Lipstick in Boy Gorgeous (a bright fuchsia hue). We've been hearing raving views on MARC JACOBS BEAUTY products for sometime but will snag a few products now after seeing her on the cover of People magazine.

PKR 5,200 for foundation







GO GOLD!

If party season didn't give you enough incentive to glisten in golden make-up then the CHANEL Metiers D'Art 2018/19 show inspired by Ancient Egypt will! Sweep your cheekbones with gold CHANEL Le Lion De Chanel highlighter, add drops of GIVENCHY's Teint Couture Radiant Drop in Radiant Gold to your foundation for a dewy gleam or cover your lashes with CLARINS Gold Mascara to add golden glimmer to your eyes. Whatever the case, it's time to go gold or go home!

PKR 8,000 for Chanel; www.chanel.com

PKR 3,000 for Clarins; www.clarins.co.uk

PKR 4,500 for Givenchy; www.givenchybeauty.com





AVÈNE IN PAKISTAN

Just recently launched in Pakistan, Avène is a celeb and beauty junkie favourite.

Gwyneth Paltrow, Kim Kardashian and Rita Ora all swear by the AVÈNE Thermal Spring Water. It not only hydrates the skin but also soothes sensitive and irritated skin. Perfect for these dry winter months! Use after cleansing your face or to set make-up.

PKR 1,450; www.just4girls.pk



TEXT: ALIZEH PASHA; PICTURES: GETTY

prices are approximate

UNDER THE SEA

DISCOVER THE SKIN CARE TREASURES BENEATH THE OCEAN'S SURFACE



1 ESTEE LAUDER NUTRITIOUS MICRO-ALGAE PORE MINIMIZING HYDRA LOTION, PKR 6,300 This milky lotion is supercharged with a triple algae blend to draw out any impurities, including pollution. It also ensures skin is balanced by giving a burst of hydration that will last all day long. You'll look refreshed and shine-free.

2 PETER THOMAS ROTH BLUE MARINE ALGAE INTENSE HYDRATING MASK, PKR 7,400 Enriched with a nourishing glacial lake algae known for its moisturising properties, this will soothe dry and dehydrated skin. This refreshing gel also smooths and plumps skin, as well as shielding against ageing environmental aggressors.

3 LA MER MOISTURIZING CREAM, PKR 21,100 If your skin has been left really dry from the summer heat, then this mineral-rich moisturiser is the one for you. Enriched with a miracle broth of oceanic extracts to restore your skin's glow, it's the A-list secret to moisturising away any signs of dehydration.

4 REN ATLANTIC KELP AND MICROALGAE ANTI- FATIGUE TONING BODY OIL, PKR 6,150 This lightweight oil absorbs instantly, leaving skin feeling velvety soft and nourished. It's formulated with kelp, Omega-9 and micro algae to lock in moisture and restore elasticity.

5 THE ORDINARY MARINE HYALURONICS, PKR 1,050 This lightweight serum – which contains Hawaiian red algae – intensely nourishes skin. Apply a few drops in the morning and evening and skin will feel fresh and rejuvenated.

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY MEGAN BRAMLEY; STOCKISTS: ESTEE LAUDER WWW.ESTEELAUDER.CO.UK; LA MER WWW.CREMEDELAMER.CO.UK; PETER THOMAS ROTH WWW.SELFRIDGES.COM/GB/EN; REN WWW.RENSKINCARE.COM; THE ORDINARY WWW.THEORDINARY.COM



1 Brighten up your lips with the velvety soft **GIORGIO ARMANI BEAUTY** Lip Maestro. PKR 5,030



2 Use the four-step **CHARLOTTE TILBURY** Luxury Eyeshadow Palette to get smoky eyes that stand out. PKR 7,020



3 Apply the **LAURA MERCIER** Translucent Loose Setting Powder for silky, sheer, long-lasting coverage. PKR 1,990



4 Shimmer and shine with the **BECCA** Shimmering Skin Perfector Pressed Highlighter to create the ultimate high-impact glow. PKR 3,710



5 Add drama to your pout with the **DIOR** Addict Lip Maximizer Plumping Gloss. PKR 4,500



6 To avoid a makeup meltdown, spray the **URBAN DECAY** Chill Cooling And Hydrating Makeup Setting Spray all over your face and neck. PKR 4,235



7 Outline your eyelids with the **TOM FORD** Eye Defining Pen to get a sleek and dramatic effect. PKR 7,680



GET THE LOOK

FARYAL MAKHDOOM KHAN

Scintillatingly gorgeous, almost Barbie-like, Faryal Makhdoom Khan's make-up is always on-point! With dewy skin, perfectly lined eyes and a juicy pout – there's not a look she can't master. Take cues from this make-up maestro for a night out!



8 For clean and defined brows use the **ANASTASIA BEVERLY HILLS** Dipbrow Pomade. PKR 2,380



9 Apply the 24-carat gold-infused **GUERLAIN** L'Or Radiance Primer onto your skin before applying make-up for a dewy, glow! PKR 9,800



10 For an intense, long-lasting coverage, apply the **HUDA BEAUTY** Faux Filter foundation. PKR 5,300

STOCKISTS: HUDA BEAUTY www.hudabeauty.com; LAURA MERCIER www.lauramercier.com; BECCA www.beccacosmetics.com; CHARLOTTE TILBURY www.charlottetilbury.com; GUERLAIN www.guerlain.com; FENTY BEAUTY www.fentybeauty.com; GIORGIO ARMANI BEAUTY www.giorgioarmanibeauty-usa.com; DIOR www.dior.com; TOM FORD www.tomford.com; ANASTASIA BEVERLY HILLS www.anastasiabeverlyhills.com; URBAN DECAY www.urbandecay.com; *prices are approximate*

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What's IN HER BAG?

Gorgeous model turned actress, KIRAN MALIK of the latest film Pinky Memsaab reveals to OK! Pakistan what she totes around in her bag!

