

OK!

PAKISTAN
FIRST FOR CELEBRITY NEWS

ISSUE 59, MARCH 2019

ARMEENA
KHAN
ON SHERDIL

KARL
LAGERFELD
THE LIFE & TIMES OF
A FASHION ICON

KAKA
& FIGO
"PAKISTAN WAS
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Bilal Maqsood and Faisal Kapadia are celebrating 30 years of their internationally acclaimed pop rock band, Strings. Find out more about Pakistan's favourite music duo as OK! Pakistan engages with them in an insightful conversation about music and the arts.

50 KARL LAGERFELD

Celebrating the life and times of Karl Lagerfeld, who ruled the House of Chanel for over three decades, and established himself as the dominant force in an industry given to sharp swings in public tastes. Fashion may be ephemeral, but no designer was better able to stay on the cutting edge than King Karl.

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The beautiful actress talks to OK! Pakistan about her upcoming film, *Sherdil*, her international work, and how she deals with trolls.

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In conversation with football legends Ricardo Kaka and Luis Figo, who were in Pakistan recently to officially launch the World Soccer Stars event due to take place in April this year who were in Pakistan recently to officially launch the World Soccer Games.

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Editor's Note



Our March cover features Faisal Kapadia and Bilal Maqsood, the dynamic duo who are celebrating 30 years of their internationally acclaimed band, Strings. With soulful, chart-topping numbers like *Sar Kiye Yeh Pahar*, *Mein Tou Dekhoonga*, and *Na Jaane Kyun* (for the international film, *Spiderman 2*) to their credit, the band enjoys a massive fan following around the world and has won many accolades over the years. "Our fan following is not limited to one age group. Whether they are fans of *Sar Kiye Yeh Pahar*, the Musik Channel eras, or people who love songs such as *Jab Say Tumko* and *Aye Meri Sar Zameen*, the age group is diverse. In fact, fans of *Sajni* were not born yet when we released the song *Duur!*"

We celebrate the life and times of iconic designer Karl Lagerfeld, who passed away on February 19 this year. Regarded as a creative genius, Lagerfeld helmed the House of Chanel for over three decades, and was largely responsible for the brand's massive success around the globe. He was also associated with the innovative Italian brand Fendi from 1965 until his demise, a remarkable collaboration spanning more than 50 years. "You know, I don't ask myself too much how. I just do it," Lagerfeld once said. "I'm a kind of machine in a way, but it doesn't really take me effort. I don't have an ego problem. Most of the designers, especially the young ones, have ego problems. I couldn't care less."

Editor's Picks



Becoming Michelle Obama

Do read our exclusive feature on soccer legends Ricardo Kaka and Luis Figo, who were in Pakistan recently to officially launch the World Soccer Stars event due to take place next month. "Pakistan was amazing," Kaka told our correspondent. "I am so overwhelmed by the response. I am grateful to the Pakistani public for coming out to support us - I hope to see more of you when I return in April!"

Gorgeous actress Armeena Khan has made a niche for herself in a short span of time. Back in 2013, she was the first Pakistani actress to walk the Cannes red carpet, and has featured in hugely successful projects such as *Janaan* and *Bin Roye*. In this exclusive interview, she talks about her upcoming film, *Sherdil*, her extensive international work, and how she deals with trolls. Armeena is also known for her compassion and kindness, and for voicing her concern about social issues. "I am driven by my convictions, my principles and values," she shares. "I exercise restraint most of the time. When I do speak out, it is because my continued silence would be tantamount to complicity in the face of injustice and unfairness."

Do check out our health, travel and beauty features.

Enjoy the issue!



The Haunting of Hill House



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Ed Sheeran ties the knot!

Famously private Ed Sheeran is rumoured to have said 'I do' to childhood sweetheart Cherry Seaborn just before Christmas. The low-key ceremony was reportedly held at the singer's estate in Framlingham, Suffolk even though his plans to construct a Saxon-style wedding chapel were rejected.

A source close to Ed said the intimate service was attended by just 40 family and friends. "He wanted no fuss and he wanted it to be something entirely for them – just a tiny winter wedding," the source said. "It's amazing that he's the biggest star in the world but he was just able to quietly slide off and wed," they continued. Ed, 28, said last year that he and 26-year-old Cherry wore rings so "nobody will know when we have got married." He announced his engagement to hockey player Cherry in January 2018 on Instagram, saying: "Got myself a fiancée just before NewYear. We are very happy and in love and our cats are chuffed as well."

Though the pair wanted to keep their wedding private, they plan to celebrate in style this summer. The source continued: "Ed and Cherry are planning a festival style party for a wider list to happen at the end of the summer... they'll be able to invite Taylor Swift and their record company colleagues and royal friends."



EBM sponsors the 4th SOP Unified Marathon

EBM recently sponsored the 4th SOP (Special Olympics Pakistan) Unified Marathon in support of their shared vision of promoting the inclusion of people with intellectual and physical disabilities. The marathon, which involved a Run, Walk and Wheelchair race with a 700M Kid's Dash, a 5KM/10KM and Half Marathon, was held on February 17th, 2019 in Karachi at the DHA Sports Club.

Through this sponsorship, EBM has demonstrated its unrelenting enthusiasm

for the promotion of sports and sportsmanship within Pakistan combined with a vision to give both children and adults with intellectual disabilities a range of opportunities that will help them develop their physical fitness, demonstrate courage, experience joy and interact socially with other Special Olympics athletes and the community. To display their support, a number of EBM employees attended the marathon in great numbers.

Speaking at the event, Director of EBM, Shahzain Munir stated: "We are extremely happy to be part of such a noble cause and to see so many people participate. We aim and hope to host more events of such kind to help raise awareness, promote inclusion and build healthier friendships and understanding of sports for special athletes."





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Beauty Expo 2019

Fortress Square Mall and BeautyHooked.com joined hands to bring to Lahore one of the largest and most unique platforms for beauty enthusiasts: The Beauty Expo 2019. Held from the 8th to 10th of March at Fortress Square, the event showcased the best beauty brands, and brought together beauty products, make-up artists, beauty bloggers and beauty shoppers like never before. The event was attended by top hitters in the online Beauty Influencer industry, and presented make-up masterclasses by beauty industry experts. The expo also featured trials and testers of the latest beauty releases, and provided a platform



ISL National Open Polo Championship for the Quaid-e-Azam Gold Cup 2019

International Steels Limited [ISL] partnered with the Lahore Polo Club to sponsor one of the most prestigious sporting tournaments in Asia: The International Steels Limited National Open Polo Championship for the Quaid-e-Azam Gold Cup 2019. The tournament commenced on 25th February, with a sensational final match between Master Paints [Black] and Master Paints [Grey] on 10th March 2019 at Lahore Polo Club. Master Paints [Black] with Sufi Muhammad Amir, Ahmed Ali Tiwana, Raja Temur Nadeem and Matias Vial Perez took home the coveted Quaid-e-Azam Gold Cup 2019.

Federal Minister Mr. Shafqat Mahmood attended the final as the Chief Guest and watched the final of the International Steels Limited National Open Polo Championship for the Quaid-e-Azam Gold Cup 2019, along with the President of the Polo Club, Mr. Malik Atif Yar Tiwana and Executive Director ISL, Mr. Samir Chinoy, following which a prize distribution ceremony was held.



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Kaia Gerber & Bella Hadid at Milan Fashion Week

Big hair and dazzling diamonds ruled the Moschino runway as models Kaia Gerber, Irina Shayk and Bella Hadid made their mark on Milan Fashion Week. Kaia, the 17-year-old daughter of supermodel Cindy Crawford, rocked a dollar-print dress that perfectly encapsulated the label's casino-inspired collection. Irina, who later jetted to LA to support her boyfriend Bradley Cooper at the Oscars, wore a slot machine-inspired dress that skimmed the mum-of-one's slim figure. Meanwhile Bella – who, like Kaia and Irina, wore a voluminous bouffant wig – looked every inch the vamp in her tulle gown and leathers.

Bella's older sister Gigi closed the late Karl Lagerfeld's show for Fendi in a yellow midi dress, while Kendall Jenner conquered the catwalk at Versace in a grunge-inspired black outfit.

Diana, Princess of Wales's niece Kitty Spencer looked pretty in white as she posed for a photo with singer Liam Payne at the Bulgari B.zero1 jewellery collection's 20th anniversary party. Liam is currently enjoying a 'mind-blowing' romance with supermodel Naomi Campbell.

As the models strutted their stuff at the hot ticket fashion showcases, there was one particular boyfriend who was missing his girl. Canadian singer The Weeknd took to social media to tell Bella Hadid he was pining for her, commenting on one of her Instagram posts: "Bring this home."



FEATURE BY MICHELLE GARNETT

The Dettol Warriors Unveil Their Latest Adventure At The Deaf Reach School

Dettol recently conducted a storytelling session at the Deaf Reach School, unveiling the latest adventure of the Dettol Warriors against their evil germ rival, Germoon. Dettol started the year with their new campaign for children, where one lucky winner gets the chance of winning 'The Dettol Warrior Education Fund' worth Rs. 250,000. The campaign is based on the upcoming adventure of the Dettol Warriors. In the campaign, Dettol encourages children to use their imagination to help the Dettol Warriors defeat Germoon. Renowned actor Sania Saeed hosted the storytelling session that was translated into sign language for the students of the Deaf Reach School. Talking about this initiative, Mehrin Abrar, Principal Karachi Campus, Deaf Reach School said, "Visual learning is a huge part of the learning curriculum at our school and we are glad that Dettol has taken this step of designing a hands-on experience to educate our kids about the importance of personal hygiene. It is critical for them to know how to protect themselves against illnesses and germs."



TEXT: COMPILED BY SARA AMIR TURAB

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KARACHI

Heer Maan Ja

Imran Kazmi, Arif Lakhani & Hareem Farooq hosted a star-studded dinner to celebrate the wrap-up of their next film *Heer Maan Ja*, starring Hareem Farooq & Ali Rehman Khan in the lead roles.



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AMNA AQEEL



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SYED JIBRAN & EVA



NINA KASHIF



SANAM SAEED



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MOMAL SHEIKH



NIDA YASIR & YASIR NAWAZ



SANGEETA



SARWAT GILANI



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RABIA, KOMAL & FARAH



AMAR KHAN



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SAMRA & ASIF RAZA MIR



ALI GUL PIR



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KARACHI
Nadia Hussain
Pakistan's renowned supermodel & actress Nadia Hussain launched her first make-up brand at the famous multi-brand make-up & cosmetic store Scentsation, in Dolmen Mall Clifton, Karachi.



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SADAF & SADIA



SAJAL & ATIF HUMAYUN

KARACHI

Saboor Aly's Birthday Celebration

Saboor Aly recently hosted a party to celebrate her birthday with her family, close friends, and colleagues from the industry.



VASIA FATIMA



RAO ALI KHAN



ZARA NOOR



MADIA AZMAT



WALID SIDDIQUI



UMER MUKHTAR



SAMRA MUSLIM



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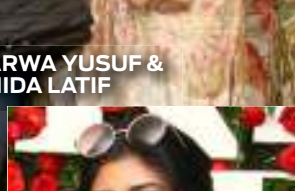
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SARAH KHAN & SEEMI PASHA

KAUSAR SAJID

SUMBUL IQBAL

NOOR SEHAR

ARWA YUSUF & NIDA LATIF

TANZEEL

SAMAR MEHDI

SANEELA SWALEH

SALIMA FEERASTA

SABRINA FURQAN

HINA PASHA & HAMNA NADEEM

NASHMIA BUTT

ZOBIA MOTIWALLA

SOFIA NAVEED LARI



AHSAN KHAN & FRIEHA
ALTAF



BILAL KHAN



MEHREEN DANISH



MOMAL SHEIKH



NIDA AZWER



NAHEED JUMANI
& TUTU NAJMI

KARACHI
Inherit

Inherit launched their designer jewellery in Karachi recently. The who's who of the glamour and fashion industry, including Frieha Altaf, HSY, Ahsan Khan, and Nida Azwer attended the showcase.



SHARMEEN



ALIZEH PASHA



NAILA KASSIM



ZARMINA F
SALMAN



NADYA MISTRY



MYRA FAISSAL &
SAFINA



YASMEEN SOHAIL



UMAIR MIRZA &
SABRINA FURQAN



NILOFER



SHEN SALEEM



ZAYN MATHAL



KARACHI
Zainab Chottani
Zainab Chottani recently hosted a lunch at Sakura for editors and bloggers.





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AMINA MONNOO & MEHEK ELAHI

LAHORE

Anaya by Kiran Chaudhry

Anaya by Kiran Chaudhry held a preview of their Luxury Lawn '19 at Cosa Nostra which was well attended by the fashion crowd of Lahore.



MAHNOOR



HIRA ASIM



SHIREEN REHMAN



SHEHR BANO



KAMIRA ROKNI



NAILA ISHTIAQ



MASHAAL MOAZZAM



UNZILA



ZAINAB MALIK



RIZI, AAMIR, SHAHEEN ARSHAD, DR SHAHIDA, RIMA & SOPHIYA AHMED



KHERZAN & MAHA
HASSAN



REHAN & ADEN



ANUM SAJID



DUA KABIR



MISHAL &
MARYAM
SHAMI

LAHORE

Rang Ja's Flagship Store Launch

Rang Ja hosted
its flagship store launch at
Packages Mall recently.



KOMAL IRFAN



MOMAL AHMED



RANA
FAROOQ



SEYHAM
VAHIDY



SABA MALIK



NUDRAT MUSTAFA



MISHAL SHAMI



KEEZIAH LEENA



SHAZIA



ZAINAB ABBAS



RAZA RAHMAN



SYRA SHEIKH



SHEHRBANO



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MAHAM & MADIHA



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MANAN



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& SARA SOHAIL



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SEHR KHOSA



SUALIHA NAZIR



HIFSA KHAN



SAADIA ASAD



SEHAR UMAR



HADIYYA AAZER



SIDRA, NAZISH & MEHAK



ZAHRA MALIK



SARA
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ZONIA ANWAAR



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MADIHA SAAIL KHAN



MADIHA HASSAN



SABA & SIDRA



NISHAT & AAMIR

LAHORE
Khatepoesh
Javeria Khan of Khatepoesh launched her spring summer collection at the Khatepoesh Store in Packages Mall Lahore.



HIRA ASIM



KIRAN CHAUDHRY



RUBIA MOGHEES



ZAINAB CHEEMA



SHEHRBANO



HINA EIJAZ



SOPHIA



ZAINAB KHALID



TABINDA & AMINA SHAH



ZARMINAY HAQ



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ZEHRISH



MAHNOOR



Ghurids

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ADEN & REHAN



AMINA TIWANA



AMINA
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MEHAK ELAHI



SAMAH MUDASSIR



SHEHRBANO



BISMA AND KINZA



ZAHRA MALIK



ZARMINAY HAQ



MAHA HASSAN

LAHORE Qalamkar

Qalamkar launched its luxury lawn collection, '*Daur-e-Hayat*' at Cosa Nostra recently.

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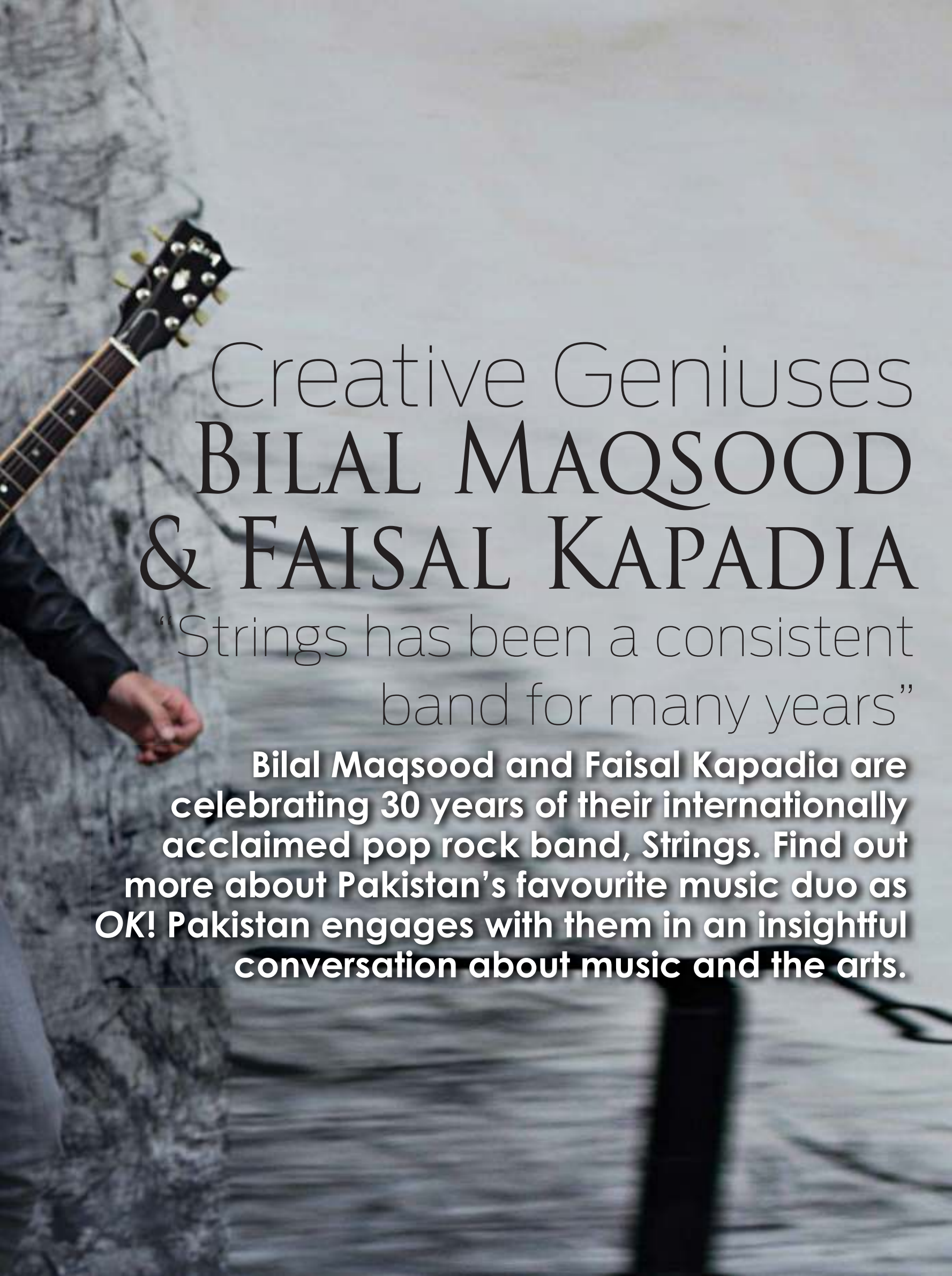


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Creative Geniuses BILAL MAQSOOD & FAISAL KAPADIA

“Strings has been a consistent band for many years”

Bilal Maqsood and Faisal Kapadia are celebrating 30 years of their internationally acclaimed pop rock band, Strings. Find out more about Pakistan's favourite music duo as OK! Pakistan engages with them in an insightful conversation about music and the arts.



BILAL AND FAISAL LOOKING DAPPER IN SUITS BY REHAN JUNAID
SALAAM AND SHOES BY TSM & CO; BIKE BY : TEAM NAYYER (TN)

Frontrunners Bilal Maqsood and Faisal Kapadia have paved the way for newcomer artists and musicians to follow their example. They formed the hugely successful band Strings and have collectively sold nearly 25 million records worldwide. They have thoroughly entertained us with their acclaimed songs: *Dhaani*, *Na Jaane Kyun* and *Yeh Hai Meri Kahani* among other massive hits. As one of the few boy bands to achieve such stardom in international markets, Strings has emerged as a success story. Over the span of 30 years, we have witnessed their incredible growth and journey from newbie singers to producers in Coke Studio. Their creative talent reflects in a series of old classics revived for this generation, and loyalty is what keeps Bilal and Faisal together, as a creative duo. Inspired by eastern and western classics, their singing style is unlike that of any other artist in Pakistan.

How did the band Strings come about?

Bilal Maqsood: Faisal and I met in college in 1987. In 1988, we started making music together and at that point, we had no idea that we would end up creating a band that would become the core of our lives. A series of events prompted this happening. Vital Signs released the track *Dil Dil Pakistan* and many young kids wanted to be like them. The wave that came with that song led us to our path. We decided to make our band.

We already had several songs out there because of our jams and often performed at our college events. Then Musik '89 happened, but its recording was in Islamabad and we were not present there, but then Karachi TV organized a youth festival that sought bands in the city. My father came back from that channel and explained to us how the director of the festival, Ali Rizvi, was in search of talented bands in Karachi and if we were interested to perform. We immediately agreed and that was our first appearance on television. Soon, Musik Channel's Ghazanfar Ali contacted us and after watching us on screen, EMI approached us and wanted to produce an album. That was the foundation of our journey. Ever since, we have had six studio albums and thousands of concerts.

How do you feel when people interpret and relate to your songs?

BM: The love and affection we have received is immense, and we cannot thank God enough for that. The interesting thing with Strings is that we have remained relevant since our first album. Our fan following is not limited to one age group. Whether they are fans of *Sar Kiye Yeh Pahaar*, the Musik Channel eras, or people who love songs such as *Jab Say Tumko* and *Aye Meri Sar Zameen*, the age group is diverse. In fact, fans of *Sajni* were not born yet when we released the song *Duur*. So, it is overwhelming to realise that everyone appreciates our hard work spanning more than 30 years. While

performing at concerts, we have witnessed that a 40-year-old enjoys our music as much as a 15-year-old teenager. It feels good because very few people have had the same kind of success as Strings.

Strings was the producer of Coke Studio for three years. Was it a different creative space? What did you learn from that experience?

BM: As a band, you produce certain kinds of music. You have a decent fan following too and people expect certain types of sounds from you. The songs by Strings originate from the music of Strings but that does not imply that we are confined to that kind of music only. There is so much more in us that we can do, and we always wanted an avenue where we could explore everything inside us. We got that from Coke Studio. Prior to that, we explored a different music style in the film *Moor*, that was quite unlike Strings.

Thereafter, we signed a contract with Coke Studio where our creative space was intact and limitless. We could experiment with any genre, style or artist. It was a lot of fun and a priceless learning experience as we got the chance to work alongside legendary artists Abida Parveen, Raees Khan sahab and Rahat Fateh Ali Khan, among other amazing musicians. As a group, you learn and evolve every day. You study your surroundings and if you are true to your art, you are sensitive to the people around you. We could not have ►

learned better from Coke Studio than our personal experiences surpassing 40 years. After its success, we felt complete and developed an understanding about life, people and music.

Which song has been the most enjoyable to work on in your career?

BM: When we are working on a song, I never seem to enjoy its process. I am sure Faisal feels the same. There is a lot of tension and stress to get things right. Making sure what you have in mind replicates on tape is a trial. You are tweaking the tracks and instruments all the time. Once that process concludes, it is a different ball game. The face of the song can change completely. This is work for us but once it is done, we feel relieved. We sit together, listen to the song and enjoy it. While working on a song, we are so deeply into it that we don't see anything clearly. We focus on our work only. At least, that is how it is with us.

Your thoughts on recreating classical, old soul music?

BM: It is important to recreate classical music, which is why we chose to do it in Coke Studio. However, it must be done tastefully. Preserving the sanctity of the song is crucial. The whole idea is to make it relevant to the younger audience that may have never heard it before. The techniques and sounds today are completely different, so the newly recorded song with slight changes will fascinate youngsters. Recreating is the revival of songs that are an integral part of our artistic history. It is better that people hear them again and not neglect classics entirely. It gives new meaning to most songs. I believe that reprised versions of old music is a good thing.

Do you ever feel challenged in the music industry by your counterparts?

Faisal Kapadia: More than our counterparts, we feel challenged because of the music industry. It has become more difficult today. Whether they are Pakistani or Indian musicians, pop singers feel confronted when they try to distribute their music. We don't find ourselves in a battle with other musicians as our music realm is very small. It unsettles us to think how we can use social media platforms to reach our fans because everything is changing so fast. The label concept and physical distribution of the album is long gone. We are seeking different methods to reach out to the masses and it is going to be a constant struggle.

What factors have led to the success of Strings?

FK: Many things have added to our band's success but if you ask both of us, it is the loyalty. We are loyal to each other and Strings. Our band is our ultimate priority, even before ourselves. We are very straightforward with each other, and dedicated to our label. If we are intact and together, so is our band. The other thing is consistency. We have been consistent with our work for the past 30 years. Of course, success does not come easy with every project, but consistency will bring you closer to it.

How have you influenced Pakistan through music?

FK: It is slightly weird for us to comment on how we have influenced Pakistan's music industry. I am sure we must have struck a chord with the listeners as our band has been making music for three decades now, in different eras and for different age groups. We have represented Pakistan on major international platforms and in many countries. I am sure there is some influence in the mix. Young



“The interesting thing with Strings is that we have remained relevant since our first album. Our fan following is not limited to one age group.” – Bilal Maqsood



BILAL AND FAISAL IN THE PERFORMING MODE WEARING LEATHER JACKETS BY HUB LEATHER AND SHIRTS BY REHAN JUNAID





“After 10 years, Strings is working on a new album. It is very thrilling for us!” – Faisal Kapadia

musicians could learn from the success story of our loyal and committed band.

Complete the sentence: “Music is...”

FK: For us, music is 365. I say that because music is all day, every day in our lives. Either we are working on music, talking about it or listening to it, so I would say music is 365.

Are you planning to resurrect Strings?

FK: Interesting question because Strings has always been there. We have never made any efforts in keeping it alive or bringing it back. It has been a consistent band for many years. We worked on *Duur* in 1999 and have not stopped since. Our dominant role may have changed, as it did in Coke Studio where we were entirely behind the scenes. That was a conscious decision. We wanted to concentrate on that project only, so we were away from the mainstream for those four years, actively making music. Bilal and I are now back to our roots.

What other projects are in progress?

FK: 2019 is a very exciting year for us. Last year we completed our 30 years in the industry, and it is still ongoing as part of the 30-years campaign. Although the band is now 31, we are planning concerts and travel. We have started producing new music, and released six music videos last year including *Sajni*, *Urr Jaun*, *Piya Re*, *Mil Gaya*, *Hum Dono* and *Chal Para*. Probably after 10 years, Strings is working on a new album. It is very thrilling for us! We see ourselves touring and performing as much as possible in the coming months.

Who would you cite as your musical influences?

FK: Musical influences are always changing with time. I still remember when Bilal and I formed Strings our musical influences were similar. During Bilal's childhood, eastern classical music, RD Burman, Kishore Kumar and Pakistan's semi-classical music were his inspiration. I heard the same kind of music, too. When we began working together, U2 and Colplay had immense influence on us. Like I said, things change over time and new musicians emerge. Whether they are young or old, if they have something good to offer, it can inspire you. Our experience at Coke Studio is a source of inspiration and will continue to be in our current music. Even if people don't see it, we know how much knowledge and depth we have gained from Coke Studio.

If you were not singers or producers, what would you be today?

FK: We often talk about this. Bilal says that he would have been a banker. Now that I think of it, he wouldn't have been in that profession. Maybe he would have been a painter or an artist. I would have assumed my father's business. Life would have ►



FAISAL IN A GREY SUIT BY REHAN JUNAID
AND ORANGE SWEATER BY BRUMANO



been very different if we were not singers but more than 60 to 70 percent of our life span has been in music. We are 47-years-old now. Two-thirds of our lives has been dedicated to this field!

Do celebrities have a social responsibility? If so, what is it?

FK: Absolutely – celebrities have huge social responsibilities. People watch and follow their actions. Their first responsibility is that their actions should be socially and morally right, as they influence others. People look up to you as an idol. In fact, celebrities should go out of their way to do something valuable for the society because they have the power to reach out to people easily. It is their duty to use that power to convey useful messages and lessons to the society.

If fans could remember you for one thing, what would that be?

FK: Well, only fans can answer this question. It is tough for us to say what they like. However, their interaction through our social media suggests that we are humble and that is the best thing we have ever heard because humility is the most important attribute one can have.

What is your signature song?

FK: *Sar Kiye Yeh Pahaar* – it is our signature song and what Strings gets recognized for the most. Even after 26 years of its release, people always seem to cheer for this song. They demand that we sing it, and that says a lot. It is still one of the most powerful tracks by Strings and it is great to see it live on in peoples' hearts.

What lacks in Pakistan's music today?

FK: In 2006-2007, Pakistan's music industry was at its peak. At the time, there was proper infrastructure of music platforms. We had four dedicated music channels, and five to six radio channels that supported Pakistani music. You have musicians in one place to create music, platforms to distribute it and an audience to listen to it. These three elements were there back then. Post 2008, the distribution platforms crashed, and three of the four music channels shut down. The remaining began to play international music and Bollywood songs. They stopped airing Pakistani music completely.

Although the musician is still there, his music is not reaching the audience. As a result, people stopped listening to Pakistani music because there was no music. This troublesome factor caused Pakistan's music industry to suffer. Now, in 2018-2019, we have witnessed its revival, thanks to social media – YouTube and streaming websites like Patari, iTunes, Apple music, Spotify, and Saavan.

There are talented musicians in our country but the problem lies in a dearth of distributing platforms. People need to understand and become acquainted with new platforms in order for music to reach them seamlessly. There are no more CDs, TV or radio channels supporting Pakistani music.

Who do you think is a rising singer in Pakistan today? Your reason(s)?

FK: There are many. It is difficult for people to distribute their music or get the recognition they deserve. Some artists are working hard and it is benefitting them too. They are achieving their goals slowly but they are getting there. People like Asim Azhar and Uzair Jaswal have been working hard for so many years. Ali Sethi, Aima Baig and Momina Mustehsan are doing really well! They have already risen to the top. They are no longer



FAISAL IN A TANGERINE SWEATER AND BILAL IN A MINT SWEATER BY BRUMANO AND SUITS BY REHAN JUNAID. SHOES ARE BY TSM & CO

'rising stars'. They are there because of their hard work and consistency. They have worked nonstop to be where they are right now.

Have you made any regretful decisions in life?

FK: I suppose there aren't any regretful decisions as such, except wrong decisions, which we don't feel remorse for. Both of us have an advantage; when making a decision, we talk about it and discuss it together. Sometimes one of us makes a poor choice but if the other one is wrong too, it is a sound judgement on our part. We don't cry over it. Instead, we learn

from it with confidence.

Do you believe that things happen to you for the best?

FK: I absolutely believe that everything happens for the best. Sometimes things may go awry but one must persevere. Bilal and I often tell each other that things could have been a lot worse so let's just move forward. This mantra only brings optimism to our future in music. **OK!**

INTERVIEW: HAIDER RIFAAT
STYLING: RAO ALI KHAN
PHOTOGRAPHS: JAFFER HASSAN

THE CATWALK KAISER

KARL LAGERFELD

THE LIFE AND TIMES OF A FASHION ICON

Celebrating the life and times of Karl Lagerfeld, who ruled the House of Chanel for over three decades, and established himself as the dominant force in an industry given to sharp swings in public tastes. Fashion may be ephemeral, but no designer was better able to stay on the cutting edge than King Karl.





February saw the passing of one of the greatest icons in the history of design - Karl Lagerfeld. He was the high priest of fashion and his death at the (reported) age of 85 sent shockwaves around the world and made front page headlines on every continent. German TV devoted an hour-long special to him following his passing, and French TV networks similarly devoted several hours of programming to the legendary icon of clothing design.

So immense was Lagerfeld's impact on the popular imagination that his absence leaves a gaping hole in an industry that has lost his charismatic, self-styled, trademark presence as a global ambassador for fashion. In keeping with the audacity of his designs, Lagerfeld succeeded in cultivating a highly identifiable public persona.

A skilled self-promoter à la Alfred Hitchcock's shadow profile or Andy Warhol's spiky silver wig, Lagerfeld was inextricably linked to his own self-mocking personal style conceits. The powdered hair, the dark glasses, the Hilditch & Key high-collared shirts, the tailored black jacket and skinny black jeans, the fingerless gloves and the boots - these were all part of Lagerfeld's irreverent way of branding himself.

He was as inspired as he was tireless, a frenetic

designer currently responsible for 17 collections a year that included Chanel, Fendi, and his own Lagerfeld line. No one in the history of fashion has come close to matching the breadth of his creativity, even though he typically liked to dismiss his 'workaholic' image.

"I hate that expression. I'm lucky that I can do what I like to do. I hate the idea of work. Work is when you have a boring job to make a living. That's work...Please don't say I work hard," Lagerfeld scoffed. "Nobody is forced to do this job and if they don't like it, they should do another one. If it's too much, do something else. But don't start doing it and then say, 'Aaaah, it's too much'. Because a lot of people depend on it."

"What we do at Chanel, thousands of people work on these things; these things are sold in hundreds and hundreds of shops all over the world. People like the big machine, and the money the big machine involves, but the effort... Then, suddenly, they become artists. They are too weak. Too fragile. Non. We have to be tough. We cannot talk about our suffering. People buy dresses to be happy, not to hear about somebody who suffered over a piece of taffeta. Me, I like to make an effort. I like nothing better than concrete reality. I'm a very down-to-earth person, but it is my job to make that earth more pleasant."

Lagerfeld deserves to be remembered as a creative force of nature whose genius came to dominate a highly competitive industry that is, by definition, in a constant process of renewal and reinvention. When we think of artists such as Pablo Picasso, Ernest Hemingway, Ingmar Bergman, Vladimir Horowitz or Henri Cartier-Bresson, they should all be seen as 'outliers' - individuals whose body of work was of unparalleled depth and scale. But while our collective memory of many such great artists tended to fade, even during while they were still alive, Lagerfeld remained active and vital to the very end. Fashion may be ephemeral, but no designer was better able to stay on the cutting edge than King Karl.

Despite working in an industry known for its frivolous and arguably effete nature, Lagerfeld was rigorous, serious and dedicated to ensuring that his massive output did nothing to diminish his own high standards. Most fashion critics have long hailed him for the consistent quality of his clothes and his ability to stay relevant when so many designers go in and out of fashion.

"You can't borrow on your past," he once declared. "Success nullifies - you have to do it again, and better... There is a very famous Jewish-German dictum that I love: 'There is no credit on the past.' So I'd better work now, huh!?" ►



“I’m a very down-to-earth person, but it is my job to make that earth more pleasant.”



“I liked the idea of going to Chanel because it was a challenge...When I took on Chanel, it was a sleeping beauty - not even a beautiful one - she snored.”

A Lagerfeld fashion show (or défilé, as they say in Paris) was often an operatic event where the creator descends from Mt. Olympus to lecture ordinary mortals on maintenance of Divine standards. He once had a 265-ton iceberg transported from Sweden for Chanel's Fall 2010 show at the Grand Palais in Paris where he wanted to make a point about the dangers of climate change: "Global warming is the issue of our times. Fashion has to address it," Lagerfeld stated.

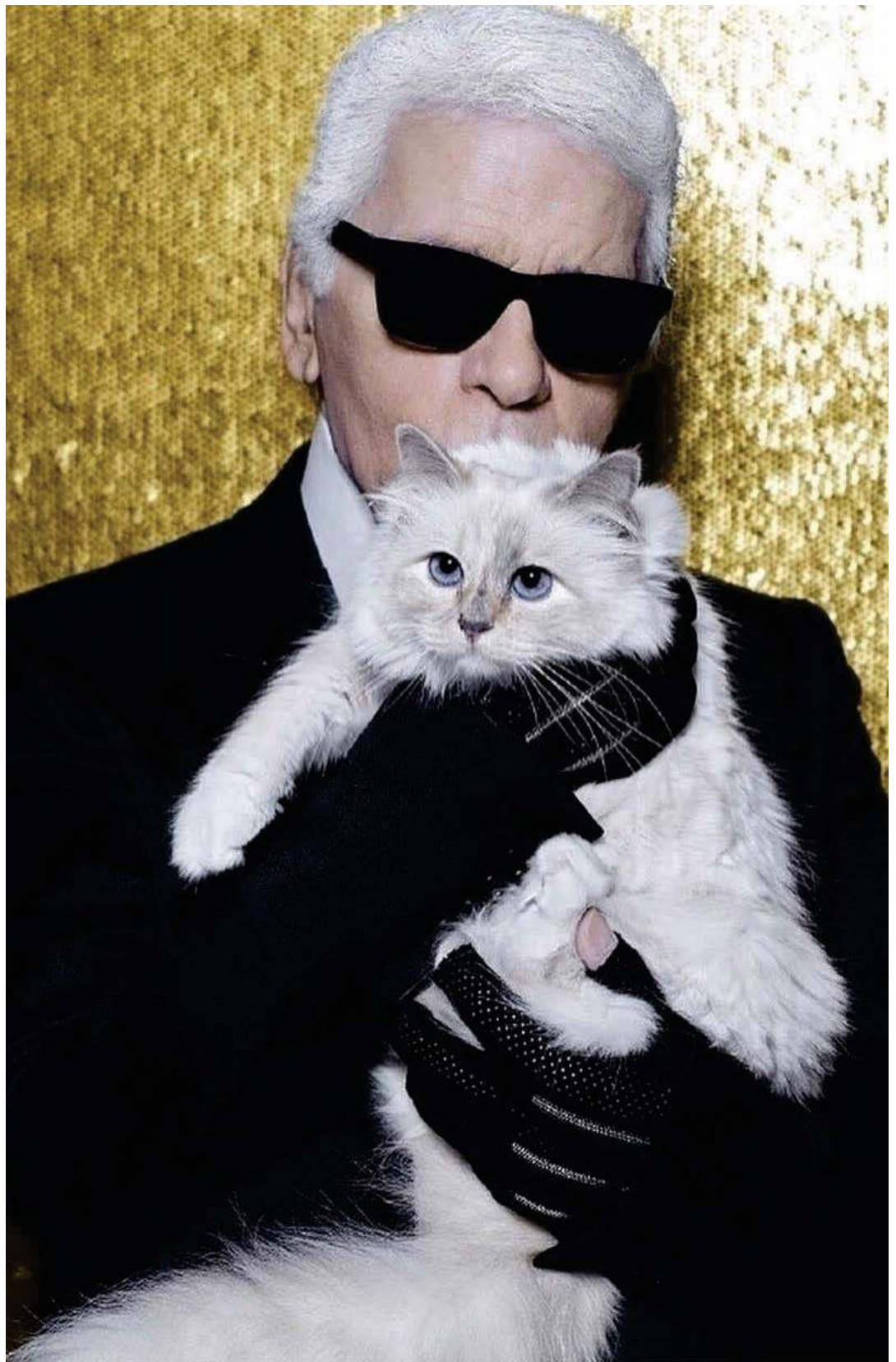
Like Beethoven, his fashion symphonies continue to stand the test of time and we continue to worship at the altar of this self-styled, irreverent, and eccentric man. Though he first made his name in the rarefied world of Parisian Haute Couture in the fifties, Lagerfeld is not at all elitist when it comes to design. He has worked with the mass market German clothing manufacturer H&M as well as with trendy Italian designer Renzo Rosso of Diesel with whom he collaborated on the enormously successful Lagerfeld Gallery by Diesel denim collection.

THE CULT OF KARL

For years he strutted around our consciousness in his habitual white ponytail (which he would continue to embellish into his 80s with baby powder because his real hair was "pee-pee yellow"), high-collared white starched shirts (he had over a thousand in his collection, all made by Hilditch & Key), sunglasses, fingerless gloves, black suits, skinny black jeans and leather boots. It's a look that suited the German fashion guru well - and one could be forgiven for making the pun that Karl was a man of the cloth, albeit "a defrocked one", Lagerfeld once quipped.

And in the style of a High Priest, Lagerfeld was fond of making lofty, pithy, and frequently scathing statements that were in keeping with his strict no-nonsense manner. "My mother always got straight to the point and didn't waste time with any nonsense or irrelevancies," Lagerfeld explained. "She taught me the art of being direct and not being burdened by useless sentiment or speculation. That is why I don't believe in indulging in polite restraint or mindless generalities. I like to say what I think rather than hiding behind a wall of silly chit-chat."

He was born Karl Otto Lagerfeldt (he later dropped the 't' for the sake of simplicity) in Hamburg, Germany in 1933 (according to Baptismal registers), although he later stated that his actual birth year is 1935. His father worked for the Carnation Milk company and made a sizable fortune producing powdered milk in Germany. This



allowed young Karl to grow up as a spectacularly 'spoiled' child who lived in an immense mansion filled with servants and nannies.

He spent most of his time living an isolated and bubble-like existence, reading classic works like *War & Peace* and *Buddenbrooks* when he was just eight years old and already a child prodigy. He was fluent in French, English, as well as his native German by the age of six, having insisted that his parents give him private language tutors.

"My problem as a child was that I was bored to death, because I wanted to be a grown-up person. My childhood was endless - from eight to 18 felt like hundreds of years. Today, parents are too much on their children's backs. They're over-caring. Non. Children should be in the corner. I was always in the corner, reading or sketching. But I wanted to be there. That's all I ever wanted to do."

He lived like a young Prince or Mozart - a boy of

preternatural intellectual gifts who spent his entire day sketching and reading and living in his "highly active imagination".

"When I was a child I didn't know you could make a living out of fashion. I had no plans but I was always ready for the unexpected. All these things are really interesting. I'm interested in interior design. I'm interested in fashion. I'm interested in books."

Added Lagerfeld: "As a child I never played with [other] children. I did nothing else other than sketching and reading. I loved to sketch because at the beginning of my life, I wanted to become a cartoon artist. I had discovered a famous cartoon magazine from the 1900s in the attic of my parents' house and the cartoons were very, very beautifully drawn."

He arrived in Paris as an ambitious teenager determined to succeed in the fashion world. ►



He first apprenticed to Pierre Balmain where his talent flourished, and was soon appointed as a full-fledged designer for Jean Patou. In the 60s he established himself as a highly sought-after freelance designer who often worked for Chloé, eventually serving as the fashion house's head designer in the 70s.

FROM COCO TO KARL

But it was not until he was appointed head designer at Chanel in 1983, a decade after Coco Chanel's death, that he was finally given the chance to realise his talent and ambition.

"People think it was a great honour. When I started it was not a great honour. Many people had advised me, 'Don't touch it, it's dead'. But I liked the idea of going to Chanel because it was a challenge... When I took on Chanel, it was a sleeping beauty - not even a beautiful one - she snored."

It was at Chanel that Lagerfeld soon emerged as a fashion icon. He not only resurrected a dying brand, but he helped reinvigorate the international fashion scene and became famous for establishing the modelling careers of Claudia Schiffer and Kate Moss, who was the face of Chanel fragrances until 2005 when Moss was photographed sniffing cocaine.

One of Lagerfeld's last muses was model Cara Delevingne who became the face of Chanel's 2013 Cruise campaign, posing as a topless Marie Antoinette figure. She later strutted the runway for Lagerfeld in Chanel's colourful spring 2014 Paris fashion week show. "She's a character," Lagerfeld said. "She's the Charlie Chaplin of the fashion world. She is kind of genius, like a character out of a silent movie. I would see her better in a silent movie than a talkie because she over-accents the movement. Girls admire her like they used to Kate

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Moss. They all want to be as free as her."