FENDI Peekaboo Bag
It's roomy, stylish and a staple, basic bag I can take with me everywhere!





CHANEL CC Cream
This gives me a long-lasting make-up result. At times having this on is all I need.



GUCCI Oversize
Round Frame Metal Sunglasses During the day, I never go out without my shades!



Iphone 10x
Who would leave the house without their phone?

HERMÈS Wallet
A girl without her wallet is nothing!



AERIN Tuberose Le Jour
Every woman needs a good perfume handy.



Iphone charger
I use my phone way too much during the day so I always have the need to charge it.





RAJNIGANDHA Silver
Pearls, Flavoured Cardamom Seeds After a meal it's always good to pop a few to feel fresh.

TOM FORD Lip Color This is a very natural lip color I use on a daily basis, when I'm having a busy day this is all I need for a good fresh look. And especially after a meal!





CLARINS
Hand cream To keep my hands soft and avoid dryness.

PANADOL Extra
For any emergency pain.



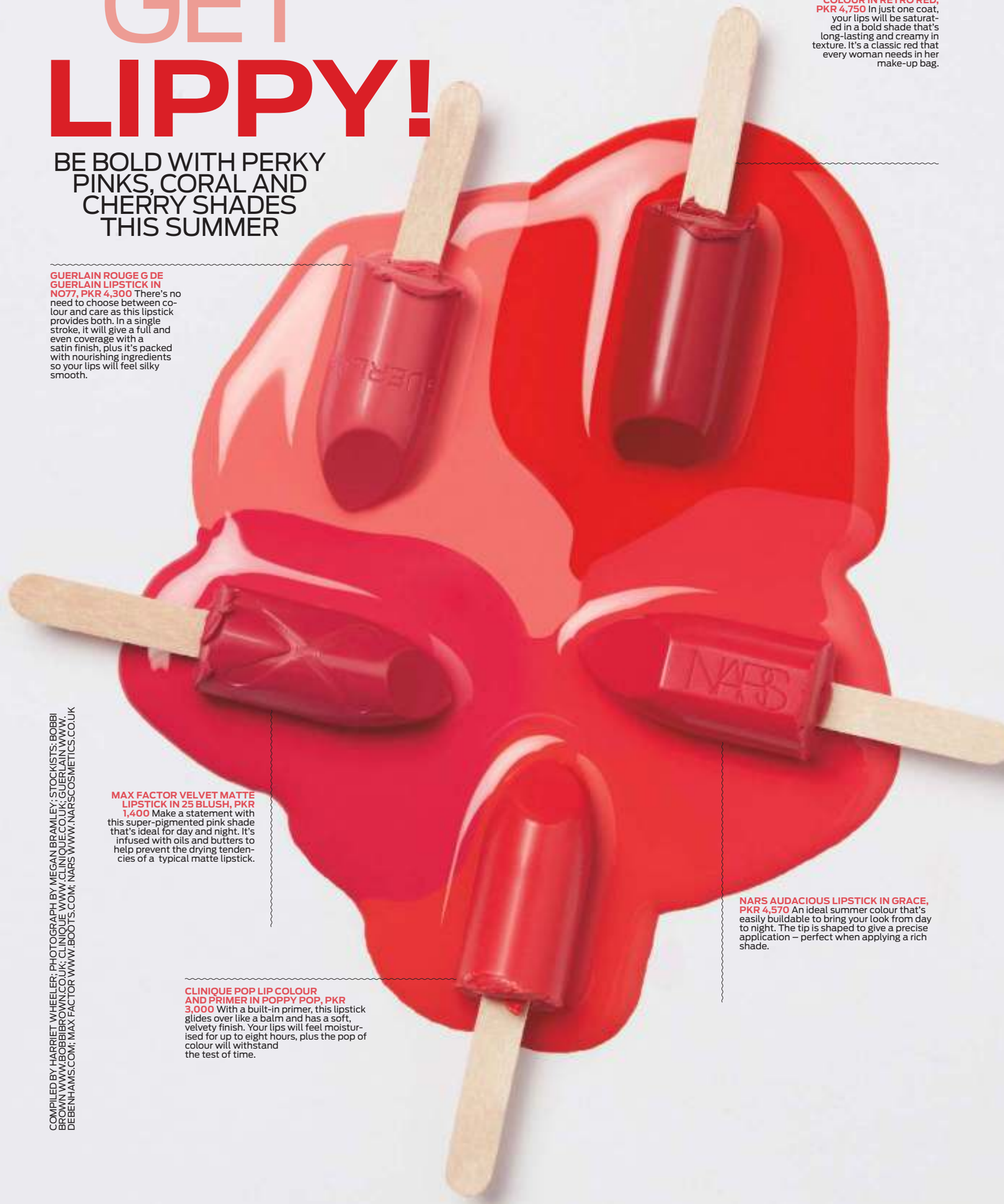
NEUTROGENA Oil-Free Cleansing Wipes You never know when you would need these. Best to have them to keep clean at all times.

GET LIPPY!

BE BOLD WITH PERKY PINKS, CORAL AND CHERRY SHADES THIS SUMMER

BOBBI BROWN LUXE LIP COLOUR IN RETRO RED, PKR 4,750 In just one coat, your lips will be saturated in a bold shade that's long-lasting and creamy in texture. It's a classic red that every woman needs in her make-up bag.

GUERLAIN ROUGE G DE GUERLAIN LIPSTICK IN NO77, PKR 4,300 There's no need to choose between colour and care as this lipstick provides both. In a single stroke, it will give a full and even coverage with a satin finish, plus it's packed with nourishing ingredients so your lips will feel silky smooth.



MAX FACTOR VELVET MATTE LIPSTICK IN 25 BLUSH, PKR 1,400 Make a statement with this super-pigmented pink shade that's ideal for day and night. It's infused with oils and butters to help prevent the drying tendencies of a typical matte lipstick.