After the show, she posted a photo on Instagram kissing Lagerfeld's cheek with the caption: "Love you @karllagerfeld you are the one and only!!!" Nonetheless, Lagerfeld indulged in his penchant for brutal honesty when he later stated: "I hate when people say (Delevingne) is the new Kate Moss. Kate is unique. Nobody wants to be the second anything. Kate is beyond anything." He later added: "Kate is the free girl of our times...she was not living on Vichy water all her life."

REMAKING HIS OWN IMAGE

While many fashionistas have been famous (or infamous) for their indulgence, Lagerfeld himself

was given to eating lavish meals prepared by private chefs. Then, growing tired of his overweight appearance, he dropped 90 lbs by going on a crash diet that consisted of a strict limit of 900 calories per day while consuming 19 cans of Diet Coke per day. It was a dramatic change that he said he needed to make to change his body image and enable him to wear some of the clothes he admired by other designers.

"I lost weight to be a good clotheshorse again," Lagerfeld explained. "I couldn't wear any of the clothes that were all designed for slim boys, especially those by Hedi Slimane, who was doing the Dior Homme collections."

"I was no longer satisfied with my body and I

said to myself: 'You work in fashion and fashion means change. If you don't like your image, you only have to change it'. I think that, for women as well as men, fashion is the healthiest motivation for losing weight. It is not a good idea to wait until you are ill or unhappy before going on a diet. I wasn't really giving in to a narcissistic impulse either. It was time for a change, that was all."

For the sake of his professional credibility,

Lagerfeld believed that it was important "to be able to prove that I am capable of creating transformations, not only with my designs but also in my own appearance. The boots, the shirts, the black trousers – the whole panoply – represented a sort of camouflage. It worked perfectly and I lived very well in those outfits – or rather behind them. The dark glasses, the fan – they were like a wall between the world and myself."

SELF-MOCKING SENSIBILITY

Lagerfeld always loved the art that goes into fashion and enjoyed spending his days sketching, looking at material, and thinking of new ways to cut fabric and create different looks with his designs. He was utterly unsentimental and sold off most of his former palatial residences as well as his former family mansion in Hamburg.

"I love change - I'm attached to nothing," was his mantra when it came to life. "I believe in reinventing and reimagining yourself as often as you need to. I sometimes think of myself as a complete improvisation and I have several selves in which I live. I don't want to be real in other people's minds."

In the last decade of his life, Lagerfeld saw his image turned into Karl dolls and various other variations and mock-likenesses of a man revered as a god in the fashion world. "It's funny. This is not supposed to be taken seriously. I don't take myself very seriously. Do you know they even make a Barbie dressed like me now? Not Ken, but Barbie, dressed like me. It's a big compliment," Lagerfeld laughed.

To the very end, this ultimate Renaissance man was still creating and working on new collections. Lagerfeld never had any doubts about his ability to invest himself fully in his work - whether it was his eight collections for Chanel, his three different signature Karl Lagerfeld lines, his pret-a-porter, his shoe lines, his collections for Fendi, his passion for photography, interior design and everything else.

"You know, I don't ask myself too much how. I just do it," Lagerfeld mused, matter-of-factly. "I'm a kind of machine in a way, but it doesn't really take me effort. I don't have an ego problem. Most of the designers, especially the young ones, have ego problems. I couldn't care less." **OK!**

INTERVIEW: WENN
PHOTOGRAPHS: GETTY



VOGUE EDITOR-IN-CHIEF ANNA WINTOUR AND DESIGNER KARL LAGERFELD ATTEND THE FIT COUTURE COUNCIL'S ANNUAL LUNCHEON AT AVERY FISHER HALL AT LINCOLN CENTER FOR THE PERFORMING ARTS IN NEW YORK



KARL LAGERFELD WALKS THE RUNWAY DURING THE CHANEL CRUISE 2010 FASHION SHOW IN ITALY

ACTRESS, HUMANITARIAN,
AND DREAM CHASER
**ARMEENA
KHAN**

“I am driven by my convictions,
my principles and values”

**The beautiful actress talks to OK! Pakistan
about her upcoming film, *Sherdil*, her
international work, and how she deals
with trolls**





She has left an enduring impression on her fans as the angelic Saman in *Bin Roye* and the passionate Meena in the blockbuster *Janaan*, and now she is all set to impress us further by playing an air force officer in her next cinematic venture, *Sherdil*. Armeena is one talented and gorgeous actress who is highly respected for her work on screen as well as for her inspiring philanthropic efforts. The petite, hazel-eyed beauty is a complete professional, and is also known for raising her voice on social issues. OK! Pakistan sits down with the star ahead of her movie's premiere to discuss all that occupies her head and heart.

You must be excited about *Sherdil*'s release, which is just around the corner. Tell us about your role in it.

Armeena Khan: Yes, I am full of nerves, excitement amongst other things. *Sherdil* is due to release in cinemas on March 22nd, so only a few days to go. As for the character, shall I leave that to your interpretation when it comes out? I think that would be more interesting.

Any funny anecdotes from the set?

AK: But of course! There were plenty but I remember a particularly 'horrific' one, not sure if it is exactly funny. We were filming in this really rough part of town (somewhere up in the hills), and while I was waiting for my scene a massive wasp bit me on my thigh. It was super painful and, being terrified of going into an anaphylactic shock, I insisted that I be taken to a hospital. Once there, the doctor gave me a cocktail of some wonderful concoction, which relaxed me beyond anything I had ever experienced (like the *Janaan* dentist scene I did). I was as happy as Larry and in that state filmed a six-page long scene because of time and budget constraints. I wonder what that is going to look like on the big screen!

While most actors are known abroad for their work in Pakistan, you enjoy unparalleled success because of your collaborations with Canadian and British artists as well. How does that feel?

AK: I am not sure if any of my international work is familiar in Pakistan because none of it has released here and the Pakistani media is parochial in their

coverage. It seems the only foreign body of work that they are interested in is Bollywood. How do I feel? Well, not great and believe me, the feeling is shared by many colleagues. One day, I would love for my international work to be released in Pakistan because it has some super talented teams behind it.

Keeping your journey as an actress in mind, what are the three highlights that cross your mind?

AK: Being signed up for my first film, the Nishat campaigns (filming on a cruise ship and all over Italy), and being at Cannes in 2013.

Which is the best place you have visited, and why?

AK: I have travelled the world but the place that I visited and enjoyed the most was Cornwall, UK. I remember on the way reaching Plymouth in the dead of the night and since it was dark I could only hear the waves crashing. I never slept that evening, as my excitement would not let me. At daybreak, I ran out to see the town and the sea stretching beyond. I was like a little kid in a candy shop. I can ►



“One day, I would love for my international work to be released in Pakistan because it has some super talented teams behind it.”

More on Armeena Khan...

Name three people you couldn't bear to be without if deserted on an island?

Fesl Khan and my entire family. I am so sorry I cannot narrow it down to three.

What does your wish list include?

Peace, equal opportunities and protection for everyone around the world.

One thing people don't know about you?

I paint in my free time, or at least I used to.

Describe yourself in three words...

Intelligent, compassionate and humble.

Favourite co-star?

It's hard to narrow down to one.

Favourite destination?

Paris.

Which city would you consider moving to permanently?

Paris.

A phrase you use the most...

Not a phrase, but the word 'influencer'.

If you had a superhero power, what would it be?

Wave people's pain away.

Favourite book?

Wuthering Heights.

Favourite movie?

Interstellar these days; this tends to change as more come along.

Signature scent?

Flowerbomb by Viktor & Rolf.







"I am not a great believer in setting long-term goals anymore."

never forget those beautiful moments. I am very nostalgic about that trip.

You are quick to voice your opinion on burning issues. Does it ever cross your mind that your opinions might garner you some unwarranted animosity from within the industry?

AK: I am driven by my convictions, my principles and values. I exercise restraint most of the time. When I do speak out, it is because my continued silence would be tantamount to complicity in the face of injustice and unfairness. As for the unwarranted animosity from within the industry, I think you have answered your own question. If it is unwarranted then it says more about the instigator. I invite anyone with opposing views to pick up the phone and have a chat [with me].

So many celebrities are sharing their struggle with depression. Do you think the problem has increased in this age or are people becoming more comfortable opening up about it?

AK: I think the stigma around it has certainly decreased amongst certain educated parts of society online. But having said that, social media has been a double-edged sword. I think opening up is great but there is not much professional support for the sufferers. Also, large parts of our population are not internet savvy and in fact, do not understand mental illness and its effects at all. I feel things are worse as the masses are not getting the basic education that they need, let alone specific areas like depression and struggle. We have light years to go in this regard as a society. Let's start by creating proper facilities for these sufferers and stop quoting religious texts to them when they are in need. These are chemical imbalances in the brain and need proper care and attention.

How do you think we can have a support system in place for people struggling with depression, especially actors and other celebrities who are easier targets of bullying?

AK: This is a pertinent question because people do not appreciate the pressure cooker that is the life of a celebrity or actor. Let us start by making bullying look uncool; if you see someone being bullied, take his or her part and make the bully think twice. Do not ask people to just ignore it and bear things in silence, as that only encourages a culture of suffering, leading to depression.

Next, we need to stop glamourising *badtameez*, ill-educated, disrespectful personalities. Instead, let's celebrate progressive, educated role models. The media has a big hand in this; they can give more space and screen time to saner voices, thereby creating a culture of tolerance, patience and intellectual stimulation. Also, I implore all celebrities to be supportive of each other and not just a select few; there is enough work to go around. A kind word will go a long way. Finally, proper facilities and support networks need to be established. Mental illness needs to be recognised for what it is in all quarters, starting with our schools and children.

While most celebrities like to keep their personal relationships away from the camera, you are quite comfortable sharing candid moments with your fiancé on social media. Does the possible backlash from trolls ever concern you?

AK: Trolls troll. It is their *raison d'être*. I deal with them in my own way. But I do have a tricky balance to maintain. How do I connect with my followers on a more personal, human level without



transgressing the boundaries of good taste? I am mindful that some people are going through a tough time in their lives and the last thing they need is a manufactured normalcy from me that confounds their feelings. The truth is, we all have our struggles. So I try to offer a sensible and thoughtful experience for my followers.

What is the best and most annoying trait for you in Fesl's personality?

AK: He is positive beyond any person I have come across. There is just no drama with this guy. He can be relied upon in the most difficult of times. The most annoying trait is his relaxed disposition, which is alarming when you first come across it.

Don't hate us for asking but when is the big day? What would your dream wedding be like?

AK: Soon, very soon. The wedding should reflect

who we both are – hopefully, humble and simple.

Would you be relocating to London or would we see the happy couple strolling in the streets of Karachi?

AK: I have always been based out of the UK, so that is where we will continue to reside. I may move back to Canada one day to be with my family.

Where do you see yourself in the next 10 years?

AK: I am not a great believer in setting long-term goals anymore. They are not useful and anyone who tells you otherwise is inexperienced. Like most actors, I am just about able to plan three months ahead. **OK!**

INTERVIEW: RAO ALI KHAN
PHOTOGRAPHY: AJ CHAG
STYLING, HAIR & MAKE-UP: SHAMA ALI SATTAR
HAIR: CATHERINE BODEN

“ Pakistan was RICARDO KAKA

In conversation with football legends Ricardo recently to officially launch the World Soccer



amazing! JJ

& LUIS FIGO

Kaka and Luis Figo, who were in Pakistan Stars event due to take place in April this year





Cricket is a religion in Pakistan, no arguments there. But despite the national squad not being highly ranked, football somehow, also has a cult-like following across the country. The very reason why the summer of 2017 saw the international edition of the game arrive on Pakistan's own turf, with Brazilian superstar Ronaldinho and team going head to head with Manchester United's Ryan Giggs and squad.

Now with the launch of 'World Soccer Stars 2019' – Pakistan's very own football league, the game is all set to find a new home. Complete with a live performance by Akon, the stage is set for this April with none other than icons Luis Figo and Ricardo Kaka due to lead their own teams to play a two-match tour in Karachi and Lahore. The line-up for both sides will feature a host of internationally acclaimed legends and upcoming footballers who will collectively constitute the World Soccer Stars squads.

First impressions of Pakistan? Has the visit been different to what you had perceived it to be?

Ricardo Kaka: Pakistan was amazing. Ronaldinho had told me there were many passionate football fans in Pakistan and it turned out to be true. I am so overwhelmed by the response. I am grateful to

the Pakistani public for coming out to support us – I hope to see more of you when I return in April.

Luis Figo: What a reception! It is my first time in Pakistan so I am very pleased to visit the country. Karachi and Lahore were buzzing throughout the

“I am really excited about sampling Pakistani cuisine. I’m told my pronunciation of *Nihari* is spot on. So, I want to try that. *Biryani* seems exotic as well! ”
- Figo

visit. I got so much love from fans, it was truly amazing. I listened to Boa Morte, who had come to Pakistan before and had loved it. I was blown away by the welcome and am really looking forward to spending more time in the country.

How do you think your visit will help football in

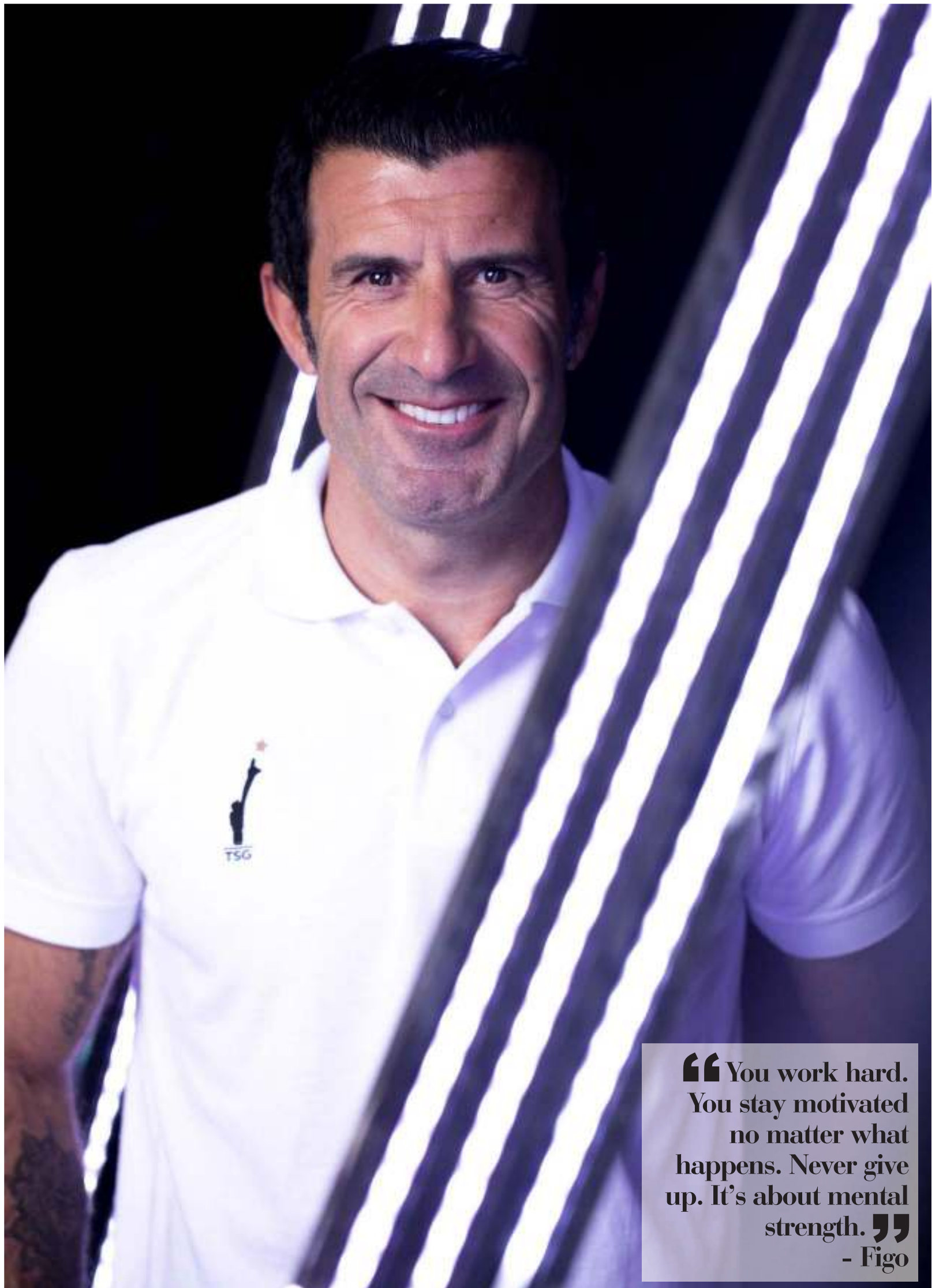
Pakistan?

RK: I hope seeing us at World Soccer Stars will give Pakistani fans a unique experience. They have been deprived of football in general and witnessing the spectacle live should boost the profile of football in the country. Just the sheer size of the population means Pakistan should have a decent pool of talented players. So my hope is this will ignite a passion for football throughout Pakistan and hopefully we will see a Pakistan Football Team at the World Cup.

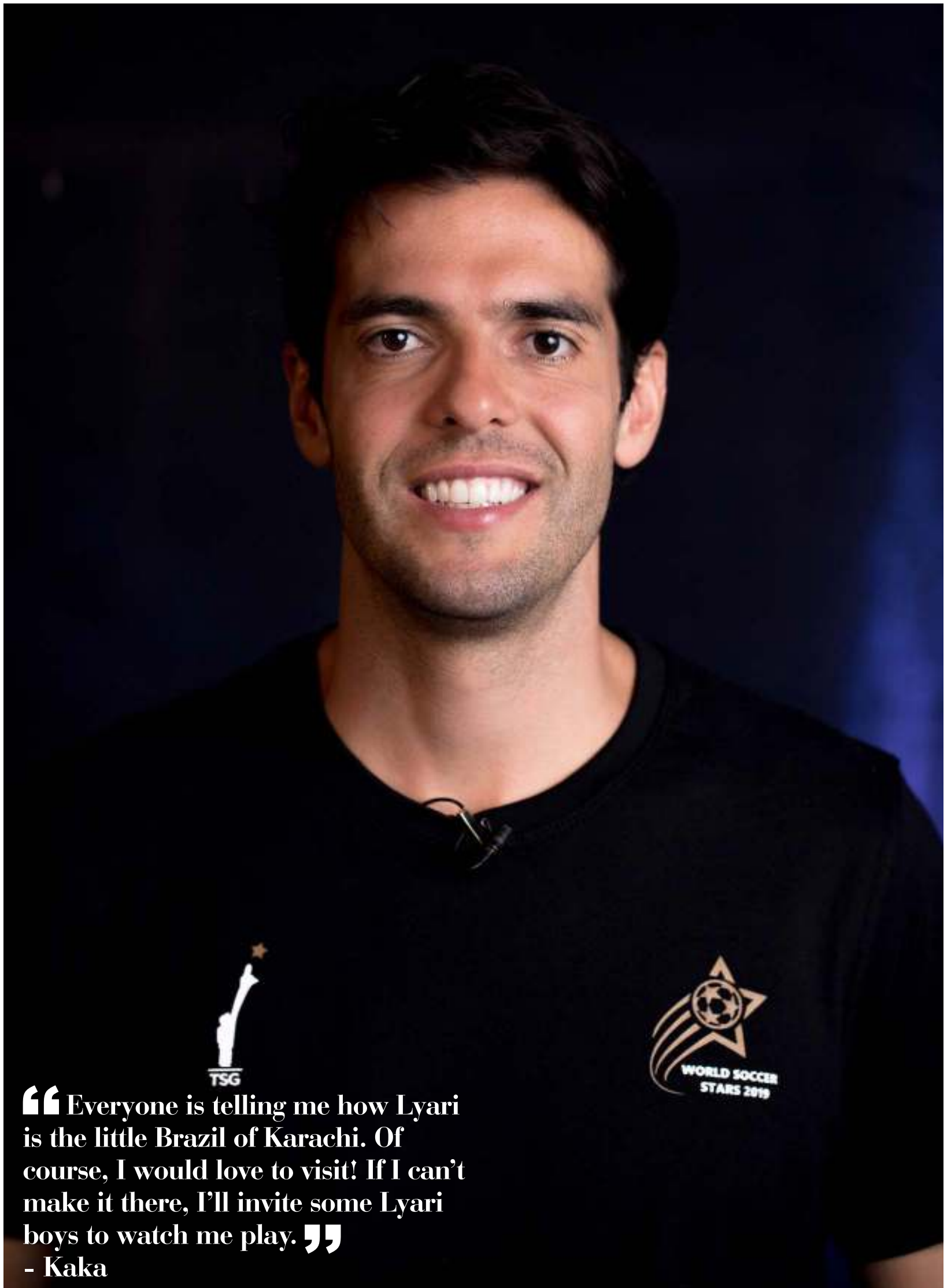
LF: It is our responsibility to try and promote football around the world. I am an ambassador of my sport. Football is what I am known for. Everywhere in Pakistan they are talking about Kaka and Figo. Turn the TV on and we are there. There is no escape – everyone is talking about football. I hope to help and encourage this beautiful sport at the grassroots level. I think that will help football to grow in Pakistan.

Karachi's neighbourhood of Lyari is football obsessed – might you be able to make a visit on your next trip?

RK: Everyone is telling me how Lyari is the little Brazil of Karachi. A home away from home – of course, I would love to visit! It will depend on our scheduling, though. If I can't make it there, I'll ►



**“ You work hard.
You stay motivated
no matter what
happens. Never give
up. It’s about mental
strength. ”**
- Figo



“Everyone is telling me how Lyari is the little Brazil of Karachi. Of course, I would love to visit! If I can't make it there, I'll invite some Lyari boys to watch me play.”

- Kaka



look to invite some Lyari boys to watch me play.

LF: In Karachi, everyone asked me about Lyari. I guess I must go and check it out sometime. I think all sports, not just football, have great value that's going to help you in your life. In Pakistan, cricket is the number one sport. There are a lot of people, the population is huge and there are millions of kids that dream to play football. So the clubs have to create favourable conditions so that one day kids want to play in Europe in big teams and here in local teams.

Are you looking forward to sampling Pakistani cuisine?

RK: I have been promised *Biryani* by Bilal Ashraf, the host of World Soccer Stars 2019. I can't wait to try it. I also know about *Jalebi* and *Nihari*.

LF: That is something I am really excited about. I'm told my pronunciation of *Nihari* is spot on. So, I want to try that. *Biryani* seems exotic as well!

In the future, would you consider starting a football foundation of your own?

RK: I am already working on something. It will be revealed in the near future.

LF: Maybe. Why not?

Your motto?

RK: Consistency for me. You have to be consistent. You have to keep working. Keep practicing. The more you work, the better you get. Smart training. But be consistent.

LF: It's natural. You work hard. You stay motivated

no matter what happens. Never give up. It's about mental strength.

“My hope is this will ignite a passion for football throughout Pakistan and hopefully we will see a Pakistan Football Team at the World Cup.” - Kaka

What advice would you give to aspiring footballers in Pakistan?

RK: Work hard and don't give up on your dreams. Keep trying! I had an accident in October 2000 - I could not play, I had a collar on my neck, I couldn't run. And after two months I started to play again with the youth team in San Paulo and straight after that I made my debut with San Paulo. There has since been no looking back. It's a period that was very hard, but my faith grew a lot in that period. I could not see things the other way, for me it's God's purpose for my life.

LF: They have to follow their dreams. I think it is most important that they continue to play the sport if they love it. Go out and play. Express yourself on the football field. More playing, less watching. When you watch, pay attention to tactics and positioning. Study the game and improve yourself every time you play.

What next?

RK: I just retired a year ago, and am now in the process of getting back into football. I don't know yet in what position but if I had to choose today, it would be in the role of manager one day. This is my time. I am using it to study, to see from outside what is good, what is not. I want to keep studying. I also want to do a coaching programme; I am probably not going to coach but I still want to do the programme to develop a better understanding. The teams I played for will be the first doors to open to get involved - maybe San Paulo, Brazil, Milan, Real Madrid, Orlando City, one will have to wait and watch.

LF: I am very proud about all the years that I played football and what I have achieved. I started very young and I had a chance to play for the best clubs in the world - I am very honoured. I am now working with UEFA and I am very pleased with the position I have close to the president, and we have the best club competitions in the world and I am very proud of that. **OK!**

INTERVIEW: YUSRA ASKARI
PHOTOGRAPHS: JAFAR

WONDER WOMEN

OK! brings you a list of influential and inspirational women who are showing the world what girl power really means!



Michelle Obama

She was the first African-American First Lady, and lawyer Michelle Obama used her platform to improve the lives of women and girls across the world. Whether empowering women to prioritise their own needs, penning a best-selling autobiography *Becoming*, or rocking out to *Single Ladies* in Carpool Karaoke, she does everything, in husband Barack's words, "with grace, with grit and with style".



The Duchess Of Cambridge

It's easy to see why the duchess is your number one.

Since being thrust into the public eye during her fairytale romance with Prince William, royal style influencer Kate has always conducted herself with grace, class and humility. Despite relentless pressure to appear perfect,

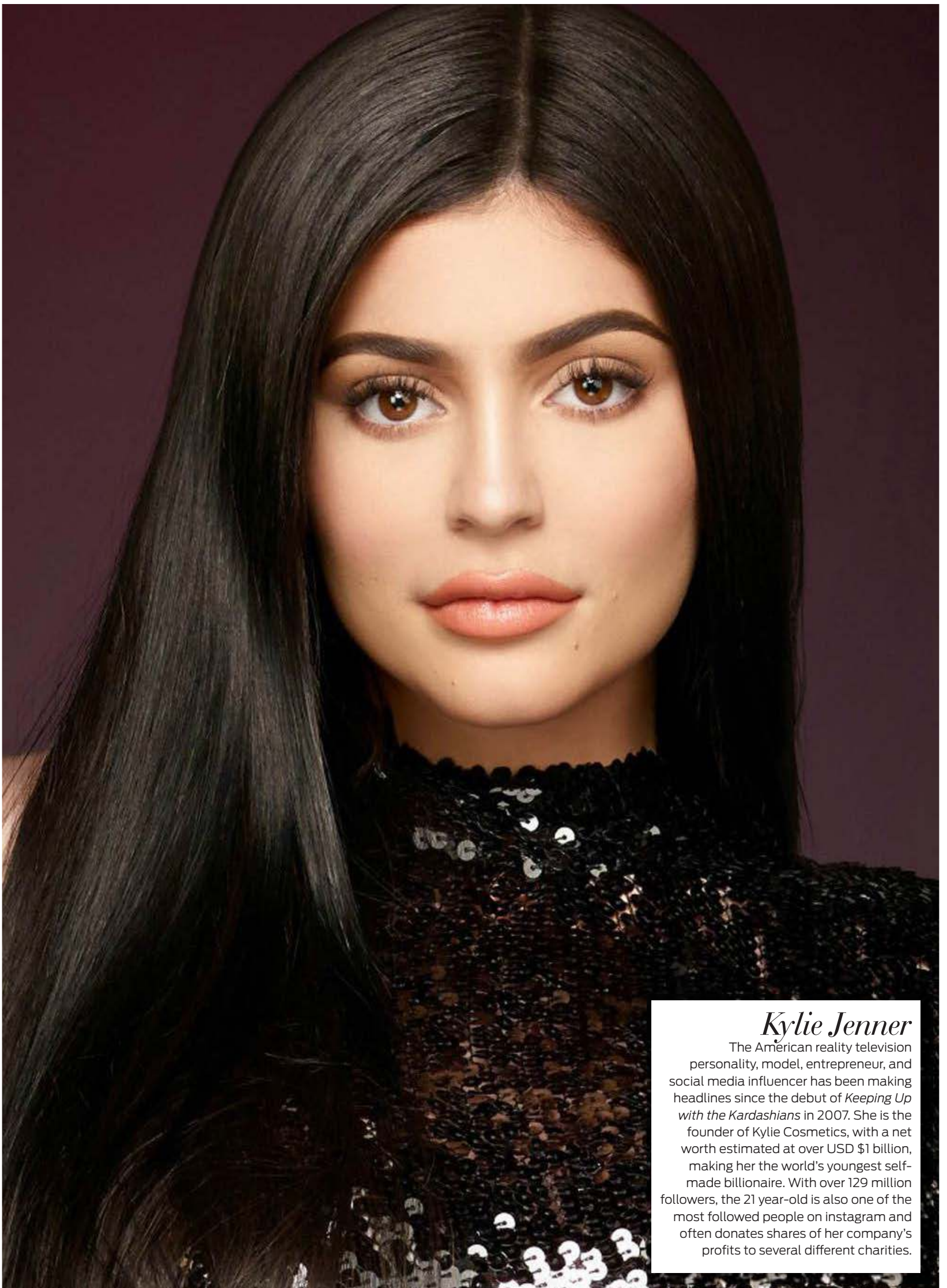
while attracting inevitable comparisons to her late mother-in-law Diana, Princess of Wales, she never puts a step wrong. More recently, in her dedicated work with The Royal Foundation, the mother of three has shone the spotlight on the mental wellbeing of children. "A child's mental health is just as important as their physical health and deserves the same quality of support," she has said.

Thanks to her approachable nature and down-to-earth attitude – which has seen her bargain hunting at The Range – Kate has single-handedly made the royal family feel more relevant than ever.



The Duchess Of Sussex

In the face of blatant racism, rumours of a rift with Kate and being branded 'pushy' by critics, Meghan has transitioned from actress to duchess with dignity and decorum. Long before she met her future husband she was involved in humanitarian projects, and she has brought compassion and warmth to her royal role. Her refusal to rise to taunts from estranged family members has even earned her the respect of her 'boss', Her Majesty the Queen.



Kylie Jenner

The American reality television personality, model, entrepreneur, and social media influencer has been making headlines since the debut of *Keeping Up with the Kardashians* in 2007. She is the founder of Kylie Cosmetics, with a net worth estimated at over USD \$1 billion, making her the world's youngest self-made billionaire. With over 129 million followers, the 21 year-old is also one of the most followed people on Instagram and often donates shares of her company's profits to several different charities.



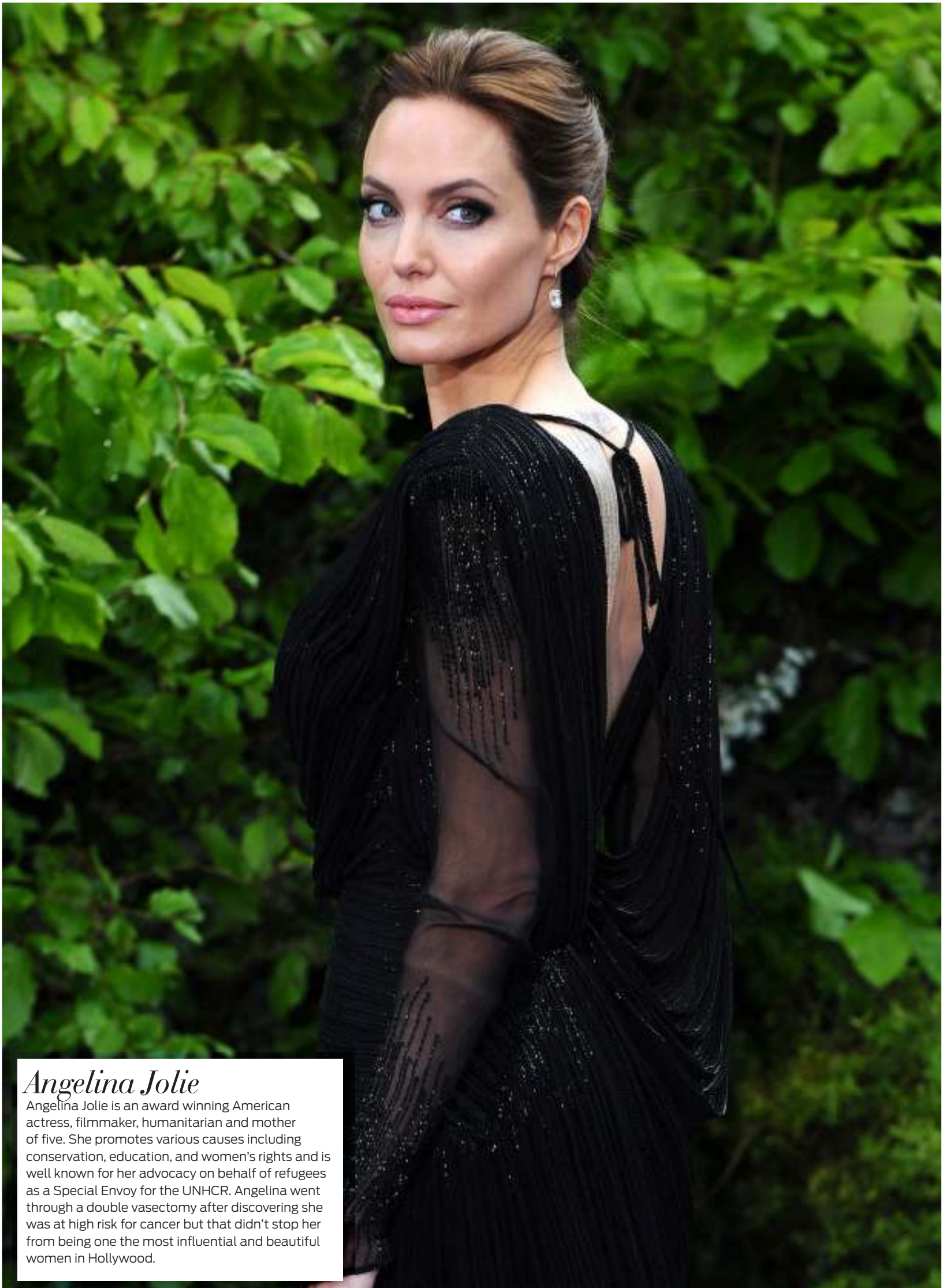
Olivia Colman

Last week's Oscar win cemented Olivia Colman's place as the queen of Hollywood. Her genuine, warm and inspirational Academy Awards acceptance speech – let alone her exceptional talent – summed up why she's one of our best loved British actresses. And her powerful performance in *The Favourite* proved that women on screen are so much more than mere love interests and sexualised objects.



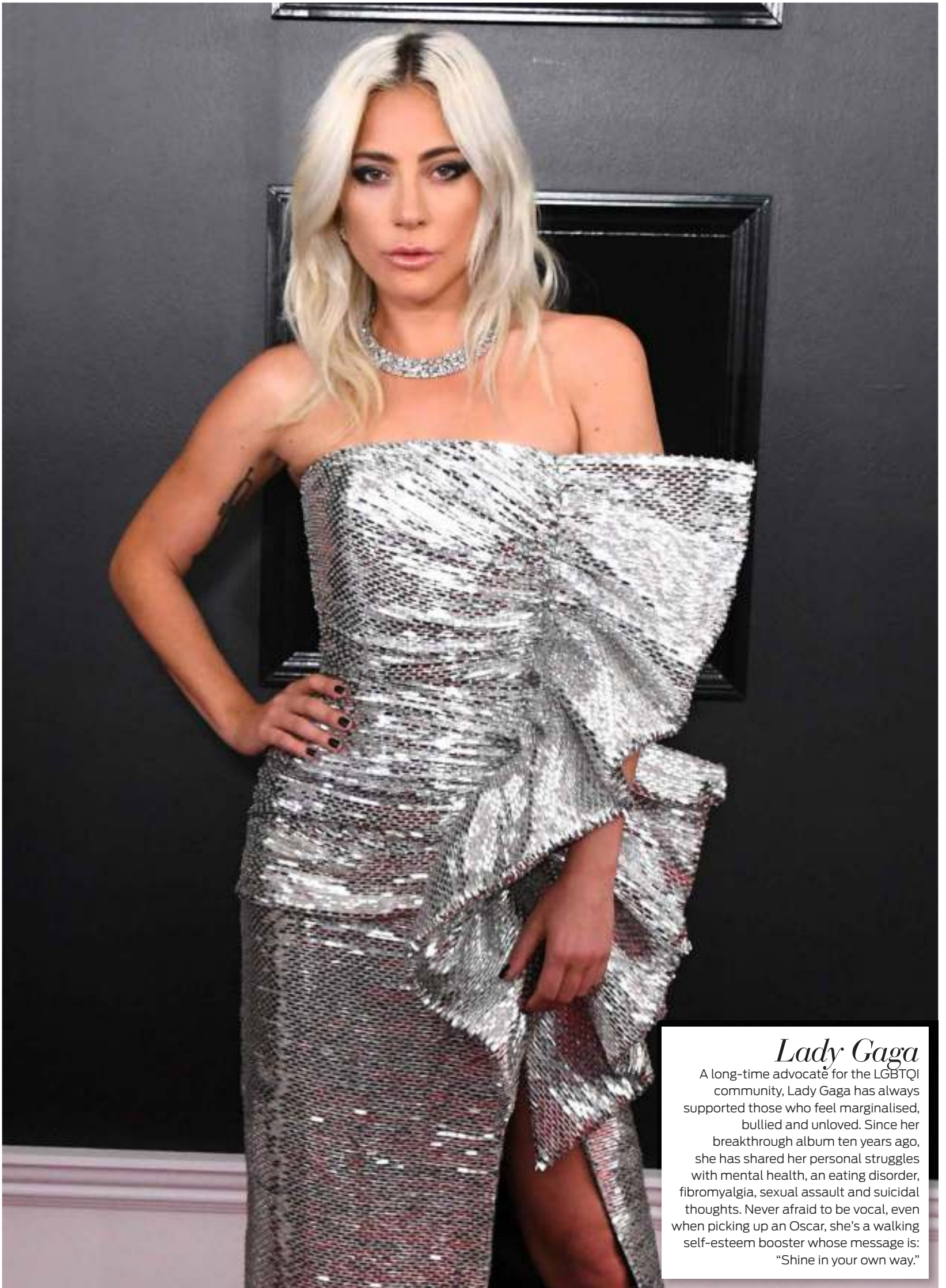
Katie Piper

Scarred for life after a vicious acid attack in 2008, Katie Piper has endured 250 operations to date, her most recent just last week in Pakistan. Over the past decade she has worked tirelessly to raise awareness for burns victims and in doing so has challenged our perception of beauty. The mum of two daughters has also written self-help books, fronted thought-provoking documentaries and founded The Katie Piper Foundation.



Angelina Jolie

Angelina Jolie is an award winning American actress, filmmaker, humanitarian and mother of five. She promotes various causes including conservation, education, and women's rights and is well known for her advocacy on behalf of refugees as a Special Envoy for the UNHCR. Angelina went through a double vasectomy after discovering she was at high risk for cancer but that didn't stop her from being one the most influential and beautiful women in Hollywood.



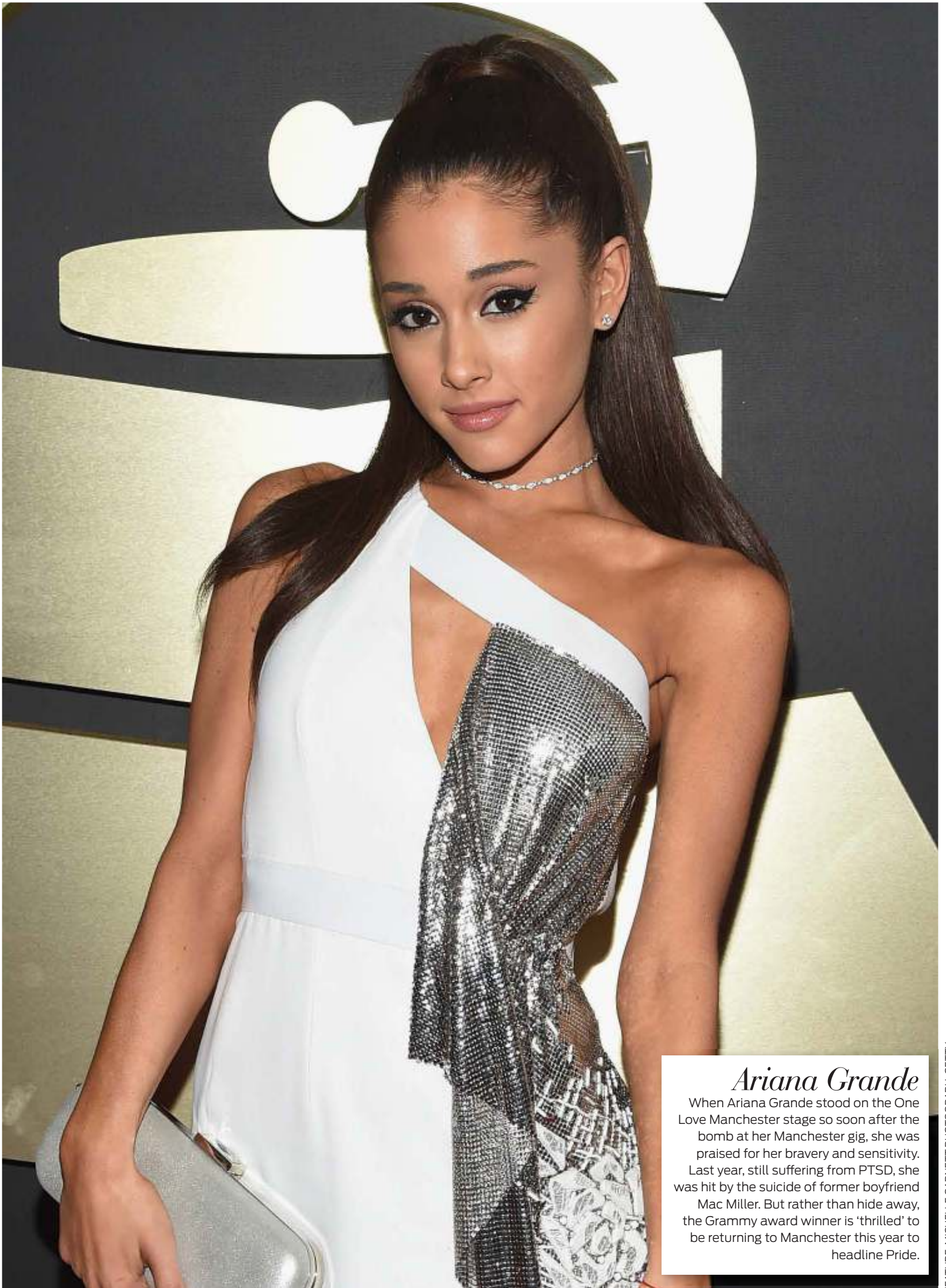
Lady Gaga

A long-time advocate for the LGBTQI community, Lady Gaga has always supported those who feel marginalised, bullied and unloved. Since her breakthrough album ten years ago, she has shared her personal struggles with mental health, an eating disorder, fibromyalgia, sexual assault and suicidal thoughts. Never afraid to be vocal, even when picking up an Oscar, she's a walking self-esteem booster whose message is: "Shine in your own way."



Anne Hathaway

One of the world's highest-paid actresses, Anne Hathaway has received multiple awards including an Oscar, BAFTA, and Golden Globe. She is most known for her performances in Disney's *The Princess Diaries* franchise and *The Devil Wears Prada*. Hathaway is a long-standing supporter of women's rights, and works with several charities. She also promotes gender equality as a UN Women Goodwill Ambassador.