NARS AUDACIOUS LIPSTICK IN GRACE, PKR 4,570 An ideal summer colour that's easily buildable to bring your look from day to night. The tip is shaped to give a precise application – perfect when applying a rich shade.

CLINIQUE POP LIP COLOUR AND PRIMER IN POPPY POP, PKR 3,000 With a built-in primer, this lipstick glides over like a balm and has a soft, velvety finish. Your lips will feel moisturised for up to eight hours, plus the pop of colour will withstand the test of time.

COMPILED BY HARRIET WHEELER; PHOTOGRAPH BY MEGAN BRAMLEY; STOCKISTS: BOBBI BROWN WWW.BOBBIBROWN.CO.UK; CLINIQUE WWW.CLINIQUE.CO.UK; GUERLAIN WWW.DEBENHAMS.COM; MAX FACTOR WWW.BOOTS.COM; NARS WWW.NARSCOSMETICS.CO.UK

MY WONDERFUL LIFE

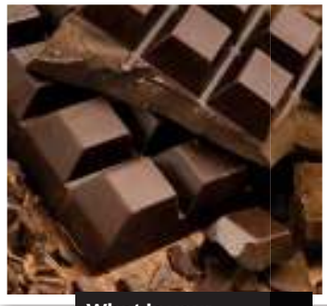
Shanzay Sheikh the marketing head of SoKamal tells it like it is....



Ideal weekend would be?
Blue water, white sand and clear night skies.

Favourite Scent?
Tom Ford Tobacco Oud.





What is your favourite indulgence?
A small bite of chocolate would work.

Last extravagant buy?
A bracelet.



Favourite restaurant?
Sumosan, London.

Celebrity encounters?
Too many to list, haha.



Beauty extravagance?
A spa day, every day. Haha, I wish.

Favourite pastime?
Scrolling through Instagram.



Who is your favourite style icon?
Olivia Palermo.



What are you most passionate about?
My work - I think it keeps me going.

Celebrity Crush?
Ranbir Kapoor.



What is your favourite getaway?
Wherever I can get away with a few people that I love.

Can't live without?
My son.



What is your fitness regime?
I'm naturally gifted (Laughs).



Guilty pleasure?
Daal Chawal.

Who are your favourite designers?
Tom Ford, Alexander McQueen and Chanel.

All time favourite movie?
Mr and Mrs Smith.

Most memorable moment?
The moment I realised I'm an adult now (Laughs).



What's your favourite book?
Confessions of a Shopaholic.

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OKRA TEST KITCHEN



One of the newest eateries on the block is the Test Kitchen by Okra, adjacent to Okra its predecessor on the busy streets off Zamzama, Karachi. Rustic, cosy and charming; it's basically an open kitchen that cooks meals, bakes breads and whips up coffee right in front of you. Anyone who loves a good sandwich, croissant or even a steak should venture here at least once if not more!

After hearing oodles about the place and giving in to our penchant for carbs, we decided to give this place a shot and arrived early for lunch to get a table. There's a no reservation policy, so the earlier you get there, the better!





Among the two of us, we ordered the Merguez Sausages with Labneh on Crunch Bread, the Sour Dough Toast with Camembert and Herb Oil and the Sliced Fillet of Beef with Chimol Sauce.

The first two dishes to arrive were the Merguez Sausages with Labneh on Crunch Bread and the Sour Dough Toast with Camembert and Herb Oil. The Merguez Sausages - which are typically North African lamb sausages - are possibly the tastiest sausages around and paired with a tangy, thick and creamy labneh (yogurt not cheese) spread on top of the Crunch bread, the open-faced sandwich is rich in flavour, a pleasure to devour and one of the unforgettable items on the menu. The next dish in line was the Sour Dough toast with warm, gooey Camembert cheese topped with a herb oil consisting of rosemary, thyme, parsley, mint, coriander and dragon spice. This open-faced sandwich too was spectacular and a refreshing, vegetarian option for anyone and everyone. We highly recommend it!







The Sliced Fillet of Beef with Chimol Sauce was the last savoury item on the menu to arrive. A no-frills dish, just a fillet of beef accompanied by two slices of bread, it was not at all aesthetically pleasing but what it lacked in looks, it made up for in taste. The steak was juicy, succulent and the Chimol sauce, a Salvadoran salsa made with horseradish, coriander and a few other ingredients, was delectable. We ordered the meat temperature to medium-rare and it was by far the juiciest steak to bite into – a definite hit on the menu.

After our savoury dishes, we ordered the Maritozzo and the Seared Croissant to share along with a latte for the both of us. The Maritozzo, a soft, fluffy, cloud-like bread packed with whipped cream and dusted with sugar seemed calorie laden but was delicious. Not too sweet, it felt fresh and something I would definitely go back for! The Seared Croissant served with honey butter was warm and flaky on the outside and cotton-candy soft in texture on the inside. For anyone wanting more, the breads are available for sale and are a carb lovers dream come true.

Overall, we came with high expectations and left with our expectations met! The Test Kitchen serves up a great lunch for anyone wanting a quick and scrumptious bite that's fresh as ever. A meal for two cost approximately PKR 4,200 and is worth every penny! OK

TEXT & PHOTOGRAPHS: ALIZEH PASHA







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GET IN THE CHRISTMAS SPIRIT AT NAVY PIER'S WINTER WONDERLAND

GOGOCHICAGO

OK! ENJOYS A FESTIVE SHOPPING BREAK IN THE WINDY CITY

I ticked the Big Apple off your must-go list and looking for a magical, festive shopping destination in the States? Then look no further than Chicago and its many delights. According to a Time Out survey, Chicago tops the list as the US city where most Americans say they want to live, and it has also been awarded the 'best restaurant city in the US' with more than 7,000 eateries to choose from including 22 Michelin-starred restaurants. With its magnificent setting on the southern end of the expansive Lake Michigan, with miles of golden sands and lakeside parks, the cosmopolitan metropolis is also famed for its bold modern architecture with a skyline to rival New York's. *OK*!'s Phil Gould was blown away by the so-called Windy City and discovered that the States' third largest city is also famous for its dynamic blues-and-jazz scene, deep-dish pizzas, and, at this time of year, the city is particularly magical with many festive markets, ice rinks such as the McCormick Tribune and Navy Pier, and plenty of shopping opportunities.