Ariana Grande

When Ariana Grande stood on the One Love Manchester stage so soon after the bomb at her Manchester gig, she was praised for her bravery and sensitivity. Last year, still suffering from PTSD, she was hit by the suicide of former boyfriend Mac Miller. But rather than hide away, the Grammy award winner is 'thrilled' to be returning to Manchester this year to headline Pride.



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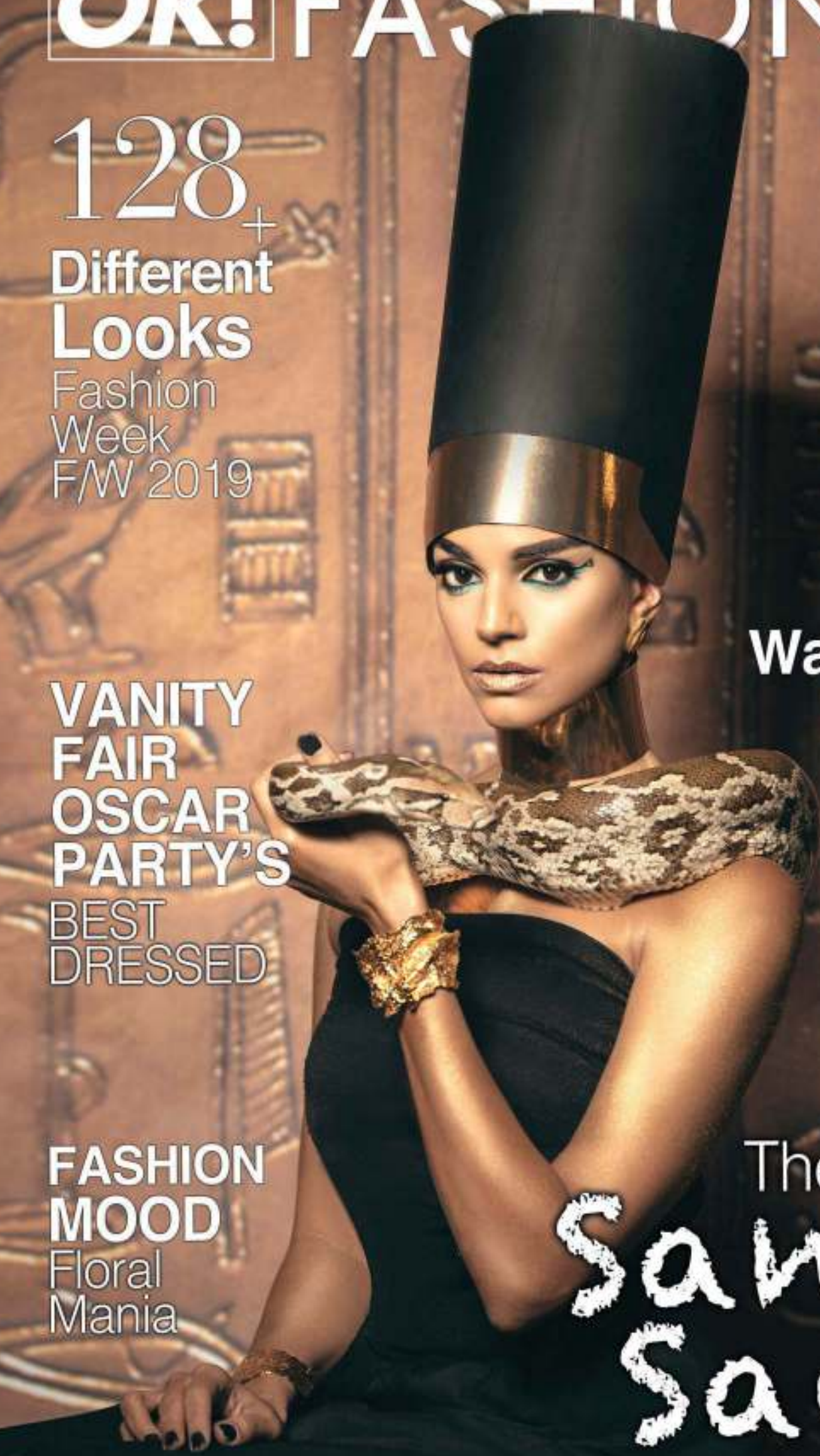
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OK! *Best* DRESSED



Jennifer Lopez stuns in a Zuhair Murad Couture dress at the Vanity Fair Oscar Party.



Chrissy Teigen looks haute as ever in an embellished Marchesa dress and Jimmy Choo heels at the Vanity Fair Oscar Party.



We are head over heels in love with the Oscar de la Renta feathered gown Lupita Nyong'o wore to the Vanity Fair Oscar Party.

OK! *Red* CARPET



Brie Larson shimmers in a Celine metallic gown at the Academy Awards.



Lady Gaga looks elegant as ever in a custom Alexander McQueen gown at the Academy Awards.



Frieda Pinto looks ravishing in a Julien Macdonald gown and strappy heels at the Vanity Fair Oscar Party.

ROCKSTARS



Kate Bosworth looks radiant as ever in a yellow Cong Tri down paired with David Webb jewels at the Vanity Fair Oscar Party.



Sophie Turner turns heads in a sequined Louis Vuitton gown at the Vanity Fair Oscar Party.



Emily Ratajkowski wows in a peplum Brock Collection dress paired with Niwaka jewels at the Vanity Fair Oscar Party.

PHOTOGRAPHS: GETTY, WENN



CONCEPT, ART DIRECTION, SET DESIGN, MAKEUP,
HAIR: NATASHA, SABRINA & MAHNOOR
STYLING: NATASHA & ALISHAY ADNAN
PHOTOGRAPHY: KAMRAN BAIG



THE INIMITABLE SANAM SAEED

Actress Sanam Saeed is versatile as ever! In this beauty shoot, make-up artist Natasha lets the starlet display iconic looks from across the decades. Inspired by Egyptian goddesses, sixties screen sirens, eighties disco diva, then moving on to emulate a nineties supermodel and finally a 21st century glamazon – Sanam Saeed pulls off each role with aplomb!











HUDA KATTAN

With over 32.8 million Instagram followers, Huda Kattan of Huda Beauty is a force to be reckoned with! The beauty mogul has been reported to charge PKR 2,100,000 per post on Instagram. Huda now also endorses fashion brands and is seen wearing the latest, brightest, coolest looks around town. Here's our favourite influencer in some of her latest looks!

GET THE LOOK



DOLCE & GABBANA
Leopard Print Skirt,
PKR 85,000

H&M
Turtleneck
Top,
PKR 2,000



BOOHOO
Floral
Jumpsuit,
PKR 4,500



MATÉRIEL
Trench Coat,
PKR 80,000



ALDO
Thiwet
Hoops,
PKR 1,000



**GIANVITO
ROSSI**
Mable Boots,
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damaged hair

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RAMI MALEK

After his performance in *Bohemian Rhapsody*, actor Rami Malek has created a stir in the world of acting! Seen sporting some of the sleekest, bright suits on the red carpet to off-duty laid-back luxe looks – Rami Malek's sartorial choices land him as our style crush this month!

GET THE LOOK



GIVENCHY
Star Embroidered Shirt,
PKR 48,500

SAINT LAURENT
Shearling Bomber Jacket,
PKR 290,300



MONCLER
Tailored Trousers,
PKR 40,200



MP MASSIMO PIOMBO
Prince of Wales Check Blazer,
PKR 123,700



SAINT LAURENT
Suede Chelsea Boots,
PKR 131,500



OFFICINE CREATIVE
Lace up Shoes,
PKR 54,00



PHILIPP PLEIN
Plain Shirt,
PKR 55,600



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COCOON

Ok! Pakistan speaks to Mulghalar of Cocoon Home to get insight on design, curation & inspiration!



With an eye for detail, a penchant for colour & a sleek aesthetic, Mulghalar Hassan curates some beautiful furniture & accessories pieces at her store Cocoon Home in Karachi. We catch up with her on how she started her career, her inspiration behind opening her own studio and more!

What fueled your passion towards interior designing? When did you decide this was the way to go?

Mulghalar Hassan: When my family moved into our own place about three years back, I checked out a lot of furniture stores and wasn't happy with what I saw. Even when I went to designers, I found the dimensions were off or there was something or the other that I just was disappointed with. So I got a few pieces made [myself] and I guess you can say that's what got this whole thing started.

What was the first step you took to make your passion come to life?

MH: Discussing it with my husband who has a background in home textiles and getting him to invest in my business was the first step towards bringing my passion come to life.

What inspired you to open your own studio?

MH: We first opened a small studio in a building around Ittehad Commercial, Karachi just to get a feel of how the market responds and soon after we moved into a much bigger space, the one we have

“ Well, the first thing I did was that I discussed it (the idea) with my husband who loved it since he has a home textile background, and it (interior designing) ended up being something he was very interested in investing in. ”

now. We plan to open some more stores in Karachi and other cities hopefully within a few years.

What comes first – the materials or design idea?

MH: We don't just design at Cocoon! We source furniture pieces and home accessories from across the globe from countries like Thailand, U.A.E and Turkey. I feel you can't quite get the quality you desire here or the material, sometimes. But coming back to your question, the idea comes first, then the material and then the design has to change again sometimes depending on the material available.

What part of this whole process excites you the most?

MH: Visiting trade fairs and looking at new designs and trends is very exciting. So is selecting new pieces for the store.

A piece you would like the most to make but haven't so far?

MH: I would want to design more accessory pieces.

How would you describe your design style? How varied are your designs from one another or do you add a signature touch to them?

MH: It's a bit of modern, transitional and industrial too at times. When selecting pieces, I tend to fall ►

Rapid Fire:

What's your favourite thing in your closet right now?

MH: I have two at the moment. A pair of fully sequined pants and a matching top (I have no idea where I will wear it) that I picked up in Turkey and a black dress I picked up in Ibiza.

All-time favourite movie?

MH: P.S. I love you.

Describe yourself in three words

MH: That's tough. I guess funny, happy and a carpe diemist (it's not a real word but that's the closest I could come to it).

Five things in your handbag right now?

MH: Phone, wallet, lipstick, selfie ring LED light and a tasbi.

What is your biggest pet peeve?

MH: Would definitely be people littering – as time goes by it's only getting worse.

Dark chocolate or milk chocolate?

MH: Dark, definitely.

What's on your iPod (or cell phone playlist) right now?

MH: Pancake by Jaded.

If you could have any three people (dead or alive) over for dinner – who would they be?

MH: Zlatan Ibrahimovi, Cleopatra and Rosie Huntington-Whiteley.

Favourite Interior Designer?

MH: Philippe Starck.

The most recent book you read?

MH: I just finished I am Zlatan and am currently reading Rich People Problems.

iPhone or Android?

MH: iPhone.

What's your favourite TV show?

MH: All the late night shows – Trevor Noah, Seth Meyers, Jimmy Kimmel, Jimmy Fallon, James Cordon.

Best gift you've ever received?

MH: My recent trip with all my friends on my birthday was a gift from my husband which was pretty cool.

If you could have one superpower, what would you want it to be?

MH: To read people's minds.

What is your most treasured possession?

MH: Material? I can't think of anything.





“ It’s (my designs are) a bit of modern, transitional and industrial too at times. When selecting pieces, I tend to fall in love with varied styles. ”

in love with varied styles.

What is the first thing that catches your eye when you enter a new space?

MH: The first thing that catches my eye is the natural light and any other lighting in the room.

What is the most difficult aspect of your job? And the most rewarding one?

MH: Most difficult would be all the paper work and procedures we have to go through when we are ordering products. The most rewarding would obviously be seeing a client satisfied and happy with their space [once we are done].

What colours, textures and furniture pieces do you love the most?

MH: My choice in colours keeps changing. Currently I’m loving emerald green, mustard and dusty rose.

My favourite pieces would be consoles, coffee tables and sofas. And I just love big accessory pieces!

What do you enjoy doing apart from designing and making furniture?

MH: I love spending time with my kids and friends and I love travelling – if I could, I would travel every

month.

How do you stay up to date with interior trends?

MH: I research a lot online and follow designers and decorators for ideas and trends. I’ve also visited a few fairs and shows; there’s nothing more exciting than seeing new designs, trends and colours. Even the way the showrooms display the products is inspirational! Next year, I plan on attending a lot more fairs, along with workshops and seminars.

What advice do you have for young designers or architects out there?

MH: I think I’m still pretty new to the field to give others advice but I would say that you should never be afraid to try something new.

What is your plan for the next five years in terms of expanding your brand?

MH: We have a few stores planned for Karachi and other cities, so wish us luck. 

INTERVIEW: MEHR KASSIM
PHOTOGRAPHS: UZAIR KHAN



EMMA STONE



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Beru Printed
Top,
PKR 37,000

Etro
Hibiscus Hat,
PKR 48,000



Acler
Lella Mini Dress,
PKR 50,000



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Missolin**
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Diane Von Furstenberg
Tess Sneakers,
PKR 26,000

**Alexander
McQueen**
Knuckle Clutch,
PKR 280,000



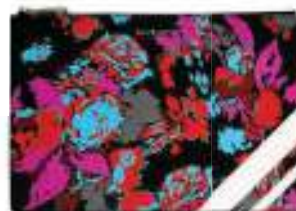
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Eyewear**
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Givenchy
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PKR 50,000



Simone Rocha
Floral Drop Earrings,
PKR 65,000



**Magda
Butrym**
Setubál Dress,
PKR 130,000



New Look
Red Ditsy Dress,
PKR 6,500



Oscar De La Renta
TRO Bag,
PKR 280,000



Zara
Tropical Print
Blouse,
PKR 4,500



River Island
Floral Top,
PKR 5,000



New Look
Red Ditsy Dress,
PKR 6,500



**Tabitha
Simmons**
Follie Sandals,
PKR 85,000

Gucci
Princetown
Slippers,
PKR 85,000



Alexis
Tisdale
Dress,
PKR 54,000



Dolce & Gabbana
Floral Scarf,
PKR 23,000

Chloé
Carlina
Sunglasses,
PKR 40,000



Dolce & Gabbana
Ruffled Blouse,
PKR 165,000



Dolce & Gabbana
Welcome Shoulder Bag,
PKR 180,000



Simone Rocha
Floral Headband,
PKR 38,000



Rixos
Linda Skirt,
PKR 23,000



Every year with the onset of spring, you will notice floral prints trending and this year is no less! Back with a bang, florals are everywhere this season and more manic and ditzzy than before. Maximalist, bright, mixed florals as seen on the runways during the Dolce & Gabbana, Balenciaga, Versace, Louis Vuitton and other shows are all relevant now. So jump into floral season with fervour.



Alice McCall
Flower Girl Midi Dress,
PKR 55,000



Gucci
Acetate Sunglasses,
PKR 80,000



Gucci
Jackie Hobo,
PKR 190,000



H&M
Crinkled
Wrapover Blouse,
PKR 3,700

New Look
Floral
Jumpsuit,
PKR 6,500



Zara
Print Dress,
PKR 8,000



Rotate By Birger Christensen
Mini Dress, P
KR 38,000



Linda Farrow
Des Voeux
Sunglasses,
PKR 80,000



Saint Laurent
Loulou Sunglasses,
PKR 40,000



Self Portrait
Cold-Shoulder
Dress,
PKR 66,000



GEMMA CHAN

PHOTOGRAPH BY GETTY

STOCKISTS: ACLER, ALEXIS, ALICE MCCALL, AMUR, MAGDA BUTRYM, RIXOS, ROTATE BY BIRGER CHRISTENSEN, SELF PORTRAIT, SIMONE ROCHA www.modaoperandi.com; ALEXANDER MCQUEEN, DIANE VON FURSTENBERG, DOLCE & GABBANA, GIVENCHY, OSCAR DE LA RENTA, TABITHA SIMMONS www.netaporter.com; GUCCI www.gucci.com; BENOÎT MISSOLIN, CHLOÉ, CÉLINE EYEWEAR, ETRO, LINDA FARROW, SAINT LAURENT www.matchesfashion.com; H&M www.hm.com; NEW LOOK www.newlook.com; RIVER ISLAND www.riverisland.com; TOPSHOP www.topshop.com; ZARA www.zara.com; prices are approximate



LAID BACK LUXE

Junaid Khan exudes effortless style in laid back luxe pieces!



AMIRI
Biker
Sweatpants,
PKR 148,900



ALEXANDER MCQUEEN
Gunmetal-Tone
Bead Bracelet,
PKR 54,250



RIVER ISLAND
Slim Fit
Smart
Trousers,
PKR 4,600

BALENCIAGA
Speed Sock Sneakers,
PKR 96,550

ETRO
Navy Blazer,
PKR 141,600



COMMON PROJECTS
Original Achilles
Sneakers,
PKR 53,330



FLOK
Slim-Fit Jacket,
PKR 47,800



BOTTEGA VENETA
Intrecciato Leather Bracelet,
PKR 57,900



GIVENCHY
Tapered Sweatpants,
PKR 140,600

GUCCI
Distressed
T-Shirt,
PKR 62,500



CONVERSE
One Star Sneakers,
PKR 11,950



POLO RALPH LAUREN
Logo T-shirt,
PKR 8,245

OFF-WHITE
Tapered
Sweatpants,
PKR 102,900



ZARA
Tuxedo
Jacket,
PKR 20,800



MONCLER
Track Jacket,
PKR 68,000



GIVENCHY
Slip-On Sneakers,
PKR 96,550

TOD'S
Slim-Fit
Suede Blazer,
PKR 476,300



CONVERSE
Chuck 70
Sneakers,
PKR 13,800

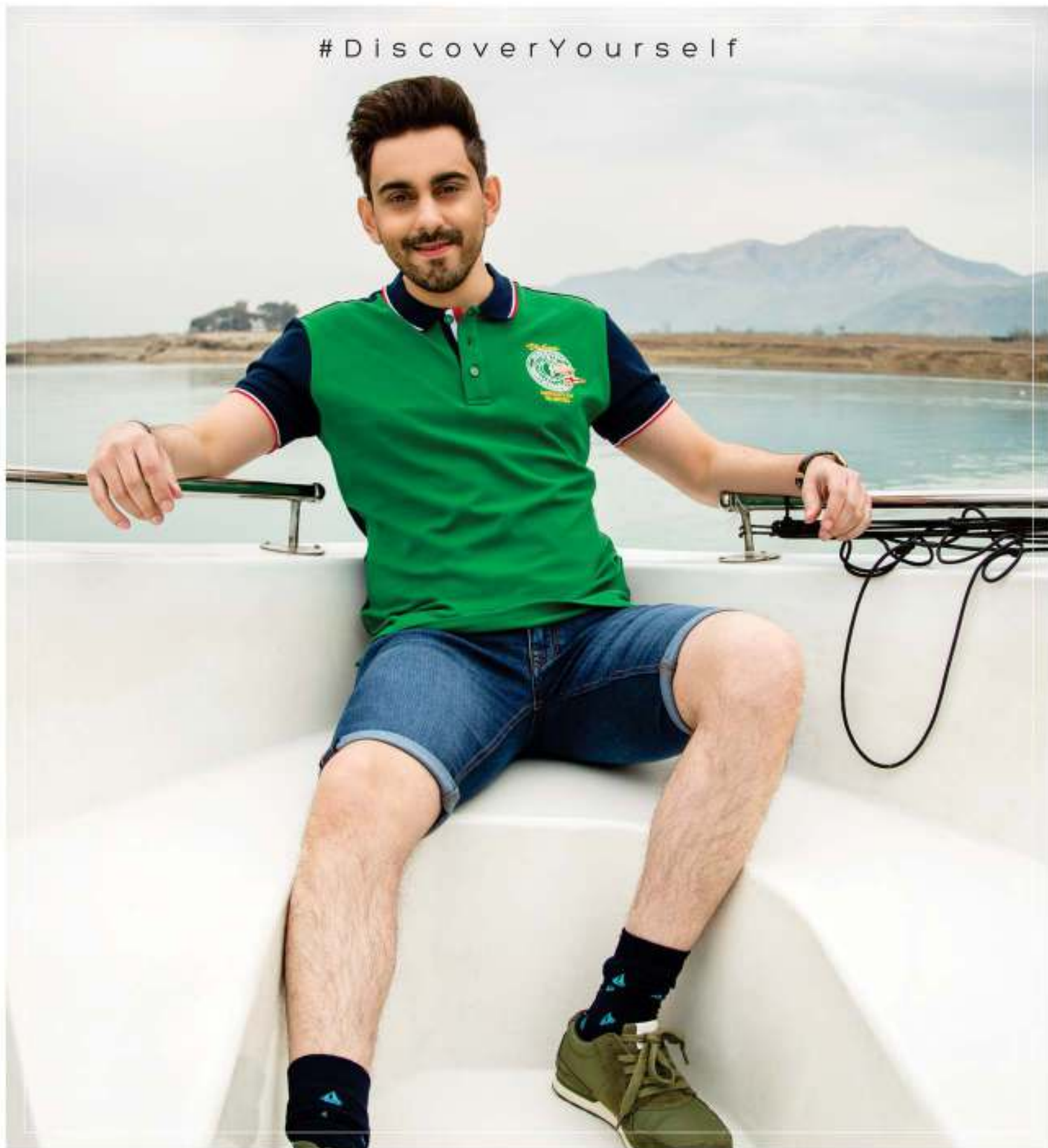


RIVER ISLAND
Lace-up
Plimsolls,
PKR 3,300



STOCKISTS: RALPH LAUREN www.ralphlauren.com; ZARA www.zara.com; RIVER ISLAND www.riverisland.com; COMMON PROJECTS www.commonprojects.com; CONVERSE www.converse.com; BALENCIAGA www.balenciaga.com; AMIRI <https://amiri.com>; FLOK www.flokclothing.com; ALEXANDER MCQUEEN www.alexandermcqueen.com; BOTTEGA VENETA www.bottegaveneta.com; OFF-WHITE www.off-white.com; MONCLER www.moncler.com; GIVENCHY www.givenchy.com; GUCCI www.gucci.com; TOD'S www.tods.com; ETRO www.etro.com; prices are approximate

#DiscoverYourself



SHIRT & TIE SHOP

www.uniworthshop.com

DAVID WEBB
Amethyst & Onyx Earrings

ARYA ESHA
Amethyst Ring

ROBERT PROCOP
Amethyst Diamond Necklace

DE GRISOGONO
Amethyst Ring

CHOPARD
Tourmaline & Amethyst Earrings

DE GRISOGONO
Amethyst and Pink Sapphire Watch

CARTIER
Étourdissant Necklace

Amethyst Adoration

The colour purple is often associated with nobility and royalty so gather stunning amethyst pieces of jewellery to look regal this month!

VAN CLEEF & ARPELS
Amethyst Necklace

FARAH KHAN
Amethyst, Diamond & Pearl Earrings

NIQUESA
Diamond & Amethyst Earrings

VERDURA
Byzantine Rivierie Amethyst Necklace

BOUCHERON
Diamond & Amethyst Earrings

DE GRISOGONO
Amethyst Earrings

BVLGARI
Amethyst, Emerald, Ruby Necklace

FARAH KHAN
Amethyst & Diamond Earrings

LYDIA COURTEILLE
Jade, Ruby & Amethyst Ring

RALPH LAUREN FINE JEWELLERY
Amethyst & Diamond Earrings



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#OKStreetstyle

These South Asian beauties are breaking the internet with their style quotient!



@AMNAHASSTAHR IS KNOWN FOR HER BOLD CHOICES AND EXQUISITE TASTE



INFLUENCER, @BODMONZAID IS A FORCE TO BE RECKONED WITH. WE LOVE HER SPIRIT AND STYLE



FORGET REGULAR STYLE, LOOK AT @FARAHDHUKAI'S HAIR STYLE! WE ARE IN HEAVEN LOOKING AT THAT



@IRENESARAH KNOWS HOW TO ROCK A TEDDY COAT FLAWLESSLY



THE HAUTEST CHIC ON THE BLOCK IS DEFINITELY @NAUSHEENSHAH



ANAA OF @OURSECONDSKIN STANDS OUT FROM THE CROWD WITH HER UNIQUE AESTHETIC



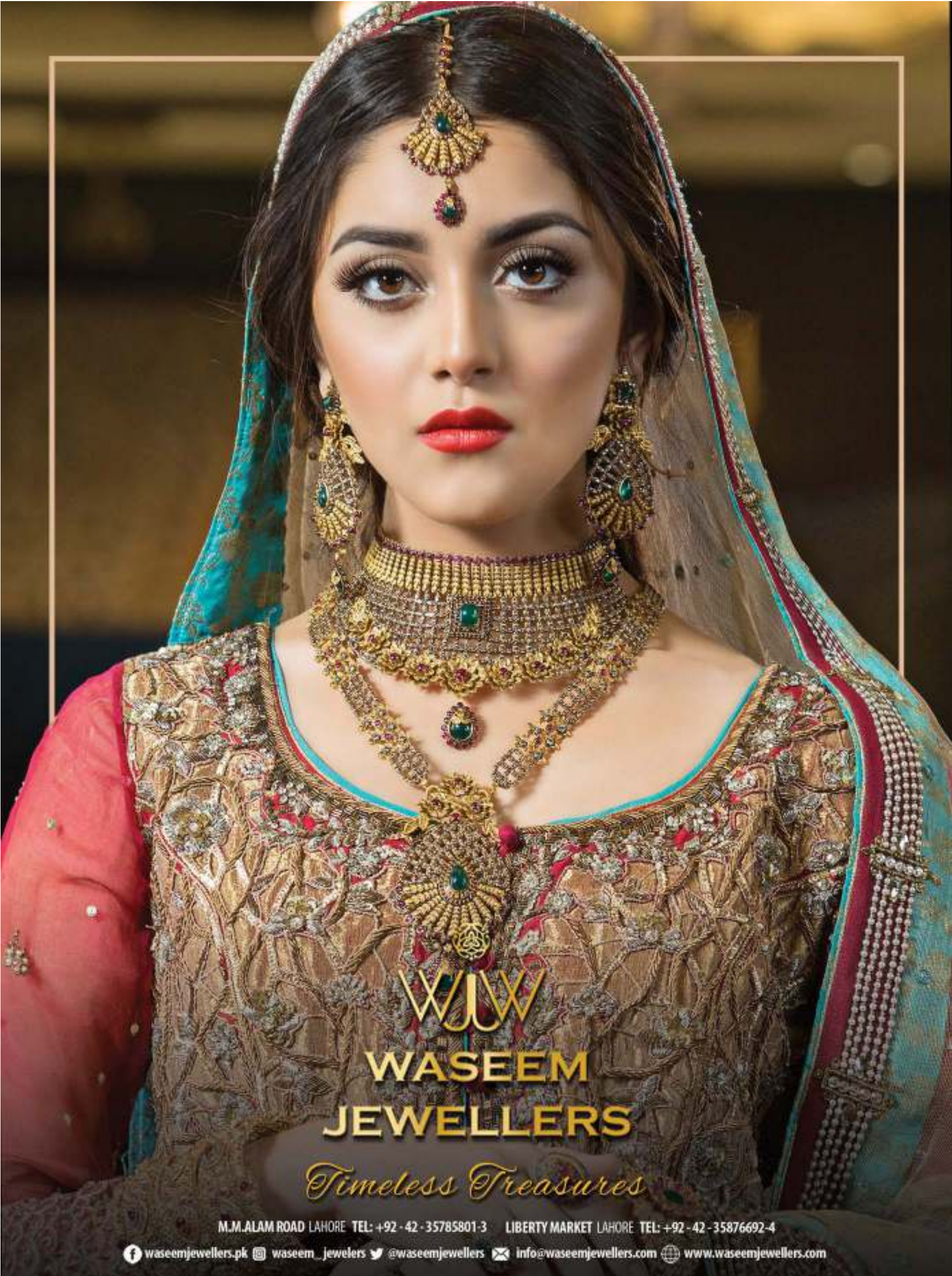
THE DESI WONDER WOMAN; @SHEHZEEN.R GIVES US LIFE GOALS!



@THEOFFICIALNIDA IS THE OFFICIAL BROWN BARBIE - LIVING IN SUNNY LA WHERE THE WEATHER IS FINE ALL YEAR 'ROUND!



@MARYAMISHTIAO IS EFFORTLESSLY CHIC ALWAYS



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Statement Sequinned Jackets

Stay cozy yet on trend with the coolest trend this season. Sequinned Jackets have been here all year-round, but it's currently taking the fashion world by storm on a whole new level. This look will give you a party feel all year round. Our top styles are by Alice + Olivia, Ashish, Brandon Maxwell and Needle & Thread. Get some inspiration from A-List fashion personalities like Kendall Jenner, Gigi Hadid, Olivia Palermo, Kate Moss and recreate some of your top looks for a perfect street style ensemble of your own.



Combat Boots

The boot season is slowly coming to an end but these boots are to be worn all year round. Invest in a chic pair of combat, or biker boots! All the style goddesses on Instagram are rocking this trend - be it with a dress, a pair of jeans or even a midi skirt! We cannot get enough. We have picked out some of our favourites for you by Sam Edelman, Halston Heritage, Leoffler Randall and Fendi. Buy them exclusively at www.netaporter.com

The Row Knits

The Row's knits are literally on our lust list every season, keeping in mind cashmere sweaters are all the rage, we cannot help but drool over their whole collection - which consists of basic fall wear with the seasons biggest trend: oversized everything! If we had the budget, we would buy one in each colour, because The Row is known for their fine craftsmanship and use of pure fabrics. Owning one piece as a wardrobe staple is a must! And yes, you guessed it - it is no other than the famous Full House twins' label; Ashley and Mary-Kate Olsen!



The Summer Exhibit is Back!

The Exhibit is back yet again with not one but three upcoming Exhibitions. So for all of you stylists that want to update your summer wardrobe, here is your chance to get everything and more under one roof. Even if you don't want to shop for just clothing - there is jewellery, homeware, accessories, cosmetics, skincare and everything that you could possibly need. The dates are: Faisalabad 2nd March 2019/ Lahore 7th March, 2018 / Islamabad 17th March 2019. For more information check out www.instagram.com/theexhibitt Founded by Sania Ali and Alyzeh Rahim Shirazi.



The Ultimate Sleep

Endorsed by the biggest celebrities globally, this pillow is award winning and known for giving you beauty obsessed girls the best beauty sleep ever! Traditional pillowcases don't slip and are harsh on the skin so over time this causes damage to delicate facial skin and tugs on the delicate facial hair - in turn this results in visible premature stretching, sleep creases, damaged hair, and bedhead by morning. Slip silk is extremely gentle therefore allowing skin and hair to glide across it seamlessly — protecting and hydrating skin, reducing split ends, and ensuring a longer-lasting blowdry. Made using a secret patented method, these pillow cases promise anti-aging, anti sleep crease, anti bed head and the best sleep. Available in a variety of colours to suit your bedding.



Karen Wazen Sunglasses

Dubai's blue eyed blogger; Karen Wazen has recently launched her own sunglasses line, the retro looks are inspired by an old Hollywood vintage era. The blogger is the face of her own line and has already sold hundreds of pairs! The fashion fraternity, especially all the bloggers are going crazy for these finely crafted pieces. These sunglasses can be described as fashion forward and very bold, definitely for the girl that likes to make a statement and be seen wherever she goes!

prices are approximate



Hair Slides

These days its all about embellishing your hair and the easiest most beautiful way to do it is by adding hair slides to your hairstyle. Whether you choose to make a ponytail and garnish it with a statement slide on top of if you choose to have sleek straight hair with 4 slides on one side, everyone can do something fun with this look! We have shortlisted some of our favourites and ones that can be found on Netaporter. Brands include: Versace, Kenneth Jay Lane, Valet, Lelet NY and Simone Rocha. We weren't kidding when we said there is something for everyone's aesthetic.

TEXT: ALYZEH RAHIM

FASHION WEEK FALL/WINTER 2019

The fash pack AKA fashion's finest headed to New York, London, Milan and Paris to see fashion powerhouses and cutting-edge newcomers present their latest works for Fall Winter 2019. Take a look at the designers and some of their best creations for the next season.

NEW YORK
FASHION
Week





MARC JACOBS

CUSHNIE

JONATHAN SIMKHAI

CAROLINA HERRERA

3.1 PHILLIP LIM

BRANDON MAXWELL

BRANDON MAXWELL

PRABAL GURUNG

CAROLINA HERRERA

OSCAR DE LA RENTA

OSCAR DE LA RENTA

MILAN FASHION Week





PHILOSOPHY
DI LORENZO
SERAFINI



PRADA



GUCCI



VERSACE



MOSCHINO



DI LORENZO
SERAFINI



MARNI



MARNI



MOSCHINO



ROBERTO
CAVALLI

LONDON FASHION Week



CHRISTOPHER
KANE



SIMONE
ROCHA



HALPERN



BURBERRY



CHRISTOPHER
KANE



MARY
KATRANTZOU

16ARLINGTON

ERDEM



ROKSANDA

VICTORIA
BECKHAM

PREEN

MARY
KATRANTZOU

JW ANDERSON

JW ANDERSON

REJINA PYO

SIMONE
ROCHA

MOLLY
GODDARD

PARIS FASHION Week

A collage of fashion runway photos from Paris Fashion Week. The top section features three models: one in a dark coat with a patterned scarf (CELINE), one in a black and white patterned dress (LANVIN), and one in a green floral patterned dress (STELLA MCCARTNEY). Below them are more models: one in a tan military-style outfit (ISABEL MARANT), one in a long fringed coat (ALEXANDER MCQUEEN), one in a red lace jumpsuit (BALENCIAGA), one in a black strapless dress with a wide belt (CHRISTIAN DIOR), one in a bright pink oversized coat (JACQUEMUS), one in a black shiny jacket (SAINT LAURENT), and one in a black patterned jumpsuit with polka-dot tights and purple boots (SAINT LAURENT).

CELINE

LANVIN

STELLA MCCARTNEY

ISABEL MARANT

ALEXANDER MCQUEEN

BALENCIAGA

CHRISTIAN DIOR

JACQUEMUS

SAINT LAURENT

SAINT LAURENT

118

**SAINT
LAURENT**



DRIES VAN NOTEN

CHANEL

CHANEL

MIU MIU

OFF-WHITE SHOW

GIAMBATTISTA VALLI

PACO RABANNE

CHRISTIAN DIOR

BALMAIN

BALMAIN

VALENTINO

GIVENCHY



Vanity Fair Party

Post every Academy Award night is the coolest party of the year, the *Vanity Fair* Party, where celebs flock to in the chicest attire. This year was no different! Hosted by the *Vanity Fair* editor, stars let down their hair and ate In-N-Out burgers in couture! Check out the ladies who look va va voom!





DIANA ROSS
& TRACEE
ELLIS ROSS

CHARLIZE
THERON

CAITLYN JENNER &
SOPHIA HUTCHINS

ASHLEE
SIMPSON

AMANDA
SEYFRIED

PRIYANKA
CHOPRA

NAOMI
CAMPBELL

PARIS
JACKSON

RENEE
ZELLWEGER

RITA ORA

VANESSA
HUDGENS

KAROLINA
KURKOVA

EMILIA
CLARKE

ISLA
FISHER

KATE
BOSWORTH

ROSIE
HUNTINGTON



1 Add oomph to your lips with the **BOBBI BROWN** Crushed Liquid Lipstick. PKR 3,600



2 Apply the **HOURLASS** Veil Mineral Primer to create a smooth canvas for make-up. PKR 7,500



3 Make your lids pop with the **HUDA BEAUTY** Obsessions Eyeshadow Palette in warm tones with a touch of glitter. PKR 3,700



4 Sculpt, contour and highlight your features effortlessly with the **KAT VON D** Shade + Light Contour Duo. PKR 3,200



5 Use the **COVER FX** Power Play Foundation to get the perfect sweat-proof matte finish coverage. PKR 6,100

6 Blur out any imperfections and complete your look with the

HOURLASS Veil Translucent Setting Powder. PKR 6,300



7 Amplify your lashes by applying the **MARC JACOBS BEAUTY** Velvet Noir Major Volume Mascara. PKR 3,600



GET THE LOOK

SYRA SHAHROZ



8 For dewy skin and protection from the sun, moisturize your face with the **LAURA MERCIER** Tinted Moisturizer Broad Spectrum SPF 20. PKR 6,400



9 Create thick and luscious brows with the **BENEFIT COSMETICS** Gimme Brow + Volumizing Eyebrow Gel. PKR 3,300

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skin from
within



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brightens and reduces
hyperpigmentation



firms to renew
skin's surface



defends against
free radicals

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Defence 042-37189224 | Emporium Mall 042-32592274-5 | Packages Mall 042-38915284

KARACHI Office: 021-35877602 | Ocean Mall 021-35141044
Badar Commercial 021-35877605 | Lucky One Mall 021-37181129 | Falcon Mall

ISLAMABAD Office: 051-5400122 | World Trade Centre 051-2725511
Centaurus Mall 051-2701315 | PWD 051-8433223

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ULTRA MATTE

Bright lips as spotted Laura Harrier, Lily Collins and Emily Blunt at recent red carpet events prove that strong hued lips are all you need right now! Indulge in our favourite and latest L'OREAL Les Chocolats Lipstick obsession with an irresistible chocolate scent to let your pout do the talking. It's long lasting and doesn't break the bank so stock up on these ultra matte lipsticks and thank us later! PKR 2,399; www.daraz.pk



SUN PROTECTION WITH AVÈNE

French beauty brand, AVÈNE is now in Pakistan and we're overjoyed! While their Eau Thermale spray is a cult-classic amongst celebs across the globe, one stand-out product that we've been using and loving is the Eau Thermale High Protection Emulsion with SPF50+ coverage. Amongst a plethora of sunscreens, the AVÈNE Emulsion sets itself apart because it's not greasy at all and provides immense coverage from sun damage whilst protecting you from wrinkles, pigmentation and other signs of aging. Grab yourself a tube, stash it in your bag if necessary and remember to protect the skin you're in. PKR 2,250; www.daraz.pk



VICTORIA BECKHAM BEAUTY

With a successful fashion label under her belt and sold-out make-up collab with Estée Lauder that had beauty junkies stoked, we're not at all surprised Victoria Beckham announced she would be launching VICTORIA BECKHAM BEAUTY in Autumn/ Winter of 2019. It's too soon to know that the fashion and beauty mogul has planned for her new venture, but stay tuned and we'll keep you posted!



BEAUTY *Essentials*



LOW PONYTAIL

The one hair trend that's major this season is the low ponytail! Spotted on celebs such as Camila Cabello, Jennifer Lopez and the likes – this super simple and effective hairdo is perfect for lunches and nights out. Why we like it most? It sculpts and uplifts your features giving you a sleek, chiseled and polished look without having to spend hours at the salon getting your hair tugged!

A TOUCH OF TATCHA

Want to know what make-up mogul and skincare aficionado Kim Kardashian and Duchess of Sussex Meghan Markle have in common? They both have the same secret weapon for radiant, soft and dewy skin – the TATCHA The Rice Polish Foaming Enzyme Powder. When mixed with water, the foaming enzyme powder gently foams and exfoliates your skin unlike any other exfoliator we've tried before and gives you a radiant, lit-from-within glow. PKR 8,000; www.tatcha.com



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ELEMIS



AURA – Activated Charcoal Bar

In efforts to prevent plastic waste and save the environment, we're now forgoing liquid hand washes and investing in soaps. The AURA Activated Charcoal Bar cleanses, removes grime and is good enough to be used on the face. It's locally produced, sulfate, paraben and preservative free and on our list of products to get this month! PKR 460; www.aura-crafts.com



VICTOR & ROLF Flowerbomb Midnight

Indulge in a new scent to uplift your mood. New and with delicious scents of black currant, jasmine and musks – this moody floral is all you need to spring into new season! PKR 15,000; www.sephora.com

Elemis - Gentle Rose Exfoliator

Want radiant skin with minimized pores. Use the ELEMIS Gentle Rose with Jojoba beads and cucumber extract to remove impurities, excess oils and to moisturize your skin. This gel is ideal for using prior to a treatment mask or moisturiser as it improves the penetration of other moisture treatments; helping you to re-hydrate and replenish your skin. PKR 6,500; Amethyst Spa 021-35835979



MUST-HAVE Beauty

OK! Pakistan brings you the best of what's in store from the editor's desk!

Cosmedix - Radiance

Turn back time with the COSMEDIX vitalizing serum which helps skin look plump, smooth and healthy by minimizing the look of fine lines and wrinkles and improving the look of sagging skin. With each use, your complexion will look radiant and firmer over time. PKR 14,650; Amethyst Spa 021-35835979



COLISH Esfahan Oud Room Spray

Walking into a room that smells divine feels like a million bucks! To enjoy the space you're in, spray a bit of the COLISH Esfahan Oud Spray in your bedroom when you enter or lounge before you entertain. PKR 1,000; www.colishco.com

DRUNK ELEPHANT A-Passioni Retinol Cream

DRUNK Elephant is all the rage currently! It's a relatively new product, which has amassed critical acclaim in the shortest possible time. Diminish the look of fine lines, wrinkles and sun damage with the DRUNK ELEPHANT Retinol Cream and thank us later! PKR 8,500; www.sephora.com



OPI - Gel Color

Offering up to three weeks of color with no chips, what so ever. The OPI GelColor is what you need if you're always on the run or have a vacation planned. With no dulling, no cracks, no chips, no problem you can nail the look for weeks. Book an appointment with your nearest salon now.

WHAT SUP?

IT'S NOT ALL ABOUT MOISTURISERS AND SERUMS – BEAUTY STARTS FROM THE INSIDE OUT



1 NEAL'S YARD REMEDIES FRANKINCENSE INTENSE BEAUTY BOOST SUPPLEMENT, PKR 3,650

SUPPORTING COLLAGEN LEVELS AS WELL AS MAINTAINING SKIN, HAIR AND NAILS, THIS IS RADIANCE IN A BOTTLE. YOUR SKIN WILL FEEL SOFTER AND SMOOTHER AND LOOKING BRIGHTER AND HEALTHIER.

2 DR BARBARA STURM REPAIR FOOD SUPPLEMENT, PKR 15,500

THESE VEGAN ANTI-INFLAMMATORY CAPSULES SOOTHE STRESSED SKIN, SLOW SIGNS OF AGEING AND BOOST SKIN HEALTH FROM HEAD TO TOE. FORMULATED WITH HERBAL INGREDIENTS TO CALM DRY SKIN, ROSACEA AND ECZEMA.

3 THE ORGANIC PHARMACY PHYTONUTRIENTS + MSM CAPSULES, PKR 5,475

IT'S FULL OF ORGANIC GREEN SUPERFOODS, ANTIOXIDANTS AND MSM TO NOURISH THE SKIN, HAIR AND NAILS FROM DEEP WITHIN. A REAL ALL-ROUNDER.

4 PHILIP KINGSLEY TRICHTHOTHERAPY ROOT COMPLEX NUTRITIONAL SUPPLEMENT, PKR 7,000
GREAT HAIR STARTS WITH A HEALTHY SCALP AND THAT'S WHERE THESE MULTIVITAMINS COME IN. THEY CONTAIN SCALP AND HAIR FOLLICLE ESSENTIAL NUTRIENTS OMEGA 3 PLUS VITAMINS D3 AND E TO NOURISH AND CONDITION. YOU'LL NEVER HAVE A BAD HAIR DAY AGAIN.