WHERE SHOULD I STAY?

OK! arrived downtown in suitable style at the Loews Chicago Hotel from the city's O'Hare airport in a limo from Windy City Limousine. On entering the lobby of the sleek, urban hotel – which spans the lower 14 floors of a glittering skyscraper – we discovered a buzzing lobby, a social meeting place for guests and locals alike, filled with wooden art installations and cool steel architecture. The 400-room, five-star hotel is located in the Streeterville district, just a short stroll from some of the city's major attractions, including the Magnificent Mile shopping street and Navy Pier, a 3,300ft pier that juts out into Lake Michigan, and is packed with restaurants, shops, museums and the Centennial Ferris Wheel. *OK*! loved our spacious suite decorated in a calming dove-grey and ivory colour palette, with floor-to-ceiling windows with views across to Navy Pier, so we had a great view of the twice-weekly fireworks displays. As well as a spa and 75ft indoor lap pool, the hotel has a stunning rooftop terrace where you can dine, play giant Jenga in the gardens and soak up the breathtaking city view.



REFUEL AT THE KANELA BREAKFAST CLUB



RELAX IN STYLE AT THE LOEWS CHICAGO HOTEL

WHERE SHOULD I EAT

AND DRINK?

In the summer months, mingle with the locals at the Loews' Streeterville Social, the city's largest outdoor roof terrace with a lounge bar and restaurant. *OK*! ordered the signature dish called the Seafood Boil, a bubbling cauldron of fishy delights and potatoes, served with grilled bread. It's also the perfect place to sip cocktails (*OK*! loved the Bee's Knees and the Out At Sea) and watch the sun set.

As Chicago is famous as the birthplace of deep-dish pizzas, we felt it was our duty to try one. We headed to Lou Malnati's Pizzeria, a local institution, with a black and white tiled floor and leather banquettes, on North Wells Street. And we also tucked into eggs over easy served on sourdough bread at the Kanela Breakfast Club, voted the restaurant providing the best breakfast in Chicago, according to USA Today readers.



NAVY PIER HAS TWICEWEEKLY FIREWORKS DISPLAYS



CHICAGO'S MAGNIFICENT MILE IS HEAVEN FOR SHOPAHOLICS

WHERE CAN I SHOP?

Upmarket North Michigan Avenue – known by everyone as the Magnificent Mile – is lined with designer boutiques including Tiffany & Co, Ralph Lauren and Burberry, and High Street names such as Topshop, Victoria's Secret and Niketown. There's also Water Tower Place, which houses the likes of Abercrombie & Fitch and Banana Republic, or The Shops at North Bridge if you prefer to shop under one roof. If you need to refuel along the way there's plenty of choice, with Shaw's Crab House, The Cape Cod Room at the Drake Hotel and The Purple Pig popular. During December, make sure you take in the Christkindlmarket, a traditional German market in Daley Plaza where you can browse stalls selling handmade gifts, food and warming glühwein. If bagging a bargain is more your thing, then head 40 minutes out of town to the Chicago Premium Outlets, where 140 designer and fashion brands await.

WHAT ARE THE CITY'S MUST-SEE SIGHTS?

For a good overview of the city, take one of Wendella's boat tours. *OK*!'s 90-minute tour was focused on the city's architecture – Chicago claims to be the birthplace of the skyscraper – with our guide pointing out some of the architectural landmarks including the Willis Tower, once the world's tallest tower, where you'll find the Skydeck, a glass balcony observatory deck on the 103rd floor. Continuing with our design theme, our next stop was out of town to Oak Park to visit world famous architect Frank Lloyd Wright's home and studio. After our tour, we treated ourselves to a delicious ice cream at Petersen's, an old-fashioned parlour that's been there since 1919.



KANYE WEST & KIM KARDASHIAN

WHICH STARS HAVE BEEN?

Chicago is the home town of former US president Barack Obama and his family. It's also where Kanye West was raised, with the singer and his wife Kim Kardashian West going on to name their second daughter Chicago. Expect to spot an actor or two, as scenes from *Transformers*, *Divergent* and many other films have all been shot in the city. *The X Files* star Gillian Anderson was born there, and Jennifer Hudson, Cindy Crawford and Harrison Ford are all also native Chicagoans. Musicians Bruno Mars and the Arctic Monkeys headlined at this year's Lollapalooza music festival that takes place in the city's Grant Park every August.

WHAT ELSE CAN I DO?

If you're looking for an adrenaline-pumping fix, head to Six Flags Great America, a huge theme park with more than 75 rides and attractions (next door to the Six Flags Hurricane Harbor water park) located in Gurnee about a 30-minute drive north of Chicago. There *OK*! battled villains on 4D dark ride *Justice League: Battle For Metropolis*, hung upside down on the new 100ft-tall roller coaster Mardi Gras Hangover and had our hearts in our mouths on Goliath, the world's tallest, fastest and steepest wooden roller coaster. Best to do this one before you have lunch!

For tourist information, visit www.Choosechicago.Com. For more on shopping, visit www.Enjoyillinois.Com/explore/listing/magnificent-mile-shopping. For information on boat tours, visit www.Wendellaboats.Com. For details of the chicago citypass which offers discounts and fast-track entry to the likes of shedd aquarium, visit www.Citypass.Com/chicago.

HOW DO I GET THERE?

Norwegian Airlines (www.norwegian.com/uk; 0330 828 0854) fly direct from London Gatwick to Chicago daily during the summer season and four times per week in winter from £375 economy return in December 2018 and £289 in April 2019.

The Loews Chicago Hotel is offering its 'Snowed Inn' promotion (nightly rate from £94 including hot cocoa, cookies and discounts) over various weeks from now until April 1, 2019; www.loewshotels.com/chicago-downtown/specials. OK!

REPORT BY PHIL GOULD
EDITED BY OK! TRAVEL EDITOR ANNABEL MACKIE
PHOTOGRAPHS: SHUTTERSTOCK, GETTY

TRAVELLER'S TALE

ALI AZMAT

heads to South America!



















Where Did you go?
Ali Azmat: We did the popular stretch of South America all the way from Brazil to Argentina!

What made you go here?
AA: It's a culturally distinct corner of the world! The initial plan was a bike tour which is my guilty pleasure but it didn't happen as planned. We still made the most of it and had a great time! Travelling only requires an adventurous approach!

What did you pack?
AA: I tend to pack light and comfy! We spent most of the time on the road exploring as much as possible rather than finding one spot and holing up.

What was your favourite meal/restaurant?
AA: In Argentina we found a very *desi*-vibed subcontinent street food joint. They had their own variations of *samosa chaats* and it was a great find!

Favourite shopping destination?
AA: Trips are for exploring, not shopping! But I can't help myself when I see a music store, which i did in Rio, and i tried my hands on a couple of Uke's and acoutic guitars and it was a great experience!

Some sights worth seeing?
AA: Oh, South America has it all! From the popular Copacabana and Christ the Redeemer to some rare street-art spots in Buenos Aires that were a real treat!

What are some spots for a night out
AA: When you're travelling, I feel the after-dark hours are to kickback and really bask in the newness of a place you're exploring. And to just experience life as it happens among people and places that you have just come to discover!

Travel essentials...
AA: The most comfortable attire especially when taking road-trips and of course, my personal neckrest!

Any travel tips you would like to share?
AA: There is no such thing as too much exploring. Life begins on the road! OK!

INTERVIEW: MEHR KASSIM; PHOTOGRAPHS: COURTESY ALI AZMAT



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WHAT'S ON?

ART EVENTS & EXHIBITIONS AROUND THE WORLD



Oskar Kokoschka:-A Retrospective

December 14th 2018–10th March 2019, Kunsthaus Zürich

The Kunsthaus Zürich presents Oskar Kokoschka – Expressionist, migrant and pacifist – in the first retrospective of his work in Switzerland for 30 years. The highlight among the more than 200 exhibits is the monumental 'Prometheus Triptych', which has never before been seen in Switzerland. Oskar Kokoschka (1886–1980) is, along with Francis Picabia and Pablo Picasso, one of a generation of artists who retained their allegiance to figurative painting after the Second World War, even as abstract art was consolidating its predominance. It is also thanks to them that non-representational painting and figurative art can now be practised side by side without partisan feuding. Artists of the present day acknowledge their debt to Kokoschka in particular. For Nancy Spero, Herbert Brandl and Denis Savary, his expressionistic style is an explicit or implicit source of inspiration. They value the gestural articulation of his brushwork, praise his open-minded, cosmopolitan attitudes or share the pacifism that, especially after the traumatic experiences of the First World War, runs like a thread through Kokoschka's work, life and legacy. Following his last major solo show in 1986, the Kunsthaus now sets out to acquaint a new generation of visitors with this artist, who died by Lake Geneva in 1980 and whose works are held in substantial numbers in both Vevey and Zurich.

Alex KatzMumok

6th December 2018–22nd April 2019, Museum Brandhorst, Munich

The Museum Brandhorst is delighted to present a major exhibition of works by celebrated American painter Alex Katz. A towering figure in contemporary painting best known for his iconic portraits of beautiful, stylish women, masterfully rendered in bold, vibrant colors, Katz has influenced and inspired generations of artists around the world. Featuring more than eighty works—including some of the artist's most important paintings—the exhibition will offer visitors a retrospective overview of this seminal artist's oeuvre from the 1950s to today. Alex Katz (born 1927, New York) emerged on the New York scene during the heyday of Abstract Expressionism and just prior to the explosion of Pop Art. Although he is often hailed as one of the precursors to Pop, his aesthetic is perhaps more closely aligned with such poets as Frank O'Hara and John Ashbery than with other painters of his generation. His unique oeuvre, which now spans some 70 years, is utterly devoted to the representation of the here and now and the immediacy of human perception—a commitment to what the artist has often described as "painting in the present tense." Working variously en plein air, from photographic sources, and from his own sketches and preparatory drawings, he has focused his attention on subject matter from his immediate milieu: portraits of family (in particular his wife Ada) and friends, artistic collaborators and scenes of social interaction, landscapes and architectural scenes, and flowers.





Fabulous Fashion: From Dior's New Look to Now

16th October 2018–3rd March 2019, Philadelphia Museum of Art, Philadelphia

"Experience the drama and glamour of some of the most creative feminine fashions ever designed, from romantic ball gowns to audacious contemporary ensembles, and everything in between. See how designers have used color and pattern, shape and volume, draping, metallics, and embellishments to continually reinvent the art form. The pieces in the exhibition—daywear, bridal wear, and more—showcase the Museum's outstanding costume collection. Many are on view for the first time.

TEXT: YASMEEN KHAN

HOME FIRE

A beautiful story, told with the honesty and courage that define Kamila Shamsie's writing, Home Fire is intense and alluring, as relevant today as it was when the story it takes inspiration from was written.

Haunting, hopeful and heartbreaking, Kamila Shamsie's seventh novel, *Home Fire* is a bold and brilliant reimagining of Sophocles' *Antigone* in the context of present day socio-political dilemmas as the personal and the political, faith and fanaticism, religion and relationships collide in a mesmerizing whirlpool of conflicting loyalties and love.

Ismene as Isma, Antigone as Aneeka, Polynices as Parvaiz and Antigone's uncle Leon as the powerful politician Karamat Lone, the philosophical debate in Athens pitting natural law versus man-made law is as relevant today as it was at the time the original Greek tragedy was penned in which the distraught sister buries her brother in defiance of the command of the king.