5 MURAD YOUTH BUILDER FOOD SUPPLEMENT, PKR 9,125

THIS IS FORMULATED WITH A BLEND OF VITAMINS A AND C AND MINERALS TO TARGET THE VISIBLE SIGNS OF AGEING FROM THE INSIDE OUT. TAKE FOUR TABLETS DAILY WITH FOOD AND SAY HELLO TO A RADIANT COMPLEXION.



What's IN HER BAG?

*Model and cool cat,
Yasmien Hashmi tells OK!
Pakistan what she totes
around in her bag.*

NINA NERI MINI HELEN BAG

It's compact, a good neutral and light-weight enough to carry around town.



ZERO Makeup Palette

My makeup routine is very simple; I try to go minimal. This palette helps me look fresh without looking too made-up during the day.



VASELINE Lip Therapy
A lip balm is essential every day, especially during winter!



TRIDENT Gum

For a fresh breath, I need to have gum on me all the times. Especially on a busy day!

NIVEA Cream

My skin tends to get dry during the day so having this helps me avoid that dryness.



ST. IVES

Cleansing Stick
After a hectic day of shooting I need to be able to cleanse my skin.



SUNGLASSES

My cat-eye sunglasses come in handy for my day-to-day looks.



iPhone

This stays with me even when I'm not carrying a bag.

JOWAY Power Bank

Because of how much I use my phone, I know this is needed at least once during the day for a quick recharge.



HAIR TIES

I always keep these accessible, just in case I need them to get my hair up.

HELIOCARE Advanced SPF50

For me sunblock is key for my everyday routine. Going out without protecting my face from the sun is a big NO NO.



MY WONDERFUL LIFE

Aleena Masood, the Creative Head at Aleena & Fareena, gives us a glimpse into her wonderful life.



Favourite scent?
Elie Saab.



All time favourite movie?

50 First Dates, Pretty Woman, The Notebook, Kuch Kuch Hota Hai, 3 Idiots, Zindagi Na Miley Gie Dohara and so many more.



Celebrity encounters?
None.

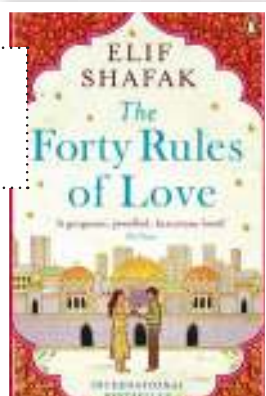
Favourite restaurant?
La Petite Maison.



Guilty pleasure?
The Lotus drama at Parkers.

What is your favourite indulgence?
Sunchips, a fancy cake, macaroons.

What's your favourite book?
The Forty Rules of Love by Elif Shafak.



Most memorable moment.

Too many - well in terms of work, my first exhibition was an event I can never forget.



Who are your favourite style icons?

Amal Clooney, Sonam Kapoor.

What are you most passionate about?

My workout.

Can't live without?

My phone.



Last extravagant buy?
Birkin by Hermes.

Who are your favourite designers?

Bunto Kazmi, Misbah Shafqat and so many more.



What is your favourite getaway?

A break with friends, anywhere in the world.

What is your fitness regime?

Eat healthy, and then workout like a dog.



Three must-haves in your bag?

Phone, Ice Breaker Mints and a lip tint.

Ideal weekend would be?

Packed with events and happenings.

Celebrity Crush?

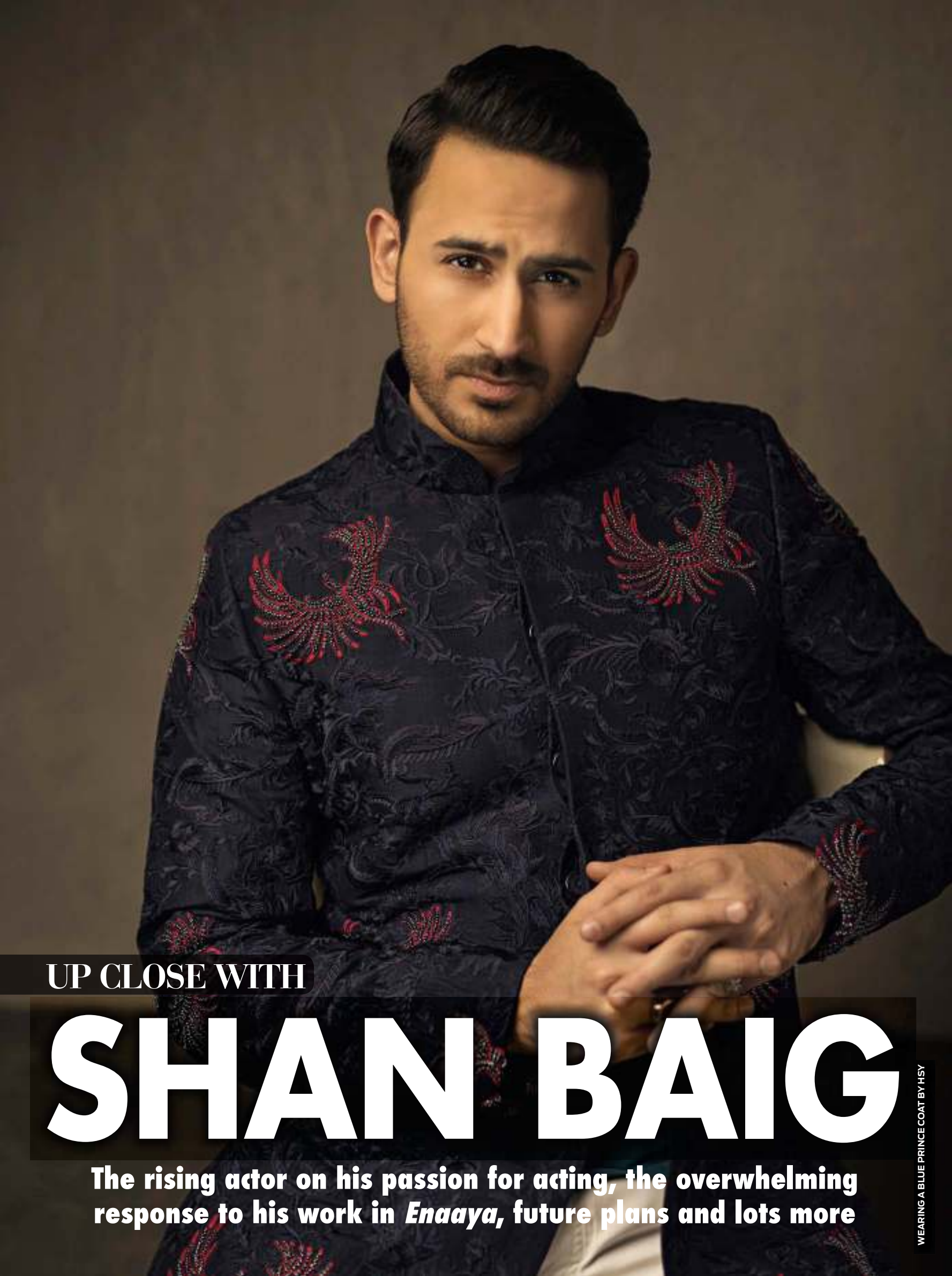
Ryan Gosling, Ranbir Kapoor.

Beauty extravagance?

La Mer Moisturising Cream.

Favourite pastime?
Designing.



A portrait of actor Shan Baig, a man with dark hair and a light beard, looking directly at the camera. He is wearing a dark blue, high-collared jacket with intricate red and gold embroidery, including large phoenix-like motifs on the chest and sleeves. His hands are clasped in front of him.

UP CLOSE WITH

SHAN BAIG

The rising actor on his passion for acting, the overwhelming response to his work in *Enaaya*, future plans and lots more

A relatively new face in the industry, Shan Baig is a good addition to our television screens. His first web series *Enaaya* has made people sit up and notice him, and by the looks of it, Shan has a bright future ahead of him. Son of yesteryear actor, Mirza Imran Baig, the young artist is surely following in his father's footsteps – it wouldn't be wrong to say 'talent runs in the family. As he works through shooting for multiple projects, *OK!* Pakistan catches up with the actor to discuss what he has in store for us next. Excerpts:

What made you choose acting as a profession?

Shan Baig: I used to make Dubsmash videos for the sake of fun and my friend from India, Zara Khan (Salma Agha's daughter), noticed them and gave me a call. She tried to convince me to move back to India or Pakistan from Chicago, where I was settled and running a business. She encouraged me to pursue a career in acting instead. Her positive approach and motivation made me step into the industry, which turned out to be in my favour.

What was your first acting project and how did it happen?

SB: My first acting project was a telefilm named *Rok Do Shaadi*, which I was offered through a talent agency three years ago. I auditioned for the role and got selected to play it.

Did you go to an acting school and did you audition at different production houses? Was it a big struggle or smooth sailing? Tell us more about the industry dynamics for a newcomer.

SB: Well, not an acting school as such but I have been to a few acting workshops at Columbia College in Chicago to develop a better understanding of the art I was moving towards and yes, I have given auditions at various production houses like A&B, Momal Entertainment etc. As far as the struggle is concerned, there have been highs and lows, but I was able to kick off with three projects simultaneously, which was a tremendous boost for me. I was able to play three different characters at the same time. It was thrilling yet challenging being a newcomer; as outsiders, we go through countless auditions and rejections and that toughens you because those rejections are very personal – the product we are selling is ourselves. And for that to be rejected hurts but at the same time, it prepares you for a lot of things you have to face in life.

You also walked the ramp for HSY and Humayun Alamgir. Do you enjoy being on the runway? What's the thrill?

SB: Yes, I have walked for quite a few designers, like Deepak Perwani, Nauman Arfeen, and Sastre. Humayun is a great friend and support. HSY's show was a rocking experience as I got to learn a lot from him. I remember him telling me to walk the ramp as if I owned it and pretend to come out as if I'm coming out of my private jet. As far as modelling is concerned, it is quite superficial as it doesn't test all your senses the way acting does, but it was quite helpful in making contacts. It also made me focus on my appearance and physique.

You are one of the first Pakistani faces on the digital platform. How was it working on the web series *Enaaya*?

SB: Well, touchwood for that – working in *Enaaya* has broadened my horizons and given me a boost in the entertainment industry. It was a thrilling experience as it was totally shot, recorded, edited and dubbed as a film. I was working with talented



actors who were quite supportive and on the same page as I was. My character in the series was a negative character with quite a few variations; this gave me ample margin to perform. I had to act like someone who is the complete opposite of me, and this was quite challenging but I don't run away from challenges. It is best to move towards them and take them head-on.

How does it feel to get great reviews? People from the industry have suddenly taken notice and appreciated your acting skills. Tell us about your meet-up with Mikhaal Zulfiqar and his phone call to compliment you for your work in *Enaaya*.

SB: The experience has been surreal, I am overwhelmed by the response I have received from

the industry. It feels like all the hard work has paid off; this motivates me to do better and better all the time. I met Mikhaal at a friend's GT and it was quite staggering for me when he praised me for my work which he had recently seen in *Enaaya*. And after a few days of our meet-up, I received a call from him in which he applauded me again for my work and offered me to work with him in an upcoming project. Fingers crossed for that!

Mehwish Hayat is a huge star, sharing the screen with her must be challenging. Tell us more about your experience with her and what did you learn from her?

SB: Mehwish Hayat is a very fun and easy person to work with, she is quite supportive and professional at the same time. Yes, undoubtedly, she is one ►

More on Shan Baig...

The last text you sent?

"Will be there in 10".

A hashtag that describes your life?

#Mishan

A social media account that we must follow?

@okpakistan.

A must-have app on your phone?

Pinterest.

Favourite website?

Reuters.com

TV shows you love right now...

Queen of the South.

Last book you read?

The Prophet by Kahlil Gibran.

Who do you think would be perfect to play you in your biopic?

Ahmed Ali Akbar.

Favourite fictional character?

Batman.

Favourite karaoke song?

We will rock you by Queen.

Last movie you saw?

A Simple Favor.

Last holiday destination you went to?

New York.

Dream dinner party guest?

Dwayne Johnson.

Favourite hotel in the world...

Sofitel Dubai – The Palm Resort & Spa.

Favourite designer...

Donatello Versace.

Favourite fashion capital...

Italy.

Favourite star style icon...

Ryan Gosling.

Your biggest fear?

Losing loved ones.

Best gift you ever received?

A book my father gave me.

Personal motto...

"What's yours will find you." – Imam Ali (A.S)

Word or phrase you say the most?

"Are you serious?"

Rank them in order of acting ability:

Adeel Hussain, Mikhaal Zulfiqar, Sheheryar Munawar and Bilal Ashraf.

Mikhaal, Adeel, Bilal and Sheheryar.



SHAN IN A PEACH SUIT WITH A MONOCHROME SHIRT BY REHAN JUNAID

of the biggest stars of our country but her attitude is quite down-to-earth and easy-going. I had a great experience working with her, she is a bundle of energy on the sets, and that inspired me. She is such a big star, but success hasn't gone to her head and this is a valuable lesson I've learnt from her.

Wajahat Rauf is a fun director to work with and has a good sense of humour as well. He can extract the best out of his actors. What was your experience with him like?

SB: Working with Wajahat Rauf and his stellar team has been an absolute honour, I would like to thank him for believing in me. Wajahat's vision propelled by the collective effort of his entire team has been the sole reason behind *Enaaya* hitting the bull's eye. Wajahat's large-hearted mentoring and exemplary work ethic has spurred me on tremendously as an actor and performer. Initially, for the first few scenes on the sets, it would take me multiple takes as I was creating my character and getting into it but with time, it became a single take routine with him.

How do you do your homework when preparing for a role?

SB: Well, I read my script like a story book again and again and I rehearse my lines multiple times to get as much as I can into the character. I try to adopt the mannerisms of my character, and sometimes it takes a toll on me in real life when the project ends, because that's how deeply I had immersed myself in my work.

Your father was a famous film actor. Does that help in making connections in the industry? Are you following his method of acting?

SB: My dad's acting career was very short-lived and I wasn't even born before he left the industry and moved abroad, so I would say 'no'. It has not helped me in getting any work, I had to start from scratch. But yes, I grew up watching a few of his films, like *Bemisaal*, *Naukar*, *Ishq Ishq* which were directed by the renowned Shabab Keranvi in the late 70's. My father has taught me how to embody a character while you move around the set, doing gestures, or using mannerisms while speaking, along with using a mirror to exercise your expressions.

Do you want to progress from TV to films soon or are you happy with how your career has shaped up so far?

SB: I'm quite content with my career right now as it has given me a lot of boost. Of course, I would love to be a part of the film industry but for now, I want to focus on dramas. Television helps you with the technicalities of acting, it helps you understand camera angles, close-ups, master shots, how-to, when-to, how-much, and everything else I learned. So, when *Insha Allah* I'll face the camera for a movie, I may be a little nervous but I won't be jittery.

What's next on your wish list?

SB: I just want to excel in whatever I do in life, specifically my field, and I want to be able to manage my personal and professional life at the same time. Life is too short, so I want to explore and travel the world as much as I can and I also want to be able to divide my time equally between my family, friends and work. **OK!**

INTERVIEW AND STYLING: RAO ALI KHAN
MAKE UP AND HAIR: ERIC & MAJID - JY STYLE STUDIO
PHOTOGRAPHY: HASAN HASHMI



WHAT'S ON?

ART EVENTS & EXHIBITIONS AROUND THE WORLD



Hockney - Van Gogh

01st March 2019– 26th May 2019, The Van Gogh Museum, Amsterdam

Upon seeing Hockney's paintings, it's not difficult to see that Vincent van Gogh was a strong source of inspiration. Discover more parallels between the two artists in the exhibition 'Hockney - Van Gogh: The Joy of Nature.' On view from 1 March.

The world-famous art of David Hockney (1937) is colourful and colossal. Hockney is inspired by nature, he makes use of bright colours and experiments with perspective. Van Gogh also dealt with this. The resemblances between the two artists are no coincidence. Vincent van Gogh was a great source of inspiration for David Hockney. Discover more parallels in the exhibition Hockney - Van Gogh: The Joy of Nature.

Picasso: The Late Work. From the collection of Jacqueline Picasso

09th March 2019– 16th June 2019, Museum Barberini, Germany

Pablo Picasso (1881-1973) is considered to be the reinventor of art in the twentieth century. He set new standards in painting, sculpture, the graphic arts, and ceramics. Less well known are the works Picasso created in the final two decades of his life when he painted more portraits of his wife Jacqueline than any of his other models.

Through the exhibition Picasso: The Late Work, it will be evident how Picasso kept being an innovator until the very end of his artistic production. All loans come from the collection of Jacqueline Picasso (1927-1986). Her daughter Catherine Hutin has made this rarely-seen collection available to the Museum Barberini show. The works were selected by guest curator Bernardo Laniado-Romero and include numerous pieces which have never before been exhibited in Germany as well as some presented for the first time.



Thierry Mugler: Couturissime

02nd March 2019– 08th September 2019, Montreal Museum of Fine Arts, Canada

The Montreal Museum of Fine Arts (MMFA) is pleased to present the first exhibition on French creator Thierry Mugler. Conceived, produced and put on tour by the MMFA, this exhibition will reveal the multiple universes of this undeniably artistic figure – visionary couturier, director, photographer and perfumer – in a retrospective of his work, especially his ready-to-wear and haute couture creations.

Presented in Montreal as a world premiere, this spectacular retrospective brings together more than 140 ensembles, most of them on display for the first time, created between 1973 and 2001, as well as many never-before seen accessories and stage costumes, clips and videos, archival documents and sketches. A hundred works by the greatest contemporary fashion photographers such as Avedon, Bourdin, Goude, LaChapelle, Newton, Ritts round out the exhibition. Each of the immersive galleries has been designed with artist-designers or set designers such as Michel Lemieux and Philipp Fürhofer.

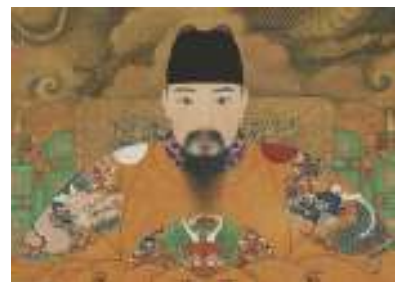


Heaven and Earth in Chinese Art

02nd February 2019– 05th May 2019, Art Gallery Road Sydney, Australia

A rare opportunity to see some of the highest artistic achievements across 5000 years of Chinese history. The National Palace Museum, Taipei, holds one of the finest collections of Chinese art in the world. Accumulated by emperors over centuries, this collection was, for hundreds of years, accessible only to the imperial elite. It is now rarely seen outside Taipei.

Celebrating the rich heritage of Chinese civilisation through the ancient concept of tian ren he yi – unity or harmony between heaven, nature and humanity – Heaven and earth in Chinese art presents a series of 87 artworks including paintings, calligraphy, illustrated books, bronzes, ceramics, jade and wood carvings, dating from the Neolithic period to the 19th century.



THE YEAR OF MAGICAL THINKING

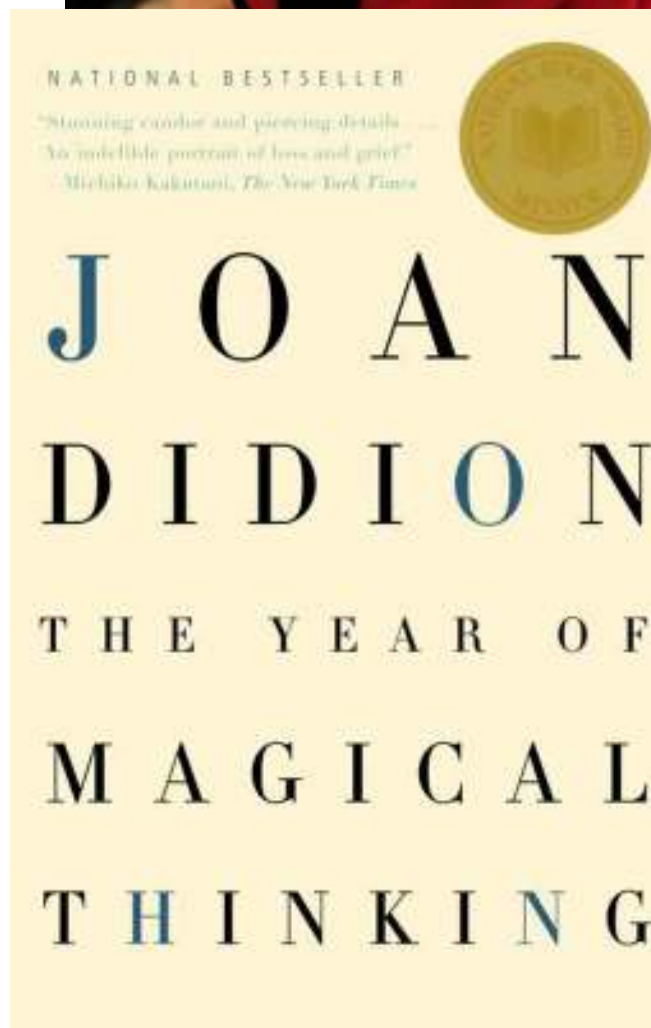
Published by Knopf, The Year of Magical Thinking, by Joan Didion, is an account of the year following the death of the author's husband John Gregory Dunne.

Joan Didion's *The Year of Magical Thinking* is her memoir of the year following the death of her husband. Didion's heartfelt recollection of the events following a tragic loss speaks to the reader in more ways than one. Her book has won the National Book Award for Non-fiction, and was a finalist for both the National Book Critics Circle Award and the Pulitzer Prize for Autobiography.