Born and living in Wembley, the three Pasha siblings, Isma and the nine years younger twins Aneeka and Parvaiz, who she raised like her own children after the deaths of their mother and grandmother, have grown up with personal tragedies shadowing - and sometimes overshadowing - them as much as the political and religious connotations of being Muslims in a world divided over fundamentalism, terrorism, religious duty, religious intolerance and growing Islamophobia. Their father, a *jihadist*, who died being transferred to Guantanamo, remains an unspoken but not forgotten ghost in their lives and sets the prelude for the way the lives of his children pan out.

The novel begins with Isma being interrogated at Heathrow while on her way to Amherst, Massachusetts where she has a scholarship in a PhD program in Sociology. The opening line "Isma was going to miss her flight", stated so simply and matter of factly, is in chilling contrast to the claustrophobia and humiliation of being questioned, searched and provoked while remaining composed and unruffled. Recalling her practice sessions of interrogation responses with her sister, a law student in London who would have been anything but calm under this scrutiny of racial profiling, Isma muses about Aneeka that she "knew everything about her rights and nothing about the fragility of her place in the world". This is the crux of the novel, this tender, touching exploration of Aneeka's intense vulnerability and naiveté, a contrast to her fierce determination and devoted passions. This devotion finds root most in her twin, her other half, who she loves uncritically and boundlessly. Parvaiz, conflicted and directionless, sheltered and shielded by his sisters' love, achievements and hard work, helping out at the local library and "never seen without his headphones and a mic" but without any purpose in life, becomes an easy target for recruitment by the cunning and cruel Farooq. Assuming the role of father figure and mentor to the young boy, he plays on Parvaiz's tortured ruminations on his father to glorify Adil Pasha as the brave, beloved warrior who was wronged and vilified by the Americans and whose son must now join the noble and religious Isil - wrongly portrayed by the west to be a terrorist organization - in order to not just avenge his father but also reclaim the glory and camaraderie of the Muslim brotherhood- a mirage of lies and deception which breaks soon after Perviaz arrives in Syria and is too deep in



the quagmire to get out alive. Loyal to the core, Aneeka feels more hurt that he left without informing her than angry at what he did while Isma is shaken but furious at the selfish stupidity of her brother who has jeopardized all of their lives and futures.

Meanwhile, in Massachusetts, Isma encounters Eamonn the son of a Pakistani politician Karamat Lone and his Irish wife. Formerly a family friend, Lone, the opportunistic and power hungry Creon of the novel, is now despised and derided for not just renouncing his religion but also urging other Muslims to embrace inclusivity and ridiculing their backwardness.

A master of contouring her characters with the many shades and nuances which encompass them, Shamsie paints Isma with brutal candour, the self-sacrificing sister who raised her siblings, the dutiful woman who betrays her brother to protect herself and her sister, the giddy girl who feels a compelling attraction to the handsome, charming Eamonn. However, it is Aneeka who Eamonn falls in love with when he visits their home in London to deliver a package from Isma, it is Aneeka who needed this love from the Home Secretary's son to save the one she loves the most. A passionate love affair, not entirely altruistic, forms the background of the story as the three siblings endeavour to pick up the pieces of their lives and salvage what they can of themselves and of each other.

Just like the bad guy in Antigone did not get a funeral while the good one did, Pervaiz encompasses both characters, the good and the bad, the perpetrator and the victim, the guilty and the wronged, and the question of his burial is what sustains Aneeka in a desperate bid to save her brother in death as she could not in life.

Otherwise restrained in its expression while the story does the talking, Shamsie occasionally employs dramatic language as Aneeka says to Eamonn about their love and her need for him to help save her brother "the world was dark and there you were blazing with light. How can you fail to love hope?" But more often, it is the characters who stand out more than the dialogues. The ruthless power and brutal candor of Lone is depicted with stunning subtlety while Eamonn, looked at as a good for nothing and a fool by his parents, a puppet by Aneeka and a drifter by most, emerges with principles and feelings too real to have been manipulated and too strong to falter in the face of all danger.

While exploring religion, morals, extremist and racism, *Home Fire* blasts questions which the readers must ponder over long after the last page has been turned and burns with a hope as fierce and unwavering as Aneeka is in her refusal to give up her vigil over her brother and Eamonn is in his refusal to give up Aneeka or disbelieve in their love, all accompanied dutifully with losses too devastating to enumerate.

Layered with symbols and richly interspersed with both tragedy and triumph, this novel grapples with the dilemma of society, family and religion, the troubles of intolerance and bigotry and the battle - and difference - between law and justice. This novel is not just thought provoking and interesting, it is also infinitely relatable, appealing to and calling out the baser impulses which lurk beneath our smiling exteriors. A page turner and pulsing with feeling, *Home Fire* is a timely and touching tribute to Antigone as well as the many misguided youth lured by false dreams in a moment of weakness and a life of yearning to belong - a longing to be at home. OK!

REVIEW: HIRA SALMAN

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A POT OF GOLD?

NOW MEDICAL MARIJUANA CAN BE PRESCRIBED UNDER LICENCE IN THE UK, OK! INVESTIGATES THE PROS AND CONS, AND WHO IT MIGHT HELP

The topic of cannabis use has always been highly controversial, and various celebrities – including Jennifer Aniston and Whoopi Goldberg – have shared their strong views on the topic over the years.

Now a new law has been passed that allows medicines derived from cannabis to be legally prescribed to UK patients for the first time. Under the government ruling, since November 1, specialist doctors can prescribe cannabis-based treatments in certain circumstances where other medicines haven't worked. Although the new



policy has sparked fierce debate, the decision has been welcomed by many – including patients suffering from conditions such as cancer, epilepsy and multiple sclerosis (MS).