Joan Didion and her husband, John Dunne, both professional writers, were faced with taking care of their only daughter, Quintana, who fell ill and was in an induced coma a few days before Christmas. The night before New Year's eve, while sitting at dinner, John suffered a massive and fatal heart attack. Didion is left alone, grieving over the sudden death of her husband of 40 years whilst taking care of her only child. She writes: "You sit down to dinner and life as you know it ends."

The book is passionate and honest. It brings forth Didion's personal experience, yet it is relatable to all of us who have had to deal with grief and pain. Didion includes medical and psychological research on grief and illness, which adds authenticity to the narrative. This can also be seen as Didion tries to make sense of recent events and her surroundings.

Didion fervently explains the stages she goes through during the year after her husband's passing. She intellectualizes his death, going over and over the events, trying to make sense of what happened and changing the



ending. She is ghosted by memories of the past, while at the same time unable to go through the grieving process completely, given her daughter's

ongoing health problems.

Didion's writing style is flawless. The sentences are raw, perfectly describing day by day the turn of events that led her to finally write down her story. The authenticity with which Didion expresses her emotions is heart wrenching. At the hospital she is referred to as the 'cool customer', meaning one who is in control and has not broken down. The reader, however, knows that is not true. Her actions contradict the turmoil inside. The face she shows the world compared to the battles she's fighting inside are so vividly explained, the reader cannot help but shed a tear with her.

I'd recommend this book to anyone who has suffered a loss of any kind. Its authentic and emotional narrative draws the reader in. I could feel myself walking around with Didion, feeling her reactions and sentiments as I read on. "We are not idealized wild things. We are imperfect mortal beings, aware of that mortality even as we push it away, failed by our very complication, so wired that when we mourn our losses we also mourn, for better or for worse, ourselves. As we were. As we are no longer. As we will one day not be at all."

The New York Review of Books has summed up *The Year of Magical Thinking* in one sentence perfectly: "I can't think of a book we need more than hers..." **OK!**

TEXT: ALY KHAN



BIRYANI BAHAR FESTIVAL

Beach Luxury Hotel recently hosted 'Biryani Bahar', a festival based on the nation's much-loved dish, *biryani*. This festival was spread over a period of two months, from 7th February to 17th March, with events taking place every Friday, Saturday and Sunday.

People experienced and enjoyed over 49 types of *biryani* in total, with 14 different kinds of the dish served each day. Some of the famous types featured were *Sindhi biryani*, *Hyderabadi Biryani*, *Qeema Biryani*, *Nalli Biryani*, and many more specialties from the subcontinent. Along with *biryani*, there were several other dishes as well for one to indulge in. To add more *masala*, the festival also featured 14 different kinds of *raita* to enjoy with *biryani*.

For entertainment, Beach Luxury Hotel had invited a talented singer from Lahore to sing popular and traditional songs. All in all, the delicious and authentic *mughlai*-themed food, soothing environs and lively music made it a very pleasant festival which was enjoyed by all. Definitely not to be missed for all the *biryani* lovers (technically everyone) out there! **OK!**





JASHAN E BAHARAN

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INTERNATIONAL

CHILL OUT IN THE LAKES

OK! ENJOYS AN IDYLIC BRITISH SPA BREAK



It's the UK's most popular national park, with 15 million people checking in each year. And, after arriving in the Lake District, it's easy to see why so many people have fallen in love with the place.

An hour north of Manchester and just south of Scotland, the Lake District National Park is spread across 912sqm in picture-perfect Cumbria. The idyllic landscape has long lured poets such as William Wordsworth and writers including Beatrix Potter to the area, but recently it's gained a celebrity following, with Taylor Swift, Kym Marsh and Renée Zellweger among its fans.



ENJOY MICHELIN-STARRED FOOD AT HRISHI



RELAX AND TAKE IN THE LAKE VIEWS AT THE GILPIN'S JETTY SPA

A UNESCO World Heritage Site since 2017, there's plenty to see and do, from exploring the countryside to hiring a boat on the region's most famous body of water, Lake Windermere. The peaceful backdrop also makes the Lakes a great place to relax and indulge, with boutique boltholes, five-star spas

and Michelin-starred meals to enjoy. *OK!*'s Nancy Brown headed off to explore...

WHERE CAN I STAY?

Just a five-minute drive from the town of Bowness-on-Windermere sits the family-run Gilpin Hotel And Lake House – two hotels on two separate estates, both with different vibes but the same brilliant team at its helm. The plush Gilpin Hotel is

set in 21 acres of land and features 25 bedrooms, two restaurants, a champagne bar and a herd of resident alpacas. Just a mile away is the intimate Gilpin Lake House, which is set around a beautiful private lake and able to accommodate just 12 people. Home to six rooms and 100 acres of land, it feels like you're visiting your own peaceful country abode.

OK! checked into Gertie, a gorgeous suite with views of the Lyth Valley. All the rooms at the Lake House are named after the owners' Victorian great aunts, and Gertie features photographs of the ancestors on the walls, family china on the dressing table and a bath that's big enough for two. After breakfast in the conservatory, guests can enjoy a stroll around the grounds, have a dip in one of the outdoor hot tubs or take a rowing boat out on the lake.

WHERE CAN I EAT?

Dinner is served at the main hotel, with a complimentary chauffeur service between the two available for guests at the Lake House. On our first



HEAD INTO BOWNESS-ON-WINDERMERE AND HIRE A BOAT

night, OK! headed to the laid-back Gilpin Spice, which serves tapas-style sharing dishes. OK! started with the pani puri, golf ball-sized puffs filled with a delicious chick pea curry. Next came the divine spiced paneer flatbread, followed by the melt-in-the-mouth pork belly, marinated in Chinese five spice and cooked in a wood oven for 12 hours. Just when we thought food couldn't get any tastier, the following evening, we took our seats at the hotel's Michelin-starred HRISHi, which offers a modern twist on classic Lake District flavours. With the sommelier choosing wines to match each course, we settled down to the tasting menu. Stand-out dishes included the cauliflower three ways, with curried mayonnaise and pink grapefruit granita, the poached lobster medallion served with claw fritters and Exmoor caviar, and the venison with Savoy cabbage and beetroot tatin. Save room for dessert – both were delicious!

WHICH STARS WILL I SEE?

Coronation Street Kym Marsh has stayed at the Gilpin, tweeting: 'Had an amazing weekend, thank you so much for taking such good care of us!' Kristen Stewart and Charlize Theron filmed Snow White And The



CHILL OUT IN THE HOT TUB AT ARMATHWAITE HALL



RELAX ON THE JETTY AT THE GILPIN LAKE HOUSE

Huntsman in the Lake District, Renée Zellweger visited to shoot the title role in Beatrix Potter movie Miss Potter, while Taylor Swift visited Bowness-on-Windermere with then-boyfriend Harry Styles.

WHAT CAN I DO?

Our first stop was Levens Hall, a 15-minute drive from Lake Windermere, where we explored the Elizabethan home and its stunning topiary gardens. Bowness-on-Windermere has a traditional British seaside feel, so after a stroll around the souvenir shops, we hired a motorboat and took to the water, cruising around the region's most famous – and England's largest – lake. Heading north, we stopped off at the Castlerigg Stone Circle, a Stonehenge-like structure which dates back to the Neolithic era. We saved the best for last, though, with a 30-minute hike to the top of the Aira Force Waterfall.

WHERE CAN I RELAX?

Set aside an afternoon and embark on the Gilpin's Jetty Spa Trail. Designed with couples or friends in mind, the bespoke spa journey begins with a private aroma consultation, where you'll help create the products used in your treatment. After that, it's on to the indoor pool, where you can swim in total privacy for an hour, while also using the reviving salt

scrub shower. A wander through the woodland takes you to the Swedish-style wooden treatment rooms, which are raised 3m into the tree canopy and feature stunning views of the lake from their floor-to-ceiling windows. After our 60-minute massage, we wandered down to the boathouse, where a private cream tea overlooking the lake was waiting for us. The journey ended with a bottle of champagne for two in one of the alfresco hot tubs.

WHAT ELSE MUST I DO?

If you're in the mood for more relaxation, head towards Keswick in the Northern Lakes and the vast spa at Armathwaite Hall, which sits in 400 acres of lush woodland on the banks of Lake Bassenthwaite. One of the country's original stately homes, the hotel building dates back to the 11th Century, but that doesn't mean it's without its mod cons. The owners added a multi-million pound spa back in 2009 and it's a gorgeous space, home to both an indoor pool and bubbling outdoor hot tub. While the location doesn't exactly induce stress, we felt as light as air after our Tension Trio treatment – a divine back, face and scalp massage. **OK!**

NANCY BROWN OK! SPA EDITOR
PHOTOGRAPHS: GETTY

MAKING A MEAL OF IT

OK! FOLLOWS IN THE FOOTSTEPS OF THE STARS AND WEIGHS UP THE BEST DIET DELIVERIES ON THE MARKET

Pure Package

TESTER: Kirsty Tyler.

PRICE: From £39.95 per day.

CELEBRITY FANS: There's a huge celebrity fanbase which includes Denise Van Outen, Patsy Kensit, Lisa Snowdon (right) and Florence Welch.

THE LOWDOWN: Each day you get three meals and two snacks delivered. Breakfast choices included Greek yoghurt and granola muesli (far right) with berries, or roasted red pepper and Parmesan frittata. Lunches were typically salads like teriyaki chicken salad, beef pesto salad and smoked mackerel and orange salad. For dinner I enjoyed the Thai mushroom and edamame bean curry, and the spiced cod and black



bean salsa was also delicious. Snacks included a tasty cardamom chocolate mousse and artichoke dip with corn chips.

GOOD POINTS: This is a premium delivery service and all the food is delicious. It's delivered daily overnight so that a fresh, chilled package is waiting on your doorstep each day when you wake up. Every meal is prepared to the highest standards with generous portions. I didn't feel hungry at all and I felt energised from eating all the healthy, fresh food.

DOWN SIDES: There isn't really one, except that like many diet delivery plans it would be quite costly to do this for any length of time.

WEIGHT LOSS: 2lb in three days.

MORE INFO: Visit www.purepackage.com.



The Detox Kitchen

TESTER: Yasmine Griffiths.

PRICE: Packages start from £31.45 per day.

CELEBRITY FANS: Gwyneth Paltrow and Suki Waterhouse.

THE LOWDOWN: A day started with a zingy ginger shot to wake up your tastebuds, then a morning juice like super spirulina followed by a proper breakfast. My favourite was the heavenly almond and blueberry bircher muesli. Lunches were also super tasty: a Vietnamese-style noodle salad and roasted cauliflower and wild rice bowl were my top picks. Dinner choices included a delicious turkey meatball chilli con carne and a Sri Lankan curry with juicy spring prawns.

GOOD POINTS: It was wonderful waking up to a box of healthy treats every day, and every meal and snack was delicious. My skin was glowing because of all the fresh fruit and veg – and best of



all – I didn't have to do a weekly meal plan as normal.

DOWN SIDES: It wasn't a problem but I thought that the portions were

very generous for a weight loss plan, especially as I didn't make it to the gym that week.

WEIGHT LOSS: 3lb in three days.

MORE INFO: Visit detoxkitchen.co.uk.

VeganKeto Meal Plan by Nosh Detox

TESTER: Laura Hills.

PRICE: From £64 a day.

CELEBRITY FANS: Halle Berry and the Kardashians.

THE LOWDOWN: A vegan alternative to the popular Ketogenic diet – which follows a high fat, low carb, moderate protein meal plan – you'll be delivered breakfast, lunch and dinner as well as two snacks a day. The diet aims to put your body into a state of ketosis, meaning it'll burn fat instead of sugar. It also promises to reset insulin levels, reduce blood pressure and alleviate cravings. Among my favourite dishes were the delicious coconut flaxseed pudding breakfast, a cauliflower steak lunch and a stuffed tomato and rice konjac dinner.

GOOD POINTS: I am a vegetarian who has been considering a vegan diet for a while, but I haven't built up the courage to take the plunge. The VeganKeto Meal Plan showed me just how versatile vegan food can be.

I couldn't even tell the 'cheese' that came with one of the snacks wasn't the real deal.

DOWN SIDES: It's very expensive and while the breakfasts, lunches and snacks were generously sized, I found the dinner portions on the smaller side, which resulted in me feeling hungry late at night.

WEIGHT LOSS: 2lb in three days

MORE INFO: Visit www.noshdetox.com.



Spring Green Light Protein

TESTER: Annabel Zammit.

PRICE: From £39.20 a day.

CELEBRITY FANS: Millie Mackintosh (right) is a fan.

THE LOWDOWN: Each morning a package containing a colourful, freshly prepared and predominantly plant-based menu arrived at our door. Included was an antioxidant-rich drink – we loved the name, Morning Love + Beauty Tonic. There were also three balanced meals, a detox juice and a sachet of herbal tea.

GOOD POINTS: The food (below left) was nutritious, delicious and filling. Highlights included the tofu and carrot 'scramble' to kick-start our day. We also found the hearty mushroom ragu with sweet potato mash very tasty, as was the shredded chicken and beetroot bowl served with tahini. Spring Green's menus don't contain added sugar, cow dairy or wheat. Plus, 70 per cent of its packaging is made from plants!

DOWN SIDES: Spring Green don't deliver outside London.

WEIGHT LOSS: I only tested it for three days so didn't notice any weight loss.

MORE INFO: Visit www.springgreenlondon.



Balance Box

TESTER: Kirsty Hatcher.

PRICE: Four-day box, on the Market Plan – at a one-off price of £32.99 a day.

CELEBRITY FANS: Britain's Got Talent judge Amanda Holden

(right) is a huge fan and loves how easily the meals fit into her busy schedule. She has said of Balance Box: 'The portion sizes were perfect so it was one less thing to think about. What's more, the food was really tasty yet it was appetising, nutritious and healthy too!' Other celebrity fans include Tamzin Outhwaite, Laura Whitmore and Jo Joyner.

THE LOWDOWN: We opted for the 1,800-calorie vegetarian Market Plan

and had four days worth of meals and snacks delivered straight to our door. The box includes three meals a day and morning and afternoon snacks such as fruit, nuts and bars. Some of my favourite meals included roasted vegetable and bean ratatouille, vegetable korma curry, pea and mint soup, banana with organic rye bread and peanut butter and prune and vanilla bircher.

GOOD POINTS: Not only was the food fresh and healthy (far left) but the meals are absolutely delicious and I didn't feel hungry once.

DOWN SIDES: There were none! If I was being picky, the trail bar was slightly dry.

WEIGHT LOSS: 1lb in four days.

MORE INFO: Visit www.balancebox.com.



Fresh Fitness Food

TESTER: Rowan Erlam.

PRICE: Packages start from £23 per day and they deliver nationwide to Hemel Hempstead, Milton Keynes, Warwick, Birmingham, Nottingham, Leeds, Manchester, Telford, Bristol and Cardiff. Celebrity fans: England rugby player James Haskell says he's 'not sure how I would operate' without FFF.

THE LOWDOWN: Each food delivery package is bespoke to you, depending on whether you want to achieve weight loss, muscle gain or a healthier lifestyle. The meals are delivered to your home or office daily between midnight and 6am in a smart cooler bag.

GOOD POINTS: After completing an online questionnaire, a FFF nutritionist will call you to make sure the package is tailored to your needs. We chose the Wellness Package, and the meals (below left) – which can be eaten hot or cold – included a tasty chicken and cherry tomato frittata with spinach for breakfast and a mojo pulled chicken thigh with tomato salsa and spring onion for dinner. The menu is designed by

a Michelin star trained menu consultant, and it shows.

DOWN SIDES: There weren't any downsides.

WEIGHT LOSS: 2lb in five days.

MORE INFO: See www.freshfitnessfood.com.



FEATURE BY OK! HEALTH EDITOR YASMINE GRIFFITHS
PHOTOGRAPHS: GETTY

OK! WORLD IN ACTION



PAKISTANI SOLDIERS STAND NEXT TO WHAT PAKISTAN SAYS IS THE WRECKAGE OF AN INDIAN FIGHTER JET SHOT DOWN IN PAKISTAN CONTROLLED KASHMIR AT SOMANI AREA IN BHIMBAR DISTRICT NEAR THE LINE OF CONTROL



A MODEL WALKS THE RUNWAY DURING THE SAINT LAURENT SHOW AS PART OF THE PARIS FASHION WEEK WOMENSWEAR FALL/WINTER 2019/2020 IN PARIS



THE NATIONAL STADIUM IN KARACHI, PAKISTAN BEFORE THE PSL MATCH



CRISTIANO RONALDO DURING THE ATLETICO MADRID AND JUVENTUS MATCH AS PART OF THE 16TH ROUND OF UEFA CHAMPIONS LEAGUE AT WANDA METROPOLITANO STADIUM IN MADRID

PHOTOGRAPHS: WENN, GETTY

HOROSCOPE & TAROT

IT'S WRITTEN IN THE STARS!

CAPRICORN

Dec 22 – Jan 20



Everyone deserves a break now and then. The only problem, Capricorn, is you may continue to run

the treadmill. If so, you can miss the opportunity for sweet reflection that leads to a new view of your life path. Avoid the temptation to be negative during the first ten days of March 2019. Know there is a deep river of creativity within you. Ideas flow like water, and nourish the seeds of new projects.

TAURUS

Apr 21 – May 21



You like to be comfortable, and this dynamic trend of transformation may unsettle your senses. Cultivate present moment awareness,

and you can be a strong anchor in the winds of change. There is a focus on career this month. New projects may be in the visionary stages. You are given the blueprint, the big picture, for long term projects. Your talent to build, stabilize and beautify will be called upon as the year unfolds. Run all projects through your practical side.

VIRGO

Aug 24 – Sep 23



Your no nonsense approach to life is thrown for a loop. People come out of nowhere, requesting your services, and diverting attention

to their needs. The 2019 march horoscope predicts that although this month of march 2019 is a balancing act for you, there is much to learn and receive in the reflection of another's life. There is a tendency to over-commit, and work may stand in the way of social engagements. Keeping all in perspective, this month takes you out of the doldrums into a larger range of activity.

SAGITTARIUS

Nov 23 – Dec 21



Your gypsy days are over, at least until Spring Equinox. Problems revealed November – January

2018 are finally resolving.

Reflexing back into repetitive and habitual behavior leads nowhere. The powerful trend of transformation is re-making you from the inside out.

Truly, you are beginning to see the light at the end of the tunnel. Take some time to retreat into the inner sanctuary of your spiritual home. Revelation, healing and understanding are to be found within.

AQUARIUS

Jan 21 – Feb 19



You are on a roll Aquarius. Despite conservative trends, you are in the right place at the right time. Trust your vision for a humane

future. Your global perspective is enhanced by strong intuitive energies. But, resist the temptation to save others. Peace really does begin with you. Genuinely love yourself, and you are free to sow seeds of compassion in your world. You are called to develop financial security in miraculous ways. While the area of financial improvement is strong, you can benefit from a second opinion.

GEMINI

May 22 – Jun 21



Finances may be an area of delay and frustration, but you are in a position to resolve these issues as the month unfolds. Your

easy-going and personable style can go a long way in career developments. Exciting possibilities in this area can be tapped through your strong communication skills. Slowing down to connect with another person's perspective brings out new direction for both of you. A unique, fun getaway can restore your nerves and rejuvenate your senses.

LIBRA

Sep 24 – Oct 23



You are running in different directions this month trying to keep your world in balance. If you only focus on keeping other's happy, you may miss the gifts of personal growth.

This year brings benefit in new contacts and alliances. Your natural social grace is enhanced in work and play. Developments in the work arena are new and exciting. It is important to know where you really stand. Honesty begins with self. Give yourself a break, and fuel heartfelt dreams.

PISCES

Feb 20 – Mar 20



Happy Birthday Pisces! With Uranus in your Sun Sign for the next seven years, creative juices are flowing. March is the month

to recognize your dreams and let them unfold in new directions.

Be on your toes, and open to positive surprises. Universal guidance is very strong, and at your fingertips. In order to receive, activate your Divine gift of receptivity. This is the month to illuminate ideals, hold them to your heart, and don't let present reality get you down.

CANCER

Jun 22 – Jul 23



You are in the home stretch of a two year challenge. Don't quit! Assess your direction, implement decisions and find solace in contemplation.

Especially curb frustration March 6 -9 2019. Release what is not worth keeping. Yes, the Sun will come out from behind that dark cloud by the mid-Summer. Use the New Moon on March 10 2019 to activate your strong intuitive skills, and plant new seeds of creation. Your hard work in providing security for others will pay off in the long run.

SCORPIO

Oct 24 – Nov 22



Your home brings great comfort this month. Creative juices are flowing. Children benefit from your deep sensitivity and

intuition. This is the month to dream, play and explore your capacity for intimacy. Holding onto resentment does not get you where you want to go. Stagnation gives way to movement and relief. Important communications take place. Remember to tell the truth with integrity and compassion.

ARIES

Mar 21 – Apr 20



Your ability to take the lead and push through obstacles is thwarted this month by numerous responsibilities. This

can cause frustration and irritability. For you, the march 2019 begins with one foot on the brake and one foot on the gas pedal. By the Spring Equinox, all stops are resolved and you can exuberantly express your passion to manifest a new reality.

LEO

Jul 24 – Aug 23



Your relationships are up for healing this month of march 2019 Leo. Your ability to take charge is hampered by hidden motives. Valuable

insight comes as a result of looking beneath the surface of things. You are in a better position to determine the truth. Remember, "All that glitters is not gold." Listen, truly listen, to the heart of another, and your lion-hearted nature will light the way for others to be more of who they are. The work area needs some organization, and you are up for the task at hand.



JUSTIN BIEBER
MARCH 1, 1994



LADY GAGA
MARCH 28, 1986

PHOTOGRAPHS: GETTY



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March

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