One advocate of medicinal cannabis is former Emmerdale actress Leah Bracknell, who has terminal lung cancer. Leah, 54, who played Zoe Tate in the TV soap, says: 'We're not talking about just relieving symptoms. Cannabis is, for thousands of people, a matter of life or death.' Having used cannabis oil since she was diagnosed two years ago, Leah recently wrote on her blog: 'I've been using it as a vital component of healing... I don't believe I would be here without it.' Other celebs who endorse its healing properties include singer Lady Gaga, 32, who turned to cannabis as part of her 'arsenal against chronic illness', initially in a bid to alleviate severe pain after hip surgery.

Meanwhile, actress Whoopi Goldberg, 63, has used a cannabis vape pen for years to treat headaches caused by glaucoma. 'With each sip comes relief – from pressure, pain, stress, discomfort,' she has said. Whoopi has even launched a range of medicinal marijuana products for women to treat period pain.

Jennifer Aniston, 49, has openly spoken about using cannabidiol (CBD) oil, which is naturally sourced from cannabis plants, to treat pain and stress. 'It has all the benefits of marijuana without the high,' she says. Back To The Future star Michael J Fox, 57, is a lobbyist for increased access to medical marijuana and uses CBD oils to relieve the pain associated with Parkinson's disease. 'Working with CBD oil has shown me that there is always hope – even for the hopeless,' he said.

Former Victoria's Secret model Alessandra Ambrosio also uses CBD oil to combat anxiety, while actress Dakota Johnson takes CBD drops to help her sleep when travelling, saying: 'I try to knock myself out on planes, otherwise my whole world falls apart.'

But with many myths and uncertainties still surrounding the use of the drug, OK! takes a closer look at the facts...



LADY GAGA



JENNIFER ANISTON

What Is Medical Marijuana?

Derived from the spiky cannabis plant, medicines containing marijuana are said to stimulate natural chemicals in the body which help relieve pain and inflammation. It is most commonly taken in tablet form or as droplets of cannabidiol oil and, as Jennifer Aniston points out, contrary to popular belief such treatments generally don't get patients 'high'. Consultant neurologist Professor Mike Barnes from the British Medical Cannabis Society – hailed as the UK's leading expert on the issue – tells OK!: 'Medical cannabis is much lower in a compound called THC [tetrahydrocannabinol] than the "street" variety people use recreationally. THC is what gets people high, but in medicinal cannabis, the compound cannabidiol (CBD) counteracts the tiny amount of THC present. So the chance of having any psychotic effects from using medical cannabis is very low.'

Why Has Uk Law On Medicinal Cannabis Use

Changed?

The government's decision follows a national campaign focused on two young boys with severe epilepsy who were being denied access to cannabis products. Professor Barnes and his team successfully fought for special licences to be granted so that the boys – Alfie Dingley and Billy Caldwell – could be treated with medical marijuana. The ruling also means that from now on, specialist doctors can prescribe such treatments when there is 'exceptional clinical need'. Professor Barnes tells us: 'Alfie was having more than 300 seizures a month, but now he can take cannabis oil – which has anti-epileptic effects – he has had no seizures at all.'

The new law offers hope to thousands of patients with a range of health issues.





ABOVE: TEST-CASE PATIENTS ALFIE DINGLEY AND BILLY CALDWELL (LEFT)

What Conditions Can It Help Alleviate?

'Blind tests and the use of placebos have proven cannabis can alleviate pain of all kinds,' he adds. While pain relief accounts for 80 per cent of medicinal marijuana treatment, 'it also helps with epilepsy, spasticity [involuntary muscle spasms] caused by stroke or brain injury, and the nausea and vomiting experienced during chemotherapy,' he adds. 'There's evidence that it can help with Crohn's disease, inflammatory bowel disease, anxiety, depression and PTSD [post-traumatic stress disorder] too.'

Meanwhile, there are claims that medicinal cannabis can dramatically improve the lives of those living with multiple sclerosis. 'Evidence shows that it could help people with MS to manage pain and spasticity, when other treatments haven't worked for them,' a spokesperson from the MS Society says.



LEAH BRACKNELL

What Are The Arguments Against Medical Marijuana?

Regular recreational cannabis use has been linked to serious mental health problems, leading many to assume that medical marijuana is also harmful to wellbeing. But Professor Barnes insists: 'If it's produced in controlled conditions, it's very safe, and there is a minimal risk of any cognitive damage. If you're prescribed it, you're not being given skunk or weed, which contain high levels of THC.' However, he points out that it's 'not a cure-all wonder drug', adding: 'It's not for everyone. It can cause problems like dizziness or confusion. For many patients, though, the overall benefits far outweigh this risk.'



DAKOTA JOHNSON USES CBD DROPS WHEN FLYING

What Might Happen In The Future?

The government says that the new law is not a step towards legalising cannabis for all. 'That's certainly not the case,' says Professor Barnes, who recently launched the London-based Academy of Medical Cannabis. 'Our academy offers much-needed advice and education to doctors on the whole subject. So many of them have been worried about what to prescribe and who to.

A large number have signed up already.'

Further studies on the topic will also take place next year. Royal Pharmaceutical Society spokesperson Aileen Bryson says: 'More research is needed to identify which parts of the plant are producing the most benefits and to minimise side effects, as well as to identify optimal doses and give quality assurance.'

The NHS vehemently warns against buying medicinal marijuana online, as its safety cannot be guaranteed. 'Most people who take cannabis for medical reasons obtain it on the black market, which is so wrong,' concludes Professor Barnes. 'Although we've won the political battle, we hope that the rules will become less restrictive in future, enabling thousands more patients to benefit across the UK.' OK!

FOR MORE INFORMATION, VISIT WWW.TAOMC.ORG.

REPORT BY ANNA POINTER
PHOTOGRAPHS: GETTY



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FIREWORKS EXPLODE FROM THE SYDNEY HARBOUR BRIDGE AND THE SYDNEY OPERA HOUSE DURING THE MIDNIGHT FIREWORKS DISPLAY ON NEW YEAR'S EVE ON NEW YEAR'S EVE IN SYDNEY, AUSTRALIA

PHOTOGRAPHS: WENN, GETTY

HOROSCOPE & TAROT

IT'S WRITTEN IN THE STARS!

CAPRICORN



Dec 22 – Jan 20

Happy Birthday to all you responsible, dependable, industrious souls! Your new yearly astrological cycle begins with a lot of planetary movement in Capricorn. The Universal energy puts the spotlight on YOU. Express yourself, share thoughts and ideas. Change or enhance your appearance. Ask for what you want. The 10th of january would be an ideal time to begin a new project that has your personal stamp on it. Get plenty of exercise to help relieve that hard to identify restlessness. After the january 19, you must begin to address your values and earning power. Intense emotional issues could arise on the 25th of january 2019.

TAURUS



Apr 21 – May 21

It's your time of year to expand your horizons – personally, spiritually and mentally. Long distance travel favored. Don't go too far too fast. A new course of study or new hobby will stimulate your intellect. Beginning new metaphysical, religious or spiritual endeavors would be beneficial after the 10th of january 2019. Romance could begin with one from a foreign culture. Personal transformations occur through an intense relationship or personal conflict over values. Keep the ego under control. After the 19th of january 2019, career, public image and standing in the community require your attention. You could be put in the spotlight – whether you want to or not.

VIRGO



Aug 24 – Sep 23

Just when everyone else is making New Year's resolutions and buckling down, you workaholics are ready to play and pursue romance, creativity and pleasure. Your inner child and your inner 'cruise director' will NOT be ignored.

Creative projects begun after the 10th will help you get in touch with both. Sleeping patterns may be disturbed this month with deep unconscious energies being stirred up. A great month for early spring cleaning, beginning construction on a new home, or renovating your existing one.

SAGITTARIUS



Nov 23 – Dec 21

Look over finances, determine if your earning power is sufficient, and re-examine whether or not your values honestly reflect your inner self. Negotiating and signing financial contracts may occur. Money making ideas may yield positive results. Projects to increase your net worth may begin after the 10th. You're still energized with an extra boost of get up and go until the second week of February. Use the energy to move yourself forward.

AQUARIUS



Jan 21 – Feb 19

Again it's time to go within. Spend time with nature, reflect, and seek solitude. Listen to the Universal whisper its truths. Charitable work provides a breath of fresh air to your soul. The 10th of january 2019 would be a good time to begin a spiritual/metaphysical discipline that would help you get in touch with your emotions. Take a leading role in some group or organization. You'll have the stamina to see you through. After the 19th, you begin to recharge yourself and burn off the personal fog surrounding you. You're ready to share the personal truths and ideas you've uncovered.

GEMINI



May 22 – Jun 21

You normally talkative souls are quieter than usual. Universal energy makes you look inward. The desire for passionate encounters and profoundly deep conversations is strong. The horoscope 2019 predicts that january 10 would be an ideal time to begin projects to enhance your spiritual awareness. Read also : 2019 horoscopes based only on your Zodiac star sign Be careful in partnerships/relationships as issues could heat up and words said might later be regretted. Look at all the facts first. After the 19th of january 2019, do one of your favorite activities – take a new course of study to challenge your intellect and expand your personal vision of the Universe.

LIBRA



Sep 24 – Oct 23

The Holidays are over but there's still a lot of activity on the home front. Conversations are plentiful. Some take a nostalgic turn. You may decide to redecorate or enhance the appearance of your home. The digestive system is sensitive – don't force it into overdrive. Projects begun after the 10th of january 2019 at home or with the family may be fruitful. The pace of your everyday environment begins to pick up. Don't let your communications become too dictatorial. Romance, creativity and pleasure beckon you after the 19th.

PISCES



Feb 20 – Mar 20

If you're not associated with some group, now is the time to find one whose cause you support. Friends play an important role for you. Goals and dreams will be addressed and possibly changed or amended. The career front gets an extra surge of energy. Be careful not to 'burn' others with those fiery ideas. Public image gets a boost. Finding new goals or beginning new friendships are favored after the 10th. After the 19th, meditation would assist you in connecting with your higher self.

CANCER



Jun 22 – Jul 23

Abundant planetary energy demands that you address partnership/relationship issues. Communications abound. A new love could enter your life. Some of you may take the big step. The 10th and after is an ideal time to journey down the aisle! At work things could be heating up. Disagreements and arguments may arise. Someone may challenge you for no apparent reason. Take that extra energy and begin a new diet or health regimen to make you feel better. Exercise helps relieve the stress and anxiety.

SCORPIO



Oct 24 – Nov 22

Thought because the Holidays were over the hectic pace of your everyday life would slow down – WRONG!!! Your everyday environment is still activated pushing you forward at a frenzied pace. Communications in different forms are numerous. Your words are mostly kind and thoughtful. Someone may receive a special 'proposal.' Projects begun after the 10th to improve efficient functioning in your daily environment may yield beneficial results. You'll be fired up to pursue new ways to increase your earning power and reassess personal values.

ARIES



Mar 21 – Apr 20

You're one of the best public relations people around. The year begins with abundant energy supporting your career and public image. Well thought out plans could yield promotions or bonuses. Authority figures are paying close attention. New projects to enhance career or public image are beneficial after the 10th of January 2019.

LEO



Jul 24 – Aug 23

Use your inborn creative talents to devise new methods to improve your health or increase personal productivity at work. There could be plenty of paperwork and communications there. Co-workers are generally pleasant and supportive. Watch the tendency to overindulge in food and drink! The 10th of january 2019 would be a good time to start a new diet or exercise routine. This month you'll have a burning desire to express to others who you are. A passionate romance could ignite.



JEMIMA GOLDSMITH
JANUARY 30, 1974



MEHWISH HAYAT KHAN
JANUARY 06, 1983

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